00:00:00	Sound Effect	Transition	[Three gavel bangs.]
00:00:02	Jesse Thorn	Host	Welcome to the <i>Judge John Hodgman</i> podcast. I'm Bailiff Jesse Thorn. We're in chambers this week, clearing the docket. With me as always is clear-breathing East Coaster—
			[John laughs.]
			—Judge John Hodgman.
00:00:17	John Hodgman	Host	[Sighs.] How are you doing out there—? I mean, on top of everything else, there's a dense layer of smoky, apocalyptic fog, and fear, and anxiety. How are you holding up, Jesse? Are you okay, or okay-minus?
00:00:29	Jesse	Host	[Laughs.] Well, I'm definitely okay-minus overall. But in the context of the smogulous smoke that's outside of my home it's going okay. I <u>somehow</u> ordered two air purifiers two days before the air got bad here in Los Angeles.
00:00:51	John	Host	Oh!
00:00:52	Jesse	Host	On for the upstairs of my home, and one for the downstairs of my home. I don't know why I did it. I think I was just looking for some way to fill the hole in my heart—
00:01:02	John	Host	Mm-hm.
00:01:03	Jesse	Host	-left by the nightmare that is 2020.
00:01:04	John	Host	Yeah.
00:01:05	Jesse	Host	And I thought, "Maybe this will get rid of my persistent anxiety throat- ache." It hasn't, <u>but</u> it <u>has</u> kept my family healthy, to the extent that we have stayed indoors.
00:01:16	John	Host	I'm very glad to hear that. I also have been indulging in some self- care. You know, I try to watch a little bit of a movie every night.
00:01:24	Jesse	Host	Mm-hm.
00:01:25	John	Host	Because what else is there to do?
00:01:26	Jesse	Host	Sure.
00:01:28	John	Host	And on top of all of this, I've—this is a minor thing, but it—there is some justice that needs to be served to a particular actor. In my self- care routine, I—I know nostalgia's a toxic impulse. But it's less toxic than everything else this year. <i>[Laughs.]</i> And I decided to go back and revisit <i>Superman: The Movie</i> , directed by Richard Donner in 1978, starring Christopher Reeve.
00:01:52	Jesse	Host	Sure.
00:01:53	John	Host	Which is a <u>delight</u> . You've seen it, surely, Jesse.
00:01:54	Jesse	Host	I've seen Chris—Superman: The Movie, yeah!
00:01:56	John	Host	Yeah.
00:01:57	Jesse	Host	And I've seen the one where he he's—ends nuclear weapons.
00:01:59	John	Host	Yeah! The—
00:02:00	Jesse	Host	That's like Superman IV or V or something.
00:02:01	John	Host	The War for Peace.

00:02:02	Jesse	Host	Yeah.
00:02:03	John	Host	Superman IV: The War for Peace.
			So look. Richard Donner is an amazing director. This thing has a look and feel that veers between pure fun and pure reverence. It's playful, it's lyrical, it's wonderful. Margot Kidder recites a poem. Christopher Reeve is the greatest. Of all Supermens.
			But here's the thing, Jesse. I have—when was the last time you saw it?
00:02:31	Jesse	Host	Oh, 25 years ago.
00:02:33	John	Host	Yeah. I mean, it's been years for me. [Stifles laughter.] And I did not notice until—now I am a grown man. I did not notice that the person that they cast as young Clark Kent is also a grown man!
			[Both laugh.]
			And I know in the seventies—like, I figure—like, he's supposed to be in high school. And he's <u>clearly</u> a grown man! The actor's named Jeff East. And he was either 20 or 21 years old when they filmed it. But because it was the seventies, all male actors looked like they were 38 anyway.
00:03:06	Jesse	Host	Yeah. [Laughs.]
00:03:07	John	Host	With the exception of Christopher Reeve, who kinda <u>looked</u> like he was 21 years old, even though he was older! It's like—
00:03:12	Jesse	Host	The entire nation was afflicted with a case of Burt Reynolds-itis.
00:03:16	John	Host	[Laughs.] Yeah. Who was offered the role, by the way!
			[Jesse laughs.]
			Of Superman.
00:03:20	Jesse	Host	[Laughing] Wow.
00:03:20	John	Host	Turned it down. James Caan—
00:03:22	Jesse	Host	Who knew that Superman loved chewing gum so much?
			[Both laugh.]
00:03:26	John	Host	And smirking.
00:03:27	Jesse	Host	Yeah.
00:03:28	John	Host	And smirking in a rapscallion-y way. They didn't wanna give the role to Christopher Reeve, because he looked too young and skinny. But then when they're casting Clark Kent as a young man they get a—a skinny grown-up!
			Now. That's okay. That's just how it goes. When I was a kid, I never noticed. I never noticed that this grown-up looked like a grown-up. Because I thought all teenagers <u>were</u> grown-ups. They had—children actors could have been hired. But they didn't.
00:03:56	Jesse	Host	Right.
00:03:57	John	Host	Now I understand. Now I see it. But what I remembered of Jeff East's

			performance as young Clark Kent, is it's a terrific performance! And it <u>is</u> . He's really, really good at it! And we're lucky to have seen him running fast by that train!
			What I didn't know until I looked him up—because I was like, "What ever happened to that guy?" First of all, this guy, the indignities they heaped upon this grown man. Not only did they re-dub all of his dialogue—Christopher Reeve is speaking every line that that guy speaks! I never knew that. They re-dubbed Jeff East's dialogue with Christopher Reeve's voice.
			[Stifles laughter.] And they applied prosthetic makeup to this guy! To make him <u>look</u> more like Christopher Reeve. They could have just hired Christopher Reeve and made him wear a—like a college sweater or something!
00:03:56	Jesse	Host	[Laughs.] Just given him a Jughead hat.
00:04:58	John	Host	[Laughs.] Yeah! Yeah, exactly! Exactly! A fur coat, and a little Ra-Ra banner, or something.
00:05:03	Jesse	Host	[Laughs.] And had him sit on a telephone pole.
00:05:04	John	Host	Yeah, exactly. I guess that would be college. That would be appropriate for a 20-year-old man!
00:05:09	Jesse	Host	Yeah.
00:05:10	John	Host	21-year-old man, maybe. Depending on when they filmed it.
			Anyway. Jeff East, though—he had had <u>all</u> of this hassle and indignity. Like, when Pa Kent succumbs to the heart attack—spoiler alert—Jeff East is <u>so good</u> when he finds that little green, glowy crystal that becomes the Fortress of Solitude, when he says goodbye to his mom. He's amazing! Why didn't he work more?
			And he didn't, perhaps because people saw him in <i>Superman</i> , like "That's not a teenager, that's a grown man with lumps on his head to make him look like Christopher Reeve." He was only in a very few movies other than that. Including <i>Up the Creek</i> with Tim Matheson, a <i>Animal House</i> ripoff which I did not see. And a Wes Craven movie, and <i>Pumpkinhead</i> , the horror movie directed by Stan Winston. Creature effects master Stan Winston. Which I also never saw.
00:05:56	Jesse	Host	Well, I'll tell you this. In college, my friend Noah—I'll leave his last name out, because he now works as a political consultant; I don't wanna embarrass him.
			But my friend Noah was convinced that—[ <i>stifles laughter</i> ]—the DMX song "Up In Here" went, [ <i>growly</i> ] "Y'all gon' make me lose my mind, Pumpkinhead, Pumpkinhead!"
			[John cracks up, laughing and clapping. Jesse laughs.]
			[Usual voice] Not the strongest DMX impression from me, by the way. [Laughs.]
00:06:27	John	Host	Well—obviously I couldn't tell. Sorry.
00:06:30	Jesse	Host	Sounded a little bit like a Southern Cookie Monster.

