

## Wonderful! 307: The Thrill of Full-Sized Shampoo

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[theme music plays]

**Rachel:** Hi, this is Rachel McElroy.

**Griffin:** Hi, this is Griffin McElroy.

**Rachel:** And this is Wonderful!

**Griffin:** So long, 2023! Stink... year! I'm on that new shit now. It already feels different, doesn't it? The energy?

**Rachel:** Does it?

**Griffin:** Of the year? We're three days in.

**Rachel:** I guess I'm not as, um, observant of energy as you.

**Griffin:** Oh yeah. The energy is hitting good this year. The solar energy. And lunar.

**Rachel:** Oh, okay, alright, alright.

**Griffin:** And stellar. All of the celestial bodies are aligned through all of 2024.

**Rachel:** Yeah.

**Griffin:** Um, and we're all pretty stoked about that. I actually don't have a great feel for the year so far, because we're only three days into it, but I feel healthy... and strong.

**Rachel:** Okay.

**Griffin:** Don't you think? Stronger than ever?

**Rachel:** Do I think that you are stronger than ever?

**Griffin:** Yes.

**Rachel:** I haven't really seen you demonstrate it yet.

**Griffin:** [grunts]

**Rachel:** Okay. That—I mean, that seemed like strength was involved.

**Griffin:** [grunts loudly]

**Rachel:** [laughs]

**Griffin:** I didn't pick up the desk, but it moved a lot.

**Rachel:** Uh-huh.

**Griffin:** 2024. What if that's the year I get strong? Like, really strong?

**Rachel:** I mean, I think you will.

**Griffin:** Wow. Now that I—hold on!

**Rachel:** [laughs]

**Griffin:** Wait. It changed. The energy changed when you said—

**Rachel:** Stronger.

**Griffin:** Okay. No, yeah, I could probably—I could probably get that. Honestly, the bar is pretty low right now.

**Rachel:** I've seen you lift weight.

**Griffin:** Yeah, sure.

**Rachel:** And if you keep doing that, I have a feeling...

**Griffin:** I'll get strong. You get fast. You're already so fast. Sometimes we go to the gym together and I watch you on the treadmill and you're—it's fucking incredible.

**Rachel:** I mean... [laughs]

**Griffin:** Your legs are—your legs become invisible because of how quickly they—they rotate. You're like a—you're like, um... Wile E. Coyote. Or Road Runner, he's actually the fast one of those two.

**Rachel:** If you call the ability to run at a speed of eight miles an hour very fast...

**Griffin:** That's good!

**Rachel:** But here's the thing. I do it for, at most, one minute.

**Griffin:** Yes.

**Rachel:** [laughs]

**Griffin:** And even that's pretty—I mean, that's more than I could do.

**Rachel:** Okay.

**Griffin:** Do you have any small wonders to start the year off right with... now, please?

**Rachel:** Um... I'm gonna say... like, a successful, uh, lengthy drive in the car with children.

**Griffin:** Yes. Yes!

**Rachel:** We don't really put our kids in the car for longer than 30 to 40 minutes at any given time. Uh, but for Christmas we make that drive to Huntington, which is six hours, if you are, you know, never stopping. And it went well!

**Griffin:** It went really good. There and back, and then we went to beautiful Lexington, Virginia for New Year's, which is a three hour drive. We did so much cartin' around, and the kids were amazing.

**Rachel:** Yeah. I mean, they don't love it. They're not excited about it. But they hang in there, and I appreciate that.

**Griffin:** Yeah. My—what I don't enjoy is going on a road trip with kids, and then it doubles the length of the drive because you have to stop constantly for them.

