

## Still Buffering 183: How to Convenience

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[theme music plays]

**Rileigh:** Hello, and welcome to Still Buffering: a sisters' guide to teens through the ages. I'm Rileigh Smirl.

**Sydnee:** I'm Sydnee McElroy.

**Taylor:** And I'm Taylor Smirl.

**Sydnee:** Uh, sisters, I ran into a problem today, and I—I don't—I have no idea what to do about it.

**Rileigh:** What—what happened?

**Sydnee:** I feel like I'm really out of my depth, here.

**Taylor:** Okay.

**Sydnee:** Uh, Charlie needs a bookcase, because we have too many books.

**Rileigh:** Mm-hmm, you do.

**Taylor:** Not a—not a problem. Not a real, actual problem.

**Sydnee:** Well, this is a—this is true. This is not the problem. We have too many books. We need a new bookcase for her, and I was trying to enlist her in this effort, 'cause right now our house is full of all the bookcases that Justin or I bought in our lives, or inherited, or took from our childhood homes, or whatever.

So, like, they're not necessarily... nice? [laughs quietly]

**Rileigh:** Yeah.

**Sydnee:** Or matching, or meant to stand longer than a year. [laughs quietly]

**Rileigh:** Or even—I'm looking at one right now that maybe looks like it could fall over at any second.

**Taylor:** Are those—are those Billy bookshelves? 'Cause you guys got some Billies.

**Sydnee:** Is that what they are?

**Taylor:** Well, there's the one I—I mean, and this might be only to those adjacent to an IKEA, but I don't know how far IKEA delivers, but IKEA makes the one, the cheap, cheap, cheap bookshelf. That's the Billy bookshelf. And it's cheap, and that's the selling point, but it does not last more than one move.

**Rileigh:** [laughs]

**Sydnee:** We—I don't—I couldn't even tell you where all these came from. I know some of them are from my childhood bedroom. Uh, I know some are from Mamaw and Papaw's house. I know some were from Justin's house. There are some that... neither of us ever know where we got them.

**Rileigh:** They just appeared!

**Sydnee:** Like, they just appeared. We just kept getting books, and eventually—I think if you own enough books, a bookshelf forms around them.

**Rileigh:** Yeah.

**Taylor:** [laughs quietly] Just, like, compress—you stack 'em high enough and they just compress into shelving. Just like some sort of—like how you get diamonds. [laughs]

**Rileigh:** Yeah.

**Sydnee:** But, uh—[laughs quietly] I asked Charlie. I said, "I'm gonna get one for your room, and it's going to go in your room, and so I want you to help me pick it out! I want it to look like you would like it to look like, you know? What color do you want?"

They have, like, a lot of little kids' ones that have, like, flowers or animals or, like, it's shaped like a rocket ship or something.

**Taylor:** Oooh!

**Raleigh:** [quietly] I want that.

**Sydnee:** Right? Like, they have all these cool little kid bookshelves. Then they just have, like, a variety of funky colors, and so I was offering all those. Like, she's into pink, here's a pink one. Would you just like that?

I found one that was like a book reading nook? It's bookshelves with, like, a bench—like, a seat in the middle. Like, a little bench seat in the middle, and then it had a little tent over the top.

**Raleigh:** How lovely.

**Sydnee:** So cute.

**Taylor:** I'd like that now.

**Sydnee:** And so I offered her—right?

**Raleigh:** Yeah. A little reading nook?

**Sydnee:** It was. It was a little portable reading nook, with shelves. So I offered her all of these different things. I'm like, "Look at all these! Look, would you like this? Do you like this?"

And she was so wishy-washy on all of them, and then as we're scrolling through all these different things, what catches her eye is not a bookshelf... but a fainting couch. And she says, "I want *that*."

**Raleigh:** What's a—what's a fainting couch?

**Sydnee:** You know, one of the—it's sorta like a loveseat, but it doesn't have the back. It's, like, shaped like that.

**Raleigh:** A chaise?

**Sydnee:** Like a chaise.

**Raleigh:** Okay.

**Sydnee:** They're also called fainting couches.

**Rileigh:** Okay.

**Taylor:** Is it like the thing that you lay down on in therapy, but you don't actually lay down on in therapy? But that's what—

**Sydnee:** Yes.

**Taylor:** Okay. And if you go in to the therapist and you try to lay down and then they ask you to sit in the chair, [through laughter] it's real awkward! [laughs]

**Rileigh:** [simultaneously] They'll ask you to sit up, yeah.[laughs]

**Taylor:** Yeah... I got it wrong. [laughs]

**Rileigh:** Like, "Hey, we can't really have a—can't really have a productive conversation if you're trying to take a nap, dummy."

**Taylor:** [laughs]

**Sydnee:** Those are very similar. If you ever—if you just google a picture of a fainting couch, they were a big thing, like, the Victorian era or something. It was literally supposed to be this elegant looking piece of furniture that, because corsets were so tight and women couldn't breathe—or anybody who wore corsets—

**Rileigh:** Okay.

**Sydnee:** —that then you could, like, pass out on it periodically as—as needed. [laughs quietly]

**Taylor:** Oh, okay. So it's a fashion accessory! Alright. Makes sense she'd like it.

**Sydnee:** Yes.

**Rileigh:** Some of these are pretty cute!

**Sydnee:** So she sees this pink, uh, fainting couch, with purple, like, plush cushions all over it—

**Raleigh:** Of course she wants that.

**Sydnee:** —and it says—it has written on it, "Her royal majesty."

**Raleigh:** Of *course* she wants that!

**Sydnee:** And she said, "I want that one."

And I said, "[holding back laughter] Well, that's not a bookshelf. That's a fainting couch. I can see where that would be neat, but it doesn't hold books."

And so she takes my phone from me and she starts scrolling through the pictures. She goes, "No, look, see? It opens. You can put stuff in it."

And I said, "Honey, it—that's a tiny little—it's like a box! Like, we're not—I mean—that's not a place for books! You can't put 'em in a box."

And then she keeps flipping through and she goes, "Oh! It comes in white, too! Can I have both?"

**Raleigh:** [laughs]

**Sydnee:** And I said, "No, honey! You can't have have two fainting couches!"

**Taylor:** [laughs]

**Raleigh:** [holding back laughter] A girl needs two fainting couches, Syd!

**Sydnee:** "You need a *bookshelf!*"

And she refused—

**Taylor:** You don't know when you're gonna faint. Like, or where!

**Sydnee:** —she just flat out—she said, "Mommy, I will not pick a bookshelf until you get me these two fainting couches, [through laughter] and then I'll pick a bookshelf."

And I said, "Who are you? Who are you?!"

**Taylor:** I—well...

**Raleigh:** Are you sure you didn't, like, get switched at birth at the hospital?

**Sydnee:** Well—how did this happen! I am offering you any bookshelf your heart desires, including the one that comes with a nook!

