00:00:00 00:00:01	Biz Ellis Theresa Thorn	Host Host	Hi. I'm Biz. And I'm Theresa.
00:00:02	Biz	Host	Due to the pandemic, we bring you One Bad Mother straight from our homes—including such interruptions as: children! Animal noises! And more! So let's all get a little closer while we have to be
00:00:21	Music	Music	so far apart. And remember—we are doing a good job. "Summon the Rawk" by Kevin MacLeod. Driving electric guitar and heavy drums.
00:00:24	Biz	Host	[Continues through dialogue.] This week on One Bad Mother—don't freak out, but I don't like reading! We talk to Max Greenfield about his new children's book, I
00:00:36	Crosstalk	Crosstalk	Don't Want To Read This Book!. Plus, Biz is thankful. Biz and caller: Wooooo!
			Caller: Woo!
00:00:42	Caller	Caller	Caller: Woo! Biz: Woo! Uh, just a check-in.
00:00:42	Caller	Caller	Biz: Woo!
00:00:42	Caller	Caller	Biz: Woo! Uh, just a check-in.

[Biz laughs.]

00:02:12

Biz

Host

—that I missed my ex-brother-in-law's funeral, who passed away very suddenly. It was very saddening. So yeah. It doesn't feel good that I didn't get a chance to support my sister. It doesn't feel good that I didn't get to support my husband while he was in Oklahoma for a funeral, and then—which is like an eight-hour flight away from us, so it's not close. And then I'm gonna just enjoy trying to celebrate my friend tonight. Because she deserves it. And... you guys are all doing a great job. Thanks for the show. Bye! I think you're also doing a really great job. Yeah. I—[sighs]. Aaack! It's really hard to find that balance. And between where you can give support and—like, kids come into your house and it really can make it incredibly difficult when it comes to... like, how you would support other people in your life if kids weren't in your house. Y'know. Having—especially if they are really young kids? And we're definitely still not living in a system in which—[Laughs.] There's childcare available for many of us right now because of COVID? As well as costs? We aren't always able to make the time we want to make to support and care for others. And I know that it feels like we have to, but when it comes to... supporting your partner, I definitely understand that feeling. And I want you to know that it is also important that you're able to stick with the commitment that you were able to make. That's a lot of different

things—your choice to go and support your best friend, I think, has incredible importance to you and to them. And it's just such a shitshow juggle-fest! But I'm glad that you are opting for some joy amidst all this. So you're doing a really good job.

00:03:57 Music Music 00:04:11 Biz Host Speaking of doing a good job, it's thank-you time!
Heavy electric guitar and driving percussion overlaid with "Ohh, ohoh, oh-oh" and "Hey-ey-ey-ey-ey-ey" lyrics.

And how apropos! It's Thanksgiving week! Woo-woo! [Laughs.] Let's gobble up some thank-you's, everybody! I am particularly thankful this year. It has been very... sort of centering for me to be able to come on every week and thank all the people that are out there really working very hard to make our lives feel somewhat normal or somewhat safe, in what has been just a shitshow two years. And what I'd like to focus on right now, though, is thanking the people in my immediate life—my life right now!—a weird thing to say. "My immediate life." My past lives. [Laughs.] Where—that have been making all of this enjoyable and possible. So I am gonna start with—Gabe! [Singing] I am thankful for Gabe! Gabe shows up here every week on the lovely Zoom with me. And makes me sound good, though I'm recording in a bedroom. And has been a phenomenal guest-getter and guest-suggester. And is generally a remarkably pleasant and professional person that makes me so happy. And a really nice guy! You guys don't know this, but Gabe has been fostering two dogs—not at the same time, recently which makes me love Gabe even more. And as you all know, Gabe has a Supernatural tattoo, which, y'know. Makes me a big fan. So Gabe? Thank you for everything you are doing! I really appreciate it.

I also want to thank you guys, the listeners, and this community. I am keenly aware of what a privilege it is to be able to have One Bad Mother be my job. And I am thankful that that is because of your support. And... I am thankful for the kindness that you bring to this community and this show. I am thankful that you have been part of creating this space in which you feel safe enough to let me know when I need to be better, as well as feeling safe enough to share with us your genius, your fails, your rants, your woo's, all of it. It's... really remarkable. And I really see how remarkable it is. And I appreciate it. And I appreciate you. And I know that we're at Thanksgiving right now, and that nothing has gotten less complicated, and... I just want you to know that there's at least one space in which somebody is so thankful for you. And so thankful for everything that you are doing. And to be perfectly honest, that's exactly where I'm gonna leave this. That, right there. That's my check-in as well, just how thankful I'm feeling for this community and... for Gabe. And I've got a Theresa story later! So I'm incredibly thankful for Theresa. Do not think I'm not thankful for Theresa! But I'm saving that for my genius. So. Okay.

