

00:00:00	Music	Music	“Oh No, Ross and Carrie! Theme Song” by Brian Keith Dalton. A jaunty, upbeat instrumental.
00:00:07	Carrie	Host	Hellooo! Welcome to <i>Oh No, Ross and Carrie!</i> The show where we don’t just <u>report</u> on fringe science, spirituality, and claims of the paranormal—no <i>[makes ts-k-ing noise]</i> , we take part ourselves!
00:00:16	Ross	Host	Yup! When they makes the claims, we show up so you don’t have to. I’m Ross Blocher.
00:00:20	Carrie	Host	And I’m Carrie Poppy! And we are back at the Conscious Life Expoooo!
00:00:23	Ross	Host	Yes!
00:00:24	Carrie	Host	<i>[Cheering]</i> Woo!
00:00:25	Ross	Host	There’s so much stuff going on at the Conscious Life Expo! In Los Angeles! Happens every year! In February! At the LAX Hilton!
00:00:32	Carrie	Host	It has for the last... 18 years? 16 years? 18 years.
00:00:35	Ross	Host	I think this was the 18 th year!
00:00:36	Carrie	Host	18 years. 18 long years.
00:00:38	Ross	Host	Wild.
00:00:39	Carrie	Host	Someone could get born and become an adult in all that time.
00:00:42	Ross	Host	Finally we got to go, and even with the little amount of time we spent there—I say “little.” You spent more time there than I did. We got to see a lot of stuff.
00:00:49	Carrie	Host	Oh. I rarely have this much, just, immersive fun.
00:00:52	Ross	Host	Yeah!
00:00:53	Carrie	Host	It was great.
00:00:54	Ross	Host	So this will have to be our regular thing. Unless they set people out front to identify us and turn us away.
			<i>[Carrie laughs.]</i>
00:00:59	Crosstalk	Crosstalk	Ross: Or they don’t let us by tickets.
			Carrie: Which they shouldn’t! We liked it!
00:01:02	Ross	Host	Yeah!
00:01:03	Carrie	Host	Yeah!
00:01:04	Ross	Host	That’s right! So let’s tell you more about what happened!
00:01:06	Carrie	Host	So if you’re just joining us for the first time, you should go back <u>two</u> episodes to start at the beginning of this investigation.
00:01:11	Ross	Host	If you’re into the whole “chronology” thing.
00:01:13	Carrie	Host	Okay. Well—I’ll tell you a little bit more about some <i>[over-enunciates]</i> booths.
00:01:18	Ross	Host	Please <i>[overenunciates]</i> dooo-ths.
00:01:19	Carrie	Host	Okay! Very good. So yeah. While I was still downstairs on that bottom basement level—
00:01:24	Ross	Host	Yeah. I haven’t been there yet at this point. You were being overwhelmed.
00:01:27	Carrie	Host	Oh my goodness. Yeah. I—
00:01:29	Ross	Host	Yeah. There is nothing “whelming” about this expo.
00:01:31	Carrie	Host	<i>[Through laughter]</i> You’re right.
00:01:33	Crosstalk	Crosstalk	Ross: It’s definitely <u>overwhelming</u> .
			Carrie: It is overwhelming. <i>[Laughs.]</i>
00:01:36	Carrie	Host	I forgot to tell you a little bit more about the water smacker that that guy was selling?
00:01:40	Ross	Host	Oh, yeah! The water smacker. That’s a great title.
00:01:42	Carrie	Host	So... the water smacker cleans up blood plaque, lowers blood pressure—
00:01:47	Ross	Host	Mm-hm.

00:01:48 Carrie Host —rebuilt a drunk’s liver.
00:01:50 Ross Host One drunk?
00:01:51 Carrie Host I guess so.
00:01:52 Ross Host Mm-kay.
00:01:53 Carrie Host Colon cancer cured. I realize the lack of parallelism, but this is how it was written out.
00:01:58 Ross Host Okay. Yeah. There’s no verb agreement or...
00:02:01 Carrie Host Mm-hm.
00:02:02 Ross Host Consistent tense.
00:02:03 Carrie Host Correct. Water weight was lost.

[Ross laughs.]

00:02:07 Ross Host Very passive way to say that, but okay.
00:02:09 Carrie Host Also equally impressive to colon cancer cured, in my opinion.

[Ross laughs.]

00:02:17 Ross Host Skin collagen came back. Fibromyalgia muscle pain gone.
00:02:18 Carrie Host Mm-kay.
00:02:24 Ross Host And blood clot pain gone away. Which—now that I think about it, you should make sure the blood clot’s gone at that point.
00:02:25 Carrie Host Actually gone away.
00:02:26 Ross Host Yeah.
00:02:26 Carrie Ross Host Not just the pain.
00:02:26 Carrie Ross Host Okay. Then there was also Judy Jewett. She was giving readings for conscious women, which you pointed out is better than giving them to unconscious women.

00:02:34 Host *[Through laughter]* Indeed.
00:02:35 Crosstalk Crosstalk **Carrie:** As you’re just gonna get no money out of that.

Ross: It’s not gonna be helpful.
00:02:37 Ross Host Wait. Can I ask about the water slapper? What is it? Is it a device?
00:02:41 Carrie Host It seems like it was just a water purifying thing you ask to your existing water system?
00:02:46 Ross Host Oh, okay. So you plug it in somewhere... between some pipes and...
00:02:49 Crosstalk Crosstalk **Ross:** —it filters things and slaps the water.

Carrie: I think so.
00:02:52 Carrie Host Yeah. This is the exact sort of thing that doesn’t catch my eye and I’m like, oh, yes. That would’ve caught Ross’s eye. And I would’ve been like, good. Ross is on that.
00:02:59 Ross Host Maybe I took a photo of it. I’ll look through later. So, uh, conscious women.
00:03:02 Carrie Host Yes. Judy Jewett. She empowers conscious women to balance their relationships and career. So when I got home I went to her website—or maybe she sent me an email. I think I signed up for her list. And ended up going to her website. And it said she would give you a free reading; a free ten-minute reading. So I clicked on the link for that. Link was broken. Wrote her back, said, oh, just FYI this link’s broken. She said—no problem. Just fill out this form. She sent me a form. It was a .pdf. I like wrote on the .pdf. You know.
00:03:33 Crosstalk Crosstalk **Ross:** Not easy to do, but you can do it.

Carrie: And then sent.

00:03:36 Carrie Host But you can do it. Sent it back. And she's like—I can't open. I can't see it. What did you do? *[Laughs.]*

[Ross laughs.]

00:03:43 Ross Host Just like—you know what?
This is worth the effort!

00:03:44 Carrie Host *[Through laughter]* Just like—I think I'm more conscious than you. I'm just gonna stop.

00:03:47 Ross Host At least that tells you that they're not using hypnosis! If they're helping conscious women.

00:03:52 Carrie Host *[Laughs.]* Touché! Okay! And then there was something called CAP LA? C[] Activation Process?

00:03:59 Ross Host Oh, yeah. That was downstairs. I remember seeing that and I think you sent me a photo of their booth so I didn't stop by there. What were they all about?

00:04:07 Carrie Host They activate your Kundalini. I saw some people doing it. It looked like some people were sitting and some people were standing and the standing people were holding their hands out over the sitting people. And they were doing that for quite. Some. Time.

00:04:20 Ross Host I think that's a common theme with this expo. You walk around the show floor and these various booths and there's very often some sort of one-on-one consultation happening. And it could be any variety. Maybe one person sitting and the other person has their hand, like, waving over their head. Or maybe they've got a pendulum that they're waving over them. Or maybe there's a lighted device held up to the side of their temple. Or they're holding hands and they both have their eyes closed. You know, there's always just these little one-on-ones. Someone signed up to do x. And now it's being performed.

00:04:51 Carrie Host And depending on how long I've been there that day, I do or don't feel an impulse to walk up to the person paying money and be like, *[in confiding tone]* you don't need to do this.

[Ross laughs.]

You really don't. This is—this is so—they're insulting you right now. They're insulting you. And I'm insulted for you.

00:05:07 Ross Host That doesn't happen until pretty late in the game.
[Through laughter] When Carrie starts losing patience and—

00:05:08 Carrie Host Yeah. At the very, very end of my last day I was like—okay, Carrie. It's time for you to go.

[Both laugh.]

Because there was one young woman—this Englishwoman—who was buying a beaded bracelet... that I swear to God should've been \$2. It was, like, so clearly cheaply made. Like, no weight to it. Just clicking against the plastic.

[Ross groans.]

00:05:30 Ross Host Right?
Oh, yeah.

00:05:31 Carrie Host Should've been two bucks. I was listening in on her conversation with the salesman and he was like—let's see. This one is—*[sighs.]* I think it was \$285?

00:05:39 Ross Host Oh no!

00:05:40 Carrie Host And he ran through this very quick spiel where he's like—now just be clear, this doesn't cure, treat or—but it was like this very quick, clipped—

00:05:49 Crosstalk Crosstalk **Carrie:** —and then he—

Ross: Here's my legal disclaimer.

Carrie: Jargon. Yeah.

00:05:52 Carrie Host And then he said, what it does is activate the existing healing power within you. You understand? And she just went along with it. Yeah! I understand. And I just—I was so... just... I wanted to be like—listen! *[Laughs.]*

00:06:04 Ross Host Do I obey the Prime Directive here or do I step in and save this woman much-needed rent money?

00:06:09 Carrie Host Yeah! 'Cause—like, that's just a guy. I'm just a lady! Then she'd at least have to pick!

00:06:14 Ross Host Mm-hm.

00:06:15 Carrie Host *[Sighs.]* Anyway. Okay. *[Deep breath]* Who else was down there—

[Ross laughs.]

00:06:20 Carrie Host On the bottom floor?
There was David Young. Now, this is the only thing I regret not buying there.

00:06:25 Ross Host Oh!

00:06:26 Carrie Host That I should've bought this. David Young channels—oh, you know what? Let's leave this blank for a second.

00:06:32 Ross Host Okay.

00:06:33 Carrie Host David Young channels... someone. And he wrote a book about it where he writes out all of the messages he gets from this person.

00:06:42 Crosstalk Crosstalk **Carrie:** The book is—the book is pretty thick.

00:06:44 Ross Host **Ross:** Okay. I'm gonna—I'm gonna guess it's an ancient dolphin. That's just—

[Carrie laughs.]

00:06:47 Carrie Host That's what I'm putting out there.

00:06:49 Ross Host Um, close. No, not close at all.

00:06:50 Carrie Host An ancient purple dol—awwww.

00:06:52 Ross Host It is a human.

00:06:54 Carrie Host Mm-kay. Typical.

00:06:55 Crosstalk Crosstalk Let's see. I'm gonna try to narrow it down for you—**Carrie:** —so you really can guess. No. It's a—it's a confirmed real human.

Ross: An Atlantean? Lemurians? Ancient, though.

00:06:59 Ross Host Oh! Okay.

00:07:01 Carrie Host Alive in the last, let's say, 200 years.

00:07:04 Ross Host Historical figure. Okay. 200 years, so...

00:07:08 Carrie Host Male. Okay. That's all you get.

00:07:09 Ross Host Okay. So would've lived in the—maybe—late 1700s/early 1800s. So maybe a Revolutionary figure?

00:07:17 Carrie Host I mean, well, the last 200 years. I'm not saying 200 years ago.

00:07:20 Ross Host Oh! Oh, I see. Okay. But within the last—okay. Was this person prominent in America?

00:07:24 Carrie Host Mm-hm!

00:07:26 Ross Host Okay. It's a male. Harry Houdini.

00:07:28 Carrie Host Oh! That's a good one. George Harrison.

00:07:31 Ross Host Oh! Okay!

00:07:33 Carrie Host So...

00:07:33 Ross Host The Beatle!

00:07:34 Carrie Host Yep. The Beatle. So David Young channels George Harrison. Gets many messages from him. And if you open his book, *Channeling Harrison*—I was like, what does George Harrison have to say? Almost every single one was just George Harrison analyzing a Beatles song?

00:07:53 Ross Host Okay. *[Laughs.]* And giving you the meaning of “While My Guitar Gently Weeps”?

00:07:57 Carrie Host Right.

00:07:58 Ross Host Okay. I feel like I would've come up to him and tried to have some fun asking about William Henry Harrison. Like, he had a very short tenure as the president!

00:08:07 Carrie Host *[Carrie laughs.]*
'Cause he insisted on doing that parade!

00:08:08 Crosstalk Crosstalk **Carrie:** And then got sick!

00:08:10 Ross Host **Ross:** No, it's not— *[Laughs.]*
It's not William Henry. Oh! Is it Benjamin Harrison, then? Oh, my mistake!

00:08:15 Carrie Host *[Carrie laughs.]*

Interesting.
The Harrison Ford? Yeah. So then he also had... a book... called *The True Story of Jesus and His Wife, Mary Magdalena*. I think you would've really liked this one. The subtitle was: *Their Untold Truth through Art and Evidential Channeling*. And then by David Young. And under his name it said, this book is not about religion and I am not a Christian.

00:08:38 Ross Host It would be fun to kind of, uh, compare and contrast his account with the one written by Doug Batchelor? That I read—

00:08:44 Carrie Host Ohhh! Yeah, okay.

00:08:45 Ross Host During the, uh, amazing facts investigation. 'Cause he also treated it like he had had this vision of Mary Magdalene's life.

00:08:52 Carrie Host Oh, wow!

00:08:54 Ross Host Which I took scriptural exception to. So it would be fun, like, both of them having equal claim to the knowledge of the correct happening there.

00:09:02 Carrie Host Wow! I didn't even remember that Doug Batchelor was, like... sort of portraying himself as a prophet that way. But yeah, I think you would've really liked this book. It was very densely illustrated. Very pretty. And I opened to a random page and it mentioned Parmahansa Yogananda?

00:09:16 Ross Host Ohh!

00:09:17 Carrie Host Yeah. I know. So—

00:09:18	Ross	Host	So you're saying you wish you had bought <u>that</u> .
00:09:19	Carrie	Host	No. I wish I had bought the George Harrison one. But I think <u>you</u> woulda liked that one.
00:09:24	Ross	Host	Yeah? Sounds <u>very</u> interesting.
00:09:27	Carrie	Host	You should get that and the water slapper. <i>[Through laughter]</i> Oh yeah! Okay. Then there was this sign that said, uh, go to booth 452—Lay's there! And Lay was described as a psychic woman who is the winner of the award of the Best Psychic of 2005 and the Best Pet Psychic of 2007 from the Houston Press. I just want to know what happened in 2006.
00:09:50	Ross	Host	That was a rough year for Lay.
00:09:52	Carrie	Host	Yeah. Really dropped the ball in 2006.
			<i>[Ross laughs.]</i>
			Um, then I saw a guy who had a Bernie Sanders sticker on his back? And a Tulsi Gabbard pin on his head.
00:10:04	Ross	Host	I'm getting mixed messages.
00:10:05	Carrie	Host	Yeah. Who—who are you? What—what are your things? Talk to me. But I didn't talk to him.
00:10:10	Ross	Host	My, uh, trial doctor the other day was saying that he liked Tulsi Gabbard and he wasn't sure why she wasn't doing so well.
00:10:15	Carrie	Host	Oh!
00:10:16	Ross	Host	And then he paused and he said, I guess I know why.
			<i>[Both laugh.]</i>
00:10:22	Carrie	Host	So then my next thing was a talk. What were you up to at this point?
00:10:25	Ross	Host	So I was still upstairs seeing how much I could do without getting my wristband just yet. I wasn't purposefully testing the system. Just—there was so much and no one was really stopping me except that one lady who said, like, "Don't walk down this hallway! Where's your wristband?" So, uh, on the <u>other</u> side of where I had seen <i>[deep voice]</i> Jimmy Church <i>[regular voice]</i> and Michael Lees and some of these other booths, up on the second floor—on the other side they had—it seemed like there was almost a sub-conference just for Spanish speakers.
00:10:54	Carrie	Host	Mm-hm!
00:10:55	Ross	Host	And there were, uh, Mayan astrology readings. Uh, which was interesting 'cause they had this sign and it had affixed to it this, like, angel's wings? Sometimes you see them sort of built with white feathers but this one was built with maybe crow's feathers or something like that? It was pretty cool. And I noticed there was a sign attached to it that was talking about how they had ceremonies that used cacao, rappe—
00:11:19	Carrie	Host	Oh, okay.
00:11:21	Ross	Host	But they didn't spell it the way it's spelled.
00:11:23	Carrie	Host	Uh-oh!
00:11:24	Ross	Host	I double-checked this. You know. Rapé with an accent over the e. They put two p's, I think, just—just to clarify so people aren't—what is <u>this</u> in your ceremonies?!
00:11:33	Carrie	Host	So "rapé" is the stuff that we both tried at Rhythmia—
00:11:36	Crosstalk	Crosstalk	Ross: Oh, that's right.
			Carrie: —in 2018.
00:11:38	Ross	Host	I'm just assuming people remember that from so long ago.

