

MBMBaM 14: The Secret Life of Ferguson

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[theme song plays]

Justin:

Well, we did it, I guess. We're here. Might as well do a show. My Brother, My Brother and Me, episode 14. I never thought, I never thought we'd make it this far. I never thought we'd get over that 13 hump. But we did.

Griffin:

Almost didn't.

Justin:

Consider it humped, I guess, is what I'm saying. Um, this is an advice show, if you're unaware, for the modern era. Um, if you're just now joining us, welcome. You can hop on right now. There's no... nothing you have to know already. There's no continuity.

Travis:

There's plenty of room on the bandwagon.

Justin:

Plenty of room on the bandwagon.

Griffin:

I think... But at this point, if you're just now listening to it, you've missed, like, the getting in on the ground floor. Like, you can't say, "Got in on the ground floor."

Justin:

You think so? I think, still... I think first 25 episodes, you're still like in the founder's club.

Griffin:

Okay.

Justin:

Because I plan on stopping at episode, uh, 638.

Griffin:

Mm-hmm.

Justin:

So in... So we're, we're still sort of on point there, as far as that goes.

Griffin:

Okay. Well, everyone's jackets are in the mail. Your founder's club jackets.

Justin:

Founder club jackets.

Griffin:

Real nice stuff. Really soft material.

Justin:

Like really just half polyester, half spider silk.

Griffin:

It's like a polyester/spider silk windbreaker.

Justin:

Blend. It's a blend windbreak, blend [crosstalk]...

Griffin:

And our faces—

Travis:

It's spiders, though—

Griffin:

Our faces are on the elbows, like patches.

Justin:

Right, made of spider webs. I had Travis harvest all the spider eggs.

Travis:

It was terrifying.

Justin:

They incubated in his belly and then burst forth and made jackets. [laughs]

Travis:

That part was actually pretty nice.

Justin:

That was nice. He had to—

Travis:

I finally understood what motherhood is like.

Justin:

[laughs] Travis had this—

Griffin:

An anonymous uh, emailer...

Justin:

[laughs]

Griffin:

... on G-mail—

Justin:

I just wanted to say that Travis had to swallow a jacket pattern that we bought at Michael's. [laughs]

Travis:

[laughs].

Justin:

It's work. It's all work.

Griffin:

An anonymous emailer on G-mail asks, uh, "I received my first job out of college in March and I am still employed here. I was curious when it was appropriate to ask for a raise and how to go about doing it? My boss is a really nice guy, but due to my social anxiety and my lack of fully understanding the intricacies of a workplace, and this workplace in particular, I'm afraid to bring it up. What do you suggest?"

Justin:

I say six months, or the first time you see him boning the FedEx lady.

Griffin:

Hey-o.

Travis:

Hey-o.

Justin:

That's when. That's the time to do it.

Travis:

Most jobs have like an annual or three month or nine month review. So you might wanna check and make sure that that doesn't already exist. But otherwise, bring it up after you've done something really great or something really wrong.

Justin:

Start by joking about it, and then the... a classic, a classic McElroy move, suddenly the joke becomes serious. [laughs]

Griffin:

Oh, yeah.

Justin:

They won't even know it happened. Because, like, you've been joking about it and then, "Wait, has it been a joke? I don't remember, but I think he's been talking about it for a long time."

Griffin:

What you got to keep in mind—

Travis:

[crosstalk] Oh, go on.

Griffin:

You got to keep in mind, is that company, it's worrying about spending its money on things like buying the things that it needs to keep its company running and keeping the power turned on at their big...

Justin:

Yeah, wait a minute.

Griffin:

They don't give, they don't give two shits that they're paying you an extra 50 cents an hour. The only person who cares about that is you. So, you know—

Justin:

Wait a minute.

Griffin:

Don't, don't feel like you're inconveniencing them.

Justin:

I realize the best time to ask for a raise is after the economy is not made of toilets. [laughs] How about that?

Griffin:

[laughs].

Justin:

How about you wait until that is happening? Where, where, the, the... Your, your basic threat is, "If you don't give me, um, a raise, I'm quitting." And like, in most companies, "Oh God, thank Christ, finally fewer staffers."

Travis:

I'm gonna let you in on a Travis McElroy secret when I have shitty jobs and I want to get a raise. What you do is lower your standards. Lower their standards. Just start doing a really average, boring job. Really only commit about 65%, every day.

Justin:

Okay.

Travis:

And one week, go in...

Justin:

[laughs].

Travis:

... and give...

Justin:

The full force.

Travis:

... 92%. Don't push yourself. Don't wear yourself out or anything. But comparatively, it'll make it seem like, "Wow, he's—"

Justin:

"Travis has been getting a lot better, hasn't he? Hasn't he been getting a lot better?" [laughs].

Travis:

And that is the time to start bringing up, like, raises and promotions, when you really haven't pushed yourself or done anything, you've just lowered their expectations so low that you can't fuck it up.

Justin:

[laughs] "He got bad for a while. I thought he got bad for a while, but he seems to be on an upswing."

Griffin:

Also, if your, if your bosses seem unreceptive to the idea of giving you a raise, don't be afraid to dip your snoot in the tiller.

Justin:

[laughter]

Griffin:

Just get down in there. Maybe slide a couple of twenskies.

Justin:

[laughs]. Just... Maybe just a taste... Maybe you just need a taste. [laughs].

Griffin:

Just slip a couple twenskies into that back pocket.

Justin:

[laughs].

Griffin:

"Are those your twenskies? Did you come in with them?"

"I think so."

Justin:

[laughs] Just a taste. Have a snoot. Whatever.

Griffin:

Taste that tiller.

Justin:

Just taste the tiller.

Griffin:

Formspring asks, "MBMBaM, I have been chosen to be a best man in my friend's wedding and I've been trying very hard to figure out what to say for the toast. Do you have any suggestions? Thanks."

Travis:

Mm-hmm...

Griffin:

Travis—

Travis:

I'm pretty sure there's like a formula to this.

Griffin:

Mm-hmm.

Travis:

Like, open with a joke, tell a story, give a well-wish for the future, take a drink.

Griffin:

Or, take 80 drinks beforehand, and then it'll be over before you know it.

Travis:

If you remember what you said in your toast. It wasn't a good toast.

