

## Wonderful! 46: Here Comes the Sauce!

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[theme music, "Money Won't Pay" by bo en and Augustus plays]

**Rachel:** Hi, this is Rachel McElroy.

**Griffin:** Hello, this is Griffin McElroy.

**Rachel:** And this is *Wonderful!*

**Griffin:** And we've got the need for speed. And what does that mean? Trucker speed. We're so tired, I guess—

**Rachel:** That— Do you want to start over? [chuckles]

**Griffin:** No. So need for speed—

**Rachel:** Okay.

**Griffin:** Was something that they said in *Days of Thunder*. Did you see that one? Tom Cruise—

**Rachel:** I did not.

**Griffin:** Rubbing is racing. You ever heard anybody say that to you before?

**Rachel:** No.

**Griffin:** What it means is that sometimes drivers rub their cars up against each other. And it's some— like a little kiss. In the *Cars* universe, that's how cars kiss. Have you seen the *Cars* movies?

**Rachel:** I have. Yes.

**Griffin:** Okay. So we do ha— [singing] "That's one thing we've got."

[Rachel chuckles]

**Griffin:** But anyway, in that movie they were just all wild for trucker speed. But this is a podcast about things that we're very much into.

**Rachel:** Which is not trucker speed, so I was confused why you—

**Griffin:** No, it is days *Days of Thunder* though.

**Rachel:** Brought that. We are both very tired.

**Griffin:** Yeah. Our baby just didn't wanna just do the damn thing last night. And the damn thing is sleep. And he—

**Rachel:** Yeah.

**Griffin:** He did damn— He damned it all up. He did a real piss job of sleep last night. And I think we're both sort of suffering. But our suffering isn't going to stop us from doing this podcast, because folks, we've got sponsors. [chuckles]

[Rachel laughs]

**Griffin:** And responsibilities and you at home, I know you're probably tired too, what with the world being like it is and we're the only things that are getting you through your work week.

**Rachel:** This is kind of a bummer.

**Griffin:** Should we start over?

[Rachel chuckles]

**Griffin:** No. We're going to power right through, because I'm so tired. This is three minutes and 50 seconds of good footage. And by footage, I mean recording.

**Rachel:** [chuckles] Do you have any small wonders this week, Griffin?

**Griffin:** That I'm alive still, Rachel.

[Rachel chuckles]

**Griffin:** Every day that I wake up and I'm still doing the damn thing. And by this time I mean living, I just am so grateful for it. We went and saw *Mission: Impossible - Fallout*, and like—

**Rachel:** That was really fun.

**Griffin:** Fuck yeah! That's all I— Like the whole time I wanted to stand up and just yell. Yell like, "Fuck yeah! Fuck yeah! Yeah yeah yeah! Tom! Yeah, Tom!" Tom just— His movies get me so crazy. And they would—

**Rachel:** And you already mentioned *Days of Thunder*.

**Griffin:** That's what I'm saying, yeah. I'm just crazy for this dude's body of work.

**Rachel:** Yeah.

**Griffin:** But *Vanilla Sky*, like badass, dude. So that was fun. But mostly—

**Rachel:** The *Austin Powers* movie. That he's in?

**Griffin:** Is he in that?

**Rachel:** Remember he's like in makeup? Is that the movie?

**Griffin:** Are you thinking of *Tropic Thunder*?

**Rachel:** Yeah.

**Griffin:** That's all right, though.

[Rachel chuckles]

**Griffin:** So yeah. Mostly being alive though. Do you have any small wonders?

**Rachel:** I do, actually.

**Griffin:** Oh okay.

**Rachel:** On my way to work every morning, I drive by a high school. And every morning there's a marching band out practicing. And it really charms me.

**Griffin:** That's so good!

**Rachel:** It reminds me of my days back in the— in the band.

**Griffin:** I like that.

**Rachel:** They're all out on like this parking lot, and they're all in their like T-shirts and shorts with their instruments, just walking around together.

**Griffin:** Did you get much guff because you were a flautist in a marching band from like some of the tuba or trombone players? Or the ones who have to carry like four fucking drums?

**Rachel:** People talk about that. You know, but I will say that you have to hold your right arm up the whole time. So like—

**Griffin:** Sure.

**Rachel:** If you're holding a heavier instrument, for example, usually you keep your hands close to your chest.

**Griffin:** Huh.

**Rachel:** But with a flute, you got the elbow out and the arm like this.

**Griffin:** Yeah.

**Rachel:** Like all day long. Like in the L-shape. And that'll wear you out.

**Griffin:** And you put a lot of like stank on it.

[Rachel giggles]

**Griffin:** Like when you got out there, you did a lot of sort of like torso twists and like little jazz wiggles.

**Rachel:** Mm-hmm. Sometimes I'd wear like weights on my arm just to really get the workout in. You know?

**Griffin:** Yeah. Like Goku. And then you would take the weights off and you would play the flute so hard that, you know, everybody—

**Rachel:** Mm-hmm.

**Griffin:** — on the other marching band team would explode.

**Rachel:** And then also like Goku—

**Griffin:** Hmm.

**Rachel:** I would—

**Griffin:** Love it.

**Rachel:** — breathe really deeply.

**Griffin:** Yeah. Goku's embouchure was really fantastic. And he was good at like that cyclical breathing. Is that what it's called?

**Rachel:** [chuckles] Uh-huh.

**Griffin:** So I don't know who goes first. Should have fucking checked it.

**Rachel:** I believe it's you this week.

**Griffin:** I mean somebody made a website just for this purpose, and it seems wrong to not do it, but I think that this week the person who goes first is me. Is that correct? Yes. I don't want to doubt the website. Yes. The fi— You went first last week with the Amoeba music video series. That was so good. I watched a couple more of those.

**Rachel:** Thank you.

**Griffin:** It's a good—

**Rachel:** I thought it was good too.

**Griffin:** Okay. So my first thing is— Well I'm going to tell you all about it. It's a— It is a videoed game. And I talk about those on the show sometimes, and I try to— I try to talk about ones that are kind of accessible, like games that not only you have played, but like, games that are easy to play with our friends, because like I— My two like favorite things are like games that I play by myself that I can get into for hours and hours and hours, or the complete polar opposite. Just like fun games I can play with my friends.

And for me, I think there's like a sliding scale with those types of games, like approachable games. With stuff like *Jackbox* games, which we've talked about before. Being kind of on the like far low end, where it's just sort of a casual party game. There's no like mechanics or like skill ceiling to speak of whatsoever. It's just like a fun game.

**Rachel:** I'm so anxious for you to say what this game is.

**Griffin:** My personal favorite types of like casual fun party games, though, are the ones that are like right above that, where they have some meat on their bones, some like mechanics to— to tangle with, and some like skills that you can build up over time. While still being very approachable. So like *Smash Bros*. I think is in there. *Tower Fall* I think is in there. There's a lot of games in that category.

