

00:00:00	Music	Music	“Oh No, Ross and Carrie! Theme Song” by Brian Keith Dalton. A jaunty, upbeat instrumental.
00:00:09	Carrie Poppy	Host	<p>Hello! Welcome to <i>Oh No, Ross and Carrie</i>, the show where we don’t just report on fringe science, spirituality, and claims of the paranormal, but take part ourselves. When they make the claims, we show up so you don’t have to. I’m Ross Blocher. I’m just kidding.</p> <p>This is Carrie Poppy. Ross is not with me today. So, we are both practicing social distancing as responsible members of society. This episode’s just gonna be me and our guest. And Ross is off rush-editing the episode you got last week. The—the huge coronavirus, massive episode that we hope you all enjoyed. While he was off making that, I was off making this, because we knew this was a really important time to talk about, uh, cures. Real cures, fake cures, real treatments, faux treatments.</p> <p>And there’s a lot of treatments out there. Even for coronavirus, there are people who say that they can treat coronavirus in ways that buck against our understanding of the science. So I wanted to better understand, uh, those perspectives, and that lead me to a medical intuitive named Kimberly Meredith.</p> <p>Now, Kimberly was at the Conscious Life Expo when Ross and I were there. Uh, we didn’t get to talk to her then, but I did stop by her booth and ended up on her mailing list, which is how I found out that she had written an e-book about coronavirus. I bought that e-book and sort of went on a little adventure finding out a little more about Kimberly and about her claims and invited her on the show to chat. Um, so that’s what you’re gonna hear here.</p>

00:01:45	Carrie	Host	<p>Before you do, I just want to, um, kind of give you a little peak into my headspace as I was doing this interview and preparing for this interview. Something that I've been thinking about a lot, uh, especially during this outbreak, but also just in the last couple of years, is, uh, storytelling and how it works. Uh, it's easiest to tell a story when there is a clear villain and a clear victim. Those are our favorite kinds of stories. They are the easiest to sink our teeth into. All you have to do is get rid of the bad guy.</p> <p>I think, in an outbreak, especially a—a viral outbreak, we realize how oversimplified that kind of story is. Um, there are people behaving badly when, uh, there's a viral outbreak. But there isn't one bad guy, unless you believe it was created in a lab somewhere—<i>[chuckles]</i>—which it wasn't. Um, the virus, of course, has no intention of hurting you. It just evolved, like you did. And yet it can do this tremendous harm.</p> <p>And I think that there are impulses in the human mind that are the same way. That evolved for neutral ends, but end up being super, super harmful. Um, I think that's what we're dealing with, a bit, in bad treatments for coronavirus, bad treatments for anything. Uh, it also is the case that sometimes we have good motives but bad information. And good motives and bad information can still be a deadly combination. And I think that's what's happening here.</p> <p>I think Kimberly is sincere. I think she's deadly wrong. You'll see why. Dan Ariely, who is a psychological expert in lying and deception, he wrote a great book called <i>The Honest Truth About Dishonesty</i>, and one of the big things I learned from it was that dishonesty increases the most when we think we are being altruistic.</p> <p>Yes, people lie for personal gain. That's absolutely true. People lie for monetary gain—also true. People lie to win arguments—also true. The biggest, most powerful factor to make someone lie is that they believe they're doing it for a greater purpose. I just wanted to put that bug in your ear before you hear this conversation. Uh, I also want to apologize for the audio in this. We were talking via Skype, because that's the safest way to talk right now. Here she is, Kimberly Meredith.</p>
00:04:24	Carrie	Host	<p>I'm happy to have on the show with me Kimberly Meredith. She describes herself as a medical intuitive, a healer, psychic surgeon, radio host, former registered nurse, and author of the new e-book, <i>Coronavirus: 21 Tips for Protection</i>. Kimberly is a trance channeller. She's a spiritual teacher. And she says she's the most scientifically-validated medical intuitive.</p> <p>And this interview is especially timely and important, because right now, as we're recording this, the world is looking for a solution to this deadly Covid-19 coronavirus outbreak. And, because Kimberly offers diagnosis and healing of the viral infection and any other illness via her 1-hour Skype sessions. So please welcome Kimberly Meredith.</p>
00:05:07	Kimberly Meredith	Guest	Thank you, Carrie. Thanks for having me.
00:05:09	Carrie	Host	My pleasure! Um, did I get all of that right?

00:05:12	Kimberly	Guest	Uh, pretty much. I think so. Um, I have been tested in a lot of different institutions with my medical mediumship, and it's been interesting, doing all that <i>[chuckles]</i> .
00:05:21	Carrie	Host	<i>[Chuckling]</i> Mm-hmm. Yeah, that's really, really rare, right? That, um, that a medical intuitive gets that sort of, uh, backing from the scientific establishment.
00:05:31	Kimberly	Guest	Yeah, um, I—I guess so <i>[chuckles]</i> .
00:05:34	Carrie	Host	<i>[Laughs]</i> Well, I mean, you—you say you're the <u>most</u> scientifically validated, so, um, it's my perception that it's pretty rare. Is that not yours?
00:05:43	Kimberly	Guest	Well <i>[beat]</i> I—I can only go with what has happened to me, because I wasn't doing this for very long. I started doing my medical—finding out that I was a medical medium just only since 2014.
00:05:57	Carrie	Host	Hmm, okay.
00:05:58	Kimberly	Guest	<i>[Laughing quietly]</i> I <i>[inaudible]</i> medical medium before that.
00:06:00	Carrie	Host	Sure.
00:06:01	Kimberly	Guest	And so, I—I—now I'm a medical medium.

*[Carrie chuckles.]*

And, uh, it happened because I had a near-death experience. And after the NDE, um, I became a trance channel. And after I started becoming a trance channel, I found out that I was, um, having the gifts of medical mediumship. Which is, I have an unusual ability of scanning people with my hands and my eyes blink in different codes. And the code blinking, um, gives me information of where things are in people's bodies that have cancer, different illnesses.

And when that started to happen, the word got out to many people, including scientists and different doctors, which lead me to different institutions that wanted to test my abilities. And that lead to double-blind studies. And then they found out that I had these unique abilities of finding things that were correct and accurate in people's bodies.

00:06:57	Carrie	Host	Mm. So, tell us, then, about before the accident—before the near-death experience—what was your life like then?
00:07:03	Kimberly	Guest	<i>[Laughing]</i> A lot different than it is now!

*[Carrie chuckles.]*

I had a—a unique life. You know, I work in dimensions now, 3-D to 5-D. So I would say back then, I was more of a third-dimensional world, which is what we're seeing right now, which is very 3-D. I worked in a hospital. And I worked on television shows. Uh, I worked on *Grey's Anatomy*. I worked on *General Hospital*. I worked on *Brothers & Sisters*. I was called a medical technical advisor.

00:07:28	Carrie	Host	Mm.
00:07:29	Kimberly	Guest	And I would set up shows that looked like actual, medical scenes were happening where people were having a cardiac arrest. I would work with directors—

00:07:36	Carrie	Host	Um—
00:07:37	Kimberly	Guest	—to make things look as real as possible. And I also worked in a hospital, so I would do double—double life like that.
00:07:43	Carrie	Host	Oh, interesting. Yeah, so you have this nursing background. And then you moved from that more—uh, gosh, I don't even know what to call it—that more clinical field to this more spiritual angle. Before that transition, you were working as an RN? A registered nurse?
00:07:58	Kimberly	Guest	I was working in—working in a hospital. And working in various things. I came from, you know, God, all kinds of medical things I did. I was a CNA, LVN, and various types of nursing in oncology, general floors, and all over the place. And then I went into doing medical technical advising on television shows. And then I got hit by a car on set in 2013 and ended up having a near-death experience. And then, in the near-death experience, it lead me into having these multiple healing abilities now that I have a full-blown practice in Encino, California. I do conventions and expos and—and—and, uh, healing on people now and helping them find out what's going on with them.
00:08:43	Carrie	Host	So, what happened during that near-death experience?
00:08:46	Kimberly	Guest	I went to the other side and came back. And it was quite amazing <i>[laughs quietly]</i> .
00:08:51	Carrie	Host	Yeah. What's it like?
00:08:54	Kimberly	Guest	Um, well—  <i>[Carrie chuckles.]</i>  —I saw visions of, uh, Jesus and the Holy Spirit come through my body.
00:09:03	Carrie	Host	Oh, wow.
00:09:04	Kimberly	Guest	<i>[Carrie makes a few interested sounds as Kimberly speaks.]</i>  I left my body and I was envisioned, um, in seeing God, Christ come—come through me and telling me that I was ok, I was going to stay here. And it was very frightening, was seeing myself outside of my body and seeing them working on me at the same time. I wasn't quite sure what—what's happening, so it's like outside your body and looking inside at the same time. And I was experiencing a lot of light going through my eyes. It was very traumatic, traumatic experience.
00:09:34	Carrie	Host	Oh, I'm sure. If—if I understand correctly, you broke several vertebrae. You came home with a wheelchair and a concussion. And were you in a wheelchair for a whole year?
00:09:44	Kimberly	Guest	Actually, longer than that.
00:09:46	Carrie	Host	Oh, wow.

