## **MBMBAM 626: Contact High**

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**Intro** (**Bob Ball**): The McElroy brothers are not experts, and their advice should never be followed. Travis insists he's a sexpert, but if there's a degree on his wall, I haven't seen it. Also, this show isn't for kids. Which I mention only so the babies out there will know how cool they are for listening. What's up, you cool baby?

[theme song, "My Life Is Better With You" by Montaigne plays]

Justin: Guys? Guys?

Travis: Yeah?

Justin: Hi, uh, um...

**Griffin**: The light is on.

**Justin**: Clink. Oh, [laughs]. Ah, fuck. Okay, um... I'm... Well, uh... I guess, hello and welcome to My Brother, My Brother and Me, an advice show for the modern era. I'm your oldest brother, Justin McElroy.

**Travis**: Hold up the queue, hold up the queue. I'm Travis McElroy, your middlest brother.

**Griffin**: And I'm...

[sounds of paper rustling]

Justin: Okay, none of this is where... Don't look at any of this yet, okay?

**Travis**: Yeah, we weren't ready.

**Justin**: This is all... You weren't supposed to be here yet.

Travis: Griffin, you didn't say your name. You stopped at I'm.

**Griffin**: Well, the fuck'n teleprompter's not going on.

Travis: Oh.

**Justin**: Here, just take the—

Griffin: Thanks.

**Travis**: Yeah, just read the paper.

Griffin: And I'm Griffin McElroy. Shhh.

**Travis**: Yeah, we're um... You showed up a little early.

**Justin**: Okay, you came early. We were packing for our flights to Dragon Con last night. So, we didn't get a chance to prepare the show. We were trying to do it this morning, and you were not supposed to be here yet.

**Travis**: I forgot there was a studio tour scheduled. That's on us, sorry.

**Justin**: Shit. Um... Yeah, this is—

**Travis**: I think Conan's down the hall, if you guys wanna see Conan?

Justin: Hey, Trav. Why don't you walk down with them? I'll stay here.

**Griffin**: I'm staying also. There's no fucking way I'm going there with you, to this bit.

Travis: Okay.

**Justin**: Griffin and I will stay here to straighten, and then Tr— No, wait.

Travis: Okay?

**Justin**: You two stay here to straighten.

Travis: Uh-huh?

**Justin**: And I'm gonna lead a tour guide to some of the other podcasts that

are already recording.

Travis: Okay.

**Justin**: I'm gonna be the tour guide and I'll show people around.

Griffin: Okay, fun.

**Travis**: Okay, great. Yeah.

Justin: Okay.

Griffin: Okay.

Travis: Okay.

**Justin**: [tapping sounds] So, over here. Come on everybody. Right this way.

**Griffin**: Those are feet.

**Justin**: Okay, over here, this is where we do all the movie podcasts, that are dudes talking about movies. We make 'em do it all in one room. Let me just open the door.

**Travis**: Yeah, "So, the lasers, count 'em." Like, "That's not a laser, that's a— What? Ah, it's a sword. A laser sword?"

**Griffin**: [sound of water bubbling in a bong]

Justin: Slam. Okay, sorry about that. Now, over here is—

**Griffin**: What a big bong this is.

**Justin**: [laughs]. Over here, this is actually co— We promised Conan O'Brien. Here's Conan O'Brien. I don't know who his special guest is today.

But I'm really excited to see. Oh, he's coming back from a live commercial. Let's listen in.

**Travis**: [in British accent] "Oi, it's me, Michael Kane. I'm so excited to be on your program."

**Justin**: Now, I don't know why Michael Kane is talking them back from break. [laughs] The guests on podcasts don't normally do that.

Travis: [in British accent] "'Cause I'm fuck'n Michael Kane, in't I?"

**Justin**: I feel like Conan should step in here with one of his trademark sings [laughs].

**Travis**: [impersonates Andy Richter] "And I'm Andy."

**Justin**: Wait, you're both Andy and Mike? That sound was actually not a bad Andy.

**Travis**: [continues impersonation] Yeah, I was doing my impression of Michael Kane.

**Griffin**: That's your Louie Anderson, actually. And those two I don't think are the same.

Justin: But Andy is within the name of Louie Anderson.

Travis: That is true.

Griffin: Hey, Juice. Can we switch parts?

Travis: Yeah. Justin, you do Conan.

**Griffin**: Juice, switch parts with me.

**Justin**: Oh, yeah.

**Griffin**: "And I'm Justin, walking you through all the different... This is w-"

Justin: You could be you? [laughs]

Griffin: Okay, I'm Griffin and-

Justin: You don't have to be me.

**Travis**: No, that's not switching parts then. Is it, Justin?

**Griffin**: Sure, sure, sure.

Justin: [laughs]

**Griffin**: I'm Griffin or Justin and we're gonna continue the tour. Uh-oh. Hey, look at this. It is Conan O'Brien. And it's not Travis.

**Justin**: "Well, I can't believe I'm here. Conan O'Brien, it's me. I finally have a podcast. Welcome back to Conan O'Brien needs a friend. This week—"

**Griffin**: Shutting the door, very slowly, on it. [imitates sound of door squeaking]

**Justin**: "This week, I have two brother guests. It's Ben and Casey Affleck. Guys, so nice to meet you."

Griffin: I call Ben. I call Ben.

Travis: Fuck! [laughs] You can't just call Ben.

**Griffin**: Nice fucking try, I call Ben. I don't want either of them, but I'm definitely Ben.

**Travis**: Okay.

**Justin**: "Hey, I got a fun idea. Let me, Conan O'Brien, lead your tour for the rest of it. Go ahead, tour guide. You're relieved. I'll take over from here."

**Travis**: Hey, okay, Conan? Does James Spader have a podcast? 'Cause I can do a pretty good James Spader, if you can find James Spader somewhere?

**Justin**: [through laughter] Let me see.

**Griffin**: Just start going through this labyrinthian podcast ur-studio that we're in, until we do find the James Spader podcast.

Travis: Yeah.

**Justin**: Okay, over here... Let me open the door to our new office-based fan cast. Hosted by people who were on The Office for a short period of time. It's called Blunder Gigglin.

**Travis**: Yeah. Oh, it's pretty good.

**Justin**: I got something.

**Griffin**: [impersonating Kevin Malone from The Office] "Hi, welcome to back to Blunder Gigglin. I'm the Kevin one. And today, my guest is the guy... Today, my guest is props master... [laughs] We called him props master Dave. And he made—"

**Justin**: I feel like Griffin is Arnold Schwarzenegger in that scene in True Lies. When he's holding Jamie Lee Curtis, dangling from a helicopter. And that's the grip that Griffin has on this Kevin voice right now. It's like right there. And if he could just pull. Just one swift tug.

**Travis**: Well, the whole point of this was to give me a chance to do my slam dunk James Spader. And then he introduced his props master character.

Justin: He's leaning into it, he's building to it!

**Griffin**: [continues impersonation] "James Spader couldn't make it today because he got sick."

**Travis**: [impersonating James Spader] "No, I could. I'm here. I'm James Spader and I'm here."

**Griffin**: [continues impersonation] "He got very sick. I don't know who this is, but it's not James."

**Travis**: [continues impersonation] "It's me, James Spader. I was pretending to be—"

Justin: [impersonating Jeff Goldblum] "Sorry I'm late."

**Travis**: [continues impersonation] "What?"

**Griffin**: [continues impersonation] "Oh, no."

**Justin**: [continues impersonation] "I had to stop at that the coffee shop. I love coffee."

Travis: "No, this Dark James Spader. That's not the real James."

Griffin: "It's two. There's two."

**Justin**: That was Jeff Goldblum, actually. He's next on the show. He's the next guest.

Griffin: Oh, okay.

Travis: Was Jeff Goldblum on The Office?

**Justin**: [continues impersonation] "Gosh... I probably was. It seems like I probably would've been."

**Griffin**: [knocking sounds] Hey, guys. It's me, Griffin. Sorry, love the show. Um...

**Travis**: Is the office ready for us?

Griffin: We're in a sort of loop right now.

Justin: [laughs]

**Griffin**: A kind of vortex that's gonna be hard for you two James Spaders and you, the actor who played Kevin on The Office, to understand. But um... I'm going to... Do you see this orb that's floating around? That's where the audience is.

Travis: Could you take us over to Smartless, Griffin?

