

## Wonderful! 86: Zuck Bucks

Published June 5, 2019

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[theme music plays]

**Rachel:** Hi, this is Rachel McElroy.

**Griffin:** Hello, this is Griffin McElroy.

**Rachel:** And this is Wonderful!

**Griffin:** They can hear the smiles, babe. Did you know that?

**Rachel:** I hope so!

**Griffin:** Did you know that? They can hear, it's the way the sound moves through the teeth and past the tips of the tongue and the lips, and they can hear the smiles and how just fuckin' happy we are!

**Rachel:** [laughs]

**Griffin:** Today, it's Tuesday, June the four— fifth. June the one— some of the number, and we're just— it's a good day. A soft rain, pitter-patter outside of soft raindrops on the ground, and... Uh, there's deer, we saw some deer and they were ch-ch-chip— chompin' on the grass outside, and just every— it's all— it's all comin' together, isn't it!

**Rachel:** Yeah!

**Griffin:** It's all— we're all starting to figure it out, it feels like. Get in the swing of things, maybe, a little bit, into the groove.

**Rachel:** In— in the groove of summer?

**Griffin:** Life, man!

**Rachel:** Ooh!

**Griffin:** The vibes, the, uh, wavelengths that we are all sort of putting out there and then like, seeing if it lines up with somebody else's?

**Rachel:** Are you a crystal guy now?

**Griffin:** Uh, meth. Uh— yes.

**Rachel:** [laughs] Okay.

**Griffin:** I took that like, literally right before, and you actually watched me do it, and you cheered. You were like, "Hoo, hoo, hoo!" 'Cause you thought it'd give me crazy podcast energy, and you weren't wrong, and I'm—

**Rachel:** Do I cheer like a chimpanzee?

**Griffin:** No, it's more like a sports Tim Allen, from the Home Improvement.

**Rachel:** [laughs] Okay, okay.

**Griffin:** Wow, I feel like we— every time we reference Home Improvement in our show, it feels like... Didn't we just do that? But then I remember, it's li— it's every episode. It's, musically speaking—

**Rachel:** It's— yeah, it's contractually what we do.

**Griffin:** How you doin'? How's your soul? How's your spirit?

**Rachel:** I mean, pretty good, I think.

**Griffin:** Yeah.

**Rachel:** Yeah.

**Griffin:** Got over the— hey, sorry for missing last week's episode.

**Rachel:** Oh...

**Griffin:** But let's just say, all of us were barfin' and poopin' nonstop. It was so bad, you guys, oh my God, it sucked so bad.

**Rachel:** It was really bad.

**Griffin:** It was—

**Rachel:** It— it impacted all of us differently, I would say.

**Griffin:** Yeah, I mean, it left its own sort of mark on all of us.

**Rachel:** [laughs]

**Griffin:** We all got something different out of the encounter that we had, uh, with this stomach flu.

**Rachel:** What was interesting about it was that it— it really ping-ponged in the way that... Like, as soon as Henry was better, Griffin was sick, and as soon as Griffin was better, I was sick.

**Griffin:** It went in order of constitutional fortitude, and Henry is only worse than me by a very slight margin in that regard.

**Rachel:** Yeah.

**Griffin:** Yeah, so we're very sorry. I hate missing episodes, but last week was just a complete disa— I almost said shitshow, but that would have been too evocative.

**Rachel:** [laughs]

**Griffin:** Um, but uh, you start this week. Do you have any small wonders, though?

**Rachel:** I mean, you know I do.

**Griffin:** Yeah? Yeah you do?

**Rachel:** Game four.

**Griffin:** Game four of the, uh, Stanley Cup.

**Rachel:** Stanley Cup.

**Griffin:** Yeah, that was a good game.

**Rachel:** Mm-hmm.

**Griffin:** If you don't follow sports, Rachel is a big St. Louis Blues fan. It's their first time in the Stanley Cup, uh, finals, since like, what, the 70's?

**Rachel:** 1970, I think?

**Griffin:** Yeah. And they've won their first— they've never won a Stanley Cup finals game. They've only gotten shut out every time they've made it, so like, it's a very— it's 2-2 now with the Bruins. It's very exciting. Sports are good, everyb— sports are good again.

**Rachel:** [laughs]

**Griffin:** Uh, yeah. It's been really fun.

**Rachel:** It was a very good game. They played very well. I always feel like when the Blues win against the Bruins... And the Bruins are arguably, in a lot of ways, a better team.

**Griffin:** Yeah.

**Rachel:** But when the Blues win, you can just see them out there workin' so hard.

**Griffin:** Just grinding it out, yeah.

**Rachel:** Yeah, they're— they're scrappy.

**Griffin:** They're scrappy, it's fun. Watch them games, it's fun. Uh, I wanted to say, I bought some fanc— I bought some formal wear today. It's the first time I bought formal wear.

**Rachel:** Yeah!

**Griffin:** And— well, I think I bought a suit from Joseph A. Banks, uh, like—

**Rachel:** Oof.

**Griffin:** When I first moved to Austin and all of our friends started getting married, and then I got a lot of, uh, wear out of that suit, but it was basically like I was wearing a— just a big paper bag that didn't fit me.

**Rachel:** Griffin did the wise thing today where he actually talked to a store employee, and I feel like—

**Griffin:** It was brave— yeah, brave of me.

**Rachel:** It's game-changing for you, because I think you have a tendency to settle, when it comes to fashion, and I feel like this store attendant was like, "No. No, you don't have to."

**Griffin:** I said— I said, "Look, it's been almost a decade since I've like, bought a suit. So like, I don't know what I wear, I don't know what my body shape is, I don't know what my body size is, but I have 45 minutes, so—"

**Rachel:** [laughs]

**Griffin:** "And I— and I have a date on Thursday, so can you— can you get me there? Can you get me across the finish line?" And she did! She was very, very helpful. Very, very nice. It was a very nice experience. I like the way I look, which is the first time I've seen that in, like, a formal wear, uh, context. That's very nice. Also, got a new keyboard. Got another wireless keyboard. This one's for the PC. It's got blue switches. Ooh, it clicks so right. It clicks so deep and hard.

**Rachel:** Wait, why did you get another keyboard?

**Griffin:** This one's wireless for the PC, I got it running into the uh, the television, now. So it's distant. It's across the room. Can't have a wired one.

**Rachel:** Okay. [laughs]

**Griffin:** I know! I mean, you asked about my AV setup.

**Rachel:** [laughs] I know.

**Griffin:** And I gave you some answers.

**Rachel:** And then I had no preparation to continue the conversation.

**Griffin:** That is true. Uh, I feel like there's something else but I can't remember. Do you wanna go ahead and tell me what your first thing is?

**Rachel:** Ooh, yes! Lip balm.

**Griffin:** Lip balm.

**Rachel:** Yes.

**Griffin:** Lip... balm?

**Rachel:** Yes.

**Griffin:** Not lip gloss.

**Rachel:** No. I feel like this is like, a frosting vs icing thing. To me, gloss implies that it's just a cosmetic shiny purpose.

**Griffin:** Yeah. Although it can serve— it can be both, right? Like, Lip Smackers has some element— although, Smackers is a balm, isn't it?

**Rachel:** [laughs]

**Griffin:** Shit, I don't know shit about anything, do I?

**Rachel:** I think of gloss as the kind that comes out on a wand.

**Griffin:** I think— yeah, I think the wand is what sets it apart.

**Rachel:** Mm-hmm.

**Griffin:** But it took me a long time to figure out that there was a difference between these two things. It took me a long time to figure out people were not putting on prescription gloss.

**Rachel:** [laughs] Um, I, like many people, have been dependent on lip balm for a very long time now. Uh, my lips tend toward chap, uh, and I don't know if one is related to the other, uh, but I have been experimenting to find the perfect combination of balm, uh, for decades.

**Griffin:** Yeah, she's—

**Rachel:** Literal decades.

**Griffin:** She's— she's got her own witch's brew of balms in a cauldron in her bedside table, she'll mix some— you know, some traditional chapstick in there. She'll throw down some Lip Smackers. She'll put in the, like, soda flavored ones that are never what you want them to taste like.

