

MBMBaM 003: My Walnut is a Temple

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[theme song plays]

Justin:

Welcome. Welcome back to My Brother, My Brother and Me, it's an advice show for the modern era. I'm joined— I should not be so presumptuous. My name is Justin McElroy.

Travis:

I'm Travis McElroy.

Griffin:

I'm Griffin McElroy.

Justin:

Uh, and— and we are *My Brother, My Brother and Me*. Uh, so, let's just get right into the advice. Let's tuck in here. We've got an anonymous question from FormSpring, "I'm in love with my long distance girlfriend and I want to marry her. Should I quit my job and move to Oregon to be with her?"

Griffin:

Nope.

Travis:

[laughs]

Justin:

Nope.

Griffin:

Next question.

Travis:

Done and done. Next.

Justin:

Yeah, that's an easy one, man. Uh, that's gonna put a lot of pressure on her, on your relationship, and I don't think you're gonna... I don't think—

Griffin:

Unless...

Justin:

Unless?

Griffin:

Unless you're moving to Portland, Oregon.

Travis:

Oh, then it's alright.

Griffin:

That's a—

Justin:

Is that alright?

Griffin:

That's a fly city, man. I was watching— I was watching an episode of *No Reservations* with my boy, Tony and, uh, man, they cook some weird shit up in Portland.

Justin:

Is she a weird-shit cook?

Travis:

Oh.

Justin:

If you... can you get a job as a weird-shit cook?

Griffin:

She might be, um, there's a whole, like, uh, coven of tattooed gastronomes up there, who get their favorite cooking instrument tattooed on their body. And then they eat like, dog eyes and shit, like I don't know what they're doing up there in Portland—

Travis:

Oh, yeah...

Griffin:

... it's crazy—

Travis:

Aren't they the people, like, that meet at each other's house, and it's secret?

Griffin:

Yeah, they have like these secret... it's like Fight Club, but with cooking and eating dangerous things, I love it. Um, but—

Justin:

That's pretty sweet.

Griffin:

... I don't think that they're—

Justin:

It sounds like going to Hillbilly Hot Dogs.

Travis:

Yeah.

Griffin:

It is kinda like [laughs] going to Hillbilly. I don't think there are any other cities in Oregon though. I think Oregon in my mind is just like a vast wasteland—

Travis:

Desolate wasteland, yeah.

Griffin:

... with— with one pretty cool city in the middle of it. So, I mean, I would like to live in Portland. I think if you have...

Justin:

I would—

Griffin:

... the opportunity to move there you should do it, especially if you love this girl. So, you know what? I flip my answer.

Justin:

[laughs] You just flipped—

Travis:

Here's my question for the anonymous person asking this question. A, would you move there if she wasn't there? Are you interested in going to the city otherwise? And also, were you guys in the same area prior to this and she moved [crosstalk]...

Justin:

Right—

Travis:

... and now you're trying to decide?

Griffin:

Did you meet on MySpace? Is basically—

Travis:

Yes.

Justin:

If you— If you have been together in the same area before, that's cool. Um, and who am I to say, if you think you've got a real shot with this girl, like this is really the way it's gonna shake out for you, um, eh, you know, that's the most important thing you can find in the world.

So I say... I mean you need to try to pursue it, but you gotta make sure you have your situation together before you go or else it is just gonna put too much pressure on you guys.

Griffin:

[crosstalk] Get it together. Have some boundaries.

Travis:

And I really super recommend, don't like move there saying, "Baby, I'm gonna marry you." Move there, hang out for a while in the same location, right? See how that dynamic goes.

Justin:

Huge, huge...

Griffin:

That's how hearts get broke up in the Pacific Northwest.

Justin:

Yeah, and I would try to, if you can, I would try to get your own... [laughs] Out in the Pacif, that's how they do it. Uh, I would try to get your own apartment, too, uh, and not skip straight to moving in with her. I would say.

Griffin:

Yeah, we need more info. I can't tell you how to—

Justin:

More info, dude! More info!

Griffin:

I can't tell you how to roll in your ship but—

Travis:

I'll say this; if you want to, do it.

Griffin:

Just do it. You know better than us.

Justin:

[laughs] Yeah.

Griffin:

Uh, this one comes from Dylan via Gmail, uh, it says: "So, a few friends and I are soon going to be knee-deep in the excitement and thrills of post-adolescence and cohabitation. This will be our first time living with people we aren't related to, outside of an on-campus housing arrangement.

While we all have some pretty awesome social anxiety, we seem to be able to tolerate each other. I'm slightly worried however, because one of them is a female, how should I prepare for this? Are there ground rules I should be aware of? Any advice would be much appreciated."

Justin:

Dylan, I got to say man, for my money, you got to go naked day one.
[laughing] You got to go—

Travis:

Just really get it all out there.

Justin:

Just really, you got to get it out, out. Get it out, out there. Naked, day one.

Griffin:

Naked day one, uh, everything I know about—

Travis:

But then full suit of armor day two.

Justin:

Yeah.

Griffin:

Everything I know—

Justin:

Armor, two.

Griffin:

... about living, uh, co-habiting, as you put it, with a... with a lady friend, uh, I learned from Two Guys, a Girl, and a Pizza Place. Uh, so it sounds like you should be prepared to— That all you and all of your male roommates will probably fall in love with your female roommate at some point or another, um, but she'll eventually just end up with Nathan Fillion. [laughs] So, you should be...

Justin:

Yeah.

Griffin:

... it shouldn't be...

Travis:

Which all...

Griffin:

... that big of an ish-

Travis:

... women do.

Griffin:

Yeah, which all women do.

Travis:

Um, here's my advice, one word; boundaries. [laughing] There has to be set boundaries, dude.

Griffin:

Literal, literal boundaries.

Justin:

Yeah.