00:11:41 Carrie Host It's something akin to tobacco? But not tobacco. Maybe partly tobacco. Anyway. They blow it up your nose and you're high for, like, five minutes tops. And it hurts your head super bad. But is very holy somehow.

00:11:55 Ross Host There was a... booth called "Healing for this Century"? That was just particularly interesting. They had two beds laid out with people lying on them in opposite directions, covered up in a blanket. Each one was being ministered to by one of the practitioners. And it very much looked like Reiki energy healing, People would be kind of running their hands just above peoples' bodies as if they were playing them like a theremin. And—

[Carrie laughs.]

—the far station, uh, had this rack. That had a bunch of crystals hanging down from it?

00:12:30 Carrie Host Okay.

00:12:31 Ross Host And they were, uh, lit from above.

00:12:33 Carrie Host Ah! Okay.

00:12:34 Crosstalk Crosstalk **Carrie:** I've seen this setup.

00:12:35 Ross Host **Ross:** With, I assume— LEDs of different colors so, y'know, they're activating the kundalini—you know, it just looked very, well, pseudoscientific! You had this kind of scientific-looking apparatus, but... you know, colored crystals. And there was a—a woman—I don't know. Fiddling with that machine and also using a pendulum that she was waving over the person. So it looked pretty fantastic and uh—

00:12:55 Carrie Host I'm sure they got a lot done.

00:12:55 Ross Host *[Laughs.]* Right. I couldn't see what the cost of that was. I'd be curious to know.

00:13:00 Carrie Host Was this still within the Spanish-speaking area?

00:13:03 Ross Host Hold on, I wanna look at their website. Oh, sure enough! HealingForThisCentury.com—Reiki energy healing, training, and healing services. Oh! The next class is on October 26, 2019!

00:13:16 Crosstalk Crosstalk **Carrie:** Oh! Okay! Great! Oh, we'll do that right after—

00:13:19 Carrie Host **Ross:** Let's go!

00:13:20 Ross Host —our time-traveling class. *[Laughs.]*

[Through laughter] Exactly. What do we want? When do we want it? That's irrelevant!

[Carrie laughs.]

00:13:29 Carrie Host Oh, their Reiki level one training workshop is \$350!

00:13:31 Ross Host Reiki level one, \$350?

00:13:33 Carrie Host You already have reiki training.

00:13:34 Ross Host Yeah. No big deal. *[Clears throat.]*

But for me, maybe I'll need to do that. Anyway. So I saw a bunch of fun displays there. And eventually I decided, okay! Time to actually get my... wristband. So I went downstairs, stood in the little line. And there's many ways that you can upgrade and buy extra workshops. But—I'm just picking up my badge. Thank you very much.

00:13:54 Carrie Host You're welcome!

00:13:55 Ross Host So then I made my way over to the show floor! And I think you'd already told me, like, "It's a madhouse down here!"

[Carrie laughs.]

[Through laughter] "I'm overwhelmed! I don't even know what's going on, there's so much!" So I wanted to see this! So I just passed that setup booth. The first thing I saw was the Starfire Water booth and it didn't really register with me that behind it, there was this giant sign—and people pointed this out when I posted the photo—

00:14:20 Carrie Host Mm-hm.

00:14:20 Ross Host Of the Starfire booth. People said, whoa, whoa, whoa. What's this Yoniverse thing? Behind their heads? Does "yoni" mean what I think it means?

00:14:29 Carrie Host Right. Usually a word for vagina?

00:14:30 Ross Host I had never heard that!

00:14:32 Carrie Host Okay.

00:14:33 Ross Host Somehow we both missed this giant sign—

[Carrie laughs.]

—behind them that said, "Starfire Water." And it's understandable that we'd be distracted because we've told you what those bottles say. And there were pyramids and gold things and all kinds of colorful things, too.

00:14:48 Carrie Host There was caps with sequins on them.

00:14:50 Ross Host Indeed.

00:14:51 Carrie Host Yeah. This is the only environment in which you could miss this sign that's, what, four feet tall by eight feet wide that says "Yoniverse"?

00:14:59 Ross Host *[Through laughter]* Yeah. Starfire Water on the start, Yoniverse on the bottom. So here! I'll read this, uh, as best I can from this photo.

"I'm only asking you to come into my home with respect. To serve you, I do not need your devotion—"

00:15:11 Carrie Host Wow.

00:15:12 Ross Host "But your sincerity, nor your beliefs, but your thirst for knowledge. Enter with your vices; your fears; and your hatreds from the greatest to the smallest, I can help you dissolve them. You can look at me and love me as a female; as a mother; as a daughter; as a sister; as a friend."

00:15:31 Carrie Host Now this company is owned by a man, right?

00:15:34 Ross Host Yep. "But never look at me as an authority above yourself. If your devotion to any... is greater than your devotion to the... within you, you offend both of them and offend the One."

00:15:50 Carrie Host Okay.

00:15:51 Ross Host That makes a lot of sense, huh?

00:15:53 Carrie Host Yeah, yeah, yeah. That changed my life.

00:15:54 Ross Host Yeah! So—

00:15:55 Carrie Host The ellipsis within me—

[Ross laughs.]

00:15:58 Crosstalk Crosstalk **Carrie:** —is better than other things.

Ross: That's a really bad quote pull.

00:16:01 Ross Host Especially if you're gonna pay, y'know, that's, uh, probably a couple hundred dollars to print out this giant, full-color sign. You think you'd want it to make sense.

00:16:09 Carrie Host Yeah. That's much more gobbledygook than "Service is the jewel and the rock of attainment."

00:16:14 Ross Host *[Laughs.]* Indeed. So apparently the Yoniverse was created by Elise and Bonnie?

[Carrie laughs.]

00:16:21 Carrie Host The co-creators of the Yoniverse?
Okay.

00:16:22 Ross Host So, uh, I guess they've just somehow teamed up with the water company? I don't know.

00:16:27 Carrie Host I love that the universe was created by, like, Yahweh. God. The Yoniverse was created by Bonnie.

00:16:34 Ross Host But hey! We're all about people having enjoyable sex lives. So.

00:16:36 Crosstalk Crosstalk **Carrie:** Sure. I'm not—

00:16:38 Carrie Host **Ross:** Good on you.
I want you never to have sex. *[Threatening whisper]* Never.

00:16:42 Ross Host So that was one of my first booths that I stopped by. The next thing I saw was the Taopatch. T-A-O and "patch." All one word, crammed together. This looked very... well, intriguing to me.

00:16:55 Carrie Host Okay. I'm listening.

00:16:57 Ross Host So they had the stand-up board in the back that had the sign with a dramatic picture of someone doing, y'know, some extreme stretching balancing exercise. And it says: Nanotechnology! Plus light therapy! Plus acupuncture! Taopatch converts body heat into light—which it sends into specific acupuncture points with immediate health benefits.

00:17:16 Carrie Host Okay. Wait. Sorry. Okay. Body heat into... light.

00:17:21 Ross Host Yes.

00:17:22 Carrie Host I would notice that happening, but okay. Back into acupressure points—

00:17:27 Ross Host Mm-hm.

00:17:27 Carrie Host That do what?

00:17:29 Ross Host That have immediate health benefits.

00:17:31 Carrie Host Okay!

00:17:32 Ross Host Okay.

00:17:33 Carrie Host That seems easy to test. Just, like... put it by your body heat and see if it lights up!

00:17:37 Ross Host First bullet point proven by several double-blind studies.

00:17:40 Carrie Host Oh shit! Great!

00:17:42 Ross Host Yeah. Yeah. So, uh, I was definitely intrigued. I'd seen "double-blind," I'd seen "acupressure"—a lot going on here. They had little diagrams of the body where, y'know, half the body is skeleton, half of it is musculature. Hey, wow! They know things about the body! They've got these pictures up! I stopped by to ask what was going on? Guy named Dimitri came over to help me out and he told me yeah, sure enough, this is a nanodevice! And he said it's a piece of plastic—

00:18:06 Carrie Host That means 'small.'

00:18:07 Ross Host But it has nanocrystals.

00:18:09 Carrie Host Oh, shit. So like—table salt? Or—

00:18:13 Ross Host *[Laughs.]* I guess so. Just very tiny—

00:18:15 Carrie Host Very tiny crystals.

00:18:16 Ross Host Crystals etched into the plastic?

00:18:17 Carrie Host Okay.

00:18:18 Ross Host Embedded? I don't know.

00:18:19 Carrie Host I might have, like, a plastic fork with these properties

00:18:22 Ross Host Mm-hm. Indeed. And he explained just as the sign did that they would attach this to important parts of the body and you could put 'em in multiple places, these various acupressure points. And it looks like you buy it as a set that comes with a lot of these little plastic devices.

00:18:38 Carrie Host Okay.

00:18:38 Ross Host They don't self-adhere, or at least the ones that he was using he was putting on me with kind of medical tape.

00:18:39 Crosstalk Crosstalk **Carrie:** Huh! Oh, okay.

00:18:47 Ross Host **Ross:** Like a see-through tape.

00:18:52 Carrie Host Yeah, which seemed like a lot of work to cut off tape and adhere each of these nanodevices.

00:18:53 Ross Host So was he doing it on you?

00:18:55 Carrie Host Yeah! He—

00:18:56 Ross Host Ooooh!

00:18:57 Carrie Host He asked if I wanted to try 'em, I said yeah, let's do it!

00:18:58 Ross Host Yeah!

00:19:01 Carrie Host So he put one right at the base of my neck, essentially.

00:19:03 Ross Host Place you'd hate to be poked?

00:19:07 Carrie Host Yeah. That'd be a bad place to be poked. Never thought of that. Now that you say it.

00:19:08 Ross Host Don't get poked there.

00:19:09 Carrie Host Don't poke me there.

00:19:10 Ross Host Don't do it.

00:19:12 Carrie Host He put the second one on the back of my neck—

00:19:13 Ross Host Gotta complete the circuit.

00:19:41 Carrie Host Kind of a little higher, right? And he said CV-17—I had to look that up. But that's an acupuncture point between the nipples. So I'm guessing he was just mentioning that as another place where they put them while he was putting it on my neck? Because that's not where he was putting that. So either he was confused or I was confused. And more likely I was confused at that point. The idea was to align them with meridians. Chakra points. Yeah. So the idea is that it captures your body heat.

00:19:42 Ross Host Okay.

00:19:53 Carrie Host And then it converts it into light. And he said they glow in the dark. I did not get an opportunity to test that. Probably put a little bit of, y'know, luminescent paint on it and people go, wow, look at that!

00:19:54 Ross Host Perhaps. Perhaps.

00:19:56 Carrie Host Perhaps.

00:19:57 Ross Host Oh, we should get some! Are these for sale on the internet?

00:19:59 Carrie Host *[Through laughter]* Yes, they are! So—

00:20:00 Ross Host Uh-oh.

00:20:03 Carrie Host Yeah. I'll tell you how much they cost in just a bit.

00:20:04 Ross Host Okay. *[Laughs.]*

00:20:11 Carrie Host So you may wonder—how does this work? They activate the central nervous system and that alerts your proprietors. And I—

00:20:12 Ross Host I'm sorry?

00:20:12 Ross Host That's what the website says and I'm pretty sure that's what he said. So...

00:20:15 Carrie Host So I'm an LLC.
00:20:17 Ross Host Right. So I said—oh, like your proprioception? Knowing where your—your limbs are? And he said exactly! It gives you greater strength.

00:20:25 Carrie Host Oh.
00:20:26 Ross Host Greater balance. So this is kind of your typical...
00:20:28 Carrie Host Okay.
00:20:29 Ross Host Claim that you get around some other holodevices and... magnet copper-based devices that we've seen that it kind of immediately improves your... athletic performance. Your balance. Your—Your endurance. These are the kind of claims they were making.

00:20:45 Carrie Host Okay.
00:20:45 Ross Host So he also said that Manchester United? The, uh, the soccer team? Or football team. Uses it. And he said we're not allowed to say that in public, but.

[Carrie laughs.]

There ya go.

[Carrie laughs.]

00:20:57 Crosstalk Crosstalk **Ross:** He said it. He said it, Manchester United. He told me.

00:21:03 Carrie Host **Carrie:** You just did. You just did.
I bet there's a good reason he's not supposed to say that in public.

00:21:06 Ross Host *[Ross laughs.]*
Right. The Manchester United might tell a different story! There were different ones on the table. Different colored boxes. And—I don't know. They look like cold medications, if I was just glancing at the boxes. But you have your standard Taopatch that's, like, a start kit. And that's got the orange picture on the side. And then there's an emotion Taopatch?

00:21:26 Carrie Host Okay.
00:21:28 Ross Host The one looks like a nighttime medication but that's the sport Taopatch.

00:21:32 Carrie Host Can I see a pic?
00:21:33 Ross Host Yes, you may!
00:21:34 Carrie Host Oh! Oh wow. Yeah. That—those look like pharmaceuticals.
00:21:39 Ross Host And finally the pro Taopatch. So I was like, whoa. What makes that one pro? And he said, oh, that one has three layers. Three layers of nanocrystals, I presume. And I said oh, is that one like three times as effective? He said, oh, probably even more.

00:21:54 Crosstalk Crosstalk **Ross:** It covers—

00:21:55 Ross Host **Carrie:** Exponential!
00:21:57 Carrie Host It covers like a greater frequency.
00:21:59 Ross Host Oh my gosh. That's important.
00:22:01 Carrie Host Greater frequency, Carrie!
00:22:03 Ross Host And then you really feel your body in space and time.
00:22:05 Ross Host Mm-hm.
00:22:05 Carrie Host Mm-hm.
00:22:05 Ross Host He—absolutely. So why was he taping these to me? Well he had a little test—

00:22:10 Crosstalk Crosstalk **Ross:** —to show me—

00:22:12 Ross Host **Carrie:** because you stopped.
[Laughs.] Well, yes. That—that first. And he wanted to test me. I had seen them doing this test on other people, which is probably why I stopped at the booth. But they had a particularly interesting device for it. So they wanted me to stand on one foot—

00:22:27 Carrie Host Oh! Yep!

00:22:28 Ross Host And put my arms out to—to the side in a T pose. And they were going to do some...

00:22:32 Crosstalk Crosstalk **Carrie and Ross:** —applied kinesiology!

00:22:36 Ross Host They didn't call it that, but we have seen that before. We have talked about it on the show. The Contact in the Desert investigation; at a reflexology investigation.

00:22:43 Carrie Host Yeah.

00:22:43 Crosstalk Crosstalk **Ross:** Probably elsewhere.

Carrie: Probably more things.

[Ross laughs.]

00:22:45 Carrie Host But all you need to know is, it's an easy trick to do to convince someone that they're receiving a treatment when they're not.

00:22:52 Ross Host And it's also a little bit of a red flag. Lets you know—oh. They're aware of what they're doing. Because its' something that you consciously have to manipulate.

00:23:01 Carrie Host Yeah. You have to know the trick and do it.

00:23:03 Ross Host So this is interesting. There was this device that had a rotary face that looked like a watch face or something with a hand. And that hand would move as you held onto a little bar attached to the top of it? So you could pull down on one side and then it would measure the amount of force being applied.

00:23:22 Carrie Host Okay.

00:23:23 Ross Host On you.

00:23:24 Carrie Host So it's like the 50-cent machines where you, like, you grip something and then it's like, you're red hot!

00:23:28 Ross Host Yeah! Exactly. And so what you do is you hold on to this device and then the guy comes next to you and he says, okay. I'm gonna pull down really hard and it'll give you, like, a pound measurement. Oh, look! I applied 50 pounds and that knocked you off balance! Then he gives me the nanodevice. Tapes it to me. Pulls down again—oh, look! 80—you're maxed out! See, you're still standing!

[Carrie laughs.]

So the trick is—if you pull down at ever-so-slightly away from one's—

00:23:58 Crosstalk Crosstalk **Ross:** —core balance—yeah.

Carrie: Center of gravity.

00:24:00 Ross Host That will just throw you off no matter how massive or muscly you are. It's just a simple physics thing. You can't really stay standing. So they do that the first time to throw you off your balance and then the second time they pull more directly down. Ever so slightly different. And that way you can stand sturdy as a rock. So he did it to my other side—wow, look at that! Isn't that amazing? Boy that's something. Uh, so—

00:24:24 Carrie Host You know what I've never thought to do? I don't know if I'd have the guts, but maybe. Is be like—cool! Can I try doing it on you?

00:24:30 Ross Host *[Ross laughs.]*
That would be fun. If someone dared me, I'd do it. So. We'll have to dare each other or something.