			[John laughs.]
			DMX is from New York. [Laughs.]
			Plus I should've thrown in a few dog barks at the end, just to make it clear that I was doing DMX. [Laughs.]
00:06:42	John	Host	That's—I forgive you. You did a good job. Just like Jeff East did a— a—you know what? You didn't do as good a job as Jeff East, given thankless circumstances. He has now retired from acting. He is living, I gather, in Nice, France, with his second wife. I hope he's very happy. And in his honor, I'm gonna watch <i>Pumpkinhead</i> tonight. Directed by Stan Winston.
			I've been looking at this <i>Pumpkinhead</i> since I worked at FilmFest Video in New Haven, and it came out on video! Never watched it! I'm gonna watch it tonight, in your honor, Jeff East. 'Cause you deserved better! And this is the sound of a gavel on that. Let's—let's serve some <u>more</u> justice.
00:07:20	Jesse	Host	Here's something from Ryan:
			"My beautiful fiancée Sam and I love to play rummy together. Sometimes we get a little loose, and when we're sitting on the same side of the bar or table, she looks at my cards. She says I should hide them better. I think she just shouldn't look at my cards!"
			[John laughs.]
			"All I ask is she keeps her eyes on <u>her</u> hand."
00:07:41	John	Host	I'm troubled by this. Obviously this goes back to a time when— unless they have a bar in their house. Time—reminds me of a time when you could go out to a bar, and play a game of cards with your beloved.
00:07:54	Jesse	Host	You and all your friends could cram into a phone booth.
			[John snorts.]
			Could have a Lindy Hop contest. [Laughs.] Wait—
00:08:02	John	Host	Charleston contest over a-
00:08:03	Jesse	Host	Charleston contest, thank you.
00:08:04	John	Host	Yeah.
00:08:05	Jesse	Host	Thank you for—I was getting—already getting angry letters from, uh, Lindy Hop enthusiasts. [Stuffily] "The Lindy Hop began in the late 1930s"
00:08:13	John	Host	[Laughs.] Yeah, I know. We're gonna get a lot of letters for this one.
			Charleston contests, of course, featured prominently in <i>It's a Wonderful Life</i> where Jimmy Stewart played himself as a teenager! There was precedent! Why did you put poor Jeff East through this?! Christo—anyway.

[Deep breath.]

			The image of them sitting at the bar, playing cards, in a pre- pandemic time, was a wistful, charming image of a lovely couple. But, uh, then I—the image of sitting on the same side of the table to play cards, like in their home? If you have a table, sit <u>across</u> from each other to play cards! Don't sit on the same side of the table! Now I feel like you're a couple of weirds.
			But listen. Before I rule on this. Jesse Thorn. You play cards? You have played some card games, ever?
00:08:56	Jesse	Host	I have played cards. I mean, cards fall under my general rubric of all competitive games or things that I struggle with emotionally, because I want to win them so bad, but I also feel guilty about how bad I want to win them, and when I win I don't feel good, but when I lose, I feel bad.
00:09:13	John	Host	Do you—what's your game? Bridge? Whist? Rough? Australian Rist? <i>[Inaudible]</i> ?
00:09:18	Jesse	Host	Oh, I— <i>[laughing]</i> nothing but bridge.
			[John laughs.]
			Just all bridge, all the time. My wife and I and the Andersons who live next door, come over every Thursday evening for bridge. And canapés.
00:09:30	John	Host	Uh-huh. And bridge mix.
00:09:31	Jesse	Host	Yeah, and bridge mix. [Laughs.]
00:09:33	John	Host	What about any of the rummy variants? Like, uh, rummy 500, gin rummy, contract rummy?
00:09:41	Jesse	Host	I played a little bit of gin rummy with my mom. That was her game.
00:09:44	John	Host	What about dummy rummy? That's a rummy game. You ever hear of dummy rummy?
00:09:48	Jesse	Host	No, I haven't heard of that!
00:09:49	John	Host	That's a real one. You know what a fake one is?
00:09:52	John	Host	Mummy rummy.
			[Jesse laughs.]
			It's when you— <i>[stifles laughter]</i> —it's when you play—
00:09:56	Jesse	Host	<i>[Laughing]</i> Wait, was that what I was playing with my mom when we played gin rummy?
00:10:00	John	Host	It's—there are two variants. One when you're playing with your mummy.
00:10:03	Jesse	Host	Uh-huh.
00:10:04	John	Host	And the other when you are a—a—a desiccated, reanimated corpse.
00:10:08	Jesse	Host	Oh, I—didn't I mentioned that my mom is a desiccated, reanimated corpse? They filled—
00:10:11	John	Host	Oh no!
00:10:12	Jesse	Host	They filled her body with honey to preserve it better.

			[Both laugh.]
00:10:15	John	Host	What about Lemmy rummy, you ever play Lemmy rummy?
00:10:17	Jesse	Host	[Laughing] With Lemmy from Motörhead?
00:10:19	John	Host	That's right.
			[Both laugh.]
			Sadly Lemmy has passed away, but he was an incredible player of Lemmy rummy.
00:10:24	Jesse	Host	Sure.
00:10:25	John	Host	In addition to being a—a <u>truly</u> amazing figure of rock and roll, and human being. He was incredible.
00:10:32	Jesse	Host	Yeah. Shout-out to Hawkwind, by the way.
00:10:34	John	Host	Yeah.
00:10:35	Jesse	Host	I don't wanna let this Lemmy discussion pass without shouting out Hawkwind.
00:10:39	John	Host	Yeah. Hawkwind.
00:10:42	Jesse	Host	When I interviewed Lemmy for my Public Radio show <i>Bullseye</i> , it was at South by Southwest, and I interviewed him at the famous Austin barbecue restaurant Stubb's.
00:10:51	John	Host	Yeah!
00:10:52	Jesse	Host	Where they were going to be playing that evening. And the rules were He would do the interview in the morning, but only at 11, which was the earliest he was available. For any activity. And he sat down with a <u>full</u> bottle of whiskey, and a shot glass.
			[Both laugh.]
			As he joined me for his—his first meal of the day. And he was <u>so</u> lovely and charming, and bright and interesting. Just as you would expect from a guy who invented such—who was in <u>two</u> very important rock bands. But, you know, especially Motörhead, certainly. He's just a—he's just a joy.
00:11:32	John	Host	So when you are playing your card games, and you are so desperate to win, because this is an anxiety for you, do you cheat? Do you look—
00:11:41	Jesse	Host	No!
00:11:42	John	Host	Do you take the opportunity to look at your other player's cards?
00:11:44	Jesse	Host	No, I'm not a cheater, John.
00:11:46	John	Host	Right.
00:11:47	Jesse	Host	I'm a straight shooter. You know that.
00:11:48	John	Host	Yeah. Exactly. I mean, obviously it does not sound as though Ryan is complaining that Sam is <u>purposefully</u> looking at his cards, to cheat. But she is scolding him. And I get scolded this a lot. When I sit around and play cards with my family, which we do from time to time, some gin rummy. Never Lemmy rummy, unfortunately.

