### Still Buffering 114: How to Life Hacks

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[theme music plays]

### Rileigh:

Hello, and welcome to Still Buffering, a sisters' guide to teens through the ages. I am Rileigh Smirl.

### **Sydnee:**

I'm Sydnee McElroy.

### **Teylor:**

And I'm Teylor Smirl.

### **Sydnee:**

Hello, sisters.

### Rileigh:

Hello

# Sydnee:

Hello.

# **Teylor:**

Hello.

# Sydnee:

[laughs] That was a good start. I like our energy.

# Rileigh:

Thanks.

# **Teylor:**

We are all happy to be here.

# Sydnee:

That's good. You should be happy to be here, 'cause it is a special time of the year.

### [singing]

### **Teylor:**

It's Christmas.

### Sydnee:

No. Wait, hold on.

### **Teylor:**

Oh.

### **Sydnee:**

[laughs]

### Rileigh:

It's MaxFunDrive.

### Sydnee:

That's right. Better than Christmas.

# Rileigh:

Better than Christmas.

### **Teylor:**

Podcast Christmas.

### Rileigh:

Podcast Christmas.

### **Teylor:**

[laughs]

### Sydnee:

That's right. This is, this is the time of the year, the Maximum Fun Pledge Drive, when, uh, we come to you, our listeners, our wonderful, uh, awesome family of listeners to ask you, if you are interested, if you like our and the shows that happen on the Maximum Fun, uh, network, if you enjoy them and you think you would like to support them, please become a member of our Maximum Fun family.

Um, we love doing this and we love interacting with our fans and we love, um, getting together every week to record our show, and you make it a little

bit easier and make it possible for us to upgrade our equipment and do new episodes and add new members to our podcast family, uh, when you become a member yourself and support us, uh, by contributing.

### Rileigh:

And this is the best time of year to do it. If you've ever considered doing it and you want to and you've thought about it before, this is the best time to do it because it's a celebration that happens once a year of all things Maximum Fun, and to thank you for becoming a part of our family, we offer you great little gifts.

### **Sydnee:**

That's right. They're all kind of, uh, wonderful gifts and incentives to... If you are not yet a member of our family, supporting our shows, to join. And if you are a member, but you're thinking, you know, "I could upgrade my membership this year and I really like some of the gifts they're offering," this is the time to do it, so.

### Rileigh:

And we're going to tell you all about those gifts.

### Sydnee:

Yes. So, we will detail that later, but just keep in mind, maximumfun.org/donate and that is the link where you can come check out all of this information and join, if you'd like to. So, before we tell you more about that, though, we've got a show to do.

### Rileigh:

Yeah, we do.

### **Teylor:**

Woohoo.

# Sydnee:

And, uh, Rileigh, there's something that I did not ever— I don't remember this term being in existence when Teylor and I were younger, but, uh, nowadays, you youngsters [laughs]—

### Rileigh:

[laughs]

### **Sydnee:**

... like to talk about life hacks.

### Rileigh:

Yes, 'cause life is just so hard as a teen.

# **Sydnee:**

[laughs]

### Rileigh:

We need DIY projects to make it easier.

### Sydnee:

You've got to find ways to hack it.

### Rileigh:

Yes, hack the life.

### **Sydnee:**

Like computers.

### **Teylor:**

Yes.

# Rileigh:

Wait. You mean, like, a life hack is just a computer or, like, hack a life like you hack a computer?

# Sydnee:

Right.

# **Teylor:**

Yeah.

# Rileigh:

Yes, 'cause our lives are just... They're just computers now.

# Teylor:

I don't know how much it actually lines up to actual hacking because I've seen a lot of hacking in movies—

# Sydnee:

Right [laughs]

... and I'm pretty sure it takes about five minutes, you just type wicked fast on your keyboard while some really intensive electronic music plays in the background, and then you destroy the government. I think that's what hacking is.

### Sydnee:

That's it, and you see... The thing you see on the computer while you're doing it is just ones and zeros.

### **Teylor:**

Yes.

### **Sydnee:**

Just, like, just lots of code, just really fast.

### **Teylor:**

I don't know, I feel like maybe it's actually in the movie, Hackers, where you actually, like, see them, like, go through and, like, explode barriers, but in the computer, because that's what they're hacking's doing. Like, [laughs] it's like, really, like, oh, no, it's a very visual experience.

# Sydnee:

[laughs] Uh, Charlie really enjoys pretending she's hacking computers.

# Rileigh:

Yeah, she does.

# Sydnee:

That just means messing up my computer by typing on it really quickly. [laughs]

# Rileigh:

Yeah.

# Teylor:

That's— She's seen a lot of movies. [laughs]

# Sydnee:

Yeah. Uh, but we're not gonna hack computers anymore 'cause that's old school.

No, now we hack our lives.

### Rileigh:

We hack our lives.

### Sydnee:

[laughs] Uh, and I have been f— I have found that there are lots of lists and, um, compilations of life hacks out there for you to try.

### Rileigh:

Mm-hmm.

### **Sydnee:**

And specifically ones aimed at teenagers.

### Rileigh:

Yeah.

### Sydnee:

And I thought we could go through some of those. Now, I have... I will say, I have found lists of '90s life hacks, which it's like a... It's a retroactive hacking that is occurring. These were things that we did, uh, some of them, not all of them, in the '90s. I don't know that I ever thought of them as a hack.

# Rileigh:

Mm-hmm.

### Sydnee:

But, sure, why not?

# Rileigh:

If that's what you want to call it.

# Sydnee:

So, we can counter with some of those. But what, uh, what have you found effective or not so effective, Rileigh, in terms of—

# Rileigh:

In terms of life hacks?

### **Sydnee:**

... life hacks nowadays?

### Rileigh:

I don't think there's one life hack I've found on the internet that I've found to be particularly helpful—

# Sydnee:

Really?

### Rileigh:

... or that I have maintained throughout my life.

### **Sydnee:**

None of them?

### Rileigh:

Um, I mean, things like... There's be things maybe that have to do with skincare or putting on makeup that are, like, "Hey, if you want makeup that lasts longer, put your skincare products and makeup on in this order and, like, do this first, then this and it'll last longer." And, like, I do things like that because I don't know if it actually helps or not—

### Sydnee:

Mm-hmm.

# Rileigh:

... but it doesn't hurt me. So, like, why not?

# Sydnee:

I brush my teeth in the shower.

# **Teylor:**

Is that a life hacks?

# Rileigh:

Why do you do that?

# Sydnee:

It saves time. [laughs]

I—

### Rileigh:

But then the water you're putting in your mouth is warm.

### **Sydnee:**

Well-

### **Teylor:**

I... No, I get that one. I sometimes drink an adult beverage in the shower before going out—

### **Sydnee:**

[laughs]

### **Teylor:**

... to save time. Life hack. [laughs]

# **Sydnee:**

Is that?

# Rileigh:

Is that?

# **Teylor:**

Is that? [laughs]

# Rileigh:

[laughs]

# Sydnee:

No, but I was trying to think, is there anything in my life that i do that's a hack, and that was the only thing I could come up with.

# **Teylor:**

You know, I tried one definitely the other day. Uh, I was making sangria at work and I remember looking at one of those dumb life hack lists and it was like, "Do you need to cut a bunch of grapes in half really fast?" Which, I don't know, I guess sometimes you do. [laughs]

### **Sydnee:**

No, you do. I know what you're... Did you try the one with the plates?

### **Teylor:**

You put it between two plates, only I don't know, maybe my plates were just too deep, like, the indent on them, 'cause all I did was nestle the grapes in a nice—

### Sydnee:

[laughs]

### Rileigh:

[laughs]

### **Teylor:**

... dark, like, den that could not be penetrated. I just put them to sleep. "Shh, go to sleep now, grapes."

### Rileigh:

[laughs]

### **Teylor:**

It did not work. [laughs]

# Sydnee:

This is actually... There's a really good reason to do this, Tey.

### **Teylor:**

[laughs]

# Sydnee:

Kids, because kids can choke on grapes. You have to chop grapes.

# **Teylor:**

Oh.

