

## Wonderful! 192: I Like When the Bread Gets Wet

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**Rachel:**

Hi, this is Rachel McElroy.

**Griffin:**

Hello, this is Griffin McElroy.

**Rachel:**

And this is Wonderful!

**Griffin:**

We're, ah, in the studio, making some magic. Definitely focused, I would say. How are you feeling, are you feeling focused?

**Rachel:**

[laughs] Not at all.

**Griffin:**

I feel laser focused like my attention is shining like a light through a prism, and it is focusing entirely on the show, so much so, I think I might burn it up with heat from my laser-like focus on the show. Definitely not thinking about other stuff. What other stuff? What else could there possibly be?

[singing] There's only us, there's only this, forget regret or— Ow, fuck!

**Rachel:**

[Laughs] What is that from?

**Griffin:**

Rent. The musical Rent.

**Rachel:**

Mm-hmm. Okay. And see, I, I'm at a point now where I almost want to guess Rent, but then I feel like maybe that's ignorant. So I— I should actually ask.

**Griffin:**

It's, it's probably the musical that I know the most shit about, just because it came out when I was right at the right... I was fertile ground for the scene of Rent.

**Rachel:**

Hmm. One might say that a lot of people feel that.

**Griffin:**

I really hit my finger really hard, babe. I feel like you don't care. I feel like you don't give a shit.

**Rachel:**

Well, it's just it's an audio medium. You know, you really didn't, you didn't have to gesture so wildly.

**Griffin:**

There's a lot of things I don't have to do to make art, and that's the end of that sentence and that thought. This is Wonderful, this is a show where we talk about things we like, things we think are good, things that we're into. [laughs]. It's a fucking nightmare here, man. It sucks 10 shits here, um...

**Rachel:**

Texas as you may have heard, is a hell scape.

**Griffin:**

Fucking nightmare.

**Rachel:**

Ah, in a different way. Not in the freezing pipes bursting kind of way, but in the like—

**Griffin:**

Yeah, or the thermonuclear hot eight months out of the year kind of way.

**Rachel:**

But in, in the way that the air is charged with poison particles.

**Griffin:**

Right, yes, that, and uh, we also, I mean, we are a menagerie of, of illnesses in this household.

**Rachel:**

Of illnesses. [laughs]. Griffin and I, just to like, just to start it off, I'll say that Griffin and I were both sick and thought we had food poisoning, and we thought, oh, that was unpleasant, and then two days later, Henry was sick, and...

**Griffin:**

But some of the sickest I've ever seen Henry, yeah.

**Rachel:**

Yeah, and, and Henry does not eat the same food we eat.

**Griffin:**

No, and then—

**Rachel:**

Henry eats consistently the same four things on rotation. [laughs].

**Griffin:**

And then we thought Gus had it, but then maybe it's just RSV.

**Rachel:**

And it is RSV.

**Griffin:**

And it is RSV, it just, it's, it's, it, it is, I don't know when this episode's going up. It's possible it's going up sometime this week, I think it may go up next week, we're definitely going to have to miss one.

**Rachel:**

Yeah, yeah.

**Griffin:**

But, um, yeah. I apologize that things are so wild, but I only kind of apologize because we are recording the show now, and keeping our head...

**Rachel:**

What is a kind of, what does a kind of apology sound like?

**Griffin:**

I think most, you know how, um, Mario Batali, when he sort of put out an apology when like, everybody accused him of fostering an atmosphere where sexual harassment kind of ran wild?

**Rachel:**

Uh-huh.

**Griffin:**

And he was like, "Yeah, sorry I guess. Anyway, here's a kick ass recipe for cinnamon rolls."

**Rachel:**

Yeah. [laughs]

**Griffin:**

I'm not sure I wanna liken myself to Mario Batali in any, any way imaginable.

**Rachel:**

Yeah, I don't think you should, yeah.

**Griffin:**

Hey, you have a small wonder? I can start.

**Rachel:**

Yeah, please.

**Griffin:**

That, that sweat potion we call Gatorade, I don't know if we've ever done a big, big segment on it. Seems like the the kind of thing that we will have done one on it.

**Rachel:**

Yeah.