			I am often told that I am loose with my cards. And I am like Ryan! I'm like, "Just don't look at 'em!" But I would say that if you are a player, and you accidentally catch a glimpse of the other player's cards, it is fair for you to say, "I just want you to know that I can see your cards, in case you want to make an adjustment."
			But beyond that? Just look at your <u>own</u> cards. In life in general! Just look at your own paper. Look at your own quiz. Look at your own work. Do <u>your</u> work. Do not be concerned with the other person's work. Pay attention to what cards they're <u>discarding</u> , obviously. That's a key to how—that's how you <u>win</u> Lemmy rummy. If Lemmy puts down an ace of spades you—you—
			[Both laugh.]
00:12:54	Jesse	Host	His signature card.
00:12:56	John	Host	His signature card! That means he's got a pretty sweet meld going, without aces or spades. Lemmy always hangs onto that ace of spades, so when he discards an ace of spades, just give up. Give up, 'cause he's got it. He's got—he's going down for gin.
00:13:09	Sound Effect	Sound Effect	[Three gavel bangs.]
00:13:11	Jesse	Host	I have one offering for Ryan.
00:13:15	John	Host	Yeah. Please.
00:13:16	Jesse	Host	Ryan is engaged to Sam. And finds her beautiful.
00:13:22	John	Host	Mm-hm.
00:13:23	Jesse	Host	They're probably in love. Odds are.
00:13:25	John	Host	Sounds good.
00:13:28	Jesse	Host	She might be being cute with him!
00:13:30	John	Host	[Inaudible.]
00:13:33	Jesse	Host	And if she's being cute with him—which I think he's in a position to figure out, if he gives it some consideration.
00:13:35	John	Host	Yeah. Yeah.
00:13:38	Jesse	Host	Or some communication. If she's being cute with him, I think he should let her be cute with him. Because their ability to smooch together, which might come from her being cute with him, is probably more important to their relationship than whether they're following the rules of rummy exactly.
00:13:54	John	Host	You're saying it's a—it's a gentle, flirtatious tease.
00:13:57	Jesse	Host	I think it's entirely <u>possible</u> it is. I'm not there, so I don't know for sure.
00:14:02	John	Host	Mm-hm. Yeah!
00:14:04	Jesse	Host	But it's very possible that it is, and that he is maybe valuing their— [stifles laughter]—their card game over being cute together. Which is an important part of being in love, and eventually getting married, which is their plan.
00:14:14	John	Host	Alright! I'll support that interpretation. And only Ryan and Sam should know if she is being cutesy-flirtatious in her tease of him. <i>[Stifles laughter.]</i> Or if they're just bickering with each other.

00:14:27	Jesse	Host	Mm-hm. [Laughs quietly.]
00:14:28	John	Host	[Nasally, gravelly voice] "I can see your cards again!"
			[Slightly lower gravelly voice] "Well, you should look at your own hand!"
			[Usual voice] That's—I mean—
00:14:31	Jesse	Host	John, whenever I play bridge, there's <u>so</u> much bickering. I usually— but my wife and I play with, uh, our neighbors, the Bickersons? And—
			[Both laugh.]
			If they're not around, we just play with Garfield and Odie from the other—
			[John laughs.]
			Our other neighbor. Okay.
00:14:54	John	Host	I'm ready to watch that sitcom, once we can film safely again. Maybe I can coax Jeff East out of retirement in Nice, France, to play Mr. Bickerson.
00:15:03	Jesse	Host	Mark says:
			<i>[Stifling laughter]</i> "My beautiful, never-wrong, incredibly selfless wife undoes <u>all</u> of that goodness by throwing tea bags into the in-sink garbage disposal."
			[John laughs quietly.]
			Real rollercoaster ride of a sentence.
00:15:17	John	Host	All of that goodness is—is literally thrown down the drain.
00:15:22	Jesse	Host	"This just feels instinctively wrong. And I'm guessing it has terrible outcomes for the life of the garbage disposal thingy, and probably the planet. I have done absolutely zero work to investigate whether this is advised by the manufacturer or not. It felt like something that needed your, and only your, unique insight to adjudicate."
00:15:44	John	Host	You don't want my <u>insight</u> . You want me to search the web for the answer, because you're too lazy to do it, Mark. So you're already— you're already on my, uh, disposed tea bag garbage list for that.
			But before we go to that, Jesse, do you have a disposal in your home?
00:16:03	Jesse	Host	I do have a disposal in my home. It is one of the great joys of living in a single family home in California.
00:16:11	John	Host	Yeah. And do you have house rules about what goes down the disposal, and what does not go down the disposal?
			[Long pause.]
00:16:19	Jesse	Host	I put eggshells down there, and you're not supposed to. I've done it for ten years, and I'm not gonna stop now. I love doing it. Every time.

			I love to imagine them getting crunched up in there.
00:16:29	John	Host	[Laughs.] That was a great and guilty pause. And I appreciate that, 'cause I do the same. And guess what, Jesse?
00:16:38	Jesse	Host	What?
00:16:39	John	Host	You're not right. But you're not wrong, either. I mean, there <u>is</u> no <u>consistent</u> , <u>definitive</u> guide to what is okay and not okay to put down the garbage disposal! If you go online, you will find <u>very</u> , very contradictory advice from equally experienced-seeming plumbing websites, and home websites, and what have you. And eggshells is one of those things where it's like, "You should never do this. Eggs have a membrane that will wrap around the spindle," or whatever.
			[Jesse laughs quietly.]
			And then someone else will say, "But it sharpens the blades!" And someone else will say, "There <u>are</u> no blades!" and and, uh—and there are all kinds of disputes. And I think that it has to do with different kinds of garbage disposals. And you should follow the recommendations of your manufacturer.
			I can tell you this. Don't put a whole box of Cheerios down the garbage disposal. If you read my book <i>Vacationland</i> , you know that that will
			[Both laugh.]
			That will—that will—all that fiber will immediately expand. And—
00:17:39	Jesse	Host	I think about that every time I clear my children's breakfast dishes.
			[Both laugh.]
00:17:44	John	Host	Well, you can put a <u>little</u> down! Just don't put a whole box down, 'cause you think it's expired and that that's the way you should get rid of it. Throw it out for the birds. Don't make a Cheerio tumor in your pipes.
			Jesse, what about this scenario? What if you have made a classic corn husk doll right?
00:18:03	Jesse	Host	Right. Sure.
00:18:04	John	Host	But what if you discover that the corn husk doll has become possessed by an evil demon? Can you put that corn husk doll down your garbage disposal?
			[Pause.]
00:18:15	Jesse	Host	It doesn't seem like the kind of thing that you should put down a garbage disposal, but on the other hand I mean, the other day, I got some water on my mogwai.
00:18:25	John	Host	<i>[Laughing]</i> Uh-huh? Oh <u>no</u> .
00:18:27	Jesse	Host	And I had to put a few gremlins down the garbage disposal—
00:18:30	John	Host	Oh <u>no</u> !

