

MBMBaM 788: Blame It On the Full Beaver Supermoon

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Intro (Bob Ball): The McElroy brothers are not experts, and their advice should never be followed. Travis insists he's a sexpert, but if there's a degree on his wall, I haven't seen it. Also, this show isn't for kids, which I mention only so the babies out there will know how cool they are for listening. What's up, you cool baby?

[theme song "My Life Is Better With You" by Montaigne plays]

Justin: Hello, everybody, and welcome to My Brother, My Brother and Me! An advice show for the modren era. I'm the oldest brother, Justin McElroy. [chuckles]

Travis: What—

Justin: I've never said it like that before.

Griffin: That was crazy, man!

Travis: Yeah, no, that was great!

Justin: I didn't like it. [chuckles] I didn't like it.

Travis: What's up, Trav Nation? It's me, your middlest brother, Travis 'Big-Dog, Woof-Woof, Zoom-Vroom-Vroom' McElroy!

Griffin: Did you say zoom-vroom?

Travis: I did.

Griffin: Hey, what's up, Trav Nation? It's Griffin—

Travis: And I own it.

Griffin: God, the vibe is—the vibe's already so strange, don't you guys think? Halloween may be—

Travis: Yeah, blame it—[sings] blame it on the Full Beaver Supermoon!

Griffin: I would love to blame it on the Full Beaver Supermoon, Trav, because you do keep saying that and—

Travis: Yeah.

Justin: Aloud.

Griffin: Out loud a lot, and you do keep blaming stuff on it. Like, you were—

Travis: Well, I slept bad—I slept bad last night.

Griffin: Okay?

Travis: Didn't get as much sleep as I would have liked, and I told my friend about it—

Griffin: And you were like ten minutes late for this recording, was that the—

Travis: Yeah.

Griffin: It's morning.

Travis: Yeah.

Griffin: Moon—

Travis: And I told my—

Justin: Yeah—

Travis: Friend about it—

Justin: No moons right now.

Travis: And she said, "Blame it on the supermoon." And I've decided to do that...

Griffin: Okay.

Travis: On everything.

Justin: How so?

Griffin: Okay, what—can you tell me, I guess, to start out before you start—before I started signing blame to stuff, because I'm pretty good at that...

Travis: Yeah.

Justin: Yeah.

Griffin: What's a full beave—

Justin: He's the youngest child, I mean...

Griffin: It's what I—

Travis: Yeah.

Griffin: It's my God-given job, right, duty.

Travis: He doesn't—he doesn't take blame for it. It's not his fault.

Griffin: What's a Full Beaver Supermoon?

Travis: Thank you for asking, Griffin. So, do you know what a full moon is?

Justin: A Hunter's Moon, yes.

Travis: A full moon, yes, okay—

Griffin: I believe you mean the hun—I believe you—you're describing the Hunter's Moon?

Justin: Do you mean the Hunter's Moon?

Travis: I mean—

Justin: I believe you—

Travis: We could call it a Beaver Hunter—

Justin: I believe you mean the Hunter's Moon.

Travis: Supermoon, if you'd rather do that?

Justin: [chuckles]

Griffin: Yeah.

Travis: So, full, you get that concept—

Justin: [sings] Beaver Hunter Supermoon Fighters!

Griffin: Beaver Hunter soup—

Justin: [sings] Beaver—[chuckles]

Griffin: Oh.

Justin: [sings] Dude alien supe hunter fighter moon fighters from Beverly Hills!

Griffin: [chuckles]

Travis: Hell yeah, dude!

Griffin: Fuck yeah, dude.

Travis: Wait, hold on—

Justin: Hell yeah, dude!

Travis: TM, TM, TM!

Griffin: Yeah!

Justin: TM, TM, TM, TN—TMNT.

Griffin: Yeah, get them in there.

Justin: Yeah, man!

Travis: What, a crossover?!

Griffin: Yeah, so what's—

Justin: The crossover—

Griffin: A Full Beaver Supermoon?

Justin: What's a Full Beaver—

Travis: So, a Beaver—

Justin: Supermoon?

Travis: Moon is in November, when beavers build shelters.

Justin: Mm-hm?

Travis: Native Americans and early American colonists would call the full moon in November a Beaver Moon.

Griffin: A Beaver Moon, okay.

Travis: And then supermoon is when there's a full moon, when the Moon is at its closest orbit to the Earth—

Griffin: Right.

Travis: So, it looks super big.

Griffin: Okay.

Travis: So, all together!

Griffin: Yeah.

Travis: It's a Full Beaver Supermoon.

Griffin: Okay.

Justin: Okay?

Griffin: And is—

Travis: It's a synergistic coming together to make me sleep bad.

Griffin: Yeah.

Travis: And be 10 minutes late to the podcast.

Griffin: Is it the closeness and the bigness of the Moon, and it's like putting... like a little bit of extra for—like gravitational force on your... eyes lids?

Travis: It's more that it's looking at me real close.

Griffin: Yeah.

Travis: You know? Like I know it's there, and I occasionally have to hide myself away from the Full Beaver Supermoon, so it can't see—

Griffin: Yeah.

Travis: My nudity.

Griffin: Yeah.

Travis: A lot of it is that.

Justin: You sin.

Griffin: Yeah.

Justin: I'm still reeling from the time change. I don't know how I'm gonna adjust to this right now, because I'm still feeling like I'm still riding 20—

Travis: Blame it on the Full Beaver Supermoon.

Justin: Okay, but I'm still blaming the time change. I'm gonna run out of excuses before long, Travis—

Griffin: Yeah, are they working together?

Justin: I'm taking accountability.

Griffin: Are they—are the—

Travis: As far as I know, the Full Beaver Superman caused the time change!

Griffin: Okay.

Justin: Okay!

Griffin: Okay. I would actually prefer that. I would prefer if we were changing the time based on celestial movements and actual tangible stuff, and not just because some farmers or whatever felt like it 300,000 years ago. If it was Moon-based?

Travis: Yes.

Griffin: Fuck yeah, okay, whatever, sure!

Justin: Yeah.

Griffin: I'll change the clock based on the Moon. I don't want to change it based on an idea Benjamin Franklin had once, one time.

Travis: I just think—

Justin: [chuckles]

Travis: That if we're gonna give that power to farmers, we should extend it to other industries.

Griffin: Yes!

Travis: And it should be like fast food workers, okay, every... April—

Griffin: Yeah.

Travis: We set the clocks forward 15 minutes, so that Derek's not late for his shift anymore. Right? But then at the end of April, we move it back 22 minutes.

Griffin: Yeah. Derek Saving Time is cool. Derek, fired. Derek Disappointment Time is always—

Justin: Derek Disappointment Time. [titters]

Travis: April is when we clear all of Derek's warnings.

Griffin: Yeah.

Travis: Right?

Justin: [chuckles]

Travis: And then at the—but then—

Justin: No more Derek demerits!

Griffin: Yeah.

Justin: Derek Demerit Time.

Travis: But then in May, when the clocks have moved back forward 22 minutes, now it's time to get your shit together, Derek, because, well, you're 22 minutes late now.

Griffin: Yeah.

Travis: That's a fireable offense, according to Denise.

Griffin: Yeah.

Justin: Hey... hey, can we send jokes out of the room for a second? Speaking of these like government shifts—

Griffin: Yeah.

Travis: Oh?

Justin: These huge government policy shifts—

Travis: Okay?

Justin: If we could just send jokes out of the room for a second.

Griffin: Yeah.

Justin: I went to the Inner Geek.

Griffin: You went to the what?

Justin: With my kids. The Inner Geek, Pullman Square. If you come in for Candlesnights, you should go visit 'em. Went to the Inner Geek in Pullman Square, and there was a sign up outside that said, "Due to the discontinuation of pennies in 2026, we will no longer be accepting pennies."

Griffin: Awesome.

Justin: Guys... did you guys know that they were gonna stop doing pennies?

Griffin: No.

Justin: Be honest!

Griffin: No, I'm googling this right now!

Justin: Okay, so—okay, so! I've been asking them, whoever they are at that moment—

Griffin: And they never do fuckin' anything we fuckin' ask! Like never.

Justin: I've been asking them about this one thing *forever*.

Griffin: Yeah.

Travis: I—

Justin: And we are the... I've been asking for this forever, and it happened in May. And everything sucks so much! And it's changing so much, in how it sucks. There's this one thing I wanted to change, and it did, and I missed it!

Griffin: Yeah.

Travis: They took care of the number one issue though, Justin. There's a lot happening right now—

Justin: The number one issue!

Travis: And they dealt with the biggest one.

