

Wonderful! 45: Frasiest

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[theme music, "Money Won't Pay" by bo en and Augustus plays]

Rachel: Hi, this is Rachel McElroy.

Griffin: Hey, it's Griffin McElroy.

Rachel: And this is *Wonderful!*

Griffin: This is a podcast where we talk about things that we're very much into, and this is gonna be our special episode. We're gonna dedicate the whole time that we end up talking, we usually shoot for 45 minutes but have never managed to co— come in actually—

[Rachel laughs]

Griffin: — around that time. We're gonna s— sort of dedicate this one to the *Frasier* reboot, the— the sort of they're doing new *Frasier*.

Rachel: No.

Griffin: Yeah, they're doing a new *Frasier*, so they're gonna do a new *Frasier*. Why did you say no? We spent all day researching new *Frasier* to talk about new *Frasier*. And so this—

Rachel: Oh.

Griffin: — whole episode's gonna be that.

Rachel: Okay.

Griffin: And do you wanna start off by like what you're thankful for about new *Frasier*?

Rachel: What am I grateful about with new *Frasier*?

Griffin: Yeah, the new ones.

Rachel: Well, I'm excited about, you know, the ways that they've modernized it.

Griffin: Yeah, yeah, yeah.

Rachel: Like with the smartphones now.

Griffin: Yeah.

Rachel: And the— the recliner that the dad used to sit in, you know?

Griffin: Sure.

Rachel: Um...

Griffin: What is it now?

Rachel: I mean nothing. He passed away. I'm sorry.

Griffin: Did he?

Rachel: Yeah.

Griffin: Ah, man. You could've done a joke there and not broken that news to me.

Rachel: I know.

Griffin: You could've said like it's like a Japanese future toilet.

Rachel: Dog's probably gone too, huh. [laughs]

Griffin: Jesus Christ, Rachel.

Rachel: I'm sorry.

Griffin: That's not the point of the show.

Rachel: But, you know, Frasier, Roz, Daphne.

Griffin: Yeah, I mean the surviving cast members of *Frasier* will almost certainly be there in the new *Frasier*. Jesus.

[Rachel laughs]

Griffin: I'm excited about— Do you know about the name? Do you know what they're calling it?

Rachel: No.

Griffin: So, they're doing a prequel called Frase, and then this... these new episodes are gonna be called Frase—

Rachel: You know the prequel was *Cheers*, right?

Griffin: No, they're doing a new prequel.

Rachel: Okay, continue.

Griffin: And it's called F— and it's just about him and it's called Frase, and then these new episodes are called *Frasiest*. So...

Rachel: Okay. I see that. That's good.

[Griffin chuckles]

Rachel: That's good work, Griffin. That's good.

Griffin: Do you have any small wonders?

Rachel: I do.

Griffin: I couldn't care less about new *Frasier*.

Rachel: Is this real?

Griffin: Me caring about new *Frasier*, or the existence of new, of *Frasiest*?

Rachel: The existence of a new *Frasier* spin-off?

Griffin: *Frasiest*, yes, it's real. Do you not believe me?

Rachel: I don't believe you. Who is out there demanding new *Frasier*?

Griffin: Our friend, Bristol.

Rachel: Like, yeah, that's true.

Griffin: It's being explored—

Rachel: Okay.

Griffin: By Kelsey Grammer and—

Rachel: Okay.

Griffin: — CBS.

Rachel: Okay. That doesn't mean anything.

Griffin: I Googled new *Frasier* and the first result is *Brand Slam*, the Polygon series—

[Rachel chuckles]

Griffin: — where Kelsey Grammer fights David Hyde Pierce, so thank you for that. Do you have any small wonders?

Rachel: Okay. Small wonder.. the new episodes of *Terrace House* on Netflix.

Griffin: I'm so glad that it's back. Are you having trouble keeping track of what's in *Opening New Doors* and what's in *Boys × Girls Next Door*, which we've watched now I believe 89 episodes of?

Rachel: [laughs] I— I did need the refresher on what the cliffhangers were.

Griffin: Yeah, sure.

Rachel: For sure. Because there is significant overlap.

Griffin: There. Well, I mean it's the same show, but different years.

Rachel: Well, and one cast member.

Griffin: Oh, spoilers. But yes, that is true. I wanted to bring up, I've been listening to a podcast called *Reply All* from Gimlet.

Rachel: Yeah.

Griffin: that I started listening to, I think, before our... I've only been listening for a few weeks now, and I think I've listened to about 45 episodes or so.

Rachel: All the McElroy's are on this.

Griffin: Yeah. Justin and Travis recommended it to me. It's just like a— it's a podcast about the internet, but it's really a podcast about like human stories that like sort of internet and technology are sort of—

Rachel: Did you listen to that new one I was telling you about?

Griffin: The pets one?

Rachel: Yeah.

Griffin: *All My Pets*? Yeah. It's very, very good.

Rachel: Yeah.

Griffin: But I listened to an episode called *Hello*, and all it is is it's— it's their longest episode I've listened to, it's almost two hours, and the two hosts, Alex Goldman and P.J. Vogt, they just opened up a phone line, like a conference line, where anybody can call them for 48 hours. And it's so good. It is so, so good. The show is really, really well produced and the two hosts are just like they're really, really great. And this experiment is really interesting because y— they regret it by like hour six.

Rachel: Yeah.

Griffin: Like they're so tired—

[Rachel laughs]

Griffin: Not only because like they're staying up all night, but they're having to ha— be— they're— they're having constant conversations with people—

Rachel: Yeah.

Griffin: — for— for two fucking days.

Rachel: Yeah.

Griffin: It is wild. And then they start getting in like bargaining with the people who are calling in. Like, "Do you have unlimited minutes? Will you just mute your phone and set it down so I can go to sleep for like an hour?"

[Rachel laughs]

Griffin: It's a— it's a really, really—

Rachel: I'll have to listen to that one.

Griffin: But then there's like genuine moments of human connection that are really cool. Yeah, it's a great podcast. I have— I haven't like fallen this hard for a podcast in a long time. You actually go first this week.

Rachel: Yay!

Griffin: But we already did new *Frasier*, so I'll— I'll do my first thing then.

Griffin: Psyched out of her gourd. it's just all tossed salad and scrambled eggs with Rachel this whole week.

Rachel: Do you want me to—

Griffin: Sing the *Frasier* theme song? Very badly, 'cause I bet you would crush it.

Rachel: [singing] "Hey baby I—"

Griffin: [laughs] You can't! Baby, that's cruel!

Rachel: Just a little teaser.