But in my book, the gold standard is *Mario Kart*.

**Rachel:** Okay.

**Griffin:** [practising an Italian inflection] *Mario. Mario Kart.* [speaking normally] He doesn't say— He says his own name sort of like [imitating Mario] "Mario!", [normal] but I don't think he says [imitating Mario] "Kart". [normal] Does he? [imitating Mario] "Kart!"

**Rachel:** You would know better than me. [chuckles]

**Griffin:** [normal] I would. So *Mario Kart* is something that we've played together.

**Rachel:** Do you know why some parts of the country say Ma-rio?

**Griffin:** Do you— Are you talking about specifically Russ Frushtick's apartment? Where he lives? 'Cause he's the only one I know who says it like that, and I don't know why. He's broken deep down inside.

**Rachel:** I thought there were some Canadians that say Ma-rio.

**Griffin:** Maybe. I do remember seeing an episode of *Figure It Out* where one of the like OG cast members of all that said, "Oh, Super Mario." And I was like, "That can't possibly—" That was a really specific memory to bring up on our podcast.

[Rachel chuckles]

**Griffin:** But anyway so there's been a ton of *Mario Kart* games, right? The most recent one is *Mario Kart 8*, which came out on Wii U and then came out on Switch, which is fantastic, because it's a fun game to play like portably, but like also—

**Rachel:** I like that one a lot.

**Griffin:** That one has like a— It's very easy to play multiplayer games on the Switch.

**Rachel:** Yeah.

**Griffin:** You have a lot of different configurations and so we've, we've played that one a bunch. My loyalty lies with *Mario Kart 64* which was the first four player *Mario Kart*, which man, Still holds up to this day. And I think people who are like deep into *Mario Kart* have their own personal faves, although I would ar— I think probably *Mario Kart 64* is like the best one, right? It's certainly the one we've played the most.

**Rachel:** I liked— I like the newer one better, but it's just because I'm better at it.

**Griffin:** That is, that is true. But in any of its forms, *Mario Kart* really encapsulates that like approachable with a skill ceiling design. Like, really really well. Like it's not hard to learn how to drive a cart. just the basics. Go, stop, turn. And even that feels really good. Even when you're not like especially good at it, it is a— It feels good to drive.

And if you're up against somebody who's like much better at you than driving, somebody who knows how to do like the drifts and get those blue sparks and get all the boosts and stuff, you still have that chance that you'll get like the item that you need to goof `em up. And make it past them.

**Rachel:** I don't think I know about the blue sparks.

**Griffin:** Yeah, when you drift really good for a long time, you get the blue sparks and then at the— You get the red sparks. And then you can get the blue sparks if you drift for a long time. And you get a little boost. You get a little— Like a—

**Rachel:** Oh.

**Griffin:** Little extra, little extra something something. That's what I'm saying. There's like a lot of ways to get really good at the driving. But even if you're not doing great at the driving and the person who's better than you passes you, you can get a good item. And then mess `em up that way. And so there's like a— this element of chaos that sort of levels the playing field. that I really enjoy.



And every time you do play the game it's one of those games where I honestly feel like you get better at it. Whether it's like learning how to find a good line through a turn, or learning some of those like advanced techniques like learning how to time out the— hitting the gas at the very start of the race so you can get that little boost right at the beginning. Every time you play— Maybe you find out like which racer you like the best, which character you like the best, which works best for you. Every time you play, you get a little bit better at it. And I think that's a really sort of important thing to transition people into, like “Oh, I can play like— I can play tougher games. I can play games that are sort of more skill— skill-based”.

**Rachel:** Hey, can I ask you a question?

**Griffin:** Sure.

**Rachel:** People always like playing Peach, and I don't know why.

**Griffin:** She has just really high max speed.

**Rachel:** Oh okay.

**Griffin:** And I think Bowser's up there too. She also has really good acceleration, so she can get you up to max speed. I'm probably messing this up. I almost always play as Peach. Especially on 64. Just like she can get very, very fast very, very quickly.

**Rachel:** Huh.

**Griffin:** Yeah. And I think there's something really cool. Like growing up with like all of my feeder friends, which was like my main, and that is a generous way of saying only, group of friends growing up.

[Rachel chuckles]

**Griffin:** Not all of them were into games. But if they came over and we played some *Mario Kart 64* for a while, there is no barrier to entry. You were just playing *Mario Kart 64* now.

**Rachel:** That's true.

**Griffin:** And then you've played *Mario Kart* for a while, you think like, "Oh, well let's try *Golden Eye*." Let's try, you know, let's try something else that— that is also sort of a skill-based video game, because those can be fun too, even when you're bad at them.

There's something scary, I think, about like— especially competitive skill-based games like shooters like *Golden Eye*— Or at least it was sort of, you know, back in the day. And there really doesn't have to be anything scary about it, because it can be fun to play those games even when you're terrible at them. And I feel like a game like *Mario Kart* is a good, good bridge into that.

**Rachel:** I will say, one thing that I appreciate about playing video games with you is that you are not much of a trash talker, at least when you play with me. So if I'm playing a game with you where you have a lot of skill and I don't have any.

**Griffin:** Yeah.

**Rachel:** You never make me feel like—

**Griffin:** No, I wouldn't.

**Rachel:** You know.

**Griffin:** Well that, that would be a huge dick move.

**Rachel:** I feel like video gamers are like notorious for that though.

**Griffin:** [laughs] Not any that like I play games with. Maybe like the video gamers—

**Rachel:** It's like "You call that a jump, jerk?".

**Griffin:** When they're on like— This is fucking like *CSI* and there's a case where a video gamer like strangled somebody with their Xbox cord. Like,

and they're playing a game, and the game sounds on the TV that you don't actually see the game, but it's like from behind the TV. And it's like "bleep bloop!", and it's like, games haven't sounded like that for 35 years. They will sometimes act like that. And also probably most— most video gamers, but I don't— I don't really mess with them. I will say I do talk smack in one *Mario Kart* sort of related occasion.

**Rachel:** Okay.

**Griffin:** And that is when we're playing *Kario Mart*, which is the best like drinking game—

**Rachel:** Feel like we talked about that on the show before.

**Griffin:** I probably have, but in— The rules are simple. You can't finish the race until you've finished your beer. And that's all there is to it, and one time I played it at Travis's bachelor party, like six or seven times in a row.

**Rachel:** I remember that.

**Griffin:** You remember that? At Travis's bachelor party?

**Rachel:** There was a time when we were like hanging out all together in that space.

**Griffin:** Oh yeah, that's right. And then it— Ugh.

**Rachel:** And then they— we got kicked out.

**Griffin:** Things got— things got bad. Did you know the original *Super Mario Kart* for Super Nintendo wasn't originally a Mario game? Isn't that fun? Isn't that a fun fact?

