

Wonderful! 245: Ballistic Properties of a Tootsie Roll

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[theme music plays]

Rachel: Hi, this is Rachel McElroy.

Griffin: Hi, Rachel! I'm Griffin McElroy.

Rachel: And this is *Wonderful!*

Griffin: [clicks tongue] I'm feeling flirty this episode! [clicks tongue]

Rachel: See, this is an unfair advantage you have.

Griffin: Why is that?

Rachel: Whenever you make some kind of content in the morning you come into the studio, like, super jized, and I'm like, "Oh, um, hi. I—I also make podcasts."

Griffin: You know, we're recording this right after me and the bros streamed some *Fortnite*. And so, like—

Rachel: Amped!

Griffin: —my situational awareness, my reflexes, my competitive instinct, honestly, are at their absolute zenith right now.

Rachel: I know. It's a weird energy to bring to a podcast with your lover.

Griffin: It—but it could be fun, right? You just need to—you need to be able to harness it.

Rachel: Oh.

Griffin: Like, do you know what I mean?

Rachel: Okay.

Griffin: Like, I'm going to bring this energy no matter what. I can't not put it all out there, like, on the field, 100% of the time. Um, so I guess it's your responsibility...

Rachel: Oh! Wow.

Griffin: ... to harness the lightning...

Rachel: [laughs] I don't think—isn't it notoriously hard to do that?

Griffin: To harness lightning?

Rachel: Yeah.

Griffin: Well, Ben Franklin did it with a frickin' key.

Rachel: Okay.

Griffin: Back in the caveman times!

Rachel: [laughs]

Griffin: This is *Wonderful!* A show where we talk about things that we like, things that are good, things that we are into, things that make us feel things, for once!

Rachel: [laughs] Wow.

Griffin: In our lives. Do you have a—do you have one? Do you have a small wonder?

Rachel: Oh, man. I just like the neighborly hospitality we've experienced.

Griffin: Outrageous!

Rachel: Like, we have never lived anywhere where we have known our neighbors, and we always took responsibility for that. We're like, "Well, we're not going out and introducing ourselves."

Griffin: Yes.

Rachel: Like, we're not being friendly enough. We didn't realize there are communities where the neighbors come to you.

Griffin: They come to you and they bring you cookies and baked goods!

Rachel: [laughs] Uh-huh.

Griffin: And it's good, it's great!

Rachel: And, like, willingly give their contact information. Like, "Here, I know I just introduced myself, but here's how you can reach me at any time."

Griffin: Yeah!

Rachel: It's been incredible.

Griffin: It's been really fun. Our neighborhood absolutely kicks ass. Um, ba-da-ba-ba-ba, loving it. Um, what do I got? I don't know that I have—I've been writing a bunch of music again for TAZ for this new season that Justin's running, Steeplechase, and I am... uh, exploring some new genres, and a lot of—uh, a lot of brass. A lot of brass work.

Rachel: Uh-huh.

Griffin: And I am... head over heels. I'm having so much fun with it.

Rachel: How do you know—as somebody who does not compose music, I'm curious how you know when you're finished.

Griffin: Uh, I—I—I mean, I've been doing it for a while, and so for me it—

Rachel: It just seems like you could tinker forever.

Griffin: Yeah. It comes down to, like, recognizing when I'm approaching the point of, like, overcrowding the song.

Rachel: Yeah, okay.

Griffin: And honestly, usually I will remove an element or two at that point, and then just try to, uh, polish up what's already there so that it sounds like the best it possibly can. Which was not anything I ever did until a couple years ago, I think. Uh, I got that—I did that monthly class about music production with, I think, Andrew Huang.

Uh, and learned about, like, you know, mastering, and actually balancing out the audio for all your different tracks and stuff like that. So I don't know. Since I learned that, I kind of have just a few core components that I know go in every song, and then I'll add a little—a little splash here and there, and then I'll try and stop.

