## MBMBaM 19: Bad Seed

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# Intro (Bob Ball):

The McElroy brothers are not experts, and their advice should never be followed. Travis insists he's a sexpert, but if there's a degree on his wall, I haven't seen it. Also, this show isn't for kids, which I mention only so the babies out there will know how cool they are for listening. What's up, you cool baby?

[theme song, "Take A Chance On Me" by ABBA plays]

#### Justin:

Can you hear it there, there, there in the distance, like a echo?

## **Griffin:**

[singing] From a distance...

#### Justin:

[singing] [unintelligible] is watching me...

#### **Griffin:**

[singing] So don't masturbate. Or we'll see it. We see everything.

#### Justin:

[singing] We've always been watching you. From the time you were born, to today. And we'll watch you for like a week after you die.

#### **Travis:**

I'm just gonna go ahead and stay out of this one. You can just go ahead.

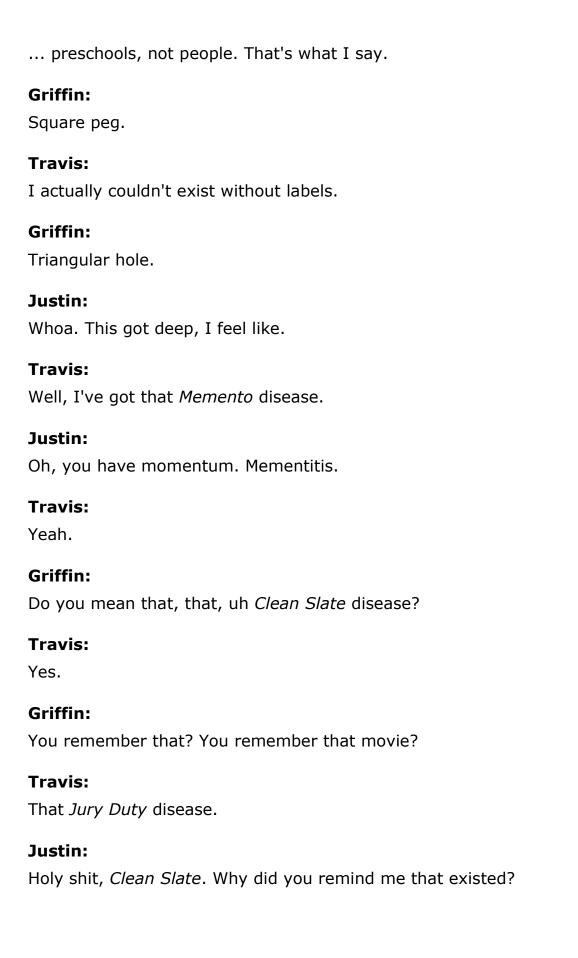
## Justin:

[singing] Travis is staying out. This is a song about *My Brother, My Brother and Me*. It's syncopated so you know we worked a long time on it.

## **Travis:**

It's all been autotuned. I did that in post.
<b>Travis:</b> Ah.
Justin:
I say that knowing Griffin edits the show and probably didn't put it into autotune. This is an advice show for the modern era, um, <i>My Brother, My Brother and Me</i> . I am your—your oldest brother Justin McElroy.
Travis:
I'm your middlest brother, Travis McElroy.
Griffin:
I'm Griffin McElroy, and I'm not related to you.
Justin:
He don't like labels. [laughs]
Griffin:
I don't subscribe—
Justin:
I don't subscribe.
Griffin:
to labels or podcasts, but I do subscribe to <i>Reader's Digest</i> .
Justin:
Label cubby holes in—
Griffin:
You can't fit me in them.
Justin:

Justin, when are you gonna autotune that shit?



Justin: Was it Dana Carvey?
Travis: Yes.
<b>Griffin:</b> I honest to I really can't remember. It was <i>Memento</i> .
Travis: [crosstalk].
Justin: It basically is <i>Memento</i> . [laughs]
<b>Griffin:</b> It's basically <i>Memento</i> before <i>Memento</i> was <i>Memento</i> .
Justin: "Hello, brothers McElroy. I have one simple question. What is <i>My Brother, My Brother and Me</i> 's stance on night-showering as morning showers? I tend to have a terrible morning hair, and I use a shower as a double whammy of cleanliness and manageable locks. Where do you stand?"

Dear My Brother, My Brother and Me, what do you do when your brother

You stop what you're doing, and rush out, and you rent it from your local

**Griffin:** 

Sorry.

Justin:

**Travis:** 

**Travis:** 

I am totally right there with you.

MovieMAX.

reminds you that Clean Slate existed?

#### **Griffin:**

So this question is saying, you take a shower at night and that counts as your morning shower when you wake up, so you don't have to shower before you go to work or school or whatever.

## Justin:

There's nothing... Why would you give up on that most energizing part of your day?

#### **Griffin:**

Mm-hmm [affirmative].

# Justin:

Like nothing gets me ready to say like, "Yes, let's do this," like a morning shower. If I have one of those at night, my body is like, "What are we doing? This is awesome. Let's do something. This is gonna be great."

It's like, "No, body, go to bed, you dumb bitch. I tricked you again. First Dexatrim and now this. You dumb motherfucker, you'll fall for anything."

#### **Travis:**

You know, I, I tend to shower, uh... This sounds like a joke, but in the summer, like, three times a day.

#### **Griffin:**

Yeah, I've never seen anything like this.

#### **Travis:**

Once in the morning 'cause I get that funky bedhead too. And I'll just like hop in and rinse and then go on about my day.

#### Justin:

Travis gets a hairstyle that you'd pay hundreds, if not thousands, of dollars for in Hollywood. But—

#### **Travis:**

Well, I have that amazing hair that people only dream about, so there's that.

Justin:	
But when you dream about it, it looks terrible the next day [laughs], so—	
Travis:	
Yeah.	
Justin:	
you gotta have another shower in the morning. And then what? Do you just treat yourself to a midday I don't know. What are you doing with your	

day where you're like, [crosstalk], standing underwater.

# Travis:

Yeah, and I take one when I get home from work 'cause I work hard building stuff.

## Justin:

Okay.

