

Wonderful! 101: Turkey Yogurt

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[theme music plays]

Rachel: Hi, this is Rachel McElroy.

Griffin: Hey, what's up. This is Griffin McElroy.

Rachel: And this is Wonderful!

Griffin: 101, we've cleared it! Over the hill, baby!

Rachel: This episode will be entirely about the cinematic piece that is 101 Dalmatians.

Griffin: Uh-huh. Did you know, actually, there is a video game, I believe for the Wii U that is titled Wonderful 101? And it's by Platinum Games. Justin reviewed it. Didn't care for it. That's my—

Rachel: [laughs]

Griffin: —review of a review of the Wonderful 101 for, I believe, Wii U. Stole our SEO right out from fuckin' under us, didn't they, man?

Rachel: Oh, yeah. So don't use that hashtag, 'cause it won't go to us.

Griffin: Yeah. And I'll tell you one other thing: 101, you know what that looks like? [speaks close to the mic] Lol. [normally] So this one's gonna be a real chucklebuster.

I'm so fuckin' tired. [sighs]

Rachel: Oh, that means we missed 88!

Griffin: Aw, man! What—

Rachel: Which looks... I mean, I don't know. Like...

Griffin: Like four mouths going "Ooooh!" Or two bandit masks.

Rachel: Or—or, like, boobs?

Griffin: Yeah, it's like—good—hey, good, baby!

Rachel: Thanks.

Griffin: Or two butts!

Rachel: Mm-hmm.

Griffin: Any two circles!

Rachel: Yeah.

Griffin: Shoot, man! Looks like two eights! [holding back laughter] Or four zeroes.

Rachel: Do you have any small wonders?

Griffin: Fuuuck, man. This is gonna be a rough one. Uh, I got the Switch Lite on Friday. It's the new Switch model, Nintendo Switch.

Rachel: Is the whole thing just that it's lighter?

Griffin: It's smaller and it doesn't cl—connect to the TV, which is, like, the whole thing that the Switch does.

Rachel: [laughs]

Griffin: But it's so fucking small. I am a, like, die hard fan of Nintendo hardware. Like, I collect a lot of it. I have, like, a GBA Micro, which is one of my favorite things—have I ever shown you that cute lil guy?

Rachel: Uhh...

Griffin: It's like this—it's, like, this big! It's, like, the size of a Lego, and you can play Game Boy Advance games—anyway, this is that for the Switch, and it's, like,

really boutique, and it just feels so good in my hand. It energizes me to, you know, play Zelda. It's really nice. I like it.

You got a small wonder?

Rachel: I do! I don't know if I've talked about it, but I really like a Saison.

Griffin: A Sais—oh, like the brew.

Rachel: Like the—the beer, yeah.

Griffin: Yeah, we went to a really nice brewery in St. Louis, the Alpha Brewery?

Rachel: Yeah.

Griffin: Something like that. Alpha—

Rachel: Alpha Brewing.

Griffin: Alpha Brewing Brewery for Real Brewsters, and—

Rachel: [laughs]

Griffin: —they had a nice little selection. Uh, had a nice Saison there? Is that what you're sayin'?

Rachel: No, it just made me think—I mean, I'm sure they have a nice Saison, but I was just thinking about beers I like consistently. Uh, and I like a Saison.

Griffin: Me too, man. I—I will very rarely drink more than one beer in an occasion, so I want it—I wanna get my mileage.

Rachel: It's real, like, light and citrusy, I feel like.

Griffin: Nice. Nice stuff. Who starts this week?

Rachel: Uhh... I think it's me?

Griffin: I think it is you also. Why don't you start, and I'll check, and if it's not you and we were wrong, then I'll interrupt you.

Rachel: Eat your hat?

Griffin: I'll eat my headphones.

Rachel: [laughs]

Griffin: Wait, this says I go first.

Rachel: Aww...

Griffin: Well, because you started technically—wait, no. last week was a—

Rachel: Yeah, last week—

Griffin: —that skips, but now the Wonderful—now—oh shit. I have to start, or else the Wonderful.fyi website is gonna be off for the rest of its life.

Rachel: You're right.

Griffin: I *have* to start this week.

Rachel: Yeah, 'cause you can't really summarize episode 100, since it was, itself, a summary.

Griffin: It's—it's beyond categorization. It doesn't subscribe to labels!

Rachel: Okay, go ahead and start.

Griffin: It's like the... you know, goth kid at your youth group.

Rachel: I'm glad I didn't reveal what my first thing is.

Griffin: I know! That would've been so bad. My first thing is... the baseball tee. [speaking rhythmically?] The baseball tee. Everybody look at my baseball tee. What's with the sleeves? Did the ends get bit off by a tiger or a lion or a—

Rachel: I wonder if some people thought you were initially talking about tee-ball.

Griffin: Baseball, tee-ball—I mean, tee-ball's pretty dope. It's baseball for... the p—it's p—it's baseball without the pitching, 'cause the pitching's the scariest part. The ball comes at you very fast, which can happen when you're playing in the

outfield... we need to find a way to get ball movement completely the fuck outta baseball, don't we?

[pauses]

Rachel: [shakily] Uhh... [laughs]

Griffin: If you're in the outfield and you see a ball coming at you, that's scary. We have managed to erase that fear from the batting experience, so no throwing the ball at anybody. No hitting the ball at any—

Rachel: Ohh, I see. Maybe—maybe when you're in the outfield, you have to run to a tee where a ball is, and so the player that just hit the ball will shout out, uh, "Green 22!"

Griffin: Ohhh.