00:24:35 Carrie Host Yeah. I'll have to think about how that should play out, each step, but I'd do it.

00:24:37 Ross Host Just to see, uh, what evasion comes?

00:24:39 Carrie Host *[Carrie laughs.]*
Mm-hm!

00:24:40 Ross Host Yeah. So they told me about these double-blind studies and I went to the website and—much like we've discussed recently—most of those studies were for something unrelated. You know. Talking about how with nanotechnology devices, you can... make positive changes to somebody's performance. Y'know. Okay. Well, we're talking about something different. But there was one that was specifically about this device. It mentioned Taopatch. And it was in Italian. But I did enough translation to see that it was about, uh, someone doing, like, a dentist, uh, just operating on someone's teeth? And when they wore the Taopatch, they felt slightly less pain after.

00:25:23 Carrie Host Aw.

00:25:23 Ross Host The oral procedure.

00:25:24 Carrie Host That doesn't sound even single-blinded.

00:25:28 Ross Host *[Ross laughs.]*
I would take that one with a grain of nanocrystal.

00:25:30 Carrie Host Mm-hm. Mm-hm. *[Laughs.]*

00:25:33 Ross Host Uh, so.

00:25:34 Carrie Host So precious.

00:25:35 Ross Host So, Carrie. How much do you think you could get one of these amazing boxes of Taopatches for?

00:25:40 Carrie Host How many are in it?

00:25:41 Ross Host That's a good question. They had a—uh—like, a plugged-in USB box that had a grid of... 20 of them in there.

00:25:50 Carrie Host Wait—why do you have to plug 'em in?

00:25:52 Ross Host Well, just 'cause they wanted their box to glow with a cool purple glow.

00:25:55 Carrie Host *[Laughs.]* Oh, I see. Okay.

00:25:56 Ross Host I don't think the normal ones you get. So I'm guessing there's like 20 in there. And they're supposed to last for... two years. And then he told me, actually, they last 2.5 years? But we tell everyone to change 'em after two years.

00:26:08 Carrie Host Just to be safe.

00:26:09 Ross Host Mm-hm. *[Laughs.]* How much would you pay for that?

00:26:11 Carrie Host How much would you pay for that? I would pay... \$80.

00:26:15 Ross Host Oh! Okay. Normally? \$235—

00:26:19 Carrie Host Ooh! Okay. But for me—

00:26:20 Ross Host At the conference—

00:26:21 Carrie Host Uh-huh?

00:26:22 Ross Host Only \$199.

00:26:23 Carrie Host Oh, shit!

00:26:24 Ross Host So I said—

00:26:25 Carrie Host Still way too much.

00:26:26 Ross Host Well, thank you, Dimitri. Uh, let me think about that!

[Carrie laughs.]

I thought about it and I wandered away and I just kept wandering away.

00:26:34 Carrie Host *[Carrie laughs.]*
You know, I don't think I got to tell you in our first episode that I also received applied kinesiology from our friend with the X-39? I think that's what they're called? The patch that completes the circuit—

[Ross laughs.]

00:26:46 Ross Host —which was shorted?
00:26:48 Carrie Host Okay. Yeah.
00:26:49 Ross Host Yeah. She also gave me applied kinesiology.
00:26:49 Carrie Host Cool!
Then to, like, demonstrate how it worked she did the whole—think of something stressful. Okay. Now think of something nice. And when I thought of something stressful she could pull me down really easily.

00:27:00 Crosstalk Crosstalk **Ross:** Mm. Mm-hm. Oh!

00:27:01 Carrie Host **Carrie:** Think of something nice—
—I would stand still. So I just flipped it. This is always been test, like, okay, I'll just flip it. Every time you tell me to think of something bad I'll think of my dog.

00:27:08 Ross Host Right. *[Laughs.]*
00:27:10 Carrie Host Or something good, I'll think of Trump. You know.
00:27:12 Ross Host Oh wow. It's still doing exactly—
00:27:13 Crosstalk Crosstalk **Carrie and Ross:** What you—

Carrie: —think.

Ross: —thought it would do.

[Both laugh.]

00:27:16 Ross Host So I think it's time to unveil my big plan for next year. I was telling Carrie—I would love for us to buy a booth at this conference and maybe we do, like, applied kinesiology tests and then we explain how they're done? Or we just—

00:27:29 Carrie Host No, yeah, yeah!

00:27:30 Ross Host We put up an ad for our podcast or we just explain a bunch of things.

00:27:33 Carrie Host Maybe, I guess, we'll see during MaxFun Drive *[high-pitched, hinting voice]* if, uh, this becomes some sort of a goal that people could go toward! I don't know. Our booth's sashaying from side to side like people with a secret, even though we just said the secret!

[Both laugh.]

00:27:50 Ross Host Hoo boy!
Stay tuned for MaxFun Drive! That's very—I like where your head's at. So my next stop was at a booth that was right next to the entrance to the show floor. That was very arresting. It definitely catches your attention. Because—well, first of all, it's called Eye Pyramids. And you have—

00:28:08 Carrie Host Ah, yes.
00:28:09 Ross Host —three chairs under a pyramid and a woman dressed as—I would presume, Cleopatra—some sort of Egyptian royalty. And she’s got this giant gold headdress and she’s a beautiful woman. And she’s talking to other people and they are sitting under this capstone at the top of this kind of gold pyramid. It’s just the, uh, struts. That are creating the shape of the pyramid.

00:28:34 Crosstalk Crosstalk **Ross:** That are gold. It’s not—

00:28:35 Ross Host **Carrie:** Mm. No walls?
Yeah. Exactly. But at the top there’s this capstone that is, uh, lit with an LED light that’s changing colors all the time.

00:28:43 Carrie Host Ooh, that’s important.
00:28:44 Ross Host So you can’t not stop there.
00:28:46 Carrie Host No, no, no.
00:28:47 Ross Host And just gawk.
00:28:48 Carrie Host I know that Eye Pyramids is the same company that made the pyramid I was telling you about that sends the sound into the pyramid and then only the pyramid hears it. Then it heals you with its pendulum?

00:28:58 Ross Host Yeah, Yeah!
00:28:59 Carrie Host Yeah.
00:28:59 Ross Host Oh, was that the same one then?
00:29:00 Carrie Host I think you went to a different part of the booth and probably saw something different. But I think it’s the same company.

00:29:05 Ross Host Gotcha. Okay. So that was the very large pyramid. But then they had various assorted pyramids around. And I stopped at the booth that seemed to be part of this whole display. And there you could buy—this reminded me a lot of that chemtrail couple that was selling the chemtrail absorbers-slash-disruptors?

00:29:23 Carrie Host Uh, at, uh, Contact in the Desert?
00:29:26 Ross Host Yes.
00:29:26 Carrie Host Yes!
00:29:27 Crosstalk Crosstalk **Ross:** They were making—very good, yes.

00:29:30 Ross Host **Carrie:** Orgon Energy Pyramid. Things.
And they were making those out of kind of cast resin that had spirals made of copper inside of them or whatever the material was. And it—they were very pretty. And this was very similar, where they had a bunch of pyramids that were made out of this material and you had swirls of metal and crystal and floating glitter inside of them. They looked really cool! And they also had a number of Taurus shapes. We’ve learned about the importance of the Taurus from our *Thrive* video that we watched and did our commentary track on.

00:30:00 Carrie Host The worst movie.

00:30:02 Ross Host *[Ross laughs.]*
The worst movie. But there was a guy sitting right behind there and, y’know, when you see a guy at a booth you have to stop and talk to him a little bit.

00:30:10 Carrie Host *[Carrie laughs.]*
Or you’re never gonna get out of here!
00:30:11 Ross Host Right. I’m standing there observing his wares. And so he said—oh, yeah, yeah! I—I’m just getting started on this. I didn’t make these

ones, but I did make those ones over there. And so over to the left, there's this collection of... feet.

00:30:25 Carrie Host Oh, you must've been talking to Ossen.

00:30:27 Ross Host Oh, is that his name?

00:30:28 Carrie Host Yep. Mm-hm. Ossen makes those.

00:30:30 Ross Host Oh, nice. Okay. Yeah. And he had, uh, very long, kind of, uh, muttonchops?

00:30:35 Carrie Host Yeah. Ossen Elfchild? Uh-huh.

00:30:37 Ross Host Oh, his last name is Elfchild?

00:30:38 Carrie Host Mm-hm!

00:30:39 Ross Host Oof! I'm glad you talked to him. I did not get that piece of info. But he was, uh, very proud of these foot molds that he'd filled in. These feet have—what is it, one big toe and then—two, three, four, five, six toes total. He's filled them with resin and various colorful odds and ends. Wires that are looped around, etc. So that was fun.

00:31:01 Carrie Host Yeah. They're pretty cool. I asked him how much those were. That I—they were too expensive. They were cool, though. I woulda been tempted if it was, like, \$30?

00:31:09 Ross Host Oh, yeah.

00:31:10 Carrie Host But I think it was like, over \$100.

00:31:12 Ross Host I think you're right, yeah. I think they listed some of that. And yeah, those things are probably really pricey to make!

00:31:17 Carrie Host Yeah?

00:31:18 Ross Host And then there's always a markup.

00:31:19 Carrie Host Is resin expensive?

00:31:21 Ross Host Yeah, I think so. Just to, like, set all of that and get that material. Yeah.

00:31:25 Carrie Host Alright. Fair enough.

00:31:26 Ross Host That's my guess. I could be wrong. Maybe someone will tell us if it's \$5.

00:31:28 Carrie Host Ossen, if you're listening, we wanna hear about the process.

00:31:32 Ross Host Looked pretty fancy to me. So I started making my way along the floor and I went over to the far left wall. And I'll tell you about my encounter there. But, uh, I want to hear what you were up to!

00:31:42 Carrie Host Mmmm. That's, uh, quite a cliffhanger! Okay. Well, I want to tell you what I was up to; but while we're on the subject of feet—

00:31:50 Ross Host Mm-hm. Yes.

00:31:51 Carrie Promo If you have feet, I have a product for you.

00:31:54 Ross Promo Yeah? Even if I have six toes?

00:31:55 Carrie Promo Maybe.

[Ross laughs.]

Probably? I don't know.

00:31:59 Ross Promo Well I have five toes, so.

00:32:00 Carrie Promo Okay. You should be okay.

00:32:01 Ross Promo Alright.

00:32:01 Carrie Promo But there might be room in these! They're a pretty comfortable shoe. We're talking... Rothy's.

00:32:06 Ross Promo Ooh! The stylish, sustainable shoes made for life on the go?

00:32:10 Carrie Promo Exactly. They're carefully crafted from repurposed plastic water bottles. They're chic. They're stylish. They're fully machine-washable. Best of all, they're incredibly comfortable. They have zero break-in, and they have a seamlessly knit design! So they're super comfortable right out of the box. I have a pair. I freaking love them.

00:32:28 Ross Promo Plus, uh, Rothy's always comes with free shipping, free returns, and free exchanges! You'll quickly discover why BuzzFeed called them their "forever shoes."

00:32:37 Carrie Promo Rothy's are available in a wide array of colors and patterns. Yeah. I really, really like my Rothy's shoes. They're green and they have like a starburst design on them? In gold?

00:32:47 Ross Promo Nice.

00:32:48 Carrie Promo Kinda reminds me of Brazil.

00:32:49 Ross Promo I think Cara's Rothy shoes are her, just, go-to shoes!

00:32:53 Carrie Promo Oh, there ya go!

00:32:54 Ross Promo I'd say they're the ones she wears most often.

00:32:55 Carrie Promo Nice. And how many toes we working with there?

00:32:57 Ross Promo Five.

00:32:58 Carrie Promo Okay.

00:32:59 Ross Promo On each foot.

00:33:00 Crosstalk Promo **Carrie:** On each foot. Okay.

Ross: Ten total. Wanna be—

00:33:01 Ross Promo Wanna be clear, here.

00:33:02 Carrie Promo Right. Right. But honestly, they're so comfy. If you had to squeeze in an extra one—I think you could! They're flexible.

00:33:08 Ross Promo So find your perfect pair at Rothys.com/ohno. That's R-O-T-H-Y-S-.com/ohno! But hey—I know you're always on the go. You're walking around in your Rothy's shoes.

00:33:22 Carrie Promo I am.

00:33:23 Ross Promo But we all need a break every now and then.

[Carrie sighs.]

We're busy people.

00:33:27 Carrie Promo Don't even get me started.

00:33:28 Ross Promo We're going to conferences. We're getting things done. We're working multiple jobs. But—

00:33:33 Carrie Promo We're recording this podcast.

00:33:34 Ross Promo But every now and then? Y'know, you just gotta chill. And—

00:33:38 Carrie Promo Yeah! Absolutely.

00:33:38 Ross Promo And why not keep your brain active while you relax?

00:33:42 Carrie Promo I like to keep my brain active while I relax! I like to read. I like to watch something stimulating while I knit.

00:33:48 Ross Promo Yeah! Now—that's interesting. I—we talk about reading a lot on the show and I do find reading, like, one of those activities that is relaxing. To be absorbing information in that way. But you know what? Sometimes if I'm watching a movie or I just wanna sit around in bed and listen to a podcast? I like to play a game called Best Fiends!

00:34:06 Carrie Promo Oh, Best Fiends! I've heard of that.

00:34:07 Ross Promo Yeah! I'm now in *[through laughter]* the 800s of the levels. Which means I've spent a lot of time playing this game.

[Carrie laughs.]

Because oftentimes I've played the level multiple times to get through it. 'Cause it's a—it's a strategy game. It's a little puzzle game with lots of, uh, cute characters that you collect. To help defeat the slugs who are oppressing these cute little characters. But it's okay. The slugs aren't killed. They're just—

[Carrie makes “phew!” noise.]

00:34:31	Carrie	Promo	They're just defeated.
00:34:32	Ross	Promo	Animals were not harmed in the making of this game. No animals are harmed. Even these cartoon ones. Anyway. <i>[Laughs.]</i> It's a lot of fun. And there's all kinds of things to achieve and pursue and complete. You move through this very colorful, exciting world and different parts of it as you, uh, complete the levels and upgrade your characters. It's pretty fun.
00:34:47	Carrie	Promo	Have you played it at all while being a polling volunteer?
00:34:50	Ross	Promo	You know what? I did briefly log in 'cause you—at least then you get the daily credit for logging in.
00:34:55	Carrie	Promo	Ah! Okay.
00:34:56	Crosstalk	Promo	Ross: I did to that while working at the poll.
00:34:58	Carrie	Promo	Carrie: Hot tip, guys!
00:35:00	Ross	Promo	Okay! Thank you for working at the poll.
00:35:01	Carrie	Promo	It didn't take long.
00:35:03	Ross	Promo	And more importantly, thank you for playing Best Fiends. <i>[Through laughter]</i> You're welcome. I'm glad you have your priorities straight. I know I do.
00:35:08	Carrie	Promo	<i>[Carrie laughs.]</i> Best Fiends is a unique and exciting puzzle experience. It doesn't require the internet to play, which is really nice.
00:35:15	Ross	Promo	Yeah. When you're out there and you're like, what am I gonna do? I don't have any bars! Well you do have your Best Fiends with you.
00:35:20	Carrie	Promo	Exactly. It's great for traveling. You can play it anywhere. You can play it on the Subway! When you don't have a connection! But you're taking public transit! Because you're trying to save the goddamn earth!
00:35:28	Ross	Promo	And now I have Epic Fiends. I've got a red one. I've got a purple one. And a green one. I just need to get a yellow and a blue.
00:35:34	Carrie	Promo	Okay!
00:35:35	Ross	Promo	So it's free download. You can get upgrades if you want or you can slowly work up to them. You know. You—you do you.
00:35:41	Carrie	Promo	I will! I absolutely will. And Best Fiends has thousands of levels already. Oh, Ross! It has <u>thousands</u> of levels!
00:35:49	Ross	Promo	<i>[Through laughter]</i> I know. Yeah.
00:35:50	Carrie	Promo	You're gonna be playing this forever!
00:35:51	Ross	Promo	Yeah. Over 2000 levels, so I'm, like, a third of the way there.
00:35:53	Carrie	Promo	Okay. But they're gonna keep adding 'em because they have new levels, events, and characters added every month!
00:35:59	Ross	Promo	Woo-hoo!
00:36:00	Carrie	Promo	It's hours of fun right at your fingertips and you can even play offline.
00:36:04	Ross	Promo	And with over a hundred million downloads and tons of five-star reviews—we know you like those!—Best Fiends is a must-play!
00:36:11	Carrie	Promo	So download Best Fiends free on the Apple App Store or Google Play
00:36:15	Ross	Promo	That's “friends” without the “r”—Best Fiends!
00:36:19	Ross	Host	So what were you doing, Carrie!
00:36:20	Carrie	Host	'K. Well next up for me was a little talk by Susan Whittaker, a woman who was giving a talk on EFM protection and neurological disorders.