**Raleigh:** I want that now!

**Taylor:** A book nook!

**Sydnee:** I know!

**Raleigh:** Can you buy *me* a book nook if you're not gonna buy Charlie a book nook?

**Sydnee:** You want—well, it's kid sized, but—

**Raleigh:** That's okay.

**Sydnee:** —sure.

**Raleigh:** I can squat.

**Sydnee:** It's—it—[sighs] I don't know how this happened. How does my child desire two plush fainting couches—

**Raleigh:** You need one on both sides of the room, in case you faint on the left or the right.

**Sydnee:** I asked her what was gonna be the situation in which she would need to faint on two different fainting couches at the same time in her room, and she looked at me for a second and then went, "Maybe Cooper will faint." [laughs]

**Raleigh:** I—you know?

**Taylor:** That's a val—valid thought, I guess.

**Rileigh:** It's a possibility!

**Taylor:** So, I just—but you're not gonna *have* two fainting couches, right?

**Sydney:** No, no. I—

**Rileigh:** Are you gonna get her *one* fainting couch?

**Taylor:** Probably.

**Sydney:** I have—

**Rileigh:** You are.

**Sydney:** —I have not purchased it. I'm—

**Rileigh:** You're gonna get it.

**Sydney:** —and let me clarify, too. It was, like, a kid-sized one. It wasn't, like, a big, expensive piece of furniture.

**Rileigh:** You're gonna get her a pink fainting couch that says "Her royal majesty" on the side.

**Sydney:** I'm gonna see—I'm gonna get her a frickin' bookshelf, the ones that *I* think fit in her room and are cute and kid-friendly, and also will hold a lot of books, 'cause we have too many books.

Uh, and then once that's in there and we see what the space looks like, we can *consider* the fainting couch.

**Rileigh:** Well, no. Here's what you do. You find a bookshelf, a kid bookshelf, that's either the same purple or the same pink, and then you just—when you show 'em to her, you have the bookshelf right next to the fainting couch and say, "It wasn't in the pictures, but this fainting couch came with a bookshelf attached to it."

**Sydney:** [laughs]

**Rileigh:** And it's one cohesive piece of furniture, and now you have a fainting couch for Charlie and bookshelf for Syd, 'cause let's face it. She can barely read. The bookshelf is for Syd right now.

**Taylor:** Maybe—maybe you can find, like, a hybrid piece? Like, I had a captain's bed for a long time that had, like, a bed, but then it had drawers and shelves built into it? Can you find a fainting couch that's a captain's fainting couch, and it's got, like, a little shelf along the bottom of it where you can put books. So it's like, "Oh no, I've fainted, 'cause I'm so dainty! I might as well read!" That works out!  
[laughs]

**Sydnee:** This has to be out there somewhere.

**Taylor:** [laughs] Or—"A delicate, corseted person, who also would like to imbibe some literature." That has to exist, right? [laughs quietly]

**Rileigh:** Oh, how did I find the exact fainting couch that—

**Sydnee:** "Her royal majesty."

**Rileigh:** —it says "Her—" this one says "Her royal highness."

**Taylor:** Oh, okay.

**Sydnee:** Ah.

**Rileigh:** Um, but it's—it's pink with a white base that you can store stuff in in the bottom, and it says "Her royal highness" on it.

**Sydnee:** We just have so many books. We need—we need, like, a shelf. Like, an actual frickin'—also, you need to see books so that you can pick the one you want!

**Rileigh:** [simultaneously] No, I don't know, this is pretty—this is pretty cute, Syd!

**Sydnee:** [quietly] Oh my gosh.

**Taylor:** Uh-oh...



**Rileigh:** This is like a little window seat that you can lift up the seat and store stuff in it. Like, look at that! Charlie would love that!

**Sydnee:** It is very cute. That's similar to the one. The other one just looks a little more like—the other one is, like, a more decadent... like, it reminds me of when you watch those movies about, like, the decadence of certain eras of royalty.

**Rileigh:** Yeah.

**Sydnee:** Of, like—especially, like—they'll show you those movies about, like, French royalty, where everybody's, like, covered in wigs and powders and perfumes and, like, everything is so luxurious, and they're all eating and drinking to excess and partying all the time and, like, everybody else is starving in the streets.

**Rileigh:** Yeah.

**Sydnee:** It has that kind of feel to it. [laughs]

**Rileigh:** Okay. I mean, she *is* five. Does she need to be *that* decadent?

**Sydnee:** Everything is decadent when you're five.

**Rileigh:** That's—especially when you're Charlie.

**Sydnee:** So—

**Rileigh:** That's fair.

**Sydnee:** —but that's the amazing thing, is that—

**Rileigh:** [quietly] Oh, gosh.

**Sydnee:** —nowadays you can just pick up a phone and...

**Taylor:** What?

**Sydnee:** ... find multiple—

**Rileigh:** Find a fainting couch.

**Sydnee:** —fainting couches for you to purchase, right at your fingertips.

**Taylor:** That's true. That's true.

**Raleigh:** That's so... convenient.

**Sydnee:** It is convenient.

**Taylor:** 'Cause we live in the age of instant gratification!

**Raleigh:** We do.

**Sydnee:** How's that workin' out for... your generation?

**Raleigh:** I mean... not—not very well. [through laughter] Seems like most people in my generation aren't too happy all the time!

**Sydnee:** Although that's mainly everybody else's fault. [laughs quietly]

**Taylor:** Yeah...

**Raleigh:** Yeah, no, that's true. That's everyone before us that's like, "Hey, we're gonna peace out here in the next, like, decade or so. We're gonna leave you with this giant, planet-sized mess."

**Taylor:** [laughs]

**Raleigh:** Is kind of what we've been left with. Not even necessarily, like, your all's generation. Like, it's not really the Millennials or Gen X. It's, like, you know. The ones right above you all.

**Sydnee:** Yeah.

**Taylor:** I—is that—I mean, I know we're gonna talk about convenience in the modern age, but is that—does convenience make you more sad? [through laughter] Is that the argument you're leading with?

**Raleigh:** Yeah.

**Taylor:** I guess it's like—'cause it used to be like, you know, when you were gonna go see that movie you wanted to see in, like, a week, it was like, "Oh, I'm looking forward to that all week, that's what I'm livin' for!" And then you got a—

**Raleigh:** You had something to look forward to, yeah.

**Taylor:** Yeah, and then you had a whole week to figure out the next thing you were gonna live for.

**Sydnee:** That's true.

**Raleigh:** Yeah.

**Taylor:** So you just rolled right along! [laughs quietly]

**Raleigh:** Yeah. I—listen, I spend a lot of time on Twitter, and Twitter's just, like, a place full of s—sad Gen Zs and Millennials. [laughs quietly]

**Taylor:** Mm.

**Raleigh:** And, like, it—

**Sydnee:** You should spend more time on Facebook, where all the angry boomers are. [laughs]

**Raleigh:** That's just angry boomers! And some straggling Gen Xers like Sydnee, who aren't quite totally sold on Twitter, but also aren't quite totally sold on Facebook.

**Sydnee:** I'm not a Gen Xer.

**Raleigh:** Sorry.

**Sydnee:** I'm in the middle.

**Taylor:** I—I—

**Raleigh:** You're like a, what, M—Mi—

**Sydnee:** I'm an X-ennial, is the name.

**Rileigh:** X-ennial.

**Sydnee:** Teylor, technically you get to be an X-ennial, although you're right there on the border, so you can embrace...