00:09:47	Kimberly	Guest	<p><i>[Carrie makes a couple of affirming sounds as Kimberly speaks.]</i></p> <p>I actually rehabilitated at home for six—six months in a wheelchair. When I came home from the hospital, I knew I wasn't who I was when I went in. I was transitioning into something else. From there, I started blinking. And I had been blinking when I was a little girl, but it had left, because it annoyed my mother <i>[laughs briefly]</i>.</p> <p><i>[Carrie chuckles.]</i></p> <p>But the blinking had appeared after I came home from the hospital. I didn't know at the time that I was a channel when the blinking started, when I came home from the hospital. But I was pretty much done with the life that I had had before, because I was very severely injured. The wheelchair still is in my home.</p> <p>I live my life everyday—right now, even—understanding that if I don't completely understand that the spirituality of understanding that I live my life, day-to-day, in prayer and in gratefulness of being healed by the Holy Spirit, by God—that I could end up right back in that chair.</p>
00:10:48	Carrie	Host	Oh, I see. Do—do you feel like it was that belief, that faith that got you out of that wheelchair?
00:10:55	Kimberly	Guest	Absolutely. Because when I came home, I was on lots of different medication. I was told that—I couldn't hold my head up for more than four to five minutes—
00:11:04	Carrie	Host	Oh, wow. Yeah.
00:11:05	Kimberly	Guest	--without the collar on. And I was working with, uh, laser machines, cold laser machines. I was working with my girlfriend who was an actress and also a nurse. And she was praying, doing Reiki energy on me. And we were in deep prayer everyday. And I was trying to figure out what I was going to do with my life. Because, at that point, I was not in a place to really support myself.
			<p><i>[Carrie makes a couple understanding noises.]</i></p> <p>My fiancé at the time was, um, moving out.</p>
00:11:33	Carrie	Host	Oh, okay. What a tough time.
00:11:37	Kimberly	Guest	Yeah. <i>[Giggles]</i> Yeah. So, basically, at that point, I was doing a lot of prayer to Spirit, and, uh, the blinking happened, and then all of the sudden I became—my voices started to change. I was starting to be different. I was turning into full-blown trance channel. I don't know if you know about, um, Abraham-Hicks—
00:11:54	Carrie	Host	Mm-hmm! Yeah.

00:11:55	Kimberly	Guest	—or other channellers. They sometimes have this happen. Well, I had never heard of any of those people before.
			<i>[Carrie laughs briefly.]</i>
			I didn't about anything about mediums or channels or—I wasn't really in this type of stuff. I was really in more of the nursing and the—and the acting and the—and the entertainment world and stuff like that. I loved God. I loved <i>[stutters]</i> the things, and I was raised Jewish and in the Catholic community, stuff like that. But I didn't know about this stuff. And so, I was really in for a big surprise.
00:12:24	Carrie	Host	Yeah, no kidding. Okay, so, um, my understanding of channeling is that usually the individual on this earthly plane kind of goes into a fugue state and starts speaking in the voice of—of—of a spirit. So, is that what happened with you?
00:12:39	Kimberly	Guest	It did. And right now, if you were to see me, I am blinking different blinks. Like, when you talk, one blink will go, "Yes," the other blink goes, "no," both blinks will go "yes." So, I blink constantly in different codes. Blinking is going on all the time. And when it first started, my voice would change. I'd go into a deeper voice. I didn't want to do that. So, I was like, "That's not really how I want to be."
00:13:01	Carrie	Host	<i>[Curious]</i> Hmm.
00:13:02	Kimberly	Guest	More of the blinking started coming in, and more of the codes. And a friend of mine came over and I started working on him. I just kind of went to lay my hands on him to do a prayer and all of the sudden I did a healing on him spon—it was very spontaneous. And then I said, "Did you ever have a hernia thing here?" And he goes, "I did." And that's when the whole medical mediumship came through.
00:13:24	Carrie	Host	Ah, interesting. Okay. So, now you scan the—you can scan anybody's whole body in, like, 3.5 minutes, right?
00:13:32	Kimberly	Guest	Sometimes even faster, yeah.
00:13:34	Carrie	Host	Oh, wow.
00:13:35	Kimberly	Guest	It—it didn't—wasn't like that in the beginning. It was a <u>lot</u> slower. I was like, "left eye, right eye, left eye, right eye—"
			<i>[Carrie chuckles.]</i>
			You know, this is like that. And now it's like, I can just go, "shh," <i>[makes a brief, soft shushing noise, like someone imitating a gentle breeze]</i> , like that. So, like—and I can do it through Skyping. I can do it through radio shows. I can just do it, like, you know, it—the more you do it, of course, is—it can—gets faster and better and you work at it. It's like playing the piano or being an actor. You know, more you do something, it's a nature—natural thing is to get better at it.
00:13:59	Carrie	Host	Yeah, of course. So, I read—I think it was in your e-book—that you've found that it's about as accurate as, uh, an MRI or an x-ray. How did you test that?
00:14:09	Kimberly	Guest	Well, I do it by people coming in and writing out on a sheet of paper exactly what is wrong with them.
00:14:14	Carrie	Host	Mm-hmm, mm-hmm.

00:14:15	Kimberly	Guest	<p>And I don't look at anything. And they come in. And I actually find more things than the machines find. Which, I'm very annoying to people. I can be really, really annoying. And so I kind of just rip through the whole entire body. And I'll say, "Oh, you have a cavity there. Oh, you've had this there. Oh, your aneurysm came from that little spot right there. You know, and I'll just go through every single little thing in the body.</p> <p>And they'll say, "Oh, my God. That's exactly what my—what the machine said. That's exactly what the CAT scan said." That I can find breast cancer right on a Skype machine. Uh, you know, when I'm Skyping you, I'll say, "Oh, there—something's right there on your left breast." And they'll say, "I just had a mammogram and they didn't pick that up." I'll say, "You gotta go back and get an ultrasound." They'll go back, get an ultrasound. I find first-stage breast cancer.</p> <p>And so, the—also I did the double-blind studies. And they've done it through the, um, thermography machines and ultrasound machines where they put people in. I scan them before they go in. I scan them after they come out. And then I've done healings before they go in and healings before they come out. But I do this—it's not like I just do a couple clients per day. I do maybe 30 clients per week.</p>
00:15:18	Carrie	Host	Wow.
00:15:19	Kimberly	Guest	And I find things a lot of these machines do not find.
00:15:22	Carrie	Host	Yeah, okay. So, you mentioned radio shows. Does that mean that you can do it without even seeing the person?
00:15:29	Kimberly	Guest	I do have a lot of call-ins on radio shows. I do that too sometimes, yeah.
00:15:33	Carrie	Host	Could you scan me right how?
00:15:36	Kimberly	Guest	<p><i>[Takes a deep breath in, then continues sounding unsure]</i> Um, I would, if you wanted to. Uh, I wasn't prepared to do that today.</p> <p><i>[Carrie laughs.]</i></p> <p>If you want. I thought we were talking about coronavirus, but <i>[chuckles]</i>...</p>
00:15:45	Carrie	Host	Ah—you know, I don't want to put you on the spot if it's something you have to prep for.
00:15:48	Kimberly	Guest	I mean, I—I don't know.
00:15:50	Carrie	Host	Maybe at the end?
00:15:51	Kimberly	Guest	Whatever you want to do <i>[laughs uncomfortably]</i> .
00:15:52	Carrie	Host	<i>[Chuckling]</i> Okay. Alright. Um, so what are some of the challenges of doing this kind of work? Does it ever not work or do people ever come back and complain that you didn't get anything right? Or is it is just like it's been 100% successful?
00:16:07	Kimberly	Guest	Um, I think it has to be—to do with their faith. I mean, there's 100% successful with scanning people in my office or 100% successful with the healing?
00:16:18	Carrie	Host	Uh, oh, well, tell me both.

