

MBMBaM episode 389: Horse Bonology

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Intro (Bob Ball): The McElroy Brothers are not experts, and their advice should never be followed. Travis insists he's a sexpert. But if there is a degree on his wall, I haven't seen it. Also this show isn't for kids, which I mention only so the babies out there will know how cool they are for listening. What's up, you cool baby?

[Theme music plays]

Justin: Hello and welcome to My Brother, My Brother and Me, an advice show for the modern era. What a thrill it is to be back. My name is Justin McElroy I'm your oldest brother.

Travis: I am your middlest brother, Travis McElroy.

Griffin: And I'm the Nasty Man. Hey guys it's me, the Nasty Man.

Travis: Is Nasty Man a 30 under 30 media luminary?

Griffin: Yeah, Nasty Man, they didn't take that away. When I became Nasty Man I emailed Forbes just as a courtesy, like, "Hey are you gonna strip my title? You gonna put an asterisk up there? You gonna lower my banner and burn it in the ceremonial fire?" And they said, "No, Nasty Man." And I thought that was sweet that they did call me the new name. Uh they said, "No, Nasty Man, you can stay on the list," and they updated the website so now it says The Nasty Man.

Justin: It actually says Griffin McElroy and it's all the same and there's a huge asterisk. I mean comically huge asterisk and it says, "Just a fair warning, ladies and germs, he's a Nasty Man."

Griffin: Yeah and it says germs in like a comic sans to let you know that that part is in fact kind of a joke, because I'm, I've got the Bronchitis gang. I got it [sings] "deep down, down, down deep in my lungs. Hey deep in my lungs" and it's bad and did you know that when you are a professional podcaster you really just can't get Bronchitis. It's like really...

Travis: You really can't.

Griffin: You're really not supposed to do it and so when I saw the big Bronchitis hose hanging off that abandoned warehouse and I was like: "I'm gonna take a huff on that." I should have known that it would have been a mistake but I didn't and curiosity made the cat get Bronchitis.

Justin: It's funny, I've been on a course—My wife got, she has a name, it's Sydnee. My wife got the flu because she works at the flu store pretty much and she got the flu and she brought it home so I went on prophylactic dose of Tamiflu so I was taking one Tamiflu a day.

Griffin: And that's really funny. Like we should talk about the fact that it does sound like you are talking about a rubber or a Jimmy Cap.

Justin: It is hysterical, yeah. So Tami is the closest I've ever had to having a super power. Like I'm just wandering around town. I see a sick person and I run up to them and I embrace them.

Griffin: Yeah.

Justin: Like, 'cause they haven't had touch-

Griffin: I would love a big embrace right now.

Justin: ... in a while. I do, I of course ask consent first.

Griffin: Yeah.

Justin: And then I give a huge bear hug and just say like, "It's gonna be okay." And they're like, "But, Justin, no don't ow." And then I'm like, "It's fine."

Griffin: Um. I also have like a sinus infection, which is really cool, and what's really cool and is cool about it is that right now I, I don't know, 15 minutes ago took my cough syrup that did have codeine in it-

Justin: Nice.

Griffin: And I did take a Sudafed. The max strength 24 hours one because I do not fuck around. That real Walter White shit and so my brain isn't one. For the most part the two lobes are like, the left side's team codeine and it's like, "Let's just chill," and the right side is team Sudafed and it's like, "Yeah, that sounds pretty good," and so I'm excited for what the Nasty Man is gonna bring to this episode. Travis, how's your health?

Travis: Oh my health is great. I'm recording this from a hotel room in San Francisco for San Francisco Sketchfest.

Griffin: Got any lotions?

Travis: What?

Griffin: Lotions, do you have them from the hotel?

Travis: Oh yes, I'm gonna steal those lotions. My voice is a little rough but not from sickness, just from laughing and screaming in joy.

Griffin: Well I'm glad to hear that Trav. You big shithead.

Travis: Well I also have something so important to tell everyone, Griffin. Everybody lean in.

Griffin: You don't want me that close to you, bud.

Travis: The hotel room I'm in is 420.

Justin: No.

Griffin: No! They, you did it! It's the dream.

Travis: I did it! I'm in the weed number. I live in it now.

Justin: What was your exact reaction when they told you?

Travis: I think I kind of just said, "Really? Really?!" Like a child who had just come downstairs on Christmas to find an Ewok village playset below the tree.

Justin: How many people at the Sketchfest did you tell—find an excuse to tell your hotel room?

Griffin: But in a not creepy way.

Travis: No, everyone was very jealous legitimately.

Griffin: Yeah.

Travis: I think just because I'm here with so many standup comics and performers who are like-

Justin: And you know they love weed!

Travis: Yeah, and not only that, but I have the go-to punch line of, "I'm in the weed number."

Griffin: Mmm.

Travis: They would use that. But here I am using it on my recorded, whimsical podcast, My Brother and My Brother and Me.

Griffin: Yeah man, it's a sure fire hit. I don't know if you can tell from our response of just bust and chuckle, chuckle nuts over here, but it's a sure fire.

Justin: Really they use that number? The weed number?

Griffin: I would think that it would be like-

Travis: Yeah like when they skip the 13th floor, you'd think they would do that and just like, "We can't put the weed number in here."

Griffin: Yeah.

Travis: That's too funny.

Griffin: Yeah. Anyway. SO this is gonna be a real episode of content so should we do that?

Justin: Yeah, I mean yeah, for sure.

Griffin: Nobody's gonna say by the time they get to the end of the episode, they won't be able to say, "Well that wasn't an episode of a podcast." I think it'll be pretty undeniable that what we've done here is put together a real podcast episode in terms of content.

Justin: Yeah. My wife and I recently moved to Michigan.

Griffin: My wife!

Justin: [Laughs] Okay Nasty Man. My wife and I recently moved to Michigan where it is very cold in the winter time.

Griffin: I've heard that.

Justin: Shut up. "To keep warm my wife made a sweat dress, which is a full length dress made entirely of the material used to make sweatshirts and sweatpants. It's very warm. But we're not sure whether it is appropriate to wear to work. Is my wife's new gray sweat dress appropriate work attire or is it just a pajama dress?" That's Andrew from Anne Arbor.

