

MBMBaM 694: Pre-Show Pzizz

Published on January 15, 2024

[Listen here on themcelroyfamily.com](https://themcelroyfamily.com)

Intro (Bob Ball): The McElroy brothers are not experts, and their advice should never be followed. Travis insists he's a sexpert, but if there's a degree on his wall, I haven't seen it. Also, this show isn't for kids. Which I mention only so the babies out there will know how cool they are for listening. What's up, you cool baby?

[theme song, "My Life Is Better With You," by Montaigne, plays]

Justin: Hello! Welcome to My Brother, My Brother and Me, an advice show for the modren era. I'm your oldest brother, Justin McElroy.

Travis: Wuddup, Trav Nation! I'm coming to you from international waters. Still Trav Nation. But hello, wuddup? It's me, your middlest brother, Travis McElroy!

Griffin: Can I start going before Travis? Can I start going—

Justin: That makes more sense, doesn't it?

Griffin: I feel like it makes more sense. Don't get me wrong, I love Trav Nation and everything it stands for. I hope it—I think it's going to at least place—

Justin: Oh, shit, the guards. The guards are coming for Griffin! [laughs] Griffin, behind you! The guards!

Griffin: All the freedoms I'm afforded are incredible. I love those. I love those.

Justin: [chuckles]

Griffin: And I think though... I think Trav Nation's gonna do real good in Eurovision this year. I'm Griffin McElroy—

Travis: Thank you very much.

Griffin: What's up, Trav Nation? Woof-woof.

Travis: Sorry, you were kind of breaking up there. Wi-Fi here on the nine-month cruise ship is a little spotty, but...

Justin: [chuckles] Oh, Trav! That's—

Griffin: Okay—

Justin: I didn't realize you were—okay, that makes so much sense.

Griffin: It's been really hard to do—the amount of lag between us right now, because I imagine you are navigating like—

Travis: Yeah, I'm on the boat, Justin. That's right. Sorry, I didn't mention it sooner, but—

Griffin: [chuckles] It's good.

Justin: Guys... guys, this—[chuckles] Travis, I am so worried about you, man.

Griffin: Me too, man.

Justin: I'm really worried. I'm just really worried about you. I read a headline, let me see, when was it? Today. "Nine-month cruise passenger is praying for the best as ship approaches the treacherous Drake Passage."
[chuckles]

Travis: Yeah.

Justin: How are you doing, Trav? Because I'm a little worried.

Travis: We're in uncharted waters here. Unfortunately, I mean that sincerely. We have discovered a part of the ocean that no one has been to yet.

Justin: Okay?

Travis: Which is weird. The Atlantians are not happy—oh, sorry—

Griffin: Whoa?

Travis: We encountered—yeah, we encountered Atlantians out here.

Griffin: Nine months at sea, you're gonna hit some Atlantians at some point.

Travis: Yeah, man. We've discovered some things. I don't actually—

Griffin: Cool.

Travis: I'm realizing now, I don't know how much I'm legally allowed to talk about. Vis-à-vis the Merpeople. The Merfolk we have encountered.

Griffin: You don't have to actually abide by maritime law.

Travis: Oh, excellent. Okay, yeah, they're sexy as fuck, guys.

Griffin: [laughs] Whoa!

Justin: Yeah!

Griffin: Hold on! Wow, okay, hold on! It's not illegal to say the Merfolk are sexy as fuck. I will say, it's in poor taste... It's in poor taste.

Travis: No, no, no, that's how they want to be described. Like that's their kind of main thing.

Griffin: I'm gonna need to hear that from them, Travis. I'm gonna need that from the source, that fact.

Travis: Okay... I don't know if they can use technology. They are—

Griffin: Stick your microphone in the fish tank behind you and if one of your fish say it's okay for you to say that, "We are sexy as fuck."

Travis: I did recreate my entire office in my berth.

Griffin: [chuckles] Incredible.

Travis: So that it would—I mean, I'm gonna be here for nine months, right?

Griffin: Yeah, man.

Travis: We need some kind of consistency here. So...

Griffin: Yeah, unlike your stools for the next nine months, there will be no consistency—

Justin: 'Ey!

Griffin: Hey, boy-o!

Justin: I saw one report, Trav, that the least expensive interior stateroom on that trip is \$16,850.

Griffin: For nine months?!

Justin: So this is what I'm saying, right? I just did a quick calculation. That's 60 bucks a night! Looking pretty good, honestly! You can't get into a Red Roof Inn here for less than 80!

Travis: I bought mine on Ticketmaster, it was resold.

Justin: Okay. So you got—[chuckles]

Travis: I paid about 120,000—yeah.

Griffin: Okay.

Justin: Yeah.

Griffin: Yeah, you—

Travis: But to be fair, that was sponsored by Squarespace. So Squarespace is footing the bill.

Griffin: Thank you, Squarespace. Yeah.

Justin: Thank you, Squarespace.

Travis: Thank you, Squarespace! Love that.

Justin: The average is like 182 a night.

Griffin: Okay?

Justin: I mean, that's high, but like... I can get—I can get you into the Radisson over here—I can get you into the DoubleTree downtown for about that.

Griffin: Yeah, that's—

Justin: Do you wanna stay in a DoubleTree in Huntington for 274 days? Or do you wanna go—[chuckles]

Griffin: Does the DoubleTree in Huntington float to incredible continents?

Justin: This is what I'm saying. What I'm saying is the nine-month cruise, the ultimate world cruise by Royal Caribbean is an incredible value! And unassailable!

Griffin: Unassailable good for—yeah, the—

Travis: I would say one of the differences between saying in, as you've described it, a landlocked hotel, is probably that you have access to a constant influx of supplies. Whereas I just learned—

Justin: [laughs]

Travis: I learned yesterday from the captain that we took on all the supplies we're going to take on at the beginning.

Griffin: No stopsies.

Travis: No, this is apparently a nine-month continuous cruise, which I didn't realize.

Griffin: Yeah.

Travis: We're gonna go to the different continents or whatever and wave at them from a safe distance.

Justin: Okay.

Griffin: Cool.

Travis: But so, we start—we didn't know this at first, we had a pretty big party the first night. And apparently used up 50% of like the rations.

Justin: Of the supplies.

Travis: Yeah.

Griffin: Yeah.

Justin: I mean, Huntington is resource-limited too, I can't get bok choy here.

Griffin: Sure.

Travis: That's fair. We have limited drinking water at this point, so that—

Griffin: What if—

Travis: A couple of us have set up stills of various flavors and types. Have you guys seen Waterworld? You know when he's like refining his own piss?

Griffin: Yeah, cool.

Travis: That's kind of where we're at. And it's—

Justin: Is that the state you're in right now?

Travis: Yeah, and it's like week three.

Justin: What's your physical condition right now, Travis?

Travis: I would say—

Griffin: Scruvelicious? [chuckles]

Travis: Yeah.

Justin: [chuckles]

Travis: Yeah... Now, having the Merpeople here helps, frankly. It was starting to get a little bit monotonous here on week three already, then they came around. They're a little violent... but so fuckin' sexy, guys. I can't get over it!

Griffin: So hot! Ah, yeah! Hey, Trav—

Travis: We kind of let it go, you know what I mean? They've thrown a couple of people overboard to the sharks.

Griffin: That's... they—sharks gotta eat.

Travis: Sharks gotta eat! That's what they say. That's what they say every time they do it.

Griffin: I have to ask a question that's been sort of burning in my mind. This is such a specific length of time for the crews to go. What if someone gets pregnant on day one and has a baby by the end of it?

Travis: Yeah.

Griffin: Where—whose baby is—like where does the baby live? What's the baby's—

Travis: Can I tell you what's weird?

Griffin: Does the baby get a passport on the boat? Do the Merfolk do that?

