

MBMBaM 713: Speed Force Bear

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Intro (Bob Ball): The McElroy Brothers are not experts, and their advice should never be followed. Travis insists he's a sexpert, but if there's a degree on his wall, I haven't seen it. Also, this show isn't for kids, which I mention only so the babies out there will know how cool they are for listening. What's up, you cool baby?

[theme music, "My Life (Is Better With You)!" by Montaigne plays]

Justin: Hello everybody and welcome to *My Brother, My Brother and Me*, an advice show for the modern era. I'm your oldest brother, Justin McElroy.

Travis: What up, Trav Nation? It's me, your middlest coolest brother, Travis "Big Dog Woof Woof" McElroy.

Griffin: What up—

Travis: I'm bringing back trucker hats.

Griffin: What up, Trav Na— I don't think you fucking are. And I hate to start the show with this energy, Trav.

Travis: It's this or cravats. I have to choose between—

Griffin: I prefer the cr— I prefer an ascot, I think, Trav. I think.

Travis: You know how you're— whenever you put on a tie, you're like, "I wish there was an option that didn't require me to button my top button?"

Griffin: Yeah.

Travis: Have you thought about ascots and cravats? Okay.

Griffin: What are— Can you show me without — This is Griffin. What up, Trav Nation? Can you show me without the hat? Show me without the hat. Travis, you look so fucking cool man! Why would you put a hat on that?!

Justin: So much better, man. Don't put the hat on, you'll ruin it.

Travis: Okay, hey! Hey.

Griffin: It's also weird—

Travis: I have my—

Griffin: I can't see your beautiful eyes.

Justin: Stop Kutching yourself.

Griffin: Don't Kutch yourself, bud.

Travis: Okay, you're right.

Justin: [wheezes] Don't Kutch yourself.

Travis: Yeah, you're right, yeah.

Justin: You're better than that.

Travis: You're right, you're right, you're right. When you're right, you're right. Griffin, you were saying you're the babiest brother who?

Griffin: I'm Griffin— I said I'm Griffin. They know who the fuck I am. There's no way this is anybody's first episode. There's no fucking way.

Travis: Well maybe a baby—

Griffin: We've done this so many fucking times.

Travis: What if a baby was just born today?! And they're listening to it.

Griffin: Okay.

Travis: In the NICU, with their dad.

Griffin: Hello my precious little baby, I'm Griffin McElroy.

Justin: Welcome to the world, little one.

Travis: That was a trick 'cause this show isn't for babies, Griffin.

Griffin: It's—

Travis: Ha ha.

Justin: Oh wow.

Griffin: I've actually found that there's an age at the beginning of life where babies can here any— like anything and it's not a big deal, 'cause there's no—

Travis: And Griffin, just to go on record, when does life start?

Griffin: I mean...

Justin: Yeah, super quick.

Griffin: I mean honestly, probably... 20 to 30 minutes after comin' out.

Travis: Yeah.

Griffin: I— That's my— And that's an unpopular opinion to a lot of people!

Travis: Mm-hmm.

Justin: I wanna tell you—

Griffin: Justin, did you wanna say stuff now?

Justin: Yeah, I wanted to tell you guys a story. I was drivin' to rehearsal for *Charlie and the Chocolate Factory*, coming to Huntington mid-June. Check it. So I was driving to rehearsal, and as I was coming down my hill, I saw this large black shape back into the woods.

Travis: [gasps]

Griffin: Holy shit. Is that the whole—?

Travis: Bigfoot? Chupacabra?

Griffin: Is that the whole story, or?

Justin: No, that's not the whole story.

Griffin: Thank Christ.

Justin: I drove past the big shape and I said, "I'm the owner of these lands, I have to keep them safe."

Griffin: Sure.

Travis: Yah.

Justin: "I don't ha— The game warden is off, so I have to check the grounds."

Travis: Oh yeah.

Justin: You know what I mean. So I park—

Travis: You need to get an interim game warden, by the way, I've told you that.

Griffin: You can't—

Travis: While the game warden is—

Griffin: You can't let that lapse.

Justin: Yeah.

Travis: You gotta get an interim.

Justin: You're right, and you know what? Eggs on my face this time.

Travis: Yeah.

Justin: So I park the car and I get out of the car, and I walk. And I see, coming back out of the woods, the state animal of West Virginia.

Griffin: No fucking way!

Travis: Black bear?

Justin: The proud black bear.

Travis: Get out of the town. Full grown?

Justin: A— What does it matter?!

Travis: It matters.

Justin: It's a bear, Trav. I look at it, it looks at me.

Travis: And did you feel safer then than if it had been a man?

Griffin: That's a g— also a good question, Justin.

Justin: Uh, well, as— I mean—

Griffin: I'll say no. If I'm in the fuckin' woods behind Justin's house, I don't wanna meet a stranger back there fuckin' at all.

Justin: Yeah, no.

Griffin: What are you doin' back there, my man.

Justin: For sure, actually, I would— I preferred the bear. He looked at me and he took two steps towards me, attempting to establish dominance.

Travis: Yeah.

Justin: And I remembered in my head—

Travis: Uh-huh.

Justin: — a little rhyming. If it's brown, lay down. If it's black, fight back. If it's white, good night.

Travis: Yeah.

Justin: 'Cause polar bear kill you every time.

Travis: If it's legit, do a—

Griffin: [chuckles] Kill you fuckin' no matter what, yeah.

Justin: No question.

Travis: If it's legit, do a shit. Because then if it's like, what, a Kodiak? That's legit. If you do a shit, they won't wanna eat you.

Justin: [chuckles]

Griffin: If it's grey... that's Totoro.

Travis: Yeah, that's true.

Griffin: Congratulations, you found Totoro, take a big nap on that huge belly, you're gonna like how that feels.

Travis: If it's gray, nap all day.

Griffin: Yeah.

Justin: So I remembered "if it's black, you fight back," so I looked it dead in the eyes, I turned around, run back to my car.

Travis & Griffin: [simultaneously] Yeah.

Justin: [chuckles] And when I turned away—

Griffin: Your best weapon in this moment!

Justin: They don't have a part in the rhyme about like, "If there's a car, drive real far."

Griffin: Yeah. [chuckles]

Justin: It doesn't matter if—

Travis: If it's not too far, get in your car.

Griffin: Yeah.

Justin: "No matter which bear is the star."

Griffin: [chuckles]

Travis: Yeah.

Justin: "In your car, you can go far away from bears."

Travis: Put on your seatbelt.

Justin: So I drove home. No, so that would've been wild. No, I went ahead to rehearsal. I was so scared. [wheezes]

Travis: Yeah, the bear would've followed you to home.

Griffin: [claps]

Justin: I led him to Willy Wonka's Chocolate Factory! It's— I hope chocolate's poisonous to bears, I don't know, but anyway.

Griffin: Probably.

Justin: But any way, I get there—

Travis: Even if so, what a way to go for a bear.

Griffin: Yeah.

Travis: Can you imagine—

Griffin: Huge score.

Travis: — being in the world of pure imagination as a bear?

Justin: So I get— Well I get to rehearsal, and Sydnee's already there, and I realize I'm about to rock her fucking world. [wheezes]

Griffin: [chuckles] Yeah sure.

Justin: [laughs] Like. In my heart, guys—

Travis: With information.

Justin: The story of the bear is so like—

Travis: Justin was so pumped up from seeing the bear, he was like bear charged.

Justin: It was so—! To be clear, no. I was so excited to share the story of the bear. It was like glowing in my heart, I can say. 'Cause I'm about to— Not only am I about to— I get the rare human experience of not only sharing a story of incredible peril. [wheezes]

Travis: Yeah.

Justin: [chuckles] For myself personally.

Griffin: Yeah.

Justin: But I'm about to rock her foundations as to how close she thinks she is to bears at any given moment.

Travis: Yeah.

Griffin: Yeah.

Justin: So I'm so stoked. We get to rehearsal, I walk up to Sydnee, I open my mouth with like bear news.

Griffin: Yeah.

Justin: 6 o'clock bear news.

Travis: [imitates *Haunted Doll Watch* news bulletin beeps]

Justin: She looks at me, she holds up her phone and she says, "Look at the text I just got from Amanda Coleman." Amanda Coleman, former boss of Harmony House.

Griffin: Yeah.

Justin: Cl— Dear friend, sent Sydnee a text. Text says, "Sydnee, we just saw a bear in our front yard."

Griffin: N—

Travis: You were—

Griffin: What the fuck, man?!

Travis: You were undercut. I'm so sorry, bud.

Justin: I was like... Wha— Really? Really?

Travis: Does Amanda live near you?

Justin: This is the weird thing right. Sort of, but not bear close.

Griffin: Yeah.

Justin: You know what— Not—

Griffin: Not close to a bear. Quite far for a bear.

Travis: Now is it possible, Justin, that that bear, once you hopped in the car, it was like, "Oh shit, I'm gonna need an alibi."

Griffin: Yeah.

Travis: And they ran down to Amanda's and made themselves very visible, so if anybody asks and you're like, "I saw a bear," they'd be like, "No you didn't, that bear was at Amanda's."

Griffin: Did you get a picture of the bear, Juice?

Justin: [defeatedly] Amanda did.

Travis: Ohhhh...

Griffin: But you didn't get a picture of the bear?

Justin: Amanda got— they got pics of the bear.

Griffin: Juice, that sucks man.

Justin: I know, man.

Travis: If I learned anything from middle school, it's pics or it didn't happen, bro.

Griffin: Yeah.

Justin: And now... I go home, after rehearsal, and I'm goin' to pick up my kids, 'cause they've been at Tom and Mary's, and I was like—

Travis: By the bear. Near the bear.

Griffin: Closer to the bear.

Justin: Near the bear, and I'm— But in my heart I'm like, "Well, at least I'm gonna drop some fuckin' bear knowledge on these kids and they're about to freak out bear awareness. Bear-wareness." [wheezes]

Travis: Yes.

Griffin: Yeah.

Justin: So I walk in, and she said, "Daddy, we've been going on a bear hunt!" And I said, "What?" She said, "Yes! Salem—" who's a friend of ours was coming over to Tom and Mary's, and on a different road, spotted a bear, and went and told my kids!

Griffin: Yeah.

Justin: My kids!

Griffin: Your kids.

Justin: About the bear they saw.

Griffin: They don't have kids yet.

Justin: And then drove around a little bit on a fanciful trip to try to find the bear. They had— They didn't even— They didn't just get to share the story of the bear with my kids!

Griffin: Yeah.

Justin: They took 'em on a bear-venture!

Griffin: Yeah.

