

## **MBMBaM 79: Who Guginoed?**

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### **Intro (Bob Ball):**

The McElroy brothers are not experts and their advice should never be followed. Travis insists he's a sex-pert, but if there's a degree on his wall, I haven't seen it. Also, this show isn't for kids, which I mention only so the babies out there will know how cool they are for listening. What's up, you cool baby?

[theme music plays]

### **Justin:**

[singing] It's the most wonderful time of the year.

### **Griffin:**

Pretty sure, pretty sure that's exactly how you started it last year.

### **Justin:**

Is it really?

### **Griffin:**

Mm-hmm.

### **Justin:**

That's a tradition now. Now it's not me ripping...

### **Travis:**

Yay.

### **Justin:**

... off of it for myself for a year ago. It's a tradition. Uh, it is the birthday episode, all three of us, November 8th, blowing it up with our big B day, B day spectacular.

### **Travis:**

Happy birthday to all three of us.

**Justin:**

Travis, are you stoked about year B day?

**Travis:**

I'm so stoked.

**Justin:**

Yeah. What are you looking forward to the most? The presence, the gifts, the cheer?

**Travis:**

The chicken fried bacon.

**Justin:**

You're going to get some chicken for our bacon for your birthday.

**Travis:**

I'm going to get all the chicken fried bacon for my birthday.

**Griffin:**

That's... Is that a gift? It seems like a— What's the opposite of what a gift is for [crosstalk]?

**Travis:**

A punishment. It's a punishment

**Justin:**

Now, Griffin, how was your big birthday plan?

**Griffin:**

My big birthday plan is to put myself into a state of cryo sleep for six months until it is really my birthday.

**Justin:**

Okay. Well, let's take a quick poll. I feel like everybody on the show's birthday is November 8th. So let me go around and we'll see where we're at. My birthday is November 8th.

**Travis:**

Yeah. Oh my, my birthday is November 8th.

**Griffin:**

My birthday is November 8th.

**Justin:**

No, no, wait. [laughs]

**Griffin:**

No, is... It's not, is it?

**Travis:**

Is not. That does not ring true.

**Griffin:**

It's uh, it's April 17th.

**Travis:**

Wow. That sucks.

**Griffin:**

It's so fucking far. I could not be fucking further away.

**Travis:**

Yeah.

**Griffin:**

And it sucks because I know the two of you were conceived on Valentine's day. It just adds up the math.

**Justin:**

Don't do this to me. Don't do this to me.

**Griffin:**

And when was I?

**Justin:**

Not on this day.

**Griffin:**

What could I possibly have been, what's special—

**Travis:**

4th of July, 4th of July.

**Griffin:**

I guess it could be. Those fireworks going off. It's pretty romantic.

**Justin:**

Stop it. I can't do this to you. You're killing me.

**Griffin:**

[imitates fireworks] "I love you."

**Justin:**

You, uh, you owe me two birth—

**Griffin:**

"Let's conceive."

**Justin:**

Two birthday presents now is what I mean. [laughing] I can't even handle this advice show for the modern era. Uh, I'm your oldest brother, Justin McElroy.

**Travis:**

I'm your middlest brother, Travis McElroy.

**Griffin:**

I'm your youngest brother...

**Justin:**

Most independent.

**Griffin:**

... is not celebrating no birthday today, Griffin McElroy.

**Justin:**

It's patriotic, brother. Uh, my wife just brought me coffee. That's awesome.

**Griffin:**

Oh, man.

**Travis:**

Wait, your wife just brought me coffee.

**Justin:**

[laughs] That's impossible.

**Travis:**

Holy shit.

**Justin:**

Timewalker. Um—

**Travis:**

It's a birthday miracle.

**Justin:**

It's a birthday miracle. And my wife's the timewalker. Uh, eh, this is of course an advice show for the modern era. Uh, let's dip right in to the help, to the advice, to— I feel like it's going to be a good show. We got a lot of exciting stuff today. We got guest stars, several guest stars. We have—

**Griffin:**

Is it their birthday? Did we even bother to ask?

**Justin:**

[laughs] It may or may not be their birthday, we got—

**Travis:**

Let's assume it is.

**Justin:**

Let's assume it's all of their birthdays. We got a big, big live show announcement. We've got lots of people to help and so much more. Let's dip right in.

"My friends and I go weekly to a pub trivia night, uh, about two months ago, two strangers asked to join our team. That was fine, but then they started showing up almost every week. This could have been okay, but they're both quite full of themselves. Talk over the other people. Don't let people write questions to answers. They're sucking the joy out of our trivia experience. So how do we get them off the team?"

And that is actually from team Crocoswine. It's, uh, one of the oldest stories in the book, I think. People who have spent years educating themselves on trivia...

**Griffin:**

Mm-hmm.

**Justin:**

... the one area in which minutia escapes them is in matters of the human heart.

**Travis:**

Ah.

**Justin:**

This is why we are here.

**Griffin:**

That is rarely a subject of pub trivia night. Yeah.

**Justin:**

I usually just go with superior vena cava. That's, [laughs] that's...

**Griffin:**

Yeah.

**Justin:**

... usually what's, uh, what's up.

**Travis:**

I've never, I think I maybe have done, like, bar trivia, like, once.

**Griffin:**

Yeah.

**Travis:**

Is this, like, a high stakes game?

**Griffin:**

It gets pretty hyphy.

**Travis:**

Mm-hmm.

**Justin:**

Yeah. It gets hot. I've been on two award-winning trivia teams. The, uh, the amazing Larry and, um, the Robert C. Byrd Institute for trivia.

**Travis:**

Uh-huh.

**Justin:**

And, uh, all— Both, like, real grand slam high stakes teams. And like, we got to the national championships, won a few grando. I mean, it...

**Travis:**

Wow.

**Justin:**

... it gets hot. I was not...

**Travis:**

I just don't understand this kind of heightened emotion where you can't just be, like, "Hey, I think maybe it's just going to be me and my friends tonight."

**Griffin:**

Well, it... Friendship, honestly, count factor into it because you need to build a streamlined minutiae knowing machine...

**Justin:**

Right.

**Griffin:**

... that like, you need to put together an internet of people that know everything.

**Justin:**

Yeah.

**Griffin:**

You need to build it, you need to make a human Google. And it's hard to do that when you let a bunch of randos in.

**Justin:**

[laughing]

**Travis:**

Well, what if you just, like, wore a visor and carried around a clipboard and walked up to them and said, "Hey, Hey, you're cut."

**Griffin:**

Yeah.

**Travis:**

"You're out."



**Justin:**

I think that's an option. I think you could show— Everybody could show up as a new team next week, a reformed, like, you know, when they, you know, when they reform a band with everybody except one guy—

**Griffin:**

Uh-huh.

**Justin:**

You're like, wait a minute, [laughs] this is not—

**Travis:**

"Oh, you were a member of Jefferson Airplane."

**Justin:**

Right.

**Travis:**

"We're Jefferson starship."

**Justin:**

"We're Jefferson trivia starship." [laughing] I think we are going a whole new direction. What, what am I thinking of? Who did that? It was a whole same band, except for the one person there. I mean, I guess Van Halen is sort of like that, but...

**Travis:**

Mm-hmm.

**Justin:**

... they remain the same band. It'll come to me. I guess the, uh, the Elvis Costello's Imposters are sort of like that because they're, the attractions—

**Travis:**

And they cut Elvis Costello out.

**Justin:**

And they cut Elvis Costello out, [crosstalk] now they just do Jefferson Airplane songs. [laughing] Uh, that's a good option, to make a new team. Also, if they're randos, just say to, tell them to start their own goddamn team.

**Griffin:**

I mean, like, "Hey, I don't fucking know you."

**Justin:**

I don't know you, please stop [crosstalk].

**Griffin:**

You're not my buddy.

**Justin:**

Yeah. We're not bros.

**Travis:**

Wait, could you do, like, a surgical, like, skip three nights?

**Griffin:**

Yeah, see, that, I usually do that whenever, uh, like I used to do karaoke at this one place and I had some cleaners, you know, people liked my star power.

**Justin:**

Right.

**Griffin:**

I said, "You have a star quality and I'm attracted to that. I want to be near you."

**Justin:**

I want to be near your energy.

**Griffin:**

And eventually— I want to be near and around you and eventually had to stop coming for a little bit and give them time to cool their jets, you know? Ice their heels.

**Justin:**

Let them orbit around another star for a few nights.

**Griffin:**

Yeah.

**Justin:**

See how that works out.

**Griffin:**

And, uh, and after a few weeks I came back cleansed.

**Justin:**

Cleansed.

**Travis:**

Ooh, awesome [crosstalk].

**Justin:**

But they were still there.

**Griffin:**

I was doing the master cleanse—

**Justin:**

Weren't they...?

**Griffin:**

That's important too.

**Justin:**

The stage door Johnnies, waiting for just a glimpse.

**Travis:**

You were doing the all juice, karaoke diet.

**Griffin:**

Nothing but ginger water and, um, I would sing so good afterward.  
[crosstalk] ... No toxins, no toxins in this body.

**Travis:**

How so?

**Justin:**

That's a good remedy. It's a good home remedy tip.

**Travis:**

What about just sitting at a smaller table?