But yeah, it's a new—it's a totally new genre that I have not messed with before, and it's so much fun to goof around with. And I think that season's gonna start next month, so, uh, you'll hear it sooner rather than later. 'Cause we're... halfway through? More than halfway through September.
[hisses]

Rachel: Yeah, I know, right?

Griffin: Wild. Um, you go first this week. What do you got?

Rachel: So, this is something that I'm sure we have talked about in various capacities, but to my knowledge we have not done an entire segment on it.

Griffin: Okay?

Rachel: Um, and thank you to the folks that run Wonderful.fyi, because as of this morning it was updated.

Griffin: Thank you all. We really do appreciate you.

Rachel: Last week we were like, "What's going on?" And then, man, they—like little elves, just right away.

Griffin: Well, that's a pretty, uh...

Rachel: [laughs] Okay. Like magical—

Griffin: Insulting—like, magical... uh, artists.

Rachel: Yes. [laughs]

Griffin: Data artists.

Rachel: Uh, so thank you for that.

Griffin: Thank you so much.

Rachel: Uh, it gave me confidence to talk about my topic this week, which is breakfast!

Griffin: That's... yeah, man. Yeah! For sure! The meal or the genre, right? 'Cause break—

Rachel: It's a little of both, right?

Griffin: Okay, okay.

Rachel: Like, for me, I don't eat a substantial breakfast every day. Some days I skip it entirely. But I will say, like, the weekends I get really excited.

Griffin: That's breakfast country, baby! Yeah!

Rachel: I get really excited when it's, like, I have time to dedicate to the art of breakfast today. And then also the food, man! So much of it.

Griffin: There's a lot of it. [sighs]

Rachel: I love a bagel.

Griffin: Yeah.

Rachel: Um, I also like a heavier, like, bacon and eggs situation.

Griffin: I love a—I love a, like, a farmer's breakfast.

Rachel: I love, like, a yogurt with a granola, and a cereal.

Griffin: Yeah.

Rachel: Yeah.

Griffin: That, I'm into. I—I—I've gotten really into toast.

[pause]

Rachel: [laughs] You drug that out just long enough that I thought you were gonna say "toes" for a second. [laughs]

Griffin: I've gotten really into toezzz... t.

Rachel: [laughs]

Griffin: I mean, there was that one, like, four month period when I was living in Chicago and was just sick to my stomach every day for some mystery reason I never solved, and I just ate toast a lot, and so my love affair really began there. But I've just had so much good toast!

Rachel: What are you putting on toast?

Griffin: Jam. Strawberry jam, for the most part.

Rachel: Huh.

Griffin: Or if the—if I'm having egg, am I having meat, I like a toast there with it, too, to kind of be, like, a little—like a barge that all the other breakfast friends can ride on.

Rachel: Or like an extra utensil, you know?

Griffin: Or like an extra utensil.

Rachel: Yeah.

Griffin: That's fun!

Rachel: That is fun.

Griffin: That's just fun.

Rachel: Uh-huh. Uh, so I wanted to talk a little bit about, like, just kind of the whole concept of breakfast, specifically in, like, the western sense.

Griffin: Okay.

Rachel: Uh, because as anyone who has traveled significantly will realize, like, people do breakfast different ways.

Griffin: In wildly different ways.

Rachel: All over the world. Like, Americans are pretty different, I would say, than most of the world when it comes to breakfast. Um, so is breakfast the most important meal of the day? What do you think?

Griffin: No.

Rachel: Yeah, that's true. [laughs] It was apparently started 1960's, there was an American nutritionist that suggested to be healthy, one should, quote, "Eat breakfast like a king, lunch like a prince, and dinner like a pauper."

Griffin: [simultaneously] "Lunch like a prince, and dinner like a pauper," yeah.

Rachel: How do you—

Griffin: They say that on UID.

Rachel: [through laughter] Oh, okay!

Griffin: Like, they say it on—oh yeah, dude. And they have been saying it for almost a decade now.

Rachel: I've never heard that expression before.