Travis: Two thirds of the passengers are pregnant.

Griffin: Holy shit!

Travis: Yeah, this—and—

Justin: Wow!

Travis: And they weren't when they started.

Griffin: Yeah.

Travis: They were day three.

Griffin: Okay?

Travis: And now they're keeping them in this like gelatinous pool, in like that cold. And here's what's weird! They're predicting future murders.

Justin: That's—yeah!

Griffin: Holy—cool!

Travis: Yeah.

Justin: Okay, I heard that you could see their dreams projected on the TVs throughout your stateroom. So that's actually huge.

Griffin: But what do they dream about?

Travis: Mostly the sexy as fuck Merpeople, is what's weird!

Griffin: I bet. [chuckles]

Justin: [chuckles] Who can blame them?

Travis: And they predict the Merpeople throwing people overboard, which isn't, frankly, a big prediction. It happens every hour on the hour. So—

Justin: Trav, I heard the only food left is ham. And all the buffet offerings are ham cut into different shapes and dyed different colors and seasoned differently. Is that—

Travis: Yeah, there's a ham whittler. A professional ham whittler. He stands in front. You know those boards with a big light on top? And he starts listing off—he's gotten pretty good at this point. He wasn't a ham whittler to begin with, but at this point—

Griffin: Oh, by nine months, he's going to be the Michelangelo of ham.

Travis: Yeah, he's already started like trying to do people's faces. He's done some death masks of the people we've lost to the sharks, which have been lovely. We keep those as a constantly rotting remembrance of those we've lost.

Griffin: Sure.

Travis: We've lost about 50% of the passengers at this point.

Griffin: Yeah, so nine months in, this ship's gonna dock—

Travis: Well, all the babies will come—

Griffin: Full to the brim with nothing but rotted ham death masks, as—

Travis: And babies!

Griffin: And children. Incredible.

Travis: Now here's the other thing I should mention; the pregnant folks of all genders, frankly—

Griffin: Cool.

Travis: They... the gestation rate appears to be highly escalated?

Griffin: Oh, like fast babies?

Travis: Yeah! Fast babies!

Justin: This is a really progressive dystopia you've created, Travis.
[chuckles]

Griffin: Yeah, Trav.

Travis: You know, now that I'm hearing me say it all out loud, I don't think I'm having a good time!

Griffin: No, I don't think you are either, Travis. I look forward to seeing your ham mask, but I will miss you a lot.

Justin: Do you guys worry that—okay, so I've been on the—we've done the JoCo Cruise. And it is—

Travis: Yeah, only one week, that one, by the way.

Justin: Only one week, right?

Travis: Only one.

Griffin: Fucking cowards.

Travis: Which I didn't think would be a selling point, that it was only one week.

Justin: Only one week.

Travis: But now—

Justin: But... so I—but even after—we have a great time, but after that one week I'm like, "Whew, glad to be back on solid ground." Right?

Travis: Yeah.

Justin: I'm saying that this is unprecedented enough that I would be concerned that there might be a new type of madness.

Travis: Yeah!

Griffin: Yeah.

Justin: Do you know what I mean? A new type of like cruise madness that might set in. And it's not like—we're not conditioned to this, right? So—

Griffin: No one's ever been on a boat for nine months, that's—

Justin: A little history—

Travis: What do they do when the winds die down? And the boat sits stagnant upon that glassy mirror what's called the ocean?

Justin: Our progenitors used to do this thing all the time, right? It would be, "Let me pop over to England for nine months in a boat." That would be fine for them. They wouldn't even notice. But we are not built for that. So I'm saying that I'm worried that—

Travis: And that was also work. I don't think a lot of them were pleasure cruising around the ocean and 1720.

Griffin: Yeah.

Justin: But yeah, it's—this is a—I'm worried a new kind of like—maybe all these people come back and it's like... a generational event, you know what I

mean? Like all these people come back with cruise madness. And they start like trying to get other people going. Like, "We shouldn't be here on land. It's not right. We need to be at sea." [chuckles]

Griffin: It doesn't move good.

Travis: Cthulhu calls to us.

Griffin: Your bones are so heavy. Gravity is so much stronger on earth.

Justin: Embrace buoyancy.

Travis: [laughs] The bubbles below.

Justin: Embrace buoyo-nauticus.

Travis: [chuckles]

Justin: [chuckles] Yeah, so that's really happening. And none of that was a joke. This is a joke though, this is an advice show. [chuckles] We take your questions—

Griffin: That wasn't a joke. Jokes are coming!

Justin: Jokes are coming. No, I think it's kind of a—it's kind of a joke that we give people advice, this is what I—

Travis: Yeah, yeah, yeah, no, I get it.

Justin: Is what I'm saying. Like we are jokes.

Griffin: Okay.

Justin: "My 60 year old dad recently asked if I'd ever tried LSD before. I panicked and said no, because I didn't know if he'd freak out. Even though I'm an adult. Surprisingly, he ended up offering to try it with me. The thing is, I have plenty of experience with this stuff already. Should I fess up or go

with the flow and pretend like it's—his first acid trip is also mine." That's from Tripping and Tallahassee. Bud, don't do that.

Griffin: No. [chuckles]

Justin: Please, for the love of fucking god, do not go into an LSD trip with a deep-seated secret and a demand of performance on you.

Griffin: Yeah, no way.

Justin: I guarantee you are setting yourself up for a non-enjoyable time.

Travis: I know—listen, I'm not up here—I'm not you know some kind of straight edge—

Griffin: None of the three of us have done LSD, there's no chance in hell.

Travis: Never done LSD. I have no concept.

Griffin: Not a chance in the world.

Travis: Except for what I've seen in movies referencing, not even set in, referencing like the '70s and '60s. A lot of, [sings] "In a white room!"

Griffin: Yeah, yeah.

Travis: Like that's the closest reference points I have.

Griffin: That may not even be that... one?

Travis: No.

Griffin: I don't—my unfamiliarity with LSD is so complete that I don't know—I couldn't name that happens—

Travis: Is it the same as acid?

Griffin: Is it the same as acid? I don't know.

Justin: It is. LSD is acid. I'm pretty sure about that.

Griffin: Because it sounds like, right? Lsd...

Justin: Let's talk about drugs.

Travis: Finally!

Griffin: Okay?

Justin: Okay, here's my—here's where I'm at on drugs, and this is what scares me—

Griffin: Yeah?

Justin: For me—

Travis: Are those two—wait, hold on, are those two separate ideas, Justin? Are you about to tell us where you're at on drugs and then later, what scares you? [chuckles]

Justin: Yes. All drugs—

Griffin: Scarecrows.

Justin: This is every drug from like nicotine up to...

Griffin: The big dogs.

Justin: Just the worst—the big dogs, right? The big dogs. In my mind, there is a line. And on the side—and this line has moved throughout my life.

Griffin: Sure.

Justin: But there's only two sides of the line. Fucking terrifying, and stuff I do a lot of all the time.

Travis: Okay, yeah, yeah.

Griffin: [chuckles] Yeah, sure.

Justin: And things do—have moved.

Travis: They've migrated.

Griffin: Yeah, yeah, yeah!

Justin: That is a permeable, osmotic barrier.

Griffin: Yeah, yeah.

Justin: [chuckles] Okay? But that's why I have to be really choosy, right?

Griffin: Sure, sure.

Justin: Because that's the only—and that does not—things I've tried and haven't tried, I'm saying that there's only two lines.

Griffin: Right.

Justin: So I—that is my fear. I have created my own class one and class two drug scheduling program in my head. And it's terrifying or do it all the time. [chuckles] For really no good reason.

Griffin: Dorf or go nuts.