00:16:20	Kimberly	Guest	<p>I think with scanning somebody—um, you know, my medical intuitive mediumship—I think I’m pretty accurate with—with scanning people that come in the office or scanning people on Skype. I very rarely have missed something.</p> <p><i>[Carrie makes an affirming sound.]</i></p> <p>Um, I think that with healing somebody, my healing is pretty—pretty great with—with dissolving tumors <i>[stutters]</i> and glands and—and tu—you know, I have a lot of great success. But I think that it’s not me. It’s the divine doing it. You have to be all the way in with the fifth dimension, all the way in with your spirituality.</p>
00:16:54	Carrie	Host	<p>Oh. Okay. What does that mean?</p>
00:16:58	Kimberly	Guest	<p>Uh, that means that you’re going into another dimension when you’re having a healing.</p>
00:17:02	Carrie	Host	<p>Uh. Okay. Okay. So, then, if you do a scan and someone, uh—or you do a healing, rather, and then somebody, uh, doesn’t experience healing or gets sick later, um, is that an indication then that they’ve maybe didn’t have that same level of faith?</p>
00:17:20	Kimberly	Guest	<p><i>[Carrie makes a few understanding sounds as Kimberly speaks.]</i></p> <p>Um...no. Maybe they need to come back again or maybe they just weren’t all the way <u>in</u> with the energy of the spirit. Or maybe it’s not their time to be healed. Um, most people, when they have a tumor disappear in front of their eyes and they’ve gone—so we’re in a third-dimensional frequency. In order to have a healing through the Christ light, through the energy—I don’t know if you’re understanding what fifth dimension is, or third dimension. We’re living in a third-dimensional world right now.</p>
00:17:49	Carrie	Host	<p>Right.</p>
00:17:50	Kimberly	Guest	<p>In a lower frequency. Um, when we move into a fifth-dimensional frequency—so, I—when I am healed, I am in a fifth-dimensional frequency. Where diseases and suffering is a third-dimensional frequency.</p>
00:18:02	Carrie	Host	<p>Right. So, my understanding is third—third dimension is sort of the corporeal world we’re all familiar with. Uh, fifth dimension is a sort of, um, spiritual advanced state. And then fourth is you’re kind of getting a glimpse of that, uh, spiritual state, but you’re not quite all the way there. Is that right?</p>



00:18:20	Kimberly	Guest	<p>Right. When somebody can do something like me, where I have a paranormal ability—or like Jesus—there’s many people that can do things that are amazingly gifted. We all have the ability to do these things. We are wakening. We’re going into the ascension. Um, even though it looks really grim right now, with what’s happening to our world—they can’t figure out all these things—we can figure out these things. We can come up with a cure. We just have to open up our third eye, our intuition, the—the wakening, the dimensional—fifth-dimensional frequency, and we can be healed. People need to be guided into that. So what I’m saying is when I have people on my table or when I’m at a convention, people know how to get into that frequency. We just ha—it’s sort of the Harry Potter frequency.</p> <p><i>[Carrie laughs loudly.]</i></p> <p>We can get there. Like me, for instance. I shouldn’t be where I’m at right now. I shouldn’t be able to walk around, do all these things. On the paper, we’re—I should be in a wheelchair. But I go into that frequency and then I’m healed. So when people are willing to let me dive them in that frequency, then they’re healed. So they’re—like, I had a lady who had four stage breast cancer. And they told her she was gonna die. And I did a healing on her, and she told the doctors, “I am healed. I had a healing and I am healed. I take my—I got my nutritional plan. I take my—my—my probiotics. I do all this stuff. I’m healed.” And they’re like, “No, you’re not.”</p> <p>“Yes, I am. I am healed.”</p> <p>“No, you’re not.”</p> <p>“Yes, I am. I am healed.”</p> <p>So, basically, she healed herself through going into the Harry Potter world—going—I’m just calling it that.</p> <p><i>[Carrie laughs.]</i></p> <p>Bringing that dimension—and I know you understand what I’m saying. She willed it and it happened. We dissolved a lot of the nodes under her arm. She still had to have the surgery</p>
00:20:04	Carrie	Host	Oh.
00:20:05	Kimberly	Guest	But we did so much with her that wouldn’t have happened. I’m going to give you chills right now, because I just love and adore her so much. And she willed it and it was so much better than it—what it was—would have been.
00:20:14	Carrie	Host	Oh, I see. So she wasn’t completely, like—the cancer wasn’t completely abolished, but it was—it was sort of mitigated?
00:20:21	Kimberly	Guest	Absolutely. And then I find—I find people that are completely diminished of the tumors.
00:20:28	Carrie	Host	Mm.
00:20:29	Kimberly	Guest	Go on to my Youtube, you’ll see. Many women have tumors—and I have taken my breast tumors completely off of me. So, there’s nothing harmful of bringing in the spirit of God and praying.

00:20:41	Carrie	Host	Sure. Okay, well you mentioned coronavirus, so let's, uh, let's talk about that. I mean, everyone is so, so scared of that right now, and for good reason. Um, and I—I know that there's sort of differing opinions in different spiritual communities about what this is, how it came to be. You do believe it's a virus, a contagious, uh, pathogen, if you will, and that it came from animals, right?
00:21:05	Kimberly	Guest	Well, I only believe what my eyes blink. And I only go with what my guides say. So if you ask me questions on it, I will tell you what they say <i>[chuckles]</i> .
00:21:14	Carrie	Host	Oh, interesting.
00:21:15	Kimberly	Guest	So, I actually go—I know, I'm a little odd.  <i>[Carrie chuckles briefly.]</i>  <i>[Laughs]</i> I only go with what they're saying to you—to me to you. You know, so you can ask me a question, and I'll relay the answer to you.
00:21:25	Carrie	Host	Okay, um, Kimberly's guides—  <i>[Kimberly laughs.]</i>
00:21:37	Kimberly	Guest	—[chuckles briefly] corona—is the coronavirus—is it an actual virus that, uh, originated in animals and now has affected humans?  I'm getting, you know, I'm getting three blinks times three. Which is, you know, actually confirming that. And I know a lot of people are saying, "Oh, it's a 5G attack." You know, it's like all this other stuff going on. Definitely I—I do get that it is found in—in the small animals in—in—and I do feel that it—it's many vi—as you know, it's a coronavirus. Um, but it is many viruses now, and there's many different kinds happening. And there's some that are more mild and some more actually, definitely severe. And definitely going into—as we know—respiratory—deep respiratory and pneumonia.
00:22:18	Carrie	Host	Mm-hmm, mm-hmm.
00:22:19	Kimberly	Guest	And some that we know that can be healed faster. And some we know that, um, are not affecting children. And we know that. And we know that it—it's can be in you, right? It can be dormant. And we know that it can be up to several weeks before it even comes out. So go ahead and ask me some more questions.
00:22:36	Carrie	Host	<i>[Laughs]</i> Okay. Um, so then what do you think about the, uh, the fear level in the culture right now? Do you think that's in proportion to the risk? Or do you think people are sort of overreacting? What do you think about that?
00:22:50	Kimberly	Guest	They're saying, "No."
00:22:51	Carrie	Host	Uh, sorry, they're saying, "No, people are not overreacting?"
00:22:55	Kimberly	Guest	Okay, so ask the question again.
00:22:57	Carrie	Host	Okay. Are people overreacting to the coronavirus?

00:23:01	Kimberly	Guest	I think there's a situation going on where we do—because of the—you know, because I have a lot of friends in nursing and a lot of, you know, things—I think that there's two things happening. I think that we need to calm down and get a lot of good knowledge. I think that the CDC, Center for Disease Control Prevention and the World Health Organization are good places to get knowledge. I think that's really important that we get the right information.
00:23:32	Carrie	Host	<i>[In agreement]</i> Mm.
00:23:33	Kimberly	Guest	And I think that there's some information out there—and I'm getting chills—that we're getting that's causing it to get—get more fearful. So we need to make sure we get the—the right information, and not information that causes us to go into more <u>panic</u> .
00:23:46	Carrie	Host	<i>[In agreement]</i> Mm.
00:23:47	Kimberly	Guest	I don't know if that answers your question correctly.
00:23:49	Carrie	Host	Uh, yeah, it does. I mean, that sounds to me like, uh, we—it's okay to be afraid as long as you're using that fear in order to be cautious and seek out good, reputable sources of information. And you would say, uh, like the World Health Organization or the CDC, those are, uh, entities we can trust?
00:24:09	Kimberly	Guest	Absolutely. Those two, absolutely you—you can trust. And that understanding that I get from my guide that this is going to get better. And I do see it clearing and calming down towards the months—we had two—um, and I don't want somebody coming back at me and going, "You said that!" Um, towards—towards the summer, this energy—I call it an energy—gets better <i>[stutters]</i> in the sun.
00:24:38	Carrie	Host	Yeah, so I saw that there was a study released yesterday that said they had updated their understanding of how long the virus could live on surfaces. That—
00:24:49	Kimberly	Guest	Yeah.
00:24:50	Carrie	Host	—it might—it might, uh, stay as much as like 40 hours on some surfaces. Which is, you know, terrifying.
0024:57	Kimberly	Guest	It can stay on a surface like copper or wood or steel, uh, for up to, you know, I say it's even longer than that. I—I—I mean, I think it's even longer than that it can stay. And I think, you know, if you go outside, if you're, you know, in the air, I think—in—in the air, you know, they say six feet away from somebody. I think, um, basically, um, it could stay on a surface up to—they're saying how—how long?
00:25:29	Carrie	Host	I think the upper end was 40 hours.
00:25:33	Kimberly	Guest	Oh, that was really long. 'Cause I was thinking on a—on a surface it says—it could be like three hours.
00:25:39	Carrie	Host	Yeah, three hours was the old estimate. And then they updated it yesterday.
00:25:43	Kimberly	Guest	Yeah, so—I—you know, in the air, if you're away from someone, like if you're at a park and you're like clearly like really, like, a mile or two away, and you're walking around, I don't really feel—
00:25:54	Carrie	Host	Mm-hmm.

