

00:00:00	Gabe Mara	Producer	Hi! It's producer Gabe. Due to the special nature of today's show, we are putting the amazing details of our show supporters at the start of the show. Thank you!
00:00:09	Music	Promo	Cheerful ukulele with whistling plays in background.
00:00:10	Biz Ellis	Promo	<i>One Bad Mother</i> is supported in part by Dipsea. Dipsea Stories is an app full of sexy audio stories and now they even have brand-new written stories, if using your eyes is what you're into. <i>[Laughs.]</i> Speaking of eyes—close your eyes and let yourself get lost in a world where only good things happen and pleasure is your only priority. And if that could be a motto for, like, parents everywhere—it should be. I love the Dipsea Stories. First of all, they're short. I can also set my preferences so I don't get anything that totally surprises me or is not what I'm into. And it's just a little treat! For myself! For listeners of the show, Dipsea is offering an extended 30-day free trial when you go to <a href="https://DipseaStories.com/badmother">DipseaStories.com/badmother</a> . That's 30 days of full access for free when you go to <a href="https://D-I-P-S-E-AStories.com/badmother">D-I-P-S-E-AStories.com/badmother</a> . That's <a href="https://DipseaStories.com/badmother">DipseaStories.com/badmother</a> .
00:01:21	Promo	Clip	<i>[Music fades out.]</i> <b>Music:</b> Cheerful, swinging music plays briefly.  <b>Ross:</b> Carrie, is it?  <b>Carrie:</b> Oh yes, hi, I'm Carrie.  <b>Ross:</b> I am psychic Ross, and I will be reading you this evening.  <b>Carrie:</b> Oh! Interesting! Well, okay. I cohost a podcast. It's called <i>Oh No, Ross &amp; Carrie</i> —  <b>Ross:</b> Yes, I'm sensing that. The spirits are telling me it is a show about—
00:01:38	Promo	Crosstalk	<b>Ross:</b> —poodles. Yes. That's correct. And you—  <b>Carrie:</b> Well, it's about like fringe science and spirituality and claims of the paranormal. Oh, you knew that!
00:01:43	Promo	Clip	<b>Ross:</b> —do research online. You—  <b>Carrie:</b> But more importantly we do, like, in-person investigations.  <b>Ross:</b> In-person investigate as well.  <b>Carrie:</b> Yeah. Oh my god! That's amazing!  <b>Ross:</b> See?  <b>Carrie:</b> Me and my friend—this is so weird—my friend Ross, same name as you—  <b>Ross:</b> Weird.  <b>Carrie:</b> He and I just go and try them all out! And actually we've gone to a number of psychics, and to be honest with you, it's a lot like this.
			<i>[Music starts up again.]</i>

**Carrie:** It's called *Oh No, Ross and Carrie*. They can find it at [MaximumFun.org](http://MaximumFun.org).

00:02:07 Music Promo  
00:02:08 Biz Promo

**Ross:** I could've told you that.  
Inspirational keyboard music plays in background.  
*One Bad Mother* is supported in part by Storyworth. No matter how well you know somebody, they always have fascinating stories that you haven't heard before. Storyworth is an online service that helps you and your loved ones connect through sharing stories and memories, and preserves them for years to come. Every week, Storyworth emails your loved one a thought-provoking question of your choice from a vast pool of possible options. I gave this subscription to both of my parents, and it was really fun to find out stories that, y'know, don't come up around the holiday table. Get to know your loved ones better and preserve those special moments forever with Storyworth! Right now for a limited time, you can save \$10 on your first purchase when you go to [Storyworth.com/badmother](http://Storyworth.com/badmother). That's **S-T-O-R-Y-W-O-R-T-H.com/badmother** to save \$10 on your first purchase. [Storyworth.com/badmother](http://Storyworth.com/badmother).

00:03:13 Promo Clip

*[Music fades out.]*

**Music:** Sophisticated electronic/string music.

**Teresa McElroy:** *Shmanners*. Noun. Definition: rules of etiquette designed not to judge others, but rather to guide ourselves through everyday social situations.

*[Music stops.]*

**Travis McElroy:** Hello, internet! I'm your husband host, Travis McElroy.

**Teresa:** And I'm your wife host, Teresa McElroy.

**Travis:** Every week on *Shmanners*, we take a look at a topic that has to do with society or manners. We talk about the history of it. We take a look at how it applies to everyday life. And we take some of your questions. And sometimes, we do a biography about a really cool person that had an impact on how we view etiquette.

*[Music fades back in.]*

**Travis:** So, join us every Friday and listen to *Shmanners* on [MaximumFun.org](http://MaximumFun.org), or wherever podcasts are found.

**Teresa:** Manners shmanners. Get it?

00:03:56 Biz Host  
00:03:57 Theresa Host  
Thorn  
00:03:59 Biz Host

*[Music ends on a bright chord.]*

Hi. I'm Biz.  
And I'm Theresa.

Due to the pandemic, we bring you *One Bad Mother* straight from our homes—including such interruptions as: children! Animal

00:04:17	Music	Music	noises! And more! So let's all get a little closer while we have to be so far apart. And remember—we are doing a good job. “Summon the Rawk” by Kevin MacLeod. Driving electric guitar and heavy drums.
00:04:22	Biz	Host	<i>[Continues through dialogue.]</i> This week on <i>One Bad Mother</i> —Theresa goes out for milk.
00:04:28	Crosstalk	Crosstalk	<b>Biz:</b> Woo! <i>[Laughs.]</i>
			<b>Theresa:</b> Are we gonna— <i>[Laughs.]</i>
00:04:40	Biz	Host	<b>Both:</b> Woooo! A little rusty! We've gotten a little rusty there! Is what we've done. Hi, Theresa!
00:04:46	Theresa	Host	Hi, Biz!
00:04:48	Biz	Host	Um... yeah. How—how are ya? <i>[Laughs.]</i>
00:04:51	Theresa	Host	Oh my god. Um... this chihuahua in my lap—
00:04:55	Biz	Host	Yeah, you have a chihuahua.
00:04:57	Theresa	Host	Is—is coregulating with me? And... without this dog, I would probably just be crying buckets of tears right now.
00:05:08	Biz	Host	Yeah. And it's not because Theresa has stubbed their toe.
			<i>[Theresa laughs.]</i>
00:05:23	Theresa	Host	It is because... <i>[Laughs.]</i> You guys may have noticed that Theresa hasn't necessarily been on the show as much.
00:05:26	Biz	Host	Yeah. I've been busy getting milk.
00:05:29	Theresa	Host	You've been getting a lot of milk. I mean— I just keep going to the corner store and then once I get there, it's really hard for me to find my way back.
00:05:38	Biz	Host	<i>[Biz laughs.]</i> It's not even like a forest that's hard to navigate anymore, if we wanna reference back to our very first shows. It's more of like... an inconvenience store—
			<i>[Theresa laughs.]</i>
00:05:59	Theresa	Host	—of trying to get back. I think it's fair to say that the pandemic was fairly dysregulating. For your family. And for you. Yes. Yeah. Things really have not—
			<i>[Biz laughs.]</i>
00:06:20	Biz	Host	—been the same since. I'm sure that's true for a lot of people? But yeah. Things have not—things have not been the same. And... there's no, like, “Oh, but once <u>this</u> happens, <u>then</u> ... whatever.” Now— Can I tell you how disappointing that is? I mean, not just in a selfish way for me. But I think there's such a reality about that line applying to so many different circumstances. “Once this happens, then I'll...”
00:06:36	Theresa	Host	If I could just, then that—then it'll be—yeah.
00:06:40	Biz	Host	When this does that, I'll do—
00:06:45	Theresa	Host	Fill-in-the-blank.
00:06:47	Biz	Host	Yeah. And so with great consideration—
00:06:51	Theresa	Host	Yeah!