Griffin: [wheezes] You can't just give me the— the intro to that. That's cruel, babe. You're playing games with my heart right now.

Rachel: Just a— just a little taste.

Griffin: The Backstreet Boys said explicitly not to do what you just did to my heart.

Rachel: This is how we keep things interesting all these years in.

Griffin: When am I gonna get [singing] "— blues a callin'?"

[Rachel laughs]

Griffin: When am I gonna get that? Just let me know like what I have to look forward to.

Rachel: Around 3:00 AM. [laughs]

Griffin: Okay. Oh shit, update, because I did Google it and there's like a news article from *Vulture* and like a little preview, and it says Kelsey Grammer, "Not sure he wants to do *Frasier* reboot."

[Rachel laughs]

Griffin: That's fine. We'll fucking do it without you, dog.

Rachel: [laughs] Would you replace him? And if so, with who?

Griffin: I don't give a shit about him. It's all Niles for me.

Rachel: I feel the same way.

Griffin: Me too. What's your first thing?

Rachel: My first thing is actually a YouTube series.

Griffin: Oh, okay.

Rachel: Amoeba Music has a series called *What's In My Bag?*

Griffin: I just watched this today. With Jason Mantzoukas?

Rachel: Yes.

Griffin: That's wild!

Rachel: How did you end up watching it?

Griffin: Somebody tweeted about it that I follow.

Rachel: How funny.

Griffin: That's so weird.

Rachel: Weird.

Griffin: Is that the episode that you watched?

Rachel: I mean I watched a few episodes. I watched part of that one. I didn't watch the whole thing.

Griffin: His episode was illuminating.

Rachel: Mm-hmm.

Griffin: I added like a bunch of music to my Spotify from that show.

Rachel: And that's what I like about it.

Griffin: Okay, yeah, sorry, so explain what the series is?

Rachel: So I've never actually been to the record store, Amoeba, but it started in 1990 in Berkeley, and since moved to San Francisco and Hollywood as well. But they have 11 seasons of this *What's In My Bag?* Series, and they're five to 10 minute videos with famous musicians, actors and comedians, where they go to the Amoeba Music location, just one of the three, and sift through records and then kind of sit down and reveal their selections.

Griffin: Records and movies and lots of stuff.

Rachel: Yeah. Yeah. And it's, I guess, paid for with an Amoeba gift certificate. Although apparently some artists are willing to dip into their pockets to get even more—

Griffin: Yeah.

Rachel: — than is covered.

Griffin: Damn, that's a good fucking deal.

Rachel: So, there are 500, or— or actually over 500. There was, the 500th episode was May 2017, and since then they've obviously continued. And so let me just give you a list of some of the artists.

Griffin: Sure, but this is really fucking weird. I didn't know how long it had been running, and the fact that you're talking about it this week, literally the day that I first found out that this thing existed—

[Rachel laughs]

Griffin: — is very strange.

Rachel: Well, it showed up— I was watching something else and it showed up in my like related videos—

Griffin: Huh.

Rachel: — which is how I ended up clicking on it.

Griffin: We could've had our first like both bring the same thing situation.

Rachel: I know.

Griffin: Hmm.

Rachel: So, just to give you a sense of the variety, the artists include Mo'Steph, Eugene Mirman, The Swell Season, Rob and Dave Grohl, Tegan and Sara, Fanfarlo, Die Antwoord, Justin Townes Earle, Elijah Wood, Best Coast, Elvira, Jason Schwartzman, Meat Puppets, KRS-One, Cheech Marin, Ben Kweller, Chromeo, Cat Power, Fred Armisen, Charles Bradley, The Zombies, The Decemberists, Belle and Sebastian—

Griffin: [whispers] Oh god.

Rachel: — Death Cab for Cutie, Daniel Deacon, My Morning Jacket, Future Islands, Blonde Redhead, Vince Staples, Junior Senior, Kumail Nanjiani and Emily Gordon, Big Boy. Big Boy, which is not how anyone says his name.

Griffin: Big boy.

Rachel: [chuckles] Andrew Bird, Air, The xx, and then Jason Mantzoukas, which is where I got on.

Griffin: That's like all my favorite people.

Rachel: Mm-hmm.

Griffin: Like most— like they're pretty much my top 10 favorite folks are on there.

Rachel: Let me tell you the history of it. Actually it started in 2008 when Weird Al came shopping, and they just stopped him in the parking garage.

Griffin: 'Cause he had shoplifted like a lot of stuff.

[Rachel laughs]

Griffin: People don't know that about Weird Al, but like he ge— People think, "Oh, what a goofball," but like the whole weird thing is just a front for his crime.

Rachel: You can watch the Weird Al— You can watch the Weird Al video on their YouTube channel. But they stopped him and asked if they could film him, and so they shot the video in their elevator room as he was on his way out. But yeah, I just th— I think it's really cool, because I mean obviously Spotify is something incredible that we talk about a lot.

Griffin: Yeah, sure.

Rachel: But sometimes you specifically wanna know the artist you like, who they're interested in.

Griffin: Yeah.

Rachel: Like who influences them, like what music they're listening to now, and this is like a great way to do it. And they're real short videos. and— and like I was explaining, the diversity of the artists is incredible. and it's really cool.

Griffin: It's really cool. I think, in the Jason Mantzoukas episode, he— they liked picked up a My Bloody Valentine, record, which I— I've never really listened to much of them. And like the clip that they played sounded really good, so I added that to Spotify. And then a band called the Hop Along. I never heard it before, I was like—

Rachel: Yeah.

Griffin: — "Oh, this is good. Gonna go ahead and add that." yeah, it s— it seems very cool. I watched the whole— I watched the whole thing.

Rachel: They have a like an anniversary on— if you go to their YouTube channel, which their username is just Amoeba, A-M-O-E-B-A. They have like a... like a, what is it? Like a 10 minute video, or a five minute video, which highlights kind of the whole 500 episodes—

Griffin: Yeah.

Rachel: And like some of the crossover between artists. It's really cool.

Griffin: I— I think he, Jason also recommended, *Into the... Touching the Void*, which is the documentary about those two dudes climbing.

Rachel: Oh yeah, I've seen that.

Griffin: And you've seen that movie?

Rachel: Uh-huh.

Griffin: And I— it's all on YouTube, the whole of *Touching the Void*—

Rachel: Ohhhh.

Griffin: — is on YouTube, so I watched about 40 minutes of that while I was— while I was working on some prep stuff for our podcast today.

Rachel: It's really well done.

Griffin: It's— yes, but also very, very scary.

Rachel: Yes. Yes.

Griffin: Got a little spooked out. yeah, that's a good series. How weird.