# Sydnee:

Like, you have to cut them before you, if you're gonna feed your kid grapes. And so, I've seen this for, like, a parenting hack. I've never attempted it, I've just clumsily cut every grape individually.

### Rileigh:

Mm-hmm.

### **Sydnee:**

Uh, but I've seen that you put them between two places and then slide the knife between the plates to chop all your grapes.

### **Teylor:**

There must be specific grape plates that you need to buy for this because—

### **Sydnee:**

Grape plates. [laughs]

### **Teylor:**

... the width and the depth of the actual plate needs to be considered, uh, along with the circumference of your average grape and, uh, my plates did not work.

### **Sydnee:**

Well, uh, what teen specific hacks have you found, Rileigh?

# Rileigh:

Um, you want me to share some of them with you?

# Sydnee:

Yes.

# Rileigh:

Okay. So, these are ones that the Pinterest tells me are teen specific—

# Sydnee:

Mm-hmm.

# Rileigh:

... but, um, the validity of that, you know, is a little sketch.

# Sydnee:

All right.

# Rileigh:

Um, for example, there's some studying and test taking life hacks.

# **Sydnee:** Okay.

### Rileigh:

This one I have tried before that has not helped me, [laughs] um, it's chewing the same flavor of gum while taking a test as you did while studying will improve your memory.

### **Sydnee:**

[laughs]

### **Teylor:**

But are you allowed to have gum in schools?

### Rileigh:

Yeah.

# **Teylor:**

What?

# Rileigh:

Yeah.

# Sydnee:

Yeah, that's true. I don't think we were allowed to have gum.

# Rileigh:

I wasn't allowed to when I went to private school.

# **Teylor:**

We were never allowed to have gum in schools. No.

# Sydnee:

They, they don't want you to have gum 'cause it'll end up under desks.

# **Teylor:**

No gums and no hats—

# Rileigh:

Oh, I don't do that.

... 'cause then you use the gum to stick your hat underneath your desk and then all heck breaks loose.

### **Sydnee:**

[laughs]

### Rileigh:

No, you can't have hats.

### **Sydnee:**

Uh, I guess they're basing that on, like, state dependent learning. That's been studied before. Like, the idea if you're sleepy when you learn something and then you're sleepy when you take the test or, like, kind of like the mental state that you're in.

### Rileigh:

Mm-hmm.

### Sydnee:

I don't know that gum flavor would play into that.

# Rileigh:

It doesn't help [laughs], from my experience at least.

# **Teylor:**

What about, like, here's one, wearing the same clothes that you wore when you were studying to take the test. Don't take 'em off in between. Just wear 'em the whole time and then wear 'em to school. Life hack.

# Sydnee:

[laughs] I don't... You know, I don't know if that would help, but I will say this, I had a uniform that I would wear every time I took... Like, I had a ritual.

# Teylor:

Oh [laughs]

# Sydnee:

I wore the same pair of comfy jeans and the s— Like, this was all through med school 'cause you could wear whatever you wanted and I would wear

the same hooded sweatshirt every time I took a— an exam. Uh, but that may have just been more, like, you know, superstitious.

### Rileigh:

Yeah.

### **Teylor:**

Well, and see I probably would wear the same clothes that you studied in, but that's only because I just didn't have the energy to change my clothes a lot of the times in high school. [laughs]

### Rileigh:

[laughs]

### Sydnee:

I also carried a Rowena Ravenclaw, uh, card in my pocket. [laughs] But that—

### **Teylor:**

Hey, you did have a whole ritual.

### **Sydnee:**

I did. I think—

# Rileigh:

Well, it got to be a doctor, so.

# Sydnee:

[laughs]

# **Teylor:**

Yeah. You're performing some sort of incantation that you're now giving away to the masses.

# Sydnee:

This is really, this is really destroying my reputation as, like, a purveyor of good science. [laughs]

# **Teylor:**

Yeah.

# Sydnee:

Uh, what's another life hack?

### Rileigh:

Um, so, I found some that say teen life hack in the title, but it seems like this one is for parents, and Sydnee, I'm intrigued as to whether you would actually use this one for Charlie or not.

### Sydnee:

Okay.

### Rileigh:

Two, actually. The first one says get your kids to eat foods they usually ignore by adding sprinkles, and the picture I'm going to share with you right now is just a piece of broccoli covered with [laughs] rainbow sprinkles.

### Sydnee:

[laughs]

### Rileigh:

Like, just a regular piece of broccoli that the top is just coated in rainbow sprinkles.

# Sydnee:

I would never... Well, first of all, what did you put on the broccoli to make it adhere?

# Rileigh:

Right.

# Sydnee:

There's no good answer to that.

# Rileigh:

You just roll it-

# **Teylor:**

Frosting.

# Rileigh:

... in sprinkles and hope it sticks?

# Sydnee:

That's what I was gonna say—

### Rileigh:

Frosting?

### Sydnee:

... frosting?

### **Teylor:**

Yeah.

### Sydnee:

Yeah.

### **Teylor:**

Need your kid to eat vegetables? Frost them and cover them in sprinkles. [laughs] Life hack.

### Rileigh:

Um, also, this one says... And it doesn't make sense unless you look at the picture. Use temporary tattoos when you're going to a busy public place for an outing, but the temporary tattoo is one that you make yourself that says, if I am lost, please call this number. And then you stick it to your child.

# **Sydnee:**

Oh, okay.

# Rileigh:

[laughs]

# **Teylor:**

No, no, just use a Sharpie. Just, just write all over your kid with a Sharpie to make sure they don't get lost.

# Rileigh:

I just wanna know where would be a big enough space on your child's body to put this where someone could easily see it, and all I'm thinking is their forehead.

# **Teylor:**

I mean, I'd say-

### Sydnee:

All of this is stressing me out. I don't wanna... I have, um... I don't know. I don't think I would do that. Um—

### **Teylor:**

You know, I've had friends do that, adult friends that are going to maybe crazy parties do that on their arm. But when you see one of your buddies roll in with their address written on their forearm, you're like—

### Rileigh:

[laughs]

### **Teylor:**

... "No, I'm staying away from you tonight." [laughs]

### Sydnee:

Yeah.

### **Teylor:**

"You've got plans." [laughs]

# Sydnee:

[laughs] Listen, I think you might need to talk.

# **Teylor:**

You can't start the night aware of this situation. [laughs]

# Sydnee:

Let's have a glass of water and relax for a second. [laughs]

# **Teylor:**

[laughs]

# Sydnee:

You're making some questionable choices in your life and—

# **Teylor:**

Yeah, and maybe you don't want your kids to have that same freedom. Like, "I could go crazy. I could have all the orange soda I want. My address is on my forearm."

### Sydnee:

[laughs]

### **Teylor:**

[laughs]

### Rileigh:

[laughs]

### **Teylor:**

"My number's on my forehead." [laughs]

### **Sydnee:**

Um, I saw one that was for today, this wasn't a '90s one, that I actually thought, does this make sense? It was, you empty a tube of chapstick—

### Rileigh:

Mm-hmm.

### Sydnee:

... and roll your money up and stick it in there as a convenient way to carry money.

# Rileigh:

I would—

# Sydnee:

And I guess also, less likely to be stolen than a wallet.

# Rileigh:

I'd lose that, though.

# Sydnee:

That, that was my concern. Like, it seemed clever 'cause I don't know who's going around stealing chapsticks, but at the same time, I lose chapsticks constantly.

# Rileigh:

I mean, I am going around stealing chapsticks because I lose my chapsticks.

# Sydnee:

But they've been on other people's mouths.

### Rileigh:

Well, not, like, from someone I don't know.

### Sydnee:

[laughs]

### Rileigh:

Like, just from somewhere around our house.

### Sydnee:

Okay.

### **Teylor:**

You know, I think a better option than a tube of chapstick, which seems a little, I agree, complex to empty out, they make these for, like, I don't know, I would say smuggling lots of things into concerts or whatever, but you can get these fake tampons or you could actually just use the empty shell of a real tampon and put your money in that, 'cause nobody's stealing your tampon.