**Griffin:**

But, uh, Ga—

**Rachel:**

Specifically the drink, not the humorous...

**Griffin:**

Oh, shit. That's what it, we've talked about—

**Rachel:**

We have talked about that.

**Griffin:**

... is the video of the people talking about the first time they taste Gatorade.

**Rachel:**

The video, yeah. [laughs].

**Griffin:**

No, man, I mean, well, a lot of Gatorade m- m- was consumed in this household.

**Rachel:**

Yeah, I mean it, it has value, but every time I drink it, I'm like, "Ugh, I'm still thirsty." [laughs].

**Griffin:**

Oh, that's interesting.

**Rachel:**

'Cause of the, the saltiness, you know?

**Griffin:**

I guess so.

**Rachel:**

Like, "Oh, I wish I had more to drink that wasn't this." [laughs]

**Griffin:**

I wonder, I wonder how Pocari Sweat goes down if you're, if you have a tummy illness. I bet that would be good as hell. Damn, I wanna Pocari Sweat. Can we get some of them? You remember that?

**Rachel:**

Yeah, no, I do.

**Griffin:**

Yeah. It was like, it, it's...

**Rachel:**

I remember it tasting like lemon Vitamin Water.

**Griffin:**

No, you're thinking of CC Lemon. Pocari Sweat is like, I don't know, a neutral Gatorade.

**Rachel:**

Well, one would argue that lemon Vitamin Water doesn't really taste like lemon.

**Griffin:**

That's fair. God, I like me a Vitamin Water too.

**Rachel:**

Mm-hmm.

**Griffin:**

That was certainly enough time.

**Rachel:**

[laughs] Certainly. Certainly it was. You know what? I'm gonna say, oh gosh, you know what's said is that I think I've said this before.

**Griffin:**

Hmm.

**Rachel:**

Dates.

**Griffin:**

Going on a dates, or the sweets?

**Rachel:**

No, no, the, the sweet, chewy fruit adjacent food.

**Griffin:**

Wow, you don't eat a lot of dates.

**Rachel:**

You say that, but...

**Griffin:**

Oh, it's in, oh, right.

**Rachel:**

—in my, my Lärabars we have.

**Griffin:**

Yeah, mm-hmm.

**Rachel:**

And every time I say that I sound so Midwestern.

**Griffin:**

Well, it's impo— Lärabar.

**Rachel:**

My Lärabars. Uh, they like, they don't have dairy in them, but they're like, primarily made out of date, and they have this peanut butter chocolate one, and it's like dates and, oh, mmm.

**Griffin:**

Yeah. Um, you go first this week, I would love to hear what you got, uh, on, on deck.

**Rachel:**

Woo. Superstar singer songwriter Stevie Wonder.

**Griffin:**

Okay. I enjoy his work. I have a really bad Stevie Wonder karaoke experience, that is like wake up and with like a flash sweat in the middle of the night.

**Rachel:**

Oh yeah? Did you choose a Stevie Wonder song?

**Griffin:**

I was, in, I was going through my Stevie Wonder phase as everybody in college does.

**Rachel:**

[laughs] Okay.

**Griffin:**

And, uh, was really into the song For Once In My Life.

**Rachel:**

Yeah.

**Griffin:**

And I was like, "I'm gonna do that at karaoke." Now, no. Mm-mm. He covers like, four octaves in that song.

**Rachel:**

[laughs] Yeah, it's true, he does get very high.

**Griffin:**

Yeah. So I, it's the only time I've ever bailed out of a karaoke song, like got out, like, by the third key change I was like, [singing]. I was like, "I'm done. I'm out, I'm out, I'm out. Sorry, sorry everybody. Hey everybody, sorry. There's a, uh, this was a stupid idea. I'm sorry, I won't do this again."

**Rachel:**

Let me go through, so that was one of his earlier songs, actually.

**Griffin:**

It rips, that's probably my favorite jam of his.

**Rachel:**

That's a 1969 song.

**Griffin:**

Wow, really? That old?

**Rachel:**

Yeah. 1971 Signed, Sealed, Delivered, I'm Yours

**Griffin:**



Oh, you can't fucking beat that.

**Rachel:**

1974, Superstition.