Travis: I could definitely see, Justin, you, maybe—

Justin: Thank god! Because—[chuckles]

Travis: Yeah, I can definitely see Justin. He's corporeal.

Griffin: [laughs]

Justin: I was—

Travis: I think of the three of us, you would be most likely to like try LSD, and within a calendar year like be living in like a caravan on your own property with like beaded curtains.

Griffin: I don't think so.

Travis: You don't think so?

Griffin: Not J-Dog. I don't—honestly, again, I must stress this enough, none of us have done this substance before, or ever will. And to suggest that any of us—

Travis: To be fair, I didn't mean like a Walter White thing. I meant that more like a cool uncle.

Justin: No, Travis is 100% right. If one of us was going to have a psychedelic experience that destabilized their core values to a point where they're like not podcasting anymore, they're not doing any of that. They're like doing the full ranch.

Griffin: Yeah.

Justin: Like living in a yurt.

Travis: Yeah, it's Justin.

Justin: Experience it. It would be me. I'd be the most likely.

Griffin: Yeah. But again, that barrier would slip back a little bit and I think you'd be right back in that office in maybe three months.

Travis: Yeah, I think about six months would pass and you'd be like, "Oh, there's a new Dark Souls? Oh..."

Griffin: Yeah.

Justin: The thing, Griffin—I will tell you this; it has proved to be something of a one-way barrier. [chuckles]

Travis: [laughs]

Griffin: That's the issue, isn't it?

Justin: [chuckles] It is not—things regularly get like... rescheduled. And that's terrifying! [chuckles]

Griffin: Right, right.

Justin: Once I know they're not terrifying, they're not terrifying, you know?

Griffin: Yeah, yeah. A lot of them, we should stress, are terrifying.

Justin: This is so important and obviously—

Griffin: [laughs]

Justin: Obviously, right? And obviously there is definitely—there's some terrifying stuff over there.

Griffin: Right, right, right.

Justin: Right? For sure.

Griffin: Yeah.

Justin: But I don't know—I have not tried—what does it matter. My personal life isn't important here.

Travis: No, no, no, Justin, please. Open up.

Justin: No, I have not tried LSD.

Griffin: He hasn't had scoobers, he hasn't had—

Travis: What? You've had doobers though, right?

Justin: I haven't had H or horse or food, any of it. I haven't tried any of the hard stuff.

Travis: You've huffed, right?

Justin: Ray Charles told me that quitting smoking was harder than quitting heroin. And I did quit smoking. So you tell me. Maybe—

Griffin: [chuckles] Let's not—but let's not—

Travis: Wait, when you said Ray Charles told you that—now, did he call you?

Justin: Us. Us.

Travis: Oh, he told us? Okay.

Justin: The royal us!

Travis: I thought that was like Ray Charles—

Griffin: No, Travis! The three of us, when we met Ray Charles, he told us.

Travis: And I remember Justin saying, "Hey, Ray Charles, this is gonna seem out of nowhere, but what was harder for you; quitting smoking or quitting heroin?"

Justin: Settle a bet!

Travis: "Thank you for asking, Justin. No one's ever asked me that before and I've been waiting for them to."

Justin: Settle a bet, Ray Charles.

Travis: "Hey, my answer is gonna shock you, stay tuned after the commercial break."

"What, Ray Charles?" And then he did a Squarespace ad. [chuckles]

Griffin: It was really cool.

Justin: This is my thing for this listener, y'all, this is—we gotta stop doing things without thinking about 'em. Because I do it, you do it—

Travis: I thought you were gonna say doing things with our dad, but go on, please.

Justin: No, but you already told your dad you didn't do it? Like you already told your dad. You don't want to have to own up to that. That's way worse.

Griffin: I mean, you do have a pretty good out here. It's actually the perfect out. This is a fucking slam dunk. When he gives it to you, be like, "Oh, acid! You asked if I had done LSD before. I have never—I haven't done LSD. But this is acid. Acid is the same thing? Wow. Okay, dad. Let me take—"

Travis: That's pretty good.

Justin: Okay, one little thing, though, are you—if you have done LSD before, and your dad doesn't, and you're kind of like... a drug guy. You know, like drugs. Do you trust your dad to procure your LSD?

Travis: Oh, to source it?

Griffin: [laughs]

Justin: Do you trust your dad? I—

Travis: "Dad, these are commemorative stamps."

Justin: I wouldn't trust our dad to procure a macchiato.

Griffin: Yeah.

Justin: Okay? I'm certainly not gonna let him—now, this dad—this man is perhaps not a Clint McElroy level talent. Few men are.

Griffin: Yeah.

Justin: But like I wouldn't trust—I'm not sure you want to trust your dad to get your drugs. Maybe you'd be like, "Yeah, dad, my treat. Allow me."
[chuckles]

Travis: Have you done other drugs with your dad? Because LSD seems like a big starting point for that.

Justin: It is a huge jump forward, yeah.

Griffin: Yeah, good point, Travis.

Justin: But the—but what do you do where you—like is that the defining thing—

Travis: What if you have different energies?

Justin: Is that the defining line of like—is there a line where it's a—there are some drugs that you are doing with other things. And then there's other drugs that's just like, no, we're just doing drugs.

Travis: We're gonna make a day.

Griffin: [laughs]

Justin: [laughs] This is—we don't have another activity, right?

Griffin: Yeah, not gonna put—you're not gonna drop acid and then be like, "And now let's watch season one of The Crown together."

Justin: Now some people probably do exactly that—

Travis: I was thinking more like you're not going to drop acid and then take your midterms.

Justin: Well, it's more like—

Travis: Maybe they do! I actually don't know!

Griffin: I don't know. Again! Again! Our lack of knowledge about what LSD or acid is—

Justin: Really showing our asses here, guys.

Griffin: And does to the people who do it is so, so vast. We know nothing about what it does to you.

Justin: Nothing.

Travis: What if it's like the Limitless pill and we'd just never done it?

Griffin: Could be.

Travis: Fuck!

Griffin: I don't know!

Justin: My only experience with drugs in this like neighborhood is that I once took a—what I have since been told is a heroic dose of mushrooms. And the whole—I mean, that's it—that was it for that, right? But I'm bringing that terror that I experienced.

Griffin: Good.

Justin: To this conversation. I'm sorry about the baggage that I'm bringing, because those are different things. And hallucinogens are—hallucinogenics have like medicinal properties that we could be researching right now.

Griffin: I love that.

Justin: I don't think your dad and you are going to do that pioneering work, I—

Griffin: [laughs]

Travis: Wait, is your dad a scientist?

Justin: Is your dad a scientist?

Travis: Your dad is like—is Kaiser Permanente.

Griffin: If that's the case, I would absolutely trust your dad to secure the good stuff.

Travis: "Hey, son?"
"Yeah, dad Johns Hopkins?" [chuckles]

Griffin: [chuckles]

Justin: Could you perhaps act as like a drug guide for your dad?

Travis: Hm, a spotter.

Justin: Like you stay grounded. You keep your feet on the ground.

Griffin: Yes.

Justin: And you're like, "Here." Because you should do that. I do know at least that much.

Travis: Keep your feet on the ground.

Justin: Big shout out to Brian for keeping me alive the night that I took a heroic dose of mushrooms. [chuckles]

Travis: Thanks, Brian.

Justin: It's important—I would offer that for your dad and just kind of see how it goes for him.

Griffin: Yeah.

Justin: And then you know, alternate. That's a good—that's a good approach.

Travis: Guys, isn't it ironic that the Limitless TV show got canceled?

Griffin: [laughs] It seemed like there's a really pretty clearly defined limit on what that was capable of.

Justin: I meant to tell you guys, our healthcare stopped covering the Limitless pill, by the way.

Travis: No!

Griffin: Ah, man.