Rachel: Not knowing where Green 22 is, and the outfielder has to run and find Green 22—

Griffin: That's great! It's like the—the last game in the Carmen Sandiego game show.

Rachel: [laughs]

Griffin: I like that a lot. Or we could have *two* baseball diamonds, and all the outfielders are in their own one. And so when the ball gets shot out, there could be an announcer like, "Okay, kids! It's goin', like, way far right, way far right—yeah, that's pretty close, let's just say you caught it."

Rachel: [laughs]

Griffin: Like that. Safety!

Rachel: No, but you were talking about the article of clothing.

Griffin: I'm talking about the t-shirt that has a three quarter sleeve. I like it. I've always liked it. It's a fashion that I like, and that is tragic, because I think it's one of the harder garments to find a good one for myself, because it's just more—it's *just* more clothes to try and make fit on my body.

Rachel: Well, I think you like a long sleeve. I feel like anytime you wear a short sleeve, you have a long sleeve nearby or over it, and maybe this kind of splits the difference for you.

Griffin: Hmm, interesting. That's an interesting hypothesis. This is like the "a nice light jacket" of shirts.

Rachel: Mm-hmm, exactly.

Griffin: Because it goes from day to night, because the sleeve can't really decide what it wants to do, and I like that. It's a less common tee design, so, like, you go to the... you know, fuckin'... J Crew, they're not gonna have a baseball tee there most of the time. They're just gonna have, you know, crew necks and V necks, which I've also recently learned, I can't wear a V neck anymore.

Rachel: [laughs]

Griffin: [wearily] I can't.

Rachel: You also get, usually, two—two colors. You know?

Griffin: Uh—yeah, on the—

Rachel: Usually the sleeves are a different color.

Griffin: [simultaneously] Love that. Gotta love that. Um, and I used to play baseball, and I played, uh, for, like, Little League, and we were part of the losingest team in Huntington, West Virginia, *but* I had the white shirt with the three quarters yellow sleeves, favorite color. Fucking loved it. Fuckin' lived for it.

Rachel: Yeahh.

Griffin: Really nice tee. Hated playing—was bad at baseball, except for my one heroic grand slam I did to save the Rec Center.

Rachel: [laughs]

Griffin: Other than that, hated it. Love the shirt. Great stuff.

Rachel: I really believed you for a second there. [laughs]

Griffin: Ah, yeah. *Really?*

Rachel: [laughs]

Griffin: Uh, anyway, the origins are a little—okay. I found a lot of different corroborating sources about the origins of why people wear these shirts for baseball. I wanted to see, like, the origins of them and how people wore them for baseball, why they started doing that, and all of the sources I found, the stories sounded still, like, so apocryphal.

Like, there's no way that that is, like, as simple as it was, but anyway, in the early 1800s there was a guy named FitzRoy James Henry Somerset, who was a British Army Officer, uh, was in the Battle of Waterloo? And lost an arm.

Rachel: Can we have that name one more time?

Griffin: It's FitzRoy James Henry Somerset. I've already decided next time I play D&D, FitzRoy is gonna be the name of my character.

Rachel: That's an—oh, just an incredible name.

Griffin: A fucking amazing name. FitzRoy. You can shorten it however you want! "Hey, this is my friend, Fitz. This is my friend, Roy. This is my friend, Zro—[cuts word off abruptly]"

Rachel: [laughs]

Griffin: Anyway, uh, lost an arm in the Battle of Waterloo, and for his service in the army he was awarded a castle in an area called Raglan, and so he became the first Baron Raglan. Uh, and he had trouble, like, you know, dressing himself, and so his tailor designed a shirt where the sleeves were attached, which was not, like, the style back that.

Rachel: Ohhh.

Griffin: Uh, and it, you know, allowed him to dress himself, but it also gave him some cover while offering some flexibility, so he could hold a sword and dress himself and all this stuff.

Uh, and that is why these are also called Raglan sleeves, or Raglan tees.

Rachel: Yeah!

Griffin: Didn't know that. That's fun. Okay, here's the part that seems apocryphal. After, uh, Lord Raglan died, his tailor apparently emigrated to the US and began marketing to baseball teams, saying that the flexibility of the shirt would allow them to swing a bat or throw a ball, uh, and then the Yankees, like, adopted the style, and so did every other team in the country.

That seems weird to me. That part. Like, "Ohh, I made this dope shirt for my bud, Lord Raglan, so he could dress himself and hold a sword. I bet the New York Yankees would love this."

Rachel: No!

Griffin: Like, how the fuck did you get there?

Rachel: You know what? I picture he was wearing one of the shirts himself—

Griffin: Ohhh, yeah.

Rachel: —and was walkin' by, like, a kids' baseball game, picked up the ball, was like, "Oh, here guys, I got it!" Threw it—

Griffin: Rookie of the Year'd it. [snorts]

Rachel: —realized, "This is an incredibly comfortable sleeve for throwing!"

Griffin: Yeah. I guess so. I guess so.

Rachel: Mm-hmm.

Griffin: Uh... I—yeah. I like 'em. So, you wear this under your jersey, your baseball jersey—although the style is changing. It's not—it is not the norm now. first of all, you have short sleeves with baseball vests, which is the wildest. Gang? You don't—

Rachel: [incredulously] Baseball vests?

Griffin: It's like the jersey is a vest over your—I forget the teams. There's not that many teams that do it.

Rachel: Oh.

Griffin: Uh, that's no good. But even, like, the three quarter sleeve is going away, because of the compression sleeve that is coming in and becoming a thing. And you can't really wear a compression sleeve with a Raglan sleeve.