# Sydnee:

No, that's true. That's true. And I put, I put tampons places that I'm less likely to just randomly lose them [laughs]

# Rileigh:

Yeah.

# Teylor:

That's true, yeah.

# Sydnee:

I don't usually just drop tampons in the hallway the way that I drop chapstick—

# Rileigh:

Chapstick, yeah.

# Sydnee:

... all the time. All the time I lose chapstick. I go through many tubes. I've never finished one, ever. Never, 'cause then I would have to not lose it before it was gone.

### Rileigh:

I've finished an EOS before, one of those little circular ones.

### **Sydnee:**

Yeah.

### Rileigh:

I've finished one of those. That's also a life hack is you clear out a little EOS. If you don't know what I'm talking about, it's like a little circular egg shaped chapstick.

### Sydnee:

Right. I gotcha.

### Rileigh:

And you clean it out and then you mix sunscreen into some sort of, like, I don't know, hardening—

# **Sydnee:**

Mm-hmm.

# Rileigh:

You use the kind of sunscreen that comes in a tube instead of the liquid sunscreen and you melt it and then pour that into an EOS and then carry that around so you can rub that on your face—

# Sydnee:

Oh.

# Rileigh:

... as sunscreen.

# **Sydnee:**

For sunscreen.

# **Teylor:**

Or you could just buy sunscreen. It's, it's a little easier.

### Rileigh:

Or, yeah, you could just use sunscreen.

### Sydnee:

[laughs]

### Rileigh:

The only time I could see that being useful is I feel like Charlie hates wearing sunscreen, but I feel like you came up to her with a little pink egg and said, "I'ma roll this on your face," she's be like, "Okay."

### Sydnee:

You know, actually, I think it would work because when Charlie puts on chapstick, I don't know if you've seen her do it—

### Rileigh:

She puts it all over her face.

### Sydnee:

... she puts it all over her face.

### **Teylor:**

Oh.

# Sydnee:

She thinks it's some kind of makeup, so she just, like, starts rubbing it, like, cheeks, nose, forehead.

# Rileigh:

Could you imagine how much she'd love it if baby sis came up tomorrow her and was like, "Here's my makeup. I'm gonna put this all over you face."? She'd be like, "Oh, heck yeah."

# Sydnee:

She would love that. Can I also mention, she calls foreheads headfores.

# Rileigh:

Does she really?

# **Teylor:**

[laughs]

Sydnee: Yeah.
Rileigh: Headfore.
<b>Teylor:</b> I like that.
Sydnee: She says, "Can you put this on my headfore," [laughs] I'm never correcting—
Teylor: Never—
Sydnee: that. [laughs]
<b>Teylor:</b> I was gonna say, let that go for as long as you can. [laughs]
Rileigh: Um, there are two teen life hacks in this list I'd like to share with you all.
<b>Teylor:</b> Yes.
Rileigh: 'Cause I am confused by them as to why they're mentioned in a teen life hack list. The first one is, if you're ever being buried alive, take your shirt off and tie it around your face and mouth to keep from suffocating.
Sydnee: Huh. Uh—
Teylor: You know—

**Sydnee:** I guess that's good for teens, too.

I mean, anybody can be buried alive at any age.

### Sydnee:

[laughs]

### **Teylor:**

So, [laughs] don't limit yourself, is what we're saying.

### Rileigh:

I guess.

### **Teylor:**

Here at Still Buff, we like to tell you, don't limit yourself. Age is nothing but a number. You can be buried alive at any age. [laughs]

### Rileigh:

Well, m—

### **Teylor:**

But this is weird because I found also a list of stupid teen life hacks and for some reason, on my list, which is mainly about, like, makeup and, like, you know, like, making things not smelly or whatever, there's one that's like, if you get buried under snow by an avalanche, spit and saliva will follow gravity, dig the opposite way.

### Sydnee:

What? Is that something that is disproportionately affecting teens?

# **Teylor:**

[laughs]

# Rileigh:

Do you know what I'm imagining right now?

# Sydnee:

Avalanches?

That, like, if you get covered in snow by an avalanche, is there much room for your spit to go anywhere, or are you just kind of, like, covered in snow? So, like, you spit and then it's just in the snow right in front of you.

### **Teylor:**

Oh, now you've covered in snow and spit. That's terrible.

### Rileigh:

Yeah.

### Sydnee:

Also, what if it freezes?

### Rileigh:

Yeah.

### **Teylor:**

I mean, is this, like, all the dystopian novels you guys read? This is just on your minds? Like—

### Rileigh:

[laughs]

# **Teylor:**

... "How do I get better smelling shoes? What do I do if I'm buried alive? Teen life."

# Rileigh:

[laughs]

# Sydnee:

[laughs] Yeah, they're busy trying to figure out which faction they're going to join once the revolution comes.

# Rileigh:

Yeah.

# **Teylor:**

Yeah.

Um, here's one more that you have to be able to see the picture to understand, because the caption does not explain anything. But I want to describe it to you all the best I can because it brings me so much joy. And it just says, how to clean all of your fruits at once. Imagine, if you will, the top rack of a dishwasher where the mugs go—

### Sydnee:

Uh-huh.

### Rileigh:

... filled with oranges.

# **Sydnee:**

[laughs]

### Rileigh:

Brim to brim, edge to edge—

### Sydnee:

Well, this addresses—

### Rileigh:

... filled with oranges.

# Sydnee:

This addresses the common problem of needing to clean dozens of oranges at once.

# Rileigh:

[laughs]

# Sydnee:

And also, it speaks to teenagers because teenagers so frequently look for great deals on oranges and buy them in bulk. [laughs]

# Rileigh:

Yes.

# Sydnee:

Right?

Yes.	<i>.</i>
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I don't think that's how you fruit.

### Rileigh:

No, because don't... I mean, isn't the water in a dishwasher, like, warm?

### **Teylor:**

Yes, it is.

### Sydnee:

Yes.

### **Teylor:**

[laughs]

### Rileigh:

Like, really warm?

### Sydnee:

I don't think you wanna put your... I guess you just do a rinse cycle, but it's still warm.

# Rileigh:

It's still really warm.

# Sydnee:

Yeah, I've got nothing. I don't know.

# Rileigh:

Like, I don't rinse my fruits under hot water. [laughs]

# **Teylor:**

Slightly broiled oranges.

# Rileigh:

[laughs]

# Sydnee:

[laughs] Uh, this is citrus based. Uh, do teenagers still spray their hair with lemon juice to lighten it?

### Rileigh:

I have done that before, actually. I did that two summers ago, I think, during the summer.

### **Sydnee:**

Mm-hmm.

### Rileigh:

I was with a friend. And to be fair, I was with a friend who had blonde hair, like, naturally just very blonde hair, and she put some in her hair and it made it even lighter, like, almost, like, white blonde, and I was like, "I should try that," and I have very dark, brown hair [laughs] and I was surprised when it didn't work but, you know, [laughs] I probably shouldn't have been.

### **Sydnee:**

'Cause I guess that would count as, like, a teenage life hack from back in the day.

### Rileigh:

Yeah.

# Sydnee:

There was, like, the lemon juice in your hair or, like, if you wanted to dye your hair a different color, use Kool-Aid.

# Rileigh:

Yeah.

# **Teylor:**

Yeah. And then it smells nice, too.

# Sydnee:

So, teens are still using Kool-Aid to dye their hair?

# Rileigh:

Um, I mean, I don't know about now, like, people my age. But it was a thing all my friends tried to do in, like, seventh or eighth grade, like, 13, 14, use Kool-Aid to dye the ends of your hair—

# Sydnee:

Mm-hmm.

### Rileigh:

... or take, like, sea salt and water and mix them together and try to spray it through your hair and make your hair wavy.

### **Sydnee:**

Yeah.

### Rileigh:

Like, a salt spray almost to make your hair, like, beach wavy.

### **Sydnee:**

I think—

### **Teylor:**

But I don't... Go ahead.

### Sydnee:

I was gonna say, I feel like are a lot of those hair-centric, like, the one where you, like, put your hair in a ponytail on top of your head to cut it.

# Rileigh:

Yeah. That doesn't work.

