## **Shmanners 258: Earth Day**

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**Travis:** Why are recycling bins so optimistic?

**Teresa:** I don't know, why?

**Travis:** 'Cause they're full of cans!

**Teresa:** Ahh. It's *Shmanners*!

[theme music plays]

**Travis:** Hello, internet! I'm your husband host, Travis McElroy.

**Teresa:** And I'm your wife host, Teresa McElroy!

**Travis:** And you're listening to *Shmanners*!

**Teresa:** It's extraordinary etiquette...

**Travis:** ... for ordinary occasions! Hello, my dove.

**Teresa:** Hello, dear. I really liked that joke, is what I wanted to s—

**Travis:** I wish I had made that one up. I didn't—

**Teresa:** —smile at you. My smile was communicating was that that was a great one.

**Travis:** I didn't make that one up. That was from a list, "18 Funny Earth Day Jokes for Kids."

**Teresa:** Nice! Oh, "Click here to print the jokes." [laughs]

**Travis:** I'm not gonna do that.

**Teresa:** [laughs]

**Travis:** Okay. Wow, there's a lot in here!

Teresa: Mm-hmm, mm-hmm.

**Travis:** Uh-huh, yeah?

**Teresa:** Oh! What's the difference between weather and climate?

**Travis:** What?

**Teresa:** You can't weather a tree, but you can climb it.

**Travis:** Ahh! Okay. What kind of shorts do clouds wear? Thunderwear!

Teresa: Ahh!

Travis: Ahh.

**Teresa:** Those are great. Um, tell you what, I always associate Earth Day—uh, I have two things, right? That I think about. I think about the cartoon *Captain Planet*...

Travis: Okay.

**Teresa:** And then I think about—was it—what was the show that there was that, like, aggressive Earth Day green guy.

**Travis:** That would be *30 Rock*, with Greenzo.

**Teresa:** 30 Rock, Greenzo, yeah. I think about that.

**Travis:** Where I think it was, like, an NBC-wide mandate of, like, make content about Earth Day.

Teresa: Uh-huh?

**Travis:** This week, which is interesting. Because here's the—I—I... will say, this is—I have hesitated to ask this question all week. Is there enough about Earth Day to do a whole episode on?

**Teresa:** Oh, there is. There definitely is.

**Travis:** Okay. I was worried, because, like, I don't know if—I know it's a day, you know? To celebrate Earth. [laughs]

Teresa: Mm-hmm, mm-hmm?

**Travis:** It's the only planet we got, take good care of it, all that stuff.

**Teresa:** Yeah, mm-hmm, we live here.

**Travis:** But I don't know anything about it.

**Teresa:** Okay. Um, well, it's more than planting trees, which is what I thought it was in elementary school.

Travis: That's Arbor Day.

**Teresa:** I know, but in elementary school they gave us saplings for Earth Day.

**Travis:** Well, I mean, I guess trees are good for the Earth too.

Teresa: Yeah, yeah.

**Travis:** It's not exclusive to Arbor Day. I think you can—unlike a lot of holidays, where, like, if you gave a valentine on, like, April 6th or something. But you can plant a tree anytime.

**Teresa:** It's true. Growing up, my parents never allowed us to plant the sapling in our yard, because my dad thought that, like... I don't know. I don't know what he thought.

**Travis:** That the—that the—the, uh, roots would snake their way into your pipes, into the drains?

**Teresa:** But we did have a, uh, a kind of wooded area behind our property, by a park that they let us, quote, "plant" the trees. I'm certain that I had to do it myself, and I never, like, dug it deep enough, or watered it enough, or whatever.

**Travis:** Well, I think that this is also a thing now as a parent ourselves, is that Bebe is super—any seed—

**Teresa:** [through laughter] Oh yeah.

**Travis:** Like, if she eats an apple, she wants to plant the apple seed. And, like, I now as a grownup am thinking, like, "Man, if all these things were to grow, that's a lot of work." [laughs]

**Teresa:** [laughs]

**Travis:** Ugh, I have the long term—I have the foresight to understand how big a tree can get, and you're just thinking, "Aw, free apples!"

**Teresa:** [laughs] Yeah. Okay. Well, so, let's talk about the history of Earth Day.

**Travis:** Please. So, when was Earth invented?

Teresa: Uh, well...

**Travis:** The first historical example of Earth comes from ancient Egypt.

Teresa: Okay.