00:18:31	Jesse	Host	—and sometimes you gotta do what you gotta do.
00:18:32	John	Host	But there's a <u>difference</u> , right? Because— <i>[stifles laughter]</i> . Poor gremlins. The <u>evil</u> gremlins are creeps.
00:18:38	Jesse	Host	Yeah.
00:18:39	John	Host	Yeah. But—
00:18:40	Jesse	Host	It was-they were mostly spider gremlins.
00:18:42	John	Host	But corn husks, unlike gremlins, are tough and fibrous. And there is some consistency of belief that <u>fibrous</u> things, like celery, avocado peels, a lot of fruit peels, and <u>stringy</u> things, like celery and banana peels, should not go down there. <u>That</u> is consistently agreed upon. And by stringy things, you might include <u>string</u> ! Like the kind that attaches to a tea bag!
			I am hoping, uh, Mark's wife, that you are not throwing down the tea bag, the string, the staple, the piece of paper. 'Cause a staple is not getting ground up and sent back into the waste treatment center to be biogas. That's not a living thing! That's a inert material.
			Even taking the tea bag <u>off</u> of the string you know—[sighs]. I—I don't know what model you have, but to me that seems like that's problematic. That <u>bag</u> is gonna be a problem.
00:19:42	Jesse	Host	Once mine broke, and the guy told me he was upgrading it by a horsepower. I was pretty excited.
00:19:46	John	Host	[Laughing] Whoa!
00:19:48	Jesse	Host	Yeah. It was probably all those eggshells.
00:19:51	John	Host	[Laughs.] Uh, yeah. No, I, uh—I would follow your manufacturer's advice. Call them. Or write to them. And ask them. And I bet they will confirm that a fibrous bag full of tea with a string and a staple on top of it is <u>not</u> a good thing to put down your disposal.
			And more to the point, I would suggest that when information is available to you—look, I'm glad you're a listener. But when you can find out information, do it! Find out the information for yourself! Don't put that mental burden on me, Judge John Hodgman. But it was nice hearing from you, all the same, Mark.
00:20:31	Sound Effect	Sound Effect	[Three gavel bangs.]
00:20:33	Jesse	Host	Let's take a break. More items on the docket coming up in just a minute, once I check the health of my garburator.
			[John snorts.]
			On the Judge John Hodgman podcast.
00:20:42	Sound Effect	Transition	[Three gavel bangs.]
00:20:45	Jesse	Promo	The Judge John Hodgman podcast is of course <u>always</u> supported by the members of MaximumFun.org. All of the folks who've gone to MaximumFun.org/join to support us, and the other shows that they listen to in Maximum Fun's network. We're very grateful to all of those people.
			This week we are once again also supported by our friends at

This week, we are once again also supported by our friends at

			Babbel, who make a wonderful language-learning app that you can use on your phone just a couple minutes a day, and pretty soon you'll be learning a language!
00:21:17	John	Promo	You know, I've spoken before on the podcast, Jesse, about how I've been using Babbel to brush up and re-learn my Spanish. And it's been terrific. And in that vein, I have a question for you, Jesse.
00:21:29	Jesse	Promo	¿Qué?
00:21:30	John	Promo	¿Que puedes echar into triturador de despo deseos de alimentos?
00:21:38	Jesse	Promo	What—what does that mean, John? For our non–Spanish-speaking friends. <i>[Laughs.]</i>
00:21:42	John	Promo	What can you put in your garbage disposal?
			[Both laugh.]
			Because when I was doing all this Internet research about what you can and can't put in the garbage disposal, I went to the InSinkErator website. InSinkErator is a brand of garbage disposal, very well known. And they said, "If you wanna know what you can put in your garbage disposal, we have a handy infographic. Click here."
			And I clicked there, and the infographic is <u>very</u> handy, but for some reason only in Spanish! <i>[Laughs.]</i> There was no English-language version of it! And boy, would I have been stuck. Would I <u>know</u> , Jesse, if I could put las piñas into my garbage disposal? No. Would I know if I could put los plátanos, or los hojas de maíz? That's corn husks. The kind that turn into demons.
			No. I wouldn't know whether or not I could do it, 'cause I didn't know any Spanish, or I didn't remember those vocab words. But luckily, Babbel has helped me re-learn. And by the way, this isn't an ad for InSinkErator. This is an invitation to <u>you</u> to learn and brush up on your language skills, with Babbel!
			Oh, and by the way. Don't put las piñas, los plátanos, or las hojas de maíz in your garbage disposal <u>unless</u> you have an InSinkErator Evolution Model 100 or 200. They can handle it, apparently. According to this infographic.
00:22:54	Jesse	Promo	Wow! Wow, they really have evolved.
00:22:57	John	Promo	But Jesse, don't—this is not an ad for InSinkErator. This is an invitation to <u>you</u> , our listeners, to learn and brush up on your language skills with Babbel. The daily lessons are 10 to 15 minutes. They start by teaching you words and phrases you will actually use, like "Don't put those piñas in the InSinkErator!"
00:23:15	Jesse	Promo	Mm-hm.
00:23:16	John	Promo	Like, "Don't put those piñas in the garbage disposal!"
00:23:19	Jesse	Promo	InSinkErator (in-sink-ayr-uh-TOR), in Spanish.
00:23:21	John	Promo	[Laughs.] In-sink-ayr-uh-DOR.
			Then sentences gradually get more complex, and soon you're practicing short conversations. Lessons are thoughtfully created by over a hundred language experts. And their teaching method has

			been scientifically proven to be effective across multiple studies. And there are 14 different languages you can choose from.
			Including Spanish, obviously. French, Italian, German. Go to <u>Babbel.com</u> and see if the language you're interested in is there.
00:23:45	Jesse	Promo	Right now when you purchase a three-month subscription, Babbel will give our <i>Judge John Hodgman</i> listeners three additional months for free! With the promo code "Hodgman." That's double your value, John!
00:23:55	John	Promo	Yeah! That's three additional months, free. If you go to <u>Babbel.com</u> and use promo code "Hodgman" on your three-month subscription.
00:24:03	Jesse	Promo	That's <u>B-A-B-B-E-L.com</u> , and the promo code is "Hodgman"!
00:24:09	John	Promo	H-O-D-G-M-A-N. Babbel. It's how you're gonna learn a language!
00:24:14	Sound Effect	Transition	[Three gavel bangs.]
00:24:17	Promo	Clip	Music: Cheerful, jazzy, old-timey music plays in background.
			<b>Speaker 1</b> : Hey, you like movies? How about coming up with movie ideas over the course of an hour? 'Cause that's what we do every week on <i>Story Break</i> , a writers' room podcast where three Hollywood professionals have an hour to come up with a pitch for a movie or TV show based off of totally zany prompts.
			<b>Speaker 2</b> : Like that time we reimagined <i>Star Wars</i> based on our phones' autocomplete!

**Speaker 3**: Luke Skywalker is a family man and it's *Star Wars* but it's a good idea.

## [Multiple people laugh.]

**Speaker 4**: Okay. How about that time we broke the story of a bunch of Disney Channel Original Movies based solely on the title and the poster?

**Speaker 5**: Okay, Sarah Hyland is a 50-foot woman. Let's just go with it, guys.

**Speaker 1**: Or the time we finally cracked the Adobe Photoshop Feature Film.

Speaker 5: Stamp Tool is your Woody, and then the autofill-

Speaker 1: Ohhhh.

Speaker 5: —is the new Buzz Lightyear!

[Multiple people laugh.]

**Speaker 1**: Join us as we have a good time imagining all the movies Hollywood is *[accusatory voice]* too cowardly to make! *[Dramatic voice] Story Break* comes out every Thursday on Maximum Fun. *[Regular voice]* I don't know why I'm using this voice now.

