

## Wonderful! 105: The Coaster of the Future

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[theme music plays]

**Rachel:** Hi, this is Rachel McElroy.

**Griffin:** Hello, this is Griffin McElroy.

**Rachel:** And this is Wonderful.

**Griffin:** Well, time to make the donuts. [makes a quiet flapping noise]  
That's the flour.

**Rachel:** Okay, keep going.

**Griffin:** Crack crack crack. Eggs. Slip slip. Butter.

**Rachel:** Can I ask you something...

**Griffin:** Mix it all up.

**Rachel:** ... before we continue?

**Griffin:** Sugar. Vanilla. What's up?

**Rachel:** This time to make the donuts thing that you say is in reference to a commercial, correct?

**Griffin:** Um, ya.

**Rachel:** From what, like, 1989 or something?

**Griffin:** It's a—y'know, once a commercial is out, it's kind of always, if you think about it. Y'know what I mean? 'Cause I can watch it whenever, so like, who gives a shit when it's born?

**Rachel:** I think—I think our audience tends to skew younger.

**Griffin:** Oh, I see.

**Rachel:** And I get nervous they don't appreciate your witticisms.

**Griffin:** Okay, well, okay, so, to back it up, this is Wonderful, a show where we talk about good things, donuts being one of them. And there was a commercial where somebody was like, "Time to make the donuts!" And then they fell into a big fryer and died.

**Rachel:** Mm-hmm.

**Griffin:** For a long time, y'all. And it was on the Superbowl, so everyone had to see it, and it was live and real. Happy Halloween!

**Rachel:** Oooh!

**Griffin:** I could eat a donut right now, though.

**Rachel:** Could you? Aren't you full from our dinner? Our standard Tuesday dinner?

**Griffin:** Well there's always room for donuts. And I think that was another commercial.

**Rachel:** [laughs] I was gonna say.

**Griffin:** That one had Bart Simpson on it, and he said, "Don't eat my donuts, dude!" Um, hey, do you have any small wonders?

**Rachel:** Um, yes.

**Griffin:** `Kay.

**Rachel:** Uh, my small wonder is um, having you return.

**Griffin:** Yes.

**Rachel:** It is... kind of a slog to care take a young child by yourself, as many of you may know. And when Griffin returns, I feel a tremendous amount of relief and happiness.

**Griffin:** Yeah.

**Rachel:** That is my small wonder.

**Griffin:** Uh, mine is bein' away! Gettin' drinks with the boys! Partyin', watchin' late night arena football games!

**Rachel:** [laughs] Yeah. Literally going to a bar and doing karaoke.

**Griffin:** Oh, yeah, we did do that once. It was a fun time. Um, but that was just the once, and the rest of the time was work. Sweatin'. Sweatin', backbreaking work.

**Rachel:** The good news, though, is that I caught up on This Is Us.

**Griffin:** Oh. [exhales] America can finally rest easy.

**Rachel:** Yes.

**Griffin:** Um, I'm at—my actual small wonder, I'm gonna say is YouTube tutorials. I've been learning about uh, different music software, and like, how all that stuff works, and it's cool to be like, "Ah, there's this huge, imposing piece of software that I have to learn how to use. I don't know how to even start." And then it's like, oh! Just literally search anything in YouTube, how to do it, and you can find out how to do it, y'all.

**Rachel:** Are the folks that do YouTube tutorials better than the folks that do travel videos on YouTube?

**Griffin:** Oh, yeah yeah yeah. 'Cause they don't—yeah, there's very little charisma required in a, y'know, here's how to use Ableton Live 10 as opposed to like, "Hey, I'm going to go to this country and uh, embarrass myself."

**Rachel:** [laughs]

**Griffin:** Uh, who goes first this week?

**Rachel:** I believe it's you.

**Griffin:** I believe it might be me as well. I got two little ones this week.

**Rachel:** Okay.

**Griffin:** I felt inspired to talk about these two things, and then I realized, there's not a lot of meat on these bones. But my first thing is picture day. I love picture day.

**Rachel:** Aww.

**Griffin:** Today was Henry's picture day, and uh, at his daycare. That was a quick turnaround, first of all.

**Rachel:** Yeah. So, the company that came to do this is the company that I think did my pictures, like, y'know, 20 years ago.

**Griffin:** I think it's just the one company. Yeah.

**Rachel:** And it's called Life Touch.

**Griffin:** Yeah.

**Rachel:** And when I saw that name, I just thought, "Oh my gosh, they're still doing it."

**Griffin:** Took me on a journey. Yeah, they had the pictures, like, the proofs ready to go this afternoon when we picked him up. I feel like I had to wait, back in my day...

**Rachel:** Yeah.

**Griffin:** '90s kids `memba this, was you had to like—you would wait like, a full six week period, and then you would get them all in, and like, you'd get them passed out in homeroom.

**Rachel:** You'd get the physical... yeah.

**Griffin:** Yeah, you'd get the physical ones, and you could like, show them to people like trading cards. Like, there was so much anticipation.

**Rachel:** You'd cut them out and write on the back.

**Griffin:** I love picture day for so many reasons. I like it now as a parent, because dropping off Henry today in his cute little sweater, seeing all of his like, little friends, like, a little bit more dressed up than usual, and seeing them like, have the little background set up with little—little pumpkin props.

**Rachel:** Oh, did they have it set up when you got there?

**Griffin:** Yeah.

**Rachel:** Ohh, that's nice.

**Griffin:** They were like, in the process of setting it up, and all the kids were so excited. They actually, yesterday, sent home Henry with a sticker on his back that said, "Hey, tomorrow's picture day." A literal sticker that Life Touch sent out. Like, that's a dope marketing scheme. Um, but yeah, I also really liked it as a kid, and I was trying to think about why.

I think I could sort of do a whole segment on like a broader category of just school interruptions. Like, activities that you know are going to just, um... at my high school, I was sort of tangentially involved in the high school theater program, which is to say I took theater class, like, every semester, but almost never did any of the plays. But whenever there was a play, and they were like, ready to put it on, you could just go see it, like, during a school showing. And then, that's like, a huge interruption, isn't it?

**Rachel:** [laughs]

**Griffin:** That's like a huge difference. Because school, regardless of how you feel about it, I was kind of neutral on it, is very monotonous in the sense that like...

**Rachel:** Yeah.

**Griffin:** It's the same thing kind of every day, and so, any sort of twist on that is so exciting.

**Rachel:** That's a good point, 'cause I always thought of it from the perspective of, "Oh, the people that had to come to this must be so annoyed." Like, when I was in band, and they would invite the school to watch us perform, it was always super embarrassing as a member of the band. 'Cause I was like, "Everybody hates being here."

**Griffin:** Yeah.

**Rachel:** But you're saying, they're just glad not to be in class.

**Griffin:** It was awesome! Yeah! Whenever there would be some dude—there was a dude who came and played volleyball so good to teach us all not to do drugs.

**Rachel:** [laughs] Uh-huh.

**Griffin:** This is like the kind of thing I feel like me and Justin and Travis reference this a lot about like, "I'm gonna tear a phonebook in half so you'll stop using meth!" Or whatever. That was a real thing that people would like, come to our school and do.