# Sydnee:

No.

# **Teylor:**

That's not a good one. I did that one, that's not a good one.

# Rileigh:

[laughs]

# Sydnee:

Yeah, I did too.

# **Teylor:**

Yeah.

# Sydnee:

It doesn't work.

### Rileigh:

I did see one though where you put it on top of, in a ponytail on top of your head to curl it so that you don't get, like, big, tight curls that go all the way up to your head—

### Sydnee:

Mm-hmm.

### Rileigh:

... but, like, loose ones that just go over the top, or the bottom half of your hair and it's easier to grab the hair when it's all in a ponytail. That does work. I do that whenever I curl my hair. So, there's one life hack that I do use.

### Sydnee:

Thanks, YouTube.

### Rileigh:

Thanks, YouTube.

### Sydnee:

Uh, were you gonna mention one, Teylor?

# **Teylor:**

Oh, no, I was just gonna say that I actually think the salt, the sea salt and the water thing is probably actually really smart because I, uh, I bought, like, one of those sea salt sprays, texturizer sprays for a long time and then... And it was, you know, not cheap. I looked at the ingredients and, like, the two main ingredients are legitimately water and salt. Like, hm, I've been bamboozled. [laughs]

# Sydnee:

[laughs]

# **Teylor:**

This has a very nice smell and a pretty label, but I think otherwise I'm just spraying salt water, \$20 salt water in my hair.

# Rileigh:

[laughs]

### **Sydnee:**

I still have one of those sprays.

### **Teylor:**

Yeah.

### **Sydnee:**

I haven't used it in a while, but I did pay for it.

### Rileigh:

Yeah.

### Sydnee:

I do own it.

### Rileigh:

Well, I do have one I paid for, I have to admit.

### **Sydnee:**

Um, what other... Well, here, how about this, do you want me throw a '90s hack at you?

# Rileigh:

Throw some '90s hacks in there.

# Sydnee:

Okay. Rileigh, this is one you can relate to. When you get a two day rental from Blockbuster in the evening, [laughs] you actually have until the morning of the third day to return it without a late fee.

# **Teylor:**

Do you know what a Blockbuster is?

# Sydnee:

[laughs]

# Rileigh:

I remember going into the Blockbuster that we used to have in Huntington and renting never a movie, always video games for my Game Cube and always the newest Mario Party—

[laughs]

### Rileigh:

... to play with friends on weekends when I'd have sleepovers.

### Sydnee:

[laughs] Also, um, if you... Let's say that you want to do this, and I'm guessing you're just wanting to watch the movie over and over again, that's... I guess that's why you would do, keep it an extra night so you can watch it a third time—

### Rileigh:

Yeah.

### Sydnee:

... uh, if you're gonna do that, you might want to invest in a VHS rewinder so that you don't have to... So you can rewind it while you're watching something else, I guess.

### **Teylor:**

I mean, to be real, they couldn't punish you in any way for not rewinding, other than the guilt trip of the fact that you were not kind and you did not rewind.

# Sydnee:

That's true.

# Rileigh:

What?

# Sydnee:

They want you... You have to rewind it after you watch the VHS tape. The big tapes.

# Rileigh:

Mm-hmm.

# **Teylor:**

[laughs]

### **Sydnee:**

You have to rewind it when you're done. It doesn't reset.

### **Teylor:**

No, you gotta manually do that.

### **Sydnee:**

Yeah, and go back to beginning.

### **Teylor:**

And there were always those chaotic, evil people that would, you know, watch their movies from Blockbuster and return them not rewound, and they were supposed to rewind them, I believe. Part of the job of a Blockbuster employee. But oftentimes, it didn't happen. You would get one that would start at the very end. You'd see the last—

### **Sydnee:**

Yeah.

### **Teylor:**

... scene of the movie. Like, oh...

# Sydnee:

[laughs]

# Rileigh:

That's frustrating.

# Sydnee:

That was definitely Justin, one of the two times he worked at Blockbuster.

# Rileigh:

[laughs]

# **Teylor:**

[laughs] That would actually have been a pretty good, like—

# Sydnee:

He got fired once and he quit the other time, but I don't remember which one. [laughs]

But, like, a purposeful, like, horrible thing to do as a Blockbuster employee, just rewind them all to, like, the pivotal scene of the movie so that as soon as you pop it in, it's just, like...

### Sydnee:

"Awww, man."

### **Teylor:**

[laughs]

### Sydnee:

[laughs]

### **Teylor:**

"Aw, man."

### **Sydnee:**

I do like... Before we go to the break, I do like this one 'cause Rileigh's not gonna understand this at all, but I remember doing this. If you want to download a song, start downloading it before bed so that by the time you wake up, it should be pretty much done.

### **Teylor:**

Yep.

# Sydnee:

This was the world—

# Rileigh:

What?

# Sydnee:

... we lived in. [laughs]

# Rileigh:

Whenever I wanna listen to a new song, I just, like, go to my Apple Music and search it and play it.

# **Teylor:**

Yeah, that's not how the world worked back then.

### **Sydnee:**

No, you had to steal it somewhere.

### **Teylor:**

From Napster.

### Rileigh:

Why?

### **Sydnee:**

From Napster. Becau-

### Rileigh:

Why didn't they just let you have music?

### Sydnee:

'Cause there was no way to get paid for it back then.

### Rileigh:

Oh.

# **Sydnee:**

People whose music is on Apple Music are, like... They're getting, like, paid. But—

# Rileigh:

Yeah, 'cause you have to pay for Apple Music every month.

# Sydnee:

... there was no, like, mechanism to buy music on the internet, but it was out on the internet. So, you could go get it, but you were stealing it and it took a long time to download 'cause internet was slow and clumsy.

# Rileigh:

Sydnee, did you commit a crime?

# Sydnee:

Everybody... Oh, everybody committed this crime.

# **Teylor:**

Oh, yeah. All the crimes.

### Rileigh:

So, did you all commit crimes?

### **Teylor:**

All the crimes.

### **Sydnee:**

Everyone was doing this, everyone was stealing music [laughs] and it took forever to steal. So, you would, like... I remember doing this, like, especially in college, starting my computer up on a bunch of stuff I wanted to download and then I'd go to bed and wake up the next morning and be like, "Oh, that's almost there. That one's 99%, I'm so close."

### **Teylor:**

Yep.

### Rileigh:

Why does it take so long?

### **Teylor:**

Yeah, I—

### Rileigh:

Stealing should be the fast way of doing things. [laughs]

### Sydnee:

[laughs]

# **Teylor:**

I'd do it before school so then I could be excited all through school to get home and, like, watch whatever anime music video I downloaded from Napster.

# Sydnee:

[laughs]

# Rileigh:

[laughs]

# Sydnee:

Um, well, I wanna talk about some more life hacks. But before we do that, let's... Is this a—

### Rileigh:

This is—

### **Sydnee:**

... Max Fun hack?

### Rileigh:

This is a Max Fun hack.

### **Sydnee:**

Oh, there we go. Um, let's say that you enjoy this show [laughs], you've made it halfway through.

### Rileigh:

You've made it halfway through an episode, so I hope you do.

### **Sydnee:**

Um, let's say that you enjoy our network in general, we do.

# Rileigh:

Yeah.

# Sydnee:

So, maybe you do, too. We hope so. Um, and you've thought, "You know what, I would really like to become a member of the Max Fun family and show my support, uh, through, um, monthly donations." Well, this is the time to do it.

# Rileigh:

Now is the time.

# Sydnee:

This is the moment. Uh [laughs], because, um... And here's the reason. When you contribute, uh, to the Maximum Fun network, well, first of all, it makes you feel good.

# Rileigh:

Yeah, every time you listen you're like, "Hey, I did that."

# Sydnee: Yeah. Teylor: Yeah. Sydnee: "I'm part of that."

# Rileigh:

Yeah.

### **Sydnee:**

Um, and it's good to contribute to things that you enjoy, you know, to... It, it... There's nothing wrong with supporting the things that you like, um, by, you know, throwing a little money that direction. I think that's a wonderful thing to do. Um, you will... If you do so, you'll help us reach our goal of 25,000 new and upgrading members and, uh, also, there are gifts.

