

## **MBMBaM 742: Vesecticon Seven**

Published on December 16, 2024

[Listen here on themcelroyfamily.com](https://themcelroyfamily.com)

**Intro (Bob Ball):** The McElroy brothers are not experts, and their advice should never be followed. Travis insists he's a sexpert, but if there's a degree on his wall, I haven't seen it. Also, this show isn't for kids. Which I mention only so the babies out there will know how cool they are for listening. What's up, you cool baby?

[theme song, "My Life Is Better With You," by Montaigne, plays]

**Justin:** Hello, everybody! And welcome to My Brother, My Brother and Me, an advice show for the modren era. I'm your oldest brother, Justin McElroy.

**Travis:** Oh, wuddup, Trav Nation? It's me, your middlest brother, Travis big dog woof-woof McElroy.

**Griffin:** What's up, chooms? It's me.

**Travis:** Whoa.

**Griffin:** Your sweet baby brother, fucking chrome jock psycho, Griffin McElroy—Griffin Zap McElroy!

**Travis:** Did you say chrome jock psycho?

**Justin:** Yeah—

**Griffin:** I'm a fucking street samurai chrome psycho jockey, Trav.

**Justin:** Deck jockey. Why are you—

**Griffin:** The fact that you don't know that... makes you a real gonk!

**Justin:** Hey—

**Travis:** Makes me a what?

**Justin:** Griffin, why have you been shredding through so much ice lately?  
[chuckles] Why are you such—

**Griffin:** Baby, you know me! I'm a jockey! And I gotta get chipped with the new shit. I was cruising down Dog Street—

**Travis:** Uh-huh.

**Griffin:** [chuckles] Yesterday with my chooms. And I saw this ad in the screamsheets for a real psycho, fucked up ripper doc down in Tiny Kyoto.

**Justin:** [laughs]

**Griffin:** And so I cruised down there, because I'm always trying to get chipped with the new shit and—

**Justin:** [laughs]

**Griffin:** I had—I was flush with eds from this gonk I zeroed—

**Justin:** What the fuck are you talking about?

**Griffin:** I zeroed a gonk and I clepped his eds! Took him to the fucking psycho ripper doc I found in the screamsheets and he was like, "What are you looking for?" And I pointed at my crotch.

**Travis:** Uh-huh?

**Griffin:** And he was like, "Third nut?" And I was like, "No, the other way." I was like, I want you to zero all my seed. Zero my seed for me."

**Travis:** Clear my cache.

**Griffin:** He got in there... He fuckin' bumped the RAM on my sandevistan, and put some new launchers on my mantis blades. And then he severed my vas deferens.

**Justin:** [chuckles]

**Travis:** Completing the trifecta.

**Griffin:** Completing it. And now I'm—look at me, guys! I'm glowing! I got all the new bio mods available. I gotta be at the top of the line when I live on the edge, the way I do.

**Travis:** Now with your overclocked penis.

**Griffin:** It's more, Travis, about the underclocking at this point.

**Travis:** You underclocked your penis?

**Griffin:** I took a look at some of my benchmarks and I said, there's one of those in particular I would like to reduce to zero.

**Travis:** Mm-hm.

**Griffin:** Yesterday, this was, that I was—

**Travis:** Took out all your RAM?

**Griffin:** Dog Street. I unloaded... I unload it and I miss it. I miss 'em. I miss all my guys.

**Travis:** So, what, you're 24 hours post?

**Griffin:** Just about 25 hours post, as the crow flies.

**Justin:** How has the recovery process been? What's the heaviest thing—

**Griffin:** I mean, as funny as you think it's gonna be, it's like non-stop nut humor that you're like—is also a moment that you're in.

**Travis:** Yeah! Oh, yeah, yeah.

**Griffin:** And the moment lasts for a long time. But this is it, man, guys. This is the martini shot on the whole generation of McElroy creation. That's it, the threequel meaning.

**Travis:** Did you have 'em put in the fake testicles for you, like they give dogs?

**Griffin:** They didn't, as far as I know. Because I asked afterwards, which was embarrassing. I was like, "So, what did you just do?" Like I know—

**Travis:** You didn't think to—

**Griffin:** Well, I knew what the end game was.

**Travis:** Griffin?

**Griffin:** Yes?

**Travis:** When you asked what they just did, did the doctor say something like, "Don't worry about it." Or like, "It's done now, so it doesn't matter."

**Griffin:** I mean, my doc was super chill. He was like, "You're gonna feel it." He was like, "You have to feel it." Which I thought was weird, he was like, "You're gonna feel it a little bit." And I was like, "You really can't just pump it so full that it I don't feel it at all?" And he was like, "It's normal to feel it a little bit." But he said, "Don't bear down. That makes it harder." He said, "Just kind of... just kind of take that moment and make space for it." Which I thought was cool.

**Justin:** Griff, you mentioned just a second ago that your doctor for your vasectomy was super chill. Considering the procedure was—you allowed it to continue, I would assume that's understood. Because if he had come to you like, "Well, here goes nothing!"

**Travis:** "First time for everything!"

**Justin:** [chuckles] Yeah, right? Like, "Here, can you hold my wrist?"

**Travis:** "I can't believe they're letting me do my first one by myself!"

**Justin:** "You don't have a spare hand to hold this scalpel, do you pal? Eeh-eeh-eeh!"

**Griffin:** He gave me a bit of a hard time during the first—

**Justin:** "Actually, the reverse is supposed to happen!"

**Griffin:** He gave me a soft time. But the first nut was hard—was difficult for me, and I was sort of doing some heavy breathing. And I got a little nauseous and I was like, "Is it normal to feel like really nauseous right now?" And he was like, "Yeah, for nervous guys."

**Travis:** Well, but he also read you like a book then, Griffin?

**Griffin:** Well, yeah, he also had my scrotum spatchcocked on the table in front of him. Which is a real power dynamic that I don't even think he took time to stop and consider.

**Travis:** That's why you have to like wear a cool mask or something, so you're intimidating him while he's intimidating you.

**Griffin:** Well, I had on the sunglasses that pop out of my cheekbones, which was—

**Travis:** Oh, yeah, yeah, yeah.

**Griffin:** One of my first augs.

**Justin:** Oh, yeah, was that an expensive one?

**Griffin:** There were some older—old-head freaks there too, who were getting some prostate augs. And I was like, "Hell, yeah, dude. Don't ever give up." With the kind of body work we're able to get now, none of us ever has to die.

**Travis:** That's true. Did they give them to you in a jar afterwards for you to take home?

**Justin:** I was—dang it, Travis! I was just about to ask that question.

**Griffin:** Goofs aside, so there's no—and you guys have both had this done, I know. So there's—I still got 'em.

**Travis:** Yeah, we don't want to—

**Griffin:** I still—

**Travis:** Are you worried that people might listen to this podcast and take it as medical advice?

**Justin:** For their medical—yeah.

**Griffin:** I still got 'em. But he did leave... you know, they go in and they take a little bit of the tubing out. And he just left that on the sort of operating tray after he was like—

**Travis:** Flopping around. [titters]

**Griffin:** He said, "Chill here for five minutes." Yeah, he poured a hot broth over them and they *writhed* on the tray! I was like, that's a chill dude, man.

**Travis:** And then you ate it for vitamins, right?

**Justin:** No! Travis, no. No, you're gonna give people really misguided ideas about what this procedure is like. You do not consume anything.

**Griffin:** They don't make you eat anything.

**Travis:** I'll tell you this, here's the good news, anyone listening at home. Getting a vasectomy, whether you never want to have kids or you're done having kids, rules. Because then after that when someone's like, "You guys ever think about having another one?" You could say stuff like, "No, that

factory is closed. Nobody ever goes in, nobody ever comes out. That factory is done."

**Griffin:** Nobody ever goes in?

**Justin:** If you want to be fuckin' weird. [titters]

**Griffin:** If you want to be like the weirdest possible about it.

**Justin:** Fuckin' weird. One other thing you could say is—

**Travis:** You guys know me?!

**Griffin:** I know you.

**Justin:** "That's an insane thing to ask. Mind your own damn business."  
[chuckles]

**Travis:** That's also true. That's also a good way to go with it.

**Griffin:** I'm gonna start wearing shirts that say, "Don't ask me about my vasectomy. It's done now."

**Travis:** "Read this pamphlet I've printed out."

**Justin:** Hey, Griffin, if you want to start selling shirts that say that, I think that we could make a really nice—

**Griffin:** [chuckles] Actually, yeah, that's actually one of our—

**Justin:** "I don't want to talk about my vasectomy today."

**Travis:** We could, if there's a tiny—

**Justin:** "Don't ask about my vasectomy."

**Travis:** A tiny please at the top. But it's just a very, very little please. Don't ask me about my—

**Justin:** Please. Please under—

**Travis:** I don't want to be too—

**Justin:** Please understand.

**Travis:** Aggressive about it.

**Justin:** Please understand, we don't wish to talk—

**Travis:** I'd rather you not ask me about my vasectomy.

**Griffin:** There might be people who buy that earnestly, wanting to get that message across. But it's going to attract a lot of people who are going to be fucking jokers about it, and think this is a joke T-shirt you probably bought at Spencer's Gifts—

**Travis:** We'll make the "don't" really big then. So it'll be like, "*Don't* ask me about my vasectomy."

**Justin:** I feel like Spencer's Gifts. I went from—I realized this at the mall this week. There is an inflection point where I thought I was too young to go into Spencer's Gifts. And if I got caught in there somebody would be like, "Get out of here!"