Justin: [chuckles] An incredible memory, a foundational core memory, and it was ripped out of my hands again! My encounter with a bear meant nothing!

Griffin: Yeah.

Justin: It meant nothing! No-one cared about this bear adventure that I had gone on.

Travis: I'm so sorry, Justin.

Justin: Thank you.

Griffin: That sucks.

Travis: Honestly, 'cause—

Griffin: That really, genuinely sucks.

Travis: Aw, woah.

Justin: What I thought was "If only I had hundreds of people that I could tell the story to digitally."

Griffin: Yeah.

Travis: Hopefully more than hundreds. Oh god, how bad are we doing?

Griffin: Jesus Christ.

Justin: Well, I feel like most people might've zoned out, 'cause they thought, "This story doesn't sound very good, I'll come back—"

Travis: They're like, "I'll wait and see if Salem's on there."

Griffin: "I've seen this bear."

Justin: "I already heard about the bear in town."

Travis: "Mary called me and told me about the bear."

Justin: But anyway, that's three sightings of the same bear in very different spots, which is... awesome.

Griffin: Yeah, you should get the fuck out of— Okay, yeah. Well, I'd leave.

Justin: [wheeze] Awesome.

Travis: Well, 'cause it's one of three things. Either an incredibly fast bear that's tapped into the Speed Force.

Griffin: [giggles] That sucks.

Travis: Or three different bears coordinating on the same evening, like triangulating people you know!

Griffin: Yes.

Travis: The bears are looking for people you know, Justin.

Justin: Well, I still have—

Travis: Hey Justin, what have you done?

Griffin: What did you do?

Justin: I still have the taser from when I needed to defend my home against coyotes.

Travis: Uh-huh.

Justin: So... I'm ready for any bear. I feel like I could probably drop a bear with a taser.

Griffin: Yeah.

Justin: I will stick to plan A, which is "Ayyy, get in the car."

Griffin: [laughs]

Justin: [chuckles] And go away. Drive far.

Travis: Justin, is there— Did you possibly, maybe within the last five years, kill either a bear or an animal that might've adopted three bear cubs?

Justin: Oh wow.

Travis: That is now—

Justin: Yeah.

Travis: They've trained their whole lives looking for vengeance on you.

Griffin: Yeah.

Travis: For that fateful day, and now's the time?

Justin: No.

Griffin: Alternatively, did you also maybe eat all the blackberries.

Travis: That's also a good point.

Justin: Yeah.

Travis: Did you eat their last smackerel of honey?

Griffin: [chuckles] That's another.

Justin: I did— There was— I should mention, when I said, "drive my car," I should mention I was toddling pantsless down my road.

Griffin: [laughs]

Justin: With a huge vat of honey.

Travis: There you go. Was your car filled with pic-a-nic baskets?

Justin: [chuckles] Guys, it was incredible.

Griffin: I bet.

Justin: The— I will say this, it was not a big bear. It looked like a baby that had got separated from his mom. From what I've seen on *Cavill County 911*, it seems to have been safely placed somewhere, where it won't get into people's yards anymore. In that moment, everything that I think is good and special about myself fell away almost in an instant.

Griffin: Yeah.

Justin: I realized that like of all the things that I value in my own self, right. Like podcaster, entertainer, father, brother, son, creative, a writer, a speaker.

Travis: Lover.

Justin: A game-player.

Griffin: Gamer.

Justin: A woodworker.

Griffin: You can say it, Juice.

Travis: Baker.

Griffin: You're a—

Justin: A lover, thank you.

Travis: A baker.

Justin: A gamer. Fuckin' none of it mattered to this boy!

Griffin: No no.

Justin: He looked at me and he was just like, "Food!" Like, "No, I'm not food! You don't understand." But then, in my— in that moment, guys. I was forced to see myself as food.

Travis: Now Justin—

Griffin: Whoaaa.

Justin: I had to say like, "Maybe none of this—"

Griffin: Whoa!

Justin: "Maybe it's all done! Maybe if am just food—"

Griffin: Let him cook, Travis. Let him cook, 'cause Justin I feel like is gettin' close to somethin'.

Justin: I'm saying maybe I need more [chuckles] anti-bear skills—

Travis: Yeah.

Griffin: [cackles]

Justin: — than I have cultivated to this point!

Travis: Right now you're—

Griffin: [claps]

Travis: Right now you're just meat and dreams, you know what I mean?

Justin: I'm wholly unequipped!

Griffin: Yeah.

Justin: I am fucking— Not only am I completely defenseless. I mean yes, do I have a multitool with me at all times? Yes of course, I'm an adult. But does that mean—

Travis: I don't know why you keep calling your penis that, by the way.

Griffin: Yeah.

Justin: Thank you.

Travis: It's really weird.

Justin: It's— I— But like none of these things on my life that I'm so proud of, these plaudits that I've received, none of these mean anything to the bear. I have no skills for like anti-bear scenarios. [wheeze] I have nothing!

Griffin: Can I say— Can I say— Can I disagree with you on one point, Justin?

Justin: Okay, yes.

Griffin: You—

Justin: As long as it's gonna be a serious compliment and not a back-handed joke.

Griffin: I don't—

Justin: [wheezes]

Griffin: You tell me afterwards.

Travis: Yeah.

Justin: [giggles]

Griffin: You do have skills—

Justin: [through laughter] Only fair.

Griffin: You do have skills in the sense that you had option A, get to the car. Do you know what I mean?

Travis: Yeah, if you didn't know how to drive. You're a driver.

Griffin: Didn't know how to drive, didn't have access to a automobile. It's all holistic, your one— This life that you've lived, it's one journey. And maybe it didn't take you down a path that is practical in any kind of survival scenario imaginable, but it has granted you another path that has limited exposure to those types of dangers.

Justin: I—

Travis: Justin.

Justin: We do walk on that road quite frequently together as a family. I—

Travis: Well not anymore.

Griffin: No, I'm fuckin' done.

Justin: Well that's the thing, I'm like... I'm really thankful it didn't happen with my kids there. I mean, it's the obvious, but like I think the way I would've reacted to that bear in front of them would've shifted—

Travis: Oh yeah.

Justin: — their viewpoints on me pretty irrevocably. [chuckles]

Griffin: Nah.

Travis: But it would've given them a pretty big— Like when they're like grownups and they're like, "When did you learn that your parents weren't like superheroes and just like fallible human beings?"

Justin: [cackles]

Travis: They would've had like a—

Griffin: A really clear—

Travis: — “You’ll never believe it, but I have a very clear concrete moment.”

Justin: “I have a specific memory. My dad was five feet in front of me and he saw a bear and he said ‘Sorry girls, I gotta shag ass’—”

Griffin: Yeah. [laughs]

Justin: “— and he sprinted back up the hill.”

Griffin: No, Juice.

Justin: [laughs]

Griffin: It would've— Juice. It woulda switched on. For fuckin' sure.

Travis: Yeah.

Griffin: If your kids, if your beautiful babies were there, and you were confronted—

Travis: Or your beautiful Buick.

Griffin: Your beautiful— If your beautiful Buick— Your beautiful Buick it sounds like was there, but if your beautiful babies were there, it would've fuckin' switched on. The warrior—

Justin: You think I would've activated.

Travis: Yeah.

Griffin: The warrior would've activated. We—

Justin: Okay.

Griffin: Juice— Justin would roll up to the next *MBMBaM* recording and be like [in a deep, masculine voice] “What’s up?” [normal] and we’d be like,

“Woah, Justin, what is this?” and he’d be like, “This is the warrior. I had to fight a bear for my kids.”

Travis: Yeah.

Griffin: And we would know like, “Oh, well old Justin’s— That guy’s gone.”

Justin: Gone.

Travis: Old Justin’s gone, this is Warrior McElroy.

Justin: Alpha.

Griffin: You can’t make Warrior Justin—

Justin: Alpha J.

Griffin: — go back in the box.

Travis: Can I just say Justin, if you fight a bear to save your kids, I’ll give you the Alpha title handily.

Griffin: Yeah.

Justin: Wow.

Travis: I will not fight with you, yeah.

Griffin: Yeah.

Justin: And I won’t—

Travis: Now can I ask you this, Justin? I understand that option A was get in your car and drive away. That’s a great option.

Being honest with yourself, how far down the list do you think “Pull out your phone, pull up some *My Brother, My Brother and Me* animated clips on your phone to try to prove to the bear that you deserve to exist in the world, and be like ‘No, watch this one. You’ll get it. You’ll get it, this is what I need to keep making—”

Justin: Bear's like [in a gruff voice] "I'm more of Merritt guy."

Griffin: [cackles]

Travis: Oh nooooo.

Griffin: Can I actually say, and maybe this is crass of me, I'm also impressed that you didn't try to make some sort of video content out of the— I guess you made audio content out of it.

Travis: He did it.

Griffin: God, podcasts are so fucking easy!

Travis: Yeah.

Justin: [chuckles]

Griffin: We don't even have to do anything!

Justin: [giggles] I can just tell people—

Travis: Justin—

Griffin: We can just talk about this shit after!

Justin: About—

Travis: Can you talk about what this show is so that I can do a new segment?

Justin: Yeah.

Griffin: Oh boy.

Justin: Yeah. I— I'm sorry that I didn't fight the bear, 'cause I think that that would've been really good podcast content.

Griffin: That's okay, yeah you—

Travis: That's okay.

Griffin: I think seeing the bear— Juice, I was delighted by your story. I didn't— I don't believe in Huntington, I didn't see the bear.

Travis: When you are faced with a scary consequence, I've always been told you have two options, and you chose one of them.

Griffin: Yeah.

Justin: Yeah.

Travis: You chose flight. You flew to your car, you got away as fast as you can, and I love that about you.

Griffin: Yeah.

Travis: 'Cause if you had fought the bear and lost, we would've had to cancel this podcast, Justin.

Griffin: Can't be me and Travis.

Justin: That's so swi— sweet, thank you guys. [chuckles] The fact that you wouldn't continue on is very meaningful to me, thank you.

Travis: Not at first.

Griffin: We would get back together—

Justin: Unless the bear took my spot. You'd ha— You might have to give the bear my spot.

Travis: Is the bear funny?

Justin: *My Brother, My Bear and Me.* [chuckles]

Travis: Yeah.

Griffin: He's crackin' me up right now, just his existence.

Travis: *Brother Bear and Me.*

Griffin: [chuckles] *Grizzly Men.*

Justin: *My Brother, a Real Goddamn Living Bear—*

Griffin: [chuckles]

Justin: — *and Myself.*

Travis: *And Me.*

Justin: *A Disinterested Third Party, Just Trying To Keep These Two From Killing Each Other. My Brother, El Urso and Me.*

Griffin: [laughs]

Travis: [chuckles]

Justin: [chuckles] Okay. Okay.