Justin: Yeah. It's 2024. Sorry, we gotta make jokes on our own.

Travis: No!

Justin: Start paying out of pocket.

Travis: But I was just starting to be on an upturn! [chuckles]

Justin: If I took the Limitless pill, you know what the first thing I'd do is?

Griffin: What's that, Juice?

Justin: Invent a Limitless pill that lasts forever and is better.

Griffin: Oh, that's cool.

Justin: [chuckles]

Griffin: Yeah. Well, I do—

Justin: Why didn't they do that?!

Griffin: Yeah.

Justin: Take the Limitless pill—

Griffin: Wish for infinite Limitless pills.

Justin: Because the people who invented the Limitless pill were not on the Limitless pill, right?

Travis: I think, Justin, in the movie, he does!

Justin: Do you think he takes Limitless—

Travis: Isn't that at the end, he's like, "This one's 20% better."

Griffin: Did you see Limitless, Trav?

Justin: Nobody saw Limitless!

Travis: I saw it on a plane! Where you see Limitless! In the liminal limitless space!

Griffin: [chuckles]

Justin: That is the only movie you should—that is the only venue in which it was available. [chuckles]

Travis: Yeah, they released straight to Delta.

Griffin: Straight to planes. [chuckles]

Justin: [laughs] By the way, I do want to say big thanks to Alaska Airlines for bringing My Brother My Brother and Me season two on board.

Travis: [laughs]

Griffin: [laughs] Stop it. Hey, can we approach the Wizard, please?

Justin: Please. [chuckles]

Griffin: Raven sent this in. That's a good name for someone who has taken us to a Wizard. I imagine the raven was—

Justin: [chuckles] That is true!

Griffin: The raven was carrying an orb. We got pulled into that orb. The orb was then formed—

Travis: Ugh! A tale as old as time.

Griffin: The orb was then flown to the mountaintop.

Travis: The boss is never going to believe that this happened to me twice this week. [chuckles]

Griffin: Damn! This is a wikiHow article that was written by Glenn Caro. 94% of readers found this article helpful.

Travis: Oh, damn!

Griffin: I know, that's the highest I've ever seen—

Travis: That's more than our show!

Griffin: That's 13 signs that you're an old soul and what it means.

Travis: Thank you, Jesus.

Griffin: That was a strange reaction to that—

Justin: Yeah, that was a weird—

Travis: Yeah, I emphasized Jesus in a weird way. I meant to be more like, ah, thank you, Jesus. But not like thank you, Jesus.

Griffin: But is it something you've like needed for a long time? Because that's what it... that's what you made it sound like.

Travis: I...

Griffin: Were you not expecting to be cross examined on saying, "Thank you, Jesus."

Travis: Listen, I definitely think I'm an old soul. But there are times where I look at my youngest daughter and I'm like, "What is going on behind those eyes?" And she's seen some stuff.

Griffin: Sure.

Travis: She's having some flashbacks to things... I don't even want to consider.

Griffin: I will say, when people say you're an old soul starting in like your late 30s to early 40s, it's no longer a like outrageous—it's like yeah.

Travis: Yeah, man

Griffin: It is. It's at least 36 years old.

Travis: Yeah, bud.

Griffin: So that's—

Travis: My age is in dog years, bud. I don't know what to tell you.

Griffin: [chuckles] Yeah! I have a dog soul inside of me.

Travis: I have an old dog soul. [chuckles] I have a road dog soul.

Griffin: [chuckles]

Travis: I have a wild hog soul.

Griffin: [chuckles] "What is an old soul? An old soul feels older and wiser than their age reflects. The concept of old souls originates in the spiritual

idea that bodies are vessels for souls. And if you're an old soul, your soul continues to reincarnate." Fuck yeah!

Travis: So where do the young souls come from?

Griffin: Well, when two old souls love each other very much, they have... they soul port. And then...

Travis: [laughs]

Griffin: Nine months later—

Travis: Look into the orb! Watch the souls board! What are you doing? Get out of here!

Justin: [chuckles]

Griffin: So today, old souls aren't necessarily a spiritual thing. It just means you have lots of empathy, mental acuity, intuition and insight into yourself and the world around you. I would say—

Travis: You're just a good person.

Griffin: I would say all of those things are possessed in great quantities by most of the old people that I encounter in my day-to-day life, which isn't many. "Signs you're an old soul, you aren't materialistic. You rarely find happiness in material possessions or money as an old soul."

Travis: But I love—

Griffin: Maybe that's true just because if you're an old soul, maybe your soul doesn't know about all the cool things to buy that there are.

Travis: Yeah, maybe a little impractical, soul. Like listen, I get it, Lacy's capitalism fuckin' sucks. But I do—

Griffin: But...

Travis: Need some things to exist, right? Like—

Griffin: Right.

Travis: I haven't done Justin's full-blown LSD turn around yet to give it all up and live off the land.

Justin: Yet.

Travis: Yet.

Griffin: Right. My soul doesn't know there's a new iPhone out. If they did, they would spend so bucks on it, which is the money your soul can get—

Travis: Yeah if it doesn't—if it doesn't come up on my souls for you page, then I probably don't know about it.

Griffin: No point. No point. By the way, your soul does work at a spiritual job while you're asleep every night.

Travis: Ah, man!

Griffin: And accrues soul bucks. You have no access to the soul bucks and—this is from the article. You don't get access to the soul bucks. But your soul can spend the money on the soul goods and soul services.

Travis: Can I tell you, that makes so much sense. Because the older my soul gets, the less like rested I feel when I wake up. And I think—

Griffin: Yeah, that's the job.

Travis: It's possible that my soul got elevated to a position in the company that it was not prepared for and is maybe taking on too much responsibility.

Griffin: Did you see boss baby?

Travis: Unfor—yeah.

Justin: Yeah.

Griffin: Were you about—hey, hold on, were you about to say unfortunately? You hateful man?

Justin: That's stupid, it's—

Travis: No, I was gonna say unfortunately I've seen Boss Baby, which is good. And then all of the other Boss Baby iteration.

Griffin: Okay, well fine.

Justin: God, thank you, Travis, for having the courage.

Griffin: You're an intellectual who loves knowledge and truth.

Travis: Is this my horoscope?

Griffin: I'm sounding older already. "You're wise beyond your years. Do people consider you mature for your age or openly call you, quote, 'wise beyond your years?'" Again, by this age that I'm at, wise beyond my years doesn't cover as much road as it—

Justin: Yeah, you know what places have an early dinner special.

Griffin: That's not particularly—yeah, right. You... you can—tell you—the names of many of the contestants on this season of The Golden Bachelor. I don't think that means much now.

Justin: You know how to address an envelope properly.

Travis: Yes.

Griffin: Yes.

Justin: You know, old people stuff. [chuckles]

Travis: I would say that this is also the older I get, the less I want. I like—now it's almost like, oh, you have a young energy. You have a young soul. That's better to me. Because I've never—

Justin: Oh?

Travis: I've never been told I have an old soul, I've never been—no one has ever thought about Travis Patrick McElroy, the—that man is mature beyond his years.

Justin: Yeah, I've never—no one's ever told me I'm wise beyond my years. Not in my entire life. [chuckles] Not a single time has that ever happened to me. Not once.

Travis: I'm lucky to get, "You're wise at exactly your years."

Griffin: [chuckles] Yes.

Travis: You are hitting—yeah, you nailed it.

Griffin: I've been told I'm strong beyond my years.

Travis: Yeah, that's true.

Justin: Oh?

Griffin: When I was six years old, I was—do you guys remember seeing pictures of that kid like stand on our front porch and flexing? They called him baby Hercules and he was so strong?

Travis: That was you?

Griffin: That was me! [chuckles]

Justin: That was you!