00:06:52	Biz	Host	Do I say it? Or do you say it?
00:06:56	Theresa	Host	I feel like I would love for you to say it? But it's my job to say it.
			<i>[Biz laughs.]</i>
00:07:02	Biz	Host	That's okay! I do everybody's fucking job around here. It's alright!
00:07:05	Theresa	Host	As you started going into it I was like, "Oh, is she gonna just do this for me?" But no. I think—I think I need to say... that... Biz is my favorite person. And the most—stop making a weird face at me. The most—
00:07:24	Biz	Host	Sorry. I'm making a weird face at Gabe. It just happens to be that you could see it. It's my pouty face.
			<i>[Theresa laughs.]</i>
			Okay, go ahead.
00:07:33	Theresa	Host	It's my, "I don't wanna receive a compliment right now!"
00:07:36	Biz	Host	Oh, no! It was the "I don't wanna hear what comes after the compliment! I don't want the 'but.'" But go ahead.
00:07:40	Theresa	Host	Got it. Got it, got it, got it.
00:07:41	Biz	Host	Go back to complimenting me. I've gotten very good at receiving them.
00:07:44	Theresa	Host	Yeah. So, I mean... It's—I haven't been here in a long time. And I keep thinking I'm gonna come back. And I came to the conclusion that I—I'm really not coming back.
			<i>[Pause.]</i>
			It's—it's hard, but hard doesn't really describe it. It's... very disorienting. As we alluded to before, the feeling that once things are— <i>[Laughs.]</i> Once things are normal and things are under control, I'll come back? Is a very calming thought. Whether it's true or not. It's a very, like, comforting feeling to say, like, "That's gonna happen. Y'know. I don't have the timeline for it yet, but it's going to happen."
00:08:33	Biz	Host	It's a lie that hugs you.
00:08:36	Theresa	Host	It is! It's a lie that hugs you.
00:08:37	Biz	Host	It's a hugging lie. <i>[Laughs.]</i>
00:08:38	Theresa	Host	And for a while, y'know, wasn't a lie. For a while it—it made sense. And then as time has gone on, I've just realized that—it's really just not what's happening right now. In my life. And so... I wanted to come here and share that with you, our amazing audience. Biz has known for maybe a week. Hasn't been that long.
00:09:05	Biz	Host	No, it hasn't been that long. I've saved up the processing for this show. You're welcome.
00:09:10	Theresa	Host	Yeah. Good. <i>[Laughs.]</i>
			<i>[Biz laughs.]</i>
			As usual. As per usual. <i>[Laughs.]</i> So... I don't know—I don't know how to do this in a way that I won't later be like, "Aah! Why did I say these things and why did I end on this note?" But I don't know how to end on <u>any</u> note, because it feels weird to end. But it just is what it is, and it is going to be okay.
00:09:38	Biz	Host	It is gonna be okay. I mean, I don't like it. Let's—I'm just gonna start with that. I don't like it. But... but! Throughout this entire process—since we started this podcast—I think we have both been very

honest that... this is a podcast. Our lives and our friendship hold much greater precedence. And... when this becomes something that no longer fits—for whatever the reason—that it's okay. And... I mean, just to make it be incredibly *One Bad Mother* in its style, I think it's a thing that so many people have to deal with. There are so many things once kids come into our lives in which we say, "When this, if that, or I can make it all work." And then... when it's not working anymore—whether it's—I mean, like, it's so easy for us to be like, "It's not working 'cause I can't because I'm a failure and I can't do all—" Okay, maybe just me. Theresa's like, "No."

*[Theresa laughs.]*

00:10:52	Theresa	Host	"That's not it." But we all make those decisions! I totally do that. Yeah! Of course! Yes. And they're hard! And they're not fun. And we never know if they're the right ones. And I know that it has... been much easier to carry the show these last, y'know, year and a half or so, with the gentle lying hug that is "it's just a placeholder." Right? And that you're gonna come back.
00:10:54	Biz	Host	
00:11:17	Theresa	Host	Theresa's coming back. Yeah.
00:11:20	Biz	Host	Theresa's coming back. And... it definitely... I'm—I'll just go back to what I said to begin with. I don't like it! It definitely is one of those, like, "Well then what am I supposed to do?!"

*[Theresa laughs.]*

00:11:37	Theresa	Host	Right? 'Cause it's all about me, everybody.
00:11:40	Biz	Host	It is—yeah, it is! This show's about you! Yeah! I know!

*[Theresa laughs.]*

But here's the thing. Here's the thing. I—this is basically... basically, I want to spend time with us laughing and remembering some of our favorite moments. So I'm just gonna say this—well obviously, guys, this is a weirdo special show. Okay. So... just roll with us. If you're listening for the first time, Theresa and I have kids.

*[Theresa laughs.]*

00:12:07	Theresa	Host	We're parents. We're juggling a lot. I don't know. Like— <i>[Laughs.]</i>
00:12:10	Crosstalk	Crosstalk	If you're listening for the first time, just pick a different episode. <b>Biz:</b> Any! Other! Episode! Yeah. Yeah. Really.
00:12:16	Biz	Host	<b>Theresa:</b> This is gonna be so confusing. Truly any other. Any other. You guys—the OBM listeners have essentially witnessed Theresa and I becoming friends. Over the last... I cannot believe this—ten years!
00:12:28	Theresa	Host	Yeah! What?
00:12:30	Biz	Host	And I have no idea what sort of parent or really what sort of Self I'd be? If you had not been my friend.
00:12:40	Theresa	Host	<i>[Sentimentally]</i> Oh.
00:12:43	Biz	Host	And I... it's weird that we've done this publicly? <i>[Laughs.]</i>
00:12:47	Theresa	Host	Mm-hm. <i>[Laughs.]</i> It really is.