Griffin: Last night, because of all of the football that happened, and it was apparently very good football.

Justin: Yeah TD's all over the place. I heard that at least 8 teams—

Griffin: Won.

Justin: Were mentioned, which seemed wild to me.

Griffin: Yeah and because of the football everything on all the channels was delayed. Like a half hour and so that's why I was accidentally watching Shark tank.

Justin: Uh huh....

Griffin: And Juice you 'watches' that? I know you like to get up, I know you like to swim with the fishes.

Justin: I watch every ep. baby!

Griffin: You swim with the fishes. There was a gentleman that pitched a product there and fuck me I guess it worked because here we are mentioning it on our nationally syndicated podcast.

Travis: Which by the way I'm so glad we finally got syndication. You know, that's where the money is.

Griffin: There was a gentleman that pitched a product that was called Dude Robe and it was kind of this, sort of like fleece lined robe hoodie line and it was called Dude Robe, which I thought was not inclusive in the way that I like my products to be.

It sounds like you have kind of developed an alternative to Dude Robe and I'm very much into that. Now I will say the sharks did pass on Dude Robe so if you're looking for sort of commercial viability of your new product and if their acumen is to be trusted I don't think there's much of a profit future for you.

Justin: Is it appropriate to wear to work? I mean, is it the material or the cut?

Griffin: Yeah the cut is so important. Uh, is it a you know—I know nothing about dresses. Oops! Cocktail dress, you know? That's one. Wedding is another.

Justin: [Laughs] Yeah that's another. I don't think it's a sweat wedding dress. Although I would be very into that sort of cas [casual] approach.

Griffin: Dude, a pajamas wedding, please. Hook me up! If I'm staying up past 11 anyway then I would love to just be in my off port buddies ready for the sack. I love your ingenuity here though—Or, your wife's ingenuity here though.

Justin: Mmhmm.

Griffin: I think this could really take off.

Justin: You think, it's not about whether or not, here's the thing, don't wear it to work because your new job is sweat dress.

Travis: Yeah...

Griffin: Your new job is promoting and selling this apparently commercially unviable product and I'm a little worried about that. The real issue is that this gentlemen wanted \$220 for each Dude Robe.

Justin: Oh no.

Griffin: Which seems like a lot, sir. I'm not going to pay that much. I wouldn't pay \$10 for a product if it was called Dude Robe. If it was just called—

Justin: Dude anything. Dude anything is a tough put. Dude repellent. [laughs] Maybe I would buy that.

Travis: I would also say Andrew, you and your wife need to do a little brainstorming because I think maybe sweat dress doesn't drip off the tongue.

Justin: I was going to say this Travis and then I started thinking like, if you think about it, sweat pants is like, that's gross. [Laughs]

Griffin: Yeah. It's really true.

Travis: It's nasty to have it at this point. It's a little late for us to change sweat pants.

Justin: It's established but if you think about it just for a second and that is what we are all about on My Brother, My Brother and Me sort of like deeper, diving deeper into the things that we sort of just pass by. The sweatpants. That's gross!

Griffin: Yeah it sounds like some sort of rag you would use for cleaning and that's why it is the Nasty Man's favorite sort of garment um...I love this though. Can you just staple on like a normal dress fabric to the outside of it and then it's your dark secret and if the answer is yes then my follow up

question is can you come to my house and do that to literally every piece of clothing that I own? [laughs] Because yes, while sweatpants is a nasty word it is the best, it's the one you wanna be wearing.

Justin: What about some embroidery or maybe some bedazzling could happen there to sort of kick it up a little bit? So you keep the comfort factor but it's also like a little, like maybe you use gemstones to write the word, "Fancy."

Griffin: And that's how you know a clothes is fancy, Justin.

Justin: Yep.

Griffin: And I'm glad you brought this up and that's why at the Met Gala. It's fancy, fancy. It's like Jus Nuten all up in that place. Speaking of the Met Gala, maybe we could just get Heidi wearing one of these things.

Justin: Can we, I need to stop for a second and figure out why you said the words Jus Nuten a second ago. [laughs]

Travis: I also was wondering this.

Justin: K— no, don't help him.

Griffin: Why, what was Jus Nuten sort of contribution? Was it a phonetic sort of fun you were having? Or was there a deeper level that maybe just whizzed over my head? What was the sort of the idea with saying Jus Nuten?

Griffin: Now, I guess the real question that's on the tips of everyone's lips is that I confused Jus Nuten and Reba McIntire.

Justin: How would?! Okay. She did "Fancy". Okay. Yes. Yes. See, thank you Nasty Man. We got inside the pit. So happy.

Griffin: What was Jus Nuten's jam?

Justin: Jus Nuten's jam.

Griffin: I just googled Jus Nuten's jam. Guys! Should we delay the episode

recording of the podcast? Jus Nuten best song: Queen of Hearts. [sings] "Playing with the Queen of Hearts!" That one is what I was thinking of. Anyway, you guys wanna Yahoo? [Laughs]

Justin: Sure yeah.

Griffin: Jus Nuten is a very talented performer. And this is a very talented Yahoo that was sent in by the delivery man Seth Carlson. Thank you Seth. It's Yahoo Answers User Skyler asks: "Can a ghost charge a phone? Asking because people who lived in my house claim we have a ghost here. I usually charge my phone with a wireless charger so I get notification when I place it on the charger.

I was standing in the doorway of the room where the ghost "resides," and that's in quotes, "and suddenly and randomly I get a pop up about my phone connected to the wireless charger and then fades as it detects the charger is off. However my phone was in my hands as I was browsing the net." This is a real person by the way and they did say, "Browsing the net." "Did a ghost energy charge my phone as it walked by or is it just weird technical malfunction?"

Justin: Well, of the two, I think you gotta lean ghost on this one-

Travis: Yeah.

Justin: If you're applying a skeptical eye I mean those electronics cost a lot of money and it just seems weird that they would just malfunction.