## **Travis:**

And then I take one before I go to bed so that I'm not all dirty when I get on my nice white sheets.

#### Justin:

Hey, what are you doing in those four hours?

## **Travis:**

Between the second shower and the third shower?

## Justin:

Between second and third shower, Bilbo?

## **Griffin:**

[laughs]

#### **Travis:**

Well, that's me-time, and...

## **Griffin:**

Travis lives a life that a lot of us aren't... we—we just can't wrap our minds around.

#### Justin:

Let's just say handmade jelly bracelets aren't gonna hand-make themselves, okay? Leave it at that.

## Travis:

Where do you think all these lanyards come from?

#### **Griffin:**

If, if you only... If you can only have one though, night shower or morning shower...

## **Travis:**

It's gotta be morning shower.

# Justin:

Morning shower.

#### **Griffin:**

I think it's gotta be morning shower. If only because, um, bed bugs are really big right now. Everyone's got 'em. Um—

## Justin:

Yeah, the latest thing.

## **Travis:**

It's a cool thing.

#### **Griffin:**

Everyone's got those bed bugs and so you—

## **Travis:**

Do you know who I heard had them?

Griffin: You gotta use 'em in the morning.
<b>Travis:</b> Joaquin Phoenix. Joaquin Phoenix.
Griffin:
You use a shower and eradicate them from your body.
Justin:  Don't even go to Hollywood if you don't have a Twitter account with a leak at least a thousand followers and bed bugs. This is just that style today. That's—that's where we're at as a nation.
Griffin: Have you ever seen a bed bug?
<b>Travis:</b> Yeah.
Justin: I I've seen Joaquin Phoenix [laughs]. Is that similar?
Travis: He is a bed bug.
Justin: He's a bed bug.
Griffin: [laughs]
Justin: He's a hyper-evolved bed bug.
Travis

He's a bed bug king.

## Justin:

He's the king of the bed bugs. [laughs]

## **Griffin:**

"Hey guys... Hey guys, so when I got married, I discovered that my in-laws asked their children and children-in-law for Christmas wish-lists. Every time I fill it out and mail it in, I feel like a kidnapper handing over a list of demands. I mean, it's nice to get DVDs and boardgames I know I like, but the spontaneity is completely lost. Am I right for feeling awkward, or am I just being ungrateful? Thanks fellas, you really know how to rock and roll." Leeman, Gmail.

## **Travis:**

Ooh. Thanks, Leeman.

#### Justin:

I—I've been in this exact same situation. That is how my in-law family rolls. And what I've done for the past few years is that, um, I've just asked for a bunch of different styles and sizes of My Brother, My Brother, and Me t-shirts, and I feel like it's a gift that's not only fun to get but also to give, um, and it makes me feel better about it.

#### **Griffin:**

I feel like since we're on the subject, let's have a brief, uh, aside, just for a moment. Uh, you got your T-shirt.

## Justin:

I did.

#### **Griffin:**

You may be the first human, uh—

#### Justin:

I may be the first human to have my T-shirt.

# **Griffin:**

How... Can you describe it? Describe the—the—the whole experience of it, really.

# Justin:

I opened it, and it smelled like a T-shirt—

# **Griffin:**

Uh—huh (affirmative).

#### Justin:

... and then I put it on, and like-

# **Griffin:**

How does it feel? Like it's-

## Justin:

... there's was a line. It was a comical line of girls out my front door, just one after the other. Just like, "Please, anything." And I'm like, "I'm sorry, I'm married."

#### **Griffin:**

"Can I smell your chest?"

## Justin:

"Can I smell your chest?"

#### **Travis:**

Um, "New from Axe Body Spray: T-shirt Smell."

## **Griffin:**

Would you... Would you describe it as soft or rough and confident? Or—

## Justin:

No, it's soft. It's soft and like, it's got a nice, nice little stretch to it.

#### **Griffin:**

Oh, yeah?

## Justin:

So like... Yeah, yeah, so like it's really comfortable. Uh, my wife got one too and since she got it, I had to, uh, to change my full-time career to foolsmashin', 'cause I just gotta smash so many fools—

## **Griffin:**

[laughs]

#### Justin:

... that come up, and they're like, "Hey lady, nice t— nice taste in T-shirt." Um, [laughs] actually, this is true, she, she wore it to get her hair—her hair did and when she got back, I said, "Well, did you tell her about your T-shirt? Did you explain it to her? Did you tell her about the show? What's the point of you going out in public with it if you're not gonna do that?" Uh, but those should... are—are coming now, so—

#### **Griffin:**

They should be arriving this week, if you [crosstalk]—

#### **Travis:**

And soon to follow, our "Ask Me About My T-shirt" bumper stickers.

#### Justin:

[laughs] "Ask me about the T-shirt I'm wearing, unless it's, it's the... that... those 29 days of the month that I'm not wearing my My Brother and Me T-shirt."

## **Griffin:**

I have, uh, I have good news.

#### Justin:

Tell me.

## **Griffin:**

No, I'm saying that's [crosstalk] would say, when asked about the T-shirts.

Uh, so those are going... Right now, you can still totally get them. We have all sizes and shapes and colors, uh, at mbmbam.com, but—

## **Travis:**

So Leeman, to answer your question...

## Justin:

But Leeman...

## **Travis:**

Here's the thing, you're their in-law, dude. They don't know you.

# Justin:

Right, exactly.

#### **Travis:**

They don't know what to get you.

# Justin:

Exactly.

#### **Travis:**

You gotta get that list, man.

## Justin:

People who do lists, uh, from what I've found, are people who like to keep the balance of, um, like, how much they're spending on people. So like, you have to accept the fact they're going to spend X amount of dollars on you anyway, and it will make them happy to get you things that you will like. So like, you're—you're—you're meeting them halfway on this because... Think about when you're g—trying to buy a gift for somebody you don't know very well, it is the worst. You're like, "Will they like this? Will this be too personal?"" You're basically just saving them a lot of trouble.

#### **Travis:**

And I had friends, and I have friends to this day, that for like, Christmas and birthdays, all they get is like a big stack of gift cards.

## **Griffin:**

That's the worst.