Travis:

Yes.

Justin:

A firewall. A literal firewall.

Travis:

A wall of fire.

Griffin:

A chest high... Dividing the apartment, um, so she can put all of her pink shit, her *I Love Lucy* collectibles, on one side...

Justin:

[bursts into laughter]

Griffin: ... and not encroach on her [crosstalk].

Travis:

Her *Wizard of Oz* tchotchkes.

Justin:

Grain of— Grain of truth.

Griffin:

Grain of truth... Who's up next?

Justin:

[laughing] Griffin, peeling off of the topic. Ramtrap. Uh, not— This is a cohabitation issue that you, yourself, Dylan, may soon be dealing with, [laughing] and you too, anonymous guy moving to Oregon. Ramtrap says, "My girlfriend of over a year gets angry about having Maxim magazines in the bathroom. Sure, it's great to look at side boobs while you're pooping, but I think they're just well-written, clever articles."

Travis:

Womp.

Justin:

[laughs] "Maxim is the McElroy brothers of magazines, except better looking and less offensive, at least in my view. Is she— Is she wrong to be a dickhead when it comes to magazines, [laughing] or should I remain faithful to my promise to take the magazines only to work? Ramtrap."

Griffin:

It's wrong for you to be a dickhead and call us ugly, [laughing] which is basically what you just did, basically what you did.

Travis:

To be fair, his taste is thrown off because he thinks that Maxim has clever, well-written articles, um—

Justin:

Yeah, and we're offensive, and we're the offensive ones.

Travis:

Mm-hmm. No, but good question. Um, I—

Griffin:

Top Twenty Best Topless Nude Scenes With Ladies In Them. This is a Maxim article.

Travis:

How To Die From Eating Your Own Poop. Um—

Griffin:

Ugh.

Justin:

Why don't you put them... Here's— Here's my suggestch. [laughs] I'm unnecessarily shortening words today. My suggestion is to put the magazines under the sink.

Travis:

Yup.

Justin:

Done. Uh, don't put them on the back of the toilet. That's a very convenient place for readables to go, but it doesn't look nice. And also, like, you know, you know, Maxim... Like, I've— I'll read a Maxim. I'm not above it. But, you know, it doesn't make you- you look like a classy dude, so maybe put— Hide your Maxims underneath the sink.

Griffin:

Also, don't—

Travis:

And buy some GQ's. GQ's are classy.

Griffin:

... roll up your... Don't— Don't come in here with this veneer that you're reading it for the articles. Because...

Justin:

Yeah, oh, please.

Griffin:

... come on, man. Come on.

Justin:

Come on, man. It ain't Playboy, dude

Griffin:

Best Places To Do It In A Public Bathroom.

Justin:

Yeah.

Griffin:

Like, that's not... you want— You want good quality articles without side boobs that you're— you and your lady friend can both get behind, get a Reader's Digest subscription.

Travis:

And here's the thing, as far as her... She's not saying don't have them, she just doesn't wanna look at them, and that's completely fair, I think.

Justin:

Yeah. Yeah.

Griffin:

'Cause pooping is an intimate... is an intimate thing.

Travis:

And you have to respect that, dude. That's her time.

Griffin:

... and she doesn't want you ogling, you know, Miranda Kerr while you're— while you're dropping a deuce. That's your time.

Justin:

You know, that's not her problem. That's not her problem. Her problem is that she has to ogle Miranda Kerr while she is... Well, ladies don't poop, but while she's in the restroom—

Travis:

Powdering.

Griffin:

While she's—

Justin:

Powdering.

Griffin:

... um, I don't— I don't know what they do in there.

Travis:

I think they powder stuff.

Justin:

Powdering. Cheesecake Jones, uh, his wife tells... via Twitter, his wife tells him that you can wear blue shirts with blue jeans, but it doesn't feel right. "Help me, brothers." I'm gonna defer to Travis on this one.

Travis:

I assume when you say, "Blue shirts," you work at Best Buy, but if you don't, I'm gonna go with, that's fine?

Griffin:

Mm-mm [negative].

Travis:

Um, I— The only time I have a problem with pant-shirt combination is when the colors are the same, so khaki—

Griffin:

He just said blue...

Travis:

... pants with tan shirts, but if it's the same blue [crosstalk].

Griffin:

He just said blue shirt and blue pants.

Travis:

... if it's the same color blue, which would be weird, why are you wearing a denim shirt with denim pants? That's not okay.

Justin:

[laughs] That's a whole lotta look.

Travis:

Yeah, [laughing] that's a whole different choice altogether, my friend.

Griffin:

Oh, I'm sorry. Was that from—

Travis:

But like... but like a blue T-shirt—

Griffin:

... was that from Billy Ray Cyrus? Was that who we got that last question from? [laughs]

Travis:

Oh, Bills, what's up? No, but just like a blue T-shirt [crosstalk]—

Justin:

My wife says it's okay to wear blue jeans with blue jean vest and a blue jean hat.

Travis:

And a rat-tail.

Justin:

And a rat-tail. Is that—

Travis:

That's fine.

Griffin:

And also, I'm John Cougar Mellencamp. [laughing]

Justin:

And also, [laughs] I am John Cougar Mellencamp.

Griffin:

Uh...

Justin:

The Coug.

Griffin:

... this one comes from Google Answers user, Danny. Uh, headline, "Is masturbation create problem?"

Travis:

[laughs]

Griffin:

The question is, "Is masturbation create problem in future life, in married life? Is the semen is make daily what we eat or not because after masturbation feel very weakness? [laughing] And is it create problem? Should I do or not in future? Is it also- [laughing] is it also decrease sex power?" [laughing]

Justin:

Oh, goodness, oh...

