## MBMBaM 425: Bigfoot Meat

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**Intro (Bob Ball):** The McElroy brothers are not experts, and their advice should never be followed. Travis insists he's a sexpert, but if there's a degree on his wall, I haven't seen it. Also, this show isn't for kids, which I mention only so the babies out there will know how cool they are for listening. What's up, you cool baby?

[theme music, "(It's a) Departure" by The Long Winters, plays]

**Justin:** Hello, everybody, and welcome to *My Brother, My Brother and Me*, an advice show for the modern era. I'm your oldest brother, Justin Tyler McElroy!

**Travis:** I'm your middlest brother, Travis Patrick McElroy.

**Griffin:** And I'm your sweet baby brother and 30 30 30, young Griffin McElroy.

**Justin:** Lot of busy lives. It's been a busy couple weeks in the interim of when we've spoken to you directly. An exciting time. I had a vasectomy.

**Travis:** And I wanna say, then came up here in Cincinnati to the great Wolf Lodge, including the water park, and I watched that fool in a wave pool, and I don't know that I've ever seen a more unhappy human being. [laughs]

**Griffin:** Oh, okay.

**Justin:** I was—there was a displeasure. [laughs] I experienced a displeasure.

**Griffin:** Hmm. Is it maybe because you chose a pool to swim in that kind of... goes for your... zone? In more than a—a regular pool won't sort of come at your zone, won't come at ya zone! Like a wave pool will.

**Justin:** I didn't choose it; my daughter did. And I wanted to be a great dad.

**Griffin:** Okay.

**Justin:** And I don't know how much you—I do want to talk about one vasectomy-related thing, but we've got an exciting new feature here on the show where um, we're gonna let you, the listener, vote [laughs] live as we record on sort of, what you want us to talk about. So my vasectomy is one of the options. Trav, what have you got?

**Travis:** Well, I went to uh, London for several days, and I came back with this new accent that I just can't shake. So...

**Griffin:** [sarcastically] Oh, God, I wanna hear it so bad.

**Justin:** Two things about that is that—the two—let me—if I could? Excuse me, if I could, just two things. One, we've done... that exact thing before, and two, you've already talked. [laughs] Without the accent, so...

Travis: Well...

Justin: I feel like even the... kayfabe of the bit...

**Travis:** It comes and goes. Also, I did realize, other thing we could talk about—

Griffin: No, no, no, no. We all get one. Quit trying to fucking...

Travis: Okay. Okay.

**Griffin:** ... stuff the ballot box. Speaking of kayfabe, I went to wrestling last night. I went to Heck in a Sec down in San Antonio, and it was pretty—pretty good.

**Travis:** [laughing]

**Griffin:** It ended with a big title match between just famed big man, Braun Strowman, and other big man Roman Reigns, and the fight was going very bad. And the third big man, Brock Lesnar, came in, and broke the Sec. Kicked the Sec door right in, and hurt them both, and that was the end of it.

So I was thinking, like, I could do a funny bit about how if this episode doesn't start—is just sort of flagging, then I could have Brock Lesnar come in and beat all our asses. And then they would just stop the show.

**Travis:** Now, I have a suggestion. This is a little radical, but maybe I could do my accent while we talk about how bad it would be if Brock Lesnar attacked Justin's nuts right now.

**Griffin:** Yeah, yeah, yeah. Well, we need to vote on, though, maybe seems a little shock jock radio to refer to the...

**Travis:** Would it be better if we said test-ee-cles?

**Griffin:** No, Trav, 'cause I knew that you were gonna say something that would also be bad that you would enjoy, that would be like a fun, sort of—like a way that an old prospector would refer...

Travis: "Ow, my test-ee-cles!"

**Griffin:** Yeah.

**Travis:** That's my new London accent, by the way. [laughs] I hope you all enjoyed it.

**Griffin:** That's good. It also kind of sounds like how Goofy would say the word, which I actually am very, very into. [Goofy impression] "Gawrsh!"

Travis: "Me testicles!"

Griffin: "My testicles!"

Justin: Can I—

**Griffin:** So none of this is usable.

**Justin:** All the votes are in, and I'm just gonna talk about my [laughs] vasectomy real quick. I understand some people are uncomfortable with surgery talk, so if you want to skip ahead 23 to 27 minutes... uh...

**Griffin:** [laughs] No, please don't get—don't get clinical about it. Just tell us what happened in the way of...

**Justin:** No, no, no, I'm not gonna get clinical. So they told me that for 80 dollars, I could have gas that would make me all silly for the whole time if I gave them 80 dollars, so I do want to start off by saying, thank you so much, Max Fun donors. You should know that I did spend a little bit of your money getting high for my testicle surgery.

**Travis:** That's—hold on, that's a weird upsell moment.

Justin: It is.

**Travis:** Of like, "Hey, you've come in here for a vasectomy, and you're gonna be here and very present for every second of it, unless you want to give us 75—no, 80 dollars."

**Justin:** "80 dollars, and then we'll take you to silly town. So I've—"

Griffin: "You want us to scotch guard these bad boys?"

**Travis:** [laughs] "We'll give you the undercoating."

Justin: "You want it bigger?"

**Travis:** [laughs]

**Justin:** So I told Sydnee—okay, so, I went in, I had the gas. I had the gas once before when I had wisdom teeth surgery, and my memory of it was, "Count backwards from one to ten. Ten, nine – oh, my God, it's done." And it's like, I had gone completely out. And I thought that's what I was in for, for this surgery.

So they give me the tube with the gas in it, and tell me to hold it. And they said, "Are you a nose breather?" which is a *wild*—like, I can?

**Griffin:** I do both, yeah.

**Justin:** I do both, like all humans.

**Travis:** Watch! [exaggerated breathing noises]

**Griffin:** [laughs]

**Justin:** She said, "Well, the times when you wake up are when you let go of the tube, or when you breathe through your nose, so don't do either of those."

**Griffin:** Cool.

**Justin:** Right? So I'm doing this, and I realize, like, after a while, I'm really huffing on this good, good stuff, and I realize, like, I'm not blacking out. So in my head, what I thought was, "It's not working. Oh, my God. I'm going to be awake for my testicle surgery. Oh, *please* don't let this be the case." But I guess this kind of anesthesia is patient-led, where they don't want you to go too deep. They want you to be in sort of like a "twilight" state.