00:25:55	Kimberly	Guest	—they're giving you a negative blink, that you'd probably be okay. The thing that I do feel is that staying in closed areas where your upper respiratory is not getting any fresh—you know, you're locked in, like, a small space—that is not good.
00:26:11	Carrie	Host	Sure. And that would match up with sort of the conventional scientific point of view, as well.
00:26:16	Kimberly	Guest	Yeah.
00:26:17	Carrie	Host	So, um, you said on one of your Facebook videos—you said you can tell if someone has the virus or not, um, with your—with your blinking. So, have you talked to anybody via Skype who did, in fact, have coronavirus?
00:26:30	Kimberly	Guest	That's a good question. <i>[Laughs briefly]</i> The scans I've done so far, how I do it is I wave my hand over their body. And I would blink immediately on their lungs. And I would get a negative blink around the lung area. And it would go off probably like fire. When I know someone has cancer, I get hot flashes.
00:26:49	Carrie	Host	Okay.
00:26:50	Kimberly	Guest	And my eyes go <i>[makes a rapid, rhythmic sounds, somewhat like imitating machine gun fire]</i> like that, really fast. When I know someone has pneumonia and when I know someone has a respiratory infection, I get a really fast right eye blink and hot flashes again. So, I would assume—I haven't got coronavirus yet.
00:27:06	Carrie	Host	Hmm.
00:27:07	Kimberly	Guest	And I don't want to get it <i>[laughs]</i> . But I would assume that that would be a big, you know, hit for me that somebody would have to go get the swipe test. And then we know now that if you does come out positive, I think they said that now you have to get two swipes to make sure that you're clear.
00:27:24	Carrie	Host	Oh, okay. But you can also do, uh, a healing via Skype. So what's the order of operations there, if you do have coronavirus?
00:27:32	Kimberly	Guest	Absolutely. I would do a healing and then I would go ahead and put you on my supplemental program. I would attack it like I would attack cancer.
00:27:41	Carrie	Host	Okay.
00:27:42	Kimberly	Guest	Because I feel people are more apt to getting this—of course, if they're, you know, you don't want to go out walking around in the crowds and stuff like that. But, like they say, diabetes, heart. But I also feel—they're blinking, "No,"—I also feel if you have a low immune system.
00:28:00	Carrie	Host	Mm. If you have a low—a low immune system you would be more susceptible, you're saying?
00:28:05	Kimberly	Guest	Absolutely. And stressed out, a low immune system. Like, you really need to keep boosting your immune system right now. It's very important. Not drinking—of course, we shouldn't drink tap water anyway. But, ba—making sure that we are keeping ourselves hydrated. You know, we have to make sure we're getting probiotics that—I know it's slim right now, getting things. But the inner-eco probiotic is one of my favorite probiotics, and it is really an amazing probiotic.

00:28:32	Carrie	Host	Oh, nice. I think I heard you mention that before. It's coconut flavored, right?
00:28:36	Kimberly	Guest	<i>[Laughing]</i> Cute! You know all my things I like! Yeah. So the inner-eco probiotic is a really amazing probiotic. It helps a lot of my severely immune-suppressed clients. Niki is the sponsor of it and she says it's like a teaspoon or something of it. But I tell my clients to take, like, a shot of it to boost your immune system.
			<i>[Carrie comments, phrase is inaudible.]</i>
			And also vitamin D is very important since we're stuck in right now—
00:29:02	Carrie	Host	Sure.
00:29:03	Kimberly	Guest	—and a lot of people are vitamin D-suppressed. And most of my clients have come in—when I scan them, I will know within a few seconds if you're vitamin D-suppressed.
			<i>[Carrie makes a surprised and interested sound.]</i>
			And how I know that is—right now, you can even take your hands and rub them together and go around your throat. And you feel your glands on the side, underneath your throat, and you feel, like, two nodules on both sides. And if they're swollen, that is a sign that you're immune suppressed. That is not to go in—into any kind of fear. That just means to take a deep breath. Inhale and exhale.
			<i>[Makes an exaggerated exhaling sound.]</i> And start your vitamin D. Vitamin D 3 and making sure you're drinking spring water.
00:29:46	Carrie	Host	<i>[Thoughtful]</i> Mmm.
00:29:47	Kimberly	Guest	And if you don't have spring water. Like, sometimes people just think they can't afford it—just making sure you have a filter on your sink.
00:29:54	Carrie	Host	Okay. So you can have the tap water; you just want to run it through a filter?
00:29:58	Kimberly	Guest	No, because tap water is what <i>[chuckles]</i> ?
00:30:01	Carrie	Host	Uh...bad?
00:30:03	Kimberly	Guest	Yeah, uh, filled—uh, you know, we've got all kinds of fluoride in there—
			<i>[Carrie makes a knowing sound.]</i>
			—it's got—yeah. We don't wanna be doing that right now.
00:30:11	Carrie	Host	Okay. Gotcha. So I read your book, <i>Coronavirus</i> ; uh, <i>21 Tips</i> , uh—oh, gosh, I forgot the last—what—say the whole name.
00:30:20	Kimberly	Guest	<i>21—[chuckles]</i> you're—you're—you're making me forget it now. <i>20—21 Top Tips for Protection.</i>
00:30:27	Carrie	Host	That's it. Um, so I bought it the second that you sent that e-mail out saying that it was up on Amazon. And then later you said you're making it free. Did it get pulled off Amazon maybe?
00:30:38	Kimberly	Guest	A lot of books for coronavirus got taken down.
00:30:42	Carrie	Host	Ohh.

00:30:43	Kimberly	Guest	Mine made number one <i>[laughs]</i> .
00:30:45	Carrie	Host	Oh, wow. Okay.
00:30:47	Kimberly	Guest	<i>[Still laughing]</i> And then I decided I don't want to put it back up. We could put it back up if we want. But we don't want to put it back up. I want to keep it free. So, I put it on, uh, a publishing site called <u>water-sideproductions.com</u> and you can just get it for free now, there.
00:31:04	Carrie	Host	Okay, cool. So, speaking of free services, have you thought about—since you do have this diagnostic gift, and since there aren't very many kits to test for coronavirus, have you thought about just offering your services at, say, an urgent care or an ER?
00:31:20	Kimberly	Guest	I've actually made my Skypes lower. So we made the Skypes, uh, much lower right now. We opened it up for Tuesdays. Thanks for asking that. Tuesdays and, um, Fridays and Saturdays. I open Saturdays, too.
00:31:34	Carrie	Host	Yeah, but have you thought about going to, like, hospitals and stuff where they need to diagnose and they don't have enough diagnostic kits?
00:31:41	Kimberly	Guest	Oh, okay. No, I haven't decided to do that. No.
00:31:46	Carrie	Host	Uh, why not?
00:31:49	Kimberly	Guest	I think I'm better doing the Skypes right now, because so many people around the world can't fly. And I have a radio show, too, on Tuesdays. And I have an office on Mondays and Wednesdays at my own clinic in Encino. I'm totally full right now with helping people come in there.
00:32:06	Carrie	Host	Mmm. Mm-hmm. So you, uh, you can't heal a bunch of people at once, right? It has to be one individual at a time?
00:32:15	Kimberly	Guest	I do have what's called the Angel Club on my website, called <u>the-healingtrilogy.com</u> is my website. And it's called the Angel Club. And when I do that, we do have a group grid of healing. That's a very good question to ask me. And when we do that, we do have spontaneous healings throughout the group.
00:36:36	Carrie	Host	<i>[Interested]</i> Mm! So, then, let's talk about, then, the, uh, the scientific studies you mentioned. So, you've said a few times you're the most scientifically-validated medical intuitive. You've done multiple double-blind studies. So, tell us about some of those. Like, what's—what do you think is the most impressive example?
00:32:53	Kimberly	Guest	Um, well I'm not allowed to speak about the one at Noetic IONS Institute right now, because that's coming out in my book.
00:32:59	Carrie	Host	Oh, okay.