Travis: The hard part too is if the bear had questionable political opinions.

Justin: [giggles]

Travis: How do you address that?

Griffin: Yeah.

Travis: He's a bear.

Justin: [laughs]

Travis: What are we gonna say?

Justin: I'm—

Travis: Me and Griffin are gonna talk to the bear and be like, "Hey, you need to calm it down."

Griffin: "Hey, stay chill man."

Justin: I'm already worried about people trackin' him down here in Huntington and Milkshake Bear-ing him, and finding out that he's got a real problematic past, I don't know.

Griffin: Yeah.

Travis: Oh no.

Justin: I can't endorse everything this bear has ever said or done.

Griffin: No, and I wish people would fucking stop asking you to.

Justin: Thank you.

Griffin: So this is *My Brother, My Brother and Me*, it's an advice show. Where we take your questions—

Travis: For the modern era, where we take your questions and turn them alchemy-like into wisdom.

Griffin: For the modern era, where we take your questions and turn them into wisdom.

Justin: Why did that happen?

Travis: 'Cause you didn't say it.

Griffin: 'Cause Travis is tryin' to set up a fuckin' segment, and he asked you to do it, and I—

Justin: I thought everybody was enjoying the podcast, I'm sorry. Let me get— Let me say it. I'll do—

Griffin: Oh, I can get—

Justin: I'll do it myself.

Griffin: I'm enjoying it, I just saw Travis about to bust over there and I wanted to help— I wanted to just like move on, you know?

Justin: Okay.

Griffin: You know?

Justin: That's fine. Yeah. Mess up my—

Griffin: You can see it on his face, right? You can see it on his face, he's ready to fuckin' bust.

Justin: [laughs] Mess up my delicate tantric edging of Travis, that's great.

Travis: [laughs]

Justin: Thanks, Griff.

Griffin: Jesus Christ.

Justin: Go ahead, Trav. Bust on `em. [wheezes]

Travis: This is a new segment I'm calling *Just Checking In*.

Griffin: Unbust.

Justin: [chuckles]

Travis: Here's what it is.

Griffin: Go back in.

Justin: [wheezes]

Travis: Here's what it is. Deuxmoi, a website and Instagram presence Deuxmoi—

Griffin: What is that?

Justin: [giggles]

Travis: — told us— Deuxmoi?

Justin: What?

Travis: Deuxmoi. D-E-U-X-M-O-I. Posted some celebrity hotel requests. And now there's plenty of wild ones.

Griffin: Okay.

Travis: I don't want to talk about the wild ones. I wanna talk about the ones that I think... us, specifically the three of us—

Griffin: Could benefit—

Travis: — if we had the option—

Griffin: Yeah.

Travis: — to like, "What do you want?" we'd be like, "Ooo." Like the kid in fuckin' *Blank Check*.

Justin: Yeah, *Blank Check*, yeah.

Travis: What we would do. So I'm gonna give you the four celebrities, and then I'm gonna tell you the four requests, and you're gonna match the celebrities to the requests.

Griffin: Okay, I love this.

Travis: Okay. Prince.

Griffin: Okay.

Travis: Chance the Rapper.

Griffin: Okay.

Travis: Tom Cruise.

Griffin & Justin: Okay.

Travis: And Conan O'Brien.

Griffin: Oh fuck yeah, this is gonna be easy as hell man.

Justin: Yup.

Griffin: Let's go.

Travis: Okay, you ready?

Griffin: Yeah.

Justin: Heck yeah.

Travis: A stocked freezer full of toaster strudel and nothing else.

Justin: This is the best game you've ever come up with, Travis. I'm so excited to play this game.

Griffin: I'm really, really proud of you.

Travis: Okay.

Griffin: Okay.

Justin: So—

Griffin: Say the options again.

Travis: Do you wanna hear all four of the requests at once, or one at a time?

Griffin: No no no, one at a time. One at a time.

Justin: No, I wanna pair 'em up. Okay.

Griffin: I wanna do it that way, 'cause I won't be able to keep any of this—

Justin: Pop-Tart full of freezer.

Griffin: Pop-Tart full of freezers.

Justin: We got freezer full of Pop-Tarts.

Griffin: So Prince—

Travis: Well toaster strudel.

Justin: Full of toaster strudels.

Travis: And nothing else.

Justin: Thank you.

Griffin: We got Prince, we got Chance, we got Conan, we got Tom Cruise. I think this... Without knowing the other things... I do kinda wanna hear the other things so I can make a more educated opi— I don't think it's good content, but I do think it'll make the game easier to win for me.

Travis: I don't want that.

Griffin: And let's be honest, that's— Oh, okay. Toaster strudels. I don't think it's Conan. I don't think it's Prince. I don't think it's Tom Cruise, I think it must be Chance.

Travis: Uh-huh.

Griffin: I think I know the least about Chance the Rapper out of these four.

Justin: It's definitely not Tom Cruise. We feel 100% confident about that.

Griffin: He's never eaten a toaster strudel in his fuckin' life, no way.

Justin: Prince... Prince grew up very poor, and it's possible that maybe toaster strudel's like a comfort item for him, 'cause a lot of those like quick prepared meals.

Travis: Mmm.

Griffin: Yeah.

Justin: You know, can end up as—

Griffin: Let me tell you where I feel about him.

Justin: — as something that feels good.

Travis: Yeah.

Griffin: It's the self-icing. I can't see Tom doing that.

Travis: Ooo.

Griffin: I— Honestly, can't even see Conan doing that.

Travis: He couldn't, he's too tall.

Justin: I think Conan is too old.

Griffin: For strudes?

Justin: To do this.

Griffin: Sorry Conan.

Justin: I think— I don't mean— No. [chuckles] Conan, you're not too old for strudes. I think if I ate—

Travis: I didn't know there was an age cap on strudes. I been eating strudes.

Justin: At my age of 43, I know that if I eat a— I know that that's gonna make me feel bad for show.

Griffin: A strude. Yeah, for sure.

Justin: I'm saying Conan's been in the game for a long time.

Travis: Mm.

Justin: He knows that like maybe strudel's not— But maybe he just like thinks it's hysterical.

Travis: Okay, I'm gonna need a guess, Justin.

Griffin: I'm gonna say the energy of a Chance show I feel like is aided by getting that strude energy coursing through your veins before you start.

Justin: Okay.

Griffin: I like that for him. I like that energy for him.

Justin: I'm gonna say Conan O'Brien, just 'cause it's hysterical.

Travis: Griffin is correct, it is Chance the Rapper.

Griffin: [claps]

Justin: [growls in frustration]

Travis: Wants a freezer stocked with toaster strudel and nothing else.

Griffin: Nothing else, that's the best part, Chance the Rapper. Don't fuckin'— Don't ever change.

Justin: Don't put other stuff in there.

Griffin: That's good shit, man.

Travis: Okay.

Justin: Man, I— We should do this.

Griffin: No way.

Justin: That's a good idea.

Griffin: A freezer stocked with toaster—

Justin: Now here's my problem. No, you know what's cool about it? You know what I like about this move though. If you order this on your rider, right?

Griffin: Yeah.

Justin: You have— It shows up, it's there. But after that, what do you do with it? This is a problem for us with our fruit tray that we always ask for, but don't eat.

Griffin: I'm gonna ask for— This next tour, I'm gonna get into that thing finally.

Travis: Yeah.

Justin: I know, we always promise it.

Travis: Here's what we need to do, we need to do that and a thing of whipped cream. I think if we do whipped cream instead of toothpicks and fruit, that fruit's all gone.

Justin: Woow, that's very fancy.

Travis: Okay.

Justin: But anyway, it's like what do you do with it? This isn't gonna go to waste, they're frozen.

Travis: Okay.

Justin: You could just leave 'em for next year when Chance comes back through again.

Griffin: Love that.

Travis: Save that room for me, put a padlock on it.

Justin: [chuckles]

Griffin: Okay.

Travis: Okay, next.

Justin: Wall it up. [wheezes]

Travis: A treadmill, a TV, and recordings of LA Kings games.

Justin: Tom Cruise.

Griffin: Mmmm, now hold on. This one's interesting. It's—

Justin: No, it's Conan O'Brien. No no no, it's Conan O'Brien. I've— I'm pivoting. Switching, Conan O'Brien, that's what I say, Conan O'Brien.

Griffin: It could also be Prince though, I feel.

Justin: It's definitely Prince. I'm switching, it's Prince.

Griffin: No, I don't think Prince— Was Prince an LA sports fan? I don't think so. I think—

Justin: I mean, he's the only one I know is a basketball fan. I— Conan's tall. He probably plays.

Griffin: A treadmill, a microwave? What was it?

Travis: A treadmill.

Griffin: Yeah.

Travis: A TV.

Griffin: A TV.

Travis: And recordings of LA Kings games.

Griffin: Oh, okay. So you wanna walk on the treadmill while you watch LA Kings games.

Justin: No no no no no no no no. It wouldn't be Prince. That's a very active show. Prince is gonna be runnin' around on stage, playing. He does not want exercise before.

Griffin: That's a good point.

Justin: A comedian who wants— maybe wants to do that to get the dopamine flowing. And then—

Griffin: But this is hotel.

Justin: He knows—

Griffin: This is not back— This is not green room. We're getting mixed up a little bit. This is hotel.

Justin: Okay, you're right, you're right, you're right, you're right.

Griffin: This isn't green room, so it's not like getting ready for the show. I—

Justin: That's a ho— That's a great point, Griffin. God, you're so smart.

Griffin: I think the fact that food isn't a part of it. I feel like Tom Cruise wouldn't want food delivered to his hotel room. I think that Tom Cruise wouldn't want that or need that, because he will get some incredible fancy meal through some—

Travis: Or he's eating like glue cubes or something.

Griffin: He's eating some sort of cube light. [chuckles]

Travis: Yeah.

Griffin: That he shoots into his tummy. I think this is Tom, by the lack of food alone, that's not to say that he doesn't eat, but that he wouldn't eat in the hotel room.

Justin: This is not their entire thing, it's just a thing, right Trav?

Travis: Well yeah, but it's like the request that they made that stands out. Yeah.

Justin: Okay.

Griffin: Oh, so there may be food. Oh fuck.

Travis: Eh.

Justin: I... I'm gonna go with Conan O'Brien.

Travis: Griffin?

Griffin: It may be Conan, I'm— but I'm— I think I'll say Tom.

Travis: It is Tom Cruise.

Griffin: [claps]

Travis: That's two points. Justin, you talked yourself out of it.