Oh! And I am also thankful to all of the amazing guests who have taken the time to come in and talk with us! Over the last—I don't know—nine years? Which I think ties in nicely to a great guest we're gonna be talking to today—thank you, Gabe, for this recommendation and for finding this person! And that's Max Greenfield, who is going to talk to us about his new children's

			book—his debut children's book!—I Don't Want To Read This Book!	
00:08:16 00:08:17	Music Theresa	Music Host	Banjo strums; cheerful banjo music continues through dialogue. Please—take a moment to remember: If you're friends of the hosts of <i>One Bad Mother</i> , you should <u>assume</u> that when we talk about	
00:08:24	Biz	Host	other moms, we're talking about <u>you</u> . If you are <u>married</u> to the host of <i>One Bad Mother</i> , we <u>definitely are</u> talking about you.	
00:08:28 00:08:31	Theresa Biz	Host Host	talking about you. Nothing we say constitutes <u>professional</u> parenting advice. Biz and Theresa's children are brilliant, lovely, and exceedingly	
00:08:35	Theresa	Host	extraordinary. Nothing said on this podcast about them implies otherwise.	
			[Banjo music fades out.]	
00:08:41	Biz	Host	[Biz and her guest repeatedly affirm each other as they discuss the weekly topic.] This week, we are welcoming Max Greenfield, who is a New Yorkborn actor who you may know from New Girl and The Neighborhood, but who is best known—this may be my favorite bio ever—for being interrupted by his two beautiful children, Lily and Ozzy, as he writes this very bio. Max tries to tell them that this is important and to please live him alone! But neither child believes this, as they are certain that Mommy is the one with the career and	
			Daddy just acts silly on TV sometimes. His debut children's book is I Don't Want To Read This Book!, which is out now. Welcome, Max! Yayyy! [Light applause.]	
00:09:19	Max Greenfield	Guest	Glad to be here.	
00:09:23	Biz	Host	[Biz laughs.] I gotta tell ya, I have to give you the—a proper salute for that bio! That is magnificent.	
00:09:30 00:09:31	Max Biz	Guest Host	Oh, appreciate it! Thank you very much! Yeah! Yeah! I'm gonna assume it's a true life story.	
00:09:34	Max	Guest	Yeah.	
00:09:35	Biz	Host	Yeah. You're like, "Yeah, didn't make that up."	
00:09:37	Max	Guest	That's every day. [Laughs.]	
00:09:38	Biz	Host	That's every day. Well that leads to our first question, which is—and sorry, spoiler alert!—we already know some of the information. But who lives in your house?	
00:09:47	Max	Guest	In my house, I have my beautiful wife, Tess. Our children, Lily—who's eleven—and Ozzy, who is six. We have a dog named Joey, who's anywhere from six to eight, we think.	
			[Biz laughs.]	
00:10:12 00:10:14	Biz Max	Host Guest	He was a rescue, so it's sort of debatable. Sometimes he looks like an eleven-year-old dog. Other days, you're like, "Maybe he's really young!" He's really the all-star of the group. Yeah. Of course. I would imagine. And then I'm sure there's some other things living in the house that I'm not really quite certain of. Some bugs and	
00:10:21	Biz	Host	I always think of that video when I ask this question and we're talking. A long time—a long time ago. In the year of the internet, there was this video where—and I'm sure it was fake. But a guy had set up a camera in his kitchen 'cause his cabinets kept being	

00:11:05 00:11:10	Max Biz	Guest Host	opened. Do you remember this? The cabinets kept being opened and it was really weird so he decided to set up this camera, and throughout the course of the evening, suddenly one of the ceiling tiles—'cause he lives in an apartment—sort of shifted, and a woman crawls out and crawls down, gets stuff out of his cabinet, and crawls back up. Now it was the most disturbing thing ever, but I like to think of that now as, "Who knows? Who knows who else might be in our house." [Laughs.] I hope there's not a woman in the attic! There's a woman in the attic. That's the name of my biography. Anyway. Okay. You've got an eleven-year-old and a six-year-old, and I know that we are here to talk about this book. But this book, I Don't Want To Read This Book!, ties in really to the six- and eleven-year-old. I have an almost-eight and now-twelve-year-old. So I'm very familiar with the tween action. As it comes into play. How's that—how's that going for you? [Laughs.]
00:11:40	Max	Guest	Yeah. I don't the six-year-old's not there yet, so I'm really focused on him.
00:11:46	Biz	Host	Yeah. You're just already giving up on the eleven-year-old because they—you had a—[Laughs.]
00:11:51	Max	Guest	Well, she's given up on me.
00:11:53	Biz	Host	Oh. Fair. Fair. You do have a article out where you have publicly
			shared—in a "Once Upon A Time in Fatherhood" piece—y'know,
00:12:05	Max	Guest	questioning if you can be a dad <u>and</u> cool. Yeah.
00:12:06	Biz	Host	Yeah! I mean, it's a sharp turn, isn't it? From when you're cool to
00112100			suddenly you are—you are not cool. How—are you okay?
			[Laughs.] Are you feeling okay with that?
00:12:18	Max	Guest	No, I don't feel okay with any of it!
00:12:21 00:12:25	Biz Max	Host Guest	[Biz laughs.] You've worked really hard to be cool! [Laughs.] What happened?! I don't—I don't know. I don't know. Well, it's not really you work really hard to be cool. It's that they perceive you as cool for—they make you believe that you're cool. For quite a long time. To the point where you're like, "I think I'm I think I'm I think I'm cool! I'm doing this! I'm doing this! I'm really an involved—I'm a present parent! And that's cool!" And then they turn on you. For no reason! And, uh y'know? Whatever. I'm fine with it.
00:12:59 00:13:04	Biz Max	Host Guest	[Both laugh.] "Whatever. I'm fine. I don't have to be—" "I don't wanna talk about it." Yeah, I don't know. I just they don't want anything to do with me anymore. So it's fine. My son is very impressed by me. And we have a great relationship right now. So.
00:13:17	Biz	Host	Good. Yeah.
00:13:18 00:13:19	Max Biz	Guest Host	Take that! Do you ever try? Like, extra hard with your oldest? Like, "You know
00.10.10	5 12	11000	what? I could chaperone your dance. Would that make everything better?"
00:13:27	Max	Guest	I mean, I'm not trying to chaperone a dance. [Laughs.]
			IBiz laughs 1