**Griffin:**

Why don't you go fucking solo? That's a power play.

**Travis:**

[laughing]

**Griffin:**

What, that's like going solo in Euchre. It's like, you got to have the faith in yourself to achieve your dreams. And I—

**Justin:**

If you do do it though, please refer to yourself as Krumdor the all-knowing.

**Travis:**

[laughing] "Oh, no, no. I'm a member of Team Jeff."

**Griffin:**

Mm-hmm. What's your team name?

**Travis:**

Dave. [laughs]

**Griffin:**

That is, that's just... That's my name, is Dave.

**Justin:**

I think you tell him to stop. I mean, like, America, we got to get better at telling randos where to get off. These are randos and their stop is this week. You tell them, "Listen, guys, uh, this is kind of a friends thing that we did with friends and we need you to go. You can go right there. There's the door."

**Travis:**

Here's the thing, there... I can't think of any repercussions that could happen. It's not like you're going to kick them off the team and they're going to, like, slit your tires or something.

**Justin:**

Make a better team?

**Travis:**

See, that's all I can think, is that they come back at you as like the, you know, Riverbottom Nightmare Band and they take you out.

**Justin:**

[laughs] I can't— I think you have to be very clear if they're the weaklings in your team. That's the more important thing. And maybe if you have some sort of... Wait a minute, what if you have some sort of trivia showdown. You say the team's too crowded. We need to winnow it down to the essentials. And then you have a series of questions that only relate to things that you and your friends would know [crosstalk]...

**Griffin:**

Yeah.

**Travis:**

"Do you remember, at Steve's birthday party last year, what kind of cake did we have?"

**Justin:**

"Darla, who did you blow and never tell anyone about it? It's me. Sorry, Jeff. Sorry, Randy. You're off the team." Assholes.

**Griffin:**

Um, this situation seems to happen a lot. Um, more and more than just team trivia occasions. Like I have, uh, it happens a lot and it sucks every time it does. Like, if you're at a concert and there's somebody there who doesn't know anybody, so there's like, "Hey, can I hang out with your group?" And you're like, you can't say no, but at the same time you're like—

**Travis:**

Why not?

**Griffin:**

I guess, I guess—

**Justin:**

This is a much different question though, if it's one person, because I feel like one person, that's just sort of like a nice thing you're doing. These guys are a unit, you know? Like they're two dudes. Just tell them to go. Tell them it's time to go.

**Travis:**

I think that the problem is if they had been like, "Can I join your team?" And then they would have been awesome and like buying drinks for everybody and super cool and getting all the questions right? No problem whatsoever. But they failed the audition. They suck at this.

**Griffin:**

Yeah.

**Justin:**

Yeah.

**Travis:**

Like they're not getting the questions right, they talk over people. Like, I think that you're perfectly within your rights, to be, like, "Hey, we let you onto our team. We tried it out and it's just not working out. Thanks."

**Griffin:**

Can I talk about a serious character deficit that this country is experiencing right now, and I don't know what's going to remedy...?

**Justin:**

Please, yeah.

**Griffin:**

It seems like, um, and I don't know if I've ever had this kind of friend, but it seems like the pushy sort of bossy, sassy friend is gone. Is no longer exist. He's like the bee, he's like the modern bee, he's gone. He's just vanished from the earth.

**Travis:**

Hmm.

**Justin:**

Mm-hmm.

**Griffin:**

You need a pushy bossy friend that can be like, "Nope."

**Travis:**

Everybody needs a Vince Vaughn.

**Griffin:**

Everyone does need a Vince Vaughn. Um, and it's, it just seems like that that's a... That person no longer exists. And I don't know why, do you think it's because of the internet?

**Justin:**

It is.

**Travis:**

I think it's because of, like, PC movements and everybody tried to be very delicate and careful about everyone's feelings and all that stuff.

**Griffin:**

See, I'm that though. Am I part of the problem? I don't think I can, I can experience a sea change like that. Or all of a sudden I can walk into a bar and be like, "I don't like this." You know, I can't—

**Travis:**

Here is what it is, the Vince Vaughn friend is a friend that it's difficult to keep them around all the time because that's the friend that you end up saying, like, "Well, if you knew him, he's a great guy."

**Griffin:**

Yeah.

**Justin:**

[laughs]

**Travis:**

"You just don't know him like I know him."

**Justin:**

You're right, right.

**Travis:**

And, and I think everybody does have that friend, but it's harder to keep that friend as time goes on.

**Griffin:**

You're saying if you're young and you're still trying to figure out who you are in this world, I mean, maybe put your chips down on sass.

**Justin:**

Mm-hmm.

**Griffin:**

Double down on sass.

**Justin:**

Double down on sass.



**Travis:**

But not everyone can do it. I've known some people who are just assholes, but then there's the really likable asshole and that if you can't pull off likeable asshole, you're out of the game. [crosstalk]

**Griffin:**

You really got, you got to thread that needle. It's important.

**Justin:**

But, listen, like, if you don't want these people on your trivia team, they have failed— Like that's the most sort of regimented social interaction you could possibly have. There's a designated start time, a designated stop time. If you don't want these guys in your trivia team, you don't want them in your life. Fuck them.

**Travis:**

You don't even know them.

**Justin:**

You don't even know them!

**Travis:**

They're strangers. It's not like there's a history. You're not going to ruin your friendship with these weirdos.

**Justin:**

They're strangers.

**Griffin:**

What if, guys, what if they're strong? What if they're grownups?

**Justin:**

Oh.

**Travis:**

Oh.

**Justin:**

They're big kids.

**Travis:**

You're saying like physically imposing.

**Griffin:**

I mean, if they're big and strong.

**Justin:**

Well, they're big kids.

**Griffin:**

You can't tell, you can't tell a big strong grownup where to get off.

**Travis:**

Yeah.

**Justin:**

Right.

**Griffin:**

Didn't think about that, did you?

**Justin:**

And older boy said you are on my trivia team now. So I guess you are.

**Griffin:**

Yeah. I talked to my dad. He said I'm on it. So handle that.

**Justin:**

It's not a big deal. "Hey guys, is it acceptable when you have a back itch to scratch it on various public surfaces? Like the corner of a wall or a shelf of some kind?" Itchy in Indiana.

**Travis:**

Well, Baloo the bear, um—

**Justin:**

[laughs] It sounds like you're in a tailspin. [crosstalk, laughter] Pull out of it.

**Travis:**

Let's just boil this down to the bare necessities.

**Griffin:**

Uh, God, um...

**Justin:**

Crap.

**Griffin:**

Has this ever— Use your hand! [laughs] Get your hand back there. Or a friend's hand.

**Justin:**

That doesn't work. I read for Richard Heene's bear scratch when I'm in this situation. You may remember him. He was Balloon Boy's dad, uh, a real nut job, but he has a device that he will sell you on the internet. \$30 for two. Uh, you can find this bearscratch.com. And uh, it... The tagline is, "if you itch like a son of a twitch..."

**Griffin:**

Oh, God.

**Travis:**

Oh, God.

**Justin:**

"... you need the patent pending bear scratch." It is basically a piece of wood that you tie to your wall. [laughing] It's basically what's up.

**Griffin:**

If your son is a guy that you shoot into the sky... Balloon Boy jokes. [laughing]

**Travis:**

I believe it is not acceptable, but it does feel so damn good. I do it all the time.

**Griffin:**

Sure.

**Travis:**

I love it.

**Justin:**

You're more animal than man.

**Griffin:**

But what do you say when you're caught in the act? "What are you doing to that shelf, Travis?"

**Travis:**

I say, um, "don't judge my love."

**Griffin:**

Okay.

**Justin:**

Don't shoot, you don't know me. You don't know this wood. Uh—

**Travis:**

He started it.

**Justin:**

[laughs] He just blamed the wood. He itched. He was scratching on me on the wall on Richard Heene's bear scratch.

**Griffin:**

Can you not just wear, like, a wool sweater and then just shimmy around and it scratches all of you at once?

**Justin:**

What can you not reach, how big a boy are you?

**Griffin:**

That's what I'm saying.

**Travis:**

Or what if you just started screaming, "There's ants in my clothes."

**Griffin:**

Okay.

**Travis:**

Who's going to judge you then? "Well, it was an emergency, Ed."

"Okay, fair enough."

**Griffin:**

Why is, why are your clothes so sticky sweet?

**Travis:**

Why are your—

**Justin:**

Why is it preferable, Travis? Like, why is it preferable to think, for people to think of you as the guy with bugs in his clothes?

**Griffin:**

Yeah. You can stealthily scratch yourself on a shelf, but if you yell, "Ants! Ants in my clothes."

**Travis:**

Okay, well, let me throw this out. The awkward part of scratching your back on an object is, like, you get into it and you close your eyes and then you open your eyes and realize people are staring at you. Right?

**Justin:**

Mm-hmm.

**Travis:**

What if you just kept your eyes open the whole time and stared right back at him while you did it?

**Justin:**

[laughs] It turns... It gets into a weird erotic territory [crosstalk].

**Griffin:**

"Thinking about you."

**Travis:**

"Watch me do this. Watch me do this."