**Rachel:** Oh, man, yeah.

**Griffin:** Should they even have a— let's have this conversation first.

**Rachel:** Okay, all right.

**Griffin:** Should they have a taste? Should it have a taste? Should the lip balm have a taste?

**Rachel:** I mean, most beauty products have a scent.

**Griffin:** Yes.

**Rachel:** Usually with scent, they pair taste, just to kind of—

**Griffin:** Get you there, yeah.

**Rachel:** Yeah.

**Griffin:** But it's a lip based experience, so you're gonna be tasting it all the time, right? So when I would get, like, cherry chapstick, and I would put that on—

**Rachel:** But what about when you smooch?

**Griffin:** I mean, I didn't get any complaints. [fake laughter]

**Rachel:** [laughs]

**Griffin:** [clears throat] But then, think about my... I'm always kissing myself, if you think about it.

**Rachel:** [laughs] So jealous.

**Griffin:** We're all— we're all always in the process of kissing ourselves, and so I don't know that I always wanna... You know what I mean? I eat a big hamburger from Hardee's or whatever.

**Rachel:** Yeah?

**Griffin:** I don't want it to also taste like cherries, is what I'm saying, I guess. End of the day.

**Rachel:** Oh, you don't want it to interfere with your actual eating experience.

**Griffin:** Yes!

**Rachel:** I can understand that.

**Griffin:** You know I take it seriously.

**Rachel:** Mm-hmm. Yeah, that's what stopped me from getting a lot of the novelty flavors that you can get.

**Griffin:** Yeah. Like grass, and earwa— I'm thinking of the Harry Potter jelly beans.

**Rachel:** It is funny that you mention earwax.

**Griffin:** Oh, no.

**Rachel:** Because when I was doing some research—

**Griffin:** Oh, stop. Just stop now.

**Rachel:** [laughs]

**Griffin:** We just— we literally just ate.

**Rachel:** [laughing] Okay.

**Griffin:** No, go ahead, because the people wanna know.

**Rachel:** Uh, just that in, in the olden days, it was identified as a— a solution.

**Griffin:** A sealant.

**Rachel:** Yeah.

**Griffin:** [laughs quietly]

**Rachel:** 'Cause here's the thing about, uh, about lip balm. So, the purpose of lip balm is to provide a occlusive layer on the lip surface, to seal moisture in lips and protect them from external exposure.

**Griffin:** You flavor lock that shit.

**Rachel:** So that's why it's always like, a waxy consistency, 'cause it's like, trying to protect your lips from moisture. Like, if you're the kind of person that licks their lips all the time, or if you're like, drinking a beverage, it like, keeps the moisture from getting in and drying you out.

**Griffin:** Okay.

**Rachel:** Um, so an example of an occlusive material is petroleum jelly, which is, you know, Vaseline.

**Griffin:** Okay.

**Rachel:** Mm-hmm. Uh, so here's the thing. So, a lot of people talk about how... Is lip balm actually bad for your lips?

**Griffin:** Whoa.

**Rachel:** Because people... There are certain brands out there that people use, and they just have to start using constantly 'cause it feels like their lips are drying out immediately.

**Griffin:** Okay.

**Rachel:** So I found an article that they say, ingredients like, uh, phenol, menthol, and salicylic acid are all, um, ingredients that cause the body to stop generating natural moisture around the lips.

**Griffin:** Huh, so it—

**Rachel:** Basically, they just dry you out. And so you just end up continuing to apply, and apply, and apply, and it just is a cycle.

**Griffin:** So what's the good shit? Is like— is Tom's makin' lip balm? Just natural, sort of powder-based balm?

**Rachel:** So, I have been using this balm for a while.

**Griffin:** Oh, wait, wait, wait. Are you about to drop one of Rachel's Balm Recommendations?

**Rachel:** [laughs] You wanna play the music cue?

**Griffin:** Well no, we gotta save this for the premium subscription episode. We can't just, like, give away Rachel's Balm Recommendations on the free stream. We gotta put it on the paid stream.

**Rachel:** At what point do I say, "It's the balm?" Do I say that at the beginning or the end? I can't remember.

**Griffin:** You have to say it's the balm.calm, is for sure—

**Rachel:** [laughs] Calm.

**Griffin:** [laughs] Is for sure the turn of phrase. But again, the paid— okay, let's hear it. What are you workin' with?

**Rachel:** Okay, so a lot of, you know, different chapsticks will have like, beeswax, you know? Or aloe, or Vitamin E, or whatever. I—

**Griffin:** That's all good, right? That's all fine. You can have that, right?

**Rachel:** Yeah, yeah, yeah, sure. Yeah, Burt's Bees is like, the most popular, and a lot of people love it. I found something called Doctor Lip, and it's a little squeeze tube. You can buy it at Anthropologie. It's made from lanolin!

**Griffin:** Like, uh, sheep's wool?

**Rachel:** Maybe? [laughs] It is sheep-related.

**Griffin:** Okay.

**Rachel:** Um, I'm not exactly sure what part of the sheep it comes from.

**Griffin:** I've always associated lanolin with sheeps, but I said wool. I don't know, it could just be like, ground— [wheezes] ground up sheep bones, for all I know.

**Rachel:** [laughs] Um, but things like petroleum jelly start to make me a little nervous, 'cause like, petroleum, I feel like—

**Griffin:** Yeah.

**Rachel:** I don't know, that can't be environmentally sustainable.

**Griffin:** Yeah.

**Rachel:** Uh, but I like the idea of lanolin, and it's been workin' well for me.

**Griffin:** Okay! Yeah, I mean, I'm— no complaints here. Very, very soft, very smooth, very kissable.

**Rachel:** Aw, thank you!

**Griffin:** Real nice. Whistles, not great, but that's not the balm's fault.

**Rachel:** Uh, the first person, by the way, to make a chapstick, was, uh, Charles Browne Fleet. Uh, and this was in the early 1900s. He also invented a variety of laxatives.

**Griffin:** Okay. I bet— yeah, I bet he had some fun with that.

**Rachel:** He was a pharmacist, and did laxatives, douches, enemas, and chapstick!  
[laughs]

**Griffin:** [laughs]

**Rachel:** So, just like, a lot of like, downstairs stuff, and then just a little [kiss noise]. Little kiss on your way out.

**Griffin:** So, he wanted, I think, originally, to come up with a very, very portable way to get laxatives just like, in your pocket. Whenever you needed them, or whenever you did need to do, like, a prank to a milkshake of a school bully, you know?

**Rachel:** [laughs]

**Griffin:** And he came up with a laxative stick, and that was very cool, but then, I think—

**Rachel:** How do you apply the laxative stick, I wonder?

**Griffin:** Um, eat it. Y'eat it.

**Rachel:** [laughs] Okay.

**Griffin:** You yeet it, into... the open mouth of the school bully.

**Rachel:** [laughs]

**Griffin:** Yeet is such a good word. Can I tell you about my first thing?

**Rachel:** Yes.

**Griffin:** My first thing is a video game called Beat Saber that I have been playing nonstop this week, and it's why my arms are so buff and strong. It's why I have all this tone and definition. It's why I'm a hulking good-body over here, is because I've been playing this Virtual Reality game called Beat Saber.

It's almost E3, I'm gonna talk about video games, so strap in. Uh, you— you still haven't played it, right? I showed you some of the VR stuff.

**Rachel:** I have not.

**Griffin:** Okay. You would love it. You would adore it. I think you would have a very good time with it. I feel like I—

**Rachel:** I think so, too.

**Griffin:** I sent you a video of it today to give you like, a background, and it— I sent you like, some really high-level expert, like, K-pop shit.

**Rachel:** Yeah, it was like this weird, Dance Central, uh, Rock Band hybrid, almost.

**Griffin:** So, yeah. Beat Saber is a rhythm game, and it is very much in the vein of, uh, Guitar Hero and Rock Band, in that there is like, a track, and then there are these, uh, you know, things that come at you that correspond to the, you know, notes in the song, or the beat of the song, uh, that you have to hit in time with the rhythm in order to, you know, get points.

