

00:00:00	Clip	Clip	<p>Jesse Thorn: <i>[Somber]</i> Hi. It's Jesse, the founder of MaxFun, coming to you from the microphone at my home office, where I am socially segregating.</p> <p>So, we promised you a MaxFunDrive this week, but things... <i>[suppressing a grim chuckle]</i> haven't exactly gone how we expected. So given the pandemic, we're gonna postpone this year's Drive. Events are still fluid, so we're hesitant to give you specifics about new dates. Right now we have late April penciled into our calendars. We'll keep you posted about that.</p> <p>As it stands, a lot of our Drive machinery was already cranked up. So, for one thing you might hear a reference or two to the Drive in our shows, which might have been recorded before we made this decision. And here is some good news: there's a bunch of great bonus content available for <u>all</u> of our MaxFun members. If you're a member and you missed the email with instructions on how to listen, check your spam folder or log in at MaximumFun.org/manage. Also at MaximumFun.org/manage, you can change your membership if your circumstances have changed. We know this is a tough time for a lot of people, and we understand. You can also go to MaximumFun.org/join at any time if you'd like to become a member.</p> <p>During the next couple weeks, what <u>would</u> have been the Drive, we are going to do our best to be extra available to you. We've got some streaming events planned, some social media stuff. We know a lot of folks are isolated right now, and we wanna help provide comfort in the best ways that we know how. You can follow us on social media, and we'll let you know what's up.</p> <p>During this tough time, I have been feeling really grateful for my community of colleagues here at MaxFun. And for you, the folks who make our work possible. Goofy as that work may sometimes be. Stay safe out there. We're thinking of you.</p> <p>00:01:59 Music Music " Oh No, Ross and Carrie! Theme Song" by Brian Keith Dalton. A jaunty, upbeat instrumental. Continues playing in background as clip continues.</p> <p>00:02:08 Ross Blocher Host Hello! And welcome... to <i>Oh No, Ross and Carrie!</i> The show where we don't just report on fringe science, spirituality, claims of the paranormal—no, no, no! We... take part ourselves.</p> <p>00:02:20 Carrie Poppy Host Yes! <i>[Placing hard syllables/emphases in unusual places]</i> When <u>they</u> make the <u>claims</u>, we show <u>up</u> so you don't <u>have</u> to! I'm Carrie Poppy!</p> <p>00:02:25 Ross Host And I am Ross Blocher. We're back at The Conscious Life Expo again!</p> <p>00:02:28 Carrie Host This is the new way we talk.</p> <p>00:02:31 Ross Host Our episodes are already too long. It'd be even longer.</p> <p><i>[Carrie laughs.]</i></p> <p>That's funny. I always say that's the one thing no one complains about is that our episodes are too long?</p> <p>00:02:38 Crosstalk Crosstalk Carrie: Yeah, that's good!</p> <p>Ross: But then some—</p>
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00:02:40	Ross	Host	Someone wrote the other day and said, like, I would love it if you would just talk about the facts.
00:02:44	Carrie	Host	Well, I send that person off with love.
			<i>[Ross laughs.]</i>
00:02:51	Ross	Host	Light. Happiness and karma. For 'tis the greatest notion!
00:02:52	Carrie	Host	Mm-hm. Of a final song... that the waves of transparency... be lit... in the cement... of a true dove!
00:03:02	Ross	Host	I feel like that needs to be followed with a: <i>Book of Carrie</i> —
			<i>[Carrie laughs.]</i>
00:03:06	Crosstalk	Crosstalk	Carrie: V1:6—
			Ross: 6—82.
			<i>[Both laugh.]</i>
			Carrie: Totally. Dot—
			Ross: Yeah.
00:03:11	Carrie	Host	XII.
00:03:13	Ross	Host	I feel like if we just didn't stop Carrie she could generate a whole book like that.
00:03:17	Carrie	Host	A one... to which... it is known... that for... never—
			<i>[Ross laughs.]</i>
			—with true... happiness... under the blanket... of... good. Bird.
			<i>[Both laugh.]</i>
			<i>[Through laughter]</i> I'm waiting for you to stop me! <i>[Laughs.]</i>
00:03:31	Ross	Host	Oh, yeah! I was gonna get that whole book. Well for those of you who are here for the long haul, we're back at The Conscious Life Expo.
			<i>[Carrie "woo-hoo!" cheers.]</i>
			We've had three previous episodes. We've been meeting <u>all</u> kinds of interesting people and going to <u>all</u> kinds of interesting talks.
00:03:45	Carrie	Host	Mm-hm.
00:03:46	Ross	Host	Very excited to tell you about one of my talks which—I think was the highlight for me of the whole conference.
00:03:51	Carrie	Host	Alright! Nice!
00:03:52	Ross	Host	This is still Saturday. Our first day at The Conscious Life Expo. And it was 2:00 and it was time to go to a talk. Um, we'd already been around the show floor a bit and we had a lot to show floor it.
			<i>[Carrie laughs.]</i>
00:04:06	Carrie	Host	Most of the talks at this are free, but not all.
00:04:08	Ross	Host	For example, at 2:00 we have Russell Brand, with his "Recovery: Freedom From Our Addictions."
00:04:14	Carrie	Host	We talked about him a little bit in a previous episode.
00:04:16	Ross	Host	Yeah. And we mentioned that the talk was \$110.

00:04:18 Carrie Host But should've been \$108.
00:04:20 Ross Host And you were going to a very specific talk. With Linda Moulton Howe. Which—
00:04:25 Carrie Host Yes. My very favorite speaker.
00:04:27 Ross Host —Carrie will have a lot to say about that in an upcoming episode.
00:04:30 Carrie Host Yes, I will. Yes I will.
00:04:32 Ross Host That had a price tag attached to it as well.
00:04:34 Carrie Host Yeah, it did! I wanna say that one was...
00:04:37 Ross Host \$40?
00:04:37 Carrie Host Yeah. Between \$40 and \$50, yeah.
00:04:39 Ross Host And I was wavering. I was thinking, oh, maybe I should join Carrie... though—I don't know—she's got that one covered? Maybe I should go to one of these other talks that are free! Most of these talks were up on the second floor? And the... LAX Hilton has all of these conference rooms and they'll be in a row. So you'll have Los Angeles A and Los Angeles B. And La Jolla.
00:05:01 Carrie Host You can walk around this thing in a circle... many times trying to find something. Or at least I can.
00:05:07 Ross Host Oh, every time I needed to find one of these rooms? I would just go look online for the floor plan? Of the LAX Hilton? 'Cause that was way faster than, a, trying to ask somebody; or b, just following the signs?
00:05:19 Carrie Host Yeah! The signs were not very good.
00:05:21 Ross Host Not helpful!
00:05:22 Carrie Host Not very good.
00:05:23 Ross Host Yeah! I would say, like, Catalina! This direction! And I'd walk over this direction—I don't see anything called Catalina!
00:05:29 Crosstalk Crosstalk **Carrie:** Yup! Same! Oh good. I'm glad that wasn't just me.

Ross: Why did you say that?

[Carrie laughs.]

Ross: It wasn't that direction at all!

Carrie: Why'd you do this to me?

[Ross laughs.]
00:05:34 Ross Host So I was walking down—I think the same hallway where you were—
00:05:38 Carrie Host Maybe that sign was just pointing to Catalina Island.
00:05:40 Ross Host Ohhh!
00:05:41 Carrie Host Just so that you... put yourself in space and time.
00:05:44 Ross Host AKA, Catalina B. Sure.

[Carrie laughs.]

Sure. *[Through laughter]* So—you were, uh, in line for the Linda Moulton Howe thing and there were these other long lines. I was trying to get into one of the other talks and it was filled up!
00:05:56 Carrie Host Oh, which one?
00:05:57 Ross Host Either it was the “Past Life Regression Guided Meditation”?
00:06:00 Carrie Host Mmm. That sounds good.
00:06:01 Ross Host Or maybe it was the—Fia Johansson's “Hijack Your Subconscious Mind.”
00:06:06 Carrie Host Oh, okay! Both sound great!

00:06:07	Ross	Host	But yeah. I remember thinking, okay. Well, what's my next option? And then I saw... my destiny.
			<i>[Carrie laughs.]</i>
00:06:18	Carrie	Host	A free keynote lecture... by Deborah King.
00:06:20	Ross	Host	Ooooh! A name I'd heard before? But if you asked me, who is Deborah King and why should I—
			<i>[Carrie laughs.]</i>
00:06:25	Carrie	Host	Why should I listen to her?
00:06:26	Ross	Host	<i>[Through laughter]</i> Listen to her. I wouldn't be able to tell you exactly what it is that she does.
00:06:30	Carrie	Host	Yeah. I don't think I had heard of Deborah King!
00:06:32	Ross	Host	In these circles, though, like, her name comes up. But the talk title was quite intriguing—it was called "Starseeds: Your Cosmic DNA."
00:06:42	Carrie	Host	Oh, shit! So...
			<i>[Ross laughs theatrically.]</i>
00:06:46	Ross	Host	Let me tell you what I think starseeds are 'cause I'm not sure.
00:06:47	Carrie	Host	Okay. I think... a person who is the direct descendant of... extraterrestrials... and knows it? 'Cause we all are. Supposedly we're <u>all</u> descendants of extraterrestrials. But some people self-identify as starseeds and it seems like they're like... I'm <u>from</u> this planet and <u>this</u> galaxy. This is what my people are like and I'm here for this particular purpose.
00:07:12	Ross	Host	I'm nodding along because—yeah! Yeah. I think you've got the right idea. Though... something she says later makes me think that not <u>all</u> people are considered starseeds.
00:07:21	Carrie	Host	Ooh! All the baddies!
00:07:22	Ross	Host	Mmmaybe.
00:07:24	Carrie	Host	Mm.
00:07:25	Ross	Host	I was very excited. And the description outside every room has a big poster board with the info about the session and a picture of the person. The description here was—join legendary teacher, master healer, and <i>New York Times</i> bestselling author—Deborah King! For an experiential journey into the cosmos.
00:07:43	Carrie	Host	Oooh!
00:07:44	Ross	Host	To discover your true origins. Other suns and planets in our <u>own</u> Milky Way galaxy—or in galaxies far, far away—may have been your original home. Giving <u>you</u> the deeper understanding and advanced starseed abilities that go along with those realms of higher consciousness. Learn of the mission you were sent to accomplish, and why you volunteered for it.
00:08:08	Carrie	Host	Oh, wow!
00:08:09	Ross	Host	Prepare yourself to be rocketed into space in this one-of-a-kind experience as you locate your home planet and look into your cosmic DNA.
00:08:19	Carrie	Host	Oh my goodness!
00:08:21	Ross	Host	Carrie's eyes are wide open.
			<i>[Carrie laughs.]</i>
00:08:22	Carrie	Host	I'm just—how could we go to any other talk?

00:08:25	Ross	Host	Right?
00:08:26	Carrie	Host	Yeah!
00:08:27	Crosstalk	Crosstalk	Ross: Yeah. And I just feel like—
00:08:29	Ross	Host	Carrie: Thank god you went! —by happenstance I get into this line and—actually, I didn't have to wait long! This hallway was just filled with people but I was able to waltz in and sit down, like, near the front? I was in the second row on the right-hand side.
00:08:42	Carrie	Host	Man!
00:08:43	Ross	Host	Yeah! Super fun! In fact, I was sitting right next to... the keyboardist. There was a woman up front who reminded me a little of Shelley Long?
00:08:52	Carrie	Host	Oh, nice.
00:08:53	Ross	Host	With, uh—
00:08:54	Carrie	Host	Big fan.
00:08:56	Ross	Host	Frizzier hair, perhaps, and wearing sort of a shawl. I don't know. Everybody's wearing loose-fitting...
00:09:01	Carrie	Host	Gotta get some flowy shit if you're gonna be in this business.
00:09:03	Ross	Host	Yeah. And it's got tassels hanging off. It's not quite the Joseph Technicolor Dreamcoat, but it's got, y'know, like, pretty bold striping to it. Uh, so yeah. She's got an interesting look going there. And very sweet lady. She wanted to know if I'd ever seen Deborah King before. Oh, no! My first time! She said oh, well you're in for a treat and you're in just the right spot. She loves to get that energy from the front rows.
00:09:27	Carrie	Host	Nice.
00:09:28	Ross	Host	There's a good chance you might get called on!
00:09:30	Carrie	Host	<i>[Ross breathes in excitedly.]</i> Here's hoping!
00:09:31	Ross	Host	Yeah. Oh, yeah. I was really excited. So she sits down at her keyboard and so I ask <u>her</u> how long have <u>you</u> been associated with Deborah King? Does she hire you to come play? And she says, oh, definitely. I'm one of her students. And there's a woman who comes to sit next to us and she says, oh, oh, you wrote a book, didn't you? And the keyboardist says, oh, that was actually so-and-so. So maybe it's a woman who looks like her. Uh, she names her. But then says—I did write one of those—what do you call it when you write about, like, your experience?
00:10:02	Carrie	Host	A memoir? <i>[Laughs.]</i>
00:10:03	Ross	Host	Yeah. I said, uh, essay? And she said, no, y'know, like, um... where you're—you're telling about how someone affected you. I said, oh a testimonial? She said, that's it! I did write a testimonial and that was published on the website or—
00:10:15	Carrie	Host	Aw, that's really sweet.
00:10:16	Ross	Host	Something like that. Yeah.
00:10:17	Carrie	Host	I love that she counts that.
00:10:18	Crosstalk	Crosstalk	Ross: Absolutely.
00:10:20	Ross	Host	Carrie: She's like, I'm a published author!
00:10:23	Carrie	Host	Maybe that's where the other lady remembered her by.
00:10:24	Ross	Host	Oh yeah! That's true. So we sat around. We waited as the room filled up and it was a big, long conference room! I can't remember how many I

			estimated. But I would say there were probably, like, 300+ people in there?
00:10:34	Carrie	Host	People? In that one talk?
00:10:35	Ross	Host	Yeah, it was—
00:10:36	Carrie	Host	Whoa—
00:10:37	Ross	Host	It was like a big room. One where you feel they could've separated that room into multiple rooms, with one of those accordion things, but they didn't? Uh, yeah! Yeah it was—and it was pretty packed, too!
00:10:48	Carrie	Host	300—uh, Linda Moulton Howe didn't have <u>nearly</u> that many.
00:10:51	Ross	Host	Oh, wow!
00:10:51	Carrie	Host	Yeah! And you never know what's gonna come out of <u>her</u> face.
00:10:53	Ross	Host	You never know.
00:10:54	Carrie	Host	You never know.
00:10:55	Ross	Host	You never know! But boy, I did not know what was gonna come out of Deborah King's face.
00:10:55	Carrie	Host	Oh, I can't wait!
00:10:59	Ross	Host	We'll get there. And they also had the livestreaming going for Gaia. So the cameras were rolling.
00:11:04	Carrie	Host	Gaia is, uh, again, the Conscious Network that runs this event and is also a place people go to watch, like, New Age stuff.
00:11:14	Ross	Host	I would say most of the audience was... women? But there were plenty of men. There was a guy behind me who reminded me a little bit of Frohike? From the X-Files? I don't know if you remember The Lone Gunmen.
00:11:26	Carrie	Host	I've seen two episodes of <i>The X-Files</i> . They were—they were fine.
00:11:29	Ross	Host	Y'know, sort of a—a short man who has a face and an expression that reminds you a little bit of maybe a toad. Or something.
00:11:37	Carrie	Host	Okay. <i>[Laughs.]</i>
00:11:38	Ross	Host	Yeah. I don't mean that in any insulting way. Just, y'know, like <i>Wind in the Willows</i> or something.
00:11:41	Carrie	Host	Oh, okay.
			<i>[Ross laughs.]</i>
00:11:43	Ross	Host	And I kinda looked back and at first I thought he was wearing a hat that said "Starseed," and I thought, oh, that's appropriate! He must be a big fan! But then I realized, his hat was "Space Force."
00:11:51	Carrie	Host	Ohhh!
			<i>[Ross laughs.]</i>
00:11:53	Carrie	Host	Donald Trump's Space Force!
00:11:56	Ross	Host	<i>[Through laughter]</i> Yeah. And so I thought, oh, this is an interesting guy.
00:11:59	Carrie	Host	God.
00:12:00	Ross	Host	I told him, oh, I misread your hat at first—Space Force, huh? And he said, yup. Just got back from, uh, multiple tours of duty.
00:12:06	Carrie	Host	What?
00:12:08	Ross	Host	And I thought, okay. Well you're having fun. Then I turn back around. So then he starts talking a little bit more—yup. Lots of memories and, uh— <i>[Laughs.]</i> Thinking like, alright. Now I'm done with the conversation.
			<i>[Carrie laughs.]</i>
00:12:21	Carrie	Host	Lots of memories like... of Space Force?
00:12:22	Ross	Host	Yeah. And he was—
00:12:23	Carrie	Host	Goodness.