Justin: No, Trav, it's like—but it is like one of those pet peeve things, of like, every conversation I'd get a little bit like, maybe people would be a little bit careful—maybe people are careful about bringing up pennies around me, because I'll get kind of loud about it.

Travis: I don't even mention JCPenney's around Justin.

Griffin: Yeah.

Justin: Yeah, he doesn't—he doesn't—

Travis: He might fly off the handle? I saw a sign like that like about a week ago, J-Man—

Griffin: Yeah.

Justin: Mm-hm?

Travis: And then—

Justin: Is that how you found out about it?

Travis: Yes. And then like—

Justin: Because Travis, that would be almost to the day when I saw the sign.

Travis: Yes.

Griffin: This is my finding out about it right now.

Justin: And it opened up my eyes.

Griffin: This is crazy.

Travis: And then like two days ago, I got change from somewhere, and I was handed five brand-new, bright, shiny pennies.

Griffin: Gotta go out with a bang.

Travis: So new, they looked fake—

Griffin: Yeah.

Travis: With like the shield on the back. So, I know these are new.

Griffin: Yeah.

Travis: Because they're like—and I think that they're just like, "We need to get all the pennies out of the stock room. We got so many pennies left."

Griffin: I—this makes a lot of sense now, guys, because I was walking down the street yesterday, and I ran into Penny Marshall, famed actress from Laverne and Shirley, and she was see-through, like fuckin'—

Travis: Well—

Griffin: Back to the future.

Travis: I think that's because she is a ghost in that scenario.

Griffin: Oh, did she pass away?

Justin: She's a ghost. She did pass away, so that was a little slight little tasteless.

Travis: She had quite—like, a few years ago.

Justin: That's okay, it's a Halloween—

Travis: [spoofs a ghostly voice] *Oooh-oooh-oooh!*

Justin: Maybe it's a—

Griffin: Oh, okay, what I said was a Halloween joke. I also googled this penny thing, and I—a lot of news stories are like, "Retailers warn shoppers, you might not get your exact change back, because we're running out of pennies." And that's cool. Does it go the other way?

Justin: [laughs]

Griffin: Does it go the other way where we can be like—

Justin: You may not get your exact price!

Griffin: You may not get your price you want for it! Because... you tell me where to find a fuckin' penny! You can't charge me 5.49 for something. It needs to be easily divisible by five, or else fuck you, dude!

Justin: [laughs]

Travis: Yeah, you know what would be cool and a great way to get rid of pennies? Get rid of sales tax on shit.

Griffin: Hey!

Travis: Because that's where the pennies come in.

Griffin: Wow!

Justin: Hey, dude—oh my god, you know what I'm realizing? Once we're done with pennies, things won't be 99 anymore, right?

Griffin: Oh, can't be.

Justin: Can't be! Can't be 99!

Griffin: They can't be.

Justin: Gotta be five dollars!

Griffin: Gotta be five—

Justin: Five-dollar foot-long! Finally!

Griffin: Yeah.

Travis: Yeah.

Justin: Finally. They don't make 'em anymore, but if they still did, I would be able to get a five-dollar foot long—

Griffin: Yeah.

Justin: For \$5.30—

Griffin: And check this out! You guys ready for this shit? You ready for this shit?

Justin: Yeah.

Griffin: Nickles? You're next. Then dimes, then quarters, then money, currency.

Travis: Whoa?

Justin: Can we be done? Can we—you know what I love over in other countries?

Griffin: What?

Justin: They're doing fat coins—

Griffin: Dude, I love a fat coin.

Justin: Dude, I love this! I know we tried fat coins for dollars before—once before, and then we gave up. Other countries have figured this out; they've got these big *fat* coins with gold in 'em. And wanna hold 'em like pirate, like a treasure, *err*!

Griffin: Very powerful.

Travis: And it feels good when you find 'em in your pocket, and you're like—

Justin: Find 'em and you feel like you found something!

Travis: Holy shit, this is like \$12!

Justin: You find a coin in there; it might be a candy bar! That feels good! You know?

Travis: I recently—

Justin: You don't get that feeling over here!

Travis: I was recently handed—

Justin: A jingle jangle over there could be a—could be a lunch of mushy peas—

Travis: You've gotta stop doing what you're doing under the desk right now, Justin.

Justin: I'm jangling the change in my pocket, Travis!

Griffin: It sucks, dude.

Travis: No, yeah, no, yeah, yeah, yeah, yeah, yeah, yeah.

Justin: It's just the change the change in my bloomers.

Travis: When I'm handed—

Justin: Because it—

Travis: Gold dollars here in the US of A, it's fun because I know like, well, I'll have these forever. Because I can't imagine a scenario in which I have the confidence to both pay with cash and these doubloons.

Griffin: Yeah.

Justin: Yeah, every once in a while, you used to see machines that would have a picture of the Sacagawea coin and I'd be like, we accept these! You might as well take flues. Like, what do you mean? [chuckles]

Griffin: Yeah, no way.

Travis: Anyways, blame it on the Full Beaver Superman.

Griffin: I do.

Justin: There you go.

Travis: It ate all the pennies.

Justin: This is an advice show, Travis. Okay?

Griffin: Whoa.

Justin: And—

Travis: Sorry, okay.

Justin: Yeah. Thank you. Okay—

Travis: I didn't know I was—

Justin: Here's my advice.

Travis: Okay.

Justin: Here's my advice. A little less talking—

Travis: On the podcast?

Justin: A little more show! All right?

Travis: Onn the podcast?

Griffin: The show is talking. The show's exclusively talking.

Justin: "I want to be a cool dude that casually gives out fist bumps. How do you become one?" That's from Fists Up, Ontario. Hm, seems like a simple question, but I... suspect it might not be so simple.

Griffin: You're—

Travis: So when we receive—

Griffin: You've got a big stinker—is your big stinker energy because of the Full Beaver Supermoon? Or is it because of the penny being phased out?

Travis: You're also giving a little bit of like Jonathan Frakes, like the strange—

Justin: I didn't get to be—

Travis: But true kind of feeling of like—

Griffin: Yeah.

Travis: This might seem easy—

Griffin: But is—

Travis: But not for—

Griffin: But could it be—

Travis: Not for these three boys.

Griffin: Different?

Travis: Let's—

Griffin: Is it?

Justin: I, listen—

Travis: Have you ever considered fist-bumping?

Justin: It was a great night politically.

Griffin: Mm-hm.

Justin: And I guess I just want to be excited about the fact that pennies are finally gonna—we're finally getting rid of them.

Griffin: Yeah.

Justin: And I guess I'm—I was excited about that.

Griffin: We're stoked.

Justin: But I will tone down the energy—

Griffin: Thank you.

Justin: For the rest of the podcast.

Travis: You can be a stinker—

Griffin: [laughs]

Travis: If you're gonna be a stinker, be a big stinker.

Griffin: We've gotten feedback from the fans a lot, and they're saying, "You three dads are bringing too much fucking gusto, week in week out. You're zapping off the rails, and we need you to cool your jets a little bit."

Justin: Speaking out—hey, briefly, before we get to our first question, I did want to point out a new addition here.

Griffin: You're not about to grab that lumpy, nasty gourd, are you?

Travis: No, I don't—we don't need to see the gourd again.

Griffin: You better not grab that fucked up gourd. Oh, boy.

Travis: You won!

Griffin: He got a little—

Justin: Yeah.

Griffin: He got a little pumpkin trophy.

Justin: This is my trophy for the pumpkin carving competition, and I want to say thanks to everybody who supported the Huntington Children's Museum. It does say "HCM kids pumpkin carving champ, biggest muscles, Justin McElroy 2025."

Griffin: Does it say biggest muscles?

Travis: It's implied.

Griffin: Okay. I like a small—

Travis: It's an implicit—

Justin: I don't know how I carved it without the biggest muscles. [chuckles]

Griffin: I like that it's small, Juice. I like that it's a really, really small trophy. A lot of people only care about big trophies, but like it's the prize—the prize is not—the size of the trophy is not sort of intrinsic to the value of the prize. And I think that's like cool.

Travis: It's not tall, but it's very wide.

Griffin: Yeah, I do like that. So, I think—

Justin: Fist bump.

Griffin: Fist bumps, easy answer is, what's your job? Is a question, not an answer.

Justin: Mm-hm.

Griffin: Because there's certain jobs that lend themselves to fist bumps. Anything involved in the SoCal sports scene, youth pastor, fuckin'... that's it.

Travis: Proctologist.

Griffin: What's one?

Travis: Proctologist?

Justin: No, see, Griffin—

Griffin: I was doing real ones.

Justin: Was listing...

Griffin: Let's do real ones first.

Justin: Yeah.

Griffin: Let's start with real ones.