00:36:32 Ross Host EFM.
 00:36:33 Carrie Host So we're used to EMF—Electromagnetic Frequency? Field! But yeah. It said EFM protection, so I was like—oh, that's interesting! I wonder if that's any different. It quickly became clear when I got in there that it was a typo.
 00:36:45 Ross Host Oh.
 00:36:46 Carrie Host And here I was at this talk now. But that's okay! *[Laughs.]*
 00:36:48 Ross Host The title of the talk was a typo.
 00:36:49 Carrie Host Yup.
 00:36:50 Ross Host Alright.
 00:36:51 Carrie Host But that's fine! It was still a wild and wonderful talk about the dangers... of EMF. So.

[Ross laughs.]

I was just a tad late. I want to say, like, five minutes into the talk. And *[through laughter]* as I walked in, I was like—oh. Shit. We're already knee-deep. Because she was passing around what I'm about to show you, and she was saying—and the service is \$15 a month and I pull the EMFs and the nanotechnology out of you—I was like, oh, what did I miss?

00:37:21 Ross Host Oh, yeah!
 00:37:21 Carrie Host So something's being passed around. I don't really see it. And she continues to talk. So she says—so you're probably wondering how I got this technology. Well. I was working at Costco. I was selling solar panels. And suddenly I got this download.

00:37:37 Ross Host Oh! Alright! Another download!
 00:37:39 Carrie Host *[Laughs.]* People who've listened to this show many times, you've heard of this before. But the concept is that some greater being in the heavens gives you a message—kind of all at once—and you quote-unquote “download” it into your own brain and spit it out.

00:37:53 Ross Host It could be an alien. It could be God. It could be an owl.
 00:37:56 Carrie Host Exactly. So she got a download. It was 17 pages. She suddenly just felt it arrive in her. She ran and she grabbed a notebook and started writing and it was 17 pages that she wrote down in 30 minutes. And she was like—I couldn't even tell you what it said. 'Cause it wasn't from me! It was a download! I have no idea what it says!

00:38:14 Ross Host Oh, that's like a page every two minutes!
 00:38:15 Carrie Host Yeah! I'd like to read it. So they continue to pass around whatever it is she's handed out, and about now it gets to me. So I'm in the last row and I am passed... these.

00:38:25 Ross Host Okay. Carrie is giving me two small bottles. They look like—hmmm. Maybe something that you would keep... spices in. They've got screw tops here. And it says—Ipothecary supplements. Intentional health solutions. TBD? And then a down arrow like it's a stock that just went down. Rechargeable harmonic energy crystals. Recharge at Ipothecary.com! You can charge them by visiting a website?

00:38:56 Carrie Host Oh.
 00:38:57 Ross Host Oh. Weight loss system. It says it just very tiny.

[Carrie laughs.]

Printed at a 90-degree angle on the end of the label. Okay. What?

[Laughs.]

00:39:04 Crosstalk Crosstalk **Carrie:** So—

00:39:06	Ross	Host	Ross: You—‘cause—
00:39:08	Carrie	Host	You’re obviously not supposed to <u>consume</u> this.
00:39:12	Crosstalk	Crosstalk	You’d think not! Although I think you would lose weight if you ate a bunch of sand. Carrie: ‘Cause you’d get sick for a while.
00:39:14	Ross	Host	Ross: It’s sand with little—
00:39:19	Carrie	Host	—nice pretty polished rocks inside of the sand. But yeah. No. Don’t eat that.
00:39:20	Ross	Host	Nope.
00:39:31	Crosstalk	Crosstalk	There’s one that’s very similar, this other bottle, but it’s got more square edges and it says—TBD^20. Like it’s TBD to the twentieth power. So I see TBD and I think “to be determined.” Carrie: Mm-hm. Me, too.
00:39:33	Ross	Host	Ross: We don’t know what’s in here.
00:39:34	Carrie	Host	Or we haven’t decided yet?
00:39:36	Ross	Host	Kind of. Okay. So.
00:39:37	Carrie	Host	Alright. You can have ‘em back now.
00:39:47	Ross	Host	Thank you. She has passed these around already and I’m the last person to receive them. So I’m just holding onto them and I’m thinking, like, maybe I’ll get lucky and she won’t ask for these back or remember she’s passed the around, because—
00:39:50	Carrie	Host	These are small bottles, too. They’re like, 3 to 4 inches tall.
00:39:55	Crosstalk	Crosstalk	You know I figure—how much is this sand worth? It can’t be that much! So anyway— Carrie: —I’m just holding—
00:39:57	Carrie	Host	Ross: She’s talking about a monthly fee? Right. So I’m just holding onto them. And she explains that she does a service where. You sign up. It’s only \$15 a month. And she does a prayer for you every day that helps remove EMF from your body. And she can do this from anywhere in the world. No matter where you are. She just adds your name to the list and she prays for you.
00:40:20	Ross	Host	Okay.
00:40:21	Carrie	Host	This is super effective. Now, also if you really want to sort of kick up the effects? The protective effects?
00:40:27	Ross	Host	I do.
00:40:27	Carrie	Host	You’re gonna want to get one of her lpothecary supplements!
00:40:31	Ross	Host	Hmm.
00:40:32	Carrie	Host	Which is what I was just showing you! So. The way this works is that she prays into it what it should be. And it can have up to 20, in this case, ‘cause as you mentioned, TBD^20.
00:40:43	Ross	Host	Ah!
00:40:44	Carrie	Host	It can be up to 20 supplements, minerals, vitamins, whatever. So you go to her and you say—every single day I’m taking Omega 3 and I’m taking Turmeric and I’m taking Vitamin D and I’m taking Vitamin A and she just goes—got it, got it, got it. Writes it all down, says stop taking those vitamins.
00:41:01	Ross	Host	No!
00:41:02	Carrie	Host	I’m going to imbue this—
00:41:02	Ross	Host	No!
00:41:04	Carrie	Host	With— <i>[Laughs.]</i> The same powers. <i>[Laughs.]</i>

[Ross groans as though he's in pain.]

00:41:09 Ross Host Ross is covering his face. *[Laughs.]*
You got the acronym wrong in your title. I don't trust you.

00:41:14 Carrie Host *[Carrie laughs.]*
Then you carry this around and it's got all the energy of Vitamin D.
Vitamin A. Whatever.

00:41:21 Ross Host I'm just excited waiting for the part of the story where you get these
two bottles for free.

00:41:24 Carrie Host Oh, that happens! 'Cause you know—

[Ross laughs.]

00:41:29 Ross Host —I'm not gonna pay much for this! Uh—
Carrie's so good at this!

00:41:29 Carrie Host *[Through laughter]* Oh, thank you.

00:41:30 Ross Host Seriously. I need to get better at just tapping you and be, like,
acquire that for me!

[Carrie laughs.]

00:41:39 Carrie Host By whatever means possible! But not by paying for it.
Got it. I'll put it in my hand and see what happens.

[Ross laughs.]

00:41:44 Ross Host So—but I'm—
I feel like I need to clarify. When I send you in to get things for me
for free, that also does not involve stealing.

00:41:49 Carrie Host I mean, I stole these.

00:41:50 Ross Host Did you? *[Laughs.]*

00:41:51 Carrie Host But not intentionally. No, intentional. I thought perhaps I would buy
some. Well, and the story there for a minute. So she's still telling us
about the dangers of EMFs. And she says—now what do you think
has the most EMFs in your whole house? And people are guessing
things.

00:42:08 Ross Host Television!

00:42:10 Carrie Host Okay. Okay. Good guess. Good guess.

00:42:12 Ross Host My wireless router!

00:42:14 Carrie Host Oh, yes—very good, sir. But no, no, no! Anybody else? Anybody
else? The hairdryer! The hairdryer has the most EMF.

00:42:22 Ross Host Is that the correct answer?

00:42:23 Carrie Host I don't know! That's what she said.

00:42:24 Ross Host That's what she said!

[Carrie laughs.]

00:42:26 Carrie Host I did look this up. I tried to figure out if that was true but as soon as
you search "hairdryer EMF" you just get, y'know, websites that are
like—

[Ross laughs.]

00:42:39 Ross Host "Buy our hairdryer that we've lowered the EMFs on for \$900." It's
like, oh, forget it.

00:42:39 Ross Host Oh, goodness.

00:42:40 Carrie Host Yeah. But the second worst is your electric cars. She's telling people not to get electric cars!

00:42:45 Ross Host Aww! Aww!

00:42:46 Carrie Host And she said electric cars are very, very dangerous. You might as well have a dirty electricity motor aimed at your head.

00:42:53 Ross Host A dirty electricity motor—

00:42:55 Crosstalk Crosstalk **Ross and Carrie:** — aimed at your head.

00:42:56 Ross Host Alright.

00:42:58 Carrie Host Now you get it.

00:42:59 Ross Host Mm-kay.

00:42:59 Carrie Host Then of course she says—and what's in this room, probably 30 times over? We all know what she's talking about. Everyone's like—

00:43:06 Crosstalk Crosstalk **Carrie:** Mmm. Holds up their phones. Sorry.

00:43:09 Carrie Host **Ross:** Our cell phones. Yeah. Hmm.
We've been taking pictures of you this whole time. Yes. Sorry.

[Ross laughs.]

And she's like, yeah. You know. You can't even come in my house with a cell phone. Sure, if you did I could clear the EMFs? But also—I just don't want you to text while you're in my house! I want you to actually interact with me! *[Laughs.]*

Okay. That's a really different thing. But thanks for letting us know. *[Laughs.]* About polite etiquette In your home. *[Laughs.]*

00:43:31 Ross Host Sure. Yeah. Note to self, never go to her house.

[Carrie laughs.]

00:43:35 Carrie Host Then she went on a 5G rant.

00:43:37 Crosstalk Crosstalk **Ross:** Mm. Mm-hm.

00:43:39 Carrie Host **Carrie:** She was telling us that—

00:43:41 Ross Host 5G is actually slower than dial-up.

00:43:42 Carrie Host Nope.

00:43:51 Ross Host She's like, they sell you this lie but I tested it! You go to the airport. You go in the 5G, you'll realize how slow it is! The airport where there's like, 3,000 people at a time? *[Laughs.]*

00:43:54 Carrie Host Yeah. And it's almost certain she wasn't actually using 5G.

00:43:55 Ross Host Oh, really?

00:44:02 Carrie Host Rollouts are still in progress and not many phones support it yet, so when 5G is actually rolled out it'll be blazingly fast.

00:44:11 Ross Host Oh, interesting. Okay. Okay. So then she gets into the guts and glue of her talk. You create your reality with thought-forms. Okay? Okay?

00:44:17 Carrie Host Hold on. Oh, shoot! That's one of those things like you say, I'm like, no, no—

[Carrie laughs.]

—you can't get a quick response from me 'cause I'm—I'm thinking. I create...

00:44:19 Ross Host Your reality.

00:44:20 Carrie Host My reality with thoughtforms?

00:44:21 Ross Host Yes.

Well, I—I take exception to that!

00:44:24 Carrie Host *[Carrie laughs.]*
 00:44:25 Ross Host Nope. That is true.
 00:44:26 Carrie Host Alright.
 00:44:36 Ross Host And she said, why do you think it is? That young men are getting
 00:44:36 Carrie Host testicular cancer? Now I'm thinking—'cause that's a young man's
 00:44:37 Ross Host cancer and pretty much always has been?
 00:44:38 Carrie Host Hmm.
 00:44:39 Ross Host No, that's not right.
 00:44:40 Carrie Host No?
 00:44:54 Ross Host It's because of the phones.
 00:44:56 Carrie Host Oh, okay.
 00:45:02 Ross Host But if you use your thoughtforms like she does, you can change
 00:45:04 Carrie Host EMFs to a positive force. So now it's good for you to carry around
 00:45:06 Ross Host your phone. And if you do that it works for five days!
 00:45:07 Carrie Host Oh, okay, well that's convenient!
 00:45:09 Ross Host Yeah! And then she says—as if this is just a footnote—Source says
 00:45:11 Carrie Host that's how long it works.
 00:45:23 Ross Host Source say?
 00:45:24 Carrie Host Source says. Okay. So—
 00:45:37 Ross Host Oh, that's where she got her download.
 00:45:38 Carrie Host Uh-huh. So—
 00:45:48 Ross Host And what were the speeds on that download?
 00:45:50 Carrie Host *[Carrie laughs.]*
 00:45:58 Ross Host Certainly not 5G. That's way too slow.
 00:46:05 Carrie Host *[Ross laughs.]*
 00:46:15 Ross Host So this talk gets more and more, like... uh-ohhh! This lady thinks
 00:46:23 Carrie Host she has a personal access point to the divine.
 00:46:31 Ross Host Mm-hm.
 00:46:38 Carrie Host And not just even in an—in a we all do and I've gotten good at it!
 00:46:46 Ross Host Way. Like, she thinks she has special information on this earth that
 00:46:54 Carrie Host she is, like, an avatar. Of—
 00:47:02 Ross Host *[Ross sighs.]*
 00:47:10 Ross Host —the great beyond. Okay.
 00:47:18 Carrie Host Yep. That's how these things get started.
 00:47:26 Ross Host Yup. So she goes on—I live on the Oregon coast. I live near this big
 00:47:34 Carrie Host electrical plant. And you know what I do around there? I just turn
 00:47:42 Ross Host the EMFs off! Okay. *[Laughs.]*
 00:47:50 Carrie Host That must really annoy the people at the electrical plant!
 00:47:58 Ross Host *[Through laughter]* Yep! So I raise my hand and I say—when you
 00:48:06 Carrie Host say “turned them off,” do you mean, like, “turned them off?”
 00:48:14 Ross Host *[Both laugh.]*
 00:48:22 Ross Host *[Through laughter]* And uh, she's like—well... and I kinda see her,
 00:48:30 Carrie Host like, searching the air, like, putting together what that would mean?
 00:48:38 Ross Host And I was like—'cause I mean, wouldn't they be, like—*[through*
 00:48:46 Carrie Host *laughter]* oh, the power's not working?
 00:48:54 Ross Host *[Ross laughs.]*

00:46:16 Ross Host She's like—
00:46:18 Carrie Host Why won't this generator generate anything?
And she's like, oh, well, no. I mean I don't like physically turn them off. I just turn off the power of the EMF.

00:46:26 Ross Host Mm. Mm-kay.
00:46:27 Carrie Host So there ya go. Um—
00:46:29 Ross Host This is like those cell phone radiation protectors that stop your phone from radiating. Which thereby means that your phone should not operate whatsoever.

00:46:39 Carrie Host Right.
00:46:39 Ross Host At least not as a device that connects with satellites or radio towers. And yet it persists!

00:46:46 Carrie Host *[Carrie laughs.]*
Yeah! What's going on there? So yeah. She just turns them off by making the EMFs positive. And she says that clearing is done by Infinite Source. And she does the same thing in her apartments! You know, there're these smart meters that people have in their apartments and oh, they're so dangerous! They're so full of EMFs! So I just walk by—*[starts snapping]*—and one at a time I turn them off. Off! Off! Off! Off! Off! Off! And I'm thinking like—okay.

00:47:11 Ross Host That's true. That does happen in your mind.

00:47:14 Carrie Host *[Carrie laughs.]*
And inside those apartments are people like, what? The lights!
00:47:17 Ross Host *[Through laughter]* Yeah.
00:47:18 Carrie Host Right? *[Sighs.]* Uh—um—
00:47:20 Ross Host Oh yeah. I feel like this would be a fun one to test. To—like—to—
00:47:23 Crosstalk Crosstalk **Ross:** —y'know, set up an actual protocol—

00:47:25 Ross Host **Carrie:** Oh, definitely.
—and say, okay. Let's set this up so that you can stop this electricity here. Turn this light off. Block this radio signal. Whatever it may be.

00:47:34 Carrie Host And she's be like, that's not what I mean by "off" and we'd be like—alright.

00:47:38 Ross Host Okay.
00:47:38 Carrie Host What do we do now?
00:47:39 Ross Host Yeah. It depends on what "is" is.
00:47:41 Carrie Host Yeah. *[Laughs.]* Then she says—and I'm telling you, when I turn off those EMFs? *[Laughs.]*

00:47:48 Ross Host Carrie's stopping to suppress laughter.
00:47:51 Carrie Host When I turn off those EMFs, raccoons just come to my house in droves. *[Laughs.]*

00:47:57 Ross Host *[Ross laughs.]*
Wow. Okay. Already at this conference we have a baseball *[Through laughter]* magnet and a raccoon magnet!

00:48:04 Carrie Host *[Carrie laughs.]*
Well, why does—
[Through laughter] Because the raccoons know it's an EMF safe space! *[Laughs.]*

00:48:08 Ross Host Raccoons, notoriously, cannot stand EMF.