[Biz laughs.]

But, um... yes. That effort is made daily. Daily.

00:13:34	Biz	Host	Daily. Well, we look forward to your parenting book. On trying to stay cool with your tween.
00:13:43	Max	Guest	I know. It's too many pages. I'm sticking to children's books.
00:13:46	Biz	Host	Well speaking of children's book, <i>I Don't Want To Read This Book!</i> —I don't know if maybe a editor or anybody told you, but we're supposed to be telling our kids that they love reading. This seems—seems way off! With "I don't want—" You're just giving them language, Max. I'm not sure—talk to me about where this book came about. Where did it come from?
00:14:09	Max	Guest	Well it's kind of the exact reason why I wrote the book, was—

[Biz laughs.]

—is that it's based on my own experience as a parent and a reluctant reader myself. But y'know, all of the messaging from both teachers and parents has always been some different way to say, [in soothing voice] "Fall in love with the magic and wisdom, beautiful forests that you'll find yourself in, and discover what reading can do for you and the people around you, and you will begin to love reading!"

[Biz laughs.]

You know what I mean? And it's always like this... it's always this messaging of, "You're supposed to love reading." And that is definitely not my experience and continues not to be my experience.

[Biz laughs.]

I do not love to read. There are books that I've found that I've thoroughly enjoyed. And love, love, love. But for the most part, I'm asked to read things that I really don't wanna read. Y'know. I'll get sent scripts quite a bit, and I gotta tell ya—if I make it through the first ten pages, I'm like, "This is a good script." If I can read the whole thing? This is—it's a masterpiece. But so this was an idea—the idea of this book was to give kids who are probably feeling a much different way towards reading an outlet and a voice to articulate themselves! And to say—because, y'know, it comes at a really interesting time. When you're learning to read, you're also learning to compare yourself to other kids. And it's like, "Well hold on. If that guy is really tall, does that mean I'm short?"

[Biz laughs.]

			"And how do I feel about myself—"
00:16:00	Biz	Host	Yes. The answer is yes, Max. [Laughs.]
00:16:02	Max	Guest	Yeah, but you're like, "Well then how do I—" But if you're
			discovering that on your own, like, how do I then feel about myself?
			Like, I don't know. So I feel—do I feel shitty that I'm short? And
			then with reading, it's at that same point where you're starting to
			learn how to read and there's the kid that's sitting two desks away
			from you, you're like, "Hold on. You mean to tell me that you've
			read three of the Harry Potter books and—"
00:16:27	Biz	Host	Oh, yeah, that kid.