### Rileigh:

There are gifts.

# **Teylor:**

Woohoo.

### Sydnee:

So-

# Rileigh:

Can I tell you about some of them?

# Sydnee:

Please, share our gifts.

# Rileigh:

So, for just five dollars a month, you get exclusive bonus content from every past Max Fun Drive in Maximum Fund's existence for every Maximum Fun show. But most importantly, you get our exclusive bonus content.

# Sydnee:

Yes, [laughs] that's true.

#### Rileigh:

Um, we've done some—

### Sydnee:

Including—

### Rileigh:

... pretty good episodes for you to enjoy through your ear holes, including this year we did a teen trivia challenge. Like, a face off sort of competition.

#### **Teylor:**

Yep. And it's—

#### Sydnee:

Yeah.

### **Teylor:**

It's also the only recorded episode where Rileigh might have to use the bleep button. [laughs]

## Rileigh:

And I may have had to use the bleep button. [laughs]

# Teylor:

But there's actually no bad content, but it was there. [laughs]

# Rileigh:

[laughs]

# Sydnee:

It's still clean, but not... That was despite Teylor's best efforts.

# Rileigh:

Yes [laughs]

## **Teylor:**

[laughs]

## Rileigh:

Um, for \$10 a month, you get a drive exclusive enamel pin designed by Megan Lynn Kott, and there are brand new designs for every Maximum Fun

show because she designed pins for us last year and you get to pick your favorite show and your favorite pin and get that pin and you get a Max Fun membership card.

### Sydnee:

You should go checkout these pins, um, because they're super cute and ours specifically I really love this year.

### Rileigh:

I know. I do, too.

#### **Sydnee:**

Um, it's a little how to adult book.

#### Rileigh:

And it says by Still Buffering and it has finger guns on it. [laughs]

#### **Teylor:**

Pew pew.

### Sydnee:

So, go check out all the pins. You're gonna love 'em.

## Rileigh:

Yeah. Sydnee, what do we get for \$20 a month?

## Sydnee:

So, for \$20 a month, you get the Max Fun Family Cook Book, which is a bunch of recipes from Max Fun hosts, uh, dozens of them, cocktails, desserts, everything that you could want. Plus, a bonus set of handsome, space themed cookie cutters, uh, and I know specifically Justin contributed a recipe to this book.

## Rileigh:

Really?

# Sydnee:

I believe for chess bars.

## **Teylor:**

Oh, nice.

#### **Sydnee:**

Yes.

#### **Teylor:**

Those are great.

#### Sydnee:

So, which is his recipe via his mom, and it's a great recipe.

#### Rileigh:

Yeah.

#### **Sydnee:**

So, if for no other recipe—

### Rileigh:

Than the chess bar.

#### **Sydnee:**

... you want it for that. Uh, for \$35 a month, should I do that? You want me to keep going?

### Rileigh:

Yeah. Go ahead, whoever wants to do it, just... Yeah.

# Sydnee:

For \$35 a month, you can get a one liter juice carafe, or whatever you want to put in it. We're gonna specify it has to be for juice.

### Rileigh:

But, I mean—

### Sydnee:

It can be for juice.

### Rileigh:

... it can be for juice.

## Sydnee:

But whatever else you have a liter of that you would like to store [laughs] in a beautifully, and permanently engraved Max Fun rocket logo carafe, uh, this is the product for you. Um, it tastefully displays whatever beverages you have, and that's at \$35 a month. And we also have great gifts at \$50 and \$100 and \$200 a month levels and you can check out all of those wonderful gifts, if you want to know what they are, at maximumfun.org/donate. Uh, and like I said, you can look at all the pins and—

#### Rileigh:

Yeah.

#### Sydnee:

... check out all of our gifts.

#### Rileigh:

There's a pin for every Max Fun show.

#### Sydnee:

And, uh, each level you donate at, you get the stuff for the level before.

### Rileigh:

Yeah.

#### **Teylor:**

Yeah.

### **Sydnee:**

I should clarify that. Um, and if you are already a member, this is also a great incentive to, if you can and you're interested in doing so, upgrade your membership, because that's the only way you get the prizes. So, if you're already a member at one level and you're thinking about going up to the next level, this is the time to do it because then you get—

### Rileigh:

Get that juice carafe.

## Sydnee:

There you go. Um, so, this is a great time if you like the content that Maximum Fun creates and you want to support it, you can get any of these great gifts. So, support our show and all the other Maximum Fun shows, uh, by becoming a monthly member. And again, this is not just for if you make a one-time donation, which is great, we're not discouraging you. That's wonderful. Thank you for anything you can do or give. It's wonderful. We

appreciate it. But, uh, to get the gifts, you have to become a regular member.

#### Rileigh:

Mm-hmm.

#### Sydnee:

You have to become a monthly member. Uh, you can contribute at any level that suits you and your lifestyle, um, and, uh, all you have to do to do this is go to maximumfun.org/donate. You select the membership level that is right for you. You provide them your credit card information and some other basic information, including, and this is really important, the Max Fun shows that you listen to. Uh, that really helps us out if you're listening to the show, then we're one of them.

### Rileigh:

Then we're one of them.

#### **Teylor:**

Yay.

### Rileigh:

So, select... Put that little check next to Still Buffering.

## Sydnee:

Yes, check next to Still Buffering because that helps decide, uh, where your donation goes. So, please, uh, if you're listening to our show, if you like our show, make sure and check ours and you're a member. Um, your membership contribution will process automatically each month and you don't have to do anything else unless your card expires or you would decide to cancel your membership. But, uh, but it's that simple. So, please, if you—if you're at your computer, if you're on your phone, if you're thinking about it, do it right now while you're thinking about it.

## Rileigh:

Yeah.

## Sydnee:

Um, so that you can get all these great gifts, so that you can help us reach our goal of 25,000 new and upgrading members and, uh, and it's super easy and we thank for it.

## Rileigh:

Yeah.	
<b>Sydnee:</b> So, join our fam	ily, become a member, maximumfun.org/donate.
-	eady upgraded or started a membership this Max Fun Drive
•	ex Fun Drive and you are currently a member, thank you for e appreciate you very much.

# Sydnee:

Yeah.

## Rileigh:

And-

## Sydnee:

We couldn't do this without our listeners.

### Rileigh:

Yes.

## **Teylor:**

Man, I'm just thinking, you could get that sweet juice karaf and the cook book and the cookie cutters and you could have a whole party.

## Rileigh:

Oh, you could.

## Sydnee:

A whole Max Fun party.

## **Teylor:**

A Max Fun party.

# Rileigh:

And you'd have all that exclusive bo-co.

# Sydnee:

[laughs]

# **Teylor:**

Yeah.

#### Rileigh:

Bonus content, bo-co.

### **Teylor:**

Yeah. You could all listen to the bonus content, you could show off your snazzy pins, you could just have a whole good day.

### Rileigh:

Yeah.

### **Sydnee:**

You could trade pins like they used to do at Odyssey of the Mind.

#### Rileigh:

Like they do at Disney.

### **Teylor:**

Or that, yes.

### Rileigh:

[laughs]

## Sydnee:

[laughs] Um, do you, uh, do you have some more current teen hacks? 'Cause I got a whole bunch of '90s ones that you are not gonna understand. [laughs]

# Rileigh:

Um, I'm confused as to why some of these are teen life hacks.

## Sydnee:

You gotta find some teen life hacks. I'm gonna tell you a quick one for when your cassette isn't working, your cassette tape, you know, that you listen you— to your music on?

## Rileigh:

Right.

## Sydnee:

You just take a pencil and put it in the hole and wind it.

#### Rileigh:

I don't understand.

#### **Sydnee:**

That usually... Just tighten it up, that makes it work. It's just like when your, you know, when your, um, Nintendo game isn't functioning properly and you just take it out and blow in it.

#### **Teylor:**

Oh, yep.

#### Rileigh:

What?

#### **Sydnee:**

That works, too. [laughs]

#### **Teylor:**

Did that ever really work?