**Teylor:** I thought it was '85.

**Sydnee:** Uhh... I thought it extended for—maybe so. I see different ranges.

**Rileigh:** Well, and I am right there on the border between Millennial and Gen Z, so...

**Teylor:** Yeah. Well, I'll take both. That's fine.

**Sydnee:** [simultaneously] I very much feel like an X-ennial.

**Teylor:** I don't—I don't—what is—what—

**Rileigh:** Yeah Syd, you are.

**Teylor:** —what pocket generation am I that we just fled to Instagram? It's like, "I just wanna look at pictures of noodles and cats and... nobody can go on political rants here!" [laughs] "Nobody can remind me that the world's ending! Just post your cats." [laughs]

**Sydnee:** You're a Millennial. [laughs]

**Teylor:** Oh, okay, cool. [laughs]

**Sydnee:** You're a Millennial.

**Rileigh:** How do you feel about avocados?

**Teylor:** I love them.

**Rileigh:** Pro? Yes. Millennial.

**Teylor:** Pro—provocado.

**Sydnee:** I mean, we all should be, right? Like, let's just be honest. We should stop poking fun at Millennials for avocados, 'cause they're delicious, and also toast is delicious—

**Raleigh:** Toast is delicious.

**Sydnee:** —and combining the two is natural and good, and of all the—of all the things to make fun of people for..

**Raleigh:** What—

**Sydnee:** ... a delicious treat like avocado toast?

**Raleigh:** What kind of sign is the universe sending me that every time I've eaten avocado, I've broken out in hives or a rash?

**Taylor:** Well—

**Sydnee:** That you're allergic to avocado? [laughs]

**Taylor:** Yeah, I don't think that's the universe sending you a sign.

**Raleigh:** What is—what—what does the universe have against me and avocado? It's so delicious! Why doesn't it want me to be included?

**Taylor:** I think your immune system—well, that's how you know you're not a Millennial. That's what it is. We are the one generation born that can tolerate the mighty avocado.

**Raleigh:** Are we a gen—it is a generational thing? We have a generational allergy to avocado?

**Taylor:** I don't know.

**Sydnee:** *I'm* not allergic to anything, so I don't know.

**Taylor:** [quietly] Yeah...

**Raleigh:** Wow, look at you.

**Sydnee:** I'm too tough for allergies! [laughs]

**Rileigh:** Yeah, 'cause that's how allergies work. Why didn't mom just give me more avocado as a baby?

**Taylor:** I don't think I ate an avocado til I was 23. [laughs]

**Rileigh:** Apparently I didn't eat one until I was 18. [laughs]

**Sydnee:** Well, I've been forcing avocado on my children since they could first eat, so...

**Taylor:** Well, you know what? If you wanted an avocado two hours from now, you could go on the internet and just—there—I mean, I live in New York, so there are a lot of places that will bring me an avocado in less than two hours, but I—I'm kind of—I know Amazon is evil, I'm gonna lead with that, but the Amazon—what is it? Prime Now or something like that?

**Sydnee:** [laughs]

**Rileigh:** Yeah.

**Taylor:** [loudly] Prime Now! [laughs quietly]

**Rileigh:** Prime Now!

**Taylor:** Where you can actually order from local grocery stores and, like, Whole Foods is a big one on there, and they just show up at your house with groceries or electronics or personal care items in under two hours?

**Sydnee:** They call it the Veruca Salt feature. [laughs quietly]

**Taylor:** [through laughter] Yes! "I want the world, I want the whole world, and avocados, now!"

**Sydnee:** "And I want it *now*!"

**Rileigh:** We're still a bit in the dark ages over here in H-town. We don't have Prime Now.

**Sydnee:** No. I can't—we can get things the next day, sometimes.

**Rileigh:** Yeah, the best we have is you can order your groceries ahead of time from the local Walmart, and go park outside at the Walmart and they'll put them in your car for you.

**Sydnee:** And Kroger.

**Rileigh:** And the Kroger. Only... the Gucci Kroger, as you may call them.

**Sydnee:** How do you all feel about that? 'Cause we've tried it once, and they couldn't find some things, so they make substitutions for you if they can't find the thing you wanted.

**Rileigh:** I...

**Sydnee:** That are substitutions that they deem equivalent.

**Rileigh:** And they're not equivalent.

**Sydnee:** Well, it just—I think it—I think what you're getting into is a personal taste thing, and so, like, I found myself looking at things thinking, "Why is this in my house? Who bought this? Where did it come from?!"

And then I remembered that we did that, and I was like, "I can never do this again." [laughs]

**Rileigh:** I hate going to the grocery store and people looking at what I'm buying so much—

[someone snorts]

**Rileigh:** —I could never order ahead—

**Taylor:** What?!

**Rileigh:** —at a grocery store. When I go grocery shopping, I don't anyone else there with me. I wanna do self checkout every time. I don't want anyone else looking at what I buy.

**Taylor:** What?!

**Rileigh:** I don't want people thinking about—

**Sydnee:** What are you—

**Taylor:** Right?!

**Rleigh:** —my food choices. I—I just want to... go in, put my headphones in, silently go through the store, get my things, and then do self checkout and leave, and like I was never there.

**Sydnee:** Wh—why—

**Taylor:** What are you buying that comes with such deep shame?

**Sydnee:** Yes.

**Rleigh:** It's just poor food choices as a college student.

**Sydnee:** But you know, like, they sell them there.

**Rleigh:** Yeah, but, like, when they're—they're selling ramen noodles, and also Red Bull, and also just coffee and then Cheez-its, they don't intend for that to be the only combination of items people are buying. Yes, they're selling them, but they don't think about all of these possibly horrible food abominations I'm putting into my cart.

**Sydnee:** I am gonna tell you an inspirational story right now. I was checking out at Kroger once, and a guy came up in line behind me while I was checking out, and he had a buggy that was completely crammed—like, every square inch was filled with the little off brand frozen pizzas.

**Taylor:** Yeahhh!

**Rleigh:** [gasping laughter]

**Sydnee:** Not even name brand, yeah. The little generic—

**Rleigh:** [holding back laughter] Not even Totino's?

**Sydnee:** No. Generic, off brand frozen pizzas. I mean, *filled*.

**Rleigh:** [laughs] What was he doin' with that? [laughs]



**Sydnee:** And, like—I did—

**Raleigh:** You know you can't even fit all those in a freezer!

**Sydnee:** I did a bit of a double take, I know, like... [laughs quietly]

**Raleigh:** [laughs]

**Sydnee:** And, like, so did the cashier, kind of gave a look like, "Whoa." Just 'cause, like, it's a lot of frozen pizza. And he looked at both of us, no shame, no—like, no defensiveness, no indignation, shrugged and went, "I mean, they're 80 cents."

**Raleigh:** [laughs loudly]

**Taylor:** He's—he's plan—he's meal plannin', right there!

**Raleigh:** That's fair.

**Taylor:** That's meal prep!

**Sydnee:** Yeah! They were 80 cents apiece, what was he supposed to do? *Not* buy them all? And it was like, "Okay! Then you do your thing!"