Justin: I know.

Travis: Justin, you pulled the trigger on Tom Cruise right away.

Justin: It's obviously Tom Cruise. It's obvious it's Tom Cruise.

Griffin: You know how I knew, Juice? I don't think Conan would ask a treadmill to be delivered to a hotel. I don't think Conan is that—

Justin: That is that— You're a— Wow, that's a really good point, Griffin. I didn't even think about it. That's a lot of juice. [wheezes]

Griffin: That's a lot of juice to squeeze.

Justin: To get that. Yeah, that's a lot of juice. [giggles]

Travis: Okay, now. I'm going to give you the last two at the same time.

Griffin: That's great.

Justin: I love Con—

Travis: So as not to make the last one super easy. We have—

Justin: Do you think Conan O'Brien would come on our show?

Travis: Yeah.

Justin: I love Conan O'Brien.

Griffin: I bet.

Justin: I always have.

Travis: They let us do some ads for their show, didn't they?

Griffin: Yeah!

Justin: We did, they did an ad for *Adventure Zone*, actually.

Travis: Yeah.

Griffin: That's true.

Justin: If you've never heard Conan O'Brien doing an ad for *Adventure Zone*—

Griffin: He said our name out loud at least once.

Justin: Conan said our name out loud, it was the happiest I've ever been. Okay.

Travis: If Prince was going to watch sports, it would be like Minnesota. He wouldn't be watching—

Griffin: That's what I was thinking.

Justin: Another good point, Trav.

Travis: Yeah.

Griffin: It would not be a—

Justin: That's a really good point.

Travis: Okay, so we have Prince and Conan left.

Griffin: Okay.

Travis: Right?

Griffin: Two incredibly similar types.

Travis: Mm-hmm.

Justin: Similar ty—

Travis: All—

Justin: Both guitarists.

Travis: Mm.

Griffin: True.

Travis: You ready?

Griffin: Yeah.

Travis: All spiders removed from terrace, and no photos of horses anywhere in the suite.

Griffin: Okay. [wheezes]

Travis: Or a basket of muffins.

Justin: [cackles]

Griffin: [laughs]

Justin: We have unintentionally pared this down to the funniest possible.

Griffin: [laughs]

Justin: How on— Travis, can I hear my options again?

Travis: Yes.

Justin: Are you saying do either Prince or Conan O'Brien want—
[wheezes]

Travis: Spiders removed from terrace, and no photos of horses anywhere in the suite, or a basket of muffins.

Griffin: Check this shit out. Prince, muffins. Spiders, Conan. The spiders thing is hysterically funny and strange, and it could be one of those “Take all the red M&Ms out of the bowl” and that’s how you know whether or not they’re paying attention to the rider or not.

Travis: ‘Cause if you go out there and you see a spider, and you’re like, “Ahhh!”

Griffin: But I think that this is so— It’s too far to be Prince.

Justin: It’s too good.

Griffin: I do not think it’s real, I think this one’s Conan. I think muffins is Prince.

Justin: Okay. I’ll guess the inverse, just for funsies.

Travis: Justin is correct!

Griffin: Fuck!

Travis: Prince doesn’t want spiders or horses in the room, Conan just wants muffins.

Justin: Aw man.

Travis: Okay.

Griffin: Why doesn’t he want horses in the room?

Travis: I don’t know, man. Maybe he doesn’t— I was re— I recently drew a picture of a horse and put it up on my Instagram. Drawin’ horse eyes really made me think about— It’s haunting, man. It’s hau— Like horse eyes are haunting.

Griffin: I think this is—

Justin: I can see— I can see that like there's something about a painting of a horse that feels very generic hotel art.

Travis: Ohhh.

Justin: Maybe if you're in a lot of hotels, it's just too depressing.

Travis: Ohhh.

Justin: Like you see a picture of a horse, you're like, "Not again."

Griffin: I— Travis, this is—

Travis: They remind you of what being free— what freedom is.

Justin: Freedom, yeah.

Travis: You're sittin' there in a hotel room by yourself and you're like, "Ah, to be running free on the plains."

Griffin: I'll tell you what I'm— what's fucked me up right now Trav. I don't think this is— I think this is phoney. I think this is— I think that's made up. I've been Googling "Prince hotel photos of horses," and I'm not getting anything. The problem, I will admit, is that there's a lot of princely horses out there and there's a lot of photos of horses on the internet.

Travis: Yeah listen.

Griffin: So this partic— Maybe my heuristics are wrong. But in terms of this, I can't—

Travis: This wasn't my research. This was Deuxmoi and somebody who worked at—

Griffin: Somebody I've never heard of before in my life.

Travis: Somebody who worked at the hotel told them.

Griffin: Okay.

Justin: Great.

Griffin: Alright.

Justin: Fantastic, good— Good game, Trav.

Griffin: Great game. Incredible game.

Justin: That was really fun.

Travis: Thank you.

Justin: I loved that. I wanna play that again soon. Let's do it with riders, Trav.

Travis: Ooo, okay.

Justin: Find— Go to smoking gun, find people's riders. Okay.

"In episode 710 of the hit podcast *My Brother, My Brother And Me*, Griffin brazenly and bravely said that carrying a skateboard by the trucks over your shoulder is the only way to hold a skateboard. I regret to inform you that it's actually called the poser hold. I regret to inform you all Griffin is indeed a poser."

That's from Retired Rad Rider in Auburn, Maine, which is so interesting because Travis picks all the questions, and this is not a question.

Travis: Yes.

Justin: So, [chuckles] Travis—

Travis: But then I put "Griffin, how do you respond?"

Justin: [cackles]

Griffin: Wait, you put that?

Travis: Yeah.

Justin: Hey Griff, yeah, Travis put that. Travis is editorializing. He just included this—

Travis: I'm trying to moderate here, to start a dialogue.

Justin: Mm.

Travis: You've been called a poser, Griffin!

Griffin: I mean if you wanna talk about—!

Justin: I'm gonna enjoy some water.

Griffin: Technically, the poser hold I believe is when you hold it by the trucks at your side. Also known as the "mall grab," because that's where a poser would fuckin' hang out to make people think they know how to skateboard. If you— And by the way, whoever sent this in, great gatekeeping you're doing.

Travis: Ohhh!

Griffin: If this is the energy you wanna bring to the show.

Travis: Submit.

Griffin: Some of us have sore backs and sore shoulders, and when we hold the skateboard like that, it feels better, it feels good to hold it that way.

Travis: And if you kind of roll it up and down, it's kinda like a foam roller on your back. You can get some of the spots that are hard to reach with the wheels.

Griffin: Yeah. I mean if you wanna see me land a couple tricks, I—

Travis: Ooo!

Griffin: I can set that up for you.

Justin: Ooo.

Travis: [from a distance] Is it a skate off?!

Griffin: Uh, I mean it—

Travis: Is it a skate off?!

Justin: I don't think you got this—

Griffin: I mean if it's a skate off—

Travis: Is it the start of a downhill race?!

Griffin: Don't start any shit and there won't be any shit. I'm not gonna come up to Auburn, Maine to do a fucking 360 kickflip. Everybody has to start... somewhere.

Justin: Okay.

Travis: Okay.

Justin: Too true.

Griffin: And I— Maybe they don't tell you at the skateboard shop, when you went there last week, that there's a right way and a wrong way to hold a skateboard. And maybe that person—

Travis: And maybe, Retired Person, maybe now it is cool to hold it by— maybe it's come around.

Griffin: Yeah. There's— The way that youth culture moves so quickly now.

Travis: Yeah Griffin, tell 'em about youth culture. You're in it.

Griffin: Is heartbreaking, but I have to imagine the skateboard youth culture is like turbo accelerated.

Travis: Yeah man.

Griffin: I think you skip a couple days at the park and you show up, and everybody's like, "Zoop, my grubel!" and you're like, "Fuck man, I don't— Goddammit. They're so fast now with these skateboard youths."

Justin: [chuckles]

Griffin: You guys don't have anything to add about skate— You don't want— You guys are scared to walk into this fuckin' hornet's nest.

Justin: I missed the window, I missed the window. I got on a board in college and realized I missed the window.

Griffin: Yeah.

Justin: I didn't do this back when I— Back when I didn't care to fall.

Travis & Griffin: [simultaneously] Yeah.

Justin: I used to fall all the time, it was no big deal, now falling's a back deal, like.

Griffin: I'm pretty sure—

Travis: Yeah man, sitting down wrong is a big deal, bud.

Justin: Yeah.

Travis: You think I'm comfortable putting myself on a very slippery board? No thank you.

Griffin: I'm also pretty sure during that question, I did say the fact that I got on a skateboard as an adult and immediately was no longer in control of my sort of like [chuckles] gravitational axis, and was like, "Oh no, never again for that for me." So I'm sorry I told everybody how to hold a skateboard... how to hold a skateboard wrong.

Justin: Yeah.

Travis: I just think it's important to acknowledge that in 700— 713 episodes, we do occasionally get like one or two things wrong.

Griffin: A correction, yeah sure.

Travis: Yeah.

Justin: We— Yeah, Griffin told everybody they were holding their skateboard wrong, and then complained about gatekeeping. [wheezes] That's fun. [chuckles] He's a fun guy. He's a complicated man.

Griffin: I mean, I'll gatekeep true posers. [laughs]

Travis: Yeeeah, yeah yeah.

Griffin: Listen! I'm op—

Justin: That makes sense!

Travis: You'll gatekeep people who don't deserve it.

Justin: Deserve it, yeah.

Griffin: Ah, yeah.

Justin: Who don't—

Travis: As long as they have a ticket, they can come in the gate.

Griffin: Absolutely.

Justin: Yeah yeah yeah.

Travis: But if you let people through the gate who don't have a ticket, you're not doing your job.

Griffin: Hold your board however you fuckin' want man, it's a hobby, it's a pastime. Get out there and have some fun. But these—

Travis: Hold it in your teeth.

Griffin: But these fuckin' mall grabbing posers.

Travis: Yeah.

Justin: [chuckles]

Griffin: Get outta here, is what I'm saying.

Justin: Get outta here, poser. Hey, you know what I'm gonna gatekeep? The second half of this episode. [chuckles]

Travis: Ohhh.

Justin: Behind—

[theme music fades in]

Justin: Yeah, behind these incredible commercial messages. Welcome to the Money Zone.

[transition theme music plays]

Griffin: We have a new sponsor for the first time in a long time. That's probably not good. [laughs] For us! [cackles]

Justin: It's probably not good, Griff, but it's good to— I mean it's good that it's happening. It's probably not great that it's been a—

Griffin: I'm fucking out of my mind for this one. I—

Justin: Did you set yours up?