00:12:50 Biz Host You're welcome, everybody. But the lesson that I have taken away from having you not only as my friend, but as a partner in this show, is... just the acceptance of who I am. Like, of allowing myself to be... myself. Allowing myself to be—like... laughing at my failures. And laughing at how hard this is. Just being okay hating it sometimes. And even more importantly—being okay liking it! Because I think it's easier for me to joke about hating something? Than it is to be honest about liking it. And that is something that I would not consider if I had not spent this time with you.

00:13:50 Theresa Host I wanna just add that... our friendship is everything to me about this show? And like... the community? And the community that I think we learned so much from. I think back to when Grace was questioning her gender identity early on. Going back to our message boards and emails we've gotten from people and just sort of connecting with our community more? Was my initial connection to learning. What might be going on. Y'know. For my kid. And that was—I don't even have—there's no value you can place on that. It was everything. It was a connection to... to, like, something that I don't know how long it would've taken me to get there without our community? And then you being there as my friend... to process that with me, off and on the air... was... I mean, it will just always be like a part of our family. Not just a part of my experience doing this show. I mean, that is—it was a formative time for our family and a formative place for me to grow and learn. And I think adjacent to that or related to that is just... how much fun it was to come and talk every week? Like, I—I mean, like, we joke about like how things are hard and dreary all the time, and we don't get to have as much fun as we would like to have? But like, truly coming to work on Mondays to do this show with you in the booth—in “the period hut”—

00:15:45 Biz Host In the period hut. I still have the banner right on my wall right over there. *[Laughs.]*

00:15:49 Theresa Host Yeah! Yes! I mean, that was such a highlight of my life for years. Like, it just always—even when there were hard things to talk about? And sometimes I was nervous to come in, too? But I always wanted to come in. Like, always. And it was always so fun. And I remember hearing from... some of you all in the community at times like, “Oh, I'm so jealous of Biz and Theresa and their friendship! I wish I had a mom friend that I could talk to about blah, blah, blah, blah, blah!” And I remember thinking—like, hearing those and being like, “Yeah! I'd be jealous of us, too!”

*[Biz laughs.]*

We have something really—we do! We have something really special! And that's—I mean, I think that that is... why I have dragged this out for so long! Because I... I don't wanna lose everything that this has been. And obviously I won't lose you as a friend, um. But I think... I think what I want you all in the community to know? Is how important and everlasting *One Bad Mother* is for me in my heart. In my family. And just who I am as a person and as a parent. Like, always. It's never going to go anywhere. It's like the foundation. It's the foundation. Y'know?

00:17:15 Biz Host No. I know. I... I'm 100% with you, especially when it comes to the honesty and support the community has shown us. And... y'know, I will always be grateful for being called out when things I've done or

said were problematic and people giving me the grace and patience to talk with me and allowing me to listen. And I... I—[sighs]. It was easier to have you wait. To do this. Because... the idea of maybe you coming back and maybe us going back to the conversations we had, has allowed me to tootle along as I have. And y'know, I... I've certainly had people ask, "Well what if you brought in another host?" And I'm like, "I don't even wanna share the genius and fail calls with anybody other than Theresa." Because... of your kindness and your empathy and, again, that other unique voice in the room. We care so much about the community that having somebody come in and think these calls are a joke versus being funny because we're all there with you... is terrifying to me.

00:18:44	Theresa	Host	Yeah. We can't have that.
00:18:45	Biz	Host	Uh-uh. And what—
00:18:46	Theresa	Host	Gabe won't let it happen. <i>[Laughs.]</i>
00:18:47	Biz	Host	Gabe won't let it happen! And what really sucks is I was trying to like—I was listening to old shows, trying to find some fun clips, and I... the show is, I think, powered by our friendship. And I really... I don't know how that will impact the show going forward. And I—like I said at the beginning—hate it. And I won't miss you as my friend, because we will forever be friends. But I will miss... talking about and hashing out what it's like to be Selves with kids in our house.
00:19:35	Theresa	Host	Mm-hm.
00:19:36	Biz	Host	'Cause this show was never about our kids.
00:19:37	Theresa	Host	No.
00:19:39	Biz	Host	And... and I'll miss you very, very much. And I love you very, very much. And I appreciate you taking the risk to do this show with me ten years ago. And for becoming my friend. I love you.
00:19:59	Theresa	Host	I love you, too. It's been amazing.
00:20:01	Biz	Host	It's been—
00:20:03	Theresa	Host	I'm gonna miss you so much. <i>[Laughs.]</i>
00:20:04	Biz	Host	Alright. So guys... I'm about to say something to Theresa. It's my favorite thing to say. And that I hope you guys will stick around to sort of enjoy just—I mean—a taste of the amazing things that have come out of this show because of Theresa. So with that said—Theresa? You are doing... such a good job. And I see you.
00:20:38	Theresa	Host	Thanks, Biz. So are you. And I see you, too.
00:20:42	Biz	Host	And I love you.
00:20:44	Theresa	Host	And I love you.
00:20:45	Crosstalk	Crosstalk	<b>Biz and Theresa:</b> Bye!!!
00:20:48	Biz	Host	This is Biz. I'm a stay-at-home mom with a preschooler.
00:20:51	Theresa	Host	And I'm Theresa, a working mom with a toddler.
00:20:54	Biz	Host	This is a show about life after giving life. We all need a place to vent, so don't listen with your kids because there will be swears. This... is <i>One Bad Mother</i> .
00:21:03	Music	Music	"Summon the Rawk" by Kevin MacLeod. Driving electric guitar and heavy drums.
00:21:10	Theresa	Host	<i>[Continues through dialogue.]</i> Yeah!
00:21:11	Biz	Host	<i>[Biz laughs.]</i> Hi, Theresa!
00:21:12	Theresa	Host	Hi, Biz!
00:21:13	Biz	Host	Welcome to our very first show!
00:21:16	Theresa	Host	I can't believe it!