**Rachel:** Well who was in it?

**Griffin:** Just like some guy wearing suspenders who was like driving around in a cart.

[Rachel chuckles]

**Griffin:** Well it was— I read this and I didn't even think about it. The dev team, Shigira Miamoto I think was a producer on it. He was like the guy who made *Mario* and *Zelda* and all that.

**Rachel:** Mm-hmm.

**Griffin:** They wanted to make a game where two players could control two different characters at the same time.

**Rachel:** Oh.

**Griffin:** Which I was thinking about it, like had that not happened up to that point? Like certainly— But like, I would be hard— I don't think there was anything like that on... I don't know. Regardless, like it's hard to— to pull off. And so like that was their goal, and so they made this like cart racing game and just for shits and giggles they put Mario in one of the carts one time, and they were like, "Oh. That looks really good. It's a Mario game now".

**Rachel:** Before it was— before it was *Greg Cart*.

**Griffin:** Yeah, it was Greg. And he was a driving man.

[Rachel chuckles]

**Griffin:** Anyway, I love *Mario Kart*. There's like no time where I wouldn't be down to play some *Mario Kart*. It's like potato chips.

**Rachel:** Mm-hmm.

**Griffin:** Like I would always pretty much always eat some potato chips, and I would always, always pretty much always play some *Mario Kart* while eating chips. What's your first thing?

**Rachel:** All right. You're not going to believe that we haven't covered this yet.

**Griffin:** Okay.

**Rachel:** I was so delighted when I realized we hadn't, especially today.

**Griffin:** Okay.

**Rachel:** My wonderful thing is coffee.

**Griffin:** Oh shit! Yes!

**Rachel:** Uh-huh.

**Griffin:** Oh, this sweet bean! Oh! Yeah! Oh, this hot bean gives me so much.

**Rachel:** [chuckles] You have brought coffee creamer, specifically sugar free hazelnut, but—

**Griffin:** Okay.

**Rachel:** We have not talked about coffee.

**Griffin:** Yeah yeah yeah.

**Rachel:** And that is a grave oversight on our part.

**Griffin:** There's no way I got a full segment out of hazelnut coffee creamer, is there?

**Rachel:** It's on— it's on the books.

**Griffin:** Holy shit. Okay.

**Rachel:** Might be a small wonder.

**Griffin:** Is it? I don't even— I don't even know if I should have this conversation, but is it— I have quit things in my life before.

**Rachel:** Yes.

**Griffin:** Because I have said like, "I don't like that I am dependent on this—"

**Rachel:** Yes.

**Griffin:** And like smoking especially. It's like, that was— that was categorically not good for me. Coffee is like "I won't quit that until I— until I die, I don't think".

**Rachel:** A lot of people I have known use that logic to quit coffee for a while. And I don't understand it, personally. But I also have never been a— a huge, you know, like five, six cup a day person.

**Griffin:** Right.

**Rachel:** Like I am like one cup type.

**Griffin:** I have certainly cut back on my consumption.

**Rachel:** Yeah.

**Griffin:** As of late, but like I can't imagine living without it. And I don't think it's doing anything bad for me. And I am totally not interested in having that conversation with anybody under the power of my voice.

**Rachel:** Yeah.

**Griffin:** But I also recognize I am completely dependent on it.

**Rachel:** Yeah.

**Griffin:** Holy shit.

**Rachel:** Yeah.

**Griffin:** Yeah. But it's good. It's that good bean.

**Rachel:** So I wanted to tell you some good things about coffee.

**Griffin:** Okay!

**Rachel:** So there's— there's always research coming out, and I think it's largely because researchers are highly caffeinated.

**Griffin:** Sure.

**Rachel:** I feel like every year, there's some new study out on coffee.

**Griffin:** Yeah I mean, don't talk to me until I've had my coffee. You know?

**Rachel:** Yeah. Mondays, you know?

**Griffin:** Yeah! Ack.

**Rachel:** So there is a bunch of different studies, a lot of which say a bunch of really great things. And so let me just summarize some of them. There's a recent study that coffee drinkers live longer. And apparently that's a conclusion that held up even for heavy coffee consumption, so people that were having eight or more cups a day.

**Griffin:** Good lord.

**Rachel:** Regardless of whether the coffee was caffeinated or not.

**Griffin:** Huh.

**Rachel:** Isn't that interesting?

**Griffin:** There's just something about that good brown bean, then.

**Rachel:** Mm-hmm. And longevity was linked to coffee consumption regardless of what type of caffeine metabolism genes you carry.

**Griffin:** I don't know what that means, but it sounds like science.

**Rachel:** You know how some people like react differently?

**Griffin:** Sure.

**Rachel:** To coffee? Like they're more sensitive to it?

**Griffin:** Yeah.

**Rachel:** So that was— I was reading about that in like the Harvard Medical School document from July 25th. Document? Article?

**Griffin:** Document works. Before I drank coffee, when I was like in high school or middle school, I didn't drink it. But I— I would for— I don't even remember how they got into our house. I think Justin like brought them home from *Blockbuster* or something like that—

**Rachel:** Taster's Choice?

**Griffin:** They were, um... No. They were like, um—

**Rachel:** International coffee?

**Griffin:** Chocolate covered espresso beans.

**Rachel:** Oh. [chuckles]

**Griffin:** And I would eat those, and I would get so much... just sort of jumping energy.

[Rachel giggles]

**Griffin:** To help me jump all through the night. To not sleep, but jump all through the night, do you know? And I look back on that now, like that's wild that I was doing that.

**Rachel:** Yeah.

**Griffin:** I was eating, uh—



**Rachel:** Well, that was everybody's like pathway though. I remember when I was a kid, going to Gloria Jean's Coffee Beans. Are you familiar?

**Griffin:** Hmm. No.

**Rachel:** It was like in our shopping mall. And it was like a Starbucks, and that you could get sweet and caffeinated beverages.

**Griffin:** Yeah, I never went—

**Rachel:** Including chocolate covered espresso beans.

**Griffin:** I never went to your shopping mall.

**Rachel:** Well but I think Gloria Jean's was more than just—

**Griffin:** Gloria Jean's Coffee Beans?

**Rachel:** Yeah.

**Griffin:** I love the name of the store. There's no denying that.

**Rachel:** [giggles] So coffee has been proved to lower the risk of liver cancer, liver failure due to cirrhosis, dementia, type two diabetes, and gout.