**Rachel:** That happened at our school too, but I was absent that day, and all I heard about for like the next month was that performance.

**Griffin:** Ohh. We got a couple of 'em, and uh, it was always like, "You want to do what now?"

"Yeah, we're gonna, um—I know you're excited to learn about social studies, but we're gonna take you in the gymnasium for this period, and you're gonna watch a guy do volleyball tricks."

And it's like... [laughs] Okay. Are you sure? It doesn't seem strictly educational, but if you say so, let's get wild.

**Rachel:** When you say volleyball tricks, I'm not sure—'cause volleyball inherently requires multiple people to play. So what was this man doing?

**Griffin:** He could just like hit a shot from super far away. Like, he'd set like a, y'know, a bucket down, and you'd—

**Rachel:** Ohh. So they would set up the net, and it would just be him out there on the course?

**Griffin:** Well, and then he played three people at a time and like, totally beat the shit out of them. It was pretty radical, and as a result, I made the decision to stay drug-free.

**Rachel:** [laughs]

**Griffin:** That day. Except for weed. It's fine. He actually said that. He was like, "Ponk. Set. Weed's fine, by the way. Spike it! And spike the crystal and all that stuff!"

Uh, anyway, picture day though is its own sort of kettle of fish. Because while it is an exciting interruption, uh, it's like a weird thing. Especially when I was like, a little, little kid. Who are these strangers in the lunch room? What is that big sheet of paper covered in fucking lasers? Hello. That's pretty rad.

**Rachel:** Can I ask how you felt about your picture day game?

**Griffin:** So, I was, and...

**Rachel:** Arguably the cutest McElroy of the three?

**Griffin:** Wait for the twist, though.

**Rachel:** Okay.

**Griffin:** I was... yes. I was the cutest McElroy, youngster of the three. But, I also had the longest spell after that of just complete, unphotogenic, like, just disaster boy. I'm saying like, I was cute as hell, all the way up until... [sighs] Eight or nine. And then like, until like, 22. It was just like, I was incapable of taking a photo that I felt like, okay about. So that was quite a bad dry spell.

So those first few years, I got more excited about it. In high school, it was strictly like, "You want to do what now? You want to take pictures? Okay. Yeah."

"Smile!"

"I forgot how. Hee hee aaahhh. Yaahhh. Like this? Bleaarhh."

**Rachel:** [laughing]

**Griffin:** Um, but y'know, those backdrops were dope. You did have the lasers. You did have like, the paint splashes. That was big. Did a lot of sitting with one knee up on like a step ladder or whatever.

**Rachel:** See, we didn't do that. Ours were always like, waist up photos.

**Griffin:** Oh, interesting. We had props. I held a basketball in one picture, like, in middle school. Like, who the fuck are you kidding? I had one—I don't know where to find this picture, but I was like, in a full blown denim tuxedo, holding a basketball, with my knee up on a step ladder. Like, who is that?

**Rachel:** Can I ask you, do you consciously remember your mom dressing you for these things, or do you—

**Griffin:** Oh yeah. Yeah yeah yeah. I mean, I don't consciously remember it, but I do know that that is what happened. Because if she didn't, like, I would've worn my, like, y'know, usual outfit of big cargo shorts...

**Rachel:** Your Tasmanian devil...

**Griffin:** With like, oh, even worse, dude. Like a Secret of Mana SNES game promotional t-shirt I got from Babbages that was like an XL, like, too big for my small, y'know, 80 pound elementary school frame.

**Rachel:** [laughing] Yeah.

**Griffin:** Uh, anyway, I just think—I just think it's exciting. For—for—like, to get the—the day where you get the pictures back. This was huge for senior photos, too. Like, senior photos, while I did not feel especially comfortable about mine, like, I got really into the trading card game of it.

**Rachel:** Yeah. Did you get the assortment? Because I remember—and this is probably a big marketing technique of the senior pictures. But there was a suggestion that you get multiple looks and locations.

**Griffin:** Oh yeah, I did that.

**Rachel:** And so, everybody had like, the hand on the face, and then the standing in front of something, and y'know, and then maybe like a sassy sitting pose.

**Griffin:** Yeah.

**Rachel:** And you would get all three, and then you would kind of see which ones were most popular with your friends and what they would take.



**Griffin:** Uh, I think I only had one, because my senior photos were a fuckin' trip, man. It was rough. There was one—I mean, this was in pure, like, thick hair Griffin McElroy. This was like—for those who don't know, I did not get a haircut for... I don't know, man. A decade and a half? Long ass time. I just got it thinned out over and over and over and over and over again, until I formed this like, impenetrable sort of dome of just hair, and it was unsightly.

**Rachel:** And it was so, so poofy.

**Griffin:** It was so, so poofy, and uh, yeah. This was like... I think in one of them, I was—one of them—okay, during also—I actually hated this. I hated taking senior photos, 'cause it was like, "What do you like?" And it's like, "I don't know, I'm into Ben Folds. I like Ben Folds, and I play the piano."

And uh... I forget what like, my other thing was, but they were like, "Alright, we're gonna take a picture of you, you're wearing your Ben Folds t-shirt, we've got this tiny toy piano, you're gonna hold it out in this hand, and in this one, you're gonna hold like a—like a—y'know, a PlayStation controller or something like that."

**Rachel:** Oh my gosh, Griffin.

**Griffin:** And it's like, so that's... you want to capture my essence like that? That's fine. I got away fairly easy, because I definitely saw pics of Justin and Travis like, with the comedy tragedy drama masks, and I was like, "Nope. There but for the grace of God go I."

**Rachel:** [laughing]

**Griffin:** So yeah, that wasn't great. But... taking pictures at school. Love that. Club photos? I love it. If you're in a lot of clubs, it's like, I'm not learning anything today! See ya!

**Rachel:** [laughing]

**Griffin:** Um, yeah. It's like the Met Gala for school, and it's real cute when the subjects are two and three years old. Holy shit.

**Rachel:** I remember... I think it was middle school was the first year where they would let you pick a color that would be behind you. And I remember very thoughtfully picking a color that would go with the sweater that I knew I was gonna wear.

**Griffin:** Ooh.

**Rachel:** Like, this was the level I was bringing to it.

**Griffin:** How long have you been a fashion icon? Has it been since birth?

**Rachel:** Ohh... I mean, yes.

**Griffin:** Okay.

**Rachel:** Yes, I've always had very strong opinions about what I was wearing.

**Griffin:** Yeah.

**Rachel:** Um, there is—

**Griffin:** Tell us—tell us about your look right now.

**Rachel:** No. [laughs]

**Griffin:** Describe your look right now.

**Rachel:** Um, well, I'm wearing sponsored lounge pants...

**Griffin:** And sponsored socks. Jesus Christ.

**Rachel:** And sponsored socks, and um, a pink hooded sweatshirt I've had for about... nine years.

**Griffin:** It's true. I've—yeah. I think you had that before I knew you.

**Rachel:** And a—a shirt—a tank that I got while I was pregnant with Henry. [laughs]

**Griffin:** Okay. It's fresh. It's fresh as hell.

**Rachel:** So here we go.

**Griffin:** You got the basic robin's egg blue. Green, gingham checker pattern. Pink hoodie over a gray, stretchy tank top. That's the—that's—and that's the look for summer 2020. What's your first thing?