Justin:

I have only given one best man toast, and they're divorced now, so what the fuck do I know? [laughs]

Griffin:

[laughs].

Justin:

Apparently just do the opposite of whatever I did.

Griffin:

Oh, if you'd given them some sage advice...

Travis:

I think as long as you—

Justin:

I know. Here's the... Here's your toast. Just say, "Don't get divorced. And if you do, it's not on me."

Griffin:

"It's not on me."

Justin:

Then drop the mic.

Griffin:

But drop it... Hold it horizontally first...

Justin:

Yeah.

Griffin:

... and then drop it drumline style.

Justin:

What?

Griffin:

Like you have to do with all microphones.

Justin:

[laughs] I don't even know why they make stands anymore. What am I going to do with that? Didn't you mean drop it on the floor? Because that's what I'm doing.

Griffin:

Um, no, just don't say anything that's gonna embarrass the newlywed couple. Don't ruin the wedding. There it is.

Justin:

Don't ruin the wedding.

Griffin:

Don't say anything that's going to ruin the wedding.

Justin:

Yeah.

Griffin:

'Cause they spent so much money. It's not your time, it's their time. So don't ruin it by talking about genitalia or anything.

Justin:

"Hey, My Brother, My Brother and Me, I was just wondering, I'm going to be going to college in the fall, are there any essential college things that I should do in college? [laughs] Thank you." That's from Google Voice. Um...

Griffin:

Now, let's talk about Google Voice for a second.

Justin:

Okay.

Griffin:

We have a, we have a toll number. Toll, not toll-free. There is a toll.

Justin:

A tolled number

Griffin:

The toll-free service costs us money, and come on. Um, we're passing it down to the listener, to the user. Uh, so you can call. That number is 203-MBMBAM1, or 203-626-2261, uh, and leave a message. Now, when you do that, you need to leave your name, which, uh, this person did not do. Um, and you also need to enunciate, or don't, because the transcriptions that Google Voice generates are hilarious. And I'd like to take a moment to read some of these if that's okay with everyone.

Justin:

Okay, are we going to circle back around on this question, or no?

Griffin:

We'll, we'll come back to it—

Justin:

Okay.

Griffin:

... but I feel that this is such an important new feature to MBMBaM that...

Justin:

Okay.

Griffin:

... I think we need to bring it in.

Justin:

Well, let me, let— I'll tell you what, let's advise this person real quick, because I want to be able to advise...

Griffin:

Okay.

Justin:

... people who have called into Google Voice via their transcription.

Griffin:

Okay, um, whoever you are, just learn.

Justin:

Just learn. I, I swear to God, [laughs] if you focus on actually learning in your college years, you will be literally years ahead of your compatriots. And then, and also, um, on the flip side of that, if we can be the devil on your shoulder for a minute, just don't learn. Just don't, don't go to classes and stuff. Like, just do the minimum amount you need to graduate.

Travis:

And if you're lucky, you'll get to attend a party that's broken up by the FBI, as I did once, and that party ruled.

Justin:

Or throw a beach party in your... Uh, we, we, we used to have an annual beach blush party where we would fill, [laughs] fill my friend Jason's apartment with sand. [laughs] And, uh, his landlord loved that. Did not get that security deposit back.

Griffin:

[laughs].

Justin:

[laughs].

Griffin:

Or throw a computer beach party. Uh...

Justin:

What's that?

Griffin:

Everyone, YouTube computer beach party whenever you're done, uh, doing this. I, I think you should also figure out what you want to do early, 'cause nobody has ever switched majors in college and finished.

Justin:

Yup.

Travis:

That's true.

Justin:

Commit to a life.

Griffin:

Commit to a life nyow.

Justin:

Nyow. Okay, Google Voice.

Griffin:

So, Google Voice. Let's read some gems.

Justin:

Okay.

Griffin:

"Hey, it's not to choose from everywhere. Nine. Well, you know, I was really nose were you at some of that the picks up pick up the phone lines I, I wouldn't touch. Anyway, my girlfriend's going away. On. Think for about a month. And I'm gonna be here alone here and I don't know what to do. I have friends but anyway once I just. Thanks. Bye."

Travis:

Great question.

Justin:

Whoa.

Griffin:

Great question. Um...

Justin:

I think, is he saying he's got nine girlfriends? And they're... Some of them are going away and some of them are still going to be his friends?

Griffin:

I think so, and also his girlfriend is on.

Justin:

Is on. His girlfriend's on.

Griffin:

It capitalized "on" for some reason. [laughs].

Justin:

Okay, so his girlfriend's, like, on point. She is on—

Griffin:

Yeah.

Justin:

... like, 24/7, just drama, it sounds like. Sounds like he's got eight girlfriends that are non-drama girlfriends.

Griffin:

Mm-hmm.

Justin:

Then he's got one who's just on, 24/7. Drama, drama, drama. And is she the one leaving?

Griffin:

It sounds like it.

Justin:

For a month? Pick up, pick up. Pick up, pick up. [laughs]. So she—

Griffin:

[laughs].

Justin:

... you're calling her, okay, and she's not answering. And you've got eight girlfriends at home. I think you just need to stop worrying.

Travis:

Yeah. I feel like you're covered.

Justin:

I feel like you've got it with this girlfriend scenario. You're like that girl a couple weeks ago who wanted to meet 11 nice guys every week. [laughs].

Griffin:

[laughs] Here's another good one.

Justin:

Okay.

Griffin:

"Hey, it's a Saturday, am. I have a serious questions for you this time. One, do you think that will me I'm loser mall. Hey. Do the. Or innocent and why he had act."

Justin:

Hmm.

Travis:

Hmm.

Justin:

That, that had to be by the Black Eyed Peas, right?

Griffin:

Yeah.

Justin:

Read it over again. I think it's about the Black Eyed Peas.

Travis:

I think I heard will.i.am.

Griffin:

"Hey, it's your Saturday, am."

Justin:

Yeah, will.i.am.

Griffin:

I have a serious question for you this time.

Justin:

Okay.

Griffin:

One...

Justin:

Is it 2008? No. It's 3000 and late. What?

Griffin:

"Do you think that will me. I'm loser mall. Hey, do the or innocent and why he had act."

Justin:

Did you say do the or innocent?

Griffin:

Do the or innocent, yeah.

Justin:

Okay, all right, so he's getting into the dance scene.