**Griffin:**

Oh yeah.

**Rachel:**

And You Are The Sunshine Of My Life.

**Griffin:**

[singing]

**Rachel:**

[singing]

**Griffin:**

Man, Stevie Wonder has written a lot of very good songs, huh?

**Rachel:**

Uh-huh. Um, he, he also wrote Tell Me Something Good, 1975.

**Griffin:**

[singing] Tell me something good. Fuck, yeah.

**Rachel:**

Mm-hmm, mm-hmm.

**Griffin:**

Hey, babe, this is a great segment.

**Rachel:**

Did Ebony and Ivory in 1983, that's the Paul McCartney...

**Griffin:**

Of course.

**Rachel:**

Mm-hmm. Uh, I Just Called To Say I Love You, 1985.

**Griffin:**

Uh-huh.

**Rachel:**

Uh, Part-Time Lover, 1986.

**Griffin:**

Uh-huh...

**Rachel:**

Uh...

**Griffin:**

I can't wait for you to get to that Mulan soundtrack, 'cause it's coming. I know, I'm on, I'm on tenterhooks.

**Rachel:**

[laughs] Oh, well this is just him this is just, I'm looking at his, his awards he has received.

**Griffin:**

Oh, I see. I suppose that was a collab with 98 Degrees, I believe, the [singing] "be true to your heart." Wasn't that, didn't he—

**Rachel:**

Oh, I don't know.

**Griffin:**

I might be out of my fucking gourd right now.

**Rachel:**

Yeah, I don't know. I'm just, I'm looking at a list of awards he has won for particular songs.

**Griffin:**

Yeah, I don't think he won one for Be True To Your Heart, the collab with 98 Degrees, for the Mulan soundtrack.

**Rachel:**

[laughs] Uh, my favorite Stevie Wonder song, Sir Duke.

**Griffin:**

Oh, yeah.

**Rachel:**

Mm-hmm. [singing].

**Griffin:**

We could also just play it.

**Rachel:**

Oh, okay.

**Griffin:**

Yeah, let's play a little bit of Sir Duke.

[Sir Duke clip plays.]

**Rachel:**

Uh, that song is from the 1976 album, Song In The Keys Of Life, or Song In The Key Of Life, rather, and that is, I believe the album we have downstairs up on our well.

**Griffin:**

Yes, I think that might be the only Stevie Wonder album we have. It was True To Your Heart with 98 Degrees and Stevie Wonder, okay. I didn't, I did not imagine that in some sort of weird Mulan infused fever dream.

**Rachel:**

Oh, okay. [laughs]. Um, yeah. The, that song, man, that song just jams. It's jammy.

**Griffin:**

It's so good.

**Rachel:**

It's so funky and jazzy, it's actually a tribute to Duke Ellington, which I didn't realize.

**Griffin:**

Oh.

**Rachel:**

It was right after he had passed, and, and uh...

**Griffin:**

It's a very celebratory, like, song for somebody who recently passed away.

**Rachel:**

Mm-hmm, mm-hmm, mm-hmm. Uh, and, okay. So Stevie Wonder, do you know anything about him?

**Griffin:**

Not really.

**Rachel:**

Besides like, the sunglasses?

**Griffin:**

Mm-mm.

**Rachel:**

Yeah. Uh, so he lost his sight as a newborn.

**Griffin:**

Oh.

**Rachel:**

He was born six weeks early and there's a suggestion that he may have received too much oxygen in the incubator, which worsened a condition he had, uh, called retinopathy of prematurity, which is just, you know, when your eyes—

**Griffin:**

Your eyes hadn't developed yet? Yeah.

**Rachel:**

Yeah, exactly. Uh, he was born Stevland Judkins. [laughs].

**Griffin:**

Fuck yes, why did he change it? Stevland Judkins?

**Rachel:**

Yes. [laughs]. That sounds like a name you would make up.

**Griffin:**

It sounds like a, yeah. It's so good though.

**Rachel:**

This Yahoo Answer was sent in from...

**Griffin:**

Stevland Judkins.

**Rachel:**

[laughs]. Um, so he, the reason I think Stevie Wonder kind of took root, was that he was like a, he's like a child prodigy.

