

Still Buffering: How to Internet

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[theme song plays]

Rileigh: Hello, and welcome to Still Buffering, a sister's guide to teens through the ages. I'm Rileigh Smirl.

Sydnee: I'm Sydnee McElroy.

Taylor: And I'm Teylor Smirl.

Rileigh: And I'm itchy.

Sydnee: This is just gonna be the whole show, is Rileigh complaining about how itchy she is.

Rileigh: I'm so sorry. I can't stop thinking about it. I don't know what's happening to my body, but within the past 20 minutes, I'm covered in itch.

Sydnee: I'll tell you what's happening to your body.

Rileigh: What?

Sydnee: Karma.

Rileigh: For what?

Sydnee: For skipping out on the show last week...

Rileigh: Hey!

Sydnee: ...to go to the beach!

Taylor: Oh, no.

Rileigh: Is that really it? I've never had an allergic reaction before, and now I am.

Taylor: It's an allergic reaction to shirking your duties as a podcaster.

Rileigh: That's what happened. I walked into Sydnee's house, and it just hit me.

Sydnee: Your histamine chickens have come home to roost.

Taylor: Hohoho.

Rileigh: It itches so bad!

Sydnee: I don't know what Rileigh's allergic to. I know I'm a doctor, and I should figure this out, but often— hey, here's a little sneak peek. A lot of the times, as physicians, we will try to help you puzzle this out, but the Sherlocking ends pretty quickly, because we treat most allergic reactions the same way, and who knows. I just want to make sure...

Rileigh: I would like to know!

Sydnee: I mean, I want you to know. I will continue, but in the meantime, we got Benadryl and hydrocortisone, and we are on a clock until that Benadryl kicks in. [laughs]

Rileigh: We are on a clock. I took 50 milligrams of Benadryl.

Taylor: Uh-oh. Uh-oh!

Rileigh: We got a time crunch, ladies, Rileighs gonna pass out in the middle of the show.

Taylor: After it clears up, you just have to try to eat everything that you ate today again, and see what does it.

Sydnee: One at a time.

Rileigh: That's the thing. The only thing I've eaten today is this crepe— well, first, Justin just gave me a dry crepe and was like, "Do you want this?"

I was like, "Sure, but..."

Sydnee: That's not very nice.

Rileigh: Okay. And he was like, "Well, that was weird. Let me put some stuff in it." And then he put some nut butter in it.

Sydnee: Homemade— we made some homemade nut butter.

Rileigh: Homemade nut butter.

Sydnee: Uh-huh.

Rileigh: And it's delicious, but I guess there's nothing in it I'd be allergic to. I don't know.

Sydnee: We've gone through the nuts. As far as we know, Rileigh's had all of these nuts many times, and she didn't have a nut allergy. It's got powdered sugar, can't imagine you're allergic to that.

Rileigh: Mm-mm.

Sydnee: Or crepe, 'cause it's just like what's in a pancake, but thinner.

Rileigh: Yeah.

Taylor: Nope. Allergic to crepe. You're—

Rileigh: Allergic to crepe. [laughs]

Taylor: Allergic to pretentious pancakes.

Sydnee: [laughs] Yeah, I don't—

Rileigh: And I'm sick. I went to the beach for a week, and as soon as I get back, the day I get back, I get sick and get a cold, and then two days later, I get an allergic reaction.

Taylor: Wow...

Sydnee: Karma.

Rileigh: I'm sorry.

Sydnee: I don't actually believe in karma, but still.

Rileigh: That's what happened.

Sydnee: No, you're gonna be okay.

Rileigh: I'm itchy.

Sydnee: Again, Rileigh is not having any respiratory symptoms, which is why I can joke about this.

Rileigh: Yes. 'Cause I'm not gonna—

Sydnee: She's just got hives, and she's itchy. Uh, PSA, if you at home do have an allergic reaction, though, please do not just joke about it, as I am doing. It may be serious, especially if you have trouble breathing, tightness in your chest, chest pain, or any sort of gastrointestinal symptoms like nausea, vomiting, diarrhea, abdominal pain, please go see a doctor immediately, and don't just make jokes about it on a podcast.

Rileigh: Like Sydnee, as a physician and as my older sister, is doing.

Sydnee: [laughs]

Taylor: Well, you're basically at the doctor.

Rileigh: Oh, yeah.

Taylor: It's just Sydnee's your doctor.

Sydnee: It's the kind of doctor where I had to look at the Benadryl and go, "Is this expired? Oh, no, we got another month! We got another month on this, it's good!" I keep a— this is the problem. I keep a medical kit in the house of stuff that we don't really need most of the time, a just-in-case kit, and if you don't need it most of the time, stuff expires.

Raleigh: It expires.

Sydnee: And that's a pain. But our Benadryl's still good, don't worry.

Taylor: Good.

Sydnee: You're fine.

Taylor: You're fine.

Raleigh: It means I'm gonna not be able to podcast here shortly. So uh...

Sydnee: So while we try to puzzle out Raleigh's allergic response... By the way, can I ask you sisters, have you had the new chocolate?

Taylor: What?

Raleigh: What?

Sydnee: There's a new chocolate.

Taylor: A new chocolate?

Sydnee: Yes.

Raleigh: Chocolate 2.0. No, I have not.

Sydnee: There's a new chocolate. You know, there's dark chocolate, there's milk chocolate, and there's white chocolate.

Rileigh: Yeah.

Sydnee: Now there is ruby chocolate.

Taylor: Oh, yeah. That's been a thing in Japan for a while.

Sydnee: It is just gonna go up for sale in the US very soon.

Rileigh: What is it?

Sydnee: It's from a whole new cocoa bean, the ruby cocoa bean.

Rileigh: Oh.

Sydnee: We got— I found some, thank you internet. I found some on the internet. Uh, with— it's pink. It's a Twix bar. That was the only kind I could find— or not a Twix bar. Sorry, a Kit Kat.

Rileigh: Mm. Mm-hmm.

Sydnee: It was a Kit Kat. That was the only form of ruby chocolate that I could find easily available, was the kit kat, and so I got a pack of Kit Kats off of Amazon and uh, we tried it. It's very interesting. It's kind of tangy.

Rileigh: Ooh. Weird.

Sydnee: Yeah. It's got, like, a fruity, soury note to it. I thoroughly enjoy it.

Rileigh: There are more bumps on my body! They keep spreading! [sighs]

Taylor: Well, Rileigh, we already covered that topic, so...

Rileigh: I know. I'm sorry. I just—

Sydnee: And I just had come up with the smoothest...

Rileigh: I'm so sorry.

Sydnee: ...cleverest transition.

Rleigh: I just— I looked down at my legs, and now they're on the bottom half of my legs, not just the top, and everything is— I might be dying. I don't know.