**Griffin:** Yeah.

**Justin:** "This is grown up stuff! Look at all these butts on this postcard, kid. Get out of here!"

**Griffin:** Sure.

**Justin:** And now I definitely feel too old.

**Travis:** Yeah.

**Griffin:** Yeah.



**Justin:** To be in Spencer's. Like if I'm in Spender's they'll be like, "Get out of here! This is—this stuff has Charli XCX on it. You're not allowed to be in here." And so I've—I don't know if there is a point where anybody's allowed in Spencer's. I think that you are—

**Travis:** 21 to 23. I think there's a two—

**Griffin:** I was gonna say 16. 16 and 17. You're one of those two ages where you're old enough to drive, but too young to vote, you can go into Spencer's Gifts and belong there.

**Travis:** Oh! Okay.

**Justin:** Here's what I think. I think that everybody feels that way, or else it's not Spencer's.

**Travis:** That's true.

**Justin:** Because if you're not being—

**Travis:** If you look—look in your heart! If you're someone who walks into Spencer's Gifts and you think, "I'm not challenged by any of this."

**Justin:** Yeah, if you're not—

**Griffin:** "I'm home."

**Travis:** Lock yourself in prison!

**Justin:** If you're not getting pushed out of your comfort zone, it ain't a Spencer's. You know what I mean?

**Travis:** Yeah. Or you're a monster.

**Justin:** Spencer's is next to your comfort zone, to the left of Auntie Anne's.  
[titters]

**Griffin:** What if cyber-fucking-psycho body mods became like reality? I bet Spencer's Gifts would definitely become a big, big player in the space.

**Travis:** Oh, yeah.

**Griffin:** In the chrome space. Give me a torso plate with demon slayer guy on it, please.

**Travis:** I would like to transition from this discussion to our first question, because I think it's germane. If we could?

**Griffin:** Please.

**Justin:** "I'm in standstill traffic in Atlanta right now, staring at a trunk with hot pink truck nuts hanging off the hitch. Can you please tell me why only balls? Don't dudes care about the size of their noodle rather than the size of their balls? Am I missing something? What happened this truck's noodle?" So this person is just asking about truck nuts.

**Travis:** Now, I wanted to get your guys' read on this, because I have an assumption about the purpose of—

**Griffin:** About why it's—why it's nuts and not the—

**Travis:** The full package, yeah.

**Griffin:** Okay. I'd love to hear your theory.

**Travis:** My assumption is the truck represents the dick. That the truck is the dick—

**Griffin:** That's cool.

**Travis:** And the balls hang off the back to indicate, this is my truck dick.

**Griffin:** Well, and I also think there's a suggestion that a truck probably has an internal dick. Like one that—like a dog, like a—

**Travis:** Mm-hm, the crank shaft.

**Griffin:** A shaft—like it can come out. And I don't want to get too gross and blue about it, but I think—anyone also with the shaft—[chuckles] sorry. With the shaft—[laughs] Okay, here's the bumper of the truck, the nuts are hanging.

**Travis:** Yeah, I'm picturing it, yeah.

**Griffin:** Is the shaft on the front of the balls as we're seeing it, or is it going this way? If the trucks—I'm saying, if the truck's headlights are its head, and then you followed it down and there would be balls, the shaft would not face the car behind them—

**Travis:** No, it's on all fours, though.

**Griffin:** It would face the front. It's—

**Travis:** The truck is on all fours.

**Griffin:** Okay?

**Travis:** You never see a truck walking on just two wheels.

**Griffin:** No, Travis, that's—I understand that. But if you went downward dog right now, would your shaft hang on the back of your balls? No, man!

**Travis:** No, it would be on the front, kind of pointing down, that you would still only probably see.

**Griffin:** So I think anyone who just expects—maybe the shaft is there and you just can't see it because you're behind. Why would you—

**Travis:** No, the truck is the shaft!

**Griffin:** Okay, okay.

**Justin:** Okay. You sound so wild right now. You know that doesn't make any sense.

**Griffin:** [chuckles] It sounds crazy. Why are the nuts the only anatomically correct part of the truck? [titters]

**Travis:** Well, I assumed you were indicating like this truck is a metaphor for my dick. And so here are some literal balls.

**Griffin:** But then in the metaphor, I'm inside my dick, driving it. Going crazy down Dog Street. [chuckles]

**Travis:** It also would imply, just on a scale difference.

**Griffin:** Yeah.

**Justin:** My truck nuts are prescription. I like to have my balls out all the time, and I had trouble getting into vehicles. Even structures were a challenge for me, because I didn't want my balls' view to be obscured at any point.

**Griffin:** Right.

**Travis:** Yes.

**Griffin:** You need proxy balls.

**Justin:** So, truck was really hard for me, especially truck cab. Because I feel like I needed that behind me to carry all the baggage I had.

**Griffin:** Sure.

**Justin:** And so—

**Travis:** If you, so—

**Justin:** My doctor said—

**Griffin:** Wait, let him finish, please.

**Travis:** Okay.

**Justin:** Thank you. You're sounding a lot like my doctor right now. I know you don't mean to. [chuckles]

**Travis:** I'm sorry. Yes, please, go on.

**Justin:** Yeah, thank you. The doctor said that maybe I could attach these artificial nuts to the back of my truck so I could always be displaying my scrotum.

**Travis:** Uh-huh.

**Justin:** It's modeled exactly on mine. It cost \$18,000.

**Griffin:** [laughs]

**Travis:** Oh?

**Griffin:** Whoa!

**Travis:** Did you do like a plaster cast, kind of like epoxy?

**Justin:** It was neoprene. Yeah, it was—

**Travis:** Mm-hm.

**Justin:** Yeah. And the truck nuts themselves are held on with a neodymium magnet that actually is—[chuckles] and also charge my cell phone as I drive.

**Travis:** That's amazing!

**Griffin:** Whoa, that's cool, man.

**Justin:** Yeah, it's actually, it's rare-earth is—

**Griffin:** Extremely.

**Justin:** In layman's parlance.

**Travis:** If you're someone with truck nuts, out of respect for your truck, you probably like tuck 'em away if you're gonna do like some mudding or off roading or whatever, right?

**Griffin:** That's illegal, actually. If the cops catch you and you have magnets on the back of the truck nuts that let you swing them up out of sight whenever you're... in a precarious social situation, that's illegal. You're not allowed to do that.

**Travis:** I would just feel terrible just letting my truck's nuts bang around like that and like hit rocks and get all muddy and stuff.

**Justin:** You can't see this image that we have, friends, but this—on the back of this truck, in addition to these—I gotta say, pretty big truck nuts. [chuckles]

**Travis:** Yeah.

**Justin:** Yeah. I mean, even for like—I know—I don't like to comment on people's genitalia, but like those are pretty big I feel.

**Griffin:** Insane.

**Travis:** They're Optimus Prime, yeah.

**Justin:** There is something on there, on the truck, that says, "Call for a free estimate." And I think that is pretty...

**Griffin:** That's awesome.

**Justin:** That's pretty good to not only have truck nuts, but here is a phone number where you can call me directly. [titters]

**Griffin:** Let me know.

**Justin:** At any point, to discuss these nuts. You know exactly how to ask.

**Travis:** This is a professional—this is a work vehicle.

**Justin:** Yeah.

**Griffin:** Yes.

**Justin:** Yeah, I can't see the area code, or I would have got an answer on this already. [chuckles]

**Griffin:** [chuckles] Direct.

**Justin:** Yeah, I would just call them up. "I'd like you to estimate why you— [chuckles] why you have those hanging from your truck."