**Rachel:** Yeah... yeah.

**Griffin:** But I am also guilty of requiring more stops on road trips than the children, too.

**Rachel:** [laughs] Uh-huh.

**Griffin:** Just because of the way that my sort of infrastructure works, inside.

**Rachel:** Uh-huh. But 2024...

**Griffin:** Stronger than ever. No more—and I won't pee—

**Rachel:** Strong bladder.

**Griffin:** I won't pee anymore.

**Rachel:** [laughs]

**Griffin:** I'm phasing it out.

**Rachel:** Can I tell you one of my other thrills about road trips, too?

**Griffin:** I'd love it.

**Rachel:** Is that, um, that you don't have to... go through TSA. So you can put any size fluid in your luggage.

**Griffin:** You—oh, yeah.

**Rachel:** And I still get a thrill. I'll bring a whole bottle of shampoo, just because I can.

**Griffin:** Yeah. Yeah. It's great.

**Rachel:** It's exciting.

**Griffin:** It's very exciting. I'm gonna say, we have dipped into Taskmaster again. We haven't watched that show in a long time. Um, and we just started watching the, I guess, most recent series, series 16, and it's fucking great. It is so good. It is so, so funny.

**Rachel:** Yeah.

**Griffin:** It's got Sue Perkins, former host of Great British Bake Off, and a suite of other comedians who are just, just incredible. So we are I think three episodes into that. It's sort of a dead zone right now. There's no...

**Rachel:** Yeah.

**Griffin:** There hasn't been a hockey game in a few days, and all of our favorite sort of TV shows are off the air, so Taskmaster has been coming in for us in clutch.

**Rachel:** Yeah.

**Griffin:** Um, I go first this week.

**Rachel:** Okay.

**Griffin:** I'm going to talk about some music I've been really jamming to. Really grooving to, here in 2024. And that is an artist by the name of Hannah Diamond. Um, I will say one of my main goals for the beginning of this year is to splinter off my Spotify account from the devices through which our children access Spotify.

**Rachel:** Uh-huh. Yeah.

**Griffin:** Because it has—it has rendered my algo fully useless, in terms of discoverability. My Discover Weekly playlist, which I did a whole segment on once, now—

**Rachel:** Yeah, you used to really benefit from that. [laughs quietly]

**Griffin:** Is now just like, "Hot Dog Toilet Song! And Pee Pee Poo Poo Man!" And just, like, a bunch of really, uh, just songs that I would say don't really appeal to me necessarily. I can't fault Spotify for thinking that I'm deeply into Pee Pee Poo Poo Man, because of just sort of the way that I—the algorithm has been fed by our children.

**Rachel:** Yeah.

**Griffin:** Um, but I'm gonna try to take it back. Because the main issue with this is that I ended up missing a lot of big sort of new releases from artists whose work I enjoy last year. There's a Wednesday Campanella album I've been dipping into. I've also talked about her stuff. That is absolutely great. But today I want to highlight one such album, released in late 2023, an album called Perfect Picture by Hannah Diamond.

Hannah Diamond is a musician and visual artist whose shit I got really into in 2016, back when I was really active on Soundcloud.

Soundcloud... I am so, like, off of it now that I don't know, like, what the ecosystem is like now, but it was like this really great system for very indie artists to be discovered and streamed, and sort of acquire a fan base through them.

And a lot of the stuff was really sort of, like, experimental and rough and ready. So back in 2016 I got really into her stuff. She's part of a label called PC Music, which is I think personal computer and not, um, politically correct music.

**Rachel:** [simultaneously] Politically correct, yeah.

**Griffin:** Uh, PC Music is a British art collective with a lot of hyper-pop sort of acts like Hannah Diamond in it. Uh, a lot of the acts have what Wikipedia refer to as cyberculture personas? Very sort of, like, uh, hyper-real characters, almost, that are influenced by early sort of internet culture of the late 1990's and the early aughts, which is now... over 20 years old. So, so old now that it is, like, reasonable to be kind of nostalgic for that era. And I think a lot of the stuff that PC Music has under it kind of covers that.

But the music that Hannah Diamond used to put out was, like, very pared back, I would say kind of lightly produced songs that were just little, uh, indie gems. She has a song called Hi that's all about waiting for your crush to send you a message on AOL Instant Messenger, which I think, like, really captures the aesthetic that she's going for.