Uh, only in Beat Saber, they are boxes that are flying directly at you, and you are standing on the track, because it's Virtual Reality, and you have to use two swords to cut everything. Uh, each of your hands, you have a sword. Hence the name, Beat Saber.

Uh, they're basically lightsabers. In your right hand, you have a blue lightsaber. In your left hand, you have a red one, and then the boxes that come at you are either blue or red, and uh, they also have arrows on them, right? So if there's—

**Rachel:** Can I ask you—

**Griffin:** Yeah, please.

**Rachel:** A preference question?

**Griffin:** Yes.

**Rachel:** Do you keep your hand in karate chop movement, or do you put it in a fist, or how— what do— what position are your hands in during this?

**Griffin:** Uh, I have found that I need to grip these controllers pretty tight. I'm wearing the wrist straps, because I'm a responsible young man who—

**Rachel:** Yeah. [laughs]

**Griffin:** Uh, did throw a wiimote, like, at a TV screen full force while playing Wii Tennis after like— like three days after the Wii came out, so now I always wear my wrist straps.

**Rachel:** Oh, okay.

**Griffin:** Um, so I grip 'em pretty tight, because some of the songs do require, uh, pretty flaily maneuvers that I just really gotta hold on tight or else I'm gonna go flyin' off.

Um, so yeah. Instead of like, holding down a button and strumming a fake guitar, you are in virtual reality and a blue box with an arrow pointing to the right is coming at you, and you have to use your right hand to slice it from the left to the right. Uh, but then, you know, you have hundreds of those coming at you in rhythm to a song, and that is what Beat Saber is.

There are also— the other sort of main gameplay element is these like, red walls will come flying at you, and you literally have to move around them. Like, you actually have to get your head around.

**Rachel:** Oh.

**Griffin:** So there's like, a box basically that you're standing in that you will also have to sort of, you know, weave left and right to the music sometimes, or crouch and weave left and right, which makes you feel you're like a— like a backup dancer in like, a Backstreet Boys video.

Um, it is so fucking fun. It is so, so fun, and it's a game that I feel like I heard the most about, uh, when people talk about VR recently. Um, specifically because, one, it's really fun and I think it's a really good way to like, show people what is cool about VR gaming, because it's like, "Hey, here's a genre that you're probably familiar with, and here's how VR makes it like, actually a completely different kind of experience."

But also because it benefits as a tool for, uh, fitness, have actually been like, getting a lot of coverage in games press and like, health press, uh, magazines,

which is something that I've been experiencing firsthand, because I've been really wearing myself out this week.

**Rachel:** Yeah.

**Griffin:** Um, there's different difficulty settings, and so, like, depending on what you play on, you could have a more sort of like, light, breezy, dancing experience. And it does kind of turn into dancing at some point. Like, you have to cut these boxes in like, such a flowing motion that you are kind of dancing a little bit.

**Rachel:** So, are you able to like, use any music you want?

**Griffin:** So, the game comes with a set number of songs, and then like... It's been out for a while. It's been out on PC. I've been playing it on Quest, which is the standalone Oculus, like, VR headset that I still am like, head over heels in love with.

Um, but on the PC, they have released all these mods where you can play custom songs that other people have made, and then there's like, a piece of software where you can program your own songs. So it doesn't like, automatically generate— you can't just like, drop an mp3 in there and it'll make a track. People have to make the tracks, uh, but now those mods exist on Quest, so I downloaded like, 50 songs, like, uh...

God, I mean, uh... I Want You Back by Jackson Five, I got some, uh— I got some, some— a little bit of Skrillex, a touch of Skrillex in there.

**Rachel:** [laughs]

**Griffin:** There's like— there's like, seven different MIKA songs that are all so, so, so fun to play.

**Rachel:** You mentioned earlier that you were dancing to, uh, Toxic by Britney Spears?

**Griffin:** Toxic by Britney Spears. And that's what like— I've been trying to get better at the game. I've been trying to play the harder difficulty settings, so I started doing, uh, Toxic, like, on hard difficulty, which is only the medium difficulty, and it was like, kicking my ass, but I was like, "No, I'm gonna fuckin'

beat Toxic by Britney Spears!" And it took me like, 20 minutes to actually finally finish the song, and by the time I did, I was just this sweaty mess.

**Rachel:** [laughs]

**Griffin:** Uh, but you get so much exercise, and it feels like... I have never been able to stick, necessarily, well to a like, a good, like... You know, any kind of fitness, even if it's like, exercising once a week. Like, I've never been especially good at sticking with it, because if I get bored or if I feel like it's work at any point, uh, I do not necessarily have the diligence to stick with it.

Uh, Beat Saber is just really fuckin' fun, so like, I look forward to doing it because I also want to, you know, beat my high score. I want to— you know, I want to see if I can move up to the next sort of difficulty ranking. There's like, online leaderboards you can test yourself against.

Um, so uh, I— I measure— I have an Apple Watch, and so, it like, kicked on while I was playing it once, and it was like, "Hey, it looks like you're exercising. Do you want me to track it?" And I was like, "Oh, yeah, sure." I played for a half hour and burned 390 calories—

**Rachel:** Oh my gosh!

**Griffin:** Which is I— like, a lot.

**Rachel:** Yeah.

**Griffin:** And then there's, uh, this, this organization called The Virtual Reality Institute of Health and Exercise that actually like, goes through every VR game that gets released and like, sort of comes up with like, numerical reports on their potential as like, a— a fitness thing.

And so it studied Beat Saber, uh, and it found that at an amateur level, playing sort of like medium level difficulty, so not like, the maximum amount of exertion of people playing on like, the highest, wildest difficulties here. Uh, it is equivalent workout to playing singles tennis, jogging at five miles an hour, cycling on a flat surface, or swimming, for like, an equivalent period of time.

**Rachel:** Wow, that's good!

**Griffin:** So it's like— yeah! It's like— it's— a good. But then if you bump it up to expert, I'm sure it's... I sent you a video of somebody playing like, the most difficult difficulty setting, uh, playing— I think it was that—

**Rachel:** He looked like a martial arts expert. It was incredible.

**Griffin:** Yeah! And you can— he actually was like, wearing a fitness band so he could like, watch his like, heart rate, like, skyrocket and do all this cardio. Like, I am not— you know, I am not like, fitness obsessed or anything like that, but I recognize that I live a like, pretty sedentary lifestyle, and I've always wanted to feel— like, I always do feel better when I, you know, move around a little bit, and Beat Saber I just think is such a fun way to do it.

**Rachel:** Yeah.

**Griffin:** And it's definitely the most excited I've been about a rhythm game since Dance Central, which in its own right was also like, a pretty, pretty intense workout when we were playing that a lot, uh, back when we first had the... What was it, the Kinect on 360?

**Rachel:** Yeah.

**Griffin:** We'd have friends come over and dance. Um, yeah. I think it's great, and on the Quest, too, there's no wires or anything. It's fully portable, so like, I could see bringing that to like, a party and having people check it out and, you know, screencasting it up to the TV so we can see what they see. Like, I think its potential as a like, fun, social experience is also like, pretty, pretty rich as well.

**Rachel:** Are there plans to make the Quest more accessible to people?

**Griffin:** What do you mean?

**Rachel:** Like, can anybody get one of these things?

**Griffin:** Yeah! They're on Amazon.

**Rachel:** Oh!

**Griffin:** Yeah, anybody can get one.

**Rachel:** I thought like, you had to do some super secret thing.

**Griffin:** I had to mow Mark Zuckerberg's lawn.

**Rachel:** [laughs]

**Griffin:** I had to go mow— I had to go to Mark Zuckerberg's house, and I had to mow his big, big lawn. And it's a big lawn.

**Rachel:** Mm-hmm.

**Griffin:** And then he comes out, and then you have to pay him \$400 to get the Quest. Like, he doesn't even, like, reimburse you for the hard work of mowing his lawn at all.

