

Wonderful! 214: Drywall Matchmaking

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[theme music plays]

Rachel: Hi, this is Rachel McElroy.

Griffin: Hey, everyone, this is Griffin McElroy.

Rachel: And this is *Wonderful!*

Griffin: This is the *Wonderful!* show. Thank you so much for— I almost called it the *Besties*, like, dead-ass because I just finished recording it like a minute ago. Do you want to take a swing at *Besties*?

Rachel: Uh...

Griffin: It's a easy show to do.

Rachel: Hey, this is Rachel, and I'm... Got the best game of the week.

Griffin: Okay, what is it?

Rachel: Uh... It's when you pick up socks off the floor with your toes.

Griffin: That is— I am— The amount of things that I am able to pick up with my toes since we had a baby that needs to be carried around all the time has gotten so much larger.

Rachel: Yeah.

Griffin: Like, I can pick up a bag of Little Debbie muffins with my toes and start to do, like, a hacky sack kick up to my hands. Can you pull off that maneuver yet? Like the transfer, the toes to hands transfer.

Rachel: No, no, no.

Griffin: Oh, it's so satisfying when you do it. That was good.

Rachel: Thanks!

Griffin: That's exactly the kind of stuff that we do there. This is *Wonderful!*, though. It's a show where we talk about things we like, things we're into, things that are good, things that are fun and nice, and... I don't know, man. I feel like I'm in a bit of a better mood than I have been in past weeks.

Rachel: That makes one of us.

Griffin: Yeah. I was gonna say the sleep situation is pretty bad. Pretty bad.

Rachel: Yeah.

Griffin: Pretty dark right now. But, you know, [singing to the tune of *Tomorrow*, from *Annie*] tomorrow, tomorrow you'll still be sleepy tomorrow. Our baby has one big tooth. I feel like— I feel like our baby has one big, big, big cartoon tooth that refuses to come out of his head.

Rachel: Yeah, the bottom teeth were a dream compared to the top teeth.

Griffin: Yeah.

Rachel: One came out and it just seems to be getting bigger...

Griffin: While the other one...

Rachel: The other one just stays inside hiding.

Griffin: When you think back, I usually think of our teeth as being sort of symmetrical.

Rachel: In pairs?

Griffin: Yeah. Coming in pairs. But he's got one tooth that just, like, cannot be fucking bothered.

Rachel: I think it's because the one that's out is so big.

Griffin: Ohh.

Rachel: It's like, hey, you do the work. I'm gonna hibernate.

Griffin: That's interesting. I got worried that the one tooth would absorb the other one in your— in his mouth-womb. And just form a huge one.

Rachel: [laughs]

Griffin: But anyway—

Rachel: That's my favorite punk band.

Griffin: Mouth-womb?

Rachel: Yeah.

Griffin: Yeah, me too. Um, so yeah. This is a show where we talk about things that are good. Do you have a small wonder, though? One of them?

Rachel: [high pitched] A small wonder?

Griffin: All right.

Rachel: [laughs]

Griffin: You don't have to be nasty, though.

Rachel: So they have chocolate SunButter.

Griffin: Chocolate SunButter.

Rachel: I don't know if you've seen this on the counter in our kitchen, but...

Griffin: Oh, I thought it was— I thought you just had some Nutella out.

Rachel: Mm-mm.

Griffin: That's chocolate SunButter. Those are three words that I feel I should not be able to form a compound thought.

Rachel: Those of you that have nut allergies will know that SunButter is kind of the go to replacement for peanut butter or almond butter because it is made out of sunflower seeds and the flavor is not exactly what kids crave...

Griffin: [laughs]

Rachel: ... but they make a chocolate kind that I just got. And it's, like, it's almost like... I mean, to me, it tastes like chocolate peanut butter. But I know that a lot of people can distinguish between—

Griffin: There's a lot of—

Rachel: ... the seed and the nut.

Griffin: There's a lot of allergen substitutes that bill themselves, as you'll hardly be able to tell the difference. But back when Henry was in daycare, which I think was about 560 trillion years ago...

Rachel: Technically, he still is, but he doesn't go anymore.