**Travis:** "Could you estimate where's your truck dick? Just estimate it for me, please."

**Griffin:** "Is the truck the—can you estimate if the truck is the dick and you're driving?"

**Travis:** "Is the truck the dick or is it internal?"

**Griffin:** "Are you driving inside the metaphor of your truck dick?"

**Justin:** The shaft is actually coming up underneath the tailgate. It's been squished. It's—

**Travis:** [chuckles] Oh, no, ow!

**Griffin:** [laughs]

**Justin:** It's gone!

**Travis:** Not again...

**Justin:** Yowch!

**Griffin:** You can actually see a little rubber man sticking out of the truck bed like, "Yow!"

**Justin:** [yells] "Yah!"

**Travis:** Not again... poor guy.

**Justin:** [chuckles] "I think it happened again."

**Griffin:** That's cool. [chuckles]

**Justin:** Uhg...

**Griffin:** That's cool.

**Justin:** I see Blondie's repeating strips. [titters]

**Griffin:** I'm just—

**Justin:** Dagwood got his nuts stuck in the truck again.

**Griffin:** [chuckles] I'm gonna start making truck like arms and like a truck shoulder, and maybe like a truck knee, and just slowly kind of metamorphosize.

**Justin:** Yes.

**Griffin:** Slowly metamorphosize the truck.

**Justin:** I want a hereditary brand truck daughter for my passenger window.

**Griffin:** Sheesh! Yeesh! The dick isn't funny. The balls are the only funny part—

**Travis:** That is true.

**Griffin:** Of what's going on down there.



**Travis:** A dick is very serious.

**Griffin:** A dick is gross and weird. Balls is—

**Travis:** I'm not gonna say—I'm not gonna go that far. Bodies are beautiful. But a dick is a serious matter.

**Griffin:** Compared to the—compared to the bottom part of it, it's funny and like, it rules, man, down there. Hey, can I—

**Travis:** [chuckles] The whole situation is awesome.

**Griffin:** The whole—stuff is so cool. I have an idea, and it's for a segment. And it's like wikiHow, except Cynthia sent this in. WikiHow does a lot of other stuff, other than just silly articles.

**Travis:** Oh?

**Griffin:** Written by well-meaning amateur artists. They got games, and this one is the rizz game, Test Your Rizz.

**Travis:** Huh.

**Justin:** Okay?

**Griffin:** And I thought we could—I thought, let's knock it out. "Wondering how much rizz you actually have? Calculate your rizz score and find out whether you've reached peak rizzler status with our interactive game." I don't think you can say 'rizzler status.' I think—

**Justin:** Yeah, I actually think Rizzler has been co-opted by The Rizzler so hard that only the The Rizzler can—

**Travis:** Is that some—is that something multiple folks can be? Are you saying that was a title one had to earn through a series of like tasks?

**Justin:** I only know of one—in my house, there's only one The Rizzler.

**Travis:** Yeah?

**Griffin:** Okay?

**Justin:** And he's friends with Big Justice and A.J., so like—

**Travis:** Yeah, there's The Rizzler, the one slur, and I think that's it. I think there's just the two.

**Griffin:** I'm Baby Gronk!

**Justin:** [titters] Sala saloo.

**Griffin:** So this is a literal like little text parser quiz where you actually type in your answer. So, I thought we could like come up with the best answers together. I don't know how they grade this. It's probably not AI, just because it's wikiHow. And they only have like—

**Travis:** It's graded by like a professor? What are you talking about?

**Griffin:** It's possible, but I don't know how—

**Travis:** Is it essay questions?

**Griffin:** I mean, it can be an essay, if we want to write an essay, but that would probably not be great audio. So, let me hit you with this. You come across one of these dating profiles, what's your opening line? We got Rebecca, 25, creative director at Wiki Picky. "So, here's my story. I'm a teacher by day and a wannabe Reiki master by night. A native Oregonian, I couldn't live without my daily barefoot walk in the dewy morning grass. If you asked my friends, they'd say I'm a typical Libra with Aquarius tendencies." Or Michael, 28, he's going to University of Colorado Boulder. "I'm a competent, passionate and funny person. I teach Taekwondo and do stunt work in films and television. You know, all those times you see a naked man-butt on screen? Yup."

**Travis:** Is there—is it rizzler to be like, "Pass." [chuckles]

**Griffin:** Oh, that's cool. I kind of don't hate that. "Pass. Next."

**Justin:** Swipe whatever direction means you don't like it. I'm sorry, I got married in 2005. Okay.

**Travis:** Yeah, either one of those people, I'm sure, is special for someone. Not for me.

**Griffin:** Oh, we could also do this, we could be like, Rebecca, you should hit Michael up.

**Travis:** Oh, yeah, you two would get along great!

**Justin:** That is a cute pairing. I wish you could pick—yeah.

**Griffin:** He teaches taekwondo. And you know the butts you see on TV? Go for it.

**Justin:** Hey, Griffin, I think you stumbled on something really good. Quick sidebar?

**Griffin:** Yeah.

**Justin:** A killer version of those apps would be like—I would do the dating apps if I didn't do the dating.

**Griffin:** Shit, yeah!

**Justin:** I just saw people and I'm like, ooh!

**Travis:** [chuckles]

**Griffin:** That's cool, man.

**Justin:** And I got to do it. Can I do that? They don't need AI for that. I get—trust me—

**Travis:** No, no, no, no, I'll do it!

**Justin:** I'll do it! [chuckles] I'll do it.

**Griffin:** AI would not get it right, because AI would be like—

**Justin:** AI didn't get it right.

**Griffin:** AI would be like—

**Justin:** Let me do it!

**Griffin:** "They both like Seinfeld. Kiss-kiss!" And you know like—

**Justin:** I'll do it.

**Griffin:** There's more shit.

**Justin:** They've just got to tell me everything.

**Travis:** Man, I'll take it a step further and pay for the like premium version. And I'll like Impractical Jokers in your ear tell you to say on the date.

**Griffin:** Yes. Fuck yes. Or—

**Travis:** Please.

**Justin:** Yes!

**Griffin:** Alternatively, after you do the matching, those two have to get married at first sight. We'll be there every step of the way to help them through this challenging romance journey. [chuckles]

**Travis:** [laughs]

**Justin:** We'll de Bergerac their whole marriage if that's what it takes.

**Griffin:** Their whole thing.

**Travis:** The whole deal, man! Beginning to end! It's like The Sims, but real life!

**Griffin:** You're calling someone you're interested in. How do you make them smile?

**Travis:** Um... I validate their feelings.

**Griffin:** Validate their feelings...

**Travis:** And I listen and don't try to fix their problems.

**Justin:** No, stop, he's just talking a bunch of nonsense.

**Travis:** What?

**Griffin:** Okay, so I just wrote everything Travis said—

**Justin:** This is—am I going in on cold approach?

**Griffin:** Yeah, make 'em smile, Juice.

**Justin:** Hard neg. [titters] Hard neg early.

**Travis:** Okay.

**Griffin:** Hard neg...

**Justin:** Hard neg early.

**Travis:** My next is going to be—

**Griffin:** Early.

**Travis:** Ask them about their day and be actually interested but—

**Justin:** [titters] Smile uncomfortable. Defensive smile.

**Griffin:** Defensive smile? Okay, so, so far I have—

**Justin:** Hey, a smile's a smile! [titters]

**Griffin:** Okay, so I got validate their feelings and listen. And don't try to— just kidding! Hard neg early. A smile is a smile.

**Justin:** [chuckles] Even an uncomfortable—

**Griffin:** Next. We're on the next one. What's your favorite question to ask on a first date?

**Justin:** I don't think that accurately—I think if Travis and I could have workshopped that a bit, we could have—

**Griffin:** Well, that would take too long. So what's your favorite—

**Travis:** Yeah, Justin, when you're on the date, you don't have time to workshop.

**Justin:** That's true! That's true. But that's why we're taking a quiz, right? And not on a date.

**Griffin:** What's your favorite question to ask on a first date?

**Travis:** Let me remember 15 years ago...

**Justin:** I would ask my first date the same question I ask all strangers. What food could you eat the most of?

**Travis:** That's pretty good.

**Griffin:** Do you eat the most of... They're gonna be confused by that. Can we like flesh it out with like, for instance—

**Justin:** Well, I guess you could say like what food could you eat—win an eating contest of? Because that's usually if people need more clarification, that's what I—

**Travis:** Yeah, I like that.

**Griffin:** Could you win an eating—I mean, do you a—

**Travis:** You have to win?

**Griffin:** Do have an answer locked and loaded for this?

**Justin:** Yes.

**Griffin:** What?

**Justin:** Yes. Obviously. You think I'm going around asking people that without having an answer?

**Griffin:** Are you stalling right—

**Justin:** Munchos.

**Griffin:** Nachos?

**Justin:** Muncha.

**Travis:** Munchos.

**Justin:** Munchos.

**Travis:** Huh.

**Justin:** I ate like four bags of Munchos. I don't care.

**Griffin:** The amount of oil—

**Travis:** Yeah, Justin, you're a fuckin' rebel, dude!

**Justin:** I'm a lunatic. You don't know what I'm capable of. You know what else—you know what my real answer is? I just changed it. Because I'm hungry. Peanut butter pretzels? Oh!