00:16:29	Max	Guest	"And I I'm still struggling to get through the first chapter? And I really want to read them! But my—but I'm at a different pace than you." And—and—and really at that time, it's so much about that in general. That what else do you have to base your—however you think about yourself and your level of intelligence on? So all of a sudden I'm looking at them. The reading for me is difficult. And I'm thinking to myself, "Not only am I short, but I'm stupid?"
			[Biz laughs.]
00:17:08	Biz	Host	And so— Max, that's what elementary school is there for. It's just to sort you. Sort you right away! Just right away! [Laughs.]
00:17:14	Max	Guest	Totally! So the idea of this—one of the ideas of this book is to say, "Look! It's—you might not wanna read this book, and there's a different way to approach reading than just letting the kids know that it's something that they need to fall in love with." And it's an interesting thing and it gives the kids an interesting point of view of their reading it, but more so, I think, if you have a teacher reading it or a parent reading it, it potentially allows them to articulate something that you might be feeling that you don't think that you're allowed to say. And I think these books—especially the children's books—they're all conversation starters. So I think this one starts a really interesting conversation with you and your kid. That's one of the meanings of the book. The other one is just like, this is a really funny, fun book.
00:18:02 00:18:04	Biz Max	Host Guest	Oh, it is! [Laughs.] For kids who, y'know might not wanna read the books that they're being told to read. Or just—they're having a night where it's like, "Can we not read—can we just read the fun book tonight?" [Biz laughs.]
			"Can I get a chance to—"
00:18:15 00:18:18	Biz Max	Host Guest	"No, we're reading <i>The Odyssey</i> ! Again!" Yeah. That's right.
			[Biz laughs.]
00:18:23	Biz	Host	Can I just act aggravated and read this book for fun? Oh, I will say, as a parent who has read this book to my seven- year-old—it is a—there's some therapy involved in reading this. If you like to give it a little oomph. We like to give it a little oomph in this house. And I think it's—it's very fun. We had a really good time reading it. And Ellis is—Ellis can read. Ellis is not, like "Oh, I'd really—" His teacher was like, "Y'know, he's just reading <i>Piggie and Elephant</i> books." And we were like, "That's cool. That's—he's reading those." "Have you asked him to read something more challenging, 'cause he won't on his own!" "He's totally fine— <i>Piggie and Elephant</i> are great books! Why would you not wanna be giving him the choice?" And that is he was delighted by this book.
00:19:09 00:19:10	Max Biz	Guest Host	Oh good! Yeah! And I—so I guess I would love to ask about the illustrations. There's this very cute book who looks very happy on the front. While there's a sticky note that says, "I don't wanna read this book." And then you get to go through this and the words are all

00:19:45	Max Crosstalk	Guest	illustrated and have motion and have an effect. Like, "The words are all squished together!" And sometimes there's just one word—y'know. And did you guys get to work together on this, or did you just—or was this one of those magical things where you send it out—[Laughs.] Well I think that's how it usually works. It's one of these magical things where you send it out. You just hope that it's magical. And what Mike did was so incredible and he really brought the book to life in a way that exceeded every expectation that I had ever had. But you're right. Y'know. The only thing that I was really adamant about was that the book stay very readable. And I wanted it to be a readable book. Biz: [Laughs.] 'Cause that would—
00.00.40			Max: 'Cause this is a book that's —
00:20:13	Max	Guest	'Cause it's meant to be read. And I was like, "You could really overpower this with a lot of pictures and illustrations." And I was like, "I really want it to be fun, but let's keep it simple." And Mike just did such a great job. And he knew exactly what words to have fun with and which words to emphasize. And it really is an enjoyable reading experience for a kid.
00:20:39	Biz	Host	Yeah. One of my favorite parts would be the list of all the things I could be doing that are more important than reading this book. One? Eating cake. [Laughs.] You don't know this, but on this podcast we have invented a new form of parenting called "cake parenting." And that is—if you grew up watching The Brady Bunch or reading a lot of the old children's books—Richard Scarry, y'know, Bedtime for Frances—people were just giving kids cake all night. All day. All night. "I can't sleep! Can I have a piece of cake?" "Yes, you can have a piece of cake. Now go back to bed." So we've decided that cake can solve all problems. Right? Kid doesn't wanna go to school? Cake. Right? And so when I got to this page—eating cake is number one—I thought, "I'm good! We're good!" And my kid's like, "Hey, it's cake parenting!" And I was like, "Yes, it is!"
00:21:30 00:21:31	Max Biz	Guest Host	Nice. And then we go on to say "eating cake while watching YouTube" and then number three, "Watching YouTube and not eating cake, but truth be told I prefer to be eating cake." Which is, I think, very accurate for so many of us. But I have to ask—when you're writing something like this—I mean, you could go off in all directions! I mean, you really could go so many places how did you manage to keep what you felt was really important in it, versus, y'know. It could be a hundred more pages. Right?
00:22:02	Max	Guest	It's such a great question. And that really was probably one of the hardest parts about writing the book, is what do I keep and what do I leave out? I knew I wanted to ramp up into the book so the beginning had to be a certain way and it had to just really, really be simple in the beginning. And then I knew I definitely wanted to break down structure in the beginning and just go from words. 'Cause one of the things—not only was I taking this from my own experience, but I was asking, y'know, my daughter and her friends. And overwhelmingly [through laughter] when I would say, "What do you not like about reading?" They would go, "So many words!"