Griffin: What's that?

Justin: Fanta— Griffin. Oh, you don't have a cat. I have a cat. Listen. Griff, I'm so excited about this new sponsor of ours. Litter Robot has made my life better. And I know that we say that about a lot of sponsors, but let me tell you folks, this one? I mean it. I always mean it, but here's what I'm saying.

Griffin: [chuckles]

Justin: I got this beautiful robot, and it's got a big gaping hole that the cat can crawl in, and it does its business, and then this beautiful baby turns the drum, right? And then the litter goes through the grate, and only the clump stay.

So as it rotates back around, you got a whole new fresh thing of litter, only the bad stuff's been removed. It's astounding. I put litter in it, a lot less than I have to use for a regular litter box.

Griffin: Yeah.

Justin: And the cat can go in it here— It's got a scale, if you're in a multi-cat household, for your example, tell you which cat used the bathroom.

Griffin: What?

Justin: It can tell you when the cat has used the bathroom. It can tell you when you need to replace something, it sends you notifications to your phone, through the power of Wi-Fi. Stop scooping the litter box, it's awful. I had to scoop the litterbox that I replaced this one with out before I put it in, and it made me so grossed out.

And I'm so happy to be doing it for the last time thanks to the Litter Robot. As a special offer to listeners of this show, go to stopscooping.com/mybrother, enter promo code "mybrother" to save an extra \$50 on any Litter Robot bundle.

That's an extra \$50 off any Litter Robot bundle at stopscooping.com/mybrother, and enter promo code "mybrother" at checkout. [Stopscooping.com/mybrother](https://stopscooping.com/mybrother), and my code "mybrother."

Griffin: AI, if you wanna come for scooping, go for it. That one—

Justin: You're welcome to.

Griffin: — we'll put on the list. You can make—

Justin: The robots can scoop the poop.

Griffin: You can cut and husk avocados, and you can do litterbox stuff.

Justin: Griffin, I've noticed many of your clothes are ugly, yet mine are beautiful. Have you thought about this?

Griffin: I don't think that's true, I don't think so.

Justin: Everyone has spoken about Griffin's [chuckles] ugly clothes, and my beautiful clothes.

Griffin: [mutters] That's weird.

Justin: My secret, I'll let you in on it Griff, thanks for asking. It's StitchFix, where you can get a stylist that understand your style—

Griffin: Oh.

Justin: — size, and budget, and they do all the shopping for you. So even someone like you, who clearly [chuckles] doesn't understand fashion well enough to leave their house, can have help. There's finally help for you, Griffin.

Griffin: I—

Justin: You don't have to look like this anymore, you don't have to feel like this anymore.

Griffin: I get— I do get StitchFix, it is largely, at this point, it is athleisure wear that I get from StitchFix, so I don't wear it on the... show. 'Cause this is a workplace.

Justin: It's exclusively bottoms, so I never see them.

Griffin: Oh.

Justin: So it's always just the top half up.

Griffin: No, there's tops too, and they're stylish. At the gym, everyone's like, "Looking great, Griffin," and I give them—

Travis: I bet they do, Griffin. That sounds really nice.

Griffin: And then I give them a big thumbs up. Travis just joined us. Thank you, Travis.

Travis: You don't have to—

Justin: I'm just saying, there are clothes that aren't—

Travis: You don't have to call attention to it. They didn't know.

Justin: The clothes that StitchFix did not send you are bad. That's all I'm saying, and you just—

Griffin: No, the clothes that StitchFix sent me are athleisure wear that I don't wear on the podcast. I wear my ugly clothes in here, because I want to be... focused on the art and the things I'm saying, and not—

Justin: You know who's focused is StitchFix stylists. They're gonna ask you questions about your style, your budget. They're gonna figure out some great clothes for you, and then they're gonna send you a box.

You keep only the stuff you want, send the stuff that you don't want back, no big deal. We've found so many cool clothes, we've all worn a ton of StitchFix over the years.

Griffin: It's true.

Justin: We are lifelong— Well not lifelong, 'cause StitchFix isn't as old as me. But long-time fans for sure. Style that makes you feel as good as you look. Get started today at stitchfix.com/brother. That's stitchfix.com/brother. [Stitchfix.com/brother](https://stitchfix.com/brother).

[pause]

[communicator beeping sound effect plays]

Speaker One: *The Greatest Generation* has been going on for more than eight years, and while it's the world's most beloved *Star Trek* podcast, we know it can be a little impenetrable.

Speaker Two: If you've been *Greatest Gen* curious, but have never taken the leap, you could be forgiven for being a little bit intimidated.

Speaker One: We recommend exploring your *Greatest Gen* curiosity in a safe, fun environment, with partners you can trust. Right now is one of the best times ever to become a new listener.

Speaker Two: That's because we just started covering a new series, *Star Trek: Enterprise*. One of the weirdest editions of *Star Trek* ever released.

Speaker One: This is your chance to ease into the *Greatest Generation* lifestyle.

Speaker Two: *The Greatest Generation*, now covering *Star Trek: Enterprise*, the one with Scott Baccula, every Monday on maximumfun.org, or on your podcast app.

[pause]

Justin: Hey Sydnee, you're a physician and co-host of *Sawbones*, a marital tour of misguided medicine, right?

Sydnee: That's true, Justin.

Justin: Is it true that our medical history podcast is just as good as a visit to your primary care physician?

Sydnee: No Justin, that is absolutely not true. However, our podcast is funny and interesting, and a great way to learn about the medical misdeeds of the past, as well as some current and not so legit healthcare fads.

Justin: So you're saying that by listening to our podcast, people will feel better.

Sydnee: Sure.

Justin: And isn't that the same reason that you go to the doctor?

Sydnee: Well, I— You could say that, but—

Justin: And our podcast is free?

Sydnee: Yes, it is free.

Justin: You heard it here first, folks. *Sawbones*, marital tour of misguided medicine, right here on Maximum Fun, just as good as going to the doctor.

Sydnee: No no no, still not just as good as going to the doctor, but—

Justin: [mutters] It's up there.

Sydnee: — but pretty good.

Justin: It's up there.

[pause]

Griffin: Do you guys wanna go Wizard? Or do you have a— Did— Do we— Do you have a bit, Juice?

Justin: Hmm, no.

Griffin: Sometimes you clear your throat in a way that sounds like maybe you're about to do a guitar noise.

Justin: Hmm, like to keep you on your toes, don't I.

Griffin: Well, I got a good one here, a lot of people sent it in. This is a wikiHow article, and it's— it is "From Alpha to Omega, a Guide to the Seven Male Personalities."

Travis: Okay.

Griffin: This will be good for the stuff we were talkin' about earlier.

Justin: Mmm.

Travis: First is alpha, and then there's a Samantha, and then there's a Charlotte.

Griffin: [chuckles] There's a Ka— yeah.

Travis: You got Carrie.

Griffin: Carrie. Well Carrie is the—

Travis: And then the other one.

Griffin: And I think Carrie is the alpha in that.

Travis: Carrie, Charlotte... Hold on.

Justin: Samantha's the alpha.

Griffin: Carrie, Charlotte, Samantha... Jennifer. Bridget? Jennifer.

Justin: What are you guys talking about?

Griffin: The fourth *Sex and the City*.

Justin: Samantha—

Travis: The fifth— Samantha.

Griffin: We said Smantha.

Travis: I said Samantha.

Justin: Charlotte.

Travis: Samantha—

Griffin & Travis: [simultaneously] Charlotte, Carrie...

Justin: Carrie.

Griffin: Jennifer.

Justin: No.

Travis: New York, and the fifth one is.

Griffin: [chuckles]

Justin: Oh my god, she's married to Steve. This sucks, Miranda.

Griffin: Carrie.

Travis: Miranda. Miranda.

Justin: Okay, moving on.

Travis: Thank you.

Griffin: Miranda.

Travis: Oh god!

Griffin: Miranda, Stephanie, Carrie—

Justin: I—

Travis: Oh, that was gonna eat me up.

Justin: I apologize to whatever listeners were in that hell with us.

Travis: Yeah.

Justin: Screaming the word “Miranda” at your— at— for New York mayor— [chuckles]

Griffin: [laughs] Alright. The seven male personalities!

“If you’ve been online recently, you may have heard phrases like ‘beta’ and ‘sigma’ male tossed around. While these terms may (quite literally) sound like a foreign language (because they’re Greek), they’re actually pretty simple monikers that pop culture sites (like Vox, Reddit, and Twitter) use to describe various types of men.

There are 7 main personality types, each with its own unique strengths. Keep reading to learn each type of guy’s best traits and careers. By the time you’re done, you’ll have all kinds of nu information (pun intended!)”
N-U information? Alright.

Travis: Can I just say that there are many words that have been— that are so commonly used.

Griffin: Yeah.

Travis: That are based in a foreign language, that referring to them as a foreign language feels so weird to me.

Griffin: True.

Travis: Like yeah man, but... you know what alpha is.

Griffin: Yeah.

Travis: Like.

Griffin: It's alpha.

Travis: It doesn't really count for—

Griffin: "Alpha males are strong-willed leaders who love to take charge. Exuding charm and machismo, they're known for their natural confidence and exceptional leadership abilities. Anecdotally, alpha males are 'the bad boy' of the male ecosystem. They know what they—"

Travis: Now that can't be— Those— That can't— Those both can't be true.

Griffin: These are naturally charismatic leaders, and bad boys. That's two things.

Travis: They can't—!

Griffin: Yeah, that's true.

Travis: Because if you're a leader, you're making the rules.

Griffin: Yeah.

Travis: You can't also be breaking those rules.

Griffin: You can't be da Batman and Joker.

Travis: Yes.

Justin: That's true, yes.

Griffin: There's no way you could be both those things. You would hate—

Justin: Well you have to choose a lane.

Griffin: Choose a lane.

Travis: This is what I'm saying. It's like saying, "Oh, that person?"

Griffin: Yeah.

Travis: "They're the world's greatest detective, and the world's greatest cat burglar." Like—

Griffin: Exactly. Everyone— I mean, that would be kickass, actually.

Travis: Actually, no I'm way fucking into that.

Griffin: What you just said is actually—

Travis: Now that I'm—

Griffin: — really fucking really sick.

Travis: Hey, TM TM TM TM.

Griffin: "Example of alpha males in pop culture; William Wallace from *Braveheart*, Maverick from *Top Gun*, Leonidas from *300*." Okay, we all fuckin' get this. Let's get—

Justin: And Maverick from *Maverick*.

Griffin: And Maverick from *Maverick*. [chuckles]

Travis: Well...