Rachel: People are always trying to compress things in sports.

Griffin: They really want 'em pretty compact, if they can get them there. Um, but I just think a sleeve looks way cooler, a Raglan sleeve! I just like—

Rachel: Yeah.

Griffin: —got one from Austin City Limits that I wear all the time. I like it. I can—oh, I can wear a watch with it, and—this is huge—and not have to, like, pull up my sleeve to check the time? It, like perfectly—

Rachel: [through laughter] Sa—saving you seconds each day!

Griffin: I mean, it's kind of—it's comfort, and it is... I don't know. I just love it. I've streamlined all my shit. I love it. It's perfection. The Raglan tee.

Rachel: Mm-hmm.

Griffin: What do you got?

Rachel: Well, so I alluded to it in a previous episode. I thought it deserved a feature of its own. Ladies and gentlemen: Yogurt.

Griffin: [loudly and distantly] Yoguuurt! [poorly imitates air horn]

Rachel: [laughs]

Griffin: One of these days we're gonna have to go to a school to learn how to make that noise. Do you think?

Rachel: You don't like my [poorly imitates air horn]?

Griffin: I love it, it's—it's way better than my [whooping distantly], because that's nothing. But I do feel like we could go see, you know, Tiesto or something and he'll be like, "No, here—lemme—"

Rachel: [laughs]

Griffin: "For—for 150 dollars I'll take you through a four day class, at night. Get a babysitter and—"

Rachel: The first day it's just getting the "womp" right.

Griffin: Yeah. You have to put your head inside of a speaker that's making the noise. You have to be, basically, erased, and start from scratch.

Rachel: In the noise but not *of* the noise.

Griffin: "And then you'll be *with* the noise, like me, Tiesto." [poorly imitates air horn] But he would actually do it, and it would sound good. [snorts]

Rachel: Yeah.

Griffin: But I can't... as we've discussed.

Rachel: Can I tell you how yogurt is made?

[pauses]

Griffin: This may be one of those things where I don't need to—wanna know.

Rachel: I don't think it's disturbing.

Griffin: How do they get them living biotics in there?

Rachel: Uh, milk is heated to about 185 degrees, so that the milk proteins don't become curds.

Griffin: Makes sense.

Rachel: Mm-hmm. After heating, it is allowed to cool to about 113 degrees. The bacterial culture is mixed in, and that temperature is maintained for 4-12 hours to allow fermentation!

Griffin: Cool. Where did the bacterial culture come—you—you skipped a step, there. With your demon—"And then, uh, [mumbling] we dump a bunch of living organisms into it, [normally] and then..."

Rachel: [laughs] I think the—the description I'm reading is from modern times, so I imagine that, you know, it's kind of like a yeast packet. They just have, like, a little...

Griffin: I see, I see.

Rachel: ... a little packet. That's why a lot of people make it now in their Instapots.

Griffin: Oh! Fun.

Rachel: You know? 'Cause it just has to sit for 4 to 12 hours, so you—

Griffin: Uh, yeah.

Rachel: —you know, you get that constant temperature, it's ready to go.

Griffin: I love how the Instant Pot—I think somebody actually posted about this in the Facebook group. The Instant Pot has a little four digit readout display that's like—

Rachel: It just says "Yogt." [laughs]

Griffin: Yeah. So it'll have, like, rice in there, or it'll have the time or the temperature or whatever, and then there's just a yogurt setting where the machine's just like, "[loudly] Yogurt."

Rachel: [laughs]

Griffin: That's so good. That's really good. I know what I'm doing in there. "Hey, hey, hey, hey! Lo—over here, quick! Yogurt. Yogt."

Rachel: So when, uh—when you get pasteurized yogurt it is yogurt where the bacteria has been killed, but then with probiotics yogurt, they add the bacteria back in.

Griffin: That seems... [laughs quietly]

Rachel: I know. But it's the good bacteria! It's that *good* bacteria.

Griffin: Yeah, it's the Osmosis Joneses.

Rachel: Mm-hmm. Um, so since it's made from milk, you know, there's a lot of protein in there, calcium, potassium. Uh, some yogurts you can get as much as 16 to 17 grams of protein in—

Griffin: Fuck yeah.

Rachel: —which is, like, 30% off your daily value.

Griffin: Well, that's your pepperoni yogurt.

Rachel: [laughs]

Griffin: That's your jerky yogurt.

Rachel: [takes a deep breath] You know...

Griffin: You're thinkin' about it, aren't you? [holding back laughter] It's got pep at the bottom. Dig for it!

Rachel: I'm thinking more about turkey yogurt for some reason. And maybe 'cause I'm thinking gravy, and I'm thinkin' turkey yogurt—

Griffin: [laughs loudly] [yells distantly] I am only exclusively referring to gravy as turkey yogurt! For the rest of my days! Until I pass! [normal volume] My final words in the hospital bed will be...

"[hoarsely] Gravy's now turkey yogurt... take me Jesus."

Rachel: [laughs quietly] Um, so probiotics are, as I mentioned, friendly bacteria, uh, that naturally present in the digestive system. Part of the reason got so hot on yogurt is that antibiotics, when you take 'em—

Griffin: Yeah.

Rachel: —they kill all that friendly yogurt. [pauses] Because they're killin' all the bacteria.

Griffin: [laughs quietly]

Rachel: They do not discriminate between the good and the bad.

Griffin: Right, yeah.

Rachel: And a lot of people get sick because all their good bacteria's been killed, and their immune system is ruined. So the doctors—at least mine do. Uh, maybe yours have, and they definitely when Henry did—when you take those antibiotics they say, "Make sure you get some good bacteria in there through the live cultures you can find in some yogurt."