Justin: Let's do real ones.

Griffin: And then we'll do fake ones.

Travis: Okay, real ones...

Justin: We didn't actually allow jokes back into the room after the penny discussion—

Griffin: Right.

Justin: So maybe we should reopen the door to jokes.

Griffin: Okay, yeah, yeah, put it back in.

Travis: Oh, that explains so much.

Griffin: *Err!* Proctologist.

Justin: Okay.

Travis: [spoofs a fake laugh]

Justin: [laughs]

Griffin: Any—

Travis: Here's my—this is—when I got this question, I saw it as one of those like flow charts, you know, yes, no—right? Where I feel like there's two thing—either you ask for it, right? Fist bump. Or you just put it out there confidently, and now it's on the other person. And like that seems to me to be like the starting decision you need to make.

Justin: Okay, but let's—but like angle is—

Griffin: Huge.

Justin: Probably the first thing, right? Because low is like I'm building a brand. Low is discrete.

Griffin: Yeah.

Justin: Hey, between you and I.

Travis: I'm charging my Green Lanturn ring.

Justin: It's a little more covert.

Griffin: Out of frame.

Justin: It's like an undercover—bro, right here? This is almost a little scary, isn't I?

Griffin: Whoa, Juice, calm down!

Justin: If you see me come—whoa! I know, right?!

Travis: Well, you can't go straight arm—

Justin: And it's like a loaded weapon.

Travis: Justin, you can't straight arm out?

Justin: And I—and listen, and here's the thing, guys, I'm not going to go higher than this.

Travis: Yes.

Justin: Just like even, because there is a camera pointed at me.

Griffin: Unless you—

Justin: So like—

Griffin: You could curve down?

Justin: You could curve down!

Travis: No, that's definitely scary!

Justin: Then it's like—[chuckles]

Travis: That's "give me your lunch money" right there.

Justin: So, you go down!

Griffin: Yeah, and you 'em a—

Travis: Yeah.

Justin: And you just blast 'em from below, yeah.

Travis: Give 'em a fist bump by grabbing their shirt collar and coming from above, right?

Griffin: That's cool.

Travis: "Fist bump!"

Justin: That's cool. Have you ever—one thing is, if you've ever left someone hanging, give it up.

Griffin: You can't.

Justin: Because you...

Griffin: You lose—

Justin: You're out of the game.

Griffin: Yeah, for sure.

Justin: You're out. You're out. If you've ever left someone hanging when they went for a bump? And here's the thing about fist bumps, no one would leave you hanging. I mean—

Griffin: Yeah.

Travis: No.

Justin: No of consequence—

Griffin: Yeah.

Travis: There's a—

Justin: Would leave you hanging.

Travis: There's a guy at the gym that I go to, who fist bumps me every time he sees me.

Griffin: Huge.

Travis: And it's maybe the most I feel like, ah, they think I'm like a gym guy, because I come to the gym.

Griffin: You belong! Yeah, it's huge! It's huge. When I—

Justin: If I went through a day when more—if more than three people fist bump me, I would end it weeping by my bedside. I would like be just like thinking about like, wow, I did it.

Griffin: You're different, yeah.

Justin: You know? Like, I'm finally getting somewhere. [chuckles]

Griffin: Yeah.

Travis: Yeah.

Justin: I'm getting some—

Griffin: That's huge. I think—

Travis: It's so much more affirming these days than a high five.

Justin: Wait, wait, wait, let Griffin—let Griffin—wait, hold on, Trav, let Griffin—we've had—we've each had a turn.

Travis: Oh, sorry, I forgot about the turn system.

Justin: We should let Griffin have a turn.

Griffin: Thank you, Juice, this never happens, where—

Travis: It's a turn-based podcast.

Griffin: Yeah.

Justin: Well, I'm trying to pay attention.

Griffin: Yeah, yeah.

Justin: So, you're—you—I had a turn, and now you should have a turn.

Griffin: Okay, but now I feel a lot of pressure to really deliver—

Travis: Do it.

Justin: Dad's in Scotland.

Griffin: Yeah.

Justin: [chuckles] Dad's in Scotland, so I have to be—

Griffin: Dad can't tell us—

Travis: It's your turn to sit up front.

Justin: Normally, he—

Griffin: Yeah.

Justin: He is normally on the calls—

Griffin: Yeah.

Justin: He's normally the calls, telling us—

Griffin: So, I was gonna say that—

Justin: But I'm here to fill in the role.

Griffin: So... Gosh, I really wanna fuckin' land the plane right now, and I feel like all eyes are on me. All eyes on me, so...

Justin: Hm.

Griffin: I remember, in the movie adaptation of Double Dragon, they had a—

Justin: Wait, sorry, the movie adaptation?

Griffin: The movie—

Travis: Of the novelization.

Justin: With Charlie Kaufman. Like the Charlie Kaufman thing?

Griffin: The movie, Double Dragon, based on the video game, Double Dragon.

Justin: Based on the novel, push—

Travis: Based on the true story!

Griffin: Based on Push by Sapphire.

Travis: [chortles]

Griffin: The Double Dragon movie, the two guys from Double Dragon, who are not Ken and Ryu, but they are—

Justin: Billy and Jimmy Lee.

Griffin: Okay. Is that real? You would know better than me.

Travis: It sounds right?

Griffin: They came in at each other, one hand open, one fist. And the other one would alternate it, right? And then they would push in. So they would kind of grab each other's fists, in a sort of like—

Travis: Locked in, yeah.

Griffin: Yeah! In a sort of inter—

Travis: Like train coupling!

Griffin: Like a train coupling, yes. I always thought that was so cool. And I tried to get it going with some friends in elementary and middle school, high school, college, now. And it never really worked out, because there's no way to get the message out there that, like when you go in, it's right-hand fist, left hand clasp. Because if you come out—if you come at it, and you hit 'em like that, and your like finger nails—

Travis: You're Lego men!

Griffin: Fuckin' go in each—oh, man, it's brutal. But this would be, I think, pretty cool. I didn't fuckin' have it, guys.

Justin: Okay. That's all right, Griff. That's okay. Trav, I am—

Griffin: Why did you make so much space for that?

Justin: So sorry, Trav.

Griffin: There was nothing there, man!

Justin: Hey, Griff? Hey, Griff—Griff? Griff? Your turn has ended—[chuckles] so I'm gonna go ahead and ask Trav if he had some other stuff he'd like to say about it.

Travis: Yeah, that weird gourd in the background looks like Ben Grimm's penis.

Justin: [chortles]

Griffin: Damn it! Fuck... I can't believe how long I made him wait for that, Trav.

Justin: Now, Travis, give me the pun on "it's clobbering time," and we can move on.

Travis: It's—

Griffin: But it can't be—

Justin: Ba-ba-ba-ba-ba-ba!

Griffin: But it can't be "it's slobbering time."

Travis: Oh, okay. It's nobberin' time.

Griffin: All right.

Justin: Dang! That's good!

Griffin: Dang, dude, you got it.

Justin: Dang, that's good!

Griffin: That's really good.

Justin: Dang it. Here's another question. "I've been at the mechanic for three hours, and there's no end in sight. It's getting to be lunchtime and I skipped breakfast. Would it be unforgivable to pull out the jar of peanut butter and spoon in my purse and start snacking? They don't have a separate waiting room, so I'd be doing this fairly close to the front desk." That's from Holland. Ooh-la-la. [titters] And they say, "I don't like protein

bars, so instead, I eat a couple of spoonfuls of peanut butter when needed." That's completely reason—I 100% have a jar of almond butter in my home for this exact purpose. If I left the house—

Griffin: Yeah.

Justin: I would have a travel jar.

Griffin: Absolutely.

Travis: I think it's a Full Beaver Superfood, if I—

Griffin: It is a Full Beaver Superfood! That an acai.

Travis: Yeah.

Griffin: Those two.

Justin: [chuckles]

Griffin: I had an amazing idea during Halloween trick or treating, walking around. You know how when you eat a protein bar, it sucks after like two bites?

Travis: Yes.

Griffin: We need fun-size protein bars! We need a little one bite—

Travis: Ooh!

Griffin: Two bite, get in there. A little snackeral, a little fuckin' couple grams to get you fuckin' juicin'. And then you're not committing to a big, chewy event. You're just getting in there, getting out. So, I think that this would be a good fix. Well—I'll answer the question in a moment, but I just think—

Justin: Can they be loose?

Griffin: Loose?

Justin: I don't want to make an extra—the paper waste. The waste kind of—

Travis: Oh, you're saying like a—like one might get a box of Cheez-Its?

Justin: Like a loose box.

Griffin: A box of—yeah, sure, we could do that.