**Justin:**

It's the weirdest scene in Basic Instinct. [laughing]

**Griffin:**

Can we invent, like, a fun dance that you do when you need to itch yourself? And then people will be like, "Oh, he's doing the itchy jiggle."

**Justin:**

Well, the Bear Scratch Dance is actually available on iTunes if you want to grab that.

**Griffin:**

Do the bear scratch.

**Justin:**

Do the bear scratch dance.

**Griffin:**

I have a, uh, one wall of my apartment is sort of just covered in stone outcroppings.

**Travis:**

Mm-hmm.

**Griffin:**

And let me tell you, it's like, it's like God's fingernails. You just get right up against that and... Note, I have never, I haven't itched since I lived here.

**Justin:**

Wow. That's a good record.

**Griffin:**

It's pretty great.

**Justin:**

It's a good streak. You got to keep that going. [laughs]

**Griffin:**

It's like a loofa made of stone.

**Justin:**

I wouldn't leave my house because that'd be too worried that like, what if you get out in public, your back starts itching and that streak is broken?

**Griffin:**

Yeah, I got to... Yeah, I got to go home, you guys.

**Justin:**

"Guinness, it's me, it's Griffin. It's over. Shut it down. [laughing] I tried my best, didn't work out."

**Griffin:**

Do you guys want a Yahoo?

**Justin:**

Yeah, that'd be great.

**Griffin:**

Uh, this one was sent in by Jacob Walker. Thank you by Jake, thank you by, thank you by Jacob. [laughing]

**Justin:**

You're welcome, by us.

**Griffin:**

It's, uh, by Yahoo answers user, Jess who asks, "What is the stripper etiquette for Canada?"

**Justin:**

[laughs]

**Griffin:**

Uh, okay. "This is a random thought. I have no intention of going to a strip club, even though I am legal FYI, it's just, this is bugging me." First off, you're totally thinking about going to a strip club, but...

**Travis:**

Yeah.

**Griffin:**

Uh, "You know how in movies, they toss strippers dollar bills. While in Canada we have loonies and toonies. So do you, like, toss coins at the person?"

**Travis:**

Oh God.

**Griffin:**

"Uh, or are Canadian strippers more costly than Americans just because of our bill system? In Canada is the minimum bill tossing rule is \$5 since that's our smallest bill? I'm honestly not trying to be rude. So if it defense anyone, I really mean no harm."

**Travis:**

I want you to know, Griffin, that after, what is this, episode 79, 79 episodes, you finally asked a Yahoo answers question that made me go, "Wait, that's a good question."

**Griffin:**



Yeah.

**Justin:**

Is it?

**Travis:**

What, do you just throw the coins at them? That seems rude.

**Justin:**

"Hey, whatever happened, uh, excuse me, whatever happened to Galaxia who used to dance here?"

"Yeah, that was real sad, eh. She got a loonie in her poonie."

**Griffin:**

Oh! Justin!

**Travis:**

[cackling]

**Justin:**

It was a real sad situation that one, eh?

**Griffin:**

Uh, God. So a loonie, I just googled, is a Canadian \$1 coin.

**Justin:**

Yeah.

**Travis:**

Um, here, first of all, um, I would like to, uh, point out that I believe that this person has never been to, um, a strip club because no strip club I've ever been to, uh, incorporates just throwing money at the stripper.

**Justin:**

"Take these!"

**Travis:**

Like wadding up the bill and trying to hit her in the face with it. That's not how that works.

**Justin:**

I actually, I have to disagree with you Travis. I actually saw a stripper who was, I believe a little person. If not, she was quite short, uh, put a cup in front of her zone down there or—

**Travis:**

Her zone.

**Justin:**

... her sense spot.

**Griffin:**

[laughing]

**Justin:**

Yeah. She had a cup in front of her puh-zone and, uh, people took turns throwing, uh, dollar bills in there. And if they—

**Travis:**

That's the worst [crosstalk] show game I've ever witnessed.

**Justin:**

If they sunk a shot, then they got... Well, it's unspeakable what happened to them, but... [laughs]

**Travis:**

[laughs] Oh, Jesus.

**Griffin:**

[laughs] It sounds like you knew what they were talking...

**Justin:**

Now... Oh, He was not there, Travis, I'm sorry. [laughing] Not there that night.

**Griffin:**

So the Canadian version, it sounds like whenever you go to, like, a Taco Bell and they have that little thing where you drop the quarter in and you try to land it on the plates and if you—

**Justin:**

Uh-huh.

**Griffin:**

... you get like a crunch wrap, but instead of that, you try to throw a loonie on an old lady's bosom.

**Travis:**

I understand now why every time I've gone to the Canadian strip club, they have those little bus driver change things on their, on their belts and you give them a \$5 bill and you're like, "I need three back." And they're like, "Okay." Kachunk, kachunk, kachunk. And they hand you three coins. I get it now.

**Griffin:**

That's a very erotic exchange.

**Justin:**

So erotic.

**Griffin:**

Yeah.

**Justin:**

And it's nice because you can get sneakers to strike the machines right there.

**Travis:**

Mm-hmm.

**Griffin:**

Yeah.

**Justin:**

They hate that though. [crosstalk]

**Griffin:**

Canada, your money... Your money is really weird, Canada. You have things called loonies and toonies.

**Justin:**

But there's this thing, everybody, I'm so on this tip though, because every other country besides us, they are all, like, the \$1 bill they realize it's not worth anything and you can buy nothing with it. So there's... They have— It's just a coin. In England, they have coins that are like worth \$4 or \$5. It's ridiculous.

**Travis:**

I love that every time we do it, every time America tries to do a dollar quarter or a dollar coin, it's such bullshit and everyone's like, "What is this? [laughs] Never mind."

And, like, the only time you ever need them is if you pay like a parking garage or, uh, when you go to the bank and they give you like a Sacagawea coin and you're like, "Ah, damn it." And then it sits in a drawer forever and ever and ever.

**Justin:**

Yeah, because you can never find... It's, like, it's enough of a big deal to find a machine that uses it, like, advertises it. Like, "You can use a dollar coin here."

**Travis:**

Except at theme parks, amusement parks.

**Griffin:**

They are crazy about the Sacagawea dollar coin.

**Travis:**

For some reason, the only time, the only way to get like a locker is to turn your money into Sacagawea coins and then put them in the locker. It's, like, why don't you just take dollars?

**Griffin:**

I, um, this is all very funny, um—

**Justin:**

[laughs]

**Griffin:**

I think it's dangerous to throw coins at a lady.

**Justin:**

Yep.

**Griffin:**

Can we agree with that because these...

**Travis:**

Well, yeah, I mean, what other circumstance would that be okay in?

**Griffin:**

I'm looking at these loonies and these toonies and they look like some heavy alloys. So, um, you got to throw a fiver and if that's the case, Canadian strippers must be, like, balling.

**Justin:**

Oh, yeah, like Scarface. Totally, totally rich.

**Travis:**

Well, the trick is you have to form it into a paper airplane and they have to catch it out of the air or else they don't get to keep it.

**Justin:**

And they can't use, they can't use their hands, which is—

**Griffin:**

I think it's awful what you just said. Is it possible that you only throw it a fifth as frequently as Americans do? Are we talking about, are we talking about lump sums?

**Travis:**

Okay. So you're saying, like, it's \$5, but the standards of performance are much higher.

**Griffin:**

The standard of performance and instead of throwing, like, a buckaroo, every, you know, every five minutes or so to get, uh, to get, you know, a looksee—

**Travis:**

Yeah.

**Griffin:**

... you throw a fiver every half an hour and then you just get the whole kit and kaboodle.

**Justin:**

Lump sums for some lumps, it's seems fair enough.

**Travis:**

[laughing]

**Griffin:**

[laughs] Okay.

**Justin:**

Maybe, maybe, uh, Canadian, uh, erotic, exotic dancers are working it five times as hard.

**Griffin:**

That's what I'm saying.

**Justin:**

Maybe they are getting—

**Travis:**

Oh.

**Justin:**

Yeah. Maybe, maybe it's like, "Hey, Darla, you look like an American up there, eh?" [laughing] "Can you work five times more than that? Shake it down. Get that stuff everywhere."

**Travis:**

What I would like to imagine is they've just done away with like the slow, sexy, like, takes five minutes and they've just like pumped it up. And it's, like, house techno beats.

**Griffin:**

Oh, they put on some dubstep and they just fucking stomp to it.

**Travis:**

They're sweating their asses off the whole time. And it's a challenge. It's like, "Do you want these \$5? You're going to have to work it."

**Griffin:**

"Are you crumping right now?"

**Justin:**

"Is that Zumba?" Let's move on to another question. Um, although I would actually, we've never asked this. If you do have some actual insight to that question, [laughing] I would, I would genuinely—

**Travis:**

Right? Like, you kind of want to know now.

**Justin:**

Yeah. I kind of would, like, I am kind of curious about it.

**Griffin:**

Um, I'm going to say, no, I think instead of being inquisitive, we need to be instructive. And I'm going to go ahead and say, blanket statement, don't throw a coin at a lady.

**Justin:**

Right. Don't throw a coin.

**Travis:**

You slide it across the floor to her.

**Griffin:**

Yeah, you can slide her a little, a tiny bag.

**Travis:**

Oh, you flip it, like you're an old style gangster, you're just like, "Here's a dollar, chick."