Griffin: "Two."

Travis: Yeah.

Griffin: Beta males. "Beta males are extremely kind—"

Travis: I thought you were about to list two beta males.

Griffin: “Two—”

Justin: I thought it was about to be me and Travis.

Griffin: “— beta males.” Yeah, sure.

Travis: You made us—

Griffin: Justin and Travis. [giggles]

Justin: You made it— [chuckles] That’s two beta males.

Travis: *My Beta, My Beta And Me.*

Griffin: [giggles]

Justin: [laughs]

Travis: Which I am certain in the world of Reddit has been said before.

Griffin: Definitely has. Definitely, definitely. “Beta males are extremely kind and down to earth. Shyer and more reserved, beta males value personal relationships over material wealth or career achievements. Pop culture suggests they’re great conversationalists and have a lot of success domestic—”

Travis: This sounds like a nice thing you say to someone who’s a beta, of like, “No no, listen!”

Griffin: This is what I’m saying. This bit here...

“Betas are communicative, creative, and make great romantic partners. Common traits; friendly, gentle, selfless. They excel at doctor, nurse, social worker, teacher. Sam from *Game of Thrones*, Phil from *Modern Family*, Ben from *Parks & Recreation*.”

Justin: Can I—

Travis: Phil is—! Phil's an alpha. I don't wanna hear it.

Griffin: I can't fucking possibly hear—

Justin: Hey, listen.

Griffin: — your *Modern Family* theories.

Justin: We're not actually gonna do this, but I just wanna say... You know... It's weird that one is just clearly better.

Travis: Yeah.

Justin: Like, you know what I mean?

Griffin: Yeah.

Justin: Like we all agree that like the ones that are in the beta, like we all like that stuff. Like that seems really good, actually. It seems like if everybody did that one.

Travis: Yeah.

Griffin: That's a fun one.

Justin: That seems pretty good to me. [chuckles] It seems like a good one.

Travis: It also.

Justin: It's all very good stuff, much better actually.

Travis: Here's what I love—

Justin: A lot of murder there.

Travis: — I like about this article too is that it is working really hard so far to ignore the cultural understanding of a hierarchy of these things.

Justin: Yeah, and it's just putting your fingers in your ears.

Travis: Yeah.

Justin: Like as though alpha and beta have to relation to each other.

Travis: This is—

Justin: It's just like—

Travis: This is more like listing—

Justin: — “I don't know!”

Travis: — astrological signs.

Justin: Yeah, “I took a personality test and it turns out I'm a cuck!”

Travis: Ohhhh.

Griffin: I—

Justin: [wheezes]

Griffin: I appreciate they're havin' fun with something that is completely made up, phoney bologna malarkey bullshit.

Justin: Yeah, right! [laughs] Right.

Griffin: You may as well. And speaking—

Justin: How are there more of these?

Griffin: Oh.

Justin: 'Cause I know—

Griffin: There's five more, Juice.

Justin: That's impossible.

Griffin: That's what I'm saying.

Justin: Those are the two kinds of people there are! Bad and good.
[wheezes]

Griffin: I feel like—

Justin: That's it! That's all there are!

Griffin: — you two just pushed all your chips onto the space on the table that said, "beta." I'm sayin' there's five more, and some of them are pretty good.

Justin: Yeah, alright.

Travis: You're saying we might connect more with something else?

Griffin: You might connect with—

Justin: Some of the lower tiers. [laughs]

Griffin: — a gamma male. "Gamma males are the life of the party."

Travis: Oh, like Hulk.

Justin: Hulk. Like Hulk. Okay.

Travis: Like Hulk.

Griffin: Like Hulk.

Justin: [wheezes]

Travis: Thank you, Justin.

Griffin: "Equally creative and adventurous—" Don't step in beta's— This is all beta has!

Travis: You can't fucking say that!

Griffin: Cool—

Travis: You can't be like, "Oh, Scorpio's very, you know, fuckin' sensual. So's Virgo and Gemini and—"

Justin: Yeah.

Griffin: "And this one and this one."

Justin: "Virgo's just as good, but without the weakness to sunlight."

Travis: [chuckles]

Justin: [laughs] Like you can't just have one class that's—

Griffin: "Equally creative and adventurous, they're often portrayed as fun-loving men of culture. They love to travel and believe their purpose in life is to have fun, rich, fulfilling experiences (ideally in exotic locations). Loud and bombastic, they're constantly on the move and can create powerful friendships wherever they go." This one's not us.

Justin: No.

Griffin: But I mean it's— This is "Joey from *Friends*, Tom from *Parks & Recreation*, Jay Gatsby from *The Great Gatsby*." You could be an actor, you could be an event coordinator, you could be a pilot, you could be a travel agent. Good—

Justin: God, I'd love to see a *Great Gatsby* starring Tom from *Parks & Recreation*.

Travis: Yes.

Griffin: [chuckles] That would be—

Justin: It'd be really good.

Griffin: That would be a wild one. "If you're a gamma male, your adventures are probably life-changing, but give yourself time to settle down every once in a while." There's ma—

Travis: Dabble in alpha.

Griffin: There's like...

Travis: "I'm a gamma with a alpha rising."

Griffin: "I'm a ri—" [laughs] "My alpha moon is..." I don't even know enough about fuckin' astrology to—

Travis: Yeah I know, that's why I said what I said and I got out of the bit.

Griffin: Yeah.

Justin: [chuckles]

Griffin: It was a good choice. Let's— Okay. None of us are gammas. There's like six gammas on Earth.

Travis: Yeah.

Griffin: There's no fucking way there's more of them. "Delta males."

Travis: Stanley Tucci is a gamma.

Griffin: Stanley Tucci is a...

Justin: A gamma.

Griffin: Galpha.

Travis: Oh yeah.

Griffin: I think.

Travis: Yeah.

Justin: Okay, yeah.

Griffin: "Delta males are very responsible and keep the world moving." Okay, getting closer. "Highly—"

Travis: They got a lot of Sky Miles.

Griffin: "Highly adaptable, deltas are known for their competence and work ethic rather than their leadership and ambition. Delta males love learning new skills for the sake of improving themselves, not for power or extrinsic successes. Because of this, they often have a very healthy work-life balance." Nope, I'm out.

Travis: Yeah.

Griffin: "They're dependable and unpretentious. Every male friend group benefits from delta males."

Travis: I ain't delta.

Griffin: You could be an accountant, you can be a dentist, you can be an engineer or a firefighter. Like Jim from *The Office*, or Higgins from *Ted Lasso*.

Travis: Jim is not a— What?!

Griffin: A firefighter.

Travis: Oh, that's right.

Justin: He's a firefighter.

Travis: Jim is a firefighter, I forgot. Firefighter doesn't work there. If someone said, "You know, similar professions like an accountant, a dentist, a firefighter."

Griffin: No.

Travis: One of those jumps out at you.

Griffin: Yeah.

Travis: You might not be able to put your finger on why, and I'm not shit-talking accounting or dentistry.

Griffin: No.

Travis: I'm saying that—

Griffin: Those shouldn't be in the same category, is what you're saying.

Justin: Yeah.

Travis: Correct.

Griffin: I think firefighters are gammas.

Justin: You never hear a dentist like, "How was your day, honey?" it's like, "I'll be honest, hun, the whole fuckin' office collapsed on me and it's shit and it really sucked ass."

Travis: Yeah.

Griffin: Yeah.

Justin: [chuckles] "'Cause it was fuckin' on fire and it— the whole roof just collapsed in on me."

Griffin: Firefighters I think as gammas, because I think there is a secret part in every firefighter's heart that when that bell goes off, they look at each other like, "Time for another fire adventure." Like—

Travis: Yeah.

Justin: [cackles]

Griffin: "We're about to go do something fucking crazy, guys."

Justin: If you don't like— Here— I know it's not all glamour, clearly.

Griffin: It's an incredibly dangerous job, that—!

Justin: It's incredibly dangerous!

Griffin: — society benefits—

Justin: And probably boring for most of it.

Griffin: Yes.

Justin: Right? That's most jobs. But.

Griffin: But.

Justin: All we're saying is if you are the sort of person that does not love fire adventures.

Griffin: [wheezes]

Justin: You're probably not in that job.

Griffin: [laughs]

Travis: Here— Right.

Justin: And that's all I'll say!

Travis: This is as far as I'll go.

Justin: If you don't love fire adventures, you'll probably get a different gig!

Griffin: Yeah.

Travis: This is what I'm saying. 100% of you—

Justin: [shouts] There's some part of you that loves fire adventures!

Travis: When the bell rings, 100% of you does not say, "Here we go again."

Griffin: "Oh no."

Justin: That's right!

Travis: Some part of you goes—

Griffin: "More fire."

Travis: — “Yeah!”

Griffin: “Yeah!”

Justin: “Fuck yeah, time to go on a fire adventure!”

Griffin: “I’m gonna kick that fire’s fuckin’ ass!”

Justin: [wheezes]

Griffin: “Cool!”

Justin: [giggles]

Griffin: “I’m gonna go kill an objectively bad thing that everyone hates! Fuck yeah!”

Travis: You might not be glad that somebody’s house is on fire, but you’re glad you get to fight it.

Griffin: That you get to do that shit.

Travis: Yeah.

Griffin: Anyway, if you don’t wanna have fire adventures, we have six other male categories that you could go into.

Justin: If you’re a firefighter listening to our show... please email us to admit that you do kind of love fire adventure.

Travis: Yeah.

Justin: Do not [chuckles] email us to say you don’t because you’re lying.

Griffin: [wheezes]

Travis: Yeah.

Griffin: [laughs]

Justin: To us, which is bad. To yourself, which is worse.

Griffin: Thank you—

Travis: Yeah, and to God, which is the worst.

Justin: That would be unbelievable.

Griffin: Thank you for fighting fires.

Justin: Thank you for your sac—

Griffin: It's okay.

Justin: Thank you for your service.

Griffin: And honestly, I think kinda good if you like goin' on fire adventures.

Travis: Yeah, man.

Griffin: I think that's a good part of yourself you should embrace.

Travis: I should hope so!

Griffin: Yeah.

Justin: You know, that's not—

Travis: I want my fire fighter coming in with a certain amount of vim and vigor. I don't want them like, "Awww." [chuckles]

Griffin: Can I introduce you all to the zeta male?

Travis: Yes please.

Griffin: "Zeta males are—"

Justin: I like the sound of this already.

Griffin: "Zeta males are one-of-a-kind progressives. There's a reason the zeta male is the least talked about personality type in pop culture."

Travis: [intrigued] Ooo...

Griffin: [whispers close to the mic] 'Cause you just made it the fuck up, just now, you made it up.