Griffin: Yeah!

Rachel: Uh, I... I got into the yogurt because usually it's high protein, low calorie, which means that it'll be filling.

Griffin: Sure.

Rachel: Uh, but you have to watch out, because some of that yogurt has a *lot* of sugar in it.

Griffin: Uh-oh!

Rachel: So much sugar.

Griffin: [laughs] Put 'em blast, babe. Get 'em.

Rachel: Um... so, let me ask you. If you were to think about the high end of sugar in yogurt, what would the grammage be?

Griffin: The gram—oh, like how many grams?

Rachel: Yeah. Like, if you're thinkin' like, "Oh, man. That yogurt has a lot of sugar in it. It probably has this many grams of sugar."

Griffin: I'm gonna say... I'm trying to think of, like, what is in a... bottle of fruit juice, 'cause I know, like, a lot of fruit containing stuff can get pretty buck wild.

Rachel: So, those little Clif Bars that we give Henry have 12 grams of sugar.

Griffin: [simultaneously] Yeah, 12 grams of sugar. A big, like, thing of fruit juice can have up to, like, 30 or so. Uh... I'm gonna say, like, high 30s. Like, 38, 39.

Rachel: Well, this exercise is ruined.

Griffin: Why?

Rachel: [laughs] 'Cause one of highest ones I found had 26 grams of sugar in it, and I thought that was a *whole* heck of a lot.

Griffin: That's a whole heck of a lot of sugar.

Rachel: It's a six ounce container. 26 grams.

Griffin: [laughs] Folks, that's a lotta su—hey, folks! Check that sugar! There's a lotta sugar in the—

Rachel: There's a lotta sugar. So you can find yogurt that has, like, four or five grams of sugar in it. So that's, like, significantly more. I don't know if I should put the brand on blast that has it—

Griffin: [gruff voice] Danimals. Get 'em. What the fuck's wrong with you guys?

Rachel: That is the thing, though. A lot of these kids' yogurts, like, you gotta watch out.

Griffin: Ugh.

Rachel: Whole lotta sugar.

Griffin: Just Juuls? and Danimals, man. Gotta watch 'em. Keep 'em in the periph.

Rachel: Another thing interesting—and so I feel like you found this with the Kefir, which is that drinkable yogurt.

Griffin: Oh, I love that.

Rachel: Uh, it has low lactose content, so a person that has lactose intolerance can find it more tolerable.

Griffin: [bad Italian accent] It'sa me!

Rachel: [laughs]

Griffin: I love that shit. I will make one of those big bottles last for, like, three days, and have that be my breakfast. That's *good* stuff. I love that Kefir.

Rachel: Uh, I—

Griffin: More like Kefir Yum-erland. More like Kefir—more like Kefir Yummy-land.

Rachel: [quietly] That's really good, Griffin!

Griffin: [quietly] Thanks, baby!

Rachel: Um, I—I have been eating yogurt for breakfast pretty much exclusively for months now.

Griffin: Mm-hmm.

Rachel: Uh, I got real into a savory breakfast for a while. Eggs are also a good high protein, low calorie breakfast.

Griffin: Sure.

Rachel: Um, but yogurt, just grab and go.

Griffin: But now you want those Jamie Lee Curtis dooks.

Rachel: [quietly] No...

Griffin: Those dooks you could set a train—

Rachel: What a terrible... [sighs] terrible thing to say to me. [laughs quietly]

Griffin: Baby, that is the highest compliment—are you ki—are you kidding me?! That's the highest compliment I could pay anybody! If I had Jamie Lee Curtis dooks, I would—my life—I would be a completely different person.

Rachel: Do you think when she chose that gig she said, "Yeah, I'll do a commercial about yogurt. I've had a long, long illustrious career in which people

could find countless things to refer to me. I'll go ahead and take that yogurt commercial." She realized, "That's me now."

Griffin: "That's me now."

Rachel: "That's me. Everyone thinks of me," and before Halloween, you know, before... [through laughter] the other movie's she's done—

Griffin: Sure! Yeah.

Rachel: [laughs] Yogurt.

Griffin: Yogurt. Um, yeah. But I would trade my fame in an instant if it meant I get those Jamie Lee Curtis quick poops. Think of all the stuff I could do with my day.

Rachel: It's true.

Griffin: Do you know—do you—she has a revolving door in her potty. Did you know that? In her potty room? She just—

Rachel: Or a slide?

Griffin: —or a slide, yeah.

Rachel: That's how fast—she just, like, sits down and it slide through?

Griffin: [simultaneously] She sits down and then by the bottom, it's done. It's *done*.

Rachel: Hey, can I steal you away?

Griffin: I wish you would. I hate these mental images we're conjuring like necromancers.

Rachel: [laughs]

[Home Improvement theme, increasing in speed and pitch]

Griffin: We have sponsors! And we're gonna do 'em. First is MeeeUndies.

Rachel: [through laughter] Hey, can I reference—[snorts] the first line of copy for MeUndies?

Griffin: Yeah. Yeah. Uh, we—yeah.

Rachel: [laughs]

Griffin: Yeah, it's...

Rachel: So, it's a fall—it's a fall copy.

Griffin: Yes?

Rachel: You know, so it talks about fall things. But the copy begins, "What's that I smell?" And then starts in on underwear, and you think, like, "That's probably not what I wanna do."

Griffin: Well, unless the underwear do have some sort of smell baked into them. But—[scoffs] you know what? That's not the sense that's gonna be delighted by these underwears. It's gonna be feel. Touch.