			[Music ends.]
00:25:02	Sound Effect	Transition	[Three gavel bangs.]
00:25:06	John	Host	[John makes a rapid series of high-pitched "doot" noises.]
			Hello! It's Judge John Hodgman, reporting to you from a separate timeline! With a timestream newsflash. Directly after the recording of this episode, I checked a social media website that I don't often check. Where I had put a query out to the InSinkErator company, regarding the tea bag debate. And I saw that they had replied and their reply was, "Hi, John. Thanks for reaching out."
			[Chuckles.] You're welcome, InSinkErator.
			"Yes, you can put tea bags! If the string/staple has been removed."
			So there you have it! If the string and staple are removed, you can throw that tea bag down your InSinkErator-brand garbage disposal. But look, this isn't an ad for InSinkErator. Maybe you have a different kind of garbage disposal. Call <u>them</u> . Go to <u>their</u> website. Or better yet don't go through the trouble of taking the string and the staple out, just throw it away! You might be grossing out your partner!
			Alright. I return you to your timeline!
			[More rapid, high-pitched "doots," ending on a slightly warped one followed by some mildly explosive sounds.]
00:26:24	Jesse	Host	Welcome back to the <i>Judge John Hodgman</i> podcast. We're clearing the docket this week. We have a letter from Stacy. She says:
			"My family of four makes tacos at home at least once a week. My nine-year-old daughter fills a hard shell with normal taco goods, then puts that inside a soft shell with a layer of refried beans holding the two together.
			My husband says this is wasteful, and it throws off the ratio of fillings for everyone else. He wants her to consume one shell at a time. I say she eats it all, she's not wasteful, and that <u>he</u> should plan for the amount of food we need.
			Texture is key to a good meal. She isn't gluttonous. Also, taco fillings can be eaten in a variety of ways, not only in a shell. So leftovers with no shell isn't a problem.
			Who's right, and who's wrong?"
00:27:13	John	Host	[Clears throat.] The daughter, obviously. But first, we haven't even posted this episode yet. And somehow I've gotten ten <u>thousand</u> emails about what is okay or not okay to put into the garbage disposal.
00:27:25	Jesse	Host	[Laughing] Yeah.
00:27:26	John	Host	[Stifles laughter.] Thank you for your feedback. Somehow—I don't know how you knew that we were talking about this.
00:27:30	Jesse	Host	And I've also <u>composed</u> 7,000 emails about what does and doesn't go in a taco.

00:27:36	John	Host	So let's talk about tacos, Jesse, 'cause I know they're an important part of your life.
00:27:40	Jesse	Host	Yeah, they are. That's true.
00:27:43	John	Host	And your favorite taco place recently closed, right?
			[Pause.]
			Wasn't there—
00:27:50	Jesse	Host	My favorite Mexican restaurant has announced its closing, but has not yet closed.
00:27:53	John	Host	It has <u>not</u> yet closed.
00:27:55	Jesse	Host	They're still running, yeah.
00:27:56	John	Host	What is your opinion upon Stacy's daughter's taco technique?
00:28:02	Jesse	Host	You know, I believe that if you're at a restaurant, and they try and serve you a hard shell taco with a bunch of iceberg lettuce and pieces of tomato on it, and—and ground beef in the bottom, uh, that you should get out of that restaurant.
00:28:19	John	Host	Mm-hm!
00:28:20	Jesse	Host	But I <u>don't</u> have a problem with that as a—as an easy home family meal, in the classic American casserole cuisine tradition. It's a nice meal, it's easy to make. You can just take the refried beans out of a can. You know, I have no problem with that at all.
			And in <u>that</u> spirit, rather than in the spirit of a quote-unquote "authentic taco," though I'd say "authentic" is problematic here—but in that spirit, I say go to town! That sounds fun to me.
00:28:48	John	Host	Yeah. I mean, the distinction you draw is important. Because the tacos that <u>you</u> describe, that <u>you</u> get to enjoy in Los Angeles <u>everywhere</u> , and which I get to enjoy in New York only sometimes when the one truck is parked outside the ATM on the corner, probably followed the taco convention that you are used to, which is soft shell always.
00:29:12	Jesse	Host	Yeah. Two softened corn tortillas, usually softened in a griddle. On a griddle.
00:29:15	John	Host	Right. And then filled with langua, or
00:29:19	Jesse	Host	Whatever.
00:29:20	John	Host	asada, or al pastor, por pestor, or what have you.
00:29:24	Jesse	Host	Sure. Not ground—not the classic, uh, sorta Taco Bell version, which is hard shell, ground beef, iceberg lettuce, pieces of tomato.
00:29:34	John	Host	Right. Yeah. That is—
00:29:36	Jesse	Host	Possibly hot sauce on top.
00:29:37	John	Host	Right.
00:29:38	Jesse	Host	But not pico de gallo.
00:29:39	John	Host	We used to <u>call</u> that "taco," in—in Anglo-American, uh, middle-class cuisine. But that is not—that is a <u>distinct</u> food group that we can now call Taco Bell cuisine.

00:29:52	Jesse	Host	Yeah. Or, in deference to our friend Nick Wiger of the <i>Doughboys</i> , we can call it Del Taco cuisine.
00:29:57	John	Host	Sure. But actually, I will be more specific to Taco Bell, because I have <u>really</u> played this out in order to give our listeners time, uh, to <u>start</u> their incredibly long letters of complaint to me about this. But I'm already on top of it! You can throw it away! I wasted <u>your</u> time this time! <i>[Cackles triumphantly.]</i>
			Becaaause they are—what they know, and what I learned, doing research, is what Stacy's daughter is doing is <u>replicating</u> a Double Decker Taco. Specifically, a Taco Bell menu item much beloved by many Taco Bell aficionados, which is a hard shell taco with ground beef and lettuce and whatever, that is nestled inside of a soft flour tortilla that has refried beans in it. And it sounds <u>great</u> .
			And by the way, the Double Decker Taco is one of <u>nine</u> Taco Bell menu items recently discontinued, much to the consternation of Taco Bell-istas. So I respect Stacy's daughter's lifehack. I don't know whether she got this from Taco Bell, or whether she came at it from her own ingenuity, much like both Newton and Leibniz invented the calculus. But it's great!
			And I can only feel that the specious argument that this young woman's dad is making about wasting food items—I mean, that is that is <u>obviously</u> a cover story for the deep fury and jealousy he feels for the fact that his daughter is a genius, and he is not. That his daughter is inventive, imaginative, and sees ingredients, and puts them together in a different way. I <u>absolutely</u> find in favor of this young woman. And I'm gonna eat this food tonight!
00:31:43	Sound Effect	Sound Effect	[Three gavel bangs.]
00:31:45	Jesse	Host	You know what? I'm gonna upgrade everybody's taco night immediately, real quick.
00:31:50	John	Host	Uh-huh?
00:31:51	Jesse	Host	Without adding any extra work of note. Instead of buying ground beef for your beef tacos, buy what they call flat meat. In some butcher shops or grocery stores, they might actually call it carne asada, but just buy flat meat. And all you really need to do to season it for a pretty good asada—and there are very complicated asadas that are wonderful as well.
			But, uh, flat meat is a great eating meat. Very flavorful. You don't need to do much. What they do at most taquerias for asada is take flat meat, put a bunch of salt and a bunch of garlic powder on it. And I know that there are cooking enthusiasts who are fundamentally opposed to garlic powder for various reasons, and so on and so forth, blah blah blah blah. But you just do that, and then if you have access to a grill, you grill it. Otherwise you can pan-fry it, pan- cook it. And then you cut it across the grain.
			That's as easy as seasoning ground beef with taco seasoning. But it tastes a lot better.
00:32:57	John	Host	I'm too hungry to continue. I'm too—I'm too hungry to continue this. Thank you.

