MBMBAM 008: Steak-O

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[theme music plays]

Justin:

Carve another notch in your bedpost, you've done it. You've— you've made time in your week for us. My Brother, My Brother and Me. Uh, this an advice show for the modern era. I am Justin McElroy.

Travis:

I'm Travis McElroy.

Griffin:

I'm Griffin McElroy.

Justin:

And this has been My Brother, My Brother and Me. The end.

Travis:

No, it's the beginning.

Griffin:

Have a great week.

Travis:

Have a great week. It's the beginning. Don't worry about it.

Griffin:

Can we address...

Justin:

Okay.

Griffin:

Just right from the get.

I'm addressing it.

Griffin:

We fucked up.

Justin: Taking it head on. Fucked up.

Griffin: We fucked up.

Travis: We done fucked up.

Griffin:

We-

Justin:

We done fucked up.

Griffin:

We done y'all wrong. This show is like, two weeks old. It's like a two week—old infant, and we— we went ahead, and we done skipped a week.

Justin:

We done skipped a week from-

Griffin:

Can we- can we accept blame?

Justin:

Memorial – Memorial Day. What's up?

Griffin:

So, we're blaming Memorial Day for our malfeasance?

Travis:

Mm-hmm.

Justin:

Yeah.

Travis:

Memorial Day caused us to forget.

Justin:

Yeah, we forgot to make the show for you.

Griffin:

Right. Um-

Justin:

For that, I'm eternally sorry.

Griffin:

I wanna apologize 'cause we, I expected like, we skip a week and then, all the love falls out the bottom, and we lose— we lose all the love, but I— I did a Twitter search for the title of our show yesterday as I am want to do, and still just a lot of people support. A lot of questions, not a lot of anger, mostly just sorrow. And I wanna apologize firsthand for that.

Justin:

A need, a deep hunger was the theme.

Travis:

I wanna deeply. I wanna personally, deeply apologize to Little Babkins.

Griffin:

Aw.

Travis:

He's a waifish young lad who lives on the streets.

Griffin:

He was heartbroke.

Travis:

He was. It hurt, I'm so sorry, Babkins. We'll send you-

Griffin:

But can-

Travis:

... some new matchsticks.

Griffin:

Can we just say, make it official, episode 008, right now, official decree, we will never miss another week ever again.

Justin:

[laughs] Until we die.

Griffin:

Until we die, and even then, we'll get two more shows out.

Justin:

Yep, ghosts. Ghost shows.

Griffin:

[whispers] Ghost shows.

Justin:

Here's our first question. It comes to us from forspring— Formspring. Formspring questions are anonymous. Uh, if you wanna send a question to us, listen to the end of the show, we'll tell you how. Uh, I've been seeing this girl lately, and every time we have plans to hang out, she bails on me. If we don't make plans and I tell her I'm just gonna show up, she's cool with it. Is this a case of, plans are meant to be broken or is it something more? Oh, my friend.

Griffin:

I didn't know that was an idiom.

Travis:

That's not a thing.

Justin:

It's not an idiom.

Griffin:

No, dude. "Plans are meant to be broken." No actually.

Justin:

No.

Griffin:

That's kind of counterintuitive to what a plan is.

Travis:

Here's my quest-

Justin:

[laughs] They're asking to people do things, if plans.

Travis:

What's the difference between making plans and telling her you're going to show up? Is that not a plan?

Griffin:

[laughs]

Travis:

Is that not a thing?

Griffin:

It seems like an awfully narrow distinction.

Justin:

I think it seems like, if you and I, what it sounds like to me is, "You and I should go somewhere."

"Okay, cool. Um, I'm not gonna do that."

Travis:

[laughs]

Justin:

"Okay, well, I'm gonna be at a place, are you gonna be at that same place?" "Uh, we'll see." Like, I think maybe she just is not necessarily into this relationship right now. I think—

Griffin:

Or maybe she just loves scavenger hunts.

Travis:

[laughs]

Griffin:

Have we considered that?

Justin:

Maybe. Maybe she likes to pretend, uh, it's serendipitous that the two of you have ended up in the same locale.

Griffin:

She doesn't want to meet you, she wants to find you.

Travis:

Um, and a lot of times, we try to tell us ourselves with stuff like that like, well, maybe she's just the type of person that breaks plans and she's all willy-nilly and crazy, and out... No, she just doesn't wanna hang out with you.

Justin:

She is a type of person. She's the type of person who doesn't particularly care for you so much anymore, but hey.

Griffin:

Hey, guys. But hey.

Justin:

Hey.

Griffin:

Plans are meant to be broken.

Justin:

Hey, they are. It's a fact. Hey, guys. My— my GF, I'm a different person now. My GF is always wanting to go out to dinner, but she expects me to romantically choose where to eat and pay, except, despite the fact that she pretty much always eats steak no matter where we go. Also, money is tight. Should I cave to her in advance?

Um, my suggestion, plan on a really fancy dinner and tell her about it, and then don't go. And she'll look at you like, what? And you'll be like, "Plans are meant to be broken."

I, can I just say how much I love the concept of romantically choosing [laughs] where to eat dinner? Like—

Travis:

"Mmm baby."

Griffin:

"Baby, baby girl,"

Travis:

"Baby, girl."

Griffin:

"I've been thinking about it for a long time but-"

Justin:

No, this is the thing. Girls want-

Griffin:

"I think Golden Corral."

Travis:

"Golden Corral, girl, you wanna get some of them hot buttery rolls?"

Griffin:

"Sensual rolls?"

Travis:

"Sensual rolls."

Justin:

Um, no. She wants— she wants you to be in charge like a man and say, "This is where we're going tonight, Steako."

Griffin:

[laughs] Also, start calling your GF Steako. She'll love it.

Justin:

Also, start calling your GF Steako. She'll love it.

Yeah, that might be the best advice you've ever given.

Travis:

Uh, and also, don't let your girlfriend eat steak everywhere you go. What is the matter with her? It's not healthy.

Justin:

[laughs]

Griffin:

Take her to a, like a vegan restaurant and see if like, her head implodes.

Justin:

Next time she choo— buy— buys steak, just cough and be like, "Please, choose another option." Cough. "Please choose the chicken."

Griffin:

Are you-

Justin:

She'll have the chicken.

Griffin:

Are you dating a caveman? Maybe.

Justin:

Maybe you should romantically-

Travis:

Or a feral wolf.