**Griffin:** Holy shit, dude, I drained a bucket of those the other day. So good.

**Travis:** If I could get—

**Justin:** Was it Utz?

**Griffin:** Ut—no, it was—

**Travis:** If I could get like a Novocaine shot that would like numb my jaw to any kind of jaw pain? Fuck, there's no stopping me with those.

**Justin:** Okay, yeah, right. I would need some sort of lubricant—I, man—

**Griffin:** Pretzel lube?

**Justin:** Sydne and I were talking about this. She got mad at me because I said, "I just need something to keep my mouth wet."

**Griffin and Travis:** [chuckles]

**Justin:** She said, "Don't say that." And I was like, "But, I mean..."

**Travis:** We have to acknowledge the problem—

**Justin:** You know what I mean, right? I just gotta keep my mouth wet—

**Travis:** Yeah.

**Justin:** Somehow.

**Griffin:** It is the human condition that we spend every moment of our life balancing the dryness or wetness of our mouth with food or drinks. And pretzels throws that shit—



**Travis:** Soak 'em—

**Griffin:** So far off balance—

**Travis:** Soak 'em in milk!

**Griffin:** But it's—

**Travis:** Eat it like cereal.

**Griffin:** So good, though.

**Justin:** Everybody's always looking—when you're perusing for snacks, it's actually like, this is this time-honored American tradition where you're like going to the gas station and you're like, "So what snacks do you want?" And then you look at the snacks for a long time. You just want peanut butter filled pretzels!

**Travis:** Yeah, man.

**Griffin:** Because they taste good—

**Justin:** That's all you want!

**Griffin:** Taste good—

**Justin:** Go get 'em!

**Griffin:** Fills you up if you need that.

**Justin:** Fills you up.

**Travis:** Protein.

**Justin:** Fills you up.

**Travis:** Good for the gym!

**Griffin:** Protein. So I'm gonna—hold on, let me—[chuckles]

**Travis:** Type that all out.

**Griffin:** I have; what food could you eat the most of? What food could you win an eating contest of? Munchos. Or PBPs. So thirsty good. Next. "You see your gym crush working out. How do you make the first move?"

**Travis:** Don't.

**Travis:** That's a quick one, and I agree, and we'll move right on. "You spot someone cute in a café. How do you approach them?"

**Travis:** Is this seat taken? Is that...

**Griffin:** You're pointing at their seat—

**Justin:** Griffin. Griffin. Griffin. Griffin.

**Griffin:** You're pointing at the seat they're sitting in.

**Travis:** No?

**Justin:** Griffin. Serpentine.

**Travis:** That's the best approach?

**Griffin:** What does that approach?

**Justin:** Yeah, that's the approach. You got to go in, veering back and forth. They can't see you coming.

**Griffin:** Oh, that's cool.

**Justin:** And then you're next to them like—

**Griffin:** Serpentine. Maybe slice the pie.

**Justin:** Slice the pie, that's good.

**Travis:** Wait, you're next to them on the same side of the table?

**Griffin:** Watch your angles. Actually, if I could show you guys the image. Hu/ Can you screenshare in Riverside? Yes, you can.

**Justin:** Yeah, click share.

**Griffin:** If you look, actually, it does look like a man is kind of like—

**Travis:** Oh, yeah!

**Griffin:** He's kind of doing a little Solid Snake—

**Travis:** It looks like a two-way mirror?

**Griffin:** Yeah—

**Justin:** Okay, I have to—sorry. This is completely different. This is a completely different question than the text would imply. The text says, "You spot someone cute in a café. How do you approach them?" Absolutely fair. But in the image, what becomes clear is that you are outside the café and the person is inside the café. That's different.

**Travis:** Ding! Door swings open. "Hey! Hey! [chuckles] You're so cute!"

**Griffin:** [chuckles]

**Justin:** That's different. It's not a girl shop, you can't. Like, right? Like, you can't.

**Travis:** They are also reading a book, which is the universal sign for like, "I would like to be left alone."

**Griffin:** "Please, no." Okay, so how do you approach them? Go the opposite direction... forever.

**Travis:** Yes, if it's meant to be, you'll meet—write your phone number in a book. They like books.

**Griffin:** Wait for—

**Travis:** Sell the book at a nearby—

**Justin:** It's called serendipity.

**Griffin:** Wait for serendipity.

**Travis:** Yeah.

**Griffin:** It'll happen. Keep your...

**Travis:** Grades up.

**Griffin:** Stay prayed up... and just wait.

**Travis:** Keep your grades up.

**Griffin:** Keep your grades up. Yeah, sorry, I should be putting that at the end of each of each of those. "It's your partner's birthday. What thoughtful gift do you give them?" Yeah, right. Like, I'm gonna waste one of those on our fucking podcast. Nice try. Like I'm gonna turn one of those into a joke and not an actual thing I do.

**Travis:** I'm gonna give them... time away from me.

**Griffin:** Oh, that's sad.

**Travis:** To go spend with their friends, yeah.

**Griffin:** That makes me sad, Trav.

**Justin:** That's sad, man. You're better than that.

**Travis:** What?

**Griffin:** You're better than that. It's Blue Collar Comedy Tour. Like, you're better than this.

**Justin:** Yeah, here's—

**Travis:** I'm—hey, guys? I'm clearly not, or they wouldn't need the day away from me. You know what I mean? I can be a lot.

**Griffin:** Oh, man... Yeah, it just hurts to hear it. It makes me sad to hear it.

**Travis:** Okay... The picture shows flowers, so just say flowers.

**Griffin:** I guess so.

**Justin:** Yeah...

**Travis:** Write flowers, like in the picture.

**Justin:** I mean, the thoughtful thing implies that I'm thinking about them, and I can't thought about them in this hypothetical situation, right?

**Travis:** A specific thing for their specific tastes.

**Justin:** Yeah. You know, like something they'd like.

**Griffin:** They should make a shop where you go in and then there's just like a billion flowers to pick from. And it's like you're at the Lego store or at Cold Stone. And then you can put a bunch of different flowers together. [chuckles] And then you can take those and be like, "I put a lot of thought into it. I picked each of the flowers in this thing."

**Travis:** There you go. I think too—man, let's put some of those internet sleuths out there to work. I wish I could go into a store and give them like all of Justin McElroy's socials. And then be like, "In 20 minutes, give me like a list of recommendations for gifts that Justin would like."

**Justin:** Are you saying like a private detective gift—

**Travis:** Yes.

**Justin:** Advisor? That's so good, Travis.

**Travis:** Yes!

**Justin:** This sucks! You know why we're never gonna be rich? It's just because of this stupid fuckin' podcast.

**Travis:** Yeah, we're giving it away.

**Griffin:** [laughs]

**Justin:** If it weren't for this dumb ass podcast, 80 times in my life already I would've picked up the phone and been like, "Travis, you're never gonna believe it. We never have to work again. Eh!" And there's like—that's it. We're rich.

**Griffin:** Flowers like in the—

**Justin:** Like those two blind brothers on Facebook all the time? That could have been us! We're brothers?!

**Griffin:** What are you talking about, man?

**Justin:** Two blind brothers. It's a clothing company. They're brothers also, but they got rich. [chuckles] And we did this stupid show.

**Travis:** We should have done that. Should have gotten rich.

**Griffin:** I'm not on your algo, Juice? Your algo is your way that you've crafted—

**Justin:** It's a—hey, this is a—this is a well-known clothing—this is just—this is—

**Travis:** Okay.

**Justin:** This is a well-known... well-known thing.

**Travis:** Okay!

**Griffin:** Okay, I got flowers like in the picture, customized them, like a Cold Stone private detective gift advisor—I lost the plot.

**Travis:** No, you nailed it.

**Griffin:** "You're in charge of the next date. Where do you plan to sweep them off their feet?"

**Travis:** What do you do to sweep them off their feet? That that's easy. You're going for the ankles.

**Griffin:** Go for the ankles.

**Travis:** You wanna to go like a leg kick, or maybe like a shoulder throw too would work.

**Griffin:** Get the waiter to kneel down behind them for a classic bully's push.

**Justin:** [chuckles]

**Travis:** I love that.

**Justin:** The classic bully's push.

**Travis:** The classic bully's push.

**Griffin:** Dude, can you even imagine the first time—it was probably like 1780 and there was a kid who was like pushing his friend, but another friend was tying his shoes behind him. And it was totally an accident, but those two looked at each other like, "Whoa."

**Justin:** Whoa.

**Griffin:** "We've really stumbled on something powerful."

**Justin:** Yeah, "That's how we bring the big kids down. Us two—"

**Travis:** Benedict bully, you nailed it.

**Justin:** "Smaller kids can work against them."

**Griffin:** [chuckles] Okay, last one—

**Justin:** I would actually say that trick, the—I don't think of it as a bully's shove, right? I think of that as like a David and Goliath style technique, that you could just use to—

**Travis:** Oh, it's the way to take out?

**Justin:** Get a big guy—

**Griffin:** Well, it would be like David and Greg and Goliath. [chuckles]

**Travis:** [titters] Goliath.

**Justin:** And Goliath, right!

**Travis:** V Goliath.

**Griffin:** You do need a—you need a couple Daves in there. "Your partner is having a bad day. How do you cheer them up?" Last one.

