MBMBaM 20: Super Donuts

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Intro (Bob Ball):

The McElroy brothers are not experts, and their advice should never be followed. Travis insists he's a sexpert, but if there's a degree on his wall, I haven't seen it. Also, this show isn't for kids, which I mention only so the babies out there will know how cool they are for listening. What's up, you cool baby?

[theme song, "Take A Chance On Me" by ABBA plays]

Justin:

One, two, three, and fuck it. It's-

Travis:

[laughs]

Justin:

... the McElroy brothers, back for another MBMBaM. I feel like here on the advice show for the modern era, we can curse a lot more now that we have Bob Ball telling people, "Watch out, cursing."

Travis:

I actually—I have Bob Ball follow me around all the time just to do that, like—

Justin:

[laughs]

Travis:

... "Watch out, Travis is about to curse."

Justin:

[laughs]

This guy's about to say some shit.
Justin: [laughs] Oh, I'm sorry, I just did it, I just cursed in the disclaimer.
Travis: And then he has a guy that follows him around that says—
Justin: [laughs]
Travis: Bob Ball is about to curse when he tells you Travis is about to curse.
Justin: And hey, pretty soon, everybody's employed. You're welcome, Obama.
Travis: [laughs]
Justin: Problem solved.
Griffin: Hey, guys.
Justin: Yeah.
Griffin: Happy, happy 20th anniversary of the, of the—
Justin: Happy 20th anniversary.
Travis: Thank you.

Griffin: f—very first show we did. Can you believe it?
Justin: Thank you. I cannot believe it. Our 20th birthday.
Travis: It seems like only 21 weeks ago It was.
Justin: It was.
Griffin: It was.
Travis: Sorry about that one, [unintelligible].
Justin: Hey, uh, here on the advice show for the modern era, we take your questions and turn them into wisdom. Uh, it's alchemy, and I'm gonna kick it off right now. "I'm almost 30 years old and I've never really had a nickname", uh, says Formspring. I think Formspring's a pretty good nickname—
Griffin: [laughs]
Justin: but let's move on. "I'm starting a new job," [laughs], "soon and I think this might be my last chance. Should I just introduce myself," [laughs], "as Highway or Hunter or do you have any other suggestions?"
Griffin: [laughs]
Justin:

Highway hunter.

Travis:

Yeah, I was gonna say Highway Hunter is the be—highway to heaven.

Justin:

[laughs] I'm landin'.

Griffin:

Whatever it is, it has to be something that refers to either some sort of trait, some sort of physical trait or some sort of physical item that you wear around. Um, for instance, one year I went to church camp and I had this new pair of, um, shitty sunglasses and, uh, I referred to myself exclusively as Shades.

Justin:

[laughs] That's why whenever I walk in the room, I say, "Hi, my name's cock ring," [laughs]

Travis:

[laughs] Hi, I'm skinny jeans.

Justin:

[laughs]

Griffin:

Um, whatever it is, you just, you've gotta—you've gotta devote yourself to it, you can't waver, 'cause if, you know, if you roll up into—

Justin:

Tha—That's the thing about it, that's, yes.

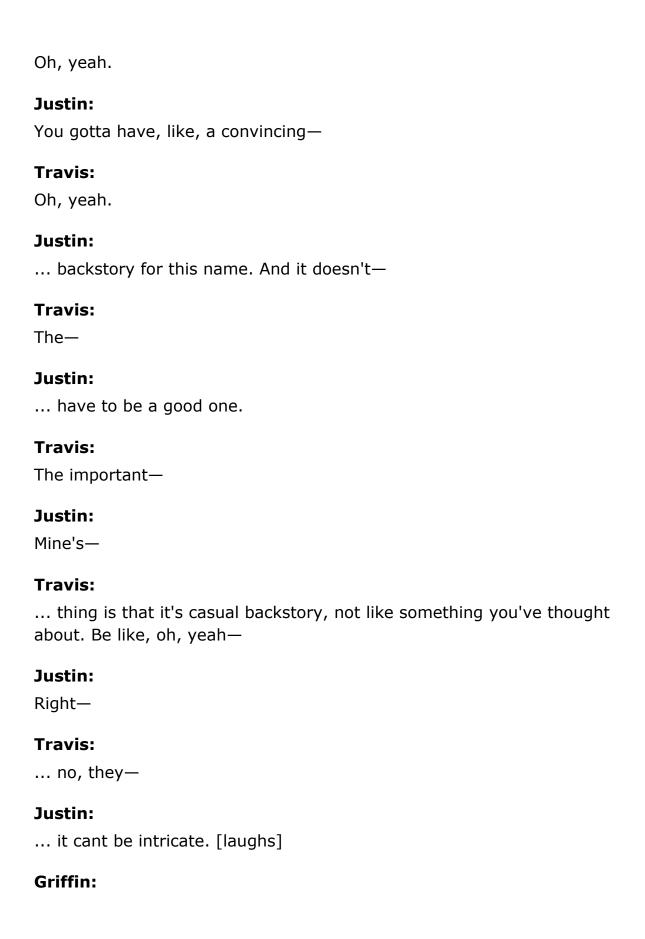
Griffin:

If you roll up into church camp and you say, "What's up? They call me Shades," and then—

Travis:

[laughs]

Griffin: you, you go off that for a second—
Justin: [laughs]
Griffin: you'll never hear the end of it.
Justin: Yeah, you—you—the—the trick is to pretend, like, this name has been given to you.
Griffin: I don't even remember my real name.
Justin: Yeah.
Griffin: If it doesn't say Shades on my birth certificate—
Travis: [laughs]
Justin: Yeah.
Griffin: I don't know.
Justin: Exactly. I don't know, people have been callin' me Shades for so long that I don't even really remember what my real name is, 'cause it's gotta me like, yeah, back in school, and you gotta—oh, oh, oh, backstory.
Travis:



"They call me Funyuns."
"Why?"
"I—I like Funyuns."
Travis: I like 'em.
Justin: [laughs]
Griffin: I like to eat 'em.
Justin: They call me—they call me Red, 'cause I like, 'cause I like Red [laughs], I don't know.
Griffin: [laughs]
Travis: I like [crosstalk].
Griffin: [crosstalk].
Justin: So, better than that [laughs], but—
Travis: I think it would be great though, is if you picked another name as your nickname, if you're like, "Hi, my name's Travis, but people call me Ignacio,"

like, just don't, don't make it make sense, and I think that's the way to go.

Highway.

Travis:

[crosstalk], don't give yourself a nickname, do not give yourself—

Justin:

Yeah.

Travis:

... a nickname ever.

Justin:

You just gotta pretend, you don't give it to yourself, you pretend it was given to you by a group that these people will never, ever meet.

Griffin:

Yep.

Justin:

So, so, "Not long ago," this is Leo from Gmail, "not long ago, a girl I really liked, uh, asked me out on a date. It went well, even to the point of her coming up with a whole bunch of ideas for follow-up dates." Okay, preplanning, good. "Thinking this meant she dug me, I decided to ask her to our high school prom, she said no even though she didn't have another date and even came and gloated to me when she did find one," [laughs] "Since then, he's ignored me completely. This wouldn't be a problem, except we'll both be going to the same university, we'll be in the same faculty, and we'll both be living in res starting in a couple," maybe, like, residency halls, something.

Griffin:

Yeah, I think so.