Sydnee: You're fine.

Rleigh: I might be dying.

Sydnee: I'm right here. You're fine.

Rleigh: [laughs]

Sydnee: I have an EpiPen upstairs.

Rleigh: Oh, good. Good.

Sydnee: You don't need it, but you're fine.

Rleigh: We were talking about finding chocolate on the internet.

Sydnee: And the thing is, sisters, we live in a remarkable time. Because I saw on— displayed on our Alexa was a headline, "New chocolate to be introduced into the US."

And I said, "Ooh, Alexa, tell me about the new chocolate." And then my Alexa read a news story to me about the new chocolate, and I got very excited, went on my phone, went to Amazon, found Kit Kats made of the ruby chocolate, and clicked one-touch ordering and had it in my house two days later. It truly is an amazing time we live.

Rleigh: The magic of the 21st century.

Sydnee: In which we live. It's incredible. Thank you to the internet.

Rleigh: Yes.

Sydnee: For making all of this possible.

Taylor: For some things. Sometimes. [laughs]

Sydnee: Well, I mean, the internet giveth, the internet taketh away.
[laughs]

Taylor: The internet yell into a void, mainly.

Sydnee: We have learned so much about each other on the internet, and this is both wonderful and terrible.

Taylor: Yes.

Sydnee: The internet, "I am the destroyer of worlds."

So we thought we would— I thought that was a good transition to talk about the internet.

Raleigh: Yeah.

Taylor: Yeah.

Raleigh: That was good. I mean, you just said what it was, but...

Sydnee: Well, you did the whole thing, you interrupted us with your hives again, so...

Raleigh: I'm so— [laughing] you're a doctor!

Taylor: Interrupting hives.

Sydnee: I— if you were my patient in the office, I would be much more— my bedside manner would be better, but you know, you're my sister, so I can tell you, "Oh, you're gonna be fine. It's no big deal. Don't whine."

Raleigh: But I'm your sister.

Sydnee: I know. I love you.

Rileigh: That's the real secret about knowing someone who works somewhere. They're not gonna treat you better, they're just gonna treat you worse.

Sydnee: I'm one of those doctors who's like, everything is no big deal, when it's like, "Oh, it's fine. It's fine. Don't worry. I've seen 10 times worse, it's fine."

Um, anyway...

Rileigh: It's going to become one giant hive.

Sydnee: We've never devoted an entire episode of this show to the internet.

Rileigh: We have not.

Sydnee: We have talked up around it and about it on many other episodes, but you know, it's an interesting delineation. We talk a lot on the show about generations, about millennials versus Gen Xers versus Gen Yers versus the possible microgeneration that I and maybe Tey, you, belong to, the Xennials.

Taylor: [laughs] I don't like that, 'cause it has the word "egg" in it.

Sydnee: Well, no, it's Xennials.

Taylor: You said Eggxennials.

Sydnee: It does sound like Eggxennials. No, Xennials. It's a little generation that's smushed between Gen Xers and millennials. And if you read like, thinkpieces about it, it felt very appropriate for me personally. Um, but a lot of that is delineated by the internet, by growing up with or it becoming part of your youth, or it becoming part of your adulthood. Like,

how did you interact with it first, and how did it enter your root system, so to speak?

And so we're using the internet to define our relationship with like, society and human history in that way. Right? 'Cause that's what our concept of generations does.

Rileigh: Yeah.

Sydnee: And so I think it is worthy of an episode unto itself.

Rileigh: I agree. I'm glad we all agree.

Sydnee: Thanks.

Rileigh: Me, too.

Sydnee: I uh— [laughs]

Rileigh: [laughs]

Sydnee: Obviously, for myself, my early kind of concept of what the internet was, was— well, one, it was only something you could access through AOL. [laughs] I remember it took me a long time to understand that you could get to the internet not through AOL.

Taylor: Yeah.

Sydnee: Do you remember that concept, that like, the only way to get there is like, you sign onto America Online and now you're on the internet?

Taylor: Well, and I think— I think AOL probably invested a lot of effort into making us all believe that. Because it— yeah. It was like, "Wait, you could just click that little Earth button and that works too?"

Sydnee: And then it was like, "What do you once—" I didn't even know to do that. I remember learning that at school. We had a class— we had a computer class in middle school, and in our computer class, we largely

learned how to do Excel spreadsheets. Um, I don't know if we learned anything else.

Rileigh: Excel.

Taylor: Yeah, I don't really remember in class learning anything about the internet.

Sydnee: No, we did like a— Excel spreadsheets and typing, right? Like, it was partially like a typing class.

Taylor: Yeah. Mavis Beacon, or Teach to Type. I believe that's what that program was. What?

Sydnee: [laughing] I think so.

Taylor: I think I'm right? And I never met—

Rileigh: That's a deep memory.

Taylor: I never met Mavis in question, I just know that... anyway.

Sydnee: That sounds about right.

Taylor: 'Cause I don't think I'm very good at it.

Sydnee: We may have learned PowerPoint. May— I don't even know that I learned PowerPoint.

Taylor: I definitely learned PowerPoint. Um...

Sydnee: We may have dabbled in PowerPoint.

Taylor: All of these are kind of like— most of the skills that we were learning on computers were like, seconds away from being completely useless, I feel like.

Sydnee: Mm-hmm.

Taylor: But that's just... when we had computers, but we really couldn't do anything cool on them yet.

Sydnee: Yeah.

Taylor: It was like, "Make a spreadsheet."

Sydnee: All I wanted to do was get back into the paint program.
[laughing] 'Cause that was all, like, everybody wanted to do at that point in time. "What fun stuff can you do on a computer?"

"Well, there's paint. And you can paint things, and then you can do Wingdings on there."

Taylor: Yeah. And then you—

Sydnee: And that's—

Raleigh: Yeah.

Taylor: And then you play Minesweeper. That's—

Sydnee: Yes. Minesweeper.

Taylor: For hours.

Raleigh: Did anyone ever really know how to play it?

Taylor: Yeah!

Sydnee: I am excellent at Minesweeper.

Taylor: [laughs]

Raleigh: It was one of those things that was on the computer that, like, I never really took the time to learn how to play...

Taylor: Aggressive.

Rileigh: ...it just kinda clicked.

Sydnee: [laughs]

Taylor: I mean, it's pretty quick on the pickup there, kiddo. You just don't explode.

Sydnee: [laughs]

Rileigh: Did that just make me sound really dumb? I thought it was relatable.

Sydnee: No, I remember a time when I first opened Minesweeper, and it doesn't like, give you instructions right off the bat.

Rileigh: There's no tutorial.

Sydnee: Yeah, there's not a tutorial. Or at least, if there was one, it didn't just like— it didn't just pop up.