**Griffin:**

"Let me get a pape." Like, "Oh, I can't, I don't have a pape. I've got a pasty."

**Justin:**

"Hey, what does a 17 year old male get his female friend of the same age for a birthday gift? I haven't been to a girl's birthday party outside of family and I'm confused as to what I should get her for a gift. If I should even get her, what at all?" That's from Vexed in Vancouver. Yikes. That's a tough one, right?

**Travis:**

Yeah.

**Justin:**

I mean, like...

**Griffin:**

I say—

**Justin:**

... he's going into hostile territory.



**Griffin:**

You get her a gift card to Brookstone worth, like, 15 loonies. [laughing]

**Travis:**

I think the safest way to go and what I would recommend is get her like a movie or book or something that you like, and you can say, uh, you know, "I like this book and I thought you would too."

**Justin:**

[laughing] Gift giving by Travis.

**Travis:**

Well, I'm just saying like, if you don't know what to get her, don't try to get something huge and elaborate, just say, like, you know, "I, this was a really good movie and I thought you'd like it." No?

**Griffin:**

"I got you Sky Captain and the World of Tomorrow on DVD. I really like it. By the way, can I borrow that one when you're done with it? Happy birthday."

**Travis:**

[laughs] You don't have to tell her you got it because you liked it, I'm saying, like, I thought you would like this movie. She's not going to throw it back in your face and be like, "Bullshit, I don't like this movie. You're wrong."

**Justin:**

I think that, but see, here's the thing though, when you're at a girl's birthday party, what if you're the only person who got her something like that? Like, you don't know. I have no idea what girls get each other for birthdays. I could not, especially when I was 17.

**Travis:**

What is the cutoff?

**Justin:**

What?

**Travis:**

Like, at what age do presents stop being mandatory every year?

**Justin:**

No, you do need to bring a present because that's a fate worse than death if you bring, you're the only one without one. I just feel like something that everybody... Is there a gift that you could name where you always need another one...

**Travis:**

Mm-hmm.

**Justin:**

... and if we could just pick that one gift that you could always get anybody and it's always appreciated, what do you always appreciate when you get? For me, it's those tins of butter cookies, you know the blue ones? I love those, man. You can give me as many of those as you got.

**Griffin:**

A fancy food item or something potable, either way you can't lose, because everybody eats and everybody likes to get drunk.

**Travis:**

Yeah. Especially with something, like, kind of special, not just like I got you a bag of M&M's, but like I got you this box of chocolate covered potato chips.

**Griffin:**

Mm-hmm.

**Travis:**

Okay. That's fun. It's interesting. It's different.

**Justin:**

It's a girl though. What if she's like trying to get fit or something?

**Travis:**

Yeah. What if she's like, "Are you saying I'm fat?"

**Griffin:**

Then you get her fitness bars, Justin, there's good food.

**Justin:**

He doesn't know though. This is what I'm saying. How can he guess what's... [crosstalk]?

**Travis:**

Oh, no, because if you get fitness bars, you're saying she's fat. You're straight up saying she's fat.

**Justin:**

I had... I have to talk to my wife each morning for a good 20 minutes before I have any idea who she is. Like, I don't know what's on her mind that day. I don't know what she's thinking about. I don't know. It takes me a while to get acclimated. Do you think he's just going to walk into a birthday party with something. Here's an item and it is appropriate. Like, I don't think he can... I don't see what he's going to choose.

**Travis:**

Oh, I've got it. A dream catcher.

**Griffin:**

Oh, that's good.

**Justin:**

No way. [laughs] That's good.

**Griffin:**

I think the problem here is that you are assuming, and I can say that you're assuming this because of your email that you think any... There's one present that's good for girls because the information that you have provided us about this girl is that she is girl and that's all we know. Like, "I need a gift suggestion. Here's what I know. She's a lady."

**Travis:**

Right.

**Griffin:**

Period.

**Travis:**

Um, well, [laughs]...

**Justin:**

Well, um...

**Travis:**

Let's see, um...

**Justin:**

I mean...

**Griffin:**

Soap. I don't know.

**Justin:**

But that's as much as I knew about girls when I was 17. I didn't even know how they got their hair to smell so good. Like what am I going to get them that they don't already have?

**Griffin:**

And you learned that they just put honey in it every day.

**Justin:**

Is it possible that we can get a gift certificate? Is that a good present?

**Travis:**

No, I don't like gift certificates.

**Justin:**

Never? Never a good present?

**Travis:**

No. I feel, well, they can be, if the person says, "I would love a gift certificate to blank." But saying, but just doing it voluntarily always strikes me, like, "I couldn't think of anything to get you, so I just got you fake money."

**Griffin:**

Rarely do people give you that opportunity though? Like nobody's ever like, "Man, I haven't been to Applebee's in awhile. I would love to crush some tiny desserts."

**Justin:**

I feel like the presents I always like the best are the ones that I secretly would kind of like, but would never buy for myself. Like, um, like a—

**Travis:**

Like a gun.

**Justin:**

Like my dear friend, Jason for my last birthday, got me an RC car. [laughing] Yeah. I'll take it. Thank you. I do want this. How did you know that I wanted this, but would not buy this, but I do want this? I want this car.

**Griffin:**

So you're saying, you're saying easy solution is you get her the gift that even she doesn't know that she wants, but she wants it.

**Justin:**

Right.

**Griffin:**

Good suggested Justin, he's going to have a real easy time. [laughing] You're saying that even with, even with fucking psychic powers, he couldn't divine what this gift is that she wants, that she doesn't know she wants.

**Justin:**

Yeah.

**Griffin:**

That's great. Just get her that thing, duh.

**Justin:**

Maybe like, maybe like a Gap gift certificate would be good. Maybe like a Snuggie. Everybody wants one of those. Right? Does she have a Snuggie?

**Griffin:**

Get her a Slap Chop and just fucking hope for the best. Get her a slap chop...

**Travis:**

[laughs]

**Griffin:**

Get her a fucking Slap Chop and then don't go to her party because if she hates it, you'll never know.

**Justin:**

Can I tell you something right now, Vexed? Vexed in Vancouver, this is the end of your relationship with this girl. [laughing]

**Travis:**

Oh, yeah. It's over.

**Justin:**

I'm sorry. It doesn't matter what you do. There is literally no... There is no right thing for you to do here. We've—

**Travis:**

Oh, so just embrace it.

**Justin:**

Just lean into it.

**Travis:**

Just put something in the card, like, just give her a note that says, "I hate you. Happy birthday."

**Justin:**

I got you some toonies. [laughing] I got you some, I got you some Canadian stripper battle armor. So when people launch toonies at you... [laughing]

**Travis:**

I got you a shield.

**Justin:**

I got you a stripper shield.

**Griffin:**

It's got ballistics, but sexy ballistics.

**Justin:**

Yeah. [laughing]

**Griffin:**

It's Kevlar, but with booby holes cut out of it.

**Justin:**

Very hot [crosstalk].

**Griffin:**

Enjoy this.

**Justin:**

It's... Listen, you guys have had some laughs together, it's over. [laughing]  
Sorry.

**Travis:**

And you'll always look back and remember how great that friendship was.

**Justin:**

Used to be. You can't go to the party. That's the only, that's your only option. You can't go.

**Griffin:**

In summation, body armor, a paid vacation to Applebee's, or her secret heart's desire.

**Justin:**

That even she does not know—

**Griffin:**

That even she does not know is her heart's desire.

**Justin:**

Yeah. So just get one of those. I would recommend the last one. I think that would be a big hit. But...

**Griffin:**

Do you guys want a yahoo?

**Justin:**

Yeah.

**Griffin:**

Um, this one was sent in by Krista Whalen. Thank you, Krista. It's by Yahoo Answers user Cuckoo who asks. It's kind of gross. I'm sorry. "Uh, OMG, my tropical fish are eating it?"

**Travis:**

What?

**Griffin:**

Um, I'm so sorry. "Someone jizzed into my aquarium and now my fish are feeding on it."

**Travis:**

[laughing]



**Justin:**

[laughing] Whoa, whoa, whoa.

**Griffin:**

Don't... Let me finish. Will they get pregnant and what type of fish can I expect? Will they hatch out like tiny mermaid things?

**Justin:**

[laughing] What kind of mystery is this?

**Griffin:**

Let's, yeah, let's sleuth this one out.

**Justin:**

It's so many layers!

**Travis:**

You know what not to get a girl for a birthday party? Jizzing in her aquarium.

**Justin:**

Yeah, number... "Hey, look what I did."

**Travis:**

Happy birthday!

**Justin:**

"Happy B-day, Cynthia. Sorry."

**Griffin:**

That betta has human feet. [laughing] Who jizzed in this? My betta has a human face like Seaman, I am upset.

**Travis:**

I want to make an open appeal to the gentleman who committed this heinous crime. Why was that your best option?

**Griffin:**

And what was the timeline like, where someone jizzed in this aquarium, skedaddled, and she entered the room fast enough to see the fish eating the jizz. [laughing] Fish will eat, fish will eat anything you put into an aquarium instantly. So it had to be like whoop, done, out. Hey! Ji— They're eating it! Yahoo. [laughing]

**Justin:**

You know—

**Travis:**

I passed a mysterious stranger coming out of my room.