00:33:00	Kimberly	Guest	Um, I guess—there's been so many of them. Um, I guess maybe the cancer studies...just, diagnosing over and over again. Sixteen tumors, knowing where every single one was in the body. And then they find them and then I come back out and they say, "You were accurate <i>[giggles]</i> ." <i>[Inaduable]</i> they all are. Going back and forth, back and forth, and just multiple, you know—they put them in the scan. They know that there's a knee that's been torn. Then they bring the person back out. I scan the body. I know where, um, the knee has been torn and then I do a healing on the knee. And then they put them back in the thermography. And then they see that the knee has significant, um, healing to the knee.
00:33:45	Carrie	Host	Hmm.
00:33:46	Kimberly	Guest	And then days later, they'll also see that she's walking a lot better.
00:33:49	Carrie	Host	Okay.
00:33:50	Kimberly	Guest	Sort of like that type of study goes back and forth. And then also with the healing on the tumors, they see significant shrinkage going on, too, with the healing. So there's also a study of me finding stuff in people with the machines and then going back and forth.
00:34:06	Carrie	Host	Okay, and these are all double-blinded?
00:34:08	Kimberly	Guest	Right.
00:34:09	Carrie	Host	And can you—can you explain for anybody who's listening and doesn't know what double-blinding is?
00:34:13	Kimberly	Guest	Um, well, it's just back and forth. And then you go back again a series of weeks and months later and do—see how the person is months and months later again. And they do another study on it.
00:34:27	Carrie	Host	That's what double-blinding is?
00:34:29	Kimberly	Guest	Mm-hmm.
00:34:31	Carrie	Host	So, my understanding of double-blinding is that the person receiving the treatment and the person giving it is blind to what is being studied. Is that not right?
00:34:43	Kimberly	Guest	Um, that is not right.
00:34:45	Carrie	Host	<i>[Surprised]</i> Oh. Okay. So it's just—it's just, uh, testing it, uh, over and over? That's what makes it double-blind?
00:34:52	Kimberly	Guest	Yeah, but also it's—it's—it's happening many months and months and months apart.
00:34:58	Carrie	Host	Mm-hmm.
00:34:59	Kimberly	Guest	And it's a study between many other healers, also.
00:35:02	Carrie	Host	Okay.
00:35:03	Kimberly	Guest	So, it's not just me. It's many people being studied, too.
00:35:07	Carrie	Host	Gotcha.
00:35:08	Kimberly	Guest	<i>[Laughing]</i> That's the part that's blinded. Yeah, with a study.
00:35:11	Carrie	Host	Okay. And, so, let's see. You mentioned the Noetic Sciences. You can't talk too much about that.

00:35:16	Kimberly	Guest	That's when—it's because they are, uh, revealing that I was one of the most exceptional healers in the double-blind study.
00:35:25	Carrie	Host	Oh, okay. Well, congrats.
00:35:27	Kimberly	Guest	<i>[Chuckles briefly]</i> Thank you, honey.
00:35:29	Carrie	Host	So, one of your double-blinded studies was with Dr. Norman Shealy?
00:35:33	Kimberly	Guest	No, he was not a double-blind study.
00:35:35	Carrie	Host	Oh, okay. Uh—
00:35:36	Kimberly	Guest	Yeah. He was just a study on me <i>[giggles]</i> . And then the PSY-TEK was a double-blind study.
00:35:41	Carrie	Host	Uh, I did reach out to PSY-TEK and ask them to, uh, to confirm that. And they said they didn't have, uh, any—any record of you, like, sort of passing a double-blind study. Do you know why that might have been?
00:35:56	Kimberly	Guest	No, because that was, um, my records. And I have all the records from there it was a double-blind study.
00:36:01	Carrie	Host	Hmm. Okay, well, maybe you can send it to me and we can clear that up.
00:36:08	Kimberly	Guest	<i>[Beat, then quietly]</i> I don't know. Yeah, that's...from them. Yeah.
00:36:12	Carrie	Host	Hmm, yeah. I—I mean, if you can send it over, I'm sure, you know, if it—if it happened, maybe they just couldn't find it in the records. I just wanna show our listeners that—
00:36:20	Kimberly	Guest	I—If you're gonna put this on air, I'm not gonna have it on air if you're gonna try to, like, do something rude to the show or something. Because I have my documents.
00:36:29	Carrie	Host	Oh, right! No, I just want to share your documents, then. Sorry, I don't understand what's... You don't wanna—you don't wanna what?
00:36:37	Kimberly	Guest	Yeah, I'm not gonna have this be released on air if you're gonna be saying something rude about me.
00:36:44	Carrie	Host	Uh, I'm s—did I say something rude about you? I'm—I'm not—
00:36:47	Kimberly	Guest	Yeah. Because I did a double-blind study, and I have it in all my records.
00:36:51	Carrie	Host	Right. I—okay, great. <i>[Chuckles]</i> I don't—uh, and what's the problem?
			<i>[Long beat.]</i>
			Uh, Kimberly?
00:37:02	Kimberly	Guest	Yeah, I don't—I don't know what you were trying to get at by calling them and saying that.
00:37:08	Carrie	Host	Oh, well, you know, that's what I do for every, you know, science claim made on the show. That's what a good journalist does, right? I—I verify it.
00:37:16	Kimberly	Guest	Yeah. <i>[Chuckling uncomfortably]</i> I can give you my record.



00:37:18	Carrie	Host	Great! Okay, perfect. Perfect. That's—that's wonderful.
00:37:21	Kimberly	Guest	Yeah, I don't understand.
00:37:22	Carrie	Host	Um, well, you know. I mean, you can ask <i>[chuckles briefly]</i> any—any host, any journalist. This is just sort of part of the process—
00:37:29	Kimberly	Guest	I don't know who you called over there. Maybe you called the secretary or something.
00:37:33	Carrie	Host	Yeah, exactly. Exactly. So, yeah. If you just wanna send that over, that would be great.
00:37:37	Kimberly	Guest	I—I agree to come onto your show because I'm a very concerned person about coronavirus. And I am a 100% medical medium.
00:37:48	Carrie	Host	Mm-hmm.
00:37:49	Kimberly	Guest	I was double-blind studied there. I was on the front cover of their magazine, because of that. I didn't look into your show that much before I came on, and I didn't expect to be, you know, treated rudely on your show.
00:38:02	Carrie	Host	Uh, well, I certainly don't want to treat you rudely. Um—
00:38:05	Kimberly	Guest	You're acting like that and I didn't know your show was about calling around, being a detective. And also, you can look at every single file I have of the double-blind test.
00:38:18	Carrie	Host	Great. That's—that's wonderful. That's exactly what I want.
00:38:21	Kimberly	Guest	I'm gonna end the interview right now, because I don't like the way you're being towards me. You're being not—I don't—I don't think it was very kind.
00:38:29	Carrie	Host	Oh, I'm—I'm really sorry, Kimberly. I—I certainly didn't mean to offend you. I—
00:38:33	Kimberly	Guest	People are dying right now.
00:38:35	Carrie	Host	I agree.
00:38:36	Kimberly	Guest	People are not—are—are feeling sick and don't feel good—
00:38:40	Carrie	Host	Yeah, exactly.
00:38:41	Kimberly	Guest	<i>[Inaudible]</i> very unhonorable of you and unkind to do.
00:38:45	Carrie	Host	Can I ask you this? Why can't I find a nursing license for either a Kimberly Meredith or a Kimberly Anne Lemont, which is your legal name?
00:38:55	Kimberly	Guest	I don't know.
00:38:57	Carrie	Host	Hmm.  <i>[Kimberly giggles.]</i>  Okay.
00:39:00	Kimberly	Guest	I don't know.
00:39:01	Carrie	Host	You don't know.
00:39:03	Kimberly	Guest	<i>[Laughs quietly]</i> I worked for many years

00:39:05	Carrie	Host	Hmm. Um, yeah, that's really uncommon, right? I mean, usually the nursing board is pretty up on those things?
00:39:11	Kimberly	Guest	Yeah, well I'm there.
00:39:13	Carrie	Host	Hm. Well, maybe you can send that, too.
00:39:17	Kimberly	Guest	Yeah.
00:39:18	Carrie	Host	Okay, great.
00:39:19	Kimberly	Guest	So, I'm not agreeing for you to put this out.
00:39:23	Carrie	Host	As you probably know, that's not how that works. But I'm hearing you. I hear that you don't like how this interview went. Um—
00:39:30	Kimberly	Guest	No. It's very unkind. And I—I've worked in the hospital for years, and I don't think this is okay to put this out. It was very not nice.
00:39:38	Carrie	Host	Well, if someone asked me, uh, "Carrie, I don't believe that you went to USC School of Journalism," all I would do is I would show them my diploma. That wouldn't upset me. Why does this upset you?
00:39:50	Kimberly	Guest	It's not upsetting me.
00:39:52	Carrie	Host	Okay.
00:39:53	Kimberly	Guest	You're asking me I didn't do a double-blind—that's upsetting me. Not the other thing. 'Cause I—I've worked in a hospital for years.
00:40:00	Carrie	Host	Well, I—I believe that you worked in a hospital. I asked you if you were a nurse.
00:40:03	Kimberly	Guest	But I—I just don't think this is a nice interview. That's all. I don't like this interview. And I'm gonna call my agent right now and tell him to put—to not put it out.
00:40:11	Carrie	Host	Okay. I mean, you can certainly ask him to do that. But, uh, if I'm being honest with you, I think that there's a possibility here that you had a near-death experience where you had a traumatic brain injury, and one of the common things that happens after that is that people have facial tics, they have what's called ocular dysregulation, where their—their eye blinking is, you know, out of sync. And, um, maybe you interpreted that as a spiritual event and now you're telling people that you're healing them of a really serious, dangerous virus, when you're actually stealing their time.
00:40:52	Kimberly	Guest	I haven't healed anybody of a dangerous virus.
00:40:54	Carrie	Host	But you're offering to. You said— <i>[chuckles briefly]</i> you've said in many places that you can heal coronavirus.
			<i>[Long beat.]</i>
			Kimberly?
00:41:06	Kimberly	Guest	No, I didn't.
00:41:07	Carrie	Host	Oh, you did. Would you like me to pull them up?
00:41:10	Kimberly	Guest	What are you talking about?
00:41:11	Carrie	Host	Where you've said that you could heal coronavirus?
00:41:15	Kimberly	Guest	You mean in the book?