00:22:40 00:22:41	Biz Max	Host Guest	Books. [Laughs.] So I knew I wanted to keep the structure of it all with just going from words to sentences to paragraphs. And length in general being a real problem.	
00:22:52	Biz	Host	[Biz laughs.] I believe there's a line that says, "Paragraphs belong in chapter books. Chapter books are for people with nothing better to do." You turn the page and it says, "Chapter Two: I still don't wanna read this book."	
00:23:04	Crosstalk	Crosstalk	Max: Totally.	
00:23:07	Max	Guest	Biz: That is a good joke. [Laughs.] So that—yeah. Then it goes to chapters. And then after that—once I got past that point—you're like, "Oh, well now I sort of have to land the plane. Start to land the plane a little bit here." And there was definitely some stuff that I edited out that I would've loved to have kept, but I felt like we kept the stuff that was most important and and that it also allowed us to really end the story properly.	
00:23:36	Biz	Host	Well—and by "properly," you mean, "It just ends and the kid gets space." There's no—I love that you don't come back at the end and are like, "Wasn't that fun? Didn't you enjoy it?" No. It's flat-out, like, "Ugh, fine. I know it's gonna happen. The end!"	
00:23:52	Max	Guest	There was a version in the beginning that I had read to a bunch of those kids who showed up on my front lawn—	
			[Biz laughs.]	
			—where we did acknowledge that the reader had just read a book. And I quickly realized when I read it aloud to them, that I'm not really sure how they responded to it? But I <u>hated</u> it. And I was like, "Oh, this book can't be a trick. Or a gimmick. I don't wanna trick the reader here. I want this book to be accurate to the experience of a child who genuinely does not like to read. Because if that's true, then as much fun as they're gonna have reading this particular book? They're probably also not gonna like it, either." And and again, it comes back to what we talked about before—this isn't for that reason. It's to become a conversation starter and also to laugh. [Laughs.]	
00:24:45	Biz	Host	Yeah, no! And it's great. I mean—one of the things that I think was the funniest to Ellis and myself was, we turned the page expecting there to be one more. And it wasn't! And we both got to look at each other and go, "Look at that! That kid really just doesn't wanna read this book!"	
00:25:06 00:25:09	Max Biz	Guest Host	[Both laugh.] Totally. Oh my gosh. Max, thank you so much for joining us. And thank you for writing this book. I mean, we could talk a lot more about the deeper relevance of there being books like this? And we give—we talk a lot about giving kids and parents vocabulary and words and the opportunity to have conversations? And a lot of the time that has to do with really big stuff. Right? But reading—we are taught to say, y'know, "I don't like math." "Yes you do! You're very good at math!" "I don't like reading." "Yes, you do! You come from readers! Read it!" Right? Like, "You just haven't found the right book." And	

			this I don't know what the discussion is supposed to be after this? But I'm glad that this book offers a fun way into that discussion.
00:25:58 00:26:06	Max Biz	Guest Host	I love that you totally got it. It really means a lot. I so appreciate it. Absolutely. We are—everybody, you know where to buy books. But we will link people up specifically, directly, to this book. As well as more information about Max and all of his projects that are happening. Max, thank you so much!
00:26:21 00:26:24	Max Music	Guest Music	Thank you! I really appreciate it, again. "Ones and Zeroes" by "Awesome." Steady, driving electric guitar with drum and woodwinds.
00:26:42 00:26:43	Music Biz	Promo Promo	[Music fades out.] Cheerful ukulele with whistling plays in background. One Bad Mother is supported in part by Butcher Box. When it comes to the meat that will be the centerpiece of your holiday meals, quality matters! And when you invest in high-quality meat from Butcher Box, the benefits go way beyond a great-tasting meal. We have gotten Butcher Box and what is wonderful about it is I suddenly have a freezer full of options. This holiday, Butcher Box is proud to give new members free New York Strip steaks for a year! This deal has never been offered before and it won't last forever. Get two delicious, 100%-grass-fed New York Strip steaks for free in every box for a year. This offer is only available until November 30th, 2021. So get it before it's gone! Just go to ButcherBox.com/OBM to sign up. That's ButcherBox.com/OBM to receive this limited-time offer of free New York Strip steaks for a year!
00:27:55 00:27:56	Music Biz	Promo Promo	[Music fades out.] Inspirational keyboard music plays in background. One Bad Mother is supported in part by Bombas. Bombas's mission is simple—make the most comfortable clothes ever, and match every item sold with an equal item donated. So this holiday, when you gift Bombas to someone on your list? You're also giving them to someone in need. It is a give-give! I love my Bombas. They have got great Bombas for little feet with stickies on the bottom so you're not gonna fly all over the place if you're learning how to walk. I have got some great no-show Bombas. I got some Pride Bombas. They are amazing. Go to Bombas.com/badmother and get 20% off your first purchase. That's B-O-M-B-A-S.com/badmother, for 20% off. Bombas.com/badmother.
00:28:48	Theresa	Host	[Music fades out.] Hey, you know what it's time for! This week's genius and fails! This is the part of the show where we share our genius moment of the week, as well as our failures, and feel better about ourselves by hearing yours. You can share some of your own by calling 206-350-9485. That's 206-350-9485.
00:29:08 00:29:10	Biz Clip	Host Clip	Genius fail time. [Dramatic, swelling music in background.]

Biz: Wow! Oh my God! Oh my God! I saw what you did! Oh my God! I'm paying attention! Wow! You, mom, are a genius. Oh my God, that's fucking genius!