Griffin:

It's a dance.

Justin:

Yeah. That's the dance, the new dance in the South, in college campuses on the South, is [crosstalk].

Travis:

And I'm pretty sure the, the Asian guy in the Black Eyed Peas is named Loser Mall.

Griffin:

Yeah.

Justin:

Is it Loser Mall? It's will.i.am, Loser Mall...

Griffin:

Fergie.

Justin:

Justin Timberlake. [laughs].

Travis:

Fergie-ferg.

Justin:

And Fergie.

Griffin:

Hey, did you guys know that Fergie is short for Ferguson?

Justin:

[laughs]. I did say that this caller is asking about Clarissa Explains it All, where can they find back episode that prominently feature—

Griffin:

Ferguson from Clarissa Explains it all got a sex change operation, um, downtown, and now he's...

Justin:

You mean not in his uptown. Not his uptown. He already had—

Griffin:

The location was uptown, but his pieces.

Justin:

Okay, he... But didn't go to the Bronx, or Brooklyn. Uptown, to the nice sex-change.

Travis:

Sure.

Griffin:

That's where all the good sex-change operators...

Justin:

That's right above that.

Travis:

Everyone knows that, Justin. Duh.

Justin:

That's where that really good Thai place we went to that one time. The really good sex-change place. [laughs].

Griffin:

Um, so that's Yahoo—

Travis:

I think they're confused.

Griffin:

That's our voicemail number. Leave one for us.

Justin:

You got me excited when you said, "That's Yahoo." I thought you were about to say that Yahoo-Sirius had called our voicemail line. [laughs].

Griffin:

So that's Yahoo-Sirius. If you're Yahoo-Sirius and you're listening to this show, please, sweet Christ, leave a message.

Justin:

And make another movie. [laughs].

Griffin:

Make some more movies.

Justin:

Have just slightly less Young Einstein. That's the movie [laughs] I want from you this year.

Travis:

Middle-aged Einstein.

Justin:

Slightly— [laughs] Middle-aged Einstein in 2010 or bust.

Griffin:

Call our voicemail, 203-626-2261 or 203-MBMBAM1, uh, and, you know, ask for some wisdom, and we'll give it to you.

Justin:

203-MBMBAM1. If you can think of an easier way to remember that, let us know. Um...

Griffin:

Yahoo, a serious Yahoo question.

Justin:

Okay.

Griffin:

This one comes from Niña—

Travis:

Niña.

Griffin:

... who asks, uh, "Am I pregnant? I had dry hump sex wit my boyfriend on Friday..."

Travis:

[laughs].

Griffin:

"...and I was on my period. I am having weird feeling in my stomach, and under my stomach it hurts, and my lower back hurts, or is it that I am thinking that I am pregnant that why am I feeling like this?"

Justin:

Oh, wow. Um, I think—

Griffin:

Sounds like a real scare.

Justin:

Yeah, sounds like a scare. Uh, it sounds like, um the, the pain you're having in your stomach might be those, um, those rocks or child's toys that you ate because you're so stupid.

Griffin:

[laughs].

Justin:

That could be the answer, that you were just picking up small objects that you can fit in your mouth, like a, like a pool cue chalk, uh, iPhones [laughs]. Just anything you can swallow, you've been, you've been—

Griffin:

I eated some Legos before having dry hump sex wit my boyfriend.

Justin:

Wit my boyfriend.

Travis:

Wit my boyfriend.

Griffin:

Uh, she also inner-capped boyfriend, which I'm going to start doing from now on.

Justin:

Uh, you—

Travis:

Listen.

Justin:

... you, uh, you [laughs] can't get pregnant by dry humping your boyfriend on your period, but you can get single pretty quickly. [laughs].

Griffin:

And I could get grossed out.

Justin:

I could get pretty yucked.

Travis:

[laughs] Uh, that pain you're feeling in your stomach might be the devil, you sinner.

Justin:

Yeah. What up? How 'bout you go to church?

Griffin:

[crosstalk] ...trying to get out.

Justin:

Yeah, Satan.

Travis:

But, no, good luck with the baby.

Griffin:

This is what happens—

Justin:

Yeah, good luck with your baby, your stupid baby. [laughs].

Griffin:

[crosstalk] ...gets sex education classes kicked out of schools, this is the result.

Travis:

Yeah.

Griffin:

Good going, America.

Justin:

Yeah, way to go America.

Travis:

Look what you've done.

Justin:

And, and by the way, you know this girl's definitely pregnant, right?

Travis:

Mm-hmm...

Justin:

That is the world we are in. This girl's definitely, definitely pregnant. Definitely.

Griffin:

So super pregnant.

Justin:

Yeah. Future MBMBaM listener right there. [laughs]. "Hey, I'm leaving my job of two years next week and I'm very, very excited about the move." Uh, no. Well, there's your first mistake. I can just stop you [laughs] right here. "Uh, I know on my last day during my exit interview, I'll be asked why I'm leaving. My issue is, should I tell my horrible bosses that they suck, and everyone who works under them hates their lives? Or should I play nice to avoid burning bridges in case I ever need a reference? I really want to tell them what's up for the sake of my friends and coworkers that I'm leaving behind." Tristan can't help them. Fact. [laughs]. Tristan can always help them. Uh, he's an American hero. But anyway. Uh...

Griffin:

He's... I mean, he's up, he's up in someone's guts in Afghanistan and Iraq right now.

Justin:

He is.

Griffin:

But he actually possesses the ability to teleport, uh you just have to say his name backwards.

Justin:

Yeah, it's not, it's not a big deal. Um, or you can just subscribe to his Twitter feed, he's TheTriscuit. [laughs]. Um, so...

Griffin:

[laughs].

Justin:

... so, uh, it helps us... Just ask him there. Just ask him on the Twitter. Uh, you are not going to do yourself any good, uh, but did any... Let me ask you this, did anybody do that for you, Laura? In the two years you were at that job, did anybody have an exit interview where they told their bosses not to be such dillweeds? Probably not.

Griffin:

I can't stress this enough—

Travis:

That's one of those that everybody always fantasizes about, and... but you're never going to actually do it. You're going to roll into that meeting, they're going to ask why you're leaving, and you're going to say, "Well, it was just time." And then you'll get out and feel like a, you know, a coward for not saying anything, but no one ever says anything.