**Travis:** And they said, "Oh, look. Hey, has anyone else looked down?"

**Teresa:** Hey, if you want real facts, you should go to earthday.org.

Travis: Okay.

**Teresa:** 'Cause that's a great place to find these things.

**Travis:** Makes a lot of sense.

Teresa: Alright. April 22nd, that is today, but you will be hearing this

tomorrow.

**Travis:** Yeah. The Boxing Day of Earth Day, tomorrow.

**Teresa:** Yes. In dead—dead? [through laughter] Indeed.

Travis: Indeed.

**Teresa:** Oh boy. Um, okay. So, it began as a day for environmental preservation in the US, and it turned into a worldwide phenomenon!

Travis: Excellent.

**Teresa:** Earthday.org, like I mentioned, estimates that over one billion people participate in some sort of community cleanup or recycling drive or general Earth Day activities every year.

Travis: Cool!

**Teresa:** You were talking about the first Earth Day.

Travis: Yes.

**Teresa:** Uh, the holiday didn't form until the early 1970s.

**Travis:** Okay. Hm, that fits for me.

Teresa: Yeah?

**Travis:** I think I could see that. The '70s—well, '60s, but it feels like a time of just, like, "Hey, maybe we should start thinking about, uh, environmentalism, and protecting this Earth, and maybe not just, like,

throwing stuff around, you know?" That's when I can picture commercials starting about, like, cleaning stuff up and picking up by the side of the road and all that things. You know.

**Teresa:** Mm-hmm. Um, and so... let's—let's think about one of the—one of the catalysts. Um, right after World War II, only about 22% of Americans owned cars, and by the '60s, that number had more than doubled, and everything ran on leaded gasoline.

Travis: Oh.

**Teresa:** Yeah. And this influx of leaded gasoline-consuming cars wasn't the only thing. Uh, industry was booming, because of the Vietnam war, right? Wartime always speeds up industry. Uh, factories, chemical plants, oil industries, they were all contributing to pollution at a pretty staggering pace, uh, because there were no rules about dumping anything.

**Travis:** Ohh, yeah, yeah, yeah.

**Teresa:** Uh, you know, rivers, swamps... if you were making something and you were leaving—and you had a byproduct, there wasn't any kind of rules or laws about where that byproduct had to go.

**Travis:** Wow! I know that that's true, right? And I know that, like, if I had thought about it for long enough if someone had said, "Do you think there used to be laws about where you could put stuff?" I'd be like, "No, probably not."

But just hearing you say that makes my stomach drop.

Teresa: Yeah!

**Travis:** Like, the upsetting nature of that idea, of just like, "I don't know, put it wherever!" [laughs] Is so—oh my God!

**Teresa:** We—I mean, we've mentioned in this podcast, even, that people would throw human waste out the window and into the Thames. And, like,

that's the kind of, like, timing that I think about when I think about just waste in the streets, but—

**Travis:** Yeah, but not to get gross, right? But at least that is mostly, like, biodegradable and, like, fertili—like, this idea of, like, byproducts of, like—that includes, like, chemicals and waste and things that will not break down and fertilize in nature.

**Teresa:** Right. So, in 1962, author and marine biologist Rachel Carson published an influential book called *Silent Spring*. Have you heard of this?

Travis: No.

**Teresa:** I—I have. Um, it's about—

**Travis:** What's the name of it?

Teresa: Silent Spring.

**Travis:** Okay. If you didn't tell me about it, I would've guessed romantic

thriller. Is that true?

**Teresa:** Ooh, no. Mm-hmm, mm-hmm.

**Travis:** Okay.

**Teresa:** Uh, it was about.

**Travis:** [dramatic voice] *Silent Spring...* 

**Teresa:** It was a warning.

Travis: Oh.

**Teresa:** For the effects of natural deterioration, and it pushed public awareness about preserving the planet.

Travis: Okay.

**Teresa:** Um... there had been a number of protests, but it really all came to a head, um, when an oil spill devastated Santa Barbara, California in 1969. Um, and that is when a man named Gaylord Nelson came to the scene.

Travis: Okay.

**Teresa:** Uh, Nelson was a senator from Wisconsin who—I mean, it seems that... why would a senator from Wisconsin really worry about it? But I guess it's a—agriculture is a big thing in Wisconsin.