And there was no shame! That's how you grocery shop. "This is what I need, for me, in my house." [laughs]

**Raleigh:** I—I... have social anxiety. [laughs]

**Taylor:** You know, I don't—

**Raleigh:** And—[laughs]

**Taylor:** —I don't, like—I... hmm. As someone that has worked in a restaurant a long time, and occasionally I'm sent out for things like, "Oh no, we ran out of this random item! Go buy them in bulk at a grocery store." And it's just, like, I know someone's behind being like, "Why do you need... 12 bottles of relish? Like, what is—what is your life like?"

Like, you know what? There's a very easy explanation for this. I'm not gonna tell it to you, 'cause I wanna be a person of mystery! Relish mystery.

**Rileigh:** There are some things that are made more convenient that lessen my human interaction, because of technology.

**Taylor:** Okay.

**Rileigh:** I.e. Grubhub, and food delivery apps of the like. Because if I want takeout and I don't have an app like that, I have to call someone, usually, and talk to them on the phone. It's like, "What—it is the year 2019. Why do I have to call and talk to anyone on the phone?"

And then you have to go into a restaurant and talk to someone *again* to pay for your food and receive your food. But with Grubhub, it's just all online. You have one human interaction where they come to your door and say, "Here's your food. Have a nice day." And you say, "Thank you, you too." And that's it. You are greeted with food. You never get out of your pajamas.

**Sydnee:** Yeah...

**Rileigh:** That lessens my social—anything that lessens my social interactions by any amount makes my life more convenient.

**Sydnee:** I—I understand not wanting to call and order food.

**Rileigh:** 'Cause you don't want to either, 'cause you can't say anything. [through laughter] You can't say anything about it. You don't wanna order food either. [laughs]

**Sydnee:** [simultaneously] I can't say anything about that, and—especially I feel like in our family, there—

**Rileigh:** [laughs]

**Sydnee:** —[through laughter] there are many situations... where there are a lot of us, and we're ordering, like, not even enough—not even, like, a lot of food that makes sense for the number of people there are—

**Taylor:** Yeah, that's true.

**Sydnee:** —But, like... you know what I mean? Like, it's synergistic.

**Taylor:** But i—

**Sydnee:** It's not—it's not food for just, like, 10 people. It's like there's 10 of us, so there must be food for 30.

**Raleigh:** Even when there have only been, like, five of us, every time I've gone to pick up, like, a to go order that we've ordered, they're always like, "Oh, you're the one with the *big* order."

**Taylor:** Yeah...

**Sydnee:** [laughs]

**Raleigh:** [through laughter] Like, there are five people in my family, and we ordered enough food for ten.

**Taylor:** Well, because you know, like, once you get enough people in there and it's all just callin' it in, it's like, "I'm just gonna sneak in those weird apps that I don't know if they're gonna be good."

**Raleigh:** [through laughter] Exactly!

**Taylor:** "But *somebody's* gonna eat 'em. Dad'll eat 'em." [laughs]

**Raleigh:** That is—[through laughter] that's true! And that's why our family beach week is some parts my best week of my year, and some parts my personal hell.

**Sydnee:** I—I don't under—I don't understand why, in our family, we don't just cut right to the chase and when we order food say, "All the apps, please."

**Raleigh:** [through laughter] We—

**Taylor:** Yeah...

**Raleigh:** —'cause that's—that would make it easier.

**Sydnee:** 'Cause we're gonna get 'em all. Like, essentially. Like, just say "All the apps please, and if there's something with a mushroom get two."

**Taylor:** Yep.

**Raleigh:** For dad.

**Sydnee:** "For dad."

**Taylor:** If there's a scampi or a shroom. [laughs quietly]

**Sydnee:** [laughs]

**Raleigh:** Yes. Have you ever seen those YouTube videos where people go and, like, buy an entire menu off of—like, from a fast food restaurant, just to try everything or, like, order everything off the Olive Garden menu?

**Sydnee:** No.

**Raleigh:** It's like, I find myself thinking "Who would do this? How could a person do this?" But that's essentially what we do every time we order from somewhere together, right?

**Taylor:** Yeah, but we—we eat it all. I don't know, I always just wonder what happens—

**Raleigh:** No, for sure.

**Taylor:** —when, like... 'cause I know when I come home, I'm one of the—the talking... Smirl... people. Like—[laughs] one of the ones that will answer the door or make a phone call, and I'm like, "What happens when I'm not here?" [laughs] "Who does this?"

**Raleigh:** [through laughter] Justin does it, and does a funny voice when he does it.

**Sydnee:** Justin does. He'll call and he'll be like, "[exaggerated southern drawl] Well, hello, there. Uh, I'm gonna order some—some takeout, you—okay, I got a big order here for ya."

I don't know. He does all these these voices.

**Raleigh:** He does. He has so many, and... that's, I think, how he powers through whenever he's the one left to make the calls.

**Taylor:** Oh, okay. I—I can see that. [laughs quietly]

**Sydnee:** Uh, I understand that aspect, but I will say one downfall I have learned is that sometimes on things like Grubhub, there aren't things on there that I know—I *know* they have, and I know if I call and order it they'll give me.

**Raleigh:** Yeah.

**Sydnee:** Um... you—obviously I wouldn't know that if I was in, like, a different city or something, but here at home I'll look at the menu and go like, "Aw. Well, you didn't include me favorite thing!" And so then...

**Raleigh:** You have to call.

**Sydnee:** I have to call.

**Raleigh:** Right.

**Taylor:** Yeah...

**Raleigh:** There are just certain food apps, though, that I will always use instead of *ever* ordering—I mean, it's like—like, there's an app for college campuses called Tapingo, where it has all the food places on campus, and then you order ahead of time and then go pick it up, so it's not delivery, but it's like, I never have enough time to wait for Starbucks on campus, because there's one Starbucks and everyone is always trying to get up in that Starbucks.

But if you can order ahead of time and then walk and just go grab it—one, I don't have to wait in that line. Two, I don't have to have someone ask me how I spell my name, because that's always an issue.

**Taylor:** Right.

**Raleigh:** And three, I just walk in, grab it, and leave! And then everyone in line just stands there looking at me like this sorcere—sorcer... what—

**Sydnee:** That is—

**Raleigh:** —I don't even know what word I'm trying to say. It's very late at night.

**Taylor:** Sorceress?

**Rleigh:** This magical—sorceress! This magical woman just came in and was in and out of Starbucks with a whole venti coffee in 30 seconds!