00:33:00	Jesse	Host	I know. I know. Let's move on to Ellie's question. Ellie says:
			"My friend has a hat problem. But it's not the <u>amount</u> of hats she owns."
00:33:10	John	Host	Uh-oh.
00:33:11	Jesse	Host	Most people think of—not like, possessed hat, or itchy hat, or
00:33:15	John	Host	Yeah.
00:33:16	Jesse	Host	"The problem is what she wants to <u>do</u> with them. She wants me to <u>steal</u> someone's hat. Someone who I hardly know.
			I let this go, until she recently informed me she wants to <u>sleep</u> in a pile of hats."
			[John laughs.]
			"Please tell me what to do. Thank you,
			Ellie.
			Sent from my pile of hats."
00:33:37	John	Host	[Laughs/sighs.] This is one where I really have to blame myself for not inviting Ellie and her friend on the podcast live. Because there's so many—there's <u>so</u> many questions. [Laughs.]
00:33:51	Jesse	Host	Yeah.
00:33:52	John	Host	That I have. First of all, does Ellie's friend want Ellie to steal from a <u>specific</u> person whom Ellie hardly knows? Is there a <u>specific</u> person who's got a specific hat? That Ellie's friend wants for her hat bed? Or is it just a random sort of, like, gang initiation dare? "Go steal someone's hat. Go steal a stranger's hat."
00:34:15	Jesse	Host	Also of interest to me is, why is it someone that she <u>hardly</u> knows?
00:34:20	John	Host	Right!
00:34:22	Jesse	Host	Like, do strangers' hats not have the same snooze juice?
00:34:25	John	Host	I think that there must be a specific hat.
00:34:28	Jesse	Host	Yeah.
00:34:29	John	Host	What is the power? What is—why is it important that it be <u>stolen</u> , as opposed to borrowed or purchased? And why does <u>Ellie</u> have to do it, instead of Ellie's friend? And what kind of hats? And if you're gonna sleep in a pile of hats, which I could see being a special— you know, everyone has their little weirdsies, as Linda Holmes says. That could be a little—that could be—that could have a special power for you in your imagination.
			But I still have questions. Are the hats, themselves, on a bed? Because that would be <u>very</u> bad luck, as we know from the movie <i>Drugstore Cowboy</i> . Or are they just piled up on a floor?!
00:35:05	Jesse	Host	I think you put down a layer of your harder hats. Construction hats, fireman hats.
00:35:13	John	Host	Okay.
00:35:14	Jesse	Host	Army man hats.

00:35:15	John	Host	Okay. Okay.
00:35:16	Jesse	Host	Then you add a second layer of caps.
00:35:19	John	Host	Uh-huh?
00:35:20	Jesse	Host	And you start with brimmed caps, and then you go to like a baseball—baseball-style caps.
00:35:26	John	Host	Uh-huh.
00:35:27	Jesse	Host	And five-panel, skateboard guy–style caps.
00:35:29	John	Host	Uh-huh.
00:35:30	Jesse	Host	And then on top of that, your Caps for Sale-style caps.
00:35:34	John	Host	[Laughing] Uh-huh.
00:35:35	Jesse	Host	Your woolen caps! And then on top of—
00:35:37	John	Host	Your newsie hats?
00:35:38	Jesse	Host	On top of <u>that,</u> uh, you put your, like—your watch caps. You know, your watch hats. Your—your beanies. Your—
00:35:46	John	Host	Mm-hm. Mm-hm. Your toques.
00:35:49	Jesse	Host	Your toques. Then on top of that, you put those—you put some angora hats that your grandma crocheted for you, or knit for you, onto a layer of soft angora.
00:35:58	John	Host	Mm-hm.
00:36:01	Jesse	Host	I mean, there might be cashmere here, but I'm—I'm not asking people to get enough cashmere hats to cover an entire bed.
00:36:08	John	Host	This is a <u>lot</u> of ingredients. You're basically describing, or inventing, the cheesy crunch gordita of hat beds.
00:36:15	Jesse	Host	John, it's simple. It comes right to your door, vacuum-packed in a cardboard box.
			[John laughs.]
			You open it up and watch the miracle as it expands.
00:36:26	John	Host	For all of the wonderful partners that we've had on the show, we've never had—unlike every other podcast in the world, I don't believe we've ever read an ad for a mattress. But I am encouraging everyone within the sound of my voice, any entrepreneurs out there, <u>please start</u> a—[laughs]—hat bed company!
			[Jesse laughs quietly.]
			An Internet hat bed company. So that we can advertise Internet hat beds on <i>Judge John Hodgman</i> . They come right to your door. They cut out the middleman. We bought a hat bed mattress factory in Germany, so that we could bring a—high-quality, low-cost hat beds right to your door.
			[Jesse laughs quietly.]
			I'm ready for this.
00:37:13	Jesse	Host	I have to say that Ellie's letter about being brainwashed and

			conscripted into a criminal conspiracy to steal hats for a hat bed is like the world's most adorable QAnon conspiracy theory.
			[John laughs.]
			And it all takes place at a pizza restaurant in Washington, DC. [Laughs.]
00:37:39	John	Host	Look. The principle here is "Don't steal." So obviously I'm finding— it's not even in Ellie's favor. She asked, "What should I do?" Don't steal someone's hat for your friend. However, I am ordering—well, I'm not <u>ordering</u> . I am <u>really</u> requesting some answers to my question, Ellie. I would like you to please submit a clarifying document, asking, "What person? What hat? Why?"
			And then I will—I order, as penance to your friend, that that person write a clarifying document describing why they want to sleep on a bed of hats. And what kinds of hats, specifically. I need more information. Not to make my ruling, which is "Don't steal." But to get—to get this idea out of my head!
			[Jesse laughs quietly.]
			I feel like I have been possessed—I've been <u>possessed</u> by these questions, much like a corn husk doll is often possessed by an evil spirit!
			[Jesse laughs louder.]
			Which is—happens all the time, by the way. Don't make corn husk dolls. They just get—they're just a—basically a demon trap.
00:38:47	Jesse	Host	You know what I would say, if someone asked me to go steal a hat for them for their hat bed?
00:38:53	John	Host	What?
00:38:54	Jesse	Host	<i>[Stifling laughter]</i> "Y'all gon' make me lose my mind, Pumpkinhead, Pumpkinhead."
			[Both laugh.]
00:39:00	John	Host	That was a better DMX.
00:39:02	Sound Effect	Sound Effect	[Three gavel bangs.]
00:39:04	Jesse	Host	Let's take a quick break. When we come back, disputes about waking up. And of course, denim shorts.
00:39:11	Sound Effect	Transition	[Three gavel bangs.]
00:39:13	Promo	Clip	Music: Three bouncy beats.
			<b>Graham Clark:</b> Hi! My name's Graham Clark, and I'm one half of the podcast <i>Stop Podcasting Yourself</i> , a show that we've recorded for many, many years. And, uh, at the moment, instead of being in person, we're recording remotely. And, uh, you wouldn't even notice. You don't even notice the lag.