Justin:

Maybe you should romantically order for her.

Travis:

[laughs]

Justin:

She'll have the chicken. Thank you, mar- gar- garcon.

Travis:

As dry as possible, please.

Griffin:

Another Formspring question. Uh, does my best man have to be a man?

Justin:

Hm.

Griffin:

My closest confidants are all female and I have just casual, mostly uncaring relationships with the majority of guys in my life.

Travis:

His closest what?

Griffin:

Confidant.

Travis:

Okay.

Griffin:

That's how they say it in [bad French accent] France.

Travis:

[laughs]

Griffin:

Um... I don't— I don't know. That's awfully progressive.

Travis:

I don't have a problem with it one bit.

Griffin:

Yeah.

Justin: No, you wouldn't.

Travis:

Well, I have a lot of female friends.

Griffin:

Right, but we'll never have to deal with this because we— we've already agreed that we're gonna be each other's best men. Like—

Travis:

This is correct.

Griffin:

Like, we've— we've signed that blood pact. I forget how it breaks down.

Travis:

I'm Justin's, Justin's yours, yours mine.

Griffin:

All right.

Travis:

Mm—hmm.

Griffin:

What if like, Steve Guttenberg rolls up the day of my wedding, is like, "Hey, I could, I'm, you know, I've got like two hours to kill, could I do it?"

Justin:

That's fine, that's fine.

Griffin:

Would you understand, Justin? You wouldn't-

Justin:

Oh, oh. What, for the Gutte?

Travis:

Yeah, when the Gutte's in the-

Justin:

The only thing I would wish is that, we could be co-best men and I could go to Things Remembered and have a— a co-best men necklace made, that would be broken into two parts with two separate chains.

Griffin:

So, it'd be like a— it would be like a dead hooker [laughs] or a dead stripper and one of you would get one part and one of you'd get the other and when you link it up, it shows...

Justin:

That you were co-best men, right.

Travis:

Um, I just realized—

Justin:

Also, I want to kill a hooker with Steve Guttenberg.

Griffin:

[laughs]

Travis:

Once again, we created the greatest movie idea ever. Uh, the new Steve Guttenberg vehicle Co-Best Men.

Justin:

[laughs] That sounds like a Adam Sandler movie.

Travis:

Three nights and a dead stripper.

Justin:

Steve Guttenberg and Dave Coulier. Kevin James and Adam Sandler in: Co-Best Men.

Griffin:

Hey guys.

Justin:

"You can do it!"

Griffin:

Can we— can we get this guy some real advice?

Yeah.

Griffin:

I— I think it's okay.

Justin:

Yeah, it's fine.

Griffin:

But make her wear a tux.

Justin:

Hey, can I say this? It's your wedding, so tell everybody to eat a biggin.

Griffin:

Yeah. Would y— what, in this scenario, would you have to refer to her as best man still?

Justin:

I would say best woman, 'cause that would be weird.

Griffin:

Really? I think I would still go with best man.

Travis:

Here— here's some other advice, dude.

Griffin:

I was kidding about the tux, but I think—

Travis:

Talk to your fiance first.

Justin:

Gender— gender— gender switching is not that, Sydnee had um, uh, guys in her party, but they weren't bridesmaids, they were bridesmen.

Travis:

Yeah.

Mm—hmm.

Justin:

So, I would say g-

Travis:

Can you make groomsmen, groomsmaids?

Griffin:

I had to walk down— I had to walk down the aisle with one of them. Holding hands.

Justin:

It may be best maid. I don't know.

Travis:

Yeah.

Justin: Best lady. Best lady.

Travis: That sounds right.

Justin:

You should— you should prolly marry your best lady.

Griffin:

Yeah, I mean-

Justin:

You know what, actually, ooh.

Griffin:

You have to realize that that's what's gonna happen, like-

Justin:

Ooh.

... day of the wedding, right before you get cold feet, and then-

Justin:

Ooh.

Griffin:

... your- your- your lady friend, you know, confesses her- her-

Justin:

You know what, your wife might have a problem with that.

Travis:

That's what I'm saying.

Griffin:

Gee.

Travis:

Talk to your fiance first.

Justin:

My official advice is, I don't know.

Griffin:

Is your best woman going to be Jennifer Lopez? 'cause if so, dude, you're definitely going to— to switch over at the last second.

Justin:

Yeah. Hey, you know, guys, I have this problem. Every time I talk to some stranger on the phone, they mistake me for a woman. What can I do in the future to prevent this? I don't drink whiskey or smoke, so forget about that. Oh, well—

Travis:

Are you-

Justin:

Yeah, are you 12? That you don't drink whiskey or smoke?

Travis:

Um—

Justin:

Maybe pick up one of those and we'll meet you half way.

Griffin:

Could I suggest either, saying your name, but what if your name is like, Aaron? AA Aaron.

Travis:

Ooh.

Justin:

Ooh.

Griffin:

And that doesn't help the matter at all. So, to— to cut any confusion, I would say, um, just call a person up, and they say, "Hello," and you say, "Hi, this is Aaron, *man*. Can we—"

Justin:

[laughs]

Griffin:

"Hi, this is Aaron, I'm a fella, and let's keep going."

Justin:

"I'm known dude, Aaron." You should do-

Griffin:

"Hi, my name's Aaron, got a wiener, can we talk?"

Justin:

[laughs] uh, my— my suggestion, would obviously be to talk like Christian Bale from the Batman movies, no matter what the—

Travis:

[deep voice] "You've reached Aaron,"

Justin:

[deep voice] "Check in. I wanna check— check my long distance minutes."

[laughs]

Justin:

"I'm not wearing hockey pants."

Griffin:

Or just go with it.

Justin:

How about robot voice?

Griffin:

'Cause that's not— that's not your problem, if they think you're a woman. That's— that's their problem and their embarrassment when they realize the faux pas they made. That's a power play, dude.

Justin:

Some people are, pay big money to live life as a woman, and you're getting a little taste of it for free.

Griffin:

If you could do, you could leverage that, if you were, uh, in the— the— the telemarketing industry, leverage it in the sense that, I think female telemarketers probably are more successful than dudes 'cause they can call up lonely dudes and— and you know—

Justin:

Isn't it tele-

Griffin:

... you can get a foot in the door.

Justin:

... telemarketresses?

Travis:

Mm-hmm.

Griffin:

Telemarket— tr— telemarketrinas.