Justin:

Yeah, "Uh, starting in a couple of weeks. So, since I'll probably be seeing her somewhat regularly in the next while, how do I make things less awkward? Unfortunately, packing up and leaving isn't an option."

Griffin: Damn it!
Travis: Damn it.
Justin: [laughs] That was, that was our A material. Uh, thanks, keep up the great work, Leo. Mm.
Travis: My real question is, Leo, what did you do?
Justin: What did you do?
Griffin: Yeah, Leo.
Justin: How [laughs]—
Griffin: Shits on you.
Travis: She was planning other dates!
Justin: How gnarly was that [laughs], was that gas you ripped at the end—
Travis: [laughs]
Justin: where she was like, "Never again," um [laughs]—

Travis: [laughs]
Justin: "This is the worst too—toot in history."
Travis: [laughs]
Justin: Um, a—hey—
Travis: The toot heard around the world.
Justin: The toot heard around the world. Leo, uh, here—here's something for you to nosh on. Maybe y—since you were the wro—one that was wronged in, in this scenario, um, maybe you shouldn't be sweating how awkward it is. Maybe—
Travis: Mm.
Justin: you, Leo, should be just ridin' that awkward wave. Give her, pretend you don't know who she is, that'll go good.
Travis: Oh, I like that.
Justin: You like that?
Travis: Yeah.
Justin:

Yeah. I think that's pretty good. Griffin, how do you make things less awkward with girls like this?

Griffin:

I—I shit you not, like, packing up and moving away is, is one of the few options. Otherwise, I mean, time's gonna—time's gonna heal those wounds. And really, you're gonna meet so many new people at university, as you say [laughs]—

Justin:

Mm-hmm [affirmative].

Griffin:

... that, uh, I, I really don't think it's, it's not gonna be a big deal, man.

Travis:

And—and that's the thing, like, I don't know what school you're going to, but must most of them are big enough that you're not gonna see her. Like, you might see her two times in the next year. So, you know, don't—don't worry about it. But if you do see her, just punch her right in the face.

Justin:

No, don't punch her, Travis—

Griffin:

Don't punch her in the face.

Justin:

... [crosstalk] don't punch her in the face.

Travis:

I'm sorry.

Justin:

God.

Travis:

My, my fault. God, I get caught up sometimes and—

Justin:
When are we gonna get a new brother? [laughs]
Travis: [laughs]
Justin:
"I am—I am s—a single young gentleman who relies on the advice from others as a formative measure. When talking to people, I often find myself giving anecdote and metaphors too frequently. Even I will admit that most are pointless and/or boring." [laughs] "Am I being rude or do I need to refine these skills? Uh, please help. Simon." I don't see why it can't be both, Simon, but maybe you are being rude and, yes, you need to get better at that. Um, Travis, do you have any advice for him? [laughs]
Travis: [laughs] Um, you can never use anecdotes and metaphors too frequently.
Justin: Oh.
Travis:
In fact, you should only speak in metaphors.
Justin: Okay. Well, that's probably, maybe Travis wasn't the one I should've turned to for wisdom on this. Um—
Travis: To be fair, I don't know what a metaphor is—
Justin: [laughs]
Travis: so.

Justin:

I can't remember [unintelligible]. Um, you—you would probably be well to—to remember that, uh, that there's nothing that says you have to speak at any given moment. Um, s—sometimes I'll mull over five to 10 different things I could say in a given situation, and then wait 'til I come up with a really good one and then say that. 'Cause a lot of times, if you talk and don't really think about it before you talk, um, you'll just—it'll—you'll—well, you'll be recording this show—but sometimes people will, will let you host a podcast. But, um, it's, it's not the best way to entertain. Um, try asking—

Travis:

As-

Justin:

... more questions.

Travis:

As far as being rude goes, Justin pretty much hit it on the head there is the rudeness comes from taking up all of the space in—in the conversation.

Griffin:

Yeah, I mean—

Justin:

Or in the room, if you're [laughs], if you're a real—

Travis:

[laughs]

Justin:

... fatty, that's rude too.

Griffin:

I still don't understand how using metaphors in conversation is rude.

Justin:

Um, maybe they're, like, overly long metaphors, like, today is like a day that—

That's a simile.

Justin:

... is like a sun. See, okay, so metaphor is the one with "as," right?

Griffin:

That would be like saying today is a sun, right? [laughs]

Justin:

Today is a sun.

Griffin:

Maybe h—maybe his metaphor is, you're a pussy, like [laughs]—

Justin:

[laughs]

Travis:

[laughs] Maybe he's confusing metaphor with your momma jokes.

Justin:

Yeah. Are you not dropping enough of those? 'Cause those are pretty important for social skills. Uh, i—in the end, you just need to focus and think about what you're saying before you say it, 'cause if—if it's not something that you would like to hear, then chances are other [laughs] people won't like to hear it either.

Griffin:

Also, listen to a lot of—

Travis:

'Kay, hold on, I'm gonna wri—I'm gonna write that down.

Justin:

Okay.

Griffin:
Listen to a lot of stand-up comedy and—
Justin: Yeah.
Griffin: steal it.
Travis: [laughs]
Justin: Yeah.
Griffin: Just cold house it.
Justin: Yeah.
Griffin: Um, and no one will be the wiser. Uh—
Justin: Also—
Griffin: Yahoo Answers—
Justin: [crosstalk].
Griffin: Yahoo Answers user Moley, Moley asks – oh, and this question was sen in by TJ Mad. Thank you, TJ Mad. Moley asks, "How do you treat someone with an obsession with sticky buns?"

Justin: [laughs]
Travis: [laughs]
Griffin: "I'm sick of the questions and the buns are mounting, so is the mold. He won't talk about anything else. You will see him on Yahoo, he's the one with an obsession with sticky buns."
Justin: [laughs]
Travis: [laughs]
Griffin: That was a fully formed sentence.
Justin: That was my favorite episode of <i>Hoarders</i> . Did you guys see that one?
Travis: I think it was subtitled, "A Sticky Situation."
Justin: [laughs]
Griffin: I really, I guess the only thing you can do is get them hooked on an even more delicious food, although you'd be hard pressed—
Travis: It's Super Donut, it's Super Donuts.
Justin:

Yeah.
Griffin: Oh, Jesus. I'm, I'm obsessed with Super Donuts, but y—the fact that I'm not in elementary school keeps me from eating them for every meal.
Justin: Yeah, what's up with Super Donuts? Does anybody have any of those right now in this podcast?
Griffin: If you work at a school—
Justin: Okay.
Griffin: a public institution, we will trade you, wampum style, Super Donuts for T-shirts.
Travis: Whoa, how many—
Griffin: It's a new initiative, the Super Donuts—
Justin: Yeah.
Griffin: for T-shirts initiative [laughs]
Justin: Yeah.
Griffin: Uh [crosstalk]—

Justin: They're full of nutrients.
Travis: [crosstalk] take a lot of Super Donuts.
Justin: Yeah.
Griffin: They are so full of nutrients and full of flavor and they're always soggy—
Travis: [laughs]
Griffin: no matter what.
Travis: Always. Except—
Griffin: [crosstalk]—
Travis: that last bit, 'cause they're microwaved and that last bit is always—
Griffin: That last bit—
Travis: hard as a rock.
Griffin: is hard like a—like some sort of donut scab. The rest of it—
Justin:

That's where the nutrients are!
Travis: [laughs]
Justin:
You gotta suck the nutrients out. And but he has, uh, wait, wait, wait, don't tell me you've been eating that, that's the rind. You can't—
Travis:
[laughs]
Griffin:
[laughs]
Justin:
eat the rind of the Super Donut.
Griffin:
I didn't know. That's—that's nature's handle. [laughs]
Justin:
[laughs]
Travis:
[laughs]
Griffin:
You're not supposed to eat that part of the Super Donut.
Justin:
Yeah, that's disgusting.
Travis:
I loved—I—I—when I moved into my new house, the gas station right by sold Super Donuts and they were right between, like, the bongs—

Fuck you.