Justin:

Yeah, who cares? They don't want to hear it. They really don't.

Travis:

You're leaving.

Griffin:

It doesn't matter, it doesn't matter what you say. I, I... or what you do, there... you don't need to have some, you know, grand send off. All you have to do, just dip that snoot in that tiller.

Justin:

Wow.

Griffin:

You have no reason not to do it. They're not going to fire you.

Justin:

Just dip your snoot in.

Griffin:

Dip your snoot deep down in there and just take everything that's not stapled.

Justin:

[laughs].

Travis:

[laughs].

Justin:

Do you know how good you'll feel if you give a... lying in your exit interview, but you know that your pocket is full of staplers? [laughs].

Travis:

[laughs].

Justin:

Just full of like staplers and post-it notes and cash, just cold hard cash.

Travis:

Oh, and throw this out, "Why are you leaving?"

"I could never find a stapler."

Justin:

[laughs]. Can you? Good luck.

Travis:

And just leave them with that thought, and I guarantee you they will spend the next week trying to find a stapler.

Justin:

Hey—

Travis:

Oh, that's great.

Justin:

... which is correct? This is from Ababy, Gmail. "Uh, which is correct—"

Travis:

Ababy.

Justin:

Ababy. "I couldn't care less or I could care less? I've heard both used, but we need a definitive answer." You know what's ironic about this one, the answer is actually in the question, which is so rare. [laughs]. You said it twice. The answer of course is, I couldn't care less. [laughs].

Griffin:

Right.

Travis:

I feel like—

Griffin:

Although it depends on what you're saying.

Travis:

... I feel like, "I couldn't care less," is like, you know, fuck it, who cares? I couldn't care less. But then if you're having a touching moment, you're like, "I could care less." That's...

Griffin:

[laughs].

Travis:

... that's saying a completely different thing.

Justin:

Yeah, I don't see what—

Griffin:

I care a great deal about what's going on right now. There are levels of caring...

Travis:

Yeah.

Griffin:

... that are below my current level.

Justin:

That, um, I don't think you should do either. I don't think you should say either one. I think you should get invested in your world. Make a positive difference. Team up with us, Russell Simmons, we're going to go down to the riverfront [laughs] and just pick up all the trash. And, and that's caring.

Travis:

How about work this into your vernacular? I could care more. [laughs].

Justin:

Yeah, confuse people. Flip the script.

Griffin:

"How do you feel about dolphins?"

"I couldn't care more. Gotta save them all."

"How do you feel about the oil spill?"

"I couldn't care more. I care so much it hurts!"

Travis:

[laughs]. It hurts sometimes.

Justin:

"Why did you quit your job?"

"Because I care too much. I care too much for this Arby's to watch you turn it into the freak show that it has become. It is just supposed to be a roast beef and roast beef related product establishment. And you've turned it into something that is just a tool—"

Travis:

A mockery.

Justin:

"A mockery of the Arby name. The Arby family will be hearing about this. Good day, sir. Good day." Okay guys, "So I'm 19 and from Scotland. I've been actively going out drinking, fraternizing, in the clubs for about a year and a half now. I'm coming to America for a few weeks, months in September, and I'm not going to be allowed to legally drink." Aw, man.

"What the fuck do I do? I go out like three, four times a week at the moment and I can't imagine the horror of not being allowed to drink. What would you guys suggest I do to fill my time or to get into bars?" Okay, Simon—

Travis:

Why don't you attend Alcoholics Anonymous meetings?

Justin:

... yeah, get your life in order, dude. You're 19, this should not be that big of a problem for you. But that said, you don't know how it is, man. You're coming to America with a Scottish accent. You've basically got a super power. Basically.

Griffin:

Oh, that's true. That's true.

Justin:

If I could lock in a, a Scottish accent at 19, woof, I've been drinking on the, on the reg.

Griffin:

You're like a young Craig Fergie.

Justin:

Yeah, Craig— [laughs]

Travis:

Fergie-Ferg.

Justin:

... Fergie-Ferg. Did you know Ferguson grew up, got his sex-change [laughs] operation undid, changed his first name to Craig, [laughs] and, uh, and hosted a late night talk show.

Griffin:

He's actually, um, he's a lycanthrope. Is that right?

Justin:

Lycanthrope.

Travis:

Yeah.

Griffin:

Like, uh, he's a lycanmorph, where in the daytime, he's...

Travis:

Animorph.

Justin:

[laughs]. He's an animorph. He can change [crosstalk]

Griffin:

He's an animorph. In the daytime, he is Craig Ferguson, comedy talk show host. Nighttime, Fergie from the Black Eyed Peas.

Justin:

Seems like poor timing. If I was...

Griffin:

Between 3:00 and 4:00 in the morning, he's a tiger. [laughs].

Justin:

I wouldn't, I wouldn't want to be a late night talk show host at night, I think.

Griffin:

He records in, in the daytime, though. Don't you know how TV works?

Justin:

3:00 to 4:00 in the afternoon.

Travis:

And then at night he dances around to Black Eyed Peas and pees on himself.

Justin:

[laughs]. People in the place, if you wanna get down. Uh, listen, Simon, seriously, you're not going to have any problems. Just tell somebody, like, with your, with your Scottish accent, say that you want some beer, some American beer, and you're gonna get it. It's not gonna be a big deal, I promise. You're just going to have to drink in people's houses.

Travis:

Yeah.

Justin:

You're not gonna be able to drink in, in bars. Although, you know what? You're probably... You, you know you're gonna be able to get into the bars, right? You just can't buy the drinks. But if you're over 18, most places, you can get in. Um, you just can't drink. Uh...

Travis:

I'm gonna throw out a three word answer here. Grow a beard.

Justin:

Oh, wow. A beard—

Griffin:

If he's from Scotland and he's 19, he's already there.

Justin:

Yeah.

Travis:

Yeah.

Justin:

Get a beard and a Scottish accent, you'll be collecting social security checks. Forget about... People will think you're 80 years old. [laughs]

Travis:

Yeah. [laughs].

Justin:

"Who's that 90-year-old man that came with Denise?"

"Oh, that's Simon. He's 19. Go buy him a beer."

Griffin:

Not just any old beard, though. A great big bushy beard.

Travis:

A great big bushy beard.