### Sydnee:

Right, Tey? Yeah. Uh, it made you feel like you were something. Um—

# **Teylor:**

I remember, Syd, one of your, uh, one of your ex-boyfriends showing us a life hack that completely disturbed me.

## Sydnee:

What?

### **Teylor:**

Maybe you remember this, that when your CD won't play, you just lick it. You lick the CD—

## Sydnee:

Yes.

## **Teylor:**

... and you dry it off and that's gonna make it better.

# Sydnee:

### [laughs]

### **Teylor:**

But it was, like, without explanation, just making conversation while we're driving in the car, he pulls out the CD from the thing that's skipping and just goes... And dries it up on his shirt and we're both just like, "Uh."

### **Sydnee:**

"That's not what CD is for."

### **Teylor:**

[laughs] "What'd you just do?"

#### **Sydnee:**

You know, though, that reminds me of another... I guess this was a life hack. So, uh, Teylor and I were always running late for school when I used to drive her to school—

### **Teylor:**

[laughs] This is not a life hack.

### **Sydnee:**

... in high school and, uh, I didn't have time to scrape my windshield if it was, like, an icy morning during the winter and I had to park outside, so it was frequently frozen. Uh, and if you just spray it with [laughs] windshield wiper fluid, it will keep refreezing. Don't do that. So, I would use a CD case to scrape my windshield a lot of mornings, like, half scrape, one arm hanging out the window while I'm driving with the other arm just real quick with a CD case—

# Rileigh:

Mm-hmm.

## Sydnee:

... um, if you don't have an ice scraper. You can't do that anymore 'cause there aren't CD cases.

## Rileigh:

Also, it's very unsafe.

# Sydnee:

[laughs]

#### **Teylor:**

Inexplicably, if your car always had dirty socks in it, Syd, uh—

#### Sydnee:

Yes.

### **Teylor:**

... you can put the dirty sock on your hand and wipe the windshield as you drive, or have your, your passenger do that for you—

#### **Sydnee:**

[laughs]

### **Teylor:**

... your younger sister hanging out the window wiping your windshield with the dirty sock on her hand. That'll work.

### **Sydnee:**

These, these are really classic '90s teen life hacks, I think. I'm pretty sure we've stumbled upon some.

### **Teylor:**

Yep [laughs]

# Rileigh:

Um, here's one that I found for when you're at school and it just kind of makes you, like, I don't know... It allows you to be selfish in the halls of high school.

## Sydnee:

Uh-huh.

# Rileigh:

But I think that's okay. Um, whenever you're at school, carry an empty and a full pack of gum, so when people ask you, show them the empty one and say, "Sorry, I'm out." [laughs]

# Sydnee:

Why, why are teenagers today so stingy with their gum, I guess?

# Rileigh:

'Cause everyone always wants gum. No one ever has it except for that one person. No one can ever buy it for themselves. You just have to ask someone else for it.

#### Sydnee:

[laughs]

#### Rileigh:

It's always that one person that has gum.

#### **Sydnee:**

Gum is the currency of high schools?

#### Rileigh:

Yes.

### Sydnee:

Ah.

#### **Teylor:**

Just why do you need the fake out pack? Why can't you just say, "No, I don't have any," without providing evidence of your lack of gum. [laughs]

# Sydnee:

[laughs]

# Teylor:

It's almost as if, like, man, I see Rileigh chewing gum every day, but she always has that one, old, like, empty pack of gum—

## Rileigh:

[laughs]

# **Teylor:**

... that she whips out. It's like, I didn't even ask her. She just pulled it out with her mouth full of gum and said, "You know what, I don't have any gum," and it was weird.

# Sydnee:

Don't even ask. [laughs]

# **Teylor:**

### [laughs]

#### **Sydnee:**

I clearly don't have gum. Look at this pack.

### Rileigh:

I tape it to my forehead.

### **Teylor:**

Just don't even ask.

### Rileigh:

I'm out.

### **Sydnee:**

I found this, I found this hack, uh, and I don't know if this is still something that people do. When leaving your car, hide your radio.

### Rileigh:

What?

### **Teylor:**

Oh, yeah.

## Sydnee:

Do you remember—

## **Teylor:**

Yeah.

## Sydnee:

I used to take the... So, my car stereo had a face plate that was removable, so you would take it out and hide it. So, like it would be impossible to... Like, you wouldn't even know it was in the... It was just like a blank strip where the rest of the radio was.

### **Teylor:**

Yeah. That was your CD player.

# Sydnee:

Yeah.

### **Teylor:**

Yeah.

#### **Sydnee:**

So, that way nobody would think to steal it.

### Rileigh:

But, like, that doesn't happen in my car.

#### **Sydnee:**

Oh, it just... It was a common feature.

#### Rileigh:

Well, my car is 17 years old.

### **Sydnee:**

It was not, it was not uncommon [laughs]

#### **Teylor:**

Uh, and then you thought that I was stolen, Syd, I believe at a car wash—

### Sydnee:

Uh-huh.

### **Teylor:**

... and then we found it-

## Sydnee:

Yes.

## **Teylor:**

... out of the blue one day behind the sun visor. I think we were also—

## Sydnee:

[laughs]

## **Teylor:**

... driving to school that day and I pulled the sun visor down and then your... Not only did the face plate to your CD player fall into my lap—

# Sydnee:

#### [laughs]

#### **Teylor:**

... but so did an old, dry tortilla [laughs] that was up there.

#### Sydnee:

[laughs] I did have a tortilla, uh, hidden behind my visor for quite a while. I don't remember why.

#### **Teylor:**

Oh, I can remember why, because one night I ate a face into it and it was a funny tortilla face and then we put it up there [laughs]

#### **Sydnee:**

That a— [laughs] That seems like a good reason.

### **Teylor:**

[laughs]

### Rileigh:

Um, so, I was just scrolling through Pinterest and I got very excited because the top of this said instant phone case, and I was like, oh, man, phone cases are expensive. How can I hack this and get a less expensive phone case?

## Sydnee:

Okay.

# **Teylor:**

Tell me it's just, like, a plastic bag.

# Rileigh:

It's literally a plastic bag.

# **Teylor:**

Oh my god. [laughs]

## Rileigh:

[laughs]

## Sydnee:

Is that a life hack teens use today? [laughs]

#### Rileigh:

Like, she's just—

### **Teylor:**

[laughs]

### Rileigh:

Her phone has a case on it, too. Like, I'm looking at her phone, it has a case on it and she has put it in the bottom of a plastic bag.

#### **Sydnee:**

I think that's a joke.

#### **Teylor:**

I mean—

#### Rileigh:

It looks very real, and it's from a YouTube video, from a very popular YouTuber.

### Sydnee:

It would not protect your phone.

## Teylor:

Well, sure, if you dropped that in the water, if it's, like, a zip-lock.

# Rileigh:

In water.

### **Teylor:**

Yeah, you're gonna be okay.

## Sydnee:

Yeah, but if you drop it on the ground, it could still break.

## **Teylor:**

Yes. This is specifically for water related incidents, I think.

## Sydnee:

[laughs] I found a life hack, I... We may have mentioned this one before, but I remember doing this. If there's a f—... If you're about to get a phone

call but it's late, and so you don't want your parents to know that the phone's gonna ring, call, like, the movie theater hotline or the—

#### **Teylor:**

Oh, yeah.

#### **Sydnee:**

... time hotline-

#### **Teylor:**

Mm.

#### **Sydnee:**

... so then they just beep in on that and you click over.

#### **Teylor:**

Yep.

#### Sydnee:

Okay. So, back when—

### Rileigh:

I'm very confused. [laughs]

## Sydnee:

Back when there were landlines—

## Rileigh:

Okay.

## Sydnee:

... you would use your landline to call, like... The movie theater hotline would just list what movies were playing because the internet wasn't widespread—

## Rileigh:

Right.

## Sydnee:

... so you couldn't look up the movie times. You would call and listen to all the movie times and it was just a recording and it would keep looping.

### Rileigh:

Mm-hmm.