Griffin:

Okay. [laughs]

Travis:

Oh, my—

Justin:

I'm going to move beyond the grammar issues, because he's clearly, uh, not a native English speaker, and address some of his very real concerns about his reduction in sex power. [laughing]

Travis:

To be fair, he might be a natural-born American English speaker, but he's just masturbated so much that he's lost a couple verbs and nouns—

Justin:

You're saying he's masturbated himself stupid.

Travis:

Yeah. Yeah, he beat himself silly.

Justin:

Maybe that should be the concern.

Travis:

Yeah.

Griffin:

I masturbated my brain stem out, y'all. [laughing]

Justin:

This is the guy— This is the guy that just wrote us about Maxim. [laughing]

Griffin:

This is like a before and after thing.

Travis:

He masturbated his cerebellum off.

Justin:

Yeah, exactly.

Griffin:

Uh, well, answer number one is from user, Otterly Evil, who says, "Excessiveness will make you infertile (flaccid) in future." So [laughing] I guess this is a situation—

Justin:

That's... that's not true. [crosstalk]

Travis:

That's not true at all.

Justin:

That's not true. Your body is constantly... that's like saying that blowing your nose will cure congestion for the rest of your life.

Travis:

Yeah.

Justin:

That's... no, that's not the way it works.

Griffin:

Um, yeah, pee—

Justin:

But it will reduce your—

Griffin:

Human beings are basically just seed factories so, I mean—

Justin:

Right. Right.

Griffin:

You're in the clear, man.

Travis:

The only thing you actually have to worry about is sensitivity.

Griffin:

Mm-hmm. And— And also decreased—

Travis:

If you're going nine, ten times a day, dude...

Griffin:

... your decreased sex power 'cause you can't— That is a...

Justin:

That's a real thing.

Griffin:

That's a thing that you can run out of.

Travis:

Mm-hmm. If you're masturbating regularly, hold off five days. You can power an entire town [laughing] off of your one penis.

Justin:

Uh, just with your sex power,

Griffin:

That's the new green movement.

Travis:

The whole town lit up.

Justin:

Do you know what I found out is a thing, in, uh, in sperm count? Is, uh, if you use your laptop a lot...

Griffin:

Oh, yeah.

Justin:

... 'cause the heat from it can kill your boys. [laughing]

Travis:

Really... what?

Griffin:

Yeah, it can cook them [crosstalk]

Justin:

Not— Not on the permanent.

Griffin:

You would think that it would be like a nice, soothing sauna for them, but no, it's [crosstalk] it is, uh, it's an oven.

Justin:

Yeah, it's a bad scene for them.

Griffin:

Yeah.

Travis:

Speaking of sex power, um, you know, I was reading my Cosmo, like I do, it's what I do, and I found some great advice for the ladies, a little something the ladies might like.

Griffin:

Oh yeah, good.

Travis:

It's from an article called, "30 Things to Do with a Naked Man—"

Justin:

Mm-hmm (affirmative).

Travis:

... and this suggestion is, "Find his G-spot." The hint is, "A guy's prostate, the walnut-sized gland—"

Griffin:

Mm-mm [negative].

Travis:

... under his bladder [crosstalk], is the ultimate magic button to push if you want to blow—

Griffin:

Mm-mm [negative].

Travis:

... his mind in bed."

Griffin:

[emphatically] Mm-mm [negative].

Justin:

The ultimate magic button [crosstalk]—

Travis:

"To stabilize it, partway through oral sex or intercourse, rest two fingers against the swath of skin between his testicles and anus—"

Griffin:

You stay the fuck away from my walnut.

Travis:

Do you mean taint? [laughing] Do you mean taint?

Justin:

You mean his taint.

Travis:

You mean his taint, right?

Justin:

It's an efficiency of language issue at this point, you mean his taint.

Travis:

Excuse me, Cosmo. Um, please don't tell anyone to do that.

Griffin:

Cosmo, my walnut is a temple [laughing] and I don't want— It doesn't need any insurrectionists... Nuh-uh.

Justin:

What's your walnut... how's everybody's walnut situation today?

Travis:

It's—

Justin:

Like, I—

Travis:

... it's feeling good.

Justin:

... the walnut's fine.

Griffin:

Do you guys remember when I went to Bonnaroo and I didn't shower for five days and I got walnut-itis? [laughing]

Travis:

[laughs] Here's my question.

Justin:

That's surreal.

Travis:

... what actual situation would that be okay in? Like, "Ah, this is the... whoa! Whoa, what are you doing?"

Justin:

Whoa, walnut!

Griffin:

Like, even when I went to see a, uh, a walnut-ologist about my walnut-itis, and he checked my walnut, like still questionable.

Justin:

You know what's weird about that story? Griffin went five days without a shower, still shampooed every day, which is—

Griffin:

Yeah.

Travis:

It was nice.

Griffin:

Uh, I would— I had lots of Aquafina, which I could, you know, wrap my shit up with.

Travis:

Hey, women? Don't touch my walnut.

Justin:

Stay away from my walnut. Don't listen to Cosmo.

Griffin:

Um, let's do another one from Yahoo. Uh, this one's from Yahoo Answers [laughs] user—

Justin:

Wait, wait, wait, quick time out. Before we go to the Yahoo, if you're, like, sitting down, popping open Gmail, about to tell us that we need to be more free about our walnuts and maybe we should try it? Stop it. [laughing] Gross. I don't wanna know, gross.

Travis:

I don't want to hear about anything about it.

Justin:

Stop it, I don't wanna know.

Travis:

What you do with your walnut is your business, friend.

Justin:

Yeah. That's your walnut, not my situation.

Griffin:

I wouldn't— I would never do that, but if you wanna... I mean, if you wanna tell me about it, whatever.

Travis:

Just— Just keep your hands off my walnut.