00:12:24	Ross	Host	—clearly just trying to be—
00:12:25	Carrie	Host	Interesting?
00:12:26	Ross	Host	Sarcastic. Y’know. “I’m gonna play around now, y’know, now that we’ve started this conversation.”
00:12:31	Carrie	Host	Oh, I see. I see.
00:12:32	Ross	Host	“Make stuff up.” And I don’t know. <i>[Laughs.]</i>
00:12:35	Carrie	Host	No thanks.
00:12:35	Ross	Host	I was done.
00:12:36	Crosstalk	Crosstalk	Ross: Yeah, exactly.
00:12:37	Ross	Host	Carrie: I’m okay. Once the room filled up, then this dance music started up. Got pretty exciting. Woman came up onstage—told us—
00:12:43	Carrie	Host	<i>[Singing tune to Earth, Wind, & Fire’s “September”]</i> “Do you remember? Ba da dap baaah ba bow!” <i>[Regular voice]</i> that’s what I’m imagining.
00:12:43	Ross	Host	Sure! Yeah. Something along those lines. So this woman comes up, introduces Deborah as—again—the <i>New York Times</i> bestseller? And sure enough she’s written <u>four</u> books?
00:12:57	Carrie	Host	That’s more books than I’ve written!
00:12:59	Ross	Host	<i>Truth Heals; Be Your Own Shaman—</i>
00:13:02	Carrie	Host	‘K.
00:13:03	Ross	Host	— <i>Heal Yourself, Heal the World—</i>
00:13:05	Carrie	Host	Wow! A lot of commands here.
00:13:07	Ross	Host	And <i>Entangled in Darkness, Seeking the Light.</i>
00:13:09	Carrie	Host	Okay.
00:13:11	Ross	Host	So there ya go. Yup! Uh, she’s written more books than both of us combined.
00:13:14	Carrie	Host	Yeah! As has anyone who’s written a book.
00:13:16	Ross	Host	<i>[Both laugh.]</i> <i>[Through laughter]</i> Correct. So Deborah comes out and—I can’t describe her any better than by saying, just imagine Jamie Lee Curtis—
00:13:25	Carrie	Host	Mm-hm.
00:13:26	Ross	Host	As she is now. Like, in <i>Knives Out</i> . Y’know, that kinda—spiked hair and glasses and—y’know. She’s not <u>quite</u> a doppelganger? But <u>definitely</u> ...
00:13:34	Crosstalk	Crosstalk	Carrie: That—that vibe.
00:13:36	Ross	Host	Ross: She could be her— She could be her sister. And you’d be like, of course she’s Jamie Lee Curtis’s sister!
00:13:39	Carrie	Host	Yeah. I saw a picture of her and I—I get that even from the photos.
00:13:43	Ross	Host	Oh wow. And she was wearing white pants and a white turtleneck and <u>very</u> comfy white sneakers.
00:13:50	Carrie	Host	Did you raise your hand and say, what do you do when you menstruate?
00:13:53	Ross	Host	<i>[Both laugh.]</i> Yeah, I did!
00:13:55	Carrie	Host	You did?! Okay. What’d she say?
00:13:57	Ross	Host	<i>[Both laugh.]</i> Uh, she told me about her time in Space Force.
00:13:59	Carrie	Host	Oh, okay. Okay.

00:14:00	Ross	Host	That ended that conversation.
			<i>[Both laugh.]</i>
00:14:02	Ross	Host	And then on top of all of that white clothing, she had this long shawl. It was <u>almost</u> like a poncho that was sorta cut down the middle?
00:14:11	Carrie	Host	Oh, uh-huh. I know what you're talking about. Yeah.
00:14:14	Ross	Host	Uh, where if she lifts her arms—which she does later, uh, into a T pose, it forms this perfect square of this very colorful fabric.
00:14:22	Carrie	Host	Yeah. I associate that style with, like, Latin America.
00:14:26	Ross	Host	Uh, yeah. It was very colorful. Warm and cool tones and complex patterns. So very <u>visually</u> intriguing design there. And she's wearing the glasses as well. So she comes out. She's all excited. She's got the music going. Oh, I forgot—
00:14:40	Carrie	Host	<i>[Singing "Remember" again]</i> "Do you remember—ba da da boo ba boo."
00:14:44	Ross	Host	Oh, I should mention also there was a contest entry form being passed around. This is how they get all of our email addresses, of course. And I have since gotten <u>many</u> emails from Deborah King. But I was hoping I would sign up and receive a <u>free</u> three-part video course with meditation, audio—
00:14:59	Carrie	Host	Oooh.
00:15:00	Ross	Host	Called "Awaken the Healer Within." Did I win? No.
00:15:03	Carrie	Host	Did they announce the winner during the event?
00:15:05	Ross	Host	They did. There were winners at the end. Not me.
c00:15:05	Carrie	Host	Whenever they don't announce it during the thing?
00:15:11	Crosstalk	Crosstalk	Carrie: I'm like—you—yeah! Yeah!
			Ross: You're like, nobody won.
00:15:13	Carrie	Host	You—you don't even—
00:15:14	Crosstalk	Crosstalk	Carrie: There's—there's no incentive!
			Ross: 'Cause there's no way to follow up on this and—
00:15:15	Ross	Host	Yep. Just now you've got my email address and you're going to send me three emails a week.
00:15:19	Carrie	Host	Yep. This is a ruse.
00:15:21	Ross	Host	This is what has happened. So she starts to introduce herself for people who don't already know her? She said that when she was just 25 years old, she was a legal professional. She was on the fast track. It was a high-paying job; high intensity. But then she got cancer!
00:15:38	Carrie	Host	Oh, geez.
00:15:39	Ross	Host	Yeah. At 25. That's—
00:15:41	Carrie	Host	God. Yeah.
00:15:42	Ross	Host	That's rough. And—
00:15:43	Carrie	Host	Did she say what kind?
00:15:44	Ross	Host	She didn't.
00:15:45	Carrie	Host	Okay.
00:15:46	Ross	Host	I'm sure she does in, uh, <i>Truth Heals</i> . Since that's supposed to be about that and other parts of her life. But what was important about that was that it forced her to kind of leave that high pace lifestyle and go seek out gurus.
00:15:58	Carrie	Host	Oh wow! Okay.
00:16:00	Ross	Host	To—she wanted to, y'know, learn spiritual things and what can I learn about, y'know, these deeper meanings of life now that I—I'm really faced with my own mortality. She also started talking about

just her interest in... astronomy? And said, y'know, she's not trained in it but just look at the influence of all of these great thinkers and how they've shown us the spiritual side of... astronomy.

00:16:25	Crosstalk	Crosstalk	Ross: And so she was—
00:16:26	Carrie	Host	Carrie: I feel that way—
00:16:27	Ross	Host	—about Carl Sagan.
			Interes—okay. Carl Sagan does come up later. But she drew kind of a line of succession from Galileo to the Mercury Program to, uh, the Kepler Telescope to Neil Armstrong; to Edgar Mitchell. And now we're kind of in the realm where you can say, oh, yeah, definitely you have somebody who has infused astronomy and the stars with kind of spiritual significance.
00:16:51	Crosstalk	Crosstalk	Ross: 'Cause he—he was—
			Carrie: Okay. I'm not familiar with that name.
00:16:52	Ross	Host	Edgar Mitchell, he was an actual astronaut and he's <u>very</u> much in the vein of believing aliens have come to visit the planet—
00:17:00	Carrie	Host	Oh cool!
00:17:01	Ross	Host	—and he's an interesting figure who's really kind of lent a lot of <u>legitimacy</u> —
00:17:05	Carrie	Host	Sure!
00:17:06	Ross	Host	To—
00:17:07	Carrie	Host	A Stanley Freedman type.
00:17:08	Ross	Host	Right! Right. Yeah. Like—oh, he was actually in these space programs. He's been to space and <u>he</u> says he's <u>seen</u> these things and—
00:17:15	Carrie	Host	Yeah. Wow! Okay!
00:17:16	Ross	Host	He founded the Institute of Noetic Sciences—
00:17:18	Carrie	Host	Oh, I've heard of that!
00:17:20	Ross	Host	1973. So, uh, she was talking about just this kind of connection between the pursuit of knowledge of the stars and just sort of a spiritual significance. So after introducing that—those aspects of herself, she said that she... after consulting with all these different ideas and seeking out other spiritual traditions, she started hearing this, just, ringing in her ears.
00:17:44	Carrie	Host	Oh, okay.
00:17:45	Ross	Host	Uh, very, very commonly. And at first—
00:17:48	Carrie	Host	My mom gets that. It's called "tinnitus."
00:17:49	Ross	Host	Man. What a rough situation that must be.
00:17:51	Carrie	Host	I know.
00:17:53	Ross	Host	Just—ah.
00:17:54	Carrie	Host	I'll call her and she'll have to switch the ear the phone's on sometimes because the ringing's so loud she can't hear me.
00:17:59	Ross	Host	Oh, man!
00:18:00	Carrie	Host	I know.
00:18:01	Ross	Host	Every now and then when I do get a ringing in my ears, I think like—oh, poor people who have to hear that—
00:18:06	Crosstalk	Crosstalk	Ross and Carrie: All the time.
00:18:07	Carrie	Host	I know.
00:18:08	Ross	Host	That would be maddening. So, uh, at first I thought she was saying that she had gone to visit a doctor to look at this?
00:18:13	Carrie	Host	Good idea.
00:18:15	Ross	Host	But—
00:18:15	Carrie	Host	Uh-oh.

00:18:15	Ross	Host	Then I realized, no, no, no, no. This was not an actual doctor.
00:18:19	Carrie	Host	Oh no!
00:18:20	Ross	Host	She was accessing the Akashic Records.
00:18:22	Carrie	Host	Oh. Okay. So. The Akashic Records—for those who don't know—are records of everybody who's ever lived that are kept in like a celestial place and it has all of your past lives and all of your future lives and... your... destiny.
00:18:36	Ross	Host	Just this ultimate index of all history of all people and things. Which I hadn't heard of before we started the podcast.
00:18:44	Crosstalk	Crosstalk	Carrie: Oh, right! Yeah. It's been a—
00:18:46	Ross	Host	Ross: I remember learning about it—
00:18:47	Carrie	Host	—during one of our investigations.
00:18:51	Ross	Host	So how's that going to help her with her tinnitus? <i>[Laughs.]</i>
			Okay. So—as she accesses the records, she meets this guide. And—as she's talking about all these points, everything I've mentioned so far—almost every single talking point has an associated... glossy image. With it. Up on the slideshow.
00:19:06	Carrie	Host	Oh, gotcha. Okay.
00:19:07	Ross	Host	That for me is right before the keyboardist—
00:19:09	Carrie	Host	Oh, that reminds me of TL Swan.
00:19:10	Ross	Host	They look like... y'know, high-production quality... stock images?
00:19:15	Carrie	Host	Mm-hm.
00:19:16	Ross	Host	That she's found? And there will be this kind of curious interplay of her sort of stating... the nature of this image that <u>really</u> had me confused. Like, did you commission this?
			<i>[Carrie laughs.]</i>
			Because sometimes she would say—this is what I saw. And I'd be like, oh, where did you get this computer-generated... image...
00:19:34	Carrie	Host	Riiiiight.
00:19:35	Ross	Host	Did you have somebody create this based on your description?
00:19:38	Carrie	Host	Right, right.
00:19:39	Ross	Host	Or is this just in the ballpark?
00:19:41	Carrie	Host	Yeah. That's interesting.
00:19:42	Ross	Host	So yeah. I'll kind of talk about those off and on as we go through this. But at this point, she showed this picture of a statue with a little guy who had—she described them as loudspeaker ears? Sort of cones that projected out from his head?
00:19:56	Carrie	Host	Oh, cool.
00:19:57	Ross	Host	And she pointed to the screen and she said—yeah, like this guy, but this is actually not a great image. He was <u>wider</u> than he was <u>tall</u> .
00:20:05	Carrie	Host	Oh! Okay.
00:20:07	Ross	Host	Yeah. And he just looked like a normal figurine.
00:20:11	Carrie	Host	I wonder then—okay. If he was wider than he is tall... that's so hard to picture!
00:20:15	Ross	Host	Right.
00:20:16	Carrie	Host	Was he very, very, short? Yeah. I don't know. I wanna—I want more information about that!
00:20:21	Ross	Host	Right. But she didn't have the right stock image for that one. So. We just had to use our imaginations. But anyway. So he <u>reveals</u> to her that this ringing that you're hearing—it's because you have an antennae above your ear!
00:20:35	Carrie	Host	Oh, shit!

00:20:36	Ross	Host	Yeah!
00:20:37	Carrie	Host	Okay. That's important knowledge.
00:20:39	Ross	Host	And this tunes you in to the vibrations of the universe. This is actually really important. And you can use this.
00:20:44	Carrie	Host	Okay.
00:20:45	Ross	Host	And it remin—
00:20:45	Carrie	Host	Huge, if true.
00:20:47	Ross	Host	It reminded me a bit of our friend Whitley Strieber.
00:20:51	Carrie	Host	Mm-hm.
00:20:52	Ross	Host	Who found that he had an antenna in <u>his</u> —
00:20:55	Crosstalk	Crosstalk	Ross: I think earlobe?
			Carrie: Or an implant, at least. Yeah.
00:20:57	Ross	Host	Right. And this sounded more like it was—
00:20:59	Crosstalk	Crosstalk	Carrie: That's right! Yeah!
			Ross: —in her brain.
00:21:01	Ross	Host	But apparently it was a gift of... the starbeings or something like that.
00:21:05	Carrie	Host	Okay. So—the rare <u>good</u> implant.
00:21:07	Ross	Host	Mm-hm. Mm-hm. And he let her know that she <u>is</u> a starseed, and she is from Orion's Belt!
00:21:15	Carrie	Host	Oh, okay!
00:21:16	Ross	Host	Yeah!
00:21:17	Carrie	Host	Nice.
00:21:17	Ross	Host	So all of this came from her visit to the Akashic Records. And that set her off on a quest. She started looking into... starseeds and what that means. And she found that starseeds originate from another planet. A different star system or galaxy. Or a parallel universe or even... another dimension.
00:21:38	Carrie	Host	Oh, whoa. Okay.
00:21:39	Ross	Host	She kinda started asking us if <u>we</u> were starseeds, but then she said—you know what? I bet <u>most</u> of you are starseeds because you are the type of people who come to this convention.
00:21:48	Carrie	Host	Ah, yes. That's the kind of thing we hear a lot. The fact that you're here already puts you in a certain class of people.
00:21:54	Ross	Host	Right. <u>But</u> , she had sort of a checklist of signs that you might be a starseed.
00:22:00	Carrie	Host	Okay.
00:22:01	Ross	Host	So, dear listener—consider. Do <u>you</u> have recurring dreams and visions?
00:22:05	Carrie	Host	I do!
00:22:07	Ross	Host	Okay. Do you sometimes remember the future?
00:22:09	Carrie	Host	I'm sorry?
00:22:10	Crosstalk	Crosstalk	Carrie: Do I what? <i>[Laughs.]</i>
			Ross: Don't be s—
00:22:12	Ross	Host	Don't be sorry. I—
00:22:14	Carrie	Host	I don't know what that means!
00:22:15	Ross	Host	Yeah. It means you might be a starseed.
00:22:16	Carrie	Host	Oh. <i>[Laughs.]</i> I don't know what that sentence means, though.
00:22:16	Ross	Host	<i>[Through laughter]</i> Yeah.
00:22:19	Carrie	Host	Sometimes I get déjà vu, if that's what—
00:22:21	Ross	Host	Right.
00:22:22	Carrie	Host	Okay.

00:22:24 Ross Host I—I think that's it. Where, y'know, you have a recollection of something that happened but then it turns out, no, you were just picturing something that was about to happen.

00:22:30 Carrie Host Right. Okay.

00:22:31 Ross Host Uh, do you have dreams of flying or out-of-body experiences?

00:22:35 Carrie Host Occasionally.

00:22:36 Ross Host Does time seem flexible to you?

00:22:39 Carrie Host Huh.

00:22:40 Ross Host Sometimes it's slower, sometimes it's faster?

00:22:42 Carrie Host Oh, sure. Like if I'm bored it's slow?

00:22:45 Ross Host Time sort of dilates?

00:22:46 Carrie Host At Amazing Facts, time was very slow.

00:22:49 Ross Host *[Ross laughs.]*
I hope it's not just a distillation of, like, uh—oh, time flies when you're having fun!

[Carrie laughs.]

00:22:56 Carrie Host Do you experience synchronicities?
Sure! Sometimes things happen at the same time.

00:22:59 Ross Host Or do you look at maybe the clock sometimes and it says 11:11?

00:23:03 Carrie Host *[Laughs.]* Yep. *[Laughs.]*

00:23:04 Ross Host If you mention that, like our friend, uh, Owl Guy.

00:23:07 Carrie Host Yeah. Mike Clelland.

00:23:09 Ross Host Do you have changing sleep patterns?

00:23:12 Carrie Host Why yes I do! Sometimes I have to get up early; sometimes I don't!

00:23:16 Ross Host Same here. And... I like this one—do you desire to change the world?

[Carrie laughs.]

00:23:22 Carrie Host If so, you should join Scientology! Clear the planet.

00:23:25 Ross Host Touché.

00:23:26 Carrie Host Yeah. I guess I desire to change the world.

00:23:28 Ross Host That tells me that Bill Nye might be—

00:23:30 Carrie Host Oh, sure!

00:23:32 Ross Host A starseed. Which—

00:23:32 Carrie Host He uses that line a lot.

00:23:33 Ross Host —I think would—dare I say it—he does.

00:23:36 Carrie Host *[Bill Nye impersonation]* Change the world!

00:23:38 Ross Host *[Ross laughs.]*
So, yeah! Those are, uh, some of the signs. And so she says—as a starseed, you have a—a mission here on earth to be of service. And that's what she found out from her guide. And some of us are even working with the Galactic Council.

00:23:55 Carrie Host Mm! *[Through laughter]* Mmkay. *[Laughs.]*

00:23:57 Ross Host *[Through laughter]* We'll hear more about—Carrie's like, ... okay?

00:23:59 Carrie Host *[Through laughter]* Yeah. I don't know—you—you said that in such an important way. I...

[Ross laughs.]

—that I felt like I was called.