**Griffin:**

Of course.

**Rachel:**

Uh, which I didn't realize. Like, I didn't realize that he had like, a record deal by age 11.

**Griffin:**

Whoa, me neither.

**Rachel:**

Yeah. So he could play the piano, harmonica and drums before the age of 10.

**Griffin:**

Cool.

**Rachel:**

He grew up in Detroit, which as you all know is like, a big, a big hotspot for like, Motown music in that time period.

**Griffin:**

Yeah, of course.

**Rachel:**

So yeah, he got signed, uh, before he was 11, and has been producing music ever since.

**Griffin:**

Wow.

**Rachel:**

Um, he has like, been through a series of very dangerous circumstances, it's kind of amazing that he is, uh, has been as successful and healthy as he has been, because he was in a, like a terrible car crash in 1973 that left him in a coma for four days.

**Griffin:**

Wow.

**Rachel:**

Um, and then just recently in 2019 he had a kidney transplant.

**Griffin:**

Okay.

**Rachel:**

Dude's still...

**Griffin:**

Still out there jamming.

**Rachel:**

Still jamming. He, he's kind of incredible. So, I got to see him at Austin City Limits music festival with my friend Ashley. We were—

**Griffin:**

I bet that was fun.

**Rachel:**

It was incredible, like, not only did he play all the hits, and you were like continually, like, when I was listing out the hits for you, you're continually surprised, like, "Oh, that one too? That's his?"

**Griffin:**

Is he in his 70s, how old is he?

**Rachel:**

Uh, so he was born in 19, uh, 50, 1950, and so he's 71.

**Griffin:**

Fuck off, wow.

**Rachel:**

Yeah, yeah. He's, he's—

**Griffin:**

When did you, and when did you see him?

**Rachel:**

Um, I mean, gosh, it would've been like, at least six years ago.

**Griffin:**

Oh, okay, all right.

**Rachel:**

Yeah.

**Griffin:**

That's, that's still fucking awesome. [laughs].

**Rachel:**

Yeah, yeah. Uh, yeah. He like, he climbed up on the piano, and it was a very nervous moment for all of us in the audience. [laughs].

**Griffin:**

Yeah.

**Rachel:**

He's an older gentleman.

**Griffin:**

Yeah.

**Rachel:**

And he climbed up there, and then he just kind of like, just grooved a little bit on top of the piano and it was like, watching him, it was like, terrifying and thrilling and wonderful. [laughs].

**Griffin:**

That's good.

**Rachel:**

Uh, he apparently also has flown a plane before. [laughs].

**Griffin:**

All right.

**Rachel:**

In 1973 he told Rolling Stone that he flew a plane from Chicago to New York.

Uh, and that during a trip to Ghana, he not only steered but landed a 10 seater plane by following instructions given by the pilot. Uh, the pilot—

**Griffin:**

I could, I could definitely see that, right?

**Rachel:**

The pilot said the sensitivity of his hands was unbelievable. I mean, clearly he's a very dextrous man, you know?

**Griffin:**

Sure, but like, landing a— operating a plane is very, like, by the book, follow the rules thing.

**Rachel:**

Yeah.

**Griffin:**

I imagine maybe if it was stormy, choppy weather, that it would be a little bit more...

**Rachel:**

Yeah, it's just like, it's just such like a, like a strong demonstration of his just, like, his spirit and his like, fearlessness of just like, "I can do whatever the hell I want." You know?

**Griffin:**

Yeah.

**Rachel:**



Uh, it's kind of incredible. Um, he was also one of the first people to invest in devices that could read texts out loud to blind people.

**Griffin:**

Oh.

**Rachel:**

Uh, in 1976, uh, he found out about the Kurzweil Reading Machine, and he was the first person to buy the machine and befriend the inventor.

**Griffin:**

That's awesome.

**Rachel:**

So he, yeah. He is like, he's been out there doing a lot of stuff. The song happy birthday, you know the like, kind of the jazzy happy birthday song?

**Griffin:**

Yeah.

**Rachel:**

Uh, he actually wrote that, uh in honor of Martin Luther King. Uh, it was, came out in 1981, and it was the celebration of, uh, the designation of Martin Luther King as a national holiday.