**Griffin:** Interesting.

**Justin:** Yeah. So I basically spent the entire time high. And when you're high like this, what you want is a nice drug Sherpa who's not high, but is gonna make a pleasurable drug experience for you. I was in... the literal opposite of a good place to have a drug... experience.

Here are two things that I heard while I was in this weird twilight state. The first one was this: "I don't know how the vas deferens ends up like this, but some of them are just gnarled and impossible to cut through."

**Griffin:** [bursts into laughter]

Travis: Whoa! Whoa!

**Griffin:** "Like tree bark, this guy's deferens is."

Travis: Hey, hold on!

**Justin:** "I don't know how some of them..."

**Travis:** Is that a real thing that was said, or just something that your—

**Justin:** That was a real thing that was said, okay?

Travis: Oh, no.

**Justin:** That was a real thing that was said. The second real thing that was said was, I started giggling because I was on laughing gas, so it struck me as funny that I was awake while somebody was like—I was realizing, like, how bad it was for me, right? So I got kind of tickled that I was awake for my testicle surgery. And I was just like, high on this stuff, and it was very funny to me in the moment, so I started giggling a little bit.

And I heard one of the nurses ask the doctor, "Have you ever had anyone laugh during a vasectomy?"

And he said, "No."

**Griffin:** [bursts into laughter]

**Justin:** So I was like, [through laughter] "Okay."

Travis: Oh, no!

**Justin:** "Okay, good! So just to be clear, this incredibly routine surgery, we're in uncharted waters."

**Griffin:** [laughs] What with your iron deferens and your jovial constitution. Holy shit, Juicer.

**Justin:** Now, here's the third thing. I was still *extremely* high. I cannot—I mean—'cause the whole time, I thought I should black out, so I was huffing this good, good stuff even harder, and just huffing and huffing, trying to black out, because I didn't want to be so present for my penis surgery as I was. And I [labored breathing noises] real huffed it, so when I got done with the surgery, I was still extremely high.

And the first thing [laughs] that my doctor says to me is, "Now remember, you're still fertile."

Travis: What?

**Justin:** And I was like, "Then what the fuck are we doing here?"

**Griffin:** [laughs]

Justin: "How could you say that to me, a high person?"

And he said um—and he didn't clarify—of course, what he means is like, it takes a while before, you know, everything's like—all the little spermies are dead or whatever, and they've cleared the pipes.

**Griffin:** Is that what he said, is the spermies?

**Justin:** No. And then he said, "Your vas deferens is very knotted and hard to cut through."

And it's like, I'm high. [laughs] I don't know how to process what you're telling me.

So he said, "There's a lot of torsion down there."

And what I said to him in the moment was, "My wife and I don't do weird stuff."

Travis: [laughs]

**Justin:** "But, that's fine for people that do." And he looked at me like I was a moon man. Like an astronaut moon man.

**Travis:** I can't imagine why.

**Justin:** I can't imagine why.

**Griffin:** I love that you were still sex-positive in your...

**Justin:** Oh, yeah, for sure. I didn't want—I mean, I have—I have firm beliefs that I need everybody to get down with. The—the after—then after that, they sent me home with 30 Percocet. So I don't know why we have such a problem.

Uh, that's the end of this segment. I'm recovering well. I'm in uh, a decent amount of pain. I'm still wearing a jockstrap, which I may never stop, 'cause it is...

**Griffin:** It's good.

**Justin:** ... really nice. I'm always ready for sports, too, which is great for me.

**Griffin:** Um, well, we gotta racquetball at noon, so let's get rolling on the advice.

**Justin:** Here's our first question this week on the show. "My waitress reached her hand out to take my plate, but I thought she was trying to shake hands, so I shook her hand instead of giving her my plate. Should I dine and dash now before she brings the check and I have to face her again?" That's from I Fucked Up in Texas.

Um, why did you think contextually, in that moment, that your server... needed to congratulate or meet you?

**Griffin:** [laughs]

Justin: Which are the two—

**Travis:** Was your plate *so* clean...

**Griffin:** [laughs]

Justin: It's so—"I've never seen one this clean before!"

**Travis:** It started off as a black plate, and now it's a white plate. How did

you do that?!

**Justin:** You dang licked the decorations right off this fancy plate!

**Griffin:** Aw, man. Uh, I don't think that dining—dining and dashing means that you have done two terrible things to this other sentient, living human being today. And I think you've gotta try and—with your second act, try and counter the very bad first thing you did. I think paying double for the meal, or tipping 500 percent, or something. 'Cause if you dine and dash, it's gonna—it's just gonna ruin their day even more than it already—it has already been ruined quite badly, and I want to drive that home.

Travis: Yes.

**Griffin:** You did fuck up pretty bad.

**Travis:** Because here's the thing that I can't—I have to point out. Someone reaching for a plate versus reaching for a handshake... they are not instantly going to transition their mind to "Oh, it's a handshake now." So there had to be at least a second of like, as if you were trying to dock a space shuttle with the space station, and it turned at the last second, and you're like, "Well, here we are." Yeah, there had to be a moment of like, "What is this?"

**Griffin:** That's what you've gotta unpack. Before you do anything else, you need to look in that mirror, and you need to take stock of your own shit, because I am guaranteeing there is no way the trajectory of the plate reach is the same as the trajectory for—that a handshake attempt would have been. They were reaching downward towards a table to pick up a plate or a

tray or whatever the fuck. That is not the same as a hand coming at you like, eye level, straight towards you, as if to say handshake.

You saw this hand reaching for a plate, and you wanted it to be a handshake very, very badly.

**Travis:** I'm trying so hard to picture it! Like, I need like a whiteboard. I need some dry erase markers.

**Griffin:** Yeah.

**Travis:** I have to diagram it.

**Justin:** It's funny—you know, I think when tipping was created, it was obviously to reward good service. I wish—I found myself wishing multiple times recently that I could tip at the beginning, just so they knew that like—if you say I'm gonna tip generously, you should know that up front, then they'll—maybe they would see you as some sort of, like, good-hearted bumble-brained eccentric.

And like, all these things would just kinda go away, 'cause they know at the end that they would be getting a good tip. But you can't actually say, like, "I'm going to be tipping well at the end." No one does that.