Griffin:

Hey, Yahoo Answers user, Bottom Crawler... Oh Jesus—

Travis:

[laughs].

Griffin:

... asks, "In movies, who is the greatest? Who is the greatest, your favorite protagonist? Who is the greatest, your favorite villain? Who is the greatest, your favorite duo?" He provides a few answers. "Protagonist, Rocky Balboa, Sylvester Stallone. Haha. You wanna see an American tough guy? Rocky has done it all."

Justin:

[laughs].

Travis:

[laughs].

Griffin:

"Rocky has done it all. Walk the streets playing with a ball, own a restaurant, and unite the world through boxing."

Justin:

[laughs].

Griffin:

"Villain. The Queen, Lucille Laverne, the old witch who fed Snow White the poison apple so that she could be, quote, "fairest of them all." Duo. Hans Solo—"

Justin:

[laughs].

Griffin:

"... Harrison Ford, and Chewy." Oh, man.

Travis:

Well, it seems like he already answered his own question.

Griffin:

Chewy spelled C-H-E-W-Y, [laughs] as in...

Justin:

[laughs].

Travis:

And his buddy, Crunchy.

Justin:

[laughs]. I have gotta see this movie.

Griffin:

[laughs]. Um, listen. These people are icons. You know, they're role models for people, and I get the importance of, of needing to know who is the best, who is the greatest. Um, I mean, Rocky Balboa has done it all.

Travis:

Mm-hmm ..

Griffin:

Um, walking the streets, playing with a ball. And he does own a restaurant. And like, that's, that's something I aspire to on a daily.

Justin:

Is this... Did this person mean to write a free-form rap? [laughs].

Griffin:

It kinda sounded like it.

Justin:

Yeah.

Griffin:

Only the best rap ever.

Justin:

Yeah, it's kind of fresh.

Griffin:

Uh, d'you hear that new Bottom Crawler jam?

Justin:

[laughs]

Griffin:

Rocky's done it all, up the streets with a ball.

Justin:

I heard he's working with will.i.am and...

Griffin:

[laughs].

Justin:

... Ferguson, from Clarissa Explains it All. [laughs]. Walking down the hall, play with a ball, Clarissa explains it all.

Griffin:

[laughs] Uh, Formspring asks, "I can't sleep. What can I do to sleep?" I love these questions, man. So simple.

Justin:

So simple, what do I do to sleep? Pzziz, gotta get down on that Pzziz. Official, official sponsor of My Brother, My Brother and Me. Just get a Pzziz nap, you're gonna feel good.

Travis:

You know, I, I always used to get tricked into that, because I used to have trouble sleeping too. And, uh, mom and dad would always, you know, when I was little, say, "Well, just lay down and close your eyes, and it's as good as sleeping, you know? Just lay there and rest." And then all of a sudden you're waking up two hours later and you're like, "Oh, I fell asleep." It's when you try to sleep, it's when you're thinking so hard about it, that's why you can't sleep, because you're trying to sleep. You know, just let yourself fall asleep. It's much easier.

Justin:

Yeah. If you close your—

Griffin:

I like to dream I'm a superhero.

Justin:

You like to dream you're a superhero?

Griffin:

I dream I'm a superhero. That one always knocks me out. I don't know why. I just dream I have superpowers, then boop. I think it's 'cause I want superpowers so bad that I wanna really get into that dream.

Justin:

That's fair.

Griffin:

My body's like, "Here we go."

Justin:

Okay, I like that. I like that. I think maybe it's 'cause you're not stressed. 'Cause you're not stressed by anything because you're thinking about, "Wow, superpowers, that would be bomb."

Griffin:

Mm-hmm .

Justin:

Um, I think if you have trouble getting to sleep, then you're not tired.

Griffin:

Oh.

Justin:

Maybe stay up and do something. [laughs] Your life's ticking away. If you don't wanna go to sleep, don't go to sleep. That's what I say.

Travis:

I'll tell you what, though, a trick, and, you know, jokingly most people would say, you know, "Have a couple drinks." The problem is, when you do that, you don't sleep as well. It's the reason if you get really drunk you tend to, like, wake up bright and early, because you're not really sinking into that deep, restful sleep that you get naturally. So you might fall asleep, but you're not gonna get the same rest you would if you just, you know, allowed yourself to fall asleep naturally.

Justin:

That's true. That's true. The, the drinking thing is not a good... I just say, get up. You know what? Exercise can be good. If you exercise during the day, sometimes you'll sleep better. I think. I've heard. I have no idea. [laughs]. How could I, how could I test that theory? [laughs] I don't know. [laughs]. No.

Griffin:

Also, don't have nightmares.

Travis:

Oh, yeah. Those will wake, wake you up.

Justin:

Yeah.

Griffin:

Do everything... If you are having a dream, and it starts to look like a nightmare, you need to just, you need to Inception that shit and switch it back to a good dream.

Justin:

Flip it.

Griffin:

I haven't seen Inception, but I think it's just Leonardo DiCaprio taking nightmares and turning them into sweet, sweet dreams.

Justin:

He's like, "This place looks like a nightmare. Let's get you out of here. We'll flip this script. Look, my fingers—"

Travis:

And Kirk Cameron is there.

Justin:

"... my fingers are made of rainbows. You're in a gumdrop candy forest." [laughs]. "What are your views," asks Formspring, "on the use of recreational drugs?"

Griffin:

They're illegal. People who do them should go to jail.

Justin:

Yeah, have fun in jail, drug-o.

Griffin:

How's that? How do... What are my views on robbing liquor stores? That's a— That's a crime.

Travis:

Well, except for salvia. Salvia's legal, right?

Griffin:

Yeah, but don't do that, 'cause then you'll think the world's ending...

Travis:

[laughs].

Griffin:

... for about 15 minutes.

Travis:

Yeah.

Griffin:

That's the worst. [laughs].

Justin:

And then you'll, and then you'll wish the world had ended. [laughs].

Griffin:

Yeah.

Travis:

Oh—

Justin:

Wow.

Travis:

... use of recreational drugs.

Justin:

I... One time I got... As, as far as recreational drugs, the one time I got high on salvia, I, I was still high and my dad called and talked to my wife, and somehow, the conver— My dad joked that my grandmother could see the future, and I started crying because my nonny could see the future. [laughs]

Griffin:

[laughs].