Griffin: He's just very, he's very truant. We couldn't send him with peanut butter in his lunch box because of nut allergies. And so we got some sunflower butter like, "This will fix it."

And then he came home the first day we did that, like, "This was terrible. Do not try to trick me again." I'm going to say, God, I know it's— Listen, I get that *Too Hot to Handle* is garbage and it's unhealthy for me to shove it into my brain...

Rachel: There's just a lot that's unhealthy about it.

Griffin: Yeah. There's so much that's bad about it. But God almighty, watching those goofballs try so hard not to bone, but then they keep doing it. It's like, "No, guys!"

Rachel: For the first time ever, there is a couple that is determined to get around the rules of no smooching...

Griffin: Yeah.

Rachel: ... and watching them engineer ways to try and trick a sentient robot, which is not actually, I don't know if they realize a sentient robot, but a huge team of production people who can see everything they're doing.

Griffin: Yeah. Justin tweeted about this. And then we saw it last night. They used a pair of shorts and held it between their faces and kissed through the shorts. And there was something almost like Shakespearean romance about that.

Rachel: [laughing] The one female contestant was so adamant. She was like, "We respect you guys so much. And so we thought for sure this would be a way for us to be intimate without compromising the rules. We tried to find a loophole because we respect you guys so much."

Griffin: Yeah, um... Yeah, it's garbage, but as garbage goes, it hits the spot.

Rachel: Yeah.

Griffin: Yeah. Hey, why don't you kick things off, huh?

Rachel: My thing this week is Spam.

Griffin: Yes, baby!

Rachel: Yeah.

Griffin: Yes!

Rachel: I thought— This is another one of those weeks where I thought maybe we would do the same thing.

Griffin: Spam?

Rachel: Yeah.

Griffin: Have you been eating spam lately?

Rachel: No, but recently, you— Actually, every time we order poke, you get some Musubi and...

Griffin: Of course.

Rachel: And I know that you love this stuff, so I thought maybe this would be the week where we like—

Griffin: You like it too, right? You just don't eat it because of the soy?

Rachel: Yeah, well, it's not that there's soy in it. It's just that often it is marinated in a soy substance.

Griffin: Yes.

Rachel: I haven't been able to have it lately, but I was real curious about the stuff.

Griffin: Yeah. Can you explain what musubi is for the folks at home who maybe don't know?

Rachel: Yeah, so they're Spam, right? Which is pork with ham added, salt water, modified potato starch to hold it together, sugar and sodium nitrate which is a preservative. Uh, and it's all in a can and if you want to make musubi... So you take the Spam, you put it on rice, you wrap it in nori, kind of like onigiri. And it's delicious.

Griffin: It is good. It's very, very good.

Rachel: I mean, part of it is the salt, right? Like it's super salty.

Griffin: Yeah.

Rachel: Like, I was looking up the nutrition facts—

Griffin: I don't need to know it. I'm going to plug my ears.

Rachel: It's got 57% of your sodium intake for the day.

Griffin: I bet that was a good number. Whatever it was, it was a normal amount of sodium.

Rachel: It's also got 41% of your fat for the day.

Griffin: What about all the vitamins, though? There's nori! They wrap it in nori. That's green.

Rachel: Oh, I was talking about Spam in particular, I wasn't talking about musubi.

Griffin: Oh, I see, I see, I see.

Rachel: Spam on its own is like half your day's work right there.

Griffin: Spam rips, man. I did not get into Spam until I started eating musubi.

Rachel: I think part of people's hesitance towards Spam is the fact that it is meat in a can.

Griffin: Yes.

Rachel: Traditionally, you like to think that your meat came from an animal and that's easier to picture when you don't have to open a can to get it.

Griffin: Yeah. When it's not a sort of pink cylinder.

Rachel: Spam, introduced by Hormel in 1937, gained popularity during the World War II.

Griffin: The World War II.

Rachel: The World War II. As a way to get meat to people.

Griffin: Sure.

Rachel: By 2003, it was sold in 41 countries and on six continents. Apparently it was developed potentially, I don't have facts on this.

Griffin: This is some Spam apocrypha you're about to give us.

Rachel: But they were trying to find a way to sell more pork shoulder, which was not a very popular cut.

Griffin: Why? It's good.