Griffin: No, I can't.

**Justin**: Yeah, let's stop in on Smartless real quick. Let's see what they're doing.

**Griffin**: All right. Hold on, let me grab the orb. Ah, fuck. It's so hot.

Justin: [laughs]

**Travis**: Okay. Now, here's what I want. All of us are just gonna start doing our impression of one of the three hosts.

Griffin: Okay.

Justin: Okay.

**Travis**: And I wanna see where we like... In a perfect world, we'll all pick a different one.

Griffin: Okay.

Justin: Okay.

**Travis**: Okay, you ready? I'm gonna count down from three.

**Justin**: Wait, should the impression be of your name? So, it will be immediately evident who you're—

Travis: Yeah, yeah, yeah. You're introducing yourself like, "And I'm..."

**Justin**: Okay. I'm watching Griffin google the names of people on smart

lists.

**Griffin**: No, no, no, I got it. I'm good, I'm good, I'm good.

Justin: He's good, he's good, he's good. I didn't have to, fellas. If you're

hearing this.

**Griffin**: All right, you ready?

**Travis**: Yeah. I got 'em tattooed on my heart.

**Griffin**: So, three...

**Travis**: Three...

Griffin: Two...

Travis: Two...

Griffin: One...

Travis: One...

**Griffin**: "I'm John Cryer."

Travis: "And I'm Jason Bateman."

**Griffin**: Is John Cryer one of 'em?

Justin: Damn it, Griffin!

**Travis**: No, you were looking for Sean Hayes, Griffin. Sean Hayes. But we

did do three different ones.

**Justin**: That was three different ones, yeah.

**Travis**: Maybe the guest this week was John Cryer.

**Griffin**: Yeah, he definitely was on that podcast at some point, right? I mean, come on.

**Travis**: Oh, they've had everybody at this point.

**Griffin**: Well, let me grab the orb. And gonna just fucking run with it, right down the hallway, back to the MBMBaM studios and bullet inside.

Travis: "Wait, come back. I, Jason Bateman, need to eat your orb for fuel."

**Griffin**: Oh, no. Not again.

**Justin**: [in silly husky voice] "He's an orb-based talent."

**Travis**: That's pretty good.

**Griffin**: That's pretty good.

**Justin**: It's all right.

**Griffin**: This is an advice podcast.

Travis: Now, do Donald Duck.

Griffin: Yeah, let's all—

Justin: [Donald Duck noises]

**Griffin**: Oh, we love it. We love that here.

**Travis**: It's getting better.

Griffin: We love that here.

Travis: My Micky Mouse is getting better, but I still don't have a Donald.

Griffin: Yeah, no one does.

Justin: Nobody has a Donald. It's a real duck.

Travis: I knew it.

**Justin**: Hey, so this is an advice show. Sorry about the inconvenience, but you did show up. Don't complain about this 'cause it was your fault for showing up so early. Time for advice.

"I love to take my dog for walks in our beautiful riverside park. He's a good boy, and other dogs and people love to meet him. I'm fine with this, as he is super friendly and loves the attention. But I'm socially awkward. So, I don't know how to interact with the other people who are petting my dog.

Do I pet them too? Do I look off into the distance? What are some small talk suggestions for people whose dogs have their noses half way up my dog's butt? Please help me, brothers." That's from Mumbling Mutt in Memphis.

Griffin: They had to have meant, "Do I pet their dog too?"

Justin: Yes, their dog. They could not have meant pet the owner.

Griffin: Pet the flesh of the human being, who's just trying to live their life.

**Justin**: Next time someone says, "Can I pet your dog?" Say, "Yeah, absolutely. May I pet you as well?" [laughs]

Travis: Yeah, "And then my dog will pet me and the circle will be complete."

**Griffin**: "Your dog gets left out. Fuck your dog. Your dog does not belong here."

**Travis**: Have you ever noticed, guys, and this just occurred to me... We never get questions that start like, "So, my problem is I'm too socially well adjusted. I always know what to do in every situation."

**Justin**: You don't have a problem if you're one of those lucky people. It takes three of us to figure out what one normal person might do.

**Travis**: I think what I would do, if you started petting my dog, is I would look away and say, "I'll give you two a moment. This is between you guys."

**Griffin**: That's good.

Justin: [laughs] Just step back and go, "When you're ready."

Griffin: Yeah.

**Travis**: Yeah, "We have no business, you and I."

**Griffin**: Can you charge money?

**Justin**: 20\$. I was about to say the words, "\$20 to pet my dog."

**Griffin**: "\$20 please. To pet this dog?"

Justin: "This dog?"

**Travis**: Oh, a good thing, if someone says, "Can I pet your dog?" Say, "I don't know, can you?" And then you don't have to worry about it 'cause they won't keep talking to you.

**Griffin**: No, that's bad.

**Justin**: Than they'll stab you in the face with a knife. How about this, "Okay. Yes, you can. But you have to promise me that you won't make any wishes. Promise."

Griffin: "Promise, promise, promise."

Travis: Ooh.

**Justin**: "Cause they could go really, really bad. I've seen some really bad, chaotic wishes come out of this dog. Please, you have to promise me you're

not wishing anything. Even at the back of your mind like, 'I wish I could get some Arby's later.'"

**Griffin**: You might think that you've got it airtight and that there is no room for ironic—

**Travis**: Classic mistake.

**Griffin**: This dog will twist it on you 100% of the time.

**Justin**: "Please don't use up my dog wishes. [laughs] That's the whole reason I bought him."

**Griffin**: Can you pet the dog too and be like, "Wow, that is... I've never touched this dog."

**Travis**: "Do what to it? I've never even thought of that."

**Griffin**: "That feels very good. The fur is..."

**Travis**: "Wait, show me how you do that. Show me that again. Flat hand or closed hand?"

**Justin**: "Hey, if you were gonna express this dog's anal glands, how would you go about that? Just..."

**Travis**: "Can I pet your dog?"

"Yeah." And as soon as they touch it be like, "Haha, yours now." And run away.

Justin: [laughs]

**Travis**: "You were the last one to touch it. He's your problem now." [laughs]

Justin: "Why? Do you love my dog?"

Griffin: "What are your intentions?"

Justin: "Ooh, you love my dog."

Griffin: "Why don't you kiss my dog?"

**Travis**: "Hey, what are you asking me for? Ask him." Make them ask the dog. Say, "Can I pet you?"

**Justin**: [laughs] Yes, "Get down there on your hands and knees, and beg to pet my dog."

**Griffin**: "Say it in dog tongue. Not in your filthy human speech. The dog can't understand that."

Travis: "Only if you let him pet you back."

**Justin**: I mean, I feel like there's a certain class of people for whom this is not a bug, it's a feature.

Griffin: Yes.

**Justin**: Where it's like, I get to meet lots of other... Like, this is the moment. The ice has been broken. This is the moment where they would say like, "So, now we've broken the ice. Let's chat." Like people who seek out this sort of thing.

**Griffin**: Yeah. It's like people who are into motorcycles and stuff. Where they just want you to ask them about their motorcycle, so that you can ask them like, about their motorcycle and be like—

**Justin**: Good car people regularly have events 'cause I hear them.

Griffin: Yeah.

**Justin**: Where they just park their good cars near each other and then they're just like—

Griffin: And they walk around like, "Hm, pretty good. Pretty good."

Justin: "Good car. Nice."

**Travis**: Well, the nice thing about that, especially if they have a dog too, right. If you have that shared thing, you can focus 100% of the conversation on that thing, right?

Griffin: Yeah.

**Travis**: It's when it starts to branch out if someone's like, "And tell me about you, the human attached to this dog." And I'm like, "Oh, no, no. That's not what this is."

**Justin**: You've gotta have five like rapid fire questions about dog care. Like, "So, we love dogs, right?" Like, a good conversation starter. I don't talk about dogs, so I don't know exactly what some of the dog questions are.

**Travis**: I mean, you can say like what breed, how old are they, what's their name. If you want, throw something like, "Looks like there's some Shiba in there." Nobody knows. Just pick any kind of like classy looking dog, "Oh, there's some Vizsla in there."

**Justin**: This person is uncomfortable talking to other people, Travis. I know that you don't understand this, but they're uncomfortable talking to other people. And what you want them to do is take a swing and a miss. Like to have the awkwardness of getting their dog's breed wrong.