**Travis:** Hold them.

**Justin:** Why—I just swept them—

**Travis:** Accountable.

**Justin:** Off of their feet. Why are they still so sad? [titters]



**Griffin:** Hold them comfortable, Travis.

**Travis:** I said accountable, but...

**Griffin:** Accountable. [titters]

**Travis:** [chuckles] Comfortable works.

**Griffin:** For their sins.

**Justin:** [chuckles] And then come and make them comfortable. I would like them to be comfortable, while they're accountable.

**Travis:** Yeah.

**Griffin:** Okay. So they're doing some reflection...

**Justin:** [chuckles]

**Griffin:** And you're—

**Justin:** Sorry, Griff. Sorry, quick sidebar. I would like to reverse the clauses so that they are comfortable. [chuckles] And then you hold them accountable for their sins. Because I feel like—

**Travis:** Yeah. Yeah, yeah, for balance.

**Justin:** The accountability is gonna flow a lot better if they're already physically comfortable.

**Travis:** You want them to let their guard down before the accountability starts.

**Justin:** There's no—yeah. If the accountability happens—

**Griffin:** While you hold them accountable for their sins.

**Travis:** Yes.

**Griffin:** Okay, cool, all right. Let's see how we do!

**Travis:** Okay.

**Griffin:** An Amex ad, not gonna sign up for one of those... This is my reward—[chuckles] according to this ad window. Oh, no!

**Travis:** Ooh boy.

**Griffin:** We got a 22 out of 100. Your rizz is terrible.

**Justin:** On what metric? I gotta see a little bit more context.

**Griffin:** Yeah, I'm sure that they have the machine learning fuckin'—

**Travis:** Yeah, breakdown.

**Griffin:** Breakdown No, I mean, they just said, "Have you interacted with a person before? Your responses came off as confusing and at times rude."

**Travis:** What?

**Griffin:** Just because you don't understand something doesn't mean it's confusing.

**Travis:** And now you're talking about it. So tell me who's rizz is bad, computer? Because you're still thinking about it, computer, trying to understand it. That's rizz, baby.

**Justin:** It is why—this is the number one thing that computers should not be telling us how to do.

**Travis:** Talk to human beings?

**Justin:** Can we agree on that? Like, there's nothing... we can barely figure this out, and we got like a thousand super computers. There's no way that a computer should be telling me about rizz. It's the last human frontier.

**Travis:** Thank you.

**Griffin:** Yeah.

**Travis:** I wouldn't tell a computer how to seduce another computer?

**Griffin:** Yeah.

**Justin:** And we'd have to pick—

**Travis:** I mean, I'd watch.

**Justin:** The Cylons out from us.

**Travis:** I'd watch for sure, but—

**Justin:** It's the rizz. That's what separates us.

**Travis:** Yeah.

**Griffin:** I don't know, man—

**Justin:** You don't know how we're selling these lines?

**Travis:** Yeah, to be fair—

**Griffin:** I saw Battlestar Galactica, man, they can rizz with the best of 'em.

**Travis:** They rizz pretty hard, dude.

**Justin:** Whoa, you just did an incredible impression of the XO while you were doing the—"Yeah, I know where the Cylons are. They got all the rizz."

**Travis:** "They're rizzing everywhere!"

**Griffin:** "My spine glows all red whenever I get a boner."

**Travis:** [chuckles]

**Griffin:** That's my next aug.

**Travis:** [laughs]

**Justin:** Let's take a break.

**Travis:** A hog aug.

**Griffin:** Next time I aug my hog, I'm getting that glowing spine stuff, baby.

[theme music plays]

**Justin:** If you are in the market for a holiday gift for someone you love, or maybe just yourself, I'm gonna stride out of the shadows and take you by the hand and say, come on, we're going to Aura Frames. Because they are a fantastic company, voted, actually, the number one digital frame by Wirecutter. Believe it or not.

**Travis:** I do believe it.

**Justin:** I'm glad you do, Trav, because it's 100% true. It's a great gift because you can set it up beforehand, even if the person's not super tech savvy. You can plug in their Wi-Fi info, all that stuff, before. And then after you give it to them and plug it in, you can shoot them pictures from all over the world using the Aura app. Right after you take them, you can just zip them over to your friends and family's frames. The person doesn't have to know a lot about technology, they just have to love seeing new pictures of you. It's a great way to keep people in the loop.

**Travis:** I don't often give guarantees like this, but this is a Travis McElroy guarantee that an Aura frame, there's almost a 100% chance that you're not going to accidentally eat it. So like, that's huge.

**Justin:** That's... true. That's true. You're almost probably never going to eat these. Save on the perfect gift, in-edible gift—

**Griffin:** They don't look tasty. They don't look like good—they would be good eating.

**Travis:** That's what I'm saying, you're not gonna do it.

**Justin:** Unless you have a picture of food on there? Unless you have a picture of food?

**Travis:** Oh, shit!

**Justin:** Save on the—

**Travis:** Fuck!

**Justin:** Perfect gift by visiting [auraframes.com](http://auraframes.com). Buy two, in case you eat one, and you'll get \$35 off Aura's best-selling Carver Mat frames by using promo code My Brother at checkout. That's [auraframes.com](http://auraframes.com), promo code My Brother. This deal is exclusive to listeners, so get yours now in time for the holidays. Terms and conditions apply.

**Griffin:** For real, God's honest, the fuckin' screamsheet I went on to fight this ripper doc, guys, for my modification, was in fact Zocdoc. I did go on Zocdoc, and I said—

**Travis:** Whoa! More like cock doc. I'm so sorry. Listen... Listen, Zocdoc, if you're listening, I'm sorry. My brothers, my family. I've decided to take some time off to reflect on my choices. Spend some time with my wife and kids. I'm so sorry for everything I've done. I'm just going to live here in this moment.

**Griffin:** We're all in this moment, aren't we? You've all made us part of this moment. You've trapped us in this moment, like the jaws of an ant lion.

**Travis:** Yeah, yeah, yeah.

**Justin:** I've already done an advertisement, and I'm not gonna do your guys' work for you.

**Griffin:** Dude, it is not about the work! I was revved up and ready to go. Zocdoc was listening. The fuckin' boss of Zocdoc was like, "Yes, yes, yes, they're going to do one actually like with a very present experience."

**Justin:** "This is a good one. This is a good one."

**Griffin:** "This is gonna be a good one!"

**Justin:** Yeah. And what sucks is like, at this point, he now has realized like, he got excited when he was like, "Wow, a four minute ad? We're really getting our money's worth." [chuckles] Like at this point he's relaizing—

**Griffin:** Oh, I hope someone told him.

**Justin:** [chuckles]

**Griffin:** I hope someone told him. Zocdoc is a place you go to find medical practitioners for whatever you need in your area. And then you can find out if they're like in-network for you. And then you can—sometimes you can just book your appointments right fuckin' there on the app. I said, I am looking to sterilize, baby! And Zocdoc was like, "Here's your guy. Catch you Tuesday." Well, it was—first I had to do a consultation.

But then I did it. Anyway, I found the guy on Zocdoc. I found most of my medical folks, my team, as I call them, here in D.C., on Zocdoc. Because it's really, really easy. And if you live in a big city and you struggle to find that, you should do it too! Zocdoc is a free app and website where you can search and compare high-quality in-network doctors, choose the right one for your needs, click to instantly book an appointment.

Talking about in-network appointments with more than 100,000 health care providers across every specialty, from mental health to dental health, eye care to skin care, and much more. Plus, Zocdoc appointments happen fast, typically within just 24 to 72 hours of booking. You can even score same day appointments. Stop putting off those doctor's appointments.

**Travis:** And again, I'm sorry, Zocdoc, if you're listening. And apologies.

**Griffin:** And that boss was probably like, "Well, at least they'll get through the call to action without interruption—oh, no!" Stop putting off those doctor's appointments. Go to [zocdoc.com/mybrother](http://zocdoc.com/mybrother) to find and instantly book a top-rated doctor today. That's [zocdoc.com/mybrother](http://zocdoc.com/mybrother). [Zocdoc.com/mybrother](http://Zocdoc.com/mybrother). Travis, anything else you want to say?

**Travis:** Yeah, just again—

**Griffin:** Anything else?

**Travis:** Just again, I'm so sorry.

**Griffin:** Okay!

[break]

**Dave Holmes:** Oh my gosh! Hi, it's me, Dave Holmes, host of Troubled Waters, the pop culture battle to the ego death. Okay, everybody, word association with Troubled Waters. First one to fumble loses. Go.