**Rachel:** My first thing is... oh.

**Griffin:** Sorry, I just watched you put a soda on the screen of your iPhone, as if it was like...

**Rachel:** [laughs] A coaster.

**Griffin:** Steve Jobs' future coaster. I just watched that happen, and you didn't even make a big deal out of it. You were just like—

**Rachel:** Do you want me to not do this? [laughing]

**Griffin:** It's fine. But you like, picked up your can of beverage to get it out of the way of your notes, and you just put it... there's other places you could've put it, and you just very casually put it on the screen of your iPhone. It's the wildest thing I've ever seen.

**Rachel:** [laughing] Do you want me to move it?

**Griffin:** Let's say no, and I'll see if I can pay attention to anything else.

**Rachel:** [laughing] Um, my first thing is the album, Is This It by The Strokes that came out in 2001.

**Griffin:** You are always talking about this album.

**Rachel:** Yes, this album.

**Griffin:** And the songs upon it.

**Rachel:** Yes. Yeah, I... it was kind of the timing for a few reasons. First of all, I was brand new in college, right? And so, all of college was kind of going to parties and seeing what people were playing, y'know? The other thing was, the timing of this album made it so, like, exciting and different than anything else. So I was doing a little research, 'cause I remember when this album came out by The Strokes.

**Griffin:** What'd you say? 2001?

**Rachel:** Yeah. And I was thinking, like, this doesn't sound like anything that's happening right now. And so, I went online to look and see what was popular in 2000, and it was like, Christina Aguilera, Savage Garden, Jessica Simpson... this is when Eiffel 65 came out with Blue. Um...

**Griffin:** Sure.

**Rachel:** Just like, a lot of like, really poppy music, y'know, that was very kind of radio, um, homogenous, I guess. I don't know.

**Griffin:** Right. Were The Strokes on the radio? Is that the comparison? 'Cause there was definitely, y'know, underground, alternative music happening.

**Rachel:** Yeah. No, I'm just saying like, the biggest, most popular stuff that you—like, I was hearing at parties didn't sound anything like this.

**Griffin:** Right.

**Rachel:** And then I heard The Strokes, and I was like, oh my gosh. It was the first time in a while – probably the first time since I heard Weezer – that I remember thinking like, “Oh, who is this band? I want to know everything about them,” as soon as I heard it.

Um, so, The Strokes released this album. This was their debut album. Um, and it made a whole bunch of lists. Like, Rolling Stone's, um... it was number two on Rolling Stone's hundred best albums of the 2000s.

**Griffin:** Holy shit.

**Rachel:** Number one was Kid A.

**Griffin:** Okay.

**Rachel:** Y'know, understandably.

**Griffin:** Well, except it's... okay. When did OK Computer come out? Was that in the '90s?

**Rachel:** Oh, so you're one of those.

**Griffin:** OK Computer is a better album.

**Rachel:** [laughs] People have very strong opinions about...

**Griffin:** I didn't know that.

**Rachel:** Radiohead albums.

**Griffin:** Okay.

**Rachel:** And a lot of people are like, either OK Computer or Kid A.

**Griffin:** OK Computer is so good! Okay.

**Rachel:** Mm-hmm.

**Griffin:** Computer.

**Rachel:** And the story of the band is kind of interesting. So, they're a lot, like, more fancy-pants than I think I realize.

**Griffin:** I know nothing about them.

**Rachel:** They come across as real grungy. It was kind of... what I saw online was that they kind of ushered in what they called the garage rock revival, of this idea of like, rock and roll as like, it was popularized decades ago.

**Griffin:** Right.

**Rachel:** Uh, but so, these guys in the band, um, were at like, fancy schools in New York, and then, one of them went to boarding school in Switzerland and met another of the members in Switzerland. And then they came back to New York, and went to the Tisch School of the Arts. Uh, so they're like, all classically trained.

**Griffin:** Right.

**Rachel:** Like, super fancy individuals.

**Griffin:** I was gonna say, so they Vampire Weekenededed it. But I think Vampire Weekend Strokes'ed it, I guess.

**Rachel:** Yeah, exactly. Well, and that's the thing about The Strokes is that, after The Strokes, that's when bands like The Killers, and Arctic Monkeys, and Jet, and Franz Ferdinand, like, all these bands—

**Griffin:** Oh, yeah.

**Rachel:** Rose up, like, "Oh, can we do rock and roll again? Great." [laughs]

**Griffin:** That's interesting. I never thought of them being sort of the progenitors of that whole sort of every sort of college band that was big when I... that's one of the funny things about our age difference is like, you were—you were into the OG shit, and I'm, y'know, I had the carbon copies.

**Rachel:** Yeah. So I wanted to play two songs, and before I continue, I wanted to play the song, Hard to Explain. Um, this is one of like, kind of the first songs that really hooked me off the album and gives you kind of a sense of kind of what The Strokes are all about.

[‘Hard to Explain’ by The Strokes plays]

**Griffin:** Are you gonna play Last Night?

**Rachel:** No.

**Griffin:** Was that on this album?

**Rachel:** Yes.

**Griffin:** Oh, okay.

**Rachel:** Yes. I assume everybody knows Last Night, which might not be true.

**Griffin:** I was recently informed that our audience skews young, and so, they may not know about the donuts commercial, and they may not know about Last Night.

**Rachel:** [laughs]

**Griffin:** Full—like, I was not super familiar with it until it showed up on a Rock Band, which is true of most music.

**Rachel:** Uh, so, this album was released in the UK first, and it featured a black and white photo of a gloved hand on a woman's naked backside.

**Griffin:** [gasps] What?

**Rachel:** Very scandalous.

**Griffin:** Her—her fanny?

**Rachel:** Yes. So this is October, 2001. And so, that was part of the reason the album was released late. The other was that they had a song called New York City Cops that was a little critical of police.

**Griffin:** Ohhh. Yeah.

**Rachel:** Exactly a month after September 11<sup>th</sup>. So there was kind of a delay on the album release here, as compared to the UK. Um, but yeah, then it was named best album of the year by Entertainment Weekly, and Time Magazine. It kind of blew up Pitchfork. It gave it a 9.1.

**Griffin:** Heyy!

**Rachel:** Which is uncommon for Pitchfork to score so well.

**Griffin:** Sure.

**Rachel:** Here's what they said in the review that I thought was really apt. They said, "The Strokes have struck an incredible balance between the two extremes of rock music, sentimentality, and listlessness. Any sentimentality in these songs' lyrics is countered by Casa Blanca's," who is one of the leader singer in the band, "self-reliant indifference, and his listless delivery is offset by the band's fervid attack."

**Griffin:** Yeah.

**Rachel:** I like that a lot. There's this kind of like, like, drowsiness to it. This kind of like, um... I don't know, just this kind of rock and roll energy. Like, they cite The Velvet Underground as kind of one of their big influences, and you can really kind of hear that. So the other song I wanted to play, uh, is

The Modern Age. Um, which is another really good song off the album that you may not have heard before.