Rachel: Yeah. I don't know. You know how food trends are.

Griffin: Yeah, I guess.

Rachel: But, yeah, also, you know it was a way to get food to places outside of the contiguous US. So Hawaii, Philippines, Guam, Okinawa.

Griffin: Sure.

Rachel: Hawaii is kind of...

Griffin: The main—

Rachel: Yeah. At least in the US, that's our kind of main reference point. That's where musubi comes from. Also in Hawaii, you can get different kinds that you can't get here, like honey Spam, Spam with bacon, and hot and spicy Spam.

Griffin: I think I'll go with just a regular vanilla Spam, by which I mean normal Spam.

Rachel: Yeah. Not vanilla.

Griffin: Not Spam, tinged with notes of vanilla bean.

Rachel: Hawaiian Burger King and Hawaiian McDonald's also sell Spam.

Griffin: In what manner?

Rachel: I mean, I don't know for sure, but it seems pretty easy to guess, huh?

Griffin: Like a Spam burger?

Rachel: Yeah.

Griffin: Yeah, all right. Yeah, sure.

Rachel: This was— At least Hawaiian Burger King started in 2007. So this is...

Griffin: Flame grilled Spam actually doesn't sound so great to me.

Rachel: Another place it's popular is the Philippines. It's commonly eaten with rice as it is in Hawaii and a sunny side up egg for breakfast.

Griffin: Oh, fuck yeah. Ooh, yes.

Rachel: Mm-hmm. Uh, they Fry it, serve it alongside other condiments, or use it in sandwiches. There's also Spam spaghetti, Spam nuggets...

Griffin: Spam-ghetti?

Rachel: Well, I guess so if you want to do that.

Griffin: And why wouldn't you?

Rachel: [laughs]

Griffin: Okay, I did Spam-ghetti. I don't— I'm trying to imagine. Is it ground Spam? Like, I don't know about...

Rachel: I mean, I imagine it's like meatballs, right? But it's Spam and stuff.

Griffin: Oh, you just wad it up.

Rachel: We're not really doing this meat a lot of favors.

Griffin: We are not doing it many favors.

Rachel: Other kinds of flavors that you can get in various places. There is Spam cheese, Spam garlic, Spam teriyaki, Spam chorizo, Spam oven-roasted turkey.

Griffin: What? What?

Rachel: I imagine everything is starting with that kind of like pork base.

Griffin: Including the turkey?

Rachel: Or— I don't know. I guess it's just turkey?

Griffin: This may be old fashioned of me, but I feel like turkey should have a turkey base. It should be based in turkey, if it's going to be turkey.

Rachel: It may be. A novelty flavor that came out in 2019 was Spam pumpkin spiced.

Griffin: Spam pumpkin spice. That's a tough—

Rachel: It is. I don't—

Griffin: Spam pumpkin spiced. That's gross, man.

Rachel: Spam pumpkin spiced.

Griffin: Don't go changing, trying to please me, Spam. You are salty pork. You are good to go already.

Rachel: There is a Spam museum in Minnesota.

Griffin: Of all places! Is that where Hormel is based or something?

Rachel: I don't know why it's in Minnesota, to be honest. There is also a Spamorama, which is a yearly festival, and it is in Austin, Texas.

Griffin: You're kidding me.

Rachel: It has not happened recently for a variety of reasons. Started in 1978.

Griffin: Golly!

Rachel: There was a joke kind of among the two founders that there was like a chili cook off every weekend, but... So they were kind of doing something as like a counter play on that. And so they came up with Spamorama.

Griffin: Also, if there was a chili cook off in Austin every weekend, this would be the best place on Earth.

Rachel: So it was held at a place called Soap Creek Saloon, which I don't think exists anymore, but there was, kind of, different categories. There was a best tasting dish. There was a worst tasting dish, which I kind of find charming. Um, winners have included a Spam daiquiri made from fruit, meat, and a garnish of Spam.

Griffin: That's the worst thing I ever heard. Thank you. Thank you, that's bad.

Rachel: Starting in 1981, they did a Miss Spam beauty pageant.

Griffin: Okay.

Rachel: Then, they were contacted by Hormel to say, like, "Hey... "

Griffin: "Stop it. Don't put our shit in daiquiris."