00:41:16	Carrie	Host	Um, let's see. We have it, uh, a few places. Um, "I can tell you if you have the virus or not through my blinking." Uh, so, when we pray and you do the blinking, uh, "The power of the Holy Spirit is so undeniably amazing, we can cure anything. We have cured cancer. We can cure the coronavirus." That was on your radio show.
00:41:36	Kimberly	Guest	So, what do you w—where do you want to go from here, Carrie? What—where does your point?
00:41:41	Carrie	Host	Well—
00:41:42	Kimberly	Guest	What do you want me to do, honey?
00:41:44	Carrie	Host	Okay, I'm gon—I'm gonna answer that honestly. Do you want me to?
00:41:47	Kimberly	Guest	Yeah.
00:41:48	Carrie	Host	What I would <u>love</u> —and I know this asking a <u>ton</u> —I would <u>love</u> if you just actually looked at your personal history and said, "Is it possible that I went through something <u>really</u> traumatic, <u>really</u> difficult, something most people never—can never imagine. And I ended up with these physiological outcomes, like my eyes blinking and so on. I turned to a spiritual solution. And now I might accidentally, through no ha—through no fault of mine—I might accidentally be harming people by telling them I can heal them." And taking a step back and asking yourself if that's something you want to contribute to the world.
00:42:29	Kimberly	Guest	Carrie, I am a real healer, and I have healed hundreds of hundreds of people, and I'm doing really good for people. And I'm a really great medical intuitive. And I really don't, um, feel by you saying this to me is very kind.
			<i>[Carrie makes a quiet, thoughtful sound.]</i>
			Yeah, I—I do great work.
00:42:47	Carrie	Host	Uh, well, is there anything else that you want to say to get your story out? Anything I got wrong that you want to correct the record?
00:42:56	Kimberly	Guest	No, I do—I do great work and I help a lot of great people. And I help people that are not feeling great. And I do a lot of great stuff for everybody.
00:43:04	Carrie	Host	I...I think that's probably true. I think people probably leave your office feeling better. But if they're sick, that's not so good.
00:43:11	Kimberly	Guest	Well, nobody leaves my—my office unhappy.
00:43:15	Carrie	Host	I believe that. But if they're still sick and they're—have a false sense of safety, that'd be bad, right?
00:43:22	Kimberly	Guest	Nobody's leaving my office with a false sense of safety.
00:43:25	Carrie	Host	<i>[With doubt or disagreement]</i> Hmm.
00:43:26	Kimberly	Guest	But I feel like what you're—you're doing is very unethical.
00:43:31	Carrie	Host	Okay. What am I doing that's unethical?
00:43:34	Kimberly	Guest	Um, I just—what you're doing right now is not cool. Just very uncool.

00:43:42	Carrie	Host	I—I wanna understand what you're saying. Is it, uh—do you feel misled?
00:43:47	Kimberly	Guest	Yeah.
00:43:48	Carrie	Host	Okay, tell me about that. Why do you feel misled?
00:43:50	Kimberly	Guest	Uh, because there's no denying my talent and what I do. I can scan people's bodies and I help find things in them. I know where four stage cancer is in people's breasts before they know. They go to the doctor and they say, "Yeah, that's really great. Now we know you've got it." And I can catch it so it doesn't get into worse circumstances. And I do have these abilities that are helping people before it gets worse. And I'm not harming anybody by the gifts that I have. And it's a real sadness to me the that you're trying to say that I'm doing something wrong when I'm not.
00:44:29	Carrie	Host	I mean, I think your intentions are totally pure. I think that you really believe what you're saying.
00:44:35	Kimberly	Guest	I'm gonna end it right now because I've saved hundreds of people from getting severe breast cancer and going into a worse stages. There's a lot of good that I do, and, um, I'm sorry that there's something that you're feeling, um, that I did wrong.
00:44:53	Carrie	Host	Well, I—I can't wait for the double-blind studies. If that's true, that will completely vindicate you.
00:44:59	Kimberly	Guest	<i>[Chuckles quietly]</i> Okay.
00:45:01	Carrie	Host	Okay, great. Send those along.
00:45:04	Kimberly	Guest	Alright, honey.
00:45:05	Carrie	Host	I guess we're not doing that scan, then.
00:45:07	Kimberly	Guest	Uh, if you want to have you—undo the camera, I'll scan you.
00:45:11	Carrie	Host	Oh, sure, okay.
00:45:13	Kimberly	Guest	Hi <i>[chuckles quietly]</i> .
00:45:14	Carrie	Host	<i>[Chuckling]</i> Hi. Ready when you are.
00:45:16	Kimberly	Guest	Where did you find out that they said I was an RN?
00:45:19	Carrie	Host	I watched a lot of your videos and read your book. And, I mean, it's in a few places.
00:45:23	Kimberly	Guest	That I was an RN?
00:45:25	Carrie	Host	Well, you did.
00:45:27	Kimberly	Guest	Where? I never said I was an RN.
00:45:30	Carrie	Host	So you weren't a nurse?
00:45:32	Kimberly	Guest	No!
00:45:33	Carrie	Host	You weren't a nurse at all? So—you're shaking your head.
00:45:37	Kimberly	Guest	I never put in there I was an RN.

00:45:39	Carrie	Host	Let's see. You've said it a few times. Um, you said you were a nurse for many years, on your radio show. Uh, then you said, "I was a nurse for years," uh, on, uh, one of your Youtube videos.
00:45:51	Kimberly	Guest	I worked—I went to school to be an LVN, and I worked at the hospital for many years.
00:45:56	Carrie	Host	I believe you that you worked at a hospital <i>[chuckles a little]</i> .
00:45:58	Kimberly	Guest	<i>[Laughing tensely]</i> Oh, yeah. Many years! A certified nurse.
00:46:02	Carrie	Host	Okay. I'm get—I'm getting two impressions from you. One is that, "Yes, I was a nurse," and one is, "No, I've never said I was a nurse." Which one is correct?
00:46:09	Kimberly	Guest	I was going for my nursing—but nothing in my book is coming out saying that.
00:46:14	Carrie	Host	But you've said it in different places—
00:46:16	Kimberly	Guest	Yeah, but it's not going in my major book. The people think I am because of my abilities of my mediumship is so fast. And the words that I say, it's because I'm channelling.
00:46:27	Carrie	Host	But I'm only quoting you. I'm not looking at what anyone said about you.
00:46:31	Kimberly	Guest	But I was a certified nurse for years. Going to the hospital, working in all those places for many, many years.
00:46:39	Carrie	Host	Okay, so if you had a nursing license, why—
00:46:41	Kimberly	Guest	There's no way that they would have put me on the cover of that magazine if I didn't do the study over at PSY-TEK Lab
00:46:48	Carrie	Host	Uh... I—I think you've been to PSY-TEK Lab. I don't think that didn't happen. I just think that maybe it wasn't a double-blind study.
00:46:55	Kimberly	Guest	Well, why did they write that? I didn't write that. Okay. So, anyway.
00:46:58	Carrie	Host	Well, because I think they didn't do their job, like I'm doing.
00:47:02	Kimberly	Guest	Okay. Well, anyway, I'm not here to argue with you. And I don't want to go on a show that's going to be hurting my work that I'm doing in the community. Because I'm working so hard to help people.
00:47:13	Carrie	Host	<i>[Quietly]</i> Mm-hmm. Okay. <i>[At regular volume]</i> Well, I mean, you know, in this show you've also told me that I'm bad at my job, that I'm unethical. Um, and I feel okay with—about being challenged in that way.
00:47:23	Kimberly	Guest	Well, you don't have to say that you are. You can take it out.
00:47:26	Carrie	Host	<i>[Laughs briefly]</i> No, that's okay. I don't mind it. Um, did you want to do the scan?
00:47:31	Kimberly	Guest	Sure.
00:47:32	Carrie	Host	Okay. Thank you.