[Long pause.]

			<b>Dave Shumka:</b> That's right, Graham! And, uh, the great thing about this—
			Graham: Uh—
			Dave: Go ahead.
			Graham: No, you go ahead.
			Dave: Okay, and—
			Graham: Okay, go ahead.
			[Someone stifles laughter.]
			<b>Dave:</b> And you can listen to us, uh, every week on <u>MaximumFun.org</u> .
			Graham: Or wherever you get your podcasts.
			Dave: Your podcasts.
			Music: Three bouncy beats.
00:39:56	Sound Effect	Transition	[Three gavel bangs.]
00:39:58	Jesse	Promo	Judge Hodgman, we're taking a quick break from clearing the docket. Let's talk about what we've got upcoming. What's going on with you, John?
00:40:06	John	Promo	Well, all ten episodes of the short form animated series that, uh, I will not name on this podcast, that I made with our friend David Rees, are now available on Hulu. If you haven't had a chance to check them out, please do so! We're really proud of it. They're 11 minutes each. You could watch 'em all on a single Saturday morning with some sugar cereal, in your pajamas. Just go to Bit.ly/dicktown. That's Bit.ly/dicktown, all one word, all small letters.
			And of course <i>Medallion Status</i> , my <u>latest</u> book of embarrassing personal revelations, is available in paperback starting October 13th, wherever you get your books. I will be doing some virtual events that I will be announcing soon, but one that I can talk about very happily right now is I will be virtually visiting the Mark Twain House, the former residence of Mark Twain, in West Hartford, Connecticut. A state that <u>really</u> is in New England, even though I often forget about it.
			And I will be joined in conversation there, uh, virtually, with Professor

And I will be joined in conversation there, uh, virtually, with Professor Benjamin Click, who is a professor of Mark Twain-ology at St. Mary's College of Maryland. He's the professor who invited me to the college, uh, where I fell down. It's all told in *Vacationland*. He's a really funny, smart guy.

And the last thing I'll say is: Thanks to all the listeners who wrote in recommending places for me to go phone bank, places for me to write letters to voters. I am more engaged in this election than I have been ever before, and even though the idea of calling up strangers and talking to them may <u>sound</u> terrifying, it's actually been

			tremendously fun and one of the first times I've actually felt excited rather than merely terrified.
00:41:41	John	Promo	And I also thank the folks who wrote in, who feel disappointed that I'm talking about politics at all. I get it. I understand. I wouldn't do it unless I felt I had a moral obligation to do so, in this <u>particular</u> time.
			So if you have anything you wanna say to me about that, feel free, please, to write me at hodgman@maximumfun.org. I think this is a time for us all to hear from each other, and talk about what we value.
			Jesse Thorn, I know you have no political opinions whatsoever. Uh, so what else do you have going on?
00:42:10	Jesse	Promo	Well, Nick Wiger, the <i>Doughboys'</i> famous burger boy, is on <i>Jordan, Jesse, Go!</i> So if you want, uh
00:42:17	John	Promo	Double Reed himself?!
00:42:19	Jesse	Promo	I know. Seventy-five minutes a week of, uh, total nonsense that will lift your heart and lower your values. Uh—
			[John laughs, Jesse stifles laughter.]
			— <i>Jordan, Jesse, Go!</i> is the podcast for you! Go check that out. And of course, regular listeners know that I have an antique shop at <u>PutThisOnShop.com</u> . And we are launching fall! We've got a <u>big</u> drop that drops this week, and then weekly drops of new items in the store <u>every</u> week for about six or eight weeks thereafter, including among many other things, a bunch of production scripts for great episodes of <i>The Simpsons</i> , and all kinds of neat stuff.
			It's all at PutThisOnShop.com, and if you use the code "Justice," <i>Judge John Hodgman</i> listeners get free shipping! On everything but the <u>very</u> most heaviest, big, awkward items. You know, there's a few things that cost like \$50 to ship. We—we have to charge you for those. But
00:43:15	John	Promo	Like a vintage garbage disposal?
00:43:18	Jesse	Promo	Yes, exactly. Ninety-nine out of a hundred things in our store, you get free shipping in the United States with the code "Justice"! So go to <u>PutThisOnShop.com</u> .
00:43:26	Sound Effect	Transition	[Three gavel bangs.]
00:43:29	Jesse	Host	Welcome back to the <i>Judge John Hodgman</i> podcast. We're clearing the docket this week, and we have something here from Maya. Maya says:
			"Hello! My name is Maya. I just recently moved in with my partner of three years, Taimur."
			T-A-I-M-U-R. Sorry, Taimur <i>(Tai-muhr)</i> , or Taimur <i>(Tai-mer)</i> . I'm doing my best.
			"He is <u>so</u> lovely 99% of the time, except for when he has to be woken up. He requests that I wake him up from naps, so that he doesn't sleep for too long. Then he gets very grumpy, and says things like, 'Ugh, you're so mean to me!' and 'Stop hurting me!' while

			he's half asleep."
			[Both laugh.]
00:44:04	John	Host	Whoa!
00:44:06	Jesse	Host	"It hurts my feelings, even though I <u>know</u> he doesn't mean it, and he's just half asleep and out of his mind. I would like the judge to order him to get his sleep schedule together. So no more staying up until four AM to play video games on the weekends, for example. Then he won't have to take naps, and I won't have to be yelled at by the love of my life, who happens to turn into a grumpy toddler when he's sleeping.
			Longtime fan of the show. Thanks."
00:44:31	John	Host	Sleep hygiene is very important, and I have to say that during this period of staying at home a <u>lot</u> , my relationship with sleep hygiene— <i>[laughs]</i> —has gotten, uh, unhealthy, actually.
			[Both laugh.]
			You know, I was working on a 17-year sleep deficit of being a parent to one and then two children. And once it became clear that <u>no one</u> was gonna be getting up early anymore in this household, I have been sleeping <u>so</u> hard and <u>so</u> long. And I've been feeling <u>so</u> good, and <u>mostly</u> not guilty.
			But now I feel like I gotta be a regular human being again, and get up before ten AM. Get out of bed before ten AM.
			You've got littles in your house, Jesse, so you—you're up and at 'em no matter what, right?
00:45:25	Jesse	Host	Yeah, and my sleep hygiene is a <u>immense</u> priority to me because of my chronic migraine headaches.
00:45:31	John	Host	Right.
00:45:32	Jesse	Host	For which sleep is the—probably the number one most powerful trigger. So I really keep a <u>very</u> consistent sort of 10:30 to 6:30 schedule for my sleep.
00:45:42	John	Host	Yeah.
00:45:44	Jesse	Host	I try and add a little on the beginning and a little on the end, if I can.
00:45:48	John	Host	I have <u>so</u> enjoyed catching up on my sleep. It has made me feel <u>so</u> much better. But just recently, I've kinda felt like—mm. Now I feel <u>drenched</u> in sleep.
			[Jesse laughs quietly.]
			I don't feel—I don't feel sleep-hygienic, I feel sleep-dirty. <i>[Stifles laughter.]</i> Gotta shake it off a little bit. But the point—you know, I— obviously I will rule in Maya's favor that I <u>do</u> think that Taimur ( <i>Taimer</i> )—and again, we hope we're pronouncing your name correctly—that Taimur's gotta get his act together and not stay up 'til four in the morning playing video games.