**Justin:**

People say that the American Pie movies aren't having a detriment on our society, but look, teenagers out there are reenacting these scenes. And I— Did you guys see that one? I think it was Band Camp 3.

**Griffin:**

Uh, the one where, uh, where Stiffler, um, ejaculates?

**Justin:**

No, it's actually, it's, I— Popular misconception. It's actually Stiffler's cousin, uh, at that point.

**Griffin:**

So, Stiffler's cousin, uh, gives his seed, the gift of his seed to an aquarium.

**Justin:**

Yeah.

**Griffin:**

And then fish eat it. And then it creates horrible sea monsters.

**Travis:**

I am so upset, like physically angry a all of this.

**Justin:**

Yeah. There's nothing good about this. [crosstalk]

**Griffin:**

If you're thinking about a fish— Think about a fish with human arms.

**Travis:**

No, you know what Griffin, I'm—

**Justin:**

And think about how you'll never be able to hang out with it. [laughs] That's [crosstalk]...

**Travis:**

... I'm eight steps back thinking about like the [prior situation before this girl walked into the room, was this gentleman like standing there and he pulled out a chair and stood on top of it, like...?

**Griffin:**

No, no, no, I'm sure this has to be low to the ground.

**Justin:**

It's not that big.

**Griffin:**

The problem is that maybe you're just assuming that this person started out with the intention of, "Oh, I'm going to jerk it in this here fish tank." Um, I think that it was an emergency. I think he was short on time.

**Travis:**

Right.

**Griffin:**

I think he said, "I got to, I need to do this somewhere."

**Justin:**

It got to be somewhere.

**Travis:**

So you're saying he just didn't have an exit strategy when he started.

**Griffin:**

His plan was, jerk it and then, that was it. That's the end of the plan.

**Justin:**

It's honestly her fault for hanging that poster of Carla Gugino behind her aquarium, if you think about it.

**Griffin:**

What were you thinking with that Gugino poster?

**Justin:**

[laughing] How could you? You can't just put a Gugino up in your room, put a Carla Gugino poster anywhere.

**Griffin:**

And you put it so close to the aquarium. You were almost begging for human fish monsters.

**Justin:**

Ew, you nasty, that's what you like, you dirty girl. You like it when people jerk it to Carla Gugino into your aquarium, you nasty.

**Travis:**

I would also like to say to this girl, uh, whose room this is, and who's concerned this is about horrible fish monsters, maybe you need to be more selective of the people you invite into your house. If you had a party and you don't know which one of them came in your aquarium.

**Justin:**

You know, you have to know.

**Griffin:**

Line up the usual suspects. Who... Who Guginoed right into my aquarium?

**Travis:**

[laughs]

**Justin:**

[laughs]

**Griffin:**

Didn't think that one through, did you?

**Justin:**

Typical. You should— Everyone in your life, you should only have one person that could possibly have jerked into your aquarium. If you have less than that, boring, if you have more than that, you're on Bad Girls' Club, but...

**Griffin:**

[laughs]

**Justin:**

You need to limit that to one. One person.

**Griffin:**

You got to have one sassy friend, you got to have one person who may or may not jerk it into your aquarium. Just be glad it wasn't a terrarium because yucko.

**Justin:**

Yeah.

**Griffin:**

Double yuck.

**Travis:**

That is one pissed off turtle.

**Justin:**

That was actually the plot of Biodome 2.

**Griffin:**

Yeah.

**Justin:**

It's stuck in development hell, but perhaps appropriately so.

**Griffin:**

Aw. Jesus.

**Justin:**

Jesus, no, he's not involved in this one.

**Griffin:**

I am thinking about Pauly Shore in ways. I'm thinking about whichever Baldwin that was, just doing it on a turtle.

**Travis:**

[laughs]

**Justin:**

Just making love. Now, why did— Okay. Why— Is it possible that they would eat it and make sea monsters? Is that... Does she need to be concerned for her safety?

**Griffin:**

Justin, not only is it possible, it's impossible. [laughing] It's not a thing that can happen scientifically.

**Justin:**

So you're saying not probable, but it is likely that it could happen.

**Travis:**

Yes.

**Griffin:**

It's not just going to happen, it's happened already. [laughing]

**Justin:**

That's where Snookie came from.

**Griffin:**

Snookie is... She's half betta.

**Justin:**

Half betta, half fighting fish. They call it— That's betta's, right? Bettas are the Asian fighting fish, is that correct?

**Travis:**

Mm-hmm.

**Griffin:**

Yeah, don't put two of those in a tank. They will, they will wrestle over that seamen. There can be only one.

**Justin:**

They both want it.

**Travis:**

I think the worst part of this situation is—

**Justin:**

That really is like an episode of Bad Girls' Club at that point. [laughing]

**Travis:**

As this, um, man fish develops, it'll probably get really annoying to constantly have to listen to Leonard Nimoy describe his life.

**Justin:**

[laughs] A little Seaman deep cut for everyone to enjoy.

**Travis:**

[laughs]

**Griffin:**

We're going to make jokes right now that, uh, maybe 10 of you are going to get. Let's just buckle up for a minute.

**Justin:**

[crosstalk] Scratch the bone yard for a Seaman gag.

**Travis:**

Just a real quick Seaman story. Um—

**Griffin:**

Okay.

**Travis:**

... we went on vacation once and left the adapter for our, uh, Dreamcast at home and flipped out because our Seaman were going to die.

**Griffin:**

Well, okay, not all of us flipped out because I wasn't... I enjoyed— I played Seaman maybe twice. And the first time it was, "Oh, I have given birth to men fish." And then the second time was, "Let's see how high I can turn up the heat in this tank." [laughing]

**Griffin:**

Kick him, kick him out.

**Justin:**

That's the only thing you can do to your bettas, by the way, to your half betta, half mans. You got to cook them. God did not intend for this to happen. You've got to boil the water. I'm sorry.

**Griffin:**

Oh, I know.

**Justin:**

It's sad.



**Griffin:**

You got to think about it because God made betta fish and he also made semen. So he had to assume that eventually the two would meet.

**Justin:**

Yeah. But, um, he also...

**Travis:**

[overlapping] I'm going to say that that's not a part of God's wonderful plan.

**Justin:**

He also made people of different races and religions and he never intended for them to mate. So what do you, you know, what are you trying to... What are you getting at?

**Griffin:**

My, um, my man fish is a pescatarian.

**Justin:**

[wheezes with laughter]

**Travis:**

[laugh]

**Justin:**

Gross. Uh, and now a message from our favorite half men, half fish, Jordan, Jesse, Go!

[ad break]

**Jesse:**

I'm Jesse Thorn. America's radio sweetheart.

**Jordan:**

And I'm Jordan Morris, boy detective.

**Jesse:**

Every week on our show, Jordan, Jesse Go, I would say that we share a little slice of our hearts.

**Jordan:**

Yeah.

**Jesse:**

And a little piece [laughing] of our dicks.

**Jordan:**

But every week we have a podcast where we have fun and funny conversations with guests, from the worlds of comedy, film, television...

**Jesse:**

It's all online@maximumfun.org or just search for Jordan, Jesse, Go in iTunes.

[ad ends]

**Justin:**

Tune in, you will... I guarantee you'll enjoy it. Guaranteed. Travis, you tell me they talked about werewolf periods this week.

**Travis:**

They did. They talk about werewolf periods and um, how horrible that must be for the werewolf boyfriends.

**Justin:**

I know what you guys are thinking. "Uh, boy, they've got special guests out the wazoo. Why don't you guys ever have any special guests?"

**Griffin:**

And I say, "Listen dad, we'll get around to it." We're trying our best.

**Justin:**

We had John Hodgman, we had you. It's not enough? Uh, but actually we do have a special guest question right now from our friends, Chuck and Josh.

**Josh:**

Uh, hey guys.

**Chuck:**

Hi.

**Josh:**

Hi, it's Josh and—

**Chuck:**

Chuck.

**Josh:**

That's Chuck's voice. Uh, and we have a question for you.

**Chuck:**

Well, we're from the Stuff You Should Know podcast.

**Josh:**

Yes. And we have a question.

**Chuck:**

Yeah. We have a question. Very important question.

**Josh:**

Uh, we're both very interested in learning this. Um, how would one, if one needed to, or wanted to say, get rid of, um, a muffin top, I believe is a colloquialism for it.

**Chuck:**

Men or women? Both?

**Josh:**

It doesn't matter, but yeah. Well, let's say, let's say a man wanted to know.

**Chuck:**

Okay.

**Josh:**

That's a good question.

**Chuck:**

So that's our question guys. Let's hear it.

**Justin:**

A fine question guys. I... As somebody who I've met, Chuck, I have not personally met Josh. I don't— I do not believe either of these gentlemen suffer from muffin top. I don't believe either of them are rocking that look.

**Griffin:**

You know, I think they're just mining us for information that they can steal wholesale and then use on their podcast, which is full of enriching information.

**Justin:**

Right. This is how they get it. They send guest questions into other podcasts and then wheeze off that juice.

**Griffin:**

Yeah. They wheeze it.