## **Travis:**

And like I would much rather just give someone a list and actually get things in boxes and paper—

#### Justin:

Yeah.

#### **Travis:**

... than just a big stack of gift cards 'cause that like saying, "Hey, you do the shopping."

# Justin:

"Hey, go, go nuts." Although—

## **Griffin:**

And really, what's, what is more awkward? You turning in a, a list of demands of things that they will get you that you know you will like? Or them buying you like a Build Your Own Brick Pizza Oven Kit because they saw you eating pizza one time? And then you'll have to like it and then build it in your backyard.

## Justin:

Put on the list, "You've already given the greatest gift, which is your daughter, but if you insist on getting me something else..." Uh, and then just do that every year. You'll never feel bad about it.

## **Travis:**

And, and always put on there, just over and over again, the Ewok playset.

#### Justin:

[laughs] "If you don't get me this, I'll hate you forever." Hey—

# **Travis:**

"Thanks for the daughter and everything, but I would really like that Battle for Endor playset."

# Justin:

But seriously, that would take her place as the greatest gift. "Hi, my name is... God, that playset rules." [crosstalk]—

#### **Travis:**

[crosstalk] Aw, fuck, [unintelligible].

#### Justin:

"I have a life conundrum," says Ben. "I'm going into high school, and I like a girl a lot. I know that Homecoming is going to be coming up, so I wanna ask her. This isn't an issue of not... of her not liking me, having good looks, or me not having the balls to do it. I just wanna be creative when I ask her. Sadly, my creative juices haven't been flowing, and I need an idea. Got any?"

## **Griffin:**

Hmm.

#### Justin:

Don't do it at school, I feel like, because you run a... and high school's such a—a tightrope of cultural acceptance that I think you run the risk of embarrassing her if you do anything outlandish at school. That's my stance.

#### **Travis:**

What tools are you working with?

#### **Griffin:**

But, I mean, maybe he only... Maybe he only sees her at school.

## Justin:

Okay. Put a dead horse head in her locker.

#### **Travis:**

Yeah!

# **Griffin:**

See, I like that.

# Justin:

Okay.

#### **Griffin:**

The trick is, kids' lockers today, uh, they're so small, so it's really just gonna have to be a pony head, which may be—

#### Justin:

Put a pony head in there.

#### **Griffin:**

... which may be upsetting for her.

## Justin:

Yeah.

#### **Travis:**

Or... Okay, gain access to all the lockers around her, and install all the parts of a pony into the locker so that when they're all open together, it's a pony that says, "Will you go to Homecoming with me?" But also, it's dead.

# Justin:

But also, it's dead, like, it's dead as fuck. Like nobody's ever been deader than this pony. It's like, it's like quadrisected into several, several parts, octisected.

#### **Travis:**

Have you ever thought about a large quartet?

# Justin:

[laughs] Have you considered a large quartet? Um, I—I say, uh... Yeah. Gosh, it's so hard. High school was so long ago. I feel like it was a hundred and fifty thousand years ago for me. When I asked—

#### **Griffin:**

You could high-jack a pep rally.

## Justin:

Oh, wow. I like this.

## **Griffin:**

Turn it on its ear from being about the, the success of the basketball team, and instead turn it into a, uh, a romantic opportunity.

#### Justin:

Say, um, "It would be a slam dunk, if I could get to third base with you—"

# **Travis:**

[laughs]

#### Justin:

"... after the Homecoming dance, but first you have to go with me. So let's get it started."

# **Travis:**

And then play the Black Eyed Peas song , "Let's Get It Started."

## Justin:

[laughs] And then have a cheer routine, a one-man cheer routine worked out to it. This sounds good. [laughs]

# **Travis:**

Make her... make her a mix CD.

#### Justin:

Make her a mix CD of all Black Eyed Peas.

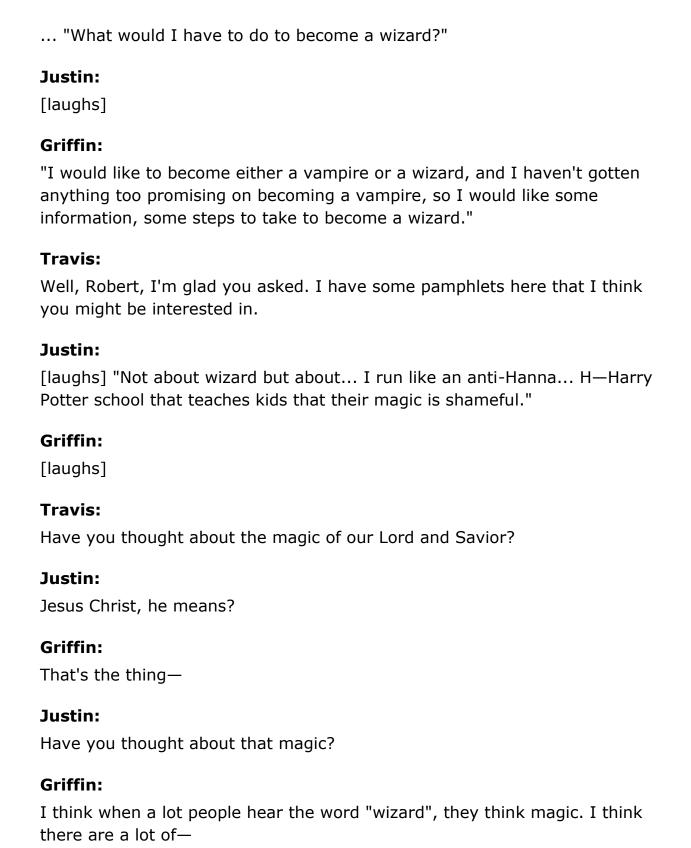
## **Griffin:**

[singing] I've got a feeling...

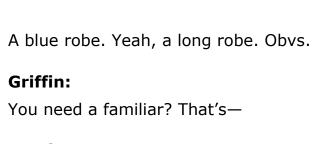
## Justin:

[singing] Homecoming's gonna be a good night.