Griffin: I remember watching the movie Contact but only kind of watching it and there was a whole bit in it about Occam's Razor and I wasn't paying attention to it but I think what it meant is that the ghost did charge the phone in this one. And can I say what a friendly specter that would, like, I would want that specter.

I would want to, maybe not murder somebody in a terrible passion which is how ghosts get born. But I will say like that there have been times where I've been at like a music festival or at the airport and I forgot to charge my phone, where I could use a little you know, a little Casper floating around my Samsung and making sure that it gets juiced up.

Now that brings up a question though. Is it platform agnostic? Are there certain ghouls that charge Samsung devices? Are there certain geists that charge Apple devices?

Justin: I mean I think the key here was introducing wireless charging 'cause ghosts are wireless. So they hear that and they're like I can fuck with that for sure.

Griffin: Not old ghosts though.

Travis: Can you imagine?

Griffin: They've got sort of an iron lung situation where they do need to be plugged into the wall to go.

Travis: Can you imagine being a ghost who-

Griffin: And that's why a lot of times you know, you're watching Ghost Adventures and they say, "Oh see that extension cord just kind of whippin' around." That's an old, old ghost.

Travis: Can you imagine the frustration of being a ghost who like you've been charging someone's phone for them and then they come home and like Apple has changed the charging outlet on the phone and you're like-

Griffin: Ohhh.

Travis: I'm not compatible with Lightning chargers.

Griffin: Fucking Joanie. What am I supposed to do now?

Justin: I'm just gonna knock over some dishes.

Griffin: [laughs] Stinker...

Justin: [laughs] Stinker. I'm going to smash dishes until you get a new Samsung.

Griffin: I love the Samsung devices. It's more open platform. Don't give Tim any more money. Tim Cook.

Justin: Ghosts are more compatible with the Samsung platform.

Griffin: It's just the frickin' truth people 'cause Tim locks it up so you can't play all your emulators and stuff. Ghosts love it.

Justin: Ghosts can't get in it.

Griffin: Ghosts can't get in it! This was definitely spectral activity. I don't know what else to say. I'm so convinced of it now.

Justin: Yeah.

Griffin: It wasn't a fluke, this is a dead person that got in there and helped you out with a few extra percentage points that you need to get through the day.

Justin: It's bad enough that Tim made it water proof, so no squish ghosts can get into it. Like all the wet ghosts that are around, they can't get into your phone at all. What if they need to get in there to help solve a crime for some well-meaning neighborhood kids. They can't get in it. What if Ghost Writer got in your phone and was like, "Jesus Christ there's a lot of pornography on here. I don't actually want to help with this anymore."
[laughs]

Travis: Why is the symbol for Ways a ghost? This is just a thing I've always wondered. The app Ways?

Griffin: Yeah?

Travis: The little icon is a ghost with wheels. Never understood it. Is that an app... with a ghost in it?

Justin: It used to be

Griffin: No it was a car and then a freaking ghost

Justin: Did the car crash and turn into the ghost? [laughs]

Griffin: Another possibility.

Justin: [laughs] Do cars have ghosts?

Griffin: We can't even start to bust into that one but yes. Especially Tesla's. All electric, hybrid cars? Extremely haunted but that's how you get to drive from San Francisco to Phoenix in one charge. You have four or five ghosts just sort of pit crewing you there inside the trunk of one.

Travis: So here's my question: I'm walking around my everyday life. Then I die.

Griffin: Noooo.

Travis: I know. But in a terrible fashion with lots of unfinished business and I become a ghost. So my question is, does that mean that now, right now, sitting here, I have a ghost inside me and so everyone is haunted?

Griffin: Oh wow... And now it got to it folks. 300 and some episodes in, a big, the big philosophical one is all of us haunted with a literal ghost inside of us just waiting to jump out and do a scare when we die.

Travis: No...

Griffin: The answer is probably. The answer is probably. All the great theologians and philosophers throughout time agree. Descartes, um... [laughs] The other ones agree. There's definitely a little ghost in there. Is it scary?

Justin: Is it probably or definitely?

Griffin: Yeah probably. That's why on Descartes death bed he was like, "Here it probably comes," and then he died and then a ghost probably came out.

Justin: You are... Griffin, with all due respect, that's all nonsense and hogwash and bullshit. Ghosts are not piloting our bodies. Ghosts are created from somebody dying in a terrible passion.

Griffin: Mmm.

Justin: So you don't automatically. It's like a chemical...You know with eggs...

Travis: Uh huh.

Justin: Like if you have, imagine an egg.

Travis: Okay, gimme a second, gimme a second. Let me get there.

Griffin: Let me imagine an egg. Hold on. Yummm.

Justin: Okay, imagine an egg.

Travis: Uh huh...

Griffin: Wait hold on, am I still imagining the first egg or am I imagining a second egg?

Justin: This is the same egg, okay?

Griffin: Mmm yummy!

Justin: You crack the egg and crack it into a bowl, okay?

Travis: Oh I'm sorry I was picturing a hard-boiled egg. Can we start over?

Justin: Yes, start over. Go get a fresh one. Bring it back out.

Travis: Okay. [makes door opening sounds]

Griffin: What should I do with this fucking first egg though, 'cause I can't just have a bunch of eggs rattling around my-

Justin: You keep your egg. Your egg was fresh and organic.

Griffin: Oh good.

Justin: So keep your egg. Travis has got a new one, right?

Griffin: Mine's a turtle egg. Should I have said that?

Justin: Any egg is fine. Let's say it's a chicken egg.

Griffin: [sings] "Any egg will dooo."

Justin: Okay so, crack the egg into a bowl.

Travis: Slow down, slow down

Griffin: Justin, a baby turtle came out. Is this the analogy?

Justin: No, it's a chicken egg, just play along with me.

Travis: You didn't tell me to picture a bowl

Justin: Okay let me warn you now, this isn't that funny so if we prolong getting to the end of it, like there's not going to be worth the pay off so you are just going to have to let me talk you through this.

Griffin: Okay.

Travis: Okay.

Justin: So you crack an egg into a bowl, okay?

Griffin: Okay.

Travis: Got it.

Justin: You take the shell and you throw it in the trash or you compost it. Up to you. I don't know your set up. Did you do that?