Rachel: "Stop doing it!" So then they negotiated an agreement so that they could give out, like, Hormel official...

Griffin: Oh, so Hormel was really like, don't do this?

Rachel: Well, no. They were like, "Hey, you've got to involve us if you're going to do something like this."

Griffin: Oh, I see.

Rachel: And so then Austin started involving them.

Griffin: So they said, "Spam daquiri? We've got to get the Hormel brand name up on this, please."

Rachel: It came back in 2019, but again, hasn't happened since then. Apparently, the founder tried to take it to other locations, like Dallas, and it was not as much of a hit as it is here.

Griffin: Well, they're not as weird! [laughs] Are they? That's in Austin, bunch of freaking weirdos.

Rachel: They also have eating contests. They had a Spam-lympics that started in 1990. It's a real phenomenon.

Griffin: Did you ever see Spam-a-lot?

Rachel: No.

Griffin: It's the Monty Python musical. I saw it on Broadway.

Rachel: Oh, really?

Griffin: Yes. It had Alan Tudyk— It had a great fucking cast. Alan Tudyk. It had Hank Azaria was in it.

Rachel: Yeah.

Griffin: It had, uh... Who played Callie on *Grey's Anatomy*? Do you know who I'm talking about? Anyway, they were in it. It was an all-star cast. All-star cast.

Rachel: [laughs] Yeah. So I would encourage you all— Maybe don't just open a can and dig in.

Griffin: No.

Rachel: But go somewhere that really prepares it, you know? Like marinates it or seasons it or puts it between two slices of bread. You know, somebody that would make the claim of, "Here is a Spam dish on our menu," is pretty likely to know what they're doing, right?

Griffin: Yeah. It's a high risk, high reward meat.

Rachel: Yeah. I would give it a shot. I enjoy it.

Griffin: And that's— I mean, do you need more recommendation than that?

Rachel: [laughs]

Griffin: Hey, can I steal you away?

Rachel: Yes.

[*Home Improvement* theme plays]

[ad break]

Griffin: Wow. We have a couple of primo jumbo-jams here. And I would love to read the first one because it is for Nick. And it is from Mac who says,

"Happy 26th birthday, Nick. Thank you for feeding me jerky on road trips to NOCAL, getting me—" Is that North... North Cali— Cara— California?

Rachel: Yes.

Griffin: Excellent. "Getting me Atticus at Pooh's Corner to wear on my head and chatting while I walk Floyd and describe his floofy antics. I'm so grateful we get to love each other more every day and I'm stoked for the week when we'll be one year apart for Candlesnights. Thanks for being my person."

Coming in a little bit late here on this message by about— by over a month. But listen, you can't put love on a schedule. And by love, I mean us, I guess?

Rachel: [laughs] We? We are love.

Griffin: We are love.

Rachel: Okay.

Griffin: Yes.

Rachel: [giggles] Can I read the next one?

Griffin: I want you to.

Rachel: This is for Jessica. It is from Zach. "Hi, Bubby. I just wanted to say that I love you so much. I can't believe that baby number three is going to be here to join our family. Happy birthday to you. Thank you so much for how you love us. We would be lost without you. You'll always be my buttery crispy crust. Is it my night or yours to do bedtime? We'll have a baby. It's a... ???"

Griffin: I mean, I know.

Rachel: [laughs] Oh, yeah?

Griffin: Yeah.

Rachel: How do you know? Can you just feel it?

Griffin: I feel it. Well, I read it. I read how the, like, the syntax and that shows me a lot of stuff about genetics and stuff. So I can say that they'll have a baby and it's going to be...

Rachel: Oh!

Griffin: A cutie! Aww!

Rachel: Oh, there he goes. There he goes with that.

[Max Fun ad break]

Griffin: Can I do my thing?

Rachel: Yes.

Griffin: My thing is housework where you demolish stuff. I mean it in like a "This thing needs to be fixed or replaced. But before that new good stuff can go in there, the old bad stuff has to get smashed like the fucking Hulk."

Rachel: Yeah. I've noticed on a lot of home renovation shows, they like to involve the featured people specifically in the demolition.