00:47:33	Kimberly	Guest	<p><i>[Laughs]</i> Um, why don't you breathe?</p> <p><i>[Someone inhales and exhales deeply twice.]</i></p> <p><i>[Laughs]</i> It's definitely a double-blind study <i>[laughs harder]</i>.</p> <p>Okay, why don't you stand up for a second—</p>
00:48:04	Carrie	Host	Sure.
00:48:05	Kimberly	Guest	You keep breathing.
00:48:06	Carrie	Host	<i>[Sounding slightly farther from the mic]</i> Can you still hear me okay?
00:48:09	Kimberly	Guest	<p>Sure.</p> <p><i>[Someone exhales deeply.]</i></p> <p>I don't know why you're getting a lot of blinks on your uterus area.</p>
00:48:17	Carrie	Host	Okay.
00:48:18	Kimberly	Guest	<p>And then have you turn around... if you can. And just take a deep breath. Inhale. Exhale.</p> <p><i>[Both vocalize as they breathe.]</i></p> <p>Okay, great. I don't know. They're blinking on your throat.</p>
00:48:33	Carrie	Host	Okay.
00:48:34	Kimberly	Guest	Uh, around your teeth. I don't know if you had dental—something around your jaw and your teeth.
00:48:41	Carrie	Host	Okay.
00:48:42	Kimberly	Guest	Um, going on around your—your mouth area. Um, also I keep getting around your chest, God blinks going, "God, God, God, God." Did you ever have something happen to your thyroid?
00:48:57	Carrie	Host	No. Uh-uh.
00:48:58	Kimberly	Guest	What about your mouth?
00:49:00	Carrie	Host	Um, I grind my teeth at night?
00:49:03	Kimberly	Guest	Um, and then what about in the lower part of your in—your stomach area, in your uterus area?
00:49:10	Carrie	Host	Uh, nothing in my uterus. Um, stomach...
00:49:15	Kimberly	Guest	They're blinking in those two spots. What about, like, are you ovulating right now? Are you having your menstrual cycle? Because it keeps blinking on the left side of you, over on your ovary.
00:49:25	Carrie	Host	Oh, okay. Um, no, I'm not—uh, well, I don't know if I'm ovulating, but—'cause I don't track my cycle that way. But I—I'm not menstruating.
00:49:32	Kimberly	Guest	Something on the left side of you, over by your hip area. And then also your heart area. The—the, like, every—like something over there is blinking to me. Did you ever have any surgeries?

00:49:43	Carrie	Host	Um, yes. So, let's see, when I was nine, I had a surgery on my arm. See this?
00:49:49	Kimberly	Guest	Yeah, and it was saying, like, you were saved by the Holy Spirit?
00:49:53	Carrie	Host	Oh!
00:49:54	Kimberly	Guest	And it was going, "God, God, God," in this chest area. So that's why I said, "Did something happen to you around here?"
00:50:00	Carrie	Host	Mayb—I mean, could it be something I don't even know about? When I was a baby or something?
00:50:05	Kimberly	Guest	No, but what happened with you—would you say, with a horse?
00:50:08	Carrie	Host	Oh, I fell off a horse and I shattered my elbow and they had to remove all the, uh, the pieces of the bone.
00:50:16	Kimberly	Guest	And that was at eight?
00:50:17	Carrie	Host	Uh, nine, I think.
00:50:19	Kimberly	Guest	They're saying eight.
00:50:21	Carrie	Host	Oh, okay.
00:50:22	Kimberly	Guest	And then, they're blinking over by this jaw. They need you to do more, um, probiotic or, um, don't brush your teeth with fluoride. I don't know if you're—are—are you doing that?
00:50:36	Carrie	Host	Yeah, I use fluoride.
00:50:38	Kimberly	Guest	Yeah. They, like, that's not good. And then, they want to make sure you boost your immune system more. So, once again, I don't know why. You'd have to give me—you know, this is where I go into the body and start to figure it out. Um, do you have regular menstrual cycles?
00:50:54	Carrie	Host	Mm-hmm. Yeah.
00:50:56	Kimberly	Guest	And have you had kids?
00:50:57	Carrie	Host	Nope.
00:50:58	Kimberly	Guest	Okay. Well, maybe it's just you're getting ready to ovulate or something.
00:51:01	Carrie	Host	Oh, okay. Maybe. Could it be in my fallopian tubes?
00:51:04	Kimberly	Guest	It could be that, even. yeah.
00:51:05	Carrie	Host	Okay.
00:51:06	Kimberly	Guest	So, it's just going nonstop—so, if you were in the office, I would go in and start to do, like, a healing on you, on the left side. I—I—I mean, you could say, "You're totally wrong, Kimberly."
			<i>[Carrie laughs briefly]</i>
			<i>[Inaudible]</i> horrible disease. I don't get that you've got cancer. I am getting that one thing. So, I don't—if—you could say my—my hip has arthritis or something like that.
00:51:28	Carrie	Host	Hm, yeah, no, nothing over there. I do get migraines. I get them a lot.

00:51:33	Kimberly	Guest	Hormone. You know, I'm getting—
00:51:34	Carrie	Host	Hmm.
00:51:35	Kimberly	Guest	You know, I'm getting, like—if you say that migraine, that's why when I get the uterus and I get around your throat.
00:51:39	Carrie	Host	Oh. Okay.
00:51:40	Kimberly	Guest	<i>[Inaudible]</i> I go in to saying, "Do you eat fish? Do you eat soy? Do you eat—you know, that would get you your nutrition back."
00:51:45	Carrie	Host	Oh, okay.
00:51:46	Kimberly	Guest	Casue I wouldn't want you eating fish. Fish is really, you know, pol-luted. It's got that bioidentical hormones, the iodine from the ocean. You know, then I would help you with your diet. You know, then I would go into that.
00:51:58	Carrie	Host	And so, your scan, you said, is, uh, more accurate than an x-ray. So you could see if, you know—I don't know, if anything was missing or <i>[chuckles]</i> or—or whatever.
00:52:07	Kimberly	Guest	Do you have organs missing?
00:52:09	Carrie	Host	Um... I do.
00:52:10	Kimberly	Guest	Okay. The only thing that I feel—if you had your appendix out?
00:52:15	Carrie	Host	<i>[In the negative]</i> Mm-mm.
00:52:16	Kimberly	Guest	I don't feel that. Stand back up again? Do you have a spleen out or something?
00:52:21	Carrie	Host	Nope.
00:52:22	Kimberly	Guest	Okay, well, you got me, then. 'Cause this keeps blinking down to-wards the lower part of your body. It would be in the lower part, to the left.
00:52:30	Carrie	Host	Lower part to the left. Okay.
00:52:31	Kimberly	Guest	It keeps blinking over that area.
00:52:34	Carrie	Host	Oh. But you said my appendix. That would be on the right.
00:52:38	Kimberly	Guest	No. Your appendix is—yeah, the right.
00:52:40	Carrie	Host	You thought that that was gone for a sec.
00:52:41	Kimberly	Guest	Put your hand over to your appendix. Yeah. Over, over. So either the gallbladder or spleen area.
00:52:49	Carrie	Host	Hmm. Okay. Um, I have both of those. They seem to be in working order. But, um, I did have my fallopian tubes removed.
00:52:56	Kimberly	Guest	That's what I kept blinking on! You said, "No," nothing's wrong with your uterus.
00:53:00	Carrie	Host	<i>[Flat]</i> Nothing is wrong with my uterus.
00:53:01	Kimberly	Guest	Yeah, but in your uterus, one of your ovaries or fallopian tube is blinking nonstop.
00:53:06	Carrie	Host	But your fallopian tubes aren't in your uterus.



00:53:09	Kimberly	Guest	What, honey?
00:53:10	Carrie	Host	Your fallopian tubes are not in your uterus.
00:53:13	Kimberly	Guest	But I was blinking on your left side nonstop.
00:53:18	Carrie	Host	Uh-huh.
00:53:19	Kimberly	Guest	Which—where is your fallopian tube?
00:53:21	Carrie	Host	You're asking where in the body are the fallopian tubes? It was both of them.
00:53:25	Kimberly	Guest	No! Where—which fall—
00:53:27	Carrie	Host	Both of them.
00:53:28	Kimberly	Guest	Both of them are taken out?
00:53:29	Carrie	Host	Yes.
00:53:30	Kimberly	Guest	Okay. Well, anyway, I was blinking in your lower area.
00:53:35	Carrie	Host	Mm-hmm. Mm-hmm. Yeah. I mean, would you say that's more accurate than an x-ray?
00:53:43	Kimberly	Guest	Equivalent.
00:53:45	Carrie	Host	<i>[In a doubting tone]</i> Really <i>[chuckles briefly]</i> ? I mean, you think an x-ray would just generally say, "Something's weird around your bottom?"
00:53:52	Kimberly	Guest	I think that—I think that I'm helpful. And I think that, um, it can help out. But I think both are great.
00:54:01	Carrie	Host	Mm-hmm.
00:54:02	Kimberly	Guest	And I refer people to both. Me and them.
00:54:04	Carrie	Host	<i>[Thoughtful]</i> That's good. That's good.
00:54:06	Kimberly	Guest	I work with Western medicine and we do—we both do it together.
00:54:10	Carrie	Host	But if you're telling people you can cure them, they don't need to go there.
00:54:13	Kimberly	Guest	Nope. I never say that.
00:54:15	Carrie	Host	You never say you can cure people?
00:54:17	Kimberly	Guest	I never say not to go to doctors.
00:54:19	Carrie	Host	No, of course not. But if you say that you can cure things, that person doesn't need to go to a doctor. They've been cured.
00:54:26	Kimberly	Guest	I don't cure people. God does.
00:54:29	Carrie	Host	Okay <i>[chuckling a little]</i> , but—so, I'm saying, if God cures people through you, then they needn't go to a doctor after that.
00:54:37	Kimberly	Guest	They do go to doctors, still.
00:54:39	Carrie	Host	I'm sure some people do. I can't imagine they all do if they think they're cured. Or, what's the point of you being there?