Griffin: Yeah. "You felt like an outsider among other kids your age as a child." Well, yeah, they were intimidated of my huge muscles and strong body.

Travis: You were so big.

Griffin: I had an old body.

Travis: [chuckles] You were Benjamin Buttoning, but in a good, like cool way. Sexy Benjamin Button.

Griffin: "Did you feel like you didn't quite belong among your classmates at school?" Yeah, oh, this is why! Ah, man, great. Glad that—

Justin: Oh, 'cause you're an old soul.

Griffin: Glad we're able to finally dial that in.

Travis: I thought it was all of the show T-shirts from all the children's theater shows I've been in. But no, it's because my soul was really old.

Justin: Mm-hm.

Griffin: Oh, that soul. Very—

Travis: Because I look like Minkus. But no, I was just an old Minkus.
[chuckles]

Griffin: [chuckles] "You prefer spending time at home, alone." Well now hold on. This isn't an age thing anymore I don't think, right?

Travis: No.

Griffin: I have a shy soul. I have a lazy soul.

Travis: What's your soul's engram?

Justin: Why does an old soul have to be an introvert? I feel like an old—

Griffin: That doesn't make sense to me.

Justin: Yeah, I feel like an old soul would wanna get out there and just be like, "What's going on?"

Travis: Yeah, they're back in a young body? I've seen movies like that.

Justin: Yeah. Oh, yeah, yeah—

Travis: Yeah, ah, I'm gonna go back to eating whatever I want and having sex with people and doing drugs and stuff. I'm young again.

Justin: So good to be in a body again.

Travis: Yeah.

Griffin: Guys?

Justin: Yeah?

Griffin: "You're often asked for advice?"

Travis: Wait a minute...

Justin: Hello!

Griffin: [spoofs old-man sound] Argh! We must be three grandpas out here because of how much advice we're giving out and how shy we all are.

Justin: [chuckles]

Griffin: My soul—

Justin: How about it?

Griffin: My soul is old as fuck!

Travis: I got a middle-aged soul.

Justin: Just because the advice? Wait, what about all the other qualifying statements that have been made before this? Are you—I feel you've really latched on to this one facet of being an old soul, Griffin.

Griffin: Older and wiser than their age reflects.

Justin: No.

Griffin: Yes.

Justin: [chuckles] Okay.

Griffin: You aren't materialistic. What is stuff? Look at our backgrounds! We have nothing! We have no things.

Justin: I have two red squares and a Fraser toy! I have nothing!

Griffin: "Intellectuals who love knowledge and truth?" Yup. "Wise beyond your years?" Maybe. "You felt like an outsider among other kids your age as a child?" Not Travis, but me and Juice, I think that would describe us completely.

Justin: Sure.

Griffin: You crave meaningful connections—

Travis: Wait, you didn't think I was an outcast among other children growing up?

Griffin: No, man, you're were a fuckin' dog!

Travis: [chuckles]

Griffin: You're the fucking man, dog! [chuckles]

Travis: [chuckles]

Griffin: "You crave meaningful connections with people, you feel strong empathy for others." Eh. "You're very introspective." Eh...

Travis: [chortles]

Justin: [chuckles]

Griffin: "You prefer spending time at home, alone?" I mean, I forget about what the alone part is like, but the home part, yeah, for sure.

Justin: I do—I want to meet the person that does not care deeply about anybody else but does love to be out there with 'em. Just mixing it up.

Travis: Yeah, I think that's called a psychopath. [chuckles]

Griffin: Yeah. [chuckles]

Justin: Yeah, you meet a—[chuckles] yeah, you meet a psycho! Like a sociopathic monster. Got it.

Griffin: Okay, "You're often asked for your advice." Yes. Okay. The next one says, "You find ways to challenge the status quo." Eh, we don't do that. But the picture is a man simply walking around an office, holding a laptop that he's typing on. Which, we're doing laptop shit basically all the time.

Justin: I disagree with you there, Griffin. When we started a lot of people thought white guys couldn't podcast.

Travis: That's true.

Griffin: That's a good point, Justin.

Justin: And here we are. Here we are. You tell me.

Travis: Wise beyond our years. White beyond our years. [chuckles]

Justin: Wise beyond our years. Wise beyond our fears.

Travis: Ah!

Justin: Isn't that more important?

Travis: No fear.

Justin: Hm... No fear, big Dog. Big Johnson. Think about it.

Griffin: Think about it, Big Johnson. [chuckles] "You know how to step back and see the bigger picture..."

Travis: Watch.

Justin: Time has proven that to be incorrect for us, I would say. [chuckles]

Travis: I scooted back!

Griffin: Yeah, that's a good point.

Justin: You scooted back.

Travis: Oh, okay. Yeah.

Justin: You wouldn't even stand.

Griffin: "You recognize fellow old souls when you meet them." Hey... I know that look. That tired look in your eyes.

Travis: But you don't touch—

Justin: Well, shit—

Travis: Because then you would explode.

Justin: Okay, now I'm mad, because that should have been the first thing. Because why am I wasting all this time trying to figure this out, when I could just ask another old soul like, "What do you think?"

Griffin: Am I—oh, that's a good point. That's a good point. This can be a service!

Travis: Here's what I'd like to do; I'm gonna count to three and then each of us is going to say the age that we think our soul is.

Justin: I don't think—I think souls are infinite, so I don't know.

Travis: Okay, Justin.

Griffin: I can say pretty distinct—

Justin: All part of—it's all part of the one. It's all probably—it's all a part—

Travis: Oh my god, Justin.

Justin: It's all part of it.

Travis: Wait—

Griffin: Yeah, but you get your own part, that's—have you seen Boss Baby? At the beginning, everybody gets their own little soul that then shoots down into a tummy and—

Justin: Okay, okay, you're saying how long has my soul been split from the infinite?

Travis: Yes.

Justin: Okay.

Griffin: Juice is I think a pretty old soul. I think.

Justin: Mm-hm!

Griffin: I think Juice gets that. I think I'm brand new. I think this is my first go. I think this is my first lap, so to speak. I don't—

Travis: I think you're a little too... jaded for this to be your first lap.
[chuckles]

Griffin: Again, again, again, I'm 36 years old.

Justin: If it's your first lap, why aren't you more excited? It feels like you should be a little bit more excited about life.

Travis: Well, now, Justin—

Justin: You know what I mean?

Travis: Maybe—

Justin: I feel like Travis and I have to get you excited about things a lot.

Griffin: Yes.

Justin: And I feel like a new soul would be like, "Whew! So much to do!"
You know what I mean?

Travis: Maybe the problem is we're confusing Griffin's personality with his soul. His soul is very excited. But Griffin—

Justin: Okay, you're right.

Griffin: I keep him—mm-hmm, he's down inside—he's way deep down my heart.

Justin: We're talking about differences with the ego. The ego is getting in the way of the growth the soul needs to do.

Griffin: That's exactly right, Justin. Thank you so much.

Justin: Griffin, what changes can you make in your day to day life so that your ego stops getting the way of this soul of yours?

Griffin: Hm... I mean...kickboxing.

Travis: Yeah. That's number one.

Justin: We already—what a zag that would have been though. Whew! What a zag that would have been.

Griffin: Constant...

Justin: Hydration.

Griffin: Hydration...

Travis: Yeah.

Griffin: I mean, I don't know how much more hydrated I can be. I have the world's biggest bottle.

Travis: You could get into a cycle. A constant flow in and out.

Justin: Yeah.

Griffin: Mm-hmm! That would be awesome. Is that the system that you guys have employed aboard the nine-month cruise?

Travis: Yeah, we kind of have to just to keep the supply. Because sweat just wastes it, right? We only have so much water on board.

Justin: The floors in the gym are just sponges.

Travis: Yeah.