**Justin:**

Uh, here's my first, my first sort of sub-answer is, do you need to get rid of it? Some people can lean into that look. Some people don't need to get rid of the muffin top. Society may want you to, some people don't need to. Some people have a great look.

**Griffin:**

That Pattinson kid, Steve Pattinson. What's his name?

**Justin:**

Steve Pattinson from Twilight.

**Griffin:**

From teen vampire. What's it? What's it. He's got—

**Travis:**

Roger. Roger Pattinson.

**Griffin:**

Roger, Robert Pattinson. He's got some stuff hanging over the sides, like a Santa costume hanging on a costume rack.

**Justin:**

He is convex. I don't know. [laughing]

**Travis:**

He's shaped like a Hershey kiss.

**Justin:**

Steve Pattinson was my favorite James Bond. People talk a lot about Roger Moorings and uh, and, uh, Glen Tyler. [laughing] I really like Steve Pattinson.

**Griffin:**

I'm just saying. It's a good look, because it looks like a... It looks like you got your shirt tucked in to your pants [crosstalk] and you've got a little bit... A little bit coming out, but that's just your flesh.

**Justin:**

Yeah.

**Travis:**

I think it's very natural. I think most people have them.

**Griffin:**

Sure. I've got them, just more to love.

**Justin:**

Now, Travis, you're sort of our fitness, go to fitness guy...

**Griffin:**

[laughs]

**Justin:**

... because you get active, I think, on a daily basis.

**Travis:**

I do.

**Justin:**

What are your tips? What are your tips for getting rid of the old MT as we call it?

**Travis:**

Well, as you know, uh, I research muffin tops just about every day.

**Justin:**

Yeah. Right.

**Travis:**

Um, and what I've learned is, uh, that there are just as many helpful suggestions as there are bad suggestions.

**Justin:**

Sure.

**Travis:**

And something I learned that was very interesting is that, um, you know, people think of like doing sit-ups and crunches and everything.

**Griffin:**

Not going to help, is it? It's just makes them more robust.

**Travis:**

No, it tones the muscle underneath, but it won't get rid of the fat, but my favorite suggestion that I read was, uh, buy looser clothes. [laughs]

**Justin:**

Okay. That does that... That looks like you're wearing, like, MC hammer shirt.

**Travis:**

Well, apparently there's a concern that if you wear pants that are too tight, it forms you into muffin top.

**Griffin:**

Sure. No, it squeezes your leg meat up to your tummy area.

**Travis:**

It does. It pops out like a toothpaste tube.

**Griffin:**

Yeah. Your meat is very malleable. You can go all over. You can make yourself conical if you want.

**Justin:**

You know, in the, uh, in the 1800s, corsets were so tight, that sometimes girls' legs' bones would pop out of their tum-tums and it would make a bone muffin top.

**Griffin:**

Yeah. I have... [crosstalk]

**Justin:**

They call this the stale muffin top. It's pretty, pretty brutal up there.

**Griffin:**

I have muffin tops, but they are around my collarbone areas.

**Justin:**

Yeah.

**Griffin:**

Just because that's where I want them. That's where I—

**Justin:**

They're smooshed.

**Griffin:**

I've smooshed them up to my collarbone region.

**Justin:**

But you're always wearing the adorable little Lord Pomeroy collar cinched up so tight.

**Griffin:**

I do. Yeah.

**Travis:**

A ruff.

**Griffin:**

Yeah.

**Travis:**

He wears a ruff.

**Griffin:**

I looked like, uh, some sort of judge, some sort of old, old British judge.  
[laughing]

**Justin:**

Yeah.

**Griffin:**

Like some sort of old British judge.

**Justin:**

You like, see, it looks like Rumpole of the Bailey up there. [laughing] Good look.

**Griffin:**



I think everyone knew what I was talking about when I said an old British judge.

**Travis:**

Well, if that doesn't conjure it as a clear mental image, I don't know what does.

**Justin:**

Sure. Sure.

**Griffin:**

You know...

**Justin:**

You actually look like, actually judge... [laughing]

**Travis:**

I look like Judge, uh, Reinhold.

**Justin:**

Judge Dread, but like if he was fat.

**Travis:**

I look like a fat Judge Dread.

**Justin:**

That is a good look. With a muffin top, you look like a fat Judge Dread.  
[laughing]

**Travis:**

What— I would rather have, uh, muffin tops than these damn muffin bottoms.

**Justin:**

[laughs]

**Griffin:**

Yeah.

**Justin:**

Coming out the bottom— [crosstalk] Are you wearing Reebok pumps? I have not...

**Griffin:**

You have these sort of alien cylinders coming out of your hips and I don't know what's going on. Are those wrapped in paper? What's going on?

**Justin:**

Those are... Are those gel outsoles for your, is that comfortable? Is that a— It's for your arch, your muffin bottom fills in the arch for your shoes and gives you a real nice... It's like gliding, if you've never experienced that.

**Griffin:**

Hey, uh, hey, why don't you put down the corn dog, pick up a carrot? Where do those muffin tops go? They're gone and you can see really well because of all the carotene.

**Justin:**

You can see everyone else's muffin tops and judge them.

**Travis:**

Just... What if you were just constantly, 100% of the time, doing, like, side bends and twists? Like all the time.

**Griffin:**

No, no, no, no. You don't want that. You don't want— You don't want an hourglass shape.

**Justin:**

That's what Jack LaLanne looked— Didn't— Look what happened to him. [crosstalk]

**Griffin:**

Didn't work out for him. He only lived to be 143.

**Justin:**

Yeah.

**Travis:**

And he could bench press a Volkswagen.

**Griffin:**

He could beat up a fucking bull with his fists.

**Justin:**

Yeah.

**Travis:**

Jack LaLanne.

**Griffin:**

I miss you, Jackie.

**Travis:**

I'm glad he's gone.

**Justin:**

[laughs] Wait, hold on, why are you glad Jack LaLanne's dead?

**Travis:**

Because he scared me.

**Justin:**

And because of his long life?

**Travis:**

Yeah. He intimidated me. He had—

**Justin:**

I feel, I did feel like he was— He was kind of— He was, I think, after 70, if you're active, you're active in a real judgy way. Like I think you're judgy fit, if you're past 70 and still fit.

**Travis:**

To know that I, as a 27 year old male, would not be able to outrun 126 year old dude—

**Griffin:**

Sure.

**Travis:**

It made me feel bad every day. I woke up every day going, "Well, I'm not going to be as good as Jack LaLanne today."

**Travis:**

Yeah.

**Griffin:**

When you see someone is 151 goddamn years old, you're not supposed to— You're not supposed to see a muscly old.

**Justin:**

Right.

**Griffin:**

That's like seeing, like, a really— Like a— Seeing, like, a really tall cat. Like it's just not— It's not a trait that that thing can have.

**Travis:**

[laughing]

**Justin:**

Right. And there's that motherfucker who's always in the airplane magazines, that— You know, that one guy who's got an old man's head, but a young man's body...

**Griffin:**

Yeah.

**Justin:**

... and he said he did it with science, that's—

**Griffin:**

Uh-huh.

**Justin:**

That guy, talk about nightmares. He, uh, he is obviously the product of human-betta, uh, cross-breeding.

**Travis:**

I'm going to be honest with you guys. I don't know how Jack LaLanne died, but I assume it was like a Rasputin kind of thing, right?

**Justin:**

Yeah. He was stabbed 14 times then wrapped in a carpet and thrown off a bridge. That's the only way to bring him down.

**Griffin:**

[laughing]

**Justin:**

I actually had to wake up in the middle of the night and go put a stake in his heart, it's very unfortunate.

**Griffin:**

His only weakness is being stabbed 14 times. [laughs]

**Justin:**

[laughs] Someone had to blow off a dusty, old tome...

**Griffin:**

[cackles]

**Justin:**

"Ah, you were trying to bring down a Jack LaLanne, eh? I believe I have one book here."

**Griffin:**

"Procure a true silver knife!"

**Justin:**

[laughs] "Then stab him a bunch."

**Griffin:**

"Then stab him, not 13, not 15..."

**Justin:**

"The 15th shall reawaken him!"

**Travis:**

[laughs]

**Justin:**

"With more vitriol than ever!"

**Travis:**

"Thou shall not stab him because it doesn't—"

**Justin:**

"Upon the 16th stabbing, he will arise again and try to sell you a juice machine, branded with his name."

**Griffin:**

Uh...

**Justin:**

That's the secret by the way, everybody. Juice.

**Griffin:**

Juice.

**Justin:**

Juice.

**Griffin:**

Um, can you just cut them off? Cut those tops off and then stitch it back together? You don't got any organs in there, right? Unless your kidneys get real lazy. Just like, "Aww, flop."

**Justin:**

[laughing] "I'm not trying really hard."

**Griffin:**

"I'm sleeping in a skin hammock." [laughing] That's what my kidneys sound like.

**Justin:**

Great. That's what kidneys sound like?

**Griffin:**

My kidneys are fucking old.

**Justin:**

All kidneys are old.

**Griffin:**

"So tired."

**Justin:**

So tired. You know, a new person can't be born until an old person dies and they take their kidneys. We're using the same kidneys from Adam and Eve days.

**Griffin:**

Sure.

**Travis:**

What about duct tape?