Griffin: I didn't know the origins of it. I just knew that they said that nonstop. That's funny that that's what that comes from.

Rachel: Uh, mostly when they've done research to figure out to figure out, like, how important is breakfast, the only thing they can really say is that a lot of people that skip a meal miss out on nutrients.

Griffin: Are you telling me that the person who said the thing about breakfast like a king, et cetera, was a nutritionist?

Rachel: Yes.

Griffin: Who was li—that seems like a *wild*... wild statement for someone is, like, a nutrition expert to say, right?

Rachel: Well, I mean, I think the idea generally is that, like, your meals should be of decreasing size as the day goes on, which is not an unusual concept.

Griffin: It is to me! Dinner's great! Are you kidding me?!

Rachel: But eating—as you know, eating a big, heavy meal before you go to sleep is not always the best thing for your body.

Griffin: Well, no, no. I mean, it gives me the—the nightmares. For sure!

Rachel: [laughs] Yeah?

Griffin: But I mean, I'm not, like, hittin' up Applebee's and getting their big skilletts, like, every—every weeknight, you know?

Rachel: That is—that is true in the sense, like, when I was reading about it a lot more people are willing to minimize breakfast than dinner. Dinner's, like, where you really—you're, like, looking forward to the big...

Griffin: Yeah.

Rachel: The pomp and circumstance.

Griffin: By five PM hungry, like, so far outweighs my, like 10:30 AM hungry. Like, it's—it is not even close.

Rachel: [laughs]

Griffin: I think it's 'cause I know that lunch is right there. Uh, like, I had a little breakfast this morning at, like, seven. And it's, uh, a good four and a

half hours after that. I'm pretty hungry, but I also know that my friend lunch...?

Rachel: Yeah, that's true.

Griffin: My friend lunch is coming!

Rachel: That's true! Uh... [laughs] but we're not here to talk about lunch, Griffin.

Griffin: Yeah. *Fuck* lunch!

Rachel: Uh, okay. So—so, yeah. Basically go ahead, skip breakfast, but make sure you're getting your—

Griffin: I mean, eat breakfa—eat—wha—do—do what you wanna do. We're not gonna tell you to skip breakfast.

Rachel: [laughs quietly] Well, I—

Griffin: You're here talking about breakfast!

Rachel: In the studies, the people that skip breakfast often fall short on things like folate, calcium, iron, and then your various Vitamins: A, B, C, D.

Griffin: Dude, breakfast is also fiber time, baby. You are missing out on premium fiber, like, journeys that you could be going on in the morning.

Rachel: Yeah, so that's—anyone that's listened to Sawbones in particular would be familiar with Kellogg, who started the whole idea of cereal, and it was, like, basically this really ridiculous kind of, uh... what is it? Puritan notion of, like, people should be eating bland food to help their digestion.

Griffin: Yeah, like, the—

Rachel: Like, to keep their thoughts away from... [holding back laughter] impurity.

Griffin: Spiritual colonic experience, yeah, for sure.

Rachel: Uh, but I was interested in bacon. I didn't really realize the kind of, uh, the marketing approach of bacon.

Griffin: Huh. Yeah.

Rachel: 'Cause you picture it as this, like, farm—like you said, like a farm breakfast. Like, people that were gonna go, like, out and do work early in the morning would have these big, heavy breakfasts.

Griffin: Right.

Rachel: Uh, but it was actually 1920's Beech-Nut Packing Company wanted to get more people to eat bacon. Uh, Beechnut was a producer of chewing gum, peanut butter, and ham.

Griffin: [wheezes]

Rachel: Uh—[laughs] you know. Your favorite pairing.

Griffin: "What you got in your lunch today?"
"Looks like, um... [getting quieter] chewing gum, peanut butter, and ham."

Rachel: And then the song. You know—

Together: [singing indistinctly] Chewing gum, peanut butter, and ham!

Rachel: Chewing gum—

Griffin: Chewing gum—

Together: [singing indistinctly] Peanut butter, and ham.