Look, I-I get it. Gaming late at night, and all night long, that's fun! I

			know that's fun. But that's for children! That's for children and teenagers and 20-something-year-olds. Maya and Taimur are engaging—are embarking on a life together of cohabitation. That's—now it's grown-up time! Not only are you probably physically a little bit older, it's time to be aware of the fact that you are sharing the space with another person. And you need to practice fairly good sleep hygiene, so that you don't <u>yell</u> at your <u>loved one</u> when you're waking up!
			You ever have to wake Theresa up, Jesse?
00:47:05	Jesse	Host	She wakes up before I do in general circumstances. She's more of an early-to-bed, early-to-rise person than I.
00:47:12	John	Host	Mm-hm.
00:47:14	Jesse	Host	Uh, so I <u>generally</u> don't, but I have had to. And I have had—one of my children had a night of night terrors.
00:47:22	John	Host	Oh no!
00:47:23	Jesse	Host	A few months ago. And I think that the half-asleep, half-awake state in a loved one when they are upset—something that I <u>really</u> identify with Maya around—
00:47:36	John	Host	Right.
00:47:37	Jesse	Host	—is how terrifying that is.
00:47:38	John	Host	It's really distressing.
00:47:39	Jesse	Host	It's really, extraordinarily distressing. And, you know, I talked to some doctors about night terrors. They said generally speaking, they're not even remembered by the person having them. They don't represent an actual psychological trauma, but <u>man</u> , are they scary. <i>[Laughs.]</i>
00:47:56	John	Host	Yeah, they're distressing to your partner, Taimur. And in particular, like, "You're so mean to me" is I think substantively different from "Stop hurting me." Which
00:48:08	Jesse	Host	Yeah. But also both of those are particularly upsetting and galling.
00:48:13	John	Host	Yeah.
00:48:14	Jesse	Host	In similar measure. Because this is a <u>favor</u> that you have asked of your partner, to do this thing <u>for</u> you.
00:48:19	John	Host	Yeah. You are asking Maya to be your mommy and wake you up from your nap. Which, by the way, is <u>also</u> not a healthy thing for a cohabitation of equals. You're a grown-up! Set an alarm. Get your sleep hygiene together. Set an alarm when you're taking a nap. Take responsibility for yourself. Especially since you <u>know</u> that <u>when</u> you ask Maya to wake you up, you are hurling invective at her, which is painful for her!
			One time my wife woke up, years ago—I've probably told this story before. She woke up, and she was just looking around. And at the time, she had a cat named Francis who was just this big, fat, dumb cat. And I said, "Are you okay, honey?"
			And she said, "It's a supermarket caper, and Francis is in charge."
			[Both laugh.]

			Now, that was a—that was enjoyable to me! That fugue state. That twilight state between sleep and wakefulness has been a great story that we tell each other all the time, as we imagine this poor dumb black—and now sadly late—cat, leading a heist in a Price Chopper or whatever.
			[Jesse laughs quietly.]
00:49:33	John	Host	But if she had looked at me and said, "Stop hurting me," uh, it would be hard to forget that.
00:49:38	Jesse	Host	I'm with Maya <u>almost</u> all the way here. I do have one point of distinction, or difference, with their assertions here. And that is that if Taimur was sleeping normal hours at night, he wouldn't have to take a nap during the day. I don't think those things are oppositional.
00:50:02	John	Host	Mm-hm!
00:50:03	Jesse	Host	I think taking a nap during the day can be a <u>really</u> healthy—
00:50:07	John	Host	Oh, yeah!
00:50:08	Jesse	Host	—delightful, rejuvenating experience. It's one that I've only discovered in my thirties. I was a resolute non-napper for a <u>long</u> time. I learned to nap as a man. And it's added a lot to my life. I don't nap every day, by any means. And certainly right now, my—my family is too busy and intense during the day, because everyone is in the house all the time. My children are young.
			But in general, I've found that taking a nap in the early afternoon is a big boon to my life, and my ability to stay happy and healthy the rest of the day. So don't throw the baby out with the bathwater here.
00:50:51	John	Host	Yeah. Well-noted.
00:50:52	Jesse	Host	Taimur, you're the baby. Because you're asking—
			[John stifles laughter.]
			[Talking-to-a-baby voice] You're asking your parent to wake you up!
00:50:57	John	Host	Yeah. <i>[Laughs quietly.]</i> And by the way, baby, don't sleep in bathwater. That's dangerous.
00:51:01	Jesse	Host	[Usual voice] Yeah. That's also true.
00:51:03	Sound Effect	Sound Effect	[Three gavel bangs.]
00:51:05	Jesse	Host	Okay, here's something from Scott.
00:51:07	John	Host	Yeah.
00:51:08	Jesse	Host	"Please tell my son Hugh that cutoff jeans aren't jorts!"
00:51:13	John	Host	Hugh? You're wrong. Obviously they're not jorts.
00:51:18	Jesse	Host	Yeah.
00:51:20	John	Host	They're sheans.
			[Both laugh.]
			You know why they're called sheans, Jesse? A lot of people think it's because they're short jeans. Sheans.
00:51:27	Jesse	Host	Are they <u>sheared</u> jeans?

00:51:29	John	Host	No, they're named for the actor Martin Sheen.
00:51:32	Jesse	Host	Oh, wow!
00:51:33	John	Host	It's his favorite kind of bottom half garment.
00:51:38	Jesse	Host	Isn't that fun.
00:51:39	John	Host	Fun fact: Every episode of <i>The West Wing</i> where he's shot only sitting behind the desk? Sheen is wearing some sheans!
00:51:47	Jesse	Host	Yeah.
00:51:49	John	Host	Yeah. Hugh, stop it.
00:51:51	Sound Effect	Sound Effect	[Three gavel bangs.]
00:51:53	Jesse	Host	I'm—I'm recording a cover of Edwin Starr's classic hit "War (What Is It Good For?)"
00:51:59	John	Host	Yeah.
00:52:01	Jesse	Host	And it's gonna be called "Jorts (What Are They Good For?)"
			[Both laugh.]
00:52:05	John	Host	Absolutely nothing.
00:52:06	Jesse	Host	Yeah.
00:52:07	John	Host	Say it again.
00:52:08	Jesse	Host	The docket is clear. That's it for another episode of <i>Judge John</i> <i>Hodgman</i> . This week's episode produced by Jennifer Marmor and Kristen Bennett!
00:52:15	John	Host	Hi, Kristen!
00:52:16	Jesse	Host	Follow us on Twitter at <u>@JesseThorn</u> and at <u>@hodgman</u> . We're on Instagram at <u>@judgejohnhodgman</u> . Make sure to hashtag your <i>Judge John Hodgman</i> Tweets <u>#JJHo</u> , and check out the <u>MaxFun</u> <u>subreddit</u> to discuss <u>this episode</u> .
			Submit your cases at <u>MaximumFun.org/jjho</u> , or email hodgman@maximumfun.org. We'll talk to you next time on the <i>Judge John Hodgman</i> podcast.
00:52:39	Sound Effect	Transition	[Three gavel bangs.]
00:52:42	Music	Transition	A cheerful guitar chord.
00:52:43	Speaker 1	Guest	MaximumFun.org.
00:52:45	Speaker 2	Guest	Comedy and culture.
00:52:46	Speaker 3	Guest	Artist owned—
00:52:47	Speaker 4	Guest	-audience supported.