Rachel: Mm-hmm.

Griffin: Do you wanna know my first thing?

Rachel: Yes.

Griffin: Speaking of amoebas, my first thing is getting out a sneeze that you've been working on for a long time.

[Rachel laughs]

Griffin: I don't know if I can tell from my voice, but I has a sick, like the— do you know the cheeseburger cat meme where he's like, "I has a sick?" Do you know him? "I can't has medicine." Do you know him?

Rachel: Yeah. Yeah, yeah. Yeah. Yeah.

Griffin: It was really cute, but I've been sick and there— it's been a few days now and there was a good two day period or so in there where there was a sneeze I had that wouldn't come out. And it was a real problem for me, because it hurts a lot. I— I mean hurt might not be the right— when you are denied the satisfaction—

[Rachel laughs]

Griffin: — of a sneeze for so long, I think it feels like pain, right?

Rachel: Griffin would start to kind of rear back in sneeze position and then I would make the mistake of making eye contact with him, and sometimes that spooks him right out.

Griffin: Yeah. And I feel very rude whenever this happens, 'cause like when I get in this state where I've had this one fucking sneeze that won't come out—

[Rachel chuckles]

Griffin: — I will get a little bit rude. And I'm tr— I'm typically not like this, but we— we'll be having a conversation and I'll literally do the like, "Oop, oop, oop, oop!", just because like—

[Rachel chuckles]

Griffin: — if I don't have complete zen like focus, it's not gonna happen for me. And I'm kind of neutral on like sneezes in— in general, just like your every day sneeze.

Rachel: Okay. [laughs]

Griffin: I know there's folks who like say like it always feel super good, and then there's probably folks for whom it's like not convenient, right? Like if you're driving and sneezing, if you're like a truck driver and sneeze all the time, that's probably not safe.

Rachel: Well, 'cause I heard you can't sneeze with your eyes open. Do you know this?

Griffin: There's a lot of sneezing myths out there.

Rachel: Oh, okay.

Griffin: But I could totally do it. Put me to the fucking test [chuckles]. I— I also sneeze very, very loud apparently.

Rachel: Yes.

Griffin: And so I'm very kind of self-conscious about my sneezes. But there's no better feeling in the world than working on a sneeze for a long time and then finally getting it out. The working on it for a long time part

sucks so bad, but then when you finally get it out, it's really, really good. I finally got mine out. We were hanging out with our friends.

[Rachel chuckles]

Griffin: I think I was drinking a glass of wine, I don't know if that had anything to do with it, the tannins, maybe.

Rachel: Mm-hmm.

Griffin: Gettin' up in there. And I felt it coming and I looked up at the light in the ceiling and it finally happened. It finally came out.

Rachel: Yeah, Griffin, I guess, did some research and— and read that you can look at a light.

Griffin: Yeah, that research was actually an episode of *Pete & Pete*.

[Rachel laughs]

Griffin: I think it was the one where he gets the marshmallow stuck in his nose. Do you remember that? It was like the marshmallow—

Rachel: Yeah.

Griffin: — like a present or something. so that worked, and that's— our bodies are so fucking wild. I did some cursory sneeze research.

Rachel: Okay.

Griffin: It's so wild. And there's like a million things that are wild about our bodies, but sneezing is like the— is up there, top five wildest things that we do. There's actually lots of research in what causes sneezes, but when I was looking up this, like not being able to sneeze and finally getting it out, there's actually like, I couldn't find anything for what makes this like false start thing happen. So, hey science...

Rachel: You wanna start.

Griffin: Don't actually look into this. There's like way more like—

Rachel: I know, I was gonna say [laughs], do you wanna start a charity?

Griffin: — cancer and, global warming, like there's a lot of stuff. But okay, so sneezes are a reflex, right? They are triggered by— they are triggered by foreign matter getting up in your nose, in your— your nasal mucus membranes a—

Rachel: I really wanna sneeze just hearing you talk about it.

Griffin: Yeah, I know. And they— they trigger this violent expulsion to try to get rid of that stuff, right? This is— this is, from Wikipedia, whenever you get that sort of foreign matter up in your nose, it triggers the release of histamines, which irritate the nerve cells in the nose, resulting in signals being sent to the brain to initiate the sneeze through the trigeminal nerve network.

The brain then relates this initial signal, activates the pharyngeal and tracheal muscles, and creates a large opening of the nasal and oral cavities resulting in a powerful release of air and bio-particles. I've never really thought about the anatomy of a sneeze before, but what this is saying, and I've never really appreciated until this very moment, is that you get some weird dust or pepper up in your nose, and then it gets in your mucus and then you're p—

Rachel: Mm-hmm.

Griffin: — it's that nerve cell sends a message to your brain that's like, "Yo, deal with this." And your brain sends a message to your fucking like whole chest area that's like, "Hey, can you convulse for me really quick?"

[Rachel laughs]

Griffin: That's wild!

Rachel: Yeah, I guess I never really thought about that either.

Griffin: Sneezes can also be caused by like stimulation of the sinus nerves. So, if you're like very congested, which I almost constantly am, or if you have allergies, it can— that can be the source of those cau-... uh, sneezes. but there's also a ton of like external stimuli that I didn't really know about that can cause sneezes. Some of it is fucking wild.

There's something called the photic sneeze reflex, and that is, when you look at a— a bright light. And this is not for— this does not work for like 100% of the population. I know I mentioned like I looked up at the light, because a *Pete & Pete* episode told me to.

[Rachel laughs]

Griffin: But there are people who when they leave a dark building and step out—

Rachel: Yeah.

Griffin: — into the sunlight, they—

Rachel: That's happened to me before.

Griffin: —they sneeze. That's called the— the photic sneeze reflex. There's some folks who sneeze when they get aroused, and that's just because of some like crossed wires in the autonomic nervous system.

[Rachel laughs]

Griffin: And I— I— I don't— I feel almost like I shouldn't make light of that, because I imagine it's very inconvenient.

Rachel: Yeah.

Griffin: And probably something that you have to explain.

Rachel: You know what's something I do, I'm not— I'm not talking about arousal right now, but—

Griffin: That's a first [laughing].

[Rachel chuckles]

Griffin: All week you've been talking about arousal and *Frasiest*.

Rachel: Whe— [chuckles] when I get nervous I yawn a lot.

Griffin: Mm-hmm.

Rachel: I think it's 'cause my breathing becomes more shallow and maybe that's why I start yawning, but—

Griffin: When— when I'm about to cry, I always yawn.

Rachel: Oh.

Griffin: Is that weird?

Rachel: I've never noticed that.