**Travis**: No, here's what I'm saying. There is no miss, right. Because you are not a dog person... There are two things that dog owners love, talking about their dog's breed... The correct, "Yes, you are right. Good for noticing." Or, "Ah, you would think that. But actually..." Is the two things that they will talk about the most, is if you get it right or get it wrong. Either way, doesn't matter.

**Griffin**: Now, if they do pay your dog a compliment like, "Oh, he's such a precious, special baby. Look at those toe beans, I wanna eat 'em up." You can say like, "Yeah... but did you see Clifford the Big Red Dog movie? Because this dog is good."

Justin: [laughs] "So, what are some of your favorite dog movies?"

**Griffin**: "In that one, the dog is a very unique color. And so big that a grown up can ride on him. Like a big horse. And you can't do that with my dog. So, it's a fine dog. It is no Clifford the Big Red Dog, which would be great."

**Justin**: "Yeah, he's a good boy. But I'd trade him for Clifford in a heartbeat. Have you seen that movie, Clifford?"

Travis: "I would put this dog above Beethoven, though. 'Cause that dog..."

Griffin: "Messy."

**Travis**: "And I see that look on your face. A lot of people get confused by this. Beethoven's actually about a dog, not about the composer. I know what you're thinking 'cause you see it's a Beethoven movie."

**Justin**: "A lot of people think Beethoven is the Charles Grodin character. But actually, Beethoven is his dog."

Griffin: "The dog is called Beethoven's Dog."

Justin: [laughs]

**Travis**: "And strangely, Charles Grodin is called Beethoven's Owner. And no one's quite sure where Beethoven exists in this. There's a middleman we haven't pinned down yet between Charles Grodin and the dog, that connects the two of them. We're not sure. But do you think Turner & Hooch are married in real life?"

Justin: [laughs] God, I still miss Grody every day. It's tough.

**Travis**: I know. They made a series of successful films off of, "It's a big dog, man. I don't know what to do." [laughs] He's a big dog, it's so enticing not to shoot over.

**Justin**: No. No, no, no, no, no. It's 50% that, 50%, "Man, I love it when Charles Grodin hates stuff. Have you wound that guy up and seen him get like really, really grumpy? Oh, it's good."

**Griffin**: He's the grumpiest.

**Travis**: He puts like a weird, manic smile on when he's really mad. That if I was there in real person, I'd be terrified. But watching, I'm just eating my popcorn and loving it.

**Justin**: They pointed this out, he was in Clifford. You remember Clifford with Martin Short as the little boy?

**Griffin**: The big, red fucking dog? Yes, Justin. We talked about it a second ago.

Justin: No, he's a little boy.

**Travis**: No, he's a little, white boy. That's why it's called Clifford the Little White Boy.

Justin: [laughs]

**Travis**: What was the pitch for the Clifford movie with Martin Short in it? Now, here's the thing. He's a demon child, played by an adult. And also, Charles Grodin was there—

Justin: This is skewing—

Travis: Sorry, it's-

**Justin**: This is too close to anti Martin Short talk.

Griffin: We won't have it.

Justin: Which I will not abide.

Travis: No, I would never. I would never.

**Justin**: You guys want another question?

**Griffin**: Yeah. 'Cause I just discovered that the wikiHow I had pulled, we have done before. And so, I do believe that the Wizard is going to be on vacation for this particular episode.

**Justin**: You know what? You would have noticed that if they had arrived when they were supposed to arrive, instead of 20 minutes early.

Travis: Yeah.

Griffin: Yeah...

**Justin**: This is their fault. "My mom and I love to watch shows together." They actually said, "like." So, I'm putting a little—

**Travis**: Oh. Yeah... Hey, Justin. How about you don't editorialize? They're still getting to know each other. [laughs]

**Justin**: Okay [laughs]. "My mom and I like to watch shows together. And recently..." What if the question was like, "My mom and I like to watch shows together. Can you guys recommend several new shows that you've been enjoying? No jokes. Send jokes out of the room. The jokes part is the worst."

**Griffin**: I would love to talk about shows.

**Justin**: What if they were just like, "What shows are you guys into right now?"

**Travis**: "What are you guys watching right now? Don't make bits about it, don't describe it too much." Just say like, "I've been watching Resident Alien, it's good."

**Justin**: Do you have friends that when you see them at a party, you only talk about the shows you've been watching?

Griffin: Yes.

**Travis**: Yeah.

**Justin**: And once you have gone through all the shows you've been watching, you get this feeling like, "I don't know this person very well." I mean, I don't actually think we have—

**Griffin**: [laughs]

**Travis**: Yeah, Justin. I'm an adult. Of course, I have those people.

**Justin**: I don't think we have that much in common, now that I think about it.

**Travis**: Oh, it's fun when you find out they also like boardgames or something and it's like, "Well, have you played this boardgame?" And that opens up another 20 to 30 minutes of conversation.

**Griffin**: Yeah. And at that point, you feel okay about leaving the party. You've been there long enough. 40 minutes is a good amount of time.

Justin: Yeah, you've earned it at that point.

Griffin: Do you wanna read more that the first five words of this question?

**Justin**: Yeah, I was just making some conversation for the podcast. Sorry. Um... See, now you got me all... "Recently, we've been watching The Great British Bake Off."

Travis: Nice.

**Justin**: "We invited my dad to come watch with us. And ever since, he's been watching it often. Every time I go downstairs, he's watching it. I heard him stay up until 1:00 in the morning last night, watching it.

He said he couldn't pick me up from school today and I had to get a ride from a friend. And when I got home, he was watching it. Should I interfere?" That's from Baffled by Bake Off in Ohio.

**Travis**: Oh, he found something.

**Justin**: Wow. I miss this feeling.

Griffin: Oh, yeah.

**Travis**: When you find something?

**Justin**: Oh, you find a show.

Travis: Ooh.

Justin: And there's so many of 'em.

Griffin: Yeah.

Justin: And you could just watch all of 'em if you want. God, I miss that.

**Travis**: Also, for it to be Great British Bake Off, in this day and age? Oh, the joy. The serotonin.

Griffin: To rediscover it again.

Justin: You're in for pivots. You need to be comfortable with that.

**Travis**: Yeah. But I mean, imagine if you got him on to like Breaking Bad. And it's just like, "I'm worried about the influence this is gonna have on my dad." But Great British Bake Off? The worst thing that's gonna happen, you got some more baked goods in the house. Now, he might start affecting a British accent.

**Griffin**: Yeah, and we love that. The thing with Breaking Bad, is it doesn't have sir Paul Hollywood's just like cerulean pools, that he just shoots his sex beams out of through the TV screen.

Justin: [laughs]

**Travis**: No, Griffin, have you not seen the supercuts of all the times when Walter White finishes making a batch and Paul Hollywood would step in and try it and be like, "That's a good bake." And shake his hand. You don't remember that? It happened like 100 times.

**Griffin**: Yeah, he would pick up some of that crunchy rock and he'd like eat a big rock of it. And he'd be like, "It's a little soggy in the bottom." And then he'd be like, "Zeep, zap, zoopidy, borp." I don't know what you do when you have done meth.

Travis: [laughs]

Justin: [laughs]

**Griffin**: I've not done meth and I don't really know.

**Justin**: [through laughter] No. You do, you sing the song Scat Man.

**Travis**: Yeah [laughs].

**Griffin**: I don't know what it like. Like, I can imagine what doing other drugs is like. But meth, I assume you just go like, "Beep-be-deep, boop, zeeb, zaba-lee, borp." And it turns you into like an alien man.

**Justin**: It turns you into an Andy Samberg character, apparently.

Travis: Yeah.

Griffin: Yeah...

**Justin**: This is fine, as long as it does lead to getting goods baked for you. 'Cause that is the outcome, so often, with Great British Bake Off.

**Travis**: It's also a good onboarding to like Taskmaster, which is another good one you can all watch together.

**Griffin**: Sure, sure.

**Justin**: No, now you're just doing the thing that we said we wanted to do. You can't do that.

Travis: I know, but I wanted to do it.

**Griffin**: You can't just talk shows.

**Travis**: Okay. There is a seedy underbelly of possible outcome of him watching too much of this. Just like next family get together, grandma brings out a little pie. He takes a bite and he's like, "Soggy bottom." And shoves it away, right. And he's like, "You call this a scone?" And like throws it back in her face, like Pru did that one time. You know, that kind of thing.