Justin:

Telemarketrinas.

Griffin:

Um, so yeah, just go with it.

Travis:

I believe they're called flight attendants.

Justin:

[laughs]

Griffin:

I've known a girl for a while and since I got back from college for summer, we've been hanging out a lot, but I'm not sure if I can make it a relationship because we go to school 100 miles apart. Advice.

Justin:

100 miles ain't nothing.

Griffin:

100 miles is a— a pretty long distance actually.

Travis:

No, it's like two hours.

Justin:

I say, don't date a girl who lives farther away from you than you can throw something.

Griffin:

I was gonna say that you could walk to, but— but that's probably better.

Justin:

Could you throw, in a- in a pinch, I could throw a Shot put 100 to 150 yards. That's why my- my wife lives with me in my house.

Griffin:

What, how far do you think you could throw a baseball?

Yeah.

Travis:

About five feet. Um-

Justin:

Probably fit— 50— 50 feet.

Griffin:

You think you could clear it from the mound?

Justin:

I'd get—

Griffin: The presidential pitch?

Travis: Yeah. Fuck yeah.

Justin:

Oh, yeah, I'd get over home plate.

Travis:

 $I^{\prime}d I^{\prime}d$ do it like Rookie of the Year, and they'd like hire me on and funky butt loving.

Griffin:

Funky butt loving?

Justin:

Funky butt loving?

Travis:

Rulon Gardner.

Justin:

What?

Travis: Um, here's my advice.

Griffin:

Would you give him the high stinky checker?

Travis:

Yes, I would. Indeed, I would. Um, this young person has already answered their own question. You don't think you could make it a relationship. Guess what? You're not gonna. Um, you would know.

Griffin:

No, he's— he's unsure if—

Travis:

Yeah, but he would know. 100 miles-

Griffin:

That's— that's why he contacted us.

Travis:

... isn't like a cross country trip. If two hours isn't worth it to you then, I think you've already answered your own question.

Justin:

Real life is gonna work really hard in every relationship, to— to— to try to tear it down. If you're not sold on it from the jump, it's not gonna pan out. If she's the one, you wouldn't be asking us this question. If you were sure about it, you would, and trust us, the reality of a long—distance relationship is way harder than you think it would be.

Travis:

Mm-hmm.

Justin:

100 miles apart, you know where I live 100 miles from? Fucking, Kings Island. I don't get there, up there as much as I'd like.

Travis:

That's true, and you love Kings Island. That's a relationship you want to make work.

I do. I love the viking— the viking fury, I want to make that relationship work. It's a beautiful boat.

Griffin:

Uh, let's do one from Yahoo.

Justin:

Please.

Griffin:

Uh, this one comes from Chris D. Chris D. Says-

Justin:

Chris R?

Griffin:

Not Chris R. Chris D.

Justin:

Okay, you're funny.

Griffin:

"Plea- please help. Where should we make out?"

Justin:

[laughs]

Justin:

"Well, me and my girlfriend are both going into 9th grade. We're both 14 and she wants to make out. Where should we make out? And this is my first make out, so any tips would be great. Thanks."

Justin:

On the mouth.

Griffin:

"I heard like during a— I heard like during a movie in the theaters, but I don't know. Any places would be great. Thanks. Easy 10 points."

Justin:

I think, if any places are great, you should stop worrying about it so much.

Griffin:

No, I, dude, you can't... has it been so long since you went into 9th grade and were about to have your first make out sesh, that you can't recall the mortal terror that is involved with— with finding a locale for this— this to go down?

Justin:

Oh my God, this is hard. Now it's suddenly hard.

Travis:

Um—

Griffin:

Yeah, 'cause I can recall exactly, and I also recall the um— the uh, unorthodox solution that I came up with.

Justin:

Oh, Christ.

Travis:

Come on.

Griffin:

Uh, in, it was in Ritter Park.

Justin:

Okay.

Griffin:

Which is a park, uh, that was a few blocks from my house in— in our hometown of Huntington, West Virginia, and uh, there's a— there's a little, uh, concave, like a little uh, circle, a little stone circle of benches that's kind of hidden beneath the shady trees, but I think that that circle was constructed as a— like a monument to like AIDS— AIDS, things.

Travis:

Yes, it's the AIDS circle.

Griffin:

Which is probably, I don't know-

Travis:

Romantic.

Griffin:

Disrespectful. Maybe not romantic. Maybe not the most romantic thing I've ever done in my life, but you have to get your make out on and you have to do it in a place where your folks won't catch you.

Justin:

Did you wrap it up?

Griffin:

Oh—

Justin:

'cause that— 'cause that would've been disrespectful if you had—

Griffin:

Yeah, yeah, definitely, definitely. I was, I played it smart even at 14.

Justin:

I find dens.

Travis:

Yeah.

Justin:

Dens and basements.

Griffin:

Oh, basements are-

Justin:

Dens and basements are awesome.

Travis:

Friends' tree houses.

Justin:

Parent— parents can't stay up forever, dawg. They're old. They're old. I'm almost parent age, trust me. We can't stay up that long.

Griffin:

Um—

Travis:

You'll outlast them.

Griffin:

Movies? I— I don't think I've, I never, ever, ever got fresh in a movie 'cause I like—

Justin:

If I see you making out in a movie, I'm gonna fucking smack you.

Travis:

Yeah, it's the least classy place.

Griffin:

If you're gonna do it, sit— sit in the back, and like don't, 'cause people paid so much money to go to that movie. They don't need to hear your— your smacking and— and—

Justin:

It's in 3D.

Griffin:

[laughs]

Justin:

[laughs]

Travis:

Yeah, here's the thing, dude. Right now, you're paying-

Justin:

Those kids are so close.

Travis:

You're paying 12 bucks to get into a movie, 15 bucks. Don't waste that money making out, watch the damn movie. That's \$15.

You're halfway— you're— you're halfway to a cheap hourly motel.

Travis:

Yeah.

Griffin:

Unless the movie's really bad and you can add some humor to it, like you know, "Train My Dragon".

Justin:

Ooh.

Griffin:

If you're in the middle of... Although I heard that was actually pretty good.

Justin:

Hey, I like that one.

Travis:

There are people like me that will sit uncomfortably close to you, so that you are not able to do that.

Justin:

[laughs]

Griffin:

Uh, on the note that I just brought up, I wouldn't do it in like, a kids movie.

Travis:

[laughs]

Griffin:

Don't go to like a G rated movie and then, yeah.