Griffin: That's not like a nervous response though. Anyway, that's nothing. There's also a phenomenon where some people feel the urge to sneeze after eating a large meal. And there was a— a scientist, a doctor who wrote a letter to like this medical journal about this— this phenomenon, and they coined sort of jokingly the only name that I could find—

[Rachel laughs]

Griffin: — about this phenomenon. The name of this phenomenon that this— this doctor came up with is “snatiation”.

Rachel: Oh, I love that.

Griffin: It's very good.

Rachel: Let's start a band and call it that.

Griffin: Snatiation. It's kind of hard to say, so I don't know that it would be the catchiest band name.

[Rachel laughs]

Griffin: But I couldn't find anything that causes sneezes to stop. Like I don't know if it's— like there is some sort of trigger for your nerves that send this thing to your brain, but maybe if there's like not enough like particles or whatever that ca— or not enough of whatever the stimulus is to actually like push it over the top, I don't know, I don't know.

Rachel: Yeah.

Griffin: But I was a little disappointed about that. But what I do know is that when I finally got that sneeze out.

[Rachel laughs]

Griffin:We were hanging out with our friends, I sneezed and I very loudly went, "Yes!" And all our friends looked at me [chuckles] like I was a— just a wild person who'd run in from the street and sneezed all over everybody and then celebrated. So, it feels good, right? I feel like I haven't got much confirmation from you that a sneeze feels good.

Rachel: No, it does feel good. I feel like, I don't know if you did any research on the history of sneezing. But I feel like I remember learning that like there were people back in the day before there was any kind of television or radio, that used to like recreationally make themselves sneeze. For like the pleasure of it.

Griffin: Ain't that what *Flatliners* is about?

Rachel: I don't know.

Griffin: No, that's about people who stop their hearts so they could talk to ghosts and shit.

[Rachel laughs]

Griffin: I got it confused.

Rachel: I can see how you make that—

Griffin: Yeah.

Rachel: — mistake. [laughs]

Griffin: Yeah, no, that sounds... that sounds like a bad idea, 'cause that probably— I don't think you wanna like work that reflex.

Rachel: Yeah.

Griffin: I don't think you wanna get that reflex like really, really strong. 'Cause then either you won't sneeze enough, or you'll sneeze way too much.

Rachel: Yeah.

Griffin: Yeah. Hey, can I steal you away?

Rachel: [sings the Home Improvement transition tune] Bo, boop, boop, boop, boop, boop, boop, bo. Bo, boop boop, boop. Whoop!

Griffin: Back to basics folks.

[Rachel & Griffin chuckle]

[ad break]

Rachel: We have some messages.

Griffin: Fuck yeah, dude.

Rachel: This one is for Kale and Lydia—

Griffin: Hell, yeah.

Rachel: It is from Lydia.

Griffin: Badass.

Rachel: "Hey Kale and future me, you're wonderful. Happy New Year and all holidays within it. Our fave podcasts help me get by every day at work. I hope this message finds future us vibing and keeping it tight. This is the best and the top and I'm never buying another present."

[Griffin wheezes]

Rachel: "This heartfelt message from Rachel and Griffin can never be outdone."

Griffin: That is true. it's better than the Nintendo 64 I got in, I think 1998.

Rachel: What about that Ewok Village?

Griffin: That was Travis's. He wouldn't even let me touch it. And now you've really touched a nerve with me.

Rachel: Oh, I'm sorry. [chuckles]

Griffin: I never got any toys.

Rachel: I saw that in the background of one of his photos. Did he go out and buy himself another one?

Griffin: He got another Ewok Village playset.

[Rachel laughs]

Griffin: He's incredible.

[Rachel laughs]

Griffin: He's an incredible man. He's a remarkable, remarkable man.

[Rachel laughs]

Griffin: [chuckles] History will remember him for being an incredible man.

Rachel: [chuckles] This next message is for... Spooky Samantha.

Griffin: Oh [chuckles], they got you with that one, didn't they?

Rachel: It is from Dungeon Master James, the third of his name.

Griffin: Okay.

Rachel: "You're in the dark labyrinth, exits—"

Griffin: Can you give me like a DM voice?

Rachel: [dramatically] "You're in a dark labyrinth."

Griffin: [whispers] Oh, shit.

Rachel: [dramatically] "Exits to the west and northeast. Suddenly a hug bear appears before you and borks, 'Aho, I love menacingly.' Your inventory contains my heart, a ring, a plus one marriage and a rusty dagger. What do you do? Roll with happiness."

Griffin: That's a very sweet message. Also, Rachel's voice gave me ASMR just, I think, for the first time ever.

[Rachel laughs]

Griffin: And I don't really understand what that sensation's all about, but I— I guess we'll look into it. I also don't know if that's another proposal that we've had on our show or not, but if it is, let us know about it. [chuckles]

Rachel: Congratulations Spooky Samantha and Dungeon Master James, the third of his name.

Griffin: Yeah.

Rachel: If so.

Griffin: Well done. And if not, sorry for making it, weird I guess, but the details there are a little cryptic. You know, it says your inventory, so I think they already have the ring.

Rachel: There you go. There you go.

Griffin: I think we're— I think it's a— yeah.

[ad break]

Griffin: What's your second thing though?

Rachel: My second thing, and this is— this is something that's kind of evolved over time.

Griffin: Okay. Pikachu—

Rachel: My second thing is leftovers.

Griffin: Oh, I love that show. I didn't quite understand what happened in the last season, 'cause I didn't watch it.

Rachel: Griffin, the food leftovers.

Griffin: Yes, I think I know why you're talking about this.

Rachel: Because we had really great leftovers today.

Griffin: We sure did.

Rachel: Griffin made pork tonkatsu last night.

Griffin: With Japanese curry and rice.

Rachel: And it was delicious.

Griffin: And it was fucking great.

Rachel: And he made a whole bunch. And so we had lunch today and it was so good, especially like I was doing some research on leftovers and things like curries get so much better with time.

Griffin: I was gonna bring— I thought about bringing curry, but I didn't know that I— First of all, like there's Japanese curry and then there's obviously like Indian and Thai curry, there's a lot of different types of curries out there—

Rachel: Yeah.

Griffin: — so I didn't really— But curry rules, it's so easy to make, at least Japanese curry. You get like the roux blocks and you—you make it yourself.

Rachel: Yeah. See, I— I feel like that's probably kind of a cheat. Kind of a cheat.

Griffin: Yeah, maybe. But it's— it gets spicier and more flavorful when it becomes leftovers.

Rachel: Yeah. Yeah, yeah.

Griffin: It's wild.