**Travis:** Yeah.

**Justin:** You can't do that. So you have to tip at the beginning—

**Griffin:** Well, well, hold on, hold on. Assholes do that, I bet.

**Justin:** Yeah, but I wouldn't be doing it for like, asshole reasons. I would be trying to buy myself just like, "I know I'm gonna fuck up some things here. Listen, I know I'm gonna make—"

Okay, I'll give you a good example. We were in Great Wolf Lodge this past weekend, and we had friends there, and we had like, eight people, and then four of our other friends decided they wanted to join us for dinner. And I was like, we're gonna have to drag another table over. How could that

possib—this place was empty [laughs] other than us, and in my head, I could not see a way to get four more seats adjoined to our seats. And I was so terrified to ask, somebody else had to ask.

And I tried to will the server to know, like, "I'll give you a good tip. Please don't be mad at me. Please. I know that this isn't good. I'm sorry, I'm doing my best here in a bad situation. I just wish that I could communicate to people that I'm not an asshole. I really am not a monster. I promise."

**Travis:** That's why I think—here's my new plan. This is what I suggest to everyone. Tip very well, one, but also do so in like, all 50-cent pieces. So then they're like, "Oh, not only did they tip very well, they're clearly an eccentric, bumble-brained kind of person," as Justin was—and it's like, oh, so this is both a good tip and fun and lets me know, like, okay, that's why they shook my hand when they were reaching—

Griffin: Yeah.

**Travis:** Because like, they're the type of person who tips in 50-cent pieces.

**Justin:** But if it's a big table, you're kind of envisioning them carrying home 15 dollar—15 pounds' worth of coinage.

Travis: Yes. Correct.

**Justin:** As sort of a reward for a job well done.

**Travis:** Yes. Now, that is true, because like, say it's like, oh, I don't know, a large party is like a 500-dollar meal, and you tip, let's say 30 percent, right?

**Griffin:** Mm.

**Travis:** You have just tipped 150 dollars in um—in 50-cent pieces. So yes, you have just also granted them probably at least some muscle soreness, if not like a dislocated shoulder.

**Griffin:** Another good option is when they reach back their hand from the just really inexplicable strange handshake you've given them. They look down in it, and there's a single egg in their hand. And then they look back at you, and you say, "Nanu nanu," because you're a space person.

**Travis:** [laughs]

**Griffin:** And it's the only—and they'll say, "Oh, you shook my hand because you're a space person."

Travis: [laughs]

**Griffin:** "And now I understand because of the egg and it's a whole Mork thing, and I love it. No tip required."

Justin: "I love your Mork thing."

**Griffin:** How about a Yahoo?

**Justin:** Shazbat.

**Griffin:** Shazbat, for real.

**Travis:** Shazbat, indeed.

**Griffin:** This one was sent in by Emma Rodan. Thank you, Emma. It's Yahoo Answers User Cassie, who asks, "Stepdad playing with black magic. [sighs]"

Travis: Oh, no.

**Justin:** That's rough.

**Griffin:** "Yesterday, my stepdad was in the bathroom, and the lights were turned off, and only a couple lit candles. There's was weird spiritual music going off, and he was whispering something over and over again. I don't know if he was doing black magic or just relaxing by back—by back. I'm

kind of freaked that he believes and diabolical... shit," I guess, four asterisks. "What do I do?"

**Travis:** Wait, hold on. Within the question, the question-poser days it's either black magic...

Griffin: Or.

**Travis:** ... or he was just, like, relaxing.

**Griffin:** Or it was Terry's special time, and he had a audiobook going, and he had the scented candles going. He was either listening to a nice audiobook, or speaking with Baphomet.

**Travis:** [laughs] So what do I do?

**Griffin:** It's one of the two. It was either listening to the new Dan Brown novel on audio cassette, or it was Baphomet.

**Travis:** [laughs] It might be both.

**Griffin:** Mm.

**Justin:** True. Multitasking is huge; it's 2018.

**Travis:** Yeah. And you know, in Dan Brown, there is a lot—there's a whole book called *Angels and Demons*.

Griffin: Mm!

**Justin:** In the Outfield.

**Travis:** *In the Outfields*.

**Griffin:** Oh, that's a good one.

**Travis:** Why haven't we seen a *Demons in the Outfield* movie? Justin, you have an excellent point.

**Justin:** Demons in the outfield, waging—raging war for our souls.

**Travis:** Oh, yes, a remake of *Angels in the Outfield* that's about, like, a literal holy war betwixt angels and demons, and the demons support, I don't know, the Baltimore Orioles? It's just the first team that came to mind.

Um, I'm gonna go workshop this.

**Justin:** They're probably led by Little Nicky, wouldn't you think?

Travis: Oh, yeah!

**Justin:** Little Nicky's probably gonna lead them.

**Griffin:** Oh, it's time!

Justin: [laughs] It's time.

**Griffin:** Oh, it's time!

Travis: It's time!

**Griffin:** Hollyweird, get at me for Little Nicky 2: Angels and the Demons in

the Outfield.

**Travis:** Demons in the Dugout.

**Griffin:** Demons in the Dugout. Travis with the slam dunk pitch. Greenlit.

Um, what do you do, though, with—[singing] What do you do when your stepdad talks to Baphomet in the bathroom?

**Travis:** Oh, you know what I would do?

**Griffin:** Tattle to Mommy?

**Travis:** Well, yes. But I would also, like, before Stepdad went in there, I would get, like, a dry erase marker, and like, draw a smiley face on the mirror, so that way when he tries to look in the mirror to talk to the devil, he sees that smiley face, and he's like, "Oh, you know what? Maybe not today. Maybe it's just a day—"

Griffin: yeah.

**Travis:** "Maybe today, I'm just gonna go outside and smile."

**Griffin:** So it's just a situation where he was going to commune...

Travis: Uh-huh.

**Griffin:** ... with some sort of elder god or whatever, but then he saw a picture of a smiley face, like you might've seen on a t-shirt in the '70s. And he said, "Never mind."

**Travis:** Well, Griffin, my only other suggestion was to make a real stinky poop [through laughter] in there for him, so then the devil won't show up.

**Griffin:** Yeah, or he does, and he's like, "Oh, Terry, you've completed the ri—oh, Terry! Oh, Terry."

Travis: "Oh, Terry, no."

**Griffin:** He's just—[laughs] Has he ever done anything good? It's just, like, always just—whenever you hear about him, it's always bad stuff, most of the time.