**Travis:** Yeah. Ask anybody from Wisconsin. They'll tell you.

**Teresa:** [laughs] Okay. And—

Travis: I mean—

**Teresa:** [laughs loudly]

**Travis:** I don't know why... that tickled your funny bone. I've just met a lot of people from Wisconsin, and if you ask 'em about Wisconsin, they'll talk a lot about what's in Wisconsin!

Teresa: Okay.

**Travis:** People from Wisconsin tend to be pretty proud of Wisconsin. And now I'm worried that I've said Wisconsin too much.

Teresa: [laughs]

**Travis:** Wisconsin, Wisconsin, Wisconsin.

**Teresa:** I'll save you. 1970, the senator introduced the idea of a national teach-in on the environment. Uh, I—I don't really know what a national teach-in is, but it seems sort of like, "Let's just all talk about it. Let's tell everybody to talk about it."

**Travis:** Yeah. It feels like—this is the '70s, right?

Teresa: Yeah.

**Travis:** '70s was a time of—of the, like, uh, you know, conversation pit, you

know?

Teresa: Okay.

**Travis:** The, like, "Hey, we're gonna focus on the education of this, but we're gonna call it a teach-in, so it speaks to the cool hippy kids who like to do sit-ins and stuff." I bet that was the idea behind that.

**Teresa:** I bet—I bet that's pretty close. Uh, he assembled a team, as you do. Um, and the team—

**Travis:** There was the face guy. The muscle. The driver.

**Teresa:** [laughs] The team recruited other people, so you've got a kind of expanding team, people with peoples, uh, to promote Earth Day as a concept all around the country. So it was kind of like...

**Travis:** Grassroots.

**Teresa:** Grass—oh! Oh, I see what you did there.

**Travis:** Thank you.

**Teresa:** The hope was that he could infuse the energy of the student antiwar protests with the emerging public consciousness about air and water pollution.

**Travis:** You know what's interesting? 'Cause I bet—once again, as I've said often on the show, I'm not a sociologist or an anthropologist or a historian. But, I bet that you could do a really interesting, like, uh, like, sociology study, or psychology study or whatever, on how because of that, because those two things became connected, that still to this day worrying about environmentalism is seen as, like, inherently kind of, like, hippy-ish. You know what I mean?

That it's like, "Okay, well, I think we can connect these two ideas and get them both passionate about this." And so now to this day, I think that there is still a certain... I don't wanna say "stigma" so much as just, like, stereotype, I guess?

**Teresa:** Sure, sure. I can see that. So, Denis Hayes, who was a—a congressman, a Republican congressman, saw this as a bipartisan issue. And so he suggested—

**Travis:** Huh. Can you imagine? What a weird world, where Republicans are like, "maybe taking care of the environment and the planet is an—is a bipartisan issue." Interesting. Go on!

**Teresa:** [laughs quietly] He suggested April 22nd for maximum student participation, because they would still be in schools, and it's a weekday, and all that stuff. Um—

**Travis:** [dramatic voice] Maximum student participation!

**Teresa:** It was right between Spring Break and final exams, and this is when it got the name Earth Day.

**Travis:** Right there. It does what it says on the tin.

Teresa: Yeah, it's quite brandable.

**Travis:** Earth Day. Earth... Day. Capital E, capital D, Earth Day.

**Teresa:** And it also fits on a t-shirt a lot easier than conservationalism.

**Travis:** That's true. That's true, yeah, okay, fair fair fair.

**Teresa:** Yeah, it totally does. So on April 22nd, 1970, over 20 million Americans—which was, like, 10% of the entire population, that's pretty good! They took to the streets, to the parks, to auditoriums, to demonstrate against 150 years of industrial development and the pollution that it caused.

So, there were protests, fighting pollution, um... let's see. In college campuses, uh, and, you know, just kind of like, in the streets? It was almost like... it was like the anti-war protests that I—that I said earlier. It was like...

**Travis:** But this is a war on the planet.

**Teresa:** I—yeah!

**Travis:** We wanna stop the war on the planet. We wanna save Earth!

Teresa: Yeah!

**Travis:** And fight aliens instead!

**Teresa:** Um, and so—

**Travis:** No? Nothing in that? Not gonna connect—

Teresa: No.

**Travis:** —to the fighting the—okay.

**Teresa:** No, 'cause Earth—yeah, I got it.

**Travis:** No, but I'm just saying, like, maybe stop fighting Earth, and start

fighting the Moon? How about that?