Griffin:

I'll give you guys my personal email, we'll— We'll make some— [laughing] ... some shit happen. This one comes from Yahoo Answers user, Donald. It is possibly the saddest thing I've ever seen on the Internet. [laughing] "I'm in *love*!" Uh, uh, that was his— That was his emphasis not mine. "I'm in *love* with Crysta from *FernGully*. [laughing] Are there any websites devoted to her?"

Justin:

Oh, god.

Griffin:

Oh, Donald.

Travis:

Oh.

Griffin:

Donald.

Justin:

I mean, we've all been there.

Griffin:

She's a good looking fairy. Uh—

Justin:

Yeah. Yeah. A cartoon.

Griffin:

... cartoon fairy.

Travis:

Now, if he had said Batty, I would have understood that.

Griffin:

Right.

Travis:

I get that. Um.

Justin:

You know the problem with Crysta from *FernGully*, if you're in love with her, is that no, uh, no adult woman is going to satisfy that fantasy for you. I mean, they're just too old. Right? They're just too—

Griffin:

Yeah, they're not—

Justin:

... beaten down.

Griffin:

They're too big.

Justin:

They don't have the— Yeah, they're too big, they don't have the naivete of, uh, Crysta from *FernGully*.

Griffin:

Mm-mm [negative].

Justin:

And that's the problem, you're just not going to find an adult woman to fill that need for you, if you know what I mean.

Griffin:

It's tragic, really.

Justin:

Listen, we help everybody on this show, and that means, uh, sicko, [laughing] sicko child-molester perverts.

Griffin:

Sicko peds.

Justin:

Sicko peds. [laughs] We do not discriminate. [laughing] We will help— we will help sick pedophiles, and not help them to get better, but help them to just—

Travis:

Do their biz.

Justin:

... like, just keep it quiet. Have you considered [laughs] taking up a parish?

Travis:

[laughs] Oh, goodness.

Justin:

Oh, golly.

Travis:

Oh. Oh my goodness, my golly.

Justin:

I— Hey, hey, to clarify, I don't support pedophiles.

Travis:

Mm-mm [negative]. No.

Griffin:

Mm-mm [negative].

Travis:

Not one bit.

Griffin:

You just help—

Justin:

But that— But to clarify, guys, if you are a pedophile, stay away from the walnut. [laughing] I don't care what age you are. [laughs] It's not going to be a cool scene.

Travis:

Mm-hmm.

Griffin:

Uh, this one comes to us from our good friend, Mitch Dyer, uh, via Gmail. He says, "My friend needs to leave his dead-end, low-paying job and get out of his lame living situation. He likes the idea of university in my city, and would excel in it, but he refuses to leave home for another city because, quote, 'All of his family is here.' He is 22. How do I convince him to sack up, move out, and get his education on?"

Justin:

Hmm...

Travis:

Well, that's a tough one, Mitch.

Justin:

Why— Well, uh, Mitch, I would say that there is... I mean, okay. You only get one shot. You only get one shot, you only get one spin around the globe. And I definitely can see where he would value going to the university, as your people say, in the Great White North.

Um, but I don't know, there's a value to having people surrounding you who, uh, who care about you. I mean, there's a worth to that and I think you have to accept that worth before you can, you know, you can't blow that off. You can't convince him to do anything if you aren't also accepting that there's value to that.

Travis:

And I'll say this, as someone who was in a similar circumstance—

Justin:

Mm-hmm.

Travis:

... uh, I graduated college and moved home and didn't know what I was gonna do. Um, if I had moved earlier than I was ready to, it wouldn't have been a good situation for me. Like—

Justin:

Mm-hmm.

Travis:

... I wasn't sure what I was going to do. It took me three years to decide what I was going to do. But once I decided, I was ready to go, and I got a move on. Soo, um, you know, maybe he's just not ready to do it yet.

On the other hand, it also helped that I had people in my life, like Justin and Griffin and our father, who encouraged me to find what I wanted to do and encouraged me to make decisions and move on with my life and not just sit around at home.

So, don't let your friend wallow and hang out and do nothing in his dead-end job, but at the same time, pushing him, um, you know, just help him get ready.

Griffin:

[crosstalk]

Justin:

And I— You also say, "He needs to leave." Not— And that's an interesting word to me, 'cause you're not saying he wants to leave.

Travis:

Mm-hmm.

Justin:

You're saying he needs to leave, and that sounds like your judgment, Mitch.

Griffin:

No, no, no. I think— I think some people can legitimately get the blinders on. Where they can stay and just, you know, be stagnant in a town because they're so familiar with it. Uh, like just because all your family and friends

are there, just because you move out, doesn't— They don't all die, you know? I agree, but...

Justin:

They do all die!

Griffin:

... but it's not true.

Travis:

But here's the problem with that, Griffin, is I— I agree, but everyone's definition of success is different. So, why some people might go, "Man, you gotta get out and explore the world and try new things every day," his friend might be completely happy staying in this town, and working a job, and just being employed and having a family, you know, and—

Griffin:

So, what you should do is you should take that friend out for a night on the town, okay? And at the beginning of the night hang out with all of his friends and his family, like for a big family dinner at the Olive Garden. And you'll have soup, salad, and breadsticks for hours, and you just have a great time. And then at the end of the night, you take him to, um, a local Subway. And you show him the 55 year old sandwich technician that's working there [laughing] and you say, "You want this to be you? It's okay if you do, like, that's your choice, but if you stay in this town, you're gonna be a lonely 55 year old sandwich technician." Um...

Travis:

I think it's sandwich artist. It's more art than technical.

Griffin:

Sandwich—

Travis:

I'll—

Griffin:

... sandwich engineer, at Subway.

Justin:

Also, Mitch, here's a key point for you, buddy, 'cause we care about you, 'cause you're the one writing in. Uh, if you convince a friend to move out to the city you live in, you're— You're opening yourself up to a lot of pressure.