Griffin: [singing] We're gonna go to Applebee's, and then we'll dance to rap music!
Justin: [beatboxes] From three years ago.
Griffin: [sings]
Justin: [singing] Request Stroke and they don't play it!
Griffin: [laughs]
Justin: [singing] Greatest dance night ever!
[normally] Guys, there's a lot of music in this episode. This is like a musical episode, I think. It's the closest we're ever gonna get.
<b>Griffin:</b> Hey, I've got a, a Yahoo Answers question.
<b>Travis:</b> Okay.
<b>Justin:</b> Please, do tell.
<b>Griffin:</b> It comes to us from Robert Allan Cullen, which is a bad start. He asks—
Justin: [laughs] It's not a good start, but keep going.
Griffin:



Or Star Wars: Episode I.
Griffin: There are a lot of elements of the, of the wizard lifestyle that I think you can adopt without, you know, knowing how to—
Justin: Okay, good.
Griffin: to cast magic.
Justin: Step one, beard.
Griffin: Like, uh—
Justin: Beard up, day one.
Griffin: Beard?
Justin: Get, get Yeah.
Travis: Naked day two.
Justin: [laughs] Naked day two, because you're a wizard. Got to kee—save something.
Griffin: A long robe.
Justin:



# **Travis:**

How are your sleeves?

## Justin:

Hey, your... By the way, everybody in class, your little brother doesn't count as your familiar. Way to put the effort into it. Not. Not at all.

# **Travis:**

And don't spray paint your cat. It seems like a good idea at first, just spend the extra money on the black cat with all the extras.

## Justin:

Yeah, it's worth it for the features. Like the tail you can crank to cast spells.

# **Griffin:**

You need to—

#### Justin:

So that—

#### **Griffin:**

... capture some villagers and lock them in your basement. Um...

# Justin:

Uh-huh [affirmative]. Oh, you're going like evil wiz.

#### **Griffin:**

No, no, no, I mean, that's, that's a natural... Have you... Have you not read *Harry Potter*?

I think you might've been reading like a d—maybe like an offshoot series. [laughs] Did you see... Did you check these out on, uh, harrypotter.info/fanstories?

## **Griffin:**

I actually... I read "Helter Skelter." That's my bad. That's on me.

# Justin:

That's on you.

# **Travis:**

So is, is the theory we're working on here that if you have all the trappings of wizardry, and you do all the things, that magic powers just come? Like you wake up one morning, and your beard is just long enough, and so you can levitate things?

#### **Griffin:**

[laughs] Yeah, have you ever seen, um, uh, The Santa Clause?

#### **Travis:**

Yes.

#### **Griffin:**

Uh, Clause spelled C-L-A-U-S-E, as in like a legal clause?

## **Travis:**

Yeah. Uh-huh [affirmative].

#### Justin:

[sarcastically] Whoa, this is already funny.

#### **Griffin:**

It's kinda... [laughs]

## Justin:

Slow down. I didn't make it past the title. God, Tim Allen, you, you know... He knows exactly where my funny bone is, like surgical-strike style.

# **Travis:**

And what I love is, that really opens it up for sequels.

## **Griffin:**

Mm-hmm [affirmative].

## Justin:

Mm-hmm [affirmative].

## **Griffin:**

"How old is too old to wear skinny jeans for fellows?" Jarret asks.

## Justin:

Well Jarret, what age are you? Because that age.

## **Travis:**

That's like asking when, when, uh, you know, when a fetus is a fetus? When is it a baby? 'Cause the answer is, at conception.

## Justin:

[laughs] Now, if a b—now, if you've got a fetus wearing skinny jeans, we are down with this. Like—

## **Travis:**

That's the coolest baby ever.

#### Justin:

Yeah, but w—we've already come out in favor of babies wearing hipster jeans. [laughs]

Um, I feel like you... ugh, skinny jeans. Okay.

## **Griffin:**

I say screw it, man. If it... If that look works for you, just—just go for it.

I was about to say 30 but, like, I'm almost 30, and I wear skinny jeans on the reg. It's all about what signal you wanna send out, Jarret. If you wanna send out the signal that you're, like... Someone's not wearing those for comfort. They're wearing those because they want to make an impression on people.

#### **Griffin:**

Mm-hmm [affirmative].

#### Justin:

And you're saying, "Hey, I'm putting the effort into it. What's up, ladies?"

## **Griffin:**

I want, I want my fanny meat to look like some Grade-A material.

# Justin:

I want it... and I want it out there on display. I want to—

## **Griffin:**

I'm not ashamed to wear pants that lift and separate.

# Justin:

Yeah. I want it advertised as much as Scott Pilgrim has been advertised. I want it out there like SP.

# **Griffin:**

Hey, hey, come get this butt. Hey.

#### **Travis:**

Now, see... Now, I think you're crossing into a different signal that you might not want to be sending.

# Justin:

Did you want some butt? I've got some for you.

#### **Griffin:**

This butt is yours. Just kidding, it's mine.

## Justin:

This butt you ordered?

# **Griffin:**

I keep it in these skinny jeans.

## Justin:

You want a slice?

## **Travis:**

This butt's for you.

#### Justin:

[laughs] Do you like some... Would you like some butt?

## **Griffin:**

Who gonna carve up this butt?

## Justin:

Who's gonna carve up this butt, for once? Uh, "Several of my friends still dream big," says Jeff from Gmail. "And I have ideas for greater thing... and have ideas for greater things. One always has movie ideas. Another has ideas for opening a café." I don't think that's i— like, that's an idea... Like... And that's not even a particularly clever one but anyway, moving on. "Me? I don't recall having a good idea in years. Years. What can I do to get them think-meat sparks firing?" says Jeff from Gmail.

Jeff, the world can't be full of leaders. There's gotta be someone who shows up on day one with a hammer and says, "Point in the right direction of your dream. Let me help you build it, for an equitable share of the profits."

## **Travis:**

And Jeff, let me take that one step further. Every hero needs his archnemesis. So hang out with these friends and every time they have an idea, you shoot it down.

#### Justin:

[laughs]

#### **Travis:**

You poke holes in every single thing they say. "I have an idea for a movie." [crosstalk]

#### Justin:

They need a naysayer. Right? So they can rub it in their face, like, "Take that, Jeff."