**Griffin:** Ah! Did you include any things that are probably kind of bad about cof—

**Rachel:** No. No, I decided to leave those out.

**Griffin:** [laughs] It's probably the hurts the tummy, corrodes that a little bit. But no, listen. I'm not going to—

**Rachel:** Our show isn't called *It's Probably Bad*. It's called *Wonderful!*.

**Griffin:** Oh, I can't— I don't give a shit if it's good or bad. I need it. A lot.

[Rachel chuckles]

**Griffin:** Is any of the positive effects that you have listed like when you don't sleep well, or even sometimes when you do get enough sleep, you— It still makes you feel super good when the day is just getting started?

**Rachel:** Well I was going to give anecdotal evidence to that.

**Griffin:** Okay.

**Rachel:** my research was more around actual—

**Griffin:** Peer reviewed shit.

**Rachel:** Yeah.

**Griffin:** Yeah.

**Rachel:** So this is from Scientific American, June 2018. Apparently— So there was always concerns about coffee consumption, and, and the impact on your heart.

**Griffin:** Mm.

**Rachel:** But they did a study in mice, which was at the equivalent to four to five cups of coffee for a human, and there was no damage to the heart cells. In fact, it apparently enhanced the function of heart cells. Which is exciting for people that have heart conditions. Potentially coffee is no longer something they have to stay away from.

**Griffin:** Sure.

**Rachel:** And then this *TIME* health study in 2017. It's actually not a *TIME* study but it was published in *TIME*. People that drank coffee were less likely to die early, less likely to die of heart disease, and less likely to develop cancer. The study did not confirm, though, that people who do not currently drink coffee should start adding a cup or two in order to lower their risk.

**Griffin:** Yeah.

**Rachel:** Also current coffee drinkers shouldn't necessarily start drinking more coffee—

**Griffin:** Yeah.

**Rachel:** — to enhance the benefits. I thought that was worth bringing up, like coffee's not so great that if you don't drink it you should start.

**Griffin:** Yeah. Can you think of the best cup of coffee you ever had? And I'm not even maybe talking about... not even talking about like the flavor and the good richness of the, of the brew—

**Rachel:** The bean?

**Griffin:** But just like, the most transformative necessary cup of coffee you ever had.

**Rachel:** Ooh. Man, I don't know. I mean, my temptation, as snooty as it sounds, is when I went to Italy and we'd get little like cups of espresso in the morning.

**Griffin:** Mm.

**Rachel:** It was so good.

**Griffin:** For me, it was at a diner in Chicago at about 1:30 a.m., and I was so drunk sick, like to my tummy. Hurt really bad. About to throw up.

**Rachel:** Mm-hmm.

**Griffin:** And I went in this diner car, and complained to the— to the guy working the counter, like, "My tummy hurts really, really bad." Which I recognize now is kind of a risky gambit, because you don't want to be like, "There's— I'm— Hello. I'm one of your patrons, and I'm giving you like a 50/50 yarts sort of forecast."

[Rachel laughs]

**Griffin:** And he gave me a fried egg, some sourdough toast, and he gave me a cup of coffee. And I was like, "Dude, it's 1:30." He's like, "No. Drink it up." I drank it up. Instantly. Instantly! Like a potion from an alchemist. Drank it, instantly okay. Totally great.

**Rachel:** [chuckles] I always thought the black coffee, or just not black but the coffee to sober you up was just to like increase your alertness, not to make you feel better.

**Griffin:** It— this wasn't even like a sober me up I had to drive, because I'm not that dumb. I, you know, was taking public transit at the time. But like... it just made my tummy feel better and made me feel like I didn't have the spins or anything like that. It was— it was a— it was a life saver.

**Rachel:** I like— So here is— here is the thing I am always chasing, which is like, you know where you have like maybe two cups of coffee and you feel like you're the smartest you've ever been?

**Griffin:** Oh, the limitless. You get the *Limitless* drug. For sure.

**Rachel:** Exactly. I— There's a certain ratio of food in your stomach to caffeine, where if you just get the right amount of coffee, you feel like you can do everything faster and everything that is coming out of your mouth is the smartest thing you've ever said.

**Griffin:** Sure.

**Rachel:** I love that feeling, man.

**Griffin:** Flip side of that though is you eat a bunch of pancakes, and then you...

[Rachel chuckles]

**Griffin:** No, listen. You eat a bunch of pancakes, and then you drink a bunch of coffee, and then the pancakes are like "Time for bed!" And the coffee's like, "Nope". And you get home, and you lay down for the nap, but the

coffee's like "Actually, let's think about every dumb thing you've done this week instead of the sleep. Sorry pancakes." I hate that.

**Rachel:** That is also an experience you can have on coffee, I guess.

**Griffin:** Yeah. But—

**Rachel:** But I am speaking—

**Griffin:** Of the good stuff. Yeah.

**Rachel:** Of the good stuff.

**Griffin:** You got to be careful with it. That's all I'm saying.

**Rachel:** Yeah, it's true!

**Griffin:** You got to practice safe coffee drinking.

**Rachel:** Well sure. I wouldn't recommend it to just anybody.

**Griffin:** So... we're going to get some emails about this one, I feel like. Coffee is just good, and that's all there is to it.

**Rachel:** [laughs] There is a lot of research that it is— can be dangerous for certain people with certain conditions. So I'm not saying that everybody should go out and drink a bunch of coffee. But I like it.

**Griffin:** It's the best part of waking up.

**Rachel:** It makes me happy.

**Griffin:** Yeah. And I was not joking earlier. If you ever see me and I haven't had my coffee yet, don't even fucking bother. Do not even approach it, the idea of it. Me. You know?

**Rachel:** Mm-hmm. Some mornings I won't have time to make coffee.

**Griffin:** Oh, yeah.

**Rachel:** And usually the first thing Griffin says when he gets up is, "Is there coffee?" And sometimes I have to say no. And it's like, he won't—

**Griffin:** I— yeah, I yell and yell.

**Rachel:** He won't even get out of bed.

**Griffin:** "My hot brown beans, my hot brown beans."

**Rachel:** Mm.

**Griffin:** Not at you, but more at like God. For cursing me with not having the hot brown beans.

**Rachel:** Mm-hmm. [chuckles]

**Griffin:** Can I steal you away?

**Rachel:** Yes.

**Griffin:** This would be a really good week for us to have like a coffee-based sponsor, but I don't think we're going to get there.

**Rachel:** You want to do the song?

[Griffin imitates the Home Improvement transition]

**Rachel:** [chuckles] You all listening to this, Griffin actually did the hand gestures as if he were playing a guitar.

**Griffin:** I did it very weakly though. It could also look like I was just sort of, you know, fiddlin' around down there.

[Rachel chuckles]

**Griffin:** You wanna read these Jumbotrons? You can't— You gotta uncross for that, unfortunately.

**Rachel:** Okay. This next message is from Michelle. It is from Rial. "Hey Shelly. I know you're into listening to this show while you cook and thought it would be the perfect platform to tell you that you're such a great friend! It's been great reconnecting and bonding with you over all that good, good McElroy content. You still need to get on *TAZ*, lazy bones. I love you and you're wonderful."