Justin:

So don't... So I guess what I'm saying is, don't do drugs. [laughs].

Griffin:

Nope.

Travis:

I, I did salvia, and now I'm a zen Buddhist. Um, so...

Justin:

So there.

Travis:

Yeah, things happen.

Justin:

It was a, it was a eye-opening experience.

Travis:

It was.

Griffin:

I, I actually just got back from, uh, from the Pitchfork Music Festival, where I was constantly surrounded by people who were enjoying a number of jazz cigarettes.

Travis:

[laughs].

Griffin:

And let me tell you, that's tough, man. It makes some people do some crazy things out in the hot sun.

Justin:

You were just high on music there, right, and good times?

Griffin:

I was high on music and good times. I'm talking... But, like, everyone else around me was like, "Hey, Griffin, try this jazz cigarette," and I was like, "No, I don't."

Justin:

I gotta be strong.

Travis:

That's the important to keep in mind. When you smoke the devil grass, it might be fun for you, but everyone around you hates you.

Justin:

Yeah, everyone thinks you're boring.

Travis:

Yeah.

Griffin:

Like, 'cause it turns you into an incomprehensible ninny.

Justin:

You're not funny, you're boring.

Griffin:

You're boring.

Travis:

And you start doing that laugh thing, and it's so— [crosstalk]

Justin:

Ugh. I'll slap, slap the shit out of you. Hey—

Travis:

Although, so much different from watching a drunk guy stumble around. That shit's funny.

Justin:

'Cause who knows what he's going to do? I know [crosstalk].

Travis:

He's crazy, he's drunk.

Justin:

The weed guy's gonna ask if I've seen, uh, uh, [laughs] Fear and Loathing in Las Vegas. Yes, I have. And do I want to watch it again? No, I don't.

Travis:

[laughs].

Griffin:

[laughs].

Justin:

How about that?

Griffin:

Um, but don't do, don't do recreational drugs, 'cause soon you're gonna be out on the streets like that, that lady in Los Angeles who was on the crack that came up and coughed into my mouth as I was walking on the sidewalk...

Justin:

[laughs].

Griffin:

... coughed right into my mouth.

Travis:

Now Griffin's addicted to crack. [laughs].

Griffin:

She stood in front of me, waited for me to open my mouth, and... [coughs]

Travis:

And then charged him \$200 for it.

Justin:

You can't salvage that day. You know that? [laughs].

Griffin:

I was too— I didn't salvage that.

Justin:

That's a big old L. Uh, "I've recently," this is from Scottie, who's a lady. Asked this on Gmail. "I recently started working for my mother. She's running for public office, and I'm basically her personal assistant and media director, which just means I run her Facebook and Twitter. The problem I'm having is that I try to take the job seriously and try to be professional, while my mother does the opposite. She'll poke fun at me and treat me like a 14-year-old while I'm trying to work. How can I try to establish a work relationship without upsetting her? Any advice?" That's tough, Scottie, because that's why a lot of people don't work for their folks, or, I mean—

Travis:

I've thought for a long time, I've had the opinion that working for family is not a good idea.

Justin:

Yeah, it's, it's just a weird— I mean, which is probably not very helpful to you. [laughs] Quit. Give up.

Griffin:

[laughs]. Um...

Justin:

I guess, I guess you should usually try to ape the spirit of the boss, and like, if she's not being serious about it, then you have no reason to take it super seriously either. I mean, I guess is the best advice I can give you, because

that's just going to cause... You're not going to be able to convince her to take it more seriously. It's her campaign.

Griffin:

Also, you run her Facebook and Twitter. You have the reins to her, to her social, you know, face.

Justin:

Yeah.

Griffin:

So, you can take her hostage, basically. You could make her tweet some really embarrassing shit if she, if she, you know, plays you like a chump.

Justin:

Yeah. Say, "Stop playing me like a chump, Moms."

Griffin:

Nobody gives anybody respect. You gotta earn that shit.

Justin:

Yeah, on the street.

Travis:

Yup.

Justin:

I guess what I'm saying is shiv her.

Travis:

Yeah. Challenge your mom to a fight in the exercise yard.

Justin:

Yeah.

Travis:

Then give her the old toothbrush in the ribs.

Justin:

The old sharpened toothbrush to the ribbos. Uh, so Scottie, stab your mom. Tucker writes...

Travis:

[laughs].

Griffin:

[laughs].

Justin:

... Tucker writes [laughs], "I'm working in a retail store and have to deal with the occasional douche-bag customer who thinks it's appropriate to yell and scream at me over policies and practices that aren't mine. Do you have any suggestions on tactics to respond to people like this, and do I... and still keep my sense of self-worth?" I have a great suggestion for you, Tucker from G-mail, go fetal.

Travis:

[laughs]

Justin:

They start yelling, you go fetal. And it's like, "Oh, what did I do?" They won't know what they did, and you're not going to tell them, because you're fetal right now. And, and, and then, and what do they have to do? Now they're concerned about your well-being. They have to call over your boss. They say, "Look, I was... This person went fetal."

"What were you doing?"

"I was kinda yelling at them and stuff."

"Get out of my store!"

Griffin:

[laughs].

Justin:

"Wake, wake up, Tucker. It's okay, they're gone now. You... [laughs] Is your fainting acting up again?"

"Yeah, it is."

"Do you want to take the rest of the day off?"

"Uh, yeah, I think so." Boom! Go see Inception.

Griffin:

[laughs].

Justin:

"Thanks for yelling at me, D-bag. I'll see you in the popcorn line, jerk."

Travis:

[laughs].

Griffin:

Yeah, that's it. Let's move on.

Travis:

Yeah.

Justin:

Yeah, go fetal.

Griffin:

Uh, Benjamin asks, via G-mail, "Dear McElroy clan, I'm 19 and my girlfriend has just given birth to my first son, Alfie."

Travis:

Congratulations.

Griffin:

"My question is, how do I become fatherly? Well—"

Justin:

Shit.

Griffin:

... I generally wear a dressing gown and slippers when lazing around, and do enjoy a Werther's Originals...

Justin:

[laughs].

Griffin:

... along with other boiled sweets. Do I need to start smoking a pipe or wearing a tweed jacket? Benjamin."

Justin:

Shit. Benjamin, you jumped right over... You went straight to great-grandfatherly, man. [crosstalk]

Travis:

[laughs] I often tell my kids about the war.