Griffin: Yeah, let me imagine a trash can. Okay.

Justin: Okay so what's in the bowl?

Griffin: Egg.

Travis: Egg.

Justin: An egg right?

Griffin: Yes...

Justin: Okay so... That's weird.

Griffin: All right! You guys wanna Yahoo?

Justin: [laughs] 'cause if you think about it-

Griffin: Uh huh.

Justin: It was an egg when it had the shell on it. You crack it into the bowl, in the bowl you have an egg.

Griffin: Yeah.

Justin: But it doesn't have a shell. So which is it?

Griffin: Yeah, so...

Justin: And I think ghosts are kind of like that.

Travis: Okay but hold on Justin, you have just proven my point, which is that the egg is inside the shell the whole time and so what you're saying is that the fleshy sacks in which we live are the shell and the ghost is the human.

Justin: I'm saying it's a prison. I am saying our bodies are prisons for ghosts.

Travis: Okay you started this saying that ghosts were not in there just piloting us around, but rather now you are saying their trapped.

Griffin: You shut down any meat Dave Jokes that we could have made which was fucking selfish of you.

Justin: Yeah but then I listened to my egg thing and I was like, “fuck that’s a good point!”

Griffin: Hey speaking of eggs, um I think that maybe we should take a second and explore some [sings] Farm wisdom, farm wisdom. If you crack

Justin: Nice!

Griffin: It’s a segment of the show we do when people send in farm wisdom. And this one was sent in by Becca Fenn, thank you Becca. I guess before we get started, quick straw poll from you, my brothers and the audience.

Justin: It’s appropriate for Farm Wisdom.

Griffin: Yeah, all good. So put straw in comic sans so you know it’s a joke and the question I have for you Justin and Travis, um, just straw poll, hands up, yes or no vote is if horses have fingers?

Justin: No, they have hooves?

Travis: Yeah I’m gonna say no.

Griffin: Well Becca says, “In the spirit of collabor-eighteen and thinking about these beautiful horse friends pulling carts, I thought you’d like to know a little about their legs. I come from rural Vermont so I’m familiar with a lot of farm wisdom but finding this out today fucked me up.”

Yeah, by the way, heads up: This is gonna fuck you right up. “Horses legs are giant fingers. The reason they have such poor health outcomes after breaking or otherwise injuring their legs is because their legs are actually hyper specialized fingers. Similar to human fingers there’s very little muscle supporting the bone, just a lot of cartilage and tendons and what not.”

This is from a quora thing about if horses have fingers and the answer is horrifyingly yes. “The carpus is called the knee but it is anatomically the wrist from the carpus down the horse has just three finger bones. The large one in the middle is called the Cannon bone and it goes all the way to the Fetlock joint which looks like the horses ankle. The two vestigial finger bones

ascending from the carpus and providing lateral support to the cannon are called splint bones. The part you might think of as the horse's foot is called the hoof." I didn't really need that part. "The hoof wall is a particularly tough finger nail material with sensitive tissue beneath it just as your fingernail has and the smallest part of the phalanx bones within it, anatomically comparable to the tip of your finger.

The oldest equines-" This is additional information if you're bean's not completely freaked out, "The oldest equines have five toes. As the species evolved horses gradually dropped their digit number down to four, three and then just one. Like their ancient ancestors modern horses have the genes for five toes."

Travis: Get the fuck out.

Griffin: So these are fingers, when you look at a horse. I want you to imagine head, neck, torso and then four galloping, cantering powerful long fuzzy fingers with ending in fingernails that are the hooves which by the way horseshoes sound real, real bad now. They sounded not great before, the whole process looked kind of yucky. I understand it does provide protection. Yeah when you think about it you don't want to be walking around directly on your finger nails but yes, these are fingers now that are on these horses so it's fun now you can do it with your hand or make your hand down into a little walkin' monster and that's kind of what a horse is if you think about it. Big finger having walk monster.

Travis: Wait so their head is a finger too?

Griffin: No you goofball. The head's a head, the rest of it is fingers all the way down.

Travis: But if you had asked me, Griffin, I can't assume that anymore 'cause if you had asked me ten minutes ago I would have told you their legs were legs.

Griffin: Yeah, they had to-

Travis: Now their fingers are legs and their tail is a finger and their head is a finger-

Justin: The number one test scientists use for if something is a finger if you cut it off does the thing die. If you cut a horse's head off it will die so it can't be a finger. Can't possibly be a finger.

Travis: And also if you point at a horse and say, "Hey!" Do they point their hand at you or their head at you? You know what I mean?

Griffin: Yeah.

Justin: So if you go to a horse and you're like give me five and the horse is like 'Noooo' please

Griffin: Yeah that's why because-

Justin: Please anything but, I can never leave a bro hanging!

Griffin: If my math is correct though, each... appendage, we'll call it that has four finger bones in it. So if you ask a horse for five, it would get pretty confused. It could give you eight or four, otherwise it's gonna give you a full five, or a full four, and that's gonna destroy your hand, by the way and then try to figure out a way to just get one finger bone up on ya.

Travis: Ugh. This is a challenging episode. Just mentally. One: Are we all haunted? Two: Horses are running around on their fingers.

Griffin: Lovin' it though.

Justin: But they're not fingers. This is linguistic nonsense. They're legs! You can't just say something's fingers. [laughs] We all know what that is.

Griffin: Didn't know you were a Horse Bonologist.

Justin: Yeah I'm just saying, you can't.

Griffin: Well it's interesting, Justin. I didn't know. You're so talented in so many different ways, I didn't know you also had a horse bonology degree.

Justin: I just-

Travis: Where did you study?

Griffin: Where did you study, Justin? John Hopkins?

Justin: The school of hard knocks. I've learned the hard way that them's is legs. They're not fingers. [laughs] You can't trick me.

Griffin: How come Johns Hopkins is called Johns Hopkins? Is it referring, does John possess a Hopkins? [laughs]

Justin: [absolutely loses it]

Griffin: Christ almighty. Anyway, should we go to Money Zone? [laughs]

Justin: [laughs] His parents named him Johns. [laughs]

Griffin: All right...