Rachel: Yeah. So leftovers, I did some research 'cause Griffin and I are kind of notorious that if we don't eat leftovers within 24 hours, we are not gonna eat them.

Griffin: Nope.

Rachel: But here's the thing, from the Mayo Clinic, leftovers can be kept for three to four days in the fridge.

Griffin: No, no.

[Rachel laughs]

Griffin: Thank you. Mayo Clinic, I appreciate it. I feel like maybe you're in the pocket of Big Mayo, so you like you want me to eat the, you know, old sandwich that I have in my refrigerator four days after I fucking made it, but no Mayo Clinic, I think I'm all right. Four days?

Rachel: That's what it says.

Griffin: You— you—

Rachel: Three to four days.

Griffin: I made lasagna on Monday, it is now Friday—

Rachel: I think pasta's one of those good things, for sure. Like pasta—

Griffin: No way!

Rachel: You can definitely eat that a few days later.

Griffin: Oh my god.

Rachel: 'Cause it's been cooked and like there's no like, you know, leafy greens or anything in there that are gonna wilt.

Griffin: I never let my opinions get in the way of scientific fact, but fuck the Mayo Clinic on this one.

[Rachel laughs]

Griffin: No way four days.

Rachel: I... I know that Griffin is m— more, strict on this than me, so a lot of times I will turn to him and ask if I should eat something, 'cause if he says no, then I— I trust his judgment.

Griffin: There was one time where we had a loaf of bread, like a nice loaf of bread, I think from the farmer's market, that was in the fridge. And there was some mold on some of the pieces.

[Rachel laughs]

Griffin: And you wanted to eat bread off the other side of the loaf. And we'd had it in there for a week and a half, maybe two weeks.

Rachel: It was not two weeks, you stop.

Griffin: It was. It was. It was—

Rachel: It was not two weeks.

Griffin: It was ancient. It had become— it was not ancient grains when it went in, it became ancient grains—

[Rachel laughs]

Griffin: ... and Rachel was like, "Can I eat this— this bread on this side?" And I was like, "Why risk it? You've got to— you don't risk it for that biscuit, because that bread has become a biscuit, 'cause it's older than I am."

Rachel: [chuckles] So here's some other information. Perishable food should never be left out of refrigeration for more than how long?

Griffin: Four hours?

Rachel: Two hours.

Griffin: I doubled it. [chuckles]

Rachel: It says this is true even if there's no meat products. Food borne bacteria that may be present on these foods grow fastest in the quote "danger zone," which is temperatures between 40 degrees and 140 degrees.

[Griffin laughs quietly]

Rachel: And can double in number every 20 minutes.

Griffin: You wanna hear something fucked up?

Rachel: Yeah.

Griffin: When— you referencing a food danger zone reminded me of the food handlers license. I don't know if you had to like get that when you worked at the—

Rachel: I didn't.

Griffin: Where did you work? Did you work at Barnes & Noble? Or—

Rachel: Yeah, I worked at the coffee shop in Barnes & Noble. There wasn't a lot of food to handle.

Griffin: I worked at a TCBY, where I don't know if I was supposed to get one there or not, but then I worked at the movie theatre in Huntington.

Rachel: Oh, yeah, yeah, yeah.

Griffin: And Travis worked there before I did, and he worked concessions and I worked concessions mostly. He had to— he complained about like having to get his food handlers license to work concessions. And I worked there for like a summer, and the topic was never broached with me.

[Rachel laughs]

Griffin: So, I don't know if they were like, "Ugh, it's too much trouble. It's just fucking popcorn, don't worry about it." So, I don't know what the danger zone is or how long food—

[Rachel laughs]

Griffin: — is allowed to stay in there. I thought four hours, but I guess I was wrong.

Rachel: No, two hours. So I— I did a little research also on the history of leftovers, which is probably not gonna be a big surprise to anyone. This is from an Atlantic article called *The Economic History of Leftovers*. The Great Depression helped to usher in the golden age of leftovers. Americans at that time were spending 40% of their income on food.

Griffin: During the Great Depression?

Rachel: Yeah.

Griffin: Yeah, I would imagine, 40% even seems low to me.

Rachel: Yeah.

Griffin: They were all kind of in survival mode back there.

Rachel: By the '60s, the— the leftover craze was starting to kind of wane. A big reason was that Americans were more financially secure and there was this idea of, you know, like if— if you were— if you had means—

Griffin: Yeah.

Rachel: You know, you— you shouldn't need to save your previous meal.

Griffin: I'm gonna ask a really dumb question.

Rachel: Okay.

Griffin: That I have. You could say— you could say any year before 1975 and I would believe you. But when was the refrigerator invented?

Rachel: Uh...

Griffin: 'Cause I would think that has something to do with this, right? 'Cause where are you gonna put your freaking leftovers?

Rachel: Uh... 1939.

Griffin: In 1939? I'm gonna say... I'm gonna say 19— I'm gonna say 1948.

Rachel: Okay.

[Griffin laughs]

Rachel: What is it, like 1908?

Griffin: 1834. [laughs] I was off by— we were both off by a fucking century. [laughs] Oh my god.

Rachel: Ah, that's embarrassing.

Griffin: Oh, man. Oh, shit. Okay, oh, wait, wait, wait. Okay, the first—

Rachel: When— when were they like in homes?

Griffin: Yeah. The first commercial ice making machine was invented in 1854. In 1913 refrigerators for home use were invented. Okay. So, we're not that bad. Vapor— vapor compression refrigeration systems were invented in 1834.

Rachel: Okay.

Griffin: So that's when the tech was invented. But it's like computers, how computers used to be like the size of like a— an Amtrak train, and then—

Rachel: Yeah, yeah, yeah. Exactly.

Griffin: Oh, shit, though.

Rachel: All right [laughs]. So by the '60s Americans were only spending 25% of their incomes on food. and people, you know, were also kind of going through what— what I think we go through, which is like, "Oh, we don't really wanna box up all this food and have to prepare it again, or do I just wanna throw it away?"

Griffin: Yeah.

Rachel: Today Americans spend just over 10% of their incomes on food.

Griffin: Hmm.

Rachel: But more Americans are becoming aware of the externalized cost that go into food, from water to fuel, to transportation, so there's been kind of a— a surge in— in leftovers again. Just kind of knowing...

Griffin: That—

Rachel: That we are globally—

Griffin: What— what greedy, greedy folks we are—

Rachel: Yeah.

Griffin: — for the sort of resource wise. Yeah, totally. I think we do usually try to eat our leftovers. And working—

Rachel: Yeah, can we— can we talk about our favorite leftovers?