Travis:

... and the, and the lottery tickets. There was just a big box of Super Donuts.

Justin:

They should [crosstalk].

Griffin:

That sounds like the coolest apartment of that gas station.

Justin:

[laughs]

Travis:

It is.

Griffin:

So, uh, do you think there are people who went to school in places where there weren't Super Donuts that have literally no idea what we're talking about?

Justin:

We sound like mad people, like, just crazy people. Just—

Travis:

Like people that don't know what breakfast pizza is?

Justin:

Just Google it and you'll find out, um, but basically they're delicious donuts with nutrients and a rind. "I'm a guy and I'm thinking of shaving my legs. If so, how far up the legs should I shave? What are your thoughts on men shaving legs?" From Formspring. Bitch, what do you think our thoughts are?

Travis:

[laughs]

Justin: I'll tell you how far up you should shave, not. Not up, not.
Griffin: To the ankle.
Travis: [laughs]
Justin: To the ankle [laughs]. Shave your foot.
Travis: Just the top of your foot and your knuckles.
Justin: Shave your foot, Bilbo. Other than that—
Travis: [laughs]
Justin: I'm not interested.
Travis: The answer is either not at all, or all the way.
Justin: Yeah, yeah. I don't want any of this half-assed shit.
Travis: [laughs]
Justin: I want you to—
Travis:

Sh—
Justin: shave it.
Griffin: Inner thigh, outer calf.
Travis: [laughs] And just a lightning bolt that goes—
Justin: Leg like a hair checkerboard, that's what I want.
Travis: [laughs]
Griffin: Carve your basketball jersey number into your inner thigh hair.
Travis: [laughs]
Justin: Better yet, carve mine and we'll be goin' steady.
Griffin: Um—
Travis: You shouldn't shave your leg.
Griffin: Don't shave your legs.
Travis: Unless you're a swimmer, if you're a swimmer—

Griffin:

If you're a professional swimmer or runner.

Travis:

I bet that Michael Phelps shaves his legs and he could beat the shit out of me.

Justin:

He's just all arms and sinew, isn't he?

Travis:

[laughs] He is, he's like some kind of pterodactyl.

Justin:

Like a pterodactyl.

Griffin:

He—He's like an antelope.

Justin:

He's, like, half-antelope [laughs]. What's up with that [crosstalk]?

Travis:

Half-antelope, half-pterodactyl.

Griffin:

Can you think of any other reason for shaving your legs other than I'm a professional athlete?

Justin:

Yeah, if you're a drag queen.

Griffin:

Or ... If you're a what?

Travis:

A drag queen.

Justin:

If you're a drag queen. And what I've learned from RuPaul's Drag U is that almost all drag queens are helpful and wise.

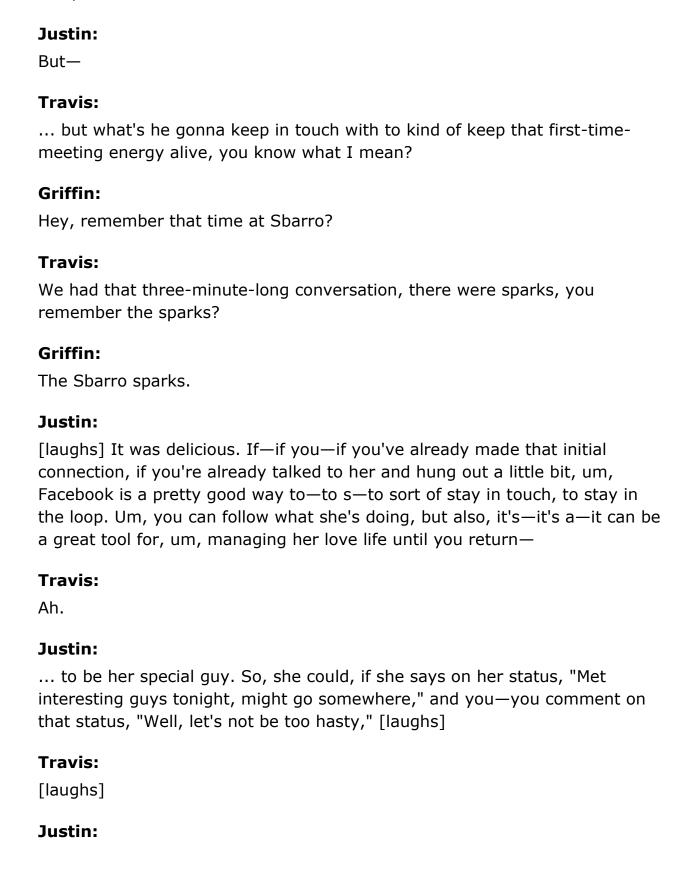
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Travis: [laughs]
Griffin: [laughs]
Travis: They're the wizards of the modern generation.
Justin: They are wi—the wizards. If you're starting a quest, don't even trip, don't even hang out with that wizard, just skip to a—skip to a drag queen. They know everything, they've seen, they've seen the coin from both sides and they like it, they like what they saw. Um, "I met the most beautiful girl," this is from Andrew, Gmail, "I met the most beautiful girl I've ever seen last night and she's single, so I wanna take a shot at her." Whoa. [laughs]
Griffin: Whoa. [laughs]
Justin: Whoa.
Griffin: Easy there, DC sniper.
Justin: [laughs]

Griffin:

Travis:

[laughs]

Let's chill out.
Justin: "The problem is I'm doing a semester long program at DC." Oh, shit!
Griffin: Oh, god.
Travis: Oh!
Justin: Oh, no! "I'm leaving today. Should I add her on Facebook and keep in touch while I'm in DC, or just see what happens when I get back in December, so I don't seem creepy by adding her after hanging out with her only once? Andrew from Gmail."
Travis: Don't add her on Facebook.
Justin: Oh, add her.
Griffin: Add her.
Justin: Like, no one, who cares.
Griffin: Add her in a heartbeat.
Justin: I had people that I talked to once in high school that I do not remember, but apparently remember me. I—I—th—Facebook adding doesn't matter.
Travis:



Well, he can add her-

Let's, um—
Travis: Let's really, let's really think about this.
Justin: How well do you know him?
Griffin: Have you seen the latest AIDs stats?
Justin: [laughs]
Griffin: Everyone's got it.
Justin: They're pretty AIDsy. So, maybe you should just think about that. Oh, is it Rick? I've, who hasn't Rick been with?
Travis: [laughs]
Justin: Rick.
Travis: [laughs]
Justin: Um—
Griffin: Yeah, a—just add her on Facebook because, A, it doesn't matter, and B, if she is interested, then that's kind of a way of, you know, you showing that you're interested. Uh, kind of a sad way, but—

Justin:

Yeah kind of a way that makes you want to—makes me wish that you thought I was cute, so you'd shoot me.