Last year, though, she put out this new album, Perfect Picture, her first album in a long time, which is this huge evolution of her whole sort of sound and vibe. Uh, the songs sound, like, much bigger and much more ambitious, while not sort of losing that whole early 2000's internet aesthetic that her early stuff was known for. Uh, like the title track, Perfect Picture, which is about how you sort of present yourself through these, like, super manicured public photographs. So, here's a clip from that song.

[a clip of Perfect Picture by Hannah Diamond plays]

**Griffin:** Um, so I'm a sucker for this, like, early internet culture vibe. I don't know if it hits you quite as hard.

**Rachel:** Yeah. You know what? And I didn't want to say anything before you played the clip because I didn't want to influence the way people listen to it, but it gives me more recent, like, Carly Rae Jepsen vibes.

**Griffin:** Carly Rae Jepsen is, like, I would say, frequently alluded to in sort of, like, critical discussions about Hannah Diamond's work. I would say, um, much more early Carly Rae Jepsen. Like, that Call Me Maybe... there is this, like...

**Rachel:** Yeah, but it's got that kind of, like, electronic influence, which she is doing more of recently, right?

**Griffin:** Yeah, kind of. I mean, I think she stepped away from that a little bit with, um, you know, the... what's the album? Is it Loneliest Time? I know Loneliest Time is on it. She's, you know, getting into her fucking Stevie Nicks—

**Rachel:** Yeah, that's true. [laughs]

**Griffin:** —uh, sort of breezy California vibe. Whereas this is still very much, uh, I don't know, in the early internet era vibe. Um, but I would say that the sound of this album is—is, I would say, kind of reminiscent of Carly Rae Jepsen. The whole production of this album was taken to, I would say, a whole nother level with Hannah Diamond's collaboration with a US music producer named David Gamson, who I had never heard of before but I was looking into, because the production on this album is incredible.

He's been in the game forever. He started making electronic music in 1980 while attending Sarah Lawrence College, so, pretty early pioneering stuff.

**Rachel:** Yeah!



**Griffin:** Now he does sort of electronic music production for pretty huge names in pop music, like Kesha, Kelly Clarkson, Jessie J, Charlie XCX. Um, his work is super, like, melodic and arpeggio-heavy, which really aligns really well with Hannah Diamond's whole kind of, like, hyper-pop cutesy music vibe. I don't say that to be dismissive or reductive. It's, I would say, pretty good description of the stuff that she does. But I would say Hannah Diamond is also not on the same level of, you know, uh... fame as Kesha, or Kelly Clarkson, or Charlie XCX, so it's cool to see, you know, this album be this pretty major escalation of the kind of stuff that she's making.

And the result of this collaboration is just incredible. If you're a fan of Charlie XCX or Kero Kero Bonito or, like, so many other artists in that vein, Perfect Picture is gonna be your jam, I think, as it has become mine.

And I want to end with my favorite song off the album, which is called Affirmations, which is a really good anthem, I think, to start the year off with. It's just all about this printed-out list of five affirmations that she keeps on her wall, which include lines like "I am building my own world," and "I'm a businesswoman and my own CEO."

It is catchy as hell, with a chorus that goes extremely hard. I can't stop listening to it, so I'm gonna play a bit of Affirmations now.

[Affirmations by Hannah Diamond plays]

**Griffin:** That's it! Hannah Diamond, check it out. It's fun. It's a great album that I like listening to, and I also really like seeing an artist, like, grow from, uh, a level of not particularly, like, mainstream sort of success to, like, taking on more ambitious stuff and having it kind of, um, you know, align itself with the work and the art that she was doing earlier in her much more independent days until now.

She's still, I think—I mean, PC Music is not the biggest label, but yeah. You know what I mean. Check it out! Can I steal you away?

**Rachel:** Yeah.

**Griffin:** Okay.

[ad break]

[music plays]

**Laurie:** Hiii! This is Laurie Kilmartin.

**Jackie:** And I'm Jackie Kashian. And we have a podcast called The Jackie and Laurie Show on Max Fun and it's very exciting, 'cause what do we talk about?