**Riley:** Comedy.

**John-Luke:** Panel show.

**Christian:** Guests.

**Riley:** Celebrities.

**John-Luke:** Games!

**Christian:** Oh, sound rounds.

**Riley:** Improvised speeches!

**John-Luke:** Puns disguised as trivia.

**Christian:** A very niche Flash Gordon clip.

**Riley:** Chappell Roan!

**Dave:** Ah, no! Riley, I'm sorry, she will not return our phone calls. I am afraid you're out.

**Riley:** A girl can dream.

**Dave:** Oh, but dreaming will not earn a girl any points. Troubled Waters! Listen on Maximum Fun or wherever you get your podcasts.

[break]

**Rachel:** [in a silly voice] I'm Yucky Jessica!

**Griffin:** [in a silly voice] I'm Chuck Crudsworth!

**Rachel:** And this is...

**Rachel and Griffin:** Terrible!

**Griffin:** A podcast where we talk about things we hate, that are awful!

**Rachel:** Today we're discussing Wonderful, a podcast on the Maximum Fun Network?

**Griffin:** Hosts Rachel and Griffin McElroy, a real-life married couple—

**Rachel:** Yuck!

**Griffin:** Discuss a wide range of topics, music, video games, poetry, snacks.

**Rachel:** But I hate all that stuff!

**Griffin:** I know you do, Yucky Jessica!

**Rachel:** It comes out every Wednesday, the worst day of the week. Wherever you download your podcasts.



**Griffin:** For our next topic, we're talking Fiona, the baby hippo from the Cincinnati Zoo.

**Rachel:** I hate this little hippo!

[break]

**Justin:** How about another question?

**Griffin:** Please.

**Justin:** "My fiancé proposed to me at the local tree farm while we were there picking out a Christmas tree. He had everything planned and put an incredible amount of effort in making it perfect. He led me to look at a specific tree he'd already picked out ahead of time that had a scenic background and a sunset behind us. Of course, I said yes. But brothers, how do I tell him I hate the tree?"

**Griffin:** Fuck.

**Justin:** That's from Pine Proposal Pickle in The Palouse.

**Griffin:** You've already... shit, man. Can we just lay out sort of a blanket? This is—obviously, we've been doing this for a long time. We have a lot of kind of like best practices when it comes to writing a question to MBMBaM. I think a question you should ask yourself before you submit anything to us is; by sending this question into da boys, am I creating or otherwise dramatically extending the paper trail of this quandary that I am stuck in?

**Justin:** Right.

**Griffin:** Because—

**Travis:** That's true, because now we're complicit.

**Griffin:** We're complicit! You have tied our hands behind our own backs to say anything except, well, he's gonna find out.

**Justin:** Yeah.

**Griffin:** He'll find out at some point. And you might have gotten away with it too, if it weren't for these darn kids—

**Travis:** And you know, if you—

**Griffin:** Who you voluntarily emailed your issue to.

**Travis:** If you had sent this email in like three weeks ago like, "My boyfriend keeps coming home smelling of pine, and I'm finding like wedding ring receipts everywhere." I think he's gonna propose to me at a Christmas tree farm in front of a tree, but I want to make sure it's a good tree. If it's an ugly tree, I don't know what to do." *Then* you would've had options.

**Griffin:** Yeah.

**Justin:** I think the bigger question mark for me that I don't know, besides the fact that—is there a picture of the tree?

**Travis:** No. None was included.

**Justin:** Interesting, okay. So other than that, I would ask... man, I thought I was gonna sneeze. God, don't you hate that?

**Travis:** Oh, I'm so sorry.

**Griffin:** Holy shit, man, for real, I thought you were having an emotional moment.

**Travis:** I thought you were having a tiny heart attack.

**Justin:** No, I thought I was gonna bust a good—I thought I was gonna—oh, man, that sucks.

**Travis:** No, you just like touched your chest in a way that was like, is he—

**Justin:** I was gonna bust—

**Griffin:** You touched your chest and you like licked your lips. And I was like, is this man about to bust tears right now?

**Justin:** I thought I was gonna bust.

**Travis:** I thought he was—I thought you were having a medical—a tiny medical emergency.

**Justin:** I thought I was gonna bust a great sneeze!

**Griffin:** But that was just a little sneeze?

**Justin:** For me, the number one question is, is it decorated yet or not? Because I *hate* decorating Christmas trees!

**Griffin:** Whoa. [chuckles]

**Justin:** I'm sorry, guys, I hate that shit! There's a thousand of 'em, and you have to put them all up, and then a month later take them all down? I hate that shit. If I wanted to do this, I would clean my house.

**Travis:** Now, here—

**Justin:** It's just making a mess and then cleaning it back up later. I *hate* doing that. So if it's already decorated, fuckin' who cares?!

**Travis:** Here's what I—

**Justin:** If it's not decorated, we can have a talk. We can talk.

**Travis:** Here's what I'll throw out, because we have artificial tree—

**Justin:** You're so close to the camera, Travis.

**Travis:** Thank you.

**Justin:** And it is giving the entire show this wild energy. [chuckles]

**Travis:** We have an artificial tree. And there is always a moment, there is a period of time when tree comes out of box, and you have to start spreading everything out. Where when I start, I'm so committed to like as I spread, it's gonna look perfect.

**Justin:** 100%.

**Travis:** And then I get like a third of the way through and I'm like, this is fine.

**Justin:** One of the hardest ones to explain to the aliens I think is fake tree to look like real tree. And they're like, "Why would you ever have real tree in house?" Like, I know, I know, I know.

**Griffin:** I do the same thing—

**Travis:** That's because they don't know about the fluffer process—

**Griffin:** You gotta fluff it!

**Travis:** That you have to go through every year.

**Griffin:** I only ever fluff the bottom third, though, giving it a sort of flirty Farrah Fawcett kind of flick at the bottom. I also—

**Justin:** A flirty Farrah Fawcett flick?

**Travis:** Yeah, man.

**Justin:** Fuck!

**Griffin:** I also wear work gloves now when I do the fluffing process. I learned that—

**Justin:** Yeah, work gloves and long sleeves are a must for fluffing.

**Griffin:** Fucks your arms up otherwise. So fluff it, have you not—well, it's a real tree. You can't really—it's harder to fluff a real tree, huh?

**Travis:** Is there a good side to it?

**Justin:** It harder to fluff a real tree—what?

**Travis:** Is there a good side to the tree, that maybe if you display that side and like—

**Justin:** Ooh, is there a good side of the marriage? That's the better question. [chuckles]

**Travis:** Well, this is fun—

**Griffin:** Is there a good way to spin this whole stinker of a situation of like, "It's not reflective of the future love we share." It's funny, actually.

**Travis:** If you find the good side, though, that's a good story to do at like, you know, the wedding reception—

**Griffin:** Wow.

**Travis:** Where you're like, you know, "Just like Derek, at first I thought this tree was a real garbage heap. But then I found a way to kind of fix it."

**Justin:** The secret, I think, to happy marriage that I think is a—this is actually a really good time to learn this, I think.

**Travis:** Oh, okay?

**Justin:** Is—

**Griffin:** Fuck yeah, man!

**Justin:** When you—

**Travis:** Now here comes that emotional moment, Griffin.

**Justin:** When you feel—

**Travis:** This is it. This is it.

**Justin:** When you feel something that you feel like might make the other person feel pain or discomfort, and this is really... I guess with every relationship. [titters]

**Travis:** Oh, he's crying.

**Justin:** You can, you—the trick is, I think, as you get older, you learn the truth is to make yourself not feel that. You know what I mean? [chuckles]  
So—

**Travis:** Huh?

**Justin:** So if in your marriage or friends, or whatever it is, if you think like, "If I say this about the tree, it would hurt them." And you know that's true.