[‘The Modern Age’ by The Strokes plays]

**Rachel:** So yeah, The Strokes is one of those bands, I just listened to the whole album again today, just to kind of remind myself that I still liked it. Every single song on there is great.

**Griffin:** Yeah.

**Rachel:** Uh, I used to go... there were these guys that we were friends with, and they would have house parties, ‘cause they lived kind of on the street in our college town where everybody had house parties, and they would just play this album every single time, front to back, every time they had people over. And I just always loved it. I was just obsessed with it.

**Griffin:** That’s great.

**Rachel:** It was great.

**Griffin:** Uh, can I steal you away?

**Rachel:** Yes.

**Griffin:** Can I sing Last Night to get us there? ‘Cause I've run out of good ideas of how to edit the Home Improvement song.

**Rachel:** Okay.

**Griffin:** It’s something like... in case you haven’t heard it, I did want people to know, it’s like... [sings something completely indecipherable]

**Rachel:** [laughs]

**Griffin:** [continues singing gibberish]

**Rachel:** [laughs] There it is.

**Griffin:** That’s basically how it goes, in case you didn’t know.



**Rachel:** Um, do you want to begin this next ad, or would you like me to?

**Griffin:** I will begin this next ad, and then I will end it. Because it's MeUndies is our first sponsor. MeUndies is a type of clothes... I'm glad that MeUndies is sponsoring, because now we can finally reveal, the pants Rachel is wearing is MeUndies lounge pants. I know you were tiptoeing around that. We didn't want to give anybody any free sponsorship. It is lounge pants. Describe the feeling of it right now, though.

**Rachel:** I thought you were gonna do the ghost noises, hun.

**Griffin:** Oh, I forgot that that's what they like to do.

**Rachel:** Yeah, that's why I wanted you to start it.

**Griffin:** Okay, let me try. I don't want to wake up Henry is the thing, because my ghost noises are very intense.

**Rachel:** They're very loud. I know, I know.

**Griffin:** Okay, so I'll try and do like a, um...

**Rachel:** Yeah, just muted.

**Griffin:** [in a wheezy voice] I'm gonna kill you!

**Rachel:** [laughs]

**Griffin:** So, Rachel's wearing them lounge pants. How's it feel?

**Rachel:** Um, they're super, super soft. Um, it feels like... like, let's say— let's say your dad has a shirt from 1976 that he has worn once a week for decades. And it is very, very soft, and you love wearing that shirt. MeUndies lounge pants?

**Griffin:** Stole that shirt from your dad.

**Rachel:** And turned it into pants, and also, they're brand new.

**Griffin:** They cloned the shirt like in Multiplicity, and it's so soft, and it smells like your dad. Every pair of MeUndies lounge pants smells like a dad.

**Rachel:** [laughs] It's a guarantee.

**Griffin:** Smells like a dad. They're spooky, soft, they're really, really nice. We have a lot of different MeUndies goods, and uh, I love it. Whenever I travel, if I'm staying at a hotel, I will always bring a pair of MeUndies lounge pants, because it's like, uh, y'know, guaranteed comfort, no matter what the—

**Rachel:** I thought about that today. I'm getting ready to travel, and when I put these on, I was like, "Ooh, that means I'm not gonna bring them with me..."

**Griffin:** Oh. You don't have other pairs of lounge pants? I know what somebody's getting for Halloweeeee.

**Rachel:** Ooh! For—okay. [laughs]

**Griffin:** Anyway, if you want to get 15% off your first pair, free shipping, and a 100% satisfaction guarantee, go to [MeUndies.com/Wonderful](https://MeUndies.com/Wonderful). That's [MeUndies.com/Wonderful](https://MeUndies.com/Wonderful).

**Rachel:** Can I tell you about our next sponsor?

**Griffin:** Uhh, hello? I wish you would.

**Rachel:** Oh, you already gave away part of it.

**Griffin:** Oh, is this gonna be a fresh segment?

**Rachel:** Griff... it's Hello Fresh!

**Griffin:** That is wild. I didn't know. I was just saying words.

**Rachel:** Uh, Hello Fresh offers step by step recipes and pre-measured ingredients, so you'll have everything you need to get a delicious dinner on the table in just about 30 minutes. The great thing about Hello Fresh is that there is something for everyone. Family recipes, calorie-smart recipes, vegetarian recipes. You can really customize the box that you want to receive based on your dietary interests and restrictions.

**Griffin:** Yeah, you can pick which days you want your box delivered on and your food preferences. You can skip a week whenever you want to. Uh, it's really slick. So if you want to get 80 bucks off your first month of Hello Fresh, go to [HelloFresh.com/Wonderful80](https://HelloFresh.com/Wonderful80). That's eight zero, and enter 'Wonderful80.' It's like receiving eight meals for free. That's [HelloFresh.com/Wonderful80](https://HelloFresh.com/Wonderful80), and enter 'Wonderful80.'

**Rachel:** \$80 is a lot of money.

**Griffin:** Yeah!

**Rachel:** Can I read you a personal message?

**Griffin:** Uh, yes, you can.

**Rachel:** This message is for Julia 'Small Crimes' Gasgul. It is from George Coolstanz. "The Portland MBMBaM never got released, so I paid \$100 to tell everyone the cool nickname the brothers gave me, but also to tell you I love you. I think we'd be best friends no matter what. You make the best cheesecake, and you make a lot of dogs happy."

**Griffin:** That is a sweet message, and I don't even remember what the show is.

**Rachel:** George Coolstanz is really good.

**Griffin:** George Coolstanz's very powerful, and...

**Rachel:** You don't think that was you?

**Griffin:** Um, I—god, I don't know.

**Rachel:** Do you think it's got Travis energy?

**Griffin:** It has big Travis energy, if I were to guess. Uh, here is a message for Josh, and it's from Lauren who says, "I found out I got a jumbotron today while we were buying corndogs, and 40s of High Life in Shoppers, and I got so excited that I spilled the beans. Now we get to be excited about this together! Josh, you are my best friend, the kindest person I know, and the greatest mouse dad ever. Thanks for being there for me... always." I don't know why I skipped the 'always' in there. Thanks for conditionally being there for me.

**Rachel:** [laughs] It's kind of a fun... a fun reveal when you say it that way.

**Griffin:** "Thanks for being there for me... always. I love you forever, Lauren." And this is so great. They say, "What's your preferred time frame?" And Lauren said, "Whenever is okay, I am flexible." That's so nice.

**Rachel:** That is really nice.

**Griffin:** Whenever Josh needs to hear it, Lauren's going to be here to slap those beans out of her hand, I think. I may have misread the whole thing.

**Rachel:** [laughs] Um, have you ever bought corndogs at the grocery store?

**Griffin:** Where else am I gonna get them?

**Rachel:** I don't know that I've ever bought like a frozen corndog that I have heated at home. I'm not a huge corndog fan.

**Griffin:** Yeah. I guess not.

**Rachel:** But like, so, for example, I've brought a frozen soft pretzel hundreds of times. Never a corndog, though. I wonder—what's that cooking process like? Do you know?