#### **Sydnee:**

So, you could just call and keep listening to the movie times while your friend called your number and beeped in on that so the phone didn't ring—

## Rileigh:

Oh, I see.

#### **Sydnee:**

... because call waiting.

#### Rileigh:

Very sneaky.

#### Sydnee:

Yeah. Or you could do that with the time, there's a number you could call for the time.

## Rileigh:

For the time of day?

# Sydnee:

Yeah.

# Teylor:

Yeah, and the weather.

## Sydnee:

Yeah. It would tell you the time and the weather.

# Rileigh:

For the time?

## Sydnee:

[laughs]

# Rileigh:

No, I know-

### **Teylor:**

I mean, we did have watches back then.

### Rileigh:

I was gonna say, I know you had watches and clocks. [laughs]

### **Sydnee:**

[laughs] We did. You know, it is... If you think about that too much, it gets kind of weird.

### Rileigh:

For the time?

### Sydnee:

[laughs]

### **Teylor:**

[laughs]

### Rileigh:

I'm confused. [laughs]

## Sydnee:

This is definitely something that we had though.

# Rileigh:

Do you all wanna know nine ways to get taller when you're under the age of 21? [laughs]

## Sydnee:

Uh, what? [laughs]

# Rileigh:

'Cause that's a teen life hack for you. One, skip. It increases blood circulation and helps body muscles grow, the simplest exercise to increase your height. Is that true?

## Sydnee:

No.

### **Teylor:**



### Rileigh:

[laughs]

### **Sydnee:**

You can't... There's nothing you can do to make yourself grow taller than you're gonna grow.

### Rileigh:

Two-

#### **Teylor:**

Are you sure you can't skip?

### Rileigh:

Two is best though, 'cause this just says leg kicking. Great exercise for leg growth.

### Sydnee:

These are not true. Uh, where did you find this?

## Rileigh:

Pinterest. It's from lifehackable.com.

## **Teylor:**

Leg kicking, that's a... It's like kicking anything specific or just, like, kicking, like, cool karate moves in the air?

## Rileigh:

It just says leg kicking. [laughs] What about number nine, vertical hang? Hanging from vertical bars at a young age, your spinal cord and vertebral column will grow.

## Sydnee:

No.

# **Teylor:**

Yeah.

#### **Sydnee:**

No.

#### **Teylor:**

You just put some weights on your feet and then it, like, stretches you out.

#### Rileigh:

Yeah.

### Sydnee:

These are not—

#### **Teylor:**

Definitely doesn't do any damage. [laughs]

#### **Sydnee:**

These are not things. Um, I do enjoy... I found a life hack for today. Again, this is supposed to be for teens, but I don't know why. If you're going to a zoo, wear the same color as the employees do. The animals will come right up to you instead of backing away. [laughs]

### Rileigh:

This is like Charlie's plan to infiltrate Claire's and keep them from closing it. You dress as a zoo employee.

## Sydnee:

I found this and I thought, this is true, I wouldn't call this a hack. I would just call this a piece of useful advice. Do you know that if you're looking for something on the internet, Rileigh, like researching a paper or something, you can go to Google Scholar?

## Rileigh:

Yeah.

## Sydnee:

Okay. That's supposed to be a life hack. Don't go to Google, go to Google Scholar.

### Rileigh:

That actually is very helpful.

#### Sydnee:

Yeah. I wouldn't call that a life hack as much as, like, that's good, sound research advice. [laughs]

#### Rileigh:

This one is just kind of spooky. [laughs] Um, feeling alone on Valentine's Day? Close all the lights and put on a horror movie. After a while, it won't feel like you're alone anymore. [laughs]

#### **Teylor:**

That's... true.

#### Sydnee:

That's upsetting. [laughs]

#### Rileigh:

Because of the ghosts you think you'll have in your room?

### **Teylor:**

I mean, I do that every Valentine's Day anyway, 'cause that's just what I wanna do. But that's, uh, that's interesting. If you're... You can avoid all emotions if you're in a constant state of fear. Life hack! [laughs]

### Rileigh:

[laughs]

## Sydnee:

I remember this one. Turn your shower to cold before you get out of the shower, like, turn it on cold, like, all the way?

## Rileigh:

Why?

## Sydnee:

It's supposed to close your pores.

# Rileigh:

Oh.

#### **Teylor:**

Oh, I just thought that would be so you don't get all shivery once you get out of the shower, 'cause—

#### Sydnee:

[laughs]

### **Teylor:**

... it's from hot to cold.

### Rileigh:

[laughs]

### **Sydnee:**

I remember reading that in teen magazines, like, way back. Like, that was, like, the last thing right before you get out, blast yourself with cold water, it closes all your pores.

#### Rileigh:

Now, this is one I've seen many times. Um, the gel from an Advil liquid gel will cure a pimple right away and it's a picture of someone sticking a safety pin to the top of an Advil liquid gel so they can squirt it out onto their face.

### Sydnee:

No, I would not recommend doing that. Um— [laughs]

# Rileigh:

I've never done it before, but I've always been very intrigued.

## Sydnee:

No, I mean, it's... Like, ibuprofen is anti-inflammatory. So, if you're talking about the part of the pimple process [laughs] that is inflammation, like, it will calm inflammation. But you could just, like, take it, too.

## Rileigh:

Yeah, you don't have to, like, rub it on your skin.

## Sydnee:

Yeah. [laughs] That's the same as, like, have you heard put toothpaste on pimples?

# Rileigh:

Mm-hmm.

#### **Teylor:**

Yeah.

#### **Sydnee:**

That doesn't work. I may have tried that. [laughs] Do you ever do this, I—I've seen this before for painting your nails, put glue around the edge of your fingernails?

#### Rileigh:

Yeah. They make stuff for that actually that... Glue doesn't work as well, but they make stuff that you can paint around the edge of your nails that dries so that when you get nail polish on top of it, you can just peel it off.

### **Sydnee:**

I cannot ever imagine doing this because if I'm gonna take the time to paint my nails, I'm certainly not gonna have bonus time to first paint around my nails with glue.

#### Rileigh:

Yeah.

# Sydnee:

That's not gonna happen. But I do really like peeling glue, dried glue off my skin. So, I could see where that would be very enjoyable.

# Rileigh:

I've seen this life hack before—

### **Sydnee:**

Okay.

## Rileigh:

... where if you pick at the skin on your fingers, which, Sydnee, I know you do and I do as well, I pick at—

## Sydnee:

Uh-huh.

## Rileigh:

... the skin on my cuticles around my thumbs a lot—

### **Sydnee:**

Yeah.

#### Rileigh:

... to paint glue onto, like, your fingertips or the pads of your fingers and let it dry and then peel that off. It's very satisfying—

## Sydnee:

Yeah.

### Rileigh:

... and you won't pick at your nails.

#### **Teylor:**

You know, a little bit of an easier way that I've found, a Teylor patented life hack of—

### **Sydnee:**

Uh-huh.

### Teylor:

... of getting the, uh, paint a— off from around your fingers is just do it before you take a shower and then take a shower and all that nail polish that's on your skin just comes off when you wash your hair.

### Sydnee:

Hm.

## **Teylor:**

Straight up, almost always works.

### Sydnee:

That's a good idea.

# Teylor:

You, you... Yeah.

# Sydnee:

Yeah.

### Teylor:

And, and then you don't have to paint yourself with a glue layer [laughs], I guess.

#### Rileigh:

There... Now that I'm thinking about it, there are two life hacks that I'm thinking about now that I've—

#### **Sydnee:**

Uh-huh.

#### Rileigh:

... seen online that people say work that seem very odd, but I have not tried. They both have to do with using very cold water. Um, one of them is you paint your nails and if you need them to dry very quickly, you dunk your wet nails into cold water, and somehow that will dry them quickly.

#### **Sydnee:**

And it won't mess up the paint?

### Rileigh:

And it won't mess up the paint.

### Sydnee:

Hm.

## Rileigh:

Um, and the other one is you put on your makeup and then you put on your powder on your face and then you dunk your face into cold water and it's supposed to set your makeup very well and your makeup is supposed to be, like, more intact for the whole day.

## Sydnee:

Wh— I would think it would wash it off.