Travis:

Some of us have made out during Toy Story 2.

Justin:

Okay.

Travis:

Yeah, it was creep.

Justin:

Clever.

Griffin:

[laughs]

Justin:

Uh, Dear Podcast. Okay. Kind of inhuman, but whatever. Last night, I went to my friend's 21st birthday party, when suddenly, his girlfriend, who was very drunk, told me she had feelings for me. I don't feel the same about her. So, my question is, how do I or even do I, tell my friend? Okay, hold on. You're at—you're at your friend's birthday party. His lady tells you, she has feelings for you. You don't have feelings for you. I get— I get— I, guess what you got, buddy? You got a little something I like to call, a non—problem.

Travis:

Yep.

Griffin:

Yeah [laughs].

Justin:

You do not have an issue [laughs] that you need to address. Trust me on this one.

Travis:

Here's — here's the important little segment there. She was very drunk.

Griffin:

Doesn't matter.

Justin:

I say things.

Griffin:

It surfaced, guys.

I say things you wouldn't believe.

Griffin:

It's astonishing how many questions we get, where my answer is just, pack up and move away—

Justin:

[laughs]

Griffin:

And never talk to anyone in that vicinity ever again, because that's literally the only— the only solution I have for this. Maybe that's why I've been such a— a globetrotter these past few years, I just—

Justin:

You keep messing up social situations, so you gotta move? [laughs]

Griffin:

This is, in my mind, this is unfixable and you have to get out of there.

Travis:

It's called a global reset. Um-

Griffin:

You can either stick around, don't say anything, and then have it be awkward forever or you can tell your friend and he'll get mad at you and—and—

Travis:

Yeah.

Griffin:

You know.

Justin:

Here's what I'd do— here's what I'd do if I was you, uh, don't— don't say anything but whenever you're at, but frequently ask your friend how his relationship's going, and then when he an— answers you, you say, "Oh yeah?"

Travis:

[laughs]

Justin:

"Cool."

Griffin:

Oh really?

Travis:

I guess.

Griffin:

Can I suggest-

Justin:

That's weird.

Griffin:

... a— a honey pot scenario?

Justin:

Uh oh, the honey pot.

Griffin:

Where you, um, you tell the friend and then, if he doesn't believe you, be like, "No. No, no, check it out," and then, you— you get the friend drunk... No, well, no, that's exploited— exploitative, but you, you know, get her to—

Justin:

You— you were gonna suggest a baiting situation, right?

Griffin:

Yes, get— get her to confess those feelings again.

Justin:

Yeah, I like that.

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Only, like, you— you're wearing a wire or your friend is like, hidden in the closet.
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Justin:

Yeah, and ask her about the new package. Ask her, um, and ask her where Omar is. Uh, Omar and Jennifer.

Travis:

 $\mathrm{I}-\mathrm{I}$ assume that's a joke that you get that we don't 'cause we haven't watched The Wire.

Justin:

Yeah, um-

Travis:

You need to talk to your friend's girlfriend is what you need to do.

Justin:

No, you don't need to tell on shit. People don't wanna hear about things. They don't wanna talk about it.

Griffin:

Your two options are honey pot or move the fuck away.

Travis:

You gotta change your name.

Justin:

You gotta move or you honey pot. Change your name. I'm gonna switch— I'm gonna switch these Gmail— Gmail questions 'cause these people have their names on them.

Griffin:

Yeah.

Justin:

Ender.

Griffin:

Oh, that's a good start.

Travis:

I know, right.

Justin:

Ender writes, "Tons of people I went to high school with are already about to get married or are married, and I've only been out of high school for two years. What am I missing here?

Griffin:

Nothing, dude.

Justin:

A girlfriend.

Travis:

Yeah, let me throw in a little side note here. This email comes to us from Utah. I don't know if that changes your outlook on this, but it does for me.

Griffin:

So, they get married like six years earlier than probably the median age in the nation.

Travis:

Uh-huh.

Griffin:

Would, I think that's a fair figure.

Justin:

What you're missing is a partner to go through life with, and you're— you are going to die alone.

Griffin:

No. No.

Griffin:

Ender, you're not missing anything, dude. You're 20 years old. You're kicking it, living it large in Utah.

Justin:

Yeah. Going to jazz games.

Travis:

Listening to jazz games and-

Griffin:

[laughs] List— listening to jazz and going to jazz basketball games?

Travis:

Yes.

Justin:

[laughs] Just jazzing in general.

Travis:

You need to stop all that jazz and get yourself a girlfriend.

Justin:

Uh, I don't, it depends, are you going to college? He, well, he didn't say he was going to college. He said he's been out of high school for two years. Um, just pair up quick, 'cause your options are dwindling every day.

Griffin:

No. No. I'm probably the only person from Huntington who's not married, um, and— and I— I'm so fucking lonely all the time, Ender. Do it. Just find someone. Anyone.

Travis:

You know, one of my friends once told me, who was married, he said, "You know, marriage isn't a goal. Marriage isn't something you work towards. It's something that happens." So—

Griffin:

It is a goal in the sense that if you don't cross it by the time you die, then you failed at livfe.

Travis:

Yes.

Justin:

[laughs]

Griffin:

And everything you did before that was-

But whatev— whatever. It's a goal in that, if you don't cross it by the time you're 30, you're donezo. Speed it up, Ender.

Uh, Matt writes to us from Gmail. He says, "Myself and my friend and my brother and me recent—" Uh, it's not true, just myself and my friend. "Myself and my friend recently went for the same job and he got it ahead of me. Do you have any advice for how to deal with this?"

Justin:

Um—

Griffin:

Yeah, keep your— keep your mouth shut, Matt.

Justin:

Move to a different town.

Griffin:

Just move away, dude. No, I mean, that sucks. That sucks pretty royally, but um, you— you gotta ask yourself, what would he do—

Justin:

Yeah.

Griffin:

... if the scenario was— was switched, and it sounds like he's a really good friend, and uh, and that he wouldn't cause a big stink about it. I think any— any situation, even if he would do that, you— you gotta be the bigger man.

Travis:

And if— and if he's really your friend, you gotta be happy for him. You know what I mean?

Griffin:

Yeah.

Travis:

It's, at the end of the day, what is more important, the job that you went for or the friendship with this kid?