00:21:17	Biz	Host	Of <i>One Bad Mother</i> .
00:21:18	Theresa	Host	It's happening!
00:21:19	Biz	Host	It's—it is exciting!
00:21:20	Theresa	Host	<i>[Singing]</i> Hooray! Hooray! Hooray, hooray, hooray! It's weaning day! It's weaning day! It's weaning day!
00:21:29	Biz	Host	<i>[Both laugh.]</i> Becoming a mom... the best way I can describe it—it's like being dropped in the middle of the forest. With nothing. And people have told you what a forest is. But this forest is not that forest. And so for the first year, two years, you're trying to figure out how to get out of this forest, and even now—at like three years—I am nowhere near finding an exit to the forest, but I can maybe make myself a shelter and find food—
<i>[Theresa laughs.]</i>			
—for my child and I to eat. But again— <u>n</u> owhere close to the exit of the forest. Like I just feel completely lost. How did you—how did you deal with that? 'Cause you're still—I'm a three years. Three-and-a-half years.			
00:22:10	Theresa	Host	Mm-hm. I totally get the forest thing that you're talking about? And I was definitely in a forest, too? But my forest was like... a <i>[through laughter]</i> beautiful—
<i>[Biz laughs.]</i>			
A beautiful fantasy, like... magic land or something? Which like... <i>[Laughs.]</i>			
00:22:28	Biz	Host	If only my brain worked that way.
<i>[Theresa laughs.]</i>			
Everything's like a problem I have to solve for some insane reason and I could just—so—okay. Continue. Continue. Continue making me jealous.			
00:22:40	Theresa	Host	Well, it was! I mean... well no! That's the thing. Like, it wasn't—I mean, it's not all good. I didn't want really anything to do with the rest of my life. Y'know. And so I was so in love with my baby and yeah. I was really tired and there were things going on that were sometimes difficult, but like everything about my baby and being a mom? Was the most heavenly thing that I had ever experienced.
00:23:06	Biz	Host	How are you, Theresa?
00:23:09	Theresa	Host	Dude.
<i>[Biz laughs.]</i>			
I—seriously? I have seriously I have a story for you. Okay?			
00:23:14	Biz	Host	I am going to settle in.
00:23:16	Theresa	Host	Alright. So Jesse's on a sixteen-day-long tour.
00:23:20	Biz	Host	Right.
00:23:21	Theresa	Host	It's been going fine. Okay? But—
00:23:24	Biz	Host	You're here.
00:23:26	Theresa	Host	Yeah. I'm here. I'm alive. My kids are alive.
<i>[Biz laughs.]</i>			



Um... so the other day... I... like, I sold our couch on Craigslist, 'cause we wanna get a different couch?

00:23:38 Biz Host Is this the—is this the couch that the yogurt went into? No. Different couch. *[Laughs.]*

00:23:42 Theresa Host No. Different couch. That couch is just gonna stay and continue to get more and more destroyed as time goes on.

00:23:48 Biz Host Smart. Smart.

00:23:50 Theresa Host So this is our regular living room couch. And I sold it to this very nice couple on Craigslist. They came to pick it up. I had to move Jesse's car from outside our front gate to make room for the people to carry the couch out. Okay? So then later, the couch is gone. The kids are a little wired because the couch is gone! That's like just weird, y'know? It's like kind of exciting and fun.

00:24:13 Biz Host "The couch is here? Is the couch not here?" Right.

00:24:14 Theresa Host Like—y'know. And so I had to go back out and get Jesse's car and move it back. Y'know. And I'm like—it crossed my mind, like... "I can leave for two minutes."

00:24:27 Crosstalk Crosstalk **Biz:** Two minutes. Just to move the—

00:24:30 Theresa Host **Theresa:** That's—it's gonna take me two seconds. Right? I mean, really two minutes. Like actually, technically, about two minutes. That's not an exaggeration. That's not—

00:24:35 Biz Host No. Get in the car. Drive it in. Get out of the car.

00:24:39 Theresa Host Yeah. Back in. Like, that's basically it. So I'm like, "Guys, I'm just moving Daddy's car. I'll be right back." And they're like, "Okayyy!" And they're running around. I don't even know if they noticed—like, sometimes I try to not make a big deal of disappearing for a second? 'Cause they're in the middle of playing. Like—

00:24:53 Biz Host They wouldn't even know. Right.

00:24:55 Theresa Host And so... but as I come back inside, I hear water running. And I'm like, "Did they—" And they're screaming and laughing in the house.

*[Biz laughs.]*

00:25:09 Biz Host And I'm like, "Did they just get in the shower? Did they turn on the shower and get in the shower? What are they doing?"

00:25:12 Theresa Host Sillies.

00:25:14 Biz Host As I walk up to the house, I notice...

00:25:16 Theresa Host No.

00:25:26 Biz Host Yeah. Okay. They have—no, you can't even guess. There's no way we'd even guess what they did in the two minutes that I was gone. They turned on the garden hose and they shoved it through the mail slot into the kitchen.

00:25:28 Theresa Host Oh my god!

00:25:37 Crosstalk Crosstalk They turned it on full blast! Like, full-blast garden hose through the mail slot and they propped it there. Then they were inside. Simon had put on his swim trunks.

00:25:42 Theresa Host **Biz:** Oh. My. *[Laughs.]* My god.

00:25:45 Biz Host **Theresa:** And they were screaming and laughing hysterically! And bouncing off the walls and playing in the water! In the kitchen!

00:25:47 Crosstalk Host That's filling up your kitchen!

**Theresa:** That's filling up my kitchen! Yes.

**Biz:** It's literally filling up your kitchen.

00:25:50	Theresa	Host	Hardwood floor kitchen.
00:25:52	Biz	Host	Oh... my... god, Theresa!
00:25:57	Theresa	Host	Yes! Yes! That is the correct response!
			Um, so I was out having a nice little coffee and pastry with my mom, who was visiting. And my lovely little Simon. Had Simon on my lap. I was kinda sharing my little croissant with him. Just little bits of it. And I had decided to have an iced vanilla latte. I took a few weeks off coffee 'cause it was making me nauseous, but now I'm kinda back on?
00:26:22	Biz	Host	Thank god.
00:26:24	Theresa	Host	And it's wonderful. But—it's—this is kind of a double fail, because I probably shouldn't have even been really having the latte 'cause I'm pregnant and I had already had really strong black tea that morning?
			<i>[Biz laughs.]</i>
			So I'm sitting there having the iced latte, and then I real—and I'm talking to my mom. We're totally deep into our conversation. And I look down and I realize I've been giving Simon—
			<i>[Biz laughs.]</i>
			—the iced latte with the straw. And he's just been drinking it for like—I don't even know how long?
			<i>[Biz laughs.]</i>
			Like, I <u>really</u> have no idea how long. And—'cause the way I thought of it is like, "I'm trying to get it away from him." And I start to—he doesn't wanna give it up! He's like way into it. 'Cause y'know, it's a vanilla latte. It's like really sweet and really good! Yeah!
00:27:02	Biz	Host	And delicious and full of caffeine.
00:27:05	Theresa	Host	Totally! And he's just sucking it down. And I'm like—he really likes this! What—and then I was like, "Oh, fuck! I'm not supposed to give this to you!"
			<i>[Biz laughs.]</i>
			So anyway. That was... that was wonderful.
00:27:14	Biz	Host	That is horrible. That's horrible. <i>[Laughs.]</i>
00:27:16	Theresa	Host	Thanks.
00:27:18	Biz	Host	And then just try saying "unsolicited mom advice."
00:27:19	Theresa	Host	<i>[In excessively peppy tone]</i> "Unsolicited mom advice!"
			<i>[Biz laughs.]</i>
00:27:24	Biz	Host	Oh, that's so good! Do that again. Alright. So then—you're super intense.
00:27:28	Theresa	Host	Okay.
00:27:29	Biz	Host	Okay.
00:27:30	Theresa	Host	Alright
			<i>[Biz laughs.]</i>
			Before we begin.