00:29:24 Biz Host

Genius me, me! Okay! Guys? Twice now—two weeks in a row and I even did this while Stefan was gone! Like, this is when this was established—Theresa and I found time to go walk the Rose Bowl. Now this is how our friendship started. Years ago was a essentially, you guys know this—a blind date. [Laughs.] Set up by our partners. And both of us being like, "Yes, yes, I'm sure we would be great friends. Except we're really tired and have children." [Makes garbled noise.] But we started walking and that's where I told her about One Bad Mother idea and that's where we realized there was plenty to talk about, no matter how difficult. And it has been a long time since we've walked. And we made it so that just one day a week—before we go do our school pickups—we go walk now that the weather's nicer. And we've done it twice, and it's been so awesome, guys! [Laughs.] [Goofy voice] It's so nice to see Theresaaa! [Regular voice] It's been so nice. And the walking is really good for us. And the talking is really good for us. And the genius really is, is that I'm making this a full-on priority? That I will be sticking with. Which is not always easy. So. Yayyy for me! [Answering machine beeps.]

00:30:51 Caller Caller

Hi. This is a genius. This is Mindy all the way up in Canada. I heard this on your podcast and my genius is that I implemented it. And I wanted to call to remind people, because during this pandemic I know we all are having a lot of trouble finding a bathroom? Sometimes restaurants don't allow eat-in, so you can't have any place to pee, nor do your kids have any place to pee. And somebody said, "Oh, yeah, just keep a little port-a-potty in the back of your minivan or car. You can whip it out wherever you want. And if you're even more discreet—keep a diaper for yourself!"

[Biz laughs.]

"And your children. And if they have to go pee, just tell them—you gotta pee in the diaper. You gotta pretend like you're a baby." And it works for adults, too!

[Biz laughs.]

I have had to use this in underground parking lots. In, y'know, school parking lots. [Laughs.]

[Biz laughs.]

So many places. Since you're running around and you don't have time. Nobody allows you to go pee inside. Pack some diapers in your vehicle, ladies. And you shall fret no more.

[Biz laughs.]

You're all doing a great job.

[Laughs.] I love you! I love you so much. Yes! You hit two—two of our previous genius bathroom-in-the-car-related geniuses. And I am so happy to know—and everyone should feel a little normalized, feel good—that we are all out there doing these things that we've shared. The potty in the back of the car? Y'know. Ellis was terrified to use public restrooms. Terrified! So for years we'd

00:32:21 Biz Host

have to trudge out to the car if they needed to use the bathroom and then trudge back in, which was odd. And yeah. I can still remember the first time we had that caller call in and say that they peed in their diaper. Peed in a kid's diaper, because both kids were asleep and they were not close enough to home to make it and they couldn't pull over to a rest stop because they'd have to wake both their kids up and they didn't wanna do that when they only had twenty minutes left! I love you guys. I love you! This is—this is exactly right. And you're doing such a good job. Thank you for reminding us how smart we all are. [Laughs.]

Failures.

[Dramatic orchestral music plays in the background.]

Theresa: [In a voice akin to the Wicked Witch of the West] Fail. Fail. FAIL!

[Timpani with foot pedal engaged for humorous effect.]

Biz: [Calmly] You suck!

Alright. As many of you know, I have children that like to be prepared with information before anything happens. They need to be reminded and you can't just be like, "We're going to the doctor today. We're going on a trip." Like, obviously. But Raiden has to get some dental work done in preparation for some orthodontal work done. Ack. Teeth are so weird, everybody. But the first step is a consultation with an oral surgeon, and yeah. I fucking hate everything, everybody. Anyway. Stefan is back from their trip and they're going to be taking Raiden, and neither one of us remembered to remind Raiden that this was happening. It's, in fact, happening today. On the date of this recording. I am taking the kids to school. We are not five minutes from the drop-off point when I say, "Oh, did Papa remind you that you're going to that consultation today?" The answer... in a nutshell... is "No." They had not been reminded. And it was an unpleasant five minutes to drop-off. That's... all I'm gonna say about that. [Laughs.] [Answering machine beeps.]

Hey, *One Bad Mother*! This is a fail. A silly, ridiculous fail. [Laughs.] So yesterday I had a periodontist appointment.

[Biz laughs.]

I have a little dumb graft that I need to have done, and they asked me when I got in, "Did you fill out the new patient paperwork?" And I said, "Yes, I filled it out online last week when you called me." And they're like, "We can't find it. I'm sorry, you're gonna have to fill it out again." I was furious. I was scribbling as messily as I could on that new patient paperwork—

[Biz laughs.]

Like, "Grumble, grumble, grumble! I already filled this out! Why do I have to do this again? They need to look harder! Grumble, grumble, grumble." Come to find out—I got a phone call today from a different place saying, "We received your new patient paperwork,

00:33:39 Clip Clip

00:33:45 Biz Host

00:35:15 Caller Caller

but we don't see your appointment on the schedule. Please give us a call back." Turns out I filled out new patient paperwork for the wrong place. Whomp, whomp, whoooomp! [Laughs.]