Justin: Okay, good. I just want to cut down on packaging.

Griffin: Yeah, no, that's huge.

Justin: Because I don't wanna like—a bunch of like little wrappers.

Travis: Could we make some that are full-size protein bars, but the final quarter of it is a candy bar that you work your way to?

Griffin: That's great.

Justin: Ooh, Trav—

Travis: As a little treat at the end.

Justin: That's good!

Griffin: Like a Mars bar sort of situation, only it's three quarters—

Travis: Yeah, but it's right at the end.

Griffin: Yeah, yeah, yeah.

Justin: Yeah.

Travis: You know those ones that come in segments?

Griffin: Yeah, yeah, yeah.

Justin: And then at the bottom of—[chuckles] and then at the bottom of the candy bar, there's a tiny cigarette.

Travis: [exclaims] Hu-ha-ha!

Griffin: That's awesome.

Justin: [chuckles] So you can just work—yeah, it's great.

Griffin: Shit, dude.

Justin: And then at the end of the cigarette—

Griffin: Yeah.

Justin: There's a little bit of cocaine. [in a high-pitched voice] Just *a little bit* of coke.

Travis: [in a high-pitched voice] 'Just a little bit of cocaine!' You're welcome!

Justin: [in a high-pitched voice] Just a little bit.

[pause]

Justin: From the Mars Corporation. [chuckles]

Griffin: [chuckles]

Travis: I don't know if you guys ever run into this, but when you have to take your car to the mechanic, it becomes, in my brain, the equivalent of like the mind—the logic puzzle of like, there's a farmer with a boat, and there's like a fox and a hen and a bag of grain.

Justin: Mm-hm.

Travis: Of like, you're not gonna have your car, but you don't want to stay there, so you gotta get back. But this other person has to come get you, and then you have to get back and get... There has to be a better way!

Griffin: Yeah.

Justin: There does, it's biking—

Griffin: Or walking.

Justin: Trav.

Travis: So, Justin, I'm supposed to bike next to my car?

Griffin: Yes, you ghost ride the whip on your bike, all the way to the gas—to the—to the tire station.

Justin: I had the—I have to ask you guys if I was out of line with my mechanic last week. I had a small incident that removed the side view mirror from my car, where it normally is—

Griffin: Yeah.

Travis: What—

Justin: Attached.

Travis: Hey, Justin, that's very—

Justin: There was—there was an incident.

Travis: Very careful language.

Griffin: They pop off sometimes.

Justin: Yeah.

Griffin: They just kind of pop off sometimes.

Justin: No, I... I over-corrected, and I hit the mirror on the rails in the viaduct, right? On those hand rails in the viaduct—

Travis: [yells out] Whoo, boy!

Justin: And I took my mirror off.

Travis: Shit your pants—

Justin: It was bad.

Travis: See your life flashing before your eyes! Go on.

Griffin: I'll bet that was scary, Juice.

Justin: Yeah, it was not a good day. It was not a good day for me. So, I call the place that fixes the car.

Griffin: Yeah.

Justin: And I say, "Hello, my mirror is broken."

Travis: "Hello, is this the car hospital?"

Griffin: Hello.

Justin: "Hello. I need to have—my mirror is broken. I need to have my mirror fixed. My mirror is broken." And they said, "Okay, here's an appointment." And I had Sydnee take me to the appointment.

Griffin: Yeah.

Justin: To drop my car off, for this appointment. And then I get there and they look at my mirror and they say, "Oh, this is—this is broken." [titters]

Griffin: Yeah.

Justin: And I said, "Yeah." And they said, "We're gonna need to replace this. Yeah, that's a broken... yeah, it's a broken mirror."

Griffin: What—

Justin: And they were like, "Okay, we're gonna order—we're gonna order it, and it'll be in in a few days, and you can bring it back and get it replaced." And I said, "Okay." Just for—just so I know—

Griffin: Yeah.

Justin: How should I have phrased it—

Griffin: Next time, yeah.

Justin: [chuckles] So I—next time, so I—you are not even in—I, a layman, can give you an assessment.

Griffin: Yeah.

Justin: It's fucked. [chuckles]

Griffin: It's a—it's a mirror!

Justin: You are not putting—

Travis: I obliterated my mirror!

Justin: Yeah.

Travis: Beyond—

Justin: It's done!

Travis: Recognition.

Justin: And I did say on the phone, I broke my mirror!

Griffin: Yeah.

Justin: I do not think that they were—she didn't come out with super glue to the parking lot like, "Let me take a shot."

Griffin: Mirror—

Justin: Like, I don't know what—

Griffin: Mirrors are, famously, one of the most irreparable substances.

Justin: Yeah, you just can't—

Griffin: You can't really—yeah.

Justin: Un-ring that bell.

Griffin: That's wild. I think you're fully justified.

Justin: Thank you, I—next time, I'll be more clear that this thing is just absolutely...

Travis: Eat your peanut butter!

Griffin: Eat your—oh, god, yeah, sorry, we got so distracted.

Travis: If anything—

Justin: Sorry.

Griffin: I'm so sorry.

Travis: If they get uncomfortable, maybe it's gonna speed up that repair a little bit.

Griffin: Yeah. I also think it's cool—

Travis: They're like, "We gotta get this peanut butter pervert out of here."

Griffin: You know how—

Justin: I love—

Travis: I'm not saying that! I'm not saying that—

Griffin: You would never say that.

Travis: You eat your peanut butter, you're fine.

Griffin: You know how in the Ocean's movies, Brad Pitt eats all of the food, and every time he does, he looks really cool?

Travis: And it's like the best acting choice ever?

Griffin: Yeah, I think there's like a way you can do that. I think if I see you— [spoofs eating sounds] I'm like, they're on the go. They have places to be. They need to get out of here. They need protein, for energy, for business.

Travis: The weirdest one though—

Justin: I forgot that he does that, that's so—

Travis: Griffin, is there's a scene where he's just eating a yogurt cup.

Griffin: Yeah.

Travis: And did he have a refrigerated lunchbox with him? Like, is there an ice pack in there? Where'd he get that yogurt from?

Griffin: Thank you, Travis, obviously, someone else has been reading the IMDB whoopsies with his pro account, finding—in this scene, Brad Pitt ate a yogurt. But where'd he keep it cold?! I don't think so!

Travis: Thank you.

Justin: [chuckles] "I think my therapist believes in vampires. Twice now he has brought them up, seemingly out of nowhere, and talked about them like they're real. The first time, he played it off like a slip of the tongue, but the second time, he really seemed to be trying to sell me on vampires being real and active in Chicago. How many more times do I let him bring up vampires before I find a new therapist? Is he a vampire?" That's from Vulnerable in the Windy City.

Travis: I want to say, before we get into the nuts and bolts of this—

Griffin: Please.

Travis: Such gentle language in the wording "I think—"

Griffin: Yeah.

Travis: "My therapist believes in vampires." And then in the next sentence—

Griffin: Yeah.

Travis: Talked about them like they're real.

Griffin: Yeah.

Travis: And then in the next sentence, the second time—

Griffin: "I gotta get out of here."

Travis: "He really seemed to be trying to sell—" Hey, I think "think" is out the window.

Griffin: No.

Travis: You know your—

Griffin: You know he's into vampires.

Travis: Your therapist think—

Griffin: I—I am—

Travis: You know!

Griffin: I am curious... how one manifests a... an opinion that they believe in vampires, via a slip of the tongue. How does one accidentally let out—

Travis: You know, like a vampire. "Uh, I mean..."

Griffin: "Uh, I'm—"

Justin: You have to learn to distinguish these thoughts that you're having, these—you have to remind yourself, these are not real. They're not like your home or your couch or vampires—

Griffin: Yeah, okay.

Justin: [chuckles] They're not like—they're just in your head.

Griffin: Yeah, yeah.

Travis: And just imagine, like when you find yourself in one of these scenarios, like what would a vampire do? You know?

Griffin: Yeah.

Travis: You know? And I don't mean like from the movies, I mean like my neighbor, Todd, who I only see at night, and he says he works the late shift, but—

Griffin: And he bit—he bit me so hard once. I died and came—

Travis: I'm just saying.

Griffin: Back to life.

Justin: I think—I think the question asker needs to figure something else out before they figure out how their therapist feels about vampires, which I think they know and are denying. They need to figure out how they feel about vampires.

Griffin: Yes.

Travis: Yes.

Justin: Because the end of this question is, "How many more times do I let him bring up vampires before I find a new therapist?" And then, "Is he a vampire?" So, my friend, you need to figure out for you—

Griffin: Yeah.

Travis: Yes.

Justin: If vampires are real.

Travis: There's a question mark there.