**Griffin:** I don't know. I'm having a little bit of trouble picking up on the microphone, because you're shouting down to me from the deck of your super yacht.

**Rachel:** [laughs] And these corn... dogs... now, how does one eat them? Are they ears of corn with dog ears on them?

**Griffin:** Do you... do you pay someone to eat it for you as you watch?

**Rachel:** [laughs]

[music plays]

**Nick:** Hello, my name is Tusk Henderson, and I am an outdoorsman.

**Benjamin:** Are you looking for a new comedy podcast? This month's episode of Beef and Dairy Network podcast has, as its guest, the wonderful Nick Offerman, playing the part of Tusk Henderson, adventurer and outdoorsman.

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**Benjamin:** So if you've never listened to the show before, this might be a good place to start.

**Nick:** I string a bowstring between her horn tips, and I can fire a spear off the top of her head, and uh, took in some very delicious cod.

**Benjamin:** So, if you're after a new comedy podcast, why not try Beef and Dairy Network from Maximum Fun? Download it now!

**Nick:** You flip a cow upside down, they make an excellent toboggan.

**Griffin:** Can I do my second thing?

**Rachel:** Yes.

**Griffin:** Again, little. Little bits. But bits that are important to me.

**Rachel:** Okay.

**Griffin:** Bits that are so powerful.

**Rachel:** That's what this show's all about, babe.

**Griffin:** Pea coat.

**Rachel:** Yes.

**Griffin:** Get yourself a fricking pea coat. My god, I love a pea coat.

**Rachel:** I love that one week, you brought a light jacket.

**Griffin:** This is different. Oh my god, this is so different, though!

**Rachel:** [laughing] Now you're saying, heavy jacket.

**Griffin:** This is so different. I have been wearing—not just any heavy jacket, a pea coat. A pea coat. I've exclusively owned pea coats as like, my winter, uh, like, coat solution, since I was in like, high school.

**Rachel:** I remember when pea coats became a thing, and I had to get one right away.

**Griffin:** You had to. It is—I am not a very fashionable person, but when I put on a pea coat, I feel like I'm about to go to the opera. I love a pea coat. It looks so, so good. It looks good on anyone. I've never seen anyone wear a pea coat—

**Rachel:** It's true.

**Griffin:** Seriously, I've never seen anyone wear a pea coat where I didn't say like, "That looks great on you."

**Rachel:** It's true.

**Griffin:** I haven't even seen that many bad pea—like, it's hard to fuck a pea coat up. It all looks really, really good, and I just always gotta get one. I have—uh, I actually didn't have one for a little bit, and this year, we were on tour in New Orleans, and it was unseasonably cold, and I bought a pea coat at fricking H&M, so it was, y'know, like, \$13 and supposed to fall apart after I wore it three times. But it's held up, and it looks great, and it's from H&M, so it's not even like you gotta drop a bunch of... bunch of cash on it.

It's a pea coat. It's gonna look really good. It keeps you really warm. It serves its purpose as a, uh—

**Rachel:** It's not super bulky, either.

**Griffin:** No.

**Rachel:** That's a big thing with a lot of winter coats is you get that huge puff, and like, you look like you're wearing a trash bag. Not with a pea coat.

**Griffin:** Right. Yeah. Now, I will say, I did buy a coat like that when we went up to a friend's cabin up in, uh—

**Rachel:** Yeah, in Minnesota. Yeah, you need that kind of coat in Minnesota.

**Griffin:** You need that, because it's going to be... I don't—here's the only thing a pea coat can't do. It's heavy wool, so if it gets wet, you're gonna die. That's the only—that's the only thing about a pea coat, is if you're living in Chicago and there's snow on the ground like nine months out of the year, and it touches the snow and gets cold, you die in it, 'cause it keeps it in you. It's like a thermos.

**Rachel:** And also, with a puffy a coat, you get that vacuum seal around your wrists and your waist. You don't get that with a pea coat.

**Griffin:** Yeah, that's alright. But also, I don't actually necessarily love the puffy coat warmth. I kind of get sweaty.

**Rachel:** Oh, is it too much?

**Griffin:** I get a little sweaty in there. I get a little baked potato-y.

**Rachel:** Yeah.

**Griffin:** Pea coat, I can open it up. I can do whatever. What I really like about a pea coat... this was my style when we were just on tour up in uh, up in Philadelphia and New York, is that it was pretty cold, except for like, we'd get to wherever we were going, and then it would be kind of hot. I could wear a t-shirt underneath the pea coat.

**Rachel:** Whoaaa!

**Griffin:** You can wear short sleeves underneath the pea coat. Pea coat's gonna be fine. It's gonna dress you up to that—it's gonna step it up. It's gonna step it up to that next level.

**Rachel:** [laughing]

**Griffin:** And then you show up to wherever you're going, take your pea coat off... now you've just like, dropped it down a little bit, and you're casual with your friends.

**Rachel:** I have a whole montage in my head of you in your hotel room, wearing like a t-shirt and looking at your long sleeved shirts, and then

looking at your pea coat, and then just like, gettin' wild eyes and thinkin', "I don't have to wear a long sleeved shirt under this at all!"

**Griffin:** I love that realization! It is so freeing! I tell you what also is like, my number one jam – I don't actually necessarily have a great combination for this now, but living in uh, Cincinnati and Chicago, like, every time I left the house, you know I was wearing a hoodie under the pea coat. So bohemian with hood poking out.

**Rachel:** Yes. I love that look.

**Griffin:** I fuckin' love that look, man.

**Rachel:** I discovered that look in Chicago, too.

**Griffin:** Yeah.

**Rachel:** Of wearing the hooded sweatshirt under a coat, and then like, a beanie on the head and the scarf and gloves.

**Griffin:** Yes. Yes! Yes! Yes! Yes! Yes! That's so good! That's good fashion! Because in Chicago, it's never—you get inside the place you're going, and you're like, "Ooh, now it's too hot." It's still like, it's still pretty cold in here, so I do need the hoodie on. But then, if it is too hot? You take the fucking hoodie off.

**Rachel:** Griffin lives for cool weather fashion. I will say this about you – I feel like you always dress like it's a little colder than it actually is.

**Griffin:** Mm-hmm.

**Rachel:** Uh, and whenever I put on a sweater, for example, you get so excited.

**Griffin:** I do. I love it on you. I love you in a sweater. I do. I can't deny it. It's comin' up. It's about to be all sweater time. You're gonna be wearin' a sweater, and like, one day, like, we're gonna be chillin' on a Saturday with like, maybe a window open, and maybe you got a crockpot of chili goin'...

**Rachel:** Yeah, and I've got the sweater on.



**Griffin:** And you've got a sweater on!

**Rachel:** My lil' cheeks are rosy.

**Griffin:** Ohh, I can't wait, man. I can't wait.

**Rachel:** [laughs]

**Griffin:** Big buttons are great. I like the big collar. That's fresh. So many pockets. Oh my god. So many pockets.

**Rachel:** Oh, like on the inside?

**Griffin:** I got one on the inside on both sides. You can get the slit pockets, like the vertical pockets, and then the horizontal, deep, deep, deep pockets. Love a pea coat, because like, y'know, it gets to be middle of February here in Austin, and now it's summer. I hang up the pea coat in the closet. Come October, I get the pea coat to put it back on... oh, what's that? I've got some fuckin', y'know, some Mike and Ikes in there!