Or he's like, "Oh, did you guys hear about bingate?" And it's like, "Dad, we can't keep bringing up bingate, it's been a long time." That's the downside. That's the dark.

**Griffin**: I will say that I do enjoy, on a whole, baked goods less. Because now I know what to look for.

**Travis**: What they could've been.

Justin: Yeah...

**Griffin**: Like, when I eat bread and it's like super chewy... Before I knew anything, I was like, "Oh, chewy bread." But now I know like, they didn't prove it enough.

**Justin**: They didn't prove the yeast.

**Travis**: They didn't prove the existence of bread.

**Griffin**: No.

**Travis**: I'm glad now, because just from watching Great British Bake Off, I've been able to add the word claggy into my vocabulary. And I don't know what it means, and I don't think they do either. But it seems like a good way to really put down someone's baking. Just like, "Oh, it's a bit claggy. It's a little stodgy."

**Justin**: It's a bit claggy...

**Griffin**: It's a catch-all.

**Justin**: You don't have to interfere, you don't have to intercede. Just let him enjoy the baking.

**Travis**: Maybe set a timer so he doesn't stay up 'til one o'clock, or miss picking you up from school.

**Justin**: That is worrisome... Okay, I love cooking shows. I love Great British Bake Off. I mean, I love Zumbo's Just Desserts.

**Travis**: Oh yeah. Is It Cake?

**Justin**: I love Sweet Genius with Ron Ben-Israel, Is It Cake? But the other ones, I love. And I'm hard on Is It Cake? 'Cause there was a version called Eye Candy, starring Josh Groban on Roku. Or was it Quibi, and then it was on Roku? Anyway, sorry. Doesn't have anything to do with anything.

**Griffin**: Is it possible your father is obsessed just with the episode where they had to make cake busts of famous people?

**Travis**: Oh, that's a good one.

**Griffin**: And someone made the nightmare Tom DeLonge.

**Justin**: I love those shows. I have never felt like, "I gotta fuck'n watch the next one right now."

Travis: Really?

Justin: "I gotta see what happens next..."

**Travis**: Teresa and I did a watch along podcast called Bake On. I think it was the last two seasons. That's how we feel when we watch it. We have watched the season... Like, the first season that aired on Netflix, we watch that shit like once a month. We watch that same series over and over again.

**Griffin**: I feel bad that the Wizard let us down this week.

Justin: Yeah, it is a little sad, isn't it?

**Griffin**: Do you guys wanna learn how to fight with us?

**Justin**: Hey, we're recording this on September 1<sup>st</sup>, Griffin.

Griffin: Don't do this.

**Travis**: Monthly observance.

**Griffin**: Do not do this to me.

**Justin**: Aren't you guys curious what kind of month it's gonna be in

September?

**Travis**: I'm so curious.

Griffin: God dang it. Yeah, so we got some special month observances to

do.

**Justin**: Happy September, everybody.

**Griffin**: Happy September 1<sup>st</sup>, everybody. Did you know that this is the

month, if you do have a new fall hat, that you are excited about it.

**Travis**: [gasps]

Justin: What?

Griffin: It is fall hat month.

**Justin**: No, it's not.

Travis: Get out.

**Griffin**: "Fall is here, it's getting colder. So, it's time to break out the

headgear. It's fall hat month."

Justin: [laughs]

**Griffin**: "During fall hat month, switch out of the cool weather head protection, and into stylish felt and fabric styles". No period on the end of that sentence.

**Justin**: No period, just laying it all out there.

**Griffin**: Someone was murdered writing that first paragraph. And then somebody hopped back in for the next paragraph.

Justin: [laughs]

**Griffin**: "Hats were probably one of the first items of clothing found among primitive human kind." So...

Travis: What? Where are we going with this?

Justin: Wait, that can't be right.

**Griffin**: That can't possibly be right, when we're walking around with our butt and gooch and privates, just out. And someone was like, "I have to get my hair hidden. Birds and bugs keep getting in there."

Justin: [laughs]

**Griffin**: So, it's fall hat month, everybody. And I guess... "Hats have played an impressive role in human history. Presumably, US President, William

Henry Harrison dead shortly after his inaugural dress because he refused to wear a cap on that cold, nasty day."

**Travis**: Now, hold on.

**Griffin**: If my man had had a nice derby on, he would still have been with us today, is what you're saying?

**Travis**: You can't prove that.

**Griffin**: You can't prove that.

**Travis**: You assume, but there's no way to prove that. It wasn't a magic hat that a witch gave him and said, "As long as you wear this, you'll never get sick." You don't know. Unless. Wait, unless...

**Griffin**: No. I refuse to unless that. That is so fanciful.

**Justin**: No, not gonna unless that.

Travis: Oh, but what if it was?

Justin: No, no, no, no, no. I'm closing this door behind you, no.

**Travis**: What if it was a magic hat they gave all presidents?

Justin: [laughs]

**Griffin**: Better breakfast month.

Travis: Well, fuck you, judgmental. You don't know what I'm eating.

Justin: [through laughter] You don't know, maybe I can't get better.

**Griffin**: You can always get better. I'm looking at a picture, it looks like it has seven banana slices and some chia seeds. No, thank you.

Justin: [laughs]

**Travis**: That's it?

**Griffin**: No, thank you.

**Justin**: Any breakfast would be better than that.

**Travis**: That can't be it. That can't be. I've seen pictures of a balanced breakfast and they didn't contain chia seeds. It contained Frosted Flakes, a glass of milk and orange juice, for some reason.

**Justin**: Yeah, and toast.

**Travis**: A lot of carbs.

**Griffin**: If I ate a balanced breakfast as recommended by cereal commercials, I would be on the toilet until lunch time.

Justin: [laughs]

**Griffin**: It's so much fucking food. It's much food. It's milk *and* orange juice?

**Justin**: The orange juice, also, it is in a pitcher. Did I take the extra minute to get out a pitcher and fill my kids a pitcher with juice to pour into a cup?

**Griffin**: It's better breakfast month. Decant your juice for your dirtbag kids.

**Travis**: [laughs]

Justin: [laughs]

**Griffin**: Decant your juice and give your kids these fucking hardened charcoal tablets to enjoy with their seven banana slices.

**Travis**: As long as we're talking about it, can we go back to the original Fruit Loop recipe, please? Back when they used the artificial colors and the

artificial sweeteners. The old school Trix recipe as well, please? Listen, I'm an adult now and I would like to make these decisions for you.

**Justin**: Okay, you're saying a lot of wild stuff. They did go back to the original Trix look. People hated the no artificial colors thing.

**Travis**: Thank you.

Justin: So, you're covered there.

**Travis**: Thank you, awesome. Where are we on Fruit Loops?

**Griffin**: Save your photos month.

Justin: Now?

**Griffin**: In case of, I guess, a storm that comes to try to take your photos away. I guess, put 'em in the cloud? That one doesn't feel like it needs... That won't take me a whole month.

Justin: I don't have the urgency of spending a month doing that.

**Griffin**: I'm almost certain we've talked about international update your résumé month. Which like for us would be kind of... I don't want the two of you to ever update your résumés, because that would affect me. That would have implications for me and my life. If I find out the two of you are updating your résumé, I would probably quit first just so you don't get the satisfaction of pulling the rug out from me.

**Travis**: Well, good news, Griffin. I can tell you this personally.

Griffin: Yeah?

**Travis**: Unless the employer is interested in a decade of podcast experience, I don't have a lot going. Unless they're like, "Well, yeah. Oh, we see here that back from 2007 to 2009, you worked at Best Buy. Interesting. Yes, please, be the manager of this big company." I don't see that happening. I'm not bringing a lot to the table outside of what I'm currently doing.

Justin: Yeah...

Griffin: Looks like I haven't updated my résumé in about eight years. So...

**Justin**: I really don't know if I have...

**Travis**: I don't have one. I have an acting résumé. [in Victorian accent] From my time upon the boards.

**Justin**: [in silly accent] I have a curriculum vitae that I use for my professorships.

**Travis**: Special skills? Being really good at acting. That's not one, but that's a secret for you.

**Griffin**: You can put that as whatever.

**Travis**: You could put that as a special skill in anything, "Being good at doing this job."

**Griffin**: Baby safety month. Gotta take that serious.

**Travis**: That should be every month!

**Justin**: Okay, that is hugely a problem. That is a massive... The idea that you have been putting off making your home safe for your baby. [laughs] And then you see like something pop up on Myspace. It's like, "Good news, it's baby safety month." Like, "Ah, fantastic."