Griffin: And that's probably because that's the most fun part of it, right?

Rachel: I would assume so.

Griffin: I don't have that much experience with this. My dream is to take out a wall with, like, a big hammer. That seems so dope. That seems so good. A lot of this feels like weirdly taboo, like to smash a hole in the wall?

Rachel: Yeah.

Griffin: You're not supposed to do that.

Rachel: Well, you don't really know what's behind there necessarily.

Griffin: You don't, do you?

Rachel: And I'm not talking, like, Narnia. I'm talking about, like, pipes and wires.

Griffin: The opposite of Narnia. Yeah. Every time that I screw a shelf into a wall, there's a chance that I might get taken to Narnia, by which I mean heaven, because there's wires behind it. Um... It's just—

I think about those rage rooms, which are... I don't know if they're actually popular, but they are in, like, every reality dating show ever where it's like you come in and you can smash bottles and a TV and dishes and stuff for a while.

Rachel: Exactly. Yeah.

Griffin: Which I don't know how much that costs. I have to imagine it's quite a bit of money if you're smashing a bunch of TVs and dishes and...

Rachel: Well, but, I mean, all they would have to do is go out to a curb on bulk trash pickup and be like, "Now we have all of our stuff."

Griffin: Yeah, I guess that's true.

Rachel: I imagine it's more like a liability thing.

Griffin: Yeah, I know that's probably satisfying, but like, you can break a house up for free, kind of. I guess you have to have a house, right? We are lucky enough to own our house here in Austin, but if you were renting...

Rachel: Yeah, you can't really...

Griffin: ... They wouldn't be so stoked. Although there should be like, a matchmaking app where it's like, "Hey, I need to get some drywall replaced. Does somebody want to come to my house and I'll pay you some money and

you smash up my drywall? And it's like, "Fuck, yes, I will. I will be right there. Do I need to supply my own hammer?"

Rachel: Oh, okay. When you said matchmaking, I thought that— [laughs]

Griffin: No, not to date!

Rachel: I thought that it was all, like, "Hey, I have a household task and I would also like it to be romantic."

Griffin: If there was a app I could get on and it was like, "Hey, Griffin, we'll pay you \$50, come over here for a couple of hours and smash apart this room with a big hammer." Like, yeah. Like, yes. Yeah, yeah, yeah. Yeah, yeah, yeah. I'm on my way.

Rachel: Do you want to talk about the particular project that motivated... ?

Griffin: Right. So the house we've lived in now for a few years, the previous owners did a few things that were curious. A few, I would probably guess, self-home improvement, like amateur production situations.

Rachel: Yeah.

Griffin: Which we've discovered like little hidden Easter eggs all over the house. Like when a ceiling fan almost falls on us and we're, like, "You stinkers! Got us again with another one of your great traps." And I would say the piece de resistance is, um, on the under— Underneath the house, we're on, like, elevated beams on the back of the house.

Rachel: Yeah. Our house is built into a hill and so in order to keep it flat, the back half is on beams.

Griffin: And under there, they had started to, I guess, make a room?

Rachel: Which like, okay, there's a lot of space down there.

Griffin: Sure, sure, sure.

Rachel: If I were a person who, I don't know, wanted— We had talked about maybe like a model train room, I would think to myself, like, "I'm going to turn the underside of this house into another bonus area for my hobbies."

Griffin: Right. The order in which you would do that would probably be dig out the hill part...

Rachel: Yeah or seal it up.

Griffin: ... the rocks and dirt, or seal it up to make it sort of room shaped, instead of leaving the dirt and gravel and everything in a pretty steep incline with beams all over the place, but then putting ceiling tiles and fluorescent lights above the dirt and hill and stuff.

Rachel: All I want to know is what the purpose of that room was going to be, because there's ceiling tiles and fluorescent lighting underneath our house, uh...

Griffin: Shining on the dirt and the raw ass ground!

Rachel: Yeah.

Griffin: So anyway...

Rachel: I don't understand what was intended, but we have to take that out if we want to insulate our home appropriately.