**Justin:**

Ooh.

**Travis:**

Duct tape at my back, like, give yourself a duct tape corset.

**Justin:**

I like that. Duct tape corset, that was the band that the All-American Rejects lead singer was in before he got—

**Travis:**

They reformed without him.

**Justin:**

They reformed without him. [laughs] That's duct tape corset.

**Griffin:**

I don't like that because then I'm imagining you taping up your rolls on the side and it looks like— It's going to look like your torso is smiling and it's going to be weird for everyone.

**Justin:**

It's going to push up— You can't squish a muffin top away because then you're just going to end up with, like, a muffin chest piece.

**Travis:**

Mm-hmm.

**Justin:**

Like, that's what— Christina Hendricks has been rocking that look. And I guess it's working out well for her... [crosstalk]

**Griffin:**



Whoa!

**Travis:**

[crosstalk] That poor girl. That poor, poor girl.

**Justin:**

Yeah. And that's actually two muffin tops, just... [laughs]

**Travis:**

A horribly deformed body.

**Justin:**

Yeah. She is really, really mishapen. It's a real tragedy.

**Travis:**

So sad.

**Justin:**

Our national obsession with her has to end. What are we teaching our children? Tape up the muffin tops? I saw a nine year old girl yesterday with a [laughs] duct tape wrapped around her— I can't. I actually thought I could, but it turned out that I can't. So, uh, Chuck and Josh, we hope that that answers your question-ish.

**Griffin:**

Tape them up and get those Hendricks boobs, you're going love it.

**Justin:**

[crosstalk] You're gonna love that Christina Hendricks look, uh—

**Travis:**

I'm sorry to the family of Jack LaLanne.

**Griffin:**

Sorry, Jack LaLanne.

**Justin:**

We didn't mean it, we didn't mean it. Uh, and if you want to, uh, listen to those guys, search iTunes for Stuff You Should Know. It is a, uh, an informative podcast about a different topic every week.

They'll make you an expert on things and make you interesting to talk to you, unlike now, where you just recite the bullshit that we say and that's all lies. We make all that up.

**Griffin:**

Um, do you guys know what day it is? Ah, shit.

**Justin:**

It's our birthday. We don't have to do it! [crosstalk]

**Travis:**

It's our birthday, stop it!

**Griffin:**

Happy birthday. Um, I do have a— It's a day of the month though. It's a month, it's a special month. Um, it is, I didn't pick it, but I'm going to say there's banana pudding lovers month and I don't think that that's going to get anything better than that. Uh—

**Justin:**

Could you explain what you're doing?

**Griffin:**

Oh, every month we, uh, take a subject, a national month observance. It's a— There's got to be a better way to say it, right?

**Justin:**

Yeah. Well, there's a better way to say is to stop doing it because [crosstalk] it's our worst bit.

**Griffin:**

[crosstalk] There's a month, and every month—

**Travis:**

Every month Griffin makes me and Justin sad.

**Justin:**

Sure. Now, now we have another bit, where Travis basically just screams nonsense for 10 minutes...

**Travis:**

Yeah.

**Justin:**

... and I like it better than this bit, but—

**Griffin:**

You like his fucking Adam Sandler fucking riffs?

**Travis:**

Whoa, whoa, how dare you, sir. How dare you?

**Griffin:**

[crosstalk]

**Travis:**

How dare you?

**Justin:**

How dare you? Jack and Jill in theaters.

**Travis:**

Don't you fucking bring Jack and Jill into this.

**Griffin:**

You should bring Jack and Jill... [crosstalk]

**Justin:**

Oh my God. On Survivor this week, I don't want to change the subject, but Survivor is actually a couple of weeks ago. Their reward was an exclusive [laughing] screening of Jack and Jill.

**Griffin:**

[laughs]

**Justin:**

They— Those motherfuckers went on an island alone for 18 days, nothing. No, no entertainment whatsoever, and they get to go to a theater and see Jack and Jill. There was actually a Jack and Jill themed, uh...

**Griffin:**

Oh, fuck.

**Justin:**

... challenge. And then the winner, and I use that, like, in the loosest sense of the word, but, like, backwards sense of the word, uh, got to go to, uh, a sort of straw theater and watch Jack and Jill, boy.

**Travis:**

Is the challenge to vomit on a plate and see how many people you can get to eat it?

**Justin:**

The game, yeah, um—

**Griffin:**

What a great metaphor.

**Justin:**

Yeah. [laughs] Adam Sandler has been playing that game for years now. Uh, and actually the year before was... [laughs] Was Gulliver's Travels.

**Griffin:**

Oh, Survivor!

**Justin:**

Yeah. Survivor.

**Griffin:**

That's just part of the—

**Justin:**

It was— I don't know if I would prefer to be the guy who fell asleep and fell into a fire that one time.

**Travis:**

[laughs]

**Justin:**

He's got a better game. He was watching Survivor, this year, like, "Well, it's way tougher than it used to be. We got to sit through Jack and Jill."

**Griffin:**

I, uh, I like to think that, the people on that island think, "Man. We've only been here for 18 days and already the civilized world has devolved into some sort of apocalyptic movie-scape where Adam Sandler plays every part in every movie."

**Justin:**

All the actresses are dead.

**Griffin:**

All the actresses are dead. All the actors are dead. Save one.

**Justin:**

Save the Sandman.

**Griffin:**

Save the Sander. Um—

**Justin:**

I wish you could— Wish you to dreamland, take you away to an entertainment nightmare escape. [laughs]

**Griffin:**

It's national impotency month.

**Justin:**

Okay.

**Travis:**

Well, what a letdown.

**Justin:**

[laughs]

**Griffin:**

Um, it is... Ah, man, it's not that much funny shit in this list. You guys just want to do banana pudding lovers month and then pull it off like a Band-aid?

**Justin:**

Yeah. Banana pudding lovers' month would be great.

**Griffin:**

Yeah. I like, uh, I like to throw some Nilla wafers in there. Don't— Of course, but of course.

**Travis:**

How about, um, "Hey, get your dick out of there."

**Griffin:**

Yeah.

**Travis:**

Banana pudding lovers month.

**Griffin:**

That's not where dicks go.

**Justin:**

No, come on, guys.

**Travis:**

But I get it. My Brother, My Brother and Me.

**Justin:**

Can we just work clean, just this once?

**Griffin:**

Yeah.

**Justin:**

Please?

**Travis:**

Yum, yum, looks delicious. My Brother, My Brother and Me. [laughing]

**Justin:**

Affordable and easy to make for the mom on the go. Banana pudding lovers—

**Travis:**

Nothing says, "I love you," like a big bowl of banana pudding. My Brother, My Brother and Me.

**Griffin:**

Um, make this for your pet orangutan. He'll love it. He'll go ape. He'll go ape for banana pudding. My Brother, My Brother and Me.

**Justin:**

Your pet orangutan will go ape for banana pudding. My Brother, My Brother and Me, only terrorists eat chocolate.

**Travis:**

You don't like bananas? You must be pudding me on. My Brother, My Brother and Me.

**Justin:**

[laughs]

**Griffin:**

Hello, Jell-O. Banana pudding. My Brother, My Brother and Me. Is good.

**Justin:**

Time, time to do, uh, a jihad on rice pudding because you hate it so much.

**Griffin:**

Yeah.

**Justin:**

Right? That's good, like orangutans?

**Griffin:**

I— [laughs]

**Justin:**

[laughing] Bananas? Like, I'm really— I'm scrape— Grasping at straws, here.

**Griffin:**

I can see the uh-peel of banana pudding.

**Travis:**

[laughs]

**Griffin:**

My Brother, My Brother and Me.

**Justin:**

That's, that was a slip. Um, oh! Uh, hey, don't... Don't split.



**Griffin:**

[laughs]

**Justin:**

Stick around and have some— Welcome to My Brother, My Brother and Me, an advice show for your de-paw. [laughing] Your grandpa's grandpa. He's going to love these gags. We're talking about Jack LaLanne are doing some great pudding puns. Next week, join us as Sid Caesar takes us on a journey to laugh town with his hilarious character Jewy— [laughing]

**Griffin:**

Jewy?

**Justin:**

Jewy McMidget. It's an Irish-Jewish, uh, little person stereotype that, uh, I think you're really going to get a kick out of that character. He's been working on it, working at the— He had the Catskills, honing his character, make sure you and your G-pa turn in to, uh—

**Travis:**

With special guys, Zero Musto. [laughing]

**Justin:**

From Fiddler on the roof, it's going to be a great hour of entertainment. Of course, we will have a mandatory prayer in the middle of it. So it's going to be a really great night. Come on out.

**Griffin:**

What's the— What's the best brand of battery for my hearing device?  
[laughing]

**Travis:**

What's up with the young people today?

**Justin:**

Uh, if you use your G-pa show up 30 minutes early, you can hit the buffet just \$7.95. Get some real nice portion on there. It's a— I got some real nice potatoes. It's a great time for everybody to come on out.

**Griffin:**

Make My Brother, My Brother and Me. The last thing you listened to before you die of old age. We'll goof you to sleep. [laughing]

**Justin:**

Goof you to sleep. Do you pop here?

**Griffin:**

Goof you, goof you up to heaven.