00:24:04	Ross	Host	So yeah. She started learning then about Orion after she came back from this first consultation. She learned that the Egyptian Pyramids in Giza are perfectly aligned with Orion's Belt?
00:24:16	Carrie	Host	You know—speaking of the pyramids.
00:24:18	Ross	Host	Okay.
00:24:19	Carrie	Host	Some of them... have staircases that are ascending? Like, they go up?
00:24:23	Crosstalk	Crosstalk	Ross: Oh, most of them are?
			Carrie: Most of them do, yeah.
00:24:25	Ross	Host	Are there any exceptions?
00:24:26	Carrie	Host	I'm glad you asked. Actually, the <u>Great</u> Pyramid.
00:24:28	Crosstalk	Crosstalk	Carrie: Has a staircase—
			Ross: Oh! At Giza?
00:24:30	Carrie	Host	Yeah. That goes <u>down</u> .
00:24:32	Crosstalk	Crosstalk	Carrie: It's <u>descending</u> .
			Ross: That one goes—
00:24:34	Ross	Host	Whoa.
00:24:35	Carrie	Host	I know!
00:24:36	Ross	Host	That's really significant!
00:24:36	Carrie	Host	I know. This is a <i>[though laughter]</i> callback to—
00:24:38	Crosstalk	Crosstalk	Ross and Carrie: Gene Scott.
			<i>[Ross laughs.]</i>
00:24:41	Carrie	Host	Sorry, everyone. But you should listen to those episodes. They're wild. Okay. Yes, Ross. Go on.
00:24:45	Ross	Host	She was talking about how all cultures have some mythology or some legend or some story of a returning savior. So... maybe it's the Maitreya. Maybe it's Osiris. Maybe it's the Messiah. Maybe it's a Redeemer or the Second Coming of Christ.
00:25:02	Carrie	Host	Mm-hm.
00:25:02	Ross	Host	You know. All these different religions have these ideas of—
00:25:05	Crosstalk	Crosstalk	Ross and Carrie: Someone's coming—
00:25:06	Carrie	Host	—back for us.
00:25:06	Ross	Host	Exactly. And so this seemed to be just another... uh, buttressing of the idea of starseeds and connections with other planets.
00:25:15	Carrie	Host	So is it kind of like that yearning is built into us because we <u>were</u> dropped here by somebody.
00:25:19	Ross	Host	Right.
00:25:20	Carrie	Host	Okay.
00:25:21	Ross	Host	And she's mentioning how, in Genesis, it talks about how we were created in, y'know, <u>our</u> image, it's a plural. Something that the Raëlians definitely based a lot of <u>their</u> findings on. So. Yeah. Definitely things that we've, uh, encountered before. Apparently the Mexican pyramids are also pointing directly at the Orion stars? I'm not <u>quite</u> sure what that means or how you measure that, 'cause stars change in their apparent position over time. I guess somehow...
00:25:48	Carrie	Host	That's the whole idea of astrology.
00:25:49	Ross	Host	<i>[Through laughter]</i> Right! So my understanding is that they're somehow arranged in a formation that... matches the formation of those stars? I think that's maybe the charitable way to view it.
00:26:01	Carrie	Host	Okay.
00:26:02	Ross	Host	I don't know how true that is. But.

00:26:02	Carrie	Host	Me neither.
00:26:02	Ross	Host	I will not object.
00:26:05	Carrie	Host	Yes.
00:26:07	Ross	Host	To the lawyer.
00:26:08	Carrie	Host	This is definitely true. We... give it our stamp of approval without looking.
00:26:11	Ross	Host	She also refers to how her guide had kinda shown her a vision of the whole world. And had told her that you have this important mission to help return the world to how it used to be. It used to be free of war and sickness and famine.
00:26:27	Carrie	Host	Wow! And she's the one!
00:26:29	Ross	Host	Y'know. Everybody has a mission and every starseed...
00:26:32	Carrie	Host	But she's specifically chosen to restore the world to how it was.
00:26:35	Ross	Host	Well at least that was the vision that needs to be fulfilled? And she was supposed to play a role in that.
00:26:41	Carrie	Host	Okay. Got it.
00:26:41	Ross	Host	One thing that's interesting is that apparently he told her a specific... aspect of her fulfilling her mission would be for her to go to the center of the US. And live there and minister there.
00:26:54	Carrie	Host	She should come to our Lebanon, Kansas, uh—
			<i>[Ross laughs.]</i>
00:26:59	Ross	Host	—live show that I still wanna have! For that, uh, refer to <i>Judge John Hodgman</i> where you can hear Carrie and I debate about whether or not to do a show in Lebanon, Kansas—is it?
00:27:08	Carrie	Host	It's a really good idea.
00:27:09	Ross	Host	But it's also not.
			<i>[Carrie laughs. Ross joins in.]</i>
00:27:10	Ross	Host	So, uh, yeah. I you wanna hear Carrie and I on different sides of an issue—
			<i>[Carrie laughs.]</i>
00:27:20	Carrie	Host	And actually, we don't know how Judge John Hodgman adjudicates this one!
00:27:21	Ross	Host	Yeah, it's true! We haven't heard it yet.
00:27:22	Carrie	Host	We have yet to find out who is right. I know who's right. I just don't know what he'll say.
			<i>[Both laugh.]</i>
00:27:31	Ross	Host	So okay. She's getting all this information still from the guy who's wider than he is tall? Yeah. And she's kinda piecemeal giving revelations from this first access of the Akashic Records.
00:27:36	Carrie	Host	Okay.
00:27:37	Ross	Host	And so she admits, she has not yet moved to the center of the US and she doesn't really want to? She's like, I much prefer the pace of California. Back—in the back of her mind, she realizes at some point, I need to fulfill my mission in the middle of the US.
00:27:53	Carrie	Host	Well you know what? I gotta give it to her on this one. Because usually you just hear about the visions that are... pretty transparently beneficial to the recipient of said visions?

00:28:01 Ross Host Good point! Yeah!

00:28:02 Carrie Host But in this case she's like—nope. This is a thing I heard and I—
gotta get there. I gotta get to Lebanon.

00:28:07 Ross Host Very good point, yeah. She—of course she doesn't mention
[though laughter] that particular spot, but yes.

[Carrie laughs.]

00:28:13 Carrie Host That is the geographical center of the US.
Well, they say so, anyway.

00:28:15 Ross Host So then she starts talking about Lemuria?

00:28:17 Carrie Host Oh, alright!

00:28:19 Ross Host And Atlantis. So Lemuria came first.

00:28:22 Carrie Host So everyone's heard of Atlantis, I think. That's a very famous,
supposedly-lost, society under the ocean. Lemuria is kind of its
less-popular little sister.

00:28:32 Crosstalk Crosstalk **Carrie:** But similar concept.

00:28:35 Ross Host **Ross:** Right. According to her—
Right. The idea of this advanced civilization from the distant past.
Y'know. Tens of thousands of years ago. Maybe further,
depending on who you talk to, like Linda Moulton Howe.

00:28:45 Carrie Host Mm-hm.

00:28:46 Ross Host So I guess these were the examples that... the guide was referring
to, talking about how the world used to be pristine and wonderful.
Though you always have to ask—why, then, did it fail?

00:28:58 Carrie Host Yeah!

00:28:59 Ross Host If it was such an ideal society. Well there's some story about them
getting greedy or dropping their guard or something like that.

00:29:06 Carrie Host Maybe if it were just a natural disaster?

00:29:08 Ross Host Yeah. In this case. We know that happened to Atlan—Atlantis.

00:29:12 Carrie Host *[Through laughter]* We know that happened to Atlantis.

00:29:14 Ross Host Yeah. I'm just gonna leave it there. Yes.

[Carrie laughs.]

00:29:16 Ross Host So she was talking about evidence for Lemuria, saying that lots of
18th-century scientific thinkers, uh, wrote about it? She didn't name
any.

00:29:27 Carrie Host Ah! That's all I need to know.

00:29:28 Ross Host But the Lemurians came from the Pleiades.

00:29:30 Carrie Host Okay!

00:29:31 Ross Host They were starseeds as well. And they stored their memories on
crystals.

00:29:36 Carrie Host Oh. Cool.

00:29:38 Ross Host They had harnessed the power of a crystal to, uh, keep memory.

00:29:41 Carrie Host Could you not access that memory until you picked up the crystal?
Or are they just keeping them on crystals the way we are?

00:29:47 Ross Host Yeah, right, well—

00:29:48 Carrie Host The way we store all our data on—

00:29:50 Ross Host I guess we're just finally figuring out this ancient technology. And
yet—

00:29:53 Carrie Host Interesting.

00:29:55 Ross Host The Lemurians knew they were going away. They knew their
society was going to crumble. This is all now reminding me of the
Superman mythos. How, like, Jor-El knew that the planet Krypton
was going to... succumb to the star dying and he sent his son to

00:30:19 Carrie Host earth with a bunch of crystals that he can use to access their memories. Interesting! I'd never thought about that before!
You know, it's always interesting when we see things like that because it's—I don't think she's probably intentionally cribbing from it? But once that story is just sort of in your databank for your brain to pull from? It's pretty easy to just map onto it.

00:30:31 Ross Host The crystals in your brain.

[Carrie laughs.]

00:30:38 Carrie Host Yeah. Or perhaps that was already an existing understanding of Lemuria and—
00:30:39 Ross Host Oh, okay!
00:30:42 Carrie Host Maybe the founders pulled from, uh, that existing myth.
00:30:43 Ross Host Okay. Maybe.

Anyways. I guess then the Atlanteans inherited those crystals? And that's why they had been stored. Oh! We're gonna—for whatever reason, our society's going away. Let's save this. And so the Atlanteans were very much into technology and they preserved those crystals. And she pointed to—she actually named names in this one. Of course we all know Plato wrote about Atlantis. She also used Thomas More as a... source? On Atlantis? I thought that's pretty sketchy there. He also wrote about a Utopian society. So I guess then after Atlantis sank, all of that preserved information... of... that civilization went to the Galactic Council. And they've been preserving it.

00:31:25 Carrie Host Oh, thanks, guys!
00:31:27 Ross Host For lo these many centuries and millennia.
00:31:30 Carrie Host Okay. So is this where we come in? 'Cause I know you said earlier we're supposed to join or help the Galactic Council.

00:31:35 Ross Host Yes. So. So now what's happening—and this, again, reminds me of the Raëlians—we are trying to get our planet to a place where we raise a shield around the planet—

00:31:48 Carrie Host Whoa, okay. Didn't expect this!
00:31:50 Ross Host Yeah. And again, she references... this image of... the earth as seen from space. It's an illustration. It's got all these white node points above the surface, and they're all interconnected to form this sort of grid floating above the surface of the earth? And she's saying, he showed me this.

[Carrie laughs.]

That clipart? Or—

[Carrie laughs.]

Like, how did you—did you ask him like can you email that to me?

[Carrie laughs.]

00:32:18 Carrie Host Like, she's just referring to this image as if, y'know, that's exactly what I saw.
This is the kind of stuff that my brain gets stuck on and then I'm like—if I ask that, does it sound like I'm being an asshole?

[Ross laughs.]

Or, like—but I really don't know! It reminds me of that cancer clinic where I was like—I think he's saying cancer has a brain, literally. And you were like, he's not saying cancer—

00:32:33 Crosstalk Crosstalk

Carrie: Then he was!

00:32:34 Carrie Host

Ross: But he was.

00:32:37 Ross Host

If he weren't, he could be like—*[condescendingly]* No.

00:32:39 Carrie Host

[Through laughter] Right!

00:32:40 Ross Host

No, I'm not. And then you feel like a jerk.

00:32:42 Carrie Host

We've run into both of those responses.

00:32:43 Ross Host

Right.

Where you've asked that question—

[Carrie laughs.]

00:32:47 Carrie Host

And they've been like, obviously I'm not saying—

00:32:50 Ross Host

I'm not saying that. I'm saying that dogs run Christmas!

That's right. Our recent interview with Isis, you were asking if the other leader—the Vijon—if he kept his, uh, women in actual closets? Like, no.

00:32:59 Carrie Host

Not a literal closet! Like, minutes after she's telling us about her guru locking children in a plywood box?

00:33:06 Ross Host

So.

00:33:07 Carrie Host

Yeah.

00:33:08 Ross Host

Yeah.

00:33:09 Carrie Host

Anyway!

00:33:09 Ross Host

Yes. It would've been one of those situations.

[Both laugh.]

So yes. They're waiting for us to activate our potential as starseeds to raise up this energy field around the earth and then they will be ready to reveal to us this knowledge they've been holding onto.

00:33:24 Carrie Host

Okay!

00:33:25 Ross Host

So—

00:33:26 Carrie Host

Gotta raise that consciousness. Just keep raising it and raising it. So finally we have something akin to a theology. Where you have sort of like—oh, now I get the overall framework and what we're trying to do and what my goal in life should be.

00:33:29 Ross Host

00:33:37 Carrie Host

Do we know how to do that?

00:33:38 Ross Host

We'll get to that.

00:33:39 Carrie Host

Okay.

00:33:40 Ross Host

So yeah. You have this Galactic Federation of Light. It's run by light beings. They're running many universes.

00:33:45 Carrie Host

Oh! Okay.

00:33:47 Ross Host

So yeah. Not just ours! So now it's time for us... to join in a short meditation. A seven-minutes long. And at first she just had us close our eyes, and immediately my friend the keyboardist just starts—

00:34:01 Carrie Host

[Sings softly.]

00:34:03 Ross Host

Yeah. Creating that sort of soft synthesizer wavy music.

00:34:05 Carrie Host

[Gently sings to the tune of "September"] Do you remember?

00:34:07 Ross Host

And kinda cool that it was live and she was just sort of playing it on top of everything else. But— *[mimics vibrato synthesizer music]*.

We start out in the heart chakra. And then we go to the thymus?

Gland? Which is right behind the breastbone. I had to look this one up! Uh, but it's a real gland. And it produces important, uh, hormones for immunity and also just development? Then we move up to the throat and then the third eye. And then pituitary gland. And then the pineal gland.

00:34:37 Carrie Host

Very popular in these circles, that gland.

00:34:40 Ross Host

Indeed. And then to the top of the head, the crown chakra. And then she invites us to come under her energetic umbrella.

00:34:47 Carrie Host

Oh!

00:34:48 Ross Host

[Singing to the tune of Rihanna's "Umbrella"] Under my umbrella—rella.

[Carrie laughs.]

And we are led to travel to South America. To... guess where we go?

00:34:57 Carrie Host

Machu Picchu.

00:34:58 Ross Host

Oh, very good! We go to Lake Titicaca.

00:35:01 Carrie Host

Oh, okay!

00:35:02 Ross Host

I don't know. I just have to think, like, in the middle of meditation, just for her to say, y'know, *[soothing voice]* come with me to Lake Titicaca.

00:35:09 Carrie Host

Because "titi" and "caca" are in there, or?

00:35:12 Ross Host

Yeah.

[Carrie laughs.]

It's—

00:35:13 Carrie Host

[Through laughter] Oh my god. Okay. *[Laughs.]*

00:35:15 Ross Host

It's—it's a objectively funny word.

00:35:18 Carrie Host

Sure.

00:35:19 Ross Host

Like Rancho Cucamonga.

00:35:20 Carrie Host

I think— *[Through laughter]* I bet "titi" means "titty" there, too. 'Cause like the Grand Tetons are like... the big titties. That's what that is. Yeah.

00:35:29 Ross Host

Uh, yeah. I don't know the origin of the word and I'm sure we're gonna get lots of emails about that now. And of course, it's just a place name from another culture. There's nothing wrong with that. But it's the way we hear the word, whatever the origins. It just seemed like an interesting choice for her to say that where I almost thought, like, are you having a laugh?

00:35:47 Carrie Host

Oh, I see. It's said to be the birthplace of the Incas!

00:35:49 Ross Host

Okay!

00:35:50 Carrie Host

Or so says Wikipedia, which—I haven't fact-checked it. That's what it says!

00:35:55 Ross Host

Oh, okay. So "titi" means "puma," and "caca" means "mount." Well. That's where we go. We all travel under her energetic umbrella to Lake Titicaca.

00:36:04 Carrie Host

That is a huge umbrella.

00:36:07 Ross Host

And as we go under the water, we take on additional dimensions. So we're no longer just three-dimensional beings—

00:36:14 Carrie Host

Whoa!

00:36:15 Ross Host

We are now entering a fifth-dimensional realm. We are now 5-D beings.

00:36:20 Carrie Host

Okay. What was the fourth? You passed right through it.

00:36:22 Ross Host

Yeah. I don't know.

00:36:23 Carrie Host Okay.
 00:36:24 Ross Host We're just straight three to five.
 00:36:25 Carrie Host Okay. Got it.
 00:36:25 Ross Host In under 60. And that's where we encounter The Illuminated Ones! They're there. They've set up a civilization. We also encounter the Brotherhood of the Seven Rays.
 00:36:35 Carrie Host Okay!
 00:36:36 Ross Host Which I hadn't heard of. Apparently it's a thing in kind of these circles and I can't wait to read more about it. And there they keep! And they've been holding onto this from—I dunno—passed down from the Lemurians, I guess. The golden disc of Muru?

[Carrie laughs.]

00:36:50 Crosstalk Crosstalk Miru? Muru?
Carrie: Uh—
Ross: I think it was Muru.
 00:36:54 Carrie Host Boy, never heard of any of that. Okay. Um—
 00:36:57 Ross Host And, y'know, this was all one quick stream starting with Titicaca. And now we've got golden discs. We've got a brotherhood of seven rays.
 00:37:05 Carrie Host Okay. Yeah. We've got the golden sundisc of Mu, but it looks like it's also called Aramu-muru.
 00:37:12 Ross Host Perhaps she was just truncating it to Muru. Anyways. Then she assures us that we do have more than five dimensions, but five dimensions are good enough for now. Uh, we're als—
 00:37:22 Carrie Host Agree.
 00:37:23 Ross Host We're witnessing in our meditation, we're seeing metals that are unknown to science.

[Carrie laughs.]

00:37:31 Carrie Host Metals heavier than gold, way beyond gold.
 00:37:32 Ross Host Wow.
 00:37:34 Carrie Host Yeah. And I'm thinking, okay. Well...
 00:37:35 Ross Host Tell me about that.
 They have to have an atomic number, and uh, I guess you're referring to some trans-uranic metal that is somehow stable? Indeed, that is not known to, uh, science yet. But okay.

[Carrie laughs.]

00:38:02 Carrie Host I don't know. It just seemed like a very easy thing to say. My brain did immediately start thinking, like, *[garbled noises]* what does it actually mean? Just like whenever they say, oh, we found this alien metal from a spacecraft and it's unidentified—like, they would have to use the same elements we all use.
 Oh, I always just think from that, like, please let me explain to you what it means to not have a definitive answer on a lab report. It doesn't mean this is impossible in this human realm; it means we haven't figured it out. It's an alloy of a bunch of different shit and we don't wanna get it wrong.

[Ross laughs.]