Griffin: [singing hesitantly] You put it all together and you mix it... all...
[speaking] Did you forget the...

Rachel: Yeah! I can't re—

Griffin: [singing indistinctly] Put it all together and you mix it all up, and grab that spoon from... [pause] [speaking] Just forget it.

Rachel: [laughs] Um, so they hired a PR consultant who basically suggested that a heavy breakfast would be healthier, because the body loses energy during the night and needs it during the day.

Griffin: Okay.

Rachel: Uh, they spread it out all over newspapers, and everybody was like, "Oh man, that makes sense to me. So, eggs and bacon it is."

Griffin: Yeah.

Rachel: It's also—you know, there's a focus on food that you can make quickly in the morning. Which, I mean—

Griffin: Bacon is not that, I don't think.

Rachel: Well, you use—

Griffin: If you wanna do it right, you know, it takes a little bit of doing.

Rachel: You can use one pan though, right? Like, there's not mixing bowls, necessarily. Like, you can just dump everything in the pan and cook it. Uh, but—so, when we get to, like, a small breakfast, we're talking Industrial Revolution, people don't have time. That's when you start to get into your yogurts and your granola bars and your cereals in a big way.

Uh, which is true also, 'cause you don't want a lot of dishes. Like, if everybody's going to work, you don't want to have a lot of dishes to clean up. That's a big reason that I don't make a bigger breakfast during the week is that, like, I don't wanna leave all that stuff sitting, and I certainly don't want to do the dishes in the morning.

Griffin: Yeah.

Rachel: Uh, so breakfast food as a concept is kind of, like, a luxury, and you see that more in the west. Of, like, kind of the fancy, like, frilly, French toast and—

Griffin: [simultaneously] Cinnabon, yeah.

Rachel: —and—and donuts. Um, mostly throughout the world, like, you're just eating kind of what you would eat at any other meal of the day.

Griffin: Yeah. I remember that threw me the first time I went to Japan, and it was—although Japan also has, like—or at least in Tokyo and, you know, the cities that we actually traveled to, like, has a big cafe culture with, like, a pretty wild array of—of tall pancakes, and other delicious baked goods that I usually availed myself of. Because I don't—I don't—it's weird to me to not have breakfast food at breakfast time. I don't know why. I can't—I can't really—

Rachel: I know. It's just like it's—

Griffin: I eat breakfast at dinnertime sometimes.

Rachel: Yeah, oh, for sure!

Griffin: I don't know why I'm so choosy. I remember when I went to Cologne, Germany, I was staying at, like, this hostel hotel situation. And we came downstairs the first morning, we had stayed the night and came downstairs and they were advertising *fruhstuck*. And I was like, "What?" But that means breakfast in German.

Rachel: [laughs]

Griffin: That was how I learned about that, about my good friend Russ Breakfast.

Rachel: [laughs] Um, yeah. I don't have a whole lot more to say about breakfast. I will just say that, um, I tend to prefer savory. Uh, just generally. Um, you know, when avocado toast hit the world I was like, "Yes! That's for me!" Uh, but I will also say, French toast, pancake waffle, I really can't complain about a particular breakfast food of any kind.

Griffin: I bet you could if you really thought about it.

Rachel: Yeah, but that's not what we do!

Griffin: Eggs Benedict is, like, way too—they're—there's—

Rachel: Oh, I love that, though!

Griffin: There's breakfast foods that, like, I—I cannot rectify how shitty I feel after I eat them.

Rachel: Well, yeah. I mean, biscuits and gravy I love, but that's your whole day.

Griffin: That is. That's a dinner food for me, because then, you know, you can just sort of lay down.

Rachel: [laughs quietly]

Griffin: And you're done. You can be done. Do you know?

Rachel: Uh-huh.

Griffin: You can't do that at, you know, nine in the morning. But nine o' clock at night you just lay down and it's like, "This is where I stop today."

Rachel: Yeah.

Griffin: "The day is over."