**Teresa:** No, the aliens are better.

**Travis:** What if we take all of our garbage and we put it on the moon? Huh?

Teresa: No.

**Travis:** Science, talk to me!

**Teresa:** Mm-mm.

**Travis:** Let's do thi—okay, it's probably not—okay. It's not good, but it's better than it being on Earth, right? We shoot it into the sun.

Teresa: Ooh!

Travis: Yeah.

**Teresa:** Then it would just burn up!

Travis: Just burn up! That's right!

Teresa: Get on this.

Travis: Okay.

**Teresa:** Uh, so—um, the '60s were a really divisive time, like we've talked about. And so Earth Day, unlike the anti-war protests before it, really, like, brought everybody together in rare political alignment for the time. Um, so everybody—instead of the kind of protests where we think about, like, shouting, they were more like a parade.

**Travis:** Oh, so like a celebratory protest.

Teresa: Yeah. Yeah.

**Travis:** We all love Earth, right? We can all agree on Earth. Which is your favorite planet to live on? Check one.

**Teresa:** Farth!

Travis: Earth, see? Unanimous.

Teresa: Unanimous.

**Travis:** Everybody likes living on Earth.

**Teresa:** So the first Earth Day in 1970, um, led to the creation of the United States Environmental Protection Agency.

Travis: Ohh! The EPA, huh?

**Teresa:** That's right! So, Earth Day actually predates the EPA.

**Travis:** That is very interesting.

**Teresa:** That's a little wild to me.

**Travis:** That is—I mean, it's wild to me, too.

Teresa: I mean, we talked about how there were no rules, and now

because of Earth Day, we started making rules, which is great!

**Travis:** We made a whole agency about it.

**Teresa:** Yeah, that's right! It was a giant success.

**Travis:** We should talk more about this. But you know what we should do

first?

Teresa: What?

**Travis:** Write a thank you note to our sponsors.

**Teresa:** Let's go!

[theme music plays]

**Teresa:** Shmanners is sponsored in part this week by DoorDash!

**Travis:** Tell me about DoorDash, Teresa.

**Teresa:** Well, DoorDash is this great thing where you can—

**Travis:** Where when you need a door, someone brings—

Teresa: No.

Travis: No?

**Teresa:** But when you need food...

Travis: Oh!

**Teresa:** Any time of the day...

**Travis:** Now, is it just food?

Teresa: I mean, groceries as well.

**Travis:** [gasps] What? What?

**Teresa:** Uh, convenience supplies.

Travis: What?!

**Teresa:** Things of that nature. And all you have to do is go on their app,

right?

**Travis:** They have an app?

**Teresa:** They do have an app!

**Travis:** Who doesn't these days?

**Teresa:** [laughs] So, if you need dinner, or deodorant, or a pick-me-up from Dunkin, you can get everything you need, when you need it, with DoorDash! They connect you to the restaurants and stores that you love, and they bring it to you, to your door! You can get your grocery essentials, you can have drinks, snacks, other household items delivered in under an hour!

Um, so when you want to order, you open the DoorDash app, choose what you want from there, and then the items can be safely left outside your door with contactless delivery.

So, for a limited time, our listeners can get 25% off and zero delivery fees on their first order of 15 dollars or more when you download the DoorDash app and enter code "shmannerspod." That's 25% off, up to a 10 dollar value, zero delivery fees on your first order when you download the DoorDash app in the app store, and enter the code "shmannerspod." Subject to change, terms apply.

**Travis:** Uh, we're also sponsored this week by Bombas! I love socks. There, I said it. I'm not afraid to say it. I'm not afraid anymore. I love socks. I like to put 'em on my feet. I like to wear 'em on my feet.

**Teresa:** [holding back laughter] Like to take one off and wear the other one.

**Travis:** That is true. Sometimes I will get—

**Teresa:** [laughs]

**Travis:** —distracted in the middle of taking off my socks and I'll just leave one on.

**Teresa:** Or putting on your socks.

**Travis:** Or putting on my socks, which is a good way [laughs] to lose socks.

**Teresa:** [laughs]

Travis: That will happen. That is true.

**Teresa:** But you can always buy more socks from Bombas, because it's—it's a way to get socks and give back.

**Travis:** That is true! But first, let me tell you a little bit about 'em, and then I'll tell you about that. See, Bombas performance socks have taken all the innovation that makes Bombas super comfortable and added their special Hex Tec performance technology.