Justin: Right above the showers, they just soak it up.

Griffin: I'm just saying, sometimes I've seen clips of this great show called Crossing Over with John Edwards. And in it, he would look at someone and be like, "You used to be a Renaissance era painter. But then you got cholera

and died." And then the person who he's talking to is like, "That feels so right."

Travis: Mm-hm.

Griffin: But when I think of that, I'm like, I don't have any of that in here.

Travis: No, that doesn't sound right.

Griffin: I don't have any of that in here. "You were a racecar driver in the 1930s and you got in big explosion and died." And I think like that sounds fuckin' sick, but I'm... hmm! I can't... I'm getting nothing in there. I'm trying to tune into this ship, but there's just nothing. It's my first go.

Travis: In a past life—can I tell you guys something wild? In a past life I was Napoleon. But then nothing between then and now. It was just Napoleon and then hovering, hovering, hovering, hovering, ooh! I like that one. That's the next Napoleon. And man, is my soul disappointed. [chuckles]

Griffin: [chuckles] I bet!

Travis: Have big plans! But that's why I'm here at the sea! It calls to me! I'm a naval leader!

Griffin: [chuckles] Right.

Travis: It's in my soul! The oceans have become battlefields! For us and the Merfolk. Oh, I wasn't supposed to tell you guys they're coming. Sorry. Sorry. Sorry. Sorry.

Justin: What?! Travis! That's a huge breach of trust!

Travis: Yeah, I wasn't supposed to tell you guys, I'm sorry.

Griffin: If we're gonna afford Travis's extravagant nine-month cruise cabin, we should probably go to the Money Zone and get some cash.

Justin: Let's go.

[theme music plays]

Justin: The only way I've been able to keep in contact with my brother has been through the United States Postal Service. And thank goodness they are still out there delivering the mail and getting it to him.

Griffin: Not in the United States!

Justin: Not in the United States.

Griffin: Which is wild. You don't think—you don't expect that.

Justin: It's really nice that they do that actually. They'll go wherever you need them to, no problem at all. But I didn't want to have to keep going to the post office to get stamps every time I needed stamps. Well, thank goodness stamps.com has been there to help me keep in touch with my brother. What do you need for this service? Well, what you need is a computer and you need a printer.

They'll send you the scale, so you know how much postage you're gonna need. And you got everything you need to get started just like that! What's the benefit? Outside the convenience of being able to do it all in your home? Well, how about this? How about you get discounts, like savings you wouldn't believe. Get huge carrier discounts up to—guys, this is gonna sound like I'm making it up, 89%!

Travis: What?!

Justin: Off USPS and UPS rates.

Griffin: That's so much.

Justin: That are gonna help your bottom line. Plus they automatically tell you your cheapest and fastest shipping option.

Travis: Hey, Justin?

Justin: Yeah?

Travis: Okay, listen. Stamps.com was kind enough to sponsor us. Why are you lying about the amount that people can save?

Justin: Travis, I swear... I swear, you—

Travis: There's no way, Justin, they would be—they would be going broke?

Justin: You can take a chunk out of your mailing and shipping cost this year with stamps.com. Sign up with promo code MyBrother for a special offer that includes a four week trial plus free postage and a free digital scale. No long-term commitments or contracts. Just go to stamps.com! Click the microphone at the top of the page and enter code MyBrother.

Travis: I want to tell you about Stitch Fix. Now listen—

Justin: Do you guys hear that fuckin'—hey, listener, it's me, Justin McElroy. That was—that silence you heard, and I hope Rachel left it in, was my brother's squaring off.

Griffin: Yeah.

Justin: In a silent showdown.

Griffin: Yeah, yeah!

Justin: About how it would have to do—the only real, actual work they do in a given day. There's like one minute of having to do work and they were both like, "I'm not fuckin'—J-Man already took the first, I'm not—I'm not gonna do it."

Griffin: We knew it wasn't gonna be you. And so we were—

Justin: Knew it wasn't gonna be me! I was out!

Griffin: We were in sort of a—

Justin: Although it lasted long enough that I had a moment where I was like, "All right, Chip."

Travis: I tried to—I was actually trying to leave the room for Griffin to take it, since I've been carrying the show.

Justin: [laughs]

Griffin: Okay, okay.

Travis: For the last couple weeks, I mean.

Griffin: I was gonna go pee. [chuckles] But then...

Justin: That's the showdown that we're all a little bit in, that if two of them are going to do an ad, certainly I—

Griffin: Certainly, I don't need to be here. Stitch Fix!

Travis: No, I wanna tell you about Stitch Fix. Shut Up. Because—

Griffin: But I love Stitch Fix so much, I'm wearing a—

Travis: I know you do. But you know who loves Stitch Fix more than you or I? My children.

Griffin: Oh?

Travis: We signed Bebe and Dot both up for Stitch Fix, and when it—

Justin: Oh, in that grey—

Travis: When it comes, it—like they... like light up about it.

Justin: Fashion show? Do you do a fashion show? We do fashion show time, it's the best. The best.

Travis: Oh, yeah, can't wait to wear the stuff. Bebe just wore this really cute like fuzzy, furry hoodie sweatshirt with like a sequin unicorn on it. Dot's wearing a full-blown Stitch Fix outfit to school today. Couldn't wait to put it on. And the clothes that come, frankly, make all the grownups who see 'em jealous. Because they're like, "I would like to wear that if it was in my size."

Griffin: Nice. That means you're winning at your school.

Travis: Yeah.

Justin: That's huge.

Travis: And so if you would like to have the same drip that my children do, you're gonna—

Justin: And who wouldn't?

Travis: Who doesn't? You're going to want to check out Stitch Fix. Because the Stitch Fix stylists just get you. And Stitch Fix is easy and you're going to get clothes that fit you without having to browse through stuff or go through stores, websites, whatever. Because they have it all for you.

And you're going to tell them like what kind of stuff you like to wear, where you like to go, what your price range is, all that kind of stuff. And they'll make those choices for you. And they'll even show you how to wear head to toe outfits. So you just go and you get dressed up and it's amazing. So, thanks Stitch Fix! They just get me. They can get you too.

Try today at stitchfix.com/mybrother and you'll get 25% off when you keep everything in your fix. That's stitchfix.com/mybrother.
[Stitchfix.com/mybrother!](https://stitchfix.com/mybrother)

[Secretly Incredibly Fascinating theme music plays]

Alex: Most of the plants humans eat are technically grass.

Katie: Most of the asphalt we drive on is almost a liquid.

Alex: The formula of WD-40 is San Diego's greatest secret.

Katie: Zippers were invented by a Swedish immigrant love story.

Alex: On the podcast Secretly Incredibly Fascinating we explore this type of amazing stuff.

Katie: Stuff about ordinary topics like cabbage and batteries and socks!

Alex: Topics you'd never expect to be the title of the podcast. Secretly Incredibly Fascinating.

Katie: Find us by searching for the word 'secretly' in your podcast app!

Alex: And at maximumfun.org.

[Secretly Incredibly Fascinating theme music concludes]

[The Flop House theme music plays]

Dan: I'm Dan McCoy.

Stuart: I'm Stuart Wellington.

Elliott: Elliott Kalan.

Dan: And together, we are the Flophouse, a long-running podcast on the Maximum Fun network, where we watch a bad movie and then talk about it.

Stuart: And because we're so long-running, maybe you haven't given us a chance. I get it. But you don't actually have to know anything about previous episodes to enjoy us. And I promise you that if you find our voices irritating, we grow endearing over time.

Elliott: Perhaps you listened to one of our old episodes and decided that we were dumb and immature. Well, we've been doing this a while now, we have become smarter and more mature. And generally nicer to Dan.

Stuart: But we are only humans. So, no promises!