Justin: [laughs]

Travis: I don't know, Griffin. I'm of two minds, you know.

Justin: Oh, no.

Travis: 'Cause the devil, he seems bad, and don't get me wrong, he is.

**Justin:** [crosstalk].

**Travis:** But without the devil... would we really appreciate the angels?

Justin: Mm. Mm.

**Travis:** 'Cause if everybody was good and angelic, Griffin...

Justin: Yes. Yes. Thank you, yes.

**Travis:** ... then maybe nobody is.

**Griffin:** There's a kid—there's a username Leviticus on here, which is already great.

**Justin:** [laughs]

**Griffin:** Who says um, "If your stepdad wants to play silly games in the bathroom, then leave him to it." Which really should be the motto for 2019, I think, maybe.

**Travis:** [laughs]

Justin: [laughing]

**Griffin:** Like, 2018 was Collaborate-Teen, and I don't know that we've been especially good stewards of that, but I do think that 2019: If Your Dad Wants to Play Silly Games in the Bathroom, then Leave Him to It is something we can actually honor pretty easily.

**Justin:** [laughs] Just let your stepdad do whatever he wants in the bathroom.

Travis: Yeah.

**Griffin:** Just the silly games, it's fine by me, Griffin McElroy.

Justin: Here's what's hard for me.

**Griffin:** Mm.

**Justin:** I'm trying to walk the right path.

Travis: Uh-huh.

Griffin: Sure.

**Justin:** Trying to be good to my fellow man, trying to tithe 10 percent,

trying to work—

**Griffin:** [laughs]

Justin: Trying to keep the Sabbath holy. All of it.

Travis: Yeah.

**Justin:** And then I feel this little creeping presence sneak up from behind, say, "Justin, are you sure you shouldn't go down to the bedding parlor?" or what-have-you. Put some bets on the ponies, steal your brother's big screen TV.

**Griffin:** Steal that big basketball from the Dick's Sporting Goods you've always wanted.

**Travis:** Yeah.

**Justin:** [through laughter] You know how you could never afford the big basketball that they say is just a picture of a basketball they hung up at the basketball section, but you know it's a real, fully-formed basketball that would be *so* fun to play with.

**Travis:** Mm-hm.

**Justin:** And the devil is the one who's always telling me to do these bad things, and I just wanna try to live a righteous life.

**Griffin:** Uh, how about another question?

**Justin:** Yep. "I like to take my family fishing, but we haven't been fishing for very long, so we're not very good at it yet. When we go fishing, we feel like people are watching us. They're watching us be bad at fishing. We'll wanna keep fishing, but we don't wanna endure the withering gaze of more seasoned fishermen. How do we go fishing without other people looking at us?" And that's from Self Conscious Six in Salt Lake.

"P.S., we haven't caught a single fish yet."

**Travis:** [laughs]

**Justin:** [laughs] I do—I think it is—I think the hardest pill to swallow in this sort of situation that you've ginned up is that there are people for whom watching people not catch fish is a very good thing to watch. Like, one of the thing—

Travis: Yeah.

**Justin:** Like, we have phones and stuff. Like, definitely...

**Griffin:** [laughs]

**Justin:** ... probably they're not gonna watch some people not catch fish, I think.

**Griffin:** Sure. There are TV shows I could watch where very good fish-catchers uh, catch fish like, nonstop. And I'm talking about big, fat fish of all shapes and sizes. And I don't even wanna watch that, you know?

**Travis:** Well, and there are whole TV shows you could watch where people aren't catching fish. Like, there are whole episodes of *Law and Order: SVU* where no one catches a fish.

**Griffin:** Yeah, there's so many shows where no fish are caught.

Travis: Where no fish are caught.

**Griffin:** I love *Terrace House*, but there's only been like, one or two episodes where they catch fish.

**Justin:** I feel like... I wouldn't—I mean, I feel ya. 'Cause I would not know where to start with this. I definitely could buy... a rod. [laughs] And I think I could find a place around here that sells worms. That's as far... yeah. That's as far as I could get.

Do I go early in the day? Do I go late? I understand this sort of anxiety this person's experiencing, 'cause I feel like it's such a narrow window in which you could catch a fish anyway that there's a real good chance somebody'd see you fishing out there and just know that, like... it's definitely not gonna work for you.

**Travis:** Maybe—maybe this is like an expectation thing, where like, when you get to the... I assume? Question mark? You like, loudly announce, like, "I hope I don't catch any fish today!"

**Griffin:** Yeah, good.

**Justin:** Loudly—loudly, I know, won't work. I do—okay. Let me chime back in. Loudly won't work for fishing.

Travis: Okay.

**Justin:** I know that, 'cause they hate that. They hate the sound.

**Travis:** Maybe when you're—

**Griffin:** They hate our human noises. They love their own fish noises, 'cause I watched *Fish Tales* and they were always singing and dancing around in that flick. But they hate our human sounds.

**Travis:** Then maybe like a sign, like, hanging on your boat that's like, "Not trying to catch fish." Like, "I know how this looks..."

**Justin:** "It looks like I'm..." I feel—

**Travis:** "...but I'm just trying to soak these worms."

**Justin:** I feel pretty confident—

**Griffin:** [bursts into laughter]

**Justin:** Just soaking the worms. [laughs]

Griffin: Let's get these wormies wet!

Justin: Get 'em wet.

**Travis:** [laughs] I'm just trying to rehydrate my worm friends!

**Justin:** I feel pretty confident... of one thing vis a vis fishing. If I were to

somehow luck into catching a fish, right, so I get the fish...

**Travis:** [laughs] Uh-huh?

**Justin:** ... on the hook, I zoom him a bit in my boat, and I have him there. I do feel... uh, pretty confident that the lookie-loos would then be treated to me, bewildered, watching a fish die. [laughs] I think that is the next thing that would happen, is I would watch a flapping fish look around in panic, hoping against hope that an adult would rise from the sea to deal with the situation for me.

Travis: [laughs]

**Justin:** The best I can come up with—I'm thinking in the moment. I think I would probably drop it back into the water until I came up with a plan. [laughs] I think this is the best that I would be able to gin up in the moment.

Travis: "Okay, hang out here. I'll be right back."

**Justin:** Just like, defish him, I think would be the best that I could probably do, is like return him to the ocean and hopefully he found a way to like, free himself. That is the best I can come up with.