Well, the job, probably. It sounds like a great gig with a nice big salary and lots of benefits but—

Travis:

And also, Matt, he's probably more qualified than you. He probably got it based on merit. He deserves it. He earned it. What did you do?

Justin:

Wow.

Griffin:

There'll be more jobs, Matt. Can we give Matt an internship-

Travis:

Yeah.

Griffin:

... at MBMBAM industries?

Griffin:

Matt is the first intern of MBMBAM industries.

Griffin:

What's he gonna do?

Justin:

He's gonna promote our show.

Travis:

Clean our pool.

Griffin:

Ooh. I like it.

Justin:

And sell-

Griffin:

Is it paid?

He's gonna sell Travis into slavery.

Griffin:

Can we— can we scrounge some money together to give this guy a salary, do you think?

Justin:

If I get any money, I'm gonna spend it on a Facebook ad for our show.

Travis:

This is correct.

Griffin:

Yeah, it's true.

Uh, it's six by nine, uh, who's a known Gmail user, uh, asks, "I've recently moved to the States from Australia, and uh, I'd like to find a low-calorie beer to drink. I have no problem sampling from your wide selection of microbrews on occasion, but I'd really like a nice beer to drink regularly and I don't need the extra calories. I'm looking for a taste sensation but something that tastes better than brackish water would be nice. Any suggestions?"

Travis:

PBR.

Griffin:

No.

Travis:

Yes, PBR.

Griffin:

Get out of this website.

Travis:

That's God's beer.

Justin:

Get off the podcast. Get off the podcast, you fucking hipster.

Griffin:

I mean, you can't go wrong with an MGD 64.

Justin:

How about I slap both of you two in the mouth?

Griffin:

That's the only low-calorie beer, I mean.

Justin:

No, okay. Let me— let me hip you guys because you're— you're— you're eight, you're like children. You're like an infant tickling yourself with a razor.

Travis:

What?

Justin:

Number one-

Travis:

Wait, what?

Griffin:

Is your— you're an infant tickling yourself with a razor. Um, the best low— calorie beer is Guinness, which clocks in at 125 calories per bottle.

Travis:

Yeah, but-

Griffin:

That's high calorie.

Justin:

That's not comparatively high calorie.

Griffin:

That's s— that's so many calories.

Justin:

That's not comparatively.

Griffin:

The idea that beer has calories in it is astonishing to me. I don't know why I've never like been able, like if you drink too much beer, you get fat, like

my brain has never been able to, it's a- it's a liquid that's not... it's not a food.

Travis:

Have you- have you tried a-

Griffin:

I understand like a milkshake.

Travis:

... a pork chunk ale?

Griffin:

[laughs]

Griffin:

Is that real?

Justin:

I know how you feel. Um, I would say— I would say that, your— your top three is, are, I think Guinness is good.

Griffin:

Mm-hmm (affirmative).

Justin:

Um, right after that, I think the two best light beers you can get are, uh, Sam Adams Light and Yuengling—

Travis:

Oh, Yuengling.

Justin:

Light.

Griffin:

So, if it has light on it, then it's, it, that's what that means?

Justin:

I mean, you would be surprised. I— I would actually check calorie comparisons because you know, a lot of those light beers are not, like I said,

they're not as low-calorie as— as a, like a Guinness or something like that. Guinness is low in calories.

Griffin:

I'll tell you what I had a lot of, when I was up— up Chi town. Um, it's Leinenkugel, Summer Shandy.

Justin:

That's good stuff.

Griffin:

Is that light? Would you say that, that's a light—ish?

Justin:

I would— I would say that's probably just ripping with calories.

Griffin:

It felt airy in my mouth when I drink it.

Justin:

Did it?

Griffin:

Yeah, it had kind of an airy quality to it. I would say, go with that, um, and don't worry about the calories 'cause you deserve it, girl.

Justin:

You're worth it, girl. 130 calories per bottle.

Griffin:

Oh, that's not bad at all.

Justin:

Not terrible, but that, uh, also, uh, Jack and Diet Coke. Yup. Ba-zing. There, I just saved you a bunch of calories. Dominic, uh, says I'm trying to be more outgoing and looking for more venues to meet people and possible relationships. Would church groups be a good start even though I'm not particularly churchy? Or do you have any other suggestions? Okay, Dominic, um, that won't be a great conversation starter.
[laughs] "Hey, what's going on, Malorie? No, I'm not particularly churchy, but wanna go out sometime?'

Justin:

"I'm not churchy, but this is apparently working for you."

Griffin:

Um, I think so.

Travis:

Yeah.

Griffin:

I made a lot of good connections, um, in— in church, my old church. I actually went out to, uh, to dinner last night, with old Alex White.

Travis:

Aw.

Griffin:

You remember.

Travis:

Great kid.

Justin:

Yeah, good people. Um, uh-

Griffin:

I don't know if he's thinking about— thinking about like, love relationships, I think maybe, he's just talking about friendships and if that's— that's the way to go then...

Justin:

Now if you're looking for someone who's gonna give up the pussy.

Travis:

[laughs]

Justin:

[laughs]

Bud! Well-

Justin:

[laughs]

Griffin: There it is. Um—

Justin: You can do better.

Griffin: Speaking of—

Travis: Justin just broke himself.

Griffin: Speaking of um—

Justin:

You're not married to JC, you're gonna be mine. You're mine tonight.

Griffin:

Speaking of not particularly churchy, this is a Yahoo Answers question, comes to us from Dick. Oh man.

Griffin:

[laughs]

Griffin:

Dick asks—

Justin:

What?

Griffin:

"If there is no oxygen in space, then how does the sun burn? Answer that Atheists. Christians one, Atheists zero."

[laughs] What a sick burn. He's got you there.

Travis:

Game over.

Griffin:

Fuck.

Justin:

Aw shit. Aw shit. I don't have an answer for that.

Griffin:

I know you don't.

Travis:

Hey, did you guys see what Dick said? Fuck. We're all ruined.

Griffin:

There are like, 300 theology professors across the country whose, who just like, exploded [laughs].

Justin:

Yeah, they're like, oh, wait a minute. Dick just solved it for all of us.

Travis:

Everyone knows that the sun burns 'cause the devil lives inside.

Justin:

Yep, the devil lives in the sun. Duh. What's up?

Travis:

Done.

Justin:

It's your first night at the rodeo apparently. Um-

Griffin:

Uh, I have to thank, uh, I— I did a little bit of, uh, crowdsourcing. That question was actually sent to me by, uh, Godly, is the person's name who sent that to me. So, thanks, Godly. Shout outs.