Rileigh: Yeah.

Sydnee: I mean, you could probably find it, but I do remember the moment that I first opened Minesweeper and stared at that gray square filled with tiny gray squares, and thought, "What?"

Rileigh: [laughs]

Sydnee: [laughs] "What?" And then, like, you click one, and it explodes, and you're like, "Oh."

Rileigh: "Did I just lose?"

Sydnee: "What?" Like, I do remember the moment before I figured it out...

Rileigh: Yeah.

Sydnee: ...where I was like, "I don't... what?"

Rileigh: Now I know how to play, but...

Sydnee: There's a new one. I got it on my phone. It's great.

Taylor: Yeah. Yeah.

Sydnee: Uh, but no, you're right, Tey. I don't think they taught us about the internet at all.

Taylor: Well, 'cause I think it was still kind of considered— like, I don't think the old people that were writing our curriculum thought that this was going to be something that would be anything more than a distraction in our lives. Like, now, I would say it's moved into the center of our lives. I mean, so we've talked about this before, kind of the flip of like, for the first few years, the internet was sort of this dark void that you could do a lot of, like— it was kind of a secret place.

Like, yeah, we were all on there, but no one recognized each other. Whereas now, with a complete flip of it's kind of at the center of all of our lives. Our social media, our identity, everyone's personality exists on the internet now.

Sydnee: Yeah. No, I think you're exactly right. And in those early days, it was really not— I don't remember any of my teachers being, like, the hip, progressive, forward-thinking teacher who tried to tell us, "This is the future, man. You gotta get an AOL handle." I don't remember anybody talking about it.

Taylor: It was very much pushed back against, I feel like. 'Cause it was— like, when you're researching something. If you used computers as a source, if you used websites as a source of information, it was either not allowed, or you would have to like, have X amount of books opposite every website you use.

Sydnee: Yeah.

Taylor: Which, that was just crazy, the thought— I mean, like, just going in a library and going around— like, hoping to research something for like a biography paper that you're writing. There was always the part like, do they really expect me to read these, like, six books that I found on the subject? 'Cause you're telling me I need six books just to like, you know...

Sydnee: Yeah.

Taylor: And I'm not gonna read all of 'em. I'm just gonna...

Sydnee: Well—

Taylor: ...look up one article on the internet, and then I'm gonna write these six books down. That's what I'm gonna do.

Rileigh: Mm-hmm.

Sydnee: It's also the concept— I mean, a lot of it too has to do with, like, now we know the rate at which information is gathered and changes. And there was a time where, if something was published in a book, it was looked at as, like, the definitive word on the subject.

Taylor: Right.

Sydnee: Whereas now, I am— the first thing I do, I wanna see like, "Is that book from, like, this year or last year? 'Cause if it's much older than that, especially like a lot of the research I'm doing often is scientific stuffs and in the field of science and medicine. If it's much older than that, I don't know. I mean, it still could be 100 percent accurate.

Rileigh: Right.

Sydnee: But things may have changed since then.

Rileigh: Yeah.

Sydnee: In medicine, stuff changes every few months, I feel like. So I have to go to the internet to get more up-to-date sources, because if I'm waiting for a published paper book to read about it, by the time I get it and read it, it may already have changed. And that was not a concept when we were in school at all. Books were the end-all, be-all. I love books. I am not slamming books. I love books.

Rileigh: We love books here.

Sydnee: But if you're looking for up-to-date medical information, it's probably on the internet.

Rileigh: Yeah.

Sydnee: Or in a journal, but those are also on the internet.

Um, yeah, but we weren't taught about it, so we learned about the internet, I think, from ourselves. Exploring at home, trying to figure out what the heck this is. And from our friends. I mean, really, that's who showed me stuff— like, how to get into chat rooms and that kind of thing. Like, that's what we did, right? Those were the early days of the internet.

Taylor: Yep. Or steal things over Napster.

Sydnee: Yep. Stealing music, talking to strangers in chat rooms...

Taylor: Mm-hmm.

Sydnee: Which is— Rileigh, let me ask you. When we first started interacting with— I mean, at the time, it was like AOL and like, Prodigy.

Rileigh: Yeah.

Sydnee: When we first started interacting with that stuff, it was very fun and cool and exciting to just get into a chat room and talk with a bunch of strangers, or to even like, have direct message conversations, like private message, with a stranger on the internet. And I don't mean like, in a weird creepy way, I mean like a group of us at a slumber party would sit and just

do that. For hours. 'Cause we just thought it was so exciting to be talking to all these strangers from all over the world, and we didn't know who they were.

Is that— do you think, like, in your teens years, that had gone away?

Taylor: I know the answer to this, but go ahead.

Raleigh: I don't think so. Because—

Sydnee: No?

Taylor: Chat roulette, Syd! That was not our generation, that was after us. And it was the same thing, only worse.

Raleigh: Yeah. That's like Omegle, which was one of the first popular things I remember being on the internet when I was first exposed to the internet. I think I was— I am a weird age where I am slightly too young to have ever actually participated in it, but like, one or two years. Like, I was just young enough where I wasn't able to do that, but also I was aware of its existence. It's like you sign into, like, a video chatroom and it just randomly matches you up with another person.

Sydnee: In a video chat?

Raleigh: Yeah.

Taylor: Yeah. And it can be all around the world. I think it's like 75 percent, possibly, ma— probably dirty content, probably? But—

Sydnee: So 75 percent genitalia, is what you're saying.

Taylor: Yeah. Yeah. That's basically it.

Sydnee: Um, that sounds terrifying to me.

Raleigh: Yeah. And you can, like, end it whenever you want, and then it goes onto the next person.

Teylor: And I don't think people could— there's no, like, tracking. No one can, like, know where you are. I say that; I don't know. Probably. But...

Sydnee: I see that happen on TV shows all the time. [laughs]

Teylor: Well, yes, on TV shows, it happens all the time.

Sydnee: [laughs] Where they can, like, coordinate— like, they can find your coordinates with your IP address.

Teylor: I really like that kind of moment in like, realistic fiction where, once again, still like older people writing the TV shows that didn't quite get the internet. So that anyone that knew how the internet worked always, like— they were always some, like, kind of evil genius nerd who would have, like, glasses but also like, goth attire and just like, "Oh, someone who understands the internet." It was like— and like, all the worst things happened because of the internet. It's like... I miss that.

Sydnee: And you would get this person who was kinda nerdy and that they were really smart and had, like, 18 computers in their bedroom that they were always on.

Teylor: Yes.

Sydnee: Like, there was always that shot of you walking into their giant, like, wall of monitors.

Rileigh: Of screens and keyboard...