**Travis**: "Baby safety month, we should really get on that." [laughs]

Justin: Yeah.

**Travis**: What about baby stunts month? That comes the next. So, first baby safety, then baby stunts. That's October.

Justin: We'll be right back after this.

[theme song plays]

**Travis**: Hey, Justin?

Justin: Yeah?

**Travis**: I wanna focus on you for a moment.

**Justin**: Fuck'n thank you, finally.

**Travis**: How are you feeling?

Justin: Finally. Uh... Wow, Trav. Thanks. Um... Well, I'm a little stressed

with this travel—

**Travis**: How are things going?

**Justin**: Yeah, they're fine—

Griffin: We just wanna know about you now, today.

**Justin**: Yeah, I'm a little stressed out 'cause of the travel—

**Travis**: I wanna help.

**Griffin**: We're here to help you, Justin.

**Travis**: Yeah.

Griffin: Hey, who am I?

**Travis**: Yeah, I'm really interested in how you feel.

Griffin: Hey, who am I? Justin, how are you doing? Hey, who am I?

**Justin**: I'm pretty s—

**Griffin**: [in lowered tone] I'm here to help.

Justin: George Takei?

Griffin: [in lowered tone] I'm listening. That's Frasier Crane.

Travis: Okay, wait now. Wait, Justin, Justin. Who am I doing? [in lowered

tone] Uh, yeah. I'm here to help. Uh...

Justin: Patrick Warburton?

Travis: Yeah! Nailed it.

Griffin: That's good.

**Travis**: Yeah. Now, Griffin. You do another one.

**Griffin**: Okay. But I do—

**Justin**: Calm is a service that I have begged my brothers to talk about and they refuse to. Calm... Why? Is my question. 'Cause it is a slam dunk if you are feeling stressed out because your brothers are more invested in their mid-90s sitcom stars than—

Travis: Hey, Justin, Justin, Justin. Why so serious?

**Griffin**: [in high pitched tone] Why so serious-uh?

**Travis**: [in high pitched tone] Why so serious, Batman?

Justin: Big news. Big news, big update. You guys are doing the rest of the

Calm ad. I'm done. I'm done with it.

**Travis**: Somebody stop me!

**Justin**: No, I stopped me.

Griffin: Check this out. [in high pitched, strenuous tone] Mortal Calm Ad!

Justin: [laughs]

**Griffin**: [riffs Mortal Kombat theme song]

**Travis**: That's pretty good, I like that! Yeah.

**Griffin**: "I'm Scorpion. Reduce stress and anxiety through guided meditations. Improve focus with curated music tracks." Now, Travis, you be another Mortal Calm Ad character.

**Travis**: Okay, okay, yeah. Um... I'm uh... Raiden.

Griffin: Okay.

**Travis**: [normal voice] "Rest and recharge with Calm's imaginative sleep stories for children and adults."

**Griffin**: [laughs]

**Travis**: "There's even new daily movement sessions, designed to relax your body and uplift your mind. Raiden."

Griffin: Now, Juice. You do one.

Justin: Nuh-huh.

Griffin: Yeah, you know a lot about this.

Justin: Nuh-huh.

**Travis**: I'll do Justin, I'll do a Justin voice.

**Justin**: Nuh-huh. I was trying to put you to on my back and carry you to the finish line. And I'm not doing it anymore. So, you two do the ad.

Travis: If you go to calm.com/mybrother, you'll get a special of 40% off—

Justin: I'd love to slash my brother.

**Travis**: ... A Calm premium subscription. And new content is added every week. I'm Justin McElroy.

**Griffin**: And I'm Goro. For listeners of the show, Calm is offering an exclusive offer of 40% off a Calm premium subscription calm.com/mybrother. Go to calm.com/mybrother for 40% off unlimited access to Calm's entire library. I'm Goro and that's calm.com/mybrother, Johnny Cage.

**Travis**: Are you Goro? 'Cause you've been served.

**Griffin**: Shit. [laughs]

Travis: [laughs]

**Griffin**: That would be great. If somebody had to go to Mortal Kombat Island. Like, "I'm here to fight Liu Kang." And Liu Kang's like, "I'm Liu Kang." And it's like, "You killed a guy. So, here's—"

Justin: [laughs]

Travis: [laughs] "You've been served."

**Griffin**: "I'm cops, and here's a subpoena for you to be arrested, for killing. Actually, everyone here, just go ahead and get on this boat. This boat goes to jail."

Travis: [laughs]

**Justin**: [laughs] "Look to your left, and arrest the person to your left. Alright. Now, look to your right—"

**Travis**: "I don't have enough manacles for everybody. I didn't expect Goro to have so many arms. That's on me. So, I am one set short. So, honor system."

Justin: [laughs]

**Griffin**: "I thought I could just do two sets of manacles on Goro, but I kind of have to do a criss-cross-applesauce—

**Justin**: [laughs] How would you handcuff Goro?

**Travis**: That's a good question, Justin. Do you go side to side, or you go Xs?

**Justin**: Yeah, if he can still go up and down and squish things, that's not good, right?

Griffin: Yeah...

Travis: Yeah.

**Griffin**: So, speaking of Goro bondage play. Bombas, their mission is simple.

Justin: [laughs]

**Griffin**: They make the most comfortable clothes ever and match every item sold with an equal item donated.

**Travis**: I bet Goro is a sub, though. 'Cause he seems so dominant in public.

Justin: [laughs]

**Griffin**: So, when you buy Bombas, you are also giving to someone in need. Bombas designs their socks, shirts and underwear to be the clothes you can't wait to put on every day. Everything they make is soft, seamless, tagless and has a cozy feel.

**Travis**: Do you guys think Sub-Zero and Scorpion ever kiss?

**Griffin**: And did you know that socks, underwear and T-shirts are the three most requested clothing items at homeless shelters?

**Travis**: Are they related? There's also Smoke, and there's like a snake one too?

**Griffin**: Reptile. That's why Bombas donates one for every item you buy. So far, Bombas customers like you have helped donate over 50 million items of essential clothing.

**Travis**: They wear kind of the same clothing.

**Griffin**: And they're the same size, yeah.

**Travis**: Are they related?

**Justin**: Sometimes they are, sometimes they're not.

**Griffin**: I think that everyone on Mortal Kombat's related. Go to bombas.com/mybrother and use code My Brother for 20% off of your first purchase. That's bombas.com/mybrother and use code My Brother at checkout. Bombas.com/mybrother, code My Brother. Your soul is mine.

Justin: You know what that was there at the end, Griff?

Griffin: Uh-huh?

Justin: A Mortal Call Back. [mouths Mortal Kombat riff]

**Griffin**: Hey!

**Travis**: That's really good!

[Just the Zoo of Us theme music plays]

Ellen Weatherford: Hey there. I'm Ellen Weatherford.

Christian Weatherford: And I'm Christian Weatherford.

**Ellen**: And we've got big feelings about animals that we've just gotta share.

**Christian**: On Just the Zoo of Us, your new favorite animal review podcast, we're here to critically evaluate how each animal excels, and how it doesn't. Rating them out of 10 on their effectiveness, ingenuity and aesthetics.

**Ellen**: Guest experts give you their takes, informed by actual real-life experiences studying and working with very cool animals like sharks, cheetahs and sea turtles.

**Christian**: It's a fieldtrip to the zoo for your ears.

**Ellen**: So, if you or your kids have ever wondered if a pigeon can count, why sloths move so slow, or how a spider sees the world, find out with us. Every Wednesday on Just the Zoo of Us. In its natural habitat on maximumfun.org.

**Christian**: Listen and subscribe wherever you get your podcasts.

[Just the Zoo of Us theme music concludes]

[Oh No, Ross and Carrie! theme music plays]

Ross Blocher: Carrie, is it?

Carrie Poppy: Oh, yes. Hi, I'm Carrie.

Ross: I am psychic Ross and I will be reading you this evening.

**Carrie**: Oh, interesting. Well, okay. I co-host a podcast. It's called Oh No, Ross and Carrie!

**Ross**: Yes, I'm sensing that. The spirits are telling me it is a show about poodles.

Carrie: Well, it's about like fringe science and spirituality.