Travis:

[laughs]

Griffin:

Um, Formspring asks, "Hi, MBMBaM, I just died my hair fuchsia and I am not thinking of the next color that I'm going to do. I am a girl, so the pinks and purples are okay. What do you think would be a good color? Thank you in advance, Toni."

Justin:

[laughs]

Travis:

I think it's thank you in advance, comma, Toni.

Griffin:

Oh.

Justin:

[Southern accent] Toni, you were always such a pretty girl. Toni, I remember brushing out your long, brown hair and saying to everybody, "She looks just like a princess. She looks like—she looks like a—a young Lynda Carter," is what I used to tell people.

Travis:

[laughs]

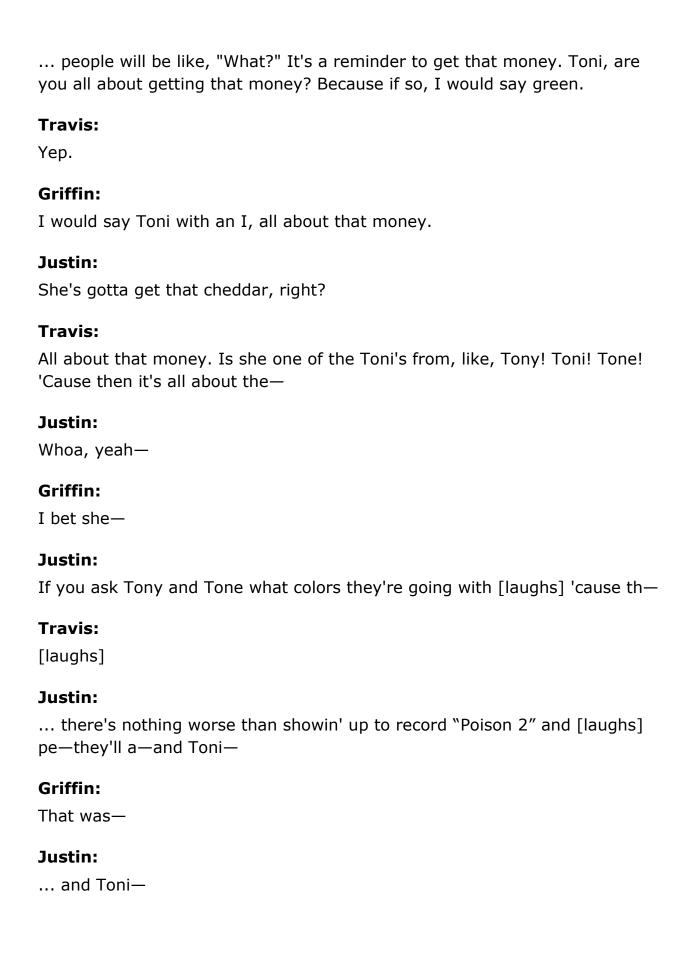
Justin:

I wish you would just dye it brown. Just dye it brown, so you could be that girl we all remember and come home.

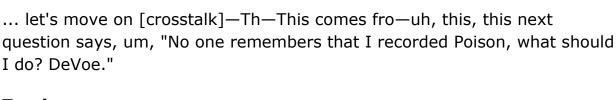
Travis:

We miss you, Toni.

Justin:
Toni, come home.
Griffin: I'm—
Travis: We miss you. The big city don' swallowed you up.
Justin: The [unintelligible] city swallowed you up, Toni.
Travis: Come back.
Justin: Come on back.
Griffin: I'm—I'm so down with, with fuchsia-colored hair. I'm down with it, Toni. I think it's—I think it's great. I think next color, how about lime green?
Justin: Whoa.
Travis: Actually, I like that.
Justin: You went out there. Um, why don't you say, why don't you dye it lime green and [laughs] when people comment on it, say, "You know, gotta get that money," and—
Travis: [laughs]
Justin:



Griffin: that was Bell Biv DeVoe. That was—
Travis: Oh, snap!
Justin: Can you [laughs], can you edit this out?
Travis: [laughs]
Griffin: That was [laughs]—
Justin: [laughs]
Griffin: I'm actually gonna forward it to Bell and Biv.
Justin: [laughs]
Travis: But not DeVoe, fuck him.
Justin: Let's, let's move on to—
Griffin: DeVoe died.
Travis: [laughs] Oh, no!
Justin:



Travis:

So sad.

Justin:

It's so sad. God, I feel like the momentum's completely off now.

Griffin:

You know what it'll pick it back up?

Justin:

[crosstalk] ever happened? What?

Griffin:

Uh, Ya—uh, this question was sent in by Christopher, Yahoo Answers user, DK, this one's gonna—

Justin:

I always screw that up, what did Tony! Toni! Tone! do?

Travis:

[laughs]

Griffin:

Tony! Toni! Tone!, I honest to God, I couldn't tell you [crosstalk].

Travis:

Griffin, you read the question, I'll do a little googling.

Justin:

If I had [crosstalk].

Travis is gonna Google. Here we go, DK asks, "How should I wear a flannel shirt without looking bad?"
Justin: [laughs]
Travis: [laughs]
Griffin: Now, listen, there's, there is a matrix of options here. We need to come up with an algorithm, uh, using these, these metrics—
Travis: Okay.
Griffin: that DK has provided.
Travis: Okay.
Griffin: "Options, white V-neck, black wifebeater, white wifebeater, black crewneck, gray crewneck, no undershirt. How many buttons undone? Zero, one, two—"
Travis: [laughs]
Griffin: " three, et cetera?"
Travis: [laughs]
Griffin:



I have one flannel shirt that grants me wishes and I have to wear it.
Griffin: DK, hold on to your asshole, white V-neck—
Justin: Okay.
Griffin: all buttons undone, wrapped around your waist, torn, faded light blue jeans.
Travis: I love it.
Justin: I love that a lot.
Griffin: It's, that's the Joey Lawrence, is what I call that look.
Travis: Yeah.
Justin: Whoa, you just blew my fashion mind.
Griffin: Turn it into a flannel kilt, that's—that's what I'm saying.
Justin: Yeah. But not a utilikilt, 'cause I'll leap through the internet and [crosstalk].
Griffin: I'll fucking strangle you.
Travis:

[laughs]
Justin: Um, how—
Travis:
Justin, I believe you were looking for "House Party 2," uh, from the House Party 2 soundtrack, I think that was their big hit.
Justin:
I was looking for it, but—
Griffin:
So, the House Party 2 soundtrack had a song on it by Tony! Toni! Tone! called "House Party 2"?
Justin:
[laughs] And wait, wait, wait, you think, okay, I can't, I can't, uh, tear down anybody's knowledge of Tony! Toni! Tone!, but, like, you think that "House Party 2" was maybe their big song, that was their biggest hit?
Travis:
It reached number 19 on the US R&B charts.
Griffin:
[laughs] Do you guys remember, uh, when Will Smith did that track on the Independence Day soundtrack called "Independence Day"?
Travis:
[laughs]
Justin:
[laughs] That reached number 19 on the hip-hop and soul charts—
Travis:
[laughs]
Justin:

if I remember correctly.
Griffin: [singing] Welcome to Earth, welcome to Earth, welcome, welcome.
Justin: [singing] Welcome to Earth, welcome, welcome.
Travis: [laughs]
Griffin: Can we, can we get back to the—
Travis: Yeah.
Griffin: imperative subject at hand?
Travis: I guess.
Justin: I like [laughs], can, can you just read, like, the last couple sentences again? Just the part with, just the whole thing.
Griffin: "Add or deduct things. I am a guy, I am skinny, I have short hair."
Justin: [laughs]
Travis: [laughs]
Justin:

It sounds so defensive, like, like—
Griffin: It's—it sounds like a math problem, like—
Justin: [laughs]
Griffin: if one—
Justin: Um—
Griffin: douchebag is traveling at 50 miles an hour—
Justin: Yeah.
Griffin: to Hollister to get a goofy looking red and black flannel shirt, how many buttons should he button up? Add or deduct the fact that he is skinny and has short hair.
Justin: Can you, can you a—why do you feel the need to—to wear this shirt? It sounds like he's causing you a lot of concertation. Maybe just—
Griffin: [laughs]
Justin: throw it in the, do like we all do—
Travis:

I think the better question is, how many failed attempts has he had at wearing this shirt?

Justin:

[laughs] Yeah! I can't get it.

Travis:

He just comes home, dejected, and strips it off and goes, "Today wasn't my day."

Justin:

I can't do it, internet [laughs].

Travis:

"Just wasn't it."

Griffin:

Close, but no cigar.

Justin:

[laughs] Do you think he's sittin' in his room with, like, three blackboards surrounding him?

Travis:

[laughs]

Justin:

He's just, like, madly doing arithmetic trying to figure out—

Travis:

"DK, you have to come and eat."

Griffin:

Eureka.

Travis:

"Shut up, Mom—"

Griffin: No undershirt.
Travis: " I'm figuring out the shirt continuum."
Justin: [laughs]
Griffin: No undershirt, one button undone—
Justin: [laughs]
Griffin: blue jeans.
Justin: "Honey, we're supposed to be married today, why are you saying these things? Just say I do."
"No, no jeans, short hair, I'm a guy, I am skinny."
Griffin: Khakis?
Justin: If you want to name your child, you, th—the name you want me to put on the birth certificate is one button, black crew neck, I am skinny, I am a guy.
Griffin: Fanny pack?
Travis: [laughs]

And then Rod Serling—
Travis: [crosstalk], you flannel bitch [laughs]
Justin: Then Rod Serling's like, "What's up, Twilight Zone? Deal with it, we're out of ideas, and I'm dead." Uh—
Griffin: Forms—
Justin: [laughs]
Griffin: Formspring asks—
Justin: Moving on.
Griffin: "Dear MBMBaM, what's the best way to meet nerdy, single women, science nerds, video game nerds, animation nerds, movie nerds, whatever? BTW, I mean non-lesbians, overstocked on them, thank you. Regards, Single Player." Oo, I like that. Can everyone start whenever they ask questions, can they, can they give either, like, little nicknames like that that are appropriate to the questions they're asking or, like—
Travis: Highway.
Griffin: um, like, for—Forlorn and Frankfurt or something like that?
Justin: Yeah, I like that. Yeah. Um—

Travis: Griffin, you should know this. Yeah, [crosstalk].
Griffin: Oh, should I?
Travis: [crosstalk].
Griffin: Yeah, I do, I do really well at this, actually. Um—
Justin: Do you?
Griffin: No. Uh—
Travis: Aw [laughs]
Griffin: they, for the most part, don't exist. They're—they are, um, cryptozoological in nature.
Justin: Yeah.
Griffin: Um—
Travis: They're often seen riding unicorns and such.
Griffin: Yeah. I mean, the best thing you can do is just bounce from—from, uh, from GameStop to GameStop just looking for a—a cute cashier.

Travis:

[laughs] With a net.

Griffin:

With a net, yeah, you have to put her in a net, whenever—no, don't—don't put anyone in a net. I really don't know what to tell you. Facebook's pretty cool, the internet's all right.

Travis:

[laughs]

Griffin:

You ca—you can meet lots of people in that.

Travis:

[crosstalk]—

Justin:

Why don't you go to, uh—

Travis:

You should check out the o—

Justin:

Why don't you go to PAX?

Griffin:

Yeah, go to—go to PAX, go to some sort of convention, um, but I—I don't know.

Justin:

We're not looking to meet dudes. You put, you, uh, uh, an attractive girl at a video game or nerdy convention is just, like, chum for nerd sharks.

Griffin:

I just, also, I don't think you should be, I don't think anyone should use that as a metric for people who you're looking for.

Justin:

Yeah! Oh my god.

Griffin:

I don't think anyone should ever be like, "Oh, I need to find a partner, how about someone who's nerdy?" I don't think any—like, that shouldn't be, there's so many other qualities that are more important than that when—when looking for another person.

Justin:

That's a great, that's a great que—uh, th—point because, like, if I had asked this question 10 years ago, I mean, this is probably the sort of thing that I would be looking for, right, somebody who has similar interests to me, um, but—but now that I'm, that I'm older, I mean, my wife and I don't, we don't have many interests that are similar. We like really disparate things, but we get along probably a little bit better because of that, and—

Griffin:

Yeah.

Justin:

Because we have different spheres of, of interest, um—

Travis:

And, and the important thing is, her nerdiness about certain things is something you find out, it's not like you're going to look at her across the room and be like, "Oh my god, there's a huge video game nerd."

Griffin:

Right.

Travis:

Get to know someone and, you know, find out what their interests are, you know?

Justin:

Anybody who makes it that obvious, it's probably an affectation.

Griffin:
Yeah.
Justin:
Which is not—it's not something you wanna be attracted to.
Travis:
And they're, they're probably dressed like a <i>Final Fantasy</i> character, and you don't wanna talk to them anyway.
Justin:
Um, this is an—this is a question that Griffin's gonna be able to knock out of the park, so I'm just gonna ask it. "I'm a member of my high school cross-country team, which means I have an hour of jogging a day or more." Oh, you showoff.
Griffin: [laughs]
Justin:
"The problem is, as," I get it, okay, we all get it [laughs] "Problem is, as a sensible, alternative rock and indie music fan, TMBG and Sufjan Stevens—"
Griffin:
Wrong!
Justin: Quite.
Travis:
[laughs]
Griffin:
It's Suf—Sufjan.
Justin:
Suf—Sufie? Soupie?

Griffin: Sufjan, Sufjan.
Travis: Suf-jan? Suf-jan.
Justin: Okay, let me try again. Um, "TMBG and Sufjan Stevens—"
Griffin: Uh—huh.
Justin: " I'm often kind of fist pumping," hi, I'm 29 years old, okay?
Griffin: [laughs]
Justin: You're lucky I can turn my computer on, you sluts, so shut up. [laughs]
Griffin: [laughs]
Justin: "Do you guys have any suggestions for music that would get me pumped up for jogging long distances? Russ, Gmail."
Griffin: Here, how about this? [starts beatboxing]
Justin: Yeah, turn us up. Mm, Mm, ah, ah, ah.
Griffin:

Running and running and running, run it.

Justin:
Run it, run it. One foot, next foot, next foot, next foot. Swing your hips.
Travis:
Travis: The answer of course is, is Neil Diamond, cranked up as loud as it can go

Justin:

Yeah, maybe.