Justin: Because it seems like you're waffling. And honestly, if your therapist has introduced doubt about vampires and their reality, that may be enough to start looking for a new therapist, I think. I think that that's not a great—I'm not a professional—

Griffin: Unless...

Justin: But it doesn't seem good?

Griffin: Unless...

Travis: Unless.

Justin: Unless.

Griffin: Maybe your vampire therapist is the perfect person for you to do this work with, of figuring out—

Travis: Yeah!

Griffin: If you believe in vampires or not. Did you think about that? It's going to be challenging, and you can't do it around the—don't do it around the Full Beaver Supermoon! That's for fucking sure!

Travis: Oh, god, no!

Griffin: Because that's when vampires are at their absolute veiniest. So vein —

Travis: And his werewolf receptionist is going to just be a real problem.

Griffin: Just go absolutely ape! And so, give it a week or two before you go back in there.

Justin: Wait, it's a wereape? Holy shit!

Travis: Yeah.

Griffin: Yeah, dude, it's—those are—those are real, and they're not in Chicago, they're more in the southeast kind of like region of the—

Justin: Chicago probably has werebears, right?

Griffin: Yes.

Travis: Ah, yeah!

Griffin: Yes, absolutely.

Travis: [sings] Dough werebears. [titters]

Griffin: Sometimes I see their—

Travis: [sings] Da-da-da.

Griffin: Sometimes I see their defense crumble and I'm like, where da bears?

Travis: [yells out] *Ah!*

Griffin: Ow! I stabbed myself in the hand with a pen!

Travis: Now he's gonna be a werepen!

Justin: [chortles]

Travis: Now—

Justin: Ah, shit, man... The ghost of Mike Ditka got to you quick that time, man.

Griffin: Yeah, he got me real good.

Travis: I think if I found out my therapist was a vampire, I'd be a little psyched, because they could use their vampire mesmerism to just get some of that shit out of there.

Griffin: Holy shit, tell me about it, dude! There's a reason they call it "the work." It's hard!

Travis: Yeah.

Griffin: And it makes so tired! Sometimes after therapy, I have to take a nap, and that's embarrassing. Just mezz me, bro. Just fuckin' blast me—

Travis: Just mezz it right out.

Griffin: With you vampire magic, dude.

Justin: [chuckles]

Travis: I could call him at night, because I know he's up.

Griffin: Yeah.

Travis: And then I would be like, "Hey, I can't sleep. Can you mezz me through the phone?"

Griffin: Yeah!

Travis: "And like knock me out?"

Justin: [chuckles] "Give me a quick mezz?"

Griffin: And he'll be like—

Travis: Just a quick mezz through the phone?

Griffin: He'll be like—

Justin: Mezz, please.

Griffin: "This is that all or nothing thinking, Griffin, I've been telling you that you have to work on that." And I'm like, "I know, but it's so hard! Just blast me with your vampire magic!"

Justin: [chuckles] "Just fly over here to the window and mezz me—"

Travis: "I'm not gonna let you in!"

Justin: "So I can go to sleep!"

Travis: "Ah! Okay."

Griffin: "Ah, fuck."

Justin: "I'm really stressed about this show. Come mezz me so I can do good jokes."

Griffin: "Mezz me, I'm so stressed out."

Travis: "Just mezz me real quick."

Justin: "You can fly faster than sound."

Griffin: Whoa?

Travis: "I'll give you a little, bud."

Griffin: Yeah.

Travis: "Just a little."

Griffin: Man, I will also say, finding a therapist, it can be—it can be challenging. I think in, maybe even in Chicago, it can be tough to find someone, you know, who can find your—who takes your insurance or what—it's a hard process. So, maybe this—if you're doing good work in other departments, and there just happens to be this kind of like vampire thing in the background?

Justin: Just diligently avoid the topic—

Griffin: Just ride it out.

Justin: As much as you can. [chuckles] Just like—

Travis: Yeah! Is him being a vampire in any way detrimental to the process? If not, maybe he's, you know, he's an Angel, or an Edward.

Griffin: Yeah.

Travis: Or one of the many, many examples—

Griffin: Good ones.

Travis: In pop culture.

Griffin: Yeah.

Travis: What?

Griffin: Good ones. Good vampires.

Travis: Good ones. One of the good ones!

Justin: The upbeat ones.

Griffin: Yeah.

Justin: The upbeat vampires.

Griffin: Angel does kill a lot of people, though...

Travis: Who does?

Griffin: I don't want to litigate Angel, and I really don't even want to talk about Angel.

Travis: Well, he's barely holding it together.

Griffin: Yeah, for sure.

Travis: You know what I mean?

Justin: We're not doing this.

Travis: That's the other thing we gotta acknowledge.

Justin: We're going to the Money Zone; we're not doing this.

Griffin: Yeah, he's a mess.

Justin: I'm not doing this. [chuckles] We're going to the Money Zone.

[theme music plays]

Justin: Mike Ditka is alive.

Travis: Huh?

Justin: Yeah, that's the first breaking news. Second breaking news, cats have gotta eat. And in my house—

Travis: Oh, shit, really?

Justin: Yeah. In my house, the cats are eating Smalls. In fact, just this morning, I was given the hero's welcome by Olive and Amelia when I opened up a pack of ground bird, which is their favorite after smooth bird.

Griffin: Yeah.

Justin: Which says a lot about them. Very classy, I think, that they love the smooth bird. I think your cats are gonna love it too. Before, we used to use the dry food, and then we just kind of let them graze throughout the day. This has given us more control over their diet, given them healthier coats, and it has—

Travis: Now, they're excited to see you!

Justin: They're finally pleased that I exist, at least in those windows while they're hungry. I mean, after they've eaten... I try to give them their space.

Travis: Yeah.

Justin: But like, in that window, I feel really good.

Griffin: Yeah.

Justin: It's a really positive thing. You know, you—

Griffin: Do you feel like it's maybe transactional a little bit? The relationship you have with your cats?

Travis: Oh, every relationship with a cat is transactional to some degree, Griffin.

Justin: I don't think so, Griff! I can see where you'd be tempted to draw a connection between me opening the Smalls and giving it to them, and them needing it to live, and them tolerating me during that window. I could see why you would make a connection, but I think there's something a little bit deeper going on.

Griffin: Okay. Yeah, cool.

Travis: They appreciate Justin on a deeper level, that you wouldn't understand.

Griffin: Yeah.

Justin: Yes. But you know what I know they don't appreciate is a great bargain, because that is for humans. Give your cat the food they deserve for a limited time. Because you are one of our listeners, you can get 60% off your first order, plus free shipping, when you head to smalls.com/mybrother. One last time, that 60% off your first order, plus free shipping, when you head to smalls.com/mybrother.

Griffin: I don't read ahead when we come up, when we do this show. And that is why I am, I guess, delighted to see that one of our sponsors is Zocdoc this week, after I talked about how hard it is to find a therapist in a big city like Chicago.

Justin: Yeah.

Griffin: It's not actually that tough if you use Zocdoc. I'm speaking of from personal experience. I moved to Washington, DC. In Texas, they just have—

Travis: To get away from all the vampires!

Griffin: Yes. In Texas, they just had one big hospital. And you go there and you say, "I have this." And they say, "Well, then you go to doctor this." And then they fix it. And then when you go to DC—

Justin: It's just a series of tubes—[chuckles]

Travis: Yeah.

Griffin: It's very Futurama-like. They shoot you, they blast you up there, and then they take care of you, and it is what it is. In DC, that's not how it works. You have to go, and you have to do a seek and find, because the doctors hide. And Zocdocs—

Travis: Ah!

Justin: [chuckles]

Griffin: Helps you find the doctors that take your insurance, that are, you know, specialists in whatever it is that you need. And it even helps you book appointments with them like super-fast, when you book an appointment through Zocdoc. Typically, you're, you know, waiting 24 to 72 hours after booking to get in there. More often than not, you can get same-day appointments. I genuinely, I can't tell you how many times I have used Zocdoc to find medical practitioners for myself and my family that are all taken by my insurance.

And it is my default method now when I need to find a doctor or specialist in my—in my area, because it's, I don't know, it's so easy and such a good idea that it, I don't know, it seems so... of course, this is how it should work. So, that's Zocdoc. Z-O-C-D-O-C is the name of the service. Stop putting off those doctor's appointments. Go to zocdoc.com/mybrother to find an instantly book a top-rated doctor today. That's Z-O-C-D-O-C /mybrother. [Zocdoc.com/mybrother](https://zocdoc.com/mybrother), it's a free app and website where you can search and compare high-quality, in-network doctors, and click to instantly book an appointment. What are you waiting for?

Justin: I don't know, Griff...