**Rachel:** Oh, wow.

**Griffin:** Yeah. Um, yeah, Beat Saber. Believe the hype, man.

**Rachel:** He doesn't give you— he doesn't give you Zuck Bucks?

**Griffin:** He gi— he gives me Zu— he gives me Zuck B— [laughs quietly] He gives me Zuck Bucks, yeah, and you can you turn those in for a pizza. He'll make you a pizza in the house, um, and it's like, a Tombstone pi— it's not even like, a— he doesn't like, have a, you know, fancy brick oven. No, he just—

**Rachel:** Oh no, he just takes a frozen pizza and cooks it in the—

**Griffin:** Yeah, he microwaves you up a Tombstone.

**Rachel:** [laughs]

**Griffin:** It's really fucked up. I hope they break up— I hope the antitrust breaks up Facebook just for that, and I'll be standing on it's g— on Facebook's bloated corpse, laughing like a Mr. Robot would do.

**Rachel:** [laughs]

**Griffin:** Can I steal you away?

**Rachel:** Yes.

[Griffin badly imitating the Home Improvement theme, over the actual theme]

**Griffin:** Got a couple sponsors here. Our first one is Third Love.

**Rachel:** Hey, can I talk about Third Love?

**Griffin:** I wish you would!

**Rachel:** I wanted to share some information.

**Griffin:** Yeah.

**Rachel:** So, we talk a lot about Third Love and their inclusive sizing, but I never get specific, and I wanted to get specific this week.

**Griffin:** I saw the number of bra sizes—

**Rachel:** 78 bra sizes.

**Griffin:** [singing and clapping] Trombones hit the counter point, and 110 cornets blaze the way! [singing quietly] And the rest of them rows and... rows and [unintelligible]—

**Rachel:** There should be a support group for wives of people that did musical theater.

**Griffin:** [laughs loudly] Listen, I wasn't in that number, okay? I did Gary Indiana and I did Wells Fargo Wagon. Anyway.

**Rachel:** 78 bra sizes, with bands ranging from 30 to 48, and cups from AA to I. A lot of times you go to a store, you see like, A, B, C, D, done. I.

**Griffin:** Yeah. I is up there.

**Rachel:** Yeah. Uh, Third Love doesn't just create new sizes just by scaling its existing measurements up or down. They fit each cup size on at least 20 different women with different body types and breast shapes to ensure its new styles are comfortable and beautiful at an I cup as they are at an A cup.

**Griffin:** That kicks ass!

**Rachel:** I know! I thought so. I have some Third Love bras, and they are... They're attractive bras, uh, and they're also very, very comfortable.

**Griffin:** Yeah.

**Rachel:** So if you're interested—

**Griffin:** I mean— I don't know why I said— I don't know how comfortable they are, but I believe you. You've never lied to me about stuff like this before.

**Rachel:** No!

**Griffin:** She's not a liar, people.

**Rachel:** Right! Third Love knows there's a perfect bra for everyone, so right now, they are offering listeners 15% off your first order. Go to [thirdlove.com/wonderful](https://thirdlove.com/wonderful) now to find your perfect fitting bra, and get 15% off your first purchase. That's [thirdlove.com/wonderful](https://thirdlove.com/wonderful), for 15% off today.

**Griffin:** Can I tell you about ZipRecruiter?

**Rachel:** Please do!

**Griffin:** Do you need a job?

**Rachel:** Um... No, but—

**Griffin:** But?

**Rachel:** There might be one out there for me that I don't even know about yet.

**Griffin:** Shit, babe, I didn't even think about that. You would up and leave this podcast and your other job so quickly if you found the right one. God, I hope that doesn't happen.

Well, please don't go to ziprecruiter.com, because ZipRecruiter, what they are like is like your own, personal recruiter that's there to help you find the best job, the best fit for you. Well guess what? ZipRecruiter's technology can do that for you!

Just not you. Please don't leave me.

**Rachel:** [laughs]

**Griffin:** You can just download the ZipRecruiter app. You let it know what kinda jobs your interested in, and it puts your profile in front of employers, and if an employer likes your profile, ZipRecruiter lets you know, so if you're interested in the job, you can apply. We usually cover ZipRecruiter's services from like, a more— from the employer's side of things.

**Rachel:** Yeah.

**Griffin:** But there's people— you know, there's people with resumes, putting 'em out there, that ZipRecruiter's taking, and they're zapping into their computer brains—

**Rachel:** Hey, it's graduation season!

**Griffin:** Fucking graduation season, people need it!

**Rachel:** A lot of people just finished their education, they're looking for jobs!

**Griffin:** Take their first steps!

**Rachel:** Mm-hmm.

**Griffin:** Like I did, into the TCBY.

**Rachel:** [laughs]

**Griffin:** And I had a lot of exciting prospects at the TCBY. Uh, but anyway, our listeners should download the number one rated ZipRecruiter job search app today, and let the power of technology work for you.

**Rachel:** Can I read some personal messages?

**Griffin:** Uh-huh?

**Rachel:** This message is for Lorelei, it is from Sam.

"Lorelei, when Barry Bluejeans said, "A love that defined and redeemed you," I felt that down in my soul when I met you. Thank you for being my best babearoo, the Lup to my Barry, and a great cat stepmom to your two new furbabies. Adventuring with you has been nothing short of wonderful! I love you so much, and happy two years."

**Griffin:** I mean, Barry didn't say— I said that. [laughs] I said that.

**Rachel:** Do you—

**Griffin:** You can chalk it up to Griffin. You said— remember that Gr— that totally dope, romantic shit Griffin said on the podca— I mean, you know?

**Rachel:** Do you feel that when you see people cosplaying? Do you walk over and you're like, "I made that."

**Griffin:** [laughs] "That's me!"

**Rachel:** "That's me."

**Griffin:** "Cosplay isn't— dress as me!"

**Rachel:** "I made that one, too."

**Griffin:** [whiny voice] "Don't be a— they're fake! I made them from my brain, that's me! Dress as me!"

**Rachel:** [laughs]

**Griffin:** [laughs] Uh, I have one here for Emma and it's from Kailey who says, "Hi Emma! Hopefully I've gotten you to start listening to Wonderful by the time this message airs."

I mean, they can listen to this episode whenever they want to. It'll be on the Internet forever, probably.

"Thank you for being such a good friend the last seven years, and going to Lizzo with me back in April, and for supporting me when I had that nip slip at D and B."  
[laughs]

**Rachel:** Wait, wait. Is that Dave and Buster's?

**Griffin:** [squeakily] I think it's Dave and Buster's!

**Rachel:** [laughs]

**Griffin:** [laughing] Uh— and then there's a frowny face emoticon. "Good lu—" I'm not laughing at you, by the way. Like, I'm laughing— I think I'm laughing with you, right? You included this your Jumbotron.

**Rachel:** Well, the abbreviation...

**Griffin:** Yeah.

**Rachel:** The abbreviation I kind of love.

**Griffin:** "Good luck on your move back to South Carolina, and I can't wait to visit. Love you bunches!"

That kicks ass, thank you for sharing that with us. Wow.

**Rachel:** Good message, Kailey.

**Griffin:** That's a great, great, great message.

[music plays]

**Speaker One:** Welcome!

**Group:** Thank you.

Thanks.

No problem.

Thank you.

**Speaker One:** These are real podcast listeners, not actors. What do you look for in a podcast?

**Speaker Two:** Reliability is big for me.

**Speaker Three:** Power.

**Speaker Four:** I'd say comfort.

**Speaker One:** What do you think of this?

[loud clanging]

**Group:** [groans]

**Speaker One:** That's Jordan, Jesse, Go!

**Speaker Two:** Jordan, Jesse, Go?

**Speaker Four:** They came out of the floor?

[thud]

**Speaker Four:** And down from the ceiling?

**Speaker Two:** That can't be safe.

**Speaker Four:** I'm upset.

**Speaker Three:** Can we go now?

**Speaker One:** Soon.

Jordan, Jesse, Go! A real podcast.

**Griffin:** Hey, what's your second thing?

**Rachel:** My second thing I think is gonna be a real hoot.

**Griffin:** Okay?

**Rachel:** It's songs that come with their own dances.

**Griffin:** All right.

**Rachel:** [laughs]

**Griffin:** Okay. This, uh, this makes a lot of sense now, why you asked me a very, very, very, specific question earlier today.