Rachel: Yes.

Griffin: Because they have that micromodal fabric.

Rachel: "Fall is a time to get soft!" It says.

Griffin: It's a time to get soft. It's a time to get... soft and so lookin'—s—the butt looks good.

Rachel: The butt does look good!

Griffin: That's MeUndies, baby! It's onesie season, you can get one of those. They're really nice. I have, like—I have a lot of MeUndies products at this point. All my underwear is. I got, like, three pairs of lounge pants. I got a couple onesies. I love 'em. I'll strap 'em on—if it gets cold, I'll put that onesie on, and it keeps the—it keeps me nice and warm. I love 'em!

Rachel: Oh my God, I can't waiiit!

Griffin: I cannot wait, dude! Winter lasts for, like, two weeks in Austin, but I spend it all in a onesie. Anyway, to get 15% off your first pair of MeUndies, free shipping, and a 100% satisfaction guarantee, go to [Meundies.com/wonderful](https://meundies.com/wonderful). That's [Meundies.com/wonderful](https://meundies.com/wonderful).

Rachel: Hey, can I tell you about Dylan?

Griffin: [stuttering] S—sure.

Rachel: Brumate, our next sponsor—

Griffin: Oh, right.

Rachel: Was founded... by Dylan.

Griffin: Thanks, Dylan!

Rachel: Thanks, Dylan. Dylan did not love the taste of warm alcohol, and so he thought Brumate should be created to keep your alcohol the temperature you want it to be.

Griffin: Interesting, okay.

Rachel: Brumate keeps your favorite drinks cold, from picnics to concerts and everything in between. Uh, Brumate has a wide variety of designs and styles to choose from, from matte finish to glitter to marble. There is something for everyone.

For those of you that have, maybe, a friend that likes to go out camping...

Griffin: Oh!

Rachel: ... and, you know, they like to enjoy a few beverages, and they have a hard time keeping those beverages the temperature they want them to be.

Griffin: Sure.

Rachel: Brumate would be a good gift for them.

Griffin: Yeah, or if you have a roommate... for Brumate.

Rachel: Mm, that's nice too. "You're my favorite Brumate, roommate! Ha ha."

Griffin: [laughs]

Rachel: Don't settle for warm alcohol. Chill out with your favorite drinks all day long, with Brumate. Visit Brumate.com, add your code "wonderful" to get 15% off your first order. That's 15% off your first order when you go B-R-U-M-A-T-E.com and add code "wonderful."

Griffin: Got a personal message here for Andrew from Cara, who says:

"Surprise! A Jumbotron?! What?! Oh yeah, it's happening. Here we go. Happy nerdy 30—[under breath] trademark—[normal volume] dear.

Thank you for being my most wonderful thing, and my forever best friend. I love you so much. Will you marry me? [pauses] Just kidding. We're already married. Way to go, past us! High five! Nice. Love you the most, Dumbo! Heart."

That's so—[laughs quietly]

Rachel: Aww...

Griffin: That's good, and for a moment there was kind of, like, intense, 'cause I didn't read ahead, and then it was... a relief.

Rachel: I can't believe both of us missed the opportunity to call it nerdy 30. 'Cause dirty 30 never felt appropriate.

Griffin: Flirty 30 was good for me.

Rachel: Oh, yeah. That is nice.

Griffin: Yeah. Anyway, do you wanna read the next one?

Rachel: Sure! This message is for Sarah. It is from Cara.

"My dear spooky Sarah, I will always cherish the memories of listening to the good, good McElroy boys together while I cooked and you ate Pop-tarts for dinner. Thanks for putting me on to lots of cool shit, and thanks for forgiving me when it takes me a year to get around to it, winky face. Here's to you, my friend."

Griffin: [urgently] What's the wink? What's the wink?! What are you suggesting?

Rachel: "Takes me a year to get around to it." Ohhh.

Griffin: [simultaneously] What's "it"? Ohhh. We think we both what "it" is.

Rachel: [laughs] Yeah, I think we're both thinking the same thing.

Griffin: And we're gonna say it at one, two, three, go, and we'll say it.

Rachel: Uh-huh.

Griffin: One, two, three. Tournament Level Yu-Gi-Oh Tournaments.

Rachel: [simultaneously] It took her a long time to... thank her..

Griffin: You didn't... *shit*.

Rachel: [laughs]

[static]

Speaker One: Welcome back to Fireside Chat on KMAX. With me in studio to take your calls is the dopest duo on the West Coast, Oliver Wang and Morgan Rhodes. Go ahead, caller!

Speaker Two: Hey, uh, I'm looking for a music podcast that's insightful and thoughtful, but, like, also helps me discover artists and albums that I've never heard of.

Morgan: Yeah man, sounds like you need to listen to *Heat Rocks*. Every week, myself, and I'm Morgan Rhodes, and my co-host here, Oliver Wang, talk to influential guests about a canonical album that has changed their lives.

Oliver: Guests like Moby, Open Mic Eagle, talking about albums by Prince, Joni Mitchell, and so much more.

Speaker Two: Yo, what's that show called again?

Morgan: *Heat Rocks*: Deep dives into hot records.

Oliver: Every Thursday on Maximum Fun.

[static]

Griffin: Okay. My second topic—I swear to God I didn't know who our sponsors were gonna be when I wrote all this down.

Rachel: Okay.

Griffin: My second topic is, having the right cup for the job. I *promise*, y'all. I know it seems sus, but it's not. It is a treat to have the right cup for the job. I'm not even gonna go, like—okay.

Rachel: Give me—wait, wait, wait. Give me an example of a job in which you need a cup?