**Travis:**

May a choir of angels goof thee to thy rest.

**Griffin:**

We are the Cracker Barrel podcast. Come on down.

**Travis:**

[laughing]

**Griffin:**

You're gonna love it.

**Justin:**

We're the sweat pants of podcasts, just slip us on and slip off... Slip off that—

**Travis:**

To dream land.

**Justin:**

Slip off to dream land.

**Griffin:**

Pop in those buds and think about your life.

**Justin:**

Hey, G-pa, I don't want you to go out like Jack LaLanne with a bunch of young toughs stabbing you with a silver knife.

**Griffin:**

[laughs]

**Justin:**

I want you to die with dignity and jokes about banana pudding. Tune-in.

**Griffin:**

Did we color, cover all of our bases?

**Justin:**

I feel like there's not a goddamn thing that I could have said that the—

**Griffin:**

I mean, we did make a bunch of jokes.

**Justin:**

Yeah.

**Travis:**

Oh!

**Justin:**

Orange you glad I didn't say banana pudding? My Brother, My Brother...

**Griffin:**

What are we fucking doing anymore? This isn't what— Let's end the show.

**Justin:**

Yeah, this is what we do now. We tell jokes. [laughs] It's a joke for us to tell jokes. If we tell a joke— That's so— It's so ironic that we would actually tell

a joke, rather than talking about killing Jack LaLanne with a silver knife, that we're laughing at the fact that we actually try to tell a few good jokes.

**Griffin:**

Justin—

**Justin:**

That's some solid gag.

**Griffin:**

Hey, that's—

**Justin:**

That split thing I did, do you remember? That was good stuff.

**Griffin:**

Justin, a true silver knife. If you stab...

**Justin:**

[laughs]

**Griffin:**

... Jack LaLanne with a silver knife, he will only get stronger.

**Justin:**

[laughing] And angrier and juicier. Uh, thank you to, uh, to Chuck and Josh for sending in a question. Thank you to you guys for listening. I want to hear Griffin's last question, but for some super quick housekeeping stuff.

[laughing]

Um, you know, he's got a... Okay. I will prove the existence of ghosts this week. If Jack LaLanne does not haunt any of us, ghosts don't exist.

[laughing] Uh, we got a new shirt. It is out. It is a Peepum's nasty gum shirt, is [maxfunstore.com](http://maxfunstore.com). You can go there.

It is our second t-shirt. It is a lovely brown color. It advertises, uh, that you have terrible taste in gum, designed by, uh, Charlene [Tedefski], I think is

what I'm going to go with. Uh, that's on a nice American apparel, uh t-shirt in camel and brown for the ladies.

**Travis:**

It's dope.

**Justin:**

It is dope. And you can go over to Max Fun Store and pick that up for yourself. Why not get a few for the holidays and you can save \$5 when you buy three, uh, when you buy three shirts. So yeah, get that. Uh, what else is going on, guys?

**Griffin:**

Can we talk about another important monthly observance that's going on?

**Travis:**

Yeah.

**Griffin:**

It's, uh, it's Movember, which Justin and I are participating in. Travis, the only person who can grow facial hair with any level of confidence, for some reason is not participating—

**Travis:**

I'm growing it right now.

**Griffin:**

Um, but yeah, Justin and I are both raising money in Movember for, uh, to raise awareness, uh, for prostate cancer. And, uh, yeah, if you search on the Movember site for either one of us, you can find us and give us a donation. Uh, and it's for a really great cause.

And I have never seen Justin with any facial hair. So I just can't wait to see what happens on his, the lower half of his face. But yeah, thanks to everybody who has already donated, uh, Joshua Kost, Don Schultz, both gave pretty sizeable donations to me. Very generous. Thank you, gentlemen. Thank you very much.

**Justin:**

Our boy, our boy Daven.

**Griffin:**

Daven Pavlas. Thank you. Thanks to everybody, seriously. And uh, if you, yeah, if you give a donation, then I get your email address. I will send you a personal email and name one mustache hair after you. That's the current deal, so...

**Justin:**

And I'll send you good vibes.

**Griffin:**

Justin will just vibe out.

**Justin:**

I just want to [laughs] send those vibes straight out to you. Uh, make sure, by the way, we mentioned Jordan, Jesse, go to their code up on their 200th episode. Is that this week?

**Travis:**

No, it's next week.

**Justin:**

Next week, so make sure you tune into that. If you would like us to talk about you and you're not our boss, so you have to, you have to make us like, like Jesse, uh, you can get on the Jumbotron, it's [maximumfun.org/jumbotron](http://maximumfun.org/jumbotron), and we will, we'll do a personal message for you.

Um, we also have [forums@maximumfun.org](mailto:forums@maximumfun.org), as long as you're over there. Go talk about the new episode, et cetera, et cetera, et cetera. All Griffin, the big, the big, the big news, the big [crosstalk]...

**Griffin:**

Oh yeah. Let's drop this on.

**Travis:**

What about me?

**Griffin:**

Uh, Travis, you want to do it?

**Travis:**

No.

**Justin:**

It seems appropriate if Griffin does it.

**Travis:**

Okay. Griffin, you do it.

**Griffin:**

So we've, uh, we've been planning some live shows for a while. And the next one that we are trying to do, we're going to go ahead and announce it on the show, throw our hat over the fence. It's still in the planning phase. Um, but, but I think it's going to come together, pretty good chance. Uh, the weekend of December the 11th, right?

**Justin:**

December the 10th or 11th, probably the 11th is when that will go down.

**Griffin:**

Yeah. It's a Sunday. We are going to, uh, attempt to do a live show in my current home city of Austin, Texas. Uh, so we will hopefully have more details for you next week. Start planning on not doing any shit that weekend, so you can come out and see us. Um, if you live in Austin or have lived in Austin, uh, and you have a good idea for a venue, if you would email us at MBMBAM@—

**Justin:**

A venue or a place nearby to get crazy afterwards.

**Griffin:**

Yeah.

**Travis:**

Yeah.

**Griffin:**

Uh, MBMBAM@maximumfun.org and, uh, and drop us a line. We've got a few places in mind, but we haven't locked anything down. And if you think you have a winning solution, then please let us know. And, uh, yeah, we're going to get—

**Justin:**

A combo spot would also be great if we can perform there and then hang there afterwards would also be awesome, but.

**Griffin:**

So, uh, yeah, that's the second weekend of December. And, uh, I, uh, I'm going to try and get it together. Try to get Justin and Travis down here in the ATX.

**Justin:**

Yeah. So we're, well, that is our first one coming up. That'll be our, actually our third live show. We're trying to get to every city in this great land, but you know, it's a big undertaking, but we will have more live shows, uh, some back at the East Coast, um, all over this great land. So, um, stick with us. But if you're in Austin, clear your schedules, because I promise that we will try.

**Griffin:**

Or Houston or San Antan... San Antany.

**Justin:**

Now at San Antan, the SAX. Is that the SAX?

**Griffin:**

The DAX? Yeah. Or what's the big one? Dallas. Yeah. Dallas, you're too.



**Travis:**

DAX!

**Griffin:**

DAX. So Dax Shepard, saxo-mo-phone, [laughing] what's— HAX or...?

**Justin:**

HAX.

**Griffin:**

...and ATX. At-sk.

**Justin:**

And Axe body spray is our sponsor.

**Travis:**

I have no idea what you guys are talking about.

**Griffin:**

Don't worry about it. It's gibberish. I'm going to thank John Roderick and the Long Winters, for using the theme song, It's a Departure off the album Putting the Days to Bed. Um, it's— They're just such a great band and we are honored that we get to use that song because it's good. It gets me so hyphy every week.

**Justin:**

Yeah. I get too pumped.

**Travis:**

I'd like to thank everybody on Twitter, I just kind of threw out, uh, if anyone wanted to, like, wish us happy birthday and I was just swamped by people wishing us happy birthday.

So I'm not going to read all of them, but thanks to fartstorm, Magic Whisty, uh, Magic Whiskey, Crysta Whalen, uh, Anaphylaxis, Bursar, uh, all you guys, you're great, um, and everybody else, uh, you guys are awesome. Thank you very much.

**Griffin:**

Thanks.

**Justin:**

Thanks.

**Griffin:**

And guys, happy birthday.

**Justin:**

Hey, thanks. And thanks to people tweeting about the show like Cast Iron Brick. Uh, Nick Kink, uh, Jimmy Poser.

**Travis:**

Real Chase Fisher.

**Justin:**

JT Home Slice, uh, Alex Batty, Spikes and Beer, Purveyor of the Trash Monkey. Um, Jessie Worker, everybody. Harley Violet. You're all sweethearts and we love you very much.

**Griffin:**

Let's shut this shit down.

**Justin:**

Blow it up. Griffin.

**Griffin:**

This Yahoo answer, this final one was sent in by Jason Hellman. Thank you, Jason. It's by Yahoo answers user, Elacho who asks, "Can you train a cat to know when it's your birthday?" [laughing]

**Justin:**

I'm Justin McElroy.

**Travis:**

I'm Travis McElroy.

**Griffin:**

I'm Griffin McElroy.

**Justin:**

It's been My Brother, My Brother and Me. Kiss your dad, square on the lips.

[theme music plays]