**Laurie:** Comedy!

**Jackie:** Stand-up comedy. We both do stand-up comedy, and have since the dawn of Christ.

**Laurie:** Well, Jackie—

**Jackie:** Is that offensive?

**Laurie:** It is offensive to me, because you've aged me.

**Jackie:** [laughs]

**Laurie:** We started in the late 80's and we're still here! You can't kill us!

**Jackie:** So go to the Jackie and Laurie Show on Max Fun and listen to that.

**Speaker 3:** The Jackie and Laurie Show. New episodes Monday, only on [Maximumfun.org](http://Maximumfun.org).

[music and ad end]

**Speaker 1:** The following are real reenactments of pretend emergency calls.

[ominous music plays]

**Speaker 2:** 911.

**Speaker 3:** [breathing heavily] My husband! It's my husband!

**Speaker 2:** Calm down, please. What about your husband?

**Speaker 3:** He—he loads the dishwasher wrong! Please help! Please help me! [sobbing]

[whoosh]

**Speaker 2:** Where are you now, ma'am?

**Speaker 4:** At the kitchen table. I was with my dad. He mispronounces words intentionally.

**Speaker 5:** There are plenty of podcasts on the hunt for justice. But only one podcast has the courage to take on the silly crimes. Judge John Hodgman: the only true crime podcast that won't leave you feeling sad and bad and scared for once. Only on [Maximumfun.org](http://Maximumfun.org).

[ad ends]

**Rachel:** Hey, Griffin.

**Griffin:** Yes?

**Rachel:** [goofy voice] I want to slow things down a bit.

**Griffin:** [laughs] Okay?

**Rachel:** [goofy voice] With a cool glass of lemonade. [laughs] Griffin knows—[laughs]

**Griffin:** I would've sworn on a stack of bibles you were about to take us to the Poetry Corner.

**Rachel:** [laughs] [goofy voice] Griffin knows I don't really do voices.

**Griffin:** And now—and I think this is a pretty... good demonstration—

**Rachel:** [laughs] I haven't really decided what this voice is trying to do, and you can hear that in my voice as I change focus. [laughs]

**Griffin:** Yeah, no, for sure. I mean, it's very House of Cards.

**Rachel:** [laughs]

**Griffin:** [unintelligible] It's very Foghorn Leghorn, and it's—it's—I'm gonna need more of that.

**Rachel:** [laughs]

**Griffin:** Uh, from you.

**Rachel:** I can't producer it.

**Griffin:** It doesn't even have to be now. It doesn't even have to be for the podcast. Just, like, you know. Maybe later when we're, like, having dinner or something. Be like, "[goofy voice] Pa—can you pass me that—the pepper—the peppercorn?"

**Rachel:** [laughs] Uh, lemonade is my topic.

**Griffin:** Okay!

**Rachel:** This is something our children have gotten really into recently.

**Griffin:** Yeah, specifically the small one demands lemonade in any number of vehicles.

**Rachel:** And lemonade for him can mean really anything that is kind of a yellow color.

**Griffin:** We have given him Gatorade that is yellow and been like, "This is—this? Now, this is lemonade."

**Rachel:** Yeah. [laughs] Um, we have still successfully, I think, avoided caffeine with our children, and that doesn't leave you a lot of options outside of water and juice, but lemonade, lemonade is a hit.

**Griffin:** They've tried s—Henry has tried soda, and he said it tastes too spicy.

**Rachel:** Yeah, I love that. I love how little kids think anything that has too much flavor is spicy.

**Griffin:** Well, I think it's the effervescence.

**Rachel:** Yeah, yeah.

**Griffin:** When you're, you know, six years old you don't have the kind of, like, uh, vernacular to say, like, "Um, the... this is too bubbly for me. This is too, uh... "

**Rachel:** Yeah, yeah, yeah.

**Griffin:** "... carbonated. Father."

**Rachel:** [laughs]

**Griffin:** Instead they're like, "This is spicy. It does weird things to my tongue. Spicy. Must be."

**Rachel:** [laughs] Um, I also—I also love lemonade. There was a period in my life where, uh—and I think I've mentioned this before because I didn't

have chocolate for a while—um, but that I avoided caffeine because I thought that there was some kind of allergic reaction happening to it, and there wasn't.