Griffin: Oh, babe. I'm not talkin' about, like, I'm a, you know, copy editor for the newspaper so I need my goblet. I'm saying, like—

Rachel: [laughs]

Griffin: —if—here's one example, okay?

Rachel: Okay.

Griffin: A copper cup for the Moscow Mule is—it seems silly, but it actually, like—it enhances the experience of drinking it. The copper gets so cold, it makes the refreshing thing more refreshing, and that's just the right thing. I'm not gonna say this is, like, all alcohol. Like, any beverage has—

Rachel: A sippy cup for a two-year-old?

Griffin: Sippy cup for a two-year-old, bottle for a baby, whatever. Like, having the right cup for what you're drinking—uh, for water, when we get water out of fridge, I want a tall tumbler. I want, like, a—you know, a tall tumbler with a sturdy base.

Rachel: Or, like, a pint glass for a beer?

Griffin: Pint glass for a beer. There are so many of these. Uh, and—it's—it's just—there's something about it. It's such a relief. When you're staying at a

AirBnB and you got a bottle of wine, and you open up the things and you've got a nice sized wine glass there, maybe it's stemless, maybe it's not, it's not too big, it's not too small, it's not a flute, which is a special cup for champagnes, which you do need for champagne—like... it's such a relief to have one. And for juice? I don't want a big tall tumbler of juice.

Rachel: That's true! You want a little juice cup!

Griffin: I want a little juice cup. I want, like—or maybe a little, uh—you know, a little rocks glass for juice.

Rachel: Shot glass for a shot?

Griffin: Sure, yeah. Or, to—like, my favorite of this is—and I don't drink that much of this, but sake has so much—so much little pieces of hardware to it. You get the little flask of it, and you get the little ceramic bowl and the little dish, and you get that box? That box is called a—I looked it up—a masu? It's that little wooden box.

Rachel: Oh, yeah.

Griffin: And you can either, like, fill it til it overflows into the box and you're drinking from the box. But it's *so cool*. It's so cool!

Rachel: Mm-hmm.

Griffin: I like all that stuff. I'm now realizing, all my notes... are just cups I like.

Rachel: [laughs] I just got a vision of what this show is gonna be like a few years from now.

Griffin: Listen, when it's coffee time, I want a coffee mug, but when it's tea time, I want a smaller... mug or teacup. But we don't really have a teacup, but we have small coffee mugs. I'll do that for tea time, 'cause I need less!

Rachel: No, we do have teacups.

Griffin: Oh, do—well, this china—it's, like, fine china.

Rachel: Yeah, it's china.

Griffin: I'm not gonna drink those. Uh, and... yeah. Okay. I'm not gonna keep talking about cups I like. There's a lot of cups I like because there's a lot of cups.

Rachel: Mm-hmm.

Griffin: [sighs] A nice tall stein? When we went to that German restaurant at Epcot—sorry, one more cup—and you get the beer coming out of, like, the big stein? That's—that's fun!

Rachel: That's fun.

Griffin: That's fun. Anyway—

Rachel: What about the cup that goes... on your downstairs?

Griffin: Ohh.

Rachel: That's—I mean, that's appropriately sized, I guess?

Griffin: Uh, if it—I have worn *not* appropriately sized ones.

Rachel: [laughs]

Griffin: Anyway, um... there's non-drinking cups, and one of them we watched a very educational video about this weekend. Uh, the Stanley Cup, which is currently—

Rachel: Yeah!

Griffin: —in the—in the possession—do they get to have it? The St. Louis Blues?

Rachel: No.

Griffin: Do they just, like, keep it at their—no, they just write their names on it?

Rachel: No, it goes to the Hockey Hall of Fame.

Griffin: Okay. Anyway, uh... cup! It's a big cup. As a lot of trophies are.

Rachel: It's a big cup.

Griffin: It's a big cup. I don't know if anybody's ever drank anything out of it.

Rachel: Oh yeah. Oh, they definitely do.

Griffin: Oh yeah?

Rachel: Yeah, they pour champagne in there. That was the—so, if you follow the St. Louis Blues on Instagram, they showed the various players—'cause they all get a turn with cup, and a lot of them were eatin', like, poutine out of it.

Griffin: Oh, that's good.

Rachel: So that cup... and—yeah, and then you drink the champagne, for sure.

Griffin: Hopefully—oh my God. Hopefully they have a champagne round, and then they have a poutine round, 'cause I don't want champagne with little french fries and curds floatin'.

Rachel: No. Who's cleanin' that thing?

Griffin: Who is cleanin' the Stanley Cup?

Rachel: Mm-hmm.

Griffin: Okay, write that down for our... first stand up album, 'cause that's a whole track, right there.

Rachel: [laughs]

Griffin: Uh, anyway, why do people use cups for trophies, hmm? Why are most trophies cups, hmm?

Rachel: I don't know!

Griffin: Exactly. I don't either. So I looked it up. Uh, in ancient Greece they would hand out all kinds of, like, stuff as trophies. Like, little wreathes and flora of oils but they also handed out [pronounces each syllable separately] silver cups.

I don't know why I said it like that. And in the 1700s, we saw something come about—actually, wait. 1800s? In one of those—[sighs] who gives a shit, man?

Rachel: [laughs quietly]

Griffin: Anything before 1900 is just, like... it's Greek to me!

Rachel: Uh-huh?

Griffin: But this was not Greek. This is, like, in Eur—this is, like, in the middle of Europe. Anyway, there was a thing invented called the Loving Cup.

Rachel: Oh! That sounds familiar to me.