**Griffin:**

That's, that's so cool.

**Rachel:**

Yeah, he's just like, such a part of like, our, our history.

**Griffin:**

I know.

**Rachel:**

He's, he's written songs for Smokey Robinson and Arethra Franklin, uh, he's done, I would say maybe everything. Maybe everything there is to do.

**Griffin:**

Keep it up, Stevie.

**Rachel:**

[laughs].

**Griffin:**

This, this segment feels like, "Hey everybody, we wanna tell you about a cool thing," because it's, it's fucking Stevie Wonder. Y'all know.

**Rachel:**

Yeah, you know.

**Griffin:**

But it does feel, it feels like this segment is more for Stevie Wonder. Like we're, like we're recording this sort of like how, like, uh, YouTubers do like, thank you videos for like, specific fans who donate to them. This is just, "This one's for you, Stevie Wonder. Keep it up, you're doing amazing."

**Rachel:**

Uh, yeah. So he, um, let's see. Hold on just a second. Uh, so his harmonica playing can be heard on, uh, the 2009 Grammy nominated Never Gonna Give You Up featuring CJ Hilton and Raphael Saadiq.

**Griffin:**

Okay.

**Rachel:**

Uh, he appeared on singer Celine Dion's studio album in, uh, 2013. Uh, in 2020 he started a new record label. Uh, and he is just doing a lot of really incredible stuff, including still writing music. He has singles that came out just last year.

**Griffin:**

That is so sick.

**Rachel:**

Yeah. He's just, he's just rad. He's just rad and I like him.

**Griffin:**

Yeah, and that's, I think that's the only thing we really need to talk about, uh, somebody or something on this show. If it's rad and we like, it you made the cut.

**Rachel:**

[laughs].

**Griffin:**

Hey, can I steal you away?

**Rachel:**

Yes.

[ad break]

**Griffin:**

We have, uh, uh a few bumble-bumps here, and I would love to read the first one, because, uh, it is for Cheryl and it's from Charlie, who says, "Cheryl, Cheryl, if you're hearing this, I finally got a spot on Wonderful, and I wanna wish you a happy three year anniversary. Marrying you was one of the best things I ever did in life, I hope we're swimming in Lake Caspian right now, drinking champagne in the evening and toasting to the rest of our life together. I love you."

**Rachel:**

Oh, that's nice.

**Griffin:**

[singing] Champagne in the evening, bubbling up as the sun goes down...

**Rachel:**

Ooh.

**Griffin:**

Did you like that? That just came out.

**Rachel:**

[laughs].

**Griffin:**

That just came out.

**Rachel:**

This is what it's like to be married to Griffin McElroy...

**Griffin:**

That's so exciting.

**Rachel:**

[laughs].

**Griffin:**

That's so exciting. We're gonna explore that after we finish this episode.

**Rachel:**

Can I read the next one?

**Griffin:**

Yeah.

**Rachel:**

You're going to have to write a song for this one too.

**Griffin:**

[laughs]. I guess so.

**Rachel:**

This one is for Past Sagen, it is from Future Sagen. "Hey future me, I hope by the time this airs, you will have kicked that English class in the butt, and got that sweet, sweet associate's degree. I'm proud that you worked with your anxiety and finished something difficult for you. Life is difficult, but I know the best is still ahead of you. I know you will become the best you in time."

**Griffin:**

I don't think you're allowed to kick a class in the butt. Does that mean every individual person in the class and the professor got a swift one to the heiner?

**Rachel:**

[laughs]. You wanna, you want me to write the song this time?

**Griffin:**

Yeah, sure.

**Rachel:**

Uh, uh ... [laughs]. [singing]. Hey, Sagen, kickin' English butt while the sun goes down.

**Griffin:**

That was good, that was good. It did sound like you were talking about hurting English people.

**Rachel:**

[laughs].

**Griffin:**

So, we'll work, we'll worship both those at the time.

**Rachel:**

Yeah, no, I mean, you know, like, you're, you're the virtuoso and I, yeah, I just am humble at your feet.

**Griffin:**

You're the Courtney Cox Arquette dancing on the stage, uh, in the, uh, the—

**Rachel:**

Oh. The Bruce Springsteen?