00:48:12 Carrie Host *[Carrie laughs so hard she snorts.]*
I'm sorry. Um—

[Ross laughs.]

[Through laughter] And then she's like—and that's important. That's important. Because dogs and cats are highly susceptible to EMF. So all of you with dogs and cats, you wanna watch out! And everyone's going *[makes noise of agreement]* Mm, mm. Mm.

00:48:23 Ross Host Why don't they come over? It's just the raccoons?

00:48:26 Carrie Host *[Through laughter]* Yeah! I guess 'cause the raccoons are free.

00:48:28 Ross Host There's always plenty of cats roaming around.

00:48:30 Carrie Host Oh, touché! You're right.

00:48:31 Ross Host More than should be.

00:48:32 Carrie Host And then—okay. She tells us there's lots of EMFs in airplanes. Sure. EMFs split your DNA.

00:48:38 Ross Host Mm-kay.

00:48:39 Carrie Host Mm-kay.

00:48:40 Ross Host Not true.

00:48:41 Carrie Host And then she said—and I see these people putting headphones on children! On children! And I'm thinking like, do anything! Like, hand that kid a cigarette! I mean, putting headphones on a child! The cancer. The brain damage.

00:48:56 Ross Host Oh. Goodness.

00:48:57 Carrie Host *[Makes uncomfortable noises]* Oof. Oof. Oof oo.

00:48:58 Ross Host Yeah. Her—her danger assessment is way off.

00:49:00 Carrie Host Yeah. *[Laughs.]*

00:49:01 Ross Host Did she ever, at any point, mention ionizing radiation or did she talk about—

00:49:05 Carrie Host I don't think so.

00:49:07 Ross Host Okay. 'Cause that seems, of course, to be the missing property here. Is that all of these technologies are tested for their effects on bodies and at the radiation bands that are used for these telecommunications and—and various other signals that are approved by the FCC for use and in all our devices, they are all at bands where they are incapable of stripping electronics or subatomic particles in any way, shape, or form from the atoms that make up us. In other words, that they are non-ionizing radiation. Meaning they can't harm us. The most that they could do is kind of slightly warm us.

00:49:45 Carrie Host Mm.

00:49:46 Ross Host Uh, y'know, by exciting the movement of those atoms. But to actually do radiation damage you need a much higher energy wave than any of these technologies are using. It is physically impossible for her concern to be justified.

00:49:59 Carrie Host I get the fear though. It's weird when you're talking about invisible things. It's hard—it's hard to wrap your head around. And once we found out about germs—that changed the whole game! Y'know?

00:50:08 Ross Host That's true! Yeah! And all of us are right at this moment being interpenetrated by millions of neutrinos and there's nothing we can do about it! They're going right through us and the planet. Yes?

00:50:19 Carrie Host Speak for yourself. I turned 'em off. Bada bing, bada boom.

00:50:22 Ross Host I do not have proper equipment to prove you wrong.

[Carrie laughs.]

00:50:25	Carrie	Host	That is by design! So then someone asked a really good question. I think it was a gentleman. He said—so, like... what do the people who create these things do? 'Cause they're still all around them, too! Great question!
00:50:39	Ross	Host	Great question.
00:50:40	Carrie	Host	So she said— <i>[Laughs.]</i> Oh my god. Yeah. She's like, nodding around, like, check out this loser. Doesn't get it yet. She says—we are the slaves. And you know, Bill Gates lives on an island and Steve Jobs wouldn't let his kids have cell phones.
00:50:59	Ross	Host	Okay.
00:51:00	Carrie	Host	Ross turns to his computer after a moment of contemplation.
00:51:03	Ross	Host	Uh, okay. Bill Gates' house is... <i>[Laughs.]</i> Known as Xanadu 2.0? <i>[Laughs.]</i>
00:51:09	Carrie	Host	Ew.
00:51:10	Ross	Host	<i>[Through laughter]</i> Goodness.
			<i>[Carrie laughs.]</i>
			Alright, Bill. Uh—
00:51:13	Carrie	Host	More like Xana-don't.
00:51:14	Ross	Host	It's— <i>[Laughs.]</i> Very good. Very good.
00:51:17	Carrie	Host	Thank you. Thank you.
00:51:18	Ross	Host	It's on the waterfront, but it is definitely connected to the mainland in Seattle. So.
00:51:23	Carrie	Host	Uh-huh.
00:51:24	Ross	Host	Oh, sorry, what was the other thing? Oh, yeah. Uh, Steve Jobs doesn't let his kids have—oh, there we go. Dinnertime at the Jobs' house was used as an opportunity to have real discussions with his children.
			<i>[Carrie laughs.]</i>
			We don't have cell phone at the table when we're having a meal. We didn't give our kids cell phones until they were 14, and they complained other kids got them earlier.
00:51:43	Carrie	Host	Okay. That's fair.
00:51:44	Ross	Host	Oh, wait. That was Bill Gates.
00:51:45	Carrie	Host	Oh, it was Bill Gates. Okay.
00:51:47	Ross	Host	Mm.
00:51:48	Carrie	Host	He lives on an island, y'know.
00:51:49	Ross	Host	Nope. I don't know that.
00:51:51	Carrie	Host	There's definitely a lot of conflating of this sort of theoretical and social and emotional harms of being glued to a screen. With... actual physical harm of waves coming at your face.
00:52:02	Ross	Host	Yeah, yeah. That's true. Okay, uh, Steve Jobs did say—we limit how much technology our kids use at home and he didn't let his kids use the newly-released iPad.
			<i>[Carrie laughs.]</i>
00:52:13	Carrie	Host	Okay.
00:52:14	Ross	Host	Alright. But yeah. He didn't say, uh, it's because of radiation.
00:52:17	Carrie	Host	Right. Okay. So. So Susan also uses dousing rods to look for harmful EMFs. She takes those out and demonstrates how a dousing rod works, which—I'll let you go back to our dousing episode to understand, but not a good way to look for stuff.
00:52:30	Ross	Host	Mm-hm.

00:52:31 Carrie Host And she's like—now there are EMF-free clothes! And they look beautiful, ladies. You can also get a shungite bracelet. That helps you. It's not as strong as turning the EMFs off but it does have some benefits. But the clearest benefits you can get are from my Clearest Benefits Programs!

00:52:48 Ross Host Oh!

00:52:49 Carrie Host And I can... prove it. At my booth. Which is more than most people can say.

00:52:54 Ross Host Oh!

00:52:56 Carrie Host Yeah.

00:52:57 Ross Host She has proof!

00:52:57 Carrie Host She can prove it.

00:52:58 Ross Host Booth proof!

00:53:00 Carrie Host *[Carrie laughs.]*
Oh, yeah. Okay. So now she gets back to the sand that I'm holding. Right?

00:53:04 Ross Host Mm-hm.

00:53:05 Carrie Host So she gets this sand around the world. It's amazing at blocking EMFs. It actually helps Epstein-Barr patients quite a bit. And it's also great for dentists. So dentists are constantly telling her how great these are. I did not understand the connection? Why a dentist in particular is like—

00:53:25 Ross Host Hmm. Yeah.

00:53:26 Carrie Host I was able to replace my patient's vitamins with this? And dentists, I guess—

00:53:32 Ross Host I don't know. The dentist also helped test the little nanocrystal patch, so.

00:53:36 Carrie Host Oh, okay!

00:53:36 Crosstalk Crosstalk **Ross:** Maybe dentists are—

00:53:38 Ross Host **Carrie:** Maybe it's the same dentist!

00:53:40 Carrie Host *[Through laughter]* There we go. The Italian dentists. Okay. So now she's, like, taking more questions. And you know I got another one. So I raise my hand and I said, okay. So—wow! So much here. So... you're only one person. How can we kind of learn these techniques and bring it to the wider world?

00:53:57 Ross Host Yeah, how do we stop and turn off all these devices?

00:53:59 Carrie Host Yeah! 'Cause it can't be that everyone in the world needs to send you \$15 a month. That can't be the solution. That's... that's in my head. Not out loud. And she said—okay. I was... told by Source... not to tell people. Until I am instructed that it is time. And... there are four people on the planet. Who know this technology. So I raised my hand again. Who are the other three?

00:54:31 Ross Host Yeah! Good question!

00:54:33 Carrie Host *[Both laugh.]*
[Through laughter] She says—I don't know.

00:54:35 Ross Host One of them is Bill Gates.

00:54:38 Carrie Host *[Carrie laughs.]*
She said, I don't know. I haven't met the other three. But I've been told by Source that three more exist.

00:54:46 Ross Host I bet they're all at this conference!

00:54:47 Carrie Host Right! You'd think so. Yeah, it would be fun to just come up to her and be like—*[whispering]* I'm one of the other three.

00:54:53 Ross Host *[Laughs.]* Yeah. I gotta know, uh, was she wearing like a shawl? Did she have long, flowing hair?

00:54:58 Carrie Host Okay. Great Ross questions. Let's see.

00:55:01 Ross Host That's how I'm picturing her. Blonde hair.

00:55:03 Carrie Host Okay.

00:55:04 Ross Host Long. Slightly wavy.

00:55:06 Carrie Host Okay.

00:55:07 Ross Host And she's wearing lighter clothes but she has kind of a patterned—a shawl that's a greenish color. That's how I'm seeing her in my mind.

00:55:13 Carrie Host Does all this stuff really happen in your head?

00:55:15 Ross Host Yeah!

00:55:16 Carrie Host You—you see all that? Man. I don't see anything. Okay. So pretty much the opposite of what you described!

00:55:21 Ross Host Aw.

00:55:21 Carrie Host Short, cropped, reddish hair. Vinyl... jacket-vest?

00:55:26 Ross Host This is definitely *[through laughter]* not what I had in mind.

[Carrie laughs.]

00:55:32 Carrie Host Oh yeah, look at that. Interesting. Okay. Maybe that's the EMF-proof vest?

00:55:34 Ross Host Okay. And she's got glasses. I—

00:55:37 Carrie Host So a white woman.

00:55:38 Ross Host She looks like she's in her... maybe...

00:55:41 Carrie Host Fifties?

00:55:42 Ross Host Yeah. I'd say early fifties.

00:55:43 Carrie Host Yep.

00:55:45 Ross Host Interesting. Yeah. Wearing dark clothing. Dark hair. Okay.

00:55:47 Carrie Host Yep.

00:55:48 Ross Host Thank you!

00:55:49 Carrie Host So now she goes back to her dental ideas. And she says, y'know, EMFs actually interact with mercury fillings. Okay. This is where the dentist comes in! Okay.

00:55:59 Ross Host Ah. I was wondering. Okay, 'cause there's all those stories about amalgam fillings and people getting radio frequencies through their dental implants.

00:56:07 Carrie Host Oh, right. Right. Right. So she says you should get all those removed. This is all just an afterthought at this point. You should get all those removed. All silver fillings have it. Get rid of all silver fillings. And you really need to see the *Smoking Tooth* documentary. And a bunch of people are like—mmmmm.

00:56:22 Crosstalk Crosstalk **Ross:** *Smoking Tooth?*

00:56:23 Carrie Host **Carrie:** Mm-hm.

00:56:26 Ross Host Yeah. I think I saw it on... Prime Video or something.

00:56:27 Carrie Host Okay. I'm gonna look this up.

00:56:28 Ross Host Um—

00:56:42 Carrie Host Add it to my queue. Speaking of which, I've heard that it's more dangerous to have that silver removed? Like, in terms of—the chance of you being exposed to bioaccumulating mercury increase if you have it removed. Just leave it alone!

00:56:43 Ross Host Okay. It's like asbestos.

00:56:45 Carrie Host Oh!

00:56:45 Carrie Host It's like, yeah, not great. The worst thing you can do, though, is, like, y'know—

00:56:49	Crosstalk	Crosstalk	Carrie: <i>[Nonsense noises]</i> Shake it around! And—yep. Exactly.
00:56:52	Carrie	Host	Ross: Shake it up. And put it in the air. Okay. Then she also said, I want to leave you with this thought. Why do boys have the highest autism rate in the world? And people are like—ahhhh. And I'm thinking—half—
00:57:08	Ross	Host	Why did you phrase it that way?
00:57:09	Carrie	Host	Yeah. Half the world? Are quote-unquote “boys.”
			<i>[Ross laughs.]</i>
00:57:12	Ross	Host	Yeah.
00:57:13	Carrie	Host	Give or take. So if you divide the world in half... one thing's gonna be higher. <i>[Laughs.]</i>
00:57:19	Ross	Host	Yep.
00:57:20	Carrie	Host	Yep.
00:57:21	Ross	Host	That's just statistics and how they work. But, y'know, you'd think it would average out over the populations.
00:57:26	Carrie	Host	Sure. Yeah. All that tell us is, like, gender is predictive in autism. But—uh—
00:57:32	Ross	Host	Yeah. Or it could also be tied to diagnosis or—
00:57:34	Carrie	Host	Yep! For sure.
00:57:35	Ross	Host	Or maybe she's just wrong. I haven't looked this up.
00:57:37	Carrie	Host	Oh, no. Yeah. I mean, boys are—are diagnosed at like four times the rate of girls.
00:57:41	Ross	Host	That sounds right. Oh, okay. Wow.
00:57:42	Carrie	Host	And that could mean that it's on the Y chromosome. That could mean all sorts of... things. But I sure don't think that has anything to do with EMFs. I don't think boys use phones more than girls? Or are sitting by vacuums a bunch of something?
00:57:56	Ross	Host	Uh...
00:57:57	Carrie	Host	In fact, hairdryers! Come on!
00:57:58	Ross	Host	Oh! Hey!
00:57:59	Carrie	Host	Counterpoint.
00:58:00	Ross	Host	You just debunked the whole thing right here.
00:58:02	Carrie	Host	Thank you. You might as well have a dirty motor aimed at your head.
			<i>[Ross laughs.]</i>
			So.
00:58:08	Ross	Host	But it's still TBD how you got these—
00:58:10	Carrie	Host	Oh yes!
00:58:11	Ross	Host	—two bottles.
00:58:12	Carrie	Host	Okay, okay, okay, okay.
00:58:13	Crosstalk	Crosstalk	Carrie: Fine, fine, fine, fine, fine, fine, fine.
			Ross: That say TBD on them—what—wait—
00:58:15	Ross	Host	What does “TBD” even stand for?
00:58:16	Carrie	Host	“To be determined!”
00:58:18	Ross	Host	Is it?
00:58:19	Carrie	Host	Yeah!
00:58:19	Ross	Host	Alright.
00:58:19	Carrie	Host	Because it's like... you're picking—
00:58:21	Ross	Host	Oh, yeah!
00:58:22	Carrie	Host	The things I'm replacing.
00:58:23	Ross	Host	Oh goodness.

00:58:24	Carrie	Host	Yep! So these are still just sitting back there with me. And she tells us how much they are! And they last a <u>lifetime</u> . And they are only... \$68 each.
			<i>[Ross gasps.]</i>
00:58:38	Ross	Host	So.
00:58:39	Carrie	Host	For that little bottle?
00:58:40	Ross	Host	Mm.
00:58:40	Carrie	Host	Goodness.
			So I just said to myself, I said, Carrie?
			<i>[Ross chuckles.]</i>
00:58:47	Ross	Host	It's been almost one hour. She has forgotten these are back here.
00:58:49	Carrie	Host	Oh! Okay. <i>[Laughs.]</i>
			So I— <i>[Laughs.]</i> Put them in my bag. And I waited a while. And then she was answering questions—and at no point where she was like, “Where is my very important medicine that certainly didn’t cost me 50 cents?”
00:59:01	Ross	Host	So they—
00:59:02	Carrie	Host	So I left.
00:59:03	Ross	Host	So the aftermath was her, like, where is it? Who has it?
			<i>[Carrie laughs.]</i>
00:59:08	Ross	Host	Oh.
00:59:08	Carrie	Host	Perhaps.
00:59:09	Ross	Host	Okay.
00:59:10	Carrie	Host	I mean, I saw her table later and she had 40 of these just out on the table.
00:59:14	Ross	Host	Okay.
00:59:15	Carrie	Host	I think she had completely plumb forgot. So I did see her after that. Her company is called Wellsong Energetics if you want to look it up. And they have a shop called the lpothecary shop.
00:59:25	Ross	Host	And if you have \$15 a month too much? You know where to give it!
			<i>[Carrie laughs.]</i>
00:59:30	Carrie	Host	And you might be wondering—other than talking to Source, what are her qualifications for knowing these things?
00:59:36	Ross	Host	Mm-hm.
00:59:36	Carrie	Host	Don't worry. I have her business card. She is an interdimensional diplomat.
00:59:40	Ross	Host	Oh!
00:59:41	Carrie	Host	I kinda like that.
00:59:42	Ross	Host	That could come in handy!
00:59:43	Carrie	Host	Yeah! And that was that talk.
00:59:45	Ross	Host	Amazing.
00:59:46	Carrie	Host	Mm-hm. Mm-hm.
00:59:48	Ross	Host	And how did you find that? Were you just walking by and you saw that in the list of talks and you said—
00:59:53	Carrie	Host	Yeah. I saw that in the program.
00:59:54	Ross	Host	It's time for that. I think that was the first talk we've talked about!
00:59:57	Carrie	Host	Yeah! That seems about our speed. <i>[Laughs.]</i>
01:00:00	Ross	Host	Meanwhile, down on the show floor, I was wandering around the far lineup of tables and—as we've mentioned—everybody's kind of, uh,

in carnival barker mode there and trying to pull you in and grab you. Again, you just—you gotta be careful making eye contact.