00:27:31 Biz Host Remember—  
00:27:33 Theresa Host This show is for you, moms.  
00:27:35 Biz Host Not for babies!  
00:27:36 Theresa Host Listen wherever and however you want, but don't expose your children to our profanity.  
00:27:41 Biz Host They don't fucking deserve that.

[Theresa sighs.]  
00:27:44 Theresa Host I don't feel like I wanna be in public anymore? Like, and like it's not that I don't feel like I—it's not that I'm like, "Oh, I look so terrible I don't want people to see me" or something? It's like... I don't feel like I'm part of the world anymore? Like I know—do you know what I'm saying?

[Biz laughs.]  
00:27:59 Crosstalk Crosstalk **Biz:** Yeah! That yeah, you're "other" now. You're "other."

**Theresa:** Like, I can't—yeah! Yeah!  
00:28:02 Theresa Host And I feel like I'm gonna be "other" for a while. 'Cause I know that once the baby comes I'll be "other." Y'know.  
00:28:06 Biz Host Well it's like y'know when you like walk past... [Laughs.] The first thing that comes to mind is a garbage can fire. But what I meant to say was like a piece of machinery that's working kinda loud and people like—

[Theresa laughs.]  
—people go around it? They're like, "I know it's doing its job, but it sounds dangerous a little bit." And so you like—people just kinda start crossing the street around that piece of equipment? And—or a garbage can fire. Whichever.

[Theresa laughs.]  
And so—yes! You are "other" for—we all know you're doing your job and you're like making this thing. Especially—  
00:28:37 Crosstalk Crosstalk **Theresa:** And it's like—right? It's fine. Yeah. Yeah! Yeah! We don't wanna see it! Right! Yeah! [Laughs.]  
**Biz:** But like, it's almost too magical for us to be around? Like, don't look directly at the unicorn. Yeah.  
00:28:44 Biz Host Pull the curtain back, Oz! I don't wanna be fucking any part of this thing that is completely necessary for our life to continue.

[Theresa laughs.]  
You're making me uncomfortable. I'm just gonna look at my phone.  
00:28:57 Theresa Host Oh, it's so funny!  
00:29:00 Biz Host Underwear. [Laughs.]

[Theresa laughs.]  
00:29:03 Theresa Host Undiesss! You don't like undies?  
00:29:07 Crosstalk Crosstalk **Theresa:** That's like the cutest word ever!

**Biz:** I don't like anything that goes against my skin. [Laughs.]  
[Sighs.]

00:29:11	Theresa	Host	So... I... found in my car an invitation to a birthday party for one of Curtis's friends from preschool. <i>[Pause.]</i> And it was last weekend. Like, I never saw it come into my car. I don't know how it got in my car? Maybe somebody used my car to—maybe Jesse used my car to pick Curtis up one day and left it in the car, or maybe the teachers just handed it to me with some other stuff and I was like, "I'll look at this later." And... so I never RSVP'd. I never—nothing! Just nothing. And we missed the birthday party.
00:29:54	Biz	Host	Wow.
00:29:55	Theresa	Host	Yeah!
00:29:56	Biz	Host	The universe fucking hates you.
00:29:58	Theresa	Host	I know!
			<i>[Biz laughs.]</i>
00:30:01	Biz	Host	And then can you say "fail" a couple of times in a variety of ways?
			<i>[Theresa laughs.]</i>
00:30:08	Theresa	Host	<i>[Dramatically.]</i> Fail. <i>[Angrily]</i> Fail! Fail!
00:30:12	Biz	Host	See? That—"Fail!" It comes out right away.
00:30:15	Theresa	Host	<i>[Assertively]</i> Fail! Fail! <i>[Meanly]</i> Fail! <i>[Growly]</i> Fail! <i>[Loudly]</i> Fail!
00:30:22	Biz	Host	Alright. Those are good.
00:30:23	Theresa	Host	Okay. But I think also, it is... healthy for us to remember that like... in avoiding having things fall apart? It's important to remember that sometimes when things fall apart, we can remember that that's not something we did wrong? Like... things might fall apart and that might be okay, or just part of life. Like... I have gotten better at letting things fall apart <i>[through laughter]</i> when I plan for them to fall apart. And that's—that's a step!
			<i>[Monotone]</i> A little louder. A little louder. Biz, will you talk? Please?
00:31:02	Biz	Host	<i>[Laughs.]</i> You don't have to ask me twice!
00:31:03	Theresa	Host	So Biz sounds good.
00:31:04	Biz	Host	<i>[Singing]</i> Theressaaa! <i>[Regular voice]</i> How are you?
00:31:08	Theresa	Host	I am pretty good. I—I wanna remind everyone that the Thorns—the Thorn family—have a family motto. And our motto is—in case you've all forgotten—"Thorns love a challenge."
00:31:20	Biz	Host	They do.
			<i>[Theresa laughs.]</i>
			We talk about the Thorns loving a challenge in our family.
00:31:25	Theresa	Host	You do? <i>[Laughs.]</i>
00:31:26	Biz	Host	All the time.
00:31:27	Theresa	Host	Okay. <i>[Laughs.]</i>
00:31:28	Biz	Host	It's very motivating to us. So alright. Thorns love a challenge.
00:31:32	Theresa	Host	So I... I mean, I'm always, I guess, challenging myself in new ways? <i>[Laughs.]</i>
			<i>[Biz laughs.]</i>
			I have three kids, guys. Um—
00:31:43	Biz	Host	Yeah! Challenge!
00:31:44	Theresa	Host	I'm challenged. I'm just gonna go.
00:31:47	Biz	Host	Go.
00:31:48	Theresa	Host	Um, well, last night— <i>[clears throat]</i> . I should say, this morning, right before I woke up, I was having a dream. That I was eating pie.