Sydnee: And they're, like, working. And they seem really nerdy, but then they have like a total attitude, and they're like [scoffs] constantly, like, "Oh, my gosh."

Teylor: '90s hacker goth.

Sydnee: Because you say something dumb. You say something dumb about the internet, and they're like, "Ugh. Hold on. Tap, tap, tap, tap, tap. I'm in." [laughs]

Taylor: Yeah.

Sydnee: I've disabled all the security cameras.

Taylor: I read there was an article about how hacking is portrayed in different movies, and like, the few times that it's done realistically. And what it is, it's just somebody like, "Okay. I've got to run this program now. I gotta walk away from it for like five hours, and come back when it's done." That's hacking.

Sydnee: I saw— I was watching an episode of Fringe, and I watched that they had somebody upload a giant stream of data into a mobile device that they'd plugged into a door lock to make— like an electronic door lock to make the electronic door lock explode. And I thought, "I don't think that's right." [laughs]

Raleigh: I don't think that's how that works.

Sydnee: I don't know how anything works, but I don't think that's how that works.

Taylor: He uploaded an explosion program.

Sydnee: No, this is a science fiction show, so it's fine.

Taylor: Terrific.

Sydnee: Yeah, it's fine. And I mean, it's got Joshua Jackson, so it's all fine, but...

Taylor: I feel...

Raleigh: On that Fringe grind, huh?

Taylor: I know.

Sydnee: Still on that Fringe grive— grind, yeah.

Taylor: Every episode...

Sydnee: And Anna Torv.

Taylor: You just keep sneaking it in, every episode of Still Buff, something about Fringe.

Sydnee: [laughs] If they ever bring it back, I want a cameo, is all.

Taylor: Oh, okay. Oh, this is— this is that campaign. All right.

Raleigh: Still Buffering is turning into Sydnee McElroy Will Be in Fringe 2.0.

Sydnee: If they bring it back. [laughs]

Taylor: That's a lot of steps that need to happen there. This is a bigger campaign than I think you realize. Uh...

Sydnee: Hey, listen. Michael Cerveris is from Huntington.

Raleigh: Just one step closer.

Sydnee: He was September, the Observer.

Raleigh: Yes.

Sydnee: Anyway. So yes, I think in the early days, we didn't— we had no idea how any of it really worked, and we didn't learn about it, we just kind of figured it out. I think it's interesting, and I want to talk about this more in a minute, but I would have thought that as you were taught about the internet, 'cause I assume that's what we're going to get into, like, in school, you were probably taught something about the internet.

Raleigh: Yeah.

Sydnee: And I would have assumed that, as we learn more, and especially about like, as we're getting more savvy about some of the pitfalls and the dangers of that anonymous communication of that, like, access to someone's life and now like, image instantly from anywhere in the world, I would have thought that would become much less popular, because it would be seen as a lot more dangerous.

Maybe it's just that I'm old, that I wouldn't want to do that now, 'cause right now, the idea of like, "Wait, I am intentionally entering a room full of strangers and trying to start a conversation?"

Taylor: Right?

Sydnee: Why? Why would I do that? Do you know how hard that is to do at, like, parties where I have to do it?

Raleigh: Yeah.

Sydnee: But it's interesting, 'cause I guess it's an age thing and not like a generational thing.

But I wanna talk more about your experience growing up with the internet after we...

Raleigh: ...check the Group Message! Hey, just an update while we're, you know, getting ready, I'm still itchy.

Sydnee: Thank you. Raleigh is still itchy, in case you were curious.

Raleigh: I just want everyone to know. I have a sponsor I want to tell you all about this week.

Sydnee: Go for it.

Raleigh: And that is Away. So Still Buffering this week is sponsored in part by Away. We've told you about them a little bit before. Um, they design super cool luggage, and they have now designed a bag that has solved a few

old problems, like sticky wheels, and a few new ones, like dead cell phones, because they have built-in cell phone chargers right in the bag and they're all made with premium German polycarbonate and come in nine colors and four sizes.

So any of your travel needs and your preferences in terms of style. And if anything breaks while you're using it, Away will fix or replace it for you for life. So it's also super awesome, guaranteed, for your luggage, because stuff happens when you're traveling, and luggage gets thrown around and you know, you never know what's gonna happen. So Away will take care of that for you.

Sydnee: And they've got a variety of bags, too.

Raleigh: Yeah.

Sydnee: We've checked out their suitcases and their little, like, overnight baggy kind of things, and their backpacks, yeah.

Raleigh: Mm-hmm. Not just like, you know, typical roller luggage. All sorts of options, too. And they also offer a 100-day trial, where you can live with it, vibe with it, travel with it, Instagram it, and if at any point you decide it's not for you, just return it for a full refund, no questions asked.

Taylor: [laughing] I always take pictures of my attractive luggage.

Raleigh: Yeah. You know, like, you're taking one of those cute little on-the-go pictures while you're in the airport with your Away suitcase behind you, you know?

Sydnee: #OnTheGo?

Raleigh: #OnTheGo. #Let'sGetAway.

Sydnee: There you go.

Rileigh: Yeah, we've all tried um, Away's suitcases before. I know it's super convenient, for me at least, to have a little built-in cell phone charger in the back.

Taylor: Yes.

Rileigh: Because I always have problems with my phone dying while in airports, and then everyone being crowded around those cell phone charging ports they have, you know, set up. Everyone's always crowded around them, with all of their cell phone chargers. So you don't have to worry about that when you have an Away suitcase. Um, Taylor, if our listeners want to check out Away, what should they do?

Taylor: Well, if you go to AwayTravel.com/Buffering, and use promo code "buffering" during your checkout, you can get \$20 off a suitcase! That's 20 bucks off, just go to AwayTravel.com/Buffering, and use promo code "buffering" at checkout.

Sydney: Sisters, I have another sponsor that I'm gonna tell you about this week. That's Rockets of Awesome. So I can tell you that getting clothes for the girls can be very challenging sometimes. Especially for Charlie. Cooper is too little to protest and will just— I put things on her and she's fine with it. But Charlie is old enough now, she's almost five, she's four, goin' on five, that she has very definite opinions...

Rileigh: She does.

Sydney: ...about what is fashion, and what is not. And so shopping for her can be difficult. And especially, I like to do a lot of shopping online, 'cause it's easier. We can do it from home. And you cannot just start scrollin' through websites with a kid unless you've got a lot of cool, fun stuff for them to look at or they get— like, they get bored or they try to turn your phone on to weird videos. Um, so...

Rileigh: That happens a lot.

Sydney: [laughs] Rockets of Awesome has solved that problem. They have a ton of high-quality on-trend stylish clothes, designer clothes for kids at an

affordable price. They have really soft fabrics, they've got glow in the dark stuff, reflective stuff, sequins, which is...