Bombas performance socks are stitched with special moisture-wicking yarn and temperature-regulating vents that allow air flow in and prevent overheating, and like all their socks, for every pair of Bombas performance socks you buy, they donate a pair to someone in need, and they've donated over 45 million pairs so far.

We love 'em. They're comfortable, they're stylish, and that technology is no joke. I know that that sounds like hokum, this idea of sock technology, but it is real, and it feels great, and it really works.

So, go to bombas.com/shmanners today and get 20% off your first order. That's B-O-M-B-A-S dot com slash Shmanners for 20% off. Bombas.com/shmanners.

[dramatic music plays]

**Justin:** We're the hosts of *My Brother, My Brother, and Me*, and now, nearly 10 years into our podcast, the secret can be revealed. All the clues are in place, and the world's greatest treasure hunt can now begin.

**Griffin:** Embedded in each episode of *My Brother, My Brother, and Me* is a micro-clue that will lead you to 14 precious gemstones all around this big, beautiful, blue world of ours.

**Travis:** So start combing through the episodes. Uh, let's say, starting at episode 101 on.

**Griffin:** Yeah, the early episodes are pretty problematic, so there's no clues [through laughter] in those episodes.

**Travis:** No. No, not at all.

**Griffin:** The better ones, the good ones? Clues ahoy.

**Justin:** Listen to every episode repeatedly in sequence. Laugh if you must, but mainly get all the great clues. *My Brother, My Brother, and Me:* it's an advice show, kind of, but a treasure hunt, mainly. Anywhere you find podcasts or treasure maps. *My Brother, My Brother and Me:* the hunt is on!

[music and ad play and end]

**Travis:** So, when last we checked we were on Earth.

Teresa: Yep.

Travis: And we liked it.

**Teresa:** Yes! Because Earth Day was amazing.

Travis: Okay.

**Teresa:** Is amazing. So, let me give you some stats, here.

**Travis:** I love stats. I love data. I love information.

**Teresa:** [laughs] In the year 2000, the biggest Earth Day campaign yet was

focusing on climate change and the push for green energy.

**Travis:** I bet Al Gore had something to do with that.

**Teresa:** Maybe. [laughs]

Travis: I bet he did! 2000?

**Teresa:** Okay!

**Travis:** He would've been Vice President. I mean, you're laughing at me! I was trying to give some historical insight, there! Just saying it was probably Al Gore who was all up in that.

**Teresa:** I mean, it was Hayes. We talked about him earlier. He was called Mr. Earth Day, and "the Hero of the Planet" by Time Magazine in 1999.

Travis: Okay.

**Teresa:** You can't let Al Gore take credit for everything.

**Travis:** I—well... okay. I can let him take credit for a lot of stuff.

**Teresa:** Not the internet. Not Earth Day.

**Travis:** No. But he did invent podcasting?

**Teresa:** [extended laughter] Okay. [laughs] Uh, so, the biggest—the biggest, uh, Earth Day yet was in 2000. Uh, 5,000 environmental groups in 184 countries came together to build a global conversation about the health of our planet. Um, so on the 30th anniversary of the holiday, millions of people sent a message to world leaders to take decisive action on climate change and renewable energy.

Um, Earth Day turned 50 last year and is still going strong. It is widely recognized as the largest secular holiday in the world.

Travis: Wow!

**Teresa:** And is a day of action dedicated to policy change, protest work, and environmental education. Schools, churches, social organizations all over the world come together on today, April 22nd, to celebrate the planet and do their part, to recycle, plant trees, clean up parks, do what they can do. Um, and I think that is... [sighs] That's really great.

Travis: Yeah!

**Teresa:** I think the most important part of doing this is—I mean planting trees is great. Recycling, fine. But we really need to push for policy change!

Travis: Yes.

Teresa: Um, because—

**Travis:** At the individual level, there's a lot you can do, right?

**Teresa:** Yeah, absolutely.

**Travis:** But at a certain point, you're gonna hit a roadblock of resources, time, all of that stuff, and the ability that one person or even a large group of people can do, if things at the top down aren't changing.

**Teresa:** Mm-hmm.

**Travis:** I—yes. 100%.

**Teresa:** Right. Um, so here are some of the individual things that you can do to get into the spirit. Um, you can—

**Travis:** And you can do these anytime. I know it's the day after, but—

**Teresa:** Absolutely. Um, you can have a talk with your kids, talking to them about conservation, um, by talking about animals, which is part of the whole Earth Day thing, even though it's not... Earth, like, dirt. It's—[laughs] it's the Earth. The animals live on Earth, right?