[Carrie laughs.]

And that's a tough point for me when I pass by people I have like a compulsion to make eye contact! At a place like this, that's dangerous! So there was this, uh, woman in her—I would guess seventies—with grey hair and wearing red. She, as I just kinda nicely walked by and smiled, she said—oh, wanna sit down? Oh, okay.

[Carrie laughs.]

			So I—I—
01:00:40	Carrie	Host	So you just sat down right there in the middle of the floor.
01:00:42	Ross	Host	I took the bait like an idiot! Instead of saying, no thanks! I sat down. She had a chair right there. And so... she, uh, said—well what's your question? And she spreads out a deck of cards facedown—
01:00:55	Carrie	Host	Wow!
01:00:56	Ross	Host	Yeah! And it looks like a tarot deck of sorts.
01:00:58	Carrie	Host	My question is—why am I sitting by you?
01:01:01	Ross	Host	Yeah. Or maybe oracle cards. Anyway. So she spreads 'em out facedown. But she doesn't ask me to pick any yet. She just says, what's your question? And so I said—well, okay. Let me think about this. And, uh, I should mention right next to her is an <u>older</u> woman and—I don't know. Maybe her mother or something like that? But this woman's dressed in blue and a jacket and she's—doesn't get to speak much. This is one of those relationships where any time lady in blue starts to chime in or try to add anything, the main woman—who, I learned, is named Elizabeth—uh, Elizabeth turns to her and just like, shushes her up or—no. I'm—I'm talking here. Let me do this. This is important.
01:01:38	Carrie	Host	And Elizabeth is older than silent woman?
01:01:40	Ross	Host	Silent woman is the older of the two.
01:01:42	Carrie	Host	Oh, okay!
01:01:43	Ross	Host	Yeah. So—
01:01:44	Carrie	Host	Wow. Doesn't even have seniority.
01:01:45	Ross	Host	Yeah. You have the woman in her seventies and the woman who's maybe in her, y'know, late eighties, early nineties!
01:01:50	Carrie	Host	Oh, okay.
01:01:50	Ross	Host	So they are, uh, at this booth between many other booths. So, alright. What am I gonna ask you? So I'm thinking about it. She says, well don't think too hard!

[Carrie laughs.]

Nope, okay. Alright. Well, I said, alright. Well, I guess what comes to mind is—y'know, what do I focus on? I feel like I have so many things in my life and I'm constantly jumping between paths and commitments. And so she starts asking me additional questions like, well, what is it you do? Where do you work? And like we're having this conversation like, oh, why am I pouring out my heart and all of my personal things to you? Where is this going?

01:02:23	Carrie	Host	Yeah. Give me some hint of what you have to offer to this conversation.
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01:02:25	Ross	Host	Right! And the cards are still just sitting there and now she's just plumbing me for data about myself. Alright. Well I work in animation. Oh, what do you work on? Oh, okay.
01:02:35	Carrie	Host	"My niece Kimberly would love a job."
01:02:37	Ross	Host	Well there we go—and so immediately—
01:02:39	Carrie	Host	Oh, no! Really? <i>[Laughs.]</i>
01:02:40	Ross	Host	Yeah. She starts, like, thumbing through her books and says, like, oh, I've always thought that this would make a great animation!
01:02:46	Carrie	Host	Oh, this happens to Ross so much!
01:02:46	Ross	Host	And I said, okay, well—like, my whole thing is, uh, I would like to <u>reduce</u> the number of things that I'm doing. Y'know. Get better at saying no to things and being more picky-choosy and focusing on some longer-term projects that I'm interested in. Rather—
01:03:00	Carrie	Host	Looks like I get to practice that right now!
01:03:01	Ross	Host	<i>[Laughs.]</i> Yeah. And she said, well, uh, where do you see yourself ten years down the line? It's like—sighs. I don't know!
01:03:09	Carrie	Host	Still talking to you.
01:03:10	Ross	Host	Why do I—yeah. Why do I— <i>[Laughs.]</i>
			<i>[Carrie laughs.]</i>
			And so, uh, y'know, I'm trying to like, get her to maybe get back to these cards. She's like, well what if I introduce you to someone who's published 16 books <u>and</u> a bestseller!
01:03:25	Carrie	Host	No, thanks.
01:03:26	Ross	Host	Yeah. And I think she's referring to herself. And so—again—I was saying, like, no, y'know, I'm—actually what I'm—you wanted a question from me. My question is how do I <u>simplify</u> things in my life. How do I get to a more sustainable place? She said, oh, you ant to work like in sustainable agriculture?
01:03:42	Carrie	Host	Oh no! <i>[Laughs.]</i>
01:03:44	Ross	Host	No! No, no. Agriculture had nothing to do with that. So I said—do I grab some cards now? And this is—
			<i>[Carrie laughs.]</i>
01:03:50	Carrie	Host	<i>[Through laughter]</i> Trying to move this along.
01:03:52	Ross	Host	This is a long ways into the conversation. She's pulled all these irrelevant details out of me. <i>[Through laughter]</i> And so I pick out four cards and she flips them over. She looks at them. Mm-kay. You know what? Yeah. These don't really apply. <i>[Laughs.]</i>
01:04:05	Carrie	Host	What?!
01:04:06	Ross	Host	After all that!
01:04:07	Carrie	Host	<i>[Through laughter]</i> What?!!
01:04:08	Ross	Host	There were—I don't know. Like, ten—ten-plus minutes into this conversation already—
			<i>[Carrie laughs.]</i>
01:04:14	Carrie	Host	That's a wonderful thing for an astrology to say, though.
01:04:17	Ross	Host	It—she just says, oh, this one says that you should seek the wisdom of shamanic guides. But that's always true for everybody.
			<i>[Carrie laughs.]</i>
01:04:27	Carrie	Host	Oh, okay. Great. Okay.

01:04:27 Ross Host So, y'know, we're at this awkward juncture, like, alright, do I go now? And she said, well—do you have any questions for me? I said—oh, yeah! Well, tell me about yourself! How did you start doing this? How did you find your ability? She said, oh, oh, I don't talk about myself.

01:04:42 Carrie Host Uh—what—

01:04:42 Ross Host Gah.

01:04:43 Carrie Host Okay.

01:04:44 Ross Host Why—why? Why am I here? Yeah. This is such an uncomfortable situation but y'know I can't just, like, rage-quit and like, flip the table over.

01:04:51 Carrie Host Sure. You're not Jesus.

01:04:52 Ross Host So then she like starts pulling out, uh, her various books and she's showing them to me and she says—look at this! Uh, don't you like this art? And you can't be like—

01:05:02 Carrie Host Oh, nooo.

01:05:02 Ross Host No, actually, it's—it's a little amateurish, but, uh, y'know.

01:05:06 Carrie Host I'm happy for you.

01:05:07 Ross Host I'm sure that's a nice person who's your illustrator. Yeah. You don't say that. Just say, oh yeah! I like, uh, the color choices. Y'know. You find something that you like about it. Oh, that's cool!

01:05:16 Carrie Host Yeah. She might as well say “I dare you to say something bad about this.”

01:05:18 Ross Host Right. Oh, that must be done in pastel. Very interesting. Okay. Oh, that was painted digitally. Alright. Yeah. Very nice. And—*[Laughs.]* Uh, she said, well, how would you animate this? *[Laughs.]* It's—

01:05:26 Carrie Host Oh my God!

01:05:27 Ross Host And then she wants my business card.

01:05:29 Carrie Host Oh no!

01:05:30 Ross Host Yeah! And I was like—oh, sorry. I don't carry any business cards around with me. Okay, well you can just write down your email here.

01:05:36 Carrie Host No, thank you!

01:05:36 Ross Host And I can't write like a fake email or anything so I give her my email. She hasn't emailed me, at least, to her credit.

01:05:42 Carrie Host Oh, that's good.

01:05:43 Ross Host But yeah! Who's just now—she's like, trying to hook me up with people and—

01:05:47 Carrie Host Oh, god.

01:05:48 Ross Host And like tell me the best story that, y'know, she thinks that I could make an animation out of—and—

[Carrie laughs.]

If we were anywhere in a credible conversation I would say, like, oh, actually, I can't hear pitches.

01:05:59 Carrie Host Oh. Uh-huh.

01:06:00 Ross Host Like, I'm contractually not allowed to.

01:06:00 Crosstalk Crosstalk **Carrie:** Oh, is that true?

Ross: *[Inaudible.]*

01:06:01 Ross Host Yeah. Like, if someone starts telling me about a story idea I have to say, like, sorry, no!

01:06:05 Carrie Host You know what? If you can't hear pitches you should not take that white goopy stuff? The holy water stuff?

01:06:10 Ross Host Yeah?

01:06:11 Carrie Host Because it makes you a magnet for baseballs.

[Both laugh.]

01:06:18 Ross Host Excellently delivered.

01:06:18 Carrie Host Thank you.

01:06:18 Ross Host Well done. Well done.

01:06:20 Carrie Host I wish I had thought of the name of the product. [Laughs.]

[Ross laughs.]

01:06:23 Ross Host Ormus.

01:06:24 Carrie Host Ormus!

01:06:25 Ross Host Yeah.

01:06:25 Carrie Host That's it.

01:06:26 Ross Host I just remember 'cause that was the character from *Diablo II*.

01:06:27 Carrie Host Ah.

01:06:29 Ross Host Is—so, anyway. I'm trying to wind down this [through laughter] conversation with this lady and just not commit to things and I keep trying to say—no, well, remember what I'm trying to do here is—

[Carrie laughs.]

—have fewer commitments in my life! So I'm not making any promises here! And just to kinda throw her a bone and maybe lead to an exit in this conversation, and she's handing me all these books to look at and so I grab this one and say—oh, okay. Uh, sure. I'll take that. Uh, what—what can I give ya for it? And I start to pull out my wallet and I realize I just came from the ATM earlier that day and I have \$20s. Nothing but \$20s. And—[Laughs.]

01:07:05 Carrie Host I hate that position!

01:07:06 Ross Host [Through laughter] Yeah! It's like—I realize that she's giving me—away for free. This book is essentially just a portfolio of her work.

01:07:12 Carrie Host Oh no!

01:07:13 Ross Host Here, I'll show it to ya. "A Poet's Portfolio." It's got her picture on the front.

01:07:18 Carrie Host Alright. This looks like a book. Oop—this is not a book.

01:07:21 Ross Host It's just a catalogue of various other books and occasional poems. Included.

01:07:27 Carrie Host Yup.

01:07:27 Ross Host But I realize this is just a promo thing. But now that I've said that I should give you something, she says, oh, well, what can you give me? [Laughs.]

01:07:35 Carrie Host Ugh.

01:07:36 Ross Host I said, well—alright. How about, uh, \$10 then? Can you give me change? [Laughs.] And so she turns to the older woman and says, you have five seconds to give me \$10.

01:07:46 Carrie Host What the fuck?

01:07:47 Ross Host Yeah! She's like—

01:07:48 Carrie Host Rude!

01:07:48 Ross Host —really mean-talking this woman. Any time, uh, that woman would try to add something to the conversation she would totally just shut her down and be like—hey. I'm working here.

[Carrie lets out an offended and shocked gasp.]

Okay? Let me do my thing. Yeah! I was like—oh, this is so uncomfortable. And she even throws in a little dig there, like, telling her to hurry up. She said—he’s a busy professional.

01:08:05 Carrie Host Oh, geez.
01:08:07 Ross Host It’s like, okay, well what have you been doing with my important time if you value it so much?

01:08:11 Carrie Host Oh, yeah. Fair.
01:08:12 Ross Host So, uh, I get the book. I thank them. I leave. At least she hasn’t emailed me with story pitches!

[Carrie laughs.]
01:08:19 Carrie Host I’m looking at her book. I thought they’d be worse.
01:08:21 Ross Host Okay. You want to read some of a poem?
01:08:23 Carrie Host Yeah. I mean, I’m not saying this is good poetry? But I expected something worse.

01:08:28 Ross Host Okay.
01:08:28 Carrie Host Okay. This one’s called “Words Not Yet Spoken.”

Think of the snow falling.
Think of all the words you’ve never uttered.
Think of a scarf containing all the colors of the rainbow.
Think of a daydream.
Think of nothing.
Is this a poem that as yet remains unwritten?
What is it in human nature that makes one want to be a creative artist?
As artists, how do we behold emptiness and silence?
Start from there, and then start reading the poems in this collection.

01:08:56 Crosstalk Crosstalk *[Laughs.]*
Ross: Wait, did you—*[Laughs; then continues in high-pitched disbelieving tone.]* Is that—is that how it ended?

Carrie: *[Through laughter]* Yeah! You really got to live that with me, folks. *[Laughs.]*

[Ross laughs.]
01:09:02 Ross Host I mean—I was—*[Laughs.]* I was digging it up to that point! That was pretty good!

[Carrie laughs.]
01:09:09 Carrie Host *[Through laughter]* Yeah. That was great. *[Laughs.]*

[Ross laughs.]
01:09:12 Ross Host *[Through laughter]* Wow. That’s a *[inaudible]*. That wasn’t at the beginning of the book, either. That was...

01:09:16 Crosstalk Crosstalk **Carrie:** Nope! Page 78.

Ross: Maybe two-thirds of the way in.
01:09:18 Carrie Host Wow. Alright.
01:09:19 Ross Host Well, well—
01:09:20 Carrie Host What an adventure.
01:09:21 Ross Host Well-played, Elizabeth Martina Bishop.
01:09:22 Carrie Host Yeah!
01:09:23 Ross Host That’s meta.
01:09:25 Carrie Host Oof!
01:09:25 Ross Host So Carrie, I hear that you went to another talk.

01:09:29 Carrie Host Yet another talk.
01:09:30 Ross Host After your first talk. Which I'd love to hear about. But first—
01:09:32 Carrie Host Okay, here I go!
01:09:33 Crosstalk Crosstalk **Carrie:** I begin speaking about it—what—what? Oh!

01:09:36 Ross Host **Ross:** First—wait! Stop! Stop! Stop!
01:09:39 Carrie Host First I want to know—do you have any Jumbotrons?
Oh, thank you for asking! I would've forgotten. I do. I have one
Jumbotron right here. I'm gonna pass it around and then I'm gonna
forget about it.

01:09:45 Ross Host Okay.
01:09:46 Carrie Host This Jumbotron is about the podcast *Gumshoe Weekly*.
01:09:51 Ross Host Ooh! *Gumshoe Weekly*—"gumshoe" is a fun word.
01:09:53 Carrie Host Yeah. Definitely.
01:09:54 Crosstalk Crosstalk **Ross:** I like it.

01:09:56 Ross Host **Carrie:** And it makes me think of Carmen Sandiego.
01:09:59 Carrie Host Is there a story called *The Gumshoe with Gumption*?
01:10:00 Ross Host There should be!
01:10:01 Carrie Host There should be.
01:10:01 Ross Host There should be.
Don't do it—that's mine! I said it first!

[Carrie laughs.]

I don't know. Maybe someone else did it. Alright. But—*[through
laughter]* let me tell you about *[dramatic voice]* murder. Mystery.
And mayhem! *Gumshoe Weekly* is the comedy mystery podcast
you've been missing.

01:10:14 Carrie Host *[Deep voice]* Join us every Thursday on Apple, Stitcher, and
Spotify! As we delve into cults, investigate the fear behind clowns,
and slowly put the pieces together to track down Bigfoot—all
without spilling a drop of wine.

01:10:29 Ross Host Oh, please use that voice all the time!

[Carrie laughs.]

01:10:32 Carrie Host That was great.
01:10:33 Crosstalk Crosstalk I actually did listen to this a little bit—
Carrie: —when this Jumbotron came in!