**Rachel:** I like— so, sometimes Griffin and I, because we want to be able to have a productive conversation, will send each other little teases.

**Griffin:** If we think the other person doesn't know what we are talking about.

**Rachel:** Yeah. And—

**Griffin:** What was— what was weird about this one is Rachel said, "Hey, do you remember this song?" and I was like— I listened to it and I was like, "Oh, yeah, I do." And you said, "Oh, 'cause I don't."

**Rachel:** [laughs]

**Griffin:** And I was like, "Why the fuck did you send me this link?"

**Rachel:** Well, I thought it would be more interesting if one of us remembered it.  
[laughs]

**Griffin:** Okay, yeah.

**Rachel:** So—

**Griffin:** First of all, if you have heard this song, you would remember it, because it's just the same three words over and over and over again for like, for two and a half minutes.

**Rachel:** It's more than that, Griffin.

**Griffin:** You're right.

**Rachel:** All right. So let me— let me take you on a journey.

**Griffin:** Yeah, please.

**Rachel:** So what I'm talking about are, uh, songs that— a lot of 'em you see at weddings. You know, like Electric Slide.

**Griffin:** Yes?

**Rachel:** And, uh, YMCA, for example.

**Griffin:** Right.

**Rachel:** Most of the ones that interest me— 'cause of course there was also the twist, uh, in 1960. Uh, but—

**Griffin:** Uh— we should clearly define— because I feel like there are some examples of bands where it's not necessarily just like, a one hit wonder. Like, I'm thinking of like, Apache by, um, Sugarhill Gang. I feel like that's it's own dance, but I don't think of that in this category. I just think of that being a song that has a dance associated with it.

**Rachel:** No, and I did— I did kind of do a screening, and what I realized is that when MTV became big and music videos became big, then just the number of these skyrocketed.

**Griffin:** Oh, okay.

**Rachel:** Because it was just people sitting at home watching it, and then like, taking it out to the club, you know?

**Griffin:** Yeah, the Macarena? Holy shit, yeah.

**Rachel:** Mm-hmm, so yeah, I have a whole list here. But I wanted to tell a little story about the Electric Slide.

**Griffin:** Okay?

**Rachel:** So, uh, the Electric Slide was, uh, created by Richard Silver. So, back in 1976, Neville Livingston wrote a catchy song called Electric Boogie for his buddy, singer Maria Griffiths. Then, choreographer Silver created the Electric Slide, a 22 step dance to the song that incorporated grapevines and a series of forward and backward steps.

But people began forgetting the final four steps, which are repeated steps, changing it to an 18 step performance. And so apparently, this Silver fellow became outraged by it.

**Griffin:** [laughs quietly]

**Rachel:** And started contacting people that had posted videos of themselves and others doing the Electric Slide and demanding that they are taken down.

**Griffin:** [laughs] Until they— until they remember the four forbidden ste—

**Rachel:** Yeah.

**Griffin:** Where the four steps like, four consecutive backflips?

**Rachel:** I can't figure it out. So, I watched the original music video for this, this Marcia— sorry, I may have Maria earlier. Marcia Griffiths's song, and I can't tell the difference, but it's very possible.

**Griffin:** There are four very, very, discrete— it's like, hand gestures like, down at your side, but they're so important to Silver.

**Rachel:** Apparently he reached out the websites and went and threatened them with lawsuits if they didn't take it down.

**Griffin:** So cool, so good.

**Rachel:** Uh, and he very specifically made 22 steps because he was born on January 22nd.

**Griffin:** Yes! Yes.

**Rachel:** [laughs]

**Griffin:** That's so cool and good.

**Rachel:** Uh, so yeah. So that's kind of, maybe the most notable example, but I have some other examples I would like to share.

**Griffin:** Yes, please.

**Rachel:** The Roger Rabbit dance.

**Griffin:** Oh, God. I don't remember that one.

**Rachel:** Are you familiar with it?

**Griffin:** Uh, the name is familiar but I don't remember the song or the dance.

**Rachel:** There's some like, kicking and arm pumping and shoulder movement?

**Griffin:** Oh, okay, yes-yes-yes-yes-yes-yes-yes.

**Rachel:** Uh, the rap group Gucci Crew II created the dance and introduced it in their 1987 song of the same name. They were also responsible, uh, for the Cabbage Patch.

**Griffin:** It seems like then they had sort of a niche that they were very good at filling.

**Rachel:** Mm-hmm. Uh, and then we kind of hit the heart of the 90s, and this is where it really, really takes off.

**Griffin:** Okay.

**Rachel:** Uh, so we have Tootsie Roll.

**Griffin:** Oh, yeah.

**Rachel:** 1994, that was the band The 69 Boys.

**Griffin:** Da— [delighted] The 69 Boys?

**Rachel:** Mm-hmm!

**Griffin:** [laughs] I didn't know!

**Rachel:** Oh, yeah.

**Griffin:** I didn't know, I should've known!

**Rachel:** The Macarena, as you mentioned, was 1994.

**Griffin:** Wow. We used to do that in our elementary school gym class as, like, warm up for exercise or sports.

**Rachel:** Did you know that that song is about a promiscuous woman?

**Griffin:** No, but I feel like most songs that I don't reali— that most songs I really like and then I don't realize that they're about promiscuous women are all about promiscuous women.

**Rachel:** Yeah, it's just— it's about a woman having affairs with multiple men. So it's just funny—

**Griffin:** Well, Mambo No. 5— Mambo No. 5 is about a man who has a lot of affairs with women, so I think it's—

**Rachel:** That all these like, children, like zombies in a high school gym, are doing this dance and...

**Griffin:** Well, listen. I think Lou Bega got away with it, but I think what's sauce for the goose is sauce for the gander.

**Rachel:** [laughs] Uh, Come on and Ride it, parentheses (The Train)—

**Griffin:** Oh, yes.

**Rachel:** 1995.

**Griffin:** Best name of a song, by the way.

**Rachel:** [laughs]

**Griffin:** "Come on and ride it."

[distantly] "What?"

"We gotta put the parenthetical at the end of this, guys, 'cause people keep asking us what it is."

**Rachel:** the song peaked at number three on the Billboard Hot 100 Singles chart. It ranked the Number One Song of 1996, Village Voice magazine.

**Griffin:** Village Voice, huh?

**Rachel:** Mm-hmm.

**Griffin:** Was like, "This is the best—"

**Rachel:** You remember the Train dance, though?

**Griffin:** Oh, yeah.

**Rachel:** It was just switching back and forth between elbow pointing.

**Griffin:** Essentially that's what we're talking about here. Uh, I remember that, yeah, but we would do it— my main, uh— this is weird, whenever I tell Rachel about this, but I roller skated a lot as a kid.

**Rachel:** Yeah.

**Griffin:** I went to the roller skating rink, like, a couple times a month, maybe a few times a month. Like, I was always there. It was very close to my house and I was decent at it, which you wouldn't know if you watched the MBMBaM TV show, where I'm pretty sure all of us ate shit over and over and over again.

But uh, we would do this song, and we would all try to skate in a line while trying to do that arm pump, uh, in rhythm. And uh, oh boy, that's a sight to see.

**Rachel:** [laughs] Um, there's also, you know, MC Hammer's dance, which I didn't realize was called the Typewriter, but it makes sense when you think about it.

**Griffin:** What?!

**Rachel:** Yeah.

**Griffin:** I have only heard it as like, the Hammer dance.

**Rachel:** The Hammer dance, no.

**Griffin:** Yeah.

**Rachel:** Yeah, it's called the Typewriter. Uh, and then we get to more recent ones. Uh, now I was not familiar with the Cha Cha Slide. The first—

**Griffin:** Oh, yeah!

**Rachel:** The first time I heard it at a wedding and everybody stood up and started doing it—

**Griffin:** [laughs]

**Rachel:** I was just looking around like, "What is happening?"

**Griffin:** That was Cupid Shuffle for me.

**Rachel:** Yeah.

**Griffin:** I feel like it— and that's, I feel like, how you know when you have passed the point of cultural relevance.

**Rachel:** Yeah.

**Griffin:** Because like, everybody has learned a dance that you've never even— you've never even heard of.

**Rachel:** Can I tell you something sad about the Cupid Shuffle?

**Griffin:** Yeah.

**Rachel:** So in 2007, that's when the Cupid Shuffle came out, the artist was named Cupid.

**Griffin:** Okay.

**Rachel:** In 2012, Cupid chose his own song for an audition to the third season of The Voice.

**Griffin:** Oh.

**Rachel:** And got up and performed it, and the four judges, you know, rejected him, and then CeeLo Green recognized him, and said, "Oh, you're Cupid! This is your song. Can you sing another song that proves that you can actually sing?"