#### **Griffin:**

But the thing is, one has movie ideas. The other wants to open a cafe. I guarantee you those are both terrible ideas, whatever they are. And I guarantee you they will never, ever do those things, Jeff. You need to come up with like, like, good, practical ideas that you will actually use in your daily life, like small victories, like, "I'm gonna make a peanut butter and jelly sandwich with waffles for bread." Like, "Fuck, yeah, awesome idea, Jeff. Go do that."

## Justin:

Yeah, and then you gotta... You got, like, you only need one good idea.

## **Griffin:**

Mm-hmm [affirmative].

#### Justin:

Take Richie Napster. He came up with the idea of like, "Fuck paying for music. Fuck it." And look where he is today. Well, I don't know where Richie Napster is today, but I mean I'm sure he's got a lot of money.

# **Griffin:**

What about... What about Google Jones? [laughs]

# Justin:

Google Jones, another great example. Just invent searching for shit.

#### **Griffin:**

Mm-hmm [affirmative].

That guy had one good idea, "I wanna find some things on the web." It's just a... It's like a big stack of papers before that, just like, piled on somebody's desk, and Google Jones is like, "I need to find one of these papers." And three people had a heart attack just hearing his idea.

# **Griffin:**

[laughs]

## Justin:

Like, "Of course, of course, GJ. Why didn't we think about this before?" And they helped him build it. They helped him build this service, which actually it was called Search-O.

## **Griffin:**

[laughs]

#### Justin:

And then someone was like, "Wait a minute, your first name is Google."

#### Travis:

"Googs, Googs! Use your name, Google."

## **Griffin:**

"Let's call it Jones."

## Justin:

Build on their ideas. If one has a movie about, uh, uh, uh, two buddy cops and they're like both hard-nosed, uh, and, but they're both former presidents, call it *Founding Fighters*. Like, just come up with something—something really dope that—that—that builds on their idea.

## **Griffin:**

Or just steal it.

#### **Travis:**

Or just steal their idea.

#### **Griffin:**

Yeah.

## Justin:

Or just steal it [laughs].

# **Travis:**

That's a great idea. Open up a movie-café.

# **Griffin:**

It's not so much stealing as much as it is like when you, um, when you play Price Is Right, and you bet one dollar over what the person before you bet.

# **Travis:**

So if they do a movie about two buddy cops, you do one about three buddy cops.

#### **Griffin:**

Three buddy cops. That would be actually a really great movie.

# **Travis:**

And just the one cop's in the back seat all the time going, "Can we get like a burger or something?"

## Justin:

"I'm really hungry." Maybe when you're... Maybe when... Like, they... Tell them your ideas, combine them and then shoot them down together. Just say, "I'm gonna make a movie about how your cafe is gonna close."

#### **Griffin:**

"It will do very poorly in the box office."

#### Justin:

[laughs] "Just like another movie I know about. Yours." Uh, Laura from, uh, Gmail, had a... had a story about, uh, her—her boyfriend arguing about, uh, condoms and, and whose job it is, and she basically asks, uh, "We've—we've experienced the wide—world of hookups and dating. Uh, whose job is it to provide the condoms?"

Griffin:
Laura, that's awfully presumptive of you. Um
Justin: [whistles] Griffin has taken a pledge to be chaste until he, uh, he dates someone.
Griffin: T—TLW, ladies.
Justin: TLW, ladies. "True Love Waits." Uh, yeah. Uh The guys.
Travis: Now, see, I went a step further—
Justin: Okay.
Travis: and I had a condom surgically attached to my penis.
Griffin: Oh, God. God.
Justin: Yuck.
<b>Travis:</b> I just try to make Griffin sad.
Griffin: [laughs] I yucked in my coffee cup.
Justin: [laughing]

Griffin:	So you can use it once?
	So you can use it once?
Travis:	
[laughing]	

# Justin:

No, that's the problem. He just keeps using it. [laughs] If it accidentally gets punctured, it's considered a biological weapon. "What is in there? [laughs] What did you do?"

## **Griffin:**

Oh, God.

# Justin:

"You killed 30 people. Why are you standing with your pants around your ankles and a gas mask on? What are you doing?"

## **Travis:**

I'm the new outbreak monkey.

#### Justin:

[laughs] "I'm patient zero. Like, my wiener is patient zero."

# **Griffin:**

"Are you wearing a fanny pack underneath your pants?"

#### Justin:

"Are you wearing your [crosstalk] fanny pack?"

# **Griffin:**

"Oh, I wish."

#### **Travis:**

Oh, Jesus.

"I wish I'd put the forethought into this surgically attached condom." Ugh.

# **Travis:**

See, that's why it was an outpatient surgery.

# Justin:

[laughs] Now, here's my question, Travis. Did—did Blue Cross Blue Shield cover that? Was that a—

## **Travis:**

Um, part of it.

# Justin:

Yeah.

## **Travis:**

It was, uh, it took a lot of paperwork.

# Justin:

Yeah, I would imagine.

## **Travis:**

I had to convince them it was an elective.

#### **Griffin:**

He got... He got jealous of NuvaRings. He wanted... He wanted a similar... a masculine alternative.

# **Travis:**

Yeah.

#### **Griffin:**

Uh, just everyone... Just everyone should carry them. They give them to like middle schoolers. Just everyone, provide them.

I'm confused. Doesn't everyone just have a box of six condoms that they ha—had so long that they don't remember where they came from? [laughs]

## **Griffin:**

Yeah.

## Justin:

[laughs] Doesn't everybody used to have that? 'Cause that's—

#### **Griffin:**

I keep mine in an Altoids tin that has the words "Jimmy Hats" like crudely scrawled upon it in Sharpie. Um, I got it in the fifth grade. A very sexually active ten-year-old. That, that's not true, Dad.

#### **Travis:**

Hey, Laura, here's the answer. Whose job is it? Everyone's. Be safe, kids.

## Justin:

Johnny B. says, "I thought you'd enjoy this tale. I was in Southwest, PA, a few weeks ago for my fiance's family reunion, and while en route to said reunion, I passed by a sign for a road called Jessup Street. The completely mind-blowing thing was that some MBMBAM fan had put a handmade sticker of the word 'Mega' in front of 'Jessup'. Had I been driving, I would have pulled over for a snapshot, and sadly we took a different way home. Hope you guys are doing great." Johnny B.