Griffin: Right. So when we got our shit busted up by the freeze last year, we lost a lot of good soldiers down there. We lost the, uh, we lost a lot of just sort of baseboards, floorboards, and the insulation that was down there, which wasn't very much got drenched and ruined. And so we have to get reinsulated, which we discovered when we stepped foot into our finally finished, non-destroyed bathroom...

Rachel: And it was ice cold!

Griffin: ... and our feet turned to ice cubes. So, "Okay, we'll get it insulated," and they're like, "You got to take down all this ceiling tile stuff." So me and a friend came over for a couple of hours to help out. And then I spent most of the day yesterday finishing it up. I just smashed that shit. I smashed that shit.

Cut wires that were like hanging this aluminum grid that the ceiling tiles were on so that every few wires or so just the ceiling would just come tumbling down like the walls of Jericho. And it was so— Everybody upstairs could, like hear me whacking away at this grid...

Rachel: And then just occasionally letting out a shriek of joy.

Griffin: Yeah, I definitely hurt my hand a couple of times. There were a couple of loud, explicit words also being shouted, but mostly like, [imitates demolition sounds] "Yeah, baby!" Every few minutes from downstairs. It was the most satisfying, sort of, like, home project I think I've ever had, because...

Rachel: And probably impossible to replicate, because I can't imagine anybody else would have the singular experience of removing ceiling tiles and fluorescent lights from below their house.

Griffin: Outdoor ceiling tiles, essentially, is what we are talking about. Yeah, it was very, very gratifying because there was a huge pile of ceiling tiles and ruined insulation and aluminum grid stuff just in huge piles. And to look at that and be like, "Yeah, I did that." That's great.

The installation team actually showed up in the middle of this episode about ten minutes ago. And so I had to run down to, like, greet them and show them where to plug stuff in. And they were like, "Wow, did you do all that yourself?" And I was like, "A friend helped me out for a couple of hours." And they were like, "But you didn't bring in contractors?" And I was like, "No." They're like, "Wow, that's impressive."

Rachel: Aww, Griffin!

Griffin: And I was like, "Ugh! God!" To hear that from a grown up?

Rachel: Griffin, I'm so happy you had that experience.

Griffin: It was very, very, very nice.

Rachel: 'Cause I can offer my support and say like, "Hey, that was a lot of work. Good job." But I'm not a grown up!

Griffin: Right. Um, so there are theories about the catharsis of aggression that sort of those rage rooms are built on and I think, like, uh... is what I could be talking about here, where you smash things to express anger or frustration. Or any of those things.

Rachel: Yeah.

Griffin: To have a cathartic release, right? Only there have been lots of studies that have shown that those kinds of practices don't actually relieve or inhibit the anger and frustration as much as it does enable it and cause it to flourish.

Rachel: That's fascinating. I've had a lot of conversations in therapy, actually, about how I never get angry, how I just don't have that rage button, and how I get jealous of people who are able to get super angry and, like, you know, throw a chair. And I'm like, "Wow, that must be satisfying." But apparently not.

Griffin: I don't think it does it most of the time, but for me it's like, that's a weird way of approaching it, because when I am doing a big smash on some big home improvement project, it's not— For me, it's not like an anger relief as much as it is like a stress relief. Like a... I am very cautious as a rule, which I think stems from just sort of general perfectionism. Like, I want things to be right.

Rachel: Yes.

Griffin: Like I want— If there's, like, a big crack in the wall in my office that I'm, like, staring at all day, that would drive me bonkers. So I would need to get that fixed. So this is the opposite of that, where it's like somebody tried

to make this right. Maybe it is a sort of anger expression towards these terrible half-done projects that we keep discovering around this house, but that's not so much a... I need to relieve this anger as much as it is a celebration of how angry I am at this shitty outdoor ceiling tile situation.

Rachel: Yeah.

Griffin: So it's not— There's no projection happening, there's no, like, secondhand visualization. I'm looking at the thing that makes me angry and I'm killing it and destroying it. So that is singularly enjoyable.

Rachel: I did feel that. I went down yesterday just to spot Griffin because a lot of this involved him being up on a ladder. And it was very easy to become instantly angry in that space because it was like, what was the plan?

Griffin: What are you doing!? Who starts at the top of the room to make a new room? It's buck wild.