Griffin: And they would use it at happy ceremonies like weddings and banquets, and so, like, people would just, like, pass it around. And so, to expedite that there was just two big handles on the sides, so you pass it from one person to the other. And because it was like this ceremonial thing, it just very naturally became the reward at ceremonial... you know, athletic events or other competitions, and that's why cups are trophies. Or... anyway, backwards. Anyway, I... I love cups.

Rachel: [laughs] You know what would've been a good sponsor, also? If not just the sponsor that kept the beer cold, but if we also had Third Love so we could talk about the—the bra cups.

Griffin: Oh, those are a types of cups too!

Rachel: That's also a cup.

Griffin: So many cups, all over the world. What's your second thing?

Rachel: My second thing... is the tree kangaroo.

Griffin: Oh, you like this guy?

Rachel: Move over, wombat!

Griffin: Hey, hey-hey-hey-hey-hey. Don't. The wombat gets angry.

Rachel: [laughs]

Griffin: The wombat don't like to move.

Rachel: Scoot—scootch—scootch a little, wombat?

Griffin: Okay, he's doin' it. He's doin' it.

Rachel: He's scootchin'? Uh, we were in St. Louis over the weekend visiting my family. We went to the Children's Zoo at the St. Louis Zoo.

Griffin: Free zoo with the dopest fuckin' penguin exhibit in the universe. Can't believe how free this thing is.

Rachel: [laughs] Um... tree kangaroo. So, we saw the tree kangaroo, hangin' out in a little, like... kind of a wide open enclosure, if I recall.

Griffin: Tree kangaroo could've gotten the fuck outta there if he wanted to.

Rachel: Yeah, it really could've. Uh, tree kangaroo. So, I did a little research on it, 'cause I just thought it was so friggin' adorable. And it—I found a description that I thought was very apt.

So, it has kind of the tail of a monkey, kind of the body of a sloth, and then kind of a bear face.

Griffin: [exhales loudly]

Rachel: It is just as cute as you would think.

Griffin: [distantly] Wow. Wow. [normally] I'm gonna need a minute. How is the internet not all over these things?

Rachel: I don't know! I think that's why I'm bringing it this week.

Griffin: Okay. This is it. You're starting it.

Rachel: Tree kangaroo is a marsupial. So, like its land-dwelling buddy, the kangaroo, the regular—

Griffin: [through laughter] The earth kangaroo.

Rachel: The earth kangaroo.

Griffin: [laughs] "When the four come together: tree kangaroo, earth kangaroo, fire kangaroo, and water kangaroo."

Rachel: Didn't know a lot about marsupials. Uh, marsupials—so, their babies are born real early. Like, 45 days gestation.

Griffin: Wow.

Rachel: Like, no time. And they're real tiny. They're, like, born the size of a jelly bean, and they come out, and then they crawl up into the pouch, and they stay there for, like, eight months, just chillin' in that pouch. Just finishin' up their growin'.

Griffin: That is... fuckin' wild.

Rachel: I know. I know. They showed, like, little pictures of the babies, and they really are—they're, like—they're very, very tiny and gross looking. And they get up in that pouch and they finish cookin'.

Griffin: What's in that *pouch*, though?

Rachel: Oh... I mean...

Griffin: [laughs wheezily]

Rachel: Yogurt, I guess? Probably?

Griffin: Some sort of kangaroo yogurt.

Rachel: [simultaneously] Probably something similar to yogurt.

Griffin: [stage whisper] Hey babe, put that on the list for the album. The stand up album. That's funny, too. "What's even in a kangaroo pouch?"

Rachel: [laughs]

Griffin: "[quietly] Is it yogurt?" [normal volume] We'll work on it.

Rachel: Did you also know marsupials—so, the tree kangaroo has three vaginas and two uteruses. [pauses] Which is apparently pretty common among marsupials. So that means that, um... I mean, that means a lot of things—

Griffin: [laughs loudly]

Rachel: —that I don't really wanna get into. [laughs] But while a baby's in the pouch, the mom can be growin' another baby in the uterus, so they can just, like, constantly be pregnant, basically.

Griffin: Okay.

Rachel: Which is... not wonderful.

Griffin: Three... vaginas.

Rachel: Three vaginas. Two uteruses.

Griffin: Two uteruses.

Rachel: Mm-hmm.

Griffin: Three vaginas.

Rachel: Yep. Let me tell you what's good about this tree kangaroo.

Griffin: You've already told me too many good things about the tree kangaroo.

Rachel: I haven't even gotten started yet!

Griffin: Okay.

Rachel: Tail: three feet long.

Griffin: Cool.

Rachel: It's a half foot longer than their bodies. So, like, if you were to stack the tail up against the body, the tail would keep goin'.

Griffin: [laughs loudly]

Rachel: Well, if you think about, like, a cat, usually the tail is about the length of the body.

Griffin: Right, right.

Rachel: This tail's super long! And they think—so, the tail isn't prehensile like a monkey, so the tail can't, like, be used to swing him around.

Griffin: He looked... pretty clumsy. I watched this dude fall from one branch to the other. He looked scared.

Rachel: I think if anything the tail is kind of more like a counterbalance, because these things can be up to 30 pounds. Like, they're pretty beefy boys.

Griffin: He was a dense—he was an absolute unit.

Rachel: Yeah. And so the tail kind of helps them balance when they're jumpin'.

Griffin: Okay.

Rachel: Here's the other thing that's cool about this guy: they can launch themselves 30 feet from tree to tree, which is super far; and they can drop 60 feet without hurting themselves. So they're kind of like monkeys in that way. They're, like, kind of like monkeys but not monkeys.