Johnny B, I'm not sure that's true.

## **Griffin:**

That's totally true. I've always said, "Our shit is poppin' in Southwest, PA."

# Justin:

Yeah—

#### **Travis:**

God knows.

... and Southwest, PA, is probably like the epicenter. **Travis:** I heard they're having an MBMBAM, uh, convention in Southwest, PA. **Griffin:** It's called MBMB... MBPAM. There's a lot of weird letters in there. Justin: Yeah. I don't even know what letters there are. **Travis:** Of course, we weren't invited. **Griffin:** No. 'Cause they know we would've said no. We have too many enemies. **Travis:** They wanted to avoid that embarrassment. **Griffin:** Too many enemies in the Southwest, PA area. **Travis:** God knows that's true. **Griffin:** That's like what? Pittsburgh? Justin: Is it? **Griffin:** I think so.

**Travis:** 

Oh, it's gross. Um, if you're listening in Pittsburgh, I don't really think Pittsburgh's gross. If you're not listening in Pittsburgh, I totally do.

Griffin:
Fuck that city.

Travis:

# Justin:

Yeah.

Yeah, and if you drive into Pittsburgh later, we don't think it's gross. I don't want you to think we're wrong about things because we're pretty much always right.

#### **Travis:**

Yup.

## Justin:

Uh, Formspring, "I've known my best friend for eight years, but we never seem to never talk about our feelings. We're both guys, so I guess that's normal, but I don't think we've ever hugged, not even once."

# **Griffin:**

Aw.

## Justin:

Aw, man. "In tough times, we'd always use texts."

#### **Travis:**

What?

#### Justin:

"What's the..." What? "What's the best way for us to open up? Formspring."

## **Travis:**

I'm confused, like, you're having a rough day and you're like, "Ugh!" and then you text him even though he's sitting right next to you?

#### **Griffin:**

"Hey, Brad, I'm too embarrassed to say this with my mouth, but you hurt my feelings."

# **Travis:**

Now, first of all, let's get past that "We're guys, so it's normal." That ain't normal. Guys, open up. Don't give in to the stereotype.

# Justin:

Love each other, man. What's so... What're you worried about?

## **Griffin:**

I think every... I, I think everyone's allowed to have one... Maybe not... Allowed isn't the right word. Very organically, everyone develops one male friend that they can talk to about the lonely times.

## Justin:

Yeah, when they come. What are you worried about, is my question. Like, if you... If you're... If you're worried that people are gonna think you're undercover gay, like, nothing screams undercover gay more than, "I won't touch another man." Like, that's like, wow, self-hating.

#### **Griffin:**

Just hug.

# **Travis:**

There's a great idea for a movie, by the way.

#### Justin:

Yeah, [unintelligible]. Undercover Gay.

#### Travis:

*Undercover Gay*, the sequel to *The Undercover Brother*.

# Justin:

[laughs]

#### **Griffin:**

I don't I haven't talked about my feelings in close to 12 years, so I—
Justin: [laughs] Shove it down.
<pre>Griffin: I'm probably not the best person to feel [crosstalk].</pre>
Travis: Just bottle it up.
<b>Justin:</b> Bottle it up.
<b>Travis:</b> Um, here's Okay, here's my answer. Just at a really random time, just hug him. Just grab him—
<b>Griffin:</b> Yeah.
<b>Justin:</b> Yeah.
<b>Travis:</b> and hug him and whisper in his ear, "Don't let this be weird." [laughs]
<b>Griffin:</b> Perhaps at a ballgame?
<b>Travis:</b> Yeah.
Griffin: I like that.
Justin:

Or maybe, maybe you're sitting front row watching Chris Kattan in *Undercover Gay* and you just hug him and think, "Uh, I love you."

# **Griffin:**

"Thanks for getting me out of the house, Brad. Come get this."

# Justin:

Hug. "Come get what I made."

## **Travis:**

[laughs] "Come in here. Come in here."

# Justin:

"How do these... Hey, Brad, how do these skinny jeans look? Gimme a hug."

## **Griffin:**

"I got you this hug. Now carve this butt."

# Justin:

"Carve my butt, Brad! Carve it!" If you didn't [crosstalk]—

## **Travis:**

Not in a gay way, though.

#### Justin:

"Not in a gay way, just carve my butt, like, in a straight, just bros' way."

## Justin:

"If you didn't answer my question on the show, will you respond eventually?" says Formspring.

#### **Griffin:**

Um, oh, boy.

#### Justin:

Hey, folks, you can still put your name on a Formspring question, okay? [laughs]

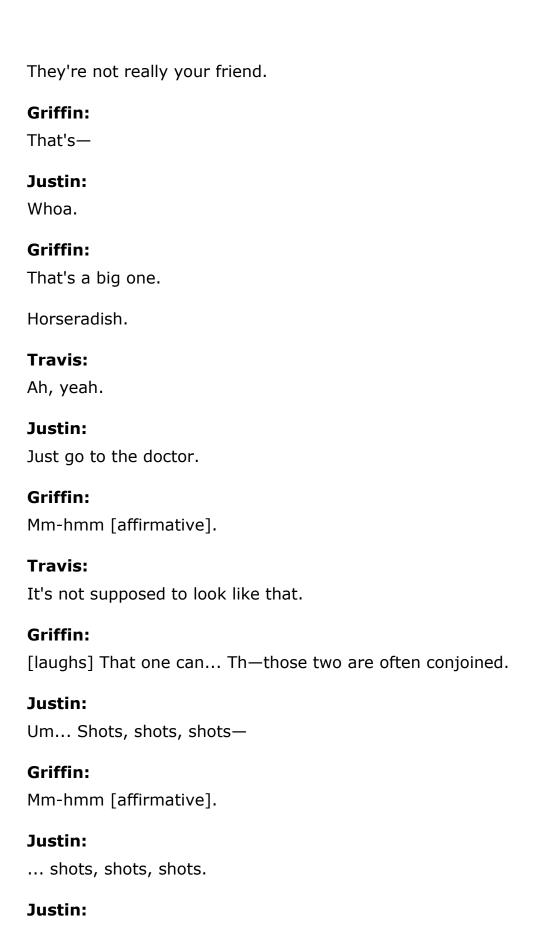
Travis:
Uh, here's, here's my suggestion. Um, send it again.
Griffin: Yeah.
Justin: Whoa. Well, that's gonna open yourself up to—to a lot of, uh—a lot of work isn't it?
<b>Travis:</b> I'm man who lives in the now, Justin.
Justin: Yeah, lives in today?
<b>Travis:</b> I don't worry about what happened yesterday or even three seconds ago.
Justin: What?
<b>Travis:</b> I have that <i>Memento</i> disease.
Justin: [laughs] "I have Mementitis." [laughs] Um, yeah, this If you think you got If it's still pressing, like, if you really need help, send it again. We'll see what we can do.
<b>Griffin:</b> But, but otherwise, probably not.
Justin: Probably not.