Travis:

Yeah, that's all on you to be BFF.

Justin:

That's a lot of pressure. That's all on you to be his BFF for life. And if you're cool with that, fine. But for life, Mitch.

Griffin:

Not just BFF, but you have— You are replacing...

Justin:

You are his whole social system.

Griffin:

... You are his everything.

Travis:

You are a city ambassador.

Justin:

"When, uh, S. Dezal from Twitter goes to the movies, how the hell is he supposed to know which arm rest is his? There's only one each side. Am I lost?" Guys, what's the deal, armrests?

Griffin:

I have a great trick that I do—

Justin:

Ooh.

Griffin:

... and I, uh, I'm happy to share this with people.

Justin:

Okay.

Griffin:

You— As soon as you get to the movie theater, first thing you do, hit that concessions stand, buy a soda, and then as soon as you sit down, put that soda in one of the arm rests. And then, that, if the person next to you has umbrage with that, you just meet their eyes and you just keep your hand on your soda, with your arm on the arm rest and it's yours.

Travis:

I— I actually have a move that I do, where if I sit down and the armrests are already taken, I just wedge my elbows in behind their elbows and smile at them a lot. [laughing] And then they slowly move their elbows away from mine and then both armrests are mine.

Justin:

If— If it's one of the things where the armrests can deploy or be hidden, I think the thing to do is...

Griffin:

Put it up?

Justin:

... to—

Travis:

Instigate cuddle time? [laughs]

Justin:

... put it up. Move one, put it up, wink at the stranger. They won't— They will more than likely be so happy to put the down—

Griffin:

"Hey, how are you liking the movie? Let's take turns giving each other back rubs."

Travis:

"Hey, my hammies are real tight. I got some tight hammies."

Justin:

"No pressure. No pressure."

Travis:

"Could you rub this down for me?"

Justin:

"Hey, Mitch. You were— You were right. It was a great idea to move here. Could you just give me a quick, quick back rub like my Nana would do if we were at a movie together? 'Cause you're my whole system now." [laughing]
"You're all I've got."

Griffin:

"I have put all of my eggs in the Mitch basket, so [laughing] if you could give me a slow rub down."

Travis:

Bringing it back.

Griffin:

Uh, this one comes to us, uh, anonymously from FormSpring. It says, "I feel like I'm slipping away from all of my friends. We used to have a big thing in common, which got us all hanging out together. But now that's gone and I hardly see them anymore. MBMBAM, how can I save my friendships?"

Travis:

Was that big thing like, you all murdered someone?

Griffin:

It sounds like [laughing]—

Justin:

Couldn't keep it a secret.

Griffin:

It sounds like this guy got, uh, got pulled along by the Mitch wagon.
[laughing]

Justin:

This is what happens, Mitch! Uh, have you considered uniting over your shared admiration for a podcast?

Griffin:

Ooh.

Justin:

Say, one that features three brothers talk— Giving advice to peoples just like yourself?

Griffin:

Um, I totally understand where this question's coming from. Like, my group of friends, uh, was established because we all did community theater when we were kids, but now, like, we have scattered across the country, um, and, uh, and it sounds like that's the same thing that's going on there.

I think you need to just, like, evaluate... I still consider these people to be my dearest friends, um, even though I only, you know, see them or talk to them, uh, a handful of times every year. But even, uh, every time we do see each other, like, it's not weird. It's not like, "Hey, man, why haven't you given me a call?" Like, it's just a naturally, like, sort of establishment.

Justin:

That's a really good point, Griff. It— It's a natural sort of... and I had like a super close-knit group of friends in college, and I think. I mean we were literally hanging out every day, and I— And I think that it's— That what you're experiencing is totally normal, like it is not...

We're not built to have a super close group of friends your whole life. Like, this is sort of how we progress, right? You have this super close group of friends in college or whatever, and then you grow up, you do the family thing, and it's... but they're still important to you, like they're still part of your life.

Travis:

What you have to keep in mind is, as an adult, um, friendships are more work than they were when we were children and everything was convenient, and, "You're my best friend 'cause you live across the street from me."

As an adult, it's all about phone calls and making trips and making plans, and it's not the same. Lives are different, you grow apart. Um, the important thing is that you work at it if you wanna keep these friends. Um, you make the effort. Don't expect it to be as easy as it was. Um, call more—

Justin:

Yeah.

Travis:

... use the phone. It's great.

Justin:

Yeah.

Griffin:

Um, a Skype user named DateWives just asked to be added to my Contacts list, uh, offering me sex with married women.

Travis:

Uh-huh.

Griffin:

I don't—

Justin:

Do you need— Do you need our advice?

Griffin:

I do, that would be great.

Justin:

Is it an internal show advice? Don't do it!

Travis:

Yeah, how about no? I went through—

Justin:

Jesse—

Travis:

... I never use Skype. I went through today, in my requests: I literally had like 30, like, "Hot sex with me?" requests, and I was like, "Do I know these people? This is great!" But I didn't know them at all. It was awful.

Justin:

Uh, Jesse, uh, writes from Gmail, he says, "My wife is a very tidy person and is always putting my stuff away. Unfortunately, I'm not a slob and I keep my possessions well-organized, so mostly this entails her rearranging my things in a manner that makes it impossible to find.

"For instance, today I spent well over an hour searching for printer paper that was previously neatly stacked on top of a shelf in my home office near the printer, but had been put away in a closet in our guest room." Oh, that's... [crosstalk] Oh, that would piss me off.

Griffin:

I am having a visceral gut reaction to this question. I am so, so angry right now.

Justin:

That— Wow, that would piss me off. Here— Here is... okay, Jesse, I will- I will help you with this, this is something I have experience with, I can guide you.