00:38:16	Ross	Host	Right. Yeah. Exactly. This had all been set up underneath the water. <u>Many</u> millennia ago. And then the Incas came along and they recognized the sacredness of that location. And that's why they began to build in the vicinity of Lake Titicaca. So. That was our meditation. And then we wandered back to our seats.
00:38:37	Carrie	Host	And maybe she didn't mention this to you, but I can't tell from her photo—she looks like a Caucasian woman. Yeah?
00:38:43	Ross	Host	Yes.
00:38:44	Carrie	Host	Okay. The longer you guys stay in Central and South America with her telling you what their ancients believed, the more I'm uncomfortable and hope she brings you back.
00:38:52	Ross	Host	<i>[Through laughter]</i> Okay. Well, yeah. We did come back.
00:38:53	Carrie	Host	Oh good.
00:38:54	Ross	Host	But yeah. She assured us that all of these legends are real.
00:38:57	Carrie	Host	Okay.
00:38:58	Ross	Host	That we hear of. All of the spiritual stories they just have these kind of starseed implications and... interpretations.
00:39:05	Carrie	Host	Mm. Mm-hm.
00:39:06	Ross	Host	Then she talks about her third trip to the Akashic Records. So I think the things I mentioned before were split between two trips to the Akashic Records.
00:39:13	Carrie	Host	Now all this time does she still have cancer?
00:39:16	Ross	Host	Oh, that's a good question. She never mentioned cancer again.
			<i>[Carrie laughs.]</i>
00:39:20	Carrie	Host	In the entire talk. Okay. well I saw on her website that it did say that she had chosen to heal her cancer through a New Age-y means or whatever and didn't get treatment and... then was cured. Which makes me want to know what kind of cancer we're talking about. 'Cause there are some that spontaneously go away. Some brain cancers, for example.
00:39:38	Ross	Host	Sure. She didn't finish that part of the story. At least, not in this talk.
00:39:41	Carrie	Host	Hm. Okay.
00:39:43	Ross	Host	On her third trip to the Akashic Records, she got to jetpack to a city?
00:39:47	Carrie	Host	Oh, cool!
00:39:48	Ross	Host	And there were all of these intense-eyed robots?
00:39:50	Carrie	Host	Okay. Wait. So she goes directly to the Akashic Records without need of any sort of transport, but once she gets there they're like, here's a jetpack to go to a city?
00:40:00	Ross	Host	Mm. Yeah. Well, in the meditation we were able to move around at will. But yeah. I guess for whatever reason, in this particular—
00:40:08	Carrie	Host	Jetpacks only.
00:40:09	Ross	Host	—visit, she's got a jetpack! And she goes to this very futuristic city. And yet again, she points at the image on the screen and she said, and I saw these robots.
			<i>[Carrie laughs.]</i>
00:40:17	Carrie	Host	Okay. We—yeah. Definitely CG from top to bottom. Image of a... female-ish robot.
00:40:26	Ross	Host	It looks very much like the type of robot you would see in <i>I, Robot?</i> The movie with Will Smith?
00:40:31	Carrie	Host	Yeah. Looks very humanoid.
00:40:32	Ross	Host	With glowing orange-yellow eyes.

00:40:35 Carrie Host Almost intended, maybe, to be sexy?
00:40:38 Ross Host But certainly creepy!
00:40:39 Carrie Host Mm-hm!
00:40:40 Ross Host I find it creepy.
00:40:41 Carrie Host Mm-hm. Yep. Fair.
00:40:43 Ross Host Creepier than sexy. That's for sure.

[Carrie laughs.]

I'm more wanting to get away from this robot than to copulate with it.
00:40:48 Carrie Host That's fair.

[Ross laughs.]

00:40:52 Ross Host My friend Jude, who you've met many times—
00:40:54 Carrie Host Yes.
My good friend Jude. She just told me the other day that she's scared that *[delicate, fragile voice]* she's going to be one of those old ladies who's just surrounded by robots. And I was like—I'm sorry?

[Both laugh.]

00:41:02 Crosstalk Crosstalk **Ross:** Uh, is that an archetype?

Carrie: Such a Jude thing to say.

[Ross laughs.]

00:41:09 Host What are you—what's in your head?

00:41:11 Crosstalk Crosstalk **Carrie:** Paint a picture.

Ross: Maybe she's remembering the future!

00:41:13 Carrie Host Yeah! *[Laughs.]* Maybe. And she was like, well I just think—I—

00:41:15 Ross Host She might be a starseed.

00:41:17 Carrie Host *[Delicate voice again]* I might not, like, I don't—I didn't have any kids. And, y'know, what if I'm just sort of lonely and so I just get a bunch of robots?

[Ross laughs.]

00:41:25 Ross Host I was like—

00:41:26 Carrie Host That's pretty cool!

00:41:27 Ross Host Well—yeah. I was like—

00:41:28 Crosstalk Crosstalk **Carrie:** Well, it sounds like—

Ross: You could do worse.

00:41:30 Carrie Host Yeah. If you were happy about it I probably wouldn't disrupt it! And she's like, but that's my fear that I'll be happy about it and you all will be thinking, oh, poor Jude!

[Both laugh.]

[Through laughter] And then her sample was that she had seen a toy at the toy store that could wag its tail? And she got excited about it? I was like, Jude, that's everybody.

[Ross laughs.]

00:41:53 Ross Host Everybody responds to toys. That's what they're for. She felt a lot better after that.
Oh, good!

[Carrie laughs.]

00:41:57 Carrie Host Jude is so amazing. I love it.
00:41:59 Ross Host [Through laughter] She's the best. Anyway.
You never know what'll come out of her face—

[Carrie laughs.]

00:42:02 Carrie Host [Through laughter] But in a much better way.
00:42:02 Ross Host For real.
And then she shows us this city and again we have this—I dunno, this computer-generated city with a very dramatic skyscape that has, like, a—one of those giant moons that fills up 2/3 of the sky?

00:42:16 Carrie Host Way too many sources of light.
00:42:17 Ross Host [Through laughter] Yeah.
00:42:18 Carrie Host It's kind of Thomas Kinkade-y, but futuristic.
00:42:20 Ross Host Yeah. Like, the kind of desktop image that you would—

[Carrie laughs.]

—find back in 2002? And then later on be like, why did I save this image? This is really—

[Carrie laughs.]

—this is really fake. Anyway. So she refers to us, like, I visited this city. And I'm like, really? Was it that one?

[Both laugh.]

00:42:39 Carrie Host Did you have an artist reconstruct—I'd really like—
00:42:40 Ross Host Did you bring a camera?
I wanna know more about these images and how she got them! In talking about all this, she also mentioned the Dogon tribe? Who's from Mali? West Africa. And they claim to have been visited in ancient times by Lord Nomos, from Sirius. I did look this up. It does check out somewhat, as, uh, anthropologists in 1931 claim to have been told something along those lines. But there are reasons to doubt the veracity of that original story. This also includes the claim that the Dogon had known about Saturn's rings long before science did.

00:43:14 Carrie Host Oh, before science!
00:43:15 Ross Host Yeah! At least, uh, our modern science. And telescopes. Okay. So. She leads us on another meditation. And this time, she, uh, has us picture a golden bubble that will be our space vehicle.

00:43:28 Carrie Host Oooh! This sounds nice!
00:43:30 Ross Host And of course I couldn't help but think of *Cosmos*, the—
00:43:34 Carrie Host Oh, sure, yeah!
00:43:35 Ross Host The Spaceship of Imagination. We start out so far away that we can see the Milky Way. Which is really freaking far away if you can see the Milky Way.

00:43:44	Carrie	Host	I have a question.
00:43:45	Ross	Host	Yes.
00:43:46	Carrie	Host	Sorry. When did this all happen? Like, in her life? When did she first...
00:43:50	Ross	Host	She's talking about successive visits to the Akashic Record? Uh, I don't know if she said the number of years? But at least my mental conception of this is that this was over the course of maybe... three, four, five years. Something like that.
00:44:04	Carrie	Host	But when she was 25? Or...
00:44:06	Ross	Host	Starting when she was 25, yeah.
00:44:08	Carrie	Host	So this is all long ago now.
00:44:10	Ross	Host	Oh, yeah! 'Cause she said she's been doing this—that's a good point. For 40 years.
00:44:14	Carrie	Host	Wow!
00:44:15	Ross	Host	Spreading this message. So.
00:44:17	Carrie	Host	One of the images you sent—the one of the sexy robot—
00:44:20	Ross	Host	Yeah?
00:44:21	Carrie	Host	Or at least the robot.
00:44:23	Crosstalk	Crosstalk	Carrie: I want to have—
00:44:24	Carrie	Host	Ross: Carrie—
00:44:26	Ross	Host	—sex with.
00:44:26	Carrie	Host	Personally. Right.
00:44:31	Ross	Host	It <u>looks</u> like the internet couldn't find one earlier than 2016.
00:44:37	Carrie	Host	Okay. Then I'm guessing yeah, she's gone around recently and updated her slideshow.
00:44:38	Ross	Host	Yeah.
00:44:40	Carrie	Host	Oh, there we go! <u>That</u> robot looks like the one—
00:44:44	Ross	Host	Looks like, yeah. It looks like that image was made by Tatiana Shepeleva.
00:44:49	Carrie	Host	Wow! So you were just able to reverse image search that whole image without cropping it or anything.
00:44:50	Ross	Host	I cropped it.
00:44:52	Carrie	Host	Oh, nicely done. Very efficient over there.
00:44:54	Ross	Host	Thank you! Thank you! Thankyousomuch.
00:45:30	Carrie	Host	So, uh, she has us travel out to the stars, where we meet our star ancestors. So I guess every person who's in this meditation is sort of invited to just imagine their star ancestors. Y'know. Where they're from. And that's kind of interesting 'cause they're talking about Orion and the Pleiades and all these other star systems that are pretty close to us? So it's weird that we would start out zoomed out <u>so far</u> that we see the whole Milky Way. 'Cause, uh, all of those are <u>very close</u> to us in the scale of the Milky Way. So I guess we have to zoom back in to the star systems we know of.
00:45:32	Ross	Host	Or maybe someone in this equation doesn't know that.
00:45:45	Carrie	Host	So we're instructed to find our true home and I open up one of my eyelids just long enough to see the keyboard lady and oh, she's into it. She's like kind of revolving around as she plays. Her body's swaying to the music that she's playing.
00:45:54	Ross	Host	Nice.
00:45:57	Carrie	Host	We're told that these are starbeings of the Aquarian age? I would love to get an explanation of exactly what the Aquarian age is?
00:46:01	Ross	Host	Mm-hm. Mm-hm. Oh, yeah! The age of Aquarius.
	Carrie	Host	'Cause apparently though they all have an upgraded genetic code and they can do that for us, too?
	Carrie	Host	Oh, great!

00:46:02 Ross Host When we meet them.
00:46:04 Carrie Host Well so maybe that lady I met who... upgrades your DNA...
00:46:07 Ross Host Mm-hm!
00:46:08 Carrie Host Maybe she's one of them!
00:46:10 Ross Host Oh, that would make sense.
00:46:11 Carrie Host We should get these people together!
00:46:12 Ross Host Absolutely. You know what—
00:46:13 Carrie Host You know, actually, you just need to go like three doors over!
00:46:15 Ross Host Yeah! 'Cause she said there were three others, right? Who could do this?
00:46:18 Carrie Host Yeah! Mm-hm!
00:46:19 Ross Host That's right. Well we found one.
00:46:21 Crosstalk Crosstalk **Carrie:** Oh my gosh. We should connect them.

Ross: Deborah King.
00:46:22 Ross Host Totally!
00:46:24 Carrie Host I wonder how they would interact.
00:46:25 Ross Host You know what? I bet that would fulfill our whole life mission if we just—

[Carrie laughs.]

—introduced the two of them. We missed our opportunity!
00:46:30 Carrie Host Yeah. I wonder like... if they had this conference when people like Jesus and Buddha and... I don't know. George King were alive, would they all just have their own little rooms? And we'd be like, oh, that's interesting! Who do I go see?
00:46:43 Ross Host Yeah. We've talked about this. I think you and I are there at this conference just trying to find consistency between all of these ideas? And I don't know. At least of me it gets under my fingernails that all these people are making these really bold claims about their connection to Source and it's important information that they're receiving from Akashic Records and I want them all to be consistent! So, y'know, if you're saying this—
00:47:04 Carrie Host Or admit that you are saying the others are wrong.
00:47:05 Ross Host Right! Exactly! Yeah! I wanna see what is that conflict and how do you resolve it. How does everybody here get away being absolutely correct.
00:47:15 Carrie Host Mm-hm. Right.
00:47:16 Ross Host But that doesn't seem to bother anybody else!
00:47:17 Carrie Host Nope.
00:47:18 Ross Host Just you and me. The other people— *[Laughs.]* who are bothered by that just don't come to this conference.

[Carrie laughs.]

00:47:23 Carrie Host I mean, I've heard it from speakers. Where speakers will kind of... sometimes gently, sometimes not-so-gently say, well, y'know, certain people downstairs might tell you x, but it's not true.
00:47:34 Ross Host Oh. Gotcha. Gotcha.
00:47:35 Carrie Host But rarely from an attendee.
00:47:37 Ross Host Good point. Uh, so, anyways. So it's a lovely meditation. We get to hold a perfect crystal sphere. It's all good.
00:47:43 Carrie Host Great!
00:47:44 Ross Host So we come out of that one. She talks about her first book? That she wrote? *Truth Heals*? And she does a very quickly mention this, just kind of in passing. She said, oh, yeah, my—my dearly-loved

			father, we had a really complicated relationship that involved abuse and incestual relations.
00:48:05	Carrie	Host	Oh, gosh.
00:48:06	Ross	Host	Yeah. And she just kind of brushed past this very quickly. And obviously it was something she had to—to work through. But I thought, whoa, whoa. There's a big story here.
00:48:14	Carrie	Host	Mm. Yeah. Yeah.
00:48:15	Ross	Host	Mostly that was told in the context of how—here she was this lawyer and she thought it was ironic that she was afraid of speaking up to her <u>mother</u> about this, but that she finally had to confront her mother and call her and that her mother said, y'know, I just think you need to forget about all this. Which—she said that it was helpful just having that conversation, even though it was kind of dismissive on her mother's part it helped her just to have said it. Boy, this—
00:48:40	Carrie	Host	That's good. Geez.
00:48:41	Ross	Host	This woman—yeah. That she feels that she's had some sense of closure. She said she came away feeling empowered. Just talking about it. But clearly this woman contains multitudes.
00:48:51	Carrie	Host	Yeah.
00:48:52	Ross	Host	There's a lot going on here. Anyways. The important points of this were that—the starbeings of the Aquarian Mission have—
00:48:58	Carrie	Host	Which... I might be one?
00:49:00	Ross	Host	Yeah. They're the ones that you met? Right. Yeah. So I guess they're your ancestors. Okay. They have upgraded genetic coding.
00:49:06	Carrie	Host	Great.
00:49:07	Ross	Host	They have—
00:49:07	Carrie	Host	Check!
00:49:09	Ross	Host	Tibetan monks' sacred geometry.
00:49:10	Carrie	Host	What? Check!
			<i>[Both laugh.]</i>
00:49:14	Ross	Host	Bullet point three: crystal acts as a transformer.
			<i>[Both laugh.]</i>
00:49:17	Carrie	Host	Okay. Check. Sure.
00:49:20	Ross	Host	Four—enhanced brain and cell structures.
00:49:22	Carrie	Host	Alright. Thank you.
00:49:23	Ross	Host	And five, generates a force field that magnifies intentionality.
00:49:27	Carrie	Host	Now that one's true. When Drew and I are laying in bed and we want the other person to <u>feel</u> their love? This sounds gross and sexual but it's not.
			<i>[Ross laughs.]</i>
			Um, then we say “I'm sending you my force field” and you feel your physical love going out of your body and envelop the other person—
			<i>[Ross laughs.]</i>
			—and of course your doggie? And then the other person waits to feel it croaching in on them? Oh, there it is! I feel your force field.
			So.
00:49:50	Ross	Host	Oh, so this is your own guided meditation—
00:49:51	Crosstalk	Crosstalk	Ross: That you share with Drew.

00:49:53 Ross Host **Carrie:** Yeah, I guess so!
00:49:54 Carrie Host Yeah!
00:49:55 Ross Host So yeah. I'm an Atlantean.
That's so funny. Speaking of things that aren't sexual but kinda sound like it, my coworker Nancy, she always—whenever we're talking about just, y'know, people feeling tired or needing to just get refreshed. She refers to people needing their love cup filled?
00:50:08 Crosstalk Crosstalk **Carrie:** Oh. Yep! Whoops! Nope! Not how it sounds!
00:50:12 Ross Host **Ross:** It's like—oh, we—we—y'know—
They just need to get their love cup filled. Oh, let's fill their love cup. And I'm like—I don't know if that's the right way to say it.
00:50:18 Carrie Host There's an old, like, standard called "When God Dipped His Pen of Love Into My Heart?"
[Both laugh.]
00:50:25 Ross Host Just like, right.
00:50:26 Carrie Host *[Through laughter]* The penis mightier.
00:50:27 Ross Host Exactly.
So then she gets to a really important part of her fulfilling her mission and realizing... kind of what her powers are. She said that she went on some kind of vacation—I guess just to relax and to heal—to this farm—and she points at what is clearly a stock photo.
[Carrie laughs.]
00:50:55 Carrie Host It looks like that old Windows XP "Bliss" background? Do you remember? It had like the super saturated green hill with the super saturated blue sky above it.
00:50:57 Crosstalk Crosstalk Wait. Windows XP background?
Ross: Just say "bliss." Yeah. Windows XP Bliss.
00:51:00 Carrie Host **Carrie:** Oh, bliss. Bliss.
00:51:04 Ross Host Yeah. You know what it reminds me of? The movie *Toys*.
00:51:05 Carrie Host *[Through laughter]* Oh!
00:51:06 Ross Host Did you ever see *Toys*?
00:51:07 Carrie Host Oh, with Robin Williams?
00:51:08 Ross Host Yeah.
00:51:08 Carrie Host Oh, yeah, yeah! The—in the poster he's got the hole in his hat?
True, but even like in the film. They're walking around in these very high-saturation environments.
00:51:17 Ross Host I haven't seen, uh, *Toys*.
00:51:18 Carrie Host Oh! I think you'd love *Toys*.
00:51:20 Ross Host Oh, okay!
00:51:21 Carrie Host It's great.
00:51:22 Crosstalk Crosstalk **Carrie:** It's singularly strange.
00:51:23 Ross Host **Ross:** I like Robin Williams!
00:51:25 Carrie Host Okay!
00:51:25 Ross Host Yeah.
Wait—gotta add it to my letterbox'd app. Anyways. Uh, here we go. Here's the farm. It's like—no, that was not the farm that you went to visit. That's a stock photo farm.
00:51:36 Carrie Host That is—could be the farm at the end of *Chicken Run*.