00:31:58	Biz	Host	Oh! That's a nice dream.
00:31:59	Theresa	Host	And it was delicious.
00:32:01	Biz	Host	That's it?
00:32:02	Theresa	Host	Yep!
00:32:04	Biz	Host	<i>[Biz laughs.]</i> Did you— <i>[Laughs.]</i>
<i>[Theresa laughs.]</i>			
I was having a sip of something to drink. I think I totally missed that. Wait. Your— <i>[Laughs.]</i>			
<i>[Theresa laughs.]</i>			
00:32:13	Theresa	Host	Your genius—
00:32:14	Biz	Host	I totally think that qualifies!
00:32:16	Theresa	Host	That you had a dream— I had an amazing dream right before waking up this morning that I was eating this like berry pie. And it was really great.
00:32:22	Biz	Host	<i>[Long pause.]</i>
00:32:23	Crosstalk	Crosstalk	Are you gonna go seek that pie out— <b>Biz:</b> —and fulfill your destiny?
00:32:26	Theresa	Host	<b>Theresa:</b> I'll probably have pie at some point. Yeah. But the dream was what makes me a genius. <i>[Laughs.]</i>
<i>[Biz laughs.]</i>			
00:32:31	Biz	Host	Theresa.
00:32:32	Theresa	Host	Yes.
00:32:33	Biz	Host	Do you craft?
00:32:34	Theresa	Host	No.
<i>[Biz laughs.]</i>			
00:32:36	Biz	Host	But you're a mom! I'm pretty sure...
00:32:39	Theresa	Host	I think I'm a mom. I'm a mom in most ways.
<i>[Biz laughs.]</i>			
00:32:42	Biz	Host	"Think I'm a mom." You—you created a life. You crafted a life!
00:32:48	Theresa	Host	I gave birth to two kids, but I don't craft. So am I a mom?
00:32:52	Biz	Host	The ultimate craft. The ultimate crafter. You made two people. The ultimate—do you go back and check your work for perfection? <i>[Laughs.]</i>
<i>[Theresa laughs.]</i>			
Alright. I think we should—Theresa actually brought this up as a topic, which I found really interesting.			
00:33:07	Theresa	Host	Oh, that is such a lie!
00:33:08	Biz	Host	That is not a lie!
00:33:09	Crosstalk	Crosstalk	<b>Theresa:</b> I'm just kidding. <i>[Laughs.]</i>
00:33:10	Biz	Host	<b>Biz:</b> Anyway. So— I thought this was really—'cause my first response was, "You wanna talk about crafting?" I was like, "What's there to say about

crafting? I fucking love crafting and I'm pretty sure you don't." But like how deep does this go? And then as we kinda thought about it I was like, "I think this is gonna touch on... yet another thing that we either feel great about or feel like shit about or somehow turns into a, 'Oh. She does crafting.' Just another way to be assholes to each other."

00:33:38 Theresa Host  
00:33:42 Biz Host  
00:33:44 Crosstalk Crosstalk

I mean, it was the full whatever. Sack of bananas.  
The circus has come to—  
**Theresa:** The full sack of bananas.

00:33:46 Theresa Host  
00:33:49 Biz Host

**Biz:** —the full sack of bananas! *[Laughs.]*  
The Costco-sized sack.  
Bulk bananas! *[Laughs.]*

00:33:53 Theresa Host

*[Theresa laughs.]*  
And so I'm still—that was two nights ago. I'm still recovering from that today.

00:33:58 Biz Host

You should have known that was coming, because you did something nice for yourself.

00:34:03 Theresa Host  
00:34:06 Biz Host  
00:34:09 Theresa Host

I should have, yes.  
The scales needed to be balanced.  
Something is going on.

00:34:11 Biz Host  
00:34:13 Theresa Host

*[Biz laughs.]*  
And it ain't in your belly!  
Yeah! Yeah. Um, outside of growing another child, there's—there's been a lot of stuff going on in the Thorn household. So the thing I wanted to talk about today is that my oldest child—my five-year-old—who everybody, including myself, has known as "Simon" for the first at least five years of his life—is—has been self-identifying as a girl for a little over two months. And so in our house and at her school—we're using female pronouns—and she's not going by "Simon" anymore. She's going by the name "Grace." Which she chose. And... I... *[sighs]*. I've struggled with how to talk about this on the show. Primarily out of just like... respect for her privacy and what she's going through? And also just because when you make an announcement like this? It feels very final?

00:35:11 Biz Host  
00:35:13 Theresa Host

Yeah. Like you're locked in.  
Yeah.

*[Biz laughs.]*

And that was how I felt about supporting her with the transition at school? Like, I felt like I wanted to—the desire was to say, "Well are you absolutely sure?! Because once you do this—" Like, whatever. Which—for a variety of reasons, and after a lot of research, y'know, I learned—is just not the way to handle it with a kid.

*[Biz laughs.]*

00:35:37 Biz Host  
00:35:41 Crosstalk Crosstalk

It just doesn't make any sense. Like—  
That's kind of true for almost everything with kids!  
**Theresa:** It's almost anything with kids. Yeah.

**Biz:** Almost anything! So—

00:35:44 Biz Host There's some comfort there in knowing that that is the right, but—like, at the same time... in all cases of having to implement that—that approach? There's still a question of, "How am I supposed to be doing this?" Y'know? So like—"Should I be locking this in? Should I not be locking this in? Should I support so much that we're fully committed?" So—

00:36:03 Theresa Host Well, yeah! I mean, there wasn't... I mean, at a certain point what you realize is... it doesn't matter? If it's final? It's just what's happening right now. And like... there's no reason to—if you make it—if you make your support contingent on finality or like—the child being certain—100% sure—then you're not really being supportive of the child? It's like... it's impossible to do that. Like, it's not—not only is a five-year-old unable to actually give that kind of assurance, but like it doesn't benefit anybody to be sure. So what I ended up saying to her teacher—which is what I'm gonna say to you guys—is that, y'know, Jesse and I don't know what's gonna be in her future! We don't know what is to come. We don't know where this is headed. And y'know, this—this may be something that goes on for a few more months. It may be something that goes on for a few more years. It may be something that is forever. We don't know. But for now, I mean—and for now and for always, we're just supporting her in it.

00:37:16 Biz Host Oh, my opening is gonna be sunscreen related. *[Laughs.]* Good. Mine's Band-Aid related. Summerrr! Um—*[Laughs.]* Okay. You ready? Alright. Wonderful. Oh, what are you so—and Theresa—

00:37:29 Theresa Host Sunscreen.