You have to develop boundaries of rooms in the nicest way possible. I have... like okay, my wife and I got married, we decided that all my video games would go downstairs to my— to the den, right, where, uh, I have all my rec— My older consoles and stuff like that, all downstairs in the den.

And we keep our living room like relatively media-free. Like we have the 360, the PS3, the cable box, and all that jazz, but- but- but as far as like, DVDs, CDs and stuff, not in there. Okay? But in exchange, I have an office

where I have Master Chief's helmet glowering down at me from a shelf, because she doesn't move things around in here.

This is, um, this is my area to deal with as I see fit. And honestly, like, that's the only way you can do it, that you have shared spaces, you have her spaces, you have your spaces, you gotta have your own zone where she doesn't interrupt— interrupt your flow. And same for her, and you, if she has some crazy way she wants to keep things, you gotta let that happen. Or...

Travis:

I would just go two different houses.

Justin:

Two different houses?

Griffin:

Two different houses is a thing. You could just, um—

Travis:

Yeah.

Justin:

Two different wives, maybe?

Griffin:

You could not—

Justin:

"Hey, sister wife."

Griffin:

You could not keep any of your stuff, uh, in the house, and just have it be all of her stuff, and then pretend that you don't live there whenever her dad comes around. [laughing]

Justin:

Do you know anybody who's tried that strategy before, Griffin?

Griffin:

Uh, I— No, I can't say that I do. This one comes from Yahoo Answers [laughs] user, NoName2. He says "Is it strange to be attracted to cheese?"

Travis:

[laughing]

Griffin:

And I know. I know this seems like a joke, it seems like a thing that like somebody puts on Yahoo to, uh, to seem weird or quirky, but these answers, man, eh, I'm starting to think it's a thing.

Justin:

Uh-oh.

Griffin:

I'm starting to think that it's, uh, like, uh, the next foot-crush-food thing.

Justin:

Foot-crush is a thing, can we address that real quick?

Griffin:

Yeah. Yeah, sure.

Justin:

That's the new tub girl, guys. If you wanna— If you wanna really mess somebody up, uh, trick them into— Just search for food-crush or feet-food-crush on YouTube, and then link someone you know or... don't care about, pictures or videos of feet crushing stuff 'cause it's like huge.

Griffin:

It's like a hundred times more disturbing than it should be, right?

Justin:

Right. The one— Get— Find the one with, uh, the woman crushing chocolate eggs filled with cream.

Griffin:

Oh, no.

Travis:

Oh, god!

Justin:

It's— It's hugely upsetting.

Travis:

I haven't even seen it and I'm gonna vomit.

Griffin:

It's upsetting not because— The act itself is not upsetting. The— the knowledge that somewhere, somebody is having a...

Travis:

Touching their walnut.

Griffin:

... a slow 'bate to this video. [laughs] Someone's— Someone's massaging their walnut in small, sensitive circles, like—

Justin:

Oh, god—

Griffin:

... that's— [laughing] that's, um, that's—

Justin:

That's brutal.

Griffin:

Anyway, cheese. Uh, someone says, "Turophile: lover of cheese." Totally didn't make that up, Google it, it's a thing.

Travis:

Oh, Jesus.

Griffin:

It's a thing. Uh, one person [laughs] named Indian Tiger said, "No, it is not strange. Best of luck! Keep smiling!" [laughing]

Justin:

Um, what? How about you hide your smile if it's derived in any way from sexual cheese pleasure?

Griffin:

Uh, one person says, "Not at all, especially Swiss cheese. Wink." A-ha.

Justin:

Wanky, oh, god.

Griffin:

Mm-hmm.

Travis:

Um, so, here's the thing about abnormal psychology, um...

Justin:

[laughing]

Travis:

... all of abnormal psychology is based on context, and maybe in 30 years when everyone's boning down on cheese, it won't be weird anymore? But yeah, it is. Hey, it is. Um, Griffin, do you remember—

Justin:

[laughs] It is.

Travis:

... the story, um, we... I think we talked about this like six months ago, the woman who was in love with a roller coaster?

Griffin:

Oh, yeah. [laughing] Oh, no...

Travis:

It's a real thing.

Griffin:

It wasn't a roller coaster, it— it was like one of those...

Travis:

It was a carnival ride.

Griffin:

... like Viking ship, like swingy rides. What's that called, um, objectum-sexuality, is what that's called.

Travis:

Yeah.

Griffin:

That's the scariest YouTube video—

Travis:

It is.

Griffin:

That's like Tub Girl prime. That's like some real, heavy shit.

Travis:

The thing is like, when someone was telling me about it, I assumed it was like, um, a sexual thing, the vibration... no, like in love, like romantic—

Griffin:

She loves it—

Travis:

... "I'm in love with this carnival ride." It's awesome [crosstalk].

Griffin:

She loves its spirit. I made fun of that, um, in a college journalism class, and I— I got some shit from people who thought I was being insensitive, but nope.

Justin:

Insensitive, what? No!

Griffin:

Nope, she's—

Justin:

Some of us are trying to live in society, you crazy fucker.

Griffin:

Uh, this one comes from Stevie D. from Gmail.

Justin:

Stevie D.

Griffin:

"Sometimes— sometimes when I'm at a party—"

Justin:

Argh! That's my bow, the pirate ship watch them swing, argh!

Griffin:

[laughs] "Sometimes when I'm at a party with my friends, we play Rock Band, and we all take turns singing—"

Justin:

Argh.

Griffin:

... I get really psyched for when my turn comes, because I have super bitchin' pipes, and when I sing Simple Man by Lynyrd Skynyrd, it brings the house down without fail. However, sometime between when I grab the microphone and the song selection menu, a change comes over me and I wind up picking Crush, Crush, Crush by Paramore."

Travis:

Nice.