Rachel: [giggling] I will also mention that in our kitchen there is a cabinet that you open up and there is just a pipe in there as if it were attached to a sink, but there's no sink. And if there's just the remainder of the pipe, where I guess the sink used to be. But that doesn't make me as angry because I can just close that cabinet.

Griffin: Yeah.

Rachel: I just don't open that cabinet.

Griffin: Right. Um, also, you save money when you do that stuff yourself. We, obviously, when our bathroom was destroyed, that was a little too ambitious of a demo. And by ambitious, I mean like, dangerous of a demo project.

Rachel: Yeah and also, like, mold could grow immediately.

Griffin: There's mold and wet drywall and wet, like, wiring and a bunch of busted pipes and all this stuff. So that was a bit above our pay grade, which

I mean quite literally because it cost us a fucking fortune just to demo that room. So much, basically, our insurance covered the demo and the...

Rachel: And that was it.

Griffin: ... the water remediation or whatever it's called, and then rebuilding it was all on us because insurance is a fucking scam all over.

Rachel: Wow. [laughs]

Griffin: But... What's the— What's— It's not a scam, I guess it's like auto insurance. You got to have it. But, like, home and health insurance is just fucking garbo.

Rachel: Yeah, there's just a lot that isn't covered. Anyway!

Griffin: Anyway! I just— I don't know. I think that it is therapeutic. Not so much in an anger relief way, but in, like, a stress relief way, definitely. And also, you save some money if it's something that you can do yourself, and that's fine. And also you learn new things, right?

We smashed down fluorescent lights, and then there were just live wires sticking down from the ceiling. And I was like, "Well, I don't want the insulation team to die so I better figure out how to fix that and I figured out how to secure those." And that was awesome.

Rachel: I will say we are not advising people to do this. And also this could have very well turned out to be not a wonderful thing, if you had maybe accidentally hurt yourself in some way while doing this.

Griffin: Well, yeah.

Rachel: I just want to say—

Griffin: No kidding.

Rachel: I just want to say all that because what about the listener right now who's, like, "Griffin told me to break down a wall."

Griffin: But I also did a bit on skateboarding and it's not like I was saying, like, "But it would have been bad if Tony Hawk broke his skull, then that wouldn't be bad. That would be bad thing right there." No, actually, I hate skateboarding. Yeah, I'm saying do it.

Rachel: Don't break down a wall.

Griffin: I'm saying break down a wall. Open up that living room into a bigger space.

Rachel: Open concept is 100% always going to be the popular thing.

Griffin: Right!

Rachel: So definitely break down all your walls.

Griffin: Definitely break it down. Just turn it into, like, a big studio apartment, essentially. Hey, thanks to Bo En and Augustus for these for our theme song, *Money Won't Pay*. You find a link to that in the episode description and thank you to Maximum Fun for having us on the network. It's such a great time to be here.

Rachel: It's such a great time. Hey, I imagine we have a lot of people who listen to our show that might enjoy, I don't know, *The Greatest Generation*.

Griffin: [distantly, loudly] Yeah. Yeah!

Rachel: Oh, so loud.

Griffin: [distantly] I'm so tired. Anyway... [normally] You know, there's other stuff, but that's going to— No, actually, we should talk about merch. There's merch at McElroyMerch.com and it would be dope if you check that out. And then I think that's it. I have— The problem, babe, is now I have the hunger to do smash.

Rachel: Oh, to break some more things?

Griffin: Yeah.

Rachel: Woo. I'm sure there's something else we need to break.

Griffin: Yeah.

Rachel: Oh, I bet there's parts of our deck you could break.

Griffin: Oh, yeah.

Rachel: Yeah. Not the standing parts, but around the standing parts.

Griffin: Yeah, I'll smash that right the hell up.

Rachel: Yeah.

Griffin: We will find, I bet you treasure, if I keep creating holes.

Rachel: And/or a raccoon skeleton.

Griffin: Or a person skeleton.

Rachel: [laughs]

Griffin: But what's that? It's me from the future?

Rachel: How do you know it's you? Because it's wearing glasses?

Griffin: Um, well, it's because of my one platinum tooth that I have, of course. And inside that tooth, very small treasure map. This is *National Treasure 3*, HGTV Edition.

[theme music plays]

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