**Griffin:** That is so sweet. A good message.

**Rachel:** Happy Valentine's day.

**Griffin:** Happy Valentine's day. Shit. Is that really when they wanted it for?

**Rachel:** Yes.

**Griffin:** Yipes. Well—

**Rachel:** You know, every day can be—

**Griffin:** Every day can be Valentine's—

**Rachel:** That.

**Griffin:** Valentine's day. I like also people cooking while they listen, because it makes me think that my idea for a cooking podcast is good. But like a cooking show, but you don't see it or smell it. And you can't tell if it looks good.

**Rachel:** That would throw me off though, because what if you were saying on the cooking show "a cup of flour" and then somebody was cooking and they only needed half a cup and they got distracted—

**Griffin:** Oh, shit.

**Rachel:** And they accidentally put twice as much.

**Griffin:** Well, mine would be more broad. It wouldn't be any specific measurements, it'd just be like—

**Rachel:** You guys like cooking?

**Griffin:** Heat that... No, it'd be like "Heat the spaghetti". And I'm not going to tell you to what degree or how much spaghetti or why you're doing it.

**Rachel:** Oh, so like a Mary Berry Paul Hollywood challenge.

**Griffin:** "Heat the spaghetti. Get the water. Here comes the sauce!" It would be one of the steps. "Here comes the sauce! Meatballs? You tell me." So, I'mma get that one off the ground.

**Rachel:** Okay.

**Griffin:** We're seeking funding right now.

**Rachel:** Okay.

**Griffin:** We're doing it sort of start up.

**Rachel:** What's it called? It's called?

**Griffin:** It's called *Here Comes the Sauce*.

**Rachel:** Oh, I like it.

**Griffin:** Yeah. Yeah.

**Rachel:** I like it. Is it always about pasta?

**Griffin:** Um, no.

**Rachel:** But always about sauce?

**Griffin:** It's involved. Yes.



**Rachel:** Okay. This next message is for Beck. It is from Campbell. And Griffin, they want you to read this.

**Griffin:** [muffled] Oh, okay. [normal] "Hey, Beck. My dearest of friends. Here's a little something to stave off the sauce TM." Oh! That's a weird.

**Rachel:** Weird!

**Griffin:** Yeah. "I just want to say that I love, love, loooooove you and I'm rooting for you in everything you do. You're going to figure it out, and you're going to be okay. I just know it, and did I mention I love you? Good luck topping this one. Smorch!"

So... Smorch was the alien from *Flintstones*. Do you remember him?  
[chuckles]

**Rachel:** I can't tell if you're joking or not.

**Griffin:** Yeah, he was the little alien. Went around and granted, I guess, sort of *Flintstone* wishes.

**Rachel:** Yeah.

**Griffin:** But his name was definitely Smorch. But um, Beck. Get it. Do it. Here doesn't come the sauce, I guess, but it— But you can still stir it on up. If you know what I mean?

**Rachel:** Mm-hmm.

**Griffin:** I don't even think I know what I mean.

**Rachel:** No, that's good.

**Griffin:** It's not anything.

[ad break]

**Griffin:** Do you want to know my second thing?

**Rachel:** Yes, please.

**Griffin:** It's an album of music, prepared by a musical artist.

**Rachel:** Ooh!

**Griffin:** Yeah, so I try to— I feel like I try to bring like stuff that maybe not everybody knows about when I talk about stuff on this show. But that's not going to be this one, because I want to talk about the album *Discovery* by Daft Punk, which is a seminal electronic music album from the 2000th year. I think 2000, or 2001.

This album kicks so much fucking ass. And it almost feels like silly to talk about on this show, because I feel like everybody knows about this album and it's not really a secret about how much it— how much ass it kicks. But I listen to it a lot. Today and in this past week or so, it showed up in like my Spotify like college playlist.

And it's a good album. It's so good. And it sent Daft Punk's career kind of like into the stratosphere and kind of changed electronic and pop music for, for good. So I want to talk about it on this show. You're familiar with *Discovery* by Daft Punk, right? That album?

**Rachel:** I don't know that I've ever listened to it all the way through, but I have heard songs off of it.

**Griffin:** Pretty much all of the songs that people know by Daft Punk, not including like "Get Lucky" which was on their, their most, their most recent release, but like the classics, like "Harder Better Faster Stronger".

**Rachel:** Yes, I know that one.

**Griffin:** Which Kanye sampled in his song—

**Rachel:** Yes.

**Griffin:** "Stronger". "Digital Love" is on that one. "One More Time" is on that one.

**Rachel:** Oh, yeah yeah yeah.

**Griffin:** "Crescendolls", there is a— there's a ton of— I mean, all of their— all of their biggest hits, I feel like, were all on this album. It's their second album. This was actually the album that sort of started their whole robot aesthetic. If you ever saw that one commercial for the Gap where Juliette Lewis is just kind of grooving in some blue jeans, they wrote the song she's dancing to. That's "Digital Love".

And they are also the two robots in, in that commercial. They are a duo of French electronic artists. One of them is named Thomas Bangalter, and this is— he did a *Rolling Stone* interview where he kind of talked about the, the robot thing.

And he said "We're interested in the line between fiction and reality. Creating these fictional personas that exist in real life". And he sort of quoted like Kraftwerk and Ziggy Stardust and KISS as sort of inspirations for this aesthetic and went on to say, "People thought that the helmets were marketing or something. But for us, it was just sci-fi glam".

That whole aesthetic is like my shit, and I just really love what a like enormous creative endeavor this album was. It did great in Europe, it made it to like number two in the UK, and in France. It only made it to like 23 in America, that's like where it topped, which is wild to me, because I feel like everybody knows this album.

**Rachel:** Well, I feel like electronic music is bigger in Europe than it is here.

**Griffin:** Yeah. And I mean, they are also a French— a French duo, so there's—

**Rachel:** Yeah.

**Griffin:** — the home team advantage. But still, it just feels like, man, I— You could not go to a dance club—

**Rachel:** That's true.

**Griffin:** At any point in the entire aughts, the entire decade, without like hearing one of their songs. Do you know about the movie that was made to this album? They teamed up with a Japanese like anime and manga creator who like specialized in making these like big space opera series, and he was— he was beloved. His name was Leiji Matsu-Matsumodo.

And they teamed up with him to make this feature-length movie with no dialogue. just set to the music of the album, called *Interstella 5555*. and it was just like a dope sort of space anime where the plot was set to the songs from *Discovery*.

**Rachel:** Have you seen it?

**Griffin:** I have! That's actually how I found out about—

**Rachel:** Oh.

**Griffin:** Daft Punk, 'cause is I saw this on *Adult Swim*.

**Rachel:** Ah.

**Griffin:** That was how I was first exposed to it. And it— I just thought it was the coolest fucking thing I had ever seen, and heard because I had never really heard of a band like Daft Punk before.