**Sydnee:** Well, I think they know about the internet.

**Rleigh:** I—you know? You would think that if they did, they would order ahead of time too.

**Taylor:** You figured out a FastPass for life is what you figured out.

**Rleigh:** Exactly.

**Sydnee:** Yeah. That's the key to Panera, too.

**Rleigh:** Yes. Ordering ahead of time.

**Sydnee:** Uh, we focused a lot on food. A lot of other things in our lives have gotten more convenient.

**Rleigh:** I'm hungry, I'm sorry.

**Taylor:** [laughs]

**Sydnee:** That's okay. But, uh, before we talk more about that...

**Rleigh:** Let's check the group message.

**Sydnee:** Uh, sisters, I wanna tell you about something that is convenient.

**Rleigh:** What's that?

**Sydnee:** It's Dashlane. Still Buffering is supported in part this week by Dashlane, which is a password management app that will solve all your "how to password" problems. Basically, we all have lots of gadgets, and we have lots of apps, and lots of—

**Rleigh:** So many apps and gadgets.

**Sydnee:** —secret places that we go on the internet that we only wanna make sure we can get to. Lots of different social medias that we have been discussing. Uh, for me, I have found that being a doctor means you have to have a password for everything, and it has to be really complicated, and you have to change it constant—*man*, they make you change it so much. I know, I know, it's safer that way.

**Raleigh:** It is.

**Sydnee:** But that's really hard for me, as somebody who thought, "Can't I just use the same four or five letter password for all things for all time?"

**Raleigh:** [laughs]

**Sydnee:** No, you can't. That's very dangerous. Don't do that. Especially if it's protected medical information. Come on, what are you thinking?

Dashlane has got you covered, because they are going to not only remember all your passwords, so that they can autofill them right in there for you, your login information, everything across all of your devices, even storing your payment details.

They can also generate really strong passwords that are unique for you, and have all those numbers and capitalized letters and fancy characters, and all the things that you're supposed to put in passwords, but you don't want to 'cause you can't remember 'em. Dashlane's got you covered.

So, Teylor, if our listeners wanna secure all their passwords with Dashlane, what should they do?

**Teylor:** Well, you should go to [www.dashlane.com/stillbuffering](http://www.dashlane.com/stillbuffering), and you can get Dashlane free on your first device! Also, as a special offer for Still Buffering fans, they're even offering a 30 day free trial of Dashlane premium, including VPN, dark web monitoring, and more! If you like it, use code "stillbuffering" at checkout to save 10% on your premium subscription. So that is [dashlane.com/stillbuffering](http://dashlane.com/stillbuffering).

**Raleigh:** So, I have another service I wanna tell you all about that is also convenient. It's a theme we got goin' this week. So, I'm really busy, as a college student, and that means that I'm usually in the library or in class or in my dorm, stressed about all the work I have yet to do.

Um, which means I don't usually have a lot of time to take care of myself, do some good self care, maybe get some things for myself that would help me do that. But Birchbox is a subscription box that sends you customized sample beauty products and a monthly reminder that you deserve that you time.

Um, it makes it convenient and fun to discover new products and buy full size versions of your favorites, and you can earn loyalty points in Birchbox by doing so, and they work with over 500 prestige brands to offer something for every hair type, skin concern, and lifestyle. You just go on their website, you fill a little personal profile, and they'll send products curated for you.

I actually have been using Birchbox for, like, three years now. Um, just because I have found that I used to have a lot of time to go look at beauty products and try 'em out and see what worked best for me and have time to experiment with them, but I don't really have time to do that anymore, and with Birchbox I tell 'em what I like and what my skin type is, my hair type, and what kind of products I'm most interested in.

So, maybe you're only interested in makeup, you're not really interested in hair stuff. They'll only send you makeup. Things like that, and they do it for you, so it makes it so they give me back that time that I don't really have to spend on looking for products, and just send me what they think I'll like, and if I like it, I can use their website to buy the full sized versions. So it's like a little reminder to take care of myself every month, and they do the hard part for me, because I'm a very indecisive person. They take care of all that.

So, Teylor, if our listeners wanna try out Birchbox, what should they do?

**Teylor:** They should head to [birchbox.com/stillbuffering](https://birchbox.com/stillbuffering) to learn more about Birchbox, and use promo code "stillbuffering" to get 5 dollars off your own monthly box of you time.

That's promo code "stillbuffering" at [birchbox.com/stillbuffering](https://birchbox.com/stillbuffering) for 5 bucks off your first Birchbox. Go—go get some you time! And a discount on your you time!

**Raleigh:** Yeah! You time, on us.

**Teylor:** [laughs quietly]

**Raleigh:** It's us time now.



**Taylor:** Oh!

**Sydnee:** Um...

**Raleigh:** [laughs quietly]

**Sydnee:** Now, do you think, with all this convenience... I know we're going to stray from food, except I'm always hungry so I always wanna talk about food.

**Raleigh:** Me too.

**Sydnee:** Uh, but... I did want to mention, I feel like there were so many—it was so limited. The options we could get delivered, back in the day.

**Raleigh:** Yes.

**Sydnee:** And now, granted, this is in large part because of where we live, but it was pretty much pizza... and then sometimes Chinese food, and that was it. There weren't other options. Now there are a couple more, but honestly even now there's not much else I can get delivered without one of those apps.

**Raleigh:** For sure.

**Sydnee:** Um... so, uh, we would go out to, like, you know, Taco Bell, McDonald's, and Wendy's, and... just drive around. Rally's back when Rally's was the thing. Racks. Hit up the Racks.

**Raleigh:** [snorts]

**Sydnee:** You know. [laughs quietly]

**Raleigh:** [through laughter] Say that one more time?

**Sydnee:** Racks.

**Raleigh:** Okay. [laughs]

**Sydnee:** All the cool spots. Uh, and now you don't do that.

**Raleigh:** Yeah.

**Taylor:** You don't hit up the Racks like you used to.

**Raleigh:** We don't hit up the Ra—hit up the Racks.

**Sydnee:** I feel like that changes something about teen culture. Like, we used to hang out inside the Taco Bell fairly regularly. Like, sitting in the Taco Bell—even in college. Like, eating tacos together and hanging in the Taco Bell.

**Raleigh:** But then, why—I know drive-thrus existed.

**Sydnee:** Yeah, but—

**Taylor:** You'd park in a parking lot and eat 'em there. I don't know, it was weird.  
[laughs]

**Sydnee:** We did! Like, we would drive there and then it's like, "Well, let's just chill here while we're here."

**Raleigh:** Yeah. I mean, like, we definitely still get fast food. That's pretty much, like—fast food and then food I can get in the student center of my campus. They're pretty much like the food pyramid that I'm living off of currently.

Um, but it's not like a—an event, I guess. It's not something you do with friends. It's kind of like, "Well, I'm already out and I went and had to get groceries, or I had to go home, or, you know, I went to go... to the mall, so I'm already out, so I might as well buy food."

But it's always just, like, a thing out of convenience. It's never, like, a thing you plan to go do. Like, do with friends, really, unless they just happen to be with you.

**Sydnee:** You know what? The thing is, though, like, that expanded to shopping trips of all kinds. Like, not just fun, like, "[high pitched voice] Let's go to the mall and shop, everybody!"