[Biz laughs.]

00:36:28 Biz Host

I'm doing a horrible job. [Laughs.] Thanks, guys. Byeeee! You are. You are! I mean, I gotta tell ya—I still feel that any paperwork-related issue falls into a special level of fail hell. Right? Like, maybe it's like a—like a fifth level. Right? Because paperwork is such a fucking pain in the ass to do. And you can hit a moment in your life where you feel like, "What's the big deal about paperwork?" [Laughs.] 'Cause you only fill it out like once that whole year! But once there are kids in your house, you're filling out paperwork like every month. For you. For your kids. For school. For doctors. For different doctors. If you are sandwich-generation-ing it, you're maybe filling it out for parents. Maybe your partners. So when you fail at it... it really sucks. So you've failed at paperwork. Really. You're doing a horrible—[Laughs.] Horrible job. [Laughs.] "Mom Song" by Adira Amram. Mellow piano music with lyrics.

00:37:29 Music Music

You are the greatest mom I've ever known.
I love you, I love you.
When I have a problem, I call you on the phone.
I love you, I love you.

00:37:53 Promo Clip

[Music fades out.] [Sci-fi beeping.]

Ben Harrison: Do you sometimes wonder whatever happened to the kids at your school who really loved *Star Trek*?

Music: Futuristic synth.

Adam Pranica: You might remember a kid like me! The one who read the *Star Trek* novels and built starship models. I also took music classes to avoid taking gym classes that required showering after, but I don't see what that really has to do with--

Ben: [Enthusiastically interrupting.] Or a kid like me! I introduced myself to kids at my summer camp one year as Wesley! But when the school year started and some of those kids were in my new class, I actually had to explain to my friends that I had tried to take on the identity of my favorite *Star Trek* character. The shame haunts me to this day!

Adam: I'm sure some of those *Star Trek* fans from your childhood grew up to have interesting and productive lives, but we ended up being podcasters.

Ben: On *The Greatest Discovery*, you'll hear what happens to two lifelong *Star Trek* fans who didn't grow up to be great people, but just grew up to be people who loves jokes as much as they love *Trek*.

Adam: Season four of *Star Trek*: *Discovery* is here, so listen to our new episodes every week on MaximumFun.org or wherever you get your podcasts.

[A beep.]

Music: Jazzy music plays in background.

Jesse Thorn: Hi, it's Jesse Thorn, the founder of Maximum Fun. It's the Thanksgiving season, and I want to take this opportunity to thank you—the members of Maximum Fun. This MaxFun Drive, your generosity and your love of pins helped us raise over \$90,000 to help bridge the digital divide. Families without internet access struggle to do things that the rest of us might take for granted especially during COVID. Going to school, applying for jobs, finding medical care. Your donations help the nonprofit EveryoneOn. They provide equipment, services, and training to get people online so they can access opportunity. You can find out more about the great work EveryoneOn does at EveryoneOn.org. Thanks for supporting Maximum Fun. Thanks for supporting EveryoneOn. And thanks for being awesome people who want to do good in the world.

[Music continues briefly before fading out.]

Alright, everyone. It's Thanksgiving. So let's gather together... and listen to a mom have a breakdown. [Answering machine beeps.]

[Tearfully] Hey, this is a breakdown. [Inaudible.] I was just the mom in public with a baby strapped to my chest and a three-and-a-halfyear-old melting down. So dramatically. [Inaudible] strangers tried to help me, and I had to basically just drag him away because he was trying to run from me and hiding in any nook and cranny and my husband was getting an eye exam at the time and I literally sent someone to please just go get my husband. I don't have the arms. And they couldn't find him or—I don't know. Didn't... know who he was or something.

[Biz laughs.]

And now I'm in the parking lot with the baby, because I told my husband to please take the three-year-old. And I don't know if I can ever come here again. I don't know why I'm embarrassed? Because it's not me who was screaming and I was pretty—

[Biz laughs.]

—damn calm. But my god! Just—how awful! And before we even got here, I thought, "I haven't been in public like this in a year and a half."

[Biz sighs sympathetically]

"This causes me anxiety, but you know what? I'm just gonna go for it! It'll probably be fine."

[Biz laughs.]

00:38:55 Promo Clip

00:39:57 Biz

00:40:04 Caller Caller

Host

00:41:59 Biz Host

00:45:20

Biz

Host

But no, no, no, no. That was not fine. [Laughs.] By any sense of the word. Oh my god. Anyway, thank you for letting me call you on my way out. You're doing a good job. And you know what? Goddammit, I did a good job, too! It's just a shitty situation, right? Right.