**Ross**: Yes, that's correct.

Carrie: Things of the paranormal. Oh, you knew that?

**Ross**: And you do research online—

Carrie: But more importantly, like we do in-person investigations—

**Ross**: You in-person investigate as well.

**Carrie**: Oh my god, that's amazing!

Ross: See?

Carrie: Me and my friend... This is so weird, my friend Ross. Same name as

you.

Ross: Weird.

**Carrie**: He and I just go and try them all out, and actually have gone to a number of psychics. And to be honest with you, it's a lot like this. It's called Oh No, Ross and Carrie! They can find it at maximumfun.org.

**Ross**: I could have told you that.

[Oh No, Ross and Carrie! theme music concludes]

**Justin**: Hey, uh... [riffs Munch Squad theme song]

Griffin: Oh, is this it?

Travis: Oh?

Justin: [continues riffing]

Travis: What?

**Justin**: [continues riffing and sings] I wanna munch!

**Griffin**: Squad!

Travis: Squad!

**Justin**: [continues riffing and sings] I want to munch!

Griffin: Squad!

Travis: Squad!

**Justin**: [concludes riffing] Welcome to Munch Squad, the podcast within a podcast. Profiling the latest and the greatest in brand eating. I am your cohost, Justin McElroy. With me, as always, is Justin McElroy.

Travis: What?

**Justin**: And today, there can be only one possibility for us.

**Griffin**: Yay!

**Travis**: Yes! I was on pins and needles!

**Justin**: Yes. Welcome to the Pumpkin Portal. We're taking the Pumpkin Portal to fall, you guys.

Travis: Now, can I just say a real quick note, Justin?

Justin: Yeah?

**Travis**: I think they lack courage in their convictions `cause they put, "To fall", at the bottom. Should've just been Pumpkin Portal.

**Griffin**: Yeah.

**Travis**: "Welcome to the Pumpkin Portal... To fall." No, oh. You undid it.

**Justin**: "To fall." Nope. Now, just have the strength in your convictions. This is the Star Bucks, back with the PSL. And we're celebrating in the different, weird ways that Star Bucks always celebrates the return of the Pumpkin Spice Latte. You all remember one year they had a dial in number that you could call and hear pumpkin stories? You remember that?

Travis: Yes, I do.

**Justin**: We called live on air, if I remember correctly. This year, we're going to the Pumpkin Portal. You guys are gonna be challenged, right here, live.

**Travis**: The Pumpkin Portal has terms of service at the bottom [laughs]. And a privacy policy.

**Justin**: Yeah, skipped 'em. Okay. So, we're gonna use the emoji keyboard to answer fall riddles. And you earn pumpkins for correct answers.

Travis: Okay.

Justin: You ready?

**Griffin**: This is gonna be funny audio.

**Justin**: You start with three chances. After three correct guesses, it's back to the top. This is a picture of an apple. What would you guess it is?

**Travis**: Oh my... It's an apple.

**Griffin**: It says, "Delicious fall fruit. May keep the doctor away." I'm gonna say apple.

Justin: Okay, "Pumpkin, apple or cherry fill this fall tree."

Travis: Pie?

Griffin: Can you do the dancer?

Justin: What?

**Griffin**: The person in the red dress, dancing.

Justin: A red dress dancing? How do I—

Travis: No, it's pie!

**Griffin**: Airplane.

Justin: Pie?

**Travis**: No, it's pie.

Justin: Will empanada count? Guess.

**Griffin**: Click empanada.

Justin: [clap] Pie!

Justin & Griffin: "It's kickoff time for this fall sport."

Griffin: Light bulb.

Travis: Rugby.

Justin: Leg ball and rugby.

Griffin: I said light bulb, but leg ball is exclusively what I'm calling soccer.

Justin: [laughs]. Rugby...

Griffin: Type leg. Just type leg.

Justin: Leg?

**Griffin**: Yeah, leg.

Travis: Well, then you gotta put leg and ball.

Griffin: Okay, so now just click a picture of a— No, not a turkey leg. Like a

leg.

Travis: You dummy.

Justin: Okay, this yellow leg?

**Griffin**: Yeah, click the leg. This is gonna be right, trust me. Click it and then guess that.

**Justin**: Okay. We get to choose a skin tone. That's nice. I love that.

**Griffin**: It's weird if the answer does depend on the correct skin tone of the leg.

**Justin**: Right, okay. So, it wasn't that.

**Travis**: Oh, weird.

Griffin: Okay...

**Justin**: Oh, wait a minute. Foosball.

**Travis**: Oh, so close. Sometimes they spell it wrong, try it with a T. Yeah, I think it's that one.

Griffin: I think hockey season actually kicks off this time too.

**Travis**: Well, there's a golden football with it. Oh...

Justin: "What changes color in fall?"

**Travis**: My hair.

Justin: Me, if I'm down at the beach.

Griffin: Yeah.

Justin: Getting my base.

**Griffin**: Tinting your basecoat.

Justin: What changes color? Skin.

**Travis**: Well, a lot of things do. The sky.

**Griffin**: Cars.

**Justin**: Yeah. Houses you paint.

**Travis**: A pie, after you bake it.

Justin: Leaf, leaf, leaf. What?

**Griffin**: No, wrong leaf.

**Travis**: Wrong leaf, idiot.

Justin: Why is it a wrong leaf? It's just a leaf. The answer's leaf. It's a leaf.

**Travis**: Well, try the fall leaf.

**Griffin**: Do a Christian cross.

Justin: [laughs]

Griffin: "You carry all your back-to-school supplies in this." Well, this is—

Justin: Hands.

**Griffin**: Hand.

**Travis**: Oh, yeah.

Griffin: Oh, a fist is very strong.

**Travis**: Oh, okay. Going— Mm-hmm.

Justin: Dang it.

Travis: That wasn't it.

**Justin**: Okay. Well, we had a good run.

**Travis**: Oh, no. We already...

**Griffin**: Oh, no. Oh, we died? I didn't know we could die in the game.

**Justin**: Yeah, you die in this.

**Travis**: What happens if you win?

**Justin**: You see the old prospector from uh... or the Undertaker from Mad Dog McCree. And he comes out and buries you.

Griffin: [in silly old-man voice] "You've run out of time reversal cubes."

**Justin**: "Don't stop be-leafing", it says.

**Griffin**: Okay...

**Justin**: Okay, our score is four.

**Griffin**: We got four pumpkins.

Travis: Mm-hm

**Justin**: And we're, "Foliage friendly. You sleep to the sound of crunching leaves."

**Travis**: Oh, I did it on my own, Justin. And I got all of 'em right. And it called me a pumpkin fucker.

Griffin: Yeah...

**Justin**: So, the PSL is back now. This is just a public service announcement. It's topped with whipped cream, it's got pumpkin spices.

Travis: No way.

**Justin**: Hot, iced or blended. I mean, the whole bit. I mean, the bit.

**Travis**: There's pumpkin spice, obviously. But what are the other drinks, Justin, that they're partnering the pumpkin spice experience with?

**Justin**: Well, there's a pumpkin cream cold brew, which is back for another new year.

Travis: I like that one.

Justin: That one's a fan favorite.

**Travis**: Yeah, I get nasty for that one.

**Justin**: Which, if you keep bringing something back four times, then I would hope that fans enjoy it. Because otherwise I don't know what you're doing with all that pumpkin cold brew.

Travis: Oh, shit. I could be buying pumpkin flavored beer right now.

Justin: Yeah. You should be, actually.

Travis: Mmm. Okay.

**Justin**: Oh, we got some festive fall merchandise. Just so you know. They're dipping in to the Star Bucks coffee reserves. I mean, it's gonna be a big fall over there. I don't know that we have a new drink.

Travis: Are they trying to lower the price of coffee by the gallon?

**Justin**: What do you mean?

Travis: To open up the reserves?

Justin: No, it's like a fancier coffee. It's like a better, fancier coffee.

**Travis**: They have better coffee and they're just like, "We could be giving you better coffee than what we have. But we're holding this back, you dirty birds."

**Justin**: I mean, it's a commodity, right? Supply and demand. You're gonna pay for as good of a coffee as you can afford. You guys like pumpkin spice lattes?

Griffin: Basic.