Travis: Yes.

**Justin:** And that's monstrous, what I've just said.

**Travis:** I would most likely throw the rod in after the fish.

Justin: [bursts into laughter]

**Travis:** "This is yours now!"

**Griffin:** Yeah. I'll tell you my great fear, is that it would be—I would go out on the boat, and I would start fishing, and I would fall in the water and become an Incredible Mr. Limpet.

**Travis:** Mm-hm.

**Griffin:** Because the fear for me there is not, obviously, the trials and tribulations that he went through as a sea creature in that movie. It's that I am happily married and the father of a beautiful son, and in that movie, Mr. Limpet also has a similar life situation when he falls in the water, becomes a fish, and *instantly* falls in love with a lady fish.

Travis: Mm-hm.

**Griffin:** Who I think he calls Lady Fish. And I don't know—I guess I'm scared of like, the infidelity that I think—I guess goes along with being a fish guy. Um, so I...

Justin: Yeah. For sure.

**Griffin:** I never, ever get out there on the water. 'Cause I don't wanna—

**Travis:** You don't wanna be tempted.

**Griffin:** I don't wanna be unfaithful, I guess, like Mr. Limpet was. Do you know what I mean?

**Travis:** Because here's the thing: there are plenty of fish in the sea, and that's scary.

**Griffin:** And that scares me. That scares me. That scares me.

Travis: Yeah.

**Griffin:** 'Cause I would never—I'm not tempted, in my human form. You give me a fish-eat-fish brain and it's all instinct, I don't know. I don't know.

Justin: Sure.

**Griffin:** It's instant. He falls in the water, he's like, "Oh, no," and then I guess he sings a song or something, and then there's a lady fish, and he's like, "Pshh, hello!" And it's like, there's a lot of ethical questions about that, Mr. Limpet.

**Travis:** Just a quick question, 'cause I think this marks the 100th time we've referenced Mr. Limpet. When was the last time any of us watched it?

**Griffin:** Oh, never, is my answer.

Travis: Okay. 'Cause it's a solid at least two decades for me.

**Justin:** I've been waiting, 'cause Jim Carrey was supposed to remake it, and I just keep hoping that that's gonna come together eventually.

**Griffin:** So I guess he joins the navy in his fish form, and fights Nazi U-boats?

**Travis:** Yeah! I remember him setting—[laughs] I think he sets off, like, ocean sea mines, I think is a thing that he does?

Griffin: Alright! Yeah, he forms like a fish Navy, um, and—

**Travis:** It's like *Inglourious Bas—Finglourious Basterds*.

**Griffin:** Oh, no, I guess two Navy officers reach out to Mr. Limpet in the sea, and offer him a commission in the United States Navy. It's unknown what becomes of the conversation, for the movie ends with a question mark. That's a pretty fucking cool way to end the flick. That's kind of like the Brock Lesnar coming out and beating the shit out of Mr. Limpet ending of the flick. And I'm very into that.

**Travis:** Man, I would watch that movie.

Griffin: Yeah, sure.

**Travis:** Like, what do you do when you catch a fish? You get Brock Lesnar to come punch it a bunch.

**Griffin:** Well, he doesn't really—he doesn't paint with punches. That's not really on his palette.

**Travis:** Is he more of a kick man?

**Griffin:** He's more of a throw man.

**Travis:** [laughs] Oh, I see.

**Justin:** Alright, folks, this has all been great, but we need to take a quick sojourn to the Money Zone.

[theme song, "(It's a) Departure" by The Long Winters, plays]

**Travis:** Blue. Apron. Two words. Seem so simple, don't they? They are. 'Cause Blue Apron is—

**Justin:** This is the danger, folks, if you start talking before you really decide what works you want to kind of string together into ideas. [laughs]

**Griffin:** Yeah.

**Travis:** Listen, I've only got the one method, Justin. I don't know what you want from me.

**Griffin:** Sometimes when you're building the plane underneath you as you fly it, you add in, like, "I'm gonna add in some big, big speakers, and I'm gonna make sure that the paint color is blue," and you realize that you have not put in wings or a chassis, or a—

Justin: Yeah. And you're making a Jeep. That kind of thing.

**Griffin:** Yeah, you're making a Jeep.

**Travis:** Yeah, it happens. So Blue Apron's mission is to make incredible home coobing—[babbles].

Justin: [laughs]

**Travis:** Make [laughs] incredible home cooking accessible to everyone. And they do! They do it by delivering farm-fresh ingredients and step-by-step recipes to your door! I'm a big fan of Blue Apron. It makes me feel—well, you know, when I started doing it, I felt like I could cook, and now having done it for a couple years, I will say, it has actually improved my cooking abilities. And Blue Apron is dedicated to supporting a more sustainable food system, setting the highest standards for ingredients and building a community of home chefs.

They just did a *Bob's Burgers*, like, partnership.

**Justin:** I thought you'd get a kick out of that.

**Travis:** I loved it so much! And I got to make—I got to make the Bob's burgers!

Check out this week's menu and get your first three meals free at BlueApron.com/MyBrother. That's BlueApron.com/MyBrother to get your first three meals free. Blue Apron, a better way to cook.

**Griffin:** Uh, can I tell y'all about Quip?

Justin: Yeah!

Travis: Yes.

Griffin: I hate Quip. Did you know it's Opposite Da—did you know it's

Opposite Day?

Justin: Whoa.

**Griffin:** I think that could be a really fun way to start doing these ads.

**Justin:** ...Okay. Do opposite ads.

**Griffin:** Do you know what I mean?

**Travis:** Like, hating them?

**Griffin:** Yeah. I'll be like, "Oh, it doesn't brush my teeth really good and make my teeth look white and beautiful." Just it's Opposite Day. So you have to keep saying that, over and over again.

**Justin:** Why don't you do an Opposite Day for this one, and see if they still give us money? [laughs] Good test run.

Griffin: Okay.

**Travis:** Yeah. I'm also—I'm worried, Griffin, that if you say "It's Opposite Day," on Opposite Day, doesn't that mean it's not Opposite Day?

**Griffin:** Ah, shit birds. Okay. Anyway, it's not Opposite Day anymore. I love Quip. And it's because I was brushing my teeth wrong, 'cause I was using the wrong toothbrush. Now I'm using a Quip toothbrush. It's sleek and stylish, it's modern, it is... discrete. And...