And this like— this movie collaboration was kind of born out of their childhood love of anime, and that's— that idea of like things that they love from the 70's and 80's that was like their childhood, this is kind of like a concept album of like a tribute to that stuff. And that's why you get like— It's some— sometimes like kind of corny sort of things like things that sound like old hair metal guitar solos and like arena rock power chords. It's why you get like a lot of like disco samples, is because like they were trying to sort of recapture that— that one very, very specific era, which is personal to them. Because it was their childhood. But trying to like turn it into something else.

So like, to give you an idea of that, I'm only going to play one song. I know I usually do more than that whenever we talk about like a whole album, but I— Again, I feel like everybody knows these songs.

[clip of "Digital Love" by Daft Punk fades in]

**Griffin:** But I want to play my favorite song from the album just to sort of show what I— I was talking about, about this sort of tribute to this era. This is "Digital Love".

[clip of "Digital Love" plays, then fades out]

**Griffin:** It— This song is like... it's fantastic. And it has this great build to it. It has all of these like great little sections that I feel like whenever I would hear it at like a dance party or something like that would be like little checkpoints like, "Oh, here comes the part where it kind of drops off when it's like 'why won't you play the game?'".

[Rachel chuckles]

**Griffin:** "Here comes that dope guitar solo." All of the songs on this album actually have really interesting structures. That was sort of another sort of concept for it. Their first album *Homework* was just like here's some cool electronic music. This one is like, let's see what we can do with the form of these songs.

For instance, in this song, that one sample plays the entire fucking time. And it's only like a four measure sample, and they play it a billion times in this five minute song, but it never— you never really get tired of it. And the lyrics are just like super basic, you know, talking about love, but they work with the vibe of the song so well.

That sample I also want to play. It is a loop that comes from a 1979 song from George Duke, who was this very prolific like funk keyboardist. the song that they sample is called "I Love You More". And it's just from this super specific small part of this song before that original song "I Love You More"

turns into something way different from "Digital Love". So here's the first 15 seconds of George Duke's "I Love You More".

[clip of "I Love You More" by George Duke plays, then fades out]

**Griffin:** I just love that like, they were like "Let's find a dope hook for our song".

**Rachel:** Yeah.

**Griffin:** "Here it is. It's a kind of, I guess, obscure George Duke track, but really, it's just a measure or two from the first 10 seconds of it before the song completely transforms." And like George Duke made this fucking incredible hook that people probably didn't—

**Rachel:** Mm-hmm.

**Griffin:** Didn't venerate until it became the entire backbone of this very, very famous song from Daft Punk.

**Rachel:** That's so precise, like thinking about the process that they must have gone through to find that and make that song—

**Griffin:** Yeah!

**Rachel:** Is crazy.

**Griffin:** You think of like Girl Talk, and this is, you know, a very clumsy comparison, but you listen to a Girl Talk song and you're like, "Oh, I know where that came from, I know where that came from."

**Rachel:** Uh-huh.

**Griffin:** I know where that came from, I know where— Daft Punk was like, "Here's—"

**Rachel:** Yeah.

**Griffin:** "Here's eight seconds to 11 seconds of this one George Duke song from 1979. And it's going to be the entire fucking track."

**Rachel:** Yeah.

**Griffin:** It's just wild to me. I love this album so much. If you've never heard it before, like go listen to it. You've probably heard most of the songs off of it, in some way or another. And if you have heard it before, it super holds up. It's still my favorite album of theirs, and like probably like my favorite like electronic music album ever. What's your second thing, though?

**Rachel:** My second thing is it's kind of— it's kind of deconstructionist.

**Griffin:** Okay.

**Rachel:** So here's the thing.

**Griffin:** Getting heady.

**Rachel:** Normally I'd take you to the Poetry Corner.

**Griffin:** Oh, are we going? Can I sing it?

**Rachel:** Today...

**Griffin:** Oh no.

**Rachel:** I'm going to take you to where the Poetry Corner is made.

**Griffin:** [wheezes] [singing] "Welcome to the stool factory. Over here is where we keep the cushions. Over here is where we keep the stool legs. That's all that goes into the stool."

**Rachel:** [singing] "Poetryyyyyyy."

**Griffin:** [singing] "It's the Poetry Corner Corner!"

[Rachel chuckles]

**Griffin:** What are you— Can you explain what you mean?

**Rachel:** So I realize that poetry is kind of an unfamiliar medium to a lot of people, and I don't know if our listener really realizes the process that goes into writing a poem.

**Griffin:** Our one listener, and Toby.

**Rachel:** Thank you Toby.

**Griffin:** Thank you Toby, so much.

**Rachel:** Toby, how about you tell one friend?

**Griffin:** No, it wouldn't be—

[Rachel chuckles]

**Griffin:** I want it to be— Because we make so many Toby-based jokes.

**Rachel:** That's true.

**Griffin:** And you know, Toby's friends aren't going to get those.

**Rachel:** Yeah.

**Griffin:** Anyway.

**Rachel:** Yeah, so I guess I was thinking a lot about podcasts like *Song Exploder*.

**Griffin:** Sure.

**Rachel:** Or just— Or documentaries, or kind of you know, the making of featurettes where you talk to an artist about how they put something together.



**Griffin:** Mm-hmm.

**Rachel:** And I feel like people are kind of familiar with that context now in a lot of areas, but not necessarily with poetry. And it's very similar to that.

**Griffin:** Yeah.

**Rachel:** Something that I got really interested in— I think when most people start writing poetry, they start from a very personal place of like, you know, I feel really sad about this person that didn't like me back.

**Griffin:** Hmm.

**Rachel:** Or I feel lonely and this is a thing I'm writing about that.

**Griffin:** Mm-hmm.

**Rachel:** But—

**Griffin:** Or I saw— In my case, like I saw a pretty tree, and now I'm going to try to write some sort of—

**Rachel:** Yeah.

**Griffin:** Floral Appalachian poetry about it.

**Rachel:** Uh-huh.

**Griffin:** And not do good.

**Rachel:** [chuckles] But I think the more time I spent with poetry, the more I got kind of into like the precision of it.

**Griffin:** Okay.

**Rachel:** So I thought I would share something I've written.

**Griffin:** Hell yes!

**Rachel:** Before. And—

**Griffin:** Is it like a recent one? Or like from, from school?

**Rachel:** No, this is an old one.

**Griffin:** Okay.

**Rachel:** This is actually after school.

**Griffin:** [whispers] Oh man.

**Rachel:** Not like an after school—

**Griffin:** Yeah.

**Rachel:** Poem, but like one of the—

**Griffin:** [in a spoken word poetry style] The drugs, the trucker speed. Put it down, down, down to the ground. Where the trucker speed lives. No thanks, Toby.