Justin:

Shout outs. Peace. Love. Okay. "I've been having problems with expressing my anger," says Sean from Gmail, "And I was wondering if you could help. I'm a 17-year-old New Zealander and over here, any showing of anger to anyone will often result in a physical fight. I have the problem that I seem to either bottle it up," uh, "I've been meditating lately and it seems to help a little in thinking about things or completely fly off the handle and hurt people badly. I was wondering if you guys could help."

Griffin:

[nervously] Hey. Hey Sean.

Travis:

[laughs] Hi. Hey buddy.

Justin:

Sean, you're— you're, uh, you're talking three guys who were raised Baptist. If you're looking for guys to tell you to not bottle it up, you've come to the wrong podcast.

Travis:

Keep it inside!

Griffin:

Bottle that shit.

Travis:

Keep it inside you.

Griffin:

Um—

Travis:

Cork it until your bottle breaks and then you get a bigger bottle.

Griffin:

I don't— I don't know. I think the last time I got angry was when I was um, I was making a left turn onto the interstate, and someone behind me was

upset by the fact that I was making a left turn, so they passed me and— and gave me the finger, and I just wanted to get out of my car and just hurt them. I'm so bad at it, see.

Travis:

Yeah.

Justin:

Would you rather be Sean, the guy who, uh, expresses his feeling in a healthy way or Sean, the guy who at any second, could fucking flip and fight somebody?

Travis:

I kinda like the last-

Griffin:

Yeah, I like the second one.

Justin:

I kinda like the last Sean. Yeah, right?

Travis:

That Sean's cool. That Sean's crazy, like-

Justin:

Sean's crazy.

Travis:

Nobody knows what the fuck Sean's about to do.

Justin:

What's Sean doing now? No one knows.

Travis:

Somebody spilled Sean's drink and everybody stops, looks at Sean real slow, and maybe this time, Sean laughs it off, but next time, fucking—

Griffin:

Sean is basically a human version of kerplunk.

Travis:

Yeah.

Griffin:

Only the marbles are his rage, and every time you scuff his Puma's, you're pulling a stick out.

Justin:

Yup.

Travis:

[laughs]

Justin:

And once you put, step on that Puma that wrong time, you're sunk.

Travis:

Also, Sean. In real advice, you're 17, dude. You're a wash of hormones and emotion. Completely normal. You will calm down as you get older. Meditation's the best way to go. Just think about everything. Someone scuffing your Puma's, not a time to pull the stick out. [laughs]

Griffin:

No. If you— if you, I mean, if you, he's 17, if you don't let that anger out, then you'll get really bad acne.

Justin:

[laughs]

Travis:

That's right.

Griffin:

That's how it works. Gotta get those hormones. Gotta work them out of your body.

Travis:

Little anger volcanoes. [laughs]

Griffin:

I actually saw a dermatologist when I was 17. I had really bad skin. She said, "You got lots of anger volcanoes on your face." Thanks, lady.

Uh, what's, uh-

Travis:

Sean, don't hurt anybody. Go on.

Justin:

Don't hurt anybody, Sean. We, and everybody, don't follow our advice ever. Code— uh, have you guys heard about Cody—

Travis:

Uh-huh.

Justin:

... from Gmail, where he's going, next weekend?

Travis:

No.

Griffin:

What's his—

Justin:

He's taking a trip up with his family up to Canada.

Griffin:

Oh, Canada, I like it up there.

Justin:

Homeland of raffy.

Travis:

[laughs]

Justin:

Now, here's my predicament. I love to drink and I'm 19 years old, which means I can drink in Canada.

Travis:

Yeah.

However, my mom hates that I drink. How can I get shitfaced in Canada without my mother getting upset? Cody, I have great news for you. This is a wonderful time to start practicing the art of flaskmanship.

Griffin:

Mm-hmm.

Travis:

Mm-hmm.

Justin:

She don't need to know anything. She turns away for 30, 10, eight seconds, you got that flask out, you pound it, you're done. Uh, I would say also, that it sounds like laws aren't keeping you from drinking so much—

Travis:

Yep.

Justin:

In a, in the U.S. of A. So, what's the concern?

Travis:

Here's a little phrase that you should get sued to using.

Griffin:

Well, there's a difference.

Travis:

Ain't no law against it.

Griffin:

There's a difference between our laws and statutes and momma law.

Justin:

Momma law.

Griffin:

I think he might be afraid of— of transgressing on momma laws, which I— I— I understand.

But what he's saying is, the reason he's excited about drinking is 'cause it's legal.

Griffin:

Mm-hmm.

Justin:

What I'm saying is, it doesn't seem to be slowing him down.

Griffin:

Although I'm sure the beer in Canada is so dope.

Travis:

Cody, why do you need to get shitfaced as you've— as you put it? Um— Can you not just have a beer or two?

Justin:

Do you have a pro— do you have an eye opener, Cody? Do you ever have an eye opener? Do you ever drink alone?

Griffin:

Again, I- I-

Travis:

When you say your mom has a problem with it, do you mean she keeps having interventions for you, because that's a different thing altogether?

Griffin:

I've got a— a Canada fetish, so I imagine everything is cooler in Canada. Maybe getting drunk in Canada is like the sweetest thing ever. Like, maybe a Mounty sees you on the street, and instead of arresting you, like he gets off his horse. He's like, "Hey, go ahead. Just take one around the block."

Griffin:

Maybe getting fucked up and eating poutine is like, you know, a-a religious experience.

Justin:

Uh, Joel writes to us from Gmail. He says, "I'm in a bit of a predicament. I recently moved to a new town and I only know a few people. I'm not in

college, so I can't meet people that way, and I'm 19, so I can't meet people in bars. Can you guys put your heads together, and give me some pointers about how to meet people and make friends." Joel, start a D&D group.

Griffin:

That's a really good. I'm actually, you're joking, but I met a lot of people that way.

Justin:

I'm not joking. I think that'll be fun.

Travis:

Give a call to Dominic and go to church with him sometime.

Griffin:

[laughs] There's- there's-

Justin:

He just wants to tell you about a friend of his. His name's Jesus.

Griffin:

On the serious, on— on Justin's first point. There's a website called Meetup. You can— you can use that to find groups of people that have your interest. Maybe not D&D, maybe knitting, maybe scrapbooking, maybe that's Joel's game.