00:51:38 Ross Host *[Both laugh.]*
Yeah. You've got a couple horses grazing. This, like, crazy saturated yellow-green grass. And everything's perfectly mowed with a bright blue sky above it. Like, she said this is the farm. It's like, that is not the farm.

00:51:53 Carrie Host I'm not even convinced that someone took a photo of a real place in space and time—

[Ross laughs.]

—and layered colors on top of it. That could've been generated from whole cloth.

00:52:02 Ross Host Anyways. *[Through laughter]* Okay. So she visits this farm. Maybe it's a different farm. And she is instructed to lay down in a mandala. Apparently they've got this big kind of maze made out of rocks on the ground like we've seen before at the Institute of... Mental—

00:52:20 Carrie Host Mental Physics?

00:52:21 Ross Host Yeah. That's the one. So she is instructed to lay down there and she looks up at the stars at night. And she just keeps getting this instruction to do this. So night after night, she goes out there. She lays under the stars in the middle of the mandala. Over time, she starts to hear these sounds coming from the cosmos!

00:52:39 Carrie Host Oh yeah. Does she still have tinnitus?

00:52:40 Ross Host I guess so? She's hearing these sounds? But now they're more melodic? And she's being motivated to mimic them. And so finally she goes to see a chiropractor.

00:52:52 Carrie Host Okay.

00:52:53 Ross Host She's dealing with some kind of pain or another. And she gets this urge. She realizes—I need to sing these tunes to him.

00:53:00 Carrie Host Okay?

00:53:02 Ross Host And here's my interpretation of how her singing sounds. *[Makes a noise sort of like if a digeridoo was a person--monotone, loud, but with extra vibrato]* Mmmaaaaaaooooowwwwww.

00:53:16 Carrie Host No. Okay. *[Laughs.]* For—does she say to him, I have these sounds in my ear and this is what they sound like?

[Ross laughs.]

Or is he like cracking her back and she just starts doing that?

[Ross laughs.]

00:53:27 Ross Host I am very much picturing the latter.

00:53:29 Carrie Host *[Through laughter]* Oh no!

00:53:31 Ross Host The way she described it—and so she said that he was transfixed. And everybody—

00:53:36 Carrie Host *[Through laughter]* Yeah. I bet he was.

00:53:37 Ross Host Everybody laughs at that. And so this is—that's me singing my version of what she sang later. But she said—I never went back. And you know, we're laughing again, 'cause, y'know, she's embarrassed by this. But she says—I knew that I'd transformed him.

[Carrie laughs.]

00:53:52 Carrie Host Aw.

00:53:54 Ross Host But how do you know if you never go back?

[Both laugh.]

00:53:56 Carrie Host Oh, man.
00:53:58 Ross Host And she said—you know what? This is what I do now! And sometimes it's a whole room that I can do. And y'know, I'm raising your energy level. And I'm... activating you. That was the term she used. "Activating" people.

00:54:11 Carrie Host Does she seem sincere?
00:54:12 Ross Host Yes!
00:54:14 Carrie Host Okay.
00:54:14 Ross Host And eventually she'll do it in the middle of the US, but right now.
00:54:18 Carrie Host Oh, right!
00:54:19 Ross Host She's doing it over in California. This is where she starts going into this—just motivational talk! Where she tells us, this is what you need to look for in your life! The mission of you as a starseed, and y'know, what the ancestors from the stars are telling you to do. And maybe it's gonna be helping with climate change! Or working with the environment or helping minorities or—

00:54:41 Crosstalk Crosstalk **Ross:** —contributing to the arts—

00:54:42 Ross Host **Carrie:** I like these examples.
—or music! And I was like—yeah! This is all great! You can't argue with any of that!

00:54:47 Carrie Host But therein is the problem, but yes.
00:54:50 Ross Host Right. And—
00:54:51 Carrie Host Didn't need her to tell me that, but it's nice.
00:54:53 Ross Host Right. Yeah. And so we had to build up this whole very interesting scaffold just to say—go out and do good things!

00:54:59 Carrie Host [Through laughter] Right.
00:55:00 Ross Host But y'know, all of this is very nice! I agree with all of it. And so she shares a quote about finding your own trail. Your own path. Go deep inside your heart. So all of that sounds great. So we move on from that and she tells us about other starseeds? Uh, famous starseeds. Uh, Nikola Tesla.

00:55:16 Carrie Host Of course.
00:55:17 Ross Host Of course! And apparently, he said that he came from Venus.
00:55:20 Carrie Host Ohh!
00:55:21 Ross Host Men are from Venus, as you know.
00:55:23 Carrie Host Nope.
00:55:25 Ross Host Nope.
00:55:26 Carrie Host Mm-mm.

[Ross laughs.]

00:55:29 Ross Host It's the other way. I'm looking up Nikola Tesla from Venus.
Oh, please do. Uh, yeah. I did not verify that. But you never know with Nikola Tesla what will come out of his face.

00:55:35 Carrie Host Truly.
00:55:36 Ross Host I remember reading—as a child—uh, C. S. Lewis books. The Space Trilogy? I was a big fan of *Chronicles of Narnia*. Read each of those at least four times. And I expanded out to the Space Trilogy, which started with like, *Perelandra* and... *That Hideous Strength*. There was another one. Anyways, one of them takes place on Venus. And there's this whole rich world with—it's like covered in water but there are creatures that live on these floating mats. And it was all very interesting and I remember as a kid being like, whoa! That's what could be on Venus! But then later on I learned that Venus is

just this runaway greenhouse effect planet with just scalding temperatures on the surface and none of the things that C. S. Lewis described.

00:56:19 Carrie Host Aww.

00:56:19 Ross Host Yeah.

00:56:20 Crosstalk Crosstalk **Carrie:** That's why all the ladies left!

Ross: Too bad.

00:56:23 Ross Host So, uh, yeah. Not sure how Nikola Tesla actually came from there? Maybe it was an earlier version of Venus?

00:56:28 Carrie Host I see an article on Medium.com—famous, very reputable source—Medium.com.

00:56:32 Ross Host Yeah.

00:56:34 Carrie Host Um—

00:56:34 Ross Host I believe whatever you're about to say.

00:56:34 Carrie Host Titled "Declassified FBI Documents Claims Nikola Tesla Was Brought to Earth From Venus."

00:56:41 Ross Host There we go! Confirmation!

00:56:43 Carrie Host And I don't see any links. Oh, wait! There is a link but it is to this person's own website at SelfDevelopShop.com.

00:56:51 Ross Host Guess who her next starseed was?

00:56:55 Carrie Host *[Breathes in deeply.]* Jodi Foster.

00:56:56 Ross Host Oh! Excellent guess!

00:56:59 Carrie Host Oh, thank you!

00:57:00 Ross Host That's funny, actually. I'm looking at an image of Jodi Foster. Did you see a reflection in my eyeballs?

00:57:06 Carrie Host I don't think so!

00:57:07 Ross Host I'm just very impressed.

00:57:09 Carrie Host *[Through laughter]* Thank you.

00:57:10 Ross Host She said Carl Sagan.

00:57:11 Carrie Host Okay.

00:57:12 Ross Host Because he wrote *Contact*.

00:57:13 Carrie Host Okay. Yep.

00:57:14 Ross Host Uh, but I always think it's so interesting how Carl Sagan managed to transcend these communities, where he was very much a skeptic. Very much a scientist. And wrote beautifully against a lot of pseudoscience. Especially to do with astronomy, which is his specialty. If you haven't read *The Demon-Haunted World: Science as a Candle in the Dark*, that is an amazing book.

00:57:37 Carrie Host It's very good.

00:57:37 Ross Host Highly, highly recommend it. Anyways, y'know, he could say things like that but everybody on either side of the aisle remembers him so fondly. And then finally, a technology pioneer. Who do you think the other starseed she mentioned was?

00:57:52 Carrie Host A technology pioneer? Steve Jobs.

00:57:53 Ross Host Oh, so close! It's actually Steve *[pronounces it with a long "o"]* Jobs.

00:57:56 Carrie Host Oh! Shoot.

00:57:58 Ross Host She called him Steve "Jobs" *[long "o"]*.

00:57:59 Carrie Host Little-known Steve Jobs.

00:58:00 Ross Host No, no, you're exactly right. So he got mentioned a couple times at this conference as well. She showed a couple other images that were very strange. I sent you one that was the, uh, Galactic Federation? And it's just like this very... fancy... spaceship-looking conference table?

00:58:17 Carrie Host Oh, yes. I see that.

00:58:19 Ross Host With a bunch of future... versions of the Aleron chairs. *[Through laughter]* Surrounding kind of shaped like a guitar pick conference table and—

00:58:27 Carrie Host Yeah. It looks like *Minority Report*.

00:58:29 Ross Host Fancy diagrams on the screens in the background. Yeah. Totally. So again she points at this and it's like, wait. Wait. Did you just find that stock image or is that actually a photo of the Galactic—

00:58:39 Crosstalk Crosstalk **Carrie:** It's option A.

00:58:41 Ross Host **Ross:** —Federation.

00:58:47 Carrie Host And then she got to what I am going to call the most head-scratching slide of the entire presentation.

00:58:49 Ross Host Oh! Okay! I'm ready.

00:58:50 Carrie Host Okay. I'm gonna show this to you.

00:58:55 Ross Host Okay. I see... five human infants.

00:58:56 Carrie Host 'K.

00:59:01 Ross Host One of whom has half a grapefruit? On the far left?

00:59:06 Carrie Host Oh yeah. I think they're holding—at least the left two are holding musical instruments? So maybe some kind of maraca, maybe?

00:59:28 Ross Host Okay. They're in sort of a 'V' formation where the baby in the middle is closest to me, the viewer. Um... let's see. They're of, uh, varying, uh, ethnic heritages. We have presumably a black baby; an Asian baby; a white baby; maybe like, a Filipino or Pacific Islander baby. What are we looking at? Why are we looking at it?

00:59:48 Carrie Host Alright. You've got the right idea. So she says that she's learning because of the Galactic Council and, y'know, all of this information about the starseeds and us coming from all these different places in the sky. She says—well, and it's just—it's obvious. I mean—look at the five root races—

00:59:49 Ross Host Oh no. What?!

00:59:53 Carrie Host And so she goes to this slide and you've got the picture of these cute little babies.

00:59:54 Ross Host Oh no!

00:59:59 Carrie Host And she said—y'know, and it just shows—we all come from different planets or universes.

01:00:07 Ross Host But didn't she say that most of the people in this room are from Atlanti—well, I guess it was probably mostly white people. So are white people from Atlantis and everybody else is from somewhere else?

01:00:23 Carrie Host Oh, that's a good question! Oh, goodness. Well—and then the people from Atlantis are then in turn from other star location. Yeah. So apparently, the diversity—

[Carrie groans.]

—of races on earth somehow reflects our points of origin in... the cosmos.

01:00:30 Ross Host I'm sure this sounded very nice and loving to her. It's just one of those things that you can't pick at very long—

01:00:34 Carrie Host *[Ross laughs.]*

—'cause it'll all fall apart.

01:00:34 Carrie Host Yeah. Oh, goodness. That was the end of that section. Actually—

01:00:34 Carrie Host Oh my god. There's more? She has more to say?

01:00:36	Ross	Host	She's going to invite members of the audience up to receive healing.
01:00:40	Carrie	Host	Okay. So healing is a thing she does.
01:00:42	Ross	Host	Yes.
			<i>[Carrie laughs.]</i>
01:00:46	Carrie	Host	Activation. Healing. Yeah. Whatever ails you. Well before you tell me—
			<i>[Ross laughs.]</i>
			—even more that this woman said—
			<i>[Ross laughs.]</i>
			—I wanna tell you about products I love.
01:00:55	Ross	Host	Oh, please do!
01:00:56	Carrie	Promo	You know if you're gonna go to other planets; you're gonna be traveling a lot; you want to be comfortable! You want to wear your best stuff. And that's why—when I go to Venus—I wear my ThirdLove bra.
01:01:06	Ross	Promo	Those are high-quality bras!
01:01:07	Carrie	Promo	Exactly. They're light. You need light packing when you're gonna go into space.
01:01:12	Ross	Promo	Light travel definitely happens in space.
			<i>[Carrie laughs.]</i>
			Kara just recently got a new bra from ThirdLove.
01:01:19	Carrie	Promo	Ooh! Lucky gal!
01:01:20	Ross	Promo	And—y'know. I got to see it modeled. And it looked—
01:01:22	Carrie	Promo	Oh my goodness!
01:01:23	Ross	Promo	—very good. Uh—
			<i>[Carrie laughs.]</i>
			She— <i>[Through laughter]</i> She said, uh, it seems like this is a larger size than it should be but it's very comfortable. Alright! Yes.
01:01:30	Crosstalk	Promo	Carrie and Ross: Their fit finder—
01:01:32	Carrie	Promo	—quiz!
01:01:33	Ross	Promo	It worked!
01:01:34	Carrie	Promo	Alright! Nice!
01:01:35	Ross	Promo	And, uh, very nice bra.
	Carrie	Promo	And they actually use the measurements of millions of people to design bras in over 80 sizes. With all-day comfort, which is good if you're going into space. And all-day support.
01:01:46	Ross	Promo	Plus, these bras feature straps designed not to slip; tagless labels; and lightweight memory foam cups!
01:01:53	Carrie	Promo	Every customer has 60 days to wear it, wash it, and put it to the test. And if you don't love it, just return it! And ThirdLove will wash it and donate it to someone in need.
01:02:01	Ross	Promo	Wonderful! So ThirdLove knows there is a perfect bra for everyone. Right now they're offering <u>our</u> listeners 15% off their first orders!
01:02:09	Carrie	Promo	So go to ThirdLove.com/ohno right now to find your perfect-fitting bra and get 15% off your first purchase!

01:02:16	Ross	Promo	That's ThirdLove.com/ohno for 15% off today!
01:02:21	Carrie	Promo	Woo-hoo! You know, now that we're talking about products I love?
01:02:24	Ross	Promo	Mm-hm.
01:02:25	Carrie	Promo	I wanna tell you about Drew's new website. He just put up a website. It looks really good. And he used... Squarespace to build it!
01:02:32	Ross	Promo	Yay! I would say the url but I don't think it's alive yet!
01:02:35	Carrie	Promo	That's right. You're just gonna have to hang onto your teeth. Is that a saying? Hang onto your teeth, folks! <i>[Laughs.]</i>
01:02:41	Ross	Promo	Hang onto your teeth! <i>[Laughs.]</i> It is now!
01:02:43	Carrie	Promo	When you're waiting that's what you do!
01:02:45	Ross	Promo	I'm very excited for him. He's got a new url.
01:02:48	Carrie	Promo	That's true.
01:02:49	Ross	Promo	And he's built his website beautiful.
01:02:52	Carrie	Promo	Mm-hm.
01:02:53	Ross	Promo	And he even asked us—he said, hey, what's that promo code? Is it "ohno"?
01:02:56	Crosstalk	Promo	Carrie: Mm-hm! And we say, oh boy it is!
01:02:58	Carrie	Promo	Ross: Said, sure is! And he said, ah, I saved some money! And, y'know. Drew's an actor. But whether you're an architect; an artist; a graphic designer; a wedding professional—whether you're a restaurateur or you own a bar or you're a jewelry designer or you're a producer or you're a hair and makeup artist or—you own a gym or a studio or maybe a spa or maybe you're a wellness coach! Or maybe you're a creative consultant or an agency or maybe you sell furniture or you're a real estate broker or—I don't know—a gamer or a consultant—
			<i>[Ross laughs.]</i>
			—or a healthcare person or maybe you even work in financial services?
01:03:31	Crosstalk	Promo	Carrie: Or you're a lawyer?
01:03:32	Ross	Promo	Ross: These are—
01:03:34	Carrie	Promo	These are all things you could do and be.
01:03:37	Ross	Promo	Or—you run a museum. Even then!
			You could blog? Or you could publish content? You could promote your physical or online business. You could announce an upcoming event or special project—and more!
01:03:47	Carrie	Promo	And more?
01:03:48	Ross	Promo	And more!
01:03:49	Carrie	Promo	I thought for sure that was an exhaustive list—
01:03:51	Crosstalk	Promo	Carrie: —of the things you could do, but there are additional things you could do?
01:03:54	Carrie	Promo	Ross: No, no! I could think of other ones. Oh, my god. It's almost <u>too</u> much. Squarespace gives you access to beautiful templates created by world-class designers. Probably from other galaxies who have come here specifically to work for Squarespace.
01:04:07	Ross	Promo	At <u>least</u> some of those designers have to be starseeds, which means—really—they're universe-class designers.
01:04:14	Carrie	Promo	Exactly. You heard it here—don't be fooled by imitators. I don't know what I'm saying. It has powerful e-commerce functionality and

a new way to buy domains and choose from over two hundred extensions.

01:04:29 Ross Promo I bet pretty much any extension we could think of, they probably have. Like, do they have .ufo?

01:04:35 Carrie Promo Probably! If they don't, you have our permission to write in and complain.

01:04:39 Ross Promo And, they have 24/7, award-winning customer support!

01:04:43 Carrie Promo Oh. Damn.

01:04:45 Ross Promo So check out Squarespace.com/ohno — O-H-N-O — for a free trial and when you're ready to launch, use the offer code "ohno" to save 10% off your first purchase of a website or domain.

01:04:58 Carrie Promo Do it! You know who should use Squarespace? I don't know. Maybe she does. Her website looks fine. But Deborah King. I'm just segueing.

01:05:08 Ross Host Oh, okay. Yeah.

01:05:09 Carrie Host Mm-hm. Mm-hm. Mm-hm.

01:05:10 Ross Host Alright. So you wanna know what happened next with Deborah King?

01:05:12 Carrie Host Yes I do.

01:05:13 Ross Host Now that we've received all this important knowledge about our origins and our mission on earth, now it's time for Deborah to express her mission on earth, which is to activate our DNA.