Travis: Catherine Zeta males like to— Tell me about—

Justin: [wheezes]

Griffin: See here's the thing. "They're rare nonconformists who don't care what other people think. They know themselves and refuse to change to fit into the rigid social standards of society. Zeta males are fierce creatives who blaze new paths for themselves and others. Careers—"

Justin: Finally.

Griffin: "Careers they excel at; actor, artist, musician, writer."

Travis: Podcaster.

Griffin: Pod— You think?

Travis: Mmm, I don't know.

Justin: Chief dreamer in charge.

Griffin: You think zeta? I could see that for you, Trav, actually. I do like that for you, Trav.

Travis: Thank you.

Griffin: We're talking about John Keating from *Dead Poet's Society*, we're talking about Cam from *Modern Family*. Lot of *Modern Family* references in this article. We're talking about Augustus from *The Fault In Our Stars*. I think, Trav, if you wanna own zeta. There's two more left.

Justin: Can't be a zeta. You can't be a zeta, you want outside approval too much.

Travis: That is true.

Justin: You can't be zeta.

Travis: That—

Justin: We all do.

Travis: Well.

Justin: Not zeta.

Griffin: Mmm.

Justin: That's not a zeta thing to do.

Travis: I think I've grown into a zeta, Justin. I may have started as a beta.

Justin: You'd like to think so, wouldn't you.

Travis: Well I need less outside approval. Don't you think? Don't you agree? Do you think I need less outside approval? What do you think?

Justin: Why? Why? Why? Am I asking for outside approval?

Travis: What do you think, Justin? Do I thi—

Justin: [chuckles]

Travis: Well just tell me, tell me I'm a zeta please. Justin. Justin, please. Please.

Griffin: You're a zeta, you're a zeta.

Justin: I think that—

Griffin: You're a zeta.

Justin: I think this is where the three of us, in our...

Griffin: Hearts.

Justin: [chuckles] Most delusional moments.

Griffin: Yeah.

Justin: Are what we convince ourselves that we are.

Travis: Yeah.

Justin: Like, "Me? I'm kind of an iconoclast."
"Oh really? You're middle-aged white podcaster."

Griffin: [laughs]

Justin: [chuckles] Fuckin', "When they made you, they broke the mold, pal."

Travis: Yeah.

Griffin: [cackles]

Justin: "Wait, yeah? What's that? You got two kids? Woah!"

Travis & Griffin: [simultaneously] "Woah!"

Travis: "Holy shit!"

Justin: "Woah!" [chuckles]

Griffin: Alright.

Justin: "You're really living outside the bounds of society, huh pal!"

Griffin: Let's help people out here with this one. "Sigma male."

Travis: Yeeeah.

Griffin: "Sigmas— Sigma males are confident mentors who play by their own rules. They have—" Every one of these plays by their own rule— There's like one that plays by the rules.

Justin: They play by their rules, and then as a mentor they teach you those rules. [wheezes]

Griffin: Yes.

Justin: In excruciating detail.

Griffin: “They have all the confidence of alphas, but aren’t interested in power or social status. They have enough life experience to follow their own moral compass and spend their time helping other people discover their inner power.

Sigma men’s natural wit, intuition, and sense of persuasion earn them the respect of their peers (though they’re comfortable enough in themselves not to need it).” We’re talking about Ferris Bueller, we’re talking about Hawkeye from *M*A*S*H*, we’re talking about fucking Gandalf.

Travis: Yeah.

Griffin: So...

Travis: Yeah man.

Griffin: That— It’s—

Travis: Think of any character— I know this of sigmas, I’ve heard this discussed in some YouTube videos I’ve watched.

Griffin: I’ve literally never—

Travis: Not endorsing it.

Griffin: I’ve never heard—

Travis: I have to make that clear.

Justin: Travis, please stop scream— This is not the soundboard now, I’m watching you on video. You can’t scream so close to the microphone.

Travis: Yes, excuse me.

Griffin: And you especially can't scream the word "sigma" into the microphone, 'cause—

Justin: They're gonna make a ringtone, man.

Griffin: [chuckles] That clip—

Justin: [chuckles] Be careful.

Griffin: I've heard this word bandied about without being asked to look it up. I've never bothered to find out what this word means, and I don't know if this is accurate even a little bit, but I do like this definition.

Travis: You know when like a movie or TV show or whatever where there's a character who wants to be like amazing at something, and they come upon a mentor that's like been out of the game for— or like a recluse, and they're like, "Yeah man."

Griffin: Like Gandalf.

Travis: "I was the best. I don't care anymore." Right?

Griffin: Yeah.

Travis: And it's like, "I did it, I'm amazing at it, that's all that mattered to me," that's a sigma.

Griffin: But here's the—

Justin: So a sigma is, if I can understand this correctly. Sigma is like a calcified alpha.

Griffin: Yes.

Justin: That still has a little bit of alpha juice hidden inside.

Griffin: Yes.

Justin: That a ded— More dedicated alpha has to come along and crack the sigma open.

Griffin: Yes.

Justin: To suck out the alpha from them.

Griffin: Al— And alph—

Justin: And then leave them dead.

Griffin: An alpha—

Justin: That's their only value is that they have that alpha juice in them to harvest.

Travis: Yes, Logan in *Logan* is a sigma.

Griffin: Yes. Wolverine.

Travis: Having come from— Wolverine.

Griffin: Wolverine is an alpha.

Travis: Alpha.

Justin: Are there any more on the list, dingleberry? I'm an alpha, now.

Griffin: Yeah.

Justin: That's how they are.

Griffin: There's one more. Omega male.

Justin: Fuck yeah, I found it.

Griffin: I don't think so, Juice.

Travis: I should've waited.

Griffin: You sounded like you were pretty on board with that one. "Omega males are skilled introverts who don't need external validation." [quietly winces] "Pop culture portrays them as the shyer, more reserved yin to the zeta male's yang." [chuckles]

Travis: What? It does? Have I been watching the wrong TV shows? I haven't seen a lot of omegas or zetas.

Justin: I'm worried this is made up.

Griffin: I'm—

Travis: What?

Griffin: I'm sort of— I respect a zeta male's yang, but I yin to that.

Travis: Yeeeeeah.

Griffin: "They're independent and very comfortable in their own company." [quietly groans] "They'd rather spend time coming up with (usually brilliant) new ideas and inventions of their own instead of socializing with others." Mm-hmm.

"They have uncouth but delightful senses of humorr! And their theories often change the world for the better." We're talking about chemist, composer, inventor, mathematician.

Justin: I wanna try to guess the two—

Travis: Firefighter.

Justin: Here's what I would say. Ahbed from *Community* and Ludwig von Drake. Those would be my two pop culture omega males.

Griffin: We actually got Bran— we got Bran from *Game of Thrones*. The healthy cereal choice, Bran from *Game of Thrones*.

Justin: [wheezes]

Griffin: We got Sherlock Holmes from *Sherlock*. We got—

Justin: [through laughter] Bran from *Grain of Thrones*.

Griffin: Bran from *Gra*— [chuckles] *Grain of Oats*.

Justin: [wheezes] [claps]

Griffin: Stupid show. I don't wanna do it.

Justin: [through laughter] Bran from *Grain of Oats*. Why did they even make it?

Griffin: I don't know, man.

Justin: So many years of it, fuck.

Griffin: And we got Dexter from—

Justin: Ah! But only four seasons—

Travis: No!

Justin: — of *Westworld*. You tell me. [chuckles] I don't know.

Griffin: We've als—

Travis: Where's the crime?

Justin: [chuckles]

Griffin: We've also got Dexter from *Dexter's Laboratory*.

Travis: Oh, okay.

Justin: [snorts]

Travis: That's much different. That's a bunch different.

Justin: That's not what I thought you were gonna say, yeah.

Griffin: Alright guys, those are the seven.

Travis: Okay.

Griffin: Alpha, beta, [chuckles] gamma, delta, zeta, sigma, omega.

Justin: Okay.

Griffin: I feel like omega is maybe the ultimate douche one to pick. I feel like you have to actually— If someone says, “Yeah, I’m an alpha,” you kinda like know what they’re about. If someone says like, “Yeah, I’m an omega,” there’s a sinisterness.

Justin: There is, yeah.

Griffin: There’s a secret sinisterness to that that I feel like is way more concerning.

Travis: Here’s my question for you.

Griffin: Yeah.

Travis: And this— ‘Cause it’s— Does being proud of being a beta stop you from being a beta?

Griffin: Yes.

Justin: You can be a beta so hard that you become an alpha.

Griffin: That’s true.

Travis: Yeah right.

Justin: Right?

Travis: Because if you’re beta-ing by your own rules.

Griffin: Yeah, I mean now—

Justin: “Let me support you!” [wheezes]

Travis: Yeah.

Justin: “Let me be here for you!” You know what, actually. Shit, that actually sounds like stuff I’ve said before. [chuckles] I need to rethink this a little bit.

Travis: Huh.

Justin: Maybe I'm an alpha beta. Maybe that's me.

Griffin: That's entirely possible.

Justin: I'm forcefully— Like Sydnee will sometimes tell me about problems and she doesn't say, "Fix `em," but I just start tryin' to fix `em. You know what I mean? Like I don't even— I wasn't even asked for that, and I just kind of foist it on her.

Travis: I think that just makes you a bad listener.

Justin: Okay. Bad listener.

Travis: But that's a very alpha move.

Justin: Huh.

Travis: An alpha—

Justin: That's very alpha.

Travis: — listens by their own rules.

Justin: Yeah.

Travis: I don't make a lot of eye contact.

Griffin: I think—

Travis: Which I feel is a very alpha move. [chuckles]

Griffin: I... think the world needs more deltas, and so I'll be that one.

Travis: Which one's that? Is that the travel one?

Griffin: Hard-working, loyal, respon—

Travis: The world does—

Justin: Firefighting engineer.

Griffin: The firefighting engineer.

Travis: They fuckin' missed the boat not making delta travel. Come on.

Griffin: What do you mean?

Justin: Yeah, it's right there.

Travis: Delta.

Justin: Think about it, it's... I— Thank you Griffin for sharing that with us all.

Griffin: Sure.

Justin: Here's our first question of the episode.

Travis: Mm-hmm. [giggles]

Justin: "I'm a local—"

Griffin: That's not true. I mean, we— the skateboard slam wasn't a question, you're right, that wasn't really a question as much as it was a mean dig at me.

Justin: Wow, you really jumped in and shut me down there before you took a second.

Griffin: I didn't even think about it, you're right.

Justin: To see what— where— if my hand was at my hip, huh?