**Travis:** I think—no, I think—hey. I think we get that.

**Teresa:** [laughs]

Travis: I don't—I don't—

**Teresa:** You were looking at me confused!

**Travis:** Well, honey, I—I don't normally give feedback in the middle of the episode?

**Teresa:** [laughs]

**Travis:** But I don't think explaining that animals are on Earth is something that... I think people know that animals aren't the dirt, but that they live here. I think I get that, yeah!

**Teresa:** So, words like 'endangered species' were first introduced after Earth Day, to be part of the conversation, right? Natural habitat,

conservation, all of these things were, like, really not on the radar until the '70s, so we have to continue to teach people about them.

**Travis:** I think that's the other thing that's really easy to lose track of is that as we're talking about these things, right? That, like, you know, we're in our mid to late 30s, depending on who you ask, and I—I think that there is a certain—we've grown up, right? Understanding these things, and hearing about them. And there are people who, I mean, what, 20 years older than us? Who just did—this wasn't a conversation when they were growing up. Like, not in the same way.

And so, it can be hard for people to accept that the way that they used to do things was wrong.

Teresa: Sure.

**Travis:** And—and so, I think that having this kind of thing talked about over and over again and explained, not only to kids, but sometimes to parents, too, can be a really important conversation to have.

**Teresa:** Um, do you remember Penny War?

Travis: No?

Teresa: No? Uh, Alex—

**Travis:** Once again, a romantic thriller.

**Teresa:** No. Alex mentions, uh, that there was a classroom jar that people would put their pennies in, and it would be donated to wildlife conservation. I don't think that we ever did anything like that. I do remember, um—oh, at the Cincinnati Zoo.

Travis: Yeah.

**Teresa:** They have a really great, um—so, you give them your old cell phone, and then they refurbish—they take—they give them to a company

that refurbishes them, and the proceeds from those sales go to a gorilla habitat.

**Travis:** I imagine they also probably recycle some of the special metals out of there so that you spend less time mining those out of other places, right?

**Teresa:** Oh yeah.

**Travis:** 'Cause some of those phones I've seen in there are ooold!

**Teresa:** [laughs] Well, you—I mean, that's the thing. You wanna give a old...

**Travis:** Yeah, but they're, like, older than my solid brick Nokia I had when I was 18.

Teresa: [laughs] Okay, yes. I'll allow it.

**Travis:** Okay.

**Teresa:** Um, but there are—

**Travis:** That you could only, like, make calls and play Snake on.

**Teresa:** [laughs] There are a lot of really great things that we can do to affect change. One of the things that you can do at home is you can volunteer, Earth Day or any day, to help clean up a park, or a river, or another natural area. Um, you can plant flowers and vegetables. Every plant helps the planet. You can—

**Travis:** Here's an—I would like to say another thing, here.

Teresa: Oh, sure!

**Travis:** Um, educate yourself on recycling, because the thing about recycling is, it is very easy to fall into the trap of thinking, "Well, this is plastic, so it goes in the recycling bin."

Teresa: Right.

**Travis:** But only some plastic can be recycled, and actually, uh, I think it was one *Last Week Tonight* recently that they talked about it, but I've known about this for a while. Of the issue of—so, there was a big push when marks started going on things to show if it could be recycled or not.

**Teresa:** Oh yeah, the little triangle with the arrows and the numbers.

**Travis:** That some plastics producers lobbied to get an additional thing that doesn't mean anything, right? That basically it's the triangle that goes on stuff that, like, can't be recycled. But people see that and they think, "Ah, this goes in the recycle bin. It's got the triangle on it."

But, like, not all plastic can be recycled, and the problem is twofold. One, throwing things into the recycling bin that can't be recycled wastes resources for the people who do the recycling. And two, it also can trick consumers into thinking that buying more plastic things is okay, because they are recycling it. And that's just not the case.

So, educating yourself about what can and can't be recycled, and about better packaging for things and buying things with packaging that either can be recycled or is, like, compostable, or is whatever, right? Is—is just something that is part of being an educated consumer.

**Teresa:** Mm-hmm. Absolutely. And so I think that, you know, there's lots of stuff that we can do besides recycling, you said. Another one could be, like, low flow shower heads, low flow toilets, um—

**Travis:** Not using as many paper towels.

Teresa: Right, yeah.