**Griffin:** Right.

**Justin:** I think the secret is to look deep down in yourself and change that feeling. [chuckles]

**Griffin:** Sure. Where do we—

**Justin:** So as to not make others—

**Travis:** To just—

**Justin:** Any others feel—

**Travis:** Your own—so you're saying like your own needs and wants and like stuff that'll make you happy.

**Griffin:** It doesn't always have to be that.

**Justin:** They're only needs and wants before you change them.

**Griffin:** Yes.

**Justin:** Do you understand, Travis? [chuckles]

**Travis:** Huh.

**Griffin:** Now they're just... memories.

**Justin:** [laughs] Memories! It's a different guy—

**Travis:** [laughs]

**Griffin:** Stuff I had. Stuff I liked once.

**Justin:** That wanted this thing, right?

**Griffin:** I will say, Juice, if you could—

**Justin:** Different guy.

**Griffin:** And we're recording this, which is awesome, because this is an energy you're going to need to channel when we're in the boardrooms of the investors for our matchmaking get married at first sight app. If you can bring this heat, we're going to be batting one thousand in a way. And soon—

**Justin:** My Brother, My Brother and Me. Feel different. You know what I mean? It's like, it's—

**Griffin:** Together.

**Justin:** Together. Feel different together.

**Griffin:** It's huge!

**Justin:** [mouths Munch Squad riff]

**Griffin:** Yes.

**Justin:** [continues riffing]

**Griffin:** Yes.

**Justin:** [continues riffing and sings] I want to munch.

**Travis:** Squad!

**Griffin:** I've never seen the transformation before.

**Justin:** [continues riffing and sings] I want to munch!

**Travis:** Squad!

**Justin:** [concludes riffing] [as Count Donut] My cape is draped over the side of my chair—

**Travis:** It's a beautiful cape.

**Justin:** [as Count Donut] And it made it look like I have a growth. Hello.

**Travis:** Very velvety.

**Griffin:** It is. And I don't remember seeing those—

**Justin:** [as Count Donut] Welcome to munch—

**Griffin:** Band leader buttons on it.

**Justin:** [as Count Donut] Podcast...

**Travis:** You sound kind of sick—

**Justin:** [as Count Donut] They're epaulets. [chuckles]

**Travis:** Are you okay?



**Justin:** [as Count Donut] They're epaulets, Griffin.

**Griffin:** I'm sorry. Do you have walking pneumonia, Dracula? I mean Count Donut.

**Justin:** [as Count Donut] I'm trying to speak.

**Griffin:** Oh, sorry.

**Justin:** [as Count Donut] Welcome to Munch Squad. The podcast within a podcast, profiling the latest and greatest in brand eating! My name is Count Donut. Today I'll be speaking to about a new offering in the world of donuts.

**Travis:** This is very professional.

**Justin:** [as Count Donut] Thank you.

**Travis:** We don't normally get this kind of Shark Tank presentation.

**Griffin:** Yeah, usually you like fly out of our brother's chest.

**Justin:** [as Count Donut] I normally—I'm coming to you, I feel a little bit out of sorts. And I'm going to be leaning on you to provide some much-needed context for me.

**Travis:** Oh, okay.

**Griffin:** I mean, we'll do what we can.

**Justin:** [as Count Donut] I'm going to share a picture because I think it communicates much more quickly. This Christmas season—but not yet.

**Travis:** Oh.

**Justin:** [as Count Donut] "This Christmas season, every Who down in Whoville will cry out whoo-hoo, because they had Krispy Kreme's new collection. And so could you! There's a mischievous grynch who likes cookies and—"

**Travis:** A what?

**Griffin:** [laughs] Ow! Count Donut, don't make me laugh so hard. My balls hurt!

**Justin:** [as Count Donut] "A mischievous grinch who likes cookies and cream. And Cindy-Lou Who is a Merry Berry dream. Our fan-fave Santa Belly is back and busting with Kreme. And meet Grinchy Claus—"

**Travis:** Did you say Mary Berry, like the former judge on Great British Bake Off?

**Justin:** [as Count Donut] "Meet Grinchy Claus with sprinkles red and green. Beginning Friday, November 29<sup>th</sup> for a limited time at participating Krispy Kreme shops."

**Travis:** Wait, before you show the image, Count Donut, can I make a guess? Two of them will be like really well detailed and themed. One will be sort of themed. And one's like really phoned in.

**Griffin:** A color that is typically associated—

**Justin:** [as Count Donut] Well, how interesting. Let me summon up a picture of them to see just how far off the mark you could possibly be! Not at all!

**Griffin:** [laughs] Ow, fuck!

**Justin:** [as Count Donut] The answer is, exactly! [chuckles]

**Griffin:** These shitty donuts made me laugh and then it made my body hurt. That sucks, dude.

**Justin:** [as Count Donut] Santa Belly is a red one with a belt across. There's three glazed, just for the fucks of it.

**Travis:** [titters] Yeah.

**Griffin:** Yeah. [chuckles]

**Justin:** [as Count Donut] Just for the—[chuckles] we all know what that one tastes like, right?

**Griffin:** Now, I do—I am curious, Count Donut, which of these sort of makes you the most kind of hungry, vis-à-vis kind of like consuming the flesh of—

**Justin:** [as Count Donut] Well, let me—I will answer your question, with a quote. And then more talking. It's from Dave Skena, who says—

**Travis:** Oh, yeah.

**Justin:** "Who wants to celebrate Christmas with Krispy Kreme?! Our Merry Grinchmas doughnuts are guaranteed to make even the Grinchiest Grinch smile."

**Justin:** [as Count Donut] Said Dave Skena, Krispy Kreme global chief brand officer.

**Justin:** "At Krispy Kreme, you're a sweet one, Mr. Grynch."

**Justin:** [as Count Donut] So guys, who is this Grynch?! Who is the Grynch?!

**Griffin:** Okay, okay, okay, okay—

**Justin:** [as Count Donut] Who is the Grynch?! Everyone is—I only know of Santa! And then there's a man who looks like him, but he's a Grynch!

**Griffin:** Yeah, okay. Let's—

**Travis:** I don't think he's a—I think he's *the* Grinch.

**Justin:** [as Count Donut] The Grynch!

**Griffin:** I don't think there's—there's not more than one graynch, there's just the one. So, I do think you would actually enjoy this character a lot, Count Donut. He lives in solitude.

**Justin:** [as Count Donut] I love this.

**Griffin:** At the peak of a mountain. He plays an organ.

**Justin:** [as Count Donut] Hm? Very—so, he's old money.

**Travis:** Mount Crumpet, I think?

**Justin:** [as Count Donut] Trying to find a mountain these days is impossible. He's old money. I love this.

**Griffin:** It's, he was grandfathered into the mountain. His parents laid him there in an egg he came out of.

**Justin:** [as Count Donut] Rent controlled.

**Griffin:** So, yeah, sort of a rent control. But he plays the organ, and he really resents all of the stupid villagers.

**Travis:** Yeah, the commercialism, really.

**Griffin:** The commercialism. But he also just doesn't like the people very much. And—

**Justin:** [as Count Donut] He hates Christmas!

**Griffin:** He does hate that.

**Justin:** [as Count Donut] This is my—what does he do? What the story?

**Travis:** He commits grand larceny.

**Griffin:** He steals the whole fucking town. Like he steals the whole town. All their shit.

**Travis:** And now, here's the thing! Here's the thing. Who apologize—

**Justin:** [as Count Donut] This, wait, I... this is a great—this man sounds like a—this grynch, he sounds like a great criminal.

**Travis:** Well, he is.

**Griffin:** It's actually pronounced grinch.

**Travis:** Grinch.

**Griffin:** It's pronounced grinch. It's a soft I.

**Justin:** [as Count Donut] Grinch...

**Travis:** He lies to children. He sneaks in through—

**Justin:** [as Count Donut] Greench! Is this right? Greench!

**Travis:** Nailed it.

**Griffin:** Yeah.

**Travis:** And—

**Justin:** [as Count Donut] Greench!

**Griffin:** Can you say donkey for me, Count Donut? Just out of curiosity.

**Justin:** Donkey.

**Travis:** Yeah.

**Griffin:** Whoa! [chuckles]

**Travis:** That sounded like it was one of those like how to pronounce this word videos, like on Youtube. "Donkey."

**Justin:** [as Count Donut] I used to watch those to fall asleep!

**Travis:** Donkey. So, it's—

**Justin:** [as Count Donut] There's a lot—there's—I never know which words will be—[chuckles] will be like that.

**Travis:** So The Grinch—

**Justin:** Donkey.

**Travis:** Is written from the point of view—

**Justin:** Step stool.

**Travis:** From the point of view of Who apologists, who are like, "The Grinch doesn't understand Christmas. The Whos really do. He steals stuff from them. They sing, then he learns the true meaning of Christmas. But really, the whole problem was their houses were filled with dumb shit that they were giving each other and playing with at Christmas. And then he kind of reminds them about the real meaning of Christmas.

**Griffin:** Wow.

**Justin:** [as Count Donut] The story sounds like a mess. Why does Santa allow him to operate?

**Travis:** Amnesty.

**Justin:** [as Count Donut] He's trying to turn a blind eye.

**Travis:** The Grinch is a confidential informant. So he gets away with a lot of stuff because he narcs to the cops.

**Griffin:** Who-ville is also so small that you could fit it on the head of a pin. And so, if Santa Claus tried to intervene in any way, he would absolutely obliterate the entire like world that they live on. Because he's—

**Justin:** [as Count Donut] So if I went—if I went to Dave Skena at Krispy Kreme, and I said, "David, why are three of the donuts plain?" He would say, "It's like Grinch joke."

**Travis:** Yeah.

**Griffin:** Yes.

**Justin:** [as Count Donut] Maybe that's what they would tell you, is like a hilarious Grinch joke.

**Travis:** Well, one of the donuts is also, from what I can see, a chocolate donut with kind of Christmas colored sprinkles.