Oh my god. I love you so much! I am just like—I'm fist-pumping the air that you still managed to come around and know that you were doing a good job! You started this rant and I like, "Oh—" My heart started pounding. Started pounding! Because I have been right there as many of us have. And... [Laughs.] It can be so overwhelming! And you just want it to stop so badly. You also really want help, but it's incredibly hard to know what will help? And I gotta give you just real high-fives for just stopping and being like, "Somebody find my husband! Right now!" [Laughs.] That is nextlevel. And I think that was really smart. And it was also really smart letting him just take the three-year-old so that you could go to the car. It is... soul tiring. Like, it makes you tired at your core. When this sort of thing happens. I really appreciate you recognizing the fact that this is not embarra—why are you embarrassed? You're not the one screaming in the middle of Target. Though—I don't know if you were at Target. But you know what I mean. Target is our metaphor for all public places [through laughter] that we go with children. But even if you were the mom having the crazy breakdown—which, you would have been justified to be crying as well. With a baby strapped to your chest and a three-year-old having a full-on meltdown. It would have not made me think twice! If you were additionally crying there in the store. So let's all make sure to remember to try not to feel embarrassed about that. But it's just—I understand that feeling! "Everybody's looking!" Or maybe they're not. It doesn't matter. But like... we all know everybody's looking. Everybody's looking at us. And... [Laughs.] You just want it to stop! I—and the dragging the—ugh. I remember football-carrying Ellis out of the Target with just the biggest, craziest-ass breakdown he'd had publicly. I have football-carried that kid out of a lot of places. And it is... really makes me feel like shit. And... and I always, in those moments, would think to myself, "Why—why is this happening?! Why—[Laughs.] Why can't my child be happy all the time and understand things?!" And it—obviously, we all know it's completely normal that they're melting down and freaking out. But I don't know. For me, it would trigger all sorts of like... "What am I doing wrong?" feelings. All of this is to say... you are not alone. You are absolutely remarkable. And you are doing such a good job. Everybody? I had such a nice time talking with Max. I loved that he was able to help [through laughter] start conversations about a topic that I think we wouldn't necessarily ever think to start! "What do vou mean, vou don't like reading?! You're supposed to like reading!" This message that everyone is supposed to love reading—it's just like another version of how we can let expectations set by others completely influence how we feel about ourselves. [Laughs.] Like, what we're supposed to be doing. I like that this time it came in a package made of books, as opposed to a package of, y'know, breastmilk pumping or sleep behaviors in children or what we've chosen to wear out in public to pick our children out in car line. It all is arbitrary! Look, I—it's Thanksgiving. Speaking of expectations. We're all—possibly for the first time in a while—wandering into family gatherings. And it has been a really

difficult—let's just go ahead and say "six years" for family gatherings. Sometimes we're seeing family that we haven't seen in a really long time. And sometimes we are in situations with family and friends who do not see eye-to-eye with us. Or we don't see eye-to-eye with them. And it can make it a very—a lot of times we can walk into those situations looking for a fight. [Laughs.] Expecting a fight. And I don't... I don't know how to avoid that? The pandemic is nice 'cause maybe we can still just say we're hiding from the pandemic and we don't have to go to family Thanksgivings, but I know a lot of people will be and I just want you to know—to remember to hide something really nice for yourself in a bathroom somewhere, so that you can excuse yourself to hide in the bathroom—use infants if you have them to your advantage. "I need a quiet place to feed the baby. No, you can't help. Don't nope. I don't—I don't need your help." I remember spending whole Thanksgivings in a different room than the entire other family, 'cause my kid just couldn't sit at a fucking table. Right? Like, with all these fancy things? Y'know, it's just like, "I'm not gonna make this kid sit here for two hours!" [Laughs.] And so whatever you need to get through it, I do hope you find some moments that are special and that remind you how thankful people are to have you in their lives. Happy Gobble-Gobble! I will talk to you next week. Bye! "Mama Blues" by Cornbread Ted and the Butterbeans. Strumming

00:48:17 Music Music

I got the lowdown momma blues
Got the the lowdown momma blues
Gots the lowdown momma blues
The lowdown momma blues.
Gots the lowdown momma blues
Got the lowdown momma blues
You know that's right.

acoustic guitar with harmonica and lyrics.

[Music fades.]

			[IVIUSIC Taues.]
00:48:41	Biz	Host	We'd like to thank MaxFun; our producer, Gabe Mara; our
			husbands, Stefan Lawrence and Jesse Thorn; our perfect children,
			who provide us with inspiration to say all these horrible things; and
			of course, you, our listeners. To find out more about the songs you
			heard on today's podcast and more about the show, please go to
			MaximumFun.org/onebadmother. For information about live shows,
			our book and press, please check out OneBadMotherPodcast.com.
00:49:09	Theresa	Host	One Bad Mother is a member of the Maximum Fun family of
			podcasts. To support the show go to MaximumFun.org/donate.
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[Music resumes for a while before fading out.]

00:49:33	Music	Transition	A cheerful ukulele chord.
00:49:34	Speaker 1	Guest	MaximumFun.org.
00:49:35	Speaker 2	Guest	Comedy and culture.
00:49:37	Speaker 3	Guest	Artist owned—
00:49:38	Speaker 4	Guest	—Audience supported.