**Rachel:** Maybe you got an iPod Nano in there.

**Griffin:** Maybe you have an iPod Nano! Or an iPad Mini, because those pockets are so dang big! Uh, anyway, uh, the pea coat. The pea coat has military origins, as you might imagine. You look at it, it's kind of a military cut.

**Rachel:** Yeah.

**Griffin:** Uh, they would wear this in the Navy. The first time it appeared in American newspapers was in the 1720s; although, it was a European Navy garment first, worn by sailors. There's a variation called the bridge coat, which is just like, a little bit longer. It goes down right to the thighs, and y'know, if you didn't want to freeze to death standing on a boat in the middle of the arctic, you would wear one of these dope-ass jackets and look super, super cool.

Uh, if you were, y'know, a decorated officer, you would wear a variation of it called a reefer, which just means that it has gold buttons and epaulets. Uh, which I did not know about. And what's wild is just like, how little that style has changed.

**Rachel:** No, it's so classic.

**Griffin:** I remember watching Dunkirk, and while I was watching Dunkirk, I was like, "This is fucking pea coat city. All these chaps are wearing the most beautiful pea coats. The pea coat budget for this film must've been like, off the chains, unless they did like a bulk pickup from H&M." And it still looks like I could grab any one of those off one of these unfortunately deceased Navy fighters and throw it on my own body, which one character does in the movie. No spoilers. And look fresh as hell, even though it's from, y'know, whenever that movie took place! I think it was one of the world wars. Probably one. But maybe two.

**Rachel:** [laughs]

**Griffin:** Uh, anyway, uh, I love it. I love it. Oh, pea, the pea coat. The name pea coat. Uh, there is an academic journal of nautical research that's called The Mariner's Mirror. That's, first of all, incredibly powerful.

**Rachel:** That's really nice.

**Griffin:** And in a 1975 edition of The Mariner's Mirror, they tracked the etymology of the term 'pea coat.' Uh, and they—they traced it to a Dutch word, which is 'pijjecker.' I know that I'm probably saying that wrong, in which 'pijje' is a coarse, twilled, blue cloth, while 'jekker' is jacket or coat or whatever.

Uh, although, the US Navy has their own sort of etymology, which is that the cloth that like, Navy folks used to wear in cold weather was called pilot cloth, which is essentially the same thing. Y'know, twilled, coarse, blue cloth, which is essentially like the wool garment that pea coats are made out of. But because it was called pilot cloth, they would call it a P-cloth or P-jacket.

Uh, so yeah. No one knows for sure. History debates it. It's just like a formality chameleon. The pea coat. If I go to a nice restaurant, I can be like, "Please hang up my pea coat alongside the other nice jackets that the fancy people have brought." Because that's it. Oh, that's a pea coat from H&M. So, be gentle with the stitching. It's incredibly fragile, 'cause it's not very well made.

**Rachel:** [laughing]

**Griffin:** What's your second thing?

**Rachel:** My second thing is one of those things that, when I thought of it, I got really excited to talk about it.

**Griffin:** Which is?

**Rachel:** Because it's just—it's universally enjoyable.

**Griffin:** [laughs] I just said 'which is,' but it made it sound like I said 'witches.'

**Rachel:** [laughs] How did you guess?

**Griffin:** Oh wow!

**Rachel:** No, it's the Guinness Book of World Records.

**Griffin:** Just the whole thing?

**Rachel:** Yeah.

**Griffin:** Not one specific person? Just the whole thing?

**Rachel:** I mean, I'll get to some people.

**Griffin:** Okay.

**Rachel:** For sure.

**Griffin:** I love it.

**Rachel:** Um, Guinness Book of World Records. Do you remember this as a kid?

**Griffin:** Oh, yeah, I do.

**Rachel:** Like, discovering this existed and thinking it was the best thing in the world?

**Griffin:** Yes, absolutely.

**Rachel:** Especially when we were kids, before the internet, and you couldn't just like, look stuff up. This book, like, held all of the exciting information you really wanted to know.

**Griffin:** I remember going to Pigeon Forge, or... was it Gatlinburg, that has a, like, Guinness Book of World Records like, museum. And it was like a full, like, tourist trap. Like, here's the longest long jump ever recorded. How far can you go on it? And it's like, not even close, 'cause I don't know anything about jumping.

**Rachel:** Uh, so I want to tell you the origin, and then we'll get to some of the good stuff.

**Griffin:** I'm very curious.

**Rachel:** Okay, so, um, I'm gonna say a name, and it's gonna be kind of a funny name, and so I want you to ready yourself. Okay?

**Griffin:** Is it gonna be funnier than pijjekker? 'Cause I messed that up, I think, pretty badly.

**Rachel:** Yes, it is.

**Griffin:** Okay.

**Rachel:** In the 1950s, Sir Hugh Beaver...

**Griffin:** [laughing] H-U-G-H?

**Rachel:** Yep. [laughs]

**Griffin:** [laughs]

**Rachel:** Just gonna give you a little time on that one.

**Griffin:** Okay. I'm good, I'm good.

**Rachel:** Uh, he was the managing—

**Griffin:** [laughs] I'm not good.

**Rachel:** [laughs]

**Griffin:** I'm not good. It's a funny name.

**Rachel:** He was the managing director of Guinness Brewery, and he attended a shooting party with his friends where everyone started arguing about what the fastest game bird in Europe was.

**Griffin:** A shooting party?

**Rachel:** Yes.

**Griffin:** That's a bad party.

**Rachel:** Y'know, like, they go to shoot pheasants or whatever. And they're all sitting there, talking about what the fastest bird is, and they can't decide.

**Griffin:** But that's called hunting. [laughs]

**Rachel:** [laughs]

**Griffin:** Whenever my friends, it would be deer season or whatever, they wouldn't be like, "Time to go have a woodland shooting party!"

**Rachel:** Well, a shooting party may just be like, you all stand there and we release the animals and you shoot them.

**Griffin:** Oh, that's—

**Rachel:** I'm not 100% on that, but it's possible that that's the distinction.

**Griffin:** How sporting.

**Rachel:** [laughs] Uh, in 1954, he developed a Guinness Book of World Records, and around the idea that it was affiliated with Guinness, because it would help settle pub arguments.

**Griffin:** I had no idea that it was the beer.

**Rachel:** You just thought Guinness... that was just a coincidence?

**Griffin:** It's a name. Like, it's just a word. I never really put it together. You never—I feel like I've never seen the two of them in the same room.

**Rachel:** No, it's true. That's true. Uh, so, before I get into some of the records, I wanted to talk about some of the criteria. So the way it works, people submit applications to be considered. And right now, the waiting period for applications is up to 16 weeks.

**Griffin:** Huh, okay.

**Rachel:** And in order to submit a competitive application, what you submit has to be measurable. Uh, has to be replicated so that people can break it. Um, and can be proven, obviously. Um, and then, uh, you have to have kind of an awareness of whether anyone in the world has done it better. Y'know, obviously. If you're gonna submit.