**Griffin:** 

We—
Justin: We get a lot every week.
<b>Griffin:</b> We do.
<b>Justin:</b> Uh—
Griffin: I was thinking that we could, uh—
Justin: We read them all.
<b>Griffin:</b> We do read them all. We promise that. Um, but I was thinking that what we could do is find one blanket answer that we can apply to just large swathes of questions, um—
<b>Justin:</b> Okay.
Griffin: that, that are similar. Uh, maybe not one blanket answer, but like a handful of blanket answers to—to some of our most commonly asked questions.
<b>Travis:</b> Okay, well I cull through a lot of the, the questions, so do you want me to give you guys the questions and you give me answer?
Griffin:
I don't even think we need the questions. I think we can just—

**Travis:** 

Okay.
Griffin: just say the answers, and the people who ask the questions will know. Like here's—
Travis: Yeah, okay.
<b>Justin:</b> Okay.
Griffin: Here's I've got one. Just kiss her, dummy.
<b>Travis:</b> That's a good one.
Justin: Yeah, just kiss her, dummy. Yeah. That Wow. That, that takes care of a lot of it. Doesn't it?
Griffin: Mm-hmm [affirmative].
<b>Travis:</b> Yeah.
Justin: Uh Just quit already.
Griffin: Ooh, yeah.
Travis: Oh, that's a good one.
Travis:



That covers everything, right?

# **Griffin:**

Yeah, that's just about it.

# Justin:

Those are like the—

# **Travis:**

I have one more.

### **Griffin:**

Okay.

## **Travis:**

Stop talking about masturbation you, freak. You're freaking everybody out.

## **Griffin:**

You fucking weirdos. We asked! We asked so nicely, "Don't be creepy anymore."

## Justin:

We asked specifically.

#### **Griffin:**

And the next... The fucking next week, it was like, "Hey, I made a poop and masturbated it." You broke both rules! You broke both rules.

## Justin:

"Hey, I masturbated my poop. Is that cool?"

#### **Griffin:**

"I made a poop, and I masturbated on my poop, and then I looked at it. Here's a picture."

## Justin:

"Deal with it, Holmes."

Uh... "I... [laughs] I seem to have a lot of making and maintaining eye contact with other people during conversations. Any advice?"

# Justin:

Oh my god, I do the same thing.

## **Griffin:**

Yeah, me too.

## Justin:

I don't have advice.

## **Travis:**

No, here's what, uh, I—

#### Justin:

I need your advice.

## **Travis:**

I've cultivated like this... I—I look off of their shoulders and try to look really thoughtful and pensive, so they're thinking, "Oh, he's having big ideas," but really, I'm bored. I'm just not listening to what you're saying.

# **Griffin:**

I make up for it, though.

#### Justin:

Hey, Travis... Hey, Travis, as somebody who's known you for your entire life, we're on to you. Okay?

# **Travis:**

Aw. Dammit.

# **Griffin:**

[laughs] I make up... I make up for my lack of eye contact by keeping in constant physical contact with everyone I ever talk to. Either—

## Justin:

Just have a hand on the cheek?

# **Griffin:**

Just a hand on the cheek, just constantly brushing hair away from their eyes and behind their ears, or—or holding their hands or giving them like a light massage.

## **Travis:**

Here's what you need to do, just unwavering eye contact.

## **Griffin:**

Yeah.

# **Travis:**

Intense, burning—

## Justin:

You're testing yourself, remember.

## **Travis:**

And if they try to look away, you start screaming, "Don't look away! Don't look away!"

## Justin:

[laughs] Uh, it's like a firm handshake, staring somebody down. And it's important that you establish that dominance, I think.

## **Travis:**

Yeah.

# Justin:

"I need help learning how to cook," says Thomas from Gmail. "The only thing I know how to *cook* is the..." [laughs] That's what it sounds like when I say quotations—

#### **Griffin:**

"Cook!"

## Justin:

... apparently.

#### **Travis:**

[laughs] "Cook!"

## **Griffin:**

"Cook!"

#### Justin:

"...is microwavable foods and tasty sandwiches." Both good. "I have mastered both these cooking techniques, but I need to know how to cook actual meals. I'm getting to the point where I will move out and live on my own soon. Are there any recipes or websites you could recommend me? Thank you for the help," says Thomas from Gmail.

## **Travis:**

Before we get into funny things, I have a real answer that started my cooking, uh, journey. There's a series of books called *A Man, A Can, and A Plan; A Man, A Can, and A Microwave*; and *A Man, A Can, and A Grill*. Find these books. They're all like six-ingredient recipes that take about 15 minutes. They are delicious, and they are impressive. Go buy these books.

#### **Griffin:**

And they will give you diabetes. [laughs]

#### **Travis:**

And they will give you the diabetes.

## Justin:

Uh, you know what? It really is about, um, is about just trying it. I mean, uh, what you can do is watch, uh, you watch Food Network, and then just pick something that looks fairly easy and just, just try it.

#### **Travis:**

And if, if you are a novice, "Good Eats" spells it out plainly. It's very scientific and—

## Justin:

Yeah, "Good Eats." Alton Brown writes some good books. You can check those out.