Justin: [laughs] Multiple—

Griffin: [laughs] So here comes the Money Zone.

Justin: [laughs]

[theme music plays]

Justin: Hey folks, if you want to freshen up your look for the New Year but you have no idea where to start, uh, I cannot recommend StitchFix enough. It's a new way to shop for clothes. They do all the work for you. You go online, you answer some questions about your favorite styles and budget and... it doesn't say fabric allergies on here but I'm assuming that's part of it and you're personal stylist will pick five pieces based on your preference. They send you a box and you look at the stuff, you try the stuff on and you only pay for the stuff you keep.

The rest you put in a bag that comes with the box and the bag is all pre-postage paid and everything you ship it right back to them, the stuff that you don't like and they take your feedback on the box and they do better

next time, which I think is something we should all strive to do. Follow in StitchFix's example. It's not a subscription thing.

You just pay for the clothes that you like and I have been using the service for a long time. Syd's been using it for maternity clothes, they've sent her a lot of stuff that she's really dug. It's hard to find really great maternity stuff but they have a really good hit rate. I think the last box she kept everything.

Griffin: Yeah my last two boxes I kept everything. I'm wearing a StitchFix shirt right now. They are...I don't know how they like...I mean you fill out a survey about what your style is and your fit and everything, but it's kind of like magic how well they've got me kind of pegged.

Justin: And it's interesting too the stuff that you, there have been some stuff where I'm like "Eh, not so sure," then I try it on and I'm like, "Yeah I guess this *is* me," or this is the me I'm going to strive to be. This is again, the aspirational. An aspirational shirt.

Griffin: Sure. You can get started now on [Stitchfix.com/mybrother](https://www.stitchfix.com/mybrother) and you'll get 25% off when you keep all five items. That's [Stitchfix.com/mybrother](https://www.stitchfix.com/mybrother). One more time, that's [Stitchfix.com/mybrother](https://www.stitchfix.com/mybrother).

Travis: Well I'll tell you about Quip, let's be honest. None of us do enough for our teeth. Our teeth have always been there for us, chomping stuff, bitin' stuff. Protecting our tongue and yet what do we do for them? Well, it's time. It's time for you to work together with your teeth. 20collabor18: work with your teeth. You should brush your teeth at least two minutes twice a day. But do you? No.

Griffin: Oh my God no! Wowzers, no!

Travis: Yeah.

Griffin: That's four minutes! What am I supposed to, come on! Like I'm a busy man.

Travis: So you are going to want to find out about Quip. Quip is the new electric tooth brush. It packs just the right amount of vibrations and everything into a very slim, cool looking stylish design at a fraction of the cost of bulkier brushes. I am a big fan. It has now become the brush I both use every day and travel with because it is compact enough to bring your

electric toothbrush with you without feeling like it's taking up all kind of room-

Griffin: It's sexy little electric tooth brush.

Travis: Yeah it's great! And it's got a mount that goes right on the mirror so it keeps it up off of everything and leaves you some counter space there and you can get new brush heads delivered every three months for just five dollars and that's including free shipping. So Quip starts at just \$25 and right now when you go to getquip.com/mybrother you get your first refill pack free with a Quip electric tooth brush. That's a free refill pack at getquip.com/mybrother. Go check it out!

Griffin: I have a Jumbotron here and that is that I want you all to search for Matinee Manatees on Itunes, Stitcher or at matineemanatees.com. If you listen to podcasts to help you fall asleep but you keep getting startled or you wind up staying awake because you don't want to miss anything interesting, you may want to try Matinee Manatees.

It's a podcast that is specifically designed to fall asleep to. It is hosted under water and I don't know if that's true or not, but if it is, fuck yeah! By a rotating cast of half-ton aquatic mammals. They mix the peaceful sounds of marine ambience with low pitch discussions of old movies you've already seen and the episodes are really long to help you fall asleep. It's free on Itunes, Stitcher or once again at matineemanatees.com.

Justin: I would like to take this opportunity, it's a message from your friendly neighborhood mods and it's for Awful Squad Junior.

Griffin: Hell yeah!

Justin: And all the honorary wigglers out there. Ready up wigglers it's time to spread some laughs! Can you believe we have a community of people playing videogames who all rank goose higher than skills? "Here's to many more good, good bike studs, impromptu turn coding, hilarious rag dolls and making peace using only wiggles. We love and support you and are sending you all the virtual hugs."

That's from Awful Squad Junior which is the, I would say partner in a web series called Awful Squad that we do over at Polygon. You should go check that out.

Griffin: It's so much fun.

Justin: They're half, they're literally half the reason it's such a fun thing to do.

Travis: They are the 100 in the one versus 100 of Awful Squad.

Griffin: I think they're more than half. I think they're the majority share. It's a really fun community and a really cool thing that we do live every Tuesday. I have one more JumboTron here, this one is for Sam and Nick and it's from Anita who says, "Congrats on your engagement. Since I introduced you to the McElroy's and deserve partial credit for the events that introduced you to each other I thought this was the perfect way to send my love. I'm thrilled you found each other and I truly can't wait to rage at your wedding. Here's to a long and joyous future together." I'm hoping they're using rage in the colloquial, fun like, "Let's day rage," and not like, "I'm going to be infected with the rage virus and I am going to attack your grandma."

Justin: Mmhmm.

Griffin: I'm gonna come right at her and you will not be able to stop me and then it'll spread. It always spreads.

Travis: And I'm sorry but I am looking forward to it.

Griffin: I am looking forward to it. It's gonna be fun.

Travis: Thrilled about it. Your grandma's not gonna be.

[sinister music]

Speaker 1: Podcasts...

Speaker 2: Podcasts...

Together: Podcasts...

[laughter]

Speaker 1: They're audio programs that tell smart stories.

Speaker 2: In innovative ways using editing techniques like this.

Speaker 3: Like this.

Speaker 4: Like this.

Multiple voices at once: This this this?

Speaker 1: But let's face it. All that smart stuff can be exhausting.