**Travis**: Nah, not really my thing.

**Griffin:** Basic much?

**Justin**: [laughs] Get 'em.

**Griffin**: Why don't you go watch Friends?

**Travis**: Oh, yeah!

Justin: [laughs] Oh!

Travis: Yeah, where's your floppy hat?

**Griffin**: Where's your floppy Friends hat?

Justin: What?

**Travis**: Your floppy Friends hat, that you watch Friends in.

**Griffin**: When you drink your public spice. [laughs]

Justin: [laughs]

Griffin: When you drink your public spices. Fucking basic.

Travis: And talk about how Friends is better than New Girl for reasons.

Griffin: I like... I like uh... Coke Zero.

Travis: Yeah.

**Griffin**: Sophisticated.

**Travis**: Eat a plain scone with jelly.

**Griffin**: Don't have a flavor.

**Travis**: The jelly is flavorless too. It's just a flavorless scone with a flavorless jelly and your floppy Friends hat.

**Griffin**: It's just... it's wet. It's, "Can I get a scone with wet?" Is what I say when I go to Starbucks.

Travis: "Just give me a sopping wet scone. Just put in on top of my hat."

**Justin**: Do you need a wet scone? Do you guys need—

Griffin: "Give me plain flavor with a wet scone, please. With wet."

**Travis**: "I wanna meet Gunther while I'm wearing my floppy hat and eating my flavorless scone."

Griffin: I bet you do.

Travis: "And then we're gonna fall in love."

**Justin**: Just to recap real quick, just so you know what's going on. Potbelly's got a pumpkin spice shake. Hardee's is making a beer. I mean, the usual.

Travis: What?

Justin: The usual... What?

**Griffin**: Hardee's making beer is fun.

**Justin**: Yeah, "Hardee's has teamed with Southern Grist Brewing Company on a strawberry biscuit ale." So, it's like, you ever eat a strawberry biscuit at Hardee's and think, "God, I wish this got me wrecked."

**Travis**: Yeah, dude.

**Justin**: Well, now your dreams can come true.

Griffin: Yeah.

**Justin**: Drinking delicious beer that is actually a biscuit from Hardee's, all mushed up and fermented. Delicious.

**Travis**: Does anyone else on this call or in the world have the experience of, it becomes fall, you get really excited and you buy like fall beer. So, you buy a bunch of it and then you have like six of them in a week or whatever. And you're like, "Oh, I'm tired of this already."

And then those pumpkin beers sit in your fridge for many months until it gets to be like summer and you're like, "Well, I haven't been to the store in a while and I'm out of beer." So, you crack open like a pumpkin beer in the middle of July. And you're like, "Oh, this is actually terrible. I hate this."

**Griffin**: Yeah.

**Travis**: But then, fall comes around again and you're like, "Ah, hell yeah. Pumpkin beer season."

**Griffin**: Yeah, that's sort of just the futility of it all, huh?

Travis: Yeah, man.

Justin: There's an Artemis Moon doughnut at Crispy Kreme. Delicious.

Travis: A what?

**Justin**: Yeah, it was a one day special to celebrate the planned launch of Artemis 1.

**Griffin**: Can you believe they fuck'n postponed... I have beef with NASA.

**Justin**: Here he goes.

**Griffin**: Because I get my class together and I sit in front of the big TV screen and I say, "They're about to shoot that ship right up into outer space." It's got nobody on it, which is wasteful. It's like, do you see cars on the highway with no one in them? Emissions much?

And my class was psyched. And then at the last minute they were like, "Something was wrong with one of the engines, so we didn't do it." And it's like... No one's in the rocket. If it does a big explode, my class is gonna like remember that forever, and talk about that.

**Travis**: Now, I didn't know there was no one in it. And that actually explains to me why they were so candid about the engine problems. 'Cause you know if that's a manned mission, they don't just say like, "We had engine problems."

**Griffin**: "They were this close. We almost shuffled a few... There was a big whoopsie that Devon should've caught and he didn't. And if that shit had gone up there, it would've been yikes city. End of astronauts."

**Justin**: [laughs] All astronauts.

**Travis**: Imagine being an astronaut who's like on that. And they're like, "Yeah, we had a lot of mechanical issues. But it will be fine by tomorrow. Get ready to go!" And you're like, "What? No!"

**Justin**: It is still kind of hilarious... I understand why it happens. I've watched a lot of different movies. But it is kind of funny that we're gonna like, blast a rocket into the sky that costs like billions of dollars to get to this point. And then it starts raining and everyone's like, "Fuck!"

**Travis**: "Fuck!" [laughs]

Justin: "Never mind."

Travis: No. No, no, no, no.

**Justin**: "Sorry, god. Sorry we tried to oppose your will with our incredible brains. You win."

**Travis**: "Is it bad for the rocket?"

"No, it's just that we wanted that morning glow on it when we took all pictures. And we were like staging it, we put a bunch of doilies around it and stuff."

**Justin**: "When the rocket get wet, it looks stupid." [laughs]

**Travis**: [laughs] "It just looks stupid."

**Griffin**: "It looks so dumb. The paint comes off."

**Travis**: "Its hair gets really flat. [laughs] The decals get loose. Everything gets wrinkled. There's a lot of steam when the rocket goes. It's dumb."

**Justin**: They do that for takeoff. But they don't do it for landing. They're never like, "It's raining, go around." [laughs]

**Griffin**: [laughs]

**Travis**: [laughs] "We're gonna reroute you to Phoenix."

Justin: [laughs] "We've been thwarted!"

Griffin: "Madagascar is dry. Take a left."

Justin: "Go to the ocean."

**Travis**: "People are watching! Be careful."

**Griffin**: There's a reason they don't fish the rockets out of the ocean once they do go splash smash. And that's because they look so fucking stupid wet.

**Travis**: Yeah, like a wet penis.

**Justin**: Yeah, it's a big, stupid... It's so stupid.

**Travis**: It's just stupid.

**Justin**: "My first job out of college, I ran art groups for teens. Out of necessity, I trained myself into a lot of habits to help maintain boundaries and dissuade unwanted attention.

One of these things included, if I ever need to bend over, I did it in the most unflattering way possible. Years later, I still have this habit. Problem is, I now have a serious girlfriend. I'm afraid I've trained my body to move in this non-erotic way forever."

Griffin: Jesus Christ alive.

**Justin**: "Brothers, what can I do to drop this habit and learn to bend over sexy?" That's from Rusty in Rochester. [laughs]

**Travis**: It takes a long time to train that out of you. Take it from me, I've had to work so hard to drain every bit of sexy out of my body. It took years.

Griffin: For me, it just took-

Travis: Oh, God!

**Griffin**: Oh, Travis dropped his camera.

Justin: [laughs loudly]

Griffin: Wow, you really dropped it, huh?

Travis: Yeah, it went way back there.

**Griffin**: Wow, I'm feel like I'm watching a colonoscopy for a robot.

Justin: [laughs]

**Griffin**: Wow, you dropped the shit out of that, Trav. You still haven't fixed

it.

Travis: Yeah...

**Justin**: [laughs] He's still trying to fix it.

**Travis**: It might have come disconnected.

Griffin: Wow!

**Justin**: It's disconnected [laughs].

Travis: Well...

**Griffin**: We don't need to see you, I guess.

**Justin**: Yeah, we just won't film the rest.

**Travis**: Okay.

**Griffin**: I'm curious, I wish I had gotten a little bit more.

Justin: Maybe you can share screen of a picture of you, Trav? That would

be great.

**Travis**: [laughs]

**Griffin**: If we could have gotten some description of what your unsexy bend

over method looks like...

**Justin**: That would've been hugely helpful, yeah.

**Travis**: Well, I think we can just take the Bend & Snap from Legally Blonde,

and do the antithesis of that.

**Griffin**: And do the opposite, yeah.

**Travis**: So, it's kind of like you're squinching down to the side, for sure. Like your hip is going one way and your knees go the other.

**Griffin**: You just fall to the ground and then you have to stand back up. But see, standing up in a non-sexy way... Like, what does that look like? The amount of over-thinking that went into this is truly humbling. Like, I thought that I overthink everything.

But to be like, "I'm an art teacher. I can't possibly bend over a sexy way if I drop a paintbrush. So, I'm gonna develop this new... I sort of twist my body sideways a little bit and then I do—"

**Travis**: "Like if Gollum was picking up a paintbrush."

**Griffin**: Yeah, "I go down gorilla style, baby. And then I get the paintbrush and I stand up so fast that no one could ever look at me and be like, 'That's an erotic pose right there."