01:05:26 Carrie Host Okay.

01:05:27 Ross Host She turned to the audience and she said—okay! Let's work with some of you. Uh—

01:05:33 Carrie Host Is there any explanation about what activating your DNA means?

01:05:36 Ross Host Yeah, no. She never actually talked about the structure of the DNA itself or repairing mutation. Nothing with that kind of mechanistic explanation to it. It's just—y'know, just assumed in the room, y'know? Our DNA could be better! It could be—

[Carrie laughs.]

—like the starseed originators. Yeah. We just—it's a higher level of DNA. Maybe it's adding a dimension to it? I don't know!

01:05:58 Carrie Host You know, it's interesting though. I wonder if she'd be against GMOs or not. Usually people in these circles don't like anyone tampering with DNA.

01:06:06 Ross Host Yeah. That's a good point. Though I feel like... they're willing to do that sort of thing as long as it's coming from a spiritual source?

01:06:13 Carrie Host Yes.

01:06:14 Ross Host You know if they aliens are doing it or the purple guided light is doing it then yeah, that's all great. 'Cause that's always gonna be for the good that has a certain intelligence to it. Whereas your clumsy humans and their Frankensteining, y'know, is always gonna be deleterious and bad.

01:06:30 Carrie Host Right.

01:06:32 Ross Host Just kinda like the connotations of the word "mutation" in general. Everyone always just assumes that mutations can only be bad.

01:06:38 Carrie Host Right.

01:06:39 Ross Host Okay. So she asked the audience—oh, who wants to come up and be activated? And I raise my hand excitedly. Up in the second row. But another 150 people are raising their hands. So she picks some woman named Danielle.

01:06:53 Carrie Host Ugh.

01:06:54 Ross Host Ugh. Who comes up to the front. And so Deborah starts asking for her grad students to come out. She says, alright, let's get some grad students. Yeah! So she te—

01:07:03 Carrie Host What's that?

01:07:05 Ross Host She teaches these healing methods.

01:07:07 Carrie Host Okay. I'm listening.

01:07:08 Ross Host And she has some advanced level-five teachers who have gone through her training.

01:07:14 Carrie Host Oh, that sounds very advanced. Okay. I'm pulling up DeborahKing.com—

01:07:17 Ross Host Mm-hm?

01:07:18 Carrie Host Oh, oh. I see. Apprentice with her. Mm-hm. Mm-hm.

01:07:21 Ross Host And clearly these people have been working with her in person. They know her. One of them is named Christie. Another one is Baker. He's this very tall guy. If I recall there were three women and one man. My keyboardist friend, she starts playing the music. The first woman comes up there. She stands facing the audience. She's a brunette woman in kind of a soft seafoam green skirt. So these students surround her and this is very much—it reminds me of, uh, Bob Larsen, *The Exorcist*, where—

01:07:53 Carrie Host Yes!

01:07:54 Ross Host —Deborah would say to the students, like, wait, wait, wait! Don't block the cameras! Don't block the cameras!

[Carrie laughs.]

Stand over here and so she'd constantly be offering little screen directions. Like, okay, move around right behind—good. Okay. There. *[Laughs.]* Just to make sure there was a good image so she's clearly playing this out from the viewpoint of the camera the whole time.

01:08:11 Carrie Host And probably really enjoying being the professor in the room.

01:08:14 Ross Host Right. Right. Always just these little instructions and—oh, make sure to get that area! What are you doing? So quite immediately... Deborah starts singing at her. Doing this... song. And I'm gonna play it for ya.

01:08:27 Carrie Host Okay.

01:08:28 Clip Clip **Music:** New Age-y synthesizer music plays in background. Some inaudible words are spoken, then a woman's voice—heavy on the vibrato and enthusiasm—begins singing along with the synthesizer. Music continues as Carrie and Ross discuss the clip.

01:08:56 Carrie Host Are they doing it, too, or is it just her?

01:08:57 Ross Host Just her. Nobody else sings.

01:09:00 Carrie Host What are they learning to do in this school?

01:09:01 Ross Host It's always Deborah.

01:09:02 Carrie Host Oh, no.

[Ross laughs.]

Ahh.

[Ross laughs.]

Not everyone's supposed to be a singer, are they? Oh, man.

[Music slowly fades out.]

			Oh.
01:09:31	Ross	Host	So all of this is—
01:09:31	Carrie	Host	Rough.
			<i>[Ross laughs.]</i>
01:09:34	Ross	Host	So imagine Jamie Lee Curtis—
			<i>[Both laugh.]</i>
			—coming up alongside you. She’s wearing all white, but she’s wearing this very colorful draped, uh, cloth on top of her. Just singing very loudly right in your face with <u>utmost</u> sincerity.
			<i>[Carrie laughs.]</i>
			And just everybody in the room is transfixed. This is amazing. But also, there’s hand motions that go with this.
01:09:56	Carrie	Host	Oh, that’s important! Okay.
01:09:58	Ross	Host	So as Deborah <u>King</u> is singing, she <u>and</u> the students—they join in on this part—they’ve all got their hands outstretched. They’ll kind of almost lock their arms? And then palms are outstretched; hands are straight and fanned? With the fingers outstretched. And they’re <u>rapidly</u> vibrating. Think jazz hands.
01:10:18	Carrie	Host	Mm-hm. Mm-hm.
01:10:19	Ross	Host	Essentially. And so they’re waving their hands around certain parts of you ‘cause they’re detecting certain chakra imbalances?
01:10:24	Carrie	Host	Right. Wiggling.
01:10:26	Ross	Host	Rapidly wiggling right in front of... Danielle’s crotch.
01:10:30	Carrie	Host	<i>[Through laughter]</i> Oh! Okay.
01:10:32	Ross	Host	That’s where it starts. And she’s saying, oh, yeah, there’s something in the way. Lisa, you wanna try—oh, that’s right. Another one of them was Lisa. Lisa, you wanna try this? And so then Lisa comes over and she very dramatically waves her hand in front of Danielle’s crotch and—
01:10:45	Carrie	Host	What the hell?
	Ross	Host	<i>[Through laughter]</i> Then the hand comes up and it waves in front of the chest for a while.
01:10:48	Carrie	Host	Has Danielle expressed any concerns or like anything she wants treated?
01:10:52	Ross	Host	No, which is unusual. Other... people that come up later, there’s various conversations about, y’know, exactly what’s happening. And she did briefly ask, like is there anything in particular you want us to do? But then she just went straight for it. Went for the singing.
01:11:07	Carrie	Host	Okay.
			<i>[Ross laughs.]</i>
01:11:08	Ross	Host	So she does that whole song and finally the crescendo fades back to just the keyboard music. And everyone claps for the woman. She goes back down. There was another guy who came up, uh, Nicholas? She immediately felt a blockage in his second chakra, and uh she didn’t sing for him! She was saying—students, come help. And so they did all the handwaving portion to give him energy. And yeah, sometimes they’ll get into it so much that their whole <u>body’s</u> shaking. So Baker might come up to him and kind of put his hands, like, one above his shoulder and one in front of his chest

and then Lisa's on the other side and she's doing the shaking hands like around his belly and—the—another, uh, student has her hands up in the air and they're shaking wildly. He didn't get the singing, but I guess he got the healing that he needed. Everyone clapped for him. He went to sit back down.

01:11:08 Carrie Host Was he like, ooh, I feel good? Or—
01:11:08 Ross Host Yeah! They—he seemed to—actually, he's one of the ones I found later. I ended up talking to three of the people afterward. I just kept running into them in the hallway. And he said—'cause I asked him, how do you feel now? And he said—*[sighs.]* I just—I—I don't know how to explain it, but I always feel better in her presence.

01:12:16 Carrie Host Awww.
01:12:17 Crosstalk Crosstalk **Ross:** So he's done this before! Yeah.

01:12:20 Ross Host **Carrie:** Oh, so he's a repeat customer. Yeah. And I actually got that sense from one other person that I talked to. So. Uh, she does have repeat customers. Then they call up another man from the back row? He says his name is LL? He's wearing shades? *[Through laughter]* Indoors? So, um.

01:12:33 Carrie Host Cool.
01:12:35 Ross Host Deborah asks him to remove those. So I'm getting all ready. I've got my video queued up—ooh! Ooh! I wanna get this on video! Her singing this song! And instead, she starts asking him, like, oh, is there a history of addiction here?

01:12:47 Carrie Host Mm!
01:12:48 Ross Host So there's a little bit of a reading happening as she's getting energies from the body. And he says, oh, yeah, I used to have pain in my neck and I took pharmaceuticals and yeah I guess I was kind of addicted to those for a bit. She said, uh, well shall I heal you of that? He said, sure. Have a go.

[Both laugh.]

01:13:09 Carrie Host And she wanted to clarify. She said—well, it takes an addict to know one. I spent many years in AA myself.
01:13:11 Ross Host Oh, wow! Okay. Good for her. So then she starts shaking her hands and waving around him and doing that same, y'know, *[vibrato singing]* aahhhhahahhahhahhhhhh! So he was—I guess—healed or felt better? And, uh, he went to sit down. So people just came up one after the other and she would say things, like, oh, don't block the thymus!

01:13:29 Carrie Host Now these students—did you say they had all graduated her program?
01:13:32 Ross Host I think so.
01:13:32 Carrie Host Okay.
01:13:33 Ross Host Yeah.
01:13:35 Carrie Host 'Cause I looked on her website. There are five levels to her program.

01:13:37 Ross Host Right. And she did mention these were level five graduates.
01:13:40 Carrie Host Oh my god. Okay. So. Level one—\$197.
01:13:43 Ross Host Oh.
01:13:44 Carrie Host Okay.
01:13:46 Ross Host Psh. Yeah.
01:13:46 Carrie Host Level two—\$497.
01:13:48 Ross Host Oh. Okay. A little bit of exponential growth here.

01:13:51 Carrie Host Alright. Level three—you wanna guess?
01:13:53 Ross Host Okay. At this rate—\$1000?
01:13:55 Carrie Host Yep. \$997. Level four? You wanna guess?
01:14:01 Ross Host I'm gonna say \$2500.
01:14:03 Carrie Host \$10,000.
01:14:03 Ross Host *[Gasps.]* No!

[Carrie laughs.]

Oh no!
01:14:07 Carrie Host Level five?
01:14:08 Ross Host Oh, goodness. \$50,000?
01:14:11 Carrie Host \$8,500.
01:14:13 Ross Host Oh, weird. Okay.
01:14:14 Carrie Host Weird.
01:14:15 Ross Host That chart zagged there a little bit.
01:14:17 Carrie Host So you end up paying \$20,191 if you do all five. And I used the—
01:14:23 Ross Host Whoa.
01:14:25 Carrie Host —early bird amounts to figure this out. The cheapest version.
01:14:28 Ross Host Oh my goodness. So those students there represented like \$80,000 worth of income. Okay.

Or more.
01:14:34 Carrie Host
01:14:35 Ross Host I wonder if they have learned how to do the singing on their own.
01:14:38 Carrie Host Right? Yeah. That's what I'm wondering—what do you learn if she just gets up there and does the singing herself? And—

01:14:45 Crosstalk Crosstalk **Ross:** You're just there.

Carrie: You're just waving your hands?
01:14:47 Ross Host You're there as an assist. Interesting. Wow.
01:14:50 Carrie Host Boy oh boy.
01:14:51 Ross Host So each time she'd reach out to the audience and all eagerly we'd raise our hands. I always had that sort of hesitation of like—oh, should I be going up there now? Of course I should! And then I would raise my hand maybe a second too late. She would sometimes look straight at me. I felt like I made eye contact with Deborah King. But then, uh, one time she picked the woman right behind me.

01:15:10 Carrie Host Oh, man.
01:15:11 Ross Host Another time she called up this lady who was wearing all white. Like a very revealing lace outfit and she had sort of a white shawl on top of that but it was all white on white. And she looked like she could be like an Instagram model or something like that.

01:15:24 Carrie Host Uh-huh. I think I met this woman with you afterward?
01:15:27 Ross Host Yes.
01:15:28 Crosstalk Crosstalk **Ross:** You know who I'm talking about.

Carrie: Very tall, thin, pretty—
01:15:29 Ross Host Conventionally beautiful lady.
01:15:29 Carrie Host Yeah.
01:15:33 Ross Host And this one was particularly awkward because they felt there was something around here—meaning her chest—

[Carrie laughs.]

And everyone was doing the jazz hands around her. I don't think she got singing, 'cause they needed to work out some other stuff.

And Deborah says—oh, for all of you characterology students out there—

01:15:50 Carrie Host Oh!

01:15:51 Ross Host I don't know characterology. Are—are you—

01:15:54 Carrie Host Yeah. What's that?

01:15:55 Ross Host Who knows? But she said—this woman is a rigid.

01:15:57 Carrie Host Ohh. A rigid.

01:16:00 Ross Host And she says, y'know, yeah. I have elements of that, too. Uh, but usually they're very good-looking.

01:16:05 Carrie Host Oh, it looks like it's one of those things where you—um—

01:16:09 Ross Host It's a personality trait?

01:16:10 Carrie Host Based—yeah. Personality like based on how they look.

01:16:14 Ross Host *[Through laughter]* Oh, okay! Uh, modern phrenology.

01:16:16 Carrie Host Right. Uh—

01:16:18 Ross Host But just based on visual observation, huh?

01:16:19 Carrie Host Definitely do go ahead and judge a book by its cover. Philosophy.

01:16:23 Ross Host So. As they're doing the hand-waving thing, she motions to Baker—the one guy—and says, do you wanna get in there?

[Carrie laughs.]

[Through laughter] It's—

01:16:31 Carrie Host Ross is hovering his hand over his own chest.

01:16:33 Ross Host And so, sure enough, Baker maneuvers around and he waves his hand just, y'know, inches from her chest.

01:16:37 Carrie Host Oh weird.

01:16:39 Ross Host It was awkward. To me, at least.

01:16:42 Carrie Host But we both talked to her afterward and she seemed totally, like, oh, that was great. I feel really good. So. That's good.

01:16:47 Ross Host I didn't get anything deeper than that level from anyone I talked to.

01:16:51 Carrie Host Mmm. Mm-hm.

01:16:53 Ross Host They would just say, oh yeah. It was really good.

01:16:54 Carrie Host Yeah.

01:16:55 Ross Host Yeah. Or it's amazing what she does. Okay. My favorite—and this one I caught on video—my favorite was this woman wearing red who came up. And she's a follower of Deborah's. She's been doing her meditations regularly. If you sign up on her website you can get these videos that you follow along with. And she was already, uh, Deborah was saying like—oh, wow. These are high vibrations here. Wow! This is—you're already in a great space! Let's advance you to a higher frequency! So they're doing the hand-waving around her and just like, y'know, shaking with the energy of this. And she's singing at her. And the woman in red, she's just swaying back and forth and y'know, it looks like someone having a real religious experience.

01:17:40 Carrie Host Mm-hm. Undulating.

01:17:42 Ross Host At this point, Deborah is—usually, she's faced directly into the person with her hands kind of on either side of them. But she says, y'know what? I can share this with the room. And she turns towards all of us and she raises her hands up such that she forms that full rectangle of her shawl and she's got her hands stretched out in a T pose at all of us. She shakes her hands. Eyes open. She looks at all of us with her glasses, singing: *[monotonous, vibrating singing]* “Maaaaahhhhhh—”

01:18:13 Carrie Host Ross has his mouth open and eyes super-super wide, almost like a child who's like—I don't know. Seeing a dinosaur or something.

01:18:22 Ross Host *[Ross laughs.]*
Oscillating like a fan. And this was the moment where I couldn't help but start laughing.

[Both laugh.]

01:18:33 Carrie Host Just something about her sharing this with the audience and turning around and doing it at us.
With such, uh, importance.

01:18:36 Ross Host *[Ross laughs.]*
So, uh, I think as I was holding the camera it was wiggling a little bit just from me chuckling. Oh, it was so good. So person after person comes up and she keeps saying—alright. Well let's do one more. And let's do one more. And—

01:18:49 Carrie Host Oh, gosh. No thank you.

01:18:49 Ross Host Yeah. It's totally that thing. And she's doing more of those diagnosis things where, y'know, she says—I'm sensing a blockage here. Did you have some history with this or that? And people are offering various pieces of info about their toxic mold they were exposed to. Or, y'know, maybe she's detecting a lower back blockage and so one of the students will always just very seriously go in and shake their hands around that part of the body. But no physical contact. Except for at the end of each one, she says—okay. I think we're ready for a hug now. And so—

01:19:22 Carrie Host Aw!

01:19:23 Ross Host That person gets hugs from the people on the stage. And we clap for them. But yeah! This was just delightful. I was having so much fun watching the singing. And the hand-waving. The Frohike guy—the Space Force guy? At this point he was snoring behind me. I don't blame him.

01:19:37 Carrie Host

01:19:39 Ross Host *[Both laugh.]*
[Through laughter] I looked back and yeah. He's pretty loudly, uh, snoring. Another person has their eyes closed in rapture and just—

01:19:46 Carrie Host God.

01:19:47 Ross Host Y'know, the audience was all into it in their various different ways. Somebody from the conference came up and gave the five-minute warning so she did like two more of the—one last person! Things.

01:19:58 Carrie Host Oh, man.

01:19:58 Ross Host But it was never me. I never got called up. Then there was kind of like a Q&A portion, but finally—she had to draw this all to a close. Very reluctantly. And she had us all as an audience together sing “Ohm” three times.

01:20:13 Carrie Host Huh.

01:20:14 Ross Host So, uh, that was it! Everybody then, uh, got to leave and they pushed us out of the—get outta there! We gotta clear the room for the next thing.

01:20:22 Carrie Host Man.

01:20:23 Ross Host It's already running late. So, uh—

01:20:24 Carrie Host Yeah. How long was that?

01:20:24 Ross Host That was an hour and a half. *[Laughs.]*

01:20:27 Carrie Host That's a lot.

[Ross laughs.]