Travis:

Yeah.

Griffin:

I actually—I listen to a lot of podcasts whenever I'm doing, like, my walk round the neighborhood, not my jog, maybe—maybe that—maybe that's missing something. Maybe you should stop, maybe you should quit the cross country, uh, running team and join, like, the cross—

Travis:

Ma-

Griffin:

... country walking team.

Travis:

[laughs]

Griffin:

And then listen to podcasts.

Justin:

Cross-walk. Cross—neighborhood walking team.

Griffin:

Other than that, man, just, you know, find something with a fast beat. Maybe, maybe a Daft Punk, maybe an LCD Soundsystem, something to just, you know, get the blood pumpin'.

Get that, uh, get that, uh, Fix up, Look sharp.
Griffin: Fix up, Look sharp, yeah, anything off the—
Justin: That remix.
Griffin: off the DJ Hero soundtrack.
Justin: Yeah, anything off the D—get the DJ Hero soundtrack.
Griffin: Um—
Justin: That's good. And you know what, maybe you're not listening to the right They Might Be Giants songs, 'cause there's some of those that, that are upbeat and get you pumped.
Griffin: Yeah.
Travis: Can I recommend the House Party 2 soundtrack?
Griffin: [laughs] Yeah, get House Party 2.
Justin:

What was that one song on there?

I believe you were talking about "House Party 2." [laughs]

Travis:

Justin:

Griffin:

Um—have a real problem with listening to music whenever I'm running, because I don't have one of these sleek, like, uh, like, iPod, baby iPods that you slide into your arm, uh, into your, your cyborg arm [laughs] that—that just kind of, like, stays there. Like, I always have—

Justin:

Did you say cybork?

Griffin:

No, cyborg. Uh, um, I have, like, a big Zune, I have, like, a big 30 googlebyte Zune that anytime I run, it just jangles around in my pocket and—

Justin:

Right.

Griffin:

... makes me, makes me look silly.

Justin:

Are you, are you runnin' a lot more than I—

Travis:

[laughs]

Justin:

... knew about, or is this a big—

Griffin:

I—

Justin:

... problem for you?

Griffin:

I—I've been doing, uh—

Travis: There's a lot of people chasing Griffin in his new neighborhood.
Griffin: [laughs]
Justin: [laughs]
Griffin: I've been doing a, a bit of exercise, yes. Is that okay?
Justin: [laughs], I mean, I don't want, I don't [crosstalk].
Travis: It most certainly [crosstalk].
Justin: No, you should grow. Like, I want you to grow as a person.
Griffin: I—
Justin: Um—
Griffin: I feel I am.
Justin: Yeah.
Travis: But it's important that you don't surpass us. Like, you can catch up to me and then—

Justin: Yeah.
Travis: you can just stop.
Justin: I just—yeah, just [crosstalk].
Griffin: Well, that shouldn't be too hard. [laughs]
Travis: [laughs]
Justin: Um—
Travis: Aw.
Justin: this, uh, "I—I am a hus—I am 27 and my husband is 28. We are coming up on 30, and I'm wondering if there is something that we should do before we hit 30. Uh, we don't have kids, so we don't have to worry about that and we don't want kids, so please don't say have children." Okay. "We live in upstate New York and have a bit of money saved up. Any suggestions? Toni."
Travis: [laughs]
Griffin: Also with an I.
Travis:

Wait a minute.

Justin: Wait a minute.
Griffin: Toni's getting a two-fer this week.
Travis: [laughs]
Justin: Congratulations, Toni. You're lucky Travis is negligent.
Travis: No, it's a completely different Toni!
Justin: Oh, okay. Sure. This is Toni Collette.
Griffin: [laughs]
Justin: I think you should act, just act as I—much as you can, Ms. Collette, you're a real talent, you're a treasure. Hollywood treasure, Toni Collette. Um, hm—
Griffin: Upstate New York
Justin: okay, I—I have a few suggestions. You could, uh, there's skydiving—
Griffin:

Travis:

If you say [crosstalk].

You could go on a cross-country amusement park trip.

Justin:

Rocky mountain climb?

Griffin:

[laughs] You gotta stop. How about buy an apple orchard?

Justin:

Whoa. I like that!

Griffin:

Buy—you gotta buy something, right, once you—when you turn 30, you have to buy something as a gift to yourself for not dying—

Justin:

[laughs]

Griffin:

... for 30 years. I really think an apple orchard in upstate New York would be a real treat. Get some farmhands.

Justin:

When you see—when you see people doing weird things in their 60's, they had to have a moment earlier where, like, they decided to do that.

Griffin:

Mm-hmm [affirmative].

Justin:

A—And this has to be your moment where, like, "How do you guys get an apple orchard?" It's like, "Well, we just—"

Griffin:

We turned 30, we didn't wanna have kids. These apples are our kids.

Travis:

Please stop eating my baby.

Justin: [laughs]
Griffin: David!
Justin: David!
Griffin: He wasn't even ripe yet, you bastard.
Travis: [laughs]
Justin: Do you want, do you want another [crosstalk]—
Griffin: Your baby's really mealy.
Justin: Do you want another slice of Brett pie? I made it just this morning. It's—it's full of Brett, our baby. Um, so, wh—what we're saying to you is you should have an apple orchard and you should make the apples your babies. [laughs]
Griffin: [laughs]
Travis: And Sharpie on faces on every single one of them.
Griffin: I mean—
Justin:

Sharpie faces.
Griffin: it doesn't have to be an apple orchard, but it has to be something big and irresponsible.
Travis: It has to be—
Justin: It—
Travis: some kind of orchard.
Justin: Yeah. But make sure, it has to be something you had no idea how to take care of.
Griffin: Yeah.
Travis: [laughs]
Justin: It has to be, like, in three months—
Travis: A llama farm.
Justin: you're like, "Oh, shit," [laughs], "all our alpacas are dead."
Travis: [laughs]
Griffin:

[laughs]

Justin:

"These alpacas are dead as fuck. We did not think about this before we did it."

Travis:

[laughs] I like that.

Justin:

Do you?

Travis:

Do that one.

Griffin:

"My best—"

Justin:

Do it, yeah.

Griffin:

"... my best friend lives about, uh, 1.5 hours away," that's 90 minutes—

Justin:

Uh-huh.

Griffin:

"... and every time she comes into town, she demands that we hang out all the time. Now, I would love to, but I have a life aside from her, a job, and sometimes I'm just tired at the end of the day and not in the social mind to hang out. I tell her and she keeps demanding. What should I say to her or am I just not appreciating our friendship as much as her?" Hey, do you guys remember that question, I think it was, like, last week or the week before that where someone talked about how they [laughs] went in town to hang out with their best friend but they didn't wanna hang out with them?

Travis:

Uh-huh. Oh.
Griffin: I think—
Justin: Uh-oh.
Travis: We've actually received this question a couple times and thank you for listening when I said to send it again 'cause I forget all the past questions. Um, I don't know if they're related, but if so, apologies.
Griffin: I just, I think you just gotta bite the bullet. Like, if I have a friend in town, I'll hang out with them, even if I'm not even particularly close friends with them or don't want to hang out.
Travis: But the friend is an hour and a half away. It's not like she moved to Nebraska or something, like, she probably sees her once a week, you know what I mean? Like—
Griffin: Yeah.
Travis: it's not epic a deal that she's in town.
Griffin: I love how you think Nebraska isn't close to anything [laughs], like—
Travis: [laughs]
Griffin: Nebraska is universally far away from every point on the board.