**Griffin:** You didn't think that, necessarily.

**Rachel:** No, no. One doctor said that.

**Griffin:** One doctor.

**Rachel:** And we really stuck with it. [laughs]

**Griffin:** Yeah.

**Rachel:** And then I remember when I went to the doctor as, like, a middle school student and they were like, "Oh yeah, no, no, no. That's not it. That's not it."

**Griffin:** "No, you're fine."

**Rachel:** And I was like, "Oh. Huh." [laughs] Um, anyway, lemonade was a go-to. Like, Sprite and lemonade great options for me.

**Griffin:** Were you—sorry to interrupt.

**Rachel:** Yeah.

**Griffin:** But did you know that they changed Sprite?

**Rachel:** No!

**Griffin:** To Starry? Everybody was drinking Starry—

**Rachel:** Oh! I thought that was some kind of local thing.

**Griffin:** No, that's, like, Sprite now, I guess.

**Rachel:** Are you sure?

**Griffin:** Maybe it's Sierra Mist that they changed. Anyway.

**Rachel:** Okay. Anyway.

**Griffin:** It's fucking good.

**Rachel:** I didn't have any.

**Griffin:** Oh, it was good.

**Rachel:** I thought it was just like one of those, like, Dr. Thunder situations.

**Griffin:** No, it's like, new Sprite.

**Rachel:** Huh.

**Griffin:** We should—we'll get some.

**Rachel:** Okay. [laughs] Uh, lemonade has obviously been around for a long time, because essentially it's just lemern—lemon sugar water.

**Griffin:** Lemern sugar water. [unintelligible] Can you please do it like Men in Black?

**Rachel:** [laughs]

**Griffin:** Please!

**Rachel:** Oh, man. I've explained this to Griffin where I can hear a voice in my head, and then what comes out of my mouth... [laughs] is so not that.

**Griffin:** Just channel Vincent D'Onofrio. In this one specific way.

**Rachel:** Sh... sh—[laughs]

**Griffin:** You're just gonna do House of Cards again!

**Rachel:** [laughs] Sugar water.

**Griffin:** That's not bad! That's not bad!

**Rachel:** Will you do it?

**Griffin:** "[gruff and indistinct] [unintelligible] Sugar. And put it in water."

**Rachel:** God, it's so good!

**Griffin:** Thank you.

**Rachel:** How do you do that? What do you—

**Griffin:** You actually can see me physically, like, retract my skull... in backwards.

**Rachel:** Griffin's a real physical comedian.

**Griffin:** That's—yeah.

**Rachel:** Okay. So when we talk about, like, the history of lemonade, maybe not as we know it today but, like, when it is first documented, we're talked about, like, Egypt, we're talking about, like, 13th century. Uh, it's obviously been around for a while.

**Griffin:** It's weird to think about lemons... existing in ancient times.

**Rachel:** Yeah.

**Griffin:** To think about—you know? It seems like such a modern contrivance.



**Rachel:** Yeah.

**Griffin:** A lemon.

**Rachel:** Well, and think about Egypt, I don't know what climate lemon trees need to grow. I didn't do that research. I don't think of Egypt as a place that is particularly temperate. But again...

**Griffin:** We don't know anything.

**Rachel:** We don't know anything at all. [laughs]

**Griffin:** I think we've proven on this show time and time again, we don't know a lot of stuff.

**Rachel:** [laughs] We research for a good hour, and we feel confident about that, and then we make guesses.

**Griffin:** It would be wild if you did know if Egypt had the kind of climate that would be suitable for lemons [crosstalk].