Griffin: Wasn't for you, man.

Justin: Were you talking to—I don't—we're doing the show, so it's not really—

Griffin: Wasn't for you, dude.

Justin: A good time.

Griffin: Wasn't for you, dude.

Travis: It was for me!

Griffin: If you want to use Zocdoc, you should!

[break]

Justin: [mouths Munch Squad riff]

Travis: *Oh!*

Griffin: All right.

Justin: [continues riffing]

Griffin: Not what I was expecting.

Justin [as Count Donut]: [continues riffing and sings] I want to munch!

Griffin: Squad?

Travis: Squad.

Justin [as Count Donut]: [continues riffing and sings] I want to munch!

Travis: Squad!

Griffin: Squad, yeah!

Justin [as Count Donut]: [concludes riffing] Welcome to Munch Squad, it's a podcast within podcast, I am Count Donut, and the cat keeps pissing on my cape!

Griffin: Okay, that makes sense, because Count Donut, it really looks like—

Justin [as Count Donut]: This is all I had! This is from a costume party I went to...

Travis: Count Donut, I'm so glad you're here. We have so many questions about vampires, vis-à-vis therapists.

Griffin: Yes!

Justin [as Count Donut]: Oh, that's perfect, a lot of vampires—

Griffin: Chicago—is Chicago a hotbed, would you say? Chicago, Illinois?

Justin [as Count Donut]: Yes. We love any city with a solid transportation system.

Griffin: You can turn into bats? Why do you need a bus?

Justin [as Count Donut]: Getting around, underground.

Travis: You can walk around, Griffin, and you still take the bus?

Justin [as Count Donut]: Indeed—

Griffin: I can't turn into a bat, though, that's different. Like if I took—

Travis: Yeah, but I mean, it still takes exertion?

Justin [as Count Donut]: Hm... It's tiring.

Griffin: Okay, you're right.

Justin [as Count Donut]: And also, you lose your key!

Griffin: You lose your keys? Do you drop all your clothes and your stuff when you—

Justin [as Count Donut]: No place to put the keys for a bat. A bat has no cape pocket.

Travis: Maybe a bat pack?

Justin [as Count Donut]: A bat pack—

Griffin: So whenever you come out of bat form, Count Donut, you are nude?

Justin [as Count Donut]: As the day I was born! 435 years ago!

Travis: Exactly? Happy birthday.

Griffin: That doesn't seem like crazy long—

Justin [as Count Donut]: Thank you. Me and Jeremy Piven. [chuckles]

Griffin: Okay.

Travis: So you and Jeremy Piven have the same birthday?

Justin [as Count Donut]: Margaret Mitchell, Jeremy Piven and, actually, chef José Andrés. Very exciting birthday.

Griffin: José Andrés? Really? Wow. Extremely charitable vampire, I... maybe it's wrong.

Justin [as Count Donut]: This is just a birthday we share. It's not a—we just happen to have the same birthday.

Griffin: Oh, okay.

Justin [as Count Donut]: Me and José and the rest of the gang.

Griffin: Okay.

Justin [as Count Donut]: May I talk about donut?

Griffin: I—yeah!

Travis: Yes, please!

Justin [as Count Donut]: This is why I am here, yes?

Griffin: Yeah, sure.

Justin [as Count Donut]: Krispy Kreme has begun again. They've wiped the slate clean and attempted once more to climb the great mountain. Krispy Kreme has announced a bigger, refreshed donut menu. America, when it comes to giving you more flavors, more variety and more ways to does it, this is how we do it.

Griffin: All right.

Justin [as Count Donut]: Krispy Kreme Inc is refreshing its donut menu, adding nine new flavors and growing its everyday menu to 16 full-size donuts, from 10!

Travis: Wait, but nine new flavors and... but it's only six more...

Justin [as Count Donut]: 16 donuts.

Griffin: Yeah.

Justin [as Count Donut]: Imagine, Travis, going into a restaurant and having a choice of 16 different ones to enjoy.

Griffin: But there's a secret story—

Travis: But where's the other three flavors?

Griffin: There's a three flavor—there's three flavors that have been axed. And I'm curious what those three are, that have been left on the cutting room floor.

Travis: Chocolate!

Justin [as Count Donut]: That would require a lay—a level of dedication to the Krispy Kreme offerings that I do not possess. It will not surprise you, Griffin, they do not wish to talk about the past.

Griffin: Okay.

Travis: Just like Count Donut.

Justin [as Count Donut]: They wish to talk about the future.

Griffin: Yeah, interesting.

Justin [as Count Donut]: We're moving on. These popular donuts were offered previously only for a limited time, and now they're permanent boys.

Griffin: Permanent boys?

[pause]

Justin [as Count Donut]: You're better than this.

Griffin: What did you say?

Justin [as Count Donut]: They're permanent, boys. So—this is so—
[chuckles]

Travis: I also thought, I—

Griffin: I thought the press—

Justin [as Count Donut]: You're better than this.

Griffin: I thought the press—

Justin [as Count Donut]: It's basic! It's a basic podcast!

Griffin: I thought the press release was saying, "These are our permanent boys now." Like saying it in the sort of colloquial—

Travis: I also—I also thought that.

Griffin: Thank you, Travis!

Justin [as Count Donut]: Krispy Kreme is comprised of an army of 16 boys.

Griffin: [chuckles]

Justin [as Count Donut]: Each chosen—[chuckles]

Travis: Our dough boys.

Justin [as Count Donut]: We have 16 permanent dough boys. [chuckles]

Griffin: Oh, man...

Justin [as Count Donut]: Why don't the doys—hey, why don't the dough boys ever want to be my friend?

Travis: Why don't they have you on, Count Donut?

Justin [as Count Donut]: Why have never the dough boys ever email me?

Travis: Why don't the—

Justin [as Count Donut]: They never said—

Griffin: Never emailed—

Justin [as Count Donut]: They know I love—they know I love these kinds of things.

Griffin: Yeah.

Justin [as Count Donut]: Fast food, things like that. They've never emailed.

Griffin: They might not know, they might not have heard our—like heard this bit of—

Justin [as Count Donut]: They've heard, though—I've heard of them a lot of times. [chuckles] You know?

Travis: Ah.

Justin [as Count Donut]: It seems maybe they've heard of Justin McElroy once, they could email me just like, "Hey, got similar, you know..." Did I say Justin McElroy? I meant Count Donut.

Griffin: Man...

Travis: Have you tried mezzin' 'em?

Justin [as Count Donut]: We have very different feeling. What?

Travis: You gotta mezz 'em.

Justin [as Count Donut]: We have friends of friends—

Griffin: Mezz them. Mezz them with your power.

Travis: Use your power right now?

Justin [as Count Donut]: I'll use my mezz powers. All right. Dough boys... Justin McElroy has an overlapping interest with you in the fast-food world. But he has never spoken with you, he feels like he would get along. And honestly, guys, it's been going on so long, there's some part of him that thinks you kind of hate him for some reason, because it's just weird that you guys aren't friends. It seems weird.

Griffin: Yeah.

Justin [as Count Donut]: So, reach out to him via email or LinkedIn.
[chuckles]

Griffin: Whoa? I didn't even know Juice was on LinkedIn?

Justin [as Count Donut]: Yeah, he's big on LinkedIn. You gotta go somewhere to post your Ziggy cartoons, right? So he's doing it on LinkedIn!

Griffin: Sure, man. [chuckles]

Justin [as Count Donut]: Listen. New York cheesecake, Oreo cookies and Kreme, original glazed cake, cinnamon apple filled. Which is weird, original glazed cake, they didn't have this.

Griffin: This is one of the nine—

Travis: What?

Griffin: New flavors? Is—

Justin [as Count Donut]: That's a new one. They were like, "Check it out."
[chuckles]

Griffin: I don't think they can have a new original flavor?

Travis: They must have thought—

Justin [as Count Donut]: This is the new original—

Travis: They did!

Justin [as Count Donut]: Yeah. They're also doing an original glazed Kreme-filled donut, seasonal Biscoff cookie butter cream—

Travis: Ooh.

Griffin: Oh, yeah.

Justin [as Count Donut]: Maple iced chocolate fudge brownie donut. And an original glazed pumpkin spice cake donut!

Travis: Where's the original coming in here?

Justin [as Count Donut]: Well, I guess they're saying that—I—Travis... Are you Travis?

Griffin: Yeah.

Travis: Yeah.

Justin [as Count Donut]: I have no idea. Krispy Kreme will rotate in four new donuts on a seasonal basis, five times a year.

Travis: So they're not permanent boys?

Justin [as Count Donut]: The last boys, the four boys, these are temporary boys.

Griffin: Okay.