Justin:

Yeah, I make them put coconut oil on my legs to get rid of my varicose veins. What? You confused dad— Like your dad is supposed to be... The only trick to being a dad is to constantly let your child know that you could beat the shit out of them at any given moment.

Travis:

[laughs].

Justin:

Your, your old man has to be old man strong, which means that your old man is stronger than you, always. And not only that...

Travis:

Sure. And that includes both physical strength and mental strength.

Justin:

... don't hit your kids, folks. That's not what I'm saying. You need—

Griffin:

Just make them live in constant fear that you will.

Justin:

Yeah.

Griffin:

And that it'll hurt so bad because you're so strong.

Justin:

Right.

Griffin:

[mumbling] Strong dad.

Travis:

I remember, I remember once playing board games with the family, and Dad beat Clue in one round.

Griffin:

Yeah.

Travis:

Solved that shit, solved that game piece in one round. And that, to me, also is part of old man strength, that idea of my dad is a genius—

Griffin:

I was just thinking about leading a family revolt up to that point, and then Dad shut the shit down.

Justin:

[laughs]. Oh, alpha dog.

Griffin:

Um...

Justin:

I guess what we're saying is to be the alpha dog, and don't—

Griffin:

You could also enjoy the one year that you've legally been allowed to vote.

Justin:

Nice. Oh, man.

Griffin:

But congratulations on your child.

Justin:

Uh. Also, marry her. Come on, man.

Griffin:

Yeah.

Justin:

Do the right thing.

Travis:

Put a ring on it.

Justin:

Put a ring on it. You clearly like it. Um, "I recently got a new girlfriend," and this is from Formspring, "and I've been trying to introduce my friends to her, a select few, all dudes seem to be acting as if she has the plague or something. They don't want me coming over to their house with her anymore. What the hell happened?" Oh Jesus. Dude, she's terrible.

Travis:

Yeah.

Justin:

Didn't you hear? [laughs].

Griffin:

Can we consider the possibility that she is legitimately bubonic?

Justin:

Oh, she's got the boobs.

Griffin:

No, I mean like—

Travis:

I think that might be the new coolest description of a girl ever, like bootylicious. "Oh yeah, that girl's bubonic. She's..." [laughs].

Griffin:

Straight bubonic.

Justin:

Straight bubonic.

Griffin:

Um...

Travis:

D'you see the bubons on her?

Justin:

She's cold bubonic.

Griffin:

I mean, if your girlfriend's wearing the mask of red death, you, you probably... Well, first you shouldn't be dating her, but you definitely shouldn't expose your friends to her.

Justin:

Yeah, what kind of "friend," quote unquote, "friend" I guess, semi-friend, friend with benefits that benefit being the plague...

Travis:

Mm-hmm.

Justin:

Uh...

Griffin:

"Hey, everyone, come, come be around... come drink up the humors [laughs] of my totally sick girlfriend. She gone get you die."

Travis:

Yeah. "This is my girlfriend the outbreak monkey. Enjoy."

Justin:

Yeah, uh, yeah, she's bad. She's bad— Not a good person. They, they, they... Uh, you gotta weight it against, like... One of two things is happening. Either she is terrible, or she makes you act like a terrible person. 'Cause they like you, right? And they know it's going to be awkward if they don't like your girlfriend. So, one of those two things is happening. It's not, it's not anything they're doing, I'm sure. Um, so you really need to, like, examine it. Take a, take a step back.

Travis:

Also there's a chance she's stealing stuff.

Justin:

She might be stealing stuff from their houses. [laughs] Why would she do that?

Travis:

I don't know.

Griffin:

So next time she picks up, next time she picks up anything, anything, uh, point at her face and yell, "Thief," as loud as you can.

Travis:

[laughs].

Justin:

Thief.

Griffin:

See how she reacts.

Justin:

Yeah.

Griffin:

That's how you gauge it.

Justin:

If she's like... If she, like, drops it and run, just sprints and throws herself through a plate glass window to escape...

Travis:

You got her.

Justin:

... you nailed her. You got her. Good one.

Griffin:

Um, Yahoo Answers user, Treetops. This is an important question. We, we rarely deal with matters of health...

Travis:

Okay.

Griffin:

... on this show.

Travis:

That's true.

Griffin:

So, I think this is gonna... Treetops asks, "Is there an easier way to lose weight than this?"

Travis:

[laughs].

Griffin:

In the description of this question, uh, Treetops has pasted a link to the music video for Rock Lobster. [laughs].

Travis:

[laughs].

Justin:

[laughs]. Is there an easier way of losing weight than doing [laughs] Rock Lobster?

Travis:

No.

Justin:

No.

Griffin:

The answer is clearly no, but I, I mean, the Atkins diet maybe, but that's a temporary... That ketosis only lasts for so long. Rock Lobster, that's a deep burn.

Justin:

[laughs]. Deep burn. You will be reddened, after that. Your muscles...

Griffin:

And it breaks down, and it breaks down all the fatty acids, the fatty layers, and they just fall off your body.

Justin:

I'm a big proponent of, uh, people are... I feel like people are born into their sexual preference, but I'm pretty sure if you go from being a fat guy to a skinny guy because [laughs] you work out to Rock Lobster constantly...

Griffin:

[laughs].

Travis:

... that would make you gay. I am 100% sure you will be gay after that. That will make you into a gay person. That's the only sure-fire way [laughs] to switch it up. I think, I think to switch it back you just have to see The Expendables. [laughs]. I'm pretty sure.

Justin:

[laughs].

Griffin:

Um, well, that can go one of two ways I think.

Justin:

Yeah.

Griffin:

There's a lot of beefcake in that movie.

Justin:

Wow!

Griffin:

Holy shit.

Justin:

It's like a beef bakery in there.

Griffin:

It's, it's like a beef [laughs] bakery, making sweet beef breads. [laughs]. Ah, delicious. "People often say that I look like Jack Black. Is that a good thing?"
Formspring.

Justin:

Nope.

Travis:

No.

Justin:

That's code. He's the one chubby guy in... who, who they let be in movies, [laughs] so...

Travis:

I would rather get Jack Black than Jonah Hill.

Griffin:

Sure.

Justin:

Yeah.

Travis:

Yeah.