**Griffin:** Do you have to pay also with your submission, I imagine?

**Rachel:** I did not look into it that far.

**Griffin:** Okay. So it's a profit game.

**Rachel:** Although, I did notice that, y'know, so there's a maximum of 16 weeks. But they said like, for emergency consideration, you can like, expedite your application, which makes me think there is money involved.

**Griffin:** Mm, that's how they getcha. That's how they getcha.

**Rachel:** But also I wonder, what is the emergency situation? [laughs]

**Griffin:** Yeah, I know. "Uh, I've been on fire for an hour!"

**Rachel:** Uh, and then there are also—there are guidelines as to what is not suitable. Um, obviously, things that could cause harm, or endanger animals. One of them is excessive—

**Griffin:** [laughs] That's—that one's funny, given the origins of the book.

**Rachel:** [laughs]

**Griffin:** No—we don't want anybody endangering any more animals. We figured out what the funnest bird to shoot and kill in the sky is. And then, that was the last one.

**Rachel:** [laughing] Uh, I want to talk about excessive eating.

**Griffin:** Okay.

**Rachel:** So now, instead of saying who can eat the most, it's who can uh, consume a large quantity in a small period of time.

**Griffin:** Interesting.

**Rachel:** So the idea is... so, for example, let me give you an example.

**Griffin:** Were people getting hurt? Like, is it a liability thing?

**Rachel:** I think, I mean, y'know, it's a way of endangering yourself.

**Griffin:** Yeah, sure.

**Rachel:** So for example, in 2014, uh, Takeru Kobayashi ate 12 hamburgers in three minutes. Uh, so that's kind of what they're talking about. Short time frame, eat as much as you can.

**Griffin:** Okay. That's interesting. It makes complete sense, because I see some of those like, man versus food eating challenges and just like, it seems like a... like a path for extreme disaster.

**Rachel:** Yeah, like, if somebody, y'know, became very, very ill trying to break this record, I think Guinness would feel a little responsible.

**Griffin:** Well, they wouldn't, 'cause they're a huge, huge, faceless company, but somebody probably would along the chain. Low on it.

**Rachel:** [laughing] Um, no... no wasting food. Um, which...

**Griffin:** Huh?

**Rachel:** Is questionable.

**Griffin:** What?

**Rachel:** They suggested that you have to kind of balance how you might waste food with how you would donate, y'know, materials to a place.

**Griffin:** Okay. So if this is like my boy scout troop, maybe the world's biggest bowl of borscht, then somebody... like, Sir Alec Guinness would roll up and be like, "That's dope. That's dope. Great job. But who's eating all this borscht?"

**Rachel:** Is... is Alec Guinness affiliated with the Guinness brewery?

**Griffin:** No, but they probably hired him, 'cause of the name.

**Rachel:** Okay. [laughs] Uh, they also—

**Griffin:** I think he's dead, yes?

**Rachel:** I don't know.

**Griffin:** I don't know either.

**Rachel:** Nobody does. Uh, no consumption of alcohol as part of the records.

**Griffin:** Guys?

**Rachel:** I know, it's complicated. [laughing]

**Griffin:** What?!

**Rachel:** Well, they don't want people to binge drink and end up in the hospital trying to beat some kind of—

**Griffin:** Right, that makes sense too. It's just like, that's... that is... except for our one very creamy, very dark, delicious devil's beverage.

**Rachel:** Um, so, let me get into some of the records here.

**Griffin:** Oh boy. Biggest muscles, Griffin...

**Rachel:** Heaviest—no. I see what you did there.



**Griffin:** [mumbling] Biggest, strongest muscles is Griffin McElroy. Austin, Texas.

**Rachel:** [laughs] Heaviest carrot. 22 pounds.

**Griffin:** [laughs]

**Rachel:** I'm just gonna go through these. I'm just gonna shout these out.

**Griffin:** Okay. Yeah. I'll holler if there's one I need more.

**Rachel:** Most M&Ms eaten in one minute, blindfolded, with chopsticks. 20 in 2011.

**Griffin:** I could—that's nothing.

**Rachel:** Doesn't that seem achievable? I'm inspired by that one.

**Griffin:** That seems incredibly doable. Is it possible to just stab downward into them very sharp, with sharp chopsticks?

**Rachel:** I doubt it. I doubt it.

**Griffin:** Okay.

**Rachel:** Uh, longest time in plank position. Eight hours and one minute.

**Griffin:** In plank posi—isn't that just laying down?

**Rachel:** No, that's when you're kind of—you're propped up. Like, your toes are on the ground, and your elbows are...

**Griffin:** They should call it something else.

**Rachel:** [laughs] I thought this was interesting, 'cause this was like a competition that was held. And the longest guy got eight hours and one minute, and he beat out the other guy who only got seven hours and 40 minutes.

**Griffin:** So this dude went hard in the paint for an extra 20 minutes, just to like, rub it in?

**Rachel:** Yeah. Uh-huh. [laughs]

**Griffin:** Okay.

**Rachel:** Uh, largest collection of Pokémon memorabilia. 17,127 items.

**Griffin:** Griffin McElroy.

**Rachel:** I looked at this. So, this was verified in 2016, when they asked the winner, Lisa Courtney, what was on her wish list, she told us, "I'm still searching for the Pokémon Center deluxe-sized Tyranitar plush."

**Griffin:** Oh. Ohh, yeah.

**Rachel:** Do you know what this is?

**Griffin:** That's a tough one. That's a tough one. That's uh, gonna put Henry through college, this Tyranitar plush I've got.

**Rachel:** Um, longest Mario Kart marathon is 40 hours, and that's three guys in Iowa city in 2018 all got together.

**Griffin:** That seems exceedingly doable. That seems like I may have accidentally broken that one.

**Rachel:** [laughs] Um, there is one gentleman who has set more than 600 records himself. Uh, and currently holds 200 active titles.

**Griffin:** Oh my god.

**Rachel:** He is 62 years old. He lives in New York. His name is Ashrita Furman. Uh, his first record was doing 27 thousand jumping jacks over six hours and 45 minutes.

**Griffin:** That's a... lot. I've just decided.

**Rachel:** That's a lot. That got him a spot in the 1980 edition of the Guinness Book of World Records. Uh, he has broken a record on every

continent. Other records include most fire torches lit and extinguished in one minute, fastest mile on a pogo stick, longest time to hula hoop under water, most arrows broken with the neck in one minute...

**Griffin:** Most arrows broken with the neck.

**Rachel:** I haven't seen a video, but I have to imagine he's... either putting them on his shoulder and snapping them...

**Griffin:** I mean, he's not doing it long ways. 'Cause that's a good way to die.

**Rachel:** [laughing] Very dangerous.

**Griffin:** That seems like... some of those, though, I feel like, I could call up Guinness tomorrow.

**Rachel:** I mean, here's the thing, though. That can be replicated. It can be measured.

**Griffin:** That's fine. That's fine. I'm just saying, I could call up Guinness tomorrow and be like, "Hey, just so you know, tomorrow morning, I'm planning on trying to see how many Kit Kat bars I can sit on in one minute."