Justin: Perfect, I love it.

**Travis**: But how do you bring it back? The question's not how to undo the sexy, they've done that. How do you bring it back? Oh, thank you, Justin. Thank you for screen sharing a picture of me talking to a microphone. Now, you did pick my big beard face...

**Griffin**: Yeah...

**Justin**: Oh, I'm sorry, Trav. I should've measured your beard length against your current, to find the exact image. Or maybe you can stop being such a clumsy fuck! And keep your camera on your desk. All right?

**Travis**: Well, okay. I turned it off 'cause I feared I was too sexy, and it would distract you guys. But now, you've made me feel terrible about it. The weird thing is, the camera light is on. So, it wants to be on.

**Justin**: I'm going to go over to B&H.com and see if they got manuals, and I will get back to you.

Griffin: All right. How about this, you guys do that and I'll do the show.

Justin: [laughs]

**Griffin**: You guys go do some other thing, and I'll do the show people are listening to right now. I got the orb right in front of me.

**Justin**: It's not my fault, Griffin. We weren't ready, okay?

Travis: That's true.

Griffin: Right...

**Justin**: Travis would have had his camera in the perfect place, so secure. All of this would be all set up already. We weren't ready.

**Travis**: Man, I'm handsome. Look at that picture. It looks so good.

**Griffin**: So, the Bend & Snap you know. You know about how to bend over sexy.

**Justin**: You look like you're eating a mouse.

Travis: Wow. I was. Thank you.

**Griffin**: A lot of people won't tell you that you gotta squeeze your butt cheeks together. With your hands.

Travis: Ooh.

**Justin**: To get a sexy bend going?

**Griffin**: To do a sexy bend, if you can't squeeze your butt cheeks together using just butt muscle, it's okay to use your... I'll write you a note that says it's okay.

Justin: [laughs] Fake it 'til you make it, that's what we say.

**Griffin**: I'll write a note that says it's okay for you to use your hands to squish your butt cheeks together. Like a doctor's note. So, when your partner is like, "Why did you do that? I mean, it looked great. But did you need to use your hands?" You can show them the note that says, "Griffin said it's okay for me to do it like that."

**Justin**: "Griffin said it's actually very important and fine."

**Travis**: I would also say, you know what makes everything sexy?

**Griffin**: What's that?

**Travis**: Doing it a little slower. So, the slower you can bend over and stand back up, the slower you can do it, the sexier.

Griffin: Yeah.

**Travis**: Also, more eye contact. So, slow, lots of eye contact. Now, that's gonna be hard to throw behind you. You gotta turn behind.

**Justin**: So, slow, slow. Quick, quick, slow.

Griffin: Yeah.

Travis: No, no, no. Slow, quick. Slow, slow. Quick.

**Griffin**: And the whole time, just push 'em.

**Travis**: What?

**Justin**: Push 'em together with your hands.

**Griffin**: Push your butt cheeks together with your hands.

**Travis**: Push 'em together with your hands. Eye contact, no matter where they are in the room. If the move around, you stay locked in on 'em. The whole time. And when you're picking the thing up you have to say, "Oh, there it is." Every time. Make sure you see like...

Okay, lock into the object first and then make eye contact. 'Cause you don't wanna whiff on it a couple times 'cause then you're gonna be like, "Oh, there... No, oh, there... Uh, there it is."

**Griffin**: Can you tear your pants and make it seem like an accident?

**Travis**: Oh, to get it all out?

Griffin: Yeah.

**Justin**: Sorry, how do you mean tear your pants and make it look like an accident?

**Travis**: Well, you're already holding your butt.

Justin: Yeah?

**Travis**: So, then you just grip the pants—

**Griffin**: Well, they're gonna know. They're gonna think you tore your pants with your hands. Which is not sexy.

Travis: Oh, can you hold your butt and then move your butt like it's talking?

**Griffin**: You know that clip of Lenny Kravitz on stage, and then kind of does like a little dip.

Travis: And his Krav bits come out.

Justin: [laughs]

**Griffin**: And his leather pants split and his like whole hog springs forth, as if it's been imprisoned this whole time. Like, boing, [gasps] "It's so tight inside of Lenny Kravitz's pants, I just had to get out of there."

**Travis**: [laughs] "Don't make me go back!"

Justin: [laughs]

Griffin: Like, something like that.

**Travis**: "I'm the real prince!" [laughs]

Griffin: What?

**Travis**: It's like the Man in the Iron Mask that I was going for there.

[laughs]

**Griffin**: Oh, okay. I got it confused.

**Justin**: Okay, perfect. Yeah. I don't know why that was so hard for me to get. 'Cause that reference is usually right on top of mine. So, it's very surprising.

Hey, thanks so much for listening to our program. Sorry that... Well, I was gonna say sorry that you were early, but that's not my fault. That's your fault. Try to work on that for next time. Griffin, do you have any notes for the listeners they can try to work on?

**Griffin**: I guess, while you are doing stuff on your computer, go ahead and purchase Montaigne's new album, Making It.

Travis: Oh yeah.

Justin: Oh, yeah!

**Griffin**: Montaigne, of course, the creator of our theme song, My Life is Better With You. That album is fuck'n great and you're gonna love every second you spend listening to it.

**Travis**: I got some stuff here.

Griffin: Yeah, go for it, Trav.

Justin: Nice.

**Travis**: As we may or may not have mentioned during this, it's fall. And that means the weather's turning a little chillier. So, get yourself a Munch Squad hoodie over at the merch store. As well as a brand-new Besties tee, which is available in standard tee or raglan.

10% of all merch proceeds this month go to the Earthjustice. Which uses the law to preserve a rich, sustainable and diverse natural heritage for current and future generations. Check all that stuff out and more at mcelroymerch.com.

Get your tickets for the 20 Rendezvous Fancy Takes Flight Tour. Tickets for all shows are on sale now at bit.ly/mcelroytours. At the end of this month, we're going to be in San José for an Adventure Zone show and a My Brother, My Brother and Me show.

And then October 1<sup>st</sup>, Denver with My Brother, My Brother and Me. And in November we've got Washington D.C., Detroit and Cincinatti. All those tickets on sale now at bit.ly/mcelroytours. Mask and proof of full vaccination or negative COVID test within 72 hours of event start is required.

**Griffin**: Hey, we got preorders open for The Adventure Zone: 11<sup>th</sup> Hour graphic novel. Can I talk about that?

**Travis**: I was gonna say that.

Justin: Yeah!

**Griffin**: It's a fucking great book. It comes out February 21<sup>st</sup>, 2023. But it would really, really help us out if you would preorder that one at theadventurezonecomic.com.

**Travis**: Speaking of The Adventure Zone, I just wanna say, some exciting stuff happening over there.

Griffin: Oh, yeah!

**Travis**: Dust season 2 just came out, with special guest Erika Ishii. Session 0 and episode 1 are out now, with three more to come. And then after that, Justin's DMing a full arc. So, come over and check out the new shit we got going on.

**Justin**: It's gonna be a good time. Never been a better time.

Griffin: Never.

**Travis**: Also, thank you to everybody who, I assume, showed up for Dragon Con. We haven't actually gone yet, we're recording this ahead of time. But I'm assuming it was amazing.

**Justin**: I hope someone shows up.

**Griffin**: Yeah... Well, that's gonna do it for us this week. And we sure hope you've had a good time. We definitely did. And the end of the show will be...

**Travis**: So, Griffin, we just need a motivational quote.

Justin: Something to pick people up. Not to tear them down, please.

**Travis**: Yeah, build them up, please.

**Griffin**: I heard a lot of feedback that last week I really tore 'em apart.

**Travis**: Yeah, a lot of people said that.

**Justin**: In a good way.

**Travis**: Yeah. Now, build them back up.

Justin: Build 'em up.

**Griffin**: Grab the sun. Look up, grab the sun in the sky. And eat it. Fucking eat it. Eat the sun!

Justin: My name is Justin McElroy.

**Travis**: I'm Travis McElroy.

**Griffin**: I'm Griffin McElroy.

Justin: This has been My Brother, My Brother and Me. Kiss your dad square

on the lips.

[theme song plays]

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