01:20:29	Ross	Host	It was a lot!
01:20:30	Carrie	Host	That's a lot to absorb.
01:20:32	Ross	Host	Oh, boy. But it was delightful.
01:20:34	Carrie	Host	Well, good on her. For being... the representative of... what?
01:20:39	Ross	Host	Orion's Belt?
01:20:41	Carrie	Host	Orion's Belt. For all of humanity?
01:20:42	Ross	Host	Yeah!
01:20:44	Carrie	Host	That seems very important?
01:20:45	Ross	Host	She's sharing the song that she's been taught to sing.
01:20:47	Carrie	Host	Yep.
01:20:48	Ross	Host	Yeah!
01:20:48	Carrie	Host	And she seemed sincere to you?
01:20:48	Ross	Host	Uh, yes. Yeah! Yeah. I'm gonna say she is.
01:20:53	Carrie	Host	Yeah. One thing that we come across—it's very tough to figure out who's <u>sincere</u> , then of those who are sincere, who's <u>dealing</u> with a, like, a mental illness diagnosis or something. Which—I think that's less common than just like our society has a few shared delusions? That we turn to?
01:21:12	Ross	Host	Right. One man's delusion is another man's... just common religious belief!
01:21:17	Carrie	Host	Yeah. I mean, it doesn't sound like that's someone who was dealing with something very serious but yeah. It can be really tough to figure... that out. And then like, how to respond to it.
01:21:27	Ross	Host	Right. And clearly she's had issues in her life that she's had to work through.
01:21:30	Carrie	Host	Yeah.
01:21:32	Ross	Host	Yeah. There's so many factors there. And... y'know, we talk about interacting with people like Linda Moulton Howe. And Dylan. From the Deep State Mapping Project that we talked about. And that is something that runs through our heads all the time, which is—y'know, we don't know exactly where they're coming from! We don't know what their wiring is. We don't know... how they've chosen to deal with, uh, slings and arrows that life hurls at all of us. But typically, they do seem... sincere. I think sometimes we do identify ones that we say, okay. This feels more cynical. This feels like someone just exploiting a business opportunity.
01:22:07	Carrie	Host	Right.
01:22:08	Ross	Host	But it's always—it's that black box. We can't know from our perspective; we can only guess based on... their actions! Really.
01:22:15	Carrie	Host	You know, you talk about separating the belief from the believer and that's sort of applies here in that like... I like to think about the absurdities of humanity that we <u>all</u> share? That we all can turn to these explanations that don't make a lotta sense? And maybe laugh at that proclivity in <u>humanity</u> .
01:22:36	Ross	Host	Right. Without necessarily laughing at the person.
01:22:41	Carrie	Host	It's just funny that we do this. We are a nutty little species.
01:22:45	Ross	Host	And I <u>hope</u> that comes across in our investigations. That when we say that we really like Linda Moulton Howe and Deborah King—it's because we do!
01:22:55	Carrie	Host	<i>[Through laughter]</i> Yeah.
01:22:56	Ross	Host	And whatever the source of their particular contribution to conferences like these or just... to human discourse, it's a fascinating part of... just the range of human expression! And religious and spiritual expression.
01:23:13	Carrie	Host	Yeah.
01:23:14	Ross	Host	That's what our show's about! Right? Is exploring all those things.

01:23:17 Carrie Host And then also—y’know, once you... um... share those beliefs with other people and maybe are gaining followers and stuff—someone has to come along and analyze those claims. *[Laughs.]*

01:23:28 Ross Host Right.

01:23:30 Carrie Host Someone’s got to! *[Laughs.]*

01:23:31 Ross Host Yeah. And, y’know, we try to take people seriously and at their words and analyze those words. We’ve talked constantly about our personalities. That we are a certain type of person.

01:23:41 Carrie Host Mm-hm!

01:23:42 Ross Host And that’s the—I think—consistency-seeking person. Who really wants to say—oh, you just said this! Let me compare it against everything I’ve heard from elsewhere! Y’know—

01:23:51 Carrie Host Or from you in the last hour.

01:23:52 Ross Host *[Through laughter]* Right! Yeah. Exactly. It’s not our job to diagnose and even if—or we are ill-equipped for it.

01:23:58 Carrie Host Oh yeah. For sure.

01:23:59 Ross Host I’m always reminded of the, uh, quote from Baruch Spinoza. He said, uh—I have made a ceaseless effort not to ridicule; not to bewail; not to scorn human actions; but to understand them.

01:24:11 Carrie Host Mm.

01:24:12 Ross Host I mean, sometimes we do scorn human actions. Like if you’re—

[Carrie laughs.]

—if you’re telling people not to get vaccinated or something. But again, that’s because we’ve identified a certain thing that you’ve said or done and then compared it against something else that we know pretty well from other—maybe more-reliable—sources.

01:24:28 Carrie Host We’ll turn to ridicule and scorn sometimes ‘cause we’re humans with our own little faults!

[Ross laughs.]

01:24:32 Ross Host Right. Sometimes can be—maybe we’re just tired. It’s been a long day.

[Carrie laughs.]

Or we’ve heard something too many times. Or—anyway. Hopefully that’s some context, especially as we go to a conference like this one.

01:24:44 Carrie Host Yeah.

01:24:45 Ross Host It’s truly fascinating. We truly have a good time and enjoy it and appreciate the people, even if we don’t always agree with what they’re presenting!

01:24:53 Carrie Host And boy is the human mind goofy town.

01:24:57 Ross Host And none of these things are immutable traits, either! Because we’ve all believed things that we didn’t believe before.

01:25:03 Carrie Host You and I in particular!

01:25:05 Ross Host Yes. *[Laughs.]* Right. And that’s kind of what led us into... well, the place where we met each other?

01:25:11 Carrie Host Yeah!

01:25:11 Ross Host And we continue to be those types of people who would gladly be changed and proven wrong.

01:25:16 Carrie Host Y’all—when I was in tenth grade, I performed an exorcism on my friend Ryan.

01:25:22 Crosstalk Crosstalk *[Ross laughs.]*
Ross: *[Inaudible.]*

01:25:25 Carrie Host **Carrie:** Okay?
Okay? I know what it is to believe something you later realize didn't have a lot of evidence behind it. It is awkward.

01:25:32 Ross Host I gave a presentation to my sixth-grade class about various technologies that could be the mark of the beast.

[Carrie laughs.]

01:25:38 Carrie Host And were they?
01:25:41 Ross Host So far, no. RFID chips seems to be on the up-and-up.
01:25:45 Carrie Host Was that one of the ones you were worried about?
01:25:46 Ross Host Yeah.
01:25:47 Carrie Host Okay, cool.
01:25:47 Ross Host Y'know, that was brand-new tech at the time.
01:25:47 Carrie Host Yeah, yeah, yeah. What about, uh—
01:25:47 Ross Host I repeated this false information that I had read somewhere that you can plant them in people but you have to do it in their right hand—I don't know why it didn't occur to me that, like, why wouldn't the left hand work equally well?

[Carrie laughs.]

01:26:08 Carrie Host Or the forehead. Which, of course, are the two locations that the Bible says will be the location of the mark of the beast.
One of my former boyfriends—who is very religious—who was very worried about the chips they put in companion animals?

01:26:17 Ross Host Oh, yeah! I think that's also an RFID.
01:26:20 Carrie Host Oh, okay.
01:26:20 Ross Host Y'know, you can read it externally from a near distance. Y'know, it's a passive technology.
01:26:27 Carrie Host Right. Exactly.
01:26:27 Ross Host Where you don't need to have like a battery hooked up to it.
01:26:31 Carrie Host Right. Okay. Yeah. Ella's got one.
01:26:32 Ross Host Nice!
01:26:33 Carrie Host Yeah. Got a little chip.
01:26:35 Ross Host As she should.
01:26:35 Carrie Host As she should. She's right next to us and she's perfect.
01:26:37 Ross Host So yeah. We're all at different places in our own journeys and everybody we interact with is—maybe we'll move towards them or maybe they'll move towards us or maybe we'll just, uh, enjoy seeing each other as we pass by.
01:26:48 Carrie Host Amen.
01:26:49 Ross Host What were you doing this whole time, Carrie? *[Laughs.]*
01:26:51 Carrie Host Well! Um...
01:26:53 Ross Host I told that story very quickly.

[Carrie laughs.]

01:26:55 Carrie Host Well, Ross, I was... at this talk by the followers of Tatyana Mikushina? Who is a Russian woman who is the... representative of the Sirius Ascended Masters.

01:27:09 Ross Host Oh, this is very much related!
01:27:11 Carrie Host Yes! She is here on this earth. Right now. And we are so lucky! Because... we are also on this earth right now, and... her

representatives have come to this conference and only 20 people have shown up for this talk—

01:27:26 Ross Host Awww.

01:27:27 Carrie Host So these 20 attendees are getting the most important information in the world.

01:27:31 Ross Host Oh, yeah!

01:27:32 Carrie Host Yeah! So.

01:27:33 Ross Host So I'm languishing talking to someone from Orion—

01:27:34 Carrie Host Mm-hm.

01:27:36 Ross Host While you're hanging out with someone—

01:27:38 Carrie Host I'm not hanging out with her. Just her followers.

01:27:40 Ross Host Oh, gotcha. Oh!

01:27:40 Carrie Host She wasn't there.

01:27:42 Ross Host Okay.

01:27:44 Carrie Host Yes. So... the followers were all very young people. Probably all under 30. And in the very front there were... two women and they explained what I just told you—who she is—and said, we're so lucky. We're so lucky. We're going to play a video of her messages and oh, we are so lucky to hear them. We are so lucky to hear them. So I was kind of expecting it to be a personalized, like, this is for the Conscious Life Expo? And then they played it and it was like... very clearly... the Scientology intro video. Y'know?

01:28:16 Ross Host Aw. Huh.

01:28:17 Carrie Host *[Through laughter]* It's like, uh, scenes of like—hills and a closeup of a rose and so—and then she'd be talking over it and it was just like such... ordinary... spiritual stuff.

01:28:29 Ross Host Okay.

01:28:29 Carrie Host Y'know? It was so—I couldn't even get a message out of it that I was like, oh, that's interesting. Y'know? It's just like—

01:28:36 Ross Host Oh goodness!

01:28:37 Carrie Host Uh, all the Ascended Masters have something to tell us. There's something from Jesus. There's something from Buddha. There's something from the Maitreya and Archangel Michael and Confucius—everyone has something to contribute!

01:28:50 Ross Host What are those things?

01:28:51 Carrie Host *[Through laughter]* Right. And then—

01:28:52 Ross Host Oh, wow.

01:28:53 Carrie Host And that would take too long to say. Y'know.

01:28:56 Ross Host So a bunch of platitudes and generalities.

01:28:57 Carrie Host Yeah. So then the woman in the front—the young woman—she had a printout in front of her. Of sorta—I imagine—points to hit with us. But she's kind of reading them in sort of a—a voice that doesn't help me process or, y'know, just—*[monotone]* duh, duh duh, veh veh.

01:29:15 Ross Host A rote recitation?

01:29:16 Carrie Host Yeah. She tell us that... Tatyana received the mantle of the messenger, which is not an award.

[Ross laughs.]

But, um, the masters knew that... she was ready. That she was the next... person in line. To give their message. I'm like, okay. Let's... what is it?

01:29:37 Crosstalk Crosstalk **Ross:** Yeah. What's the message? *[Laughs.]*

Carrie: We're ready! *[Laughs.]*

01:29:39 Carrie Host We're all ready! We're here! Many people claim to be messengers and actually some people write to Tatyana and say they are also messengers, but they haven't gone through the appropriate tests. Whereas Tatyana has. And the tests, of course, are administered by the Ascended Masters—the ones we cannot see—that she can.

01:29:57 Ross Host Yes. Okay. And we've heard the term Ascended Masters—especially when we interacted with the Aetherius Society and—I guess that terminology kind of comes from... Theosophy? Traditions?

01:30:07 Carrie Host Yes. And they mentioned Helen Blavatsky, who's—yeah.

01:30:11 Ross Host Oh, there we go.

01:30:12 Carrie Host The founder of Theosophy. So—

01:30:13 Ross Host Did you get the sense that they were sort of religious followers of a teacher?

01:30:18 Carrie Host Yeah. Mm-hm.

01:30:20 Ross Host Okay.

01:30:21 Carrie Host Yeah. For sure.

01:30:21 Ross Host They're not learning like her methods or something. They're just following.

01:30:24 Carrie Host Yeah. Not that I—it—there were so little here that you would call, like, proprietary. Do you know what I mean?

01:30:29 Ross Host And how many people in the room were them versus you and the audience?

01:30:33 Carrie Host There were 20 of us or so in attendance, and there were like maybe 4 followers up front?

01:30:39 Ross Host Okay.

01:30:40 Carrie Host Including a guy who was sitting right next to me in the front row and since I was taking notes, I was very clearly the most engaged audience member?

01:30:47 Ross Host Yeah. *[Laughs.]*

01:30:51 Carrie Host And so at the end, he said—well, here, would you like our notes? And he gave me the— *[Laughs.]*

01:30:52 Ross Host Awww!

01:30:52 Carrie Host The notes for the little talk.

01:30:52 Ross Host Oh, that's nice!

01:30:55 Carrie Host Yeah. And he said, thank you for taking notes. I think he could see that just like most people were really bored. And I actually took—

01:31:01 Ross Host 5:1 ratio, too, of like... audience to presenter.

01:31:05 Carrie Host Yeah. So they kept playing us these different videos and at one point I took out my phone and I was like, I'm just gonna get a snippet of this video on my phone. Right? So I pull it out, but my vantage point makes it such that in my... viewfinder, you can see that video? It's taking up—might be a fifth of my screen?

01:31:25 Ross Host *[Through laughter]* Uh-huh.

01:31:27 Carrie Host But much bigger is this young woman just standing there awkwardly by—

01:31:31 Ross Host Oh. *[Laughs.]*

01:31:31 Carrie Host —the TV?

01:31:33 Ross Host I know which one this is now. You send this *[though laughter]* to me. Without any explanation!

[Carrie laughs.]

Except, like, this gives me so much joy.

01:31:39 Carrie Host 'Cause she looks at me—she's like, looking at me and you could tell she's doing this calculus of like—I feel like I'm in her shot. But... she's not reacting as if I'm in her shot!

01:31:52 Ross Host *[Ross laughs.]* Should I be looking at—is this gonna be posted—are people gonna be looking at me?

01:31:56 Crosstalk Crosstalk **Carrie:** What is happening? Should I look down?

01:31:59 Carrie Host **Ross:** Should I be smiling for the camera? Should I look at her? Maybe I'll look up!

01:32:02 Crosstalk Crosstalk **Ross:** I'll look at the ground now. *[Laughs.]*

01:32:04 Carrie Host **Carrie:** I feel—you know what? I'm gonna try to disappear behind this sign. No, I can't do that. I'm leading this!

[Both laugh.]

01:32:10 Ross Host *[Through laughter]* Just—so awkward. And Carrie was just delighting in her squirming on screen.

01:32:14 Carrie Host *[Through laughter]* It was so funny! And then finally partway through I like turned around and panned to the audience, and there is an actual man asleep. *[Laughs.]*

01:32:22 Ross Host Oh, no!

01:32:24 Carrie Host *[Through laughter]* And some people are so bored.

01:32:26 Ross Host Oh, like my Space Force friend, Frohike!

01:32:28 Carrie Host Yeah.

01:32:29 Ross Host Now... if I recall, she was wearing all white? Were they all dressed like—similarly?

01:32:34 Carrie Host I think you are actually thinking of a different— *[Laughs.]*

01:32:38 Ross Host I probably am.

01:32:40 Carrie Host —female teacher with women in all white? But coincidentally, yes. They did also wear all white.

01:32:45 Ross Host Interesting. Okay.

01:32:46 Carrie Host Just for other reasons. I think you're thinking of someone else.

01:32:48 Ross Host The one who has only female followers. Okay.

01:32:50 Carrie Host Right. That's someone else. I'll tell you about her next time. And the we started watching like some interviews with Tatyana? Where... she... is being interviewed on like, what looks like local cable access type TV.

01:33:02 Ross Host Hm.

01:33:03 Carrie Host But like, none of the answers are compelling? *[Laughs.]* In any particular way? She's just like—oh, yes, no, I—I wouldn't say this is the meaning of my life. It's just that it's an important part of my life. And it's—it's a tool. I am equipment for the Masters. Ohhhh. So, okay. Y'know? I don't know, it's just—the whole time I was like—what is the juice that caught you guys, though?

01:33:29 Ross Host Right!

01:33:30 Carrie Host Like, what—it—there's gotta be something here!

01:33:31 Ross Host I know that feeling. Kinda like when we watched that Jungbub video.

01:33:34 Carrie Host Okay.

01:33:36 Ross Host With that guy speaking. Where you just think—okay. well, this isn't compelling at all!

01:33:41 Carrie Host But something got your attention!

01:33:43 Ross Host Exactly, yeah! What is it that you did at some other point that got you followers? 'Cause this isn't it.

01:33:47 Carrie Host This can't be it. So yeah. Just to give you an example of like a direct quote. She said—"Love has no limits. No boundaries. No countries. The Masters appeal through me to every man on planet earth."

01:34:00 Crosstalk Crosstalk **Carrie:** Okay. I mean—

01:34:02 Ross Host **Ross:** Alright. That's—
—just buttressing your own authority.

01:34:04 Carrie Host Yeah. I looked her up at one point; I think she's in like her mid-50s.

01:34:08 Ross Host She looks like someone just, y'know, from the office! Who's the friendly woman three cubicles over.

01:34:15 Carrie Host I will say this. In the videos where I could actually see her face, she seemed delighted. It seemed like she was so glad she gets to do this stuff and that's nice.

01:34:22 Ross Host Actually, she reminds me a lot of my AP English teacher from high school.

01:34:26 Carrie Host *[Laughs.]* Oh! Okay.

01:34:27 Ross Host Wow. Who was also Russian! Oh, go figure.

01:34:30 Carrie Host Maybe it's her!

01:34:31 Ross Host Hm.

01:34:32 Carrie Host Was it Mrs. Mikushina?

01:34:33 Ross Host No.

01:34:34 Carrie Host Ah. Damn. Yeah. So—y'know, here's another quote: "Everything can only be judged after a certain amount of time." Unquote.

01:34:41 Crosstalk Crosstalk **Carrie:** Yeah. Sure. Okay.