So he was, I guess, trying to like, make a stab at another career, I guess, by performing his own song.

**Griffin:** I mean, he's good at his— he's good at singing Cupid Shuffle.

**Rachel:** I know, it's just a weird choice.

**Griffin:** It's a strange choice, but— and it didn't pan out for him, it sounds like.

**Rachel:** Yeah.

**Griffin:** But you gotta take those big swings sometimes, and I appreciate Cupid for that. What was the dance we did at, uh, Justin and Bristol's wedding, that was like the, uh, the line dance?

**Rachel:** Oh, Cotton...

**Griffin:** Cott— cotton...

**Rachel:** Cotton something Road?

**Griffin:** Cotton—

**Rachel:** Copperhead Road?

**Griffin:** Copperhead Road is what it was.

**Rachel:** Yeah.

**Griffin:** Th—I don't even know if you dip into that subgenre.

**Rachel:** I don't dip into the line dance culture.

**Griffin:** But country, country, I mean, that's fuckin—

**Rachel:** No, I stick mostly with hip-hop here on my list.

**Griffin:** Boot-scootin' boogie? Don't mind if I do.

**Rachel:** [laughs] So, uh, the song that I sent Griffin is the, uh... The song, by Webstar and Young B came out in 2009, called Chicken Noodle Soup.

**Griffin:** Chicken Noodle Soup.

**Rachel:** I was not familiar with this, and I watched the video like, maybe two or three times today, just kind of fascinated by it.

**Griffin:** It's a great fu— I think it's a fucking great song.

**Rachel:** 'Cause there's kind of two components, right?

**Griffin:** Yes.

**Rachel:** There's like, the rain down and then the clear it out—

**Griffin:** Yeah?

**Rachel:** And then... What is the—

**Griffin:** Then it's chicken— primarily chicken noodle soup, yeah.

**Rachel:** Yeah, with a soda.

**Griffin:** With a— yeah, with a soda on the side, yeah.

**Rachel:** [laughs]

**Griffin:** It's a badass song. Actually, I just—I was glad to have this song back in my life, 'cause that came out— shit, that came out like, uh, I guess the year I

graduated college, uh, and I remember... I remembered hearing it from those days where... You know, the party days. The fun party days.

**Rachel:** Yeah!

**Griffin:** Chicken noodle soup with soda— yeah, man.

**Rachel:** Yeah. See, 2009 I was like, already in Austin, you know?

**Griffin:** Yeah.

**Rachel:** Just like, totally oblivious to cultural phenomenon. Um, and then of course I would be remiss if I didn't mention things like, uh, The Dougie.

**Griffin:** Uh-huh?

**Rachel:** Gangnam Style.

**Griffin:** Yeah?

**Rachel:** Uh, Soulja Boy.

**Griffin:** Mm...

**Rachel:** Actually, Crank That, parentheses (Soulja Boy). Stanky Legg.

**Griffin:** Crank That (Soulja Boy) also occupies a space of... And I think Cupid Shuffle, I guess, I have just learned is also in this category of, "I've named this—"

**Rachel:** [laughing] I know!

**Griffin:** "The dance, after myself, as well." [laughs]

**Rachel:** Um, The Wobble, which I enjoy.

**Griffin:** Oh, The Wobble's great.

**Rachel:** Uh, Walk it Out, Lean Back.

**Griffin:** They became sort of easier to grok as time went on.

**Rachel:** Uh, the Whip and the Nae Nae.

**Griffin:** Yes.

**Rachel:** Which were right— introduced at the same time in that 2015 song—

**Griffin:** In the song that goes "Watch me whip, now watch me nae nae?"

**Rachel:** Yeah, right?

**Griffin:** Yeah, they both appeared in that one.

**Rachel:** Part of me wondered—

**Griffin:** It wasn't like Pokemon Red and Blue where it was like, "Listen to this song to hear about the whip—" [laughs]

**Rachel:** I didn't know— sometimes when you hear— that's what's kind of magical about these songs.

**Griffin:** Yeah?

**Rachel:** Is 'cause you hear them, and when they're like, you know, "Do the Stanky Legg," you're like, "Was this a thing before the song, and now I'm just hearing about it through the song?"

**Griffin:** Oh! Well, there's a good mnemonic device that I use.

**Rachel:** [laughing] Okay.

**Griffin:** To remember that, and it's— uh, it goes, "No."

**Rachel:** [laughs]

**Griffin:** "It came out with the song. They invented it with the song."

**Rachel:** I always, like—

**Griffin:** It wasn't like somebody was like, "You know what dance I like so much that I'm gonna write a song about it? The Stanky Legg. Remember? We do that at our— we used to do it at our church box socials, and then we haven't seen it in a long time. I'm gonna write a song about the Stanky Legg we used to do."

**Rachel:** It's just— it's kind of amazing, and maybe it's 'cause I came up in this time period of like, you know, the, the Butterfly and the Tootsie Roll. Like, these dances where all of a sudden I was very aware of music culture, and I wondered, like, "Is this— has this dance always existed, and I'm just hearing about it now?"

**Griffin:** Yeah. I... I love these songs. I've— I have had a very good time talking about them, and I also, like— I aged out of it so quickly, but there was a part of— of your heart when you are a very awkward young man who is not very good at dancing, and you're at a wedding that, you know, some of your older friends or parents' friends or whatever are getting married, and then the fuckin' Cha Cha Slide comes on, and you're like, "I know how to interface with this. I know how to interface responsibly with this song, in a way that is acceptable, and I can get up there and have this dancing simulation." Uh, it makes you feel good.

**Rachel:** It's so funny, 'cause you and I, when we were putting together our wedding playlist, were really particular and we were very explicit of like, "We don't want, you know, the Chicken Dance or whatever at our wedding."

**Griffin:** Yeah.

**Rachel:** But, if the Electric Slide had come on?

**Griffin:** The Electric Slide slaps, okay? Electric Slide is the best of us—

**Rachel:** I wouldn't have been mad about it.

**Griffin:** Yes.

**Rachel:** Yeah.

**Griffin:** Uh, but yeah. I— and then I, like, immediately got like, you know, bratty and eye-rolly about it like, [mockingly] "Oh, the Cha Cha Slide?" But the Cha Cha Slide was there for me—

**Rachel:** Yeah!

**Griffin:** When I needed it. I just wasn't there for the Cha Cha Slide when I got married. Um, can I tell you about my second thing?

**Rachel:** Yes.

**Griffin:** Decks. Talkin' bout decks. These are the outdoor rooms without walls that have wood floors that you stand on.

**Rachel:** Oh! What a— oh, I thought you were talking about skateboard decks. [laughs]

**Griffin:** I can talk about decks if you want me to. I can talk about decks in trucks and all the components.

**Rachel:** Yeah.

**Griffin:** Actually I can't. Axles, I think, are a part of it? Um—

**Rachel:** It's, uh, also what you call the TV show Dexter.

**Griffin:** Uh, yeah. And you know I love that one.

**Rachel:** [laughs]

**Griffin:** Um, no, I want to talk about decks, the thing you have, the sort of, uh, the— the half room, the vestigial sort of—

**Rachel:** Yeah!

**Griffin:** Just floor. It's just floor, isn't it? If you think about it.

**Rachel:** Uh-huh.

**Griffin:** You don't really have too much other places in your house where it's just like—

**Rachel:** Just no— no roof, usually.

**Griffin:** Now it's just floor. Isn't that weird?

**Rachel:** [laughs]

**Griffin:** Um, it is— I mean, it's basically summer here in Austin. Uh, it's been summer, I guess, for like, uh, about a month now, because that's how Texas does it, and I don't know. I just— around this time of year I just start feeling very grateful for the existence of the, the humble deck.