Rachel: I think it's good, too, because as I mentioned, during the week—I like a more elaborate breakfast on the weekends, and then during the week we always have to remind ourselves. Like, "You know what we could have for dinner? Breakfast!"

Griffin: [simultaneously] Breakfast!

Rachel: It's, like, always like a novelty! It's very exciting.

Griffin: Can I steal you away?

Rachel: Yes.

Griffin: Okay.

[ad break]

[Maximum Fun ads play]

Griffin: I wanna talk about local parades.

Rachel: [laughs]

Griffin: This past weekend we went up to beautiful Poolesville, Maryland, where we have some friends. It's, like, a 40 minute drive from the city... of Washington, DC. Uh, and they were having the Poolesville Day Celebration there, and we visited some friends, hung out with them, and went to their parade, and wild sort of after party with any number of inflatable activities and food trucks and stuff, and it was just the best!

Rachel: This parade was so well constructed. It was like a feature film. Like, it started—

Griffin: It had an arc—it had a narrative arc.

Rachel: Yes! It started very mildly.

Griffin: Yes.

Rachel: You know, and we had promised Henry lots of candy.

Griffin: Sure.

Rachel: I was expecting marching bands. You know, I was expecting... you know, the things of a parade, because our access parades recently have been very short, let's say.

Griffin: Very short, very... fly by night.

Rachel: So it's very jam packed. It's like, here are the seven things you'll see in a parade. They're all in a row, and now the parade's over. [laughs]

Griffin: This was like—they had, like, a procession of fire vehicles that lasted maybe 10 minutes.

Rachel: This parade got progressively better, and then finished with what I think you should mention.

Griffin: I'll talk about it. I've got—I've got a breakdown—

Rachel: [simultaneously] Okay, let's leave the suspense.

Griffin: —of the Poolesville Day Parade, 'cause I know people are on tenterhooks.

Rachel: Okay.

Griffin: Uh, did you grow up, like, with—with local parades in St. Louis?

Rachel: Yes. Yes. So—

Griffin: I know the Blues would, like, come out pretty hard whenever they had a—a good season, right? Isn't that a thing?

Rachel: Well, they weren't a very good team when I was younger.

Griffin: Oh, okay.

Rachel: They had incredible players, but did not make it very far.

Griffin: Oh, okay. No reason for a parade, then.

Rachel: I'm talking specifically the parade that I grew up with was the Fourth of July Parade in Webster Groves, Missouri. Uh, and this is the kind of parade where people will put their folding chair out in their spot and leave it there—

Griffin: [whispering] Fuck yes.

Rachel: —for 24 hours or more. So...

Griffin: God, I love that.

Rachel: So it was the kind of thing where if the parade was on a... I can't remember if it was on a Saturday or a Sunday, but you'd put that chair out, like, on Friday night, and there was just a respect to it. Kind of like parking in Chicago. Like, you put that sitting situation where it's going to be, and people leave it, and they understand that it is yours.

Griffin: Yeah.

Rachel: Uh, and I, as listeners know, was in a marching band, and did quite a bit of parade marching.

Griffin: Yes. I did a lot of parade float riding for WTCR.

Rachel: Oh, yeah!

Griffin: I also worked a few parades as my—my bovine fursona, Cowabunga, the WTCR cow mascot.

Rachel: Did you have the opportunity to throw out much candy?

Griffin: Yeah. So, the big one for our area was the Ironton Memorial Day Parade. Huntington had some parades too, but the Ironton Memorial Day Parade was always a big to-do. Uh, and we would always usually be in it, with one of whatever radio station Dad was working for at the time.

Rachel: [laughs] Uh-huh.

Griffin: So I did a lot of chuckin'—chuckin' candy out.

Rachel: You know what I thought a lot about? Because everybody in this parade we went to was throwing out Tootsie Rolls. And I thought, like, "What is that?" And then I thought, like, "Oh, it's a softer candy."

Griffin: The ballistic properties of a Tootsie Roll.