01:34:45 Crosstalk Crosstalk **Ross:** Alright. Yeah.
Ross: You got a point there.

01:34:45 Carrie Host **Carrie:** True. You're right.
You're right. *[Laughs.]*

[Ross laughs.]

01:34:50 Ross Host I don't know. It's just—not terribly profound, is it?
What was the bait?

01:34:52 Carrie Host I don't know. Oh, okay! Here's one interesting thing that was at least specific.

01:34:56 Ross Host Okay.

01:34:58 Carrie Host The 23rd of every month you can work off the karma of the previous month, and pray for another person to get their own karma advanced.

01:35:08 Ross Host Okay. So it's kind of like a day of atonement sort of thing.

01:35:11 Carrie Host Mm-hm.

01:35:12 Ross Host Alright.

01:35:13 Carrie Host So at least that's nice and specific.

01:35:14 Ross Host Yeah!

01:35:15 Carrie Host 23rd. Got it.

01:35:17 Ross Host Oh, hey. Yeah. Put that in the calendar.

01:35:18 Carrie Host *[Through laughter]* So they told us to go to: www.Sirius—S-I-R-I-U-S—hypoeng.net to read her teachings. And they said, just read one every day. You'll watch your life change.

01:35:32 Ross Host Boy, you're so right about this. Like—yeah. I'm looking at images and one comes up with this quote: "The ability to act and interact is a manifestation of the quality of love on the physical plane."

01:35:43 Carrie Host Yeah.
01:35:44 Ross Host “Whatever anyone may tell me about his achievements or his ability to communicate with the Masters, I see the level of achievement of a person reflected in his ability to act.” And it goes on. It’s like—
01:35:57 Crosstalk Crosstalk **Ross:** Oh, boy, this is bad writing!

Carrie: Uh. What is this?
01:36:00 Carrie Host I wonder—and I’m gonna reveal my ignorance here, ‘cause I genuinely don’t know if this is the case? But I wonder if—because of Russia’s history? If maybe there’s more of a shortage of these kinds of teachings? And we have such surplus?
01:36:15 Ross Host Because we’ve had centuries now of religious competition and a free marketplace whereas... for many years, they were—
01:36:22 Carrie Host Yeah.
01:36:23 Ross Host Under the rule of Communism and religion just wasn’t—yeah! Maybe.
01:36:26 Crosstalk Crosstalk **Ross:** Maybe it’s just—

Carrie: Think it is part of it.
01:36:27 Ross Host It’s easier to be a—essentially—a smaller fish in that pond?
01:36:31 Carrie Host Yeah.
01:36:32 Ross Host Yeah.
01:36:33 Carrie Host That’s what I’m thinking. Maybe? Well, so the last thing we’re gonna do is watch this very important video. Okay. So we turn on the video. And it’s just like—clipart. It’s like, y’know, we’ll pan in on a—the sun. And then pan out and oh there’s a fish and we’re just sort of being reminded, like, the earth has many beautiful things.
01:36:52 Ross Host Mm. True.
01:36:53 Carrie Host You see earth from space. And—
01:36:55 Ross Host Lies.
01:36:56 Carrie Host And the— *[Laughs.]*
01:36:58 Crosstalk Crosstalk **Carrie:** And the voice—

Ross: Show me a real—
01:37:00 Ross Host —photo taken from space!

[Carrie laughs.]
01:37:02 Carrie Host The voiceover says to take this moment to send love to your native planet. Think of the best moments in nature, and send love to Mother Earth. So we all do that.
01:37:14 Crosstalk Crosstalk **Ross:** It sounds nice!

Carrie: Fine. Yeah!
01:37:16 Carrie Host Nothing wrong with it. I mean, it’s like Subway. *[Laughs.]* It’s fine!
[Ross laughs.]
[Laughs.] It’s fine. I’m not sorry it’s there! Sometimes it’s the best thing going.
[Ross laughs.]
Um...
01:37:27 Ross Host But it’s no Togo’s!
01:37:29 Carrie Host It’s *[though laughter]* no Togo’s.
01:37:31 Ross Host It’s no—have you eaten—sorry.

[Carrie laughs.]

01:37:37 Carrie Host Have you eaten at Ike's? Sandwich shop?
01:37:38 Ross Host I don't think so!
01:37:41 Carrie Host We should go there sometime. They have great vegan sandwiches.
01:37:43 Ross Host Oh, great! Okay! That's cool.
01:37:44 Carrie Host Carry on.
01:37:53 Ross Host Um... Ross on. So... yeah. This is when the guy next to me was
01:37:54 Carrie Host like—y'know, you should have these notes. Thank you so much for
taking notes. Which is really sweet.
Aww.
So they said, oh, everyone, like, take a magazine! And they hand it
out. I don't know if I even kept mine, but... handed out some
magazines with her on the cover. Which, y'know, no one's gonna
read *[though laughter]* probably. Um, oh, here it is! *Awareness
Magazine.*
01:38:08 Ross Host Oh, I remember their—
01:38:09 Carrie Host That's her.
01:38:10 Ross Host Okay. Yep. That's one of the pictures I saw. She's got her... hair
pulled back. It's long, brown hair that cascades down from the
hairband. And she's got white earrings and friendly smile.
01:38:23 Carrie Host Yeah. Very nice. So they gave those out and then—
01:38:27 Ross Host Wearing a pearl necklace.
01:38:28 Carrie Host I knew that I was going to the next event in this room? So—so all
the attendees start clearing out and now it's just me and the
organizers. So they very awkwardly were just sort of huddled
around. They were like—do you think that went okay? Yeah, I think
it went okay. Y'know—
01:38:42 Ross Host Oh, wow.
01:38:43 Carrie Host Yeah. And you could tell they weren't—I don't know. They weren't
that proud. And then they had to take everything down really
quickly. They usher out, and this AV guy comes in. So I was in
there being a freaking weirdo. I was like doing my yoga poses
because I had been sitting for so long.

[Ross laughs.]

01:39:25 Ross Host So this guy walks into this room with this single person doing yoga.
01:39:27 Carrie Host I'm sure thought—uh, I'm in the right place! I said, like, hey! So...
do you work for the venue or do you work for... the, uh, conference
itself? And he's like—I'm an independent contractor. And I was like,
okay. Yeah. But like for Conscious Life Expo or for the building
or...? He was like, y'know, I work for myself. Something like that.
Very polite brush-off.
Yeah. Yeah.
And I said—well.

[Ross laughs.]

01:39:30 Ross Host *[Through laughter]* Carrie's not satisfied.
Carrie Host I said, well, you guys are being very respectful about hearing—and
then I couldn't think of how to say it, and I said, a lot of nonsense.
01:39:38 Ross Host *[Through laughter]* Oh!
01:39:39 Carrie Host And he—he laughed. And he said—hey! I'm not *[though laughter]*
saying anything.

01:39:45 Ross Host *[Ross laughs.]*
 01:39:46 Carrie Host I'm sure it's all true.
 01:39:48 Crosstalk Crosstalk So I think—
Carrie: —the AV—

01:39:49 Carrie Host **Ross:** One of those moments.
 Yeah. I picture now the AV guys all sitting in the back listening to all this, having the same reactions we are. Being like, this is amazing.

[Ross laughs.]

01:39:58 Ross Host I'm so glad we're here.
 01:40:00 Carrie Host I can't wait to tell people about the gig I had today!
 01:40:02 Ross Host Yeah. Exactly.
 Oh boy, in this magazine you handed me—the *Awareness Magazine*—it says—after her name—“My greatest discovery: the divine world is right where I am and where each of us are.”

01:40:14 Carrie Host Oh my gosh. You know what? My greatest discovery is watching *The Wizard of Oz* for the first time when I was six. When I learned the same lesson.

[Multiple people laugh.]

01:40:24 Crosstalk Crosstalk **Ross and Carrie:** *[Sighing.]* Ah.
 01:40:26 Ross Host Yeah. I wonder if that moment kinda stuck in the minds of the followers. Just—having that kind of meager interaction.

01:40:34 Carrie Host Yeah.
 01:40:35 Ross Host If—if it had all made them, y'know, 'cause you always hear people saying—oh, y'know, there was this, y'know, one time or the one thing that person said or—the—the coincidence that happened. Just these little things can kind of plant a seed and then play out later. I wonder if that discomfort that you saw—that sense of like, eh, how do you think it went? Did it go okay? I wonder if that will just—

01:40:58 Carrie Host Why wasn't that appealing to them the way it was to me?
 01:40:59 Ross Host Right!
 01:41:00 Carrie Host Yeah.
 01:41:01 Ross Host Right. Yeah. I wonder if that'll be an important part of anybody's story in the future.

01:41:04 Carrie Host Megan Phelps-Roper, who was in the Westboro Baptist Church—because she's in that family—and got out and wrote an amazing memoir. She also gave a TED Talk and in her TED Talk she talks about a moment like that for her. Where was a little girl and... while she was—uh, Megan was holding her sign. The woman came up and kneeled down and said something like—one day, you will have the choice to leave this.

01:41:29 Ross Host Whoa!
 01:41:30 Carrie Host Yeah. That that like... actually stuck in her brain. Like at the time of course it was like, why would I, though? That's... okay. What a weird thing to say. But it like stuck with her that like—oh, a moment like this is when I get to choose.

01:41:43 Ross Host That is a very potent thing to say. That feels like just... really smartly designed to sit there. Embed under the skin like a tattoo and—

01:41:52 Carrie Host Totally.
 01:41:53 Ross Host —stay with you. Wow.
 01:41:54 Carrie Host Yeah.

01:41:56	Ross	Host	Huh.
01:41:56	Carrie	Host	I'm probably not saying this sentence exactly right, but it was that sentiment.
01:41:58	Ross	Host	Well, hey.
01:41:59	Crosstalk	Crosstalk	Ross: It's haunting me now.
01:42:01	Carrie	Host	Carrie: And then— <i>[Laughs.]</i> Yeah. And then Megan describes at the end of it, like, seeing a little kid—I think maybe like at an anti-abortion event or something—and leaning down to him and saying, one day you get to choose to leave this if you want to.
01:42:11	Ross	Host	Yeah. As long as that's said in the right, y'know, kind of compassionate, loving, understanding...
01:42:16	Carrie	Host	Yeah.
01:42:17	Ross	Host	Tone. But wow! Just—even if it's, uh, not an exact quote, that's really powerful.
01:42:24	Carrie	Host	Mm-hm. Yeah.
01:42:24	Ross	Host	I like it.
01:42:24	Carrie	Host	Yeah! It's nice 'cause it also leaves room for her agency. It's like—you get to if you want to. You don't have to.
01:42:30	Ross	Host	Yeah.
01:42:31	Carrie	Host	Yeah. I'm not telling you that's the right thing to do, but you could.
01:42:33	Ross	Host	Masterfully done.
01:42:35	Carrie	Host	Yeah.
01:42:35	Ross	Host	<u>Well.</u>
01:42:36	Carrie	Host	Well. Heavy episode.
01:42:36	Ross	Host	That was exciting.
01:42:39	Carrie	Host	Lotta stuff.
01:42:39	Ross	Host	This is, uh—well, it's kind of related. I wanted to share a little story, uh, this week. That happened to me and I just lost my—my aunt. My Aunt Caroline. She had been in the hospital for a heart failure. She had had a heart attack. And she was just about to come back that day. And we'd all been kind of waiting to see her; they'd been trying to keep visitors away. Anyways. She died quickly. And, y'know, we were... mourning that. One of my relatives contacted me and he said—well, this is a really good example of how conspiracy theories can kill you. And I said—whoa! Wait. What? How is that related? So this is my aunt who's the mother of the cousin that I regularly refer to as being a flat-earther. Believing vaccines are dangerous. Condoms... can't prevent disease. Y'know. Many, many ideas that she's kind of championed for a long time. And I knew that she had kind of gotten my aunt into having meetings with her Bible study group and talking about the Illuminati and all kinds of bizarre things like that. <u>But</u> I didn't realize this—uh, my relative told me—and that was that she had been led to believe that the medical establishment is purposefully targeting older people. And trying to shorten their lifespan.
01:43:56	Carrie	Host	Oh my god.
01:43:57	Ross	Host	And as a result, she stopped taking her prescribed heart medication.
01:44:01	Carrie	Host	<i>[Regretfully]</i> Oh no.
01:44:03	Ross	Host	Thinking that it was...
01:44:04	Crosstalk	Crosstalk	Ross: Y'know.

Carrie: Poison.

01:44:05 Ross Host Yeah. Exactly. I wasn't aware of this. But... it was heart failure that led to her condition and her eventual demise. So, y'know, just as a reminder—that these things do have consequences. These beliefs. When they kind of play out in the real world.

01:44:19 Carrie Host So sorry.

01:44:20 Ross Host Uh, thanks. Anyways. I just wanted to share that. 'Cause it was related to our podcast and it was sad. 'Cause, y'know, she's a sweet, very loving woman. Definitely the closest of my aunts-slash-uncle. I'm not exactly sure what the takeaway there is, other than to... love those around you and encourage them to—to do what's best for them.

01:44:42 Carrie Host And don't be afraid to talk to people about these things.

01:44:43 Ross Host Yeah.

01:44:43 Carrie Host Yeah.

01:44:43 Ross Host That's the message.

01:44:46 Carrie Host Yeah. Don't yell at them and tell them they're dumb. *[Laughs.]*

01:44:48 Ross Host Right. Yeah. It can backfire. Yeah. Do so gently.

01:44:51 Carrie Host Yeah.

01:44:52 Ross Host Only within their comfort level. And make sure that they know that it's coming from a place of love and respect—unconditional love. That will continue even if they completely ignore you.

01:45:02 Carrie Host Yeah. My, uh, best advice for those things is—don't try to change too many things at once.

01:45:07 Ross Host Yeah.

01:45:08 Carrie Host Pick one thing. If it's the—your parent needs to take her medicine? You can still acknowledge, like, yes! Sometimes there are bad doctors. That's right. And yes, I see that it's important to you to feel that you are a critical thinker who doesn't want to be manipulated by anyone. I see that in you. Yep. That's all true. I just think this particular instance, this isn't an example of it and, y'know. Don't try to dig so deep that you're asking them to change their whole paradigm. It's...

01:45:35 Crosstalk Crosstalk **Ross:** Especially—

01:45:37 Ross Host **Carrie:** That doesn't happen all at once.

01:45:41 Carrie Host Right. Right. And it never happens in the span of one conversation.

01:45:42 Ross Host Yeah.

01:45:44 Carrie Host So you gotta play the long game and, uh, play the loving game.

01:45:52 Ross Host Yeah. *[Laughs.]* Exactly. So make love to your aunt. Do it for a long time. I'm Ross Blocher.

01:45:52 Carrie Host Hm.

01:45:55 Ross Host Hm. No? I thought I summarized it right.

01:45:55 Ross Host *[Ross laughs.]*
I don't know about your—

[Carrie laughs.]

—ability to do exact quotation.

[Carrie laughs.]

In this particular episode.

01:46:01 Carrie Host *[Carrie laughs.]*
Well... that's it for our show.

01:46:04	Ross	Host	<i>[Ross laughs.]</i>
01:46:06	Carrie	Host	Our theme music is by Brian Keith Dalton. This episode was edited by Victor Figueroa. Thank you, hero, Victor Figueroa.
01:46:11	Ross	Host	<i>[Ross laughs.]</i>
01:46:15	Carrie	Host	You can support us at MaximumFun.org/donate! And you could follow us on social media! You can go to Twitter and find us @OhNoPodcast or Facebook at Facebook.com/ONRAC!
01:46:22	Ross	Host	What a great idea!
01:46:23	Carrie	Host	Thank you!
01:46:24	Ross	Host	You can also really support us by leaving a positive review! Uh, so if you haven't gone on iTunes or Spotify or Stitcher or wherever it is you get this podcast? And just leave, y'know, maybe just a five-star review. We love five-star reviews.
01:46:38	Carrie	Host	Oh, they're so good.
01:46:40	Ross	Host	Or write some way that the podcast has made your day happier. Or helped you have a conversation with a loved one. Or...
01:46:47	Carrie	Host	Yeah.
01:46:49	Ross	Host	Made you laugh on the subway and everybody looked at you like you were an idiot.
01:46:52	Carrie	Host	<i>[Laughs.]</i> I like those emails.
01:46:53	Ross	Host	We love those.
01:46:54	Carrie	Host	And remember—
01:46:57	Clip	Clip	Music: Heavy synth, then wobbly vibrato singing.

Speaker 1: "Get right behind her."

[Wobbly singing. Then fades.]

Speaker 1: "Let's see if there's another layer. *[Inaudible.]* You have an ancestral vibe."

[Wobbly singing.]

Speaker 1: "I'm gonna share this with the room. It's high."

[Wobbly singing.]

Speaker 1: "The stream!"

01:48:26	Music	Music	<i>[Wobbly singing. Music fades out.]</i> "Oh No, Ross and Carrie! Theme Song" by Brian Keith Dalton. A jaunty, upbeat instrumental. Continues playing in background as clip continues.
01:48:39	Promo	Clip	Music: Fun, upbeat music plays in the background.

Nnekay FitzClarke: Hey, I'm Nnekay!

James ArthuRoss: And I'm James! And together, were the self-proclaimed Wonder Twins of podcasting, and host... *Minority Korner!*

Nnekay: We tackle subjects like LGBTQ topics! Pop culture!

James: And untold histories of American POCs! Like the true story of escaped-slave-turned-pilot-turned-Navy man in the Civil War-turned Congressman Robert Smalls?

Nnekay: Plus current events from our perspective.

James: Deep dive in movie and TV reviews. You'll also get—

Nnekay: —awesome book recommendations from their neighborhood friendly librarian!

James: Don't forget—my award-winning Jennifer Hudson impressions! [*Deep, growly singing that evokes Louis Armstrong more than Jennifer Hudson*] And I'm telling you!

Nnekay: While never taking ourselves too seriously.

James: Minority Korner—because together—

Nnekay: —we're the majority!

James: Every Friday, here on—

Nnekay and James: —Maximum Fun.

[Music fades out.]

01:49:22	Speaker 1	Guest
01:49:24	Speaker 2	Guest
01:49:25	Speaker 3	Guest
01:49:26	Speaker 4	Guest

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