Travis: *Ah!*

Justin [as Count Donut]: Ephemeral.

Travis: Temp boys.

Justin [as Count Donut]: Love 'em and leave 'em.

Travis: *Ah!*

Justin [as Count Donut]: The other boys are permanent.

Travis: A four-month stand!

Justin: "We're so excited to offer in—to introduce nine new flavors to our lineup, so everyone can build a dozen that is unique as they are," **[as Count Donut]** said Alison Holder, Krispy Kreme Chief Brand and Product Officer!

Travis: Now, listen, I don't—

Justin: We're bringing more—

Travis: I don't want to be pedantic, but I'm going to for a moment, because I do want to be pedantic.

Griffin: You love being—you love that shit.

Travis: Which is that in Krispy Kreme's psyche, in their mindset, the uniqueness of every human being can be summed up with 12 out of 16 donut options.

Justin: Honestly, Travis, you could express all the human genome with four different compounds, right? I don't see why we can't do it with 16 donuts.

Travis: Genome, sure, Justin! I'm talking about personality, baby!

Griffin: Also, Juice, where did you fucking come from, dude?

Justin: What? What?

Griffin: Where did you come from, man? Because you haven't... [chuckles]

Travis: [chuckles]

Griffin: It's the supermoon, dude. It like, I'm telling you, it's like throwing off all of our—

Justin: No, it's the cape. It's the cats keep pissin' on my cape.

Griffin: Yeah.

Travis: You know why they're pissin' on it? Full Beaver Supermoon.

Griffin: Yeah. So an old roundabout way—

Travis: They knew it was coming.

Justin [as Count Donut]: Sorry, it's the Full Beaver Supermoon!

Griffin: Yeah, man. Cool, dude.

Justin [as Count Donut]: It's because I was reading the quote that I got all confused. Can I tell you the only reason, there's only one reason I wanted to tell you this.

Griffin: Okay?

Justin [as Count Donut]: The new menu is supported by a marketing campaign that includes R&B singer, songwriter, producer and Grammy winner, Montell Jordan!

Griffin: Okay, I was waiting for this shoe to drop.

Travis: Oh! This Is How We Do It!

Griffin: Yeah.

Travis: This is—okay.

Justin [as Count Donut]: Yes. Who Krispy Kreme recruited to make his iconic 1995 number one hit, "This Is How We Do It," during its 30th anniversary. Jordan's This Is How He Dozen take on the song—

Griffin: [chuckles]

Justin [as Count Donut]: Encourages fans too—

Griffin: All right! All right, all right!

Justin [as Count Donut]: Encourages fans to share on social media how they're enjoying and sharing Krispy Kreme's new expanded everyday menu, including sweet dance moves. Now...

Travis: Hm...

Griffin: Nice.

Justin [as Count Donut]: Hm!

Travis: They know just how to go viral.

Griffin: Yeah, dude.

Justin [as Count Donut]: So, guys, here's what I want to ask you. The next quote is from Montell Jordan. [chuckles]

Griffin: Yeah.

Justin [as Count Donut]: I want you two to guess, what—if you were Montell Jordan—[chuckles]

Griffin: [chuckles]

Justin [as Count Donut]: Can you tell me, to the best of your ability—and I will warn you, one point will be awarded.

Travis: Oh? Okay.

Griffin: Yeah.

Justin [as Count Donut]: To the best of your ability, what the quote from Montell Jordan will be about his partnership with Krispy Kreme?

Travis: I'm assuming it's not, "Well, I really like money."

Justin [as Count Donut]: There's a lot of things it's not, Travis!

Travis: Yeah. "I really like money," probably isn't—I'm gonna say, Justin, based off of past experience—

Justin: Okay?

Travis: I'm a big fan—

Justin [as Count Donut]: Who is Justin?

Travis: Yeah. "I'm a big fan of Krispy Kreme, and getting to work with them is something I've always wanted," something along those lines.

Justin: [in a high-pitched voice] Hoo! Hoo-hoo-hoo! Okay.

Griffin: Let me take a swing at it.

Justin [as Count Donut]: Griffin?

Griffin: Okay.

Justin [as Count Donut]: Griffin?

Griffin: "This is how I do it. It's Friday night, and I feel like eating Krispy Kreme donuts, on the West Side. Designated driver, take the keys to my truck."

Justin: [chuckles]

Travis: Yeah.

Griffin: It's time—

Travis: "I'm kind of buzzed, gonna buy a doz."

Griffin: Yes.

Travis: "This is how I dozen."

Griffin: This is how—yeah.

Justin [as Count Donut]: [chortles] "Gonna kind of buzz, gonna buy a doz," is very good!

Griffin: Crip—I—the—

Justin [as Count Donut]: And accurate, I will say! [chuckles]

Griffin: Krispy Kreme does it like nobody does? Is that—could that be part of it?

Justin [as Count Donut]: Here we go. Are you ready?

Travis: [sings] Do all my neighbors got 16 flavors!

Griffin: Do all these donuts—all these dough—all these donuts got much flavor?

Travis: Got six—can I—Griffin! All my neighbors got 16 flavors, this is how I dozen.

Justin: How he dozen.

Travis: Because you need to get the—

Justin: My music—

Griffin: That's better.

Travis: Information out there.

Griffin: That's bright—that's—it's better.

Justin: "My music is about celebrating good times, and nothing brings people joy... quite like a dozen Krispy Kreme donuts."

Griffin: Yeah.

Travis: Nothing?!

Justin: [chuckles]

Griffin: Nothing.

Justin: Nothing?!

Travis: *Nothing?*!

Justin: Nothing! "Being a Krispy Kreme fan—"

Travis: I kind of want to do deep dive now to see if Montell Jordan is like a father.

Justin: Griffin's getting some points here, hold on—

Travis: Was he—did—[chuckles] was he present at a birth of a child?

Griffin: That tracks, actually! That's fuckin' sage advice, dude.

Justin: "Being a Krispy Kreme fan, doing this remix for Krispy Kreme's new core menu is a blessing, and I'm excited about hyping everyone to discover some new favorite donuts and make sweet memories. Krispy Kreme does donuts like nobody does."

Griffin: All right! All right! All right! All right!

Travis: They never cut back on a delicious snack! [sings] This is how we dozen.

Griffin: I think Travis and I both got little pieces here and there.

Justin [as Count Donut]: I have, if you're interested, boys, the list of the three dead donuts.

Griffin: Yeah.

Travis: I am. But first, just in case anyone hasn't heard it, "This Is How We Do It" by Montel Jordan is one of the all-time best—

Griffin: Travis, I swear to god, I swear to god, if you're about to give a full-throated endorsement of "This Is How We Do It" by Montell Jordan—

Justin: "How Do It," by Montell—

Griffin: If you've never heard "This Is How We Do It—"

Justin: "This Is How We Do It," by Montel Jordan.

Griffin: You guys gotta check—

Travis: We've got a lot of young listeners.

Griffin: You gotta check this shit—I—it doesn't matter how old the listeners are. Have they seen a commercial for any company, ever? Because This Is How We Do It's in it, somewhere.

Justin: Yeah, this is—this is autumn's favorite song. And for their anniversary Slice, got her a remixed version of "This Is How We Do It," that is about her.

Travis: Hell yeah.

Griffin: Holy shit, man.

Justin: So like—I know, I know. So he launched a rebrand too, he launched his own marketing campaign. [chuckles]

Griffin: No kidding.

Justin: Just about his wife is great. You know, you can—you—Montell Jordan is happy—

Griffin: Yeah.

Justin: To get in there and help you restart your brand, whatever your brand is, he's ready, for a new menu. So, the three—oh, god damn it...

Travis: [titters]

Justin: I just didn't do the voice at all that whole bit.

Griffin: That's okay. He can come back now.

Travis: That was you.

Justin: No... That was me.

Griffin: That was you, I don't think Count Donut would know autumn and Slice.

Justin: That was me. Yeah, but it's like, why did I—[titters] you know what I mean?

Griffin: Yeah.

Justin: It doesn't make—it doesn't make sense.

Travis: [sings] Blame it on Full Beaver Supermoon.

Griffin: You can just really blame anything on the Moon, dude.

Justin: I know, but it's like, if I don't have the consistency, you know what I mean?

Griffin: Yeah.

Travis: I need to hear you say it's the Full Beaver Supermoon, and then we can move on.

Griffin: Yeah, as Dracula.

Justin: It might be the Full Beaver Supermoon.

Travis: Okay, thank you.

Justin [as Count Donut]: As part of the menu expansion, three previously everyday flavors, this is the way they put it—

Travis: Oh?