Dan: Find the flophouse on maximumfun.org, or wherever you get podcasts.

[The Flop House theme music concludes]

Justin: How about another question?

Griffin: I would love another question, please.

Justin: Thank you, by the way, to everybody who sends in their questions. We don't say it enough. Thank you. Mbmbam@maximumfun.org is the address if you need our help. We are here for you. We answer every single question on the air. Always have, always will. That's not true.

"I've recently started a new job in an office that has an odd feature. There is a room with just a shower and a sink across from my boss's office and on the way to the break room. The restrooms are in the common area of the building, so it's not like it's an executive restroom. It would be nice to be able to go for a run over lunch and take a shower, but I've never seen anyone else use it. And I fear I'd be judged for getting naked in the office. Brothers, why is there a shower in a professional office? And is there a way I could use it while still being able to make eye contact with my boss when I get out?"

That's from Stumped by Shower Site in Colorado.

Griffin: You and me both—you and me both, man.

Justin: Yeah, I'm often distressed at there being showered at places I didn't expect them.

Griffin: Mm-hmm.

Travis: Well what's always fun, when we do live shows, in the dressing room there's always showers. Which is a great reminder that other performers are working a lot harder than we are.

Griffin: [laughs] Yeah, sure.

Travis: Because I've never gotten off stage like after doing a show be like, "Sorry, guys! This work is so hard out there, I am drenched!"

Griffin: Yuck! Yuck-yuck! Don't touch me until I've had my shower! I worked up a powerful stink out there, sitting perfectly still.

Justin: [chuckles] You know people like—you know that the chain smokers are coming off just like dripping.

Griffin: [spoofs panting] "Get out of my fuckin' way! I gotta get wet!"

Travis: But in a different way! I gotta get a good, clean wet! I'm a dirty wet now!

Griffin: God, I always look at those things and do think though, a shower would be pretty—a pre-show shower would be—this is the year where I'm going to start bringing shampoo and soap and a towel with me to the theater when we go to do a show. So I can have a nice pre-show shower. Just to see how the energy changes. Because I always feel pretty good after one.

Justin: I do—I am retro actively embarrassed by like—definitely for the first couple of years that we did shows, every time there was a shower in the dressing room, all three of us we were like, "Oh, golly! Look at this!"

Travis: [laughs]

Justin: A shower right in here!

Travis: What'll they think of next?!

Justin: Hey, everyone! Come—hey, kids! Come in here and look at this! This is the damndest thing! A shower in the dressing room!

Griffin: Now what would kick ass, what I would like to see more of, theater owners of the world, beds in the dressing room.

Travis: Oh, yeah!

Justin: Thank you.

Griffin: That would be fucking tight as hell. I always see those like nap pod break room things in places where I don't really want that, like an airport. But if that was backstage at a show? Ooh, and I could catch a quick pazziz back there? To be right—

Justin: Oh, love a pazziz right before a show!

Griffin: A quick pre-sow pazziz and a shower.

Travis: Just a quick pazziz.

Griffin: Get right with Christ before we go on stage to delight the masses? That would be so tight.

Justin: That would be nice.

Travis: Now to get to the—I would like to say, we run into this a lot, right? Of the difference between being judged for something and getting trouble for something. I don't think you'd get in trouble for taking a shower. It is there.

Griffin: Right.

Travis: Unless it's—if they didn't want you to, they'd put up a sign, they'd lock the door. Now that's not the same as you come out toweling your hair dry. Will the other people in the office be like, "Did they get... did they get naked?"

Justin: Where the fuck have you been? [chuckles]

Griffin: Yeah.

Justin: Where the fuck have you been?

Griffin: I think maybe you could play it mysteriously, to work up a sort of like aura about the office, of impressiveness. Where you do take a shower every day, but you do not make a big deal out of it.

Justin: Mm-hmm!

Griffin: Because one, they'll figure it out. People are going to talk. And that sort of organic growth is what you want from a sort of status like this. The other thing is that you will—sometimes people will be like, "Why is Jeremy... wet? Why is Jeremy wet?"

Justin: Yeah, but you don't want it—you do want it to continue to be somewhat oddball behavior. Because the last thing you want is a situation where there's a line out the door.

Travis: Oh yeah, no, that's the worst case.

Justin: And you're standing there in your Crocs, you know, with your towel over there like, "Come on, time is money. We've all gotta shower here."

Travis: This is why what works for this is you've earned the shower by running during your lunch time, right? I think that in and of itself, those two things connected.

Justin: Right.

Travis: If I worked in an office and every day during lunch, I'm sitting there watching like the last 10 minutes of one TV show and the next 20 minutes of the other because I timed it out poorly.

Justin: [laughs]

Travis: And meanwhile like—

Justin: You just described everyone I've ever had, Travis.

Travis: Yeah, and meanwhile this person is out there like jogging and then taking a shower. And like, yeah, of course they're showering. They earned it.

Like yeah, they're the most incredibly responsible human being I've ever met. [chuckles]

Justin: Are you 100% certain it's not an eyewash shower? Are you 100% certain you're not going to be in there naked and it's gonna be like—you're gonna hear the door slam open like, "Oh, god! Oh, god! Oh, god!"

Griffin: Oh, god! Oh, god! The batteries!!

Justin: What are you doing?!

Griffin: The batteries have exploded again! No!

Travis: What if there's a different reason nobody uses it?

Justin: [laughs] Haunting.

Travis: Like we all used that shower until that fateful day.

Griffin: Yeah.

Travis: And now out of respect. [chuckles] Out of—

Justin: We found out that—

Travis: Out of that past coworker's memory. Ah...

Justin: We found out that the drain just does empty into Jeff's office and we don't know why it was built that way.

Travis: You don't understand, one out of every 20 times it's lava that comes out. [chuckles]

Griffin: [chuckles]

Travis: And like, and it's never every 20th time. Just one out of 20 times it's lava.

Griffin: That's the boss's Pepsi shower. You can't use it. It's so expensive. He goes through several leaders every time he rocks it.

Travis: Also, the ants are a problem.

Griffin: The ants are pretty bad these days.

Justin: Do you work in a place where the boss is like, "I'm happy to come work there. One thing is, I need a prescription shower that is always available to me at all times. I need to be—I never know what's going to happen. I need to be able to shower at the drop of a hat."

Travis: And there should be stanchions and a velvet rope. And like if there's nothing up—

Justin: Yeah, you're right. A guard.

Travis: Yeah.

Justin: Something.

Griffin: I will say this; if you are nervous about this to the point where you do have to be sort of discreet, but you feel so strongly that you would like to use the shower, I think a pretty good option is you bring spaghetti for your lunch every day and you spill a lot of it on yourself.

Travis: [chuckles] Every day?

Justin: Ooh!

Griffin: Every day.

Travis: I'm not given up 'til I figure this stuff out! [chuckles]

Griffin: Yeah, you walk out your boss's office just covered in spaghetti towards the shower.

Travis: Happened again.

Griffin: They will—they are gonna nod like, "Go ahead."

Travis: Yeah.

Griffin: And then you take the shower and you come out like, "Whew, thanks, boss man. Close—" You say, "Close call, huh?" And then you go sit down. But next day you are going to drop spaghetti all over yourself again. Not just on your clothes. It needs to get on your skin too.

Travis: "Listen, can I tell you guys something?"

"Yeah?"

"Clumsy Carl, he's the clumsiest mother fucker in his office."

Griffin: He's unthinkably clumsy.

Travis: But his numbers are phenomenal!

Griffin: There's something there!

Travis: You all could take a lesson from this spaghetti dropping mother fucker over here!