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Speaker 1: StopPodcastingYourself

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Speaker 2: Find it on iTunes

Speaker 6: or Maximumfun.org

Griffin: How about a Yahoo?

Justin: I'd love that Griffin, thank you so much.

Griffin: Yeah this is one from Level 9000 Ya Drew Druid Drew Davenport. Thank you Drew. It's 'Yadrew' Answer Dee who asks – And this is not the set up for a joke, but it could be. Isn't everything we do on this podcast that? Anyway. "Why do people from New Jersey ski in their jeans?"

Travis: I don't know, why do they?

Griffin: I fucking just said. "Why do people from New Jersey ski in their jeans?"

Travis: I don't know, why do they? [laughs]

Griffin: I don't know, this is tough. This is tough. I mean it's tough because Travis is antagonizing me. But it's also, you gotta put on a sort of nylon snow resistant ski pant because if not-

Travis: Ah, no, no.

Griffin: Oh, okay. Well Travis, have at it.

Travis: What if you've got some really cool looking jeans?

Griffin: No, I know you want to show the jeans off but there's a time and a

place. When somebody goes zooming past you on those beautiful, slippery rails that we do call skis. You know, however fast skis go, like 60 miles an hour, I don't think they're gonna stop and smell the jeans, you know what I mean?

Justin: The only reason you couldn't wear jeans is because you're gonna fall into the snow and get them wet, correct?

Griffin: Correct.

Travis: I mean yes, that's if you fall down.

Justin: Yes, thank you, this is what I'm saying. If I'm gonna carve the slopes, and I'm not gonna fall, I can wear whatever the fuck I want.

Griffin: So New Jersians you are saying, are just exemplary skiers. They do not—

Justin: They are just great skiers who can wear jeans. 'cause they're not gonna fall and get their jeans all shitty with snow. They're gonna carve the slopes. They're gonna land, they're gonna zoom right into the lodge or whatever and have some French onion soup and just kick it.

Travis: Yep. It's like if you were a dualist and you only wore white because you know you won't show blood. You know, that kind of thing.

Justin: Yeah. Yeah, thank you yes.

Travis: Yes, this is the New Jersian shot call.

Justin: Yeah.

Travis: Of like I shall not be falling down. I will meet you at the bottom at, I don't know, either the lodge or maybe Bubba Gump shrimp. We haven't made plans.

Griffin: Damn that's a cool ski mountain if it's got a Bubba Gump Shrimp on it.

Travis: Well you know, you get hungry and you wanna get some, I don't

know, I've never been to a Bubba Gump Shrimp but I assume there's shrimp there.

Justin: [laughs] There's a lot of it Trav. I can confirm. It'll probably come at a great surprise to literally no one that I have been to a Bubba Gump Shrimp Company before. [laughs]

Griffin: Yeah, Trav, they got shrimp. They got all kinds of shrimp. Steamed shrimp, hot shrimp-

Justin: Here we go. Fuck this is good.

Justin: Good shrimp...

Justin: [laughs] Good shrimp?!

Griffin: Little shrimp

Justin: Poison shrimp

Travis: Aggressive shrimp

Justin: Boneless shrimp.

[all laugh]

Travis: Okay listen, straight up, if you own a restaurant, please start advertising for boneless shrimp. Please, please. It's important that you do. It's so funny.

Justin: I went skiing one time and I didn't take. They had classes, which I think in retrospect I wish I had forced the issue. I asked about them and no one in my party wanted to do the classes because they all love [crosstalk]

Griffin: Was yours also a church thing 'cause I've only been once and it was a church thing.

Justin: No it was a bunch of junior doctors and I was getting out there and I basically was at the top of the hill without knowledge of how to ski. I knew pizza and french-fries was one where you make your skis like french-fries

you go. And if you make them like in a triangle that could hold pizza that they stop. So they told me that and then what I did after that was I just sort of slid down the hill on my belly.

Travis: [laughs]

Justin: One time and then I—

Griffin: Like a graceful penguin?

Justin: Um, no, sort of like a dead penguin. I just sort of slid down the hill like an idiot and then I got, I like pounded my way back up in my stupid boots, back up to the place we were staying and the relief I felt knowing that the skiing was a part of my... life was behind me and there would never be skiing in the future is a relief that I have not experienced before or since and I've kind of thought like, should I go skiing again? Just so I can experience the exhilaration and luxury of the feeling of not skiing.

Griffin: Yeah...

Justin: Immediately after skiing.

Griffin: I went once with church, and to continue Justin's sort of wonderful analogy earlier. I had myself a veritable pizza party as the only way I did it. I got yelled at. I tried a medium blue circle slope and I got yelled at by somebody who was zooming by a lot faster. Like, "You need to learn how to do this." Which I would have.

Travis: That was pleasant yelling though.

Griffin: I think the problem is that if they called. I was like in high school, and I wasn't going to get on something called a Bunny Slope to learn how to do the thing. I wish it was called something a little bit less insulting for you know teens. Something like, "The Cool Slope," or the, or—oh shit, if they had called it the, "Ice Trial," and it's like, "Oh if you wanna ride, if you wanna take one of the trails you have to pass the Ice Trial," and maybe if you got a badge at the end of it that would definitely be my jam. But yeah. There's a lot of problems with skiing.

Travis: I have never been skiing and the reason is, I like to be very

introspective, think about myself. What do I know about myself, what are my core truths and one of those core truths is that I have zero interest in going skiing. I just, there's nothing. I don't like being outside my house when it's cold let alone looking down an incline at what must be almost certain death and it's cold and I have to-

Griffin: At least certain-

Travis: And have sticks tied to my feet.

Griffin: If not death, like certain wet jeans. Now that I think back I was wearing my jeans and those were JNCOs at the time.

Griffin: They probably were JNCOs, Travis, yes. And the problem with JNCOs is they look fucking excellent, obviously, but those big leg holes are essentially welcoming snow mouths that just gobble the stuff up and deposit it directly on my calves, thighs, and business. I'm just saying at the end of the day I took off the JNCOs and there were two perfectly sized sort of leg molds inside of it made out of snow. You could have made the bottom half of a very convincing Griffin snowman. Not just convincing, anatomically correct. My wiener got really weird.