**Rachel:** That is not something you learn in school.

**Griffin:** No! Absolutely not. In lemon class.

**Rachel:** Uh, lemonade as we kind of know it now started in Paris in 1630. Apparently there were vendors that sold it from tanks strapped to their backs.

**Griffin:** I love that so much! Was there a cup or would they just, like, open up their mouth and be like...

**Rachel:** I'm picturing like a Camelbak, and then yeah, just like a faucet, and—and I imagine cups.

**Griffin:** I'm envisioning like those tanks that, um, like, pest control... uh, like, folks use to, like, spray around the house to ward off ants.

**Rachel:** Yeah, yeah.

**Griffin:** Except it's lemonade, and they—the long nozzle of it just kind of blasts into your mouth directly.

**Rachel:** [laughs]

**Griffin:** And you pay, you know, five... francs per... squirt. [laughs]

**Rachel:** [laughs] Oh no. Oh no. Please don't let that be the title of the episode.

**Griffin:** Five francs per squirt! Print it!

**Rachel:** [laughs] Um... uh, Britain came in in the 1780's with the carbonation. There was a chemist who invented an apparatus for making carbonated water.

**Griffin:** Spicy lemonade is what he did.

**Rachel:** And then Johann Schwebpe—does this sound familiar to you?

**Griffin:** Oh, sure. Schweppes?

**Rachel:** Yeah. Uh, developed a method of carbonation using a compression pump that made mass production more efficient.

**Griffin:** Of carbonated lemonade?

**Rachel:** Uh... in the 1830s, Schweppes fizzy lemonade was available to the public.

**Griffin:** Huh, interesting. I never really rocked with that. The first carbonated lemon drink I think I ever had was C.C. Lemon when we were Japan, which fuckin' rips.

**Rachel:** Oh, yeah. Yeah.

**Griffin:** So many vitamins in that one. So much Vitamin C.

**Rachel:** You know, lemonade if it has actual lemon in it is a good source of Vitamin C.

**Griffin:** Sure!

**Rachel:** But as you know, a lot of lemonade does not actually have lemon in it. Uh, part of the reason lemonade became popular in the 18th century was the temperance movement, and lemonade was pushed as an alternative to alcohol.

**Griffin:** I mean, I've drank some lemonade... that is so good that it has induced a sort of euphoric effect.

**Rachel:** [laughs] Uh-huh?

**Griffin:** Back at Huntington Outdoor Theatre there used to be a vendor that would set up a tent at the very back of the theater, uh, and they would have just the sugariest, sourest, fresh-squeezed lemonade that you could ever imagine, and that shit would, woof, send me up into the rafters.

**Rachel:** Uh-huh. Um... so part of this temperance movement, Sunkist has a slogan [holding back laughter] that was, "Goodbye to liquor, here's to lemonade!" [laughs]

**Griffin:** Straightforward.

**Rachel:** Just straightforward, no promises there.

**Griffin:** Easy.

**Rachel:** Just, this was a thing and now it's gone, and this is the new thing.

**Griffin:** And then a warrior came marching over the dunes. It was Mike, and Mike said, "Why not both? Try my hard lemonade. You're gonna fuckin' lose your mind."

**Rachel:** Oh yeah! Man, I forgot that that was a thing.

**Griffin:** I mean, it was my dad's gateway drug. I think it was—as it was a lot of dad's gateway drugs into having two alcoholic beverages per year, around the holidays, usually, was Mike's Hard Lemonade.

**Rachel:** Um, the last thing I will say about lemonade—uh, from 1877 to 1881, the White House banned alcohol from all state dinners. President Rutherford B. Hayes was trying to court the Prohibition Party, and his wife Lucy, who was a renowned... teetotaler.

**Griffin:** Teeto—

**Rachel:** Did I do it?

**Griffin:** No!

**Rachel:** [laughs]

**Griffin:** TEE-totaler. Not tee-TO-later.

**Rachel:** [laughs] I was trying so hard to say it correctly.

**Griffin:** I know! I watch—I love you so much, because of the effort that you put into this show and everything that you do in your life. And I don't want to, like, ever stymie you or try to contain you in some way. But I I—I can't get enough of the fact that this one word is your white whale.