00:37:31 Biz Host And Theresa equals sunscreen. Is that—*[Laughs.]*

00:37:34 Theresa Host Theresa, um...

00:37:36 Biz Host Lays it on thick!

00:37:38 Crosstalk Crosstalk **Theresa:** Yeah, there ya go. Perfect. There ya go. *[Laughs.]*

00:37:40 Biz Host **Biz:** With sunscreen. Do you want me to be "Lays it on thick with sunscreen" or just "Lays it on thick"?

00:37:44 Theresa Host I like—ohhh, I liked the way you did it with a pause. Like, "She lays it on thick—"

00:37:48 Crosstalk Crosstalk **Both:** With sunscreen.

00:37:50 Biz Host Mrow, mrow, mrow, mrowww. Okay. Alright.

Parenting... is the toughest job. But also the most rewarding.

*[Theresa laughs.]*

Says the internet. What do you think that means? What do you—when I say to you, "Theresa, I know it's really hard. Three kids. No sleep. The whole thing. Just turning one. It's hard, but it's rewarding." What does that—she's looking at me like she wants to punch me out of the chair.

*[Theresa laughs.]*

00:38:23 Theresa Host What... what do you think about rewards? It is not, I think—it does not fit my thinking. About—like, it's a framework for thinking about life? And stuff?

00:38:34 Biz Host Oh, that's good! *[Laughs.]*

00:38:35 Theresa Host That does not actually fit me. It might fit other people. I remember—

00:38:41 Biz Host So glad Theresa does this show with me. *[Laughs.]*

00:38:45 Theresa Host *[Theresa laughs.]*  
Like, I remember somebody saying to me at some point, like, when I started having kids, like, something like, "Well, yep, you just do the best you can and then when they're eighteen you find out if you did a good job."

*[Biz laughs.]*

Which like—and they were like dead serious! And I was like, "Huh." Like, what—that kind of thinking blew my fucking mind. 'Cause I was like—not that it was wrong, but just that I was like, "Wow!" Like, really?! Is that what you did? You were just like... "Fingers crossed!" Doing all this stuff and then the first time you're gonna check in is when they're eighteen and you find out yes or not? Like, all or nothing? Like...

*[Biz laughs.]*

It just seems so funny. But it's similar with this rewarding thing in that it presumes that we are doing something to get something else.

00:39:34 Biz Host Oh!

00:39:35 Theresa Host It presumes that there is work—work towards an enjoyable product. Like, from that work. Like, directly—like, there is a direct reward product that comes out of our sweat and toil.

00:39:49 Biz Host Right!

00:39:51 Theresa Host Which... in my experience, just—almost never happens that way. Like, for me, it's much more everything is happening all at once time? At all times. Like, I'm much more like process-oriented in my daily life? And I think a lot of us are. Because you can only stop and—

00:40:13 Biz Host *[Laughs.]* It's like, every night it's like, everybody goes to bed and you like sit down and you're like, "I'm ready... for my reward!"

00:40:18 Theresa Host Bring me my cupcake! Yeah!

00:40:19 Biz Host "What is my reward?" Right? Like, "Here it comes!"

00:40:22 Crosstalk Crosstalk **Biz and Theresa:** Woooo!

00:40:24 Biz Host *[Singing]* Let's talk about sex, baby!

00:40:26 Crosstalk Crosstalk **Both:** *[Singing]* Let's talk about you and me! Let's talk about all the good things and the bad things that may be!

00:40:32 Biz Host Let's talk about sex! Let's talk about sex! I love it! Hot to trot! Make any man's eyes pop! 'K.

00:40:42 Biz Host *[Both laugh.]*  
Theresa? How are you? *[Laughs.]*

00:40:45 Theresa Host *[Theresa laughs.]*  
I... I'm tired! I—like I said, I'm just—I'm a little spent. I was reflecting over the weekend on—I don't know if you remember this, Biz. Maybe some of you guys remember. I had a moment at—when Oscar was a baby and Grace was, I guess, she was two years and three months when Oscar was born. So sometime around when Grace was two-and-a-half-ish and Oscar was a baby, I remember



having this moment that I talked about on the show where somebody asked me at the preschool—said, like, “I’m gonna have two soon. Like, a similar age difference. How is it?” And I said, “It’s great.”

00:41:29 Biz Host

What?! *[Laughs.]*

00:41:30 Theresa Host

And then I came on the show and I said, “I don’t know why I said that!”

00:41:34 Biz Host

Yeah. I remember this.

00:41:37 Theresa Host

“It is not great!”

*[Both laugh.]*

And then we kinda like took that apart and talked about it. And I’ve been having this experience recently where I’ve been running into, y’know, parent friends at the elementary school and at the preschool and everybody knew that Baby Curtis was coming and everybody knew I already had two kids and—y’know, it’s—I feel like it’s pretty—where we live, it’s pretty common for people to have two kids. I feel like most people I know have two kids or are planning to have two. There are definitely plenty of people with one. And then you don’t see the three as much in L.A. I think it’s more common through the United States, but I think in L.A.—whatever. Cost of living, just culturally, people just don’t have—you don’t see it as much. And so people definitely look at me with the big eyes, y’know? And they wanna know how it’s going!

00:42:28 Biz Host

“Are you visiting, honey?” *[Laughs.]*

00:42:30 Theresa Host

Yeah!

00:42:31 Biz Host

“You visiting?” *[Laughs.]*

00:42:32 Theresa Host

And they wanna know how it’s going! And/or they’re just being polite and making conversation. And... I just... I’ve been really struggling with this! Because I don’t... like, on the one hand? Like, I—I’m so—like, I just—I am so happy, genuinely. I just love—I love that I have three kids now! I really wanted Curtis! You guys know that. Like, I’m really, really happy. And—but like—

*[Biz laughs.]*

It’s not like most people’s idea of a good time. Do you know what I mean?

*[Biz laughs.]*

So when somebody asks me, like, “How’s it going?” I just have... I have no good response to that. Like I wanna kind of just be like, “Well, how do you think? You guys know.” These are other parents I’m talking about. Like, this is—you guys know how it is, probably! Pretty much. If you have a kid. It’s just... three of them. And so I’m doing that. That’s what I’m up to. *[Laughs.]*

00:43:26 Biz Host

Let’s talk about... maybe... cake parenting and how we can apply it now! Why we should apply it now. Just gonna throw some questions out, and let’s just explore them. ‘K? So... what are the rules and guidelines of cake parenting?