**Rachel:** Mm-hmm.

**Griffin:** "And I think it's gonna be like 35, so you may want to get your photographers down here for this."

**Rachel:** [laughs] Uh, the last one I took note of is greatest distance traveled on a bicycle balancing a milk bottle on his head.

**Griffin:** It's just like... most yo-yos yelled at in five minutes.

**Rachel:** [laughing] Um, one I personally found mindboggling. So, um, heaviest triplets.

**Griffin:** Hmm.

**Rachel:** This happened in the great country of the United States. Three triplets. One was eight pounds, nine ounces. One was seven pounds, five

ounces. And the other was six pounds, 13 ounces. These are like, big ol', full size babies in one person.

**Griffin:** Triplets are usually smaller, yes?

**Rachel:** Triplets are usually pretty tiny, 'cause they all have to fit in a person.

**Griffin:** Right.

**Rachel:** Those are big... those are big babies.

**Griffin:** That's a lot of babies.

**Rachel:** That's a lot of babies.

**Griffin:** That's much babies, folks.

**Rachel:** I mean, so, for context, Henry was six pounds, nine ounces. He is smaller than the smallest baby in that... that group of three.

**Griffin:** We're talking about having fully... if I'm doing the math right, about 22 pounds worth of baby inside you.

**Rachel:** Yes. Uh-huh.

**Griffin:** That's rough stuff, man. [laughing]

**Rachel:** [laughing] Um, there—if you go to their website, there's a lot more stuff on there. It's just... it's so fun. For somebody that enjoys, like, statistics and facts and like, and just oddities, this is like everything all in one.

**Griffin:** Yeah.

**Rachel:** So good.

**Griffin:** And look out for me. I'm gonna go do how many napkins—how many paper towels can you pull out of a paper towel dispenser at the Austin Airport? I'm gonna do that one tomorrow. Looking forward to it in one

minute. So, gonna be great. Uh, you want to know what our friends at home are talking about?

**Rachel:** Yes, please.

**Griffin:** Well, I will do that, once my computer unlocks. They're talking about... Allie, specifically, is talking about, uh, "My small wonder is that our two and a half year old daughter has started saying, "It's just farts!" all exasperated, a la Jerry Gergich whenever I ask if she pooped."

**Rachel:** [laughs] That's perfect.

**Griffin:** That's good. That's really good. Henry's started to acknowledge that he farted when I ask him if it's a poop. Uh, and he hasn't necessarily landed that Jerry Gergich, like, cadence.

**Rachel:** Yeah. There's still time.

**Griffin:** But he does say, he does say 'fahted,' which is great, 'cause he sounds like Ben Affleck. He sounds like—he sounds like fuckin' Matt Damon in Goodwill Hunting. "Yeah, I fahted."

Uh, Lauren says, "Hello, my small wonder is finally getting past a difficult boss fight in a video game after being stuck on it for a while. The feeling of accomplishment is great, and the game usually rewards you with cool new stuff, making it even better." Trying to think of something that you would find...

**Rachel:** Dr. Robotnik.

**Griffin:** Yeah, he's one.

**Rachel:** He's one.

**Griffin:** I don't know that Dr. Robotnik gives you the sort of soul satisfaction, like when you jump on his head—

**Rachel:** I mean, you hit him with your head—you hit him with your head a bunch of times, and he blows up.

**Griffin:** That's true.

**Rachel:** That's pretty great.

**Griffin:** Did you ever do that? And then you were like, "Ahh! And now... I retire. On top."

**Rachel:** I mean, I never beat Sonic, so I never felt like...

**Griffin:** I never did either.

**Rachel:** I mean, y'know, that was one of those games where you just start at the very beginning every time.

**Griffin:** And it was so fast.

**Rachel:** It was very fast with those shoes.

**Griffin:** I want a leisurely stroll.

**Rachel:** Those fast shoes.

**Griffin:** Give me a... a bonk any day of the week. Y'know what I mean?

**Rachel:** I don't know what—I don't know what you're talking about now.

**Griffin:** Give me, um... a Mario. Any time. Do you know what I mean?

**Rachel:** Uh-huh.

**Griffin:** Uh, that's all I have for submissions, and I do want to say thank you to Bo En and Augustus for the use of our theme song, Money Won't Pay. You can find a link to that in the episode description.

**Rachel:** Can you give out the email for our submissions again?

**Griffin:** Yes. It is [WonderfulPodcast@gmail.com](mailto:WonderfulPodcast@gmail.com), I believe.

**Rachel:** Yes.

**Griffin:** I'm going to double-check that while Rachel extolls the virtues of Maximum Fun.

**Rachel:** Thank you to Maximum Fun for hosting our show on the network. That's MaximumFun.org. You can find a lot of really great shows there. Shows that are comedic, and also shows that are informative, like Bullseye, for example. Great interviews on there.

**Griffin:** Beef and Dairy Network is—oh.

**Rachel:** There was a great one with Daveed Diggs recently. It was very good.

**Griffin:** Oh yeah! I still haven't listened to that one. Uh, Beef and Dairy Network is also very good. I think we're doing a promo for them, and it made me laugh. Anyway, it is [WonderfulPodcast@gmail.com](mailto:WonderfulPodcast@gmail.com), so hit us up.

Go to McElroy.family. We got all kinds of stuff. We're working on some merch.

**Rachel:** We are gonna have some merch! Did we have a projected...

**Griffin:** We do not have a projected date. The gears of merchandising grind... actually kind of quickly.

**Rachel:** I got to see like a mockup, and I was very excited about that.

**Griffin:** Yeah! We'll let you know. We're looking forward to it. Uh, anything else that we need to say? That we need to talk about? Anything you need to get off your chest? Let's do our usual sort of like, venting the, y'know, the rage. 'Cause it all can't be smiles and rainbows and... y'know, thick dogs all the time. Sometimes Rachel and I are filled with just inky vitriol, and now it's just start spewin' it out. So you start.

**Rachel:** Uh, I'm real mad that they're only releasing one episode of Great British Baking Show a week.

**Griffin:** Yeah, rip 'em baby.

**Rachel:** 'Cause we watch that episode, and then we have to wait a whole week, and that really grinds my gears.

**Griffin:** Really fuckin' tear 'em apart. I ate a little bag of Doritos today, like a fun size bag. I haven't done that in god knows how long. And there were only like six of them in there.

**Rachel:** Six chips in there?

**Griffin:** Six fricking chips.

**Rachel:** Hmm.

**Griffin:** [grunts angrily]

**Rachel:** And... y'know how expensive food is at the airport. Hoo.

**Griffin:** What's up, though?

**Rachel:** So...

**Griffin:** But it's so good and tasty.

**Rachel:** That's how they get you.

**Griffin:** It tastes good and it's convenient.

**Rachel:** That's how they get you.

**Griffin:** And it's right there. And the Doritos did taste very good.

**Rachel:** Mmm. Cool ranch, right?

**Griffin:** Cool ranch. Damn it, we're doing the show again!

**Rachel:** [laughs]

[theme music plays]

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