**Raleigh:** [singing] Let's go to the mall!

**Sydnee:** Not like that, but like, "Hey, I'm gonna go with my friend and we're gonna wander around, you know, like, a department store for an hour and look at home goods for fun." Or—

**Taylor:** [laughs]

**Raleigh:** Now, I will say—

**Sydnee:** You know what I mean?

**Raleigh:** Is this—

**Taylor:** Like you do.

**Sydnee:** Well, I mean, we did! We loved that.

**Raleigh:** —is this an experience that we only had because we lived in a small town?

**Taylor:** I feel like that might partially be it?

**Raleigh:** Like, I know when I first got my license and, like, I would have friends over to stay the night, even when I was in high school, something we would do would just be, like, go walk around the Walmart and, like, get stuff to make cookies, but also just... walk around for, like, an hour. That's something we only did because we lived somewhere like Huntington, right? [laughs]

**Sydnee:** I don't know. I mean, we would do that at Target. We would do—but would go to, like—

**Raleigh:** Target, oh, I still do that at Target.

**Sydnee:** —the big—the big department stores at the mall.

**Taylor:** Yeah.

**Raleigh:** Yeah.

**Sydnee:** And, like, really just wander around the areas where all, like, the different dishes and mattresses and pillows and, like, look at a bunch of different pots and pans and theorize which ones we might buy someday, and—[laughs]

**Raleigh:** Yeah.

**Sydnee:** All the different, like, "As seen on TV" gadgets.

**Raleigh:** Yeah.

**Taylor:** Hm...

**Raleigh:** I don't know. I mean, like—I enjoy that stuff, and I love a good Target trip, but online shopping is just so much more convenient. Because I—I am at the stage in life where I can only spend money if I absolutely need to, and if I know if I go in person and I'm looking at stuff at Target I'm gonna buy more than I need, but at least if I'm online shopping—that temptation is still there, but it's just, like, I can search for exactly what I need and buy what I need. And you can even—I'm pretty sure you can even do that with places like Target. You can place an order online and go pick it up, or have it delivered.

**Taylor:** So are you saying it's easier to buy more stuff if you're in person than on the computer? 'Cause I have the opposite problem!

**Raleigh:** I don't know. I feel like—I also will sometimes—it is like a double-edged sword, because I sometimes will have nothing to do and I'm like, "I have all these clothing website apps on my phone. Lemme just look at 'em."

And then I'll end up buying things I wouldn't have even bought if I wouldn't have been on my phone. But also, like, I don't know! I do the same thing when I'm in a store in person! Like, it's just—I think the same problem still—

**Sydnee:** Well... I wonder, though—like, for me, going to stores was not necessarily attached to the idea of buying things.

**Taylor:** It was just hangin' out.

**Raleigh:** For sure, yeah.

**Sydnee:** Right. I bet the—I bet the people who worked in these stores just loved us, now that I think about—like, I think as an adult, like, me just, like—I remember hanging out in, like, the pillow section of, like, Sears, with cu—like, a bunch of cushions that I was sitting on on the floor with my friends, like, chilling in the department store.

**Raleigh:** [through laughter] Sydnee...

**Sydnee:** And like, I look back and think like—

**Raleigh:** [through laughter] What?

**Sydnee:** —ugh. If I was an adult I'd be like—as an adult now I'd walk up and go, "What are you even doing? Put the pillows back! Don't sit on them! The floor is dirty, come on!"

**Taylor:** "This is not a good use of your time."

**Sydnee:** [laughs] "No, what are you even *doing*?!" [laughs] But it wasn't, like, about commerce. It was, like, you go and look at stuff and talk about how someday you'll be able to buy things, and then... [laughs]

**Raleigh:** I guess that's...

**Taylor:** It's an excuse for hangin' out.

**Sydnee:** Get a taco afterwards.

**Taylor:** Interesting.

**Raleigh:** I guess that's the main difference, then. Like, I feel like I will only... yeah, that's definitely it. I will only make the trip out of my house to go buy things if A, they are things I cannot purchase online, or.. [extended pause]

That's honestly it.

**Taylor:** [laughs]

**Sydnee:** [laughs]

**Raleigh:** I will only make that trip if there are things I cannot purchase online. There is no B. I thought there was a B. There is no B. Like, I will never take the time to go to... any sort of store, if I'm not going there to buy something that I can't buy online. Or, like we've discussed, I don't like buying my groceries ahead of time. So, like, I'll go to the grocery store.

But... I think that's the difference, is I do my bored thing where, like, you wander around a store and sit in the pillow section of Sears—that's what I do on my phone when I get bored and I look at, like, my clothing websites, or, like, my Target app. It's—I will only go out there to buy something if I can't buy it online, so that kind of, like... you know, event, like, hangout aspect of it is gone, just

because if I can stay in my house and buy it, I'm just gonna stay in my house and buy it.

**Taylor:** I—I do wanna say one unique way that I have, uh, weaponized, um... this convenience factor of ordering things online. Uh, 'cause I have a very socially active community, as far as my job goes. Like, being a bartender there are always social events. And I have a hard time leaving them when I want to, because I don't want to let people down socially. *But*, if I order food and send it to my house, then I'm gonna let somebody else down in a far more serious way if I'm not there in time—

**Sydnee:** [laughs quietly]

**Raleigh:** That's true.

**Taylor:** —so I can trick myself into leaving something that I don't wanna be at anyway, 'cause it's social and there's a bunch of people here, by sending food to my house. And—[through laughter] that has significantly improved my life!

**Raleigh:** And isn't that just the best way to come home?

**Taylor:** Right?

**Raleigh:** Like, just to come home and be greeted by food at your door that you didn't even have to do anything for?

**Taylor:** And you can't, like—you know, I don't leave like, "Oh, I just sent, like, a—two—two vegan pizzas to my house." You don't say—that's like, "Oh, I think it's time for me to go." And you're, like, aloof and you're leaving earlier and you're mysterious, but really it's because [through laughter] well, there's two vegan pizzas goin' to my house, and I wanna be there in 20 minutes!

**Sydnee:** "I gotta go!"

**Taylor:** [through laughter] That's my—and I don't feel bad about it, 'cause I'm gonna let down that delivery person if I'm not there on time, so I'm just waging one unnecessary social pressure against another.

**Sydnee:** [laughs quietly]

**Raleigh:** I guess it's like—it makes going out and either, like, going to dinner somewhere or going to... like, the mall, or going to a department store, more of, like, a... a significant thing. Like, a thing you plan on doing, I guess. Like, if you wanted to have a special night with your friends or your family. Like, you plan on going out instead of ordering in.

Because, I mean, I—before there were food ordering apps it was like you could either go out and eat, and if you didn't have the stuff to make food at home then you kinda had to. Like, your only option in that quick service stuff was fast food.

**Sydnee:** Sure.

**Raleigh:** So I feel like you probably would go out a lot more without those kinds of things, but I know with my roommates and I, instead of going out together and eating somewhere or, like, just going to the store to hang out together, we'll either order food and hang out in the dorm together, or if we wanna go out to eat somewhere we'll plan on that, or if we wanna shop together we'll, like, make a whole trip out of it and going to shop together. But again, the purpose is to, like, go to buy things, not to just go to hang out.

**Sydnee:** I guess the things will evolve naturally alongside each other. I mean, my first thought was, when I was younger and I didn't really know... I wasn't—not that I'm highly skilled at this now, but I'm better than I used to be—I didn't really know how to, like, make friends, or, like... get to know people well. Um, finding, like, a place where there were things to look at and discuss that was like a neutral territory could be very helpful.