Travis: [laughs]

Griffin: It is an electric—

**Travis:** It'll keep its mouth shut.

**Griffin:** [laughs] It's a new elec—It'll keep my mouth shut, while I'm brushing it in and out in there. And it's an electric toothbrush that's a fraction of the cost of bulkier brushes, and it packs premium vibrations for a perfect two-minute clean. Plus, their guiding pulses remind you when to switch sides, and they'll deliver new brush heads on a dentist-recommended schedule every three months for just five dollars, including free shipping worldwide.

It's great, I have one, it sticks to my bathroom mirror, I pop it in, brush it, pop it back out, and then I can travel with it. It's super easy.

Anyway, Quip starts at just 25 dollars, and if you go to GetQuip.com, that's Get Q-U-I-P dot com slash MyBrother right now, you'll get your first refill pack free with a Quip electric toothbrush. Spelled G-E-T-Q-U-I-P dot com, slash MyBrother.

**Travis:** I got a Jumbotron here! I wanna tell you, hey. Do you like people playing video games with a twist? Check out this YouTube channel, Espresso Steampunk. There are no X's in the word "espresso," by the way, as you can tell by the way I say it. Espresso.

He plays scary games while recording his pulse and pupil dilation, kinda like *Blade Runner*. He plays dating sims while giving comedic dating advice with his girlfriend. He just wants to entertain you while he chills out. What could be better? So once again, that's YouTube.com/EspressoSteampunk.

I—uh, it's been too long since I've seen *Blade Runner*. I don't remember Harrison Ford playing *Fortnite* while they—but maybe that happened. Did that happen? Did Harrison Ford do a lot of livestreaming in *Blade Runner*?

**Griffin:** Yeah, and he gets his ass completely *wrecked* by these fucking androids. 'Cause they have hands that are keyboards, and they use all the cheat codes.

**Travis:** Ugh! Oh, they have like the turbo button.

**Griffin:** They have turbo buttons built into their frickin', you know, fingers and thumbs and elbows and—

**Travis:** They always play—

**Griffin:** And the only game I can beat 'em at is *Dance Central*, 'cause they got no rhythm, but I do. Can't teach a robot rhythm, I always say that.

**Justin:** I have a message for Chris, and it's from Anna. And it says, "'Sup, handsome. Can't believe we've been together for 10 years already. I'm not very romantic, but I figured if I got our favorite brothers to read this message to you, my love would come through. Am I good? Looking forward to many more years of eating Totino's, hanging out with our cat Sam, and watching dumb internet videos. Much love, Anna." And this is for – whoo – on or after January 22nd 2018. So wowza, did... w... woof. That is a bracing amount by which to miss this happy occasion, so thank you so much.

**Griffin:** It's been basically 11 years, so let's go back and fix it.

**Justin:** [laughs] At this point. Okay.

[advertisement plays, banjo playing in background]

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[advertisement ends]

Griffin: Uh, Yahoo?

**Justin:** Sure, yeah, that sounds great.

**Griffin:** So this one was uh, sent in by Matt Brown. Thanks, Matt. It's Yahoo Answers User Star5, who asks, "If you were Bigfoot, would you reveal yourself to humans?"

Travis: Like a flasher?

**Griffin:** Probably not a flasher. Probably like a—you know, an announcement. "Hey, I'm Bigfoot. It is me. Let's do this thing. Me and you together. Humanity, let's fucking—let's roll."

**Travis:** If I was going to, you'd have to pick the right moment to make maximum impact. Right? So it'd have to be...

**Griffin:** 2020 election.

Travis: Yeah. And like, announce yourself as, like, a candidate.

**Griffin:** Oh, I was thinking just the Bigfoot endorsement.

**Travis:** Oh, okay. See, but that's the thing, is like, I would want to do it just when I felt like people stopped believing in Bigfoot. And that's when it's gonna make the biggest impact. 'Cause if everybody already believes you're there, big deal, right? Then you're like, "I'm Bigfoot!"

And everyone's like, "Yeah, we fucking know."

But it just feels like if you could wait until the tipping point, where most people are like, "Yeah, you know what? There's no Bigfoot."

And then you're just like, "Boom! I'm Bigfoot!"

**Griffin:** Yeah. Uh, that weird guy at the grocery store was right. That would be good.

I'll tell you the problem. I'll tell you why I probably would—this would be a firm no for me if I was the Bigfoot, is I would step up, and I'd be like, "Hey—" I'd do a press conference. "Hey, I'm Bigfoot. Big and hairy and I live in the woods and I just wanna chill, so I just wanted to say hey, 'cause I know y'all have a lot of internet fights about me, and I want to put that to bed. It's me, the Bigfoot. Jack Links, don't appreciate your whole thing."

Justin: [laughs]

**Griffin:** "I'm pretty chill. So *Harry and the Hendersons* is the best—is a great movie, best movie ever made. They actually got it the closest to right, so well done. Anyway, I'm gonna go back to the woods."

And there'd be a lot of people...

**Justin:** Also uh, Jill Stein 2020. Okay.

Griffin: Jill Stein 2020. Just wanted to get that out there, and uh...

**Justin:** Just wanted to get ahead of it. [laughs] Don't have a bunch of debates about who I'm gonna support. 'Cause Jill Stein 2020. Bye.

**Griffin:** 2020. Bye. Uh, there'd be a lot of people who'd watch that press conference who didn't have particularly strong feelings about the existence of Bigfoot, who would then see it, and then say... "Wow, I wanna eat that thing."

Justin: [laughs]

Travis: Oh, yeah.

**Griffin:** Do you know what I mean? Like, there'd be people who don't particularly have feelings about it, but they would see the Bigfoot do the press conference, and say, like, "Hey, I'm Bigfoot. I'm real. Jill Stein 2020. Legalize it." And then wander back off in the woods.

And there would be people who would say, like, "I wonder what the meat and flesh of that animal would taste like." Do you know what I'm talking about?

**Travis:** "I want to wear him like a jacket."

**Griffin:** "I want to wear him like a jacket. There's only one of them, and I'm sure the meat is maybe tough and gamey, but I would be the only one to ever have it." And there'd be lots, and lots, and lots, and lots of people—we could not satisfy—we would have a—unless we did like a real *Okja* situation, we would not be able to fully satisfy the hunger for this being's flesh and uh, meat.