Rachel: It's durable.

Griffin: Yeah.

Rachel: Yeah, it doesn't melt, and if you get hit by it you're okay. [laughs quietly]

Griffin: Yeah. There were some, I would say, overeager athletes for the most part who really hummed some candy at... us, and our infant son.

Rachel: The street was not wide. There was no need. [laughs]

Griffin: Not very wide. They were really, really launching 'em. I am, like, way off my notes. I love a big parade, too. Like, I love a Rose Bowl with all the floats and shit, and the Thanksgiving Day Parade, we've actually talked about on the show before.

But there is an—an enchanting kind of charm to the local parade, of seeing what a community thinks is noteworthy about itself, and then how it kind of features that in parade format. Like, uh, also the candy is also very good. We love getting Henry involved in, like, community events, because I think there's a lot of enrichment that comes from that, but he doesn't—they're boring, for the most part. But when they're throwing candy at you, like, it's exciting, and scary, and you really have to keep your wits about you.

Um, so yeah. You know, you get your local departments, your fire and police and... I don't think I've ever seen an am—actually, there was an ambulance at the parade!

Rachel: There was, yeah.

Griffin: Because they had to stop and bust out an oxygen tank for somebody, which was, like... I don't know. It felt staged to me, but probably not.

Rachel: [laughs] You know what was fascinating to me, too, is when people disrupt the flow of a parade. Like, this—this neighborhood was so close knit that occasionally people would walk by, and watchers would just wander into the street and have a conversation.

Griffin: And would become parade for a second.

Rachel: Just like, "Oh, hey! It's Bill!" And then they, like, walk out into the parade!

Griffin: Into the parade.

Rachel: And I was so aghast. I was like, "[gasps] But this is a parade!"
[laughs]

Griffin: Respect the—the perimeter of the parade, please.

Rachel: What are you doing?

Griffin: Uh, you get your—your—the whole, like, sort of school category of, like, ath—like, teams that have had maybe a victorious season. You get marching bands, which I will watch any marching band all day, every day.

Rachel: Yes, always good.

Griffin: Just tell me where to go to watch the marching band, and I will always be there.

Rachel: I like a drill team, too.

Griffin: A drill team, absolutely. Uh, and then you get, like, weird shit? Which is, like...

Rachel: [laughs]

Griffin: Every local parade has to have something in it at some point that's like, "Huh, that's—why is that there?" For—Poolesville had quite a few. They had, like, a... haunted house that had, like, a nightmare clown and living dolls and—and shit that, like, ran up and tried to s—scare the kids.

Rachel: [through laughter] Yeah!

Griffin: Which, um... was okay. Um, but then at one point the Batmobile came through with Batman and Robin and Catwoman and Penguin, and that was excellent.

Rachel: Yeah.

Griffin: And then for whatever reason, I think the very last thing in the parade was two adult men in suped-up go-karts dressed as Mario and Luigi? Who were, like, Tokyo drifting, like, pretty close to our children. Like, pretty fast and pretty close to the children.

And, um, I got a great video of Mario just, like, stunting on Henry, and then Henry turns and looks at me and goes, "Mamma Mia!" It was really good.

Rachel: Oh, I gotta see that video!

Griffin: Oh, I'll show you that video.

Rachel: I was chasing Gus down at that point in the parade.

Griffin: Oh, it was choice.

Rachel: Yeah, it makes me wonder. I don't really know what is involved in getting a position in the parade, because... I mean, one, I haven't been a watcher for most of 'em. I was in most of 'em as a member of the band, which was just kind of, like, you didn't have to jockey for position.

Griffin: Yeah.

Rachel: But it seems like a lot of people, like, they've got their classic car and they just roll up and say, "Hey, I would like to be in a parade."

Griffin: "I'm in it now. Look at my car. It's so old."

Rachel: [laughs] I don't really understand how that works.

Griffin: I don't either. I mean, we—I would be remiss if I didn't mention the parade that we threw in Huntington, West Virginia for spiders for the MBMBaM TV show.