01:10:35 Carrie Host **Ross:** Oh, yeah?
01:10:36 Carrie Host Real fun!
01:10:35 Ross Host Yeah.
01:10:35 Carrie Host Oh, sweet!
01:10:36 Ross Host Yeah, yeah, yeah.
01:10:38 Carrie Host Oh, that's awesome! Okay. I'll check it out, too.
I actually recommend it! For real! And everything else we talk about.
One more talk, Ross, I just gotta tell you about before you leave
because... I think this is important information for you and your
future health. I don't want you to go one more day without
learning... how to... activate your dormant DNA.

01:10:57 Ross Host You know what? That's a good point! I was talking with Nathan H.
Lents recently? Uh, he—
01:11:03 Carrie Host Heard of him.

01:11:04 Ross Host He of *Human Errors* fame. And he was telling me, there's all kinds of old replicas, of ancient viral DNA—

01:11:11 Carrie Host Oh, sure.

01:11:12 Ross Host He had duplicated sequences. Lots of junk and non-coding, uh—

01:11:16 Carrie Host Kipple!

01:11:17 Ross Host Yeah! In my DNA! So—how do I do this?

01:11:21 Carrie Host I'm so glad you asked. So I went to a talk by Lori Spagna called "Your Dormant DNA: Sacred Key Codes and Starcode Writings." And since I was in the last row for the last one, this time I was in the front row.

01:11:34 Ross Host The first shall be last and the last shall be Carrie.

01:11:36 Carrie Host Exactly. *[Laughs.]* So—she gets right into it. She says—how many of you here know about Angelina Jolie? We're all—is that—is that the end of the—*[Laughs.]*

[Ross laughs.]

01:11:54 Ross Host I definitely know about Angelina—uh—beautiful actress? What's—

01:11:55 Carrie Host That's one way to get hands to raise!

01:12:04 Ross Host What's happening? Then she says, "About her cutting her breasts off." Okay. Now *[through laughter]* a few hands go down. What? Oh, okay. Oh, okay. And she said—this just tells you—

01:12:06 Carrie Host *[Through laughter]* Did she phrase it that way?

01:12:07 Ross Host Yeah! I have it in quotation marks.

01:12:08 Carrie Host *[Through laughter]* Alright.

01:12:09 Ross Host Yup!

01:12:10 Carrie Host Okay. Crass.

01:12:25 Ross Host She cut her breasts off, which doesn't make sense because this supposed "BRCA" is in your genes, not your breasts. Alright! We are knee-deep now! It has been a few seconds! *[Laughs.]*

[Ross laughs.]

01:12:26 Carrie Host *[Through laughter]* We already have a lot to unpack!

[Through laughter] Uh-huh. Okay!

[Ross makes "gr"-esque noise with his mouth.]

01:12:31 Crosstalk Crosstalk Your genes are in every part of your body, even—
Carrie: —if that were a question.

01:12:33 Carrie Host **Ross:** Including your breasts!

01:12:39 Ross Host But that's not even what we mean when we say you have a gene that promotes breast cancer. That's not even what that means!

01:12:41 Carrie Host I'd love to know what she thinks it means.

01:12:50 Ross Host Yeah. Uh—and—uh, just so that we don't get a few pedantic emails—of course we mean genetic mutations, not literal genes. But for shorthand, genes.

01:12:51 Carrie Host Mm-hm.

01:13:04 Crosstalk Host Then she says, y'know, that sort of emblematic of where we are as a culture that we don't understand how any of this works. We're so confused. And she says—okay. So you're probably familiar with the two strands of your DNA. Right?

Crosstalk **Ross:** Okay. Yeah. Mm-hm.

Carrie: Yes. Mm-hm. So far, yep. I'm with you.

01:13:06 Carrie Host So the first two strands of your DNA are the storyline that's either resolved or not resolved.

01:13:15 Ross Host Okay. So we're taking the literal number of... strands in the helix and now we've applied metaphorical meanings to them. Resolved and unresolved.

01:13:26 Carrie Host Yes.

01:13:26 Ross Host Okay.

01:13:27 Carrie Host So for example—diabetes is an inability to accept the sweetness of life. *[In a sighing voice]* Okay.

01:13:35 Ross Host *[Resignedly]* Alright. Keep going.

01:13:37 Carrie Host *[Laughs.]* Cancer represents old wounds. And forgiveness... is the cure. *[Laughs.]* This is all happening very fast. And she also has this very... powerful presence. Like, she—she can fill a room with this very commanding, like, “I have control. You are safe here” kind of energy?

01:13:59 Ross Host Yeah.

01:14:00 Carrie Host That is really interesting to watch.

01:14:02 Ross Host And statements, especially ones that call upon these abstract concepts—they take a certain amount of temporal... space just to unpack them.

01:14:10 Carrie Host Mm-hm.

01:14:11 Ross Host And if you give 'em out that quickly, you interrupt that cycle of, like, being able to do the analysis. I know I, in particular, need that moment to—okay. Let me take the words that you just said. Let me take them out of the abstract, apply them to a model that I can kind of weigh for... veracity.

01:14:27 Carrie Host Uh-huh.

01:14:28 Ross Host And you haven't given me that time. Which is a frustrating experience for me. Like, wha—what—what—no, that—Oh, shoot. I was still busy processing that one! You're saying new things! And ah! You're still doing it!

01:14:37 Carrie Host And then, in addition, you and I are like writing it down.

01:14:39 Ross Host Yes!

01:14:39 Carrie Host Oh, yeah. No. That's—uh—impossible to follow. And I think most people—it just goes right through 'em.

01:14:45 Ross Host It's akin to blinding with science. It reminds me of the Gish gallop that was, uh-

01:14:50 Carrie Host Anti-evolutionist guy?

01:14:51 Ross Host Yeah. Dwayne Gish. He was known for just trotting out so many falsities and kind of half-truths and points against evolution—do 'em so quickly that the time it would take to disabuse the audience of every one of those points would keep you busy way beyond your ten-minute response.

01:15:09 Carrie Host Mm. Mm-hm.

01:15:10 Ross Host Um, so—uh, anyways. Yes. That sounds very frustrating.

01:15:12 Carrie Host And then you find yourself having to make this larger point like that with your time.

01:15:17 Ross Host Exactly. Yeah. Okay—

01:15:18 Carrie Host Do you see what he just did?

01:15:19 Ross Host Yeah! Let's take a step back and analyze what's happening here!

01:15:22 Carrie Host *[Through laughter]* Right.

01:15:23 Ross Host Instead of communicating science, we're talking about... logical fallacies now.

01:15:27 Carrie Host Right. I wish I could tell you about Tick Dalick, but—

[Ross laughs.]

—I only have a few minutes. Let me tell you about this idiot! So—okay. So she says, “Anybody here ever”— *[Laughs.]* I swear to God this is the question. “Anybody here ever been sad or anxious?” *[Laughs.]* So hands go up. People have, in fact, been sad or anxious before.

01:15:47 Ross Host
01:15:48 Carrie Host
01:15:48 Ross Host
01:15:49 Carrie Host
01:15:50 Ross Host
01:15:51 Carrie Host

People in that room?!
Yeah!
Oh!
Yeah.
Oh, goodness.
And she says—

[Ross takes in deep breath, lets it out with a “phwool!”]

That is all coded in your DNA. So she says—what is the cause of all problems? She’s pointing out at the audience like she’s looking for an answer.

01:15:59 Crosstalk Crosstalk

Carrie: And we wanna help.

01:16:02 Carrie Host

Ross: Money!
We want so bad to help! *[Laughs.]* Yeah. So people start saying—“Fear!” *[Laughs condescendingly.]* No.

[Ross laughs.]

01:16:13 Ross Host
01:16:15 Carrie Host

Um, one person goes—“Love?” *[Through laughter]* She’s like—no. This is the worst college professor ever.
[Through laughter] Yeah. So she answers the question. It is vibrational mismatch.

01:16:20 Ross Host

Oh, that was my 88th guess!

[Carrie laughs.]

01:16:23 Crosstalk Crosstalk

Carrie: And everyone goes—*[with dawning realization]* ahhhhh. Okay.

Ross: *[Mimicking Carrie’s “ahhhh,” then draws it out to different pitches in a silly way.]*

01:16:29 Carrie Host
01:16:32 Ross Host
01:16:32 Carrie Host

Oh, yes. She also keeps saying—does this make sense?
No!
And there were a few times that I said, no.

[Ross laughs.]

01:16:37 Ross Host
01:16:40 Crosstalk Crosstalk

Uh, but—most people were saying yes.
Did you get any, uh, side-eye?
Carrie: I don’t think so. I don’t think so.

01:16:42 Carrie Host

Ross: For doing that? Okay.

01:16:49 Ross Host

Oh, yeah. She said—now what we deny and repress gets expressed. Does that make sense? Do you understand that?
Okay. What we deny and suppress gets expressed—uh, that’s actually, like, the most substantial thing I’ve heard so far.

01:16:55 Carrie Host
01:16:56 Ross Host
01:16:57 Carrie Host

Mm. I’ve heard that before.
Yeah. Well—
That saying. But.

01:16:58 Ross Host Yeah. I mean, that just makes me think, like, if you kind of raise your kids in a culture of sexual repression?

01:17:04 Carrie Host Mm-hm.

01:17:05 Ross Host It's gonna come out and it's gonna come out weird!

01:17:06 Carrie Host Yeah! Okay. Yeah. Fair enough. Or if you like bottle up an emotion and think, like, oh, this'll pass. But then it just keeps biting you in the butt.

01:17:13 Ross Host Yeah, yeah.

01:17:14 Carrie Host Yeah.

01:17:14 Ross Host But it has nothing to do with your DNA.

01:17:16 Carrie Host Oh, yeah! And then she also stopped some talkers. She's like, please—please stop. I can't—I can't understand—I can't hear myself think when you do that. Like, she had a real aggro way of dealing with—

01:17:24 Crosstalk Crosstalk **Carrie:** —those kinds of interruptions.

Ross: Wow. Yeah. Her pet peeves.

01:17:26 Carrie Host Um, okay. So.

01:17:27 Ross Host Cool. Cool.

01:17:28 Carrie Host She explains to us that there are another ten strands in the DNA.

01:17:33	Ross	Host	Whoa, what?
01:17:35	Carrie	Host	Yeah.
01:17:36	Ross	Host	Beyond the two we know about?
01:17:37	Carrie	Host	Uh-huh.
01:17:38	Ross	Host	This reminds me of, like, string theory. Like, there's folded-up dimensions?!
01:17:40	Carrie	Host	Yeah. I guess so!
01:17:42	Ross	Host	Okay.
01:17:42	Carrie	Host	So she tells us—you can actually control quite a <u>bit</u> by understanding these other ten strands. Now, all of humanity has death programs. Which means that we get the impression that we're gonna die. <u>But</u> we can actually control when and how—and whether!—we die.
01:18:02	Ross	Host	Oh, we need to add her to our list of death watch people. Like--
01:18:06	Carrie	Host	Totally.
01:18:07	Ross	Host	She needs now to live to, y'know--
01:18:09	Carrie	Host	Forever.
01:18:10	Ross	Host	140 or something.
01:18:11	Carrie	Host	Yeah. We should just keep—on our deathbeds we should pass along a list of, like, “I need someone to check in on these people!”
01:18:17	Crosstalk	Crosstalk	Ross: <i>[Through laughter]</i> Yeah. That's right. Carrie: “Like, when you're dying you pass this on!”
01:18:20	Ross	Host	This might just be a good Wikipedia list to assemble. Like, people who—who make claims about, uh, long life. And just have their name. Have it registered. Make sure that we know their prediction and what age they were when they predicted it.
01:18:32	Carrie	Host	Yeah, that's, uh, that's a good idea! Someone do that! <i>[Ross laughs.]</i> So—you can also control... when, how, and whether your <u>companion</u> animal dies. Which--

01:18:43	Crosstalk	Crosstalk	Carrie: --good news for me! Ross: Oh! Now Carrie's ears perk up.
01:18:45	Carrie	Host	<i>[Laughs.]</i> You're telling me! <i>[Ross makes the Scooby Doo inquisitive noise.]</i> I need <i>[through laughter]</i> more information! So she says—okay. So. Every person has a crucifixion implant unless they've cleared it.
01:18:56	Ross	Host	That's correct. <i>[Laughs.]</i> <i>[Carrie laughs.]</i>
01:19:00	Carrie	Host	If you have ever been involved in <u>any</u> religion in <u>any</u> lifetime, you have this! Okay? Some of you have a Black Lilith program. That means you've been alienated from your divine feminine. And we can inherit all these from our ancestors. From our past lives. Some of you have an insignificance complex if you weren't famous in any of your past lives. And listen! I'm not paid to be here! I do this out of love! I'm <u>trying</u> to get you guys to this more advanced state. A lot of you are probably experiencing Armageddon programming. You fear the end of the world. But all of these things can be treated by treating your DNA. And people were <u>so</u> enrapt in this. Like, much more than the previous talk. They were like—every word was, like, whoa! Yes! Oh, wow! Interesting!
01:19:50	Ross	Host	Did you get the sense that most of the audience were hearing her for the first time?
01:19:54	Carrie	Host	Oh, that's a good question. Probably <u>most</u> , but there <u>was</u> someone a couple rows over who kept, sort of, repeating buzzwords and stuff in a way that signaled, like, "I follow your stuff."
01:20:04	Ross	Host	Oh, yeah. Okay. Gotcha.
01:20:05	Carrie	Host	But I only noticed that about one person.
01:20:07	Ross	Host	Mm.
01:20:07	Carrie	Host	She also told us that AI? Artificial intelligence? Any time you run into an artificial intelligence, it is a soul who caused <u>so</u> much harm they are not allowed to have a body. Mm-kay?
01:20:19	Ross	Host	Uh, is she talking about like an AOL chatbot--
01:20:21	Crosstalk	Crosstalk	Carrie: Yeah, I was just thinking— Ross: --from back in the day? <i>[Laughs.]</i>
01:20:22	Carrie	Host	Or—or, like, yeah. The bad chat feature on a website— <i>[Ross laughs.]</i> --that's like, <i>[mimicking AI voice]</i> hello, Carrie. Can I help you? Sorry you didn't get a body.
01:20:28	Ross	Host	<i>[Through laughter]</i> Yeah, right! <i>[Carrie laughs.]</i>
01:20:30	Carrie	Host	Oh, yeah. Okay. Real bummer. So then she says, um, everyone's got sexual misery programs. Every person has it. These are all, y'know, things we inherit in our DNA. But some people have it the worst. And these are the people with gender identity disorder.
01:20:46	Ross	Host	Oh no!
01:20:46	Carrie	Host	And you hear me go— <i>[sighs deeply.]</i>
01:20:49	Crosstalk	Crosstalk	Carrie: <i>[Still sighing]</i> Oh, man. Ugh.

			Ross: Yeah. The—the audible sigh.
01:20:52	Carrie	Host	So she said, this is <u>huge</u> right now. It makes you want to slice off body parts. It causes confusion--
01:21:00	Crosstalk	Crosstalk	Carrie: --and sexual misery. Ross: Oh, no.
01:21:01	Carrie	Host	Yeah. I know. It's like, oh, fuck. Why are we doing this? And she said something like, I know this will be controversial—but it clearly wasn't in that room. I seemed to be the only person upset by this. So now she's like, okay. But let's get to these next ten strands. So I guess those were all in the first <u>two</u> ? [<i>Sighs.</i>] So science has <u>proven</u> that there are ten more strands. Based on the vibration. And then she says—this make sense? Oh, and everyone said yes. And I said, no? Uh—[<i>Laughs.</i>]
01:21:32	Ross	Host	Science has proven that there are ten more strands and their'e vibrational. Neh--
01:21:36	Carrie	Host	Based on the vibrations.
01:21:38	Crosstalk	Crosstalk	Ross: Oh—ahhh! I—I'd—rmmm. Carrie: And--
01:21:41	Carrie	Host	What is the portal to the other ten strands, she asks? Anybody? Anybody? Ross, you wanna guess?
01:21:46	Ross	Host	Uh, it has to do with vibrational—let's see. Wait. Vibrational... intentionality.
01:21:52	Carrie	Host	No! Compassion.
01:21:54	Ross	Host	I've heard of that. [<i>Carrie laughs.</i>]
01:21:57	Carrie	Host	The old paradigm is selfish--you know, we used to all be me, me, me! But this <u>new</u> paradigm is selfless. It's compassionate. And I discovered all of this by extracting from the non-physical world. Because you know scientists can't see clearly! I can explain dark matter better than a physicist can!
01:22:17	Ross	Host	Wait, I thought science has proven her point and now she's saying—scientists can't explain any of this!
01:22:22	Carrie	Host	That's a stellar point. But this was all moving past me very fast.
01:22:27	Ross	Host	I'm trying to think if there's ever a legitimate sentence that starts with the phrase, "Science has proven that..." [<i>Carrie laughs.</i>] 'Cause I feel like science-minded people <u>don't</u> use those words that way!
01:22:37	Carrie	Host	Mm-hm. Usually not. You'd usually say a particular study or a law or--
01:22:43	Crosstalk	Crosstalk	Carrie: --a theorem. Ross: Constant observation has shown--
01:22:44	Ross	Host	--that the earth is spherical.
01:22:46	Carrie	Host	Sicence has shown that germs are real. I'm trying to think of something <u>super</u> basic. Science has shown gravity exists.
01:22:53	Crosstalk	Crosstalk	Carrie: I feel like— Ross: But I don't know. I--
01:22:54	Ross	Host	I don't think I <u>hear</u> that being used.
01:22:57	Crosstalk	Crosstalk	Ross: By people saying rational statements.