Griffin: I mean curry's my favorite leftover hands down.

Rachel: Yeah.

Griffin: Because, again, it gets— it— the longer you let a curry like stew for the most part.

Rachel: Mm-hmm. Incredible.

Griffin: As long as you don't burn it, like you do develop more flavor in it, and then for whatever reason you throw that shit in some Tupperware overnight and then you microwave it the next day and it is like twice as good.

Rachel: Yeah.

Griffin: It's like twice as flavorful. Curry rules.

Rachel: I like chili.

Griffin: Chili is, yeah, any s—

Rachel: I like pasta.

Griffin: Most soups, like—

Rachel: I like pizza.

Griffin: Pizza is not— Pizza's a five out of 10 for me. It never is as good. And please god, don't tweet at me like, "Put it in a waffle iron." I don't need to hear that shit. Like—

Rachel: [laughs] Yeah, Justin McElroy has told us that enough.

Griffin: I know there's ways. There's fucking necromantic rituals you can cast—

[Rachel laughs]

Griffin: — over the fucking pizza box to get it back, but I'm— I'm— I'm busy.

Rachel: Mm-hmm.

Griffin: What else? I mean like fried chicken is good 'cause you don't even have to heat that up.

Rachel: Mm-hmm.

Griffin: I'll— I'll go at that cold.

Rachel: The things that are hard for me are the things that have like a more prominent produce piece to it. Like whenever things start to like wilt or get gushy.

Griffin: Yeah.

Rachel: Like I don't know how to handle that.

Griffin: And then anything with like bread is bad. Like a hamburger, done, through it— put it away. French fries— a hamburger, 'cause the bun. Maybe of you take the meat off and then heat that up separately and then put new—

Rachel: Yeah. Yeah.

Griffin: — bread on it, but like, and then french fries I— or like, restaurant french fries, you can— they're barely good when you're in the restaurant.

Rachel: No. As soon as they start to get cold, they're not good.

Griffin: No way. They're dead. There's also some foods that like I just can't eat twice in a row. Like big heavy cheesy spicy foods. I will— we will have that for dinner one night and then I'll look—

Rachel: Yeah.

Griffin: — at it for lunch like, "If I have you twice in a row, I'm done."

Rachel: I don't know how to do stuff like fish either. Like I wouldn't know how to—

Griffin: Fish I would still get— get down with.

Rachel: Would you microwave it though?

Griffin: Uh... no.

Rachel: See.

Griffin: I don't know what I'd do, that's a good point.

Rachel: Yeah.

Griffin: I don't think I've ever had leftover fish though.

Rachel: Yeah.

Griffin: I think the only time I've ever cooked fish was a Blue Apron, and then I just— no, that's not true. I would make tilapia, but then you'd do it yourself. Anyway, leftovers are good.

Rachel: I— I did not really enjoy them, but as I get older, especially since I'm like going to work the next day, I appreciate being able to bring a little meal with me that I know is gonna be super tasty.

Griffin: I also like leftovers when they are with meals that I cooked, 'cause I can like sort of— and— and that you cooked, right? 'Cause I can kind of quality control it. I don't think I would eat somebody else's leftovers. Is that weird? If I went over to a friend's house and they had made dinner the previous night.

Rachel: Oh.

Griffin: And they were like, "Do you wanna eat some of this leftover ravioli I made last night?"

Rachel: Yeah, that might be kind of weird.

Griffin: That would be weird, 'cause I don't know what you did to it the first fucking time.

Rachel: Yeah, yeah, yeah [laughs].

Griffin: And I cannot guarantee that when you revive it—

[Rachel laughs]

Griffin: Do you know what I mean?

Rachel: Yeah, I do.

Griffin: Do you wanna know my second thing?

Rachel: Yes.

Griffin: So, I've kind of talked around my second thing. I have talked about things that are somewhat related to it, but it was a thing— I was just trying to think of like what's a big thing that I'm very excited about? And then I thought about tomorrow, Rachel and I are going on a movie date, and I realized I've talked about sort of s— summer blockbusters and I've talked about, you know, specific movies here and there, but I've never talked about going to the movies.

Rachel: Oh, that's nice.

Griffin: Going to the movies is good. Going to the movies is really good. Oh, I also talked about midnight releases. That's sort of a— a edge case going to the movies, it's sort of a physical endurance challenge going to the movies. It doesn't always have to be like that. Sometimes you just go to the flicks. Which is what I call movies sometimes.

[Rachel laughs]

Griffin: I have— I— I numbered them for some reason, but I have facts about movies, and by facts I mean opinions that I believe about going to the movies.

Rachel: Okay [laughs].

Griffin: Things that are good about going to the movies.

Rachel: Can I ask you a question before you start? When you worked at a movie theatre, did that lessen any of it for you?

Griffin: No. For several reasons. One, I stole a lot of concessions and s—

Rachel: But how— I feel like that would ruin it for you, because you—

Griffin: No, no, no.

Rachel: — ate so much of it.

Griffin: Oh, you misunderstand, it's all very good.

Rachel: Okay.

Griffin: And I can— yeah, so like, yeah, a lot of popcorn. We would— I've talked about this so many times.

Rachel: The trash bag of popcorn.

Griffin: The trash bag we'd bring back to my apartment and dump Nutella in and just go— go at it.

[Rachel chuckles]

Griffin: But then like you could go— you could go to movies for free, and so I was going to more movies than I ever had in my entire life. Movies that I didn't even especially wanna see, but they were free and I could get free popcorn. So, hell yeah. And I found like one little candy machines that the knob was loose on, so I could turn it.

Rachel: Oh my gosh, Griffin.

Griffin: Like one of those 25 cent candy machines, so I could turn it and fill up a Dixie Cup with free candy and go see my free movie. It was dope.

Rachel: Oh gosh.

Griffin: I got very into movies then. So, going to the movies is good. There's a lot of reasons why. One, you get to see a new movie, and that's very exciting. Going to see a new movie is very exciting. Doesn't even have

to be like the biggest movie that you're most excited about. Like knowing that like you are among the first people to see this new creative work of art is— is very cool, right? Like tomorrow we're going to see *Mission: Impossible – Fallout*. I've had a lot of people tell me it's very good. I'm excited to go see this new movie that's onl— it's like a week old. It's a newborn baby, we're visiting it in the movie hospital.

[Rachel laughs]

Griffin: And seeing it alongside a bunch of people is also very neat. When you see like a funny movie and everybody's like laughing at the same time, or a scary mo— Scary movies are my favorite in theatres, 'cause when people like yell when it gets scary and you yell alongside them, that's a nice bonding moment with everybody, isn't it?