**Raleigh:** So it's like what you do on a first date. [laughs]

**Sydnee:** Yeah. It's like—same idea with, like, a friend. Like, same idea as, like, you go see a movie so you have something you both have now...

**Raleigh:** Experienced together.

**Sydnee:** ... experienced, so you can talk about it. Um, or, like, you know, an extension of that was the movie store.

**Raleigh:** Mm-hmm.

**Sydnee:** I mean, like, back when we would—I mean, unless you were goin' with, like, mom and dad to go rent a movie. That was not like, "I'm gonna go hang out with mom and dad at Blockbuster." But—[laughs quietly]

**Taylor:** [laughs]

**Sydnee:** Um, you know? But, like, goin' with your friends, you would go and, like, wander for—I mean, I would go forever, and just, like, wander the aisles, and sometimes I would know somebody working there and just chat and, like, look at—through the bin of the cheap movies that were for sale, and then just wander over to the—"Oh, let's look through the old ones. Is there anything—weird old movie we've never seen?"

I mean—you know? Like, it was like a whole... event.

**Raleigh:** It was a thing, yeah.

**Sydnee:** In a way that... I feel like sometimes Justin and I try to replicate when we, like, watch trailers on Netflix for an entire evening.

**Taylor:** [muffled laughter]

**Sydnee:** Like, we'll just go through and watch trailers for, like, 10 different documentaries, and then never watch any of them. Do you ever do that?

**Raleigh:** No.

**Taylor:** I do, all the time.

**Sydnee:** Just, like, test out... yeah, just, like, a ton of different media. Just, like, test out a bunch of it. And, like, "Eh, we might wanna watch that. That looks pretty good, but let's see what else is out there."

I—I don't know. I f—

**Raleigh:** Yeah.

**Sydnee:** —my fear was, like, if you don't have that—if you're not leaving your house to go interact with the world that way, how do you make those connections? But I guess it's just natural that—for me, doing that online still feels kind of... I'm not very good at it. I feel very weird about it. I don't have as clear



communications in the electronic space when it comes to friend-making and friend-keeping, as I know I can in person.

**Raleigh:** I guess.

**Sydnee:** Which I think is just a product of when I came of age.

**Raleigh:** Yeah. Yeah.

**Taylor:** [quietly] Yeah...

**Sydnee:** So... but I guess it just changes.

**Taylor:** Well, and it's one of those, like, "Just because you *can* do it maybe doesn't mean you *should* do it" things that, like, I have to sort of school myself on. 'Cause especially in New York it's like, you can have *anything* delivered, almost 24 hours a day. I mean we have, like, alcohol delivery services. We have obviously massive seamless— groceries, whatever. But I have to tell myself, like, "Is there a reason you can't go to the store? Is there a reason you can't walk down the block?"

Like, having somebody drive something here is wasteful, and bad for the environment, versus if you could go get it. Like, it's—you know. It's—convenience is great, and I'm not doggin' it at all, but that's—you know, like, having a mass amount of it, then you kind of have to discern... it's just like the mass information on the internet, where now we have to be the filter for it, whereas before information was harder to get.

It's the same thing. Now we have to filter our convenience where it's like, "What do—do I *really*... do I need that right now?" [laughs]

**Raleigh:** Do we turn into the people from WALL-E—

**Taylor:** Yeahhh.

**Raleigh:** —if we just, like, go the convenient route for everything?

**Sydnee:** Well, I was thinking, like, there's a place—the place where we most often get Mexican food, uh, when we order. We usually will just call and order, for two—even though they are on Grubhub—for two reasons. One, it's really close. It's very easy to go pick it up.

**Raleigh:** And fast.

**Sydnee:** Like, it's very—and they're super fast. Like, we can hang up the phone and drive there and the food's ready in the time it takes us to drive there, and they're super close. And so, like, it's very convenient already. But two, like, they know us, 'cause we order from there so much, and as soon as we call they'll just say, "Do you want what you always get?" Which is the same order for all four of us, like, for the whole family.

And, like, almost always the answer's "Yes." And then, like, they—I don't know, it's nice! Like, they know who we are and, like, we say "Hi," and we know the ma—you know, the main group of people who work there. And, like, I don't know. It's a weird, like—I know they're not my friends. I'm not pretending like I have more friends than I do.

**Taylor:** [laughs]

**Raleigh:** Yeah.

**Sydnee:** [through laughter] I know—that sounds like I'm having a very "sad girl" moment. Like, "[high pitched] They're my friends, 'cause—"

**Raleigh:** No, I know what you mean.

**Sydnee:** "—I order food from them a lot!" [laughs quietly] But you know what I mean? Like, there's a human—

**Raleigh:** There's a nice little connection.

**Sydnee:** —I know the people who I get my food from. I know their names, they know our names, they know our kids, they know what we like to eat. It's kind of a nice little, like, "We're all humans helping each other out" moment. And it's the same thing with, like, you can't get beer or liquor delivered here. Um, but there's the little market where we go, down by the park, which is where we usually go to get—like, they have nice, fancy beers, and they have a good wine selection, which Justin's into now.

And, like, we know them, and he also knows what I like, and I'll ask him, like, "Would I like this?" And, like, he knows—I don't know.

**Raleigh:** Yeah!

**Sydnee:** I like those things! I—I would miss those things.

**Raleigh:** I will say... I eat Chipotle a lot—

**Taylor:** [laughs]

**Raleigh:** —and I usually—

**Sydnee:** [laughs]

**Raleigh:** —I'm just gonna—that's the preface.

**Taylor:** Okay. You said it.

**Raleigh:** I'm not ashamed of it.

**Sydnee:** Great preface.

**Raleigh:** It's very—it's, like, literally 30 seconds away from my dorm, and if you order on the app then one, you get points, free food. Two, it's ready, like, as soon as you leave to go pick it up. It's just sitting there.

But I have ordered from there so much, and you have to go in long enough to, like, go to the counter, which is right by where they're making the food, and pick up your food and leave. I have ordered from there so much that the very few times I've actually gone in and waited through the line and gone through the ordering process they're like, "Oh, you're Raleigh. Do you want the same thing you usually order online?"

And I'm like, "Ye—yeah. I mean, you're not gonna make me tell you? You're just gonna know? Cool. Do that." [through laughter] And that has happened every time I have gone to order in person, because I've ordered online so much, which is like, you know, like a 2019 version of ordering from the same Mexican place you can go and they know what you're gonna order.

**Sydnee:** I guess that's the same. I don't know. And I don't mean to sound, like, nostalgic, like "[unsteady voice] The days were better before the emails, and back before—"

**Raleigh:** Well—

**Sydnee:** I mean, I'm not saying that. Obviously this has made our lives better in many different ways. I just... I think there are some aspects of it that, like... every once in a while, it's nice to make a phone call. Every once in a while, it's nice to leave the house.

**Raleigh:** We've talked before about how social media and phones and technology can make us all more isolated, and *have* made us all more isolated, so, I mean, I definitely get... that. But I also am growing up with the technology that I never, like... you know, lived without.

**Sydnee:** Yeah.

**Taylor:** Well, and a lot of these things—like, for us it's convenience. For other people, it's improved quality of life, if there are mobility issues. Like, you know, this is—it's great that we have all these resources where people can have things brought to them.