[Rachel laughs]

[Griffin snaps]

**Rachel:** I really liked that one.

**Griffin:** Thank you! Yeah, so— Is it— can I ask if your poem involves any sort of sexual ice cream imagery at all?

**Rachel:** No.

**Griffin:** Because I need to know if it did.

**Rachel:** It does not.

**Griffin:** Prepare my— my body.

**Rachel:** No. This is one I wrote after I finished my graduate degree. And I wrote it in the summertime, so I thought it would be appropriate for this time of year, which is also the summer.

**Griffin:** You sure there's no ice cream imagery?

**Rachel:** No ice cream.

**Griffin:** Okay.

**Rachel:** Anyway, I wrote this in May 2008.

**Griffin:** Okay.

**Rachel:** And so now I'm embarrassed to read it.

**Griffin:** No! Why?

**Rachel:** Because you wanted ice cream so bad. And there's no ice cream.

**Griffin:** No, I hate ice cream. I want— I want the real shit.

**Rachel:** [chuckles] Okay.

My damp face follows  
the hollow vein of the wing  
Summer stokes the insect  
I speak the hum of her motion  
In tempered flight and fold  
the fly cuts an upward bend  
stretches her lenses to land  
senses in her legs to land again  
To settle on your ear  
its self all bend and strength  
A curved pail for collecting  
a sense for sound for balance

And behind the sound, the fly  
finds her branch in bent channels  
a strength within the most delicate skin  
around a middle of spun air

**Griffin:** [whispers] It's so fucking good, Rachel.

**Rachel:** Thank you.

**Griffin:** I don't get a lot of Rachel's, like—

**Rachel:** Yeah.

**Griffin:** You have not shown me much of your poetry. And it's so good, and I get what you're saying about the precision, 'cause like—

**Rachel:** Mm-hmm.

**Griffin:** It felt like every word of that was like exactly, you know, the right one right where it needed to be.

**Rachel:** So here's— so here's some some of the unpacking I did for that.

**Griffin:** Yes.

**Rachel:** So did the line "I speak the hum of her motion" resonate with you in any way?

**Griffin:** Yeah?

**Rachel:** There is a Walt Whitman poem where he says "I sing the body electric".

**Griffin:** Oh, right! Yeah, I know that. But mostly from *Fame*.

[Rachel chuckles]

**Griffin:** There's a musical, *Fame*, and that's part of the—

**Rachel:** So that like really kind of inspired me, and it's kind of like hidden in there, in that line.

**Griffin:** Okay.

**Rachel:** Also in order to do this poem, I researched how hearing works, like how ears work.

**Griffin:** Interesting!

**Rachel:** So that thing about in the poem... Yeah. Here we go. The “to settle on your ear itself, all bend and strength. A curved pail for collecting, a sense for sound and for balance”, and then, at the end, the “a strength within the most delicate skin around a middle of spun air”. Like how your ear drum resonates with sound, like the vibration.

**Griffin:** Yeah!

**Rachel:** That carries in and how you hear. So I did research on that, and then I did research on flies too.

**Griffin:** Yeah.

**Rachel:** [laughs] And kind of learned about how flies move. And kind of their whole process for landing and traveling. So I guess—I think— For me it was really kind of transformative to get to that place in my writing where it wasn't just about expressing some like very urgent emotion, but kind of doing research and exploring, you know, what it is that's interesting and how it relates to other things.

And it's a lot of kind of what we do on this podcast, in a way. You know? Of like, I get interested in something, I research it, and then I try and kind of put it together like a brief way of telling the story.

**Griffin:** Yeah, for sure. And I really liked that about— I sort of felt that same way about the poem and that it— Just in how much like sort of obvious work you put into the science of it.

**Rachel:** Mm-hmm.

**Griffin:** And also like what a stark contrast it was from some of the other poems that you've brought that are, like— There's so many— I guess I never really appreciated. There's a lot of different kinds of poems, huh?

[Rachel laughs]

**Griffin:** Sure is a lot of different kinds of ones of them.

**Rachel:** Yeah. That's— that's good.

**Griffin:** You know what I mean? 'Cause it wasn't like, "I like Michigan. And here's why." It was like—

**Rachel:** No, that's true.

**Griffin:** It was just, you know. Here's a cool poem about some— about a bug.

**Rachel:** About a bug in the summer. So yeah, I guess... I really like the process of writing a poem. And I think it relates a lot to composing any kind of new creative work. Of kind of having an idea and then doing some research to support that idea. And kind of making connections in that process, and ending up with something that's much more complex than you started out with.

**Griffin:** Yeah.

**Rachel:** I feel like, you know, you and I have talked about that when you— when you write music for *Adventure Zone* or when you're putting a story together. Thinking about kind of a few pieces and then finding opportunities for, you know, the story to pivot.

**Griffin:** Yeah.

**Rachel:** Or to create kind of an interesting turn. And I really like that about creative writing. Because you kind of sit down thinking one thing and then learn something in the process and make a connection that's much more exciting than the original idea.

**Griffin:** Did you ever sort of... I want to say indulge, but that's probably not the— That, that seems a little insulting maybe. In like in the— in the more sort of emotionally charged less sort of—

**Rachel:** Sort of?

**Griffin:** Precise.

**Rachel:** Honest— honestly it's not a strength I've ever had.

**Griffin:** Hmm.

**Rachel:** I think because what's interesting to me about writing poems is, is the precision.

[Windows notification sound plays in the background]

**Griffin:** We've been hacked. Ah, shoot.

**Rachel:** [chuckles] More than kind of the catharsis of it. So I have written emotionally charged stuff, but never anything that felt good to me. It was more like getting it out of my system than like, "Oh, this is— Was a satisfying exercise."

**Griffin:** Yeah.

**Rachel:** Because I— It's not what I find interesting about writing.

**Griffin:** Sure. Your vows were like that though. I guess that wasn't technically a poem.

**Rachel:** No. And I was just saying them to you, it was nice stuff I said to you.

**Griffin:** There were lots of other people there.

**Rachel:** But like, you know. It's different.

**Griffin:** It was like, what was it? It was like, uh—

**Rachel:** "Starting at the tempting top of my ice cream cone."

**Griffin:** [laughs] That's right. And then I was like, "Am I the ice cream cone?" And then I got really sweaty, because I was like, "Woah."

**Rachel:** [chuckles] Woah.

**Griffin:** Woah. That was a very good poem, baby. I'm so glad that you read it on our show.

**Rachel:** Thank you.

**Griffin:** Do you wanna hear some submissions from our friends at home?

**Rachel:** Yes.

**Griffin:** Sara sent this one in, and it's a fucking slam dunk.

**Rachel:** [chuckles] Okay.

**Griffin:** Sara said, "I am a flight attendant and something I find wonderful is when you find surprise magazines on the plane. It's a treat to find new reading material, but what's even better is knowing that another flight attendant stashed that magazine for you to find later. You know they saved it from the garbage so someone else could read it. It gives me this sense of community, even though you never see the other people who did you this solid."