**Rachel:** This is my penguin. This is my penguin.

**Griffin:** One day you'll do it, and you'll just say it off the—like, "That guy's acting like a real teetotaler." And it'll be like a new era has dawned.

**Rachel:** The problem is I think I used to know how to say it and then I got really in my head about it.

**Griffin:** I think you did—that's exactly what just happened! I watched the synapses fire and then fire back. I watched the two lobes of your brain go like, "No, no, no, no, no, no. No, no, no, no, no. I got it. Let me handle this one."

**Rachel:** Uh—

**Griffin:** Tee-to-taylor. I think you said tee-to-taylor the first time you did it—

**Rachel:** That is how it started.

**Griffin:** Which is fucking great!

**Rachel:** [laughs] Which reminds me a lot of Friday Night Lights.

**Griffin:** Yeah.

**Rachel:** As if there was another member of that family.

**Griffin:** Of the Taylor family, called Teeto.

**Rachel:** An uncle Teeto.

**Griffin:** "I'm uncle Teeto... of the Taylors." You're getting be—I'm saying this. You're getting better. The next time you try to say that word on the show, if this arc continues, you're gonna fucking crush it, babe.

**Rachel:** Anyway, his wife was named Lucy and she was nicknamed Lemonade Lucy because of her push of this beverage.

**Griffin:** Okay. Pretty unfortunate. I wouldn't want that one... in high school, I would say. Lemonade—Lemonade Lucy. That sounds... there's something there, don't you think? Suggestive?

**Rachel:** I mean, I had a lot of unfortunate pronunciations and choices around my name, so to me that does not sound bad.

**Griffin:** No, yeah. I mean, your, uh... point of comparison is pretty dramatic.

**Rachel:** Yeah. Griffin sometimes talks about how people, um... what did they used to call you?

**Griffin:** Oh, you know, Griffin Mac—Macaroni.

**Rachel:** Yeah. Nothing.

**Griffin:** It doesn't hold a candle to—I don't think people—maybe don't know your...

**Rachel:** No, I've mentioned it before. The real fans know my maiden name.

**Griffin:** Yeah.

**Rachel:** And I'm gonna leave it at that.

**Griffin:** Yeah. Alright.

**Rachel:** [laughs]

**Griffin:** It was Schlong.

**Rachel:** [laughs]

**Griffin:** Rachel Schlonger.

**Rachel:** Um, lemonade.

**Griffin:** Lemonade! Love it. What's your favorite? What's your favorite, what's your go-to?

**Rachel:** Oh, man! Umm... I mean, Simply Lemonade is a good one.

**Griffin:** Okay. Yeah. I don't—I find that, um, since my consumption of the Chik-Fil-A businesses products has been dramatically reduced in years—

**Rachel:** Yeah, did they have a good one?

**Griffin:** I would say my—that was, like, where I got lemonade.

**Rachel:** Yeah.

**Griffin:** Um, and I associated it with that so much.

**Rachel:** I mean, I like it when it tastes like a real lemon. I'll say that. I don't really like it when you can tell it's just, like, a sugar water drink.

**Griffin:** Now, I will s—now, I will say, I did like the Country Time—we used to have one of those canisters of Country Time powder.

**Rachel:** Oh yeah. No, us too. We were a big Crystal Lite house. [laughs] A crys—

**Griffin:** [simultaneously] Yeah, we always—crystal lighthouse is cool.

**Rachel:** Crystal Lighthouse. That's my performer name.

**Griffin:** Um, yeah, we used to have, like—I feel like we just always had a pitcher of the Country Time powdered mix lemonade in our refrigerator growing up at all times, so I do like that. I do also have a pretty unfond

memory of drinking it out of an aluminum cup once, and that was bad. It was not advisable to drink a sour beverage like that out of an aluminum cup. It was like drinking a ba—like drinking a battery.