I love a deck. I love, uh— I love its specialty usages. I love that you're only usually havin' a good time out on a deck.

**Rachel:** That's true.

**Griffin:** You don't go out on a deck to do anything bad. You don't go out there to do your taxes. You go out there to— to party and hang out and enjoy the weather, without havin' the touch the ground with your feet!

**Rachel:** [laughs]

**Griffin:** 'Cause that's where the grass and mud and dirt and bugs live! You know what I mean? It's like one, big, wooden shoe that everybody gets to stand on and protects them from the grass and the bugs.

**Rachel:** Yeah.

**Griffin:** And I like that!

**Rachel:** Yeah.

**Griffin:** I like that about decks.

**Rachel:** Bein' up high, you know?

**Griffin:** A pie can be out there, yeah, sure.

**Rachel:** [laughs] No, up— up— [laughs] up high?

**Griffin:** Oh, I thought— [laughs loudly] I thought you had just sort of added the most adorable, like, little expansion pack to my thing.

**Rachel:** [laughs]

**Griffin:** "And sometimes a pie can be there."

"Thank you, yeah, sure!"

**Rachel:** [laughs] No, being up high.

**Griffin:** Yeah, sure. Being a pie would be weird, man, because everybody would wanna eat ya!

**Rachel:** [laughs]

**Griffin:** Uh, we have a deck on our house, and it was one of the big sort of purchase decisions for me, when I saw this deck, lookin' out into the— out into the nature. I was like, "Hey, that's pretty good! That seems like it'd be a good deck." And we've done some work on it, got a stain—

**Rachel:** We did!

**Griffin:** Got a bench, like, built in to, uh, the side of it, and got a grill, got some new furniture, got some shades— we've done— okay. We've invested most of our investments in this house—

**Rachel:** Yeah, yeah.

**Griffin:** They've all been deck-based, and— and it's all been good, because it's so nice to be out there. You can get that Vitamin D, but still be close to all your— you're close to your toilet, and all of your house stuff. It's just a door away? It's great, and, um, I don't really have too much else. It's just like, a party platform.

I was looking, like, why it's called a deck, and the answer was so anticlimactic, because it's literally just called that because that's what a ship's deck is called, and they're basically— serve the same function.

**Rachel:** Oh.

**Griffin:** It's the deck of your house...ship.

**Rachel:** Did you look up the history of decks?

**Griffin:** I did my best. Here's what I found, uh, on like, uh, thisoldhouse dot... dot... dot work.

Uh, back in the 70s, uh, decks were just a very, like, utilitarian construct, uh, where it was just like, "Here is a big slab— here's a big wooden pallet outside of your house that the grill lives on, because you can't do that inside of your house, or it will burn down." That's kind of, like, all that we were working with there. It was just this wood, like, extension where you could do your grilling.

Then in the 80s is when, uh, architects started to say like, "Hey, we could just treat this like any other room. We could introduce some architectural complexity into this, and expand beyond the, the, the, uh..." What was the word? There was a word for— "Rectilinear form. The rectilinear form of the classic deck, and like, start gettin'— start gettin' wild with it." So you start getting some, you know, some different shaped decks!

**Rachel:** [laughs]

**Griffin:** You started to get some, uh, you know, semi-octagon decks. You started to get some—

**Rachel:** You get that deck magazine, and it's got the centerfold, and you fold out, and man, those— those shapes on those decks!

**Griffin:** Ohh, yeah. Yeah, those decks go all the way to the ground.

**Rachel:** [laughs]

**Griffin:** Uh, and so I guess they started to get more clever, and then today, there's all kinds of deck innovations.

**Rachel:** Yeah.

**Griffin:** We can talk about composite materials that the decks can be made out of, uh, which require less wood because there's, you know, mixed in there with plastic, although that introduces its own sort of, uh—

**Rachel:** Well, but it's more resilient to the elements.

**Griffin:** It's more resilient. It's good for us, because the bugs aren't gonna chew through it and the rain is not gonna blast it off. In terms of it being, like, an ecologically, like—

**Rachel:** Yeah, well, yeah.

**Griffin:** Uh, better option, I think you're kind of robbing Peter to pay Paul, but, uh, it's— I mean, it's a good, solid deck. We got one, and uh, it's... You know, it's not the norm. I think— what was the status? Oh, 15% of decking materials sold in the US today is, is composite or synthetic in some way. Uh, so, you know, we're moving into the future. Who knows what these bad boys are gonna be made out of— [laughs]

**Rachel:** [laughs]

**Griffin:** Come 2025, you know? Holograms.

**Rachel:** I like that you left yourself open a little bit, that if you wanted to next week talk about deck furniture, you still could. [laughs]

**Griffin:** Yeah, I think I'm gonna have to s— come to deck furniture now, just to get enough sort of, uh, meat off of this particular bone. Um—

**Rachel:** We have invested in a lot of poorly made, like, terrible deck furniture, until very recently.

**Griffin:** Mm-hmm.

**Rachel:** We would go and we would just buy stuff, and literally by the end of the summer it would be garbage. [laughs]

**Griffin:** It would be trash, yeah. We got one season of—

**Rachel:** We finally made the decision of like, "Let's actually do something that will last more than one year."

**Griffin:** 'Cause we like a deck!

**Rachel:** Yeah, we like a deck!

**Griffin:** We like bein' on a deck!

**Rachel:** We like a deck.

**Griffin:** We like a deck, and there's some furniture— in fact, most of the furniture that is on deck? You can't put anywhere else. You can't put grill inside house, as we've established already. You can't really put patio furniture inside house. You can't have big umbrella inside house.

**Rachel:** Ooh, but the rug. The rug can go inside.

**Griffin:** Okay, but it's th— an outdoor rug, so it's gonna be too scratchy on your feet, so, nice try. Hammock? You probably don't have one of those in your house. You know what I mean?

**Rachel:** Yeah.

**Griffin:** Stuff that live on deck is deck stuff, and that's what makes it its own little foreign country.

Uh, the true enemy of decks are mosquitoes, which I hate more than anything in the world. Uh, mosquitoes love our son... the most—

**Rachel:** Yeah.

**Griffin:** And, uh, turn him into just a big, big lumpy man, uh, every time he crosses the threshold of a building.

**Rachel:** Yeah.

**Griffin:** Uh, and they bite me up, too, and I don't enjoy them, but I still—

**Rachel:** Would you believe that I also get bit by mosquitoes?

**Griffin:** Some people get bit more, by mosquitoes.

**Rachel:** Oh yeah?

**Griffin:** I get bit more than you do.

**Rachel:** Oh, you think so?

**Griffin:** I'm taste— I'm tastier.

**Rachel:** Oh yeah?

**Griffin:** I have a better— I have a better taste to the bugs. To the discerning bug proboscis.

**Rachel:** Okay. [laughs]

**Griffin:** Uh, anyway, I don't care. I will still go out on deck. I will have some sort of device that will scare away the mosquitoes if I can help it, but—

**Rachel:** Yeah.

**Griffin:** And that speaks to how much I enjoy decks, is that I'm willing to put up— I'm willing to give of my body, to be on them. I'm willing to give of my blood, and my humors, to the elements, just to be on decks. Decks are good. Haters, back off.

**Rachel:** [laughs] You think there's a big anti-deck contingent out there?

**Griffin:** Probably! Probably. There's probably some people like, "I wanted him to talk about basements."

**Rachel:** [laughs]

**Griffin:** Basements are pretty fuckin' choice, though.

**Rachel:** Basements are great. We just don't have them in Texas.

**Griffin:** We do not. Anyway, uh, you know what we do have is some submissions, from our friends at home.

**Rachel:** Ooh, good!

**Griffin:** Uh, Caroline says, "It's finally summer here in Minnesota, so I wanted to tell you how much I love summer rainstorms. The best type of summer rainstorm is the one that hits around four or five PM and breaks the heat after a long, hot,

and humid day. It's always relaxing to listen to the rain after a long workday, and it always makes our non-air-conditioned house much cooler."