Justin: Oh got it, okay, thanks. Okay I was not sure what you were sort of talking about.

Griffin: Yeah, the snow made it really weird. How about another question?

Justin: Yeah, give you a weird dick. Yeah it's great. Um, here is one. "Every time my family gets together they mention this woman named Anne. They never say anything that Anne has said or done, just how much they hate her. I used to theorize to my cousins about who Anne could be. But once I turned 16 they started talking about Anne too. [laughs] Why do all of the members of my massive extended family who are 16 and over know and hate this woman? What did Anne do? Should I ask who she is or wait a year so that I turn 16? Please help." From Mystified about Myth Members in Massachusetts.

Griffin: What could you possibly learn? Why would there be an age gate on it. The only thing I can think is that your family is all vampires.

Travis: Uh huh.

Griffin: And that when you turn 16 you learn the truth of the matter and that Anne is this—

Travis: About Anne Rice.

Griffin: Well, possibly, there's a libel situation. Anne Rice talk a bunch of shit or Anne is just a famous vampire hunter.

Travis: Or, vice versa. It might be that Anne is a famous vampire, your family is a family of hunters. I don't want to speculate

Griffin: Sure.

Travis: Because it could go either way and you're the next generation and maybe you will finally be the one who takes down Anne.

Griffin: Well, you-

Travis: Have you noticed your family gets smaller and smaller every year?

Griffin: I mean here's the thing, it's got to be that the family's vampire hunters and Anne's a vampire because we know that this person is not a vampire because they typed this thing into a computer and emailed it. I get real fucked up if I think about a vampire who can also use like, search the web.

Justin: Yeah, I can't deal with it.

Griffin: I don't think that happens in Twilights where Edward's like, "Hold on let me get-"if he did it would be on like AltaVista or some old bullshit. But yeah you never see CastleVania, Dracula like, "Hold up, gotta look up you know a new recipe for Poison. Wah ah ah."

Justin: Yesterday my wife was watching the last 20 minutes of the last Twilight movie.

Griffin: How was it?

Justin: And I was emptying the dishwasher and she kept telling me context on the things that were happening and I couldn't leave because I was emptying the dishwasher so I was a captive audience for just seeing the end of this movie with like a bunch of lore and it didn't seem real to me that they had gotten to that point in four movies. It seemed like maybe the 30th movie would contain all the incredible truths. Did you know the werewolf in that movie decided to marry a little girl? So that's a thing? He imprinted on her and said he was going to marry her and she's like 6?

Travis: That's no good.

Justin: That's in it. That's *in it*.

Griffin: What other reason could Anne be a bad person that you don't know about it until you turn 16. Why is your birthright knowing the truth about Anne?

Travis: I've got it.

Justin: Okay.

Travis: Anne is just the name that they hear until they turn 16, when the true name is revealed Cthulhu.

Griffin: All right, so they hate the deep one.

Travis: I assume this is an unspeakable one kind of scenario. Yes.

Justin: Maybe Anne is code for you. [laughs]

Griffin: No...

Justin: They can't trust you with the secret. Wait 'til you are 16 and boy that is going to be a rough sweet 16 party.

Travis: Happy birthday.

Justin: Happy birthday.

Travis: You're Anne.

Justin: Anne.

Griffin: Now that's not it, that's not it.

Justin: I do enjoy. I'm still hung up on the idea of vampire hunters, whose idea of hunting the one vampire they know about is just to sit around and talk shit about them. If you think about it, vampire hunters do have down time. That is almost certainly like, "Man, fucking Dracula." [laughs] "That guy I can't even with that idiot anymore. I hate his guts."

Griffin: Okay but real talk, if I wake up in the middle of the night from a horrible vision where I find out that I'm the chosen one. Once in every generation I'm supposed to go out and slay vampires. I've got like a lot of stuff going on right now and also don't want to be killed by a vampire because I would not be good at this.

Justin: Sure.

Griffin: This would also probably be my MO: I would not go out stake in hand, holy water in a camel back or something like that ready to slay, because again I don't want to be dead from a vampire bite.

Travis: Mm hmm.

Griffin: So what I probably do is like, "Hey, I don't know if you guys know about vampires but they are real buttholes." This would be, I would get on Twitter and subtweet vampires before I go out and try- 'cause I also don't want to - Is it still murder? 'Cause its still murder. 'Cause my answer is, "Yeah, kinda probably."

Justin: You could go to their bank and be like, "Hey. This guy's a vampire."

Travis: Oh yeah that's a great way to kill vampires. Blow up their spot everywhere. Like they're just walking down the street and you're just driving slowly next to them with the windows down like, "Hey everybody, that's a vampire."

Justin: "Uh, I'm sorry but Dr. Acula has been coming to this branch for many years and we've never had any problems with him. I'm going to have to ask you to leave. He's a treasured customer."

Griffin: Juice, will you do this next question before we wrap up?

Justin: Uh happily Griff. "Just now in the airport restroom, a man a few urinals down from me, stopped peeing, moved one urinal over to his left and then continued to pee. Why did he do this?" That's from Befuddled in the Bathroom.

Griffin: Let's just, should we just Round Robin? Just list a reason why he would do that? 'Cause we've all been there.

Travis: The urinal is full.

Griffin: Urinal is full, Travis says. Justin, you got one?

Justin: He saw that there was a new urinal cake in the next one and he just couldn't resist the temptation to destroy it.

Griffin: Yeah. I mean, Urinal Spider. You see one, you gotta go.

Travis: It's probably one of those three.

Griffin: I mean it could also be a game in Japan, when I was there for my honeymoon, there are places that have games built into the toilet.

Justin: Mmhmm.

Griffin: Where, you know, you pee and maybe you're peeing on a target or it's measuring your sort of fluid and then you get a high score. Maybe he already beat the game.

Travis: Mmhmm.

Griffin: Wanted a fresh save file, maybe a new game plus, pop one over. Maybe it's a different game. He's like, "Oh no, this one's a driving game I want a punching game." So he went over to play a different piss game.

Travis: Maybe he realized right in the middle that it wasn't a urinal at all but in fact a mimic who was trying to eat him.