Justin:
No matter where you are. Travis:
To be fair, I meant—I meant to say Alaska, and it came out as Nebraska.
Justin: [laughs]
Griffin: Regardless, i—any—
Justin: Earlier, I meant to say Bell Biv DeVoe—
Travis: [laughs]
Justin: and it came out as Tony! Toni! Tone!
Travis: [laughs]
Justin: That's my fault. Um, I meant to say House Party 2—
Travis: [laughs]
Justin: and it came out as "Poison."
Travis: [laughs]
Justin:

Um, yeah, just drop her.

Travis:

[laughs]

Justin:

If you don't wanna hang out with her, yeah, sorry, if you don't wanna hang out with her, then that means that you don't wanna hang out with her [laughs] and, and this, and there's a quick solution to that problem [laughs], that means, like, it's—it's not being her friend anymore, or him.

Travis:

You could come up with, like, creative, like, you know, I can't—I have the flu or crabs or something. But you could keep coming up with those lies, but eventually, you're gonna get sick of that too and just straight up be like, "Listen, I don't wanna hangout every time you come in town. I have other things to do. If that bothers you, I am sorry." 'Cause really, what are you out? Like, if she gets really mad and doesn't talk to you for, like, two months, what are you missing there? Problem solved.

Griffin:

I mean, she could go, like, she could go Swimfan on her ass.

Justin:

Oh, shit. That's the last thing you want.

Griffin:

She could start, she could start leaving—

Justin:

I didn't think about that.

Griffin:

... like, dead small animals in her front seat of her car. Like, it's a—it's a thorny situation, which is, which is I almost always tell people to pack up and—

Justin:

[laughs]
Griffin: just get.
Justin: The thing is, you can't leave a forwarding address, 'cause <i>Swimfans</i> will che—track you down.
Travis: Why not split the difference—
Justin: You're gonna get a swim fan, yeah.
Travis: and tell her you're moving away? Tell—
Justin: Hm.
Travis: her you're moving to Nebraska, and you will come visit her when you can.
Griffin:

say, "I like your presence."
Justin:

Or go up there and have her decline you and just be lonely all day and see how she's livin'.

Yeah, that's the only thing you can do is retaliate. Don't even move away, just go and visit her, like, every other day. Um, and, and just be a big,

useless lump whenever you're hanging out. Just don't talk to her. Just—just

Travis:

Yeah.

Justin:

Because that—then the shoe will be on the other proverbial foot. Deal with that.
Travis: Um, I—
Griffin: I have a Yahoo Answers question.
Justin: Okay.
Griffin: It's from Dave1, but it was sent in by TJ Mad, this is my second TJ Mad question of the show. He's a real hero. Tha—
Justin: Okay.
Griffin: thank you, TJ Mad. Dave1 asks—uh, and to really appreciate the comedy of this question, you have to understand that it's in all caps.
Justin: Okay.
Griffin: He asks, "[yelling] Why do we scream?"
Justin: [laughs]
Travis: [laughs]
Griffin:

"Or shout loudly when frightened or exited? For example, when on a fast ride or something makes yo jump."

Travis:

[laughs]

Griffin:

"What's the purpose of making a loud noise?"

Justin:

[laughs] Um—

Griffin:

I mean, it's—it's, it's really dumb and poorly worded, but he's got a point.

Justin:

What are we doing? Th—We're wasting our throat meat all these years on screaming for no reason.

Griffin:

Next time you go to Kings Island and you're on the Vortex just losing your mind, just—

Justin:

[softly] Oh, oh.

Griffin:

... give it one of those, like, stop.

Justin:

[softly] Oh, God, ah. It's so fast [laughs]. [normally] I [laughs], I used to, um, I got, I got into a kick wa—ye—wa—and I think probably everybody goes through this phase, um [laughs], when I, I would go on rollercoasters and you know that they take your picture, I—I—with everybody screaming, I thought, you know what I'll do, I'll just look super cool—

Griffin:

[laughs]

Justin: and then, and then everybody's screaming, I'll be like, "What's up?"
Travis: [laughs]
Justin: But I found that, like, maybe it's because of the gravity or—
Griffin: [laughs]
Justin: or because of, like, the internal terror, but, like, it always looked like seven people havin' the time of their life, one guy trying not to poop.
Griffin: [laughs]
Travis: [laughs]
Justin: Like, that's what, that's what the picture always looked like. And so I was like, I'm just gonna do the screaming thing because, and maybe that's why because if you, it's either scream—
Travis: [laughs]
Justin: or look in the picture like you're trying not to poop. [laughs]
Griffin: I always give the—I always give two middle fingers up—
Justin:

What's up? [laughs]

Griffin:

... point 'em up, give two middle fingers 'cause it lets people know how edgy I am, and that, that fucking Kings Island attendant who's jo—oh, who's job is to sit and look at pictures of people having fun all day, like—

Justin:

[laughs]

Griffin:

... worst job ever, he sees someone giving the double deuce—

Travis:

[laughs]

Griffin:

... and he's like, he, I've watched him, I keep a eye on him and that picture loads up and he gives a little—

Justin:

Oo, yeah.

Griffin:

... s—a knowing smile [crosstalk].

Travis:

What I do is I flash my boobies, um—

Justin:

Oh, yeah?

Travis:

... and it's 'cause I'm whimsical, 'cause I'm fun, and I'm also a little bit—

Griffin:

Yeah.

Travis:

... sexy, you know what I mean?

Justin:

[laughs] She's a little crazy—

Travis:

[laughs]

Justin:

... a little wild. Um, I—I wanna hear, uh, Griffin's last question, um, but, uh, before I do, we have a—a couple of quick housekeeping things, just reminders basically. Um, first off, as always, thank you, thank you, thank you, you're telling people about the show, you're tweeting about the show, um, we love to see, to see that. Um, gotta give, uh, a shoutout to my man, Nick Suttner, he's, uh, he's nsuttner on Twitter if you wanna follow him. But he per—he promotes the show every single week, tells people, "Hey, there's a new one of these out, you should go listen to it." Ditto for XanderDavisLive, he's another one that was talking about the program.

Travis:

Also, Charlene519 on Twitter, um, is passing it out to her friends, someone passed it to her and now she's telling other people about it. Thank you for that.

Griffin:

Pay it forward.

Travis:

Mm-hmm [affirmative].

Griffin:

Always said that.

Justin:

Pay... it... forward.

Travis:

I would also like to thank Kate Nash, um, on our Facebook appreciation group, she posted a picture of her holding the postcard that she's sending to Tristan, thank you so much— **Griffin:** Aw. **Travis:** ... for that, Kate. Yeah. **Griffin:** That's, that's so sweet. Everyone— Travis: S-**Griffin:** Oh, the, the address for Tristan's on the Facebook group, so if you wanna send-Justin: Yeah. **Griffin:** ... him a-Justin: He's our favorite marine. Uh, we seem, gotten a couple, I got an—a mail from him last, last week, he seems to be doing pretty good. Um, and, uh, so, you can go-**Griffin:** Thanks to everybody—

Justin:

Oh, thanks.

Griffin:

... to have bought T-shirts too.