Rileigh: Charlie loves those.

Sydnee: Oh, my gosh, she does. Uh, they can all be mixed and matched, which is great. That's Charlie's favorite thing to do, is design her own look, and so if you've got a kid who likes to design their own look, this is a perfect website for you. All kinds of stylish clothes, boys and girls, sizes three to 12. It's dedicated to super stylish and comfortable clothing that both parents and kids love.

And I can tell you that uh, I went shopping on Rockets of Awesome with Charlie. We looked through the clothes. And the only problem is that she wanted everything. [laughs]

Rileigh: [laughs]

Sydnee: She loved the outfits. She was thrilled with, especially, the variety of skirts and dresses. I don't know how she and I share so much genetic material, but the skirts and dresses, she was just wild about.

Rileigh: Yeah. Every single one.

Sydnee: And I can't— I am so excited for it to arrive. We put in an order. I am so excited for it to get here, and for her to be able to try everything on and wear everything around. She loved it. The clothes are really great.

If you are a parent who is tired of dragging a kid to the store and trying to get them to look at things and try things on, or if you have done the— which I have done, the just random scroll through, you know, some generic purchasing website uh, on which they might accidentally want to buy costumes instead of clothing...

Rileigh: Mm-hmm.

Sydnee: ...Rockets of Awesome is the site for you. It's dedicated to being a simple, fun, and delightfully stylish experience for you and your kids. If our listeners want to check out Rockets of Awesome, what should they do?

Rileigh: Rockets of Awesome is dedicated to being a simple, fun, and delightfully stylish experience for you and your kids. So if you want to check out the latest styles at Rockets of Awesome, go to RocketsofAwesome.com/Maybe for 15 percent savings towards your first purchase today. That's RocketsofAwesome.com/Maybe for 15 percent savings towards your first order. RocketsofAwesome.com/Maybe.

Teylor: Yeah, so check that out!

Sydnee: So obviously, even though we were only taught about things like Excel...

Rileigh: Right.

Sydnee: ...in school, you were actually trained to use the internet, I suppose.

Rileigh: Yes. I still—

Sydnee: What were internet classes like?

Rileigh: I mean, when I was in, like, eighth grade, seventh grade, I still remember— even probably earlier than that, having typing classes.

Sydnee: Mm-hmm.

Rileigh: Especially— it must've been earlier than that, because even in the talented and gifted program, we would spend a few days just, like... we'd have to sit at one of those programs and she'd put a box over our hands, so we couldn't look at our fingers and type. But then as I—

Sydnee: It's not a bad skill.

Rileigh: It's not.

Sydnee: If I can just say, like, as somebody who has to write notes in the— like, electronic medical record notes...

Rleigh: Yeah.

Sydnee: I wish I was better at typing. So it's not a bad skill.

Rleigh: Now I can, yeah, follow lectures very easily in classes, and type them out without getting lost. But as I got older, then we started having to learn— I remember, I think, all of 8th grade, we had a computer class, and we had to learn Excel, PowerPoint, Word, all of those kinds of Microsoft things, just to know how to do them for class projects.

But then I remember we also had, like, a cybersecurity talk that wasn't about like— you know, it wasn't about keeping your stuff safe, it was about not getting abducted and not, you know, meeting people you don't know.

Sydnee: That's good, though. I mean.

Taylor: Oh. Wow. Yeah!

Rleigh: It was nowhere near as expansive as the ability to like, create a good PowerPoint or plot some points in Excel. But it still existed. Um... and I know that in, like, health class, they incorporated into like our sex ed talks, they also incorporated—

Sydnee: How to cyber.

Rleigh: ...being safe with that onli— Syd...

Sydnee: [laughs] I'm just asking.

Rleigh: [laughs] Like being safe online when it comes to those things.

Taylor: Yeah. That seems like that should be like a whole class, and it should start when you're young. Like, young enough to have an email address or whatever, to type on a computer, there should be a class that's

like, "How not to screw up your life by things you say on the internet, or places you might go."

Sydnee: Right.

Raleigh: Right.

Sydnee: Right.

Taylor: [laughing] Like, that should be a class you have every year until you graduate.

Sydnee: Do people still call it cyber-ing?

Taylor: Uh, no. Nobody, nobody does.

Sydnee: People did!

Raleigh: And that's all we're gonna talk about that.

Sydnee: I'm not—I don't want to talk about it anymore. I just want to know if the term was outdated.

Raleigh: Yes.

Sydnee: Okay.

Taylor: Yeah.

Sydnee: Is there a new name...

Raleigh: Sydnee!

Sydnee: I was just curious!

Raleigh: I don't know. I'm not— I don't— I don't know. 'Cause we're not gonna talk about it, we're talking about being safe on the internet. Why you gotta make it inappropriate, Sydnee?

Sydnee: It's not inappropriate!

Rileigh: Why you gotta make me uncomfy?

Taylor: Wait...

Sydnee: This is a mooch-positive podcast!

Rileigh: It is a mooch-positive podcast.

Sydnee: I'm just curious.

Taylor: And if there's one thing that we all know about the internet, full of moochin'.

Rileigh: It's full of mooching.

Taylor: Full of...

Sydnee: There is a lot of that out there.

Taylor: A lot of— a lot of butts. A lot of butts on the internet.

Sydnee: [laughs]

Rileigh: I do remember, for some reason, there was this weird...

Taylor: The internet is made of butts.

Sydnee: [laughing] It's at least 75 percent butt.

Rileigh: At least 75 percent butts. Um... there's this weird thing. There was this app called Kik that you could download, that was one of the first apps I had on my phone, and it was like a messaging app. It was like a— like a um... what are those— what are the free ones? Like, an iMessage that anyone could download and it was just to text people. But it also had some,

like, games and stuff on it that you could play to help you, like, play them with other people online, or something, but also was messaging.

Sydnee: Okay.

Rleigh: And there was this weird— now that I'm thinking about it, it was basically Tinder. It was like, there was this one called "Hot or Not," where you could, like, see people and then you could message them if you thought they were hot.

Sydnee: That is Tinder.

Rleigh: Yeah. It's basically Tinder, except it was on Kik when I was, like, 12. Not that I was using it...

Sydnee: Sure.

Rleigh: But, you know, all your friends that had the cool iPod Touches were like, "Do you want to get on my Hot or Not?"

Taylor: You know, it's interesting— I mean, to bring up things like dating apps like that, that's— I remember having, like, OkCupid. I didn't have an account, but some of my friends did, like, in their, like, early 20s. And there was still a bit of it that was like, "Isn't it kind of lame to meet somebody like that? Isn't that kind of a lame way to meet people?"