**Griffin:**

... the Bruce Springsteen video.

**Rachel:**

And so you're, you're Bruce?

**Griffin:**

Obviously.

**Rachel:**

[laughs].

**Griffin:**

Obviously.

[MaxFun Ad]

**Annabelle:**

Hi, I'm Annabelle Gurwitch.

**Laura:**

And I'm Laura House.

**Annabelle:**

And we're the hosts of Tiny Victories.

**Speaker 1:**

My tiny victory is that I sewed that button back on the day after it broke.

[laughs].

**Laura:**

We talk about that little thing you did that's a big deal to you, but nobody else cares.

**Annabelle:**

Did you get that Guggenheim Genius award?

**Laura:**

We don't wanna hear from you.

**Annabelle:**

We want little bitty tiny victories.

**Speaker 2:**

My tiny victory is a tattoo that I added onto this past weekend.

**Annabelle:**

Let's talk about it.

**Speaker 3:**

My victory is that I'm one year cancer free, but my tiny victory is that I took all of the cushions off the couch, pounded them out, put them back, and it looks some great.

**Annabelle:**

So if you're like us and you wanna celebrate the tiny achievements of ordinary people, listen to Tiny Victories.

**Laura:**

It's on every Monday on Maximum Fun.

[ad break ends]

**Griffin:**

I wanna talk about edible food containers, which is to say, you can eat the container or the handle on it, and not the, a container that contains edible food. I'm talking about bread bowls.

**Rachel:**

Okay. Okay, yeah, I mean, I was wondering if you were going to extend this to like, a burrito?

**Griffin:**

Um, no. I, oh, burritos, I don't know. Burritos stretching it a little bit, 'cause then you could say like, the bread of a sandwich is the container of it.

**Rachel:**

Hmm.

**Griffin:**

No, I'm talking about bread bowls and, the two things I'm focusing, bread bowls and ice cream cones or various stripes.

**Rachel:**

Oh.

**Griffin:**

But really, anything that you can just kind of hold onto and then after you eat the food it contains you eat it.

**Rachel:**

The whole thing's gone.

**Griffin:**

It's cool. There is something very beautiful to me about a dining experience that's like, take only pictures and leave only footprints.

**Rachel:**

[laughs].

**Griffin:**

You know what I mean?

**Rachel:**

Yeah. Although have you ever actually finished a whole bread bowl and soup?

**Griffin:**

That's the thing is, you feel ... no, is the answer to that.

**Rachel:**

Yeah.

**Griffin:**

'Cause you get the bread bowl and you get the soup, and you finish the soup and the bread bowl's there, and you're like, "This looks delicious, but I'm f- I am full."

**Rachel:**

There's a lot of bread in that bowl.

**Griffin:**

There's quite a bit of bread in that bowl. Um, I've g- I've gone to town on some, but I don't know that I've ever fully, fully finished a bread bowl.

**Rachel:**

Yeah. Whereas an ice cream cone, like, [laughs], I've never heard of heard being like, "Well, I'm at the cone, and I am stuffed."

**Griffin:**

Time to toss it, exactly.

**Rachel:**

[laughs].



**Griffin:**

Um, a bread bowl is just like, it has to be, first of all, it has to be complementary to the soup or dip that it contains in order for me to be like, genuinely stoked about it.

**Rachel:**

Hmm.

**Griffin:**

Like, a cheesy broccoli soup?

**Rachel:**

Oh, of course.

**Griffin:**

Like, I'll des— I will obliterate that.

**Rachel:**

Yes, yes.

**Griffin:**

But I don't know, like, uh, any other, most other kinds of soup, it's hard for me to get very excited about. There's something about the bread bowl saturating with the flavors.

**Rachel:**

Yeah, you wouldn't just like a, like a tomato soup in a bread bowl seems.

**Griffin:**

No, a spinach dip, uh, or like an artichoke dip, that's good as hell too.

**Rachel:**

Oh yeah, Mm-hmm.

**Griffin:**

Um, I'm, I'm, I'm loving that. Um, but for me, I just like when the bread gets wet, and then it tastes good.