**Rachel:** Oh.



**Griffin:** So you're on the plane, you're a flight attendant, you see somebody throw away, you know, a new magazine. You grab it, and you hide it away for the next flight attendant to find on the plane so they have something to read!

**Rachel:** See, I was assuming they were talking about in the back pocket of just a random seat on the plane. And I always thought that meant that it had been overlooked by the crew.

**Griffin:** Nah.

**Rachel:** But this person makes it sound like anything you find on a plane was deliberately left there.

**Griffin:** There's a secret— a secret sort of flight— And I'm talking about like a flight attendant dead drop sort of thing.

[Rachel chuckles]

**Griffin:** Where flight attendants are just leaving each other magazines that they pulled out of the garbage. I love that.

**Rachel:** I don't think it's pulled out of the garbage.

**Griffin:** No, but I just love the whole world of like flight secrets.

**Rachel:** I know!

**Griffin:** Like I'll read any— any fucking thing about flight secrets.

**Rachel:** Oh, that's true.

**Griffin:** Like what is it, like Diet Coke is like the least favorite thing for them to pour because it stays like carbonated for so long, and that's like annoying. I don't know. Anyway, Chris says, "My wife got tired of all the trash laying around our neighborhood, so she brought a couple of trash pickers online, and now when we go for walks, we pick up garbage along the way. We call

them trashy walks. It is a wonderful feeling to know that we can help make our community nicer while getting some exercise." Trashy walk.

**Rachel:** That's such a nice idea. I'd like to do that with Henry when he's older.

**Griffin:** Yeah. You really teach him the value of the sweat on his brow. Give him a fresh nickel for every can he—

**Rachel:** Do you remember being a kid and feeling really obsessed about litter?

**Griffin:** Uh—

**Rachel:** Or was that just me?

**Griffin:** No. I remember hating it very much.

**Rachel:** Like feeling very strongly that if there was trash on the ground, that it needed to be picked up immediately.

**Griffin:** Sure. And if I saw somebody like throw something out the window of their car, like fucking forget about it.

**Rachel:** Oh, I do still— I still feel angry about that.

**Griffin:** Yeah. I guess I do too, now that I think about it.

**Rachel:** One time I saw somebody pulled to a stoplight, opened their door, literally set a cup on the ground, closed the door, and then once the light changed they drove away.

**Griffin:** That's a new one. Yeah.

**Rachel:** It was so deliberate and slow and terrible.

**Griffin:** Emily says "I love watching movies during a thunderstorm. Thunder and lightning plus *Return of the Jedi* is one of my favorite combinations.

**Rachel:** That does sound nice.

**Griffin:** That does sound really good!

**Rachel:** I love being inside doing something cozy when it's raining out.

**Griffin:** How do you feel about power outage activities?

**Rachel:** Ooh, I don't like it.

**Griffin:** Me neither.

[Rachel laughs]

**Griffin:** [chuckles] Because I always romanticize it like "Oh, I'll light candles. And then we can play chess and backgammon by candlelight." And then if you're like—

**Rachel:** The other day our internet went out for five minutes, and then—

**Griffin:** And I lost my fucking mind.

**Rachel:** He literally ran out of the house.

**Griffin:** If I lost internet and also air conditioning, I would just— I would— I would go to a Motel 6 or something.

**Rachel:** Mm-hmm.

**Griffin:** And I would leave you guys behind. I'm really sorry about that.

**Rachel:** I wouldn't blame you.

**Griffin:** So anyway, that is our episode. Thank you so much for listening. Thank you to Bowen and Augustus for the use of our theme song "Money Won't Pay". You can find the link to that in the episode description. I'm so fucking tired, baby.

**Rachel:** I know.

**Griffin:** I hope this episode was good, and I hope you all enjoyed it, and I hope that—

**Rachel:** Hey thanks Toby.

**Griffin:** Hey thank you Toby, and I hope that we're more sort of alert for you next time there Tobes. Hey thanks to Max Fun for having us on the network too. You can go to Maximum Fun and check out all the great shows on there like *Bubble* and what— what are you— what do you feel like plugging this week?

**Rachel:** *Pop Rocket*.

**Griffin:** Oh, yeah! *Beef and Dairy Network*. Yeah.

**Rachel:** It's a good one.

**Griffin:** They're all good ones, and it's all on [maximumfun.org](http://maximumfun.org). Go check them out, and—

**Rachel:** *Heat Rocks*.

**Griffin:** *Heat Rocks*. Hell yeah. It's all at [maximumfun.org](http://maximumfun.org). If you want to hear other stuff we do, it's at [mcelroyshows.com](http://mcelroyshows.com). Got some shows coming up too, if you want to get tickets to that, it's at [mcelroyshows.com/tours](http://mcelroyshows.com/tours). And...

**Rachel:** And if you thought about sending stuff to our PO box, please don't.

**Griffin:** Don't do it!

**Rachel:** It's closed.

**Griffin:** We have closed our PO box, and we are looking into getting a new PO box, but we— I— it is now very very inconvenient for us to go to the old

PO box, so yes. We apologize for the interruption in service, but we'll let you know.

**Rachel:** We will let you know when it is back up.

**Griffin:** And thank you to everybody who sends us stuff. I feel like we are—

**Rachel:** Yeah!

**Griffin:** We are very— we are poor stewards of the PO box. We get a lot of stuff in there, and it's— it's all very, very great. And we appreciate hearing from you. And um... I guess, to just like close out—

**Rachel:** Mm-hmm.

**Griffin:** And I've been meaning to get this off my chest for actually a little while.

**Rachel:** Okay.

**Griffin:** And it might be like—

**Rachel:** Are you upset with all the stools we have from the Poetry Corner episodes?

**Griffin:** No, it's— We have a reasonable number, and you know, we can use stools for a lot of different things. Fun drum set for your imagination.

[Rachel chuckles]

**Griffin:** No. It's something I've been wanting to like say for a while—

**Rachel:** Okay.

**Griffin:** And it may be like— It might be weird, they might actually put some people off our shows, so maybe I—

**Rachel:** Are you going to ask me to marry you?

**Griffin:** No, it's just— It— That would be a good thing. That would be like a good thing. People'd be very much into that. Even though it'd be weird, because we are definitely still married.

[theme music fades in]

**Rachel:** Uh-huh, for sure.

**Griffin:** And I guess what it was, was cowabunga dude!

[Rachel chuckles]

[theme music plays, then fades out]

[ukulele chord]

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[ad break]