**Travis:** Use washable towels. Um, reuse, like—things you can reuse, right? Glass jars for containers, that kind of thing, instead of Tupperware.

Teresa: Reduce, reuse, and recycle.

**Travis:** When I was a kid for a while I had a really hard time with that, and for some reason in my head it got stuck as "Reduce, reuse, resave." And that's not a word.

**Teresa:** [laughs] That's not a—no.

**Travis:** That is not a word.

**Teresa:** That's not a word. Um, okay! Happy Earth Day!

**Travis:** Happy Earth Day, everyone. Thank you so much for joining us. This is a bit shorter one, but you know what? There was a lot of good information in there, so I'm sticking with it.

Um, thank you for listening. Make sure you check out all the other amazing MaximumFun.org shows. Uh, speaking of, MaxFunDrive is coming up very soon, very, very soon. Um, and that's your chance to support the art and artists you love, uh, and get rewarded for it, including some really fun bonus content. We have the *Shmanners* bonus content all locked and loaded and ready to go, and it—

**Teresa:** That was a fun one.

**Travis:** It was a fun one.

**Teresa:** That's a good ep, you guys.

**Travis:** It was all about outdated dating advice. Uh, it's wild. Some of it's

wild.

**Teresa:** [laughs]

**Travis:** Um, so make sure you go check out the other shows as we lead up to MaxFunDrive. Um, go check out all the other McElroy shows at mcelroy.family. You can also check out the McElroy merch over at mcelroymerch.com, including the absolutely adorable Farm Wisdom pin, which benefits the AAPI Civic Engagement Fund, which supports efforts by local community-based organizations to combat violence and hate.

There are shirts over there, there's pins over there, there's stickers, there's all kinds of stuff. Go check it out. Don't forget to preorder *The Adventure Zone: Crystal Kingdom* over at theadventurezonecomic.com. That comes out July 13th 2021, and there's a preorder give over there from our publishing company First Second. It's a Kravitz lenticular laptop sticker, and you can submits receipts for a preorder gift at bit.ly/taz4preorder.

Um, let's see. What else, Teresa?

**Teresa:** Well, we always thank Brent "Brental Floss" Black for writing our theme music, which is available as a ringtone where those are found. We also thank Kayla M. Wasil for our Twitter thumbnail art. When we take questions for episodes, that where we get all of our questions, so take a look at @shmannerscast.

We always thank Bruja Betty Pinup Photography for the cover picture of our fan-run Facebook group, also called Shmanners Fanners.

**Travis:** Did we thank Alex?

**Teresa:** No, we didn't. Thank you, Alex!

**Travis:** Alex, thank you so much. Couldn't do it without you.

**Teresa:** Um, and Alex reads every email sent to shmannerscast@gmail.com. She is looking for topic suggestions. She is looking for idioms.

**Travis:** Always.

**Teresa:** Always send those in. We love it, love it, love.

**Travis:** Okay! Well, that's gonna do it for us, so join us again next week.

**Teresa:** No RSVP required!

**Travis:** You've been listening to *Shmanners*...

Teresa: Manners, Shmanners. Get it.

[theme music plays]

MaximumFun.org. Comedy and culture. Artist owned. Audience supported.

[music plays]

**Speaker One:** MaxFunDrive 2021 is coming! It'll be May 3rd to May 14th. To get in the spirit, we asked folks like you to let us know what Maximum Fun and our shows mean to them.

[voicemail beep]

**Speaker Two:** You know, the Maximum Fun network is really important to me, because it is not just a collection of podcasts, but it is a lifestyle and a value system.

[voicemail beep]

**Speaker Three:** The podcast frequently and deftly float between meaningful and irreverent, in one moment drawing attention to social issues, and in another, making dick jokes about Klingons. It shouldn't work, but it does, and I have to believe it's because Max Fun's podcasts are, at their core, thoughtful and kind and human, during a time that has often felt cold and isolated.

[voicemail beep]

Speaker Four: So, keep being great, and doin' what you do!

**Speaker One:** MaxFunDrive will be May 3rd to May 14th, 2021, and you won't wanna miss it. Brilliant eps, drive-exclusive gifts, and maybe some surprises! Want to directly support the hosts of the show we just jumped into? Come back May 3rd for MaxFunDrive.