Like, I didn't personally feel that way, but it was still something that you kind of like, hush-hush, "How did you meet?"

"Oh, well, we can't tell them how we actually met."

Now, it's like, that's how everybody meets everybody. Like, all of my friends. It's like, they just...

Sydnee: Yeah.

Rleigh: Yeah.

Taylor: You want someone to go to the beach with this weekend? Cool. Gonna get on Tinder. Gonna find a date for that day. [laughs]

Sydnee: That's intere— you're right. I think there is— it is a lot less stigmatized than it used to be, because it's so ubiquitous.

Taylor: It's almost—

Sydnee: I always—

Taylor: Go ahead.

Sydnee: Oh, go ahead.

Taylor: Oh, I was about to say, it's almost weirder in reverse. Like, I don't use those apps.

Then people are like, "Well, how do you meet people?"

I'm like, "Oh, I don't."

Sydnee: [laughs]

Raleigh: Easy.

Sydnee: "Easy, I don't."

Taylor: Yeah. I don't meet anybody. It's fine.

Sydnee: Yeah, that's a really interesting point, because I always remember a statistic, I think I learned it in maybe a sociology class, so this is very old, outdated information, as far as I know, that most people, like, end up, like if they get married, they marry somebody who grew up within five miles of them. Do you remember that stat?

Raleigh: Yeah.

Sydnee: I wonder if that's changed. I wonder if that still holds true. Because— I don't know. I just— the more people who are using things like, you know, internet services and dating services and stuff like Tinder and things like that to meet people, then I— you know, the further away you might find somebody who's a good match for you.

Rileigh: Yeah.

Sydnee: I don't know. Just an interesting thought. People are also more mobile. I don't know.

Taylor: Yeah. But I also think that most people, when they're using these dating apps, they're not really using them to find the one. They're using them to...

Rileigh: Yeah.

Sydnee: Well, what are they using them for?

Taylor: To hook up. With lots of different people.

Sydnee: [gasps] Whaaaaaaat?

Taylor: Which is totally fine, but it is— it's like, everything else being like, access to the internet, where you can see the whole range of things you can purchase, that you can have, that you can have delivered to your door, I feel like dating's just kind of gone in there too. It's like, "I don't know. I mean, there's you, and you're in front of me, but look at these hundreds of other people that I could also maybe meet and see how things work out with."

Sydnee: Oh, no.

Taylor: It's a little bit easier just to kind of like... just "Well, I'm gonna keep on going. I'm gonna just see if I find a real, real good one."

Sydnee: Mm.

Taylor: I don't look at it like that, but I also don't participate in it.

Sydnee: Sure.

Taylor: But I think a lot of people have that kind of— it's a bit more of a candy shop feel to it.

Sydnee: I um— I find that to be very anti-Zen. [laughs] You can't be present in the moment if you're thinking about things that way.

Taylor: But isn't that what we all do with our phones? Maybe we're not thinking about other people in Tinder, but we're still having conversations, and liking people's stuff, and... I don't know. I mean, I just think that's the way we all kind of live these days. I'm definitely guilty of that. I'm on my phone in between every conversation [laughs].

Raleigh: Yeah.

Sydnee: Well, and I guess that gets down into some major differences between— because the way we interacted with the internet when we were younger was— it was very limited 'cause there was only so much you could do, we came into like, Myspace and LiveJournal and stuff like that did exist, where you could like, share parts of yourself broadly, at your own discretion. And when you're a teenager, you don't have very good discretion, so...

Raleigh: It's true.

Sydnee: So whatever. I mean, we did definitely come into that kind of stuff, but it wasn't like everybody, and it wasn't all the time, you know? If you didn't have a Myspace, it wasn't like— like, what would be the equivalent today? I was about to say Facebook, but that's wrong.

Raleigh: Yeah, I was gonna say, like, that's— if you don't have an Instagram or a Twitter today, it's like, what are you hiding?

Taylor: Yeah. Yeah.

Raleigh: Like, "Oh, that guy you met doesn't have an Instagram or a Twitter? You should... not."

Sydnee: And there was no concept of that. Like, I mean, 'cause I mean, the other thing we're not talking about is internet access.

Rileigh: Mm-hmm.

Sydnee: Like, internet access is so much more common. It's not everywhere. There's still places, especially in West Virginia, where it's an issue, but when we were growing up, internet access was not everybody. I had certain friends who had internet, like, who had it before we did and then we got it, and it was very exciting. Like, we got our CD, our AOL CD. Do you remember this?

Taylor: Yeah.

Sydnee: And we had to load it in to, like, load AOL on and then sign onto it. And—

Taylor: It was over the phone lines. You had to— you couldn't talk on the phone and be on the internet at the same time.

Sydnee: Yeah. So if Mom was on the phone, then we couldn't get on the internet. And so we had to have special— which relegated a lot of our internet activity to after Mom and Dad went to bed, because otherwise we weren't allow— I mean, they needed to use the phone, and we'd be tying it up if we were on the internet.

So I mean, I think that was the other thing. Like, you didn't just assume— and we didn't talk about that stuff a lot at school. It wasn't like the stuff that we did online, like, carried over into, like, the rest of our lives. It was just kind of a fun, quirky thing we would do sometimes, and then go back to living a real life, was kind of the way we looked at it.

Um, like Tey said, it wasn't a tool that was used for learning consistently. You could, but it wasn't, like, the mainstay. There wasn't a lot else you could do with it. I mean, I remember— my main way I started to interact with computers as I got older was, other than like we've talked about, like,

Minesweeper, was when they started making us type papers on there instead of handwriting them.

Rileigh: Yeah. See, that is just wild to me. I have never handwritten an essay. I have for, like, AP tests and stuff where you have to handwrite them right at the end. But that was the only time I have ever handwritten an entire essay.

Sydnee: Do you still, in college, ever use bluebooks?

Rileigh: No. We use, like, Scantron sheets and stuff. But I've also never taken a class where you had to write something as our— as, like, an exam or anything.

Sydnee: You'll see, since you're gonna take more English classes and stuff and... I wonder if they still use— did you ever have to use one?

Taylor: Yeah.

Sydnee: Well, I know you went to art school...

Rileigh: I know they still sell them.

Sydnee: But did you ever have to use one of those, Tey?

Taylor: Sometimes they made us write words. Um, yes. I use those.

Rileigh: Yeah. I know they still use them, because you can buy them in the book store.

Sydnee: But yeah, no, I mean, like, growing up, I wrote many papers.

Rileigh: Mm-hmm.

Taylor: Oh, yeah.

Sydnee: My handwriting's terrible. I don't know how anybody read it.

Rileigh: See, that's the thing. Like, we even had to learn how to write cursive in elementary school, and then we started typing like two years later. It's like, well, now I don't— I couldn't write every single letter of the alphabet in cursive right now.