Rachel: Oh yeah! How did that work? I guess you didn't have to do it.

Griffin: We had producers on the TV show who—

Rachel: Yeah. [laughs] They—they, like—

Griffin: —figured it out. Um, yeah. I mean, we've been to some great—some great—I've been to a lot of great parades in my life. One time we were in New York in June and just, like, walked outside—

Rachel: Oh yeah!

Griffin: —and the Pride Parade was, like, right outside, and we were like, "Holy shit!"

Rachel: That was incredible!

Griffin: We just, like, hung out for a couple hours and watched the Pride Parade and, like, danced with the kids and, like, it was the best.

Rachel: Yeah.

Griffin: I think that's a big—like, that's more of an iconic sort of thing than the type of local parade that I'm describing. I just think there's something so... delightful about them. I think there's something so neat about a community kind of, like, putting parts of itself up on a pedestal like that. And seeing, like, how the people who are now sort of foisted into the spotlight, like, deal with this extremely short-lived fame. 'Cause I'll tell ya...

Rachel: [laughs]

Griffin: Being, like, up in the TCR truck and, like, chucking candy and waving and smiling, you have to be *on*. For, like... the whole parade.

Rachel: Yeah.

Griffin: You get tired. It's exhausting, by the end of it.

Rachel: I bet. Do you—I was really interested, too, in how people portion candy.

Griffin: Oh, sure.

Rachel: Because we were at a point in the route that I think was kind of in the middle? I don't know. Do you have a sense of where we were? Maybe we were more towards the end.

Griffin: I have no idea.

Rachel: Anyway, it was interesting to see, like, how people figured out how they were going to make their candy last, and there was definitely a lot of stingy—stingy Scrooges who—

Griffin: "Take this one Tootsie Roll."

Rachel: —walked around with the bucket and said, "Pick one!" Which is a very difficult concept for a young child.

Griffin: For a five-year-old, yeah. Anyway, that's local parades. I love 'em.

Rachel: Yeah.

Griffin: Go to a local parade. And thanks to Bo En and Augustus for the use of our theme song, "Money Won't Pay." you can find a link to that in the episode description. Thank you to Maximum Fun for having us on the network! Go to Maximumfun.org, check out all the great shows that they have there. Just start perusin', cruisin', clickin'...

Rachel: [simultaneously] Uh-huh. Yeah. Yeah.

Griffin: J—and... listening. And subscribing... to them. We have some live shows coming up very soon in San Jose, and Denver, a MBMBaM and TAZ, and then in November we're gonna be doing Cincinnati, Detroit, and Washington, DC, where we are going to be opening for MBMBaM with

Wonderful! in DC. That's in November. Come see us! It's gonna be a great deal of fun. I think we just announced in San Jose, Aabria Iyengar is gonna join us for TAZ, and then in DC Brennan—Brennan Lee Mulligan is going to come and DM Dadlands 2.0 for us.

Rachel: Oh my god, I'm so excited about that.

Griffin: Did I tell you about the gameplay innovation?

Rachel: No.

Griffin: Oh my God. I'll tell you after the podcast.

Rachel: Ooh!

Griffin: You're gonna f—you're gonna freak out. Uh, anyway, that's coming up soon. [Bit.ly/mcelroytours](https://bit.ly/mcelroytours) is where you get tickets for that. We have merch over at mcelroymerch.com, and that's it. That is it. That's the last one. So, thank you all. Thanks a lot. I am... so—I can only describe it as, like, eggs hungry right now.

Rachel: [laughs]

Griffin: Because of you.

Rachel: [through laughter] I'm sorry.

Griffin: It's a—it's—I don't know that I've ever been eggs hungry like this.

Rachel: We do have some eggs.

Griffin: Oh yeah! We do now. Till I go down there like Gaston. Just gulp, gulp, gulp! Big strong arms.

Rachel: Mm-hmm?

Griffin: Yeah. [snorts]

[theme music plays]

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