00:43:45 Theresa Host

*[Theresa laughs.]*  
I’m sorry. Can we—

*[Biz laughs.]*

Can we—can we be critical first? And then—or are we gonna purely accept this as being helpful and correct?

*[Biz laughs.]*

00:44:00 Biz Host And go forward—  
What? What do you mean, Theresa? I am clinging to the concept!  
Alright. Cake parenting, then, Theresa. Do you think...

*[Theresa laughs.]*

00:44:14 Theresa Host It's a good idea? Or a bad idea?  
I mean—

*[Biz laughs.]*

00:44:26 Biz Host So... yeah. I mean, it's—well it's hilarious. Right? Because it's  
really unhealthy? I mean, like... right? Can we—  
00:44:28 Theresa Host But is it?  
Well, okay. So here's the thing.

*[Biz laughs.]*

Like, the idea of solving problems with food? Is not a new one. And not special. Because like you can go back to like chicken soup and hot beverages—warm beverages that are very soothing and comforting and y'know, a warm, cooked meal can be very—y'know. And there's like lots of things that are like that. But like, cake in particular...

*[Biz laughs.]*

00:44:58 Biz Host Is there a nutritional value at all in cake?  
Carrot cake?

*[Theresa laughs.]*

00:45:01 Theresa Host It's got the word "carrot" in it!  
00:45:04 Biz Host It's got the word "carrot" in it.  
Okay. Before we even get into that, Theresa—how are you? And if you wouldn't mind, I feel like for the listeners, we need to—

*[Theresa laughs.]*

00:45:17 Crosstalk Crosstalk —update who our children are. I think it's important in particular for our sleep episode!  
**Theresa:** Yeah. True. So like a "who lives in your house," then?

00:45:20 Theresa Host **Biz:** Right. Yeah. Yeah, "who lives in your house" and "how are you?"  
Okay. Great. So I live with my husband, Jesse, and we have three children. Grace, who's six-and-a-half, Oscar, who's four, and Curtis, who just turned one. And our two very annoying but very sweet dogs.

*[Biz laughs.]*

*[Through laughter]* What the fuck was I talking about? Can I just go to sleep? I feel like I started to drift off as I was naming people who live in my house.

00:45:45	Biz	Host	<i>[Theresa laughs.]</i> When you were doing that, I grew tired actually. I was like this—I could just—can we just get some sleep? Is this gonna be about our kids' sleep issues or our sleep issues?
00:45:55	Theresa	Host	Or ours. Okay. So head in the game. Alright?
00:45:58	Biz	Host	Wake up! <i>[Claps.]</i>
00:45:59	Theresa	Host	Okay. I'm here. I'm present. I've had a cappuccino. My house is very full, and there are a lot of young children who need help with a lot of things.

*[Biz laughs.]*

And recently—like, especially on the weekends—but also the evenings. It's just—it's—it's almost like—you guys probably know this feeling. It's an out-of-body experience sometimes? Where I am so busy taking care of the needs of others for like a chunk of time. I'm not talking like from the moment I wake up in the morning 'til when I go to sleep. But there are some very busy, particular chunks of the week where I'm just—it's one thing after another with each of the three kids and/or the dogs or whatever. And I—it really is an out-of-body experience, and I recently *[through laughter]* had this moment—

*[Biz laughs.]*

—where I was in one of these moments at home and then I stopped and I sat down to nurse my baby right before I was gonna put him to bed. And *[through laughter]* I did this thing, which was—I said to myself—

*[Biz laughs.]*

In my head, I said, "Hello, Self." *[Laughs.]*

*[Biz laughs.]*

And then I said, "I am a Self."

*[Biz laughs.]*

And it was—it was so amazing because it was so absurd, and so sad? But also it helped me? Because I was like—I fully came back into my body and went, "Oh! Here I am!"

*[Biz laughs.]*

00:47:29	Biz	Host	"I am me! I am someone! I— <i>[Laughs.]</i> " "Theresa Thorn, the 'I Am Me' story."
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00:47:33	Theresa	Host	<p>I'm not just like some disembodied arms that are going around helping people with things. And so—I know, it's the best! And so now—this has become this weird mantra for me? Over the last few weeks? Where I will stop and I will—and I will go, "Hello, Self. I am a Self." <i>[Laughs.]</i></p> <p><i>[Biz laughs.]</i></p>
00:48:00	Biz	Host	<p>I'm laughing so hard that it hurts. And... yeah, it's been great. Oh! <i>[Laughs.]</i></p>
00:48:04	Biz	Host	<p><i>[Theresa laughs.]</i></p> <p>What did we learn today? I think we learned that... change is inevitable. <i>[Laughs.]</i> And that we have to honor and respect the choices that we feel we need to make for ourselves, even if they seem really scary. And we need to respect the choices of others. And assume they've put the thought and care into that choice and to give them the space and respect and love to make it. And... I really am glad that she has been my friend and part of this community? And I am so thankful that you are part of our community. And... it was a weird show. And that's okay. But the bottom line is... you are also doing a great job? And I see you. And I will talk to you next week. Bye!!!</p>
00:49:14	Music	Music	<p>"Mama Blues" by Cornbread Ted and the Butterbeans. Strumming acoustic guitar with harmonica and lyrics.</p> <p><i>I got the lowdown momma blues Got the the lowdown momma blues Gots the lowdown momma blues The lowdown momma blues. Gots the lowdown momma blues Got the lowdown momma blues You know that's right.</i></p>
00:49:38	Biz	Host	<p><i>[Music fades.]</i></p> <p>We'd like to thank MaxFun; our producer, Gabe Mara; our husbands, Stefan Lawrence and Jesse Thorn; our perfect children, who provide us with inspiration to say all these horrible things; and of course, you, our listeners. To find out more about the songs you heard on today's podcast and more about the show, please go to <a href="http://MaximumFun.org/onebadmother">MaximumFun.org/onebadmother</a>. For information about live shows, our book and press, please check out <a href="http://OneBadMotherPodcast.com">OneBadMotherPodcast.com</a>. <i>One Bad Mother</i> is a member of the Maximum Fun family of podcasts. To support the show go to <a href="http://MaximumFun.org/join">MaximumFun.org/join</a>.</p>
00:50:08	Theresa	Host	<p><i>[Music resumes for a while before fading out.]</i></p>
00:50:30	Music	Transition	A cheerful ukulele chord.
00:50:31	Speaker 1	Guest	<a href="http://MaximumFun.org">MaximumFun.org</a> .
00:50:33	Speaker 2	Guest	Comedy and culture.
00:50:34	Speaker 3	Guest	Artist owned—
00:50:35	Speaker 4	Guest	—Audience supported.