# Rileigh:

I would, too.

## Sydnee:

But then your face is wet and you can't dry it because then you'll wipe your makeup off.

# Rileigh:

You can, you can dab.

#### **Teylor:**

But you know what else you can do with a bowl of water? [laughs] Uh, one of this list says if you ever get a bug in your eye, just dip your face in a bowl of water, that guy will come right out. [laughs]

#### Rileigh:

Good. As long as I get a bug in my eye. [laughs]

### **Teylor:**

I mean, not just, like, running around in absolute panic that there's a bug in your eye. Stop and fill a bowl of water. I would be afraid that it would seek higher ground and it would drive the bug into the back of my eyeball and then it would live in my brain and control my thoughts. But maybe that's not what happens.

### Sydnee:

Yeah, I don't think they do that. But [laughs]—

### Rileigh:

That happened on an episode of Black Mirror.

# Sydnee:

Really?

# Rileigh:

Except with fake bees, because it's in a world—

# Sydnee:

Oh, well-

# Rileigh:

... where we've killed all the bees, so we have little robot bees.

# **Teylor:**

Yeah, that's a little different, all right?

# Rileigh:

[laughs]

# Sydnee:

I like this teen hack. Uh, I cannot imagine any teen ever taking the time to do this. When taking notes in class, leave a few pages in the front for a table of contents.

#### Rileigh:

Nope [laughs]

#### **Sydnee:**

[laughs]

### **Teylor:**

[laughs] That's not a bad idea.

#### **Sydnee:**

This is a teen hack from Hermione Granger. [laughs]

## Rileigh:

[laughs]

#### **Sydnee:**

Um, was that too nerdy? Did I take that too far?

## Rileigh:

Well, maybe.

# Sydnee:

[laughs]

# Teylor:

Wait, you made a Harry Potter joke?

# Sydnee:

Yeah.

## **Teylor:**

No, Sydnee. No, it's not.

## Rileigh:

[laughs]

## Sydnee:

Okay. [laughs] I don't know.

### **Teylor:**

Uh, I don't know why, once again, this is a teen life hack, but it's an awesome hack if it's true, and anybody out there that works at Disneyland, please tell me if this is the case. Uh, at any pickle stand in Disneyland... Which, question number one, there are pickle stands in Disneyland?

#### Rileigh:

[laughs]

### Sydnee:

I didn't know [laughs] we were... Okay, I don't know... You said Disneyland.

### **Teylor:**

Yeah.

### Sydnee:

I have only been to Disney World. So, I am gonna... Maybe there are pickle stands at Disneyland.

#### **Teylor:**

I mean, I know the West Coast is a lot more health conscious than we are over here. Like, maybe that's, like... We get, like, the fried food, like, the Oreo churros. You guys have pickle stands.

## Sydnee:

[laughs] I thought you were gonna say instead of a churros stand, you get a pickle stand. [laughs]

## Rileigh:

Pickle stand. [laughs]

# **Teylor:**

[laughs] I mean, maybe that's the case, and if so, good for you. Pickles are good for you.

# Sydnee:

No, not good for you, California. If that's the truth, you did it wrong. You're at Disney World. You deserve a churro.

### **Teylor:**

It's all just, like, pickles and avocados. Like, that's just it. Like, just an avocado carved in the shape—

#### Sydnee:

[laughs]

#### **Teylor:**

... of Mickey Mouse's head for \$25. That's... "Welcome to Disneyland, here's your pickle." Uh, [laughs] at any pickle stand in Disneyland, which clearly do exist, if you ask an employee how their day was, they'll give you a free pickle.

#### Sydnee:

Well, if I ever find a pickle stand in Disneyland, I'm gonna try it.

### **Teylor:**

[laughs]

### Rileigh:

You like pickles?

### **Sydnee:**

I do love pickles.

## **Teylor:**

I mean—

### Rileigh:

You've come up with no money, not prepared to pay for anything, and just say, "How was your day?" And if they're like, "Uh, good. What can I get you?" Just be like, "How was your day?"

## Sydnee:

And how out your hand expectantly.

## **Teylor:**

[laughs] "How was your day? What would you feel about giving me a free pickle? How was your day?"

## Sydnee:

[laughs]

#### **Teylor:**

Uh, I'm gonna try that at just any Disney-based counter. Just, like, just try and ask the employee how they're doing, see if you get free stuff. Who knows? Maybe that's a secret Disney policy that none of us know and it's about kindness.

#### **Sydnee:**

Well-

#### Rileigh:

I think that's the best possible teen life hack to close out our show. [laughs]

#### **Teylor:**

[laughs] To get free pickles.

#### Sydnee:

So, now you know how to get free pickles at Disneyland pickle stands, that may or not exist.

#### **Teylor:**

Disneyland pickle stands. [laughs]

## Sydnee:

[laughs]

## Rileigh:

If any of you live in California and know these pickle stands exist, please try this out and let us know how it goes. [laughs]

## Sydnee:

Yeah, I would love to know.

## **Teylor:**

Yeah. If you ever wanna make an exchange of pickle information for, like, deep fried Twinkies, you know, we'll help you out. I feel bad for you guys. [laughs]

# Sydnee:

[laughs] Um, thank you, all, for listening to our show.

# Rileigh:

#### **Sydnee:**

Thank you, sisters, for joining me, for hacking life with me. Um, uh, we do wanna mention one time, you know, if... It is the MaxFunDrive time of year. Uh, we are a listener supported network, so we count on our listeners to help us out. This is, this is the one time of year where we come to you hat in hand and say, hey, if you like what we do and you are in a place in your life where you could afford it right now, we would super appreciate you either joining as a member or upgrading, if you can, uh, your membership, because this is the time of year to do it because you help us reach our goal of 25,000 new and upgrading members, and you get out great pledge d—pledge gifts, as we've already mentioned.

That includes bonus content at the \$5 level. At the \$10 level we have those amazing pins. I would urge you, if nothing else, just go checkout... Look at the pins.

### Rileigh:

Yeah.

#### **Teylor:**

They're super cool.

## Sydnee:

They're so cool.

## Rileigh:

They're very cool.

# **Teylor:**

They are so cool.

## Sydnee:

Yeah, super cool pins. At \$20, you get the Maximum Family Cook Book and the cookie cutter set. And at \$35, you get the juice, or whatever beverage you prefer, carafe—

## Rileigh:

Yeah.

### Sydnee:

... um, with the Max Fun logo.

### **Teylor:**

35 bucks, that's all you need to throw that sweet Max Fun party.

### Rileigh:

Yeah.

### **Sydnee:**

There you go. Um, and, uh, and all you have to do, if you're interested, is go to maximumfun.org/donate and you select your membership level. You pick the shows you listen to and remember, if you're listening... If you've made it this far, you're definitely listening to Still Buffering. [laughs]

### **Teylor:**

We have so much more highly useful life hack and information to share with you that will definitely make your life better, so... [laughs]

### Sydnee:

That's right.

### **Teylor:**

We appreciate the support.

## Sydnee:

So, so, choose the shows you listen to, including ours hopefully and, uh, your membership contribution will process automatically every month. So, uh, maximumfun.org/donate. Join our family, become a member, get a gift.

# Rileigh:

That simple.

## **Teylor:**

Woohoo.

# Sydnee:

There you go. Um, thank you so much for listening. Uh, thank you to Maximum Fun for hosting our show. Uh, you can tweet at us @stillbuff. You can email us at stillbuffering@maximumfun.org, and thank you to the Nouvellas for our theme song, Baby You Change Your Mind.

# Rileigh:

This has been Still Buffering, a sister's guide to teens through the ages. I am Rileigh Smirl.

### Sydnee:

I'm Sydnee McElroy.

#### **Teylor:**

And I'm Teylor Smirl.

### Rileigh:

I am a teenager.

### **Teylor:**

And I was, too.

### **Sydnee:**

And I was, too.

### **Teylor:**

Uh-huh. Mickey Mouse says come get a pickle. [laughs]

## **Sydnee:**

[laughs]

# Rileigh:

[laughs]

[theme music plays]

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