Griffin: Sure. There's a cryptozoological creature in Australia called the drop bear, who hides in trees and drops on you to, you know, eat and kill you?

Rachel: [through laughter] Okay?

Griffin: I wonder if this was inspired by the tree kangaroo. Hey, tree kangaroo doesn't eat people, does he?

Rachel: No, no. Ferns, moss, tree bark, flowers.

Griffin: Oh, then we're good. Just don't wear a... moss hat, or something.

Rachel: [laughs] Um... so their average lifespan 15 to 20 years. Uh, the oldest living tree kangaroo is 27 years old. Uh, and... I mean, they're pretty great. They're just real cute. They're just sooo cute. They live in Australia. Uh, and also Papua New Guinea.

They evolved from—the theory is they evolved from possum-like ancestors. There are 14 known species, and the most recent species was found in 1990. So, like, they're still figuring these guys out.

Griffin: [laughs wheezily] These adorable chimera.

Rachel: There's a lot to come...

Griffin: Yeah.

Rachel: ... for tree kangaroos, is all I'm saying.

Griffin: Yeah. This is—and folks, a lot of people are saying, like, about to graduate college. If you want an industry with a lot of jobs and a lot of future ahead of it, learn... you know, learn Mandarin and work in tree kangaroo. Fields.

Rachel: They're also called—I'm assuming this is Australia, but maybe it's also in New Guinea. They're also called boongarries.

Griffin: Boongarries?

Rachel: Mm-hmm!

Griffin: Boo—spell, please?

Rachel: B-O-O-N-G-A-R-R-Y.

Griffin: I thought you said *boom-garry*, which is the coolest Xbox gamer tag I've ever heard in my life.

Rachel: [laughs]

Griffin: "[gruff voice] Boom! It's Gary. You're on your back."

Rachel: [laughs] No, boongarry.

Griffin: Still good.

Rachel: Don't know why.

Griffin: Love it.

Rachel: But I love it.

Griffin: Uh, do you wanna know our submissions from our friends at home?

Rachel: Yes, please.

Griffin: Grace says, "I think polka music is wonderful. I went to the Oktoberfest in Cincinnati this past weekend and danced to live polka music. I don't know how to polka dance, and neither did anyone else, but it was so magical laughing, dancing, and seeing other people having as much fun as I was because of the good, good music."

Rachel: You don't hear a lot about polkas, but, uh, it's a real party—it's a real party song—

Griffin: It's fun music, folks!

Rachel: —music.

Griffin: Tragically, the, like, last exposure we had to it was the restaurant in Disney World, the Oktoberfest, like, bar and grill or whatever the fuck in Germany.

Rachel: Oh, yeah.

Griffin: And it was fun! Henry went up there and danced, the guys played accordion—

Rachel: Oh my gosh. It was adorable.

Griffin: —it was a really nice time! It's fun—folks, this is just fun music!

Anyway, Zachary says, "Something I think is wonderful is Merriam-Webster's recent addition of they/them as a singular pronoun! As a non-binary identifying person that uses they/them pronouns, it's nice to have that official validation, and even better to have an extra thing to shoot down ignorance and stinky bigots with."

Rachel: Yesss. I saw that and I was so excited!

Griffin: It's very exciting. It's—obviously, like, they shouldn't *have* to, like, affirm—affirm it in this way. It's radical that they did, but, like, people have—the point I always see, and I think Merriam-Webster used to, like, dish this out to is like, people have been using they/them singular pronouns in, like, literature, since... literature started.

Rachel: I know. But now all those, like, pedantic jerks that are like, "Well, that's not appropriate." You can just be like, "[scoffs]"

Griffin: Yeah.

Rachel: "Look at this!"

Griffin: "Look at this. Have you heard of my friend, Miriam? Or his friend Webster?"

Rachel: "What about the two of them together?" [laughs]

Griffin: "Two of them together?"

Rachel: "They're unstoppable."

Griffin: "And maybe one person? I don't know! Listen, I don't know about these—these strange dictionary writers. All I know is they're on my side, so... huff my shorts."

Thank you to everyone who, uh... listens. That's a good start for the outro.

Rachel: [laughs]

Griffin: Thanks to Bo En and Augustus for the use of our theme song "Money Won't Pay." Find a link to that in the episode [strained] description, and... can you talk about Max Fun while I do a big stretch?

Rachel: Thank you to Maximumfun.org for hosting our show and sooo many other great shows. Uh, I would really recommend, if you haven't checked it out, *Jordan, Jesse, Go!* They just had their 600th episode.

Griffin: [groans distantly]

Rachel: They're just nice—they're just a nice group of people together, and they bring in a nice guest, and it's funny and fun, and...

Griffin: [exhales loudly] God, that felt good.

Rachel: Check it out.

Griffin: We just did the final episode of *The Adventure Zone: Amnesty*, my other show that I do. Uh, go listen to that, please.

Rachel: Yeah! I'm gonna go listen to it this afternoon. I'm very excited about it.

Griffin: Well, folks, we've come to the end of another one. Thanks for 'lissing'— thanks for listening. I hope you had lots of fun. I hope you had lots of [unintelligible]—

Rachel: Learned a little somethin'.

Griffin: —learned a little somethin' about...

[theme music begins in the background]

Griffin: [stammers] tree kangaroos and Raglan sleeves, and—

Rachel: Turkey yogurt.

Griffin: Turkey... yogurt, and just really—[laughs quietly] that's so still fuckin' good, babe! I'm gonna be thinkin' about that one!

[theme music plays]

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