00:54:49	Kimberly	Guest	Well... that's besides the point, Carrie. If they want to still go, they can go. If they don't, they don't have to. But, anyway. I—I think we've already done enough. But—
00:54:59	Carrie	Host	Okay.
00:55:00	Kimberly	Guest	—I'm just saying that if they want to go, they can go. And if they want to do a session with me, they can do a session with me.
00:55:06	Carrie	Host	Mm-hmm. But, you see what I'm saying, though, right? That, like, if someone went to you and you said you cured them—
00:55:12	Kimberly	Guest	Most people come to me with their doctors.
00:55:15	Carrie	Host	They bring their doctor to the office?
00:55:18	Kimberly	Guest	No, honey. They're seeing their doctors and me together.
00:55:23	Carrie	Host	Right, okay. But what do you add to the equaiton, then?
00:55:27	Kimberly	Guest	I add nutritional programs, prayer, and comfort.
00:55:32	Carrie	Host	I... Okay. <i>[Chuckles briefly]</i> Uh—
00:55:35	Kimberly	Guest	And sometimes things that they don't know that they have, I can help them with that, too.
00:55:39	Carrie	Host	Mm-hmm. By saying, "It's vaguely in your bottom somewhere."
00:55:45	Kimberly	Guest	No. We do really great scans and healings.
00:55:48	Carrie	Host	Hmm. Okay.
00:55:50	Kimberly	Guest	I'm gonna go now, 'cause I have another call.
00:55:52	Carrie	Host	Okay. Alright, thank you so much, Kimberly. I—this was brave, and I appreciate you being on.
00:55:57	Kimberly	Guest	Thank you so much, Carrie.
00:55:59	Carrie	Host	Have a good one.
00:56:00	Kimberly	Guest	God bless you.

00:56:02 Carrie

Host

Well, there you have it. That was my interview with Kimberly Meredith, the medical intuitive. You can find her at [healingtriology.com](http://healingtriology.com). I want to thank Kimberly for being on the show. I did contact PSY-TEK Energy Laboratories, one of the places she mentioned that she says ran a double-blind test on her. A rep from PSY-TEK didn't confirm or disconfirm her claims, but did give this statement, "As you probably know, we test a lot of products, modalities, and practices that all make various claims. After 15 years of an amazing variety of studies, I can tell you that most do not perform as advertised."

A representative from the Institute of Noetic Sciences, uh, said, "I can confirm that Kimberly was one of the participating energy medicine practitioners in a large pilot study. We are now writing up the results of the pilot study for publication in a peer-reviewed scientific journal." Uh, 'til then, they couldn't talk about those results.

An Amazon spokesperson didn't reply to the question of whether Kimberly's e-book was removed, but they sent this statement, "We encourage customers to refer to government sources for frequently updated, authoritative guidance about the virus and protective measures." And they suggested the CDC and the WHO in particular.

So, the day following this interview, Kimberly contacted us and she said that she does have a nursing license, though she declined to provide her license number. She said, uh, she doesn't need to prove anything to us. But the offer still stands. Uh, if she'd like to share any documentation, we would be more than happy to include that in a future episode, and that includes any double-blind testing. So, uh, the—the offer stands. The door's open. If she wants to come back on the show, even, she could.

I want to thank Matthew Strugar for legal counselling, Ross for suggesting the very good question about defining a double-blind study, Dr. Bree Simmons, a sports medicine specialist who offered her thoughts on the various effects of head trauma, and Jesse Meyers, who suggested contacting Dr. Simmons.

And remember, from various videos featuring Kimberly Meredith,

00:58:18 Clip

Clip

**Kimberly Meredith (Unsourced Youtube videos):** And I can scan the body like, you know, in 3.5, 4, 5 minutes—fast. And I'll know whether you have anything that's going on in your body. This is really a good idea to take it—take me up on that—

*[Electronic beep]*

And the power of the Holy Spirit is so undeniably amazing, it can cure anything. We have cured cancer. We can cure coronavirus.

*[Electronic beep]*

I've been doing Skypes for over three years, now, but more people are jumping on and doing those Skypes with me. And, uh, I scan the whole body. I will know if you have the virus or not through my eye blinking. I scan people, uh, I know if they have cancer. I know if they have tumors. I know everything in 3.5 minutes.

*[Electronic beep]*

So after this accident, everything came to halt my old life. And—

**Speaker 1:** Which was what?

**Kimberly:** My old—*[chuckling]* my other life was—I was working in the nursing profession. Also medical consultant on television shows.

*[Electronic beep]*

00:59:12	Clip	Clip	<p><b>Kimberly (Unsourced Youtube videos):</b> I've been tested by Dr. Norm C. Shealy, PSY-TEK Subtle Energy Laboratory. And both have confirmed my healing abilities. And I participated in double-blind studies across the country.</p> <p><i>[Electronic beep]</i></p> <p>I have a lot of honor for nurses. I was a nurse for years.</p> <p><i>[Electronic beep]</i></p> <p>Do you accept the debt of healing?</p> <p><b>Speaker 2:</b> I do</p> <p><b>Kimberly:</b> I accept the Holy Spirit. Keep breathing out with you.</p> <p><b>Speaker 2:</b> I accept the Holy Spirit.</p> <p><b>Kimberly:</b> And through accepting the Holy Spirit, I am healed. Keep breathing out with you.</p> <p><b>Speaker 2:</b> And through accepting the Holy Spirit, I am healed.</p> <p><i>[Both makes loud breathing sounds.]</i></p> <p><b>Kimberly:</b> Once the left eye blinks, you're completely healed. Keep breathing. Good. Drop your neck. Keep breathing. Keep breathing. You're doing it. Drop your neck. I am healed.</p> <p><b>Speaker 2:</b> I am healed. I'm healed. I'm healed. I am healed.</p> <p><b>Kimberly:</b> Good. It's off you.</p> <p><b>Speaker 2:</b> Thank you.</p>
1:00:07	Music	Transition	"Oh No, Ross and Carrie! Theme Song" by Brian Keith Dalton fades in. A jaunty, upbeat instrumental. <i>[Music ends.]</i>
1:00:21	Music	Transition	Straightforward, thump-y electric bass guitar beat with light drums plays while the hosts speak.
1:00:23	Laurie Kilmartin	Host	Hi. I am Laurie Kilmartin.
1:00:25	Jackie Kashian	Host	And I'm Jackie Kashian.
1:00:26	Laurie	Host	Together we host a podcast called:
1:00:29	Jackie	Host	<i>The Jackie and Laurie Show.</i>
1:00:30	Laurie	Host	Uh, we're both stand-up comics. We recently met each other because women weren't allowed to work together, uh—uh, on the road or in gigs for a long, long time, and so...our friendship has been unfolding on this podcast for a couple years. Jackie constantly works the road; I write for Conan and then I work the road in-between.
1:00:47	Jackie	Host	We do a lot of stand-up comedy, and so we celebrate stand-up—
1:00:50	Laurie	Host	Yes.

1:00:51	Jackie	Host	—and we also...bitch about it.
1:00:53	Laurie	Host	We keep it to an hour; we don't have any guests. We somehow find enough to—to talk about every single week. So find us—you can subscribe to The Jackie and Laurie show at <a href="http://MaximumFun.org">MaximumFun.org</a> , or wherever you get your podcasts.
1:01:04	Jackie	Host	<i>[Nonplussed]</i> K, bye.  <i>[Music ends.]</i>
1:01:08	Music	Transition	A cheerful guitar chord.
1:01:09	Speaker 1	Guest	<a href="http://MaximumFun.org">MaximumFun.org</a>
1:01:11	Speaker 2	Guest	Comedy and Culture.
1:01:12	Speaker 3	Guest	Artist owned—
1:01:13	Speaker 4	Guest	—Audience supported.