**Rachel:**

[laughs]. Just—

**Griffin:**

Lemme check my notes. It says here, I like it when the bread gets wet and you eat it.

**Rachel:**

I just like it when the bread gets wet.

**Griffin:**

Um, ice cream cone too, like, there are, of which there are three main varieties, right? You got your cake cone or wafer cone.

**Rachel:**

Mm-hmm.

**Griffin:**

Uh, you got your sugar cone.

**Rachel:**

The waffle.

**Griffin:**

And then you got your waffle cone.

**Rachel:**

The waffle cone, hands down. 10 out of 10.

**Griffin:**

I think they're all great. I think they all serve different purposes, and I can speak pretty authoritatively on this, as a former, uh, a person who worked in the ice cream arts.

**Rachel:**

Yeah. Now, as a yogurt artist, what all kind of cone options did you serve?

**Griffin:**

All of them, the gamut. We had, we had cake cones—

**Rachel:**

Yeah, like the waffle even?

**Griffin:**

We had sugar cones, we had waffle cones, and we had dipped waffle cones.

**Rachel:**

Wow.

**Griffin:**

Where they were like dipped in chocolate usually, and then rolled in, um, different toppings so they're like Butter Finger Crunchems and peanuts.

That's the thing, waffle cone is what you need if you're dealer with a lot of toppings, 'cause you can't really fill a waffle cone with ice cream and, and froyo alone. Right? Like it's a big, it's a basket.

**Rachel:**

Yeah.

**Griffin:**

They call it a waffle cone, it is essentially a basket that can contain lots of things.

**Rachel:**

Mm-hmm.

**Griffin:**

But a waffle cone is like, a commitment. If like, that, eating the waffle cone after eating the ice cream and toppings inside of it is like, a little, it, it, it is easy to feel bad after doing that because of how much you've eaten.

**Rachel:**

[laughs]. Uh-huh.

**Griffin:**

Sugar cone is just like, sugar cone's like a tiny waffle cone essentially, but like, I feel like, okay, I've done the work of eating the ice cream, I can have that. Cake cone for frozen yogurt, when it melts into it and it gets just kind of like sloppy, gloopy glorp, and you can just glorp that down.

**Rachel:**

So—

**Griffin:**

Oh my goodness, that's the shit.

**Rachel:**

So the cake cone is the kind of that's kind of styrofoamy, right?

**Griffin:**

Kind of styrofoamy, yeah.

**Rachel:**

And the sugar cone is what?

**Griffin:**

It's just like a it's like a small waffle cone. It's just like the classic ice cream cone.

**Rachel:**

Okay, yeah. But it doesn't, it doesn't have the kind of broken edges?

**Griffin:**

No. No.

**Rachel:**

Yeah. Okay. I gotcha. I'm caught up.

**Griffin:**

If you, a sugar cone for me is like, it's, if you're just in it for the ice cream, sugar cone is the way to go. It's, it's efficient. It is functional, you have it and you eat the ice cream off of it, and you can eat it, and it's not— it's like a little after dinner snack, snack. It's an after dinner snack after snack. You know what I mean?

**Rachel:**

[laughs].

**Griffin:**

After you finished it, the ice cream, you have the cone, and that's, and that's great to me. Um, so I want, like, there's some history here I would love to give, uh, on cones and bowls. Cones can be sourced back to, uh, early 19th

century cookbooks, there's a French cookbook for 1825 that mentions making cones out of, "little waffles," which is adorable.

**Griffin:**

Uh, and I, from what I found, they kind of went mainstream, mainstream in the United States at the 1904 St. Louis World's Fair. There's a story that is probably apocryphal about an ice cream salesperson who ran out of cups, and so they went next door to the waffle salesperson and were like, "Hey, hook me up." And so they folded up ice cream inside their waffle, and then that was-

**Rachel:**

Ah, love it.

**Griffin:**

But uh, it- it's not proven that that was the case. That's the truth. Uh, but there are things called trenchers that are like, from medieval times. Like, the actual times, not the restaurant. That were basically like stale ass bread that they would cut into plates, and so you would eat stew and shit out of them, and then crunch those down also when you're done with them. Bread bowls are ancient, and I think that's powerful.