**Rachel:** [laughs]

**Griffin:** Uh, do you want to know what our friends at home are talking about?

**Rachel:** Yes!

**Griffin:** Okay, good. 'Cause here's Tim, coming over the top rope with:

"My small wonder is the mistake everyone makes when we ring in the New Year: accidentally writing the previous year on important papers. It's just funny to me how universal it is."

**Rachel:** Oh yeah.

**Griffin:** I do like that.

**Rachel:** I feel like I've been thinking about 2024 for a while.

**Griffin:** Oh, wow.

**Rachel:** So I've been ready to write this down.

**Griffin:** There was an open house at Henry's school, and so all the parents had to sign in, and it was the first—my first time seeing the date written out of, like, January 3rd, 2024. And I have to imagine every parent had the same reaction of just like, immense gratitude to the parents who had signed the list before me for showing me the way.

**Rachel:** [laughs] Yeah.



**Griffin:** 'Cause I for sure would've fucked that up in a major way. Um, I don't write checks anymore, which was my main sort of, uh, area of—

**Rachel:** I have one person that I write a check to, and it really keeps my, you know, in the game.

**Griffin:** Yeah. Sometimes I have to write that check and I have to, like, Google it every time. I don't have to Google it.

**Rachel:** No.

**Griffin:** But I feel like I do. Uh, Moa says:

"My small wonder are those lanterns you release around New Years. This is the second year we released them instead of fireworks, and not only are they beautiful, they're way less anxiety inducing to send off."

I've never never done that before but it looks so cool.

**Rachel:** No, it does look cool! I wouldn't—I mean, I guess it's probably easy enough to find those on the internet.

**Griffin:** Yeah, probably! You could probably make 'em. It's just paper and fire.

**Rachel:** What would you call it? What terms would you type in?

**Griffin:** Paper lantern. Flying.

**Rachel:** Yeah, that's the thing, right? It needs to be able to, like, lift up into the sky.

**Griffin:** Flying paper lantern, up in sky, like Tangled.

**Rachel:** [laughs]

**Griffin:** Tangled lantern paper, but real. Tangled lanterns, from Tangled, but real, in real life, for flying.

**Rachel:** Good.

**Griffin:** And wishing.

**Rachel:** I bet that would work.

**Griffin:** That would probably get you there. Thanks to Bo En and Augustus for the use of our theme song, Money Won't Pay. You can find a link to that in the episode description. And thank you to Maximumfun.org for having us on the network. We sure to appreciate you. Uh, they got a bunch of great shows on there. We listen to a lot of Stop Podcasting Yourself on our many drives.

**Rachel:** Yes.

**Griffin:** Uh, and there's—I mean, there's so much on there for you to go check out. Um, we have a bunch of merch over at [mcelroymerch.com](http://mcelroymerch.com).

**Rachel:** Oh my gosh, the shirt is out!

**Griffin:** There is a new, uh, three wolves-inspired shirt, howling in front of a moon, but instead of wolves it's me and Justin and Travis, which is very good.

**Rachel:** [laughs]

**Griffin:** Um, I will say our naming of the year episode for MBMBaM is coming out.

**Rachel:** I am halfway through it so I still don't know what you picked.

**Griffin:** You haven't hit the prestige yet, I would say, of the episode.

**Rachel:** No, no.

**Griffin:** Um, so [unintelligible] just check out our stuff. We do streams on YouTube over at The McElroy Family. We got a bunch of stuff going on. And, uh, we hope you join us for a new year of content... of content.

**Rachel:** Of content. [laughs]

**Griffin:** Of mandated... legally mandated...

**Rachel:** That's, like, the lowest bar you could set. "It is content. No one can say—"

**Griffin:** It—it exists!

**Rachel:** No one can say it's not content. [laughs]

**Griffin:** No. No one can say that. Thank you so much. Have a good January. That makes it sound like we're not gonna do another episode this month. We will. We'll be back next week.

**Rachel:** [laughs] We'll be back next week.

**Griffin:** So, we'll see you then. Bye!

[theme music plays]

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