Griffin: That was real alpha behavior of me though—

Justin: [sighs]

Travis: Ohhh.

Griffin: Wouldn't you say?

Travis: Well, a little omega.

Justin: [sighs] Ooo. "I am two hours into a four-hour flight. I desperately need to blow my nose. There's a gentleman next to me asleep with napkin on his tray table. The napkin is sitting under his complimentary Biscoff. Can I grab the napkin and use it to blow my nose? Or should I use the button to call the flight attendant, request a napkin?"

Griffin: [chuckles]

Justin: "Should I just wake the gentleman up, or being condemned to blowing my nose on my shirt for the next two hours?"

Griffin: Jesus.

Travis: [exhales heavily] Yikes.

Justin: "Sincerely, Sniffles."

Griffin: You are—

Justin: This is good.

Travis: We know it's not two of those, right?

Griffin: Yeah, there's a couple of those you know is fucking outrageous. You can't have a shirt that you—

Travis: You're not— And you're not gonna wake the guy up.

Griffin: No, you can't.

Justin: You can't wake the person up. I— Here's what I will say. One time... I got a bloody nose on a flight.

Griffin: The worst.

Justin: And I had nothing. There. I was trying to hold it and press the call button, and the flight attendant acted like this was the first time that this had ever happened on a plane, which is hard for me to believe.

Griffin: Incredibly untrue. The barotrauma afflicted by an airplane gets— comes for all of us.

Justin: So she gives me the thing, but that was— So like, that's such a firm memory, I always have a napkin like on my person while travelling.

Griffin: Sure.

Justin: Like I have to have a napkin. If you took my one napkin I had for anything that I wanted to do napkin-wise, I would be livid.

Griffin: Yeah.

Justin: I would be abso— I would absolutely notice, I would clock it, and I might speak up. But I probably would not, but I might. You never know.

Griffin: Well this person clearly Justin will never make this mistake again, but you've just given them maybe the least helpful advice that's ever been dispensed on this show which is "Why don't you have a fucking napkin?"

Justin: They're the one emailing about a flight they took a few days ago, asking to advice.

Travis: Here—

Justin: I mean I don't know if it's actionable.

Griffin: This could be in the air.

Travis: If you're nailing—

Griffin: This could be in flight.

Travis: If you're like limiting it to these four options, the best one is taking the napkin.

Griffin: [with a disagreeable tone] Mmmm!

Travis: Because... once the person wakes up and realizes the napkin is gone, a napkin can be replaced by a flight attendant or some other means. But I think ringing a call button to have the flight attendant comes back, so that you can get— Then they have to go back and get a single napkin, and bring it back to you.

Justin: Right, "I had to walk over here so I can tell you—" I got a big question—

Griffin: Yeah, I got a few.

Justin: — that is not addressed in this question. And you know what mine is.

Griffin: Yeah.

Justin: What the fuck did you do with your napkin?

Griffin: [chuckles] Oh, that wasn't—

Travis: Did you wear—

Justin: Now did you—

Travis: Did you wave off snacks?

Justin: Where's your napkin?

Travis: Did you wave off snacks?

Justin: Did you not wanna— You didn't want a crunchy Biscoff cookie?

Griffin: You didn't want a Biscoff though? It's the only good thing about flying is they give you a cookie, dude.

Travis: It's sealed in a package.

Justin: Fucking a Biscoff and a coffee, or a Biscoff and a ginger ale?

Griffin: Out of sight.

Justin: In a flight!

Travis: Even if you don't want it then! [claps once]

Justin: You save it for later!

Travis: You're gonna want it.

Griffin: Put it in your backpack.

Justin: I always take the snack, I tuck it in the little thing.

Travis: Yes.

Griffin: Yeah.

Justin: You know how many times I've reached into my shirt pocket to find the sweet relief of a Biscoff cookie?

Travis: Lifesaving.

Griffin: I ate a mini-Kind bar yesterday—

Justin: Or you put Lifesavers in there, Trav, great point.

Griffin: — that I got on a flight fuckin' five days ago.

Justin: Yeah! Yeah.

Griffin: It's a Kind bar, it'll keep. I'm— My question was is the Biscoff unwrapped? But then I imagined the scenario in which this el— this man—

Justin: [snorts] [cackles]

Griffin: — was like, "Oh, thank you for my Biscoff. Rip! Let me set out my napkin, and one, two and—"

Justin: [wheezes]

Griffin: "— time for a little—"

Travis: "Honk shoo."

Justin: "I'll—"

Griffin: "I'll be back for you amber beauties later."

Justin: [laughs]

Travis: "Now I have something to look forward to and visualize in my dreams!"

Justin: "Good night, boys. Papa's goin' to rest."

Travis: "Queens!" [giggles]

Griffin: I think the most— But it's also wild if he did that, if he was like, "A snack for me, thank you. Set it down right there."

Travis: [snores]

Griffin: I think this person—

Travis: I like a little snack after a nap, to get my blood sugar back up, so I—

Justin: Yeah, but you don't leave it ou—

Griffin: Don't leave it out.

Justin: You don't leave it out. Okay. Who's got their tray down while they're sleeping?

Griffin: That's wild. That's—

Justin: That's wild.

Griffin: This per— That— The only thing I can think—

Travis: They deserve to have their napkin taken. You're right, Justin.

Justin: I think they might've died.

Griffin: Hey—

Justin: You should check on them.

Griffin: I'm gonna go even further. I'm gonna say—

Justin: In which case, take the napkin.

Griffin: — this person doesn't know that they've gotten this flight gift. Take the napkin, take the fucking Biscoff.

Justin: Fucking cookie, yeah.

Griffin: They're asleep.

Justin: They came back.

Griffin: They don't know.

Justin: They came back and took 'em back. [wheezes] It was weird.

Griffin: [laughs] Yeah, it was weird, they said, "Is that trash? I think they eat all the ones we don't eat—"

Travis: Yeah.

Griffin: "— in the back of the plane."

Travis: Maybe is there someone who's been like talking loudly to a stranger next to 'em for the whole flight? 'Cause blame it on them.

Griffin: You could do that.

Travis: They deserve what they get.

Justin: Yeah. Hey—

Travis: You do that? You don't do that, Griffin.

Griffin: What?

Travis: Talk loudly to a stranger.

Griffin: I've never—

Travis: Try to make a— No, okay. Phew.

Griffin: What the fuck? You know who I am.

Travis: I know who you are. [chuckles] I thought you said, "I do that," and I was like, "You don't do that."

Justin: We know who you are, you're somebody who just listened to an entire episode of *My Brother, My Brother And Me*, an advice show for the modern era.

Travis: Maybe.

Justin: I'm your oldest brother, Justin McElroy.

Griffin: I think should maybe do a—

Justin: We're starting the show over.

Griffin: — our regular stuff.

Justin: We're starting over and going back in.

Griffin: And then—

Justin: We're going back in.

Travis: Yeah, we should do the thing where we like say like the how—

Justin: I started the podcast over. This is back to the beginning.

Griffin: Oh, kickass.

Travis: Oh, okay.

Justin: I accidentally said the beginning part, so we gotta start over.

Griffin: [chuckles] Okay, great.

Travis: Oh okay, aw man.

Justin: Sorry guys. Sorry.

Travis: I gotta cancel a lot of stuff today, give me a moment.

Justin: Sorry guys.

Travis: That's okay.

Justin: Hey, you know we didn't even mention— How did we get fuckin' this far into the episode without [chuckles] mentioning the fact that you two are twinning? [chuckles]

Travis: Oh.

Justin: And I'm just here in my Dis— Have you noticed, you guys look like it's—

Travis: Well we just— We finished our softball game, came straight to the recording.

Griffin: It's true. Probably fun.

Justin: They're both wearing baseball—

Travis: It's be good. I would love to watch the three of us on a baseball team, it's be so funny.

Griffin: It'd be cool.

Justin: Good.

Griffin: Hey, we go some live shows coming up, including some ones that you maybe don't even know about yet.

Justin: Mm.

Griffin: Obviously Kansas City, St Louis, Tysons, here June 21st to the 23rd, you know we're comin' for you. But hey, I'm about to say a bunch of cities, and guess what cities? We're coming to you with *MBMBaM* and sometimes *TAZ*.

In July we're gonna be in Detroit and Cleveland. September, Orlando Florida and Atlanta Georgia. October, Denver and Phoenix. November, Indianapolis and Milwaukee. June tickets are on sale now, all the other tickets go on sale this Friday at 10am local time, local to the cities in which we are performing.

Oh, we're also gonna be at Gen Con in August, and tickets for that is on sale now. If you go to bit.ly/mcelroytours, you can find out the specific dates, grab tickets, get more information. This Friday, 10am local time, come see us.

So far the 20-Fungalore tour has been a fucking club banger, it's been so fun. And we've been doing *TAZ Versus Dracula* for the live shows, which has also been like a wild hoot, and you're gonna love it. Come see us.

Travis: I'm gonna do a bit of a called shot here 'cause we're recording this on Thursday, but I wanna say thank you to everybody who came out to Champions Grove this weekend.

But no matter how it goes, hopefully very well, but I'm glad that you all came out and I hope everybody had a great time. It's so weird to do this ahead of time, but this comes out Monday, so I wanna say thank you to everybody who attended.

Griffin: Thank you so much. Hey thanks to Montaigne for the use of our theme song "My Life (Is Better With You)." An empowering ballad of affirmation and—

Travis: If you're gonna get into a fight with somebody, you could listen to that song first.

Griffin: Yeah.

Travis: And I was gonna say it'll pump you up, but it actually might cool you down in a way that you're like, "Maybe I should make a new friend."

Griffin: Yeah, sure.

Travis: Maybe put down the fist, and pick up the kissed. If they wanna kiss, if it's like—

Griffin: Yeah.

Travis: You get it.

Griffin: We get it. Yeah, everybody do.

Travis: Yeah. It's time for our wish, it's time to elevate a wish. So I need you boys to give me a little background sound bath.

Griffin: Okay. [makes garbled noises]

Justin: [hums as if through a comb]

Travis: "I wish the McEl-Boys knew about the axolotl I recently met named Lil Mayonnaise."

Griffin: [chuckles while vocalizing]

[theme music fades in]

Justin: [snorts] My name's Justin McElroy.

Travis: I'm Travis McElroy.

Griffin: I'm Griffin— This one worked, we did— This one is— has been blessed.

Travis: That's not connected. Nope.

Griffin: Oh, okay.

Travis: No causation.

Griffin: I'm Griffin McElroy.

Justin: This has been *My Brother, My Brother and Me*. Kiss your dad square on the lips.

[outro theme music plays]

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