Griffin:

"Granted, every healthy, virile man within a quarter mile is at half mast by the time the song is over—"

Justin:

Argh, half mast! [laughing]

Griffin:

"... but it is still concerning. What does this say about me and is my concern warranted? Stevie D." Um, I think we can all agree that Paramore rules.

Travis:

Paramore does rule. Agreed.

Griffin:

Uh, Paramore—

Justin:

What?

Griffin:

No, they're— They're—

Travis:

That's a good band.

Griffin:

... they're a catchy band.

Justin:

Why am I not love to... uh, why am I not allowed to love novelty boats at theme parks, but you guys can enjoy Paramore unironically? [laughing]

Griffin:

Uh, well first of all—

Travis:

I love cheese.

Griffin:

... the lead singer of Paramore is far more attractive than an inanimate, uh, Viking boat ship.

Justin:

Can you imagine? What if she was—

Griffin:

On it?

Justin:

... on the masthead?

Travis:

Oh my God, get on it.

Griffin:

What if it was her... her and Vitamin C on opposite ends of the Viking boat ship?

Travis:

And they're all holding cheese.

Justin:

Oh, yeah. Oh— Yeah, and they're all holding cheese.

Travis:

Oh...

Griffin:

And I've got a—

Travis:

And your walnut can—

Justin:

Oh, my god.

Griffin:

Can we pause the show for two and a half minutes? [laughing]

Justin:

Yeah.

Griffin:

Um... no, I don't think there's anything... I would be more concerned with why your singing voice [laughs] is— Has, uh, an area of effect, like gives dudes gay boners, like, [laughs] oh, I don't know why that happens. Um...

Justin:

And that's not— that's nothing troubling if you're hanging out with a bunch of gay dudes, but if your voice has the power to make people gay, you should probably have consent forms.

Travis:

Yes. [laughs] With great power comes great responsibility, my man—

Justin:

Absolutely, absolutely.

Travis:

You're ruining marriages in a quarter mile radius and be careful, be real careful.

Justin:

"Um, hey guys." Oh, hey Mike. [laughing] Mike's, uh, is in Ann Arbor and he's, uh, on a Flogging Molly kick at the moment. He's taught himself some of the songs on the Geet-box and is trying to decide how best to sing with them. "For those unfamiliar with the band, the leader has an Irish accent. The problem is that I do not. When I sing them in American, a lot is lost, but I have tried it in an Irish accent, and I'm afraid I'm making a fool of myself."

Travis:

Yeah.

Justin:

Oh don't be afraid! That's exactly what happening. [laughing]

Travis:

Just embrace it. Go with it.

Griffin:

You could be an American cover band of Flogging Molly.

Justin:

Yeah.

Griffin:

I think that there's a market for that.

Travis:

Here's my advice; German accent.

Griffin:

I would say— I would say—

Justin:

[laughs] Catch everyone off—

Travis:

Flip that script.

Griffin:

... learn an accent that is completely different from Irish or American.

Justin:

Libyan.

Griffin:

Yeah.

Travis:

Ooh, I like it. Um, for some reason I read this question and it reminded me of, uh, Griffin doing Macy Gray. Just embrace it, brother. Just do it. Don't be afraid.

Griffin:

Yeah. I think you have to, especially if you're doing it at like an open mic, you've gotta emulate that voice—

Travis:

Yeah.

Griffin:

... because it makes it a lot more, eh... Travis and I have been doing a, uh, a pretty triumphant rendition of, uh, The Proclaimers, "I Wanna Be 500 Miles" and did, uh... I— We do the accents, I think, perhaps unconsciously, but— but we still do them and it adds to the effect.

Travis:

What— What helps, in all seriousness, is don't take it seriously yourself. Like, as you're doing the accent, don't try to nail it, especially if you're doing, like, an open mic night thing. You know, they know what you're doing, and you know what you're doing. So, just have fun with it. Don't make it a big deal.

Justin:

Unless the person isn't familiar, then they're gonna be like, [crosstalk] "What is that guy doing up there? He's a child up there at the microphone."

Travis:

This is true.

Griffin:

Is that the— Is that the guy from Once? Nope.

Travis:

Nope, they would just have to-

Justin:

Nope. There are many— Here's... Mike, there are many American songs.

Travis:

Yeah.

Justin:

Just find one of those. Save yourself this conundrum.

Griffin:

Oh, that's— That's the other thing, Flogging Molly is a shitty band, [laughing] and—

Justin:

Whoa!

Travis:

Whoa! They are no Paramore.

Griffin:

This one comes from Yahoo [laughs] Answers user—

Justin:

Oh, yeah, really. Your cred's been revoked!

Griffin:

This one comes from Yahoo Answers user, Nikolai. He says, or she says? No, I think it might be—

Justin:

He.

Griffin:

... he says. This is under the, uh, pregnancy and parenting baby names category. He says, "Can I name my baby girl Justin, after Justin Bieber?"

Justin:

[laughs]

Travis:

Yes.

Griffin:

Yeah. Yes. Duh, I think we should defer to Justin on this one, because it's his name and he has dominion over it.

Justin:

I mean, can you? Can you name your baby after Justin Bieber? Yes. I mean, should you tell anybody? No, probably not. Do you think Mr. Bieber will appreciate it, like, the honor? Why don't you pick somebody more deserving?

Why don't you pick a more deserving Justin to name your child after, someone who's going to give that kid the sort of minute one publicity that a baby starting out in today's fast-paced, Twitter-based world needs. Maybe name your baby after like, a Justin McElroy, somebody who's gonna get the name out there. Gonna get that baby's— Get that baby promoted. Uh...

Griffin:

Justin McElroy Bieber Nikolai.

Travis:

I love it.

Justin:

What about... What about Justin McElroy-Bieber and I'll hyphenate my last name, if he'll just have me back. I'm so sorry, Justin. I'm so, so sorry.