Justin:

Mm-hmm.

Griffin:

You can find a group and then, and do that thing with them.

Justin:

Joel knows scrapbooking.

Griffin:

I wish he had told us what city he was in and then we could have some MBMBAM, like friendship connections.

Travis:

Here's what we'll do. Joel, go to Facebook. Go on our appreciation group. Put some stats, some things you're into, the city into, we'll make that connection.

Griffin:

Height, weight, eye color. Basically, a match.com profile, but put it in our Facebook group and then see if you can find any lovers.

Justin:

People should be using our Facebook group for friendship and love connections.

Travis:

I know.

Griffin:

I wish more people were doing that. I want by our next show, to have at least one piece of verifiable evidence of two kids who found each other on the Facebook group, got together, and fucked.

Justin:

[laughs] What kind of verifiable evidence are you looking for, Gary Glitter? Jesus.

Griffin:

Um, here's one. Uh, Yahoo Answer, also sent to, uh, to me by Action Alan. Thank you, Action Alan. This one comes from Kyle S. He asks, "I need a list of the most practical kicks."

Justin:

[laughs] What?

Griffin:

Oh, just you wait. "I want a list of kicks. All must be practical and where they would land. So far, the obvious ones."

Justin:

Oh shit.

Griffin:

"Front kick to groin, mid-area, head,"

[laughs]

Travis:

[laughs]

Griffin:

I'm sorry. "Side kick to groin, mid-area. I personally don't like this one 'cause it's hard to see."

Justin:

[laughs]

Griffin:

"Round kick to lower leg, back of knee. All suggestions are welcome."

Travis:

[laughs] How about kick to spirit?

Justin:

Yeah, how about, blow to your sub— subconscious. Hey, listen. Why do you need this list?

Travis:

Sean.

Justin:

What are you doing?

Griffin:

Guys, can we get... he's got the front, he's got the side, he's got the round kick.

Justin:

Okay.

Griffin:

Have you considered, uh, a donkey kick? A back kick, as it's referred to-

Travis:

Back kick.

... in some circles where, uh, an assailant comes behind you. You can usually kick the front of their knee or groin area, and that will— that will completely take them out of the fight altogether.

Justin:

Have you tried a spin kick?

Griffin:

Spin kick's really good. How about a-

Justin:

It's the coolest kick you can do.

Travis:

How about a kick in which the point of your boot goes into their butt hole?

Justin:

[laughs]

Griffin:

[laughs] A butt hole kick. A— a butt hole boot knocker.

Travis:

A well-aimed butt hole kick.

Griffin:

Have you tried perhaps, like a Ryu-style bicycle kick, where you fly through the air for 10 seconds and squeal like a pig?

Travis:

[laughs] How about an awesome kick where you literally take their head off in one clean—

Justin:

Yeah. That'd be awesome.

Griffin:

Have you tried the mental kick? Where you don't actually kick, but they think that you do.

What about—

Travis:

And then in three days, their stocks crash.

Justin:

What about the kick where you take your foot off and make the guy smell your foot like in a funny movie?

Griffin:

[laughs] The Zohans.

Justin:

That— that Zohan movie. That's pretty funny.

Travis:

Have you tried a— a taint kick?

Justin:

What?

Travis:

A taint kick? Where you kick them square in the taint and it lifts them off of the ground and into the air by about three feet.

Justin:

Whoa.

Griffin:

Could I, that one's really hard to do. Could I suggest a kick kick, which is where you kick their kick?

Justin:

[laughs]

Griffin:

And disrupt their kick with your kick.

Justin:

And then they're been kicked.

You gotta be careful though 'cause if you don't time it right, they'll kick your kick, and then you're fucked.

Justin:

[laughs] That's the kick, kick, kick. The triple kick. The KKK. What?

Griffin:

Have you tried a-

Travis:

Oh no.

Griffin:

Have you tried a punch kick, which is where you take your shoe off and put it on your hand? [laughs] and you punch them with it? [laughs]

Travis:

[laughs] Oh God.

Griffin:

That's a— that's a pretty comprehensive list, I feel.

Travis:

Yeah, I think that's all the kicks.

Travis:

Covered.

Justin:

That's all the kicks I know about, I guess. Um-

Travis:

What about the junior kick, where you kick their kid?

Justin:

[laughs] Yeah, that's sometimes more painful in the— in the long run, I mean.

Griffin:

Oh crap.

Uh, what do you think? One more question before the last question or?

Griffin:

Yeah.

Justin:

You got time for one more?

Griffin:

Yeah.

Justin:

Griffin, you pick. You pick this time.

Griffin:

Uh— uh, this one comes from Allison via Gmail. Uh, I like a sociable, smart, funny, nerdy guy. Uh, but I don't know where to find him.

Justin:

Oh, why'd you pick this one? Weird. Okay.

Griffin:

Uh, I don't want to show up at a Magic game and be laughed out because I'm playing with my Merfolk deck and can't remember all of the rules or be ignored because I'd rather watch someone play the horror games, for example, Fatal Frame II, uh, so that I can cover my eyes when it gets scary. How do you suggest I go about finding these guys without running into the creepy stalkers on Craigslist? Do they even exist?

Justin:

Say it.

Griffin:

Griffin, you are fucking adorable, maybe you can tell me how girls get your attention. Sorry. Okay, well, thanks. Hey. Well, thank you. This one was a — this one was a confidence booster for me. A little pep in my step.

Travis:

[laughs]

The pep in your step kick is good, too.

Griffin:

Yeah.

Travis:

[laughs]

Griffin:

That one hurts really bad.

Justin:

Whoa, that had something extra.

Travis:

He kicked me right in my pep.

Justin:

Wow, right in the pep.

Griffin:

I will say that, um, in situations like— like this, I don't think— I don't think ladies need to use their— their nerd charm to try and attract fellas because their usual ol' feminine wiles will— will serve them pretty well.

Justin:

Yeah, I think actually, you're gonna attract the wrong kinda guy by being outwardly nerdy.

Griffin:

Yeah.

Justin:

Maybe that's just me. Like, here's the thing. The nerdy guys, they already wanna go out with you.

Travis:

Mm-hmm.

Justin:

'Cause- 'cause according to your email, you're pretty-

Travis:

Yeah.

Justin:

And they're guys. And also, probably lonely.

Travis:

Yeah.