Sydnee: [laughs]

Rileigh: I could not.

Sydnee: Are you serious?

Rileigh: Like, some of them I forget. They're weird. Like, I could write something that would look like cursive, and you could read it, but that would not be 100 percent accurate.

Sydnee: You can't write in cursive?

Rileigh: I can write in cursive. I'm saying every single letter—

Sydnee: But you don't know all the letters.

Rileigh: Like, do I remember the exact strokes and everything? No.

Taylor: I also cannot do that.

Sydnee: Do you, Tey?

Taylor: No. I don't know why you've kept that skill. Of all the important skills, or not-important skills, that they force upon us, why did you choose to keep that? How often are you writing cursive writing?

Rileigh: Like, I can sign my name.

Taylor: Yeah. That's it! You learn your signature. That's it.

Rileigh: Yeah.

Taylor: Do you find cursive useful in your daily life?

Rileigh: I couldn't tell you the last time I wrote in cursive that it was required.

Sydnee: No, but I still remember it.

Rileigh: I bet you— no, I bet you any amount of money that you could not sit down and handwrite every single letter of the alphabet in cursive perfectly.

Sydnee: You know the only one that's tricky?

Rileigh: What?

Sydnee: Capital Q.

Rileigh: It is tricky.

Sydnee: It's a weird one. In cursive.

Rileigh: I couldn't tell you how to do it.

Taylor: Couldn't picture that in my brain.

Sydnee: It's a weird one.

Taylor: No. Don't have that up there anymore. No capital Q.

Rileigh: Too much other stuff.

Taylor: Yeah. Too many butts!

Rileigh: I'm okay with that. [laughs]

Sydnee: It is the capital Q that's the weird one, right?

Rileigh: A lot of them are weird.

Sydnee: Not the capital Z.

Rleigh: Z is weird. I remember that one being weird.

Sydnee: Or is Z the weird one?

Rleigh: 'Cause it was like, "Some of these kind of make sense," and then you get to Z...

Sydnee: Oh, maybe I have forgotten!

Rleigh: ...and it's like, "Oh." See, I told you!

Sydnee: Maybe I have.

Rleigh: There's no way, like, unless you are currently taking cursive or have within very recent history, it's just not one of those things I feel like that most people now, at least, remember perfectly. I'm not saying people ever—

Sydnee: No, it is the capital Q. I was right. I was totally right.

Taylor: Well, all right, so now that we've proven that we don't quite all remember cursive...

Sydnee: Yeah. The Z is weird too. Anyway...

Taylor: It's a useless skill, is what I'm saying. I'm sure someone needs it, it's just not me in my adult life.

Rleigh: Yeah.

Sydnee: I would say it's true, that it is a lot less broadly applicable than it used to be. Um, that is very accurate.

Rleigh: Mm-hmm.

Sydnee: I— the— it's interesting, though, because all of these things we're saying, like, about stuff we learned on the internet and the way we use it, has become again, like, it's how we define ourselves. And that's just such an interesting transition for something that didn't exist when Teylor and I first entered our teen years, really. I mean, to any great extent other than these, like, mentions of it.

Rileigh: Right.

Sydnee: 'Cause there was some transition point where it encompassed us. And then our internet versions of ourselves became us.

Teylor: I mean, do you think that's kind of hand-in-hand with the rise of like, smart phones? Because I feel like before that, there was still— you couldn't walk around with it, you know? Like, we all had like Facebook or whatever, you had a presence on the internet, but it was on a computer that's set on a desk. I mean, maybe you had a laptop. But that ability to constantly interact with it, I mean, that's... And that's only in, like, the past what? I don't know. Maybe eight years? Ten?

Sydnee: Yeah. Probably eight to 10 years. I mean, it was still not something in college, even. Like...

Teylor: No. I had a flip phone Razr until I graduated.

Sydnee: Well, and that's why— I mean, that's why— I'm assuming you don't have away messages anymore. That was why those existed, because there was a point where you were away.

Teylor: Yeah. We're never away anymore. Where else are you going to leave your favorite Jewel quotes? Sydnee.

Sydnee: [laughs]

Rileigh: Your Tinder bio.

Sydnee: The time I would spend contemplating my away message, just the right one, so that it would come across as like, cool and thoughtful, but like,

kind of aloof. Like, I didn't care that much about it. This is just what was on my mind, and I just wanted to share it with you.

Rileigh: You're so deep.

Sydnee: Until I return to share more deep thoughts with the rest of people on AOL or whatever.

Rileigh: What was your— the name? That was so deep of you, Lenore.

Sydnee: I had a Lenore, and then I had a Deianira.

Taylor: Uh, that's— I was thinking about that, we talked about this topic... Now I feel like most of adults, and Rileigh, maybe this is true of most of your friends, like, your handles on these things are generally some— it's close to your name, because there is a recognition, like, "It's part of my identity." Like, that was not how we did things. Everyone was always like baseballcutie85, like... softballgirl92, like [laughs]...

Sydnee: I don't know why all of yours are sports-centric.

Taylor: Well, mine were— mine was sailormoon12. From the time I was 12 until I was, like, 18. I was like, "I'm not 12 anymore."

Rileigh: See, mine always used to be something not my name. Like, I remember my first Instagram handle was believe_in_yourself1.

Taylor: [laughs]

Sydnee: [laughs] You were like the original JoJo Siwa.

Rileigh: Yeah. And then, like, when I made a twitter, I was rileisaurusrex instead of rileighsmirl. Now, on everything, I'm just my full name.

Sydnee: Yeah.

Taylor: Yeah.

Rileigh: It's just easier for people to find me that way.

Taylor: Right. And now it seems kind of silly, like, I still have the same email that I've had since I was 25, which is— well, I don't wanna say it, but it's not my name, and it's silly now, when I give it out in professional settings. It's like, "Yeah, that's— I'm still using that. I need to get that fixed." And I've been saying that since I was 25. [laughs]

Sydnee: No, I remember that shift. I was lucky in that, like, I was creating email accounts at— like, better email— like, moving away from AOL and things like that. I guess I shouldn't rank everything, but I as moving away from AOL and to other email programs. Stuff like that at the same time that I was kind of getting to that point in my life where I was like, "Uh, I kind of want these to sound a little more professional."

So it was really easy for me to just kind of switch most of that stuff over to my name. 'Cause it just naturally occurred at the point in my life where I was like, "I guess if I'm gonna like, tell other doctors or stuff to contact me, I don't wanna say like, 'My name's deianira13. I'm named for a— the— I think it was like the wife of Hercules or something? One of the wives of Herc—'" I don't even know where I got— where did I get these names?

Rileigh: You just wanted to be cool. You were so creative, so deep.