Justin: "I get my best thinking done during my spaghetti showers, boss. That's where I come up with all the big ideas." What's worse; an employee comes to you and says, "Can I use the shower?" Or an employee comes to you and just has used the shower without asking? I feel like they're both pretty bad. [chuckles]

Griffin: The first for sure. Because the first is—

Justin: It is, yeah.

Griffin: The first is, "May I be nude? Or do you—or must I have—keep my stink?"

Justin: Permission to be nude?

Griffin: Permission to be—

Justin: Please?

Griffin: May I be nude, or shall I keep my stink for you? Is basically the question that you're asking.

Travis: What about—

Griffin: Which is hugely inappropriate.

Travis: What about I—the shower is fine to use, right?

Griffin: Every day?

Travis: Well, no, what I'm saying is that's how you ask it.

Justin: [chuckles]

Travis: It's cool to use the shower, right?

Justin: Yeah, Trav. That's the same thing that I said.

Travis: No, no, no, it's not.

Justin: It's bad.

Travis: It's not.

Justin: It's bad.

Travis: "Can I shower? May I shower? May I shower, daddy?" Is different from the assumption of like, "Hey, it's cool to use the shower, right? It's cool if I use the shower?"

Justin: [laughs]

Travis: "Thanks, dawg."

Justin: Okay, wait!

Griffin: But—

Justin: Wait! Wait! Wait! Okay, no, Travis, your bad has given me a better one.

Travis: Okay?

Justin: Why don't you try start going—[chuckles] start talking up the showers to the other people in the office and see if you can get them to break the seal? So it's like, "Hey, did you hit the shower?" [chuckles]

Travis: Yeah.

Justin: "Did you hit the shower? Hey, bud, getting a little ripe. Good news, there's a shower down there. You can go check it out."

Griffin: [laughs]

Travis: Yeah, I bet the water pressure in that mother fucker is amazing.

Justin: Ooh! It looks like a good shower. We all shower around here, right everybody? You're missing out if not.

Travis: It's cool to use the shower, right, daddy?

Justin: We all think it—no, see, Trav...

Travis: [chuckles] What?

Griffin: See Travis, you keep coming back to this and what I don't—

Justin: In a workplace—

Griffin: What I don't like so much about the turn of phrase you use is I can interpret it I think at least three different ways off the top of my head. Which is; is it okay to use the shower? Is it... cool? Am I cool dude... if I shower?

Travis: [chuckles]

Justin: Do you want me to shower?

Griffin: Do you need me to shower?

Justin: [chuckles] Would you prefer that I be showered before we conduct business?

Travis: Which is better? Hey, choose your own invention, boss. [chuckles] Do you want me—how do you want me?

Griffin: I'm gonna say when I picture someone taking a shower, first of all, there's a lot of fog and steam so you can't see anything.

Travis: Yeah, yeah.

Justin: Good job, Griff.

Griffin: It's like a Netflix—

Justin: Very tasteful.

Griffin: It's like a Netflix show. There's tasteful suggestion that there is privacy happening behind there.

Travis: Yeah, obvs.

Griffin: But second of all, I'm not looking at them and going like, fuck, that's cool, dude. Wow, that's cool. Man, that's a cool person in there, cleaning. I don't think that's—

Travis: That's all the imagining, Griffin. I'm saying that there is something to a Shawshank-ass like... act of rebellion. When you come and like the

shower has been there, everyone's dreamed of using it, but no one's broken the seal. And you're the new hot rod in town. And you break that seal and they're like, "I would never. I could never have the strength of will to shower at the office."

Griffin: I haven't worked in an office in a while, but I don't—I think you will run into some issues of your boss being like, "That was a lot of time you just spent doing something that is not selling, you know, door hinges." Or whatever it is people do in offices.

Travis: You're going to request a phone in there.

Griffin: Okay.

Travis: I'm gonna need a line to the shower.

Justin: All right.

Griffin: I think it's fucked up that I'm allowed to make pee and poop inside of my office and take company time to do it. But to shower—maybe that's it? You come out of the shower, boss is like, "Hey, did you just—" And you'd be like, "Don't worry, I peed and pooped while I was—while I was doing it."

Travis: Isn't that the, you know—

Griffin: Nice try, boss man.

Travis: Earn them \$1, got paid a dime. That's why I shit on company time.

Griffin: That's what I shit and piss in the shower—[chuckles]

Travis: And shower.

Griffin: In the boss' shower on company dime.

Justin: [chuckles] Hey, thanks so much for listening to our podcast. We sure had fun recording it.

Travis: Yeah, it was great. I'm excited to let you know I'm going to be at Sketch Fest on Sunday, February 4th, doing a D&D live show with some great comedians and creators. We've got Eugene Cordero, Erika Ishii, Connor Ratliff, Danny Fernandez and Aaron Keefe. Unfortunately Funches had to drop out because he got a filming gig. But—

Griffin: Aw...

Travis: But!

Justin: Can't blame him for that.

Travis: Yeah, I would take that job. Bye, suckers! Enjoy the show.

Justin: Wouldn't even think of—think—wouldn't even think about it.

Travis: Yeah.

Justin: Wouldn't even cross my mind.

Griffin: Not a second.

Travis: But that's gonna be Sunday, February 4th, at 7PM. Get your tickets on the Sketch Fest website. And we'll see you there. Also letting you know we got new merch over in the merch store. There's the Three Brothers and the Moon shirt. The Hunger dice are still available, designed by Ewewynn. And 10% of all merch proceeds this month go to World Central Kitchen.

Also want to let you know we just started Adventure Zone versus Dracula. The first episode of that is up now. Go check that out. It's very fun. Also, I stream on Twitch! If you didn't know. And I'm trying to grow the audience there and take that a little more seriously. You can go to [twitch.tv/thetravismcelroy](https://www.twitch.tv/thetravismcelroy). I try to stream about three times a week. And I'll see you over there.

Griffin: Thank you to Montaigne for us for our theme song, My Life Is Better With You. Please, please give that one a spin on—

Travis: Please.

Griffin: Please give that one a spin on the old Nickelodeon. Shall we wrap up?

Justin: Yes, let's.

Griffin: Let's give them a sound shower.

Travis: I thought it was a silent moment for wishes?

Griffin: Oh, that's a good point! Is that what we did last time?

Justin: Yeah, we decided to not make sounds anymore. To have actual silence.

Griffin: A silent moment for wishes. Okay.

Travis: This is a chance for everybody at home to wish and us wish too, okay.

Griffin: But let's make this one really fast.

Travis: Okay.

Griffin: Like three seconds.

Justin: Yeah.

Griffin: Like a three second—like a quick one. Because Fungalore is busy.

Travis: Yeah.

Griffin: So he can't field like a bunch of different—okay, here we go.

Justin: Okay, really quick.

Griffin: Three, two, one... Great.

Justin: Okay, great. Thank you so much. Thanks for taking that time and that's gonna be it for us.

Griffin: A real momentum killer, the silent wish to Fungalore, I will say.

Justin: Tough shit! Tough shit.

Travis: Yeah.

Justin: Our endings keep getting worse and I I will find the worst possible ending for this podcast if it's the last thing I do. And it may be! Because they won't let us do the podcast anymore. My name is Justin McElroy.

Travis: I'm Travis McElroy!

Griffin: I'm Griffin McElroy.

Justin: This has been My Brother My Brother and Me. Kiss your dad square on the lips! You're already listed to the whole episode, pal!

Travis: We got you!

Justin: I don't care if you like the end! We got you!

Travis: We got your listen!

Justin: We got your listen! I don't care if you like end!

Travis: Ha-ha! Sucker!

Justin: Ha-ha! See you next week, baby!

Griffin: [chuckles]

[theme song, "My Life Is Better With You," by Montaigne, plays]

Maximum Fun.

A work-owned network...
Of artists-owned shows...
Supported directly by you.