Justin:

Yeah, I guess that's true. But Jack— But Jack Black sucks now. Name one good, good thing Jack Black has done in, like, the past five years.

Griffin:

Uh, Year One. Comedy movie. Maybe you didn't see it.

Justin:

Wow. That was the worst thing I've ever seen. I couldn't finish that movie. It was terrible.

Travis:

I don't know, have you seen the Año Uno version?

Justin:

Uh, Año Uno? [laughs].

Travis:

Yes.

Justin:

Yeah, I, I think I've seen that one, Uh, it is better in Spanish. You really get the deep, deep subtext. That subtext being that you're wasting your life on Year One. Ugh, Harold Ramis. Made me sad. Made my heart tired.

Travis:

I would rather get Jack Black than Chris Kattan.

Justin:

You... But you do get Chris Kattan. Not [crosstalk] 'cause you look like Chris Kattan, but, but with the beard, it's probably... but part of that's probably lightened, right?

Travis:

I actually... I got told like I look like a grizzled Chris Kattan. [laughs].

Justin:

Oh no! [laughs].

Travis:

A Chris Kattan who's been through some shit. [laughs]. Like Chris Kattan has.

Justin:

Oh, boy. Um...

Griffin:

He's been in some shit. I don't know if he's been through it, though.

Travis:

All I can think is, somewhere, Chris Kattan is getting more and more attractive every day.

Justin:

[laughs]. Bit more less grizzled.

Travis:

Yeah, as I become more grizzled like a Portrait of Dorian Gray kind of thing.

Griffin:

[laughs]. "Oh, Chris, you look..."

Justin:

I wanna hear Griffin's last question, uh, but first we have some, uh housekeeping. Uh, of course you can always, um, contact our show. Griffin tell them all the ways, all the many, many ways.

Griffin:

Uh, they're all collected, um, amalgamated, if you will, on mbmbam.com. Uh, but there's a link to our Formspring page there. You can email us at, uh, mbmbam@gmail.com. Uh, you can, uh, tweet at us, using the hashtag #MBMBaM, or @MBMBaM. You can call us at 203-626-2261, or 203-MBMBAM1.

Justin:

We gotta stop using all those numbers, I think. I think it's just going... Nobody's gonna remember that.

Griffin:

Okay, 203-MBMBAM1. Uh, leave a clear message where you enunciate, and, uh, leave your name, and we'll, uh, we'll read them on the show. Uh, and that's it. Make sure you, you download and subscribe to this show. Well, you've already downloaded it, obviously, but subscribe, and, and if you get a second, if you could leave a rating on iTunes, or a review, those really, really help us, um, get, get up on the ratings, the rankings. You know we just want to be number one.

Travis:

Word.

Justin:

And uh, uh, so here's the exciting thing.

Griffin:

Ooh.

Justin:

The exciting thing is that, um, you should, if not right this second, then, then, then almost certainly by the end of the day, uh, you should be able to go to mbmbmam.com and we're gonna have a link there to, uh, to pre-order t-shirts.

Travis:

Yay!

Griffin:

Yay!

Justin:

Yay! Uh, we got two t-shirts. Have I already described them? I feel like...

Griffin:

Yes, but...

Justin:

Two t-shirts. Um, I, I think they're like 19 bucks. Um, you can... And, and double XLs and triple XLs cost like a buck more, because it's a, it's a fatty tax. [laughs] Don't worry.

Travis:

[laughs].

Justin:

Uh, and uh, you can, uh, the... Better yet, you can get, uh, 10% off of the pre-order if you use the special code Walnut at checkout. [laughs].

Travis:

Can we whisper it too?

Justin:

What?

Travis:

I think it's, I think it's better if we whisper the secret code.

Justin:

Whisper the secret code. Don't tell anybody. [whispers] Walnut.

Griffin:

[whispers] Walnut.

Travis:

[whispers] Walnut.

Justin:

You, yeah, you use that secret code and you'll get 10% off your pre-order. Um, these are— I don't know how many more than the pre-orders we're going to make, uh, 'cause we have no idea how many [laughs] people are going to buy these.

Travis:

[laughs].

Justin:

So if you want one, get in it. Um, and of course, it'll be a little while before we get the shirt to you because uh, you know, we're doing a pre-order right now.

Travis:

[crosstalk]

Justin:

Right. Um, so buy them. Buy for your kids, your family members, uh, your friends, people you don't like so much. Try and make them cooler. Um, and you can pick those up, we'll have a link. Uh, our friends at ninja-bot.com are sort of handling that for us, um.

And you can, uh... If you have any questions beyond, um, what we've said here, you can email store@ninja-bot.com and, uh, you can ask them questions that you have. But, uh, those pre-orders, the link should be up on the site, on our site, mbmbam.com. Um, our iPhone app isn't, uh, up yet. Apparently there's... You know, it's gotta go through the Apple machine. So, we'll let you know when that's, when that's up.

Griffin:

They have to make sure that it's not just like a button and you press that button and then JPEGs of dicks pop up.

Travis:

[laughs].

Justin:

They gotta do the old dick JPEG test. Um, so, so that's the exciting stuff that's going on right now. So make sure you... And then of course, your source for up to the date information is always mbmbam.com.

Griffin:

Yeah.

Justin:

Yeah.

Griffin:

So check out that web address.

Justin:

Check out that web address. And get Twitter, while you're at it. Follow us @MBMBaM.com.

Griffin:

And thank you so much for listening. We hit 100,000 downloads last week. 100k.

Justin:

It's stunning. It's gross.

Griffin:

It's staggering. It's disgusting.

Justin:

Ugh.

Travis:

I have never felt more important. I've started pushing people. Talking about the little guy. It's great.

Justin:

[laughs]. You bully.

Travis:

I'm finally the big shit.

Justin:

Well, let's not go crazy.

Travis:

No? Okay. Maybe I should return that Lamborghini.

Griffin:

Our final question of today comes to us from William E, who asks, "Does anyone remember a Sudafed medicine commercial that aired from 1992 to 1993 that shows a woman and her car? What did you think of it?"

Justin:

[laughs].

Travis:

[laughs].

Justin:

I'm Justin McElroy.

Travis:

I'm Travis McElroy.

Griffin:

I'm Griffin McElroy.

Justin:

This has been My Brother, My Brother, and Me. Kiss your dad square on the lips.

[music plays]