Rachel: It is, yeah.

Griffin: And I also just sort of enjoy the tactile feeling of being in a movie theatre, which is to say we live in Texas and it's always 100 to 200 degrees here, and just being in a dark air-conditioned room for two hours is really nice.

Rachel: Yeah, especially with these like new fancy chairs that they have in all the theatres. Like I feel like every movie theatre has significantly upgraded their chair situation.

Griffin: I mean I know they have at the Alamo Drafthouse.

Rachel: No, and in a lot of other theatres too.

Griffin: But the— a lot of other theatres have like those stadium style seats.

Rachel: Yeah.

Griffin: That are... that are very nice. but also like a theatre smell. The theatre smell is good.

Rachel: I know, I do like the theatre smell.

Griffin: Have you ever been in a stinky theatre? I don't think you have, because you have to be in there for two hours and you don't want a stinky hang zone for two hours.

Rachel: I mean it— sometimes it'll just smell like soda and popcorn, which is not a bad smell for me.

Griffin: Which is great, yeah.

Rachel: Yeah.

Griffin: It's a very good smell. And there's something about being in that dark, cold, good smelling room where there's a big movie in front of you that is very like... People talk about like works of artists being transportive, and I think that's very true. Especially movies, right? Like I love sitting in front of a movie and having to dial into it, because there's fucking nothing else to do.

Rachel: Yeah.

Griffin: Especially Drafthouse, like you can't pull out your fucking phone. Like you have nothing but the friends on the screen in front of you, you have to watch.

[Rachel laughs]

Griffin: And so you get very sucked in and very transported by the— by the movie.

Rachel: I also kind of love how loud it is.

Griffin: It's really loud.

Rachel: It's really very loud [laughs].

Griffin: So you get transported by the movie, especially if it's one of the *Transporter* movies starring Jason Statham, and—

Rachel: [laughs] One of the *Transporter* movies, is that what you said?

Griffin: Yeah, he's made like four *Transporter* movies.

Rachel: That's great.

Griffin: Have you seen any of those?

Rachel: No.

Griffin: Oh, Rachel, they own bones.

Rachel: Yeah.

Griffin: So he drives this car and he like delivers shit basically.

Rachel: Yeah, yeah, yeah.

Griffin: And there's— people are always out to get him, but he's a really good driver. There's a scene where somebody puts a bomb under his car and he doesn't know about it until he's already driving, and so he hits a ramp and flips it and he goes under a crane and he knocks the bomb off the bottom of the car using the crane.

Rachel: Where's the merchandising in that I wonder?

Griffin: It doesn't all have to be about— it can be about the art.

Rachel: Okay [laughs].

Griffin: The movie kicks ass, dude. But yeah, having to dial into this sick ass Jason Statham movie and being in this like cold, dark room that smells different from the place that you usually are, and then walking outside—

Rachel: Oh, I know. That's nice.

Griffin: Every time you do that, it's like, "Whoa." It's nice wh—

Rachel: In the summertime.

Griffin: In the summertime it's gotten a little bit later, it's a little bit cooler outside than it was when you went in maybe.

Rachel: But still like warmer than the theatre.

Griffin: But still warmer than the theatre, so you get that nice blast of— of nice warm air. And then like you're out of the— you're out in the real world again, and you realize like, "Oh, I just wasn't in the real world for a long time." That's really cool.

Rachel: Mm-hmm.

Griffin: And then also if you're like going there with a friend, you get to have like— And I used to not enjoy this, but you have like a talk with them about the movie that you just saw.

Rachel: Yeah.

Griffin: And if you both agree about the movie, it can be fun. And then if you disagree about the movie, it can be an argument that you and your family have at Applebee's for an hour and a ha— Ooh, I mean wait, what was I saying?

[Rachel laughs]

Griffin: We went and saw *The Village*, the M. Night Shyamalan flick—

Rachel: Uh-huh.

Griffin: — and, I can't honestly remember who was on the pro side and who was on the con side.

Rachel: What side were you on?

Griffin: I know I was on the side with Justin, my mom and my dad. Travis was on his own little island. I think he... I think he like... I don't remember. I don't wanna discredit Travis.

[Rachel laughs]

Griffin: But he was— he was— I think he was ultimately on the right side of history on that one, but anyway.

Rachel: And so it was just all of you against him in that Applebee's?

Griffin: Yeah, I think we were all like, "It's a great movie." And Travis was like, "It's not good." And now that I'm, you know, much older, I— I can see where he— he made a lot of good points.

Rachel: Mm-hmm.

Griffin: And going on a date at the movies is also so good, especially if it's like a first date.

Rachel: This used to stress me out when I was younger.

Griffin: That's what I'm saying. It's a very low pressure situation, unless you are in potential first time hand holding scenario, and then it is the most stressful.

Rachel: Yeah.

Griffin: It is fucking Thunderdome.

Rachel: I have enjoyed them a lot more as I got older, but when I was younger there were just all these expectations of like are you— what are you expecting in this? Is this like supposed to be some kind of... some kind of handsy time that I am not ready for?

Griffin: And you can't talk. You can't like discuss it, right?

Rachel: Yeah, yeah.

Griffin: I mean that's probably why it's not a great place—

Rachel: I love the idea though of young couples standing out in the lobby and saying, "All right, we're gonna go in there... What are your feelings on hand holding?"

Griffin: But it— that ruins it.

Rachel: "What about smooching?"

Griffin: Did you ever have that experience of like sitting there and like inching the hand over and over like, "Uh-oh, maybe this'll— Now we're touching pinkies. We're touching pinkies. We got pinky touch!"

Rachel: [laughs] No. No. The only experience I had was in high school I went on a date to see *Batman Forever*.

Griffin: Oh, hell yes.

Rachel: And the gentleman put his arm around me.

Griffin: [quietly] Oh no [laughs].

Rachel: and it was very, very uncomfortable for both of us, because obviously— and we talked about this before, like there's no comfortable way to like s— keep your head and neck in somebody's armpit for that long.

Griffin: We haven't talked about this before on our show, I don't think.

Rachel: No, but we've talked about this as— as loverS [laughs].

Griffin: Rachel hates having arms put around her. It's the truth.

Rachel: [laughs] It's so uncomfortable, I can't put my head anywhere that feels natural.

Griffin: Some people like it. but yeah, I totally know what you're saying.

[Rachel laughs]

Griffin: So—

Rachel: Anyway.

Griffin: Anyway, and also trailers are good. Like I still do like a good trailer.

Rachel: Yeah.