**Travis:** Griffin, who do you think is the most famous person who would want to eat Bigfoot?

**Griffin:** Uh, how famous is Ted Nugent? 'Cause that's 100-percent guaranteed, yes.

Travis: Mm. I bet maybe Gordon Ramsay might wanna eat Bigfoot.

Justin: No...

**Griffin:** Oh, the chef community would be—I mean, certainly there are chefs who would be more into sustainable sources of meat, but then there would be, like—Wolfgang Puck would form, like, a militia to get the—to get ze Bigfoot!

**Travis:** [laughs]

**Justin:** I have a think piece for you here that I'd like to craft in this moment. I was looking up a study, and right now, according to the best

research that I could find, most research recorded, around 20 percent of Americans, one in five, believe that Bigfoot is real. Okay?

**Griffin:** Okay.

**Justin:** One in five. If Bigfoot goes on TV and does a press conference about how he is real that is broadcast across all the major news stations, the next morning, what percentage of Americans believe Bigfoot is real? This is what—what I'd like to posit is, has it changed at all? [laughs] Is it less? Do fewer at that point? How many people would watch Bigfoot talk on TV and say, "Hi, it's me, Bigfoot, I'm real, Jill Stein 2020, legalize it." How many people after that press conference, the next morning, wake up and then believe [laughs] Bigfoot is real?

**Travis:** This is an excellent point, Justin, 'cause there are many people in the world that I know are real, but at any given moment when I'm not looking at them, I don't believe they exist.

Justin: What's the number?

**Travis:** I think...

**Justin:** Bigfoot goes on TV, does a press conference. Before this press conference, one in five Americans believe Bigfoot is real. What is that number after the press conference?

**Travis:** Well, fuck, Justin, there was a hologram of Tupac who just, like, performed at a thing, and they've got the green screens and the CGIs, and—

Justin: Boy, you are really working so hard to dodge...

**Travis:** 15 percent.

Justin: what?

**Travis:** I think it drops.

**Justin:** That's about where I'm at.

**Griffin:** Oh, interesting.

**Justin:** That's actually where I kinda was thinking. [laughs] 'Cause I feel like there was a percentage—there is a not-insignificant percentage of the Bigfoot crowd for whom seeing Bigfoot give a press conference on the national media uh, would probably lower their chance of believing in Bigfoot. I believe that there is a percentage of the human population.

**Travis:** There would definitely be someone who would see it, and be like, "Oh, no, that's not Bigfoot. That's just a large, talking ape-man, but that's not Bigfoot. I have drawn Bigfoot, and he looks like this, and he has ripped pecs, and he has just—a 12-pack, and he kisses real good, and that's not him."

**Griffin:** I mean, if the last few years have been any indication, if it does appear on the news, there will be people instantly on Facebook, like, "It's feet don't look that big to me," like—

**Justin:** [laughs]

**Griffin:** Anyway.

Travis: I would wanna eat him.

Griffin: Yeah, I think we'd all want a sliver of that uh—

Travis: But not all of him.

Griffin: No, no, no, no. Just... enough.

**Travis:** See, now I'm picturing some kind of—a movie, a buddy comedy of, like, Bigfoot—comes out, announces himself, then the whole world wants to eat him, and it leads to this worldwide hunt for Bigfoot, and then he has one friend who helps him, and it's like, Guy Fieri, and they team up, and Guy Fieri has to protect him from all the other chefs in the world. And they just go on adventures together.

Griffin: Yeah.

**Travis:** Maybe it's more of a sitcom. Maybe it's like a hour-long—not really sitcom, so much as a humorous drama.

**Griffin:** Yeah. So—and at the end, you're envisioning sort of a *Departed*-style ending for this one, because really, Guy Fieri is just trying to find a deep fryer big enough to get the entire Bigfoot in it at once. Like, that's his kind of—

**Travis:** Well, at the end, Bigfoot um, dies of a heart attack, but as he's dying, tells Guy Fieri, "You're the only one who deserves..."

Griffin: "It's okay."

Travis: "Yes, please, do it."

And Guy Fieri's like, "I don't want to."

So Bigfoot climbs inside of his mouth, and makes him chew him up. And it's really touching.

"Do it Guy Fieri!"

"I don't want—Omnomnomnom!"

**Griffin:** [laughs] He jams his huge, hairy fist into Guy Fieri's huge, hairy mouth, and just makes with his other hand, just kind of forces Guy Fieri's jaw to go up and down and up and down, and—

**Travis:** As Guy Fieri cries donkey sauce.

**Griffin:** Yeah, yeah. He cries donkey sauce directly into the mouth, to add the flavorings and take it straight to Flavor Town. It's basically like the arm-cutting scene in *127 Hours*. It is long and it is brutal, and you see all of it, but it's cathartic.

**Travis:** If anybody could get Bigfoot and Guy Fieri to commit, and we know which one of those is gonna be the most difficult...

Griffin: Yeah.

**Travis:** ... then I will kickstart that project.

**Griffin:** And then, after-credits scene, Guy is hosting the triple G, Guy's Grocery Games, and one of the contestants runs back down the aisle, and he's like, "Alright, what'd you get?"

And he's like, "Well, I got some tabasco sauce, I got some panko breadcrumbs, and I got one pound of Bigfoot meat."

And then it cuts to Guy Fieri's shocked face, and he's like, "Where did you—" que—ends with a question mark? Hmm?

**Justin:** [makes repetitive high-pitched beeping sound]

Griffin: Okay.

**Justin:** [continues beeping sound] Got a Haunted Doll Watch.

**Griffin:** Okay.

**Justin:** It's a brief one. This is a kind of a unique approach that I have not seen before, so I wanted to highlight this haunted doll named Goldie, who I will say, Goldie does not look all that creepy. Kind of a sweet doll, if I'm being honest. Kind of just like a—just looks like kind of a sweet doll, to me.

Travis: Okay.

**Justin:** I'm gonna send y'all the link so you can enjoy Goldie. You're not going to be able to find Goldie when you hear this episode, 'cause Goldie's only on sale for another 26 minutes. Zero bids on Goldie, currently. Starting bid is 38 dollars, which is kind of a buck-wild starting bid amount. Just kind of seems like you snapped that one out of midair. But anyway.

This is—

Travis: Oh!

Griffin: Oh, my God, Justin.

Justin: What?