Uh, we had one of them.

**Rachel:** Yeah.

**Griffin:** We had one today!

**Rachel:** We did!

**Griffin:** We had a nice one. I don't know that it broke the humidity. It was still like, swampy as the devil's... nuts out there.

**Rachel:** Oh!

**Griffin:** That was disgusting.

**Rachel:** It was, Griffin. I expect more from you.

**Griffin:** Can I try again?

**Rachel:** Yes.

**Griffin:** It was Shrek-like out there, and I didn't like it.

**Rachel:** [laughing] Okay.

**Griffin:** But it did cool off, and I had the good rain smell and sound. Can't beat that.

Julia says, "My small wonder for this week is laundry smell. I just moved, and I am living by myself for the first time. My apartment is above the laundry room, and always smells like fresh laundry. It's a such safe, comforting smell."

That is such a good situation.

**Rachel:** Yes, I bought an air freshener for my car once that was like fresh laundry.

**Griffin:** Ooh! How was it? A little cloying after a bit? Like all air fresheners in cars?

**Rachel:** I mean, it's not the same, you know?

**Griffin:** No. Yeah. Have you ever thought about—

**Rachel:** I do— I do love that. Like, that's the first thing, when I get clothes out of the dryer, I just like, stick my face right in there.

**Griffin:** Oh, yeah, Henry will, when we do his, his laundry and dump it out on the floor, he will just like, dive into it and start rolling around in it, and I look at him and I'm like, "God, I wish I was that size, that I could just really envelop myself in laundry like that. I wish I was just a little two and a half foot tall lil weirdo. God, that'd be nice.

Michelle says, "Something I think is wonderful is starting a new compact of makeup. The surface is smooth, the sponge is unsullied. It's the cosmetic equivalent of a new jar of peanut butter."

**Rachel:** Oh...

**Griffin:** Oh, yes. I mean, my only sort of like, attachment to this was— was stage makeup—

**Rachel:** The peanut butter. Oh, I thought you were gonna—

**Griffin:** [laughs]

**Rachel:** I thought you were gonna say, like—

**Griffin:** Oh, the peanut bu— do you eat makeup? I forget which one that is. Uh, yeah.

**Rachel:** And tell me about your stage makeup, Griffin.

**Griffin:** I just would get excited when I got a new thing of stage makeup. And it'd be— you know, 'cause it's a— it's a whole, just like— just like, uh, just blocks of possibilities. What can I do with my face? Whatever I want. It's stage makeup.

**Rachel:** [laughs] I found— so I— the one year in high school I decided to do crew on a play, and so I assigned myself to do makeup, and like, nobody wanted anyone else to do their makeup.

**Griffin:** Hmm.

**Rachel:** Every single person was like, "I'll do my own, thanks."

**Griffin:** I did, for like, the eye components of it, 'cause yuck. I don't wanna touch that stuff.

**Rachel:** Oh, okay.

**Griffin:** I don't wanna touch my eyeballs with a pencil! That's— are you kidding me?

**Rachel:** [laughs]

**Griffin:** That's what I see with! And that's a pe— and that's a— that, there? That's a pencil! What are you doing?

**Rachel:** That's also why you never did contacts, right?

**Griffin:** Yeah.

**Rachel:** You don't like it—

**Griffin:** Those are my eyes! I don't have skin on them, all the time. I do with the eyelids, I guess, technically is that. But it's just like, exposed jelly from myself. You know what I mean?

**Rachel:** Yeah.

**Griffin:** It's like two little parts of my brain that you can touch, if I'm not fast enough.

**Rachel:** Yeah. [laughs]

**Griffin:** So like, no, I don't think I'll have a pencil in there today, thank you very much. Are you sure? You want to do it? A pencil— that's your eyeball, and a

pencil is sh— has to be sharp in order to function. And it's your eyeballs! I just don't— I don't get it.

**Rachel:** Yeah. I don't know what to tell you.

**Griffin:** I appreciate it, you know. Like, if that's— do it, you do you, I'm not judging. I just— puttin' a pencil in eyeball is not for me, I guess.

**Rachel:** Yeah.

**Griffin:** I— you know what is for me?

**Rachel:** What?

**Griffin:** Our theme song, Money Won't Pay, by Bo En and Augustus, who are letting us use it for our show. You can find a link to that in the episode description. What else, though?

**Rachel:** Oh, I wanted to thank Maximum Fun!

**Griffin:** Okay.

**Rachel:** Thank you, Maximum Fun, for hosting our show, and hosting tons of other great shows. Shows like Friendly Fire, and Who Shot Ya? and, uh, Switchblade Sisters, and many more!

**Griffin:** So many more. All—

**Rachel:** At [maximumfun.org](http://maximumfun.org).

**Griffin:** At [maximumfun.org](http://maximumfun.org). We have other stuff at [mcelroy.family](http://mcelroy.family). Got a few tickets still on sale for the MBMBaM and, uh, TAZ live shows that we're doin' across this great country of ours, for our Become The Monster tour, all at [mcelroy.family](http://mcelroy.family).

Oh! We are gonna be opening up for Jordan, Jesse, Go!

**Rachel:** Yes, this month!

**Griffin:** Yes, this month they are gonna be performing here in Austin Texas, and Rachel and I are going to, uh— are we opening, or are we just gonna be guests on the show?

**Rachel:** I think we're guests on the show.

**Griffin:** I think we're guests on the show, yeah. So Rachel and I are going to be guests on the show.

**Rachel:** But we will be opening up emotionally.

**Griffin:** My heart will be open to those in attendance, and it'll be really fun. Uh, I'm not exactly sure what the exact date of it is, but, uh, I believe we—

**Rachel:** It's June 29th.

**Griffin:** It's— yes. That sounds right to me. We just tweeted about it from the McElroy Family channel, so you can— uh, the Twitter, Twitter feed, so you can find details there, so, yeah! Uh, anything else?

**Rachel:** Nope!

**Griffin:** Okay. Hey, y'all. That's a wrap. Cut it out. Till next time, s— good night, and good ducks. Did I say good ducks?

**Rachel:** No...

**Griffin:** That's nothing. That's nothing.

**Rachel:** No, that's adorable, hey.

**Griffin:** What if it was like, [deep voice] "Good night, and good ducks." And then everybody's like, "You mean— it's 'luck.'" And Edward R. Murrow like, stood up, and he was holding two beautiful baby ducklings.

**Rachel:** [laughs]

**Griffin:** And then he's like, "Now do you think I'm a communist? I have two very sweet ducks."

**Rachel:** And then maybe next week he has bucks, and like, you know, the male deer?

**Griffin:** Yeah.

**Rachel:** "Good night, and good bucks."

**Griffin:** Yeah! What other words rhyme with that?

**Rachel:** [laughs] I could do this all night.

**Griffin:** Yeah, man! Me too.

[theme song plays]

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**Carrie:** [imitating static... badly] This is NASA. I see a flat earth, but we should lie to everybody about it and say it's round, 10-4.

**Ross:** Maximum Fun brings you the latest podcast, an expose on the flat earth.

**Carrie:** [imitating static... I think] I want to take advantage of humankind and make them believe a lie so that they will trust us, the government. [imitating static???)

**Ross:** It's all an elaborate lie, and when you get on a plane, they purposefully fly you farther than you need to go.

**Carrie:** It's disgusting! It needs to be stopped, and if you listen to Oh No, Ross and Carrie! we will tell you the truth behind the lies.

**Ross:** Just kidding.

**Carrie:** No, we won't do that. We will just tell you the truth behind the truth, because what we do is we look at extraordinary claims!

**Ross:** That's right! We've gone undercover with alternative medical treatments, fringe religious groups, fringe science claims, spiritual, paranormal— we're there to check it out and let you know what happens.

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**Ross:** It's Oh No, Ross and Carrie!

**Carrie:** At [maximumfun.org](http://maximumfun.org)!