Justin:

Oh, yeah, those should be going out, from what we've heard, all the pre order shirts are, are out and about in the world. Um—

Travis:

Do you wanna hear a confession?

Justin:

Yeah.

Travis:

I just ordered my shirt today.

Justin:

You piece of shit!

Griffin:

You fuckin' jerk.

Travis:

What? I assumed they would send me one, my name is on it. But—

Justin:

I bought mine. I bought both of mine. Um, so, if you—if you wanna be like Travis and buy a shirt, um, uh, you can go to MBMBaM.com and click buy stuff, there's a link to two shirts. If you pre ordered a shirt, it is in the mail. Um, and other orders are being processed as they come. Uh—

Griffin:

I'm seeing a lot of people, uh, puttin' up pics of them wearing their shirt on Twitter.

Justin:

Yeah, I think we're gonna collect all those, put 'em somewhere, either on the site or maybe on the—

Griffin:

Yeah.

Justin:

... on the we—on the T-shirt site. So, keep, what's the best way, just to email us links or, or—

Griffin:

Well, what you should do is just put 'em on Facebook and then link 'em in the, the Facebook group.

Travis:

Mm-hmm [affirmative].

Griffin:

Uh—which—which we have, and I don't think we've talked about in a while but, uh, we have a Facebook group, um—

Travis:

It's my My Brother, My Brother and Me—

Griffin:

... if you just—

Travis:

... Appreciation Group, you gotta search for the whole thing.

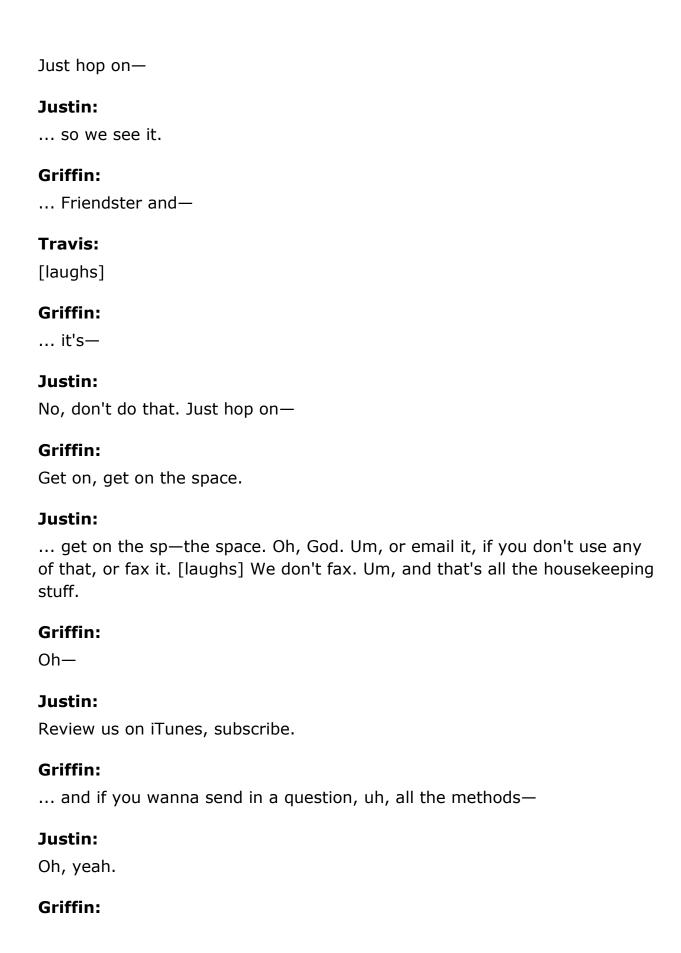
Griffin:

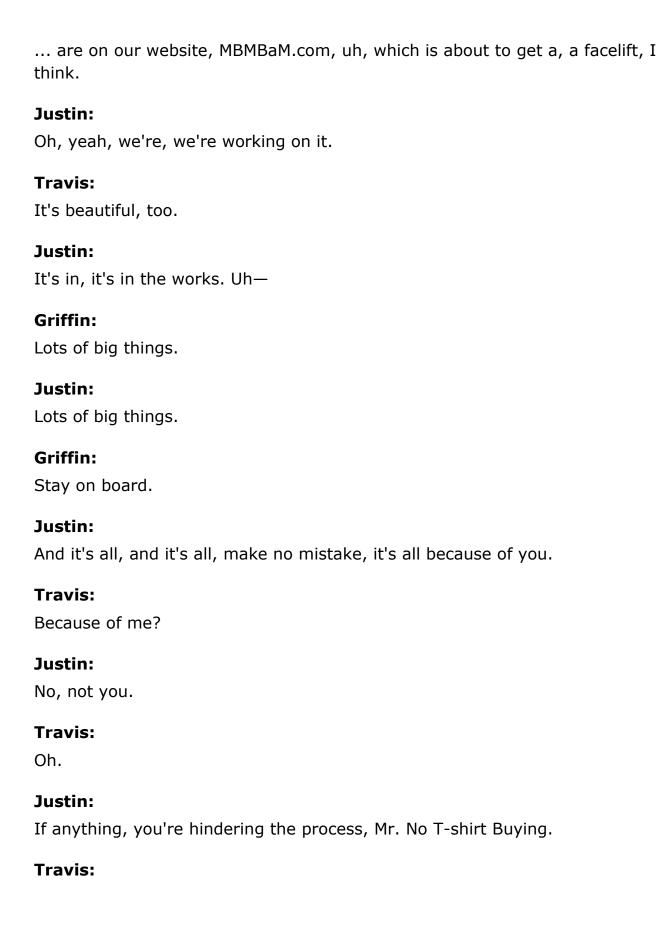
Yeah. So put pictures on there and then we'll grab them from there. And also, you know, it helps spread the word. People are like, "Hey, what's that really fresh, comfortable looking shirt all about?"

Justin:

If you don't use FB, you can twee—tweet it, just always use the MBMBaM hashtag—

Griffin:





I bought one today!
Justin: Yeah, you're biggin'.
Travis: [laughs]
Justin: Um, here we go, last question from my brother, Griffin.
Griffin: Uh, actually from—
Justin: My real brother Griffin, I make that distinction because he bought a T-shirt, so.
Travis: Oh, I bought one today.
Oh, oh, and, uh, I'm gonna be at PAX this week, I mentioned it earlier, I'm gonna be at PAX this week, Friday, Saturday, Sunday. Uh, if you are there and you have a <i>My Brother, My Brother and Me</i> T-shirt, wear it, um, if you see somebody wearing a <i>My Brother, My Brother and Me</i> T-shirt, hug them because they've earned it, unlike some people on this show.
Griffin: Namely Travis. I found this question on Yahoo Answers Malaysia, what's up?
Travis: [laughs]
Justin: [laughs]
Griffin:

Uh—
Justin: International.
Griffin: Shabana on Yahoo Answers, Malaysia [laughs] asks, also in all caps by the way, "How can you make your own dildo at home?"
Travis: [laughs]
Justin: [laughs]
Singer:
[singing] How am I supposed to freak to this?
Justin: Oh God, I'm Justin McElroy.
Travis: I'm Travis McElroy.
Griffin: I'm Griffin McElroy.
Justin: And this has been <i>My Brother, My Brother and Me</i> . Kiss your dad square on the lips.
Singer 2: You will never know me.
[ending theme music plays and ends]