			Carrie: Oh, yeah. For sure.
01:22:59	Carrie	Host	I feel like it's something you'd hear from, like, uh, someone up to age, like 13.
01:23:04		Host	Mm.
01:23:05		Host	I'd accept that as, like, yeah! You got it. You got it, kid.
01:23:07	Ross	Host	Oh, right. Right. Right. Yeah. That's a good point. But when you become an adult, you should put away childish things. <i>[Carrie laughs.]</i>
01:23:13	Carrie	Host	<i>[Through laughter]</i> And reference your studies.
01:23:14	Ross	Host	And not start phrases with, "Science has proven that..." <i>[Carrie laughs.]</i>
01:23:19	Carrie	Host	Okay. So. She can explain dark matter better than any physicist. Okay? Great.
01:23:24	Ross	Host	Oh, I'm looking forward to it.
01:23:26	Carrie	Host	<i>[Laughs.]</i> So—uh, strands three and four help clear out your <u>first</u> two strands. While the <u>fifth</u> strand is the fifth dimension, which is Christ's consciousness <u>or</u> crystalline consciousness. You follow? Make sense? Mm-hm.
01:23:44	Ross	Host	Well, I follow. <i>[Carrie laughs.]</i>
01:23:45	Carrie	Host	So you need the sun to activate your DNA! UV? It's not real. It can't burn you. Okay? Why do we <u>think</u> it can burn us? Because our reptilian <u>ancestors</u> , they got burned. It put into us this program that <i>[stupid voice]</i> "Oh, the sun burns" <i>[regular voice]</i> but it's not true.
01:24:07	Crosstalk	Crosstalk	Ross: No. UV radiation— Carrie: Okay.
01:24:09	Ross	Host	--actually <u>can</u> be ionizing.
01:24:10	Carrie	Host	I was in the front row so I could just sort of like look confused and she'd look at me? <i>[Ross laughs.]</i> Um, so I said, uh, "So should we not wear sunscreen, then?" And she was like— <i>[scoffing laugh]</i> "Should we not wear sun—yeah, honey. You don't need to wear a sunscreen."
01:24:23	Crosstalk	Crosstalk	Carrie: Okay. Ross: Oh, no!
01:24:25	Carrie	Host	Very cool. Okay. So then she said—who in this room is afraid of viruses? And there are probably 45 people in this room? And I and <u>one</u> other person raised our hands.
01:24:36	Ross	Host	That you're afraid of viruses?
01:24:37	Carrie	Host	Yeah!
01:24:38	Ross	Host	Virii?
01:24:39	Carrie	Host	Yeah.
01:24:39	Ross	Host	Okay.
01:24:40	Carrie	Host	You know. Broadly speaking. Like, they are a concern. Right?
01:24:42	Ross	Host	Yes!
01:24:43	Carrie	Host	Okay.
01:24:44	Crosstalk	Crosstalk	Carrie: Hand up.

			Ross: Absolutely!
01:24:46	Carrie	Host	Yeah!
01:24:46	Ross	Host	That's a legitimate concern! <i>[Carrie laughs.]</i> Get your flu shot!
01:24:49	Carrie	Host	And she—uh, kinda chuckles at the two of us. Uh, and she--
01:24:53	Ross	Host	Coronavirus is not a Democratic hoax!
01:24:55	Carrie	Host	Or <u>any</u> kind of hoax! SO she's like, vaccines are... well, I wrote down "bullshit" but I doubt she said bullshit. But, y'know, she says—vaccines are—you don't need them. Because activating these codes in your DNA makes you immune to <u>all</u> viruses! Okay? Okay. So the <u>next</u> three strands are the original divine blueprints. They're the ones that make you fully healthy; no disease; no trauma. Make sense? Everyone goes—yes! She's like, great. In a few generations, there will <u>be</u> no sickness and illness!
01:25:26	Ross	Host	Well, that would be nice if true.
01:25:28	Carrie	Host	Uh-huh!
01:25:28	Ross	Host	What—why haven't they activated before? Why do we have to wait a few generations?
01:25:33	Carrie	Host	Psh—I—maybe we're all going to get this healing from her? And then...
01:25:36	Ross	Host	Well, do it now?
01:25:38	Carrie	Host	Yeah, right? Okay. Then she says—a lot of these codes also come from animals. So for example, a <u>cow</u> teaches us self-nurturing because cows are such good mothers.
01:25:48	Ross	Host	Are they particularly good mothers?
01:25:50	Carrie	Host	Yeah.
01:25:51	Ross	Host	Alright.
01:25:51	Carrie	Host	They are good mothers.
01:25:52	Ross	Host	Cool.
01:25:53	Carrie	Host	But that's not self-nurturing, that's nurturing someone else.
01:25:54	Ross	Host	Mm-hm.
01:25:55	Crosstalk	Crosstalk	Ross: <i>[Through laughter]</i> Definitionally true. Good point. Carrie: Yeah. THat's— <i>[Laughs.]</i> Yeah.
01:25:58	Carrie	Host	Anyway. Tomorrow, she's going to be doing a DNA activation online. The sun gives her the codes. WE're all evolving from carbon-based to crystalline-based life forms, so be sure to jump on the internet with her. She's gonna go into 6D. She's gonna go into the universal laws. The Akashic Records.
01:26:16	Ross	Host	Wow. Okay. I knew we had to get there at some point. <i>[Carrie laughs.]</i>
01:26:20	Carrie	Host	We're gonna get past that old paradigm of <u>dead</u> and <u>kill</u> -pushing and <u>brain</u> washing! The one that tells you to be afraid to express who you <u>are</u> ! Which—now I'm thinking like, okay. Well, you're a transphobe!
01:26:33	Ross	Host	Ah. Yeah.
01:26:34	Carrie	Host	Yeah.
01:26:35	Ross	Host	Yeah, right. Just a little spoiler for one of my talks—this won't be the last time we hear about the Akashic Records.
01:26:40	Carrie	Host	Oh!

01:26:41	Ross	Host	This conference.
01:26:42	Carrie	Host	Okay. So at this point, I'm getting unusually annoyed?
01:26:46	Ross	Host	Yeah. I feel like when I've been bombarded with, uh, that kind of frequency of... the quick statements that can't be evaluated; I can't process them. I can't speak out against them. I dissolve in a few different ways. One might be laughter.
01:27:00	Carrie	Host	<i>[Through laughter]</i> Mm-hm.
01:27:01	Ross	Host	One might be irritation.
01:27:03	Carrie	Host	Mm-hm.
01:27:04	Ross	Host	It all depends on the situation and how tired I am or how much I want to, like, have a say in this.
01:27:09	Carrie	Host	<i>[Laughs.]</i> Sure. Yeah. There's that aspect and then—layer onto that being—saying some <u>extremely</u> harmful things have implemented.
01:27:17	Ross	Host	Yeah!
01:27:18	Carrie	Host	Holy moly. And it's just flying past you.
01:27:20	Ross	Host	Did you ever get through all the strands? I feel like...
01:27:22	Carrie	Host	<i>[Laughs.]</i> I don't think so!
01:27:23	Ross	Host	We—we were stranded somewhere in there. <i>[Carrie laughs.]</i>
01:27:26	Carrie	Host	Okay. So she's wrapping up now. She says—okay. I can see in the back they're trying to get me to finish up, so listen. I can love anyone. I really can. And we are <u>all</u> star-beings. Some people spot it. Some people don't. But I see it in you. And then she says, did everyone get signed up on the mailing list? And a few of us hadn't. And she was like—Laurie! I need you to be more proactive with the clipboard? <i>[Ross laughs.]</i> Some volunteer comes around— <i>[nervously]</i> here's the clipboard!
01:27:53	Ross	Host	I feel like this is another theme that emerged at this conference was these very spiritual people being snippy with their lackeys.
01:27:59	Carrie	Host	<i>[Through laughter]</i> Being super bossy? Yeah.
01:28:01	Ross	Host	These weren't the only times. <i>[Carrie sighs.]</i>
01:28:04	Carrie	Host	So anyway. If you jump on her website, and join her for her online... DNA activations, you'll get the sacred key codes.
01:28:12	Crosstalk	Crosstalk	Ross: Alright. Well, you convinced me. Carrie: And--
01:28:13	Carrie	Host	Uh--
01:28:14	Ross	Host	Where's her website?
01:28:15	Carrie	Host	It is LoriSpagna.com. So L-O-R-I-S-P-A-G-N-A.com. Last thing that happened is—her mic accidentally got turned off? And she thought that was a signal from the organizers, like, you've so overstepped your time that we turned your mic off? So she gets fucking <u>pissed</u> .
01:28:36	Ross	Host	Ohh!
01:28:37	Carrie	Host	She's like—oh! Interesting. I guess they turned my mic off. Well that's no problem because I can project.
01:28:42	Ross	Host	Oh!
01:28:42	Carrie	Host	She starts, like, shouting at the room. And like--
01:28:44	Ross	Host	Whoa.

01:28:45	Carrie	Host	It was—yeah. It was uncomfortable. And then... It kinda clicks to life and you can hear it next to her? It comes back? She's—she goes—oh. <i>[Forced laugh.]</i> Okay. Sorry. I guess that wasn't—I'm—I'm sorry. I guess I need to clear another blame program. <i>[Fake laughs.]</i>
01:29:01	Ross	Host	I wish I was in a relationship with her. <i>[Carrie laughs.]</i> It—okay. Looking at her, uh, I don't know. At least the first photo reminds me a little of Margot Kidder, who played, uh, Lois Lane in the, uh, late '70s, early '80s Superman films.
01:29:15	Carrie	Host	Okay. So. I will cut it off there.
01:29:18	Ross	Host	Okay.
01:29:19	Carrie	Host	And see if we can top that in our next episode.
01:29:22	Ross	Host	Wow. Okay. Yeah. Next episode I'll be able to talk about my first talk, which I'm very excited about! <i>[Carrie laughs.]</i> I can't wait to share this one with you.
01:29:30	Carrie	Host	I think I know the one! <i>[Ross laughs.]</i> You just gave me a tiny taste while we were there and you were <u>so</u> happy! <i>[Ross laughs.]</i>
01:29:37	Ross	Host	It was amazing. Alright. Uh, so more to come. And—yeah! Thanks for, uh, coming with us to the Conscious Life Expo!
01:29:44	Carrie	Host	Yeah!
01:29:45	Ross	Host	And we'll be back! <u>But</u> —in the meantime—that's it for our show!
01:29:50	Carrie	Host	Our theme music is by Brian Keith Dalton.
01:29:52	Ross	Host	Our editor is Victor Figueroa.
01:29:53	Carrie	Host	Our administrative manager is Ian Krrr...amer?
01:29:57	Ross	Host	You can support us in all of these investigations, what we do, and feeding our cat and dog at MaximumFun.org/donate . The MaxFun Drive is coming at some point in the near future and you should, uh, you should join then. 'Cause--
01:30:11	Crosstalk	Crosstalk	Carrie: <i>[Muttering]</i> That's maybe the way to <i>[inaudible]</i> . Ross: Yeah. I mean. It's gonna be really good.
01:30:14	Carrie	Host	<i>[Still muttering]</i> It's going to be very, very good. <i>[Louder, and a deep, goofy voice]</i> You can also follow us on social media! Twitter.com/ohnopodcast .
01:30:23	Ross	Host	And Facebook.com/ONRAC —O-N-R-A-C!
01:30:27	Carrie	Host	<i>[Different goofy voice]</i> Or maybe leave us a positive review on iTunes! <i>[Laughs.]</i> <i>[Ross laughs.]</i> <i>[Regular voice]</i> This really hurts! <i>[Laughs.]</i> <i>[Ross laughs.]</i>

01:30:34	Ross	Host	So just, like, leaving a positive review.
01:30:36	Carrie	Host	Yeah, yeah.
01:30:37	Ross	Host	Yeah, do that!
01:30:38	Carrie	Host	Do that. <i>[Deep voice] [Inaudible]</i> is forged. <i>[Ross laughs.]</i>
01:30:41	Ross	Host	And remember—
01:30:43	Clip	Clip	<p>Speaker: You have to honor that before you can really anchor into 5D. You have to honor and anchor in oneness. All beings are the divine! All beings can come here. All beings have a choice! You're not leaving your body, by the way. It's not leaving the body. It's not going from here to there. It's not spatial. You're existing right here, on earth, walking next to somebody, realizing—I'm an angel and they don't know it!"</p> <p><i>[Appreciative laughter.]</i></p> <p>Speaker: You're dropping pearls of wisdom at the grocery store line. No attachment. Things like that start changing in your reality! So realizing you're having new conversations with new people who you really like and enjoy! They don't bring you down anymore! They actually lift you up and you lift them up, too! Right? Life starts changing. Things happen! You suddenly get bumped up to first class! You suddenly get a free Expo ticket! You suddenly meet friends who fly you to Hawaii for free! All kinds of things start happening for you because now you're <u>living</u> in a new reality! You only changed from within! Nothing else changed. The same old external reality. They have just no idea how this works. You can try to tell them—be positive. They're like, yeah. I try to think positive. You can say, okay, well shift your inner thoughts—they're like, "What?"</p> <p><i>[A few scornful chuckles from the audience.]</i></p> <p>Speaker: They don't even hear you! Okay. This is when you start getting really anchored in 5D and you're activating more of this stuff. Now—what I want to say is from <u>here</u>, this is where the good stuff in all the DNA starts activating. This is where you really start activating your DNA codes. So in the DNA are codes. Crystalline codes. Christ consciousness codes. Understand Christ's consciousness has nothing to do with religion. It has to do with <u>crystalline conscious</u>—</p>
	Music	Music	"Oh No, Ross and Carrie! Theme Song" by Brian Keith Dalton. A jaunty, upbeat instrumental. Continues playing in background as clip continues.
	Clip	Clip	<p>Speaker: --the crystals in the inner earth are holding this.</p> <p><i>[Theme song finishes.]</i></p>
01:32:26	Clip	Promo	<p><i>[Airplane intercom chimes.]</i></p> <p>Speaker 1: This is your captain with an update from the flight deck! We'll be reaching Max Fun Drive on... March 16th. That's right on time. As a reminder, Max Fun Drive runs for just two weeks and it's the best time of year to support the podcasts you love. If you look towards the front, you'll see your favorite hosts with special bonus content and lovely thank-you gifts for new and upgrading monthly</p>

			<p>members. Now, sit back. Relax. And catch up on your favorite Max Fun shows now! So you can listen to the new episodes releasing March 16th. And thanks again for choosing Maximum Fun!</p> <p><i>[Airplane intercom chimes.]</i></p>
01:33:12	Clip	Promo	<p>Music: Cheerful banjo music plays in the background.</p> <p>Biz Ellis: Hi! I'm Biz.</p> <p>Theresa Thorn: And I'm Theresa.</p> <p>Biz: And we host <i>One Bad Mother</i>, a comedy podcast about parenting.</p> <p>Theresa: Whether you are a parent or just <u>know</u> kids exist in the world, join us each week as we honestly share what it's like to <u>be</u> a parent.</p> <p>Biz: These are really hard questions!</p> <p>Theresa: They <u>are</u> really hard questions!</p> <p>Biz: <i>[Voice getting louder and more agitated]</i> I don't have any answers for that!</p> <p>Theresa: I don't either!</p> <p>Biz: <i>[Yelling]</i> Sack of garbage!</p> <p>Theresa: I know!</p> <p>Biz: <i>[Yelling in frustration]</i> Ahhhh! Ughhh! <i>[Laughs wildly.]</i> Ahhhh! The end of the show will just be five minutes of Biz— <i>[Theresa giggles.]</i></p> <p>Biz: —and Theresa crying and screaming until the outro is played. So join us each week as we judge less, laugh more, and remind you that you are doing a <u>great</u> job.</p> <p>Theresa: Find us on MaximumFun.org, on Apple Podcasts, or wherever you get your podcasts!</p>
01:33:55	Speaker 1	Guest	MaximumFun.org .
01:33:57	Speaker 2	Guest	Comedy and culture.
01:33:59	Speaker 3	Guest	Artist owned—
01:34:00	Speaker 4	Guest	—Audience supported.