Taylor: Yep.

Sydnee: All of them were from, like, Greek mythology. I just had a collection of AOL handles and various, like, screen names that were different— I don't know.

Rileigh: I always remember that being a thing whenever you wanted to go make your Instagram, where it was like, you have to type in what you want, and it's like, "Oh, someone already has that. So, okay, let me add an underscore there... add a 1."

Taylor: Yep.

Sydnee: [laughs] But either way, it has— it's encompassed all of us. And we've talked about this before now, your internet self is maybe your true self?

Rileigh: Uh, maybe. In some aspects.

Taylor: Yeah.

Rileigh: It's definitely a lot closer to your real self than it used to be, I think.

Sydnee: Yeah.

Taylor: I mean, I think it's just— yeah. You just have to think of it as part of your identity. Not, like, this fun thing that you kind of have— you can mess around on. It's the place wherein people can hold you accountable for more of yourself.

Rileigh: Right.

Sydnee: That's very true. And that's— I mean, I try to look at the positive parts of that, like when that happens, when you're called out on something, like, it's an opportunity to grow and to change and to be more introspective and think about the way that you present yourself to the world, and the stuff you put out there, and the way it affects other people, and how that comes back to how they think of you and the whole gambit.

But obviously, it's a double-edged sword, because then there are times where it's gonna just make you feel like, you know, I should never— I should never say anything out loud again.

Taylor: Yeah. Well, that's what I hope that, if nothing else, the next generation is growing up just with that awareness sort of, like, already forced upon them. Like, it's, you know, it's a public platform. It's not a secret space where you can go and, like, say things and do things and not assume it's going to reflect back on you.

Sydnee: Right. Yeah, it is part of who you are.

Rileigh: Yeah.

Sydnee: And again, I think if it's looked at as an opportunity for growth, I think that's the most important thing. You are being challenged and pushed, but you're not being, like— it's important, I think, not to let it make you feel worthless. Because I think being, you know, open to opinions from everyone everywhere can quickly make you doubt your self-worth.

Rileigh: Yeah.

Sydnee: And it's not that. It does not seem to have affected your generation the way I would worry that would.

Rileigh: Yeah.

Sydnee: That is what I constantly worry about, as I look to my children. I don't want them growing up without self-confidence, because you know...

Rileigh: Well, now, in the future, when Charlie's growing up with Instagram... we don't know yet.

Sydnee: I don't know. I mean, 'cause not everybody's gonna like you. And then some people are gonna say things, and you're just gonna... I don't know. This is the future. You can't hide from it; you can't just say, like, "Mom used to tell us..." Like, just don't talk to those girls who are mean to you at school. [laughs]

Taylor: Yeah.

Sydnee: Just stay away from them!

Rileigh: They're all over the place.

Taylor: You can never get away from them.

Sydnee: Just don't sit next to them. Yeah. Just go somewhere else in the lunch room. You can't do that.

Rileigh: Can't do that on the internet.

Taylor: That's something I— yeah. I feel like, even as adults, that's hard to like, understand. Like, you know, I miss the good old days where I could just erase somebody's existence from my life forever, but nope. This is the world we live in now.

Sydnee: Yep. You can try as much as you want, but they can... slide back into your DMs?

Rileigh: Oh, gosh.

Taylor: Like, you just...

Rileigh: Okay. Well, this has been Still Buffering.

Taylor: No, Sydnee used it right. Sort of. Sort of!

Sydnee: Rileigh hates when I say that.

Rileigh: It's just so funny, 'cause every time you say it, it's like when a baby is trying to talk, and a word actually comes out, and they're like, "Oh, my gosh! I said a real word!"

It's like you're never sure you're actually gonna be saying it right, so every time you say it and it comes out and it's right, you're like, "Oh! Sliding in-to my DMs, question mark?"

Sydnee: I just want you to clap for me like we all clap for Cooper when she says, like, you know, "Please. Please." She said "tent" today. She says "peepee."

Rileigh: Oh, that's good. That's always needed.

Taylor: Vital.

Rileigh: A peepee.

Sydnee: Well, then I go put her on the potty. I'm gonna potty train this one early.

Rileigh: [laughs]

Sydnee: This has nothing to do with the internet.

Rileigh: It does not.

Sydnee: Well, thank you, sisters. How's the itching?

Rileigh: It's better, but spreading all over my body.

Sydnee: How's your uh, current drowsiness level?

Rileigh: I feel like I could pass out right now.

Sydnee: Okay.

Rileigh: Keeping my eyes open is very hard right now, and I don't exactly know what I'm saying on this podcast.

Taylor: Well...

Sydnee: All right, well the Benadryl has taken affect.

Taylor: You know what that means! It's time to go.

Rileigh: We should probably stop.

Sydnee: Yeah. Do not internet and Benadryl.

Rileigh: Don't. I don't recommend. Hopefully, I'll be less itchy next week.

Sydnee: Thank you, listeners. Thank you for joining us, and I'm sorry. You know, what can you do with Rileigh? She's just a mess today.

Rileigh: I am a mess today.

Sydnee: We do— Teylor and I do apologize for our younger sister.

Teylor: Finally got her back, and she's covered in hives.

Sydnee: Uh, you should tweet at us, @StillBuff. You should email us at StillBuffering@MaximumFun.org, if you have any other thoughts or suggestions or questions or comments or topics that you think we should talk about. You should check out MaximumFun.org. There are many wonderful podcasts that we think you would enjoy immensely. And thank you to the Nouvellas for our theme song, Baby You Change Your Mind.

Rileigh: This has been Still Buffering, a sister's guide to teens through the ages. I am Rileigh Smirl.

Sydnee: I'm Sydnee McElroy.

Teylor: And I'm Teylor Smirl.

Rileigh: I am a teenager...

Sydnee and Teylor: ...and I was too.

Rileigh: And I'm itchy still.

Teylor: That's not the signoff! That's not how it goes.

[theme song plays]

Speaker 1: Welcome!

Speaker 2: Thank you.

Speaker 3: No problem!

Speaker 1: These are real podcast listeners, not actors. What do you look for in a podcast?

Speaker 4: Reliability is big for me.

Speaker 5: Power.

Speaker 6: I'd say comfort.

Speaker 1: What do you think of this?

[banging noise]

Podcast Listeners: Ohh.

Speaker 7: That's Jordan, Jesse, Go!

Speaker 5: Jordan, Jesse, Go!?

Speaker 7: They came out of the... floor?

[thudding noise]

Speaker 7: And down from the ceiling?

Speaker 2: That can't be safe.

Speaker 7: I'm upset.

Speaker 8: Can we go now?

Speaker 1: Soon. Jordan, Jesse, Go!, a real podcast.

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