Justin [as Count Donut]: Have been removed. The original glazed blueberry cake—

Travis: [gasps] *Hah.*

Griffin: Fuck off, man! That's—Jesus Christ! That's like my favorite!

Justin [as Count Donut]: The original glazed lemon-filled.

Griffin: Yeah.

Travis: That's fine.

Justin [as Count Donut]: And the cake batter. Now, why would they get two—rid of two originals?

Griffin: Yeah.

Justin [as Count Donut]: You know?

Griffin: Yeah, no, for sure. It doesn't make much sense to—

Justin [as Count Donut]: They were born there! And now they die there!

Griffin: That's their house!

Justin [as Count Donut]: That's their home, they live there. But fret not, it says—

Travis: Do they have a limited amount of donuts they can make every day—

Griffin: The stores—

Travis: That they have to get rid of flavors?

Justin [as Count Donut]: They're ahead of you, Travis. Listen, fret not, these donuts could return in the future.

Griffin: All right.

Justin [as Count Donut]: And of course, Krispy Kreme will continue to delight fans with many limited-time melt in your mouth donut innovations throughout the year, including this holiday season.

Travis: Ooh-la-la!

Justin [as Count Donut]: Mm! Some more—

Travis: Intrigue!

Justin [as Count Donut]: Surprises—some more surprises are on the horizon, maybe.

Griffin: Yeah, I mean, the blueberry one hurts. The lemon goo is like, that's too much lemon goo. And we all—

Justin [as Count Donut]: We are all done with goo.

Griffin: We're all done with goo.

Justin [as Count Donut]: We should talk to donuts about this.

Griffin: Cake—

Justin [as Count Donut]: None of us want the goo anymore. [chuckles]

Travis: Nobody wants goo.

Griffin: Cake batter's star burned bright and fast, but it is gone now. But some of us like—

Justin [as Count Donut]: It's not even original. They don't want to claim it. They didn't make it.

Griffin: Okay.

Justin [as Count Donut]: But can I ask you guys—

Griffin: Sure.

Justin [as Count Donut]: We're all done with goo?

Griffin: Yeah.

Justin [as Count Donut]: Yes?

Griffin: Oh, for sure.

Justin [as Count Donut]: Can you tell... tell them, humans are also done with goo. The vampires, we have been over this stuff. Jelly-filled, we don't know why you keep doing it, but no one listens to us.

Griffin: Yeah.

Justin [as Count Donut]: Please, tell your representatives.

Travis: I like the cream? I like a cream-filled?

Justin [as Count Donut]: Write your representatives and tell them you're done with goo.

Griffin: It's not—it's not a question of the substance inside of it, it is a question of ratio. When you—the donuts that are filled are—a Danish can have a cream filling and a fruit filling, but it's a reasonable layer, a pâté of

that stuff. I don't need a water balloon full of jelly to eat, because that's too much jell—

Travis: This is why Long John's work—

Griffin: Long John's absolutely work!

Travis: Spread evenly throughout like a hotdog.

Griffin: Yes.

Justin [as Count Donut]: Like a cream dog. They should call them cream dogs—

Griffin: They should call 'em dogs, for sure.

Justin [as Count Donut]: I've never thought of this until this moment. Cream dogs. Very appetizing.

Griffin: Yeah.

Justin [as Count Donut]: Well...

Travis: Bye!

Justin [as Count Donut]: Time to die.

Travis: [chuckles] Oh, no!

Griffin: It's okay, this is what he calls going to sleep.

Travis: Oh, right. The little death.

Griffin: He's pretty dramatic—

Justin: Hey, guys!

Griffin: I don't know if you've—hey, Juice!

Justin: I was in and out there.

Griffin: Yeah.

Justin: I think because of the supermoon, and this has never happened, I think because of the supermoon, we were kind of fighting for control, because I had other things I wanted to do.

Griffin: Right.

Travis: Yeah! No, I get that, yeah.

Justin: I had other dreams, I had other—I had a whole other **bit written down**—[titters]

Griffin: Right.

Justin: That I was gonna do. It was scripted.

Griffin: Well, do you want to do it?

Justin: It was timely. It was a time—[chuckles]

Travis: Oh, timely to—

Justin: It was a timely thing.

Griffin: Timely to 10 minutes ago?

Justin: Yeah. [chuckles] It was about—it was a 420 kind of joke.

Griffin: It's 10:38AM.

Travis: But to 10:30—yeah.

Justin: They don't know that! They don't know that! They don't know when we're recording this! You guys could have just gone with it. Like, "Good point, J-Man," or something good, you know?

Travis: Good point, J-Man!

Justin: Like—

Griffin: Good, good—

Justin: I can't keep this fiction up on my own!

Griffin: Yeah.

Justin: You know?

Travis: Yeah, great job. I agree, with Justin. Hey, everybody, guess what?

Griffin: What?

Travis: We're doing Candelights in person this year!

Justin: Oh my god—

Travis: We're back in Huntington!

Justin: Travis.

Travis: Yeah?

Justin: You guys are gonna come here? But you have warrants?

Travis: I know!

Griffin: Yeah, so don't tell anyone.

Travis: But it's worth it.

Griffin: I mean, tell lots of people, like tell your friends and whatever to come, but don't tell any cops.

Travis: And guess what? It's also going to be streaming. Here's how it works. In person show—

Justin: Whoa.

Travis: December 6th, at 7PM, Eastern Time, in Huntington, West Virginia. And that ticket includes the virtual stream ticket, which will then be digitally premiering a recording of the show with all kinds of bonus stuff with it. That's going to be December 19th at 9PM, Eastern Time, and we'll be in the chat, talking through it. That video on demand stream will be available through January 4th. And all benefits from the show will be donated to Harmony House, which seeks to end homelessness in the Huntington area through permanent housing and supportive service programs. Tickets for both the in-person and live stream are available at bit.ly/candlenights2025.

Griffin: If you've never come to the Candlenights shows, I mean, that makes sense, because we haven't done one live in like four years, but it really is such an amazing time, and it's so rad seeing everyone come together in our hometown. And everyone always has a really, really good time! So, if—

Justin: As I understand it, it is like half sold out. So, get—hurry up and get some tickets.

Griffin: Yeah.

Justin: If you want to get your tickets, because people—a lot of people locally, I think, will come as well. But you want to hurry up and get your tickets.

Griffin: Yeah.

Justin: Quick.

Travis: Tickets are also available, currently, packages are on sale for Champions Grove, the gaming event that I run every year at Ravenwood Castle, in Hocking Hills, Ohio. Come stay at the castle in one of the storybook village cabins, or in Huntsman's Hollow cabins. Spend Memorial Day weekend with me and a bunch of other talented game hosts, running all kinds of different games for folks. There's—Raven Castle has an over 150 game board game library that you can pull games from, and play games with friends or new friends in the Great Hall. We also have events like minifigure painting classes, improv classes, we've done karaoke before. We've done—

Griffin: Do they have Scene It, Seinfeld edition?

Travis: Probably! They have the TAZ board game!

Justin: Whoa?

Travis: Yeah, so there you go!

Justin: It's just like Scene It, the Seinfeld edition.

Travis: Yeah! It's the TAZ board game of Scene It, Seinfeld editions. So, go to www.championsgrove.com to find those packages. I think all we have left are four person packages. So, don't wait. We're well over halfway sold at this point. So, go check that out, www.championsgrove.com. And come see us in Ravenwood Castle, in Hocking Hills, Ohio, this Memorial Day—or, you know, in 2026 Memorial Day weekend.

Griffin: I am so excited about the new merch we have up in the merch store, over at mcelroymerch.com. We have got, for the old heads, a poster for 'Til Death Do Us Blart, designed by Jack T Sherry. It is—it is really—it's one of my favorite sort of Death Blart inspired designs that I've ever seen.

Justin: Really bold.

Griffin: Also, get in the spirit of the Honda Days, with the 2025 Candlenights poster and ornament, designed by Scott Hoch. All of that stuff is over at mcelroymerch.com. And 10% of all merch proceeds this month will

be donated to Native American Aid, which addresses immediate needs for tribes experiencing disasters, emergency food shortages and preventative health care needs.

Travis: Excellent. Griffin, why don't you read the Fear this week?

Griffin: Okay, I'll do that. "This year, I will be faster than my fear of the Kool Aid man busting through my bedroom wall while my wife and I are being intimate."

Justin: [chuckles]

Travis: "Oh, yeah!"

Justin: [chuckles] My name is Justin McElory.

Travis: I'm Travis McElroy!

Griffin: I'm Griffin McElroy.

Justin: This has been My Brother, My Brother and Me. Kiss your dad square on the lips.

[theme song "My Life Is Better With You" by Montaigne plays]

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