## **Griffin:**

Um, otherwise, I will say pasta.

#### Justin:

Oh, yeah.

#### **Griffin:**

Pasta is easy to make. So, so easy. You can make like noodles, and you buy some sauce, comes pre-pro, and then you, you dump the sauce on the noodles, maybe some—some vegetables that you can steam in, like, a bag in the microwave. See, you're using the skills you already possess.

## Justin:

Also, you know who... You know what's great? Uh, search on YouTube for "Starving with Louis". Um, that's a—a friend of mine who does, uh... He—he does sort of like college cooking, but it's sort of like that fir— like evolving from ramen and stuff to—to—to not ramen. Uh—

#### **Travis:**

[laughs] Nah-men.

## Justin:

[crosstalk] and he's got Suicide Girls on there sometimes, so it's good stuff.

#### Travis:

For the fellas.

### **Griffin:**

So that's—

#### **Travis:**

If nothing else, pick out an ingredient that you're interested in like, "I bought this eggplant," and then go online and search eggplant recipes on the internet.

#### **Griffin:**

But make sure whenever you... whenever you announce that ingredient, you do it like the guy from *Iron Chef*. [shouting] Eggplant!

## **Travis:**

Eggplant!

#### Justin:

Especially if you're alone in your kitchen. That will make... That will make the lonely times worse.

#### **Travis:**

Or standing in the middle of the supermarket.

## Justin:

[laughs] "Eggpl—" Just go down the row.

#### **Travis:**

And then take a bite out of it.

## Justin:

"Cucumber!"

#### Justin:

Um, so wanna hear Griffin's last question. It's always a doozy. But a few, uh, housekeeping things, uh, you can... If you wanna ask a question, you can log onto mbmbam.com. We have all the methods there. Uh, we, uh—we're gonna get a new site soon, hopefully. We're working on that right now for you.

Uh, if you have any requests, you can of course email them to mbmbam@gmail.com. There are still plenty of T-shirts, if you'd like to

purchase those. Uh, the—uh, the logo T-shirt, we'll probably keep, keep making some version of. The, um, the, uh, Jeffrey T-shirt, not, not so much.

## **Griffin:**

Limited edish.

## Justin:

Lish... Limited edish. So if you want one, get it. Is there anything else?

#### **Griffin:**

Uh, thanks? Thank you.

## Justin:

Oh, my God. Thank you, of course.

# **Griffin:**

So much.

## **Travis:**

We're, we're nearing up on, uh, 200,000.

## **Griffin:**

Yeah, last week was our biggest download day by, like, a thousand. I don't know what—

#### **Travis:**

Yeah.

## Justin:

You guys are nuts. You guys are nuts.

# **Griffin:**

... but you guys killed it. You guys knocked it out of the water.

#### Justin:

And—and we, we really appreciate everybody dropping, uh, quotes and, um, and, uh, just promoting the show, helping out. Uh, uh, Twitter user

mybeautifulliar, uh, helped—helped spread the word this week. Um, Tony Lemon, he's out there doing God's work, telling people about MBMBaM. Uh, we appreciate it, seriously. You guys have no idea.

## **Travis:**

Also, I would like to thank, uh, my friend Alex Goodrich, uh, sent me a question from WikiLinks, uh, Wiki... excuse me, WikiAnswers, that I think is gonna be a whole new venue that we can travel down—

# **Griffin:**

Oh, boy.

# **Travis:**

... so I wanted to say thank you for that.

# Justin:

Uh-oh.

## **Griffin:**

Can't wait for that.

#### Justin:

Uh-oh.

#### **Griffin:**

And, and if you get a second, if you wouldn't mind subscribing on iTunes if you haven't already done that, and leaving a rating or a review on iTunes, 'cause when you do that, we... it helps us, like, move up the iTunes rankings, which helps even more people find our show.

#### Justin:

Yeah.

## **Griffin:**

Just if you get a second. I know you're busy, but—

#### Justin:

And tell everybody to download it on Monday.

## **Griffin:**

Mm-hmm [affirmative].

## Justin:

And, and when we do that, we go up. That's good. Because that—that's, uh—that's the only way we're gonna get huge.

## **Travis:**

And start contacting your local, uh, NPR station—

## **Griffin:**

Mm-hmm [affirmative].

#### **Travis:**

... and ask them why they don't carry our show.

## **Griffin:**

See if you can get us up on that shit.

#### Justin:

Yeah, and ask your local county commission why they don't have an official *My Brother, My Brother and* Me Day, while you're at it.

## **Travis:**

Just think about it.

#### Justin:

Griffin, grace us.

#### **Griffin:**

This, uh, this Yahoo Answers question, it was sent in by fan of the show, Declan, which is just really, really cool.

#### **Travis:**

The greatest.

#### Justin:

Oh, oh, wait! Before you read it, I got a letter from Tristan. He's doing great, but it sounds terrible what he's doing. It sounds really hard.

## **Travis:**

Finally, boot camp? Really tough.

## Justin:

Boot camp, really tough, but Tristan's doing well. For people... You can, uh, write him. I think his address is in the Facebook group. Anyway. All right. Good. Sorry.

### **Griffin:**

Thank you, Tristan.

#### Justin:

Thank you, Tristan, for your service. Freedom.

# **Griffin:**

Thank you, and thank you Declan for your service of sending in this question. Uh, this one is from Yahoo Answers user Chris, uh, who asks, "How do I get help with the legalization of zoophile marriage?"

# Singer:

How am I supposed to freak to this?

#### Justin:

Oh, God. I'm Justin McElroy.

#### **Travis:**

I'm Travis McElroy.

#### **Griffin:**

I'm Griffin McElroy.

#### Justin:

And this has been *My Brother, My Brother and Me*. Kiss your dad square on the lips.

# Singer:

You will never know me.

[end theme music plays]

# **Griffin:**

Hey, everybody. Sorry we forgot to mention it during the show, but JPhonic has a new jam, uh, untitled? I think. But, it—it's, it's so fresh and, uh, and we have put it in the show. So, uh, as a reward for sticking around, a little post-credits bonus, here is JPhonic's MBMBaM Rap, number two.

[rap music plays]