Griffin: A nasty mimic who loves peepee. [laughs] Yeah.

Justin: Maybe he filled it up.

Travis: That was the first one said, I said it.

Justin: Yeah I'm just agreeing. [laughs]

Travis: [laughs]

Justin: Just wanted to lend a little credence to my brother.

Griffin: Yeah...

Travis: Maybe he *did* fill it up. [laughs]

Griffin: Maybe there's borrowers in it and they didn't see it at first. He was like "Oh, sorry little friend." [laughs]

Travis: Sorry I'm peeing on you. [laughs]

Griffin: I'm sorry buddy. Let me scoot one over. Piss piss piss. Oh there's one over here too. "It's okay. I knew I was risky when I moved in here I knew this was going to come with the territory."

Travis: Maybe his goal was to pee in all of them, in the same thing and he just didn't pace himself well enough.

Griffin: Yeah, I mean maybe he was playing Pokémon go and there was a ghastly like four feet to his left.

Justin: Did you see a Guinness world records person next to him like, "You'll never do it." [laughs]

Travis: "Not with that stream!"

Griffin: Question do you... enclose your zone before you transfer or do you let her ride?

Justin: Well they, I mean they said they stopped peeing which is good. That's a mercy.

Griffin: Yeah obviously you want that to be done. But what I'm saying is there's a few steps after that.

Travis: Well yeah, you gotta make the audible "Whoop" sound as he moves over to the next one.

Griffin: I'm asking if he put his zone away before he transferred, or was it a full—was he trying to keep his combo meter going maybe? And he wanted to you know, complete the gap.

Justin: I assume it went like this: He left it out, he looked at his left and he was like, "Doug? Doug, is that you? Here?" And went into that one and started peeing in it. I don't think he put his wiener away. But I do think he recognized the urinal and thought it would be rude to not go pee in it.

Griffin: Yep. It's got to be that, or the Borrower or you filled it up. It's either that he filled it up, there was a Borrower in it, or he recognized the urinal and called it by name [laughs]. If you know the urinal and you are friends enough to know its name then do you not want to do the business in it?

Justin: You don't want to deny the urinal its purpose. I mean, that's what it's there for.

Griffin: Yes it's true. Man. Everything's just so political these days. [laughs] What does that mean?

Justin: Well old friends I think we can all agree that this was a podcast.

Travis: Yep.

Griffin: We made a guarantee at the beginning.

Griffin: Yep.

Justin: You're gonna hear-

Travis: Yep. Now it's gonna end.

Griffin: There's a beginning, middle, end and the middle was we sold advertisements and before was everything before it and the end was everything after it. And then you heard roughly an hour of three people talking.

Justin: So you know that's a podcast.

Griffin: That's a podcast baby, cut and print. Walk us out Juice.

Justin: Thank you for listening, we really appreciate you. Sorry [laughs] about, I mean everything, but sickness and traveling and everything and we missed last week and we're just really sorry. But we'll do better. We'll do a better job in 2018.

Griffin: I don't know because I've been sick literally every day of 2018 so far. So it would be, I miss having a good, cool, functioning, non-medicine sort of poisoned brain.

Justin: Uh thank you to everybody who is sending questions. We've never done that before, but thanks!
[crosstalk]

Griffin: Yeah, especially you all saved me from having to wander into that fucking pit myself and I sure do appreciate ya.

Justin: And that's MBMBaM@maximumfun.org is the address if you want to send a query there.

Travis: In that same vein I want to say thank you to everybody who came out at SketchFest to see my shows. They all went very well. Thank you for coming. I wanted to let everybody know that January 25th I am going to be in the John and Jean show in Brooklyn. I'll be Tweeting about that.

Griffin: Jesus, Travis!

Travis: Yeah, it's John Hodgeman and Jean Gray and I'm gonna do that and then we have the cruise coming up in February. February 18th through the 25th. JoCo Cruise is gonna be super fun. You can find that out at jococruise.com.

Griffin: I want to thank Maximum Fun for having us on the network. Go to maximumfun.org and check out all the great podcasts there. They've got awesome shows there that you are just gonna love that my brothers are gonna tell you about 'cause I'm about to cough which I'm gonna edit out.

Justin: Heat Rocks.

Travis: there's a new one on the network from John Rodrick: Friendly Fire, it is called where they talk about like war movies. I was just talking about it with Rodrick yesterday. Sounds super interesting.

Griffin: How is that dude? I miss him!

Travis: Doing good. He was sick for a couple of days but now he's better and has a really cool shirt.

Griffin: He got that for-

Travis: It's hilarious.

Griffin: Do you get cool shirts? If you get a cool shirt when you get over an illness then I've got the coolest shirt ever coming my way. Hey, speaking of John Rodrick. Thanks to that good dude for letting us use our theme song. "(It's a) departure" off The Long Winter's album, Putting the Days to Bed. It's a really, really fantastic album that you're just gonna love.

Justin: And that's gonna do it for us folks this week, so thank you for listening and Griffin's got one final Yahoo to sort of take us out on.

Griffin: Yeah this final one was sent in by Merit Palmer, thank you Merit. It's Yahoo Answers User Gangster Ghost who asks, "Do you believe in DaVinci code?"

[All laugh]

Justin: My name is Justin McElroy.

Travis: I'm Travis McElroy.

Griffin: I'm Griffin McElroy. This has been My Brother, My Brother and Me. Kiss your dad square on the lips.

[theme music plays]

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[ad music]

Speaker 1: Hey, we'd like to talk to you about our new podcast on Maximum Fun: Friendly Fire.

Speaker 2: The podcast about action movies and Sylvester Stallone specifically. [Laughs] It's the show I've always wanted to make.

Speaker 3: It is not that, it is not that at all. It's a little bit more of a war movie podcast. Not a little bit more of a war movie podcast it is explicitly a war movie podcast. We look at them from all sides and put them in a variety of cultural and historical contexts such that anyone is gonna enjoy this show.

Speaker 2: So go get Friendly Fire every Friday at Maximumfun.org or wherever you get your podcasts.

[ad music]