Griffin:

[laughs]

Justin:

I didn't know what I was doing. I'm so, so sorry. Please, baby, baby, please. Please, baby. Please, baby, baby, one more time. I'll tell you one time, Justin. I'm sorry.

Griffin:

He shouldn't have said that thing—

Justin:

It was— It was just a—

Griffin:

... about your teeth.

Justin:

... it was just [laughs]... it was just a boat. It was just a boat at an amusement park and there was— [laughing] there was a calliope in the background and I was, had a belly full of cotton candy, and I didn't know what I was doing. And I'm so sorry. [laughing]

There was— There was no line, and I [laughs] I saw it there in the reflection of the street lamp and I thought, "Yes. Yes. I'm a boat man. [laughing] I'm a boat man for life, and I left you. I didn't go see your show. And I'm sorry, Biebs. I'm sorry." Why don't you name— Why don't you name your kid Viking Fury? [laughing]

Griffin:

That would be the coolest name ever.

Travis:

That would be the best name ever. [laughing]

Justin:

See, now I want to use that, Viking Fury.

Travis:

God, that's awesome.

Justin:

Viking Fury McElroy.

Griffin:

Yeah.

Travis:

This is my son, Viking Fury. Well, what's his last name?

Justin:

This is my next son, Viking Fury.

Travis:

Fury. His first name is Viking.

Justin:

Sorry about your knee— Sorry about your knee cap, he just hit it with an axe.

Griffin:

He's two and he's got a little baby axe; My First Axe.

Justin:

Oh, [laughs] "What's up with that beard he's got going on?"

"I don't know. I named him Viking Fury."

Travis:

It really stuck.

Justin:

Uh, it's red like a sunrise.

Griffin:

Did he just kill that narwhal?

Justin:

[laughs] Yeah, he did. He's crazy. Stupid Viking Fury, get over here. Somebody— Honey, get the muzzle. Viking Fury's trying to [laughing] eat mutton. His stomach can't digest, he's only six weeks old.

Travis:

Oh. [laughs]

Justin:

Mush up some mutton, sweetheart, for, uh, for Viking Fury.

Travis:

Oh, goodness.

Justin:

So, I wanna— I wanna hear Griffin's last question, but first I feel like we should tell people how they can seek our guidance.

Griffin:

There's so many ways, so many options.

Travis:

So many.

Griffin:

I recently compiled them, on the new page on the *My Brother, My Brother, and Me* official website which is mbmbam.com.

Travis:

What— And real quick—

Griffin:

Oh, yeah?

Travis:

... uh, I wanna throw out a big thank you to everyone who's going to that page and going to all of our things, um, and thanks for everything so far.

Griffin:

Giving us so many hits.

Travis:

Uh, that's it.

Griffin:

Once we start selling out, we are going to make a tidy profit. Uh—

Travis:

[laughs]

Justin:

Yeah, a tidy, tidy profit. Uh, actually, we were actually, in the... I think we made it to number 12 on the iTunes comedy—

Travis:

Mm-hmm.

Justin:

... podcast charts—

Griffin:

Which is overwhelming.

Justin:

... which is just—

Travis:

Yeah.

Justin:

... and a misnomer, because it really— it's about helping. [laughs] It's not— It's not about yuks here. Um, but, uh, but yeah, it was super, super great, and if you haven't rated or subscribed yet, um, that would be awesome, but really, we'd love it if you would just find someone who isn't a fan yet, say, "Hey, do you have 35 minutes to really get your shit in order, Like really get it together?"

Griffin:

You need to tell them that they have a problem—

Travis:

Yeah.

Griffin:

... and that we can address it.

Justin:

Yeah. And if they want to start listening to it that way, say, "I'm going to listen to you if you can solve this problem for me," we're down. We're up for a challenge.

Griffin:

Um, but all our links are on mbmbam.com. Uh, you can— There's links to our FormSpring page where you can ask questions anonymously, there's our email mbmbam@gmail.com. Uh, you can join our Facebook appreciation group which is—

Justin:

Eh, if you do that, that would be huge.

Griffin:

Uh, you can subscribe on iTunes, leave a— leave a rating, leave a review. We really appreciate that. There's RSS feeds for Zune users that you can download. It's all on Mamba, Mambame.com. Uh, and—

Justin:

Or The Mamba, as I call it.

Griffin:

The Mamba. Thank you everybody for listening. It's— it's overwhelming. Justin Russo, thanks for making all of our sweet images, our JPEGs.

Justin:

Right. And Travis, thank you for joining us yet again—

Griffin:

Oh, yeah.

Justin:

... despite your debilitating disease.

Travis:

I do what I can.

Griffin:

Uh—

Justin:

I think it's nice that what- with what little time left, we're, uh, you're getting to be on a podcast.

Travis:

Well, you know, I'm just glad my wish is coming true, you know?

Griffin:

Thank you all for listening [laughing] to the series— series finale.

Travis:

[laughs]

Griffin:

Very, very special.

Justin:

You didn't think the finale would be so quick.

Griffin:

[crosstalk] ... *My Brother, My Brother and Me*. Uh, you can tune in next week for *My Brother and Me*.

Travis:

[laughs] Goodbye, sweet world!

Griffin:

... which is, uh... [laughing] Final question of the day. This one comes from... Oh, God, I should have realized that I can't say this person's name. This comes from Yahoo Answer user C-4-T-F-0-0-D, which I think is supposed to be Cat Food, [laughing] uh, who asks: "I need love potion ingredients. Help please."

[theme music plays]

Justin:

[laughs] I'm Justin McElroy.

Travis:

I'm Travis McElroy.

Griffin:

I'm Griffin McElroy.

Justin:

And this has been *My Brother, My Brother...*

Travis:

... and Me.