**Raleigh:** Sure.

**Taylor:** Like, where it's not a struggle. So they're definitely good to have. I just always like to play the game of, like, me, as a person: do *I* need to do this right now? Is this the best use of, like, my time?

**Sydnee:** Right. No, well, you're exactly right. It's about balancing what you need, 'cause there are times where the—we are in the middle of things, and the ability to pull up an app on my phone, punch in an order really quick that we order all the time, and hit "Deliver," and then move on with what I'm doing, is very—I mean, it's good for our quality of life in that moment, and it fits into what I need to do and everything.

And then there are times where, like, it's worth it to me to, like, "Let's go get the food. Let's go out. Let's go... into the world. Let's interact with people."

**Raleigh:** Well, sometimes just, like, get in your car for a few minutes is nice. Just drivin'. At least for me.

**Sydnee:** Or walk or bike there, if you have the option.

**Raleigh:** Right.

**Sydnee:** Yeah. So... but yes, obviously these things have made our world better in a million different ways, especially for people for whom—you know, we've kind of joked about the idea of "It's hard sometimes to leave the house, or to talk to people," or it makes you anxious for people to see you buying your groceries.

**Raleigh:** Yuh...

**Sydnee:** And we're talking about that just more in, like—sometimes we find it irritating or irksome, not in the sense that—like, for some people that can be truly debilitating.

**Taylor:** Right.

**Sydnee:** That kind of fear or anxiety, and you're exactly right, Taylor. That the ability to have all this stuff brought to you and to access the world through your computer or your phone or your tablet or whatever has been life-changing for so many people.

**Taylor:** For sure.

**Raleigh:** Yeah.

[pauses]

**Taylor:** [quietly] Yeah.

**Sydnee:** Well...

**Raleigh:** There.

**Taylor:** [laughs]

**Sydnee:** Thank you, sisters.

**Raleigh:** [simultaneously] That's an episode... we just made.

**Taylor:** [laughs quietly]

**Raleigh:** With... our mouths. And vocal cords.

**Sydnee:** Are you gonna go get some Chipotle?

**Raleigh:** I already had it once today. [laughs]

**Sydnee:** [laughs]

**Raleigh:** It's what I had for dinner..

**Sydnee:** Uh, we got our favorite Mexican food, so...

**Raleigh:** So. We're both, you know, kind of on that same wavelength.

**Taylor:** I have not eaten today yet, but I had some vegan ice cream about two hours ago, because, I don't know, I'm a single adult in my 30s! There are no laws! [laughs]

**Sydnee:** [laughs]

**Raleigh:** There are no laws.

**Taylor:** I ate some ice cream at 7, and I took a nap. [through laughter] Like, what is my life? No... no.

**Raleigh:** I have had—

**Sydnee:** I think that's okay.

**Raleigh:** —pumpkin-flavored coffee twice today.

**Taylor:** That's nice.

**Raleigh:** From two different Starbucks, so...

**Sydnee:** Hey, listen.

**Raleigh:** ... we're all just living recklessly today.

**Taylor:** [laughs]

**Sydnee:** Charlie demanded two fainting couches, and Cooper, uh, took her napkin, covered it in rice and refried beans, and then stuck it to her head and said "Hat!" So...

**Taylor:** That's... I love that.

**Raleigh:** It's been a weird day.

**Taylor:** [laughs]

**Sydnee:** Just do you, you know? Just do you.

**Taylor:** Yeah. Whatever—whatever that looks like.

**Sydnee:** Well, thank you, sisters. [laughs quietly]

**Taylor:** "Hat!"

**Raleigh:** Thank you, sisters.

**Sydnee:** [simultaneously] Thank you, listeners.

**Taylor:** [high pitched laughter]

**Sydnee:** You know what else is convenient?

**Raleigh:** [simultaneously] It is a hat, I guess.

**Taylor:** [simultaneously] You can't just drop some quality Coop-hoop humor on me like that! To just end the epis—[laughs]

**Raleigh:** Coop-hoop!

**Taylor:** Coop-hoop!

**Sydnee:** I'll send—I'll send you the picture.

**Taylor:** Please!

**Sydnee:** Of her then yelling at me as—as she realized there was something stuck to her head and she didn't understand why and wanted it off, like it was my fault. I'll sh—I'll—

**Taylor:** It's—that's a hard concept to get, as a kid. Hat and not-hat.

**Sydnee:** The other thing that's really convenient... [laughs] uh, podcasts are convenient.

**Raleigh:** Yeah!

**Sydnee:** They come right into your home, for free!

**Raleigh:** Into your ears.

**Sydnee:** Ours—ours is for free! There are lots of other great, free... delightful podcasts.

**Raleigh:** It's late. [laughs]

**Sydnee:** Free! That you might enjoy in your own—in the privacy of your home, in your own ears. At [Maximumfun.org](http://Maximumfun.org). [laughs quietly]

**Raleigh:** Your private ears.

**Sydnee:** Uh, you can tweet at us @stillbuff. You can email us at [stillbuffering@maximumfun.org](mailto:stillbuffering@maximumfun.org) if you have thoughts or suggestions or questions or comments.

And thank you to The Nouvellas for our theme song "Baby You Change Your Mind."

**Raleigh:** This has been Still Buffering: a sisters' guide to teens through the ages. I am Raleigh Smirl.

**Sydnee:** I'm Sydnee McElroy.

**Taylor:** And I'm Taylor Smirl.

**Raleigh:** I am a teenager...



**Sydnee and Teylor:** And I... was... too.

**Teylor:** [quietly] Hat!

**Sydnee:** [laughs]

**Rileigh:** That's a sticky hat. [laughs]

**Sydnee:** Hat!

**Teylor:** Oh, it's so good!

**Sydnee:** What is hat?

**Rileigh:** [laughs]

**Teylor:** [laughs]

[theme music plays]

[music plays]

**Jo:** Hi, I'm Jo Firestone!

**Manolo:** And I'm Manolo Moreno.

**Jo:** And we're the hosts of Dr. Gameshow, which is a podcast where we play games submitted by listeners, regardless of quality or content, with in-studio guests, and callers from all over the world!

**Manolo:** You could win a custom magnet.

**Jo:** A custom magnet!

**Manolo:** Subscribe now to make sure you get our next episode.

**Jo:** What's an example of a game, Manolo?

**Manolo:** Pokemon or medication.

**Jo:** How do you play that?

**Manolo:** You have to guess if something's a Pokemon name or a—

**Jo:** Or medi—

**Manolo:** —medication.

**Jo:** —medication?

**Manolo:** First time listener, if you want to listen to episode highlights and also know how to participate, follow Dr. Gameshow on Facebook, Instagram, and Twitter.

**Jo:** We'd love to hear from you!

**Manolo:** Yeah, it's really fun.

**Jo:** For the whole family! We'll be every other Wednesday, starting March 13th, and we're coming to Max Fun!

**Manolo:** Snorlax.

**Jo:** Pokemon?

**Manolo:** Yes.

**Jo:** Nice!

[music ends]

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