**Rachel:**

Ah. Can I just bring him in here?

**Griffin:**

Yeah, let's bring, let's bring Gus into the studio, 'cause he's waking up. Hi there, Gus. Welcome to the studio August, do you have anything to say for yourself? No. Daddy's talking about bread bowls.

**Rachel:**

[laughs].

**Griffin:**

Do you wanna hear daddy talk about bread bowls, honey? Okay.

**Rachel:**

Tell me about bread bowls I don't know that he cares.

**Griffin:**

Trenchers, the medieval plates, we were talking about it before we were rudely interrupted by our, our Stay Puft Marshmallow Man of a son. Uh, and so there's a word called Trencherman, which describes, like, a gourmand. A, uh, prolific eater of food. Uh, and it also describes somebody who like, comes by your table a lot to like, eat off your plate.

Like somebody who, uh, who comes and steals your food. Like, you know, the kind of person who's like, "Ooh, French fries, lemme grab." That's a— that could be a trencherman, and it all, it, the etymology of that sources back to these old, stale bread plates that they used to have in medieval times.

**Rachel:**

Oh.

**Griffin:**

I love it, I like that. I didn't know that the medieval folks were so crafty. But there they were too, eating their stew and eating their plate, and somebody's like, "Are you ready for dinner?" And you'd be like, "I just ate," and they're like, "Where's your plate," and you'd be like, "I fucking ate it, dude." Sorry I cussed, August. Can babies understand words and cuss words?

**Rachel:**

No.

**Griffin:**

Okay, cool. Then I don't feel guilty about it. Um, I just like, I like the novelty of it is obviously great, but I also, there, I have had some bread bowl experiences where I'm like, some of this other food has leaked into this food and created an all new great food.

**Rachel:**

Uh-huh.

**Griffin:**

Which is to say, wet cheesy bread, and I think that's powerful. Don't you, buddy? [pause] You're so taciturn.

**Rachel:**

[laughs].

**Griffin:**

He was so, so wordy earlier today.

**Rachel:**

Well, you know, he's shy.

**Griffin:**

Is that it?

**Rachel:**

You know how the McElroy boys are shy.

**Griffin:**

Not in front of a microphone, baby.

**Rachel:**

That's true.

**Griffin:**

You should turn, turn, come on, give us some of that heat. Do one of those where you're like, "Ah."

**Rachel:**

[laughs].

**Griffin:**

Oh man, we got the cutest baby in the whole world. Okay, uh, hey, do you wanna wrap up, so we can...

**Rachel:**

Yes.

**Griffin:**

...love and nurture this sweet little angel? Uh, okay, cool. Well, hey, thanks for listening, and thank you to Bo en and Augustus for the use of our theme song Money Won't Pay, you'll find a link to that in the episode description, and um, thank you to Maximum Fun for having us on the network. You can go to maximumfun.org, check out all the great shows that they have on maximumfun.org, like, uh, One Bad Mother. Which show do you wanna recommend, August? Triple Click? Yeah, that's a good one too. Judge John Hodgman? Okay.

**Rachel:**

Hmm, good taste.

**Griffin:**

Yeah, that's true. Uh, we have merch and stuff at mcelroymerch.com that you can go check out, and um, uh, yeah.

**Rachel:**

Is it really mcelroymerch.com?

**Griffin:**

I think so.

**Rachel:**

Wow.

**Griffin:**

I've been saying that a link a lot for a long time, so I really hope that that's it.

**Rachel:**

[laughs].

**Griffin:**

Uh, but that's it. Yes, again, I don't know when this episode goes up, so it's possible we won't have an episode next week, or that we didn't have one last week. Depending on how, depending on where you are at in the time



stream, it's all very complicated. Just one like, cute sound. People are gonna think we don't have a baby and that we're making it up.

**Rachel:**

Yeah, I know. They're gonna think we made this whole thing up. You got anything?

**Gus:**

[baby noise]

**Griffin:**

Oh that was good. Great, son.

**Rachel:**

Does that count?

**Griffin:**

That's great folie work for a sick baby. All right, we're gonna go. Keep it real, have a great summer. Love you like a sister. Bye.

**Rachel:**

Bye.

[theme song plays]

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