**Justin:** [as Count Donut] Two of them are this. Two in the twelve pack.

**Travis:** An absolute like turd of white frosting. And then, it appears, just like a plastic Grinch on it.

**Justin:** [as Count Donut] It's probably not plastic, but yes.

**Griffin:** It's probably—yeah.

**Justin:** [as Count Donut] It's probably pressed sugar.

**Travis:** And you're not going to tell me that every time you order one of those Christmas tree donuts, that one of their donut technicians is setting down to intricately do a curved, perfect Christmas tree every time.

**Griffin:** That's the job. I am still curious, Count Donut, if you want to chomp in—I know you don't like to eat donuts, but one that is a sort of simulation of a man's torso.

**Justin:** [as Count Donut] No, thank you. I would—I feel like the Santa Belly full of goo is so sad. It's so—it makes me unpleasant to eat it and think of—

**Griffin:** Would you rather eat the head of the Gruynch?

**Justin:** [as Count Donut] I barely know this man. I can't talk into his face, I've only met him—

**Travis:** Wait, do you prefer to eat people that you know well?

**Justin:** I don't wish to eat any people. I just drink their blood? If you eat the people, they don't make more blood.

**Travis:** That's beautiful. That's true.

**Griffin:** Yeah.

**Justin:** [as Count Donut] On December 12<sup>th</sup>, Krispy Kreme will continue to spread the holiday cheer with the return of its annual 12/12 Day of Dozens. Offering guests—

**Griffin:** 12/12 Day of Dozens.

**Justin:** [as Count Donut] 12/12 Day of Dozens.

**Travis:** Okay, I see. Because it's on 12/12.

**Justin:** [as Count Donut] Offering guests one dollar an original glazed dozen when they purchase any dozen at regular price. This date has already passed.

**Travis:** There's no way you're making money on that, Krispy Kreme!

**Griffin:** No way.

**Justin:** [as Count Donut] No. Unless you're—unless they're just selling sugar and butter, in which case they're doing okay.

**Travis:** Okay, yeah, yeah.

**Griffin:** [chuckles]



**Travis:** Oh, Justin, you're back?

**Justin:** Hi. How's it going?

**Griffin:** Wow, usually, there's more fanfare—

**Justin:** Wow, there are some really delicious donuts on my screen here. Let me click these off, because I'm getting too hungry.

**Travis:** Justin, say step stool.

**Justin:** [as Count Donut] Step stool.

**Travis:** Whoa!

**Griffin:** It's backwards, yeah.

**Travis:** I knew it!

**Griffin:** Do you remember when Justin had that electricity accident?

**Travis:** Yeah.

**Griffin:** And it switched some of his stuff around backwards?

**Travis:** Yeah.

**Griffin:** That's one of 'em.

**Justin:** Here's a—here's the deal. We'd normally record longer, but it's December, okay? I got senioritis. [titters] I'm done.

**Travis:** It gets darker earlier these days.

**Justin:** It gets dark early, that means I have less daylight for podcasting. And the show's over!

**Griffin:** And every time I laugh, it does—it hurts downstairs.

**Justin:** And for some reason, I am extremely sweaty, as though I've been wearing a fur-lined cape.

**Travis:** Griffin, I want you to know, with that in mind, I've tried to be really not funny this episode especially.

**Griffin:** I appreciate that so much, dudes.

**Travis:** Thank you. I was really like tamping down—

**Justin:** How long ago did you think he got it done? [titters]

**Travis:** A couple months ago, right?

**Griffin:** It was—now about 25 hours and 50 minutes.

**Travis:** Oh my God.

**Justin:** [laughs]

**Travis:** I got so many goofs stored up. Next episode, I'm coming in hot and heavy.

**Griffin:** So do I! I got a lot of goofs stored up.

**Justin:** Nice.

**Griffin:** I don't think that that's actually how it works. Again, I went into this whole process filled with nothing but kind of blind faith in my brothers that they were like, "You gotta get this this hack. You got to get this mod done." And I did.

**Justin:** You could... you could watch the Candlesnights special, if you missed it. I hope you liked it, if you watched it. But if you missed it, you can go to [bit.ly/candlelightstickets2024](https://bit.ly/candlelightstickets2024). You can still get that VOD through January 4<sup>th</sup>. And all proceeds from that show and merch related to it are going to Harmony House, which works to end homelessness in the Huntington area

through permanent housing and supportive service programs. It's a fantastic organization. Sydnee works there, we've supported them for a really long time, and they really, really could use your support. I was literally upstairs before this getting together some winter coats to take over. It's tough. So, if you—anything you can do is really, really appreciated.  
[Bit.ly/candlenightstickets2024](https://bit.ly/candlenightstickets2024).

**Travis:** I also wanted to make sure you all know we're not going to be doing new episodes of Sawbones, Wonderful, Shmanners, Adventure Zone, or My Brother, My Brother and Me, December 24<sup>th</sup> through the 30<sup>th</sup>. Taking that time off for the holidays. I also wanted to let you know, so Champions Grove 2025 packages are on sale now. Champions Grove is the event that I did last year, and it went so well we're doing it again. A get together at Ravenwood Castle in Hocking Hills, Ohio, on Memorial Day weekend.

**Justin:** I went, it's fun!

**Travis:** Yeah, thank you, Justin. Get some creators together. We're gonna have Jason Charles Miller, Danielle Radford, Katie Osborne, Paul Foxcroft, Tybee Diskin and Jasper Cartwright. They're hosting games and doing different activities with everybody. Come and see—

**Justin:** You can put me on a poster about it if you want?

**Travis:** Oh, maybe.

**Justin:** It's fun! That's what I'll say.

**Griffin:** Yeah.

**Travis:** Yeah! Go to—

**Justin:** Try it, it's fun.

**Travis:** But those packages are available now. There's only a few left, so don't miss your chance to get 'em.

**Justin:** Shit, man. Griffin looks like he's looking at the devil's nudes.  
[chuckles]

**Griffin:** Shit, man. [chuckles] I'm feeling bad, dude.

**Travis:** I'll wrap up real quick! Go to [championsgrove.com](http://championsgrove.com)!

**Justin:** No! Not so quick, you're gonna make him bust. Please, slow down.

**Griffin:** I love—I'm so happy for Champions Grove. [chuckles]

**Travis:** Yes, thank you.

**Griffin:** And I def's really want people to know we get merch. 20% off dice all through the end of the year. And you gotta get that Fungalore stuff, if you want. 10% of all proceeds are gonna be donated to Harmony House. Also, don't forget about that—

**Travis:** Okay, I've got the—

**Griffin:** Thanks to Montaigne. Thank you to Montaigne also.

**Travis:** Yes.

**Griffin:** You're so choice.

**Travis:** Justin—

**Griffin:** You're so great. Your music kicks ass.

**Justin:** I just want to say that I feel like throughout this episode, I've been a little overly loud and aggressive. And I think it's because the idea that by making my brother laugh, I could also make his nuts hurt has filled me with a sense of power—

**Griffin:** It's tough to beat.

**Justin:** And wonder?

**Travis:** Urgency.

**Justin:** Urgency, thank—[clap] yes! Urgency, Travis. That's the word I've been looking for. Urgency!

**Griffin:** This is our—this episode caps off our fucking Cornetto trilogy of visectisodes.

**Justin:** [chuckles]

**Travis:** [chortles]

**Griffin:** This is visectisode number three. Complete the fuckin' tril, dude.

**Justin:** Your skin is Mountain Dew UPC. You can unlock visectisode seven!  
[chuckles]

**Travis:** New from Lego! Visectisodes. Put yours together today!

**Justin:** [laughs] You'll never capture the visecto crystal!

**Griffin:** [laughs] Ow!

**Justin:** Visecticons, roll out!

**Travis:** No two Visecticons are the same! Mix and match with your friends!

**Justin:** [chuckles] He's removing my truck nuts!

**Griffin:** [titters] Stop. Do the fuckin' wish.

**Travis:** Okay, Justin read the wish. Griffin and I will do the sound bath.  
[chants] Eye-why-why-why-why-why—

**Griffin:** [grimacing in pain] Aaah-aah-aah-aah-aah-aah!

**Justin:** Sorry, I'm looking for it... I just saw it. I wish Columbo was in every detective show. Yes, I'm including House. [chuckles]

**Griffin:** Ow-ow-ow-ow-ow-ow-ow-ow-ow... [titters]

**Justin:** My name is Justin McElroy.

**Travis:** I'm Travis McElroy.

**Griffin:** I'm Griffin McElroy.

**Justin:** This has been My Brother, My Brother and Me. Kiss your dad square on the lips.

[theme song, "My Life Is Better With You," by Montaigne, plays]

Maximum Fun.

A work-owned network...

Of artists-owned shows...

Supported directly by you.