**Griffin:** Just the—the supplemental images on—[laughs]

**Justin:** Just kind of a sweet doll. That's all.

**Griffin:** [continues laughing]

**Justin:** It's just kind of a sweet doll. Anyhoo... this is Goldilocks. "This is, quote, "'Goldilocks," quote. "I've been working with her for a while now, and discovered she died a horrible death. I took pictures of the response I got when asking her several questions about when she died and who killed her. Other things that came up were," quote, "violence,' 'hand,' 'Hell,' and 'copper.' I can send you pictures of these words on my device, if you like. I was limited by the amount of pictures I could post." [laughs]

**Griffin:** What's the—describe the device, Justin.

**Justin:** It is—[laughs] I just don't—it looks like... okay. It's a phone, definitely it's a phone, and it looks like there's like, meters and stuff at the top. And then below it, there's like, the NES font [laughs] basically, like—

Travis: Uh-huh.

**Justin:** Mega Man, NES font, uh, describing uh—uh, I guess what the doll is trying to communicate. I don't know if this is a program or what, but it is amazing. Here are the images—like, the text on these images is, "Inside you."

**Griffin:** That's the first one, and it's the best one. I wish you'd started with another one, 'cause it's the best one. What possible—what possible question

could you have posted this hawnt-ed [haunted] doll that the response, "Inside you," would be an acceptable answer?

**Justin:** Even acceptable. Next, "Seven," followed by "Light," and then "Believe him," [laughs] oh, my God.

Travis: Okay, wait.

**Justin:** "October." These are all discrete images. "Gorging." [laughs] "Maniac. Not brave."

**Griffin:** If only there was a word that meant "not brave."

**Justin:** "Afraid," is the next image, Griffin. Afraid is the next image—

**Travis:** I was gonna say, "Not brave, not brave, uh..."

**Justin:** "Shit, I know there's one that's, like, easier." Hey, you have a limited number of images you can share, and you're gonna do both "not brave" and "afraid"?

The last one is "Cremate," by the way, so you do have that going for you.

I don't know what—I'm putting out a bounty for this fucking program. Please, someone tell me what it is. It looks like an iPhone app, and I need it desperately.

So here's the last thing—

**Travis:** It says right here, Justin, "If you have any questions, please feel free to ask."

**Justin:** Yeah. "What app is that, please?"

I do—I wanna say, this is the reason I'm reading this, and not just because of this great ghost communication app that definitely exists: after all this, at the end, this lister says, "I also ask that you place her in a room you use most, so you can connect. Spirits take time, and the more time you spend

with her, the more she will show herself to you. Please be patient. She is an amazing find."

So it's not just like, "I'm gonna get one of these as, like, a novelty." It's like, "I'm gonna put this doll in my home in a high-traffic zone, so I can really get comfortable with the ghost that's in this doll. I want it to be somewhere where company's gonna see it. I want it to be somewhere very prominent." I've never seen that sort of requirement on an eBay listing.

**Griffin:** I mean, it's word-of-mouth marketing, isn't it? "Please talk about the doll to all your friends, to give them the web address of my eBay shop of uh, hawnt-ed [haunted] items." This person's on some next-level multilevel marketing shit.

**Travis:** "I do wanna warn you that as you connect with her more and more, she will start to send you that 'Inside you' message more and more."

Justin: [laughs]

Travis: "And then it's time to sell her."

**Griffin:** Yep.

**Justin:** Folks, that's gonna do it for us this week. Thank you so much for listening to our program. I wanna say real quick, I got a new podcast. It's a meditative show about cereal. I made it for anxiety sufferers and people who like cereal and people who fit into both categories. I made it with the creator of a cereal blog called *Cerealously* named Dan Goubert. And Dan and I record this very relaxing show that you can find at Bowl.rest.

It's just an opportunity to zone out. You can also go to Bowl.rest to support the show, and all proceeds from the show will go to—half will go to keep the lights on over at *Cerealously*, and the other half will go to a food pantry in the Huntington, West Virginia area, so you're helping support two great things.

And I hope you get a lot out of it, and I hope it'll help you to relax. 'Cause I use podcasts a lot to relax when my anxiety is at its peak, and I hope that

this can be the same for you. So that's *The Empty Bowl*, Bowl.rest is where you can find that, and I hope you check it out.

**Travis:** Justin, how many times now have you told people about this and had to clarify, like, "Breakfast cereal, not the podcast serial?"

**Justin:** This is the reason that I don't have "cereal" in the title, Travis, so I would not have to repeatedly have that conversation.

**Travis:** Okay. Um, also, real quick, I'm doing a Cincinnati Underground Society Show here in Cincinnati on the 23rd, so this Sunday, uh, get your tickets for that. And also for my upcoming New York Comic-Con event, those are on McElroyShows.com/Tours. So check those out. And just in general, we add stuff to that tours page quite often, so you know, check it on the reg.

Anything else? Oh, we have the podcast merch on McElroyMerch.com, including our generic podcast merchandise, and a portion of that goes to benefit a Huntington, West Virginia charity that is working to combat drug addiction. So check that out at McElroyMerch.com.

**Griffin:** I wanna thank John Roderick and The Long Winters for the use of our theme song, "(It's a) Departure" off the album Putting the Days to Bed. It's a fantastic album, and you should support John and The Long Winters by getting it at, I don't know, a Suncoast or whatever.

But also thanks to Maximum Fun for having us on the network. You can go to MaximumFun.org, check out all the great shows there. Shows like *Friendly Fire*, shows like *Switchblade Sisters*, shows like *One Bad Mother* and so many more all at MaximumFun.org. And you can check out all the shit that we do at McElroyShows.com!

Y'all want that final, though?

Justin: Yeah.

**Travis:** Yes, of course I do.

**Griffin:** Here is the final Yahoo. It was sent in by Catherine Green. Thank you, Catherine. It's by an anonymous Yahoo Answers user. We're gonna call them... Sharky, asks, "Why is everything at my grandma's house moist?"

Travis: [laughs]

**Justin:** My name is Justin McElroy.

**Travis:** I'm Travis McElroy.

**Griffin:** I'm Griffin McElroy.

**Justin:** This has been My Brother, My Brother and Me. Kiss your dad

square on the lips.

[theme music, "(It's a) Departure" by The Long Winters, plays and ends]

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[synth music plays in background]

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