Justin:

The thing you gotta watch out, here's the trick though, the trick is you gotta find the right kind of nerdy guy because, God love them, you— you may not wanna end up, a lot of nerdy guys can be kinda socially, eh, retarded.

Travis:

[laughs]

Justin:

And I don't mean that in the retarded sense, I mean socially retarded, like slow.

Travis:

Inept.

Justin:

Inept. Just comically, inept. Look at our emails. Just pick like, the top five from the people who email us every week, and—

Travis:

"What are girls?"

Justin:

And we'll send them to you.

Griffin:

No kidding. Um-

Justin:

Yeah. Not a joke.

I think— I think the MBMBAM community is a good place for you to cast your proverbial net.

Justin:

Yeah, that should pan out real good. Just go— just go on our Facebook group and post a picture of yourself and say you're looking to meet guys.

Griffin:

Well, we got, we don't have time to read his question, but we got a question from a-a gentleman. We've been debating how to pronounce his name. Khem, K-H-E-M Louis-

Justin:

I think, Khem. I think just Khem.

Griffin:

Uh, sent us a picture after we, you know, we mentioned that we got a ton of questions of people who don't know how girls work, and he sent us, uh, pictures of himself and his girlfriend, and he looks like a really, like dope, fresh, like a kinda guy— like a dude I could be best friends with—

Justin:

Like, best friends.

Griffin:

Uh, and he's got—

Travis:

He probably wouldn't be best friends with you.

Griffin:

He's got himself a - a - a cute lady friend. I imagined that – that Khem Louis is – is the – the norm in our – our little family that we've built.

Justin:

That's good. You live in that house and you can tell me how it works out.

Travis:

I think he's the coolest. Um-

He's the best of us.

Griffin:

Don't try— don't try hitting on Khem though 'cause he's— he's got a lady friend.

Justin:

Khem's not the man we deserve.

Travis:

She's- she's a cutie. Um, also, Allison-

Justin:

Yeah.

Travis:

Opposites attract. Be, you know, be your classy lady that hides from horror game and shows up with her Merfolk deck. I don't know what that means but—

Griffin:

Well, it's a- okay.

Travis:

Um, and you know, you want guys that are attracted to you in a romantic sense and not a friend sense, so you don't have to appeal to their nerdy side. Appeal to their— their man side.

Griffin:

Mm-hmm.

Justin:

Griffin how does a girl get your attention.

Griffin:

She sends me flattering emails over the internet. [laughs] No, she um-

Justin:

She goes naked day one, right?

Naked day one.

Travis:

Naked day one.

Griffin:

No, I very much fit into this— this— as you know, I try to put on airs like I'm so cool, but I'm— I'm fallen to the— the group of people—

Justin:

Wow, you try to do that?

Griffin:

 \ldots where if a— if a lady walks up to me and is like, "Hey." I'm like, "I love you."

Justin:

[laughs]

Griffin:

"Thank you for giving me this chance. I love you."

Justin:

``I promise that I will take this trust, this sacred trust, that you've put in me by saying hi."

"No, but— but seriously, sir, do you want a grande or a Venti?"

Griffin:

[laughs] "Is that, do you ask everyone that? Hahahaha. Let's go out."

Justin:

[laughs]

Griffin:

Um—

Justin:

"You wanna go to Starbucks? Damn it. Damn it. Fuck. We're already at Starbucks. Fuck." I wanna hear Griffin's last question, but first, I wanna tell you fine folks at home how you can get in touch with us, uh, if you need advice. Um, you can go Twitter and use the hashtag MBMBAM. We like that one a lot 'cause it helps promote the show. Uh, you can go Gmail, MBMBAM@gmail.com. You can use Formspring, which is at Formspring.formspring/emails/show—

Travis:

Four strings, four strings.

Justin:

Slash Formspring. Uh, if you want the actual link to that, you can go to MBMBAM.com where you can find all this jazz, um, and—

Griffin:

The Utah jazz.

Travis:

Also, thank you so much. Uh, we've passed 300 ratings on iTunes and we're approaching 150 reviews. Really great.

Griffin:

Can we-

Travis:

Totally appreciate it. Keep that up.

Griffin:

... just have a solid minute where we thank everyone for being so great?

Travis:

Yes.

Travis:

Like, we missed a week.

Justin:

Yes.

Griffin:

And people were so, people were hungry for it, and I-I hope that this, I hope that we can somehow in the future, find a way to make up for it, um-

Uh, but please, tell somebody you know about the show, uh, 'cause it— it really does—

Griffin:

That's the only way that we can spread like, we don't have any, we— we don't, we're not advertising or anything. We, we're, you gotta, you know, you gotta—

Justin:

We're gladvertising. The show makes you happy-

Griffin:

Sure.

Justin:

... and then you tell people about it.

Travis:

Here's what happened. We were going to advertise and then we watched a lot of Mad Men, and then we just ended up getting drunk.

Justin:

I can't feel that world.

Travis:

And being with a lot of women.

Justin:

I can't put money in those misogynist hands.

Griffin:

Could, may, I would suggest maybe, uh, listening to us in your car. Maybe you're doing that right now. Look out! Haha, just kidding. Um—

Justin:

[laughs]

Griffin:

Roll all your windows down and just blast it.

Yeah.

Griffin:

And then we'll be like, "Hey, people on the streets, download-"

Travis:

"People on the streets!"

Griffin:

"Download MBMBAM."

Justin:

"Hey everybody, look at this fresh car."

Griffin:

"This fresh car with Khem driving it. He knows what he's doing. We gave him this car."

Travis:

Everyone, make sure you check out our Facebook appreciation group. Allison's gonna be on there. Joel's gonna be on there.

Justin:

Meeting ladies. Dominic's gonna be on there meeting Christian girls. That's what he's into apparently. Um, but that's the uh, that's the whole podcast, but we wanna have something to grow on, something to chew on, something to ponder, over the next week, the ensuing week. We promise it won't be a week until the next MBMBAM next Monday. So, Griffin, why don't you break us off a slice?

Griffin:

Uh, this one comes to us from Yahoo Answers user Chuck Boris, who asks, "How many drops of LSD should I give a four-month-old to get her to stop crying?"

Justin:

[laughs]

[theme music plays]

Justin:

I'm Justin McElroy.

Travis:

I'm Travis McElroy.

Griffin:

I'm Griffin McElroy. Seven.

Justin:

And this is [laughs] My Brother, My Brother, and Me [laughs].