Griffin: Even when the movie is— if the trailer is bad or for a bad movie, I still enjoy it, because it's usually short and like entertaining enough.

Rachel: I like it too when the trailer's— I mean and they probably always do this, are kind of tailored to the audience they think that is seeing the movie.

Griffin: Oh, it— it always is. It's— it's—

Rachel: It's— it's like funny to kind of figure out kind of who they think is there [laughs].

Griffin: Yeah, for sure. But even if a trailer is bad and it looks like the mo— movie's gonna be bad, it still does you the service of letting you know that you don't have to care about that movie. I just— I love every part of going to the movies and, I worked there as a summer job. I worked at a— a sort of new, big, multiplex in downtown Huntington, when I was, I believe, 19 years old. And it was a very exhausting job actually. I have a lot of respect for people who work at the movies, because you are on your feet literally non-stop. You do— you— you do not get a break.

You have to work like holidays and shit, because a lot of people come to the movies on— on Thanksgiving and New Years Eve and stuff. And like ushers have to touch the grossest imaginable shit, ticket takers— Ticket taking was secretly like my least favorite job, 'cause you were just standing there for your whole shift basically, and it got really, really boring and really, really exhausting.

Rachel: Yeah.

Griffin: But I— I— it— like you asked about earlier, like it did not lose the magic of going to the movies for me, because I— I think it's like a really one of a kind experience.

Rachel: That's honestly true. Everybody I know that has worked in a theatre has left that position still really appreciating movies.

Griffin: Yeah. So I'm excited to go see the *Mission: Impossible* with you, so I hope to see some cool stunts and some big cars.

[Rachel laughs]

Griffin: But do you wanna know what our listeners at home were excited about?

Rachel: Yes.

Griffin: This one was sent in by ei— either Rian or Ryan, I apologize. "My partner and I went camping this weekend and it was so lovely. We wanted to do something with our fire pit, but neither of us like s'mores," which is unbelievable.

Rachel: I get not liking them for the mess factor, but the taste is sensational.

Griffin: Un— unbeatable. "So, we bought a pack of Tostino's Pizza Rolls and roasted them over the camp fire."

[Rachel laughs]

Griffin: "It was next level." It is, yeah, I've never been to that level, so I don't know if it is a— a— above me or below me, but it is next in some— I bet it's probably pretty good. I don't know how you guarantee that it doesn't destroy your mouth skin inside your mouth.

Rachel: Yeah, good point. You have no idea what that internal temperature is.

Griffin: No fucking clue. At least in a microwave you can have some sort of guarantees that scientists have— [chuckles]

[Rachel laughs]

Griffin: — figured out how many watts of pure micro power it takes to get these to an edible temperature. Rebecca says, "My favorite souvenir experience of all time is collecting souvenir pennies. The excitement of finding a penny machine and actually having enough quarters is a feeling only matched by deciding which design to pick."

Rachel: Oh my gosh!

Griffin: You know, these things where you like crank the wheel.

Rachel: Yeah.

Griffin: If you're gonna receive one of them, you put, I think, two quarters and a penny into a machine, then you choose a design by like spinning a little wheel to decide like what you want it to be.

Rachel: Yeah.

Griffin: And then you—

Rachel: And then it flattens it out.

Griffin: And you crank a bigger wheel and it flattens— here's my question. Is this not destruction of US currency? Like isn't that— is that not a—

Rachel: Yeah, like if you got pulled over and had a bunch of souvenir pennies, would you go to jail [laughs]?

Griffin: I don't know. I don't think pennies anybody really cares about anymore. But still. But I do—

Rachel: What if you like flattened out a \$100 bill, like even flatter [laughs], and put another like—

Griffin: Whoa, babe.

Rachel: — like another picture on there?

Griffin: Yeah, for sure. [imitates inhaling deeply and coughing] Yeah.

Rachel: Stop it [laughing].

Griffin: Here's one from Jenna who says, "Something I find wonderful is cleaning my glasses. They can get nasty by the end of the day, so I find it super refreshing to take my special lens wipe and spray bottle and clean them each morning when I wake up." This is like the best thing that Rachel does for me.

Rachel: This is— Yeah, this is something that I started doing for Griffin when we first started dating, is I would take the glasses off of his face and clean them when I could tell they were smudged.

Griffin: Yeah. I kind of... I kind of just like can't tell when they're dirty. And I know I should be able to, but like it doesn't even—

[Rachel laughs]

Griffin: —sink into me that they're dirty. And like these days like they are—

Rachel: Almost constantly.

Griffin: — our son's—

Rachel: Yeah.

Griffin: They are our son's most favorite grabbable object in the house. And so they are just always smudged and dirty, and so— But I think it's a really affectionate thing that you do. Like I really feel a lot of affection—

[Rachel laughs]

Griffin: — towards you, because it's such a nice little— little like kind gesture that you do—

[Rachel laughs]

Griffin: That I can't do for myself [chuckles] 'cause I'm a child. But anyway, thank you for listening to *Wonderful!* I hope that you enjoyed it. I sure did. Didn't you?

Rachel: I did.

Griffin: Okay, good. Phew. I wanna thank bo en and Augustus for the use of our theme song “Money Won't Pay”. You can find a link to that in the episode description. And, hey, thanks to Maximum Fun for having us on the network. what's up with Maximum Fun? Like what's— what is it? I don't know any— I really don't know anything.

Rachel: it is a network of artist owned podcast that you can enjoy both in the comedy sense and in the culture sense.

Griffin: All right. Do they have any other shows, or just ours?

Rachel: They have other shows like *Pop Rocket*, if you're interested in culture, let's say.

Griffin: Yeah.

Rachel: If you're interested in comedy, you could check out the *Beef and Dairy Network*.

Griffin: I like both beef and dairy.

Rachel: So you can head over to maximumfun.org to access all the cool products and podcast.

Griffin: They have cool products too?

Rachel: They do, yeah. You can buy merchandise.

Griffin: Cool. And, yeah, we have other shows too that our family do do.
That our family do?

Rachel: That our family do [laughs].

Griffin: It's—

Rachel: Mcelroyshows.com.

Griffin: Yeah. And I think that's it. And I have one more podcast to record this week, and I don't know that I'll be able to do it, babe. I do not think my c— my— my strained, p— plagued, beleaguered vocal cords are gonna allow me to create.

Rachel: You just take a load off those cords, dude.

Griffin: I can't. I can't, 'cause after this I've got to go outside and yell at some birds.

[Rachel laughs]

Griffin: It's fucking Wednesday night, you know it's time for me to yell at some birds.

Rachel: I know, yeah, that's true. That's true.

[outro music plays]

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[ad break]

